

ORANGE COUNTY TRACK 2027

**BOYS & GIRLS
SCHOOL RECORDS
DATE OF SCHOOL OPENINGS
ALL-TIME COUNTY RECORDS
ALL-TIME INDOOR PERFORMERS LIST
ALL-TIME OUTDOOR PERFORMERS LIST
1915-1960 ALL-TIME PERFORMERS LIST**

Don Chadez

ORANGE COUNTY TRACK – 2027

This is the 39th edition of Orange County Track that recognizes the many fine track and field performances by Orange County High School athletes. Included is an all-time outdoor and indoor boys and girls list. Most known school records are listed. This publication is by no means complete. People reading this work are encouraged to contact the author regarding errors or omissions. The school record section lists only those marks that are first listed on the all-time list. The first edition was published prior to the 1989 track & field season. The original work was researched with the assistance and contributions of Ted Brazil (Orange County Register), Al Brit (Esperanza HS), Cary Brody (Los Alamitos HS) Mike Kennedy (LA Times, David Osterman (OC Register), Jack Shepard (Track & Field News), Doug Speck (Arcadia HS), Wayne Wilson (Amateur Athletic Foundation of Los Angeles Jim Roldan of EPI Sports and many other individuals and coaches. Most recent editions have been proofed by Don Turnbull (Golden West College) Mark Gardner, and Dave Hurlburt.

THE STATS

Abbreviations

- + - mark converted from yards to meters.
- c - mark converted from hand time to equivalent auto time.
- w - wind aided mark.
- y - original mark attained in a race run in yards
- fully auto timed races have no abbreviation and are noted to one hundred of a second.
- any hand time recorded to one hundred of a second has been rounded up to the next full tenth of a second.
- ' - mark made enroute to a longer distance.
- ' - after name indicated foreign exchange student (if known).
- * - before athletes name indicates junior year.
- ** - before athletes name indicates sophomore year.
- *** - before athletes name indicates freshman year.

PERFORMANCE RANKING

For the purpose of ranking athletes and their performance, hand times have been converted to equivalent auto times and yard performances to metric. The Track & Field News policy of converting has been adopted. By using a multiplier, accurate percentage differentials are attained as the time gets longer.

CONVERSIONS

Hand times have been converted by adding 0.24 seconds for races less than one lap, and 0.14 for one lap races. Races of more than one lap have no conversion from hand to auto timing. The yard time was then multiplied by .9942 to get the metric equivalent. Common ratio races follow this formula. 100 yards/ 100 meters and 110 meters/120 yard hurdle events are not common ratio events.

ORANGE COUNTY TRACK - 2027

send errors/omissions to:

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Web Site- www.flashwest.com

BOYS COUNTY OUTDOOR RECORDS

100 yd	9.3	Tony Pitts (SA Valley)	1978
100m	10.25	Domani Jackson (Mater Dei)	2021
200m	20.68	Max Thomas (Servite)	2022
220 yd	21.2	Clancy Edwards (Santa Ana)	1973
220 yd (straight)	20.7	Eddie Morris (Huntington Beach)	1940
400m	45.76	Jaelen Hunter (Servite)	2026
440 yd	46.7	Tony Krzyzosiak (Garden Grove)	1971
800m	1:48.20	Sean Krinik (Valencia)	2010
880 yd	1:49.2	Dennis Carr (Lowell)	1963
1500m	3:44.14	Austin Tamagno (Brea)	2016
1600m	3:59.17	Evan Noonan (Dana Hills)	2025
2000m	5:22.69	Brandon Bethke (El Toro)	2004
Mile	4:00.53	Evan Noonan (Dana Hills)	2025
3000m	8:17.5	Jon Butler (Edison)	1981
3200m	8:46.78	Jon Butler (Edison)	1981
Two Mile	8:44.6	Eric Hulst (Laguna Beach)	1976
Steeplechase (3k)	9:19.2	Eric Hulst (Laguna Beach)	1975
Steeplechase (2k)	6:02.75	Luke Friedl (J Serra)	2025
3 Mile	13:45.4	Ralph Serna (Loara)	1974
5000m	14:16.2	Ralph Serna (Loara)	1974
6 Mile	27:58.0	Eric Hulst (Laguna Beach)	1976
10,000m	28:55.0	Eric Hulst (Laguna Beach)	1976
One Hour Run	11m, 1043yd	Joey Gomez (Valencia)	1977
Marathon	2:27.25	Eric Hulst (Laguna Beach)	1976
120 yd Hurdles	13.3	John Peterson (Saddleback)	1975
110m Hurdles	13.41	Steve Kerho (Mission Viejo)	1982
180 yd Hurdles (curve)	18.6	Issac Curtis (Santa Ana)	1968
300m Hurdles (30")	35.85	Steve Kerho (Mission Viejo)	1982
330 yd Hurdles (30")	37.4	Tom Turner (Cypress)	1975
300m Hurdles (36")	36.45	Trevor Jones (Newport)	2000
400m Inter Hurdles	52.33	Trevor Jones (Newport)	2000
4 x 100m	39.70	Servite	2026
4 x 110 yd	41.2	SA Valley	1971
4 x 200m	1:22.76	Servite	2026
4 x 220 yd	1:26.8	Bolsa Grande	1966
4 x 400m	3:07.62	Servite	2026
4 x 400m Mixed	3:33.87	J Serra	2024
4 x 440 yd	3:15.0	Santa Ana	1972
Sprint Medley (yd)	3:27.4	La Habra	1961

Sprint Medlev (m)	3:27.33	El Modena	1982
4 x 800m	7:33.43	J Serra	2025
4 x 880 yd	7:48.0	Tustin	1965
4 x 1500m	16:23.1	University	1981
4 x 1600m	17:12.60	Trabuco Hills	2012
4 x Mile	17:27.75	Dana Hills	2009
Distance Medley (yd)	10:12.0	El Modena	1970
Distance Medley (m)	9:58.76	Dana Hills	2010
High Jump	7-3	Sean Lee (Trabuco Hills)	2018
Pole Vault	16-9	Michael Woepse (Mater Dei)	2009
Long Jump	24-7	Dante Pettis (J Serra)	2014
Triple Jump	51-7.75	Phouphet Singbandith (Magnolia)	1990
Shot put (12 lb.)	71-7.25	Bronson Osborn (Esperanza)	2016
Shot Put (Junior 6kg)	69-9.5	Bronson Osborn (Esperanza)	2016

GIRLS COUNTY OUTDOOR RECORDS

100m	11.62	Maliyah Collins (Rosary)	2026
200m	23.35	Maliyah Collins (Rosary)	2026
200 yd	24.51	Michelle Kelley (Irvine)	1979
400m	53.06	Maliyah Medley (El Toro)	2018
440 yd	54.3	Arlise Emerson (Westminster)	1978
800m	2:02.3	Mary Decker (Orange)	1974
1500m	4:16.42	Christine Babcock (Woodbridge)	2008
1600m	4:32.82	Christine Babcock (Woodbridge)	2008
Mile	4:35.24	Polly Plummer (University)	1982
Steeplechase (2k)	6:42.01	Summer Wilson (J Serra)	2025
3000m	9:30.4	Polly Plummer (University)	1982
3200m	9:54.89	Bethan Knights (Northwood)	2014
5000m	16:15.96	Holly Barker (Trabuco Hills)	2025
110 yd Hurdles (30")	14.09	Lisa Gourdine (El Toro)	1977
100m Hurdles (30")	14.13	Laura Mills (University)	1981
100m Hurdles (33")	13.32	Ashley Bethel (Mission Viejo)	1997
300m Hurdles	41.74	Natalie McCarty (Newport)	2026
400m Hurdles	61.63	Chris Davenport (Troy)	1979
4 x 100m	44.23	Rosary	2026
4x 110 yd	47.98	SA Valley	1979
4 x 200m	1:34.28	Rosary	2026
4 x 400m Mixed	3:33.87	J Serra	2024
4 x 400m	3:41.33	Rosary	2026
4 x 440 yd	3:50.4	Fountain Valley	1979
4 x 800m	8:50.32	J Serra	2026

4 x 880 yd	9:46.4	Foothill	1981
Sprint Medley (m)	3:55.58	J Serra	2025
Distance Medley (m)	11:34.65	Corona del Mar	2006
4 x 1500m	18:52.5	University	1982
4 x 1600m	20:17.73	J Serra	2022
4 x Mile	20:32.33	Corona del Mar	2005
Pole Vault	14-4	Rachel Baxter (Canyon)	2017
High Jump	6-2	Sharon Day (Costa Mesa)	2003
Long Jump	20-8.75	Kim Attlesey (Corona del Mar)	1971
Triple Jump	43-4.5	Michelle Sanford (Woodbridge)	2001
Shot Put	55-04.75	Jaslene Massey (Aliso Niguel)	2026
Shot Put (81b)	50-6.5	Susie Ray (Villa Park)	1979
Discus	197-09	Jaslene Massey (Aliso Niguel)	2026
Javelin	169-7	Jacque Nelson (Canyon)	1979
Hammer	203-08	Joy McArthur (Mater Dei)	2016
Heptathlon	5405	Sharon Hatfield (Fountain Valley)	1982
Pentathlon	3925	Sharon Hatfield (Fountain Valley)	1980

BOYS COUNTY INDOOR RECORDS

50m	5.86	Tim Martin (San Clemente)	1990
60 yd/55m	6.33	Kerwin Bell (Edison)	1980
60m	6.66	Jorden Wells (Servite)	2026
200m	20.99	Jace Wells (Servite)	2026
300m	37.82	Gabe Warner (Woodbridge)	2015
400m	47.11	Jaelen Hunter (Servite)	2026
500 yd	58.2	Brian Theriot (Newport)	1975
600 yd	1:14.72	Chad Rozean (Trabuco Hills)	2010
800m	1:55.79	Brendon Confer (Servite)	2009
880 yd	1:57.6	Ruben Esparza (El Modena)	1983
1000 yd	2:17.7	Bruce Bess (La Habra)	1961
1500m	3:54.5	Jon Butler (Edison)	1981
Mile	4:11.3	Jon Butler (Edison)	1981
3000m	8:14.41	Evan Noonan (Dana Hills)	2025
Two Mile	8:55.2	Jon Butler (Edison)	1981
5000m	14:26.61	Evan Noonan (Dana Hills)	2024
50m Hurdles	6.80	Charles Davidson (Saddleback)	1992
60 yd Hurdles	7.57	Steve Kerho (Mission Viejo)	1981
55m Hurdles	7.76	Dylan Atencio (Yorba Linda)	2015
60m Hurdles	8.20	Baron Giachetto (Orange Lutheran)	2026
4 x 160 yd	66.1	SA Valley	1978
8 x 160 yd	2:14.82	Edison	2000
4 x 400m	3:15.68	Servite	2026

4 x 440 yd	3:26.3	Newport	1975
4 x 880 yd	8:08.8	Westminster	1974
High Jump	6-10.75	Sean Lee (Trabuco Hills)	2016
Pole Vault	16-7	Michael Woepse (Mater Dei)	2010
Long Jump	23-10	Devin Harrison (Dana Hills)	2009
Triple Jump	49-1	Ken Williams (Troy)	1982
Shot Put	64-11.75	Dave Kurrasch (Newport)	1975
Shot Put #16	59-5.75	Bronson Osborn (Esperanza)	2017

GIRLS COUNTY INDOOR RECORDS

50m	6.67	Carol Rodriguez (Western)	2003
55m	7.16	Alyssa Tao (Fountain Valley)	2013
60m	7.51	Justine Wilson (Rosary)	2026
200m	24.18	Maliyah Collins (Rosary)	2026
300m	42.67	Hope Bender (Newport)	2015
440 yd	54.8	Arlise Emerson (Westminster)	1979
500 yd	65.4	Arlise Emerson (Westminster)	1978
600 yd	1:27.20	Cassie Durgy (Huntington Beach)	2015
600m	1:32.9	Mary Decker (Orange)	1974
800m	2:01.8	Mary Decker (Orange)	1974
1000m	2:26.4	Mary Decker (Orange)	1974
1500m	4:26.2	Paula Rose (Corona del Mar)	1976
Mile	4:40.1	Mary Decker (Orange)	1976
3000m	10:04.73	Kelli Hines (Mission Viejo)	2019
Two Mile	10:45.7	Carrie Garritson (Sunny Hills)	1992
50m Hurdles	7.51	Elinor Tolson (Fountain Valley)	1992
55m Hurdles	8.38	Hope Bender (Newport)	2015
60m Hurdles	9.21	Taylor Brinker (Orange Lutheran)	2026
4x 160 yd	1:18.4	Mission Viejo	1988
4 x 400m	3:52.70	Rosary	2026
4 x 440 yd	4:07.8	Edison	1985
4 x 800m	8:54.14	J Serra	2024
4x 880 yd	9:37.3	Foothill	1983
High Jump	5-10.25	Sharon Day (Costa Mesa)	2003
Pole Vault	13-10.5	Rachel Baxter (Canyon)	2017
Long Jump	19-02.00	Dominique Ruotolo (Mater Dei)	2018
Triple Jump	40-02.00	Jade McDonald (Mater Dei)	2018
Shot Put	55-04.75	Jaslene Massey (Aliso Niguel)	2026
Shot Put #16	59-5.75	Bronson Osborn (Esperanza)	2017
50m	6.67	Carol Rodriguez (Western)	2003
55m	7.16	Alyssa Tao (Fountain Valley)	2013
300m	42.67	Hope Bender (Newport)	2015

440 yd	54.8	Arlise Emerson (Westminster)	1979
500 yd	65.4	Arlise Emerson (Westminster)	1978
600 yd	1:27.20	Cassie Durgy (Huntington Beach)	2015
600m	1:32.9	Mary Decker (Orange)	1974
800m	2:01.8	Mary Decker (Orange)	1974
1000m	2:26.4	Mary Decker (Orange)	1974
1500m	4:26.2	Paula Rose (Corona del Mar)	1976
Mile	4:40.1	Mary Decker (Orange)	1976
3000m	10:04.73	Kelli Hines (Mission Viejo)	2019
Two Mile	10:45.7	Carrie Garritson (Sunny Hills)	1992
50m Hurdles	7.51	Elinor Tolson (Fountain Valley)	1992
55m Hurdles	8.38	Hope Bender (Newport)	2015
4x 160 yd	1:18.4	Mission Viejo	1988
4 x 400m	4:04.30	Mission Viejo	2019
4 x 440 yd	4:07.8	Edison	1985
4 x 800m	8:54.14	J Serra	2024
4x 880 yd	9:37.3	Foothill	1983
High Jump	5-10.25	Sharon Day (Costa Mesa)	2003
Pole Vault	13-10.5	Rachel Baxter (Canyon)	2017
Long Jump	19-02.00	Dominique Ruotolo (Mater Dei)	2018
Triple Jump	40-02.00	Jade McDonald (Mater Dei)	2018
Shot Put	54-2.75	Jaslene Massey (Alsio Niguel)	2026

ALL-TIME OUTDOOR BEST MARKS LIST—BOYS

			9.7	Pat Moore (La Habra)	1959
			9.7	Bob Armstrong (Rancho Alamitos)	1961
			9.7	* Ed Preston (Santa Ana)	1963
			9.7	Herman Grimes (SA Valley)	1964
			9.7	Randy Lynch (Anaheim)	1965
			9.7	Dave Samarin (La Habra)	1965
			9.7	Dave Cooke (Brea)	1966
			9.7	Ed Steward (Santa Ana)	1967
			9.7	Robert Ray (Santiago)	1967
			9.7	Bruce Rollinson (Mater Dei)	1995
			9.7	Pete Sprout (El Modena)	1969
			9.7	Clyde Emery (SA Valley)	1969
			9.7	Rick Gilson (Bolsa Grande)	1970
			9.7	Luis Castle (Sunny Hills)	1970
			9.7	* Steve Elkins (Loara)	1970
			9.7	*Jim Beyers (Loara)	1970
			9.7	Jim Rohrig (SA Valley)	1974
			9.7	Mike Rhue (SA Valley)	1976
			9.7	Rex Brown (Ocean View)	1982
			9.7	Clay Kussler (Los Alamitos)	1984
			9.7	Elliot Dunning (SA Valley)	1984
			9.7	Paul Peters (SA Valley)	1987
			9.7	Erik Mitchell (Los Alamitos)	1990
			9.91	Ulysess Trammel (Rancho Alamitos)	1991
			9.8	Dan Hoefler (Fullerton)	1948
100 Yards					
9.3	Tony Pitts (SA Valley)	1978			
9.5	Jackie White (Santa Ana)	1969			
	(State Runner up)				
9.5	Devon Trahan (Saddleback)	1971			
9.5	Kerwin Bell (Edison)	1980			
9.6	Eddie Morris (Huntington Beach)	1940			
	(State Champion)				
9.6	Bill Swisshelm (Santa Ana)	1954			
9.6	Bob Maimbourg (Garden Grove)	1960			
9.6	** Stan Edmonds (Savanna)	1964			
9.6	Fred Kuller (Santiago)	1964			
9.6	Dick Coulter (SA Valley)	1967			
9.6	Ron Pharris (Anaheim)	1967			
	(State Third Place)				
9.6	Ron Hamley (Lowell)	1968			
9.6	*Jack Struble (Kennedy)	1971			
9.6	*Jim Straw (Garden Grove)	1973			
9.6	Clancy Edwards (Santa Ana)	1973			
	(State Runner up)				
9.6	Walter Steen (SA Valley)	1982			
9.84	* Kerwin Bell (Edison)	1979			
9.7	Bill Swift (La Habra)	1959			

9.8	Johnny Allen (Santa Ana)	1956	10.47	Jake Pirnazar (Sage Hills)	2025
9.8	Ron Vande Putte (Valencia)	1959	10.48	**Robert Gardner (Servite)	2026
9.8	Gary Walker (Tustin)	1959	10.49	Austin Overn (Foothill)	2022
9.8	* Randy Julian (Bolsa Grande)	1965	10.50	Justin Woods (Los Alamitos)	2005
9.8	Mike Morgan (Mater Dei)	1967	10.51	Herbert Gamboa (San Clemente)	2012
9.8	Dennis Johnson (El Modena)	1969	10.54	* Kyle Middlebrooks (Fountain Valley)	2009
9.8	Keith Denson (SA Valley)	1969	10.56	Tim Martin (San Clemente)	1991
9.8	Tom Teeple (Brea)	1969	10.56	** Bryan Harrison (Dana Hills)	1995
9.8	Darryl Blood (Newport)	1970	10.56	*Jake Burns (Trabuco Hills)	2018
9.8	Dave Johnson (Estancia)	1970	10.56	**Kamil Pelovello (Servite)	2026
9.8	Dave Lacey (Marina)	1970	10.57	Elliot Dunning (SA Valley)	1984
9.8	Phil Maas (Fountain Valley)	1971	10.57	Blake Hennesay (Santa Margarita)	2018
9.8	Tony Krzyzosiak (Garden Grove)	1986	10.58	Quinton Bell (Costa Mesa)	2014
9.8	Carlo Tosti (Corona del Mar)	1972	10.60	Walter Steen SA Valley)	1982
9.8	James Butler (SA Valley)	1972	10.61	Brian Woods (Los Alamitos)	2003
9.8	Warren Hansen (Garden Grove)	1973	10.62	Matt Slater (Servite)	2003
9.8	Doug Perrall (Pacifica)	1974	10.63	Charlie Jarvis (Aliso Niguel)	2022
9.8	Chris Saunders (Sonora)	1978	10.63	*Jay Serrambvana (Marina)	2025
9.8	Robert Powell (SA Valley)	1978	10.63	**Jace Wells (Servite)	2026
9.8	Steve Southward (Fountain Valley)	1981	10.64c	Eddie Morris (Huntington Beach)	10.4 1940
9.8	Rick Nichols (Fountain Valley)	1982	10.64	Theo George-Bell (Tustin)	2026
9.8	Rod Harmon (Santa Ana)	1982	10.64	Hunter Hagins (Aliso Niguel)	2026
9.8	Richard Calvin (SA Valley)	1982	10.65	Chukwuekezie Nwachie (Loara)	2012
9.8	Teddy Baker (Saddleback)	1985	10.65	Dominic Gates (Tesoro)	2022
9.8	Chip Rish (Marina)	1985	10.66	Tony Pitts (SA Valley)	1978
9.8	Ellis Bradford (SA Valley)	1986	10.66	* Garland West (Cypress)	2004
9.8	* Kirk Ayers (Western)	1986	10.66	Braden Pegan (San Juan Hills)	2022
9.8	Tien Bui (Villa Park)	1988	10.66	*Ryan Hopkins (Mater Dei)	2025
9.8	* William Dancy (SA Valley)	1988	10.67	Kevin Griswold Garden Grove)	1996
9.8	* Dariel Whipple (Western)	1989	10.67	Damani Wilson (Orange Lutheran)	2010
9.8	Kevin Thomas (Valencia)	1989	10.67	Austin Hazel (Mater Dei)	2012

Wind-aided:

9.5w	Eddie Morris (Huntington Beach)	1940	10.67	**Jaylen Grier (Mater Dei)	2026
9.5w	Bill Swisshelm (Santa Ana)	1953	10.68	Mike McNair (Mater Dei)	1998
9.5w	Dick Cooper (SA Valley)	1967	10.68	Andy White (Mission Viejo)	2007
9.5w	Clancy Edwards (Santa Ana)	1973	10.68	*Nicholas Bland (Orange Lutheran)	2026
9.69w	Kerwin Bell (Edison)	1980	10.69	Nate Frazier (Mater Dei)	2024
9.6w	Stan Edmonds (Kennedy)	1966	10.69	**Vance Spafford (Mission Viejo)	2024
9.6w	Richard Yukihiro (Western)	1967	10.70	Kerwin Bell (Edison)	1980
9.6w	*Jim Beyers (Loara)	1970	10.70	Erik Mitchell (Los Alamitos)	1990
9.6w	Mike Rhue (SA Valley)	1976	10.70	Gary Young (Woodbridge)	1994
			10.70	* Claude Melvin (Brea)	1999
			10.70	*Kaden Reynolds (Aliso Niguel)	2019
			10.71	Rex Brown (Ocean View)	1982
			10.71	*Trent Langham (Pacifica)	2011
			10.71	Hunter Simmons (Tesoro)	2012
			10.71	*Spencer Danner (San Juan Hills)	2013
			10.72	Kevin Alexander (Valencia)	1992
			10.72	Josh Brown (El Modena)	2007
			10.72	**Alex Suchesk (Santa Margarita)	2012
			10.72	*Badr Farag (Fountain Valley)	2026
			10.73	* Joey Branker (Mission Viejo)	2009
			10.73	Scott Patton (Woodbridge)	2015
			10.73	*Charlie Jarvis (Aliso Niguel)	2021
			10.74	Donovan Stephens (Mission Viejo)	1986
			10.74c	* Jarrett Murrell (Saddleback)	10.5 1991
			10.74c	Charles Crook (Katella)	10.5 1997

100 meters

10.25	*Domani Jackson (Mater Dei)	2021			
10.27	**Benjamin Harris (Servite)	2026			
	(State Champion- 2026)				
	(State Runner U - 2025)				
10.33	***Jorden Wells (Servite)	2026			
10.36	Curtis Godin (Mater Dei)	2014			
	(State Champion)				
10.40	Max Thomas (Servite)	2022			
10.42	Devin Bragg (Los Alamitos)	2025			
10.45	Matt Bruno (Trabuco Hills)	2002			
	(State Champion)				
10.45	Leo Francis (Santa Margarita)	2025			

10.74c	Anthony Privitelli (Villa Park)	10.5	2008	10.83	Nico Mancini (Foothill)		2025
10.74	Anton Jamir (Cypress)		2003	10.84c	Steve Jennings (Marina)	10.6	1986
10.74	*Jacob Prayer (San Clemente)		2024	10.84c	* William Dancy (SA Valley)	10.6	1988
10.74	*Quaid Carr (Servite)		2024	10.84c	Ben Cesar (Ocean View)	10.6	1990
10.74	*Jaxon Cantrell (Crean)		2026	10.84c	Tim Fitzgerald (Santa Margarita)	10.6	1996
10.74	Maxwell Hernandez (Orange Lutheran)		2026	10.84c	Guillermo Esparza (Brea)	10.6	1997
10.75	Mavin Anderson (Mission Viejo)		2021	10.84c	** Marshall Johnson (SA Valley)	10.6	1997
10.75	Tyler Harvey (Trabuco Hills)		2024	10.84	* Chad Watts (Saddleback)		1998
10.75	**Adam Pirnazar (Sage Hill)		2025	10.84c	* Adolph Keyes (Los Alamitos)	10.6	1998
10.76	* Darryl Poston (Edison)		2000	10.84c	John Sanders (Fountain Valley)	10.6	1998
10.76	Kellen Foley (Dana Hills)		2008	10.84c	Rasuli Webster (Brea)	10.6	1998
10.76	Chris Nicholls (Servite)		2010	10.84c	*Zach Chandy (Sage Hill)	10.6	2005
10.76	**Hunter Simmons (Tesoro)		2011	10.84	Malik Felton (Servite)		2011
10.76	Julius Irvin (Servite)		2018	10.84	*Chuck McDonald (Mater Dei)		2024
10.76	*Joshua Vu (Canyon)		2026	10.84	Colin Woodruff (Mater Dei)		2025
10.77	* Teddy Baker (Saddleback)		1984	10.85	Korey Alexander (Valencia)		1992
10.77	*Matt Slater (Servite)		2002	10.85	Denny Casupanan (Tustin)		2002
10.77	Devin Harrison (Dana Hills)		2011	10.85	Justin Hunter (Dana Hills)		2014
10.77	Michael Mitchell (Tesoro)		2016	10.85	Brandon Douglas (Los Alamitos)		2015
10.77	Jack De Bos (Edison)		2021	10.85	Jeff Hass (Edison)		2021
10.77	Alex Skalmowski (Servite)		2023	10.85	Tyler Harvey (Trabuco Hills)		2024
10.77	Matthew Kaloustian (Orange Lutheran)		2023	10.85	George Hughes (Villa Park)		2025
10.78	* Chip Rish (Marina)		1984	10.86	Charlie Davidson (Saddleback)		1992
10.79	* Terry Johnson (Katella)		1985	10.86	* Alex Suchesk (Mission Viejo)		2013
10.79	Jake Burns (Trabuco Hills)		2019	10.86	Logan Obbards (Mission Viejo)		2014
10.79	Zach Claton (Tesoro)		2026	10.86	Richie Caragao (Santa Margarita)		2018
10.79	Michael Hood (Portola)		2026	10.87	Scott Young (Cypress)		1985
10.80	Dajuan Pannell (Western)		2000	10.87	Trevor Jones (Newport)		2000
10.80	Arron Harris (Western)		2008	10.87	Vince Nguyen (Fountain Valley)		2001
10.80	*Ryan Kennedy (Mission Viejo)		2017	10.87	Wes Williams (Esperanza)		2005
10.80	Noah Styffe (Trabuco Hills)		2017	10.87	**Peter Costelli (Mission Viejo)		2019
10.80	*Kyle McCray (Orange Lutheran)		2018	10.87	Jalen Jones (Santa Margarita)		2022
10.80	Jack Shippy (San Clemente)		2018	10.87	Dylan Poteat (Villa Park)		2023
10.80	Jonathan Romero (Villa Park)		2026	10.88	Rich Brooks (Woodbridge)		1986
10.80	Eric Carrigan (Santa Margarita)		2026	10.88	Matt Brooks (Santa Margarita)		1998
10.81	* Chucky Linman (Edison)		2001	10.88	Mike Chavis (Mission Viejo)		1998
10.81	* Deshaun Foster (Tustin)		1997	10.88	Greg Stewart (Costa Mesa)		2000
10.81	Shane Henry (Esperanza)		2006	10.88	Dominique Williams (Savanna)		2008
10.81	Matt Hurst (Corona del Mar)		2014	10.88	Mikey Fischelli (Dana Hills)		2009
10.81	Dheer Patel (Northwood)		2024	10.88	**Isaiah Diego Williams (J Serra)		2014
10.81	Marquiz Guxman (Tustin)		2024	10.88	Michael Hamill (Beckman)		2014
10.81	*Jacob Caragao (Santa Margarita)		2026	10.88	Josh Gray (Irvine)		2016
10.81	*Arnol Correa (El Modena)		2026	10.88	Scott Deng (Mater Dei)		2022
10.81	*Josef Hudak (Sunny Hills)		2026	10.88	Joseph Ricci (Edison)		2023
10.82	Tony Mosley (Santa Ana)		1987	10.89	Jeff Williams (Orange)		1994
10.82	Kamron Shahbahrami (Irvine)		2011	10.89	Scott Langford (Santa Margarita)		2001
10.82	Chad Lemmons (Mater Dei)		2019	10.89	Stephen Menzia (Mater Dei)		2016
10.82	Broady Seitz (El Dorado)		2026	10.89	*Keith Taylor (Servite)		2016
10.82	Dane Malloy (Aliso Niguel)		2026	10.89	**Bryson Washington (Mater Dei)		2018
10.83	Jeff Smith (Troy)		2001	10.89	Cassius Savage (Western)		2019
10.83	Drew Endly (Laguna Hills)		2008	10.89	Nolan Clement (Troy)		2022
10.83	* Shawn Tucker (Laguna Hills)		2008	10.89	Chuck Mc Donald (Mater Dei)		2025
10.83	*Alex Young (Woodbridge)		2015	10.89	Josh Santos (Northwood)		2025
10.83	Matthew Yu (Beckman)		2023	10.89	Brendan Anstead (Yorba Linda)		2026
10.83	Brandon Miller (Irvine)		2024	10.90	***Michael Graham (Mater Dei)		1993
10.83	**Gavin Honore (Mater Dei)		2025	10.90	Jason Boyce (Corona del Mar)		1994

10.90	William Stovall (Woodbridge)	1997	10.94	Sean Henderson (Los Alamitos)	2008
10.90	Quinten Pounds (Cypress)	2015	10.94	Adrian Hernandez (Mater Dei)	2015
10.90	*Chase Berryman (Mission Viejo)	2018	10.94	Ethan Du (Esperanza)	2016
10.90	**Bryce Whitley (La Habra)	2022	10.94	*Chigozie Anusiem (Sonora)	2017
10.90	*Tyler Poti (Tesoro)	2022	10.94	Andrew Ruffin (Cypress)	2018
10.90	*Deandre Moore ((Los Alamitos)	2022	10.94	Colin Somoza (Trabuco Hills)	2022
10.90	*Declan Healey (Troy)	2023	10.95	* Che Garcia (Anaheim)	1992
10.90	Nathan Tran (Portola)	2023	10.95	* Austin Messick (Capo Valley)	2007
10.90	Stefan Nelson (Capo Valley)	2025	10.95	Chad Grimmett (El Toro)	2009
10.91	Kevin Thomas (Valencia)	1989	10.95	Ameer Webb (Tustin)	2009
10.91	Dane Endly (Laguna Hills)	2003	10.95	Miles Robertson (La Habra)	2014
10.91	Andrew Tucker (Mission Viejo)	2004	10.95	*Anthony Deluca (Trabuco Hills)	2018
10.91	Adrian Pioquinto (Century)	2009	10.95	Nick Thompson (J Serra)	2024
10.91	Brenden Schooler (Mission Viejo)	2016	10.95	Shane Plourde (Orange Lutheran)	2024
10.91	*Marceese Yetts (Mater Dei)	2021	10.95	*Jake Pirnazar (Sage Hill)	2024
10.91	Michael Serpa (Trabuco Hills)	2023	10.95	Jonas Pearson (Portola)	2024
10.91	Tyler Poptl (Tesoro)	2023	10.95	*Leo Francis (Santa Margarita)	2024
10.91	Rider Cooper (Portola)	2024	10.95	Kal-El Braxton (Irvine)	2026
10.91	Josh Howard (San Juan Hills)	2026	10.95	*Wil Fredericksen (J Serra)	2026
10.92	* Clay Kussler (Los Alamitos)	1983	10.95	**Evan Vazquez (Servite)	2026
10.92	* Dariel Whipple (Western)	1989	10.95	*Badr Farag (Fountain Valley)	2026
10.92	* Julius Williams (Tustin)	1997	10.96	Allen Shumate (Tustin)	2000
10.92	**Nick Wedin (Dana Hills)	2000	10.96	**Jonathan Woods (El Toro)	2001
10.92	Turill Engleman (Marina)	2002	10.96	Whittaker (Mission Viejo)	2001
10.92	* Alex Miller (Savanna)	2003	10.96	Jonahtan Hill (Cypress)	2014
10.92	Grant Schwartz (Dana Hills)	2005	10.96	Jacob Garrett (J)Fountain Valley)	2017
10.92	Ibahim Al-arnous (Mission Viejo)	2010	1	0.96 Lincoln Marschall (Los Alamitos)	2022
10.92	Jacob Gasser (Los Alamitos)	2016	10.96	**Xzavior Guess (El Modena)	2023
10.92	Kelley Stephens (J Serra)	2018	10.96	*Brandon Gorski (Mater Dei)	2024
10.92	**Cooper DeCillo (Trabuco Hills)	2021	10.96	Cameron Hughes (Servite)	2024
10.92	Caleb Harrell (Irvine)	2021	10.96	Ivric Carrigan (Santa Margarita)	2026
10.92	*Jackson McCusker (Trabuco Hills)	2023	10.97	Anthony Ramirez (Mission Viejo)	1992
10.92	Nolan Kolby (Fountain Valley)	2025	10.97	* Aaron Ford (Los Alamitos)	1994
10.92	*Kamden Tillis (Los Alamitos)	2026	10.97	Allen Sabio (Servite)	1997
10.93	* Charles Crook (Katella)	1996	10.97	Aaron Coudy (St Margaret's)	2002
10.93	Scott White (Sonora)	1999	10.97	Raphael McFarlane (Mission Viejo)	2003
10.93	Vanden Staly (Canyon)	2002	10.97	Adam Gann (Trabuco Hills)	2011
10.93	Eddie Wallace (San Clemente)	2010	10.97	Dustin Holtz (El Modena)	2012
10.93	*Derek Brajevich (Santa Margarita)	2017	10.97	Garrett Estrada (Mater Dei)	2015
10.93	Richard Antablin (Tesoro)	2019	10.97	**Johnie Blockberger (Los Alamitos)	2018
10.93	Jalen Jones (Santa Margarita)	2021	10.97	Khang Mat (Segerstrom)	2023
10.93	Van Rhodus (Orange Lutheran)	2024	10.97	*Jason Escovar (Yorba Linda)	2023
10.93	**Jaelen Hunter (Servite)	2026	10.97	Drew Tom (Beckman)	2023
10.93	*Josiah Blackwell (J Serra)	2026	10.97	*Jaden Mwendapole (Corona del Mar)	2023
10.94c	Jeff Gleed (Dana Hills)	10.7 1981	10.97	*Syein Baltrip-McGuire (El Dorado)	2026
10.94c	Norm Moss (SA Valley)	10.7 1984	10.98	Jim Adams (Anaheim)	1984
10.94c	Dave Reedus (Westminster)	10.7 1988	10.98	Jeff Roach-(Laguna Hills)	1984
10.94c	Mark Barnum (Corona del Mar)	10.7 1990	10.98	Jesus Acevedo (Anaheim)	1997
10.94c	Jarryd Gonzalez (Pacifica)	10.7 1992	10.98	Julius Williams (Tustin)	1998
10.94c	Kojo Ahrin (Irvine)	10.7 1996	10.98	** Lb Al-amous (Canyon)	2008
10.94	James Pham (La Quinta)	1998	10.98	Kyle Hastings (Santa Margarita)	2017
10.94c	Julio Peraza (Dana Hills)	10.7 1998	10.98	Harry Baker (University)	2017
10.94c	Josh Saunders (Capo Valley)	10.7 1998	10.98	Cassidy Welles (Mission Viejo)	2019
10.94	Adolph Keys (Los Alamitos)	1999	10.98	Jordan Holmes (Yorba Linda)	2022
10.94c	* Turrill Engelman (Marina)	10.7 2001	10.98	*Treyvon Toulmaire (Mission Viejo)	2023
10.94	Nicholas Sanford (El Modena)	2005			

10.89	Ryan Lathiya (Canyon)	2026	10.40	*Robert Gardner (Servite)	2026
10.99	Kimiko Bandy (SA Valley)	1992	10.42	** Bryan Harrison (Dana Hills)	1995
10.99	Rashad White (Garden Grove)	2000		(State Third Place)	J
10.99	Joey Branker (Mission Viejo)	2010	10.43	Leo Francis (Santa Margarita)	2025
10.99	Cory Thomson (Santa Margarita)	2011	10.44	**Kamil Pelovello (Servite)	2026
10.99	Trent McDuffy (Servite)	2017	10.45	Austin Overn (Foothill)	2022
10.99	*Richard Antablin (Tesoro)	2018	10.46	Tim Martin (San Clemente)	1991
10.99	*Jacob Williams (Brea)	2019		(State Third Place)	
10.99	Patrick Michinock (Mater Dei)	2019	10.48	Justin Woods (Los Alamitos)	2005
10.99	*Jackson Christie (Villa Park)	2021	10.48	* Kyle Middlebrooks (Fountain Valley)	2009
10.99	Dereck Moore (Woodbridge)	2023	10.49	Dominic Gates (Tesoro)	2022
10.99	Zacarias Nickerson (J Serra)	2026	10.51	Quinton Bell (Costa Mesa)	2014
11.00	Greg Portis (Katella)	1985	10.52	Gary Young (Woodbridge)	1994
11.00	Sam Moore (El Toro)	1999	10.54	*Blake Hennesay (Santa Margarita)	2017
11.00	* Matt Moore (Corona del Mar)	2000	10.54	Hunter Hagins Aliso Niguel)	2026
11.00	Chris Felix (Estancia)	1995	10.55	Mike McNair (Mater Dei)	1998
11.00	Logan Sweet (Santa Margarita)	2011	10.55	*Badr Farag (Fountain Valley)	2026
11.00	* Joseph Velazquez (El Modena)	2013	10.55	Brian Woods (Los Alamitos)	2003
11.00	Jacob Williams (Brea)	2020	10.55	Jay Serrambana (Marina)	2026
11.00	**Josiah Blackwell (Tesoro)	2025	10.58	Charles Crook (Katella)	1997
11.00	Anthony Campbell (Orange Lutheran)	2025	10.58	*Nate Frazier (Mater Dei)	2023
11.00	*Rodneu Westmorland (Santa Margarita)	2025	10.59	Garland West (Cypress)	2005
11.01	* Dahrin Footman (Esperanza)	1994	10.60	Demarion Horton (Western)	2008
11.01	Ray Bardone (Edison)	1997	10.60	Julius Irvin (Servite)	2018
11.01	Weston Ellis (Pacifica)	2014	10.60	Chad Lemmons (Mater Dei)	2019
11.01	*Christian Parker (Marina)	2016	10.61	Josh Brown (El Modena)	2007
11.01	Mason Mitchell (Santa Margarita)	2016	10.61	Andy White (Mission Viejo)	2007
11.01	**Jay Williams (Trabuco Hills)	2017	10.61	Braden Pegan (San Juan Hills)	2022
11.01	Jake Cuero (Trabuco Hills)	2017	10.62	*Jake Burns (Trabuco Hills)	2018
11.01	*Kiwon Lee (Trabuco Hills)	2018	10.63	* Rex Brown (Ocean View)	1981
11.01	Drake Nguyen (Woodbridge)	2019	10.63	Kevin Griswold (Garden Grove)	1996
11.01	Jason Plumb (Corona del Mar)	2022	10.63	*Alex Skalmowski (Servite)	2022
11.01	Josiah Lamarque (Newport)	2024	10.64	Teddy Baker (Saddleback)	1985
11.01	*Nathan Louie (Woodbridge)	2025	10.64c	Chip Rich (Marina)	10.4w 1985
11.01	Preston Simpson (Sage Hill)	2025	10.64	Jake Burns (Trabuco Hills)	2019
11.02	Paul Peters (SA Valley)	1987	10.65	Anton Jamir (Cypress)	2003
11.02	Tien Bui (Villa Park)	1988	10.65	**Nicholas Bland (Orange Lutheran)	2025
11.02	**Greg Cleave (Cypress)	1993	10.65	Scott Patton (Woodbridge)	2015
11.02	* Steve Douglas (Loara)	2000	10.66	* Chucky Linman (Edison)	2001
11.02	**Marcus Collins (Mission Viejo)	2011	10.66	* Chris Nichols (Servite)	2009
11.02	*Xavier Bell (Mater Dei)	2016	10.66	Amir Webb (Tustin)	2009
11.02	*Lance Dravis (Orange Lutheran)	2016	10.66	* Spencer Danner (San Juan Hills)	2013
11.02	Desmin Jackson (Orange Lutheran)	2022	10.67	*Trent Langham (Pacifica)	2011
11.02	Khalil Watson (Samueli)	2025	10.67	Blake Hennesay (Santa Margarita)	2018
11.02	**John Nisson (Foothill)	2025	10.67	Isaiah Williams (Trabuco Hills)	2025
11.02	***Troy Bishop (Mater Dei)	2025	10.68	* Joey Branker (Mission Viejo)	2009
			10.70	Stephen Menzia (Mater Dei)	2016
			10.70	Matthew Kaloustian (Orange Lutheran)	2023
			10.71	Alex Young (Woodbridge)	2016
			10.71	Jacob Gasser (Los Alamitos)	2016
			10.72	Darryl Poston (Edison)	2001
			10.72	Shane Henry (Esperanza)	2006
			10.72	Mikail Lowery (Bolsa Grande)	2010
			10.72	*Jacob Caragao (Santa Margarita)	2026
			10.73	Dane Endly (Laguna Hills)	2003
			10.73	Chris Nicholls (Servite)	2010
Wind-aided:					
10.14	*Benjamin Harris (Service)	2026			
10.28	**Jorden Wells (Servite)	2026			
10.29	Curtis Godin (Mater Dei)	2014			
10.33	Matt Bruno (Trabuco Hills)	2002			
10.35	***Devin Bragg (Los Alamitos)	2022			
10.35	Max Thomas (Servite)	2022			
10.39	Rider Cooper (Portola)	2024			
10.40	* Claude Melvin (Brea)	1999			

10.73	Michael Mitchell (Tesoro)		2016	10.85	Josh Gray (Irvine)		2016
10.74c	Ricky Ellis (Mater Dei)	10.5w	1991	20.85	*Marceese Yetts (Mater Dei)		2021
10.74c	Jason Boyce (Corona del Mar)	10.5w	1994	10.86	*Victor Bates (Buena Park)		2016
10.74c	Kai Lewis (San Clemente)	10.5	1999	10.87	Alexander Donigian (Trabuco Hills)		2011
10.74	Carlo Reyes (Los Alamitos)		2021	10.87	Toby Closure (Fullerton)		2011
10.74	Jalen Jones (Santa Margarita)		2022	10.87	*Cooper DeCillo (Trabuco Hills)		2022
10.74	*Jaxon Cantrell (Crean)		2026	10.87	***Jaelen Hunter (Servite)		2025
10.75	DeShaun Foster (Tustin)		1998	10.88	* Joseph Velazquez (El Modena)		2013
10.75	** lb Al-arnous (Canyon)		2008	10.88	Van Rhodus (Orange Lutheran)		2024
10.75	*Dominic Gates (Tesoro)		2021	10.88	*Aidan Anstead (Yorba Linda)		2024
10.75	Shane Plourde (Orange Lutheran)		2024	10.88	*Dane Malloy (Aliso Niguel)		2025
10.76	* Denny Casupanan (Tustin)		2001	10.89	* Chad Dunn (Los Alamitos)		2003
10.76	Kamron Shahbahrani (Irvine)		2011	10.89	Austin Tinsley (Santa Margarita)		2014
10.76	Brenden Schooler (Mission Viejo)		2016	10.89	Jacob Garrett (Fountain Valley)		2017
10.76	Jack Shippy (San Clemente)		2018	10.90	Drake Alvarez-Cates (Edison)		2012
10.76	Marcus Guzman (Tustin)		2024	10.90	*Weston Ellis (Pacifica)		2014
10.76	Joaiah Lamarque (Newport)		2024	10.90	Caleb Harrell (Irvine)		2021
10.76	**Josiah Blackwell (Tesoro)		2025	10.90	Jason Plumb (Corona Del Mar)		2022
10.76	*Kamden Tillis (Los Alamitos)		2026	10.90	Jordan Holmes (Yorba Linda)		2022
10.77	Austin Simkins (Huntington Beach)		2012	10.90	*Josef Hudak (Sunny Hills)		2025
10.77	**Isaiah Diego Williams (JSerra)		2014	10.91	Carlo Valdes (Mater Dei)		2008
10.77	Scott Deng (Mater Dei)		2022	10.91	Cassidy Welles (Mission Viejo)		2019
10.78	Jonathan Hill (Cypress)		2014	10.91	Khalil Watson (Samueli)		2025
10.78	Logan Obbards (Mission Viejo)		2014	10.92	J.J Cisneros (Los Alamitos)		1988
10.79	* Jonathan Woods (El Toro)		2002	10.92	Turill Engleman (Marina)		2002
10.78	Nolan Clement (Troy)		2022	10.92	**Ryan Maxwell (Santa Margarita)		2005
10.79	Dan Gomez (Troy)		2006	10.92	LJ Kennedy (Rancho Alamitos)		2018
10.79	Michael Hamill (Beckman)		2014	10.92	*Chuck McDonald (Mater Dei)		2024
10.79	Jeremiah Harris (Orange Lutheran)		2015	10.92	Jonas Pearson (Portola)		2024
10.79	Joseph Ricci (Edison)		2023	10.92	*Michael Chang (Corona del Mar)		2026
10.80	Matt Brooks (Santa Margarita)		1998	10.93	George Petsas (Esperanza)		2013
10.80	Scott Langford (Santa Margarita)		2001	10.93	Nolan Thompson (Huntington Beach)		2015
10.80	Dominic McComas (Trabuco Hills)		2025	10.93	Hunter Hagins (Aliso Niguel)		2026
10.80	*Michael Hood (Portola)		2025	10.94c	Chris Sperle (Fountain Valley)	10.7w	1984
10.81	Bernard Hardeman (Santa Ana)		1993	10.94c	Mark Mahone (Marina)	10.7w	1992
10.81	* Adolph Keyes (Loa Alamitos)		1998	10.94c	* Nate Gilkes (Troy)	10.7w	2002
10.81	*Zach Chandy (Sage Hill)		2005	10.94	Michael Denton (Western)		2009
10.81	*Logan Lyght (Mater Dei)		2022	10.94	Nick Malone (Fountain Valley)		2016
10.81	Nicholas Weaver (University)		2022	10.94	*Cooper Malerstein (Marina)		2016
10.82	Drew Endly (Laguna Hills)		2008	10.94	Jose Rubio (Loa Alamitos)		2017
10.82	Kendall Holmes (Los Alamitos)		2012	10.94	Sebastian Mora (La Habra)		2019
10.82	**Peter Costelli (Mission Viejo)		2019	10.94	**Nolan Clement (Troy)		2020
10.82	Dylan Poteat (Villa Park)		2023	10.94	*Chris Allen (Tesoro)		2021
10.82	Xzavior Guess (El Modena)		2023	10.94	Nathan Dowdell (Los Alamitos)		2021
10.82	Jackson McCusker (Trabuco Hills)		2024	10.94	*Jack Junker (Mission Viejo)		2026
10.82	Zacarias Nickerson (J Serra)		2026	10.95	Bryan Dawson (Cypress)		1991
10.83	Darrell Fuey (JSerra)		2012	10.95	*Michael Chambers (Northwood)		2017
10.83	Patrick Michinock (Mater Dei)		2019	10.95	Tyler Rios (La Alamitos)		2014
10.83	Drake Nguyen (Woodbridge)		2019	10.95	Blake Morgan (Capo Valley)		2019
10.84c	Tony Thompson (Huntington B)	10.6w	1984	10.96	* Andrew Connell (Mission Viejo)		2008
10.84c	Shaun Massey (Marina)	10.6w	1985	10.96	Kevin Schaefer (Sage Hill)		2010
10.84	* Anton Jamir (Cypress)		2002	10.96	**Dylan Nicholson (Fullerton)		2016
10.84	Luke McCarthy (Sonora)		2011	10.96	*Matthew Avalos (Anaheim)		2017
10.84	*Jaden Mwendapole (Corona del Mar)		2023	10.96	**Jackson Christie (Villa Park)		2021
10.84	*Xzavior Guess (El Modena)		2024	10.96	Stefan Nelson (Capo Valley)		2025
10.85	Dahrin Footman (Esperanza)		1995	10.96	*Nic Brubaker (Tesoro)		2025

10.96	*Jayden Shorter (Beckman)	2026	21.33	Elliot Dunning (SA Valley)	1984
10.96	Kyle Choe (Cypress)	2026	21.34	Erik Mitchell (Los Alamitos)	1990
10.96	**Gage Gates (San Clemente)	2026	21.34	Quinton Bell (Costa Mesa)	2014
10.97	Matthew Nichols (Mater Dei)	2010	21.34	*Gabe Warner (Woodbridge)	2014
10.97	*Corbin Anderson (Mater Dei)	2010	21.37	Tyler Harvey (Trabuco Hills)	2024
10.97	Ricardo Molina (Los Alamitos)	2013	21.39	Rex Brown (Ocean View)	1982
10.97	**Jay Williams (Trabuco Hills)	2017	21.39	Gary Young (Woodbridge)	1994
10.97	*Nathan Tran (Portola)	2022	21.39	Matt Slater (Servite)	2003
10.97	Anthony Campbell (Orange Lutheran)	2025	21.39	Brian Woods (Los Alamitos)	2003
10.97	Tommy Falk (Villa Park)	2025	21.40	* Claude Melvin (Brea)	1999
10.97	Max Forbes (Trabuco Hills)	2026	21.40	Darryl Poston (Edison)	2001
10.98	Sam Apraku (Savanna)	2006	21.40	Jake Burns (Trabuco Hills)	2018 & 2019
10.98	Cory Thomson (Santa Margarita)	2011	21.41	Dante Pettis (JSerra)	2014
10.98	* Vince Hernandez (Santa Margarita)	2013	21.41	***Jaelen Hunter (Servite)	2025
10.98	Dante Pettis (JSerra)	2014	21.42+	Ron Pharris (Anaheim)	21.3y 1967
10.98	*John Galloway (Aliso Niguel)	2015	21.42	Kevin Alexander (Valencia)	1992
10.98	Quincy Craig (Mater Dei)	2022	21.44	* Spencer Danner (San Juan Hills)	2013
10.98	**Brian Eiseman (Santa Margarita)	2022	21.44	Kelley Stephens (J Serra)	2018
10.99	* Ed Presbury (Loara)	1991	21.46	Teddy Baker (Saddleback)	1985
10.99	* Jeff Williams (Century)	1993	21.46	Dane Endly (Laguna Hills)	2003
10.99	*Blake Morgan (Capo Valley)	2018	21.46	*Jacob Prayer (San Clemente)	2024
10.99	Kiwon Lee (Trabuco Hills)	2019	21.47	Jake Pirnazar (Sage Hill)	2025
10.99	Jaedon Marvel (Irvine)	2025	21.48	Paul Peters (SA Valley)	1987
			21.50	Tim Martin (San Clemente)	1991
			21.51	**Jaelen Hunter (Servite)	2026
			21.52+	Jackie White (Santa Ana)	21.4y 1970
			21.52	Dheer Patel (Northwood)	2024
			21.54	* Kyle Middlebrooks (Fountain Valley)	2009
			21.54	Devin Harrison (Dana Hills)	2011
			21.56	* Joey Branker (Mission Viejo)	2009
			21.57	Malik Felton (Servite)	2011
			21.60	William Stovall (Woodbridge)	1997
			21.60	Herbert Gamboa (San Clemente)	2012
			21.60	Hunter Hagins (Aliso Niguel)	2026
			21.61	Marcus North (Mission Viejo)	2006
			21.61	Matt Hurst (Corona del Mar)	2014
			21.61	*Jay Serrambana (Marina)	2025
			21.62+	Devon Trahan (Saddleback)	21.5y 1971
			21.62+	Jim Rohrig (SA Valley)	21.5y 1974
			21.62+	Mike Kruthers (San Clemente)	21.75y 1977
			21.62	Austin Hazel (Mater Dei)	2012
			21.62	*Cooper DeCillo (Trabuco Hills)	2022
			21.62	*Nate Frazier (Mater Dei)	2023
			21.63	**Camren Hughes (Servite)	2024
			21.64c	Jeff Glead (Dana Hills)	21.4 1981
			21.64	Damani Wilson (Orange Lutheran)	2010
			21.64	Alex Skalmowski (Servite)	2023
			21.67	* Terry Johnson (Katella)	1985
			21.67	George Hughes (Villa Park)	2025
			21.68	Maxwell Hernandez 9Orange Lutheran)	2026
			21.69	Matthew Kaloustian (Orange Lutheran)	2023
			21.70	Dylan Poteat (Villa Park)	2023
			21.71	Theo George-Bell (Tustin)	2026
			21.72	* Mike Fritz (Anaheim)	1986
			21.72+	Dave Johnson (Estancia)	21.6y 1970
			21.72+	Greg Jones (Mission Viejo)	21.6y 1977

200 meters

20.68	Max Thomas (Servite)	2022
20.77	*Benjamin Harris (Servite)	2026
20.82	Matt Bruno (Trabuco Hills)	2002
	(State Champion)	
20.84	Leo Francis (Santa Margarita)	2025
	(State Third Place)	
20.85	Curtis Godin (Mater Dei)	2014
	(State Champion)	
20.85	**Jace Wells (Servite)_	2026
	(State Runner Up)	
20.90	**Jorden Wells (Servite)	2026
	(State Third Place)	
20.92	*Robert Gardner (Servite)	2026
20.97	**Kamil Pelovello (Servite)	2026
21.01	Chip Rish (Marina)	1985
21.04	*Jalen Craver (Woodbridge)	2010
21.10	** Bryan Harrison (Dana Hills)	1995
21.11	Devin Bragg (Los Alamitos)	2025
21.19	Zach Chandy (Sage Hill)	2006
21.20	*Joshua Vu (Canyon)	2026
21.21	Kevin Griswold (Garden Grove)	1996
21.21	Rider Cooper (Portola)	2024
21.25	Ameer Webb (Tustin)	2009
21.26	Mario Bassani (Irvine)	2001
21.27	***Kamil Pelovello (Servite)	2025
21.28	Mike McNair (Mater Dei)	1997
21.28	Wes Williams (Esperanza)	2005
21.28	Justin Woods (Los Alamitos)	2005
21.29	Charles Crook (Katella)	1997
21.32+	Clancy Edwards (Santa Ana)	21.2y 1973
	(State Champion)	

21.72	Roshawn Sims (Esperanza)		1991	21.94	*Quaid Carr (Servite)		2024
21.72	*Badr Farag (Fountain Valley)		2026	21.94	*Jacob Caragao (Sanjta Margarita)		2026
21.73	Anthony Davis (SA Valley)		1992	21.95	Sean White (Servite)		2008
21.73	Anton Jamir (Cypress)		2003	21.95	Justin Hunter (Dana Hills)		2014
21.73	Drew Koesel (Aliso Niguel)		2019	21.95	*Julius Irvin (Servite)		2017
21.73	Marcus Guzman (Tustin)		2024	21.96c	Clay Kussler (Los Alamitos)	22.08y	1984
21.75	Chad Lemmons (Mater Dei)		2019	21.96	Ahmad Wright (Kennedy)		1999
21.76	Taylor Torres (Mater Dei)		2013	21.96	*Alex Young (Woodbridge)		2015
21.78	*Jeff Jacobs (Santa Margarita)		2002	21.96	Jake Cuero (Trabuco Hills)		2017
21.79	* Garland West (Cypress)		2004	21.96	*Michael Phillippy (Aliso Niguel)		2017
21.80	Michael Mitchell (Tesoro)		2016	21.97	Matt Brooks (Santa Margarita)		1998
21.81	Trevor Garrison (J Serra)		2023	21.97	Drew Endly (Laguna Hills)		2008
21.80	Charlie Jarvis (Aliso Niguel)		2022	21.98	Jerard Bryant (Canyon)		1989
21.81	Keyon Riley (Servite)		2016	21.99	Dan Gomez (Troy)		2006
21.81	Jackson McCusker (Trabuco Hills)		2024	21.99	Derek Barnes (Tesoro)		2012
21.82+	Bruce Rollinson (Mater Dei)	21.7y	1967	21.99	Nick Van Vliet (Dana Hills)		2014
21.82+	* Steve Elkins (Loara)	21.7y	1970	21.99	Jason Plumb (Corona del Mar)		2022
21.82+	Jack Struble (Kennedy)	21.7y	1972	22.00	Gary Stenlund (Saddleback)		1980
21.82+	* Kirk Ayers (Western)	21.7y	1986	22.00	**Josh Herrera (La Habra)		1998
21.82	*Trent Langham (Pacifica)		2011	22.00	* Chucky Linman (Edison)		2001
21.83	John Sanders (Fountain Valley)		1998	22.00	Mason Mitchell (Santa Margarita)		2016
21.83	Tubotein Taylor (Canyon)		2009	22.01	Michael Phillippy (Aliso Niguel)		2018
21.83	Colin Woodruff (Mater Dei)		2025	22.01	Chase Berryman (Mission Viejo)		2019
21.84c	Donovan Stephens (Mission Viejo)		1986	22.01	Colton Eggelston (Corona del Mar)		2026
21.84	Jeff Williams (Orange)		1994	22.02+	Jim Morgan (Mater Dei)	21.9y	1967
21.84c	Kai Lewis (San Clemente)	21.6	1999	22.02+	Jim Beyers (Loara)	21.9y	1971
21.84c	Jeff Smith (Troy)	21.6	2001	22.02+	Tom Teeple (Brea)	21.9y	1971
21.84	Nick Provencio (San Clemente)		2008	22.02+	Jack Struble (Kennedy)	21.9y	1971
21.84	Jonathan Hill (Cypress)		2014	22.02+	Brian Theriot (Newport)	21.9y	1975
21.84	*Blake Hennesay (Santa Margarita)		2017	22.02+	Marshal Johnson (SA Valley)	21.9y	1978
21.86	Max Halvax (Dana Hills)		2018	22.02+	Aaron Lybarger (El Toro)	21.9y	1982
21.87	** Marshall Johnson (SA Valley)		1997	22.02+	Aaron Thigpen (Saddleback)	21.9y	1982
21.87	Matthew Yu (Beckman)		2023	22.02	*Jonathan Berry-Smith (Oxford Acad)		2010
21.88	Dominic McComas (Trabuco Hills)		2025	22.02	Scott Patton (Woodbridge)		2015
21.89	Bradley Gordon (Los Alamitos)		2011	22.02	Jack De Bos (Edison)		2021
21.89	Jerry Fitschen (Orange Lutheran)		2016	22.03	Drake Alvarez-Cates (Edison)		2012
21.90	Mason Champieux (Laguna Hills)		2011	22.03	*Kyle McCray (Orange Lutheran)		2018
21.91	Brandon Clark (Santa Margarita)		2002	22.03	Nolan Clement (Troy)		2022
21.92+	* Phil Maas (Fountain Valley)	21.8y	1970	22.04	* Jarrett Murrell (Saddleback)		1991
21.92+	* Joe Ventimigila (Marina)	21.8y	1970	22.04c	* Mike Flores (Savanna)	21.8	1994
21.92+	Tony Krzyzosiak (Garden Grove)	21.8y	1971	22.05	* Vince Rivera (Savanna)		1982
21.92+	Mike Gibson (Lowell)	21.8y	1973	22.05	Kyle Dravis (Orange Lutheran)		2009
21.92+	Kerwin Bell (Edison)	21.8y	1980	22.05	** Brandon Douglas (Los Alamitos)		2013
21.92+	Mo Printup (Buena Park)	21.8y	1982	22.05	Stephen Menzia (Mater Dei)		2015
21.92	Korey Alexander (Valencia)		1992	22.05	**Johnnie Blockberger (Los Alamitos)		2018
21.92	* Chris Nicholls (Servite)		2009	22.05	Mavin Anderson (Mission Viejo)		2021
21.92	Brenden Schooler (Mission Viejo)		2016	22.06	Rasuli Webster (Brea)		1998
21.92	*Caine Savage (Western)		2019	22.06	Zach Claton (Tesoro)		2026
21.93	Dominic Gates (Tesoro)		2022	22.06	David Traylor (Servite)		1999
21.93	Joseph Ricci (Edison)		2023	22.07	Shad Vickers (Tustin)		1991
21.93	Jonathan Romero (Villa Park)		2026	22.07	Austin Tinsley (Santa Margarita)		2014
21.93	*Josef Hudak (Sunny Hills)		2026	22.07	*Damari Hall (Crean)		2026
21.94c	* William Dancy (SA Valley)	21.7	1988	22.07	Josh Howard (San Juan Hills)		2026
21.94	Greg Stewart (Costa Mesa)		2000	22.08	Brandon Douglas (Los Alamitos)		2015
21.94c	Darryl Parker (Canyon)	21.7	2001	22.08	Harry Baker (University)		2017
21.94	Jackson Weng (Orange Lutheran)		2023	22.08	Jalen Jones (Santa Margarita)		2022

22.08	Denilson Mendoza (Estancia)		2024	22.15	** Jonathan Woods (El Toro)		2001
22.08	Eric Carrigan (Santa Margarita)		2026	22.15	Vince Nguyen (Fountain Valley)		2001
22.09	* Rich Brooks (Woodbridge)		1985	22.15	*Marcus Collins (Mission Viejo)		2012
22.09	Michael Serpa (Trabuco Hills)		2023	22.15	*Jack Shippy (San Clemente)		2017
22.09	Dominic McComas (Trabuco Hills)		2024	22.15	Van Rhodus (Orange Lutheran)		2024
22.09	*Jaxon Cantrell (Crean)		2026	22.15	*DJ Lee (Mission Viejo)		2024
22.10	Bob Rust (Kennedy)		1980	22.16+	Steve Ashworth (Orange Lutheran) 228y		1979
22.10	Logan Obbards (Mission Viejo)		2014	22.16	Blaise Bryant (Cypress)		1987
22.10	**Brody Leonard (Costa Mesa)		2024	22.16	* Nate Gilkes (Troy)		2002
22.10	Broady Seitz (El Dorado)		2026	22.16	Josh Gray (Irvine)		2016
22.11+	Richard Yukihiro (Western)	22.0y	1967	22.16	Tommy Falk (Valla Park)		2025
22.11+	Andrews (Tustin)	22.0y	1969	22.17	Cassidy Welles (Mission Viejo)		2019
22.11+	John Winstead (Santa Ana)	22.0y	1970	22.17	**Nicholas Bland (Orange Lutheran)		2025
22.11+	Hein (Tustin)	22.0y	1970	22.18	Kevin Thomas (Valencia)		1989
22.11+	Robert Harrell (Santa Ana)	22.0y	1972	22.18	Nicholas Sanford (El Modena)		2005
22.11+	Rick Desmet (Costa Mesa)	22.0y	1972	22.18	**Jaylen Grier (Mater Dei)		2026
22.11+	Mike Johnson (Magnolia)	22.0y	1978	22.19	Jay Magruder (Katella)		1988
22.11+	Paul Harvey (Dana Hills)	22.0y	1984	22.19	Kendall Wesley (Katella)		1990
22.11+	Ellis Bradford (SA Valley)	22.0y	1986	22.19	* Kelvin Beatty (Kennedy)		2000
22.11+	Devon Edwards (Valencia)	22.0y	1991	22.19	Dominique Williams (Savanna)		2008
22.11	Julius Williams (Tustin)		1998	22.19	Jacob Gasser (Los Alamitos)		2016
22.11	**Isaiah Diego Williams (JSerra)		2014	22.19	*Jason Escovar (Yorba Linda)		2023
22.11	*Noah Styffe (Trabuco Hills)		2016	22.19	**Josiah Blackwell (Tesoro)		2025
22.11	Derek Moore (Woodbridge)		2023	22.20	* Julius Williams (Tustin)		1997
22.11	*Chuck McDonald (Mater Dei)		2024	22.20	Kellen Foley (Dana Hills)		2008
22.11	**Adam Pirnazar (Sage Jill)		2025	22.20	* Chad Rozean (Trabuco Hills)		2009
22.12	Hector Flores (Villa Park)		1993	22.20	*Arnol Correa (El Modena)		2026
22.12	Mike Chavis (Mission Viejo)		1998	22.21+	Clyde Emery (SA Valley)	22.1y	1969
22.12	Dajuan Pannell (Western)		2000	22.21+	Joe Ventimiglia (Marina)	22.1y	1969
22.12	Will Taylor (Mission Viejo)		2006	22.21+	Mike Black (Anaheim)	22.1y	1970
22.12	Adrian Hernandez (Mater Dei)		2015	22.21+	Lewis Castle (Sunny Hills)	22.1y	1971
22.12	Aiden Anstead (Yorba Linda)		2024	22.21+	M Ferguson (Savanna)	22.1y	1971
22.13	Ray Bardone (Edison)		1997	22.21+	John Miles (Corona del Mar)	22.1y	1972
22.13	Cade Lindahl (Dana Hills)		2006	22.21+	David Wade (Anaheim)	22.1y	1972
22.13	** Victor Blackwell (Mater Dei)		2009	22.21+	Gilbert Brito (Western)	22.1y	1973
22.13	Richard Antablin (Tesoro)		2019	22.21+	M Callander (Buena Park)	22.1y	1975
22.13	*Chris Allen (Tesoro)		2021	22.21+	Perry Johnson (Kennedy)	22.1y	1977
22.13	Tyler Showalter (Newport)		2025	22.21+	William Steen (SA Valley)	22.1y	1978
22.14c	Mike Duncan (Loara)	21.9	1981	22.21+	Chris Corum (Newport)	22.1y	1978
22.14	Henning Peterson (Esperanza)		1981	22.21+	Rod Harmon (Santa Ana)	22.1y	1982
22.14c	John Garcia (Esperanza)	21.9	1984	22.21+	Lance Martin (Corona del Mar)	22.1y	1983
22.14	Ray Willis (Pacifica)		1988	22.21+	Wayne Barrett (Santa Ana)	22.1y	1984
22.14	Dave Reedus (Westminster)		1988	22.21+	John Hollis (SA Valley)	22.1y	1986
22.14	Will York (El Toro)		1991	22.21+	Seals McCarthy (Brea)	22.34y	1987
22.14c	**Jason Boyce (Corona del Mar)	21.9	1992	22.21	* Tommy Adams (Capo Valley)		1987
22.14c	* Jesus Alvarado (Anaheim)	21.9	1996	22.21+	* Ed Presbury (Loara)	22.1y	1991
22.14c	Guillermo Esparza (Brea)	21.9	1997	22.21	* DeShawn Foster (Tustin)		1997
22.14c	Garrett Thompson (Santa Margarita)	21.9	1999	22.21	Garrett Estrada (Mater Dei)		2015
22.14c	* Nick McIver (Sonora)	21.9	2000	22.21	Richie Caragao (Santa Margarita)		2018
22.14	Sean Young (Irvine)		2011	22.21	*Justin Caragao (Santa Maragita)		2019
22.14	*Kaden Reynolds (Aliso Niguel)		2019	22.21	Jonas Pearson (Portola)		2024
22.14	Jeff Hass (Edison)		2021	22.22	*Brent Geray (Corona del Mar)		2010
22.14	Nico Mancini (Foothill)		2025	22.22	Josh Taylor (Mission Viejo)		2014
22.14	Jack McDaniel (Santa Margarita)		2026	22.22	Braden Pegan (San Juan Hills)		2022
22.14	Connor Deville (Trabuco Hills)		2026	22.24c	Lance Martin (Corona del Mar)	22.0	1983
22.15	Danny Thompson (Huntington Beach)		1984	22.24c	Eric Shermerhorn (Woodbridge)	22.0	1984

22.24	* Greg Portis (Katella)		1985	22.31+	Dan Field (Valencia)	22.2y	1974
22.24c	* Grant Pearsall (Villa Park)	22.0	1993	22.31+	Kevin Moerhing (Sunny Hills)	22.2y	1974
22.24c	***Michael Graham (Mater Dei)	22.0	1993	22.31+	Doug Parrell (Pacifica)	22.2y	1974
22.24c	Gary Charles (Magnolia)	22.0	1995	22.31+	Keith Denson (SA Valley)	22.2y	1975
22.24c	Tim Fitzgerald (Santa Margarita)	22.0	1996	22.31+	Steve Hines (Edison)	22.2y	1975
22.24c	Young (Calvary Chapel)	22.0	1996	22.31+	Rob Martin (Villa Park)	22.2y	1977
22.24c	Jesus Acevedo (Anaheim)	22.0	1997	22.31+	Mike Dotterer (Mater Dei)	22.2y	1978
22.24c	Scott Thompson (Trabuco Hills)	22.0	1991	22.31+	Mark Shores (SA Valley)	22.2y	1987
22.24c	* Chris Ringstrom (Corona del Mar)	22.0	2003	22.31	* Shawn Tucker (Laguna Hills)		2008
22.24	Aaron Harris (Western)		2009	21.31	** Tramaine Brown (Savanna)		2003
22.24	Joseph Velasquez (El Modena)		2014	22.31	Christopher Cooper (Woodbridge)		2019
22.24	*Ryan Kennedy (Mission Viejo)		2017	22.31	Shane Plourde (Orange Lutheran)		2024
22.25	Ben Cesar (Ocean View)		1990	22.31	Dawson Martinez (San Clemente)		2024
22.25	* Steve Douglas (Loara)		2000	22.31	Kai-El Braxton (Irvine)		2026
22.25	Chukwuekezue Nwachie (Loara)		2012	22.32	Bill Thurmond (Saddleback)		1987
22.25	Sachin Shurpalakar (Beckman)		2022	22.32	Nathan Fatigate (Dana Hills)		2019
22.25	**Hudson Haiduc (Servite)		2024	22.32	*Mason York (Edison)		2023
22.26	Kamico Bandy (SA Valley)		1992	22.32	*Ryan Lathiya (Canyon)		2025
22.26	* Sam Morton (Garden Grove)		2004	22.33	Ryan Crane (Dana Hills)		1992
22.26	* Jonathon Brady (Capo Valley)		2009	22.33	Phil Sardis (Santa Margarita)		2000
22.26	Kamron Shahbahrami (Irvine)		2011	22.33	Shane Henry (Esperanza)		2006
22.26	**Hunter Simmons (Tesoro)		2011	22.33	George Petsas (Esperanza)		2013
22.26	*Angel Ledezma (Canyon)		2019	22.33	Adhre Sparks (Los Alamitos)		2017
22.26	Dylan Planeinga (Huntington Beach)		2019	22.33	Jade Fischbeck (San Juan Hills)		2019
22.26	Dev Marfatia (Northwood)		2026	22.33	Khalil Watson (Samueli)		2025
22.27	John Van Dam (Pacifica)		1982	22.33	Ty Johnson (Crean)		2026
22.27	* Duke Ly (Magnolia)		1986	22.34c	Chuck Steen (SA Valley)	22.1	1989
22.27	Richard Cradit (Cypress)		2000	22.34	*** Jimmy Hutsell (Cypress)		1992
22.27	Grant Schwartz (Dana Hills)		2006	22.34c	Ethan Taub (Foothill)	22.1	1994
22.27	Ibrahim Al-arnous (Mission Viejo)		2010	22.34c	Zach Berridge (Western)	22.1	1994
22.27	*Michael Chang (Corona del Mar)		2026	22.34c	josh Christensen (Western)	22.1	1994
22.28	*John Moos (Edison)		1997	22.34c	Mike Flores (Savanna)	22.1	1995
22.28	**Brandon Ledezma (Mission Viejo)		2024	22.34c	Kojo Ahrin (Irvine)	22.1	1996
22.29	Ricardo Molina (Los Alamitos)		2013	22.34c	Terrence Williams (Orange)	22.1	1996
22.29	Kyle Hastings (Santa Margarita)		2019	22.34c	Kenny Greer (El Dorado)	22.1	2001
22.29	**Cameron White (St Margaret's)		2026	22.34	Malcolm Overbaugh (Northwood)		2018
22.30	Andy Sims (Dana Hills)		1984	22.34	*Jonas Pearson (Portola)		2023
22.30	Joe White (Capo Valley)		1989	22.34	Josh Santos (Northwood)		2025
22.30	Robert Peinado (Savanna)		1997	22/34	Johnanthan Romero (Villa Park)		2025
22.30	* Denny Casupanan (Tustin)		2001	22.35	William Kim (Villa Park)		1983
22.30	Kyle Crisp (Irvine)		2002	22.35	Ulysses Trammel (Rancho Alamitos)		1991
22.30	Justin Christjaener (Edison)		2006	22.35	Stephen Ferguson (Dana Hills)		2008
22.30	Richard Perez (Laguna Hills)		2012	22.35	Eddie Wallace (San Clemente)		2010
22.30	*John Galloway (Aliso Niguel)		2015	22.36	Bob Nita (Katella)		1999
22.30	*Dimitrius Peters (Santa Margarita)		2015	22.36	Andrew Tucker (Mission Viejo)		2004
22.31	Ray Waiters (Trabuco Hills)		1987	22.36	*Kyle Dravis (Orange Lutheran)		2008
22.31+	Mike Morgan (Mater Dei)	22.2y	1967	22.36	* Jeremy Maxwell (Edison)		2013
22.31+	Szatkowski (Pacifica)	22.2y	1969	22.36	**Jacob Williams (Brea)		2018
22.31+	Dennis Lackey (Savanna)	22.2y	1969	22.36	Drew Tom (Beckman)		2023
22.31+	Phil Maas (Fountain Valley)	22.2y	1971	22.36	Jaedon Marvel (Northwood)		2025
22.31+	Carlo Tosti (Corona del Mar)	22.2y	1972	22.36	Preston Simpson (Sage Hill)		2025
22.31+	Kirk Vandaveer (Savanna)	22.2y	1972	22.36	Ryan Lathiya (Canyon)		2026
22.31+	Paul Desmet (Costa Mesa)	22.2y	1974	22.37	Micah Dennison (Dana Hills)		1994
22.31+	Warren Hansen (Garden Grove)	22.2y	1973	22.37	* Mike Chavis (Mission Viejo)		1997
22.31+	Howard Carson (Anaheim)	22.2y	1973	22.37	Justin Aguayo (Mission Viejo)		2009
22.31+	Randy Hawkins (Marina)	22.2y	1973	22.37	Miles Robertson (La Habra)		2014

22.37	Lance Dravis (Orange Lutheran)		2017	22.44c	Mark McGouney (El Modena)	22.2	1983
22.37	Adam Salen (San Juan Hills)		2021	22.44c	Shaun Massey (Marina)	22.2	1985
22.37	Aaron Small (Beckman)		2025	22.44c	**Jeremy Buck (Dana Hills)	22.2	1990
22.37	*Jayden Shorter (Beckman)		2026	22.44c	Anthony Ramirez (Mission Viejo)	22.2	1991
22.38	***Brody Armenta (Villa Park)		2023	22.44	** Gary Young (Westminster)		1992
22.38	Brody Leonard (Costa Mesa)		2026	22.44c	Cale Carter (Mater Dei)	22.2	1992
22.39	Mike Sullivan (Sunny Hills)		1991	22.44c	Greg Muniz (Woodbridge)	22.2	1992
22.39	Jarryd Gonzalez (Pacifica)		1992	22.44	Darius McMillan (Cypress)		1996
22.39	Jimmy Thorson (Edison)		2000	22.44c	Scott White (Sonora)	22.2	1999
22.39	Duane Nix (Tustin)		2001	22.44	Vanden Staly (Canyon)		2002
22.39	Justin Sylvia (Woodbridge)		2017	22.44	Bryan Payee (Trabuco Hills)		2004
22.39	*Nico Mancini (Foothill)		2024	22.44	Tomas Olech (Trabuco Hills)		2011
22.39	*Josiah Blackwell (J Serra)		2026	22.44	*Vince Hernandez (Santa Margarita)		2013
22.40	Jeff Dooley (Trabuco Hills)		1987	22.44	*Keyon Riley (Servite)		2015
22.40	Bill Whalen (El Dorado)		1987	22.44	Weston Ellis (Pacifica)		2015
22.40	Wray Watkins (Fountain Valley)		1997	22.44	Nicholas Delgado (Laguna Hills)		2017
22.40	*Alex Alvarez (San Clemente)		2010	22.44	Mathew Der Torossian (Laguan Hills)		2019
22.40	**Julius Irvin (Servite)		2016	22.44	Desmin Jackson (Orange Lutheran)		2022
22.40	Troy Provenzano (Yorba Linda)		2022	22.44	Blake Armstrong (El Modena)		2023
22.40	**Evan Vasquez (Servite)		2026	22.44	Damon Frierson-Cotter (Orange Lut)		2023
22.41	Eric Padgett (Katella)		1983	22.44	Jason Escovar (Yorba Linda)		2024
22.41+	Rick Geddes (San Clemente)	22.3y	1969	22.44	*Austin Anderson (Cypress)		2024
22.41+	Tom Teeple (Brea).	22.3y	1970	Wind aided:			
22.41+	David Wade (Anaheim)	22.3y	1971	20.51	*Benjamin Harris (Servite)		2026
22.41+	Greg Kempton (El Dorado)	22.3y	1972	20.69	**Jace Wells (Servite)		2026
22.41+	Len Swavely (El Modena)	22.3y	1972	20.76	**Jorden Wells (Servite)		2026
22.41+	Mark Rafter (Western)	22.3y	1972	20.82	** Bryan Harrison (Dana Hills)		1995
22.41+	Dwayne Bunker (Santa Ana)	22.3y	1973	(State Champion)			
22.41+	Jim Straw (Garden Grove)	22.3y	1974	20.92 +	Clancy Edwards (Santa Ana)	20.8y	1973
22.41+	Mike Rhue (SA Valley)	22.3y	1976	21.01	Justin Woods (Los Alamitos)		2005
22.41+	Wayne Kasperek (Newport)	22.3y	1978	21.03	**Kamil Pelovello (Servite)		2026
22.41+	Chris Saunders (Sonora)	22.3y	1978	21.04	*Devin Bragg (Los Alamitos)		2024
22.41+	Steve Southward (Fountain Valley)	22.3y	1981	21.09	Elliot Dunning (SA Valley)		1984
22.41+	Walter Steen (SA Valley)	22.3y	1982	21.13	Wes Williams (Esperanza)		2005
22.41+	* Keith Golden (Foothill)	22.3y	1985	21.17	Mike McNair (Mater Dei)		1998
22.41+	Ron Rojas (Troy)	22.3y	1986	21.17	Gabe Warner (Woodbridge)		2015
22.41+	Eric Adkins (El Modena)	22.3y	1987	21.23	* Claude Melvin (Brea)		1999
22.41+	Mark Shores (SA Valley)	22.3y	1988	21.25	Tim Martin (San Clemente)		1991
22.41	Aaron Ford (Los Alamitos)		1995	21.26	* Terry Johnson (Katella)		1985
22.41	** Dan Bowling (Mission Viejo)		1997	21.24	Ameer Webb (Tustin)		2009
22.41	Sam Moore (El Toro)		1999	21.31	Dheer Patel (Northwood)		2024
22.41	Nathan Farris (Brethren Christian)		1999	21.35	Brody Leonard (Costa Mesa)		2026
22.41	Bryce Bushnell (Mission Viejo)		2021	21.40	*Caine Savage (Western)		2019
22.41	*Declan Healey (Troy)		2023	21.41	Rider Cooper (Portola)		2024
22.41	Alex Vasquez (Orange Lutheran)		2024	21.42	Tubotein Taylor (Canyon)		2009
22.41	Tyler Showalter (Newport)		2025	21.49	Hunter Hagins (Aliso Niguel)		2026
22.42	Coy Collins (Loara)		1990	21.51+	Jim Rohrig (SA Valley)	21.4y	1973
22.42	Steve Anstead (Dana Hills)		1997	21.51	Chad Lemmons (Mater Dei)		2019
22.42	**Ryan Maxwell (Santa Margarita)		2005	21.53	* Anton Hector (Esperanza)		1994
22.42	Tyler Nevala (Tesoro)		2021	21.53	**Kamil Pelovello (Servite)		2025
22.43	* Austin Messick (Capo Valley)		2007	21.54	* Joey Branker (Mission Viejo)		2009
22.43	Brando Oswald (Dana Hills)		2018	21.54	*Cassius Savage (Western)		2019
22.43	Hayden Cook (Capo Valley)		2021	21.55	*Charlie Jarvis (Aliso Niguel)		2021
22.43	*Syein Baltrip-McGuire (El Dorado)		2026	21.58	*Jay Serrambana (Marina)		2025
22.43	**Chaise Davis (Los Alamitos)		2026	21.59	*Cooper DeCillo (Trabuco Hills)		2022
22.44c	David Diamond (Katella)	22.2	1981				

21.60	Alex Young (Woodbridge)		2016	22.10	Alex Hardlund (Cypress)		2012
21.60	*Joshua Vu (Canyon)		2026	22.13	Arron Harris (Western)		2008
21.62+	Jim Beyers (Loara)	21.5y	1971	22.13	*Marcus Collins (Mission Viejo)		2012
21.63	** Victor Blackwell (Mater Dei)		2009	22.13	*Jason Escovar (Yorba Linda)		2023
21.64	Drew Koesel (Aliso Niguel)		2019	22.13	James Nisson (Foothill)		2023
21.66	Roshawn Sims (Esperanza)		1991	22.13	*John Nisson (Foothill)		2026
21.67	Matt Brooks (Santa Margarita)		1998	22.14	* Henning Peterson (Esperanza)		1981
21.68	Julius Irvin (Servite)		2017	22.14 c	Kamico Bandy (S A Valley)	21.9	1992
21.69	Keyon Riley (Servite)		2016	22.14	Nicvo Mancini (Foothill)		2025
21.71	Taylor Torres (Mater Dei)		2013	220 yards (straight)			
21.72	Nick Van Vliet (Dana Hills)		2014	20.6	Derald Logue (La Habra)		1962
21.72	Brandon Douglas (Los Alamitos)		2015	20.7	Eddie Morris (Huntington Beach)		1940
21.74c	* Geoff Smith (Troy)	21.5	2000	(State Champion)			
21.77	Cade Lindahl (Dana Hills)		2006	20.7	* Steve Elkins (Loara)		1970
21.77	*Devin Bragg (Los Alamitos)		2025	20.8	Bill Swisshelm (Santa Ana)		1954
21.77	*John Correa (El Modena)		2026	20.8	Devon Trahan (Saddleback)		1971
21.81	Grant Schwartz (Dana Hills)		2006	20.8	* Eddie Preston (Santa Ana)		1963
21.81	Ameer Webb (Tustin)		2008	20.9	Derald Logue (La Habra)		1962
21.82	Eddie Wallace (San Clemente)		2010	20.9	Randy Julian (Bolsa Grande)		1966
21.83	Dan Gomez (Troy)		2006	20.9	Dick Coulter (SA Valley)		1967
21.83	Dominic Gates (Tesoro)		2022	21.0	Pat Moore (La Habra)		1959
21.87	Jalen Carter (Woodbridge)		2011	21.0	Bob Maimbourg (Garden Grove)		1960
21.88	**Lance Dravis (Orange Lutheran)		2015	21.0	Stan Edmonds (Kennedy)		1966
21.88	*Ryan Kennedy (Mission Viejo)		2017	21.1	Dave Samarin (La Habra)		1965
21.89	*Chris Nicholls (Servite)		2009	21.2	Ron Pharris (Anaheim)		1967
21.89	Jack McDaniel (Santa Margarita)		2026	21.3	Ron Van de Putte (Valencia)		1959
21.89	*Jonathan Berry-Smith (Oxford Acad)		2010	21.3	Stan Pash (Western)		1963
21.91	Drake Alvarez-Cates (Edison)		2012	21.3	Fred Kuller (Santiago)		1964
21.91	*Badr Farag (Fountain Valley)		2026	(State Runner up)			
21.92	Kyle Dravis (Orange Lutheran)		2009	21.3	Dave Cooke (Brea)		1966
21.93	Austin Simpkins (Huntington Beach)		2012	21.3	Clyde Emery (SA Valley)		1968
21.94	*Austin Hazel (Mater Dei)		2011	21.3	Jackie White (Santa Ana)		1969
21.94	Theo George-Bell (Tustin)		2026	(State Champion)			
21.95	Sam Phillippi (JSerra)		2015	21.4	Lanny Carter (Orange)		1953
21.95	Stephen Menzia (Mater Dei)		2016	21.4	Earl Woodson (Western)		1960
21.95	**Nicholas Bland (Orange Lutheran)		2025	21.4	Randy Scott (Western)		1960
21.96	Logan Obbards (Mission Viejo)		2014	21.4	Aldrich Vanderlinden (Garden Grove)		1963
21.96	*Chase Berryman (Mission Viejo)		2018	21.4	Jim Lawrence (Buena Park)		1964
21.97	Trevor Jones (Newport)		2000	21.4	Paul Hackett (La Habra)		1967
21.98	Chas Harmon (JSerra)		2012	21.5	Claude LaBarre (Santiago)		1963
22.00	Myron Bownes (Woodbridge)		1998	21.5	Dave Allen (Buena Park)		1963
22.01	Cassidy Welles (Mission Viejo)		2019	21.5	John Winstead (Santa Ana)		1970
22.02	Brody Seitz (El Dorado)		2026	Wind-aided:			
22.04	Chuckie Linman (Edison)		2002	20.6w	Eddie Morris (Huntington Beach)		1940
22.04	Thomas Testini (Corona del Mar)		2012	20.6w	Derald Logue (La Habra)		1962
22.04	Dylan Plantinga (Huntington Beach)		2019	20.6w	Randy Julian (Bolsa Grande)		1966
22.04	Jeff Hass (Edison)		2021	20.6w	Jackie White (Santa Ana)		1970
22.04	*Chris Allen (Tesoro)		2021	20.7w	* Steve Elkins (Loara)		1970
22.04	Colton Eggelston (Corona del Mar)		2026	20.8w	* Eddie Preston (Santa Ana)		1963
22.06	*Jake Cuero (Trabuco Hills)		2017	20.8w	Rich Coulter (SA Valley)		1967
22.06	Aiden Anstead (Yorba Linda)		2024				
22.08	* Alex Suschesk (Mission Viejo)		2013				
22.08	Noah Styffe (Trabuco Hills)		2017				
22.08	*Michael Phillippy (Aliso Niguel)		2017				
22.09	*Xzavior Guess (El Modena)		2024				
22.09	*Arnol Correa (El Modena)		2026				

400 meters

45.76	**Jaelen Hunter (Servite)	2026	48.31	John. Hollis (SA Valley)	1986
	(State Runner Up)		48.33	Anthony Davis (SA Valley)	1992
45.84c	Chip Rish (Marina)	45.7 1985	48.36+	Dave Samarin (La Habra)	48.5y 1965
	('84 & '85 State Champion)		48.36+	Mike Owens (Valencia)	48.5y 1966
46.32	`***Jaelen Hunter (Servite)	2025	48.36	Brandon Clark (Santa Margarita)	2002
	(State Runner up)		48.40	Chris Sperle (Fountain Valley)	1984
46.57+	Tony Krzyzosiak (Garden Grove)	46.7y 1971	48.41	Vince Rivers (Savanna)	1983
	(State Champion)		48.41	Bill Thurmond (Saddleback)	1987
46.92	*Jalen Craver (Woodbridge)	2010	48.42	Ryan Crane (Dana Hills)	1992
47.01	Mario Bassani (Irvine)	2001	48.45	David Boyd (Esperanza)	1983
47.01	**Jace Wells (Servite)	2026	48.45	Sean Young (Irvine)	2011
47.04c	Brian Theriot (Newport)	46.9 1975	48.47	Keyon Riley (Servite)	2016
47.07+	* Robert Harrell (Santa Ana)	47.2y 1971	48.49	Trevor Garrison (J Serra)	2023
	(State Champion)		48.49	Jack McDaniel (Santa Margarita)	2026
47.09	Eric Schermerhorn (Woodbridge)	1984	48.53	Micah Dennison (Dana Hills)	1994
47.27+	* Randy Julian (Bolsa Grande)	47.4y 1965	48.53	Max Halvax (Dana Hills)	2018
	(State Champion)		48.56+	Paul Hackett (La Habra)	48.7y 1967
47.29	* Zach Chandy (Sage Hill)	2005	48.56+	Tom Grasha (Savanna)	48.7y 1971
47.30	Gabe Warner (Woodbridge)	2015	48.57	Aaron Taub (Foothill)	1992
47.34	Paul Peters (SA Valley)	1987	48.57	Don Oliver (Foothill)	1994
47.37	Rider Cooper (Portola)	2024	48.58	Geno Howard (Los Amigos)	1986
47.59	Jeff Roach (Laguna Hills)	1984	48.58	Trevor Williams (Aliso Niguel)	2019
47.73	Roshawn Sims (Esperanza)	1991	48.59	* Jess Strutzel (Huntington Beach)	1995
47.73	Tubotein Taylor (Canyon)	2009	48.59	Garrett Baxter (Canyon)	2009
47.77	Trevor Jones (Newport)	2000	48.60	Nick John Haiduc (Servite)	1987
47.79	Matt Hurst (Corona del Mar)	2014	48.63	Nick Van Vliet (Dana Hills)	2014
47.80	Cade Lindahl (Dana Hills)	2006	48.63	Curtis Godin (Mater Dei)	2014
47.87+	Dave Buck (Brea)	48.0y 1963	48.64	Greg Muniz (Woodbridge)	1992
47.87	* Chad Rozean (Trabuco Hills)	2009	48.65	Kendall Wesley (Katella)	1990
47.89	* Wes Willaims (Esperanza)	2004	48.66+	Lanny Carter (Orange)	48.8y 1952
47.92	Jonathan Berry-Smith (Oxford Academy)	2011		(State Champion)	
47.94	Devin Harrison (Dana Hills)	2011	48.66+	Gil Rangel (Santa Ana)	48.8y 1963
47.97	*Jeff Jacobs (Santa Margarita)	2002	48.66+	*John Galbraith (Magnolia)	48.8y 1970
47.98	Dheer Patel (Northwood)	2024	48.66+	Jan Skaarud (Buena Park)	48.8y 1972
48.03	*Mason Mitchell (Santa Margarita)	2016	48.66+	Matt Hogsett (Newport)	48.8y 1972
48.05+	Greg Jones (Mission Viejo)	48.34y 1977	48.66	Justin Woods (Los Alamitos)	2005
48.06+	Tony Sanford (La Habra)	48.1y 1965	48.68	Andy Sims (Dana Hills)	1984
48.06+	Tom Lloy (Edison)	48.1 y 1975	48.69	Richard Faircloth (Magnolia)	2006
48.09	Kevin Griswold (Garden Grove)	1996	48.69	* Richard Garcia (Loara)	2009
48.11	Jake Cuero (Trabuco Hills)	2017	48.70	**Camren Hughes (Servite)	2024
48.12	* Ethan Traub (Foothill)	1993	48.74	Terrence Williams (Orange)	1996
48.12	Max Thomas (Servite)	2022	48.74c	Bryan Payne (Trabuco Hills)	48.6 2004
48.14	***Jace Wells (Servite)	2025	48.74c	** Devin Harrison (Dana Hills)	48.6 2009
48.15	Micahel Phillippy (Aliso Niguel)	2018	48.75	Joey Branker (Mission Viejo)	2010
48.16+	Gary Walker (Tustin)	48.2y 1960	48.75	*Dylan Atencio (Yorba Linda)	2014
48.19+	Marshall Johnson (SA Valley)	48.48y 1978	48.75	Jay Williams (Trabuco Hills)	2019
48.20	Brody Leonard (Costa Mesa)	2026	48.76+	Mark Joiner (Laguna Hills)	49.04y 1980
48.21	Drew Koesel (Aliso Niguel)	2019	48.76+	Curtis Mack (Western)	48.9y 1961
48.25	Andrew Carty (Los Alamitos)	2015	48.76+	Jim Morgan (Mater Dei)	48.9y 1967
48.26+	Neil Caterson (Bolsa Grande)	48.4y 1966	48.76+	**Eric Olson (Estancia)	48.9y 1970
48.26+	Paul Williams (Huntington Beach)	48.4y 1968	48.76+	Vince Mulroy (Newport)	48.9y 1975
48.26	Mike Fritz (Anaheim)	1986	48.77	Nick Provencio (San Clemente)	2008
48.26	**Ryan Rivtuso (Edison)	2019	48.79	John Dingus (Tesoro)	2008
48.27	Paul Resong (Servite)	2015	48.81	Christopher Cooper (Woodbridge)	2019
48.30	* Jimmy Hutsell (Cypress)	1993	48.83	Vince McGuinnes (Corona del Mar)	1983
			48.84	Jaylen Lynch (Orange Lutheran)	2022

48.86+	* Dave Cooke (Brea)	49.0y	1965	49.21	Kyle Crisp (Irvine)		2002
48.86+	Steve Christiano (Fountain Valley)	49.0y	1970	49.22	Ray Walters (Trabuco Hills)		1987
48.86+	Bob Bradford (University)	49.0y	1973	49.22	Kevin Ahlstrom (Los Alamitos)		2004
48.86+	Corner Sill (Troy)	49.0y	1979	49.23	Chase Frazier Mission Viejo)		2004
48.86	Chris Little (Cypress)		1988	49.25	Jonnie McIntyre (Western)		2005
48.86	Terrance Brown (Orange Lutheran)		2009	49.26+	Eddie Morris (Huntington Beach)	49.4y	1940
48.87	*Caine Savage (Western)		2019	49.26+	Greg Tagliaferri (Santiago)	49.4y	1964
48.88	Devon Edwards (Valencia)		1991	49.26+	Jim Keathley (Westminster)	49.4y	1972
48.88	Trent Perez (Servite)		2008	49.26+	Steve Dyer (Westminster)	49.4y	1972
48.89	Joe White (Capo Valley)		1989	49.26+	Clancy Edwards (Santa Ana)	49.4y	1972
48.90	Michael Donvito (Los Alamitos)		2025	49.26+	Jim Dykes (University)	49.4y	1973
48.92	Jonathon Brady (Capo Valley)		2010	49.26+	*Jim Walters (Estancia)	49.4y	1976
48.94c	* Eric Chesley (Mission Viejo)	48.8	1985	49.26+	George Carlross (Saddleback)	49.4y	1976
48.94c	Shelton Davis (Villa Park)	48.8	1998	49.27	Max Redfield (Mission Viejo)		2013
48.96+	Grif Rimes (Newport)	49.1y	1972	49.27	Jaedon Marvel (Northwood)		2025
48.96+	Jim Harris (Westminster)	49.1y	1980	49.27	Ryan Lathiya (Canyon)		2026
48.96	* Brian Goodell (Mission Viejo)		2004	49.28	Walter Williams (Foothill)		1984
48.98	Chase Walter (Dana Hills)		2020	49.28	Thierry Brusselle (Newport)		1987
48.98	Khalil Watson (Samueli)		2025	49.28	Zack Neenah (Orange Lutheran)		2013
49.00	Jake Burns (Trabuco Hills)		2019	49.28	Hayden Cook (Capo Valley)		2021
49.01	Abrae Booker-Ciurrin (Mission Viejo)		2015	49.29	Alex Vasquez (Orange Lutheran)		2024
49.01	Camden Patterson (El Toro)		2021	49.29	Kal-El Braxton (Irvine)		2026
49.02	* Henning Peterson (Esperanza)		1981	49.30	Bobby Haghani (Laguna Hills)		2005
49.02	Leo Francis (Santa Margarita)		2025	49.30	Eric Vetter (Esperanza)		2010
49.02	*Ryan Lathiya (Canyon)		2025	49.31	Josh Christensen (Western)		1994
49.04	Alex Hardlund (Cypress)		2012	49.31	Robert Peinado (Savanna)		1997
49.04	Jackson McCusker (Trabuco Hills)		2024	49.31	Alexander Whiston (University)		2008
49.05	Garrett Thompson (Santa Margarita)		1999	49.31	*Derek Brajevich (Santa Margarita)		2017
49.06+	Dan Hoefler (Fullerton)	49.2y	1949	49.32	Julian Lujan (Servite)		2012
49.06+	Bart Walker (Tustin)	49.2y	1964	49.33	Justin Christjaener (Edison)		2006
49.06+	Bill Van Note (Corona del Mar)	49.2y	1966	49.33	Joshua Smith (Huntington Beach)		2008
49.06+	Chuck Denmark (Santa Ana)	49.2y	1973	49.34c	Rod Emery (Fountain Valley)	49.2	1982
49.06+	Tom Ahlstrom (Los Alamitos)	49.2y	1975	49.34c	Noel Trout (Irvine)	49.2	1985
49.06+	Chris Corum (Newport)	49.2y	1978	49.34c	Paul Harvey (Dana Hills)	49.2	1985
49.06+	Jon Michael (El Dorado)	49.2y	1980	49.34	Mitchell Ramirez (Buena Park)		2009
49.06+	Greg Heet (Lowell)	49.2y	1964	49.34	Trevor Oblouk (El Toro)		2014
49.06+	Mike Terry (El Modena)	49.2y	1991	49.35	Scott Thompson (Trabuco Hills)		1999
49.07	*Mason York (Edison)		2023	49.35	*Alex Moreno (?)		2005
49.09	Chris Sperle (Fountain Valley)		1984	49.36+	Erwin Miller (Fullerton)	49.5y	1935
49.11	Alden Morales (J Serra)		2025	49.36+	Larry Kirchman (Anaheim)	49.5y	1952
49.13	Jeff Dooley (Trabuco Hills)		1987		(State Third Place)		
49.13	* Gus Berga (Santa Margarita)		2008	49.36+	Bruce Bess (La Habra)	49.5y	1962
49.13	*Joshua Vu (Canyon)		2026	49.36+	Tom Julian (Bolsa Grande)	49.5y	1966
49.15	Tom Rodriguez (Mission Viejo)		2002	49.36+	* Kevin Cochran (Orange)	49.5y	1964
49.15	David Christensen (El Dorado)		2014	49.36+	Tom Kovacich (Buena Park)	49.5y	1972
49.16+	Bob Bonebrake (Orange)	49.3y	1934	49.36+	Barry Hyde (Villa Park)	49.5y	1974
49.16+	Matt Nisson (Tustin)	49.3y	1941	49.36+	Jack Hagan (Corona del Mar)	49.5y	1975
49.16+	George Bragg (Anaheim)	49.3y	1958	49.36+	Marty Johnson (SA Valley)	49.5y	1976
49.16+	George Bragg (Anaheim)	49.3y	1958	49.36+	* Scott Turner (Buena Park)	49.5y	1976
49.16+	Randy Smyth (Costa Mesa)	49.3y	1964	49.36+	* Don Stodola (Esperanza)	49.5y	1976
49.16+	Phil Morton (Lowell)	49.3y	1970	49.36	** Anton Hector (Esperanza)		1993
49.16	*Victor Blackwell (Mater Dei)		2010	49.36	Dylan Plantinga (Huntington Beach)		2019
49.18	Mark Guest (Ocean View)		1982	49.38	Pete Morello (Laguna Hills)		1997
49.20	** Brian Woods (Los Alamitos)		2002	49.38	*Justin Parga (Cypress)		2005
49.20	Derek Holtz (El Modena)		2012	49.38	Chas Harmon (JSerra)		2012
49.21	Matt Willis (Servite)		2002	49.38	*Jacob Cuero (Trabuco Hills)		2016

1:51.83 *Mattheus Dos Santos (San Clemente)	2026	1:53.54 Tad Heath (Foothill)	1993
:51.94 Doug Nichols (Edison)	1989	1:53.57 Brendon Confer (Servite)	2009
1:52.06 Ryan Bush (Tesoro)	2018	1:53.6 + Mike Bruggeman (Corona del Mar)	1:54.2y 1979
1:52.1 + Nick Rose (Corona del Mar)	1:52.7y 1971	1:53.6 + Phil Vasquez (University)	1:54.2y 1970
1:52.16 Taj Clark (San Clemente)	2024	1:53.62 Diego Mejia (Godinez)	2024
1:52.19 Josh Kingsland (Woodbridge)	2011	1:53.67 Daniel White (Tesoro)	2019
1:52.22 Eamon Smythe (Edison)	2014	1:53.69 Tyler Yesenosky (Pacifica)	2026
1:52.27 Angelo Cervantes (Savanna)	2011	1:53.7 + Dave Hustwick (Laguna Beach)	1:54.3y 1970
1:52.3 + *Jon Cook (Mission Viejo)	1:52.9y 1974	1:53.7 + Steve Dyer (Westminster)	1:54.3y 1972
1:52.38 Jim Sorenson (Villa Park)	1986	1:53.74 Taye Newman (J Serra)	2025
1:52.40 Nick John Haiduc (Servite)	1981	1:53.8 + Bill Reimer (Edison)	1:54.4y 1980
1:52.4 + Carl Trentadue (Westminster)	1:53.0y 1965	1:53.89 Ryan Martin (Santa Margarita)	2007
1:52.47+ Frank Venclik (Newport)	1:53.13y '78	1:53.9 + Ken Hower (Mission Viejo)	1:54.5y 1973
1:52.5 + Eric Olson (Estancia)	1:53.1y 1972	1:53.9 + Mike Delacey (Orange)	1:54.5y 1973
1:52.50 Dave Cangelosi (Villa Park)	1979	1:53.9 + Larry Sparks (Sonora)	1:54.5y 1979
1:52.59 Luke Friedl (J Serra)	2026	1:54.03 *Cooper Kossick (Edison)	2014
1:52.60 Grant Callen (Foothill)	2019	1:54.03 Jake Ogden (Dana Hills)	2016
1:52.61 Jacob Gustafsson (Mission Viejo)	2002	1:54.04 Ethan Florez (Canyon)	2022
1:52.62 Jim Gallivan (Mater Dei)	1983	1:54.07 Dylan Manning (Tesoro)	2021
1:52.66 * Ruben Esparza (El Modena)	1982	1:54.08 *Dylan Jubak (Trabuco Hills)	2024
1:52.74 Jack Horrocks (Foothill)	2024	1:54.09 *Anthony Grover (J Serra)	2019
1:52.75 Dragan Simic (Woodbridge)	2012	1:54.1 + Dexter Stanley (Foothill)	1:54.7y 1979
1:52.8 + * Bob Delaney (Orange)	1:53.4y 1961	1:54.10 Cody Nguyen (Brea)	2012
1:52.8 + Andy Clifford Sunny Hills)	1:53.4y 1974	1:54.18 David Boyd (Esperanza)	1983
1:52.8 + Larry Hayden (Sunny Hills)	1:53.4y 1975	1:54.18 *Evan Noonan (Dana Hills)	2024
1:52.82 Griffin Kushen (Tesoro)	2025	1:54.2 + Mark Schilling (Garden Grove)	1:54.8y 1972
1:52.85 Jack Morgenson (Dana Hills)	2013	1:54.2 + Tim Sall (Villa Park)	1:54.8y 1974
1:52.89 * Matt Stollenwerk (San Clemente)	2003	1:54.23 *Justin Larson (Northwood)	2019
1:52.89 Brett Hickman (Mission Viejo)	2018	1:54.24 *Mateo Allen-Aguirre (Portola)	2024
1:52.9 + Charlie Christensen (Edison)	1:53.5y 1976	1:54.30 Craig Olson (El Dorado)	1987
1:52.90 Pierce Clark (San Clemente)	2024	1:54.31 *Aiden Zavala (Woodbridge)	2025
1:52.98 Garrett Corcoran (Villa Park)	2014	1:54.32 Omar Adel (Woodbridge)	2018
1:52.87 * Alonso Smith (Tustin)	2000	1:54.33 Tyler Valdes (Dana Hills)	2009
1:52.92 John Carrow (Esperanza)	1988	1:54.33 *John Wacker (Mater Dei)	2018
1:52.95 Mike Terry (El Modena)	1991	1:54.34 Juan Gonzalez (El Toro)	2013
(State Champion)		1:54.4 + Preston Campbell (Marina)	1:55.0y 1973
1:52.99 Dave Anderson (Corona del Mar)	1984	1:54.4 + Jon Albrecht (La Habra)	1:55.0y 1975
1:53.02 Jeff Williams (Foothill)	1982	1:54.4 *Dan Niednagel (Dana Hills)	1990
1:53.0 ** Kevin Green (Villa Park)	1982	1:54.40 Connor Kaddatz (Dana Hills)	2011
1:53.1 + Craig Lewis (Tustin)	1:53.7y 1966	1:54.42 * Ryan Valdes (Dana Hills)	2008
1:53.12 Brian O'Bannon (Ocean View)	1995	1:54.44 Ryan Germann (El Toro)	2011
1:53.13 John Cronin (Mission Viejo)	1985	1:54.47 Mike Hancock (Newport Harbor)	1991
1:53.19 Michael Andraszczyk (Aliso Niguel)	2008	1:54.48 Anthony Barrera (Beckman)	2025
1:53.2+ ***Bruce Bess (La Habra)	1:53.5y 1960	1:54.48 Aiden Zavala (Woodbridge)	2026
1:53.20 Tony Guadagnini (Marina)	2005	1:54.49 Peter Robie (Servite)	2006
1:53.20 Jesus Molina (Dana Hills)	2010	1:54.5 Jim Robbins (Corona del Mar)	1988
1:53.26 * Kris Monte (Capo Valley)	2000	1:54.51 Eric Solis (Costa Mesa)	1997
1:53.27 Arien Anderson (Mission Viejo)	1985	1:54.52 Andrew Brown (Mission Viejo)	2013
1:53.33 Bradley Arrey (J Serra)	2025	1:54.54 *Michael Appell (Huntington Beach)	2025
1:53.34 Toby Villalva (El Toro)	2009	1:54.58 *David Hulme (Foothill)	2016
1:53.4 + John Griffin (Lowell)	1:54.0y 1967	1:54.6 + Phil Wingard (Troy)	1:55.2y 1974
1:53.42 *Joe Gatel (Edison)	2004	1:54.6 + * Steve Telaneus (Dana Hills)	1:55.2y 1976
1:53.46 Cole Guerin (Dana Hills)	2010	1:54.6 Noel Trout (Irvine)	1986
1:53.48 Dan Niednagel (Dana Hills)	1991	1:54.60 Dave Sanford (Los Alamitos)	1988
1:53.52 Louie Gallardo (Mater Dei)	2008	1:54.61 Matt Stoner (Laguna Hills)	2009
1:53.53 Max Douglass (Corona del Mar)	2025	1:54.61 Brandon Smith (Los Alamitos)	2018

1:54.66	Lucas Divok (University)	2011	1:55.40	Andy Coleman (Corona del Mar)	1985
1:54.67	Shane Auci (J Serra)	2023	1:55.41	**Jackson Brownell (San Clemente)	2023
1:54.7	+ Chuck Denmark (Santa Ana)	1:55.3y 1973	1:55.4	Chris Clark (El Modena)	1994
1:54.70	**Devin Lindahl (Dana Hills)	1997	1:55.45	Pedro Mendez (Katella)	2012
1:54.71	Brent Jones (Brea)	1988	1:55.46	Daniel Kor (Pacifica)	2003
1:54.71	Hayden Beauchemin (San Clemente)	2022	1:55.46	Caden Denker (Dana Hills)	2018
1:54.75	Brett Ephraim (San Clemente)	2024	1:55.46	*Spencer Allen (El Toro)	2011
1:54.76	Parker Hostrand (Corona del Mar)	2015	1:55.48	Mike Villasin (Servite)	2008
1:54.8	+ Steve Moraga (Santa Ana)	1:55.4y 1975	1:55.5	+ Bill Armstrong (El Dorado)	1:56.1y 1974
1:54.80	Noel Trout (Irvine)	1985	1:55.5	+ Carlos Carrillo (Santa Ana)	1:56.1y 1976
1:54.8	Ethan Taub (Foothill)	1994	1:55.5	+ Vic Herrera (Costa Mesa)	1:56.10y 1980
1:54.82	Nolan Calder (San Juan Hills)	2026	1:55.52	Garrett Rexford (Mission Viejo)	2017
1:54.85	Sam Delgado (Orange Lutheran)	2008	1:55.53	* Ken Simms (Irvine)	1983
1:54.86	* Chris Kemp (Mission Viejo)	1998	1:55.53	Jim Smith (Garden Grove)	1983
1:54.89	Derrick Fleming (Woodbridge)	2010	1:55.54	Mike Neckerman (Capo Valley)	1983
1:54.9	+ Milford Dahl (Santa Ana)	1:55.5y 1958	1:55.54	Luke Decker (JSerra)	2011
1:54.9	+ Poss (Westminster)	1:55.5y 1973	1:55.54	Dalton Hall (Mater Dei)	2013
1:54.9	Scott Smith (Dana Hills)	2005	1:55.56	Ricardo Campuzano (Dana Hills)	2011
1:54.91	*Diego Mejia (Godinez)	2023	1:55.58	Parker Herbert (Santa Margarita)	2024
1:54.92	Mark Gleason (Mission Viejo)	1998	1:55.6	+ * Dave Stoner (Magnolia)	1:55.2y 1963
1:54.97	*Karl Wenberg (Marina)	2010	1:55.60	Bob Grego (Costa Mesa)	1982
1:55.0	+ Steve Christiano (Fountain Valley)	1:55.6y 1970	1:55.64	* Ross Gierczak (Los Alamitos)	2004
1:55.0	James Cameron (Mission Viejo)	2009	1:55.65	Mike Chavez (Esperanza)	2003
1:55.00	**Johnathan Montijo (Servite)	2025	1:55.66	Talal Khan (Valencia)	2008
1:55.03	John Paul De Santos (J Serra)	2026	1:55.66	Robert Blackwell (Costa Mesa)	2012
1:55.1	+ Terry Fink (El Modena)	1:55.7y 1974	1:55.66	*Chance Lamberth (Canyon)	2015
1:55.1	+ Ralph Serna (Loara)	1:55.7y 1975	1:55.67	* John West (Sonora)	1997
1:55.1	+ Matt Bell (Foothill)	1:55.7y 1975	1:55.7	+ Gil Rangel (Santa Ana)	1:56.3y 1963
1:55.1	+ * Anthony Wells (SA Valley)	1:55.7y 1980	1:55.7	+ Mike Eck (Savanna)	1:56.3y 1963
1:55.05	* Antonio Lozano (Katella)	1999	1:55.7	+ Ron Taylor (Garden Grove)	1:563y 1965
1:55.08	Joe Alexander (Huntington Beach)	1984	1:55.7	+ Kevin Eaton (Mission Viejo)	1:56.3y 1974
1:55.10	Kevin Knapp (Esperanza)	1985	1:55.7	+ Bob Sutherland (Fullerton)	1:56.3y 1974
1:55.10	John Peschelt (Newport)	2001	1:55.70	Darren Wood (Corona del Mar)	1985
1:55.17	Josh Dowdy (Dana Hills)	2018	1:55.70	Ryan Jensen (Newport)	1999
1:55.18	Riley Sullivan (Trabuco Hills)	2008	1:55.71	Tad Kaput (El Toro)	1996
1:55.2	+ Bob Ironroad (Sonora)	1:55.8y 1972	1:55.71	Darron Grimes (Dana Hills)	2005
1:55.2	+ Matt Hogsett (Newport)	1:55.8y 1972	1:55.71	*Max McBride (Brea)	2011
1:55.2	+ Mike Serna (Loara)	1:55.8y 1980	1:55.71	*John Paul De Santos (J Serra)	2025
1:55.20	Luke Dias (Fountain Valley)	2023	1:55.72	Demetrious Lloyd (Servite)	2013
1:55.22	Mike Lynch (Foothill)	1993	1:55.73	Aedan Clarke (Trabuco Hills)	2026
1:55.22	* Billy Vetter (El Modena)	2008	1:55.74	* Peter Gustafsson (Mission Viejo)	2003
1:55.25	Rusty Parker (Dana Hills)	2008	1:55.75	*Frank Guadagnini (Servite)	2010
1:55.26	Zach Chandy (Sage Hill)	2006	1:55.76	Thomas Wilfert (Dana Hills)	2017
1:55.27	Jason Graney (Fountain Valley)	2001	1:55.77	* Dave Baker (Edison)	1989
1:55.28	Kyle Morton (Westminster)	1983			
1:55.3	+ Jim Greenman (Westminster)	1:55.9y 1965			
1:55.30	Jim Bowles (Costa Mesa)	1985			
1:55.30	Kyle Iverson (Corona de Mar)	2012			
1:55.32	Brenden Stone (Northwood)	2014			
1:55.33	Scott Snyder (El Modena)	1985			
1:55.33	Wade Hauptmeier (Esperanza)	1986			
1:55.36	Wes Luke (Trabuco Hills)	2000			
1:55.36	Humberto Rojas (Estancia)	2003			
1:55.4	+ Brian Hunsaker (Corona del Mar)	1:56.0y 1975			
1:55.4	+ Tom Fogerty (Capo Valley)	1:56.0y 1979			
1:55.4	+ F Rossi (Canyon)	1:56.0y 1982			

1500 meters

3:44.14	Austin Tamagno (Brea)	2016
3:44.57+	Evan Noonan (Dana Hills)	2025
3:48.71	*Aiden Antonio (Woodbridge)	2026
3:50.2	Charlie Christensen (Edison)	1977
3:50.24	Brandon Pacheco (Brethren Christian)	1995
3:50.4	Ralph Serna (Loara)	1975
3:51.1	Dave Cangelosi (Villa Park)	1979
3:51.15+	Griffin Kushen (Tesoro)	2025
3:51.2'	Jeff Williams (Foothill)	1982
3:52.0	Jon Butler (Edison)	1981

3:52.5	* Eric Hulst (Laguna Beach)	1975
3:52.5	* Jon Cook (Mission Viejo)	1974
3:52.5'	*Dennis Carr (Lowell)	1962
3:52.6	Andy Clifford (Sunny Hills)	1974
3:53.44+	Max Douglass (Corona del Mar)	2025
3:53.80+	Bradley Arrey (J Serra)	2025
3:54.27	Eddie Lavelle (Corona del Mar)	1989
3:54.4'	Jim Geerlings (Newport)	1988
3:54.6'	Dale Story (Orange)	1959
3:54.8	Kyle Morton (Westminster)	1983
3:55.1'	Victor Valen (El Modena)	1984
3:55.4	John Gerhart (Costa Mesa)	1978
3:55.4'	Dave Anderson (Corona del Mar)	1984
3:55.6	Dave Daley (Foothill)	1978
3:55.66	James Cameron (Mission Viejo)	2009
3:56.1	Jim Robbins (Corona del Mar)	1988
3:56.11	Haissam Sabra (Ocean View)	1987
3:56.17	Shawn Gallagher (Corona del Mar)	1981
3:56.57+	Taye Newman (J Serra)	2025
3:56.61+	Aaron Feaster (Beckman)	2025
3:56.62	Ricardo Campuzano (Dana Hills)	2011
3:56.8	Mike Serna (Loara)	1980
3:56.89	Jaime Martinez (Orange)	1994
3:56.98	*Juan Gonzalez (El Toro)	2012
3:56.99	Greg Whiteley (University)	1985
3:57.04	*Mattheus Dos Santos (San Clemente)	2026
3:57.1'	Mike Nielsen (Mater Dei)	1989
3:57.4'	Bruce Bess (La Habra)	1962
3:57.4	Ruben Esparza (El Modena)	1983
3:54.4'	Neil Stevenson (Capo Valley)	1989
3:57.8'	*Jim Olson (Irvine)	1985
3:57.8	Kurt Depfyffer (Laguna Beach)	1987
3:57.8'	Garrett Jensen (Sunny Hills)	1995

1600 meters

3:59.17+	Evan Noonan (Dana Hills)	2025
3:59.65+	Austin Tamagno (Brea)	4:01.04y '16
('15 & '16 State Champion)		
4:00.83	Jantzen Oshier (Trabuco Hills)	2011
(State Champion)		
4:03.13	Connor Dunne (San Clemente)	2016
4:03.28	Aidan Antonio (Woodbridge)	2026
(State Runner Up)		
4:03.77+	Garrett Corcoran (Villa Park)	4:05.19y 2014
4:04.0+	Mark Schilling (Garden Grove)	4:05.4y 1972
(State Champion)		
4:05.3+	Andy Clifford (Sunny Hills)	4:06.7y 1974
4:05.54+	Ryan Bousquet (Esperanza)	4:06.97y '00
4:05.6	+ Ralph Serna (Loara)	4:07.0y 1975
4:05.79	Jake Ogden (Dana Hills)	2016
4:06.75	Jon Butler (Edison)	1981
4:06.81+	Griffin Kushen / (Tesoro)	2025
4:06.82	Andrew Burkhardt (J Serra)	2016
4:07.02+	Jeff Williams (Foothill)	4:08.46y '82
4:07.06	Ibzan Felix (Beckman)	2024
4:07.1+	Carl Trentadue (Westminster)	4:08.5y 1965

4:07.1+	Charlie Christensen (Edison)	4:08.Sy 1977
4:07.3+	* Dennis Carr (Lowell)	4:08.7y 1962
(State Champion—National Record)		
4:07.26+	Mike Serna (Loara)	4:08.70y '80
4:07.38+	Dylan Jubak (Trabuco Hills)	2025
4:07.65	Max Douglass (Corona del Mar)	2025
4:07.7+	* Eric Hulst (Laguna Beach)	4:09.1y 1974
4:07.70+	Chance Lamberth (Canyon)	4:09.18y 2016
4:07.8+	Mike Solomon (Westminster)	4:09.2y 1967
4:08.29	Jayden Hernandez (Dana Hills)	2024
4:08.3+	Robert Angel (Huntington Beach)	4:09.7y 1975
4:08.59	Brandon Pacheco (Brethren Christian)	1995
4:08.9+	Terry Lamb (Bolsa Grande)	4:10.4y 1969
4:08.97+	Jim Geerlings (Newport)	4:10.43y '88
4:08.99	Bradley Arrey (J Serra)	2025
4:09.02	George Gleason (Huntington Beach)	2015
4:09.15+	James Cameron (Mission Viejo)	4:10.61y '09
4:09.26	*Jai Dawson (Dana Hills)	2021
4:09.34	Victor Valen (El Modena)	1984
4:09.42	Toby Villalva (El Toro)	2009
4:09.5+	Doug MacLean (Costa Mesa)	4:10.9y 1972
4:09.53	*Brandon Bethke (El Toro)	2004
4:09.54	Sydney Gidabuday (El Modena)	2014
4:09.58	Connor Kaddatz (Dana Hills)	2011
4:09.6+	Dale Story (Orange)	4:11.0y 1959
(State Champion)		
4:09.6+	Matt Bell (Foothill)	4:11.0y 1975
4:09.79	Juan Gonzalez (El Toro)	2013
4:09.8+	Mark Spilsbury (Foothill)	4:11.2y 1976
4:09.8+	Dave Cangelosi (Villa Park)	4:11.2y 1979
4:09.95	Tyler Valdes (Dana Hills)	2009
4:09.96+	Jared Steins (Servite)	4:11.41y 2022
4:10.04	Brett Ephraim (San Clemente)	2024
4:10.25	**Alden Morales (J Serra)	2024
4:10.51	Brennon Koryta (Brea)	2014
4:10.52	Peter Herold (J Serra)	2019
4:10.58	Humberto Rojas (Estancia)	2003
4:10.60	*Anthony Grover (J Serra)	2019
4:10.67	Zak Phillips (Dana Hills)	2009
4:10.73	Blake Ahrold (Dana Hills)	2010
4:10.74	Jim Robbins (Corona del Mar)	1988
4:10.84+	Ruben Esparza (El Modena)	4:12.31 1982
4:10.89	Zachary Gibson (Santa Margarita)	2024
4:10.92	Dave Anderson (Corona del Mar)	1984
4:10.97	Luke Decker (J Serra)	2011
4:10.99	Brandon Babiracki (Dana Hills)	2003
4:11.00	Sebastian Fisher (Laguna Beach)	2019
4:11.07	Joe Gatel (Edison)	2005
4:11.12	Billy Gaudreau (St Margaret's)	2012
4:11.2+	Tom Keefer (Anaheim)	4:12.6y 1969
4:11.32	Joshua Schuld (Beckman)	2021
4:11.35	*Mattheus Dos Santos (San Clemente)	2026
4:11.54	Haissam Sabra (Ocean View)	1987
4:11.56	Mike Nielsen (Mater Dei)	1989
4:11.6+	Pat Dutzi (El Dorado)	4:13.0y 1973
4:11.60+	Oliver Hunter (Dana Hills)	2025

4:11.60 Aiden Zavala (Woodbridge)	2026	4:14.24 Conor Stanton (Servite)	2010
4:11.72 Luke Friedl (J Serra)	2026	4:14.32 Ricardo Campuzano (Dana Hills)	2011
4:11.74+ Nick Plumb (Trabuco Hills)	4:13.20y '12	4:14.35 * Jesse Ramirez (Santa Ana)	2004
4:11.79 Ethan Florez (Canyon)	2022	4:14.37+ Raul Lara (Orange)	4:15.85y '04
4:11.82 Sean Krinik (Valencia)	2010	4:14.4+ Mark Hower (Mission Viejo)	4:15.8y 1974
4:11.82 Mateo Bianchi (Laguna Beach)	2021	4:14.4+ Shawn Gallagher (Corona del Mar)	4:15.8y 1981
4:11.88 Cooper Kossick (Edison)	2015	4:14.45 Grant Sweningson (Foothill)	2022
4:11.94 Eddie Lavelle (Corona del Mar)	1989	4:14.48 Martin Brix (University)	1998
4:11.96+ Aaron Feaster (Beckman)	2025	4:14.5+ Dave White (El Modena)	4:15.9y 1970
4:12.0+ Bruce Bess (La Habra)	4:13.4y 1962	4:14.59 Zeid Hussain (Beckman)	2021
(State Champion)		4:14.60 Taj Clark (San Clemente)	2024
4:12.04 Austin Goins (Canyon)	2013	4:14.64 Cole Stark (Dana Hills)	2019
4:12.08 Jeff Thies (Edison)	2013	4:14.71 *Ryan Barris (Beckman)	2026
4:12.21+ Dragan Simic (Woodbridge)	4:13.68y 2012	4:14.72 * Mike Love (Katella)	1992
4:12.25 Scott Smith (Dana Hills)	2005	4:14.72 Scott Blair (Trabuco Hills)	2008
4:12.38 Ryan Valdes (Dana Hills)	2009	4:14.79 Andrew Brown (Mission Viejo)	2013
4:12.46 Mike Chavez (Esperanza)	2003	4:14.81 Justin Singer (Cypress)	2022
4:12.53 John Sullivan (Trabuco Hills)	2007	4:14.93+ Brandon Ferguson (Woodbridge)	4:16.41y '12
4:12.62 Oliver Hunter (Dana Hills)	2026	4:14.93 Jason Engel (Santa Margarita)	2013
4:12.72 Riley Sullivan (Trabuco Hills)	2008	4:14.96 * Jon Shawel (Troy)	2007
4:12.76 Andrew Daedler (Brea)	2011	4:15.10 Mark Junkermann (Los Alamitos)	1983
4:12.8+ Ed Radermacher (Mission Viejo)	4:14.2y 1972	4:15.0+ Marc Genet (Santa Ana)	4:16.4y 1972
4:12.8+ John Gerhart (Costa Mesa)	4:14.2y 1978	4:15.0+ Ken Martyn (Marina)	4:16.4y 1973
4:12.84 Taye Newman (J Serra)	2025	4:15.17 Juan Robles (Valencia)	2003
4:12.87 Mike Bernstein (Garden Grove)	1991	4:15.2+ Rick Bergstrom (Magnolia)	4:16.6y 1964
4:12.97 * Kevin Green (Villa Park)	1982	4:15.25 *Christian Weber (Beckman)	2025
4:13.01 Mason Coppi (Dana Hills)	2016	4:15.32 **Michael Haddan (Woodbridge)	2002
4:13.24 * Jaime Martinez (Orange)	1993	4:15.36 Greg Shryock (Corona del Mar)	1989
4:13.3 Greg Whiteley (University)	1985	4:15.42 Chris McMillen (Newport)	2001
4:13.33 Talal Khan (Valencia)	2008	4:15.43 John Dempsey (Brea)	2018
4:13.33 Kevin McNulty (Orange Lutheran)	2018	4:15.44 Alonzo Smith (Tustin)	2001
4:13.34 Brett Hickman (Mission Viejo)	2018	4:15.46 Curt Herberts (Newport)	1999
4:13.43 Diego Alonso (Fountain Valley)	2024	4:15.53 Alfonso Leon (Santa Ana)	1999
4:13.47 Brennan Foody (Aliso Niguel)	2022	4:15.6+ Keith Strodl (Orange)	4:17.0y 1967
4:13.54 * Chris Kemp (Mission Viejo)	1998	4:15.60 * Matt McElroy (Edison)	2009
4:13.55 Sean Byrne (Santa Margarita)	2018	4:15.67 Garrett Milner (San Clemente)	2000
4:13.56 Mark Gleason (Mission Viejo)	1998	4:15.7+ Bill Delaney (Orange)	4:17.1y 1963
4:13.56 * Scott Blair (Trabuco Hills)	2007	4:15.7+ Armando Cendejas (Buena Park)	4:17.1y 1974
4:13.56 *Carrick Denker (Dana Hills)	2019	4:15.75 Thomas Wilfert (Dana Hills)	2017
4:13.59 **Quinn Calder (San Juan Hills)	2026	4:15.77 Neil Stevenson (CapoValley)	1989
4:13.65 Karl Baranov (Marina)	2011	4:15.78 Brandon Price (St Margarets)	2013
4:13.78 *Jim Olson (Irvine)	1985	4:15.78 *Jayden Hernandez (Godinez)	2023
4:13.84 Jacob Smith (Pacifica)	2017	4:15.79 Daniel Mejia (Katella)	2000
4:13.84 *Garrett Woodruff (Dana Hills)	2023	4:15.8+ Bill Graves (Pacifica)	4:17.2y 1974
4:13.87 Kurt Depfyffer (Laguna Beach)	1987	4:15.80 *Ben McKenna (Aliso Niguel)	2019
4:13.89 Abdow Haji (El Toro)	2007	4:15.90 Bill Meyer (Villa Park)	1986
4:13.99 Garrett Jensen (Sunny Hills)	1995	4:15.94 *Vohan Anderson (San Clemente)	2026
4:14.0+ Sal Mendoza (Santa Ana)	4:15.4y 1964	4:15.96 *Grant Sweningson (Foothill)	2021
4:14.03 *Teal Greene (Pacifica Chr)	2026	4:16.01 Steve Frisone (Laguna Hills)	1989
4:14.09 Josh Yelsey (Corona del Mar)	2001	4:16.01 Craig Huff (Marina)	2014
4:14.1+ Dave Daley (Foothill)	4:15.5y 1978	4:16.02 David Napper (Cypress)	2003
4:14.11 Gilbert Solorza (Buena Park)	2013	4:16.04 *Dragan Simic (Woodbridge)	2011
4:14.15 Kyle Morton (Westminster)	1983	4:16.06 Timothy Scott (Corona del Mar)	2007
4:14.2+ Colin McConnell (Edison)	4:15.6y 1976	4:16.08 Parker Herbert (Santa Margarita)	2024
4:14.21c Dalton Hall (Mater Dei)	2013	4:16.1+ Mike Parker (Tustin)	4:17.5y 1982
4:14.22 * William Feliciano (Cypress)	1984	4:16.12 Taiyo Ariga (Beckman)	2024

4:16.24 Ansh Parashar (University)	2023	4:17.46 Spencer Keith (Corona del Mar)	2014
4:16.3+ Scott Fessenden (Lowell)	4:17.7y 1975	4:17.46 **Caleb Niednagel (Dana Hills)	2018
4:16.3+ Brian Hunsaker (Corona del Mar)	4:17.7y 1975	4:17.47 Gabriel Beaumont (Troy)	2026
4:16.3 D.J. Neuman (San Clemente)	2009	4:17.5+ Gary Blume (Marina)	4:18.9y 1974
4:16.34 Juan Paredes (Santa Ana)	2008	4:17.5+ Matt Blaty (Marina)	4:18.9v 1979
4:16.4+ Mickey Wooley (El Modena)	4:17.8y 1970	4:17.5+ Sam Francis (Tustin)	4:18.9y 1965
4:16.4+ Bill Ryan (Sunny Hills)	4:17.8y 1976	4:17.5+ Mark Wynne (Fullerton)	4:18.9y 1963
4:16.4+ Brian Appell (Fountain Valley)	4:17.8y 1978	4:17.5+ Mike Messenger (Corona del Mar)	4:18.9y 1974
4:16.40 Kevin Durham (El Toro)	2012	4:17.53 Fartis Radieddine (Aliso Niguel)	2025
4:16.43 Garret Hough (Dana Hills)	2019	4:17.59 **Dresden Taylor (Trabuco Hills)	2026
4:16.43 Eddie Yunker (Santa Margarita)	2023	4:17.6+ Allan Sanford (Tustin)	4:19.0y 1965
4:16.46 Omar Adel (Woodbridge)	2018	4:17.6+ Bob Gallagher (Loara)	4:19.0y 1975
4:16.47 Everett Capelle (St Margaret's)	2024	4:17.60 Mason Farley (Yorba Linda)	2024
4:16.49 * Hunter Gulino (Fountain Valley)	2013	4:17.63 Cody Nguyen (Brea)	2012
4:16.50 Wesley Walsh (Canyon)	2015	4:17.63 Austin Shellito (Brea)	2015
4:16.5+ Bill Adamaitis (San Clemente)	4:17.9y 1976	4:17.72 *Brandon Price (St. Margaret's)	2012
4:16.51 *Sam VanDorpe (Mater Dei)	2017	4:17.72 Ryan Stanley (Trabuco Hills)	2024
4:16.51 Dylan Manning (Tesoro)	2021	4:17.73 Alexis Garcia (Newport)	2019
4:16.53 Anthony Barrera (Beckman)	2025	4:17.75 * Bruce Hancock (Costa Mesa)	1998
4:16.54+*Rogan Arriaga (El Toro)	4:18.10y '24	4:17.75 *Chase Manning (Tesoro)	2025
4:16.55+ Scott Lacrosse (Costa Mesa)	4:18.04y '80	4:17.76 Jose Carlos de Jesus (San Clemente)	2017
4:16.56 Jaden Goetz (Canyon)	2024	4:17.77 Adolfo Cruz (El Modena)	2015
4:16.61+ Matt Groff (El Dorado)	4:18.10y 1980	4:17.77 Ryan Smithers (Laguna Beach)	2019
4:16.63 Jay Bonthius (Fountain Valley)	2012	4:17.77 Zachary Blum (Beckman)	2023
4:16.65 Luis Morales (Fountain Valley)	2011	4:17.79+Diego Venegas (El Toro)	4:19.29y 2024
4:16.65 Nolan Calder (San Juan Hills)	2026	4:17.80 Jesus Molina (Dana Hills)	2010
4:16.73+ Jim Hartford (Corona del Mar)	4:18.22y 1980	4:17.80 *Cole Stark (Canyon)	2018
4:16.75 Jordan Senko (El Toro)	2010	4:17.88 **Bradley Arrey (J Serra)	2023
4:16.8 + Ron Fister (Western)	4:18.2y 1966	4:17.90 Daniel Kor (Pacifica)	2003
4:16.80 Jared Hazlett (Trabuco Hills)	2012	4:17.92 Cameron Ashbaugh (Mission Viejo)	2014
4:16.86 Brian McCaffery (Marina)	1990	4:17.94 Anuare Magana (Costa Mesa)	2015
4:16.88 Mason Nguyen (Beckman)	2026	4:17.99 Angelo Cervantes (Savanna)	2011
4:16.92 Aedan Clarke (Trabuco Hills)	2026	4:18.0+ Bill Crain (Anaheim)	4:19.4y 1961
4:17.0+ Neil Sybert (Westminster)	4:18.3y 1967	4:18.0+ Tom Lipski (Saddleback)	4:19.4y 1969
4:17.00+ Scott Curran (Tesoro)	4:18.3y 2014	4:18.01 Chris Partner (Edison)	1988
4:17.0+ John Holcomb (Newport)	4:18.4y 1972	4:18.08 Matt McKeehan (Foothill)	2002
4:17.0+ Mike Lansdon (Edison)	4:18.4y 1978	4:18.1+ Tim Gollnick (Costa Mesa)	4:19.5y 1973
4:17.0+ Rick Cisneros (Valencia)	4:18.4y 1978	4:18.1+ Brad Meyer (University)	4:19.5y 1980
4:17.0+ Jon Lee (El Dorado)	4:18.4y 1980	4:18.1 *Jon Cook (Mission Viejo)	1975
4:17.01 Rex Nelson (Newport)	2008	4:18.1+ Jim Hartford (Corona del Mar)	4:19.6y 1980
4:17.02 Grant Callen (Foothill)	2019	4:18.14 Gavin Diem (Dana Hills)	2014
4:17.03 Brad Clary (Katella)	1982	4:18.14 Bryson Crites (Tesoro)	2019
4:17.1+ Mike Walterhouse (Mission Viejo)	4:18.5y 1977	4:18.19 Billy Thibault (Newport)	1990
4:17.1 *Jayson Hayes (Edison)	2005	4:18.19 *Peter Herold (J Serra)	2018
4:17.16 Rogan Arriaga (El Toro)	2025	4:18.19 *Bradley Arrey (J Serra)	2024
4:17.2+ Jose Saavedra (Loara)	4:18.6y 1974	4:18.2+ Ken Ernst (El Dorado)	4:19.7y 1979
4:17.2+ * Bob Erickson (Fountain Valley)	4:18.6y 1981	4:18.20 *Lars Mitchel (Huntington Beach)	2018
4:17.20 Josh Linen (Valencia)	2007	4:18.21 Jon Kelly (Dana Hills)	1985
4:17.26 Fredd Hesslevik (University)	1982	4:18.23 Shane Daugherty (El Toro)	2002
4:17.32+***Daniel White (San Juan Hills)	4:18.82y '16	4:18.25 Cesar Galvez (Santa Ana)	2011
4:17.36 Greg Lamb (Mission Viejo)	1988	4:18.25 **Mattheus Dos Santos (San Clemente)	2025
4:17.38 * Augie Escobar (Villa Park)	1999	4:18.26 Jack Landgraf (Dana Hills)	2018
4:17.38 Dylan Scarsone (Canyon)	2016	4:18.3+ Steve Webb (Kennedy)	4:19.8y 1978
4:17.4+ George Aguilar (SA Valley)	4:18.8y 1974	4:18.30 Carsten Williams (Trabuco Hills)	2025
4:17.40 *Brennan Foody (Aliso Niguel)	2021	4:18.31 Christian Weber (Beckman)	2026
4:17.42 Javier Barrera (Dana Hills)	1988	4:18.36 Ned Mosher (Fountain Valley)	1982

4:18.38	Pierce Clark (San Clemente)	2024
4:18.4+	Chris MeCher (La Habra)	4:19.9y 1970
4:18.40	Jackson Marshall (Woodbridge)	2014
4:18.41	Jackson Adelman (St Margaret's)	2021
4:18.43	*Rory Catsimanes (San Clemente)	2023
4:18.44	Brett Knutson (Woodbridge)	2019
4:18.46	Bryan Llopis (Trabuco Hills)	2018
4:18.5+	Tod White (Newport)	4:20.0y 1955
(State Champion)		
4:18.5+	Rocky Chisolm (El Dorado)	4:20.0y 1968
4:18.5+	Ruben Mejia (La Habra)	4:20.0y 1969
4:18.5+	Ted Bechtel (Rancho Alamitos)	4:20.0y 1969
4:18.5+	Mike Annis (Sunny Hills)	4:20.0y 1974
4:18.5+	Mark Hallenbeck (Tustin)	4:20.0y 1975
4:18.5+	John Kolar (Costa Mesa)	4:20.0y 1975
4:18.53	*Elliot Myers (Esperanza)	2010
4:18.55	Dan Kash (Westminster)	1987
4:18.55	Jacob Gustaffson (Mission Viejo)	2002
4:18.55	**Richie Soto (Marina)	2011
4:18.56	Jose Madera (Anaheim)	2010
4:18.6+	Bob Godfrey (Fullerton)	4:20.1y 1973
4:18.6	* David Moore (Orange)	1985
4:18.63	David Abraham (Fountain Valley)	2014
4:18.65	Ian Howard (Santa Margarita)	2018
4:18.67	Nick Arciniaga (Fountain View)	2001
4:18.67	Nick Krohn (Valencia)	2018
4:18.69	Dante Maldonado (Yorba Linda)	2025
4:18.7+	Dan McGaha (Orange)	4:20.3y 1981
4:18.7	* David Longyear (Villa Park)	1986
4:18.72	John Janneck (Brea)	2013
4:18.75	Julian DeRubira (Santa Margarita)	2006
4:18.77	Mike Gavino (Fountain Valley)	2002
4:18.78	Thomas Heib (Los Alamitos)	2016
4:18.8+	Mike Hall (Tustin)	4:20.3y 1967
4:18.8+	Rick Carr (Lowell)	4:20.3y 1967
4:18.92	*Mason Nguyen (Beckman)	2025
4:18.99	Gabriel Beaumont (Troy)	2025
4:19.0+	Grady Neal (Fullerton)	4:20.5y 1956

(State Runner up)

4:30.4y	Bill Kerr (Huntington Beach)	1921
(State Champ as Jr & runner up as Sr)		

One Mile

4:00.53	Evan Noonan (Dana Hills)	2025
4:01.04	Austin Tamagno (Brea)	2016
(‘15 & ‘16 State Champion)		
4:05.19	Garrett Corcoran (Villa Park)	2014
4:05.4	Mark Schilling (Garden Grove)	1972
(State Champion)		

4:05.76	*Aidan Antonio (Woodbridge)	2026
4:06.7	Andy Clifford (Sunny Hills)	1974
4:06.97	Ryan Bousquet (Esperanza)	2000
4:07.0	Ralph Serna (Loara)	1975
4:08.41	Griffin Kushen (Tesoro)	2025

4:08.46	Jeff Williams (Foothill)	1982
4:08.5	Carl Trentadue (Westminster)	1965
4:08.5	Charlie Christensen (Edison)	1977
4:08.7	* Dennis Carr (Lowell)	1962

(State Champion—National Record)

4:08.70	Mike Serna (Loara)	1980
4:09.01	Dylan Jubak (Trabuco Hills)	2025
4:09.1	* Eric Hulst (Laguna Beach)	1974
4:09.18	Chance Lamberth (Canyon)	2016
4:09.2	Mike Solomon (Westminster)	1967
4:09.7	Robert Angel (Huntington Beach)	1975
4:10.4	Terry Lamb (Bolsa Grande)	1969
4:10.43	Jim Geerlings (Newport)	1988
4:10.61	James Cameron (Mission Viejo)	2009
4:10.9	Doug MacLean (Costa Mesa)	1972
4:11.0	Dale Story (Orange)	1959
4:12.52	Max Douglass (Corona del Mar)	2024

(State Champion)

2000 meters

5:22.69	* Brandon Bethke (El Toro)	2004
5:23.3h+	Eric Hulst (Laguna Beach)	1976
5:29.79	Michael Haddan (Woodbridge)	2004
5:31.10	Raul Lara (Orange)	2004

3000 meters

8:14.41	Evan Noonan (Dana Hills)(indoors)	2025
8:17.5'	Jon Butler (Edison)	1981
8:21.6	Matt Blaty (Marina)	1979
8:21.6	* Jeff Vandereems (Mission Viejo)	1979
8:22.26	Jim Rodriguez (SA Valley)	1989
8:22.4	Mark Junkermann (Los Alamitos)	1982
8:22.73	*Evan Noonan (Dana Hills)	2024
8:25.8	Gus Quinonez (Huntington Beach)	1983
8:26.1	Steve Webb (Kennedy)	1978
8:26.8	* Augie Escobar (Villa Park)	1999
8:26.9'	Shawn Gallagher (Corona del Mar)	1981
8:26.15	* Steve Valen (El Modena)	1980
8:29.4'	Bob Erickson (Fountain Valley)	1982
8:29.7'	Greg Whiteley (University)	1985
8:31.7'	Fredd Hesslevik' (University)	1982
8:32.3'	*Eddie Lavelle (Corona del Mar)	1988
8:32.5'	Shannon Winkleman (Marina)	1988
8:33.4'	Jaime Martinez (Orange)	1994
8:34.1	* Dave Cangelosi Villa Park)	1978
8:34.5	Jose Herrera (Loara)	1999
8:35.2'	Shawn Frack (Esperanza)	1993
8:35.4'	Adalberto Sanchez (Capo Valley)	1995
8:35.50	Kenny Wanlass (Newport)	2023
8:37.0'	Chris Lugo (Valencia)	1987
8:37.1'	Ben Flamm (Huntington Beach)	1993
8:38.68	Tony Trueba (Huntington Beach)	1997
8:38.8'	*Terrence Mahon (La Habra)	1987
8:39.4'	Mike Farrell (San Clemente)	1990
8:40.0	Curt Herberts (Newport)	1999

8:40.2'	*Steve Niednagel (Dana Hills)	1988
8:41.26	Dan Gaston (Huntington Beach)	1997
8:42.2	Brad Meyer (University)	1981
8:42.8	Robert Planta (Mater Des)	1982
8:43.1	Robby Price (Saddleback)	1990
8:43.6	* William Feliciano (Cypress)	1984
8:44.4	Mark Clary (Katella)	1980
8:45.7	Mark Lindrud (Mission Viejo)	1986
8:45.9	Allen McGaha (El Modena)	1983

3200 meters

8:41.6+	Eric Hulst (Laguna Beach)	8:44.6y	1976
(State Champion—'75 & '76)			
8:42.9+	Ralph Serna (Loara)	8:45.9y	1975
8:43.12	*Evan Noonan (Dana Hills)		2024
(State Champion—'24)			
8:46.78	Jon Butler (Edison)		1981
(State Champion)			
8:47.08	Ibzan Felix (Beckman)		2024
8:50.4+	Marc Genet (Santa Ana)	8:53.4y	1972
8:50.6+	Mark Spilsbury (Foothill)	8:53.6y	1976
State Third Place			
8:51.2+	Jim Salcido (Sunny Hills)	8:54.2y	1972
8:51.7+	Bill St. John (Mater Dei)	8:54.8y	1976
8:51.9+	Colin McConnell (Edison)	8:55.0y	1976
8:52.18	Garrett Corcoran (Villa Park)		2014
8:53.64	Oliver Hunter (Dana Hills)		2026
State Third Place			
8:53.7+	Brian Hunsaker (Corona del Mar)	8:56.8y	1975
8:53.94	Ryan Stanley (Trabuco Hills)		2024
8:54.01	Juan Gonzalez (El Toro)		2013
8:54.13	*Austin Tamagno (Brea)		2015
8:55.30	*Aidan Antonio (Woodbridge)		2026
8:55.53	Mason Coppi (Dana Hills)		2016
8:55.58	Carlos Maradiago (Newport)		2024
8:55.73	Steve Valen (El Modena)		1981
8:56.09	Riley Sullivan (Trabuco Hills)		2008
8:56.23	Augie Escobar (Villa Park)		1999
8:56.25	Wesley Walsh (Canyon)		2015
8:56.34	Joshua Schuld (Beckman)		2021
8:56.44	* Matt McElroy (Edison)		2009
8:56.7+	*Dave White (El Modena)	8:59.8y	1969
8:57.5+	Armando Cendejas (Buena Park)	9:00.6y	1974
8:57.5+	Greg Whiteley (University)	9:00.6y	1985
8:57.7+	Gary Blume (Marina)	9:00.8y	1974
8:58.18+	John Sullivan (Trabuco Hills)	9:01.32y	'07
8:58.89	Peter Herold (J Serra)		2019
8:58.96+	Ken Ernst (El Dorado)	9:02.14y	1979
8:59.04	Blake Ahrold (Dana Hills)		2010
8:59.12	**Jake Ogden (Dana Hills)		2014
8:59.28	Max Douglass (Corona del Mar)		2025
8:59.4+	* Jeff Vandereems (Mission Viejo)	9:02.5y	'79
8:59.43	Zachary Gibson (Santa Margarita))		2024
8:59.5	Toby Villalva (El Toro)		2009
9:00.1+	* Mike Durham (Troy)	9:03.2y	1973
9:00.1+	Steve Webb (Kennedy)	9:03.2y	1978

9:00.23	Shawn Gallagher (Corona del Mar)		1981
9:00.24	Billy Gaudreau (St. Margaret's)		2012
9:00.58	*Oliver Hunter (Dana Hills)		2025
9:00.7+	Breggar Moore (Rancho Alamitos)	9:03.8y	1975
9:00.9+	John Olswang (Costa Mesa)	9:04.0y	1972
9:01.15	Mark Junkermann (Los Alamitos)		1983
9:01.43	Kenny Wanlass (Newport)		2023
9:01.5+	Tom Olswang (Costa Mesa)	9:04.6y	1972
9:01.53	Zeid Hussain (Beckman)		2021
9:01.62	Andrew Burkhardt (J Serra)		2016
9:01.7+	Ruben Mejia (La Habra)	9:04.8y	1969
9:01.86	Juan Chantaca (San Clemente)		2023
9:02.03	Mateo Bianchi (Laguna Beach)		2021
9:02.13	*Garrett Hartline (El Toro)		2023
9:02.15	* Brandon Bethke (El Toro)		2004
9:02.42	Rex Nelson (Newport)		2008
9:02.57	Bob Erickson (Fountain Valley)		1982
9:02.67	Brennan Foody (Aliso Niguel)		2022
9:02.88	Spencer Keith (Corona del Mar)		2014
9:02.90	* Eddie Lavelle (Corona del Mar)		1988
9:03.06	* Jim Rodriguez (SA Valley)		1988
9:03.57	Shannon Winkleman (Marina)		1988
9:03.80	Brett Ephraim (San Clemente)		2024
9:04.1+	Pat Dutzi (El Dorado)	9:07.2y	1973
9:04.33	**Jack Landgraf (Dana Hills)		2016
9:04.34	Jeff Thies (Edison)		2013
9:04.35	Alexis Garcia (Newport)		2019
9:04.94	Kevin Durham (El Toro)		2012
9:05.0+	Matt Blaty (Marina)	9:08.1y	1979
9:05.01	Jayden Hernandez (Dana Hills)		2024
9:05.20	Sydney Gidabuday (El Modena)		2014
9:05.5+	Doug MacLean (Costa Mesa)	9:08.6y	1972
9:05.59	**Aiden Antonio (Woodbridge)		2025
9:05.86	Gus Quinonez (Huntington Beach)		1983
9:06.08	Jaime Martinez (Orange)		1994
9:06.09	Fylan Jubak (Trabuco Hills)		2025
9:06.13	* Scott Blair (Trabuco Hills)		2007
9:06.4+	Joe Young (Costa Mesa)	9:09.5y	1977
9:06.43	Scott Smith (Dana Hills)		2005
9:06.49	Fredd Hesslevik (University)		1982
9:06.5+	* Mike Walterhouse (Mission Viejo)	9:09.6y	'76
9:06.66	Robby Price (Saddleback)		1990
9:06.70	Shawn Frack (Esperanza)		1993
9:06.74	Javier Barerra (Dana Hills)		1988
9:06.8+	Dave Cangelosi (Villa Park)	9:09.9y	1979
9:06.85	Josh Linen (Valencia)		2007
9:06.9+	* Larry Gerich (Foothill)	9:10.0y	1972
9:06.81	Mitch Eddy (Mater Dei)		1983
9:06.82	*Kevin Durham (El Toro)		2011
9:07.1+	Tom Keefer (Anaheim)	9:10.2y	1969
9:07.03	Mike Love (Katella)		1993
9:07.51	* Mark Gonzales (La Habra)		1990
9:08.01	Diego Alonso (Fountain Valley)		2024
9:08.2+	Darrell Hatfield (Rancho Alamitos)	9:11.4y	'73
9:08.35	Dylan Scarsone (Canyon)		2016
9:08.5 +	Mike Annis (Sunny Hills)	9:11.6y	1974

9:08.6+	John Gerhart (Costa Mesa)	9:11.7y	1978	9:13.62	Jared Hazlett (Trabuco Hills)		2012
9:08.65	Chris Lugo (Valencia)		1987	9:13.66	Daniel Mejia (Katella)		2000
9:08.68	Adalberto Sanchez (Capo Valley)		1995	9:13.76	Jesse Morrill (Marina)		2006
9:08.7+	Jose Saavedra (Loara)	9:11.8y	1974	9:13.80	Tim Aukshunas (El Modena)		2003
9:08.80	Sean Byrne (Santa Margarita)		2018	9:13.85	* Joe Gatel (Edison)		2004
9:08.87	Collin Price (St Margaret's)		2015	9:13.88	Curt Herberts (Newport)		1999
9:08.93	Everett Capelle (St Margarit's)		2024	9:13.99	*Brandon Price (St. Margaret's)		2012
9:08.99	Jared Steins (Servite)		2022	9:14.00	Simon Fuller (Dana Hills)		2019
9:09.03	Inban Kathiravan (Woodbridge)		2026	9:14.04	*Rory Catsimanes (San Clemente)		2023
9:09.19	Taye Newman (J Serra)		2025	9:14.07	* Steve Niednagel (Dana Hills)		1988
9:09.2+	Andy Gerkin (Corona del Mar)	9:12.4y	1978	9:14.08	**Caleb Niednagel (Dana Hills)		2018
9:09.20	*Griffin Kushen (Tesoro)		2024	9:14.2+	Kent Norton (Orange)	9:17.4y	1973
9:09.4+	Neil Sybert (Westminster)	9:12.6y	1967	9:14.29	Mark Gleason (Mission Viejo)		1998
9:09.48	David Napper (Cypress)		2003	9:14.29	Ryan Smithers (Laguna Beach)		2019
9:09.52	* Mike Chavez (Esperanza)		2002	9:14.43	Karl Baranov (Marina)		2011
9:09.58	Brad Meyer (University)		1981	9:14.47	Ricardo Campuzano (Dana Hills)		2011
9:09.6+	Ron Fister (Western)	9:12.8y	1966	9:14.47	*Carrick Denker (Dana Hills)		2019
9:09.62	James Cameron (Mission Viejo)		2009	9:14.49	* Blake Hofmeister (Laguna Beach)		2009
9:09.80	Casey Goetschel (Tesoro)		2023	9:14.52	*Thomas Yohn (Woodbridge)		2026
9:10.11	Mike Tansley (Dana Hills)		1989	9:14.83	**Yohan Anderson (San Clemente)		2025
9:10.12	*Christian Weber (Beckman)		2025	9:14.84	Anuare Magana (Costa Mesa)		2015
9:10.19	Mike Farrell (San Clemente)		1990	9:14.9+	Rick Cisneros (Valencia)	9:18.2y	1978
9:10.41	* Terrence Mahon (La Habra)		1987	9:14.95	Kyler Fisk (Tesoro)		2012
9:10.47	Jose Herrera (Loara)		1999	9:14.98	Tyler Valdes (Dana Hills)		2009
9:10.49	Carsten Williams (Trabuco Hills)		2025	9:15.0+	Mark Cunnart (Los Amigos)	9:18.3y	1980
9:10.53	*Anthony Grover (J Serra)		2019	9:15.2+	* Robert Tillman (Valencia)	9:18.5y	1973
9:10.72	George Gleason (Huntington Beach)		2015	9:15.30	Nathaniel Cushing-Murray (Foothill)		2011
9:10.78	Blake Hofmeister (Laguna Beach)		2010	9:15.33	Jantzen Oshier (Trabuco Hills)		2011
9:10.89	* Raul Lara (Orange)		2003	9:15.42	*Iban Kathiravan (Woodbridge)		2025
9:10.94	*Jimmy Dominguez (Santa Ana)		2022	9:15.50	Eddie Yunker (Santa Margarita)		2023
9:10.99	Ben Flamm (Huntington Beach)		1993	9:15.50	Christian Weber (Beckman)		2026
9:11.0+	Beldon Burch (San Clemente)	9:14.2y	1967	9:15.54	David Abraham (Fountain Valley)		2014
9:11.23	Thomas Wilfert (Dana Hills)		2017	9:15.62	Mike Nielsen (Mater Dei)		1989
9:11.3+	Tom Westfall (Villa Park)	9:14.5y	1977	9:15.62	Spencer Handorf (Villa Park)		2023
9:11.42	Ryan Herson (Trabuco Hills)		2011	9:15.63	*Chase Manning (Tesoro)		2025
9:11.6+	Robert Angel (Huntington Beach)	9:14.8y	1973	9:15.66	Brent Ritschel (Trabuco Hills)		2011
9:11.62	Dante Maldonado (Yorba Linda)		2025	9:15.71	* Mark Gleason (Mission Viejo)		1997
9:11.71	Brandon Hough (Dana Hills)		2017	9:15.72	Luke Dorman (Trabuco Hills)		2013
9:11.79	Sebastian Bello (Trabuco Hills)		2026	9:15.77	Jorge Suarez (Santa Ana)		2017
9:12.14	*Garrett Woodruff (Dana Hills)		2023	9:15.86	Julian DeRubira (Santa Margarita)		2006
9:12.15	Justin Singer (Cypress)		2022	9:15.90	Sebastian Fisher (Laguna Beach)		2019
9:12.22	*Karl Baranov (Marina)		2010	9:16.0+	Allan Sanford (Tustin)	9:19.2y	1965
9:12.3+	Mike Davis (Garden Grove)	9:15.5y	1968	9:16.16	Ryan Bousquet (Esperanza)		2000
9:12.3+	Greg Dean (Fullerton)	9:15.8y	1976	9:16.35	Mark Lindrud (Mission Viejo)		1986
9:12.43	*Caleb McDaniel (Mission Viejo)		2023	9:16.39	Gilbert Solorza (Buena Park)		2013
9:12.6+	Mike Fisher (Villa Park)	9:15.8y	1980	9:16.42	Scott Hakeman (El Dorado)		1983
9:12.6+	Randy Spotts (Orange)	9:15.8y	1971	9:16.59	Dan Gaston (Huntington Beach)		1997
9:12.68	Ziyad Abdallah (Trabuco Hills)		2025	9:16.66	Ansh Parashar (University)		2023
9:12.0+	Chris Money (El Modena)	9:16.2y	1976	9:16.81	Jose Penaloza (Godinez)		2013
9:12.4+	George Aguilar (SA Valley)	9:16.6y	1974	9:17.04	Jay Bonthius (Fountain Valley)		2012
9:12.71	**Dresden Taylor (Trabuco Hills)		2026	9:17.07	Cameron Everhart (Orange Lutheran)		2008
9:13.12	**Mattheus Dos Santos (San Clemente)		2025	9:17.1+	Jeff Day (Corona del Mar)	9:20.3y	1976
9:13.19	*Jose Herrera (Loara)		1998	9:17.39	*Jeff Thies (Edison)		2012
9:13.29	*Hassan Syed (Beckman)		2026	9:17.5+	Terry Carroll (Fullerton)	9:20.7y	1973
9:13.38	Bryson Crites (Tesoro)		2019	9:17.64	Juan Ramos (Santa Ana)		2022
9:13.6+	Bill Inglehart (Westminster)	9:16.8y	1966	9:17.8+	Joey Gomez (Valencia)	9:21.0y	1978

9:17.86	*Lance Capel (Dana Hills)	2011	9:20.98	Mike Parker (Tustin)	1982
9:17.86	Brennon Koryta (Brea)	2014	9:21.18	Scott Brandos (Edison)	2001
9:17.87	Jose Alcaarez (SA Valley)	1986	9:21.2+	Paul O'Neil (El Dorado)	9:24.4y 1975
9:17.95	*Brandon Pugh (San Juan Hills)	2011	9:21.44	*Elliot Myers (Esperanza)	2010
9:17.98	Jacob Smith (Pacifica)	2017	9:21.53	*Ryan Barris (Beckman)	2026
9:18.1+	Gordon Duff (Huntington Beach)	9:21.3y 1978	9:21.57	Brnadon Ferguson (Woodbridge)	2012
9:18.18	Matthew Galindo (Savanna)	2024	9:21.58	*Grant Sestak (San Clemente)	2023
9:18.26	Jose Carlos de Jesus (San Clemente)	2017	9:21.61	**Dallin Harrington (San Clemente)	2024
9:18.35	*Nicholas Plumb (Trabuco Hills)	2011	9:21.63	Talal Khan (Valencia)	2008
9:18.35	Luis Chavez (Misson Viejo)	2018	9:21.64	Dimaggio Orozco (Brea)	2014
9:18.35	Zachary Blum (Beckman)	2023	9:21.71	*Brennan Foody (Aliso Niguel)	2021
9:18.4+	Frank Dauncey (Orange)	9:21.6y 1976	9:21.7+	Joe Smithson (Bolsa Grande)	9:24.9y 1971
9:18.41	Josh O'Neill (Trabuco Hills)	2019	9:21.73	Humberto Rojas (Estancia)	2003
9:18.47	Brandon Babiracki (Dana Hills)	2003	9:21.76	Ben Prado (Fountain Valley)	2023
9:18.47	Sander Kushen (Tesoro)	2015	9:21.80	Ulysses Orozco (El Toro)	2014
9:18.48	Lalo Terriquez (Buena Park)	1980	9:21.86	Leif Hellgren (Corona del Mar)	2017
9:19.51	Kai Olsen (San Clemente)	2024	9:21.99	Jackson Marshall (Woodbridge)	2014
9:18.53	Carter Christmann (Tesoro)	2016	9:22.04	*Jonathan Blanton (Troy)	2010
9:18.70	*Zachary Gibson (Santa Margarita)	2023	9:22.1+	Jeff Huber (La Habra)	9:25.3y 1970
9:18.73	Amar Dholakia (Esperanza)	2012	9:22.15	Jerain Torres (Katella)	2004
9:18.80	*Jayden Hernandez (Godinez)	2023	9:22.10	Spencer Green (Villa Park)	1986
9:18.83	Charara Mohammad (Buena Park)	2010	9:22.2+	Sam Walling (University)	9:25.4y 1979
9:18.90	Shane Dougherty (El Toro)	2002	9:22.22	* Chris Kemp (Mission Viejo)	1998
9:18.99	Bradley Arrey (J Serra)	2025	9:22.28	*Kyler Fisk (Tesoro)	2011
9:19.03	Parker Herbert (Sanat Margarita)	2024	9:22.32	**Bryson Crites (Tesoro)	2017
9:19.12	Erin Vali (University)	1989	9:22.5+	Joe Rust (Garden Grove)	9:25.7 1972
9:19.26	*Toren Habbestad (Yorba Linda)	2025	9:22.50	Jason Manhart (Trabuco Hills)	1997
9:19.3+	Bill Villa (Saddleback)	9:22.5y 1975	9:22.53	**Hassan Syed (Beckman)	2025
9:19.38	Garrett Hough (Dana Hills)	2019	9:22.64	Jon Kelly (Dana Hills)	1985
9:19.45	*Dragan Simic (Woodbridge)	2011	9:22.7+	Jon Goldstein (Edison)	9:25.9y 1977
9:19.57	Logan Harris (Dana Hills)	2024	9:22.73	* Scott Curran (Tesoro)	2013
9:19.71	*Eli Griggs (Trabuco Hills)	2023	9:22.77	Warren Liem (Tesoro)	2011
9:19.8+	Mike Solomon (Westminster)	9:23.0y 1967	9:22.79	Damien Nieves (Sonora)	2002
9:19.80	* Juan Robles (Valencia)	2002	9:22.8+	Mark Dunlevie (Los Alamitos)	9:26.0y 1971
9:19.82	*Rogan Arriaga (El Toro)	2024	9:22.8+	Marv Alvarez (Garden Grove)	9:26.0 1976
9:19.83	Jordan Senko (El Toro)	2010	9:22.8+	Terry Huddleston (San Clemente)	9:26.0 1974
9:20.01	*Jai Dawson (Dana Hills)	2021	9:22.84	Thomas Mordy (Capo Valley)	2021
9:20.06	Dave Anderson (Corona del Mar)	1984	9:22.85	Jose Madera (Anaheim)	2010
9:20.14	Brian Kopczynski (Tesoro)	2007	9:22.95	John Kentfield (Esperanza)	1991
9:20.18	Paul Brennenman (St Margaret's)	2012	9:22.98	Allen McGaha (El Modena)	1983
9:20.20	**Tony Trueba (Huntington Beach)	1995	9:23.0+	Charlie Walczak (Edison)	9:26.2y 1974
9:20.27	Ty Savely (Capo Valley)	2019	9:23.1+	Jim Hartford (Corona del Mar)	9:26.3y 1980
9:20.28	Digo Venegas (El Toro)	2024	9:23.19	John Nelson (Mater Dei)	1982
9:20.4+	Kent Norton (Orange)	9:23.6y 1973	9:23.28	*Jose Penaloza (Godinez)	2012
9:20.48	Matt Cipolla (El Toro)	2003	9:23.3+	Charlie Christensen (Edison)	9:26.5y 1977
9:20.50	*Aiden Zavala (Woodbridgde)	2025	9:23.3+	Carl Anderson (Marina)	9:26.5y 1977
9:20.60	*Connor Kaddatz (Dana hills)	2010	9:23.3+	Dave Ruble (Canyon)	9:26.5y 1979
9:20.7+	Jack Martinez (Rancho Alamitos)	9:23.9y 1974	9:23.33	Brian Herold (El Modena)	1980
9:20.74	Conor Stanton (Servite)	2010	9:23.37	Chris Hobson (Costa Mesa)	1987
9:20.72	*Kevin Steinman (Corona del Mar)	2025	9:23.4+	Dave Lockman (Marina)	9:26.6y 1971
9:20.8+	Dave Howard (Dana Hills)	9:24.0y 1980	9:23.4+	Jeff Spangler (Villa Park)	9:26.6y 1975
0:20.84	Thomas Acjten (Beckman)	2024	9:23.43	*Lucan Clemens (Trabuco Hills)	2026
9:21.08	Brett Knutson (Woodbridge)	2019	9:23.67	Logan Shaw (Northwood)	2025
9:21.78	Anthony Barrera (Beckman)	2025	9:23.8+	Kurt Williams (Brea)	9:27.0y 1974
9:20.89	Austin Goins (Canyon)	2013	9:23.8+	Scott Fessenden (Lowell)	9:27.0y 1975
9:21.95	Cole Stark (Dana Hills)	2019	9:23.8+	Mark Labonte (Mission Viejo)	9:27.0y 1976

9:23.81	**Richie Soto (Marina)	2011
9:23.9+	Mike Lansdon (Edison)	9:27.1y 1978

3,000m Steeplechase

9:19.2	*Eric Hulst (Laguna Beach)	1975
9:24.2	* Ralph Serna (Loara)	1974
9:31.32	*Christian Wehrli (Tesoro)	2017
9:36.6	Gary Blume (Marina)	1974
9:41.6	Jeff Huber (La Habra)	1970
9:53.65	Charlie Appell (Estancia)	1996
10:16.2	John Weston (Edison)	1974

(2000 meter Steeplechase)

6:02.75	**Luke Friedl (J Serra)	2025
6:17.64	**Ben McKenna (Aliso Niguel)	2018
6:21.25	*Christian Wehrli (Tesoro)	2017
6:22.50	Ryan McNamara (Tesoro)	2025

3 mile

13:45.4'	*Ralph Sema (Loara)	1974
13:51.9'	Eric Hulst (Laguna Beach)	1976
14:19.8	Dave White (El Modena)	1969
14:20.4	Brian Hunsaker (Corona del mar)	1975
14:20.8	Doug MacLean (Costa Mesa)	1972
14:27.0	**Robert Angel (Huntington Beach)	1973
14:36.6	Gary Blume (Marina)	1974
14:47.2	Bill St. John (Mater Dei)	1976
14:50.6	Mickey Wooley (El Modena)	1970

5000 meters

14:16.2	* Ralph Serna (Loara)	1974
14:26.61	*Evan Noonan (Dana Hills)	2024
14:26.86	Sydney Gidabuday (El Modena)	2014
14:29.35	Matt McElroy (Edison)	2010
14:32.8	** Eric Hulst (Laguna Beach)	1974
14:42.38	Mason Coppi (Dana Hills)	2016
14:51.41	Kenny Wanlass (Newport)	2023
14:58.69	Saul Orozco (J Serra)	2024
14:59.00	Jeff Thies (Edison)	2013

6 mile

27:58.0'	Eric Hulst (Laguna Beach)	1976
30:30.0'	Robert Tillman (Valencia)	1974
30:47.4'	Breggar Moore (Rancho Alamitos)	1975
30:56.2	Mike Walterhouse (Mission Viejo)	1976
31:13.0	* Dennis Wilson (Edison)	1973
31:15.0'	*Jeff Spangler (Villa Park)	1974
31:16.0	Ralph Serna (Loara)	1974
31:40.6'	*Paul O'Neil (El Dorado)	1974
31:46.0'	Robert Slick (Orange)	1974
32:17.0	Jim Bransom (University)	1975
32:45.2'	***Joe Dowling (Mater Dei)	1972

10,000 meters

28:55.0	Eric Hulst (Laguna Beach)	1976
31:05.1	Joey Gomez (Valencia)	1978
31:54.0	Gus Quinonez (Huntington Beach)	1983

One Hour Run (track)

11m 1043	Joey Gomez (Valencia)	1977
11m 906y	Dave White (El Modena)	1970
11m 835y	Robert Tillman (Valencia)	1974
11m 786y	*Jeff Spangler (Villa Park)	1974
11m 381y	Robert Slick (Orange)	1974
11m 372y	Bill Ingelhart (Westminster)	1966
11m 326y	*Paul O'Neil (El Dorado)	1974
11m 211y	Tom Lipski (Saddleback)	1969
1 1m 111y	*Ralph Serna (Loara)	1974
11m 67y	*George Navarette (Valencia)	1974
11m 47y	Mickey Wooley (El Modena)	1969
10m 1753y	Ed Surman (Orange)	1973
10m 1710y	**Eric Hulst (Laguna Beach)	1974
10m 1544y	*Steve Boaz (Valencia)	1974
10m 1473y	Mike Mulvihill (El Dorado)	1977
10m 1440y	*** Darrell Hatfield (Rancho (Al)	1970
10m 1431y	**Mike Walterhouse (Mission Viejo)	'74
10m 1372y	*Nick Priest (Costa Mesa)	1973
10m 1270y	Lee Batson (Newport)	1973

Marathon

2:27.25	Eric Hulst (Laguna Beach)	1976
2:31:24	***Robert Planta (Mater Dei)	1978
2:34:21	Sam Simakis (Newport)	1974
2:35:23	Dave Daley (Foothill)	1978
2:35:28	Chris Buecher (Westminster)	1979
2:36:34	Gordon Duff (Huntington Beach)	1978
2:36:34	Michael Calvano (Huntington Beach)	1978
2:37:17	Doug Schmenk (Westminster)	1970
2:37.50	Craig Sterling (San Clemente)	1969
2:37:51	Wayne Akiyama (Westminster)	1970
2:38:27	* Paul O'Neil (El Dorado)	1974
2:40:49	Tim Ernst (El Dorado)	1977
2:41:06	* Jeff Spangler (Villa Park)	1974
2:41:48	* Steve Boaz (Valencia)	1974
2:42:05	***Jon Lee (Fullerton)	1977
2:42:43	Steve Kovatch (Canyon)	1977

Decathlon (olympic Implements & Hurdles)

6525	Tohru Asami (Sunny Hills)	1978
6286	Roy Hedlund (Villa Park)	1977
6030	Chris Doble (Troy)	1978
6022	Ron Mooers (Valencia)	1971
6022	David Fair (El Toro)	1990
6012	David Kuhn (Calvary Chapel)	1996
5799	Dan Hedlund (Villa Park)	1971
5794	*Jeff Lawson (El Dorado)	1976

5753	Mario Herbst (El Dorado)	1976	14.29	Charlie Davidson (Saddleback)	1992
5673	Kevin Kuechler (Mission Viejo)	2006		(State Champion)	
5667	Ken Evans (Rancho Alamitos)	1978	14.30	Mike Germain (Dana Hills)	1983
5664	Jeff Bedell (Villa Park)	1985	14.34	Ryan Crane (Dana Hills)	1992
5552	Bruce BenBen (Villa Park)	1975	14.34	James Brown (Dana Hills)	1998
5512	David Fair (El Toro)	1989	14.34	Sean Morgan (Los Alamitos)	2017
5493	Terry Ludin (Villa Park)	1983	14.36	Ahmad Wright (Kennedy)	1999
5403	* Darrin Tobolski (Katella)	1982	14.36	Cameron Hurd (Trabuco Hills)	2016
5354	Mark Von Iderstein (Valencia)	1971	14.38	Jeff Damron (Servite)	1983
5341	William Kim (Villa Park)	1983	14.38	Pat Swanson (Esperanza)	1996
5298	Craig Sharon (Villa Park)	1969	14.40	* Denny Flanagan (Edison)	2001
5276	Ron Carver (Sunny Hills)	1977	14.44	*Blaise Burwell (Edison)	2026
5196	Glen Williams (Villa Park)	1979	14.45	* John Sorenson (Mater Dei)	1984
5181	Brian White (Mission Viejo)	2002	14.45	Shane Vickers (Tustin)	1997
5162	Mark Horist (Villa Park)	2007	14.46	Jay Thorson (Laguna Beach)	1981
5120	Steve Melender (Villa Park)	1978	14.47	Marc Kallick (Marina)	1988
5073	*Geoffrey Delorie (Marina)	2016	14.48+	Jeff Nelson (Bolsa Grande)	14.2y 1965
5053	Bailey Thayer (Los Alamitos)	2015	14.48+	Jim Davis (Santa Ana)	14.2y 1970
5014	Nathan Coelho (Westminster)	1998	14.49	Kienan Briggs (Valencia)	2001
5017	Dave Petty (Villa Park)	1977	14.49	Abraham Lotfy (Los Alamitos)	2019
5003	Tim Birkmann (Villa Park)	1979	14.50	Dave Plett (Western)	1981
			14.51	*Jalen Craver (Woodbridge)	2010
			14.51	Daniel Sun (Woodbridge)	2016
			14.51	***Baron Giacchetto (Orange Lutheran)	2025
			14.55	Austin Tinsley (Santa Margarita)	2014
			14.55	Quinn Williams (Mission Viejo)	2017
			14.55	Jack Fairchild (Crean Lutheran)	2022
			14.55	Dylan Poteat (Villa Park)	2023
			14.56	Nehemiah Nash (Woodbridge)	2016
			14.56	*Peyton Brown (Tesoro)	2025
			14.57	Vince Fusco (Dana Hills)	2010
			14.57	Kyle Kimble (Servite)	2019
			14.58+	Howard Parker (Santa Ana)	14.3y 1962
			14.58+	Leonard Sims (Santiago)	14.3y 1964
			14.58+	Don Tilley (SA Valley)	14.3y 1967
			14.58+	Keith Denson (SA Valley)	14.3y 1970
			14.58+	Ward Kisman (Sunny Hills)	14.3y 1970
			14.58+	* Bryan Poland (Brea)	14.3y 1970
			14.58+	Dave Powell (Edison)	14.3y 1972
			14.58	Maikolo Liti (Foothill)	2003
			14.59	Jedadiah Kaufman (Aliso Niguel)	2019
			14.60	Connor Meech (San Juan Hills)	2015
			14.60	Dario Garrett (Trabuco Hills)	2024
			14.61	John Kennedy (Servite)	1986
			14.61	George Lynch (Mater Dei)	1988
			14.62	*Ramon Vargas (Huntington Beach)	2011
			14.62	Tyler Rios (Los Alamitos)	2014
			14.63	Michael Robbins (Tesoro)	2018
			14.64	* Al Williams (Irvine)	1997
			14.64c	Mitch Allen (El Toro)	14.4 2006
			14.64	Isley Gutierrez (Mater Dei)	202
			14.65	Anton Hector (Esperanza)	1995
			14.66+	Simon Faivailo (SA Valley)	14.63y 1978
			14.68+	Louie Muniz (Santa Ana)	14.4y 1963
			14.68+	Dan Hedlund Villa Park)	14.4y 1971
			14.68+	Bob McQueen (Anaheim)	14.4y 1971

110 meter High Hurdles

13.41	Steve Kerho (Mission Viejo)	1982
	(State Champion)	
13.48	Dominique DeGrammont (Tustin)	1997
	(State Champion)	
13.58+	John Peterson (Saddleback)	13.3y 1975
13.82+	Ken Margerum (Fountain Valley)	13.78y 1977
13.88+	Wilbur Gregory (Mission Viejo)	13.6y 1975
13.88	Terry Johnson (Katella)	1986
	(State Champion)	
13.89	Jose Rubio (Los Alamitos)	2017
13.95	Logan Lyght (Mater Dei)	2023
	(State Runner Up)	
13.99	Trevor Jones (Newport)	2000
14.02	Peyton Brown (Trabuco Hills)	2026
14.07	* Devalle Pedrogo (Mission Viejo)	2009
14.13	Adrian Brown (Huntington Beach)	1991
14.16	Kenny Vinh (Katella)	2000
14.16	Bryan Payne (Trabuco Hills)	2004
14.18+	Ron Hamley (Lowell)	13.9y 1968
14.20	Sam Barkley (Mater Dei)	2011
14.21	Roman Mendoza (Santa Margarita)	2023
14.23	Al Williams (Irvine)	1998
14.23	**Blaise Burwell (Servite)	2025
14.24	Todd Hart (Servite)	1981
14.24	Mark Hale (Katella)	1981
14.24c	Steve Southward (Fountain Valley)	14.0 1981
14.27	Joe Fleskoski (Mission Viejo)	2002
14.27	Kyle Sandoval (Servite)	2017
14.27	**Baron Giacchetto (Orange Lutheran)	2026
14.28+	Wayne Claxton (La Habra)	14.0y 1968
14.28+	* Isaac Curtis (Santa Ana)	14.0y 1968
14.28+	Tom Turner (Cypress)	14.0y 1975
14.28	Mike Smith (El Toro)	1997

14.68+	Matt Hogsett (Newport)	14.4y	1972	14.78	*Robert Garrett (Katella)		2010
14.68+	Dave Cooper (Magnolia)	14.4y	1972	14.79	Andy Stuffer (Villa Park)		1982
14.68+	Steve Adams (Estancia)	14.4y	1974	14.79	Michael Miela (Trabuco Hills)		2009
14.68+	B. Richardson (El Modena)	14.4y	1974	14.80	*Rich Nichols (Fountain Valley)		1982
14.68+	Jim Hunt (El Dorado)	14.4y	1976	14.80	Shaheed Quassin (Laguna Hills)		1992
14.68+	Zim Walker (Savanna)	14.4y	1977	14.80	Juan Lomeli (Saddleback)		1997
14.68+	Alan Duncan (Fountain Valley)	14.4y	1981	14.80	Corey Hammond (Mater Dei)		2012
14.68+	Steve Davis (Edison)	14.4y	1981	14.80	**Jordan Ayers (Trabuco Hills)		2026
14.68	Dan Foote (Foothill)		1995	14.81	John Hall (Servite)		1996
14.68	Jim Bittner (Katella)		1998	14.81	Shaquille Richardson (Los Alamitos)		2010
14.68	*Ryan Whites (Estancia)		2006	14.81	Kaelin Moore (Canyon)		2017
14.69	Nick Falcione (La Habra)		2004	14.81	Collin Hurd (Trabuco Hills)		2018
14.70	Dwayne Gregory (Mission Viejo)		1984	14.82	Todd Prukop (Servite)		1985
14.70	Espinosa (Capo Valley)		1984	14.82	Jimmy Martin (Santa Margarita)		2009
14.70	Scott Crowson (Mission Viejo)		1999	14.82	* Dennis Austria (Kennedy)		2009
14.70	** Mike Liti (Foothill)		2001	14.82	Greg Starkey (San Clemente)		2009
14.71	* Brian Flowers (SA Valley)		1984	14.82	Ethan Rupp (Sanat Margarita)		2019
14.71	Chance Kuehnel (Sage Hill)		2016	14.83	Jack Johnson (Crean)		2019
14.72	Ben Forbes (Marina)		1998	14.84c	Chris Fenn (Laguna Hills)	14.6	1981
14.72	Doyin Sule (Fullerton)		2011	14.84c	Adam Shapiro (Capo Valley)	14.6	1984
14.72	*Shea Summers (Edison)		2024	14.84	Greg Muniz (Woodbridge)		1992
14.73	Doug Miller (Estancia)		1986	14.84c	Dampen Roberts (SA Valley)	14.6	1998
14.73	* Preston Spence (Edison)		2008	14.84c	Jordan Czaykowski (El Modena)	14.6	2000
14.73	Grant Bayr (Dana Hills)		2015	14.85+	Larry Neehan (Orange Lutheran)	14.82y	1979
14.74c	Eric Nuanes (Loara)		1997	14.85	Jon Peck (Irvine)		1992
14.74	Myles Gregory (Fountain Valley)		2003	14.86+	Jesse Johnson (SA Valley)	14.83y	1980
14.74	Octavio Moreno (Anaheim)		2017	14.86	Carlos Valles (Katella)		2005
14.74	*Anthony Burkes (El Dorado)		2026	14.86	Joshua Lindley (Aliso Niguel)		2009
14.75	Brent Elliot (Canyon)		2011	14.86	Ian Ward (Servite)		2017
14.76	Eric Dorn (Estancia)		1986	14.86	*Abraham Lotfy (Los Alamitos)		2018
14.76	Aaron Hill (Esperanza)		1999	14.87+	Alan Duncan (Fountain Valley)	14.84y	1978
14.76	James Finch (Capo Valley)		2017	14.88+	Steve Davis (Edison)	14.85y	1978
14.77	** Mike Smith (Mission Viejo)		1995	14.88+	Sonny Owens (Fullerton)	14.6y	1955
14.77	Ramon Vargas (Huntington Beach)		2012	14.88+	**Doug Hankins (Fullerton)	14.6y	1957
14.78+	Forrest Younger (Fullerton)	14.5y	1952	14.88+	Stan Kincade (Santa Ana)	14.6y	1963
14.78+	Don Jones (Huntington Beach)	14.5y	1956	14.88+	* Jeff Nelson (Bolsa Grande)	14.6y	1964
14.78+	Bob Ballew (Garden Grove)	14.5y	1957	14.88+	Brent Romney (Loara)	14.6y	1965
14.78+	John Eastman (La Habra)	14.5y	1958	14.88+	Bob Wilkins (SA Valley)	14.6y	1965
14.78+	Dave Jensen (Valencia)	14.5y	1966	14.88+	Craig Bothwell (Loara)	14.6y	1965
14.78+	Carl Field (SA Valley)	14.5y	1969	14.88+	Jack Handy (Loara)	14.6y	1971
14.78+	Harry Bracy (Los Alamitos)	14.5y	1970	14.88+	Frank Mazon (Savanna)	14.6y	1971
14.78+	Garth Wise (Huntington Beach)	14.5y	1971	14.88+	Dick Chemiesleski (Villa Park)	14.6y	1974
14.78+	Darrel Walker (Tustin)	14.5y	1972	14.88+	Plent (La Habra)	14.6y	1974
14.78+	Steve Pickford (Huntington Beach)	14.5y	1972	14.88+	Jeff Butler (Los Alamitos)	14.6y	1975
14.78+	Steve Ward (La Quinta)	14.5y	1972	14.88+	Owehand (Rancho Al)	14.6y	1975
14.78+	Walter Mead (Santa Ana)	14.5y	1972	14.88+	Randy James (Lowell)	14.6y	1975
14.78+	Henry Harrell (Santa Ana)	14.5y	1973	14.88+	Scott Bruckner (Lowell)	14.6y	1976
14.78+	Lars Soderlind (Anaheim)	14.5y	1973	14.88+	* Mark Hale (Katella)	14.6y	1980
14.78+	Garry Templeton (SA Valley)	14.5y	1974	14.88+	Tom Rish (Ocean View)	14.6y	1980
14.78+	John Bristol (La Quints)	14.5y	1975	14.88	Pat Swanson (Esperanza)		1995
14.78+	Dave Berger (Canyon)	14.5y	1977	14.88	Matt Blasdel (Santa Margarita)		1996
14.78+	Vic Beradino (Cypress)	14.5y	1977	14.89	Adolph Renaud (La Habra)		1986
14.78+	Chris Roberson (Kennedy)	14.5y	1977	14.90	David Frazier (Mission Viejo)		2002
14.78+	Aaron Williamson (Westminster)	14.5y	1980	14.90	Nick McGuinness (Corona del Mar)		2013
14.78+	Brian Chapman (Troy)	14.5y	1986	14.91	Louie Muniz (Woodbridge)		1989
14.78	Brent Busch (Newport)		1991	14.91	Muzae Sesay (Canyon)		2008

14.91	Andy Bardine (El Toro)		2012	14.23	Cameron Hurd (Trabuco Hills)		2016
14.91	Jalen Gill (Woodbridge)		2016	14.24	Ahmad Wright (Kennedy)		1999
14.92	Sean Zeitler (Santa Margarita)		2001	14.25	James Brown (Dana Hills)		1998
14.92	* Joe Emerson (Huntington Beach)		2002	14.26	Tyler Rios (Los Alamitos)		2014
14.92	**Ty Swanson (Santa Margarita)		2024	14.28+	Sonny Owens (Fullerton)	14.0y	1956
14.93	Jim Flanagan (Edison)		2006	14.29	* Denny Flangan (Edison)		2001
14.93	AJ Beynon (Edison)		2015	14.31	Jose Rubio (Los Alamitos)		2016
14.93	Elias Ghazlani (Fountain Valley)		2016	14.36	*Jalen Craver (Woodbridge)		2010
14.93	Roman Giachetto (Brea)		2024	14.38	*Blaise Burwell (Edison)		2026
14.94c	Jesse Johnson (SA Valley)	14.7	1981	14.40	Myles Gregory (Fountain Valley)		2003
14.94c	Al Abdallah (SA Valley)	14.7	1981	14.40	Muzae Sesay (Canyon)		2008
14.94c	Tom Fishbeck (Foothill)	14.7	1981	14.41	Jack Fairchild (Crean Lutheran)		2022
14.94c	Tyrone Tucker (Villa Park)	14.7	1983	14.45	Shane Vickers Tustin)		1997
14.94c	Javon Guiens (Cypress)	14.7	2004	14.46	Jimmy Martin (Santa Margarita)		2009
14.94	Reggie Dunn (Los Alamitos)		1988	14.46	Chance Kuehnel (Sage Hill)		2016
14.94	Sean Coye (Irvine)		1993	14.47	Anton Hector (Esperanza)		1995
14.94	Scott Dicus (El Modena)		1997	14.48+	Doug Hankins (Fullerton)	14.2y	1959
14.96	* Michael Colby (Tustin)		2000	14.48+	Keith Denson (S A Valley)	14.2y	1970
14.96	* Long Duong (Katella)		2000	14.48+	Bob McQueen (Anaheim)	14.2y	1971
14.97	** Steve Forte (Woodbridge)		1993	14.50	* Preston Spence (Edison)		2008
14.97	Oliver Pham (Canyon)		2012	14.53	Eric Nuanes (Loara)		1997
14.97	Ryan Evans (Aliso Niguel)		2013	14.54c	George Lynch (Mater Dei)	14.3	1988
14:97	Peyton Kilheffer (Brea)		2021	14.54c	Brian Law (Villa Park)	14.3	2007
14.98+	Dick Carson (Anaheim)	14.7y	1949	14.55	Dwayne Gregory (Mission Viejo)		1984
14.98+	Keith Keckler (SA Valley)	14.7y	1969	14.55	Brent Busch (Newport)		1991
14.98+	David Porter (Orange)	14.7v	1970	14.57	Dylan Atencio (Yorba Linda)		2015
14.98+	Bob Blacker (San Clemente)	14.7y	1970	14.58+	Garth Wise (Huntington Beach)	14.3y	1971
14.98+	Don Mickelson (Los Alamitos)	14.7y	1970	14.58+	Todd Prukop (Servite)	14.3y	1985
14.98+	Jeff Schrechengost (Loara)	14.7y	1971	14.58+	Lars Soderlind (Anaheim)	14.4	1973
14.98+	Randy Lazenby (Garden Grove)	14.1y	1972	14.60	Andy Bardine (El Toro)		2012
14.98+	Lori Perez (Santa Ana)	14.7y	1972	14.61	Carlos Valles (Katella)		2005
14.98+	Gary Stewart (Loara)	14.7y	1973	14.62	* Mike Liti (Foothill)		2002
14.98+	Craig Feola (El Dorado)	14.7y	1974	14.62	Oliver Pham (Canyon)		2012
14.98+	Jay Craig (SA Valley)	14.7y	1974	14.62	Kyle Kimble (Servite)		2019
14.98+	Roy Hedlund (Villa Park)	14.7y	1977	14.63	Collin Hurd (Trabuco Hills)		2018
14.98+	Charles Lucky (Los Alamitos)	14.7y	1977	14.64	* Andy Stuffer (Villa Park)	14.4	1981
14.98+	Jim Schulte (Foothill)	14.7y	1978	14.64c	Tony Garcia (Foothill)	14.4	1994
14.98+	Art Gouridine (El Toro)	14.7y	1978	14.65	Nathan Arellano (Canyon)		2014
14.98+	Steve McRoberts (Huntington Beach)	14.7y' 79		14.68	Brian Danskin (Pacifica)		1992
14.98+	Mike McGee (Dana Hills)	14.7y	1986	14.68	Nathan Willoghby (Fountain Valley)		2017
14.98+	Todd Andrews (Fountain Valley)	14.7y	1982	14.69	James Finch (Capo Valley)		2017
14.98	* Justin Rovin (Laguna Beach)		2006	14.70	Shaquille Richardson (Los Alamitos)		2010
14.99	Tony Garcia (Foothill)		1994	14.70	Roman Giachetto (Brea)		2024
14.99	Javier Nava (El Dorado)		2003	14.73	*Robert Garrett (Katella)		2010
14.99	Christian Ojeda (Servite)		2018	14.74+	Steve Ward (La Quinta)	14.5y	1972
				14.74+	Dave Powell (Edison)	14.5y	1972
				14.74	* Kelvin Bias (Servite)	14.5	1987
				14.74	* Eddie Dwelley (Edison)		2000
				14.74	Sam Spencer (San Clemente)		2008
				14.74	Ebba Adinew (Troy)		2022
				14.75	* Joe Emerson (Huntington Beach)		2002
				14.76	Samuel Scott (Los Alamitos)		2018
				14.77	* Dusin Huynh (Fountain Valley)		2013
				14.79	*Nathan Willoughby (Fountain Valley)		2016
				14.79	Anthony Celano (Villa Park)		2024
				14.80	AJ Beynon (Edison)		2014
Wind-aided:							
13.44	Dominique DeGrammont (Tustin)		1997				
13.54c	Terry Johnson (Katella)	13.3	1986				
13.94	Charlie Davidson (Saddleback)		1992				
13.94	*Logan Lyght (Mater Dei)		2022				
13.95	* Devalle Pedrogo (Mission Viejo)		2009				
14.08	Sam Barkley (Mater Dei)		2011				
14.19	Pat Swanson (Esperanza)		1996				
14.20	Mark Hale (Katella)		1981				
14.23	*Ramon Vargas (Huntington Beach)		2011				

14.83	*Grant Bayr (Dana Hills)	2014
14.83	Ian Ward (Servite)	2017
14.84+	Lin Sitton (Fullerton)	14.6y 1953
14.84c	Jesse Johnson (SA Valley)	14.6 1981
14.84	*Adam Hill (Esperanza)	2003
14.88+	Lin Sitton (Fullerton)	14.6 1953
14.89	Al Abadallah (SA Valley)	1981
14.89	* Mark Washington (Magnolia)	2009
14.91	Elmer Guzman (Mission Viejo)	2005
14.91	*Marc Tagle (Capo Valley)	2016
14.92	Sean Cheatham (Rancho Alamitos)	1987
14.93	Youssef Badr (Villa Park)	2026
14.94	*Jevan Hill (Fountain Valley)	2017
14.95	Malcolm Sun (Troy)	2014
14.97	Manual Gomez (Los Alamitos)	2015

120 yard High Hurdles (42")

14.8	Ross Nichols (Huntington Beach)	1923
(110m—42")		
14.39	Josey Rubio (Los Alamitos)	2017

180 yard Low Hurdles (straight)

18.6	*Isaac Curtis (Santa Ana)	1968
18.7	Bill Swisshelm (Santa Ana)	1954
18.7	Ron Hamley (Lowell)	1968
18.8	Keith Denson (SA Valley)	1970
18.9	Don Tilley (Santa Ana)	1968
18.9	Gene Taylor (Marina)	1972
18.9	Jim Morgan (Mater Dei)	1967
19.0	Claude LaBarre (Santiago)	1963
19.0	Greg Heet (Lowell)	1964
19.0	Rick Gilson (Bolsa Grande)	1970
19.0	Matt Hogsett (Newport)	1972
19.0	Darrel Walker (Tustin)	1972
19.1	Tom Deckert (Santa Ana)	1966
19.1	Richard Woods (Estancia)	1969
19.1	Carl Fields (SA Valley)	1969

wind-aided:

18.6	Richard Woods (Estancia)	1969
18.6	Keith Denson (SA Valley)	1970
18.7	Jim Davis (Santa Ana)	1970
18.8	Gene Taylor (Marina)	1972
18.9	Sonny Owens (Fullerton)	1956
18.9	Adams (Estancia)	1974
19.0	Bob McQueen (Anaheim)	1971
19.1	Rick Gilson (Bolsa Grande)	1970
19.1	Lin Sitton (Fullerton)	1953

300 meter Low Hurdles (1975-1983)

35.85	Steve Kerho (Mission Viejo)	1982
	(State Champion)	
37.19c	Tom Turner (Cypress)	37.4y 1975
37.19c	Jim Hunt (El Dorado)	37.4y 1976
37.24c	Mark Hale (Katella)	37.0 1981
37.33	Henning Peterson (Esperanza)	1982

37.50	* Jeff Roach (Laguna Hills)	1983
37.54+	Troy Belvins (Fountain Valley)	37.76y 1978
37.61	Pat Covington (El Toro)	1982
37.74+	Wayne Kasperek (Newport)	37.8y 1978
37.74+	* Andy Stuffer (Viilla Park)	37.8y 1981
37.84+	Rich Harrison (Newport)	37.9y 1976
37.84+	Ken Margerum (Fountain Valley)	37.9y 1977
38.02+	Conner Sill (Troy)	38.1y 1979
38.02+	Todd Andrews (Fountain Valley)	38.24y 1982
38.04c	Fred Simmons (Saddleback)	37.8 1983
38.11	Ian Ward (Servite)	2017
38.12+	Scott Turner (Buena Park)	38.1y 1977
38.12+	Kevin Romine (Fountain Valley)	38.1y 1979
38.14c	Phil Rivera (Savanna)	37.9 1981
38.14c	Bob Grego (Costa Mesa)	37.9 1982
38.14c	Dan Thompson (Huntington Beach)	37.9 1983
38.17+	Jim Herkimer (El Modena)	38.39y 1979
38.22+	Bryant Humann (Newport)	38.2y 1976
38.22+	Kevin Rornine (Fountain Valley)	38.2y 1978
38.22+	Larry Neeman (Orange Lutheran)	38.44y 1979
38.22	Tyrone Tucker (Villa Park)	1983
38.24c	Matt Bennyworth (Saddleback)	38.0 1982
38.26	Jeff Greer (Katella)	1983
38.32+	Roy Hedlund (Villa Park)	38.3y 1977
38.42+	Bruce Barrette (Fullerton)	38.4y 1975
38.42+	Chris Roberson (Kennedy)	38.4y 1977
38.42+	Zim Walker (Savanna)	38.4y 1977
38.42+	Tom Rish (Ocean View)	38.4y 1980
38.42+	Tim Tremper (Edison)	38.4y 1980
38.52+	Wilbur Gregory (Mission Viejo)	38.5y 1975
38.52+	Steve McRoberts (Huntington B)	38.5y 1980
38.52	Robert Lester (Servite)	1982

300 meter Intermediate Hurdles

(36") (1984-present)

36.45	Trevor Jones (Newport)	2000
	(State Champion)	
36.72	Jose Rubio (Los Alamitos)	2017
36.74	Keith Pontiflet (Esperanza)	1985
36.91	Dominique DeGrammont (Tustin)	1997
36.95	*Blake Hennesay (Santa Margarita)	2017
37.00	Connor Meech (San Juan Hills)	2015
37.13	Matt Blasdel (Santa Margarita)	1996
37.14	Al Williams (Irvine)	1998
	(State Champion)	
37.25	Austin Tinsley (Santa Margarita)	2014
37.26	Terry Johnson (Katella)	1986
37.26	Cameron Hurd (Trabuco Hills)	2016
37.27	Bryan Payne (Trabuco Hills)	2004
	(State Runner up)	
37.27	Diego Courbis (Mission Viejo)	2014
37.35	Corey Hammond (Mater Dei)	2012
37.37	Anthony Hale (Garden Grove)	1988
37.37	Brandon Phillips (Irvine)	2010
37.38	Kevin Ahlstrom (Los Alamitos)	2004
37.78	Peyton Brown (Trabuco Hills)	2026

37.39	Roman Mendoza (Santa Margarita)	2023	38.58	Nicolo Owens (Mission Viejo)	2024
37.41	Shaquille Richardson (Los Alamitos)	2010	38.59	Jalen Gill (Woodbridge)	2016
37.47	Brian Law (Villa Park)	2007	38.59	Michael Robbins (Tesoro)	2018
37.50	Dylan Alencio (Yorba Linda)	2015	38.60	Kyle Clark (Whittier Christian)	2008
37.51	Sam Barkley (Mater Dei)	2011	38.60	**Blaise Burwell (Servite)	2025
37.54	Danny Thompson (Huntington Beach)	1984	38.61	Jon Peck (Irvine)	1992
37.56	Jeff Roach (Laguna Hills)	1984	38.64	* Eric Johnson (Sonora)	1987
37.60	Mikey Fischetti (Dana Hills)	2009	38.65	Isaac Korn (Trabuco Hills)	2020
37.62	Mel Lete (Saddleback)	1994	38.66	Shad Vickers (Tustin)	1991
37.62	Ahmad Wright (Kennedy)	1999	38.67	Trevor Wightman (Trabuco Hills)	2008
37.66	Charles Michinock (Mater Dei)	2011	38.67	**Peyton Brown (Tesoro)	2024
37.69	Greg Muniz (Woodbridge)	1992	38.69	Chris Lamm (Irvine)	2001
37.69	Tyler Rios (Los Alamitos)	2014	38.71	Mike Smith (El Toro)	1997
37.70	Collin Hurd (Trabuco Hills)	2018	38.72	Elias Ghazlani (Fountain Valley)	2016
37.71	Vince Fusco (Dana Hills)	2010	38.73	Mitch Allen (El Toro)	2006
37.74	Kirk Ayers (Western)	1987	38.75	Myles Gregory (Fountain Valley)	2003
37.75	Cullan Riser (Orange Lutheran)	2013	38.76	Louie Muniz (Woodbridge)	1989
37.77	Sheldon Evans (Pacifica)	2004	38.77	George Lynch (Mater Dei)	1988
37.79	Jalen Craver (Woodbridge)	2011	38.77	** Jeremy Buck (Dana Hills)	1990
37.79	Matt Willis (Servite)	2002	38.77	Kenny Vinh (Katella)	2000
37.80	** Anton Hector (Esperanza)	1993	38.78	Jim Bittner (Katella)	1998
37.81	John Hall (Servite)	1996	38.79	**Jordan Ayers (Trabuco Hills)	2026
37.85	Josh Hill (Mission Viejo)	2018	38.80	Michael Ventura (Santa Margarita)	2020
37.87	Peyton Kilheffer (Brea)	2021	38.81	*John Burns (Mission Viejo)	2019
37.88	Vince Fusco (Dana Hills)	2010	38.81	Soda-pop Dailey (Aliso Niguel)	2026
37.89	Jimmy Martin (Santa Margarita)	2009	38.83	Myron Felix (Estancia)	1984
37.91	Quinn Williams (Mission Viejo)	2017	38.85	Octavio Moreno (Anaheim)	2017
37.93	*Blaise Burwell (Edison)	2026	38.87	Justin Rovin (Laguna Beach)	2006
38.05	Shane Vickers (Tustin)	1997	38.88	Davis Taff (Edison)	2004
38.05	Cole Paton (Mission Viejo)	2015	38.92+	Mike Patton (Saddleback)	38.9y 1985
38.09	Jett Gary (Beckman)	2025	38.92	Manuel Gomez (Los Alamitos)	2015
38.11	Ian Ward (Servite)	2017	38.94c	Steve Lawrence (Capo Valley)	38.7 1987
38.12	Daniel Sun (Woodbridge)	2016	38.94	Colin Currier (Crean)	2024
38.13	Carson Kaminski (Trabuco Hills)	2021	38.96	Justin Davis (San Clemente)	2002
38.14	Nathan Willoughby (Fountain Valley)	2017	38.97	Travis Harr (El Toro)	1994
38.17	Leo Francis (Santa Margarita)	2025	38.99	** Steve Forte (Woodbridge)	1993
38.23	John Hollis (SA Valley)	1986	39.00	*Nathan Lacson (Servite)	2018
38.23	*Jalen Craver (Woodbridge)	2010	39.01	Kevin Carr (Esperanza)	1997
38.24	** Nolan Grimm (El Toro)	2008	39.02	Chris Milosch (Dana Hills)	2005
38.25	Denny Flanagan (Edison)	2002	39.02	*Logan Ltght (Mater Dei)	2022
38.26	Ramon Vargas (Huntington Beach)	2011	39.03	Mike McGee (Dana Hills)	1986
38.28	Troy Hardy (Corona del Mar)	2013	39.04	Hyrum Taylor (Northwood)	2004
38.30	Sean Zeitler (Santa Margarita)	2001	39.04	Aaron Birk (Edison)	2009
38.31	Charlie Davidson (Woodbridge)	1992	39.04	Travion Phillips (Canyon)	2018
38.33	Hassan Ilyas (Fountain Valley)	2011	39.04	Roman Giachetto (Brea)	2024
38.33	Kyle Sandoval (Servite)	2017	39.06	John Burns (Mission Viejo)	2020
38.34	*AJ Beynon (Edison)	2014	39.07	Brent Busch (Newport)	1991
38.35	Kevin Jones (Fountain Valley)	2008	39.08	Ben Forties (Marina)	1998
38.37	Andrew Kokinakes (Aliso Niguel)	2009	39.09	Justin Smith (Aliso Niguel)	2007
38.38	Kamran Jahromi (Portola)	2024	39.11	Daniel Moyer (Newport)	2001
38.43	Elmer Guzman (Mission Viejo)	2005	39.12	Ryan Crane (Dana Hills)	1992
38.45	Pat Swanson (Esperanza)	1996	39.13	Chris Frazeur (Mission Viejo)	2003
38.46	David Fair (El Toro)	1990	39.13	Randy Rense (St Margaret's)	2005
38.49	Chris Kruki (El Toro)	2018	39.14c	* Wes Williams (Esperanza)	38.9 2004
38.52	Phil Oh (Irvine)	1996	39.14	Tyler Young (Rancho Alamitos)	2018
38.57	Geno Howard (Los Amigos)	1986	39.15	Chad Hick-Beach (Marina)	1996

39.15	Nick Ahrold (Dana Hills)		2011	39.42	Elijah Sandoval (Servite)		2021
39.15	Dylan Cobbs (Fullerton)		2026	39.43	Gabaldon (Rancho Alamitos)		2001
39.16	Scott Crowson (Mission Viejo)		1999	39.44c	Wynn Fredenburg (Esperanza)	39.2	1984
39.19	* Phil Oh (Irvine)		1995	39.44c	Craig Becker (Irvine)	39.2	1985
39.20	Sean Coye (Irvine)		1993	39.44c	Greg Sheperd (Corona del Mar)	39.2	1990
39.20	Aiden Hart (Pacific Chr)		2024	39.45	Steve Jennings (Marina)		1986
39.21	Jonah Kim (Aliso Niguel)		2019	39.48	*Ryan Whites (Estancia)		2006
39.22	Christian Bohuslavizki (Santa Margarita)		2014	39.52	Jack Fairchild (Crean Lutheran)		2022
39.22	Donnie Marion (Fountain Valley)		2018	400 meter Intermediate Hurdles			
39.22	Jake Angier (El Modena)		2019	52.33	Trevor Jones (Newport)		2000
39.23	Michael Miela (Trabuco Hills)		2009	53.21	Steve Kerho (Mission Viejo)		1982
39.23	Cameron Baldwin (Los Alamitos)		2012	54.36	Peyton Kilheffer (Brea)		2021
39.23	Jacob Anderson (Tustin)		2013	54.49	Matt Willis (Servite)		2002
39.23	Abraham Lotfy (Los Alamitos)		2019	56.17	*Cullan Riser (Orange Lutheran)		2012
39.24	Adrian Brown (Huntington Beach)		1991	56.97	*Lucas Monge (St Margeret's)		2025
39.26	Doug Kalagian (Capo Valley)		2009	57.59	Kyle Kimble (Servite)		2019
39.26	Cole Hidalgo (Northwood)		2025	58.95	***Blaise Burwell (Servite)		2024
39.26	**Blake Damron (Corona del Mat)		2026	58.99	***Peyton Brown (Tesoro)		2023
39.27	Scott Dicus (El Modena)		1997	4 x 100 meter Relay			
39.27	Greg Starkey (San Clemente)		2009	39.70	Servite		2026
39.28	John Gallup (Huntington Beach)		1986		(State Champion '25 & '26)		
39.28	Tom Rodriguez (Mission Viejo)		2002	40.00	Servite		2025
39.22+	Mark Holman (Orange)	39.2y	1986	41.08	J Serra		2026
39.24c	Dwayne Gregory (Mission Viejo)	39.0	1984	41.10+	SA Valley	41.2y	1971
39.25	Chad McHenry (Foothill)		1989	41.24	Trabuco Hills		2018
39.25	Dante Maxey (Tustin)		1998	41.28	Orange Lutheran		2023
39.25	Zachary Felix (Woodbridge)		2023	41.29+	Santa Ana	41.4y	1970
39.29	Brad Riehl (Servite)		2021		(State Champion)		
39.30	Tim Williams (Woodbridge)		1988	41.33	Los Alamitos		2022
39.30	*Jack Grose (Trabuco Hills)		2010	41.33	Santa Margarita		2026
39.31	Brian Chapman (Troy)		1985	41.35	Servite		2024
39.31	Edie Dwelley (Edison)		2000	41.40	Trabuco Hills		2019
39.31	* Mike Mudge (Aliso Niguel)		2000	41.40	Los Alamitos)		2025
39.32+	Rodney Wright (Canyon)	39.3y	1986	41.44	Mater Dei		2025
39.32+	Brandon Beadle (Villa Park)	39.3y	1986	41.48	Tustin		1997
3932	Ike Hicks (Cypress)		1996	41.56	Woodbridge		2015
39.33	Vince Flores (Savanna)		1991	41.57	Mission Viejo		2006
39.33	Jarrett Deschenes (Esperanza)		2001	41.57	Aliso Niguel		2019
39.33	Nehemiah Nash (Woodbridge)		2016	41.57	Mater Dei		2021
39.33	Kyle Kimbler (Servite)		2019	41.60	Trabuco Hills		2023
39.34c	Robbie Pietsch (El Modena)	39.1	1989	41.61	Mission Viejo		2017
39.34c	Don Oliver (Foothill)	39.1	1994	41.61	Santa Margarita)		2025
39.35	Steve Ernest (Canyon)		1989	41.67	Sage Hill		2025
39.35	Dan Foote (Foothill)		1995	41.69+	Santa Ana	41.8y	1968
39.35	Robert Morell (Esperanza)		2000	41.70	Orange Lutheran		2009
39.35	* Dan Moyer (Newport)		2000	41.71	Cypress		2005
39.35	Ramon Vargas (Huntington Beach)		2012	41.74	Servite		2017
39.35	*Kieren Beckman (Huntington Beach)		2023	41.75	Aliso Niguel		2007
39.36	Chayne Chaldu (Laguna Beach)		1997	41.75	Mater Dei		2023
39.36	Nick McGuinness (Corona del Mar)		2012	41.35	Portola		2024
39.37	Jason Arellano (Edison)		1998	41.76	Trabuco Hills		2024
39.38	Chuck Loo (Newport)		1998	41.78+	SA Valley	42.03y	1978
39.39	Tony Wilson (Anaheim)		1984	41.78	Dana Hills		2008
39.42+	Nick Matrisciano (Villa Park)	39.4y	1985				
39.42	* Kevin Carr (Esperanza)		1996				
39.42	Sean Schuster (Mission Viejo)		2008				

41.79	Mater Dei		2014	42.25	Tesoro		2019
41.82	Villa Park		2025	42.25	Northwood		2025
41.83	Mission Viejo		2007	42.25	Corona del Mar		2026
41.85	Mater Dei		2020	42.26	Servite		2016
41.86	SA Valley		1984	42.27	Orange Lutheran		2024
41.86	Los Alamitos		2003	42.28	Mater Dei		2013
41.88	Trabuco Hills		2017	42.28	San Juan Hills		2019
41.89	Woodbridge		2014	42.28	Canyon		2026
41.90	Los Alamitos		2012	42.29	Capo Valley		1987
41.91	Cypress		2003	42.29+	Marina	42.4y	1969
41.91	Servite "B"		2026	42.29+	SA Valley	42.4y	1969
41.94	Mater Dei		2019	42.29+	Savanna	42.4y	1971
41.97	Santa Margarita		2017	42.29	Santa Margarita		1998
41.99+	Anaheim	42.1y	1972	42.29	Dana Hills		2014
41.99	Los Alamitos		2011	42.29	Mission Viejo		2020
42.00	Esperanza		1995	42.30	Servite		2008
42.00	Irvine		2021	42.30	San Clemente		2011
42.00	Edison		2001	42.30	Santa Margarita		2016
42.02	Servite		2022	42.31	Santa Margarita		1996
42.03	Mater Dei		2024	42.31	Servite		2011
42.04	Garden Grove		1996	42.31	Corona Del Mar		2012
42.04	Aliso Niguel		2025	42.32	Esperanza		1994
42.05	SA Valley		1986	42.32	Trabuco Hills		2011
42.05	Mission Viejo		2013	42.33	Santa Margarita		2001
42.06	Marina		1985	42.33	Santa Margarita		2018
42.06	Los Alamitos		2002	42.33	Northwood		2024
42.06	Servite		2003	42.34	Orange Lutheran		2025
42.06	Mission Viejo		2024	42.35	Mater Dei)		2012
42.09+	Santa Ana	42.2y	1969	42.36	Trabuco Hills		2016
42.09+	Loara	42.2y	1970	42.37	Mission Viejo		2016
42.09	Esperanza		2005	42.38	SA Valley		1985
42.09	Orange Lutheran		2008	42.39	Fountain Valley		1998
42.09	Mater Dei		2008	42.3h	Santa Margarita		2015
42.10	Pacifica		2011	42.43	Marina		1984
42.11	J Serra		2024	42.43	Mater Dei		2015
42.12	Servite		2009	42.37	Mission Viejo		2004
42.13	Aliso Niguel		2018	42.37	Corona del Mar		2014
42.14c	Mission Viejo	42.0	2008	42.39+	Loara	42.5y	1971
42.15	Mission Viejo		2018	42.39+	Santa Ana	42.5y	1973
42.15	Servite		2021	42.40	Edison		1999
42.17	Trabuco Hills		2025	42.41	Savanna		2006
42.17	Aliso Niguel		2026	42.41	Servite		2023
42.18	Brea		1999	42.41	Fountain Valley		2025
42.18	Mission Viejo		2011	42.42	Mission Viejo		2010
42.19+	Santa Ana	42.3y	1972	42.44	Portola		2026
42.19+	Garden Grove	42.3y	1973	42.46	SA Valley		1992
42.19	Trabuco Hills		2026	42.46	Tustin		2000
42.20	Woodbridge		1997	42.46	Santa Margarita		2000
42.20	Tustin		1998	42.47	Los Alamitos		2004
42.20	Mater Dei		2009	42.48+	S A Valley	42.72y	1980
42.21	Mission Viejo		2009	42.48	Capo Valley		1988
42.21	J Serra		2014	42.48	Valencia		1992
42.22	Mater Dei		2016	42.48	Irvine		2011
42.23	Mission Viejo		2014	42.48	Fountain Valley		2017
42.23	Mission Viejo		2019	42.48	Tesoro		2022
42.24	Cypress		2004	42.49+	Mater Dei	42.6y	1967

42.49+	Garden Grove	42.6y	1972	42.69	Tesoro		2021
42.49+	SA Valley	42.6y	1973	42.69	Tesoro		2025
42.49+	SA Valley	42.6y	1974	42.70	Savanna		2003
42.49+	SA Valley	42.6y	1976	42.70	San Clemente		2008
42.49	Mission Viejo		2012	42.71	Mission Viejo		2003
42.50	Esperanza		2010	42.72	Santa Margarita		1999
42.51	Esperanza		1993	42.72	Fountain Valley		2016
42.51	Canyon		2009	42.72	Orange Lutheran		2016
42.51	Servite		2010	42.72	Orange Lutheran		2019
42.53	Aliso Niguel		2015	42.72	San Clemente		2023
42.53	Santa Margarita		2025	42.73	Mission Viejo		2021
42.54c	Capo Valley	42.4	1989	42.74	Katella		1986
42.54	Woodbridge		1994	42.74	Dana Hills		1994
42.54	Santa Margarita		2014	42.74	Yorba Linda		2025
42.54	Marina		2016	42.75	Mater Dei		1997
42.55	Trabuco Hills		2010	42.76	Laguna Hills		2003
42.56	Santa Margarita		2002	42.76	Edison		2012
42.56	Mission Viejo		2005	42.76	Los Alamitos		2017
42.56	Orange Lutheran		2022	42.77	Canyon		2008
42.56	Mater Dei		2026	42.77	Orange Lutheran		2011
42.57	Yorba Linda		2022	42.77	Foothill		2024
42.58	Los Alamitos		2014	42.78	San Clemente		2010
42.58	Los Alamitos		2024	42.78	El Dorado		2026
42.58	Foothill		2025	42.79+	Saddleback	42.9y	1975
42.58	Los Alamitos		2026	42.79	Orange Lutheran		2026
42.59	Mater Dei		2018	42.80	Woodbridge		2016
42.60	Tesoro		2014	42.80	Irvine		2019
42.60	Aliso Niguel		2021	42.80	Canyon		2022
42.60	Villa Park		2023	42.80	Sage Hill		2024
42.61	Mission Viejo		1992	42.81	Orange Lutheran		2018
42.61	Edison		2000	42.82	Laguna Hills		2008
42.61	Santa Margarita		2021	42.82	Irvine		2016
42.62	Saddleback		1991	42.82	Trabuco Hills		2021
42.63	SA Valley		1983	42.83	Mission Viejo		1997
42.63	Woodbridge		1992	42.83	San Juan Hills		2022
42.63	Mater Dei		1998	42.84c	Corona del Mar	42.7	1983
42.63	Dana Hills		2006	42.84c	Saddelback	42.7	1983
42.63	Tesoro		2018	42.84	Woodbridge		1993
42/63	Mission Viejo		2023	42.84	Servite		1999
42.64c	Edison	42.5	1980	42.84	Cypress		2026
42.65	Los Alamitos		2010	42.85	Brea		1995
42.65	Santa Margarita		2012	42.85	Mater Dei		1996
42.65	Woodbridge		2013	42.85	Corona del Mar		2013
42.66	Trabuco Hills		2022	42.86	Huntington Beach		2012
42.67	Fountain Valley		2008	42.86	Northwood		2026
42.67	Servite		2018	42.87	Katella		1985
42.67	Marina		2025	42.87	Trabuco Hills		2001
42.67	Crean		2026	42.87	Trabuco Hills		2004
42.68	Portola		2025	42.87	Beckman		2014
42.68	Mission Viejo		2022	42.86	Tesoro		2011
42.68	San Clemente		2024	42.88	Mater Dei		2011
42.69	Mission Viejo		1986	42.88	University		2017
42.69+	Garden Grove	42.8y	1970	42.89+	SA Valley	43.0y	1966
42.69+	Fountain Valley	42.8y	1970	42.89+	Loara	43.0y	1969
42.69+	Sunny Hills	42.8y	1974	42.89+	Brea	43.0y	1970
42.69+	Newport	42.8y	1978	42.89+	SA Valley	43.0y	1972

42.89+	Corona del Mar	43.0y	1972	43.01	Santa Margarita	2013
42.89+	Los Alamitos	43.0y	1975	43.02	Dana Hills	2009
42.89+	Villa Park	43.0y	1977	43.02	Western	2019
42.89+	Ocean View	43.0y	1981	43.03+	Irvine	43.28y 1980
42.89+	Katella	43.0y	1981	43.03	Anaheim	1996
42.89	Esperanza		1990	43.03	Fountain Valley	2009
42.89	Irvine		2001	43.04	SA Valley	1988
42.90	Mater Dei		1991	43.04c	Saddleback	42.9 1990
42.90	Fountain Valley		1997	43.04c	Irvine	4.29 1996
42.90	San Clemente		2018	43.04	Dana Hills	2016
42.90	Edison		2020	43.04	Beckman	2023
42.91	Troy		2000	43.04	Yorba Linda	2024
42.91	Edison		2002	43.05	Orange Lutheran	2013
42.91	Villa Park		2026	43.05	Aliso Niguel	2020
42.92	Foothill		1992	43.05	Beckman	2025
42.92	El Modena		2008	43.05	Tesoro	2026
42.92	Trabuco Hills		2009	43.06	J Serra	2025
42.92	Los Alamitos		2019	43.07	El Toro	1987
42.93	Dana Hills		2013	43.07	Dana Hills	2005
42.94	Villa Park		1983	43.07	Mater Dei	2010
42.94c	Saddleback	42.8	1985	43.07	Brea	2019
42.94	Irvine		2000	43.08	Los Alamitos	2021
42.95	Brea		1998	43.09+	El Modena	43.2y 1970
42.95	El Toro		2012	43.09+	Santiago	43.2y 1970
42.95	Woodbridge		2018	43.09+	Fountain Valley	43.2y 1971
42.96	Saddleback		1984	43.09+	Katella	43.2y 1971
42.96	Santa Margarita		1997	43.09+	Edison	43.2y 1975
42.96	Los Alamitos		2001	43.09+	Loara	43.2y 1975
42.96	Cypress		2002	43.09+	La Habra	43.2y 1975
42.96	San Clemente		2009	43.09+	Savanna	43.2y 1975
42.96	Servite		2013	43.09+	Loara	43.2y 1981
42.96	Corona del Mar		2022	43.09+	El Modena	43.2y 1982
42.97	Sonora		2011	43.09	Esperanza	1985
42.97	Aliso Niguel		2012	43.09	Irvine	1986
42.97	Tustin		2024	43.09	Trabuco Hills	1987
42.98	Edison		2019	43.09+	Buena Park	43.2y 1990
42.99+	Lowell	43.1y	1968	43.09	El Modena	2023
42.99+	Marina	43.1y	1971	43.10	Esperanza	2004
42.99+	Kennedy	43.1y	1972	43.10	Tustin	2012
42.99+	Santa Ana	43.1y	1973	42.10	Edison	2018
42.99	Santa Margarita		1995	43.10	Tesoro	2020
42.99	Huntington Beach		2011	43.11	SA Valley	1982
42.99	Canyon		2019	43.11	Foothill	1991
43.00	El Toro		1997	43.11	El Modena	2007
43.00	Savanna		2004	43.11	Fountain Valley	2010
43.00	Western		2011	43.11	Dana Hills	2017
43.00	Laguna Hills		2012	43.11	Woodbridge	2019
43.00	Los Alamitos		2013	43.11	Villa Park	2024
43.00	Servite		2014	43.12	Buena Park	1993
43.00	Mission Viejo		2015	43.12	Kennedy	1999
43.00	Aliso Niguel		2017	43.12	J Serra	2015
43.01	Corona del Mar		1994	43.12	Marina	2019
43.01	Irvine		1995	43.12	Santa Margarita)	2019
43.01	Dana Hills		1995	43.13	Edison	1997
43.01	Mission Viejo		2002	43.13	Los Alamitos	2006
43.01	Orange Lutheran		2012	43.13	Laguna Hills	2019

43.13	Orange Lutheran		2021	43.25	Katella		1999
43.13	Corona del Mar		2024	43.25	Edison		2005
43.14c	Anaheim	43.0	1985	43.25	Orange Lutheran		2006
43.14c	El Modena	43.0	1992	43.25	Aliso Niguel		2024
43.14c	El Toro	43.0	2002	43.26	Edison		1998
43.14c	Aliso Niguel	43.0	2008	43.25	Beckman		2026
43.14	Huntington Beach		2010	43.27	Capo Valley		1990
43.14	Laguna Hills		2011	43.27	Tustin		1996
43.14	Trabuco Hills		2020	43.27	Woodbridge		2017
43.15	Sunny Hills		1995	43.28	Edison		2013
43.15	Canyon		2020	43.28	Portola		2023
43.15	Edison		2022	43.29+	Los Alamitos	43.4y	1989
43.15	Los Alamitos		2023	43.29+	Katella	43.4y	1975
43.15	Sunny Hills		2026	43.29+	SA Valley	43.4y	1975
43.16	Woodbridge		1998	43.29+	El Modena	43.4y	1986
43.16	Mission Viejo		2001	43.30	Mission Viejo		1999
43.16	Irvine		2010	43.30	Trabuco Hills		2015
43.16	Laguna Hills		2017	43.30	Huntington Beach		2023
43.17	Katella		1984	43.31	Esperanza		1997
43.17	Woodbridge		1999	43.31	Valencia		2019
43.17	Trabuco Hills		2013	43.32	Newport		2001
43.17	El Modena		2014	43.32	Servite		2019
43.17	Fountain Valley		2026	43.32	Edison		2023
43.18	San Clemente		2006	43.33	San Juan Hills		2014
43.18	Tesoro		2012	43.33	Beckman		2022
43.18	Fountain Valley		2015	43.34c	Ocean View	43.2	1982
43.19+	Newport	43.3y	1975	43.34c	Saddleback	43.2	1982
43.19+	SA Valley	43.3y	1987	43.34c	Mission Viejo	43.2	1988
43.19	Servite		1996	43.34c	Marina	43.2	1983
43.19	El Toro		1999	43.34c	Tustin	43.2	1990
43.19	San Juan Hills		2013	43.34c	Katella	43.2	1997
43.19	Aliso Niguel		2016	43.34c	Canyon	43.2	2001
43.20	Rancho Alamitos		1990	43.34c	Los Alamitos	43.2	2008
43.20	Trabuco Hills		1999	43.34	Servite		2020
43.20	Santa Margarita		2005	43.35	Corona del Mar		2010
43.20	Dana Hills		2015	43.35	San Juan Hills		2012
43.20	El Toro		2021	43.35	El Modena		2013
43.20	Santa Margarita		2024	43.35	Cypress		2026
43.21	Marina		1986	43.36	Mater Dei		2017
43.21	Kennedy		2001	43.36	Yorba Linda		2023
43.21	Los Alamitos		2005	43.36	San Clemente		2026
43.21	Esperanza		2009	43.37	Cypress		1992
43.21	Aliso Niguel		2009	43.37	Beckman		2019
43.21	Los Alamitos		2016	43.38	Dana Hills		1984
43.21	Aliso Niguel		2018	43.38	Valencia		1986
43.23	Mission Viejo		2026	43.38	Los Alamitos		1994
43.24c	Corona del Mar	43.1	1980	43.38	Esperanza		1996
43.24c	Capo Valley		2008	43.38	Tustin		2008
43.24c	Calvary Chapel	43.1	1996	43.38	Yorba Linda		2016
43.24c	San Clemente		2007	43.38	Edison		2021
43.24	Anaheim		1984	43.39	Fountain Valley		1988
43.24	Saddleback		1994	43.39	San Clemente		1990
43.24	Trabuco Hills		2000	43.39	Savanna		2008
43.24	Villa Park		2011	43.39	University		2016
43.24	Los Alamitos		2018	43.40	Foothill		1990
43.25	Esperanza		1991	43.40	El Toro		1998

3:07.62	Servite (State Champion)	2026
3:09.46	Servite (State Third Place)	2025
3:13.8 +	Santa Ana	3:15.0y 1972
3:13.98	Orange Lutheran	2008
3:14.53	Orange Lutheran (State Champion)	2009
3:14.68	Aliso Niguel	2018
3:14.99	Foothill	1993
3:15.10	Foothill	1992
3:15.19	Santa Margarita	2002
3:15.23	Northwood	2025
3:15.5 +	Newport	3:16.7y 1975
3:15.65	Trabuco Hills	2019
3:15.70	Santa Margarita	2001

3:15.79	Foothill	1994	3:19.64	Dana Hills	2013
3:15.81	Trabuco Hills	2004	3:19.68	Woodbridge	1989
3:15.94	Santa Margarita	2003	3:19.70	Orange Lutheran	2024
3:15.96	Woodbridge	2010	3:19.82	Servite	1999
3:16.0 +	Newport	3:17.2y 1978	3:19.83	Dana Hills	1984
3:16.02	Cypress	2005	3:19.9 +	Savanna	3:21.2y 1970
3:16.06	Aliso Niguel	2017	3:19.9 +	Santa Ana	3:21.2y 1970
3:16.34	Mission Viejo	2004	3:19.99	Yorba Linda	2025
3:16.40	Los Alamitos	2004	3:20.0 +	Tustin	3:21.3y 1969
3:16.41	Fountain Valley	1981	3:20.0 +	Santa Ana	3:21.3y 1973
3:16.5 +	Fountain Valley	3:17.7y 1970	3:20.00	Esperanza	1984
3:16.80	Mater Dei	2010	3:20.04	Mission Viejo	2016
3:16.80	Dana Hills	2018	3:20.06	Santa Margarita	2008
3:16.91	Woodbridge	2015	3:20.1 +	Lowell	3:21.4y 1969
3:16.92	SA Valley	1986	3:20.10	Aliso Niguel	2019
3:17.02	Northwood	2024	3:20.16	Dana Hills	2010
3:17.28	Servite	2008	3:20.21	SA Valley	1992
3:17.30	Trabuco Hills	2009	3:20.23	Irvine	2010
3:17.34	Mater Dei	2011	3:20.26	Newport	2000
3:17.46	Santa Margarita	2000	3:20.26	Mater Dei	2012
3:17.57	Woodbridge	2014	3:20.27	Esperanza	1983
3:17.72	Buena Park	3:19.0y 1972	3:20.32	Edison	1998
3:17.72	Tesoro	2019	3:20.4 +	Santa Ana	3:21.7y 1974
3:17.80	Corona del Mar	2012	3:20.41	Mater Dei	2018
3:17.84	Valencia	1991	3:20.43	Trabuco Hills	2016
3:17.85	Valencia	1992	3:20.49	Dana Hills	2017
3:17.9 +	Garden Grove	3:19.2y 1970	3:20.52	Woodbridge	2013
3:17.9 +	Edison	3:19.2y 1975	3:20.55	Edison	2019
3:17.92	Newport	3:19.2y 1977	3:20.57	Canyon	2008
3:18.03	Canyon	2026	3:20.59	Dana Hills	2014
3:18.12	Villa Park	1996	3:20.62	Trabuco Hills	1998
3:18.17	Tustin	2026	3:20.71	Servite	2015
3:18.3 +	Newport	3:19.6y 1972	3:20.73	Orange Lutheran	2013
3:18.3 +	Los Alamitos	3:19.6y 1975	3:20.73	Woodbridge	2016
3:18.34	Cypress	2006	3:20.74	Santa Margarita	1997
3:18.4 +	Bolsa Grande	3:19.7y 1966	3:20.76	Los Alamitos	2003
3:18.41	Santa Margarita	2025	3:20.78	Dana Hills	2019
3:18.53	Foothill	1991	3:20.80	Santa Margarita	2005
3:18.65	Dana Hills	2005	3:20.83	Servite	2019
3:18.68	Servite	2011	3:20.84	Mission Viejo	2002
3:18.7 +	Western	3:20.0y 1972	3:20.86	Canyon	2025
3:18.75	Orange Lutheran	2023	3:20.87	Woodbridge	2017
3:18.82	Orange Lutheran	2007	3:20.89	Mission Viejo	2010
3:18.98	Tustin	1997	3:20.90	Aliso Niguel	2025
3:18.98	Trabuco Hills	2017	3:20.98	Mission Viejo	2005
3:19.1 +	Santa Ana	3:20.4y 1971	3:21.0 +	SA Valley	3:22.2y 1969
3:19.2 +	Newport	3:20.5y 1974	3:21.08	Los Alamitos	2024
3:19.23	Santa Margarita	1998	3:21.09	San Clemente	2024
3:19.29	Trabuco Hills	2015	3:21.11	Woodbridge	1992
3:19.32	Edison	2005	3:21.12	Mater Dei	2009
3:19.34	Edison	1989	3:21.12	J Serra	2023
3:19.46	Fountain Valley	1982	3:21.15	Mater Dei	2014
3:19.47	El Modena	1982	3:21.15	Trabuco Hills	2023
3:19.49	Orange Lutheran	2018	3:21.16	Santa Margarita	1999
3:19.54	Mater Dei	2013	3:21.17	Villa Park	1983
3:19.60	Mission Viejo	2013	3:21.18	Dana Hills	2008

3:21.22	Tesoro	2010	3:22.42	Aliso Niguel	2009
3:21.36	Portola	2024	3:22.46	El Dorado	2026
3:21.38	Los Alamitos	2015	3:22.5 +	El Dorado	3:23.8y 1980
3:21.4 +	Westminster	3:22.7y 1973	3:22.50	El Dorado	1987
3:21.4 +	Marina	3:22.7y 1976	3:22.56	Los Alamitos	2001
3:21.4 +	Villa Park	3:22.7y 1977	3:22.56	Woodbridge	2011
3:21.49	Dana Hills	2009	3:22.59	Corona del Mar	2011
3:21.49	Santa Margarita	2016	3:22.65	Servite	2022
3:21.5 +	Lowell	3:22.8y 1970	3:22.67	Servite	2016
3:21.5 +	University	3:22.8y 1980	3:22.68	Esperanza	1989
3:21.51	Anaheim	1984	3:22.71	Mater Dei	1981
3:21.51	Northwood	2023	3:22.71	Canyon	1989
3:21.56	Tustin	2012	3:22.71	Santa Margarita	2019
3:21.58	Mater Dei	1983	3:22.73	Los Alamitos	1983
3:21.60	Saddleback	1992	3:22.76	University	1981
3:21.6 +	Buena Park	3:22.9y 1971	3:22.78	Beckman	2025
3:21.61	Santa Margarita	2026	3:22.80	Irvine	1987
3:21.62	Trabuco Hills	2003	3:22.80	Cypress	1993
3:21.67	Mission Viejo	1985	3:22.80	Orange Lutheran	2006
3:21.68	Corona del Mar	2013	3:22.81	Costa Mesa	1982
3:21.7 +	Newport	3:23.0y 1973	3:22.81	Woodbridge	2009
3:21.74	Trabuco Hills	2018	3:22.82	Esperanza	2000
3:21.75	Trabuco Hills	1999	3:22.82	Trabuco Hills	2013
3:21.81	Dana Hills	1983	3:22.85	Mission Viejo	2019
3:21.85	Canyon	2009	3:22.88	Edison	2001
3:21.85	Trabuco Hills	2026	3:22.93	Trabuco Hills	2010
3:21.87	Aliso Niguel	2008	3:23.0	El Modena	1981
3:21.88	SA Valley	1997	3:23.00	Edison	1997
3:21.9 +	Estancia	3:23.2y 1976	3:23.09	Mission Viejo	2006
3:21.91	Edison	2014	3:23.09	Los Alamitos	2008
3:21.92	Woodbridge	2019	3:23.09	Trabuco Hills	2011
3:21.96	Dana Hills	2012	3:23.10	Estancia	1986
3:21.98	Aliso Niguel	2015	3:23.13	Esperanza	1982
3:21.99	Portola	2023	3:23.13	Mission Viejo	2014
3:22.01	Trabuco Hills	2024	3:23.15	Yorba Linda	2019
3:22.04	Fountain Valley	1993	3:23.16	Rancho Alamitos	1984
3:22.04	Mission Viejo	2018	3:23.18	Villa Park	1985
3:22.06	Marina	1984	3:23.18	Santa Margarita	1996
3:22.09	Dana Hills	2011	3:23.23	Irvine	1986
3:22.09	Woodbridge	2018	3:23.24	Mission Viejo	2003
3:22.1 +	Mission Viejo	3:23.4y 1975	3:23.31	Servite	1986
3:22.1	Corona del Mar	1983	3:23.32	Katella	1983
3:22.2 +	Villa Park	3:23.5y 1976	3:23.33	University	1982
3:22.2 +	El Dorado	3:23.5y 1978	3:23.34	Dana Hills	2020
3:22.21	Servite	2021	3:23.36	Fountain Valley	2016
3:22.23+	Edison	3:23.41y 1980	3:23.39	Savanna	1997
3:22.25	Katella	1988	3:23.42	Los Alamitos	2014
3:22.27	Mater Dei	2008	3:23.45	Esperanza	1991
3:22.27	Santa Margarita	2018	3:23.45	Saddleback	1994
3:22.28	Esperanza	1993	3:23.45	Mission Viejo	2009
3:22.3 +	Newport	3:23.5y 1969	3:23.46	Corona del Mar	1984
3:22.30	Santa Margarita	2014	3:23.47	Huntington Beach	1990
3:22.34	Edison	2013	3:23.48	Dana Hills	2001
3:22.40	Los Alamitos	2005	3:23.49	Newport	1987
3:22.41	Orange	1983	3:23.5	Costa Mesa	1981
3:22.41	Mission Viejo	2012	3:23.50	Katella	1989

3:23.50	Huntington Beach	2008
3:23.50	Servite	2013

Sprint Medley (1600m)

3:26.1 +	La Habra	3:27.4y	1961
3:26.36	Los Alamitos		2016
3:26.7 +	Orange	3:27.9y	1961
3:26.8 +	La Habra	3:28.5y	1962
3:27.24	Tesoro		2019
3:27.33	El Modena	3:27.4y	1982
3:27.64	Loa Alamitos		2015
3:27.64	Mission Viejo		2018
3:29.27	Los Alamitos		2018
3:29.29	Tesoro		2018
3:30.13	Trabuco Hills		2023
3:30.19	Los Alamitos		2017
3:30.5 +	Sunny Hills	3:31.8y	1974
3:30.5 +	El Modena	3:31.8y	1977
3:30.57	Dana Hills		2010
3:30.61	Mater Dei		2013
3:30.67	Dana Hills		2009
3:31.56	San Clemente		2025
3:31.76	Dana Hills		2014
3:31.87	El Toro		2009
3:32.6	Katella		1980
3:32.7 +	Orange	3:34.0y	1963
3:30.30	Trabuco Hills		1987
3:33.36	San Juan Hills		2013
3:33.38	Mission Viejo		2020
3:33.39	Santa Margarita		2026
3:33.89	Dana Hills		2008
3:33.96	Mission Viejo		2014
3:34.06	Northwood		2025
3:34.11	Tesoro		2016
3:34.14	Los Alamitos		2019
3:34.27	Los Alamitos		2013
3:34.36	Tesoro		2023
3:34.57	El Modena		1994
3:34.59	San Juan Hills		2014
3:34.72	Santa Margarita		2022
3:34.93	Tesoro		2026
3:35.08	Trabuco Hills		2019
3:35.21	Servite		2022
3:35.62	Northwood		2023
3:35.63	El Toro		2003
3:35.66	Edison		2021
3:35.80	Trabuco Hills		2010

4 x 800 meter Relay

7:33.34	J Serra	2025
	(State Champion)	
7:36.64	J Serra	2026
	(State Champion)	
7:38.07	San Clemente	2024

(State Champion)

7:38.59	San Clemente	2023
7:40.30	Dana Hills	2009
7:45.10	Dana Hills	2013
7:45.2 +	Tustin	7:48.0y 1965
7:46.4 +	Mission Viejo	7:49.2y 1973
7:47.48	Corona del Mar	2012
7:48.39	Santa Margarita	2024
7:48.4	El Modena	1981
7:42.48	Dana Hills	2018
7:49.49	Dana Hills	2008
7:49.49	San Clemente	2026
7:49.50	Beckman	2025
7:50.28	J Serra	2024
7:51.27	Mission Viejo	2013
7:51.4 +	Orange	7:54.2y 1962
7:51.51	Santa Margarita	2007
7:52.10	Dana Hills	2005
7:52.11	Servite	2008
7:52.25	Mision Viejo	1985
7:52.3 +	Magnolia	7:55.1y 1963
7:52.4 +	Loara	7:59.1y 1975
7:52.83	El Toro	2006
7:53.04	Valencia	2009
7:53.2	Lowell	1965
7:53.42	San Juan Hills	2026
7:53.49	Fountain Valley	2026
7:54.04	Edison	2004
7:54.12	Dana Hills	2012
7:54.4	Edison	1980
7:54.7	Corona del Mar	1989
7:55.1	Mater Dei	1982
7:55.1	Katella	1982
7:55.12	Marina	2010
7:55.43	Servite	2010
7:55.77	Villa Park	1983
7:55.80	Irvine	1985
7:56.07	Dana Hills	2010
7:56.10	Marina	2011
7:56.2	Magnolia	1964
7:56.3 +	Villa Park	7:59.1y 1972
7:56.34	Dana Hills	2014
7:56.35	Capo Valley	1989
7:56.59	Brea	2011
7:56.6 +	Estancia	7:59.4y 1977
7:57.30	Tesoro	2023
7:57.67	Esperanza	2002
7:57.87	Esperanza	2011
7:57.97	Trabuco Hills	2023
7:58.21	El Toro	2007
7:58.37	Brea Olinda	1994
7:58.84	Santa Margarita	2003
7:58.94	Esperanza	2003
7:59.0	University	1980
7:59.08	Dana Hills	2011
7:59.2	El Dorado	1982

7:59.21	Fountain Valley	2001	10:20.85	Santa Ana	2007
7:59.33	Dana Hills	2002	10:21.2	Edison	1980
7:59.36	Beckman	2026	10:21.24	El Toro	2013
7:59.82	Marina	2005	10:21.4 +	Santiago	10:25.0y 1965
7:59.86	Dana Hills	2007	10:21.44	Canyon	2024
7:59.9	Edison	1981	10:24.54	Edison	2013

Distance Medley

9:58.76	Dana Hills	2010	10:21.71	Villa Park	1985
10:00.05	Los Alamitos	2026	10:21.79	Newport	2008
10:01.50	Dana Hills	2009	10:21.87	Mater Dei	1983
10:03.24	Trabuco Hills	2008	10:21.92	Santa Margarita	2007
10:06.03	Laguna Beach	2026	10:22.14	Woodbridge	2011
10:06.73	Dana Hills	2015	10:22.30	Brea	2014
10:08.02	Dana Hills	2011	10:22.40	Mission Viejo	2017
10:08.4 +	El Modena	10:12.0y 1970	10:22.5 +	Buena Park	10:26.1y 1977
10:08.50	Dana Hills	2013	10:22.68	Corona del Mar	1984
10:09.71	Corona del Mar	1989	10:22.68	Orange	2003
10:10.43	J Serra	2025	10:22.69	Brea	2016
10:10.46	Trabuco Hills	2025	10:22.8 +	Mission Viejo	10:26.4y 1977
10:10.51	San Clemente	2023	10:22.82	Beckman	2021
10:12.4 +	Laguna Beach	10:16.0y 1976	10:23.1 +	Corona del Mar	10:26.8y 1975
10:13.20	San Clemente	2024	10:23.45	Beckman	2025
10:13.21	Woodbridge	2026	10:23.5 +	Sunny Hills	10:27.2y 1974
10:13.41	Mission. Viejo	1998	10:23.58	San Clemente	2025
10:13.50	Esperanza	2011	10:23.70	Esperanza	2003
10:14.08	Dana Hills	2008	10:23.8 +	Foothill	10:27.5y 1978
10:14.6 +	La Habra	10:18.2y 1968	10:24.51	El Toro	2003
10:14.65	Corona del Mar	2012	10:24.54	Edison	2013
10:15.06	El Modena	1981	10:24.6 +	Corona Del Mar	10:28.3y 1985
10:15.63	El Toro	2011	10:24.7	Costa Mesa	10:28.4y 1977
10:15.65	Dana Hills	2017	10:24.8 +	Valencia	10:28.5y 1977
10:15.92	Newport	1999	10:24.82	Mater Dei	1989
10:15.96	Dana Hills	2014	10:24.87	Santa Margarita	2023
10:16.1 +	Mission Viejo	10:19.6y 1974	10:25.03	El Toro	2007
10:16.21	El Modena	1983	10:25.09	Dana Hills	2003
10:16.84	Santa Margarita	2024	10:25.4 +	Edison	1981
10:16.96	El Toro	2012	10:25.40	Corona del Mar	1986
10:17.2 +	Garden Grove	10:20.8y 1972	10:25.64	El Modena	2014
10:17.2 +	Loara	10:20.8y 1975	10:25.8 +	Lowell	10:29.4y 1963
10:17.4 +	Westminster	10:21.1y 1967	10:26.11	Mission Viejo	2014
10:17.73	El Toro	2002	10:26.41	Dana Hills	2002
10:17.88	Corona del Mar	1987	10:26.49	La Habra	1986
10:17.93	Edison	2005	10:26.60	Trabuco Hills	2010
10:18.2 +	Mission Viejo	10:21.8y 1975	10:27.09	Tesoro	2025
10:18.68	El Toro	2008	10:27.2 +	Villa Park	10:30.8y 1983
10:18.73	Villa Park	1986	10:27.2	University	1980
10:18.78	Mission Viejo	2018	10:27.20	Tesoro	2021
10:19.0 +	Loara	10:22.6y 1974	10:27.77	Santa Margarita	2006
10:19.29	El Toro	2009	10:27.81	Servite	2010
10:19.39	Dana Hills	2019			
10:19.4	El Modena	1984			
10:19.5 +	La Habra	10:23.2y 1967			
10:20.10	J Serra	2026			
10:20.4 +	Westminster	10:24.0y 1965			
10:20.75	Esperanza	2010			

4 x 1500 meter Relay

16:23.1	University	1981
16:23.3	El Modena	1980
16:25.5	El Modena	1982
16:33.3	University	1985
16:36.2	Mater Dei	1982
16:37.4	El Dorado	1983

16:37.8	University	1982	17:49.67	Newport	2019
16:41.3	University	1983	17:50.6 +	Westminster	17:56.9y 1966
16:44.2	El Modena	1985	17:50.87	San Clemente	2022
16:50.6	Tustin	1982	17:50.97+	El Toro	17:57.22y 2008
16:50.8	El Dorado	1982	17:51.39	Katella	1999

4 x 1600 meter Relay

17:12.60	Trabuco Hills	2012	17:52.11+	Valencia	17:58.36y 2006
17:13.71	Dana Hills	2016	17:52.14	El Toro	2002
17:15.78	Dana Hills	2015	17:52.4 +	Orange	17:58.7y 1981
17:20.50	San Clemente	2023	17:52.85	Trabuco Hills	2017
17:20.65	Trabuco Hills	2025	17:53.0 +	Foothill	17:59.3y 1977
17:21.55+	Dana Hills	17:27.63y 2010	17:53.2 +	Corona del Mar	17:59.5y 1978
17:21.67+	Dana Hills	17:27.75y 2009	17:53.8 +	Orange	18:00.1y 1980
17:22.74+	Laguna Beach	17:28.82y 2019	17:53.9 +	Costa Mesa	18:00.2y 1972
17:23.26	Canyon	2015	17:53.9 +	Villa Park	18:00.2y 1975
17:25.60	Dana Hills	2011	17:54.20	Tesoro	2016
17:28.79	Trabuco Hills	2011	17:54.37	Trabuco Hills	2013
17:28.85	Tesoro	2023	17:54.75	Fountain Valley	2014
17:31.6 +	Foothill	17:37.8y 1975	17:55.8	Corona del Mar	1979
17:31.85	Trabuco Hills	2026	17:56.14	Servite	2026
17:32.05	Beckman	2025	17:56.2 +	Villa Park	18:02.5y 1980
17:32.25	Dana Hills	2014	17:56.24	Fountain Valley	2013
17:34.7 +	Villa Park	17:40.9y 1979	17:56.3 +	Fountain Valley	18:02.6y 1980
17:34.8 +	Marina	17:41.0y 1973	17:56.7 +	Fountain Valley	18:03.0y 1981
17:34.86	Dana Hills	2019	17:56.7 +	Fountain Valley	18:03.0y 1981
17:36.62	Valencia	2009	17:57.3 +	Loara	18:03.6y 1973
17:37.73+	Marina	17:43.90y 2006	17:57.33 +	Brea	18:03.62y 2010
17:38.9	Corona del Mar	1987	17:57.36	Corona del Mar	2013
17:39.51+	El Toro	17:45.70y 2009	17:57.48	Santa Margarita	2007
17:39.8 +	Edison	17:46.0y 1976	17:58.05	El Toro	2011
17:40.3 +	Fountain Valley	17:46.5y 1978	17:58.54	Aliso Niguel	2025
17:40.8 +	Loara	17:47.0y 1975	17:58.7 +	El Modena	18:05.0y 1980
17:41.0 +	Mission Viejo	17:47.2y 1973	17:58.05	El Toro	2011
17:41.4 +	Lowell	17:47.6y 1975	17:58.7 +	El Modena	18:05.0y 1980
17:41.6 +	Corona del Mar	17:47.8y 1975			
17:42.8 +	Westminster	17:49.0y 1965			
17:43.2 +	Tustin	17:49.4y 1965			
17:43.2 +	Costa Mesa	17:49.4y 1977			
17:44.74	Canyon	2016			
17:44.77	Dana Hills	1989			
17:44.77	Tesoro	2015			
17:45.25	El Toro	2012			
17:45.80	Dana Hills	2012			
17:46.07	Orange	2003			
17:46.53	Trabuco Hills	2024			
17:46.7 +	Corona del Mar	17:53.0y 1980			
17:47.21	Woodbridge	2024			
17:47.3 +	Costa Mesa	17:53.6y 1978			
17:47.36+	El Toro	17:53.59y 2007			
17:47.94	Mater Dei	1989			
17:48.07+	El Toro	17:54.30y 2006			
17:48.50	Beckman	2026			
17:48.9 +	Sunni Hills	17:55.2y 1973			
17:49.0 +	Marina	17:55.3y 1978			
17:49.52	Mission Viejo	2017			

High Jump

7-3	Sean Lee (Trabuco Hills)	2018
	(State Champion '17 & '18 - '15 & '16 medalist))	
7-2.5	Harrison Steed (J Serra)	2010
7-2	Elliott Parks (El Toro)	1997
	(State Champion)	
7-1	Kevin Carlson (Katella)	1991
7-0.5	* TJ Fakehinde (Eastside Chr)	2002
7-0	Brian Carlson (Katella)	1993
7-0	Cory Johnson (Los Alamitos)	1996
6-11.75	Doug Dreibelbis (Foothill)	1983
6-11.5	Alex Marbley (Tustin)	2001
6-11	Brad Harris (Los Alamitos)	1978
6-11	Jay Thorson (Laguna Beach)	1981
6-11	* Terry Mann (Sunny Hills)	1991
6-11	Daniel Kirkpatrick (Trabuco Hills)	2007
	(State Champion)	
6-11	Cody Crampton (Canyon)	2012
	(State Champion)	
6-10.75	Cary Burt (Huntington Beach)	1977
6-10.5	Jay Lim (Sonora)	1993

6-10.25	Doug Case (Laguna Beach)	1974	6-8	Jim Allen (Cypress)	1978
6-10.25	Troy Langley (Canyon)	1994	6-8	Jeff Stevens (Tustin)	1978
6-10.25	*CJ McCord (Sage Hill)	2014	6-8	Dave Martin (Huntington Beach)	1979
6-10	Joe Phillips (SA Valley)	1974	6-8	Imad Jamal (Fullerton)	1979
6-10	Ken Connor (Estancia)	1975	6-8	Todd Hart (Servite)	1980
6-10	Doug Nordquist (Sonora)	1977	6-8	Mike Spera (Tustin)	1980
6-10	*Ron Edgley (El Dorado)	1979	6-8	* Ed McGowan (Katella)	1980
6-10	Eric Smyth (Dana Hills)	1979	6-8	Jeff Armstrong (Western)	1980
6-10	Larry Berger (Esperanza)	1979	6-8	Ian Dougherty (Villa Park)	1982
6-10	*John Landon (Savanna)	1980	6-8	*Jay Jensen (Los Alamitos)	1983
6-10	*Francel Jones (SA Valley)	1981	6-8	LeRon Ellis (Mater Dei)	1987
6-10	Eric Wheelwright (Edison)	1985	6-8	Chris Chapman (Esperanza)	1994
6-10	Myron Williams (Orange)	1987	6-8	Danny Vasquez (Century)	1995
6-10	John Amneus (Foothill)	1987	6-8	Jim Lunnen (Santa Margarita)	2000
6-10	Lester DeRaad (Tustin)	1997	6-8	Hunter Orahoed (San Clemente)	2001
6-10	Matt Carter (El Modena)	2003	6-8	Dionte Holloway (Kennedy)	2002
6-10	Mason Hahn (Orange Lutheran)	2010	6-8	Jeff Goddard (Edison)	2003
6-10	Jack Wiseman (Huntington Beach)	2019	6-8	Drake Oberle (Cypress)	2004
6-10	Kyle Jankans (Villa Park)	2020	6-8	Tim George (Los Alamitos)	2005
6-9.25	** Jeff Lawson (El Dorado)	1975	6-8	Daniel Gomez (Troy)	2006
6-9.25	Wade Freier (Laguna Beach)	1977	6-8	Kevin Conrad (Buena Park)	2008
6-9.25	Dave Reddick (Laguna Beach)	1977	6-8	Mike La Rocca (Dana Hills)	2008
6-9.25	Alan Gersten (University)	1977	6-8	Mitchell Bland (Tesoro)	2014
6-9	Tony Madau (El Dorado)	1972	6-8	*James Phillips (Yorba Linda)	2016
	(State Runner Up)		6-8	Chance Kuehnel (Sage Hill)	2016
6-9	Jim Boyd (El Dorado)	1977	6-8	*Kyle Jankans (Villa Park)	2019
6-9	*Chris Stumfall (Los Amigos)	1979	6-8	Jake Stafford (J Serra)	2023
6-9	Jim Cody (Servite)	1984		(State Champion)	
6-9	Eric Dorn (Estancia)	1986	6-8	Zion Chambers (Los Alamitos)	2026
6-9	Andy Lopries Western)	1988		(State Third Place)	
6-9	Chris Moxley Mission Viejo)	1990	6-7.5	Chat Chuenrudeemol (Sunny Hills)	1990
6-9	*David Benton Woodbridge)	1990	6-7.25	Steve Baskin (Esperanza)	1975
6-9	Tim Cody (Servite)	1991	6-7.25	Mike Weinrich (Santa Ana)	1964
6-9	*Jeff Waldren (Cypress)	1991	6-7	Willie Gardner (Garden Grove)	1971
6-9	Santosh Swamidass (El Modena)	1998	6-7	Bill Gordon (La Habra)	1971
	(State Third Place)		6-7	George Kent (Corona del Mar)	1972
6-9	Sage Stone (Mission Viejo)	2013	6-7	Mike Sena (Mission Viejo)	1974
6-9	Myles Hawkins (Orange Lutheran)	2014	6-7	Ed Holahan (Buena Park)	1978
6-9	Quinten Pounds (Cypress)	2015	6-7	Greg Lawson (El Dorado)	1979
6-9	Kevin Schmitt (Los Alamitos)	2018	6-7	*Jay Hunnemeyer (Troy)	1979
6-9	**Brandon Gorski (Mater Dei)	2023	6-7	Lorenzo Demeyers (Edison)	1982
6-8.75	Tohru Asami (Sunny Hills)	1978	6-7	Scott Buccola (University)	1982
6-8.5	Ed Caruthers (SA Valley)*	1963	6-7	Eric Samuelson (Sonora)	1983
	*(Recordholder for the Straddle Technique)		6-7	* Todd Fenton (Cypress)	1984
	(1968 Olympian)		6-7	Mark Palmer (Corona del Mar)	1984
6-8.5	Dave White (Marina)	1977	6-7	Perez (Fullerton)	1986
6-8.5	Jeff Bedell (Villa Park)	1985	6-7	Matt Malone (Marina)	1987
6-8.5	Matt Dispenza (Marina)	2014	6-7	Will Foster (Edison)	1987
6-8.25	Carl Eissman (San Clemente)	1975	6-7	* Greg Ramsey (Loara)	1989
6-8.25	Roger Leary (El Toro)	1982	6-7	* Paul Nihipali (Esperanza)	1992
6-8	Rick Sloan (Anaheim)	1964	6-7	Steve Sherwood (Esperanza)	
6-8	Greg Heet (Lowell)	1964	6-7	Robert Fuentes (Saddleback)	1998
6-8	Parker Kennedy (Foothill)	1966	6-7	Chase Thomas (Orange Lutheran)	2006
6-8	Dave Russ (Garden Grove)	1969	6-7	Ryan Arambulo (Beckman)	2008
6-8	Kevin Cuervo (Western).	1975	6-7	Oscar Munson (San Clemente)	2011
6-8	*Dave Kahn (Lowell)	1978	6-7	AJ Beynon (Edison)	2015

6-7	Aiden Garnett (Edison)	2019	6-6	Steve Koehl (Foothill)	1986
6-7	Dominic Cotton (Northwood)	2023	6-6	Pete Gontang (Mission Viejo)	1986
6-7	Alan Vuong (Cypress)	2023	6-6	John Grehata (SA Valley)	1986
6-7	Henri Huntington (San Clemente)	2026	6-6	Richie (Costa Mesa)	1986
6-6.75	Sprague Hanavan (El Modena)	1986	6-6	Bill Price (Valencia)	1987
6-6.75	**Griffin Schwab (San Clemente)	2022	6-6	Dave Ellis (Woodbridge)	1987
6-6.5	Andy Curbs (Western)	1961	6-6	Wil Foster (Edison)	1987
6-6.5	Mike Maxey (Buena Park)	1973	6-6	Greg Reyes (Los Alamitos)	1988
6-6.5	Steve Cox (El Toro)	1975	6-6	Bob Breneman (Trabucco Hills)	1988
6-6.5	Craig Fidone (Edison)	1977	6-6	Paul Mackay (Foothill)	1988
6-6.5	Rob Spencer (Canyon)	1978	6-6	Tom Sheehy (Tustin)	1989
6-6.5	Eric Pryce (Mission Viejo)	1988	6-6	Anthony Ortiz (La Habra)	1989
6-6.5	Dan Funks (Laguna Hills)	1995	6-6	Ian Alexander (Foothill)	1990
6-6.25	Peter Hart (Villa Park)	1970	6-6	Melendez (Anaheim)	1990
6-6.25	K.C. Connell (Newport)	1975	6-6	Jason Swericz (San Clemente)	1991
6-6.25	Ron Craig (Newport)	1977	6-6	* Ramsey Alexander (Tustin)	1991
6-6.25	* Todd Broesder (Loara)	1981	6-6	Mike Desimore (Dana Hills)	1991
6-6	Mike Lange (Costa Mesa)	1962	6-6	Tom Bottiaux (Canyon)	1991
6-6	Dave Russ (Garden Grove)	1969	6-6	Thomas Clayton (Tustin)	1991
6-6	Greg Lynch (Lowell)	1971	6-6	Drew Hubbard (Brea)	1992
6-6	Tom Johnson (Loara)	1972	6-6	Noah Kimbwalala (Orange)	1992
6-6	Joe Denger (Corona del Mar)	1972	6-6	Mark Greenwood (Canyon)	1993
6-6	Paul Morton (Kennedy)	1972	6-6	*Matt Byrd (Fountain Valley)	1994
6-6	Doug Martin (Mater Dei)	1972	6-6	David Barnes (Marina)	1994
6-6	Jeff Hutton (Katella)	1972	6-6	Steve McNully (La Habra)	1995
6-6	Dave Gemmill (Lowell)	1973	6-6	Dustin Miller (Dorado)	1995
6-6	Parker (Westminster)	1974	6-6	*Dan Busch (Orange)	1995
6-6	Craig Feola (El Dorado)	1974	6-6	*Danny DeRosier (Cypress)	1996
6-6	Mitch Herold (Los Alamitos)	1974	6-6	Chris Lawford (Dana Hills)	1997
6-6	Chris Davis (Edison)	1975	6-6	Bryan Reese (Dana Hills)	1997
6-6	Gary Armstrong (Katella)	1975	6-6	* Santosh Swamidass (El Modena)	1997
6-6	Eric Schommer (Los Alamitos)	1975	6-6	Steve Smith (Costa Mesa)	1997
6-6	John Peterson (Saddleback)	1975	6-6	Ryan Kugel (Brea)	1998
6-6	Todd Kirschner (El Dorado)	1975	6-6	Bilian Panian (Los Alamitos)	1999
6-6	Keith DeLapp (Saddleback)	1976	6-6	Joe Thomas (Buena Park)	1999
6-6	Jacquez Tuz (Corona del Mar)	1977	6-6	Andy Spaulding (Dana Hills)	2000
6-6	Imad Jamal (Fullerton)	1978	6-6	Matt Johnson (Santa Margarita)	2001
6-6	John Peavy (El Toro)	1978	6-6	Daryl Parker (Canyon)	2001
6-6	Doug Lalicker (Savanna)	1978	6-6	* J.T. Perryman (Woodbridge)	2001
6-6	Chris McNeese (Foothill)	1978	6-6	Mike Prouder (Cypress)	2001
6-6	Dave Garrett (Santa Ana)	1978	6-6	*Jeff Goodard (Edison)	2002
6-6	Mike Seidschlag (Orange)	1979	6-6	Brian McTigue (Mission Viejo)	2002
6-6	Mike Aschieris (Foothill)	1979	6-6	Zach Novae (Estancia)	2003
6-6	Rich Chang (Edison)	1980	6-6	Blake Remeyer (Trabuco Hills)	2003
6-6	Eugene Harriman (Magnolia)	1981	6-6	Williams (Savanna)	2003
6-6	*Kevin Harrison (Foothill)	1981	6-6	Roy Butts (Buena Park)	2004
6-6	Allan Galloway (Pacifica)	1982	6-6	Mike Lawrence (Servite)	2004
6-6	Brad Burns (Ocean View)	1982	6-6	Rick Fisher (El Toro)	2005
6-6	Ron Murray (Los Alamitos)	1982	6-6	**Warren Reuland (Mission Viejo)	2006
6-6	Ken Williams (Troy)	1982	6-6	Chase Redfield (Dana Hills)	2007
6-6	** Tom Ward (El Dorado)	1983	6-6	* Colton Grandbouche (Canyon)	2008
6-6	Black (Santa Ana)	1983	6-6	* Andy Multari (Sage Hill)	2009
6-6	Todd Prukop (Servite)	1984	6-6	Neimah Jones (Irvine)	2009
6-6	Todd Jorgenson (Los Alamitos)	1985	6-6	Jordan Sachs (La Habra)	2009
6-6	Walter Lauderdale (Kennedy)	1985	6-6	Winston Lawson (Segerstrom)	2011
6-6	Ryan Gillette (Villa Park)	1985	6-6	Alex Wilde (Corona del Mar)	2014

6-6	*Ryan Bentley (Orange Lutheran)	2019	15-9	Nick Masterson (Servite)	2008
6-6	*JD Martinez (Villa Park)	2019	15-9	David Bean (Orange Lutheran)	2014
6-6	Aryan Shrivastova (Portola)	2022	15-9	Luke Newman (Trabuco Hills)	2015
6-6	Griffin Schwab (San Clemente)	2023	15-9	Mason Gariepy (Mission Viejo)	2018
6-6	Isley Gutierrez (Mater Dei)	2023	15-9	*David Brok (Los Alamitos)	2021
6-6	Benjamin Cox (Villa Park)	2024	15-8.5	Steve Rakhshani (Edison)	1977
6-6	Michael Danna (El Dorado)	2024	15-8	Jeff Ryan (Huntington Beach)	1999
6-6	Elijah Masters (Yorba Linda)	2025	15-8	Pat Luke (Santa Margarita)	2000
6-6	*Gage Rhodus (Orange Lutheran)	2026	15-8	Aaron Corbett (Edison)	2002
6-6	*Jimmel Champion (Huntington Beach)	2026	15-8	Blake Mason (Fountain Valley)	2008
-----			15-8	Landon Shank (Servite)	2016
6-4.25	Phil Jacques (Santa Ana)	1931	15-8	Garrett Higgins (Trabuco Hills)	2025
	(State Champion)		15-8	Viet Le (Fountain Valley)	2026
			15-7	David Kim (Los Alamitos)	2010
			15-7	Jeremy Kennedy (Marina)	2010
			15-7	*R.W. Henson (Newport)	1987
				(State Runner up)	
17-6	Michael Woepse (Mater Dei)	2010	15-7	*Chris Doerr ((Trabuco Hills)	2015
	(State Champion)		15-6	Doug Miller (Estancia)	1986
17-2	Jett Gordon (Marina)	2016	15-6	Ra Darling (Ocean View)	1988
	(State Champion)		15-6	Lu e Stokes (Edison)	1997
17-0	Carl Johansson (Orange Lutheran)	2014	15-6	* Hong Nguyen (Katella)	2002
	State Champion)		15-6	Jeff Tran (Fountain Valley)	2009
16-8	Johnny Quinn (St Margaret's)	2006	15-6	Jesse Phillips (Katella)	2010
16-7	Logan Odden (Marina)	2000	15-6	Paul Thenard (Marina)	2013
16-7	Greg Woepse (Mater Dei)	2006	15-6	Riley Turner (Mater Dei)	2014
16-6	Greg Ernst (El Dorado)	1978	15-6	Tommy Nord (Mater Dei)	2014
	(State Runner up)		15-6	***Aidan Chenault (J Serra)	2017
16-6	Ryan Fegan (Newport)	2017	15-6	*Noah Richardson (Crean)	2026
16-5.25	Steve Michels (Brethren Christian)	1996	15-5	Nolan Blachowski (Servite)	2020
	(State Champion)		15-4	Eric Whitcomb (Valencia)	1989
16-5	Brady Furr (Santa Margarita)	2025	15-4	Gary VanSluis (El Modena)	1993
	(State Runner Up)		15-4	Travis Vandrovec (Fountain Valley)	1997
16-4	Dave Noel (Edison)	1988	15-4	Curbs Hendrick (Marina)	2003
16-3.25	Keith Schimmel (Villa Park)	1975	15-4	Leon Roach (Marina)	2008
	(State Champion)		15-4	Ryan Simioni (Edison)	2008
16-3.25	Jim Sidler (Villa Park)	1977	15-4	Matt Cooper (Mater Dei)	2009
16-3	Scott Cook (Mater Dei)	2010	15-4	Eric Sims (Servite)	2009
	(State Champion)		15-4	Kevin Stull (Orange Lutheran)	2013
16-3	Mark Sakioka (Newport)	2011	15-4	Chandler Thorpe (Edison)	2013
16-3	Adam Bragg (El Toro)	2011	15-4	Danny Affleck (Aliso Nigul)	2020
16-2	Dustin Deleo (Los Alamitos)	2004	15-3	Paul Peters (Villa Park)	1981
16-1	Tim Vahlstrom (Villa Park)	1975	15-3	Ted Whalen (Mater Dei)	1997
16-1	Greg Stull (Troy)	1980	15-3	B .J. Vandrovec (Fountain Valley)	2001
16-1	Nate Fox (Edison)	1996	15-3	Sean Jones (Mission Viejo)	2002
16-0.75	Michael Rovzar (Mater Dei)	2013	15-3	* Michael Simms (Servite)	2006
16-0	Tim McIntyre (Los Alamitos)	1979	15-3	Sean McNanny (Mission Viejo)	2009
16-0	Steve Williams (Servite)	1986	15-3	Jesse Shank (Servite)	2014
16-0	Steve Slocum (Foothill)	1987	15-3	Jacob Adler (Mission Viejo)	2014
	(State Champion)		15-3	Pierson O'Connell (Servite)	2018
16-0	Parker Curry (Santa Margarita)	2014	15-3	Joshua Kato (San Juan Hills)	2021
16-0	Michael Chadwick (Edison)	2017	15-3	David Brok (Los Alamitos)	2022
16-0	Michael Magula (Marina)	2017	15-2	Ron Mooers (Valencia)	1971
16-0	Leo Davis (Newport)	2023	15-2	Willy Thorns (Newport)	1980
16-0	Dexter Brice (San Clemente)	2024	15-2	Fritz Howser (Newport)	1985
15-10	Alex Escalera (Sage Hill)	2017	15-2	* Bobby Sparks (Esperanza)	1998
15-10	*Skyler Magula (Marina)	2018			
15-9	Pete Kovacs (El Modena)	1995			

15-2	* Brandon Mora (Katella)	2002	14-9	Paul Bowker (Mission Viejo)	2012
15-2	Chris Ostoich (St Margaret's)	2002	14-9	Adam Garrison (Fountain Valley)	2022
15-2	Noah Metzдорff (Trabuco Hills)	2017	14-9	**Brady Furr (Santa Margarita)	2023
15-2	Fernando Martinez (J Serra)	2017	14-9	*Dextyer Brice (San Clemente)	2023
15-1.5	* David Giang (Katella)	2001	14-8.5	Tom Lueras (Santa Ana)	1972
15-1	Jim Collins (Valencia)	1972	14-8.5	Aaron Corbett (Edison)	2001
15-1	Jim Bogart (Edison)	1976	14-8	Mike Sampson (La Habra)	1969
15-1	Keith Miller (Corona del Mar)	1991	14-8	Mark Hill (Sunny Hills)	1983
15-1	Brendan Pena (Edison)	2003	14-8	Manuel Ballard(Cypress)	1985
15-1	Stephen Horrell (Dana Hills)	2005	14-8	Shawn Rogen (Irvine)	1989
15-1	* Matt Cooper (Mater Dei)	2008	14-8	*Sean Kelsay (San Clemente)	2016
15-1	* Garrett McRoberts (Mater Dei)	2008	14-7.75	John Reed (Los Amigos)	1981
15-1	Michael Loschiavo (Huntington Beach)	2010	14-7.5	Les Hague (Santa Ana)	1965
15-1	*Jack Gallivan (Mater Dei)	2011	14-7.5	Jim Burton (SA Valley)	1966
15-1	Fritz Howser (Newport)	2012	14-7.25	Mike Simmons (Newport)	1966
15-1	Clint Gallivan (Mater Dei)	2013	14-7	Ed Elliot (SA Valley)	1967
15-1	Aiden Bennett (San Clemente)	2022	14-7	* Sven Northcott (Marina)	1994
15-1	Ryan Leuenberger (Capo Valley)	2024	14-7	* Brian Lindley (University)	1995
15-0	*Sam Caruthers (SA Valley)	1965	14-7	Matt Summer (Marina)	1997
15-0	Tom DiStanislao (Newport)	1973	14-7	* Aaron Roy (Edison)	2005
15-0	Mike Baker (Katella)	1973	14-7	Matt McCormick (Dana Hills)	2008
15-0	Brian Cornett (Katella)	1979	14-7	Cameron Van Dieren (Servite)	2010
15-0	Jeff Conkle (Cypress)	1977	14-7	Ty Polk (Marina)	2021
15-0	Lance Betson (Newport)	1983	14-6.5	Tony Hoffman (San Clemente)	1971
15-0	Trevor Lycett (Esperanza)	1991	14-6.5	Kevin Magula (Marina)	1988
15-0	*Gary VanSluis (El Modena)	1992	14-6	John Anderson (Santa Ana)	1969
15-0	Josh Petlowany (El Toro)	1998	14-6	Dan Ripley (Loara)	1971
15-0	Brad Slinkard (Santa Margarita)	2001	14-6	Bruce Fandel (Santiago)	1971
15-0	Clay Starnes (Trabuco Hills)	2002	14-6	Dan Polk (La Habra)	1972
15-0	Brian Whalen (Mater Dei)	2004	14-6	Amaro Lopez (Santa Ana)	1972
15-0	Andrew Prodoehl (Santa Margarita)	2005	14-6	Terry Lowry (Savanna)	1973
15-0	Nick Jennings (San Clemente)	2008	14-6	Larry Castanguay (Esperanza)	1975
15-0	*Tanner Greeley (Edison)	2010	14-6	Plett (Troy)	1977
15-0	Jeremy Kennedy (Marina)	2010	14-6	Randy Parker (Brea)	1977
15-0	Connor McNicholas (Mission Viejo)	2012	14-6	Scott Kissick (Lowell)	1977
15-0	Halden Comoglio (Dana Hills)	2014	14-6	Al Geduld (Valencia)	1979
15-0	*Preston O'Connell (Servite)	2015	14-6	Scoot McKay (Newport)	1979
15-0	Nikola Perelman (Aliso Niguel)	2019	14-6	Dennis Shannon (Irvine)	1979
15-0	*Gabriel Gandara (Los Alamitos)	2024	14-6	Terry Lomheim (Valencia)	1982
14-10.75	Kevin Cuervo (Western)	1976	14-6	Rich Forsythe (Edison)	1982
14-10.25	Dennis Walp (Loara)	1966	14-6	Wayde Walker (Troy)	1983
14-10	Steve DeBerg (Savanna)	1972	14-6	Chuck Griffin (Sonora)	1983
14-10	Bob Goto (Lowell)	1973	14-6	Chris Madsen (Los Alamitos)	1985
14-10	Andy Spindler (Woodbridge)	2002	14-6	Josh Herndon (University)	1989
14-10	* Jose Magana (Katella)	2002	14-6	Rob Lindley (Dana Hills)	1990
14-10	Trent Perez (Servite)	2008	14-6	John Bain (Foothill)	1994
14-10	Cooper Montano (Servite)	2012	14-6	David Allen (Woodbride)	1997
14-10	Andrew Fowler (Los Alamitos)	2016	14-6	Cameron St Clair (Brea)	1997
14-10	*Diego Amescua (Los Alamitos)	2024	14-6	Kris Scotten (Edison)	1998
14-10	Nicholas Ling (Mission Viejo)	2025	14-6	* Dwayne McCabe (El Modena)	2000
14-10	William Whitesides (Aliso Niguel)	2025	14-6	Tom Sparks (Esperanza)	2000
14-9	Kevin Anthony (Tustin)	1976	14-6	* Brian Rother (San Clemente)	2003
14-9	* Travis Pett (Huntington Beach)	1999	14-6	Garrett Gaska (Fountain Valley)	2005
14-9	Matt Kirsten (Mission Viejo)	2004	14-6	Blake Coscino (Dana Hills)	2008
14-9	**Carl Johansson (Orange Lutheran)	2012	14-6	Kevin Miller (Fountain Valley)	2010
14-9	Keith Messinger (Dana Hills)	2012	14-6	*Max Van Bergh (Newport)	2010

14-6	Tyger Morgan (Marina)	2010	14-2	Andrew Wong (Corona del Mar)	2004
14-6	Bradley Wernick (Capo Valley)	2012	14-2	Michael Parson (Los Alamitos)	2018
14-6	Ty Mason (Fountain Valley)	2013	14-2	Jacob Wong (Trabuco Hills)	2018
14-6	Jordan Antol (Mission Viejo)	2014	14-2	*Blythe Anderson (Northwood)	2026
14-6	Nick Gutierrez (Corona del Mar)	2019	14-1.5	Joe Vermilyer (Santa Ana)	1971
14-6	Jonathan Sweeney (Dana Hills)	2021	14-1.5	Terry Parkinson (Fountain Valley)	1971
14-6	Nicholas Bendis (Trabuco Hills)	2023	14-1.5	Mike Cirillo (Corona del Mar)	1976
14-6	*Garrett Higgins (Trabuco Hills)	2024	14-1	John Trosko (Valencia)	1964
14-6	*Aaron Li (Los Alamitos)	2026	14-1	Andy Solis (Santa Ana)	1968
14-5.5	Pat Lustig (Marina)	1981	14-1	Doug Boswell (Westminster)	1977
14-5.25	Eric Berg (Costa Mesa)	1962	14-1	Brummel (Mission Viejo)	1991
	(State Champion)		14-1	Roger Van Sluis (El Modena)	1995
14-5	*Julien Okey (Tesoro)	2010	14-1	Richard Gridley (Katella)	1998
14-4.5	Mike Lindsay (Santa Ana)	1962	14-1	David Morris (Katella)	2000
14-4.5	Boyd (Western)	1964	14-1	Mardsen (Katella)	2001
14-4	Gordy Mooers (Valencia)	1969	14-1	Pha Ngo (Marina)	2003
14-4	Wood (Laguna Beach)	1969	14-1	*Blake Coscino (Dana Hills)	2007
14-4	Bruce Hooten (Edison)	1986	14-1	Brandon Janca (Edison)	2009
14-4	** Song Yang (Katella)	2000	14-1	Mark Sakioka (Newport)	2009
14-4	* Eric Simms (Servite)	2008	14-1	Jeremy Kennedy (Marina)	2009
14-4	Kevin Mohr (Troy)	2016	14-1	Christian Virga (Los Alamitos)	2015
14-4	*Gabriel Gandara ((Los Alamitos)	2023	14-1	Tommy Cook (Newport)	2019
14-3.25	*Ty Mason (Fountain Valley)	2012	14-1	*Nicolas Ling (Orange Lutheran)	2024
14-3	*Kevin Manix (Costa Mesa)	1968	14-1	**Noah Richardson (Crean)	2025
14-3	John Boyd (Kennedy)	1968	14-0.5	Jeff Gilbert (El Dorado)	1975
14-3	Will Blockleman (Lowell)	1974	14-0.25	Clay Staines (Trabuco Hills)	2001
14-3	Geof Gerstner (Sunny Hills)	1975	14-0	Laskey (SA Valley)	1965
14-3	Tom Turner (Cypress)	1975	14-0	Jim Feeney (Katella)	1968
14-3	Dale Anderson (Saddleback)	1978	14-0	Alan Simons (Loara)	1969
14-3	John Carroll (Villa Park)	1983	14-0	Richard Carlson (Pacifica)	1969
14-3	*Vince Vu (Marina)	1990	14-0	Wayne Gorman (Anaheim)	1971
14-3	Arthur Odden (Marina)	1997	14-0	John Kwan (Santa Ana)	1972
14-3	Alexander Hale (Los Alamitos)	2003	14-0	Jack Hanion (Anaheim)	1972
14-3	Phong Duong (Katella)	2004	14-0	M. Kinnison (El Modena)	1972
14-3	Mike O'Sullivan (El Toro)	2007	14-0	Steve Johnson (Troy)	1972
14-3	Travis Stock (Dana Hills)	2009	14-0	Steve Pulvers (Garden Grove)	1972
14-3	Scott Anderson (Santa Margarita)	2010	14-0	Many Gresham (Marina)	1973
14-3	*Peter Klepp (El Toro)	2010	14-0	Wayne Parris (Savanna)	1973
14-3	Kyle Garcia (Edison)	2010	14-0	Allobello (La Habra)	1974
14-3	**Jack Gallivan (Mater Dei)	2010	14-0	Eric Engberg (Brea)	1975
14-3	Nick Van Hoogmoed (Servite)	2011	14-0	Dean Barnett (Lowell)	1975
14-3	**Riley Turner (Mater Dei)	2012	14-0	Rob Conrad (Katella)	1975
14-3	**David Bean (Orange Lutheran)	2012	14-0	Mark Harris (Lowell)	1975
14-3	John Macwillie (Fountain Valley)	2012	14-0	Gary Grochow (Estancia)	1976
14-3	Diego Gandara (Los Alamitos)	2018	14-0	*Rob Little (Saddleback)	1977
14-3	*Danny Affleck (Aliso Niguel)	2019	14-0	Chris Hart (Western)	1977
14-3	Brendan Conway (Mater Dei)	2022	14-0	Dan Duddridge (Costa Mesa)	1977
14-3	*Micah Krosby (Mission Viejo)	2022	14-0	Tony Brassfield (Mission Viejo)	1977
14-2.5	Bob Schenk (Fountain Valley)	1972	14-0	Dan Worthington (Troy)	1977
14-2	Jeff Oldham (Santa Ana)	1967	14-0	Mike Houseal (Saddleback)	1978
14-2	Alvin Alaman (SA Valley)	1972	14-0	*Jeff Koegel (Valencia)	1979
14-2	*Dave Tucker (Magnolia)	1971	14-0	Pat Gleason (Edison)	1979
14-2	Steve Pulvers (Garden Grove)	1973	14-0	George Pickney (Estancia)	1979
14-2	Foster (Laguna Beach)	1975	14-0	John Knox (Edison)	1979
14-2	Tom Keim (Marina)	1995	14-0	Steve Verdone (Villa Park)	1980
14-2	Mackel Vaughan (Dana Hills)	2004	14-0	Jim Kinnane (Troy)	1980

23-5.25 * Myles Hawkins (Orange Lutheran)	2013	22-10.5 Dan Hedlund (Villa Park)	1971
23-5 * Sean Sawyer (El Modena)	1984	22-10.5 Russ Samuels (Bolsa Grande)	1972
23-4.5 Willie Gardner (Garden Grove)	1971	22-10.5 Sean Ayale (Los Alamitos)	2019
23-4.5 Troy McAllister (Saddleback)	1983	22-10.5 Jason Liu (Portola)	2024
23-4.25 Earl Jones (Saddleback)	1984	22-10.5 Josh Santos (Northwood)	
23-3.75 * Todd Fenton (Cypress)	1984	22-10.25 Doug Switzer (La Habra)	1966
23-3.5 Sheldon Blockburger (Newport)	1983	22-10.25 Colton Eggelston (Corona del Mar)	2026
23-3.50 Leo Francis (Santa Margarita)	2025	22-10 Bob Smith (SA Valley)	1963
(State Champion)		22-10 * Eddie Preston (Santa Ana)	1963
23-3.5 Lee Mitchll (Tesoro)	2014	22-10 Carl Fields (SA Valley)	1969
23-3.25 Isaac Curtis (Santa Ana)	1968	22-10 Robin Brown (Katella)	1970
23-3.25 Matt Malone (Marina)	1987	22-10 Keith Denson (SA Valley)	1970
23-3 Darrell Roberts (Fullerton)	1955	22-9.75 Ricky Franklin (Santa Ana)	1982
23-3 *Kirk Ayers (Western)	1986	22-9.5 Henry Harrell (Santa Ana)	1973
23-3 J.J. Cisneros (Los Alamitos)	1988	22-9.5 Sean Savala (Villa Park)	1984
23-2.75 Eric Dorn (Estancia)	1986	22-9.5 Fridoon Abawi (Marina)	1990
23-2.75 *Jeremiah Harris (Orange Lutheran)	2014	22-9.5 Mitchell Bland (Tesoro)	2014
23=2.5 Conor Zeutzius (Edison)	2022	22-9.5 Malcolm Wesley (Santa Ana Valley)	2018
23-2 Ric Hibbs (Pacifica)	1966	22-9 * Lyn Jerkins (Los Alamitos)	1977
23-2 Mike Morgan (Mater Dei)	1966	22-9 *Larry Williams (SA Valley)	1982
23-1.75 Tohru Asami (Sunny Hills)	1978	22-9 Orlando Robbins (Buena Park)	1986
23-1.25 Tony Mosley (Santa Ana)	1987	22-9 Tony Robinson (San Clemente)	1990
23-1.25 Max Forbes (Trabuco Hills)	2026	22-9 Mike Smith (El Toro)	1997
23-1 Garth Wise (Huntington Beach)	1971	22-9 Darryl Poston (Edison)	2001
23-1 Troy Blevins (Fountain Valley)	1978	22-9 *Jason Plumb (Coroan del Mar)	2021
23-1 Richard Brim (Huntington Beach)	1982	22-8.75 Tom Teeple (Brea)	1971
23-1 * Mario Valencia (Mater Dei)	2003	22-8.75 Robert Marshall (Santa Ana)	1973
23-1 Austin Overn (Foothill)	2022	22-8.5 Norman Paul (Santa Ana)	1930
23-1 Dane Malloy (Aliso Niguel)	2026	22-8.5 Bob Chambers (Fullerton)	1936
23-0.75 Bob McNamera (Fullerton)	1958	(Third place State)	
23-0.75 Jason Neben (Orange Lutheran)	1989	22-8.5 Garry Templeton (SA Valley)	1974
23-0.5 Jim Mitchell (Villa Park)	1974	22-8.5 Tom Leonard (Western)	1975
23-0.5 Josh Jornadal (J Serra)	2023	22-8.5 Joe Thomas (Buena Park)	1999
23-0.25 *Dallas White (J Serra)	2022	22-8.5 * Chuck Steer (SA Valley)	1988
23-0 Ray Harris (Fountain Valley)	1971	22-8.5 ** Robert Steppers (La Habra)	2003
23-0 Don Moreno (Valencia)	1977	22-8.5 Jack Shippy (San Clemente)	2017
23-0 *Phouphet Singbandith (Magnolia)	1989	22-8.5 Dylan Fox (Irvine)	2021
23-0 Frank Smith (Woodbridge)	1990	22-8.25 George Bamett (Estancia)	1969
23-0 Elliott Parks (El Toro)	1997	22-8 Carlos Herrera (Westminster)	1966
23-0 Roger Wang (Fountain Valley)	2026	22-8 Mac Rorie (Fullerton)	1972
22-11.5 Ron Crawford (Santa Ana)	1973	22-8 Brian Heaney (El Toro)	1974
22-11.5 Rich Julien (Estancia)	1976	22-8 Ignacio Perez (Santa Ana)	2003
22-11.5 Robert Gaither (SA Valley)	1980	22-8 Anton Jamir (Cypress)	2003
22-11.5 Scott McKenize (El Toro)	1980	22-8 Diego Courbis (Mission Viejo)	2014
22-11.5 Eric Andrade (Servite)	1982	22-8 Brenden Schooler (Mission Viejo)	2016
22-11.5 James Chun (Kennedy)	1990	22-8 Jack Haley (Irvine)	2017
22-11.5 Danny Steagall (Villa Park)	2001	22-8 Jacob Haley (Irvine)	2019
22-11.25 Drew Huusfeldt (Esperanza)	2010	22=8 Reuben Lopez (Mission Viejo)	2022
22-11 Steve Alff (Lowell)	1969	22-7.75 *Josiah Williams (Valencia)	1990
22-11 * Roger Lemons (Katella)	1979	22-7.75 Ray Bardone (Edison)	1997
22-11 Bernie Chapman (Capo Valley)	1991	22-7.75 *Ryan Kennedy (Mission Viejo)	2017
22-11 Kenny McGee (Magnolia)	2008	22-7.75 *Angel Ledezma (Canyon)	2019
22-11 Jack Haley (Irvine)	2019	22-7.5 Charles Dodson (Huntington Beach)	1951
22-10.75 Jim Morgan (Mater Dei)	1967	22-7.5 Larry Horton (El Modena)	1968
22-10.75 Joe Birdo (SA Valley)	1982	22-7.5 Dennis Lackey (Savanna)	1969
22-10.75 Vince Church (Kennedy)	1990	22-7.5 Harry Dolan (Buena Park)	1972

22-7.5	* Tony Parrish (Marina)	1992
22-7.5	Jason Boyce (Corona del Mar)	1994
22-7.25	Marc Roosen (Ocean View)	1989
22-7.25	Donovan Toban (Cypress)	2008
22-7	Lee Hodge (Fullerton) 1	1942
22-7	Ray Crawford (Santa Ana)	1972
22-7	David Fisher (Villa Park)	1974
22-7	*William Kim (Villa Park)	1983
22-7	*** Richard Fanti (Santa Ana)	1985
22-7	Frank Smith (Woodbridge)	1988
22-7	* Keith Hughes (Capo Valley)	1989
22-7	Ace Riggins (Valencia)	1993
22-7	Tovin Beeler (Ocean View)	2001
22-7	Austin Hazel (Mater Dei)	2012
22-7	Christian Stewart (San Clemente)	2024
22-6.75	*Kevin Cochran (Orange)	1964
22-6.75	John Mackorie (Fullerton)	1972
22-6.75	D.K. Kelly (Santa Ana)	1982
22-6.5	Ken Williams (Troy)	1982
22-6.5	Adrian Brown (Huntington Beach)	1991
22-6.5	* Ruben Droughns (Anaheim)	1995
22-6.5	*Emilio Sartori (Villa Park)	2005
22-6.5	Brandon Phillips (Irvine)	2008
22-6.5	David Ko (Pacifica)	2019
22-6.25	Lyn Jerkins (Los Alamitos)	1978
22-6.25	Keith Thomas (Valencia)	1989
22-6.25	DeAngelo Bonner (Troy)	2010
22-6.5	*Dane Malloy (Aliso Niguel)	2025
22-6	Ron Copings (Edison)	1972
22-6	Brian Wood (San Clemente)	1976
22-6	* Dariel Whipple (Western)	1989
22-6	* Mike Sullivan (Sunny Hills)	1990
22-6	Ernie Wilson (E1 Modena)	1993
22-6	Ryan Collier (Northwood)	2011
22-6	*Michael Mitchell (Tesoro)	2015
22-6	Colton Eggelston (Conona del Mar)	2025
22-5.75	*Josh Jornadal (J Serra)	2022
22-5.5	Verden Nash (Huntington Beach)	1922

(Three time State Champ)

Wind-aided:

25-0.75	Leo Francis (Santa Margarita)	2025
24-8.75	Danny Casupanan (Tustin)	2002
24-5.75	Jason Plumb (Corana del Mar)	2022
24-2	* Roger Lemons (Katella)	1979
24-04.5	Brandon Gorski (Mater Dei)	2025
23-8	Ryan Collier (Northwood)	2011
23-7	J.J. Cisneros (Los Alamitos)	1988
23-6	Colton Eggleston (Coraona del Mar)	2026
23-5.25	Kenny McGee (Magnolia)	2008
23-4.50	* Myles Hawkins (Orange Lutheran)	2013
23-4.5	*Ryan Kennedy (Mission Viejo)	2017
23-4.25	*Kirk Ayers (Western)	1986
23-4.25	Brenden Schooler (Mission Viejo)	2016
23-4	* Eric Dorn (Estancia)	1986
23-3.5	*Angel Ledezma (Canyon)	2019

23-3	Tyler Coffmann (Los Alamitos)	2016
23-1.75	*Malcolm Wesley (Santa Ana Valley)	2017
23-1	*JD Martinez (Villa Park)	2019
23-1	Zachary Thorton (Beckman)	2025
23-0.5	** *Richard Fanti (Santa Ana)	1985
23-0.25	Brent Watson (Orange)	1971
23-0.25	*Jose Rubio (Los Alamitos)	2016

Triple Jump

51-7.75	Phouphet Singbandith (Magnolia)	1990
50-11.75	Tony Parrish (Marina)	1993
<i>('92 & '93 State Champion)</i>		
50-3.5	Ken Williams (Troy)	1982
49-11.25	Dane Malloy (Aliso Niguel)	2026
<i>(State Champion)</i>		
49-4	Mitchell Bland (Tesoro)	2014
48-9.5	Clarence Moore (Cypress)	2000
48-7.75	* Reggie Curry (Tustin)	1994
48-6.5	Sheldon Blockburger (Newport)	1983
48-6.25	Clayton Tharrington (Esperanza)	1990
48-4.5	* Myles Hawkins (Orange Lutheran)	2013
48-1.75	Michael Dana (El Dorado)	2026
48-1.5	Ken Margerum (Fountain Valley)	1977
48-1.5	Tony Robinson (San Clemente)	1990
48-0.5	Charlie Cummings (Kennedy)	1989
47-10	*Jesse Johnson (SA Valley)	1980
47-8	Titan Ruotolo (Mater Dei)	2019
47-7.75	Donald Hawthorne (Aliso Niguel)	2002
47-7	Rick Brown (Saddleback)	1976
47-7.5	Vince Church (Kennedy)	1991
47-6.25	Anthony Victa (Laguna Hills)	2019
47-5.75	Mike Phillips (Foothill)	1985
47-5.5	Chris Conrad (Mater Dei)	1987
47-5	Dennis Cowan (Fountain Valley)	1979
47-4.5	Arik Nesbit (San Clemente)	2014
47-4	Drew Huusfeldt (Esperanza)	2010
47-3	Bernie Chapman (Capo Valley)	1991
47-2	*Jonathan Yu (Fountain Valley)	2022
47-1.75	Anthony Bui (Trabuco Hills)	2026
47-0	Jared McDuffie (Mater Dei)	2023
46-11.25	Kenny McGee (Magnolia)	2008
46-10.5	Jeremy Wooldridge (Trabuco Hills)	2003
46-9.75	*Ken Gates (Foothill)	1980
46-9.5	LeRon Ellis (Mater Dei)	1987
46-9.25	Robert Gaither (SA Valley)	1980
46-9	Tony Pitts (SA Valley)	1978
46-9	David Gates (Foothill)	1984
46-9	Blaise Bryant (Cypress)	1987
46-9	Myles Carter (Northwood)	2021
46-8.75	Mark McGovney (El Modena)	1983
46-8.75	Joe Thomas (Buena Park)	1999
46-8.5	Blythe Dahl (Villa Park)	2024
46-8	Chris Mandeville (Irvine)	1983
46-8	*Joe Birdo (SA Valley)	1981
46-7	Andre Jones (San Clemente)	202
46-5.75	Matt Dispenza (Marina)	2014

46-5.5	Owen Morse (Tustin)	1985	45-7.25	Jeff Hutton (Katella)	1972
46-5.5	Ian Jennings (Edison)	1998	45-7	Jake Justeen (Dana Hills)	2017
46-5.25	Alain Nicasio (Aliso Niguel)	1998	45-6.5	Emile Harry (Fountain Valley)	1984
46-4.75	Blaine Bolus (Corona del Mar)	2009	45-6.5	Tom Desiano (Mission Viejo)	1985
46-4	Oliver Jones (Fairmont Prep)	2025	45-6.5	* Chris Jackson (Mater Dei)	1992
46-3	Art Gourdine (El Toro)	1978	45-6.5	Thomas Hopson (Trabuco Hills)	2004
46-3	Blair Robinson (Kennedy)	2015	45-6.25	Ike Nioku (Kennedy)	2002
46-2	Jack Fairchild (Crean Lutheran)	2022	45-6	Jake Burch (Orange)	1974
46-2	Khang Nguyen (Marina)	2023	45-6	Zach Hickman (Dana Hills)	1989
46-2	*DJ Lee (Mission Viejo)	2024	45-6	Daniel Siapin (Sonora)	2001
46-1.75	Tony Mosley (Santa Ana)	1987	45-6	*Myles Carter (Northwood)	2020
46-1.5	Mike DeVore (Orange)	1985	45-5.75	Mark Kammerlohr (Orange)	1990
46-1.25	*David Hall (Mission Viejo)	1986	45-5.5	Richard Werner (El Modena)	1976
46-1	Mark Miller (Magnolia)	1973	45-5.5	*Dave Hancock (San Clemente)	1978
46-1	Ben Forbes (Marina)	1998	45-5.25	Kevin Chang (El Modena)	2005
46-1	* Alex Miller (Savanna)	2003	45-5	Jamie Nelson (Villa Park)	1986
46-1	Raphael McFarlane (Mission Viejo)	2003	45-4.75	Michael Nguyen (Westminster)	1999
46-0	* Jusitin Haney (Villa Park)	1998	45-4.5	Derek Jackson (Saddleback)	1978
45-11.5	Eric Fisher (Capo Valley)	1992	45-4.5	Troy Barmettler (San Juan Hills)	2026
45-11.5	David Shaw (Ocean View)	1994	45-4.5	* Robert Gaither (SA Valley)	1979
45-11	Mike Vogel (Orange)	1982	45-4.5	Steve Feeney (Santa Margarita)	1991
45-11	* Jeremy Becker (Cypress)	1993	45-4.25	Jeremy Coe (San Clemente)	2008
45-10.5	Greg Portis (Katella)	1986	45-4	*John Moore (Loara)	1980
45-10.5	* Mitchell Bland (Tesoro)	2013	45-3.75	Ben Nikalojivic (Fullerton)	1983
45-10.25	*Joshua Caiquo (Los Alamitos)	2011	45-3.75	Sean Sawyer (El Modena)	1985
45-10.25	Paul Magana (Anaheim)	2016	45-3.5	*Earl Jones (Saddleback)	1983
45-10	Chris Moxley (Mission Viejo)	1990	45-3.5	M. Walker (Los Amigos)	1997
45-10	Ryan Finnie (Mater Dei)	2013	45-3.5	Mohamad Ibrahim (Sunny Hills)	
45-10	Max Do (Fountain Valley)	2026	45-3.25	Philavong (Buena Park)	1989
45-9.75	Chris Jackson (Canyon)	1999	45-3.25	Justin Haney (Villa Park)	1999
45-9.5	*Dave Berger (Canyon)	1977	45-3.25	*Dane Malloy (Aliso Niguel)	2025
45-9.5	** Robert Stevens (La Habra)	2003	45-3	Al Ruiz (El Modena)	1981
45-9.5	* Matt Dispenza (Marina)	2013	45-3	Silaphet Singbandith (Magnolia)	1992
45-9.5	*Malcolm Wesley (Santa Ana Valley)	2017	45-2.75	Adam Shapiro (Capo Valley)	1982
45-9.25	Ryan Gillette (Villa Park)	1985	45-2.75	Will Foster (Edison)	1987
45-9	*Steven Jen (University)	1983	45-2.5	Jeff Robins (Saddleback)	1977
45-9	Kienan Brigs (Valencia)	2001	45-2.5	Gatlin (?)	1985
45-9	*Judah Clark (Servite)	2025	45-2	Robbie Glover (Orange)	1987
45-8.75	Tohru Asami (Sunny Hills)	1977	45-2	J.J. Cisneros (Los Alamitos)	1988
45-8.75	John Amneus Foothill)	1987	45-2	Scott Capulong (Woodbridge)	1989
45-8.75	* Cody Jones (Edison)	1997	45-2	Tony Muniz (Woodbridge)	1994
45-8.5	Harvey Horse (Western)	1978	45-2	Javon Givens (Cypress)	2004
45-8.5	Todd Fenton (Cypress)	1984	45-1.75	Doug Nordquist (Sonora)	1977
45-8.5	* Ruben Hernandez (La Habra)	1993	45-1.75	Dave McDonald (Dana Hills)	1982
45-8.25	Bob Rust (Kennedy)	1980	45-1.75	Carl Satterfield (Huntington Beach)	1983
45-8	Greg Ruzicka (Corona del Mar)	1973	45-1.75	Eli Kaltreider (Edison)	2024
45-8	Don Stanford (Edison)	1976	45-1.5	Tim Hickey (El Dorado)	1979
45-8	Estrada (Villa Park)	1985	45-1.5	Chris Boras (Dana Hills)	1986
45-8	Justin Baker (Irvine)	2004	45-1.5	Jason Nunez (Villa Park)	1987
45-8	Hayden Pierce (Esperanza)	2010	45-1.25	Joe Cheng (Woodbridge)	1983
45-7.75	Bill Crutchfield (Orange)	1980	45-1	Larry Williams (SA Valley)	1983
45-7.75	Rob Boldt (El Toro)	1988	45-1	Toney Jerkins (Capo Valley)	1989
45-7.5	Chris Mandeville (Irvine)	1983	45-0.75	Mark Palmer (Corona del Mar)	1984
45-7.5	* Pamale Skipps (Los Amigos)	1987	45-0.5	Ron Hodgkinson (Loara)	1982
45-7.5	* Brian Valdez (El Modena)	1991	45-0.5	Emilio Sartori (Villa Park)	2005
45-7.5	Jordan Singleton (Dana Hills)	2008	45-0.5	* Sean Larson (Edison)	2009

45-0.25	Kevin Reiter (El Dorado)	1977
45-0.25	Stephen Jen (University)	1984
45-0.25	Mike Alvidrez (El Modena)	1996
45-0.25	Matt Brumen (Marina)	2004
45-0	Joe Lawrence (Fountain Valley)	2000
45-0	Isaiah Galloway (Fountain Valley)	2018

Wind-aided:

51-10	Ken Williams (Troy)	1982
49-10	* Myles Hawkins (Orange Lutheran)	2013
49-8.5	* Reggie Curry (Tustin)	1994
48-9.5	Clarence Moore (Cypress)	2000
48-2.75	Vince Church (Kennedy)	1991
47-10	Donald Hawthorne (Also Niguel)	2002
47-9	Bernie Chapman (Capo Valley)	1991
47-6	Myles Carter (Northwood)	2021
47-5	Blair Robinson (Kennedy)	2015
47-3	Stephen Jen (University)	1984
47-2.25	Drew Huusfeldt (Esperanza)	2010
47-2	Blythe Dahl (Villa Park)	2024
47-2.25	Michael Danna (El Dorado)	2024
47-0	Raphael McFarlane (Mission Viejo)	2003
46-11	Chris Gonzalez (Garden Grove)	2015
46-9	Todd Fenton (Cypress)	1985
46-8.5	**Myles Hawkins (Orange Lutheran)	2012
46-8.5	Ryan Finnie (Mater Dei)	2013
46-8.25	Andre Jones (San Clemente)	2024
46-7.25	* Blaine Bolus (Corona del Mar)	2008
46-6	Estrada (Villa Park)	1985
46-5	Justin Hovey (Capo Valley)	1994
46-3.5	Steve Feeney (Santa Margarita)	1991
46-3.5	**Myles Carter (Northwood)	2019
46-3	*Judah Clark (Servite)	2025
46-2.5	* Matt Dispenza (Marina)	2013
46-1.25	* Scott Capulong (Woodbridge)	1988
45-11.25	Aziz Spellman (Misison Viejo)	2007
45-10.75	Ryan Collier (Northwood)	2011
45-10	Tommy Plusayarang (Saddleback)	1984
45-10	* Mitchell Bland (Tesoro)	2013
45-7.75	Dwayne Gregory (Mission Viejo)	1984
45-7.5	Donavan Toban (Cypress)	2008
45-7.5	Mohamad Ibrahim (Sunny Hills)	2025
45-6	Danny Samarin (Edison)	2008
45-5.75	Justin Williams (Trabuco Hills)	2019
45-5	Jamie Nelson (Villa Park)	1986
45-5	Ian Jones (Sonora)	2021

Shot Put

71-7.25	*Bronson Osborn (Esperanza)	2016
	(State Champion)	
69-6.5	Brian Blutreich (Capo Valley)	1985
	(‘84 & ‘85 State Champion)	
69-3.75	Jim Neidhart (Newport)	1973
	(State Champion)	
68-5	Dave Kurrasch (Newport)	1975
	(State Champion)	

67-9	Terry Albritton (Newport)	1972
67-2.25	Mark Stevens (Newport)	1971
	(State Champion)	
67-2	Dave Murphy (Sunny Hills)	1966
	(State Champion)	
66-8	Mark Parlin (Esperanza)	1991
	(State Champion)	
66-8	*Jeff Duensing (Esperanza)	2019
65-10	Brendon See (J Serra)	2023
	(State Champion)	
65-1	Nick Robinson (El Toro)	2006
64-11.75	Jim Doehring (San Clemente)	1980
64-7.5	Greg Aitkenhead (Mission Viejo)	1984
64-6.5	Ethan Cochran (Newport)	2012
	(State Champion)	
64-5.5	John Brenner (Fullerton)	1979
64-0.5	Kaleaph Carter (Edison)	1988
	(State Champion)	
63-11.25	Bo Taylor (Newport)	2006
63-10.5	*Dave Kurrasch (Santa Ana)	1974
	(State Champion)	
63-10	Kyle Tsu (Marina)	2017
63-8	Aidan Elbettar (Newport)	2020
63-6.5	Craig Polley (Sunny Hills)	1977
	(State Champion)	
63-5	Jake Fraser (El Toro)	2011
63-3.5	Sean Rhyan (San Juan Hills)	2019
63-0.5	Nick Coghill (Valencia)	2015
62-6.75	* Kelsey Benoit (San Clemente)	2013
62-6.25	Chad Smith (University)	2004
62-5.75	Clint Meyer (Esperanza)	2016
62-5	Marty Taylor (Newport)	2013
62-4.5	William Truong (Esperanza)	2014
62-0.5	Zach Lewis (Pacifica)	2024
	(Third Place State Meet))	
61-11.5	Kent Pagel (Fullerton)	1970
61-10.5	Scott Moser (Huntington Beach)	1997
61-8.25	Rich Torbert (Lowell)	1974
61-8	Cole Smith (Newport)	2017
61-7	Tony Mancuso (Newport)	1992
61-6	Wade Tift (Newport)	1994
61-3.75	Vince Brown (Mater Dei)	1978
61-2	*Sawyer Howard (Los Alamitos)	2019
61-1	Gabe Long (Esperanza)	2003
61-0	Brian Ruziecki (Huntington Beach)	2002
61-0	Blake Poole (Esperanza)	2008
60-11.75	Aaron Dan (Esperanza)	2005
60-11	Ken Mills (University)	1979
60-11	Pat Kyle (Buena Park)	1982
60-11	Chad Peare (Trabuco Hills)	1993
60-11	Connor Einck (Servite)	2012
60-10.75	Dave Johnson (Brea)	1976
60-9.5	*Malik McMorris (Mater Dei)	2014
60-8.5	Sam Lightbody (Huntington Beach)	1999
60-6.5	Mason Miller (Esperanza)	2011
60-6.25	Roy Thurman (Western)	1963

60-6.25 Caleb McCurry (Northwood)	2009	57-8.25 Grant Heffernan (University)	2007
60-4.75 Bob Jensen (Magnolia)	1966	57-7.5 Travis Jones (Esperanza)	2001
60-4.5 Steve DeForrest (Katella)	1977	57-7 Jim Ulam (Kennedy)	1968
60-3 Tambi Wanj (Fountain Valley)	1984	57-6.75 Pat Murray (Lowell)	1969
60-3 Justin Birell (Esperanza)	1997	57-6 Terry Guy (Fullerton)	1957
60-0.75 *Jim Neidhart (Katella)	1972	57-4.75 Joe Tosti (Corona del Mar)	1973
60-1.25 Ryan Andrews (Newport)	2011	57-4.5 Keith Van Horne (Fullerton)	1976
59-9.75 Larry Saugstead (SA Valley)	1969	57-4.5 Jerry French (SA Valley)	1967
59-9.25 Jim Heath (Anaheim)	1969	57-4.5 Will Fortier (Newport)	2014
59-9 Steve Lehmer (Loara)	1966	57-3.75 *Jake Porter (Canyon)	2019
59-8.75 *Brad Bolton (El Toro)	2011	57-3.25 Mike Seibl (Magnolia)	1971
59-8.50 Tommy Brown (Mater Dei)	2018	57-3.25 Skip Franklin (Newport)	1974
59-6.5 Brian Dyke (Bolsa Grande)	1973	57-3 *Gabe Perez (Valencia)	2012
59-6.5 *Jake Arnold (Marina)	2016	57-2 Mike Mathews (Mission Viejo)	2014
59-6.25 Maltipo Fuentes (Servite)	1977	57-2.75 Jordon Ammann (Esperanza)	2016
59-6 *Jake Porter (Canyon)	2019	57-1.5 Rich Brown (Mission Viejo)	1987
59-5.5 Ziad Khozam (El Modena)	1985	57-1.25 Don Brandes (Canyon)	1977
59-5.5 Jeff Baca (Mission Viejo)	2008	57-1.25 Beau Ralphs (Newport)	1993
59-4 Dale Gordon (El Modena)	1969	57-0.5 *Michael Jarbee (Newport)	2016
59-4 Alex Butler (El Modena)	2005	57-0.25 Jeff Klein (Rancho Alamitos)	1973
59-1.75 Rory Mount (Dana Hills)	2009	57-0 Brent Reiderich (Edison)	1985
59-1 Tony Ciarelli (Huntington Beach)	1972	57-0 Paul Castenada (SA Valley)	2004
58-11.75 Sullivan Parker (El Toro)	2011	56-11 Jerry Langenfeld (Rancho Alamitos)	1972
58-11.5 Kevin Jefferies (Newport)	1981	56-11 Chuck Underwood (Esperanza)	1989
58-10 Mike Johnson (Bolsa Grande)	1966	56-10 Dick Mann (Savanna)	1971
58-10 Doug Blanchard (Edison)	1987	56-10 Rick Tarvin (Marina)	1975
58-9.5 Ed Labate (Villa Park)	1973	56-10 Vic Rakhshani (Edison)	1976
58-9.5 Dave Torbert (Lowell)	1969	56-9.5 Rick Obema (Buena Park)	1974
58-8.5 Ken DeShano (Canyon)	1979	56-9 Dan Noll (E1 Toro)	1996
58-8 Mike Watson (SA Valley)	1976	56-9 Colin Schooler (Mission Viejo)	2017
58-7.5 Kevin Keeders (Anaheim)	1969	56-8.75 Donnie Alaman (SA Valley)	1974
58-6.75 Kirk Wassell (Western)	1964	56-8.5 Kevin Einck (Servite)	1980
58-6 Jon O'Neil (Santa Magarita)	1997	56-8.25 Chris Conrad (Brea)	1993
58-5.75 David Sampson (Cypress)	2003	56-8 Dick Lindsay (Tustin)	1962
58-5.5 Joe Walshe (Foothill)	1984	56-8 Kurt Clemens (Huntington Beach)	1969
58-5 Jamil Douglas (Cypress)	2010	56-8 Jeff Bodholdt (Irvine)	1994
58-4.5 John Harper (San Clemente)	1977	56-7.75 J Tesimale (SA Valley)	1975
58-4 Rocky Fenton (San Clemente)	2014	56-7 Jake Taylor (Newport)	2010
58-4 **Zachary Taylor (Trabuco Hills)	2026	56-6.25 Mike Johnson (Bolsa Grande)	1965
58-3.5 Chris Dressel (El Dorado)	1979	56-5.5 Watson (SA Valley)	1975
58-3.25 Mark Kinney (Esperanza)	1990	56-5.5 Brian Stack (El Dorado)	1976
58-3.25 Michael Sota (Valencia)	2014	56-5 Dennis Shields (Tustin)	1965
58-3 Steve Michaelson (Newport)	2012	56-5 Gus Coppens (Sunny Hills)	1973
58-1.5 Geof Harrowby (Laguna Beach)	1968	56-5 * Matt Gray (Esperanza)	2003
58-1.25 Bill Flores (Kennedy)	1983	56-4.75 John Covington (Sunny Hills)	1972
58-1 Stephen Gonzales (Newport)	1994	56-4.5 Curt Eilenberg (Costa Mesa)	1975
58-0 Steve Ledbetter (Brea)	1962	56-4.25 JB Salem (Newport)	2011
57-11.5 Jerry Strenay (Lowell)	1975	56-3.75 Doug Torbert (Lowell)	1969
57-11 John Logsdon (Rancho Alamitos)	1975	56-3.75 Ed Thompson (Villa Park)	1970
57-11 Mitch Johnson (Pacifica)	1984	56-3.75 Kevin McLain (Loara)	1971
57-11 Cecil Whiteside (Newport)	2009	56-3.25 * Brodie Reiderich (Edison)	1996
57-10.5 Mike Stone (Lowell)	1966	56-3 Matt Jordan (Dana Hills)	1990
57-10.25 Jerry Shipkey (Anaheim)	1943	56-3 Travis McCullough (Esperanza)	1993
(No State Meet in 1943)		56-2.75 Greg Blixt (SA Valley)	1982
57-9.5 Sean Fenton (Corona del Mar)	2000	56-2.5 Clarence Jackson (Saddleback)	1975
57-9.5 Edgar Oregel (SA Valley)	2003	56-1.75 Robert Hulliger (Costa Mesa)	2000

56-0.75	John Garagoski (Buena Park)	1965
56-0.75	P Cavanaugh (La Habra)	1969
56-0.75	Jerry Gillespie (Westminster)	1989
56-0	Jeff Brown (Corona del Mar)	1984
55-11.75	Dave Lawson (Corona del Mar)	1983
55-11.75	Kevin Fairman (Edison)	1987
55-11.5	T.J. Brown (Mission Viejo)	1993
55-11	Don Jones (Westminster)	1966
55-11	Matt Rudesill (Costa Mesa)	1998
55-11	*Tommy Brown (Mater Dei)	2017
55-10.5	John Raitt (Fullerton)	1935
(State Champion)		
55-10.5	Don Kolstad (Santiago)	1970
55-10.5	Mark Davenport (El Dorado)	1972
55-10.5	Greg Thurston (Edison)	1989
55-10	Richard Keyser (Foothill)	1971
55-10	Patrick Geers (Capo Valley)	2012
55-9.75	Pat McRae (Pacifica)	1977
55-9.5	*Mike Burns (Esperanza)	1990
55-9.5	*Keneti Faagata (Trabuco Hills)	2004
55-9.5	Stephan Gabbard (Huntington Beach)	2007
55-9	Mike Evans (Orange)	1970
55-9	Trevor Theriot (Newport)	2005
55-8.5	Dwayne Peck (Marina)	2004
55-8	Kristian Crabb (Huntington Beach)	2016
55-7.75	Cole White (Corona del Mar)	2019
55-7.5	Steve Timmermann (Edison)	1972
55-7.5	Dave Lawson (Corona del Mar)	1983
55-7.5	Scott Bolton (Rancho Alamitos)	1981
55-7	Chris Sweeney (Capo Valley)	1980
55-7	*Javier Venegas (Newport)	2012
55-6.5	Joe Moretti (Magnolia)	1972
55-6	Rocky Liapis (Fullerton)	1975
55-6	Joshua Scherer (Trabuco Hills)	2010
55-5.5	Brad McPherson (Orange)	1973
55-5.5	Garrett Sweetser (Esperanza)	2014
55-5.5	*Kyle Tsu (Marina)	2016
55-5	Randy Vandivier (Anaheim)	1977
55-5	Ken Felix (Capo Valley)	1985
55-5	Trevor Lawrence (Newport)	2011
55-4.75	Steve Meier (Santa Ana)	1965
55-4.5	*Joe Walsche (Foothill)	1983
55-4	Sam Rossi (El Dorado)	1970
55-4	Paul Everson (Troy)	2001
55-4	Earnie Sagiao (Edison)	2008
55-3.5	Asi Faoa (Magnolia)	1999
55-3.5	Ryan Powdrell (Mission Viejo)	2002
55-3.25	Lawson Mollica (Edison)	1990

Shot Put (Junior 6kg)

69-9.5	*Bronson Osborn (Esperanza)	(21.27m)	2016
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Shot Put (International 16 1b.)

59-5.75	Bronson Osborn (Esperanza)	2017
57-10.25	Dave Murphy (Sunny Hills)	1966
55-10.5	Jim Neidhart (Newport)	1973

55-9	Dave Kurrasch (Newport)	1975
55-3.25	Terry Albritton (Newport)	1972
54-11.5	John Brenner (Fullerton)	1979
53-11	Greg Aitkenhead (Mission Viejo)	1984
53-7.5	*Brian Blutreich (Capo Valley)	1984

Discus (HS 1.62kg)

213-11	Scott Moser (Huntington Beach)	1997
(‘96 & ‘97 State Champion)		
213-7	Bo Taylor (Newport)	2006
210-8	Brian Blutreich (Capo Valley)	1985
(State Champion)		
209-8	Ethan Cochran (Newport)	2012
(‘11 & ‘12 State Champion)		
205-03	Brendon See (J Serra)	2023
(State Champion)		
204-4	*Bronson Osborn (Esperanza)	2016
(State Champion)		
203-10	*Brendon See (J Serra)	2022
(State Champion)		
203-5	Travis Pendleton (Esperanza)	2000
(State Champion)		
200-9	Matt Gray (Esperanza)	2004
200-8	Aidan Elbettar (Newport)	2020
197-0	Nick Robinson (El Toro)	2006
195-11	Sam Lightbody (Huntington Beach)	1999
194-8	Malik McMorris (Mater Dei)	2015
194-2	Mark Parlin (Esperanza)	1991
193-9	Aaron Dan (Esperanza)	2005
193-6	Blake Ayles (Orange Lutheran)	2008
192-11	Jake Stafford (J Serra)	2023
192-1	Andy Marrone (Dana Hills)	1990
191-6	Brian Ruziecki (Huntington Beach)	2002
191-11	Chad Peare (Trabuco Hills)	1993
(State Champion)		
190-9	*Jeff Duensing (Esperanza)	2019
190-8	Tambi Wenj (Fountain Valley)	1984
(State Champion)		
190-4	Marty Taylor (Newport)	2013
190-4	Zach Lewis (Pacifica)	2024
190-1	Nick Coghill (Valencia)	2015
190-0	Will Parsons (La Habra)	2011
189-10	Mike Bain (Corona del Mar)	1987
188-7	Quaid Vuncannon (San Clemente)	2012
187-9	Cecil Whiteside (Newport)	2009
187-2	Scott Hudson (Mission Viejo)	1980
186-8	Dan Westerfield (Capo Valley)	1981
186-2	Kaleaph Carter (Edison)	1988
185-10	Sepehr Sharifi (University)	1995
185-11	Kevin Jefferies (Newport)	1981
185-2	Greg Aitkenhead (Mission Viejo)	1984
185-9	Jake Fraser (El Toro)	2011
185-9	Clint Meyer (Esperanza)	2016
185-1	Steve Michaelson (Newport)	2012
185-1	Kelsey Benoit (San Clemente)	2014
184-10	Rocky Fenton (San Clemente)	2014

(State Champion)			174-1	Mike Morales (Garden Grove)	1986
184-2	Kevin Corbett (El Dorado)	1976	174-0	John Ortman (University)	1978
183-0	Eki Faagai (Huntington Beach)	2004	174-0	* Dillon Hayes (Tustin)	2000
182-7	Christian Lavallo (Mission Viejo)	2018	174-0	Joshua Scherer (Trabuco Hills)	2010
(State Champion)			173-5	Af Haghi E (University)	1990
182-7	**Zachary Taylor (Trabuco Hills)	2026	173-5	Al Avila (Loara)	1990
182-2	Ken Mills (University)	1979	173-4	Alex Covarrubias (Valencia)	1972
182-1	Steve Lehmer (Loara)	1966	173-4	Sullivan Parker (El Toro)	2011
181-8	Miguel Lopez (Esperanza)	2010	173-2	Clark (Laguna Beach)	1979
181-4	Phil Fulbright (Capo Valley)	1995	173-1	Curt Eilenberg (Costa Mesa)	1975
181-2	Jake Pendleton (Esperanza)	2009	173-0	Scott Strayer (Huntington Beach)	2005
180-8	Brendon Birdsell (Beckman)	2009	173-0	*Gabe Perez (Valencia)	2012
180-7	Jason Bader (Edison)	1995	172-11	Howard Royster (Corona del Mar)	1972
180-5	Mason Miller (Esperanza)	2011	172-11	John Brenner (Fullerton)	1979
180-3	Dylan Connor (El Modena)	2022	172-10	Mike Zupancic (Trabuco Hills)	2008
180-3	*Aydin Breland (Mater Dei)	2023	172-10	*Javier Venegas (Newport)	2012
179-9	Max McKhann (Dana Hills)	2018	172-9	Nathan Talbott (Newport)	2008
179-8	Dylan Storey (El Modena)	2003	172-9	Cole Smith (Newport)	2017
179-6	Zfad Khozam (El Modena)	1985	172-9	Yusuf Hashem (Esperanza)	2019
179-6	*Sullivan Parker (El Toro)	2010	172-7	* Barrett Woods (Esperanza)	1998
179-4	Caleb McCurry (Northwood)	2009	172-6	Kurt Vollers (Servite)	1997
179-3	Dave Winters (Valencia)	1984	172-6	Asi Faoa (Magnolia)	1999
179-3	*Cole Smith (Newport)	2016	172-2	Mike Johnson (Bolsa Grande)	1966
178-11	Chad Seymour (Aliso Niguel)	2009	172-0	Sean Ullom (Orange)	1987
178-9	Scott Hudson (Mission Viejo)	1979	171-6	Dale Gordon (El Modena)	1969
178-7	Jim Norum (Brea)	1997	171-6	Schuyler Francine (Villa Park)	1983
178-6	Rich Stewart (La Quinta)	1975	171-5	Mike Evans (Orange)	1970
178-4	Zach Tombol (Servite)	2013	171-4	Sean Fenton (Corona del Mar)	2000
178-3	Jeff Hall (Katella)	1982	171-1	Joe Walshe (Foothill)	1984
177-11	David Sampson (Cypress)	2003	171-1	*Brad Bolton (El Toro)	2010
177-9	Steve Gonzales (Newport)	1994	171-0	Nash Parker (Dana Hills)	2015
177-7	Jordan Arumann (Esperanza)	2016	171-0	**Adam Chacon (J Serra)	2016
177-6	Richard Bolton (Rancho Alamitos)	1977	171-0	Tommy Brown (Mater Dei)	2018
177-6	Troy Nikalus (Servite)	2011	170-11	Jeff Bodholdt (Irvine)	1994
177-5	Mike Richie (Troy)	1998	170-10	Mike Jablonsky (Esperanza)	2005
177-0	Mark Baughman (Katella)	1975	170-5	McMullen (Calvary Chapel)	1996
176-3	Luke Wattenberg (J Serra)	2016	170-4	Dave Sommers (Katella)	1977
176-11	Steve Bruce (Valencia)	1978	170-4	Lou Sargeant (El Toro)	1983
176-8	Andrew Cruikshank (Foothill)	2010	170-4	Rich Brown (Mission Viejo)	1987
176-8	Kyle Tsu (Marina)	2017	170-4	*Jim Stewart (Esperanza)	1993
176-3	Randy Hein (Dana Hills)	1995	170-3	Chris Conrad (Brea)	1993
176-2	Sean Jarne (Esperanza)	1996	170-2	Sager (Huntington Beach)	2004
176-2	Justin Stafford (Dana Hills)	2014	170-0	Mark Stevens (Newport)	1971
176-2	Spencer Blake (Newport)	2018	170-0	Jess Rogers (Rancho Alamitos)	1980
175-10	Trevor Ofisa (Magnolia)	2010	170-0	Chris Chester (Tustin)	2001
175-8	John Sheppard (Katella)	1976	169-10	Leonard Ostrum (Orange)	1970
175-8	* Joel Heaton (Aliso Niguel)	2006	169-9	Ed Labate (Villa Park)	1973
175-6	Dave Kurrasch (Newport)	1975	169-8	Matt Rudesill (Costa Mesa)	1998
175-2	*Christian Lavallo (Mission Viejo)	2017	169-7	Bill Flores (Kennedy)	1983
174-11	Matt Plowman (Esperanza)	2002	169-5	Ryan Gleason (Los Amigos)	2007
174-10	Jack Paavola (Oean View)	2025	169-4	Jud Binley (Laguna Beach)	1973
174-9	Jake Arnold (Marina)	2017	169-4	Jeff Greenbough (Laguna Beach)	1977
174-8	Chris Dressel (El Dorado)	1979	169-4	Jon O'Neil (Santa Margarita)	1997
174-8	Jim Doehring (San Clemente)	1980	169-3	Randy Kendrick (Huntington Beach)	1982
174-6	Morad Moussabeck (Fountain Valley)	2005	169-2	*Jim Harper (San Clemente)	1976
174-2	* Kelsey Benoit (San Clemente)	2013	169-1	Jim Ulam (Kennedy)	1968

169-1	Blair Parrott (San Clemente)	1991	166-1	*Jake Stafford (JSerra)	2022
169-1	Nick Sharp (Huntington Beach)	2002	166-0	Shane Tucker (El Toro)	2008
169-1	Matt Murphy (El Toro)	2007	165-10	*Travis Kirschke (Esperanza)	1992
169-0	* Ed Clarke (Newport)	1997	165-10	Adam Leiva (Tesoro)	2017
169-0	Carlo Valdes (Mater Dei)	2008	165-10	*Jake Porter (Canyon)	2019
168-10	Jeff Safarik (Fullerton)	1979	165-9	Eddie Cook (Katella)	1979
168-9	Todd Kausen (Corona del Mar)	1978	165-7	Steve Brown (Valencia)	1973
168-9	** Troy Nikalas (Servite)	2009	165-7	Bill Ashmore (Katella)	1987
168-8	Jim Osborn (Rancho Alamitos)	1985	165-6	* Shane Reese (Newport)	1996
168-8	Jesse McDonald (Laguna Hills)	1994	165-4	Derek Davis (Woodbridge)	2003
168-8	* Alex Butler (El Modena)	2004	165-3	Erik Bansberg (El Toro)	2000
168-8	Alec Cranford (Dana Hills)	2013	165-2	Kevin McLain (Loara)	1971
168-7	*John Moses (Loara)	1980	164-11	Cody Maresh (Orange)	1971
168-7	Roger Masangkay (Huntington Beach)	1984	164-11	Nathan Neemia (Katella)	1999
168-7	Chad Smith (University)	2004	164-9	Talaesea (Santiago)	1973
168-7	Mason Crane (Corona del Mar)	2017	164-9	Eric Van Skike (Foothill)	1978
168-6	Joel Brodowski (Pacifica)	1980	164-8	** Kyle Grosky (Esperanza)	2006
168-5	John Karahallos (Western)	1979	164-6	Bob Raya (El Modena)	1978
168-4	B Vamell (Sunny Hills)	1982	164-6	Chuck Underwood (Esperanza)	1989
168-4	Paul Castenada (SA Valley)	2004	164-5	Ryan Belanger (Esperanza)	2010
168-2	*Bob McGuire (Foothill)	1973	164-5	Trevor Lawrence (Newport)	2011
168-1	Jim Eddleman (Valencia)	2000	164-4	Pat McRae (Pacifica)	1977
168-0	JR Sauni (Orange)	1991	164-4	David Keller (Ocean View)	1989
167-11	Scott Wingerson (Orange)	1981	164-4	Kostas Hatzidakis (Esperanza)	1996
167-10	Craig Rebeck (Capo Valley))	1987	164-4	Jefferson Santos (Woodbridge)	2006
167-10	* Nick Woloshun (Valencia)	2001	164-4	Mark Russell (Sonora)	2011
167-10	Nate Talbort (Newport)	2008	164-4	Jake Porter (Canyon)	2020
167-10	William Truong (Esperanza)	2014	164-3	Ed Clarke (Newport)	1998
167-9	Shane Reese (Newport)	1997	164-3	C. O'Brian (Dana Hills)	1998
167-9	*Marty Taylor (Newport)	2012	164-3	*Austin Elder (Brea)	2026
167-9	Blake Baloun (El Toro)	2018	164-2	Gabe Paldi (El Modena) .	1978
167-6	Tom Allison (Los Alamitos)	1985	164-2	Lucas Dunbar (Marina)	1998
167-6	Jeremiah Fagilli (Magnolia)	1998	164-0	Ed LeVasseur (Saddleback)	1978
167-11	Mike Genovise (Los Amigos)	1981	163-11	Brad Bolton (El Toro)	2011
167-3	* Dustin Slinkard (Santa Margarita)	2002	163-9	Jeff Brown (El Dorado)	1974
167-0	Jake Brower (Orange)	1987	163-9	Stephen Mantei (Newport)	2015
167-0	Brad Grace (Huntington Beach)	1988	163-9	Charles Vernoy (Valencia)	2016
167-0	Raphael Alvarez (Esperanza)	2002	163-8	Kirk Wassell (Western)	1964
166-11	Chris Sweeney (Capo Valley)	1981	163-8	*Max McKhann (DanaHills)	2017
166-11	**Aydin Breland (Mater Dei)	2022	163-7	** Favio Lochananonda (Woodbridge)	2000
166-8	Tom Pellicer (Esperanza)	1993	163-5	Tony Mancuso (Newport)	1992
166-7	Scott Hoth (El Toro)	1982	163-4	Tony Buonacorsi (Trabuco Hills)	1998
166-7	*Tomuhini (Mater Dei)	2025	163-3	Carlo Bell (Valencia).	1982
166-7	Dylan Storey (El Modena)	2003	163-3	McDuffie (El Modena)	1985
166-6	Ryan Coy (Los Alamitos)	2016	163-3	Raphael Molle (Irvine)	1989
166-5	Sinali Manu (Magnolia)	2000	163-3	Scott Bolton (Tesoro)	2009
166-5	Austin Niklas (Servite)	2008	163-3	Scott DeCou (Woodbridge)	2011
166-5	Mitch Dixon (Trabuco Hills)	2013	163-2	Hadley James (Santiago)	1966
166-4	Kevin Watson (Century)	1999	163-2	Brendon Jordahl (Edison)	2016
166-4	Rick Fry (Esperanza)	2001	163-0	Bob Wilson (Edison)	1977
166-3	Bruce Mondello (Cypress)	1977	163-0	Greg Thurston (Edison)	1989
166-3	Cole Smith (Mission Viejo)	2015	163-0	* Chad Seymour (Tesoro)	2008
166-1	John Ortman (University)	1979	162-10	Bill Ashmore (Katella)	1986
166-1	Tom Cowell (Western)	1990	162-10	Joey Hawley (Esperanza)	2006
166-1	Justin Birrell (Esperanza)	1998	162-9	Joshua Schnitzer (Los Alamitos)	2009
166-1	Adam Hernandez (Los Amigos)	2016	162-8	Ed Cook (Katella)	1979

128-3	Sean Jarne (Esperanza)	1995
128-2	Travis Kirske (Esperanza)	1992
124-0	R Frye (Esperanza)	1999

Junior Hammer (6kg/13.2-lb)

217-6	Brad Bolton (El Toro)	2011
210-5	Max McKhann (Dana Hills)	2018
207-7	Jacob Sun (St Margaret's)	2022

Boys ALL-TIME INDOOR Marks List

50 meters

5.86	* Tim Martin (San Clemente)	1990
5.90	Matt Bruno (Trabuco Hills)	2002
5.91	Darryl Poston (Edison)	2001
5.93	Gary Young (Woodbridge)	1994
5.94	Denny Casupanan (Tustin)	2002
5.99	Erik Mitchell (Los Alamitos)	1990
60.2	Scott Langford (Santa Margarita)	2001
6.04	* Daniel Whipple (Western)	1990
6.05	Vince Nguyen (Fountain Valley)	2001
6.07	** Bryan Harrison (Dana Hills)	1995
6.08	Chris Lamm (Irvine)	2001
6.12	** Michael Graham (Edison)	1994
6.13	Nic Wedin (Dana Hills)	2001
6.14	* Greg Cleave (Cypress)	1994
6.16	Dahrin Footman (Esperanza)	1995
6.16	Mike Flores (Savanna)	1995
6.16	Josh Herrera (La Habra)	1999
6.16	Jim Thorson (Edison)	2000
6.16	Jonathan Woods (El Toro)	2002
6.17	Darren Shorter (Cypress)	2001
	Turrill Engelman Marina)	2002
6.19	Matt Slater (Servite)	2003
6.23	* Sparks (Mater Dei)	1991
6.24	Phil Lau (Mission Viejo)	1999
6.26	Adam Hayworth (Marina)	2002
6.27	Ed Presbury (Loara)	1992
6.31	Tim Fitzgerald (Santa Margarita)	1996

60 yards/55 meters#

6.33	Kerwin Bell (Edison)	1980
6.34	Tony Pitts (SA Valley)	1978
6.43	#Kyle Middlebrooks (Fountain Valley)	2010
6.43	Alex Donigian (Trabuco Hills)	2011
6.46	* Rex Brown (Ocean View)	1982
6.53	Chip Rish (Marina)	1984
6.53	#Alex Young (Woodbridge)	2015
6.54c	*Rich Brooks (Woodbridge)	6.3 1985
6.54c	Jim Beyers (Loara)	6.3 1971
6.54c	Tom Teeple (Brea)	6.3 1971
6.55	#Devin Harrison (Dana Hills)	2010

6.59	#* Alex Suchesk (Mission Viejo)	2013
6.61	Ellis Bradford (SA Valley)	1986
6.64	#Chris Brown (Mission Viejo)	2015
6.57	#Tyler Rios (Los Alamitos)	2014
6.60	#Brandon Douglas (Los Alamitos)	2014
6.60	#Dylan Atencio (Yorba Linda)	2015
6.63	#*Michael Mitchell (Tesoro)	2015
6.63	#Scott Patton (Woodbridge)	2015
6.71	#Matt Nichols (Irvine)	2010
6.72	#Lee Mitchell (Tesoro)	2014
6.73	#Charles Wheeler (Edison)	2013
6.78	#* Justin Hunter (Dana Hills)	2013
6.80	#Dakari Barnett (Fountain Valley)	2014
6.82	#*** Nicholas Malone (Fountain Valley)	2013
6.82	# Alexander Cliatt (Irvine)	2013
6.84c	Keith Denson (SA Valley)	6.6 1975
6.86	Anderson Hua (Fountain Valley)	2011
6.86	Jacob Miller (Fountain Valley)	2011
6.88	#*Dimitrius Peters (Santa Margarita)	2015
6.92	#* Phillip Huynh (Fountain Valley)	2013
6.92	#**Nathan Willoughby (Fountain Valley)	2015
6.94c	Larry Hill (Katella)	6.7 1975

60 meters

6.66	Jorden Wells (Servite)	2026
6.78	Kerwin Bell (Edison)	1980
6.85	Kyle Middlebrooks (Fountain Valley)	2009
6.85	Kamil Pelovello (Servite)	2026
6.87	Tony Pitts (SA Valley)	1978
6.90	Jace Wells (Servite)	2026
7.02	Jaelen Hunter (Servite)	2026
7.15	David Reedus (Westminster)	1988

200 meters

20.99	Jace Wells (Servite)	2026
21.51	Jaelen Hunter (Servite)	2026
21.58	Max Thomas (Servite)	2022
21.62	Kamil Pelovello (Servite)	2026
21.77	Jorden Wells (Servite)	2026
22.85	Alex Skalmowski (Servite)	2022

300 meters

37.82	Gabe Warner (Woodbridge)	2015
37.87	*Dimitrius Peters (Santa Margarita)	2015
38.76	** Josh Mitchell (Mission Viejo)	2015
39.00	*Austin Baxter (Corona del Mar)	2015
39.39	** Hunter Hawthorne (Mission Viejo)	2015
39.40	Cole Paton (Mission Viejo)	2015
39.54	*Ashtin Fernandes (Fountain Valley)	2015
39.55	*Daniel Sun (Woodbridge)	2015
39.85	*Hunter Albrecht (Dana Hills)	2015
39.90	* Elias Ghazlani (Fountain Valley)	2015

400 meters

47.11	Jaelen Hunter (Servite)	2026
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500 yards

58.2	Brian Theriot (Newport)	1975
58.9	* Kirk Ayers (Western)	1986
59.5	Rod Emery (Fountain Valley)	1982
59.5	Marshall Johnson (SA Valley)	1978
59.6	Bryan Humann (Newport)	1975
59.6	Jeff Roach (Laguna Hills)	1984
59.6	Aaron Taub (Foothill)	1992
59.8	David Boyd (Esperanza)	1983
59.9	George McQuarrie,(Bolsa Grande)	1975
59.9	Eric Schermerhorn (Woodbridge)	1984
59.9	Chris Sperle (Fountain Valley)	1984
59.2	Ethan Taub (Foothill)	1994
59.5	* Jimmy Hutsell (Cypress)	1994
60.0	Paul Peters (SA Valley)	1986
60.0	Kevin Griswold Garden Grove)	1996
60.3	Vince Mulroy (Newport)	1975
60.4	Jim Harris (Westmmster)	1980
60.5	JeffJacobs (Santa Margarita)	2003
60.7	Nick John Haiduc (Servite)	1987
60.8	Chris Corum (Newport)	1978
61.1	Roshawn Sims (Esperanza)	1991
61.7	Ryan Crane (Dana Hills)	1992

600 yards

1:14.72	Chad Rozean (Trabuco Hills)	2010
1:14.93	Brandon Phillips (Irvine)	2010
1:17.91	* Elias Ghazlani (Fountain Valley)	2015
1:17.95	Josh Cerda (Fountain Valley)	2013
1:18.02	*Gabriel Warner (Woodbridge)	2014
1:18.20	Cullen Riser (Orange Lutheran)	2013
1:18.64	Phillip Bui (Fountain Valley)	2015
1:19.02	Trelani Waters (Mission Viejo)	2015
1:19.10	Elliot Loudon (Woodbridge)	2014
1:20.34	Kamran Tariq (Tesoro)	2015
1:20.79	Anderson Hua (Fountain Valley)	2012
1:20.86	* Mauro Marquina (Dana Hills)	2013
1:20.88	Ethan Hold (Corona del Mar)	2014
1:21.15	Zeph Alva (Dana Hills)	2013
1:21.30	*Hunter Clark (San Clemente)	2015
1:21.39	Nathaniel Esquivel (Fountain Valley)	2013
1:21.40	**Alex Young (Woodbridge)	2014
1:21.55	Josh Cerda (Fountain Valley)	2012
1:21.75	Drake Johnson (Dana Hills)	2012
1:22.29	** Phillip Bui (Fountain Valley)	2013
1:22.56	* Matt Oyakawa (Fountain Valley)	2013
1:22.70	* Shane Hernandez (Los Alamitos)	2013
1:23.0	Scott Kipers (Mission Viejo)	1973

800 meters

1:55.79	Brendon Confer (Servite)	2009
1:59.49	Luke Decker (Mission 1:59.49m)	2010
2:01.1	*Tony Lozano (Katella)	1999

880 yards

1:57.6	Ruben Esparza (El Modena)	1983
1:58.6	* Kyle Morton (Westminster)	1982
1:58.8	Jim Robbins (Corona del Mar)	1988
1:58.9	* Anthony Wells (SA Valley)	1980
1:59.1	Andy Sims (Dana Hills)	1984
1:59.6	Jim Sorenson (Villa Park)	1986
1:59.7	Kevin Green (Villa Park)	1984
2:00.2	Seth Pickering (San Clemente)	2001
2:00.4	David Sanford (Los Alamitos)	1988
2:01.5	Ken Sims (Irvine)	1984
2:01.7	Jan Maynard (Marina)	1996
2:01.8	Dave McMillen (Irvine)	1986
2:01.8	Mike Balderas (Garden Grove)	1995
2:01.9	Craig Olson (El Dorado)	1987
2:01.9	* Alonso Smith (Tustin)	2000
2:02.1	* Matt Blasdel (Santa Margarita)	1995
2:02.2	* Eric Schermerhorn (Woodbridge)	1983
2:02.6	John Cronin (Mission Viejo)	1985
2:02.6	* Jon Jeffrey (Woodbridge)	1996
2:02.8	Mike Maynard (Capo Valley)	1985
2:02.9	Kevin Knapp (Esperanza)	1985

1000 Yards

2:17.7	Bruce Bess (La Habra)	1961
2:18.4	Chuck Steak (Newport)	1979
2:18.6	Jon Cook (Mission Viejo)	1975
2:18.6	Sam Henrick (Marina)	1976
2:19.7	Steve Moraga (Santa Ana)	1975
2:20.5	Brian Appell (Fountain Valley)	1978
2:22.5	Charlie Christensen (Edison)	1977
2:23.1	Mark Hower (Mission Viejo)	1974
2:23.3	Larry Hayden (Sunny Hills)	1975
2:24.0	Kirk Clark (Newport)	1975
2:24.9	Bob Bradford (University)	1973

One Mile

4:11.3	Jon Butler (Edison)	1981
4:12.9	Eric Hulst (Laguna Beach)	1976
4:15.86	*Anthony Grover (J Serra)	2019
4:16.97	*Jantzen Oshier (Trabuco Hills)	2010
4:17.1	Mike Solomon (Westminster)	1967
4:17.5	Bruce Bess (La Habra)	1961
4:17.6	* Jeff Vandereems (Mission Viejo)	1979
4:18.1	Mark Junkermann (Los Alamitos)	1984
4:19.3	Ruben Esparza (El Modena)	1983
4:19.93	**Austin Tamagno (Brea Olinda)	2014
4:19.4	Andy Clifford (Sunny Hills)	1974
4:20.0	* Ralph Serna (Loara)	1974
4:20.04	Jim Olson (Irvine)	1986
4:20.5	Sam Francis (Tustin)	1965
4:20.8	Steve Valen (El Modena)	1981
4:21.15	*Taye Newman (Canyon)	2024
4:21.2	Pat Dutzi (El Dorado)	1973
4:21.5	Mark Schilling (Garden Grove)	1971
4:21.5	Jim Hartford (Corona del Mar)	1981
4:21.5	Bill Meyer (Villa Park)	1986

4:21.9	Jon Cook (Mission Viejo)	1975
4:22.1	Ned Mosher (Fountain.Valley)	1982
4:22.3	Jeff Williams (Foothill)	1982
4:22.6	Allen Sanford (Tustin)	1965
4:22.6	Shawn Gallagher (Loam)	1975
4:22.6	Victor Valen (El Modena)	1984
4:23.2	Ed Lavelle (Corona del Mar)	1989
4:23.6	Robert Angel (Huntington Beach)	1975
4:23.6	David Moore (Orange)	1986
4:24.1	Ken Martyn (Marina)	1973
4:24.3	Carl Trentadue (Westminster)	1965
4:24.7	Bob Delaney (Orange)	1962
4:24.7	Doug MacLean (Costa Mesa)	1972
4:24.9	Haissam Sabra (Ocean View)	1986
4:24.9	*Greg Shyrock (Corona del Mar)	1988
4:25.0	Larry Hayden (Sunny Hills)	1975
4:25.0	Fredd Hesslevik (University)	1982

1500m

3:45.5'	Jon Butler (Edison)	1981
3:59.06	*Anthony Grover (J Serra)	2019

Two Mile

8:55.2	Jon Butler (Edison)	1981
8:55.8	Eric Hulst (Laguna Beach)	1976
9:00.0	Mark Spilsbury (Foothill)	1976
9:01.4	* Ralph Serna (Loara)	1974
9:07.9	Mark Junkermann (Los Alamitos)	1983
9:09.5	Ken Ernst (El Dorado)	1979
9:10.3	Matt Blaty (Marina)	1979
9:11.1	Greg Whiteley (University)	1985
9:11.4	Pat Dutzi (El Dorado)	1973
9:12.6	Robert Tillman (Valencia)	1974
9:14.8	Robert Angel (Huntington Beach)	1973
9:15.0	*Dave White (El Modena)	1969
9:16.80	Peter Herold (J Serra)	2019
9:18.4	Gus Quinonez (Huntington Beach)	1983
9:18.8	Marc Genet (Santa Ana)	1972
9:19.2	Breggar Moore (Rancho Alamitos)	1975
9:20.5	Mike Walterhouse (Mission Viejo)	1977
9:21.1	Mark Cunnart (Los Amigos)	1980
9:21.2	Larry Gerich (Foothill)	1973
9:21.3	Don Scott (Foothill)	1980
9:22.6	Jose Saavedra (Loara)	1974
9:23.0	Jeff Day (Corona del Mar)	1976
9:23.7	Brett Clifford (Dana Hills)	1983
9:23.8	Shannon Winkleman (Marina)	1988
9:24.8	Don Scott (Foothill)	1980
9:25.1	Tim Aukshunas (El Modena)	2003
9:25.2	Brad Meyer (University)	1981
9:26.2	Dave Cangelosi (Villa Park)	1978
9:26.9	Chris Lugo (Valencia)	1987
9:28.1	Bob Erickson (Fountain Valley)	1982
9:28.4	Steve Valen (El Modena)	1980
9:28.85	Bill Meyer (Villa Park)	1986
9:29.4	Scott Hakeman (El Dorado)	1983

3,000 meters

8:14.41	Evan Noonan (Dana Hills)	2025
8:31.2'	Mark Junkerman (Los Alamitos)	1983
8:35.50	Kenny Wanlass (Newport)	2023
8:38.2'	Gus Quinonez (Huntington Beach)	1983
8:40.09'	Peter Herold (J Serra)	2019

5,000 meters

14:26.61	*Evan Noonan (Dana Hills)	2024
14:58.69	Saul Orozco (J Serra)	2024
14:51.41	Kenny Wanlass (Newport)	2023

50 meter High Hurdles

6.80	Charlie Davidson (Saddleback)	1992
6.98	Pat Swanson (Esperanza)	1996
6.99	* Dominique DeGrammont (Tustin)	1996
7.06	James Brown (Dana Hills)	1998
7.06	Kenny Vinh (Katella)	2000
7.15	* Mike Smith (El Toro)	1996
7.19	Tony Garcia (Foothill)	1994
7.20	Kenny Vinh (Katella)	1999
7.23	Denny Flanagan (Edison)	2001
7.35	Jim Bittner (Katella)	1998
7.37	Al Williams (Irvine)	1998
7.37	Aldee Winter (Laguna Hills)	2000
7.38	Dan Foote (Foothill)	1995
7.48	Ramsay (Paciifca)	1994
7.50	Ben Forbes (Marina)	1998

60 Yard High Hurdles

7.57	Steve Kerho (Mission Viejo)	1981
7.64c	Terry Johnson (Katella)	7.4 1986
7.74c	John Peterson (Saddleback)	7.5 1975
7.84c	Tom Turner (Cypress)	7.6 1975
7.94c	Brian Flowers (SA Valley)	7.7 1985
7.94c	Ken Margerum (Fountain Valley)	7.7 1977
8.04c	Wilbur Gregory (Mission Viejo)	7.8 1975
8.14c	Daryle Ware (Cypress)	7.9 1975

55 meter High Hurdles

7.76	Dylan Atencio (Yorba Linda)	2015
7.80	Connor Meech (San Juan Hills)	2015
7.83	Grant Bayr (Dana Hills)	2015
7.86	Tyler Rios (Los Alamitos)	2014
7.89	Dustin Huynh (Fountain Valley)	2014
7.96	George Lynch (Mater Dei)	1988
8.06	* Daniel Sun (Woodbridge)	2015
8.07	**Daniel Sun (Woodbridge)	2014
8.15	Muaz Ilyas (Fountain Valley)	2013
8.19	*Grant Bayr (Dana Hills)	2014

4 x 160 yard Relay

66.1	SA Valley	1978
67.2	Edison	2000

67.4	Saddleback		1991	3:28.0	Foothill	1992
67.5	Mission Viejo		1992	3:28.9	Newport	1979
68.0	SA Valley		1973	3:30.2	Foothill	1993
68.0	Edison		2001	3:31.0	Costa Mesa	1982
68.2	Katella		1986	3:31.1	Santa Ana	1975
68.36	Edison		1999	3:31.2	Los Alamitos	1984
68.5	Saddleback		1975	3:32.6	Loara	1975
68.66	Corona del Mar	4x145m	2014	3:33.1	El Modena	1982
68.8	Garden Grove		1969	3:33.2	Irvine	1996
68.8	Esperanza		1994	3:34.7	Newport	1976
69.0	Edison		1980			
69.0	Fountain Valley		1998	4 x 400m		
69.0	Edison		1998	3:15.68	Servite	2026
69.1	Katella					
69.1	Foothill		1992	4 x 880 Relay		
69.1	Fountain Valley		1999	8:08.8	Westminster	1974
69.24	Yorba Linda	4x145m	2015	8:13.2c	Saddleback	
69.3	Brea		1966		(converted time-one lap too long)	1992
69.3	Anaheim		1969	8:14.5	Foothill	1979
69.3	Marina		1969	8:14.9	Mater Dei	1983
69.3	Laguna Beach		1973	8:18.7	Orange	1995
69.4	Bolsa Grande		1965	8:18.9	Esperanza	2003
69.4	Santa Ana		1972	8:20.9	Mission Viejo	1985
69.5	SA Valley		1976	8:22.3	University	1981
69.5	Edison		1999	8:22.8	Corona del Mar	1975
69.55	Corona del Mar	4x145m	2013	8:22.8	Costa Mesa	1977
69.6	Santa Ana		1966	8:23.8	Costa Mesa	1975
69.6	Irvine		1996	8:25.3	Capo Valley	1989
				8:25.4	El Toro	2002
				8:27.1	Loara	1979
				8:27.7	Saddleback	1994
				8:28.1	Villa Park	1994
				8:28.9	Katella	1999
				8:29.2	Marina	1975
				8:29.2	El Modena	1988
				8:29.9	Esperanza	1988
8 x 160 yard Relay				High Jump		
2:14.82	Edison		2000	6-10.75	**Sean Lee (Trabuco Hills)	2016
2:15.6	SA Valley		1984	6-10	Harrison Steed (JSerra)	2010
2:17.9	SA Valley		1992	6-7	Dave White (Marina)	1977
2:18.3	SA Valley		1988	6-6	Kevin Connell (Newport)	1975
2:18.7	Katella		1998	6-6	Kevin Cuervo (Western)	1976
2:18.9	SA Valley		1985	6-6	Brad Harris (Los Alamitos)	1978
2:19.3	Santa Ana		1983	6-6	Todd Hart (Servite)	1981
2:19.7	Saddleback		1993	6-6	Francel Jones (SA Valley)	1982
2:19.8	Saddleback		1985	6-6	Eric Wheelwright (Edison)	1985
2:19.94	Katella		2000	6-6	Jeff Waldren (Cypress)	1992
2:20.1	SA Valley		1989	6-6	Jay Lin (Sonora)	1993
2:20.13	Katella		1999	6-6	Brian Carlson (Katella)	1993
2:20.4	Santa Ana		1982	6-6	Alex Marbley (Tustin)	2001
2:21.42	Katella		1996	6-5	Roger Leary (El Toro)	1983
2:21.9	SA Valley		1987	6-5	Mitchell Bland (Tesoro)	2014
2:22.0	Mission Viejo		1999	6-4	Ken Corner (Estancia)	1975
2:23.0	Santa Margarita		1999	6-4	Gary Armstrong (Katella)	1975
2:23.5	El Modena		1982			
2:23.6	Newport		1983			
2:23.7	SA Valley		1993			
2:23.7	SA Valley		1998			
Mile Relay						
3:26.3	Newport		1975			
3:27.0	Newport		1978			
3:27.6	Foothill		1994			

6-4	Todd Kirschner (EL Dorado)	1975
6-4	Mitch Herold (Los Alamitos)	1975
6-4	Jeff Lawson (El Dorado)	1976
6-4	Eric Dorn (Estancia)	1986
6-4	John Amneus (Foothill)	1987
6-4	Greg Ramsey (Loara)	1990
6-4	Matt Gwaltney (Fountain Valley)	1993
6-4	Troy Langley (Canyon)	1994
6-4	Danny Vasquez (Century)	1995
6-4	* F. Elliott Parks (El Toro)	1996
6-4	Beatty (Troy)	2003

Pole Vault

16-7	Michael Woepse (Mater Dei)	2010
16-0.75	Steve Michels (Brethren Christian)	1996
16-0	Logan Odden (Marina)	2000
16-0	Mark Sakioka (Newport)	2011
16-0	Carl Johansson (Orange Lutheran)	2014
15-10	Adam Bragg (El Toro)	2011
15-9	Greg Woepse (Mater Dei)	2006
15-6	Greg Ernst (El Dorado)	1978
15-6	Greg Stull (Troy)	1980
15-3	Jeff Tran (Fountain Valley)	2009
15-1	Jim Sidler (Villa Park)	1977
15-1	Adam Bragg (El Toro)	2011
15-0	Keith Schimmel (Villa Park)	1975
15-0	Tim Vahlstrom (Villa Park)	1975
15-0	Tim McIntyre (Loa Alamitos)	1979
15-0	Steve Williams (Servite)	1986
15-0	Steve Slocum (Foothill)	1987
15-0	Aaron Corbett (Edison)	2002
15-0	Luke Newman (Trabuco Hills)	2015
15-0	David Bean (Orange Lutheran)	2014
14-9	Hong Nguyen (Katella)	2003
14-9	Brendan Pena (Edison)	2003
14-9	Matt Cooper (Mater Dei)	2009
14-6	Mike Baker (Katella)	1973
14-6	Tanner Greeley (Edison)	2011
14-6	Chandler Thorpe (Edison)	2013
14-3	Brian Whalen (Mater Dei)	2003
14-0	Tom Turner (Cypress)	1975
14-0	Greg Woepse (Mater Dei)	1975
14-0	Lance Betson (Newport)	1983
14-0	R.W. Henson (Newport)	1988
14-0	Trevor Lycett (Esperanza)	1991
14-0	Brandon Guffy (Esperanza)	1999
14-0	Paul Luke (Santa Margarita)	2000
14-0	David Giang (Katella)	2001
14-0	Ty Mason (Fountain Valley)	2012
14-0	Kevin Stull (Orange Lutheran)	2013
14-0	* Jeff Gordon (Marina)	2015
14-0	Nate Harper (Trabuco Hills)	2015

Long Jump

23-10	Devin Harrison (Dana Hills)	2009
23-2.5	Tony Pitts (SA Valley)	1978

22-9.5	* Jim Morgan (Mater Dei)	1966
22-8	William Dancy (SA Valley)	1989
22-6.25	* Dakarai Barnett (Fountain Valley)	2015
22-5	Eric Dorn (Estancia)	1986
22-3.5	Denny Casupanan (Tustin)	2002
22-2.75	Earl Jones (Saddleback)	1985
22-2	Richard Fanti (SA Valley)	1986
21-10.5	Mike Sullivan (Sunny Hills)	1991
21-9.5	Hayden Pierce (Esperanza)	2010
21-9	Tom Leonard (Western)	1975
21-9	Ricky Franklin (SA Valley)	1983
21-9	Sean Sawyer (El Modena)	1985
21-9	Lee Mitchell (Tesoro)	2014
21-8.75	Steve Baxter (Loara)	1971

Triple Jump

49-1	Ken WilliamsjTroy)	1982
48-3.25	Ken Margenun (Fountain Valley)	1977
47-3.25	* Reggie Curry (Tustin)	1994
46-9.5	Arik Nesbit (San Clemente)	2014
46-6.5	Tony Parrish (Marina)	1993
45-4	Mike Phillips (Foothill)	1985
45-0	Joe Thomas (Buena Park)	1999
44-7.25	Clarence Moore (Cypress)	2000
44-3.5	Dennis Cowan (Fountain Valley)	1979

Shot Put

64-11.75	Dave Kurrasch (Newport)	1975
62-4	Terry Albritton (Newport)	1972
62-3	Jim Neidhart (Newport)	1973
59-10.5	William Troung (Esperanza)	2014
59-9.75	Kelsey Benoit (San Clemente)	2014
59-1	Wade Tilt (Newport)	1994
58-9.5	Ed Labate (Villa Park)	1973
58-7	Jim Harper (San Clemente)	1977
58-3.75	Marty Taylor (Newport)	2013
58-0	Berian Ruziecki (Huntington Beach)	2002

#16 Shot Put

59-5.75	Bronson Osborn (Esperanza)	2017
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Weight Throw 25#

73-4	Brad Bolton (El Toro)	2011
62-10	Max McKhann (Dana Hills)	2018
62-5.5	* Silviu Bocancea (Corona del Mar)	2015
58-2.75	Rocky Fenton (San Clemente)	2014
54-7.5	*Brendon See (J Serra)	2022
49-0.5	*Hunter (Whittaker (Esperanza)	2024
47-6	*Ethan Sickles (Villa Park)	2024

ALL-TIME OUTDOOR BEST MARKS LIST - GIRLS

100 Yards

11.04	Michelle Kelley (Irvine)	1979
11.05	Janet Steen (SA Valley)	1979
11.06	Vanessa Denniston (Huntington B)	1979
11.10	Estelle White (Saddleback)	1982
11.0	* Tserne Jackson (Edison)	1979
11.1	***Kenya Thomburg (University)	1980
11.1	Brenda Owens (SA Valley)	1982
11.1	** Michelle Banks (El Dorado)	1983
11.1	** Michelle Van Exel (Saddleback)	1983
11.39	Kristen Fleeting (Tustin)	1980
11.2	Joy Marimon (Newport)	1976
11.2	Loretta Holmes (El Toro)	1977
11.2	Sue League (SA Valley)	1982
11.2	* Nedra Lyons (Laguna Hills)	1983
11.2	*** Clarie Hill (Saddleback)	1983
11.2	*** Marina Laymon (La Habra)	1980
11.2	Cheryl Henderson (Fountain Valley)	1984
11.2-	Tiffany Felix (Mater Dei)	1984
11.2	Alyssa Phillips (Cypress)	1985
11.2	* Casey Lozano (Sonora)	1991
11.2	** Cavetra Mitchell (Los Alamitos)	1991
11.2	Katie Mook (Foothill)	1992
11.2	* Megan Reppe (Villa Park)	1994
11.2	* Tara Oettinger (Foothill)	1994
11.48	* Karyn Haight (Orange Lutheran)	1978
11.53	*** Megan Reppe (Villa Park)	1992
11.3	Lisa Gourdine (El Toro)	1977
11.3	Tracy Hanlon (Edison)	1979
11.3	* Val Macayan (Fountain Valley)	1981
11.3	Tina Johnson (Kennedy)	1981
11.3	Lum (Estancia)	1982
11.3	Stacy Noton (Sunny Hills)	1983
11.3	Kathy Hargis (Magnolia)	1986
11.3	K. Lambert (Foothill)	1986
11.3	* Heather McBride (Foothill)	1985
11.3	* Alida Dixon (SA Valley)	1988
11.3	Sherrie Buente (Esperanza)	1990
11.3	*** Tara Oettinger (Foothill)	1992
11.3	* Julie Petrilla (El Dorado)	1992
11.4	L. Eckstein (El Modena)	1976
11.4	Carolyn Hatchett (SA Valley)	1978
11.4	Cathy Conner (Esperanza)	1982
11.4	Chris Salerno (Canyon)	1982
11.4	* Trish Aubuchon (Esperanza)	1984
11.4	*** Vanessa Blanco (Los Alamitos)	1986
11.4	Stacy Walden (Estancia)	1987
11.4	Stephanie Bell (Foothill)	1986
11.4	Michele Buse (Foothill)	1988

11.4	* Judy Jackson (Tustin)	1988
11.4	Danetta Chaney (Saddleback)	1989
11.4	Leila Campbell (Loara)	1989
11.4	* Pam Kurtella (Los Alamitos)	1989

Wind-aided:

11.01	Janet Steen (SA Valley)	1979
11.1	** Mildred Owens (SA Valley)	1981
11.1	Tina Johnson (Kennedy)	1981
11.2	Lisa Gourdine (El Toro)	1976
11.2	* Chrissy Salerno (Canyon)	1983
11.3	*** Tiffany Felix (Mater Dei)	1983
11.3	Melanie Williams (Western)	1986
11.4	Kathy Grant (Estancia)	1986

100 Meters

11.62	**Maliya Collins (Rosary)	2026
11.66	*Carol Rodriguez (Western)	2003
11.67	Eden Murray (Mater Dei)	2026
11.78	Tessa Green (Santa Margarita)	2019
11.79	**Tra'Via Flournoy (Rosary)	2026
11.78	*Eden Murray (Mater Dei)	2025
11.82	Nikki Merritt (Santa Margarita)	2018
11.82	*Justine Wilson (Rosary)	2025
11.87	**Gianna Lowery (Capo Valley)	2010
11.92	Avery Groves (Santa Margarita)	2024
11.94	Sara Limp (Los Alamitos)	2015
11.94	*Ava Simos (Corona del Mar)	2024
11.95	Janice Nsor (Kennedy)	2005
11.95	**Becky Obinma (Rosary)	2016
11.95	Emma Ortiz (Trabuco Hills)	2026
11.97	Danielle Darden (Aliso Niguel)	2013
11.99	Jackie Dix (Woodbridge)	1997
11.99	Kelli Godin (Mater Dei)	2018
12.01	Estelle White (Saddleback)	1982
12.01	Halle Sutherland (Trabuco Hills)	2023
12.02	***Carter Cameron (El Dorado)	2026
12.03	Avery Groves (Santa Margarita)	2023
12.04c	Crystal Davis (SA Valley)	11.8 2001
12.04	Perris William-Mensah (Estancia)	2014
12.04	Simran Malhotra (Woodbridge)	2019
12.05	** Hilary Ojinnaka (Cypress)	2013
12.05	Danielle Limp (Los Alamitos)	2019
12.07	* Marquita Taylor (San Clemente)	2001
12.07	Percylla Nared (Trabuco Hills)	2010
12.07	*Chrystal Aluya (Valencia)	2019
12.08	** Cavetra Mitchell (Los Alamitos)	1991
12.09	* Trisha Aubuchon (Esperanza)	1984
12.09	**Addison Hunter (Canyon)	2026
12.10	* Snita Ashford (Buena Park)	2006
12.10	***Kylie Klein (Villa Park)	2010
12.11	Tara Ohlwiler (Trabuco Hills)	2023
12.11	*Estheleen Charalabidis (CDM)	2025
12.12	*** Annette Rogers (University)	1981
12.12	Gia Trevisan (Mater Dei)	2011
12.13	Amber Moore (Aliso Niguel)	2005

12.13	*Estelle McLeary (Villa Park)		2022	12.30	*Caroline Glessing (Corona del Mar)		2021
12.13	Brooklyn Davis (Los Alamitos)		2023	12.30	*Hannah Basset (Mission Viejo)		2024
12.14c	* Juanita Lawson (El Modena)	11.9	2001	12.31	Danetta Chaney (Saddleback)		1989
12.14	Abby Patton (Trabuco Hills)		2025	12.31	*Kennedy Gillian (Mission Viejo)		2015
12.15	* Meryl Stone (Woodbridge)		1998	12.31	Ashley Willingham (Los Alamitos)		2016
12.15	Julia Cabrales (Mission Viejo)		2012	12.31	*Rachel Carlton (Huntington Beach)		2025
12.15	*Alexis Turley-Young (Canyon)		2015	12.32	**Kelley Peterson (El Toro)		2011
12.15	Saige Acosta (Mater Dei)		0025	12.32	Alycia Turner (Aliso Niguel)		2017
12.16	Caroline Hawkes (San Clemente)		2022	12.32	Cora Davis (Fountain Valley)		2017
12.16	Cambria Kaminski (Aliso Niguel)		2026	12.32	*Rayne Anwar (Capo Valley)		2018
12.18	* Cheryl Henderson (Fountain Valley)		1983	12.32	*Maya Woolforde (J Serra)		2025
12.18	Sheri Bertell (Mission Viejo)		1988	12.32	Abby Patton (Trabuco Hills)		2025
12.18	*Grace Esslinger (Dana Hills)		2008	12.33	* Kylie McCuen (Brea)		2001
12.18	**Charlotte Bui (Fountain Valley)		2026	12.33	***Lillian Ebanks (Valencia)		2012
12.19	*Maddie Jocson (Tesoro)		2018	12.33	Nicole Moeller (Trabuco Hills)		2017
12.20	**Michelle Banks (El Dorado)		1982	12.33	Kenzi Bernardino (Orange Lutheran)		2026
12.21	*Holly Rieck (Capo Valley)		2011	12.34c	**Trindl Fearnley (Edison)	12.1	1984
12.21	Milan Smith (Rosary)		2024	12.34c	Breck Nester (El Toro)	12.1	1993
12.22	***Ally Lynn (San Clemente)		2011	12.34c	** Meisha Wilson-Duval (Woodbridge)	12.1	1994
12.22	Alyssa Tao (Fountain Valley)		2013	12.34c	** Adriana Gallardo (Saddleback)	12.1	1994
12.23	Kandyce Doxey (Cypress)		2008	12.34c	Ebony Dozier (Western)	12.1	1997
12.23	***Ariana Wright (Westminster)		2008	12.34	Carla Battle (Anaheim)		1997
12.23	Jada Faison (Rosary)		2026	12.34	Kristyne Hamberg (Mission Viejo)		2005
12.23	*Katelyn Susag (Mission Viejo)		2023	12.34	** Kaitlyn Merritt (Santa Margarita)		2013
12.24	* Dionne Garner (Valencia)		1984	12.34	Haley Hopkins (Mater Dei)		2017
12.24	**Erica Lee (Irvine)		1989	12.34	Sydnee Kolster (Los Alamitos)		2019
12.24	** Erin Stovall (Woodbridge)		1995	12.34	Lillian Gomez (El Modena)		2023
12.24	Debra Blyden (Westminster)	12.0	1979	12.34	***Abigail Van Exel (Newport)		2024
12.24c	* Ashley Bethel (Mission Viejo)	12.1	1997	12.35	Stacy Noton (Sunny Hills)		1983
12.24	* Ashley Bush (Sonora)		2009	12.35	Kim Steele (Esperanza)		1997
12.24	*Nabile Alvarado (Mater Dei)		2024	12.35	* Danielle Eichelberger (Western)		2003
12.25	***Becky Obinma (Villa Park)		2015	12.35	Maya Woolforde (J Serra)		2026
12.25	Nia Toliver (Villa Park)		2015	12.36	Sher DuFur (Canyon)		1981
12.25	Nevaeh Lane (Marina)		2024	12.36	** Andrea Dean (Mission Viejo)		1990
12.26	Alexia Williams (Irvine)		2013	12.36	Shalanie Ross (Esperanza)		2000
12.26	*Haley Hopkins (Mater Dei)		2015	12.36	** Amy Burlingham (Newport)		2001
12.26	*Sydney Carr (El Modena)		2016	12.36	** Mia Hummel (Canyon)		2013
12.26	Nicole Martinez (Yorba Linda)		2017	12.36	**Sarah Perez (Mater Dei)		2014
12.26	Sol Lee (Rosary)		2024	12.36	Bethany Nguyen (Beckman)		2019
12.27	*** Elia Reid (Kennedy)		2005	12.36	Danika Pagaduan (Mission Viejo)		2019
12.27	**Cori Hoffer (Edison)		2018	12.37	* Tara Oettinger (Foothill)		1994
12.27	*Taylor Murphy (Los Alamitos)		2026	12.38	* Eileen Dunaway (Huntington Beach)		1995
12.27	**Cheyenne Abrams (Marina)		2026	12.38	Alexis Richman (Portola)		2023
12.28	** Michelle Sanford (Woodbridge)		2001	12.37	Nicole Johnson (Laguna Beach)		1999
12.28	Brittany Clark (Laguna Beach)		2007	12.37	***Heather Walleigh (Santa Margarita)		2011
12.28	Emily Psarras (Mission Viejo)		2023	12.39	*Hollis Donovan (Dana Hills)		2014
12.29	Meghan Atkinson (Santa Margarita)		2000	12.40	* Catherine Soto (Mater Dei)		1989
12.29	*Mallory Barnes (Santa Margarita)		2017	12.40	Patrice Donaldson (Orange)		2001
12.29	Sarah McMillan (Cypress)		1998	12.40	Tia McFarlane (Trabuco Hills)		2009
12.29	**Ally Lynn (San Clemente)		2012	12.40	Isabella Salsamendi (Santa Margarita)		2026
12.29	***Maliyah Medley (El Toro)		2015	12.41	Roxanne Packard (Westminster)		1997
12.29	Avie Hernandez (Northwood)		2025	12.41	Julie Steele (Troy)		1997
12.29	**Emma Cox (Aliso Niguel)		2025	12.41	* Christina Ciampa (San Clemente)		1998
12.30	Nedra Lyons (Laguna Hills)		1984	12.41	*Zoe Mendiola (Troy)		2023
12.30	*Lauren Little (San Clemente)		2007	12.41	*Michelle Quinn (Yorba Linda)		2018
12.30	Kylee Wehrly (Trabuco Hills)		2017	12.41	*Savannah Muldrew (Mater Dei)		2024

12.41	Lily Huynh (Fountain Valley)		2026	12.50	* Arika Griffith (El Toro)		1988
12.42	** S. Salcido (Marina)		2009	12.50	** Maika Nelson (Brea)		1996
12.42	Jastel David (Santa Margarita)		2026	12.50	*** Caitlin Atkinson (Santa Margarita)		2003
12.43	** Caitlin Atkinson (Santa Margarita)		2004	12.50	**Kaitlyn Paculba (Marina)		2019
12.43	* Krytine Hanberg (Mission Viejo)		2004	12.50	Sophia Hartwell (Orange Lutheran)		2019
12.43	Kaelyn Kaichi (Tesoro)		2010	12.50	Gianna Gigliotti (Yorba Linda)		2023
12.43	Baylee Berryman (Capo Valley)		2022	12.50	Savannah Muldrew (Mater Dei)		2025
12.43	*Nicole Pierce (Trabuco Hills)		2024	12.51	* Michelle Muniz (Woodbridge)		1989
12.43	**Addison Hunter (Canyon)		2026	12.51	* Erin Tuber (El Toro)		2005
12.43	**Malia Jarrett (Orange Lutheran)		2026	12.51	Ellexi Snover (Mater Dei)		2011
12.43	**Sydney Briggs (Villa Park)		2026	12.51	*Lauren McLeese (Tesoro)		2015
12.44c	Tina Johnson (Kennedy)	12.2	1981	12.51	**Jordyn Gather (J Serra)		2018
12.44c	Kathy Grant (Estancia)	12.2	1986	12.52	* Erika Ebel (Orange Lutheran)		1991
12.44c	Jamie Karrer (Edison)	12.2	1989	12.52	** Brooke Thulin (Edison)		2000
12.44c	** Lucinda Watson (Century)	12.2	1993	12.52	*Crystal Eckman (Fountain Valley)		2014
12.44c	* Megan Reppe (Villa Park)	12.2	1994	12.52	Kaylin Raibon (Aliso Niguel)		2022
12.44c	Kelly Phillips (Mission Viejo)	12.2	1995	12.52	Aniyah League (Cypress)		2022
12.44c	Angela Allen (El Modena)	12.2	1997	12.52	*Ava Walsvick (Canyon)		2026
12.44c	** Dana Bethel (Mission Viejo)	12.2	1999	12.53	* Amanda Wheeland (Corona del Mar)		1989
12.44	** Whitney Harrison (Aliso Niguel)		2001	12.53	Rai Ahmed-Green (Irvine)		2014
12.44	* Tiffany Pransky (Orange Lutheran)		2004	12.53	*Nicole Moeller (Trabuco Hills)		2016
12.44	*Danika Pagaduan (Mission Viejo)		2018	12.53	*Aryanna Faircloth (Magnolia)		2018
12.45	** Lori Smith (Canyon)		1987	12.53	Karina Wagoner (Trabuco Hills)		2023
12.45	Madison Carney (Sonora)		2014	12.53	*Kiera Allado (Santa Margarita)		2024
12.45	Francesca McGuire (Rosary)		2023	12.53	**Jade Hem (Huntington Beach)		2026
12.45	Brooke Holiday (San Clemente)		2025	12.54c	Ann Kissinger (Marina)	12.3	1988
12.45	*Cassandra Young (Dana Hills)		2026	12.54c	Rose Chavez (Kennedy)	12.3	1991
12.46	** Tifney Reeve (Cypress)		2006	12.54	*** Julianne Santos (Capo Valley)	12.3	1991
12.46	*Adriane Jaminski (Rosary)		2010	12.54c	Casey Lozano (Sonora)	12.3	1992
12.46	**Monica Ukah (Trabuco Hills)		2010	12.54c	* Elinor Tolson (Fountain Valley)	12.3	1992
12.46	*** Kaiya McCullough (El Toro)		2013	12.54c	** Jaime Terry (Trabuco Hills)	12.3	1994
12.46	***Kimora Rogers (Katella)		2019	12.54c	** Denay Dominic (Canyon)	12.3	1997
12.46	Sabrina Semmere (Trabuco Hills)		2022	12.54c	* Brooke Fitzgerald (Santa Marg)	12.3	1997
12.46	*Elina Oh (Crean)		2024	12.54c	Allison Woody (Sonora)	12.3	2007
12.47	Brenda Owens (SA Valley)		1982	12.54	**Tanaz Nourian (San Clemente)		2012
12.47	** Heidi Sandra (Los Alamitos)		1985	12.54	*** Paige LaBare (Costa Mesa)		2013
12.47	Kathy Hargis (Magnolia)		1986	12.54	Claire McKernan (Dana Hills)		2013
12.47	Heidi Sendro (Los Alamitos)		1985	12.54	Amy Wilbourn (La Habra)		2013
12.47	*** Noel Dula (Marina)		1997	12.54	*Sierra Castles (El Toro)		2017
12.47	* Aileen Sablo (Rosary)		1999	12.54	Jayden Hill (San Juan Hills)		2022
12.47	* Bridgett Brown (Cypress)		2000	12.544	Cambria Kaminski (Aliso Niguel)		2026
12.47	**Danielle Limp (Los Alamitos)		2017	12.54	Melina Sibal (Fullerton)		2026
12.48	Tami Letterman (Edison)		1995	12.54	Lily Huynh (Fountain Valley)		2026
12.48	Megan Blanchard (Northwood)		2008	12.55	Melissa Swigart (Corona del Mar)		2005
12.48	*Shebanette Terry (Irvine)		2012	12.55	Christina Twicken (San Clemente)		2010
12.48	*Haley Hopkins (Mater Dei)		2016	12.55	** Jazmin Moss (Mater Dei)		2013
12.48	**Emillie Bennett (San Clemente)		2017	12.55	*Allison Provenzano (Yorba Linda)		2018
12.48	Jenna Onestinghel (Canyon)		2023	12.55	Milana Malec (Woodbridge)		2019
12.48	Eril Yonemoto (Aliso Niguel)		2024	12.55	Kaitlyn Paculba (Marina)		2021
12.48	*Autumn Bocanegra (Portola)		2026	12.55	*Cadence Peery (Laguna Beach)		2022
12.49	Rakita Roberson (Loara)		1987	12.55	***Kaylene Shelton (Rosary)		2026
12.49	Eurie Jennings (Edison)		2000	12.55	*Aviela King (Beckman)		2026
12.49	Frenchy Silva (Dana Hills)		2008	12.56	Harmoni Brown (Villa Park)		2026
12.49	*Gentry Gillian (Mission Viejo)		2019	12.56	*Annabelle Silvestri (Yorba Linda)		2026
12.49	Alyssa Bowman (Northwood)		2024	12.56	Cathy Conner (Esperanza)		1983
12.49	*Madelyn Sooter (Sunny Hills)		2026	12.56	Vanessa Blanco (Los Alamitos)		1985

12.56	* Jennifer Peterson (Edison)	1998	12.63	Kenna Limp (Los Alamitos)	2015
12.56	* Leticia Pulido (Katella)	2001	12.63	*Carina Hendley (Northwood)	2015
12.56	** Megan Starkey (Kennedy)	2003	12.63	**Lauren Drysch (Santa Margarita)	2015
12.56	Jennifer Janneck (Brea)	2013	12.63	Alexis Turley-Young (Canyon)	2016
12.56	Janel Nguyen (Bolsa Grande)	2018	12.63	Michelle Pitts (Sonora)	2016
12.56	Maddie Jocson (Tesoro)	2019	12.63	Hailey Ray (Dana Hills)	2019
12.56	Audrey Kays (Mission Viejo)	2025	12.63	Melinda Livadas (Capo Valley)	2022
12.57	** Colaine Grieb (Katella)	2003	12.63	Kiera Allado (Santa Margarita)	2025
12.57	***Kaelynn Greene (Orange Lutheran)	2008	12.64c	Lynnda Kelley (Irvine)	12.4 1981
12.57	Gabrielle Scott (Woodbridge)	2011	12.64c	Celine Regalia (University)	12.4 1982
12.57	**Bethany Nguyen (Beckman)	2017	12.64c	**Lori Shaw (Edison)	12.4 1983
12.57	**Lauren Vissman (San Juan Hills)	2015	12.64c	Tiffany Felix (Mater Dei)	12.4 1986
12.57	Jacueline Faris (Dana Hills)	2018	12.64c	Yrsa Tsuneyoshi (Marina)	12.4 1988
12.57	**Haley Johnson (Mission Viejo)	2019	12.64	*Jenny Infusino (Edison)	1991
12.58	Judy Jackson (Tustin)	1989	12.64c	Darci Bishop (Sunny Hills)	12.4 1991
12.58	Erin Kelly (Brea)	1998	12.64c	* Rosie Manning (Trabuco Hills)	12.4 1993
12.58	* Michaela King (Dana Hills)	2013	12.64	Nicole Albano (Corona de1Mar)	1996
12.58	Kelley Peterson (El Toro)	2013	12.64c	Adrianna Gallardo (Saddleback)	12.4 1996
12.58	**Sailor Hillebrecht (Mission Viejo)	2021	12.64	*** Lindsey Greco (Capo Valley)	1997
12.58	Taylor Gomez (Rosary)	2023	12.64c	Mariner (Foothill)	12.4 1997
12.58	*Nataye Perera (Beckman)	2026	12.64	*** Tiffany Hogan (Capo Valley)	12.4 1997
12.59	*Chelsea Lelito (Dana Hills)	2008	12.64	* Quinna Starr (Savanna)	1998
12.59	Mickinze Ellis (Dana Hills)	2014	12.64c	Kristin Keenan (Trabuco Hills)	12.4 1998
12.59	Jazmin Moss (Mater Dei)	2015	12.64c	Grace Rozar (Mater Dei)	12.4 1998
12.59	Paige Labare (Costa Mesa)	2016	12.64c	** Sabrina Spriull (Kennedy)	12.4 2004
12.59	*Haley Hopkins (Mater Dei)	2016	12.64c	* Amber Moore (Aliso Niguel)	12.4 2004
12.59	Frankie Manassero (Mission Viejo)	2019	12.64c	** Adriana Bracamonto (Orange Lut)	12.4 2004
12.59	**Marley Young (Trabuco Hills)	2026	12.64c	Gage (El Modena)	12.4 2007
12.59	**Arianna Stanley (Cypress)	2026	12.64c	Natalie Roy (Mission Viejo)	12.4 2007
12.60	Pam Asbury (Valencia)	1982	12.64	Kristen Woepse (Woodbridge)	2005
12.60	* Pearl Mercer (Loara)	1994	12.64	** Kaelynn Greene (Orange Lutheran)	2009
12.60	** Erin Reed (Huntington Beach)	1995	12.64	**Amy Heins (Troy)	2010
12.60	* Julia Crum (Troy)	2009	12.64	Sydney Elliott (Mission Viejo)	2011
12.60	**Xochitl Saragoza (Dana Hills)	2026	12.64	Sahla Cook (Mission Viejo)	2016
12.60	**Sydney Briggs (Villa Park)	2026	12.64	*Rebecca Johnson (El Toro)	2023
12.60	Mallory Barnes (Santa Margarita)	2018	12.64	***Garryn Forde (Woodbridge)	2023
12.60	*Jastel David (Santa Margarita)	2025	12.64	**Brooke Eisenrod (Trabuco Hills)	2026
12.61	Tiffany Pransky (Orange Lutheran)	2005	12.64	Shylah Brown (Beckman)	2026
12.61	Marina Berrios (Pacifica)	2013	12.64	**Bella Fenick (Aliso Niguel)	2025
12.61	*Taryn Wilson (St Margaret's)	2017	12.64	*Emmas Cox (Aliso Niguel)	2026
12.61	*Sophia Chiamonte (Mater Dei)	2017	12.65	Adrianna Gallardo (Saddleback)	1997
12.61	***Ella Dartez (Laguna Beach)	2018	12.65	Brittany Davis (Santa Margarita)	2000
12.61	**Saniya Ali (Woodbridge)	2023	12.65	*Kristina Bugg (Canyon)	2011
12.62	* Leah Zaby (Newport)	1998	12.65	**Alyca Turner (Aliso Niguel)	2016
12.62	Emily Kalmbach (Santa Margarita)	2000	12.65	Regan Legg (San Juan Hills)	2023
12.62	**Lauren Deats (Edison)	2010	12.65	Samantha Myers (Sonora)	2025
12.62	***Yordan Scales (Tesoro)	2016	12.65	**Maxine Pascual (Aliso Niguel)	2025
12.62	***Alyssa Blockberger (Los Alamitos)	2017	12.66	*Julie Thiel (Katella)	1991
12.62	*Penelope Hocking (Canyon)	2017	12.66	Suzanne Moshini (Edison)	1995
12.62	Rachael Dyrnaes (Laguna Beach)	2023	12.66	***Jennifer Peteren (Edison)	1997
12.62	*Miranda Chang (CDM)	2025	12.66	** Ann Brigs (Esperanza)	2000
12.63	* Courtney Stafford (Katella)	2000	12.66	*** Katy Hinman (Capo Valley)	2009
12.63	* Brittany Fastuca (Mission Viejo)	2006	12.66	**Amanda Graceffa (J Serra)	2010
12.63	* Aniela Guyot (Santa Margarita)	2008	12.66	**Breezy Frias (Westminster)	2012
12.63	*Kyleigh Brown (San Clemente)	2012	12.66	***Brianna Washa (Oxford Academy)	2012
12.63	**Emma Radan (Mater Dei)	2012	12.66	Haven Taylor (Mater Dei)	2018

12.66	*Ava Podolski (Dana Hills)	2021	12.71	***Ella Tyus (Laguna Beach)	2018
12.66	*Sanaa Guyness (Los Alamitos)	2022	12.71	Ashly Rodgers (Santa Margarita)	2021
12.66	Rachel Carlton (Hujntington Beach)	2026	12.71	Nabile Alvarado (Mater Dei)	2023
12.67	Julie Petrilla (E1 Dorado)	1993	12.72	* Mildred Owens (SA Valley)	1983
12.67	***Madison Lankford (Calvary Ch (SA)	2010	12.72	* Heaven Yoshino (Woodbridge)	1995
12.67	***Mikaela Truckey (Orange Lutheran)	2010	12.72	Lucinda Watson (Century)	1995
12.67	*Kaiya McCullough (El Toro)	2015	12.72	*Christina Ta (Rancho Alamitos)	2005
12.67	**Olivia Poland (Los Alamitos)	2018	12.72	Katie Madler (Santa Margarita)	2011
12.67	***Arianna Stanley (Cypress)	2025	12.72	Allison Sprong (Dana Hills)	2012
12.67	*Colbie Webster (Trabuco Hills)	2026	12.72	***Keelin Gilbert (Cypress)	2012
12.67	**Saige Brady (Marina)	2026	12.72	* Aliyah Jones (Troy)	2013
12.67	**Lilly Welch (El Toro)	2026	12.72	*Sydney Kolster (Los Alamitos)	2018
12.67	*Cadence Liu (Sage Hill)	2026	12.72	Nyree Brown (Segerstrom)	2018
12.68	Caryn Christiano (E1 Dorado)	1983	12.72	Rebecca Johnson (El Toro)	2024
12.68	Melanie Williams (Western)	1986	12.72	*Jordan Culen (Los Alamitos)	2025
12.68	Sherrie Buente (Esperanza)	1990	12.72	***Lila Collins (Rosary)	2025
12.68	Barbara Scheil (Santa Margarita)	1995	12.72	***Chloe Bogosh (Northwood)	2026
12.68	** Pam Thomas (Cypress)	2001	12.73	* * Melissa Rivera (Marina)	2004
12.68	Jessica Barbarosh (Woodbridge)	2017	12.73	* Rosie Manning (Trabuco Hills)	1993
12.68	Bella Orman (Trabuco Hills)	2022	12.73	Eylsse Vanleer (Edison)	2004
12.69	Britt Williams (Mission Viejo)	1984	12.73**	Christina Ta (Rancho Alamitos)	2004
12.69	Shelly Tochluk (Westminster)	1989	12.73	* Amanda Chevalier (Brea)	2008
12.69	** Melissa Mewes (El Toro)	2009	12.73	* Tia McFarlane (Trabuco Hills)	2008
12.69	Aniela Guyot (Santa Margarita)	2009	12.73	Kimmie Conner (Dana Hills)	2010
12.69	Julia Crum (Troy)	2010	12.73	***Frances James (Troy)	2013
12.69	**Kelsey Waldmann (Mission Viejo)	2011	12.73	***Luz Sandoval (Godinez)	2019
12.69	Katelyn Andress (Capo Valley)	2012	12.73	*Sailor Hillebrecht (Mater Dei)	2022
12.69	***Danielle Solaru (Northwood)	2013	12.73	***Lorrin Hervey (Rosary)	2023
12.69	**Dana Padget (Esperanza)	2014	12.73	Olivia Bettinger (Los Alamitos)	2025
12.69	*Maquela Miller (Orange)	2017	12.74c	Annette Brown (Saddleback)	12.5 1982
12.69	*Emilie Bennett (San Clemente)	2018	12.74c	*Suzanne Kerho (Mission Viejo)	12.5 1988
12.69	**Yasamin Zand (Beckman)	2019	12.74c	Melissa Taylor (Edison)	12.5 1987
12.69	**Asia Waddy (El Toro)	2019	12.74c	Carolyn Griffin (University)	12.5 1990
12.69	Julia Muniz (Northwood)	2022	12.74c	*Kala Ross (Newport)	12.5 1992
12.69	**Hannah Bassett (Mission Viejo)	2023	12.74c	Michol Murray (Garden Grove)	12.5 1992
12.69	*Chole Yang (Woodbridge)	2025	12.74c	Jaime Terry (Trabuco Hills)	12.5 1996
12.69	***Kaitlyn Hirsch (Brea)	2026	12.74c	Tori Young (Mater Dei)	12.5 1996
12.70	* Melanie Midani (Loara)	1988	12.74c	Kelly Marshall (Edison)	12.5 1996
12.70	Kristi Kierulff (Esperanza)	1995	12.74c	Nicole Bronner (Edison)	12.5 1996
12.70	* Tierricka Haynes (Brea)	2004	12.74c	Kerry O'Bric (Edison)	12.5 1996
12.70	* Victoria Ton (Northwood)	2004	12.74c	** Erin Sauchelli (Sunny Hills)	12.5 1996
12.70	* Samantha Hanberg (Mission Viejo)	2009	12.74c	* Baylea Norman (Capo Valley)	12.5 1997
12.70	*Damillia Foster (Savanna)	2010	12.74c	** Shannon Lee (Kennedy)	12.5 1997
12.70	*Amy Heins (Troy)	2011	12.74c	***Tachaidra Ra (SA Valley)	12.5 1997
12.70	*Lauren Deats (Edison)	2011	12.74c	** Amanda Shanklin (Santa Marg)	12.5 1997
12.70	Leyna Wood (University)	2017	12.74	Alex McCarten (San Clemente)	1997
12.70	Jessica Barbarosh (Woodbridge)	2018	12.74	*** Megan Clark (Esperanza)	1998
12.70	**Chase Athanas (Beckman)	2024	12.74c	* Ngozi Ossai (Foothill)	12.5 1998
12.70	**Emma Ortiz (Trabuco Hills)	2024	12.74c	* Julie Handy (Esperanza)	12.5 2001
12.70	Desai Kamara (La Habra)	2025	12.74c	Henderson (Foothill)	12.5 2004
12.71	Alida Dixon (SA Valley)	1989	12.74c	Fernandez (Loara)	12.5 2004
12.71	Ashley Fletcher (Loara)	2005	12.74c	Salze (La Habra)	12.5 2004
12.71	***Kassidy Gorman (Santa Margarita)	2011	12.74c	Amado (Aliso Niguel)	12.5 2004
12.71	* Mallory Winston (Laguna Hills)	2013	12.74c	* Tierricka Haynes (Brea)	12.5 2004
12.71	*Leigh Polson (Villa Park)	2017	12.74c	Whitney Wiedner (Corona del Mar)	12.5 2004
12.71	***Jordyn Gathert (J Serra)	2017	12.74	*** Felicia Keely (Anaheim)	2006

12.74	* Janev Morris (Fountain Valley)	2006	12.12	Yasmin Webb (Buena Park)	2005
12.74	Amanda Chevalier (Brea)	2009	12.12	Kaitlyn Merritt (Santa Margarita)	2015
12.74	**Nylia Hudspeth (Kennedy)	2012	12.12	**Julia Cabrales (Mission Viejo)	2010
12.74	Kellie Perry (Mission Viejo)	2013	12.12	Tara Ohlwiler (Trabuco Hills)	2023
12.74	Aliyah Forbes (Mater Dei)	2016	12.13	Paige Labare (Costa Mesa)	2016
12.74	**Kristen Sobschhak (El Dorado)	2016	12.13	*Mallory Barnes (Santa Margarita)	2017
12.74	Catherine Wuckert (Orange Lutheran)	2019	12.14c	* Tara Oettinger (Foothill) 11.9	1994
12.74	Hannah Coor (Esperanza)	2021	12.14	Cora Davis (Fountain Valley)	2017
12.74	**Shea Mezzasalma (Dana Hills)	2022	12.15	*** Ariana Wright (Westminster)	2008
12.74	*Caroline Peery (Laguna Beach)	2022	12.17	* Brooke Fitzgerald (Santa Margarita)	1997
12.74	**Nicole Pierce (Trabuco Hills)	2023	12.17	Malia Tilton (El Modena)	2013
12.74	*Soleil Murrillo (Canyon)	2024	12.17	*Caroline Glessing (Corona del Mar)	2021
12.74	*Taylor Brinker (Orange Lutheran)	2026	12.18	*Maddie Jocson (Tesoro)	2018
Wind-aided:			12.20	Ashley Bush (Sonora)	2010
11.47	**Maliyah Collins (Rosary)	2026	12.20	***Becky Obinma (Villa Park)	2015
11.56	Danielle Darden (Aliso Niguel)	2013	12.20	**Rayne Anwar (Capo Valley)	2017
11.56	Eden Murray (Mater Dei)	2025	12.20	Jessica Barbarosh (Woodbridge)	2018
11.57	*Justine Wilson (Rosary)	2026	12.22	** Danielle Eichelberger (Cypress)	2002
11.58	**Tra'Via Flournoy (Rosary)	2026	12.23	** Michelle Sanford (Woodbridge)	2001
11.73	Janice Nsor (Kennedy)	2005	12.23	Krstyne Hanberg (Mission Viejo)	2005
11.75	**Becky Obinma (Rosary)	2016	12.23	*Danika Pagaduan (Mission Viejo)	2018
11.79	*Danielle Darden (Aliso Niguel)	2012	12.24	**Kennedy Gillian (Mission Viejo)	2014
11.83	Simran Malhotra (Woodbridge)	2019	12.24	Sabrina Semmere (Trabuco Hills)	2022
11.85	Jackie Dix (Woodbridge)	1997	12.24	Emily Psarras (Mission Viejo)	2023
11.87	*Kellie Godin (Mater Dei)	2017	12.25	Kelley Peterson (El Toro)	2013
11.88	Sara Lipm (Los Alamitos)	2015	12.25	*Crystal Eckman (Fountain Valley)	2014
11.89	Estelle White (Saddleback)	1982	12.25	*Milan Smith (Rosary)	2023
11.89	Kiara Lambert (Fullerton)	2017	12.25	*Cassandra Young (Dana Hills)	2026
11.91	Cavetra Mitchell (Los Alamitos)	1993	12.27	* Kylie McCuen (Brea)	2001
11.91	Gia Trevisan (Mater Dei)	2011	12.27	Tierra Tyler (Western)	2008
11.92	Persis William-Mensah (Estancia)	2014	12.28	**Heather Walleigh (Santa Margarita)	2012
11.93	Sherri Bertell (Mission Viejo)	1988	12.28	Madison Carney (Sonora)	2014
11.93	* Marquita Taylor (San Clemente)	2001	12.28	**Simran Malhotra (Woodbridge)	2017
11.93	Brooklyn Davis (Los Alamitos)	2023	12.28	Aniyah League (Cypress)	2022
11.93	Ava Simos (Coroana del Mar)	2024	12.28	Averie Hernandez (Northwood)	2025
11.98	*** Elia Reid (Kennedy)	2005	12.30	**Parisia Barker (Orange Lutheran)	2012
11.99	Amber Moore (Aliso Niguel)	2005	12.30	** Mia Hummel (Canyon)	2013
11.99	Percylla Nared (Trabuco Hills)	2010	12.30	*Hannah Bassett (Mission Viejo)	2024
11.99	*Sydney Carr (El Modena)	2015	12.31	* S Salcido (Marina)	2009
12.00	Dionne Garner (Valencia)	1985	12.31	*Lily Ebanks (Valencia)	2014
12.00	Tessa Green (Santa Margarita)	2018	12.31	Jazmin Moss (Mater Dei)	2015
12.03	Trish Aubuchon (Esperanza)	1984	12.31	Chloe Yang (Woodbridge)	2026
12.03	Nevael Lane (Marina)	2024	12.32	** Meghan Reppe (Villa Park)	1993
12.04c	***Juanita Lawson (El Modena) 11.8	1999	12.32	Megan Blanchard (Northwood)	2008
12.05	** Erin Stovall (Woodbridge)	1996	12.32	Estelle McLeary (Villa Park)	2023
12.05	Ashley Willingham (Los Alamitos)	2016	12.33	Wendy Hale (Brea)	1980
12.05	Danielle Limp (Los Alamitos)	2019	12.33	*** Ashley Lampley (Marina)	2005
12.06	Jada Faison (Rosary)	2026	12.33	**Lillian Gomez (El Modena)	2021
12.07	Nicole Martinez (Yorba Linda)	2017	12.34c	Lori Shaw (Edison) 12.1	1985
12.07	Yasamin Zand (Beackman)	2021	12.34c	Rosie Manning (Trabuco Hills) 12.1	1994
12.07	Maliyah Medley (El Toro)	2018	12.34c	Ann Briggs (Esperanza) 12.1	2002
12.08	* Meryl Stone (Woodbridge)	1998	12.34	*Amy Heins (Troy)	2011
12.10	Melissa Swigart (Corona del Mar)	2005	12.34	*Bethany Nguyen (Beckman)	2018
12.10	Alyssa Tao (Fountain Valley)	2013	12.35	*Madelyn Sooter (Sunny Hills)	2026
12.11	*Estelle McLeary (Villa Park)	2022	12.35	Tami Letterman (Edison)	1995
			12.35	Zoe Mendiola (Troy)	2024

12.36	* Arika Griffith (El Toro)	1988
12.36	* Julieann Crum (Troy)	2009
12.36	* Kaelyn Kaichi (Tesoro)	2009
12.36	*Shebanette Terry (Irvine)	2012
12.36	*Aryianna Faircloth (Magnolia)	2018
12.37	** Eileen Danaway (Huntington Beach)	1993
12.37	* Pearl Mercer (Loara)	1994
12.37	Janey Morris (Fountain Valley)	2007
12.38	*Gabrielle Scott (Woodbridge)	2010
12.38	Kennedy Gillian (Mission Viejo)	2016
12.38	Jacqueline Faris (Dana Hills)	2018
12.38	*Baylee Berryman (Capo Valley)	2021
12.39	**Elina Oh (Crean)	2023
12.40	Cron (Ocean View)	1985
12.40	* Tenaya Johnson (Laguna Hills)	1991
12.40	*** Amy Heins (Troy)	2009
12.40	**Amanda Graceffa (J Serra)	2010
12.40	*Micayla Shook (Ocean View)	2017
12.40	***Kaitlyn Paculba (Marina)	2018
12.40	Baylee Berryman (Capo Valley)	2022
12.40	*Jnna Onestinghel (Canyon)	2022
12.40	Melinda Sibal (Fullerton)	2026
12.41	*** Kristina Bugg (Canyon)	2009
12.41	Amy Heins (Troy)	2012
12.41	*Emile Bennett (San Clemente)	2018
12.41	Olivia Poland (Los Alamitos)	2019
12.41	***Kaitlyn Hirsch (Brea)	2026
12.42	Matty Morton (Garden Grove)	2001
12.42	**Ally Lynn (San Clemente)	2012
12.43	Sarah Perez (Mater Dei)	2016
12.43	**Maliyah Medley (El Toro)	2016
12.43	Gianna Gigliotti (Yorba Linda)	2023
12.43	Alyssa Bowman (Northwood)	2024
12.44c	Michelle Muniz (Woodbridge) 12.2	1990
12.44	Leticia Pulido (Katella)	2002
12.44	** Kaelynn Greene (Orange Lutheran)	2009
12.44	Juliana Crum (Troy)	2010
12.44	Katie Ostler (Beckman)	2011
12.44	***Persis Williams (Estancia)	2011
12.44	*Aniyah League (Cypress)	2021
12.45	* Alida Dixon (SA Valley)	1988
12.45	** Kelly Phillips (Mission Viejo)	1993
12.45	***Mikaela Truckey (Orange Lutheran)	2010
12.45	**Aryianna Faircloth (Magnolia)	2017
12.46	Suzanne Moshini (Edison)	1995
12.46	*Janel Nguyen (Bolsa Grande)	2017
12.46	*Soleil Murrillo (Canyon)	2024
12.46	*Aviela King (Beckman)	2026
12.47	* Lindsey Amado (Aliso Niguel)	2005
12.47	Lauren Delgadillo (Fountain Valley)	2014
12.48	Jennifer Infusido (Edison)	1992
12.48	Julie Petrilla (El Dorado)	1993
12.48	** Allison Sarrell (Brethren Christian)	2001
12.48	Ashley Moore (Rosary)	2012
12.48	**Rachel Carlton (Huntington Beach)	2024
12.49	** Sherrie Buente (Esperanza)	1988

12.49 Jenifer Janneck (Brea) 2013

200 meters

23.35	*Maliyah Collins (Rosary)	2026
23.55	*Justine Wilson (Rosary)	2026
23.66	Eden Murray (Mater Dei)	2026
23.88	Maliyah Medley (El Toro)	2017
24.04	Danielle Darden (Aliso Niguel)	2013
24.09	*Pfeiffer Lee (Rosary)	2026
24.10	*Ava Simos (Corona del Mar)	2023
24.13	**Tra'via Flournoy (Rosary)	2026
24.15	**Gianna Lowery (Capo Valley)	2010
24.17	Nikki Merritt (Santa Margarita)	2018
24.18	Sara Limp (Los Alamitos)	2015
24.19	Ashley Willingham (Los Alamitos)	2016
24.21	Percylla Nared (Trabuco Hills)	2010
24.22	Carol Rodriguez (Western)	2003
24.29	*Gabrielle Scott (Woodbridge)	2010
24.30	Tessa Green (Santa Margarita)	2019
24.31	Emma Ortiz (Trabuco Hills)	2026
24.33	Gia Trevisan (Mater Dei)	2011
24.37+	Michelle Kelley (Irvine) 24.51y	1979
24.38	*Anisa Rind (Dana Hills)	2019
24.39	Annette Rogers (University)	1984
24.41	Caroline Hawkes (San Clemente)	2022
24.45	* Christina Twicken (San Clemente)	2009
24.50	Alexandrea Kruthers (Capo Valley)	2010
24.52	Cavetra Mitchell (Los Alamitos)	1993
24.53	**Kennedy Gillian (Mission Viejo)	2014
24.54	*Lauren Drysch (Santa Margarita)	2016
24.55	Sheri Bertell (Mission Viejo)	1988
24.56	*** Elia Reid (Kennedy)	2005
24.59+	Janet Steen (SA Valley) 24.73y	1979
24.59	Estheleen Charalabids (CDM)	2026
24.61	Meisha Wilson-Duvall (Woodbridge)	1995
24.64	Marquita Taylor (San Clemente)	2002
24.64c	*Danielle Dixon (Beckman) 24.4	2017
24.66	Melissa Swigart (Corona del Mar)	2005
24.66	Emilie Bennett (San Clemente)	2019
24.66	Isabella Salssamendi (Santa Margarita)	2026
24.70	** Hilary Ojinnaka (Cypress)	2013
24.70	*Chrystal Aluya (Valencia)	2019
24.71	Trish Aubuchon (Esperanza)	1984
24.71	D'Layne Kerr (Corona del Mar)	1988
24.72+	Vanessa Denniston (HuntingtonB) 24.87y	'78
24.73	** Crystal Davis (SA Valley)	1999
24.76	Jackie Dix (Woodbridge)	1997
24.77	Ashley Bethel (Mission Viejo)	1997
24.77	Kylie McCuen (Brea)	2002
24.77	* Tara Radan (Mater Dei)	2013
24.78	***Kylie Klein (Villa Park)	2010
24.79	Dionne Garner (Valencia)	1985
24.80	Liz Morse (Corona del Mar)	2000
24.82	*Hannah Bassett (Mission Viejo)	2024
24.83	** Amy Burlingham (Newport)	2001
24.83	Kelli Godin (Mater Dei)	2018

24.84	Meryl Stone (Woodbridge)		1998	25.28	Whitney Harrison (Aliso Niguel)		2003
24.85	Emma Radan (Mater Dei)		2014	25.28	Emily Kressin (Troy)		2009
24.86	Simran Malhotra (Woodbridge)		2019	25.29	*Sydney Carr (El Modena)		2016
24.87	Brierra Winfrey (Trabuco Hills)		2011	25.29	*Rachel Carlton (Huntington Beach)		2025
24.87	Rai Ahmed-Green (Irvine)		2014	25.29	**Emma Cox (Aliso Niguel)		2025
24.87	*Avery Groves (Santa Margarita)		2023	25.30	Amanda Rosencrantz (Kennedy)		2005
24.88	Adriana Bracamonte (Orange Lutheran)		2007	25.30	** Mia Hummel (Canyon)		2013
24.88	Jocelyn Niemiec (Beckman)		2021	25.31	Rachel Carlton (Huntington B each)		2026
24.90	Avery Groves (Santa Margarita)		2024	25.32	Michele Hull (Santa Margarita)		2004
24.92	**Becky Obinma (Rosary)		2016	25.32	** Ashley Bush (Sonora)		2008
24.94c	* Michelle Banks (El Dorado)	24.7	1984	25.32	**Ally Lynn (San Clemente)		2012
24.94c	**Trindl Fearnley (Edison)	24.7	1984	25.33	**Kandyce Sillette (Tesoro)		2005
24.94	Francesca McGuire (Rosary)		2023	25.33	*Milana Malec (Woodbridge)		2018
24.96	Kristyne Hanberg (Mission Viejo)		2005	25.33	*Estelle McLeary (Villa Park)		2022
24.96	Michelle Holt (Laguna Hills)		2016	25.33	*Katelyn Susag (Mission Viejo)		2026
24.98	*Maya Woolforde (J Serra)		2025	25.34c	Brenda Owens (SA Valley)	25.1	1982
24.98	*Taylor Murphy (Los Alamitos)		2026	25.34	Kelly Phillips (Mission Viejo)		1995
25.00	*Alycia Turner (Aliso Niguel)		2017	25.34	Angella Allen (El Modena)		1997
25.03	**Shayee McKemy (Yorba Linda)		2026	25.34	Maika Nelson (Brea)		1997
25.04c	* Tara Oettinger (Foothill)	24.8	1994	25.34	* Erin Albee (El Toro)		2005
25.04	Cambria Kaminski (Aliso Niguel)		2026	25.35	*Alexandra Ortenzo (Marina)		2023
25.05	* Tifney Reeve (Capo Valley)		2005	25.36	Danika Pagaduan (Mission Viejo)		2019
25.05	Ellexi Snover (Mater Dei)		2011	25.37	Matty Morton (Garden Grove)		2001
25.05	Audrey Kays (Mission Viejo)		2025	25.37	*Holly Rieck (Capo Valley)		2011
25.06	Kaitlyn Paculba (Marina)		2021	25.37	Nicole Moeller (Trabuco Hills)		2017
25.09	**Kelley Peterson (El Toro)		2011	25.37	Emily Psarras (Mission Viejo)		2023
25.09	Estelle McLeary (Villa Park)		2023	25.39	Kaylin Raibon (Aliso Niguel)		2022
25.10	**Sarah Perez (Mater Dei)		2014	25.39	*Tara Ohlwiler (Trabuco Hills)		2022
25.10	Nevaeh Lane (Marina)		2024	25.40+	Cheryl Henderson (Fountain Valley)	25.3y	1984
25.13	*Mia Lawrence (Dana Hills)		2019	25.40	** S Salcido (Marina)		2009
25.14	Grace Esslinger (Dana Hills)		2009	25.40	*Shebanette Terry (Irvine)		2012
25.14	* Ashley Bush (Sonora)		2009	25.40	Hope Bender (Newport)		2015
25.15	*Cassandra Young (Dana Hills)		2026	25.41	Shelly Tochluk (Westminster)		1989
25.16	* Jessica Zavazla (St Margaret's)		2007	25.41	Amanda Rozenantz (Kennedy)		2002
25.16	*Caroline Glessing (Corona del Mar)		2021	25.42	Anne Briggs (Esperanza)		2001
25.18	**Addison Hunter (Canyon)		2026	25.42	***Majia Shaw (Laguna Beach)		2018
25.19	Chloe Fan (Aliso Niguel)		2015	25.43	Celine Regalia (University)		1982
25.19	Lauren O'Bannion (Yorba Linda)		2018	25.43	Tiffany Hogan (Capo Valley)		1997
25.19	Saige Acosta (Mater Dei)		2025	25.44c	Barbara Rainey (Edison)	25.2	1982
25.20	* Emily Kalmbach (Santa Margarita)		2002	25.44c	Danetta Chaney (Saddleback)	25.2	1989
25.20	* Perris William-Mensah (Estancia)		2013	25.44	**Hannah Bassett (Mission Viejo)		2023
25.20	Michelle Quinn (Yorba Linda)		2019	25.45	Bridgett Brown (Cypress)		2000
25.22	*Kandyce Doxey (Cypress)		2007	25.45	Julia Cabrales (Mission Viejo)		2012
25.23	* Juanita Lawson (El Modena)		2002	25.45	Charisma Byrd (Rosary)		2016
25.23	Danielle Eichelberger (Cypress)		2003	25.46	Courtney Stafford (Katella)		2000
25.23	Tai Crumsey (Canyon)		2014	25.46	*** Amy Heins (Troy)		2009
25.23	*Averie Hernandez (Northwood)		2025	25.46	* Alexis Deol (Aliso Niguel)		2007
25.24	*Hollis Donovan (Dana Hills)		2014	25.47	Taylor Hypolite (El Toro)		2011
25.24	**Lauren Memoly (Santa Margarita)		2019	25.47	Paige LaBare (Costa Mesa)		2016
25.25	* Meghan Atkinson (Santa Margarita)		1999	25.48	Schell (Fountain Valley)		1983
25.25	Alyssa Tao (Fountain Valley)		2013	25.48	**Haley Johnson (Mission Viejo)		2019
25.25	**Cori Hoffer (Edison)		2018	25.48	**Abigail Van Exel (Newport)		2025
25.25	Halle Sutherland (Trabuco Hills)		2023	25.48	Kenzi Bernardiono (Orange Lutheran)		2026
25.26	Jessica Erickson (San Clemente)		2014	25.49	Shemanette Terry (Irvine)		2012
25.26	Sabrina Semmere (Trabuco Hills)		2022	25.49	*Kimiko Tanaka (Dana Hills)		2014
25.26	*Eden Murray (Mater Dei)		2025	25.49	**Cheyenne Abrams (Marina)		2026

25.50+	Cheryl Glazier (El Toro)	25.4y	1977	25.66	Dana Kriesel (Pacifica)		1981
25.50	Sol Lee (Rosary)		2024	25.66	*Ceili Tuttle (Fullerton)		2015
25.51	*** Michelle Sanford (Woodbridge)		2000	25.67	Ebony Dozier (Western)		1997
25.51	Soleil Murrillo (Canyon)		2025	25.67	*Michelle Holt (Laguna Hills)		2015
25.52	* Pam Asbury (Valencia)		1981	25.67	Zoe Mendiola (Troy)		2024
25.52	Rosie Manning (Trabuco Hills)		1994	25.68+	Kim Law (SA Valley)	25.83y	1978
25.52	***Mikaela Truckey (Orange Lutheran)		2010	25.69	*Savannah Muldrew (Mater Dei)		2024
25.52	Nicole Martinez (Yorba Linda)		2017	25.69	**Marley Young (Trabuco Hills)		2026
25.52	Jayden Hill (San Juan Hills)		2022	25.69	***Carter Cameron (El Dorado)		2026
25.52	*Madelyn Sooter (Sunnyu Hills)		2026	25.70+	Kristen Rios (Sonora)	25.6y	1984
25.53	** Lucinda Watson (Century)		1993	25.70	Julie Petrilla (El Dorado)		1993
25.53	Milana Malec (Woodbridge)		2019	25.70	***Megan Dunakin (Aliso Niguel)		2019
25.53	Brielle Anderson (San Clemente)		2026	25.70	Gianna Gigliotti (Yorba Linda)		2023
25.54c	Estelle White (Saddleback)	25.3	1982	25.71	Jonna Evans (Sunny Hills)		1997
25.54	Jamie Karrer (Edison)		1989	25.71	* Alisyn Clark (SA Valley)		2003
25.54c	***Andrea Dean (Mission Viejo)	25.3	1989	25.71	Alex Gilbert (Santa Margarita)		2013
25.54c	Heather Sterlin (Mission Viejo)	25.3	1992	25.71	**Jordyn Gather (J Serra)		2018
25.54c	** Raven Herbert (SA Valley)	25.3	1997	25.71	***Aniyah League (Cypress)		2019
25.54c	Erin Kelly (Brea)	25.3	1998	25.71	*Baylee Berryman (Capo Valley)		2021
25.54c	* Janice Nsor (Kennedy)	25.3	2004	25.72	Jennifer Janneck (Brea)		2013
25.54	**Gentry Gillian (Mission Viejo)		2018	25.72	*** Kaiya McCullough (Irvine)		2013
25.56+	Chris Davenport (Troy)	25.71y	1979	25.72	***Hannah Cooper (Woodbridge)		2017
25.56	*Danielle Limp (Los Alamitos)		2018	25.72	**Rayne Anwar (Capo Valley)		2017
25.56	Sienna Frederiksen (Dana Hills)		2022	25.72	*Michela Petrovic (Orange Lutheran)		2020
25.56	Rachael Dyrnaes (Laguna Beach)		2023	25.73	*Katy Hinman (Capo Valley)		2011
25.57	** Christina Ciampa (San Clemente)		1997	25.74c	Kris Lambent (Foothill)	25.5	1985
25.57	* Nathalie Michiels (Santa Margarita)		2005	25.74c	Casey Lozano (Sonora)	25.5	1992
25.57	Lauren Deats (Edison)		2012	25.74c	* Ngozi Ossai (Foothill)	25.5	1998
25.57	Haley Hopkins (Mater Dei)		2017	25.74	** Danielle Coffman (Marina)		2005
25.59	** Meghan Reppe (Villa Park)		1993	25.74	**Maia Craver (Woodbridge)		2012
25.59	Janey Morris (Fountain Valley)		2007	25.74	***Gabriele Mitchell (Rosary)		2026
25.59	Holly Rieck (Capo Valley)		2012	25.75	Kathy Grant (Estancia)		1986
25.59	**Azra Gercek (Portola)		2026	25.75	Eileen Dunaway (Huntington Beach)		1995
25.60+	Tina Johnson (Kennedy)	25.77y	1981	25.75	* Jennifer Peterson (Edison)		1998
25.60+	* Tsenre Jackson (Edison)	25.5y	1981	25.75	Summer Crawley (Irvine)		2013
25.60	***Olivia Iverson (Marina)		2019	25.75	***Kaitlyn Paculba (Marina)		2018
25.60	**Saniyan Ali (Woodbridge)		2023	25.75	Mia Darden (Aliso Niguel)		2018
25.60	*Zoe Mendikola (Troy)		2023	25.76	Sherrie Buente (Esperanza)		1990
25.61	*Lily Ebanks (Valencia)		2014	25.76	Denise Gallion (Woodbridge)		2005
25.61	*Jenna Onestinghel (Canyon)		2022	25.76	*** Katy Hinman (Capo Valley)		2009
25.61	Alyssa Bowman (Northwood)		2024	25.76	Samantha Hanberg (Mission Viejo)		2010
25.61	**Charlotte Bui (Fountain Valley)		2026	25.76	Nicole Martinez (Yorba Linda)		2017
25.62	*Alex Gilbert (Santa Margarita)		2012	25.77	Lyn Murray (Esperanza)		1991
25.62	***Kylee Wehrly (Trabuco Hills)		2014	25.77	* Chistina Ciampa (San Clemente)		1998
25.63	Trudy Zandbergen (Pacifica)		1982	25.77	***Kaelynn Greene (Orange Lutheran)		2008
25.63	*** Kristina Bugg (Canyon)		2009	25.77	Cora Davis (Fountain Valley)		2017
25.64c	Kelly Marshall (Edison)	25.4	1996	25.77	**Hailey Ray (Dana Hills)		2017
25.64c	Kerry O'Bric (Edison)	25.4	1996	25.77	Mikah Longcob (Trabuco Hills)		2024
25.64c	** Shannon Lee (Kennedy)	25.4	1997	25.78	*** Noel Dula (Marina)		1997
25.64c	Patrice Donaldson (Orange)	25.4	2001	25.78	Allison Sprong (Dana Hills)		2012
25.64c	** Darin Milovich (Tesoro)	25.4	2008	25.78	Lauren McLeese (Tesoro)		2016
25.64	*Mallory Barnes (Santa Margarita)		2017	25.78	Emma Kratzberg (Newport)		2016
25.64	Isabel Adams (Orange Lutheran)		2026	25.79	Pam Kurtela (Los Alamitos)		1990
25.65	Emily Fischer (Troy)		2011	25.79	Carla Battle (Anaheim)		1997
25.65	Kristin Sobschak (El Dorado)		2018	25.79	Shalanie Ross (Esperanza)		2000
25.65	Brooklyn Davis (Los Alamitos)		2023	25.79	***Yordan Scales (Tesoro)		2016

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24.47	Estheleen Charalabids (CDM)	2026	25.39	***Kristien Sobschak (El Dorado)	2015
24.48	*Michelle Holt (Laguna Hills)	2015	25.40	** Adrianna Bracamonte (Orange Lu)	2005
24.49	*** Elia Reid (Kennedy)	2005	25.41	*Alex Gilbert (Santa Margarita)	2012
24.51	*Caroline Glessing (Corona del Mar)	2021	25.41	*Cassidy Hodson (Villa Park)	2012
24.56	* Tara Radan (Mater Dei)	2013	25.41	**Cori Hoffer (Capo Valley)	2018
24.57	Isabella Salsamendi (SAaNTA Margarita)	2026	25.44c	Lori Shaw (Edison)	25.2 1986
24.59	** Hilary Ojinnaka (Cypress)	2013	25.44	Milana Malec (Woodbridge)	2019
24.62	**Lauren Drysch (Santa Margarita)	2015	25.45	** Marquita Taylor (San Clemente)	2000
24.64	Dionne Garner (Valencia)	1985	25.45	***Mikaela Truckey (Orange Lutheran)	2010
24.65	**Becky Obinma (Rosary)	2016	25.45	**Milana Malec (Woodbridge)	2017
24.66	Trish Aubuchon (Esperanza)	1985	25.45	**Eliza Wooden (Crean)	2024
24.67	*Ashley Willingham (Los Alamitos)	2015	25.46	Paige Labare (Costa Mesa)	2016
24.68	*Taylor Murphy (Los Alamitos)	2026	25.46	*Mia Darden (Aliso Niguel)	2017
24.69	**Addison Hunter (Canyon)	2026	25.46	*Mallory Barnes (Santa Margarita)	2017
24.74	Danielle Darden (Aliso Niguel)	2013	25.47	Alyssa Schlom (Orange Lutheran)	2012
24.78	Kelli Godin (Mater Dei)	2018	25.48	**Majia Shaw (Laguna Beach)	2019
24.80	Ashley Bethel (Misison Viejo)	1998	25.49	**Emma Cox (Aliso Niguel)	2025
24.84	Danielle Limp (Los Alamitos)	2019	25.50	Hollis Donovan (Dana Hills)	2015
24.87	* Danielle Eichelberger (Western)	2003	25.50	Cora Davis (Fountain Valley)	2017
24.89	*Caroline Hawkes (San Clemente)	2021	25.52	Pam Asbury (Valencia)	1981
24.91	* Alexis Deol (Aliso Niguel)	2007	25.52	Danielle Reaves (Esperanza)	1988
24.92	Michelle Quinn (Yorba Linda)	2019	25.52	*Ximena Bustos (Dana Hills)	2018
24.93	Ellexi Snover (Mater Dei)	2011	25.53	Ava Podolski (Dana Hills)	2021
24.94	Saige Acosta (Mater Dei)	2025	25.54	Megan Blanchard (Northwood)	2008
24.98	** Ashley Bush (Sonora)	2008	25.54	Sydnee Kolster (Los Alamitos)	2019
25.01	Amanda Rosencrantz (Kennedy)	2005	25.54	Olivia Smyth (Santa Margarita)	2026
25.01	Nicole Martinez (Yorba Linda)	2017	25.57	** S Salcido (Marina)	2009
25.02	* Tifney Reeve (Capo Valley)	2006	25.58	Taryn Wilson (St Margaret's)	2018
25.03	Maya Woolforde (J Serra)	2026	25.59	***Madison Lankford (Calvary Ch-SA)	2010
25.06	Kandyce Doxey (Cypress)	2008	25.59	Rachael Dyrnaes (Laguna Beach)	2023
25.08	Avery Groves (Santa Margharita)	2024	25.59	*Nevaeh Lane (Marina)	2023
25.09	*Alycia Turner (Aliso Niguel)	2017	25.60	Summer Crawley (Irvine)	2013
25.10	Olivia Poland (Los Alamitos)	2019	25.60	Ava Podolski (Dana Hills)	2022
25.10	***Carter Cameron (El Dorado)	2026	25.61	*Anijah Green (Los Alamitos)	2015
25.11	* Grace Esslinger (Dana Hills)	2008	25.62	* Amanda Chevalier (Brea)	2008
25.13	*** Sheri Bertell (Mission Viejo)	1985	25.62	*Cassidy Hodson (Villa Park)	2012
25.13	*Katelyn Susag (Mission Viejo)	2026	25.62	***Becky Obinma (VillaPark)	2015
25.14	Jennifer Janneck (Brea)	2013	25.63	Tia McFarlane (Trabuco Hills)	2009
25.16	Janice Nsor (Kennedy)	2005	25.64	**Maia Craver (Woodbridge)	2012
25.16	***Gabrielle Mitchell (Rosary)	2026	25.65	*Tatum Gee (Cypress)	2016
25.18	**Shaylee McKemy (Yorba Linda)	2026	25.65	*Amy Heins (Troy)	2011
25.19	Persis William-Mensah (Estancia)	2014	25.65	*Cori Hoffer (Edison)	2019
25.21	Lily Eubanks (Valencia)	2015	25.65	Cambria Kaminski (Aliso Niguel)	2026
25.22	Danika Pagaduan (Mission Viejo)	2019	25.66	*Marina Berrios (Pacifica)	2012
25.24	Aniyah League (Cypress)	2022	25.66	**Birute Mikuleviciute (El Dorado)	2012
25.25	*Shemanette Terry (Irvine)	2012	25.66	**Aryianna Faircloth (Magnolia)	2017
25.26	*Estelle McLeary (Villa Park)	2022	25.66	**Rayne Anwar (Capo Valley)	2017
25.27	Kaylin Raibon (Aliso Niguel)	2022	25.67	**Bethany Nguyen (Beckman)	2017
25.29	* Erin Albee (El Toro)	2005	25.67	*Cassandra Young (Dana Hills)	2026
25.39	*Madelyn Sooter (Sunny Hills)	2026	25.68	** Nicole Callander (Canyon)	1991
25.32	Estelle McLeary (Villa Park)	2023	25.68	Alex Gilbert (Santa Margarita)	2013
25.35	* Danielle Fessenden (Los Alamitos)	2009	25.69	Larel Sheperd (Irvine)	2017
25.35	Brooklyn Davis (Los Alamitos)	2023	25.70	*** Kristina Bugg (Canyon)	2009
25.37	Sharon Day (Costa Mesa)	2003	25.70	**Michelle Quinn (Yorba Linda)	2017
25.37	Dana Padget (Esperanza)	2016	25.70	**Hanna Bassett (Mission Viejo)	2022
25.38	** Andrea Dean (Mission Viejo)	1990	25.71	Eileen Dunaway (Huntington Beach)	1995

25.71	Annelise Doerr (Fountain Valley)		2015
25.72	*Lupe Medina (Mater Dei)		2012
25.72	Melina Sibal (Fullerton)		2026
25.73	***Alyssa Blockberger (Los Alamitos)		2017
25.73	Chloe Yang (Woodbridge)		2026
25.74	Michelle Muniz (Woodbridge)		1990
25.74c	Lauren Little (San Clemente)	25.5	2007
25.74	**Lillian Gomez (El Modena)		2021
25.76	Amber Moore (Aliso Niguel)		2005
25.76	Amy Heins (Troy)		2012
25.76	Brina Jablonski (Woodbridge)		2014
25.76	*Hailey Ray (Dana Hills)		2018
25.76	***Jade McDonald (Mater Dei)		2018
25.76	**Sydney Briggs (Villa Park)		2026
25.77	Claire McKernan (Dana Hills)		2013
25.78	Heather Simpson (Marina)		2011
25.78	**Parisia Barker (Orange Lutheran)		2012
25.78	*Natalie McCarty (Newport)		2025
25.79	Kira Helmer (Mission Viejo)		2008
25.79	*Ava Walswick (Canyon)		2026
25.80	*Ashley James (Savanna)		2007
25.81	*Lori Smith (Canyon)		1988
25.81	***Kaitlyn Hirsch (Brea)		2026
25.82	Harrison (Aliso Niguel)		2002
25.82	*Kelley Peterson (El Toro)		2012
25.82	*Rachel Carlton (Huntington Beach)		2025
25.82	**Jocelyn Niemiec (Beckman)		2019
25.83	Lauren Vissman (San Juan Hills)		2015
25.83	*Ally Bebout (Fountain Valley)		2017
25.84	*Kelly Phillips (Mission Viejo)		1993
25.84c	Sara Tafazoli (Corona del Mar)	25.6	1993
25.84c	Donna Garcia (Ocean View)	25.6	1993
25.84c	*Jessica Zavalza (St Margaret's)	25.6	2007
25.84c	Hamer (Capo Valley)	25.6	2007
25.84	Kassie Ham (Dana Hills)		2009
25.84	Danielle Fessenden (Los Alamitos)		2010
25.85	*Whitney Hessler (Mission Viejo)		2016
25.86	Colleen O'Higgins (El Dorado)		1983
25.86	Brianna Ramsey (Fountain Valley)		2009
25.87	*Tanya Taylor (Sunny Hills)		2006
25.87	*Cassie Durgy (Huntington Beach)		2015
25.87	Jada Gatlin (Mission Viejo)		2022
25.87	Sydney Brynes (Villa Park)		2024
25.88	**Taylor Gather (Santa Margarita)		2015
25.88	**Emma Radan (Mater Dei)		2012
25.88	*Kathleen Overbaugh (Northwood)		2019
25.88	Summer Allen (Los Alamitos)		2022
25.89	*Adriane Jarminski (Rosary)		2010
25.89	**Danielle Limp (Los Alamitos)		2017
25.89	*Aryanna Faircloth (Magmolio)		2018
25.90	Krista Kenyon (Esperanza)		1993
25.90	Katelyn Andress (Capo Valley)		2013
25.90	**Danielle Solaru (Northwood)		2014
25.91	*Chloe Guerena (Savanna)		2022
25.92	Carolyn Griffin (University)		1990
25.92	Emily Nolen (Brea)		2013

25.93	Emily Thiebaud (Esperanza)	1988
25.93	Brenda Robinson (SA Valley)	1990
25.92	*Abigail Van Exel (Newport)	2026
25.92	**Arianna Stanley (Cypress)	2026
25.93	Marlene Laing (Fountain Valley)	1994
25.93	Chelsea Hairanian (Cypress)	2011
25.94	Rebecca Johnson (El Toro)	2024
25.95	Katie Ostler (Beckman)	2011
25.97	Julie McMillen (Sonora)	2008
25.98	*Shyanna Carrigan (Fullerton)	2017
25.98	**Lauren Park (Northwood)	2025
25.99	Jane Moyer (Crean)	2026

400 meters

53.06	*Malyah Medley (El Toro)	2018
53.42	*Arlise Emerson (Westminster)	1978
53.53	**Justine Wilson (Rosary)	2026
53.98	Gabrielle Scott (Woodbridge)	2011
54.85	Jocelyn Niemiec (Beckman)	2021
54.89	*Ashley Willingham (Los Alamitos)	2015
54.89	Kennedy Gillian (Mission Viejo)	2016
54.97	**Lauren Memoly (Santa Margarita)	2019
55.05	Emily Dunn (Esperanza)	2007
55.05	*Paige Metayer (University)	2017
55.20	Caroline Hawkes (San Clemente)	2022
55.24c	* Carol Rodriguez (Western)	55.1 2003
55.24	* Tiffany Reeve (Capo Valley)	2005
55.35	* Tara Radan (Mater Dei)	2013
55.40	Meisha Wilson-Duval (Woodbridge)	1995
55.41	Emili Bennett (San Clemente)	2019
55.42	Barbara Rainey (Edison)	1983
55.43+	Kim Law (SA Valley)	55.76y 1978
55.44	* Michelle Banks (El Dorado)	1984
55.55	Christina Twicken (San Clemente)	2010
55.63	Emily Kressin (Troy)	2009
55.71	*Shebanette Terry (Irvine)	2012
55.75	*Maya Woolforde (J Serra)	2025
55.77	Shelly Tochluk (Westminster)	1989
55.77	**Maya Woolforde (J Serra)	2024
55.80	Trish Aubuchon (Esperanza)	1985
55.81	Michelle Quinn (Yorba Linda)	2019
55.81	Pfeiffer Lee (Rosary)	2026
55.88	** Tanya Ransom (El Toro)	1982
55.89	Liz Morse (Corona del Mar)	2000
55.90	Alexandrea Kruthers (Capo Valley)	2010
55.90	Lauren Drysch (Santa Margarita)	2017
55.95	Melissa Swigart (Corona del Mar)	2005
55.95	Emma Kratberg (Newport)	2016
55.97	***Milana Malec (Woodbridge)	2016
56.00	Brierra Winfrey (Trabuco Hills)	2011
56.00	Hailey Ray (Dana Hills)	2019
56.01	Kyle Wolff (Woodbridge)	2008
56.04	*Pfeiffer Lee (Rosary)	2026
56.15	Rai Ahmed-Green (Irvine)	2014
56.27	* Alisyn Clark (SA Valley)	2003
56.28	* Suzy Hensel (Valencia)	1982

56.33	d'Layne Kerr (Corona del Mar)	1988	57.20	Holley Reese (J Serra)	2026
56.34	* Mary Coleman (Irvine)	1986	57.21+	***Kenya Thornburg (University)	57.4y 1980
56.37	Emma Ortiz (Trabuco Hills)	2026	57.21	Sarah Heckel (Yorba Linda)	2018
56.38	* Cassie Stanislaw (Woodbridge)	2006	57.22	Jasmin Trujillo (El Modena)	2024
56.41	Laurel Shepherd (Irvine)	2017	57.23	Sara Kronquist (Brea)	2011
56.43	**Alyssa Blockburger (Los Alamitos)	2018	57.24c	Arona (Troy)	1987
56.43	**Xochitl Saragoza (Dana Hills)	2026	57.24	Raven Hebert (SA Valley)	1999
56.45	*Anisa Rind (Dana Hills)	2019	57.27	Chelsea Hairanian (Cypress)	2011
56.47	** Raven Hebert (SA Valley)	1997	57.28	* Maika Nelson (Brea)	1997
56.47	* Emily Kalmbach (Santa Margarita)	2002	57.31+	Stacy Kneeshaw (Foothill)	57.5y 1978
56.52+	Michelle Kelly (Irvine)	56.7y 1979	57.32	* Danielle Fessenden (Los Alamitos)	2009
56.54	Kaci Keffer (Woodbridge)	1990	57.33	*Natalie McCarty (Newport)	2025
56.54	* Brittany Flores (Cypress)	2006	57.35	Sharon Day (Costa Mesa)	2002
56.57	*Ceili Tuttle (Fullerton)	2015	57.35	Ashlyn Adams (Tesoro)	2018
56.57	* Debbie Marsino (Cypress)	1980	57.40	Catherine Schmidt (Mater Dei)	2002
56.57	*Mia Darden (Aliso Niguel)	2017	57.40	Mikah Longcog (Trabuco Hills)	2024
56.58	Nicole Moeller (Trabuco Hills)	2017	57.41+	* Liz Melton (Fountain Valley)	57.6y 1978
56.60	* Maia Craver (Woodbridge)	2013	57.42	Azra Gercek (Portola)	2025
56.62+	Cathy Jones (Edison)	56.8y 1976	57.43	Georgia Jeanneret (J Serra)	2024
56.62+	Debbie Bottomley (Canyon)	56.8y 1976	57.45	Maia Craver (Woodbridge)	2014
56.64	Alejandra Torres (Woodbridge)	1997	57.48	*Kaiya McCullough (El Toro)	2015
56.65	Amanda Rosencrantz (Kennedy)	2005	57.48	*Mia Lawrence (Dana Hills)	2019
56.73	Lauren O'Banion (Yorba Linda)	2018	57.51+	*Laura Ichikawa (Katella)	57.7y 1981
56.74	*** Alexis Deol (Aliso Niguel)	2005	57.52	*** Meghan Atkinson (Santa Margarita)	1998
56.79	Chloe Deol (Dana Hills)	2014	57.54c	Sherri Smith (Woodbridge)	57.4 1986
56.79	*Hannah Bassett (Mission Viejo)	2024	57.54c	Molly Pierson (El Toro)	57.4 2005
56.81+	Chris Davenport (Troy)	57.0y 1979	57.54c	Annelise Doerr (Fountain Valley)	2015
56.82	*Anne Packard (J Serra)	2024	57.55	*** Katy Hinman (Capo Valley)	2009
56.84	*Kimiko Tanaka (Dana Hills)	2014	57.56	Taylor Arco (Mission Viejo)	2016
56.86	***Gabrielle Mitchell (Rosary)	2026	57.56	**Taylor Murphy (Los Alamitos)	2026
56.87	*** Alisyn Clark (SA Valley)	2001	57.57	Cassie Durgy (Huntington Beach)	2016
56.87	*Ximena Bustos (Dana Hills)	2018	57.59	* Tanya Taylor (Sunny Hills)	2006
56.89	*** Tiffany Hogan (Capo Valley)	1997	57.59	Olivia Smyth (Santa Margarita)	2026
56.90	*Cassie Durgy (Huntington Beach)	2015	57.61+	** Renee Durand (Laguna Beach)	57.8y 1980
56.91+	Tsenre Jackson (Edison)	57.1y 1982	57.61+	** Jodie Wood (Canyon)	57.8y 1980
56.91	*** Don 'Yell Norris (Mission Viejo)	1989	57.61	Chloe Fan (Aliso Niguel)	2015
56.91	** Erin Albee (El Toro)	2004	57.63	* Julie Baker (Capo Valley)	1980
56.92	**Maliyah Collins (Rosary)	2026	57.63	Trudy Zandbergen (Pacifica)	1982
56.94	*Alex Gilbert (Santa Margarita)	2012	57.64c	Dawn Price (Costa Mesa)	57.5 1981
56.96	Isabella Salsamendi (Santa Margarita)	2026	57.64	Carissa Bricker (Dana Hills)	2011
56.97	*Shemanette Terry (Irvine)	2012	57.64	Brina Jablonski (Woodbridge)	2014
57.01+	Janet Steen (SA Valley)	57.2y 1978	57.65	* Karen Anderson (Edison)	1995
57.03	* Corolar White (Esperanza)	1996	57.68	Michelle Hull (Santa Margarita)	2004
57.03	Jessica Erickson (San Clemente)	2014	57.68	* * Summer Shaw (Huntington Beach)	1995
57.06	* Debbie Arthur (Esperanza)	1981	57.69	Brenna McNulty (Dana Hills)	2014
57.08	* Ashley Furst (Laguna Hills)	1998	57.69	*Brielle Anderson (San Clemente)	2025
57.09	Hope Bender (Newport)	2015	57.70	* Angela Allen (El Modena)	1997
57.10	Kaylin Raibon (Aliso Niguel)	2022	57.70	Sienna Frederiksen (Dana Hills)	2022
57.11	Jenna Parsio (El Toro)	2022	57.71+	Rhonda Patcha (Valencia)	57.9y 1979
57.11	**Shaylee McKemy (Yorba Linda)	2026	57.71	Lyn Murray (Esperanza)	1991
57.11	Jayden Hill (San Juan Hills)	2022	57.72	* Tara Oettinger (Foothill)	1994
57.16	***Kathy Grayson (Mission Viejo)	1986	57.73	Emily Fischer (Troy)	2011
57.16	***Majia Shaw (Laguna Beach)	2018	57.74	Kristen Schertzer (Woodbridge)	1988
57.17	** Kelly Morgan (Corona del Mar)	2004	57.74	* Tai Crumsey (Canyon)	2013
57.17	***Olivia Iverson (Marina)	2019	57.75	Sienna Nestorov (CDM)	2025
57.19	Coco Putnam (Laguna Beach)	2016	57.76	Michelle Holt (Laguna Hills)	2016

57.77	*Whitney Hessler (Mission Viejo)	2016	2:10.07	*Annie Ivarsson (Dana Hills)	2024
57.79	Rylee Kerr (San Clemente)	2018	2:10.12	Delaney Sanacore (Los Alamitos)	2018
57.81	* Julie Koubeka (Edison)	1992	2:10.15	Christine Babcock (Woodbridge)	2008
57.81	Samantha Solaru (Northwood)	2011	2:10.18	Ashlee Gallegos (J Serra)	2022
57.82	*Kyle Wolff (Woodbridge)	2007	2:10.20	An nie Ivarsson (Dana Hills)	2025
57.83	** Molly Pierson (El Toro)	2003	2:10.38	**Taylor Arco (Mission Viejo)	2014
57.84	Erika Lee (Irvine)	1988	2:10.38	Allura Markow (Dana Hills)	2023
57.86	* Dana Kriesel (Pacifica)	1980	2:10.45	Katie Izzo (Los Alamitos)	2015
57.86	*** Maribeth Buche (Esperanza)	1998	2:10.47	**Meghan Foley (Edison)	2007
57.87	* Anne Briggs (Esperanza)	2001	2:10.57	* Haley Lawrence (Aliso Niguel)	2006
57.88	*Coco Putnam (Laguna Beach)	2015	(State Champion)		
57.88	Jackie Martin (Corona del Mar)	2017	2:10.57	**Ashley Johnson (Mission Viejo)	2018
57.88	*Chloe Elbaz (J Serra)	2025	2:10.60	Gabrielle Scott (Woodbridge)	2011
57.89	*Rosemary Kehoe (Fullerton)	2019	2:10.75	*Anastasia Snodgrass (J Serra)	2022
57.90	Becky Marshburn (Dana Hills)	2005	2:10.76	Katherine Delaney (J Serra)	2011
57.90	Zahira Montanez (Kennedy)	2006	2:10.82	* Alex Dunne (San Clemente)	2008
57.90	Natalie McCarty (Newport)	2026	2:10.92	**Laura Chapel (Irvine)	1984
57.91	*Summer Allen (Los Alamitos)	2021	2:10.97	***Kathy Grayson (Mission Viejo)	1986
57.92	Monica Todd (Trabuco Hills)	2010	2:11.03	Natalie Grohmann (Fountain Valley)	2015
57.93	* Unique Conner (Western)	2008	2:11.09	Nicole Ritchot (Edison)	1986
57.93	Charisma Byrd (Rosary)	2016	2:11.22	Sherri Smith (Woodbridge)	1986
57.94	Denise Gallion (Woodbridge)	2005	2:11.23	* Christie Engesser (Ocean View)	1992
57.95	* Marissa Clow (Northwood)	2009	2:11.26	Morgan Calcagnie (Mission Viejo)	2019
57.97	Stephanie Jones (Kennedy)	1985	2:11.31	***Maya Pawlowlowicz (J Serra)	2026
			2:11.32	Sara Van Dyke (Marina)	2011
			2:12.32	**Reese Holley (J Serra)	2025
			2:11.34	*Ashlynn Viramontes (Katella)	2021
			2:11.42	* Tiffany Boykin (Laguna Hills)	1994
			2:11.45	Emma Hadley (Canyon)	2022
			2:11.50	Paige Scheer (Dana Hills)	2024
			2:11.59	Shelley Taylor (Edison)	1992
			2:11.59	***Georgia Jeanneret (J Serra)	2021
			2:11.72	*Allison Damon (Corona del Mar)	2007
			2:11.73	**Amy Cox (Foothill)	1982
			2:11.92	* Natalie Herberg (Capo Valley)	2013
			2:11.93	Jennifer Daly (Dana Hills)	2017
			2:11.98	Katie Camerena (San Juan Hills)	2016
			2:12.00	*Emma Hadley (Canyon)	2021
			2:12.03	Summer Shaw (Huntington Beach)	1997
			2:12.07	*Ashley Johnson (Mission Viejo)	2019
			2:12.13	Melisse Djomby Enyawe (Corona del M)	2024
			2:12.41	***Gweneth Williams (El Toro)	2024
			2:12.43	Gwynn George (Santa Margarita)	2018
			2:12.53	Lyza Yetter (San Clemente)	2024
			2:12.55	Montserrat Santillan (Century)	2026
			2:12.61	* Vicki Kelly (Costa Mesa)	1981
			2:12.63	Maribeth Buche (Esperanza)	2001
			2:12.63	*Alyssa Bautista (Capo Valley)	2017
			2:12.70	***Evangeline Willimas (Trabuco Hills)	2025
			2:12.79	Amber Steen (Newport)	2001
			2:12.85	*Paige Metayer (University)	2017
			2:12.86	Erika Lovett (Savanna)	1987
			2:12.86	*** Whitney Hampton (El Toro)	2002
			2:12.99	Julie Kaudelka (Edison)	1994
			2:13.01	***Emma Hadley (Canyon)	2019
			2:13.24	**Nicole Biggers (El Toro)	1983

800 Meters

2:02.3	** Mary Decker (Orange)	1974			
2:05.7	** Rennie Durand (Laguna Beach)	1980			
	(State Champion)				
2:06.48	Emily Dunn (Esperanza)	2007			
	(State Runner Up)				
2:07.01	*Keaton Robar (Newport)	2024			
	(State Third Place)				
2:07.26	Georgia Jeanneret (J Serra)	2024			
2:07.48	*Reese Holey (J Serra)	2026			
2:07.5	* Arlise Emerson (Westminster)	1978			
2:07.72	Anne Packard (J Serra)	2025			
2:07.78	Liz Morse (Corona del Mar)	2000			
	(State Champion)				
2:08.13	**Azra Gercek (Portola)	2026			
2:08.42	*Isabella Wroblewski (Yorba Linda)	2026			
2:08.75	Ashlyn Rambo (Mater Dei)	2014			
2:08.85	*Cassie Durgy (Huntington Beach)	2015			
2:08.86	*Kaho Cichon (Fountain Valley)	2021			
2:09.00	*Chloe Elbaz (J Serra)	2025			
2:09.17	Maggie Henson (Newport)	1986			
2:09.29	Chelsea Kruthers (San Juan Hills)	2012			
2:09.4	** Staci Kneeshaw (Foothill)	1978			
2:09.54	* Anja Disiena (Fountain Valley)	2007			
2:09.55	Hanna Edwards (El Toro)	2011			
2:09.66	* Shelby Buckley (Corona del Mar)	2007			
2:09.82	Suzy Hensel (Valencia)	1983			
2:09.83	Julie Seleine (University)	1983			
2:09.86	Chloe Elbaz (J Serra)	2026			
2:09.9	* Polly Plumer (University)	1982			
2:10.06	Annie St Geme (Corona del Mar)	2006			

2:13.26	*Whitney Hessler (Mission Viejo)	2016	2:15.01	** Hilary May (Corona del Mar)	2005
2:13.32	Mireya Santillan (J Serra)	2026	2:15.08	* Sydney Teske (J Serra)	2009
2:13.36	Courtney Pugmire (Esperanza)	1995	2:15.09	Olivia Goins (Canyon)	2013
2:13.4+	Liz Melton (Fountain Valley)	2:14.1y 1979	2:15.10	* Buffy Rabbitt (Newport)	1985
2:13.47	Amanda Gehrich (Tesoro)	2016	2:15.1 +	Lori Blanco (Westminster)	2:15.8y 1976
2:13.48	*Audrey Heath (Capo Valley)	2025	2:15.11	***Jacquie Adams (Orange Lutheran)	2010
2:13.48	Audrey Health (Capo Valley)	2026	2:15.11	Chloe Elbaz (J Serra)	2024
2:13.49	Heather Balbier (Dana Hills)	2009	2:15.17	Emily Taylor (Marina)	2012
2:13.5+	*Rhonda Patcha (Valencia)	2:14.3y 1978	2:15.2 +	Dale Keough (Corona del Mar)	2:15.9y 1976
2:13.50	Samantha Costantini (Mater Dei)	2005	2:15.22	Isabella Frisone (Canyon)	2022
2:13.61	Laurinda Mulhaupt (Capo Valley)	1989	2:15.30	* Tracy Wright (Irvine)	1985
2:13.67	Leslie Pratt (Edison)	1983	2:15.32	**Kaia Streadbeck (J Serra)	2026
2:13.73	* Nancy Long (Mission Viejo)	1984	2:15.35	Jenny Thune (Brea)	2001
2:13.73	* Molly Pierson (El Toro)	2004	2:15.4+	* Kerry Cerda (Melodyland)	2:16. ly 1979
2:13.74	Cynthia Mendez (Savanna)	2004	2:15.41	***Katie Nuanes (Santa Margarita)	1994
2:13.80	Bethan Knights (Northwood)	2014	2:15.44	**Cassandra Smith (Trabuco Hills)	2010
2:13.83	*Mia Lawrence (Dana Hills)	2019	2:15.44	Rianna Goins (Canyon)	2013
2:13.84	Sabrina Caplis (Foothill)	1995	2:15.45	Shannon Karpel (Ocean View)	1987
2:13.9	***Sharon Hatfield (Fountain Valley)	1979	2:15.46	Jerry Baker (Capo Valley)	1981
2:13.91	Kamilah Foley (Trabuco Hills)	2010	2:15.48	Kyle Wolff (Woodbridge)	2008
2:13.92	*Mia Darden (Aliso Niguel)	2017	2:15.5	Monica Rothenburger (Dana Hills)	2004
2:13.94	*Brooke O'Brien (J Serra)	2023	2:15.53	* Kristin Harkins (La Quinta)	1986
2:13.97	Kristin Kovacich (Mater Dei)	2004	2:15.55	**Christa Fitzgerald (Dana Hills)	1996
2:13.97	Cristen Lane (Foothill)	2013	2:15.56	* Janice Lane (Woodbridge)	2013
2:14.01	McKenna Bradley (Santa Margarita)	2021	2:15.56	*Natalie Grohmann (Fountain Valley)	2014
2:14.08	* Cindy Stoughton (Corona del Mar)	1980	2:15.59	Maribel Delgado (SA Valley)	1996
2:14.14	* Shalice Pugmire (Esperanza)	2001	2:15.65	Shira Duzman (University)	1993
2:14.15	* Maika Nelson (Brea)	1997	2:15.66	**Ashley Larson (Northwood)	2014
2:14.16	Alyssa Bautista (Capo Valley)	2018	2:15.68	*Hayden Kroger (J Serra)	2026
2:14.33	**Lauren Jirges (Cypress)	2003	2:15.69	**Jessica Dahlberg (El Modena)	1996
2:14.36	***Amanda Honn (Huntington Beach)	2011	2:15.69	* Natalie Fyke (Esperanza)	2009
2:14.40	Keaton Robar (Newport)	2025	2:15.7	Judy McLaughlin (University)	1983
2:14.4	***Barbara Boisvert (Orange Lutheran)	1992	2:15.70	Brianna Bartello (Laguna Hills)	2015
2:14.44	Carrie Caulkins (Esperanza)	1995	2:15.72	Arielle Summitt (University)	2018
2:14.45	**Jennifer Gillis (Irvine)	1991	2:15.74	**Carol Dye (San Juan Hills)	2025
2:14.55	***Sommer Owens (Santa Margarita)	1999	2:15.75	Janette Reed (Foothill)	1989
2:14.56	**Audrey Lin (Portola)	2026	2:15.75	**Peggie Hall (Trabuco Hills)	1994
2:14.57	Holiday Molway (University)	1992	2:15.76	Jenny Cummins (Corona del Mar)	2001
2:14.57	Sarah Keddington (Corona del Mar)	2010	2:15.77	**Nadia Bonfanti (Aliso Niguel)	2026
2:14.66	*Sara Kebede (San Clemente)	2012	2:15.80	Kristen Rivera (Corona del Mar)	2012
2:14.67	Ariana Selix (Esperanza)	2008	2:15.81	Taylor DeBarros (Canyon)	2023
2:14.7	Mary Anne Bullard (Esperanza)	1984	2:15.86	Kylee Vandenberg (San Juan Hills)	2013
2:14.72	Jaden Haskins (Dana Hills)	2019	2:15.91	*Ashley Messineo (El Toro)	2017
2:14.75	** Sarah Toberty (Woodbridge)	2006	2:15.92	Sara Bass (Los Alamitos)	2014
2:14.76+	**Barbara Vasquez (Irvine)	2:15.5 1980	2:15.95	Meagan Oefelein (Woodbridge)	2017
2:14.76	**Anne Elise Packard (J Serra)	2023	2:15.98	Jacquie Adams (Foothill)	2013
2:14.83	Kathy Karpel (Ocean View)	1987	2:16.03	**Alexandria Adams (Northwood)	2010
2:14.83	* Kyle Oefelein (Woodbridge)	2013	2:16.03	*Maleea Nguyen (Pacifica)	2026
2:14.84	Devon Hoppe (Corona del Mar)	2011	2:16.05	*Cierra Johnson (Mission Viejo)	2017
2:14.88	* Kathryn Gullikson (Dana Hills)	2009	2:16.08	Lauryn Simons (Mission Viejo)	2019
2:14.88	Jordan Lee (Trabuco Hills)	2024	2:16.10	Katherine Gullikson (Dana Hills)	2010
2:14.92	Rylan Engelsw (JSerra)	2020	2:16.12	***Mackensie Peace (Mission Viejo)	2011
2:14.93	Sarah Porter (Santa Margarita)	2012	2:16.13	**Kennedy Duralde (Mater Dei)	2022
2:14.98	***Kennedy Duralde (Mater Dei)	2021	2:16.14	*** Melissa Mello (Mission Viejo)	2006
2:14.98	Siena Palicke (Yorba Linda)	2021	2:16.21	Lauren Greco (Edison)	2012
2:15.0 +	Nancy Jessen (Dana Hills)	2:15.7y 1979	2:16.21	Sarabella Stakley (Orange Lutheran)	2026

2:16.25 Kennedy Duralde (Mater Dei)	2024	2:17.23 Joy Biefield (Edison)	1984
2:16.29 *Kendall Saeger (Santa Margarita)	2020	2:17.23 *Estella Knobbe (Beckman)	2021
2:16.3 + Kim Vollmer (Canyon)	2:17.1y 1978	2:17.29 **Heather Cuthbertson (Marina)	1996
2:16.3 + Shannon Stryker (Tustin)	2:17.1y 1982	2:17.29 Kylee Grubbs (Brea)	2015
2:16.33 Rachel Roesgen (Santa Margarita)	2012	2:17.31 *Sydney Rubio (Huntington Beach)	2026
2:16.34 Ellie Johnson (J Serra)	2023	2:17.31 Riley Szuba (Santa Margarita)	2026
2:16.36 Ali Hummelberg (Corona del Mar)	2010	2:17.34 * Kristina Dahlberg (El Modena)	1992
2:16.39 Christina Theriot (Corona del Mar)	2009	2:17.35 Sarah Heckel (Yorba Linda)	2018
2:16.39 *Sydney Paulson (J Serra)	2022	2:17.36 Jayla Land (Woodbridge)	2017
2:16.41 Kimberly Condino (Corona del Mar)	2009	2:17.38 Danica Brinkman (Trabuco Hills)	2023
2:16.45 Vanessa Hancock (Brea)	2008	2:17.39 **McKenna Bradley (Santa Margarita)	2019
2:16.45 *Marley Jacobs (Tesoro)	2017	2:17.4 Tish Olswang (Newport)	1983
2:16.48 Jessica Kanin (Woodbridge)	2001	2:17.42 *Kaela Brenner (Crean)	2021
2:16.5 + * Jessie Fiorda (Costa M)	2:17.3y 1980	2:17.43 * Sandy McClain (Orange)	1983
2:16.52 Marley Jacobs (Tesoro)	2018	2:17.47 Kendal Billingsley (Mission Viejo)	2001
2:16.54 * Emma Kao (Dana Hills)	2013	2:17.47 Chloe Berry (Mission Viejo)	2016
2:16.55 **Anoua Carrie (Laguna Beach)	2022	2:17.47 *Denie Stark (Canyon)	2018
2:16.55 **Gweneth Williams (El Toro)	2025	2:17.48 Staci Foster (Orange Lutheran)	2009
2:16.57 **Brynn Garcia (J Serra)	2023	2:17.48 Bradie Wilson (Villa Park)	2026
2:16.59 *Kathy Kelley (Canyon)	1985	2:17.49 *Jadyn Zdanavage (Portola)	2022
2:16.59 *Sara Fleming (Mission Viejo)	2012	2:17.51 ***Maya Bryson (Oxford Academy)	2018
2:16.62 **Kaylah Tasser (J Serra)	2024	2:17.51 Kate Woodside (Esperanza)	2026
2:16.63 **Riley Szuba (Santa Margarita)	2024	2:17.53 Sydney Teske (J Serra)	2010
2:16.65 ** Hannah Kent -Johnson (Sunny Hills)	2004	2:17.54 Kelli Hines (Mission Viejo)	2019
2:16.66 Alyssa Brown (Mission Viejo)	2006	2:17.55 * Jessica Dahlberg (El Modena)	1997
2:16.66 Nicci Corbin (Tesoro)	2011	2:17.56 ***Robyn Langelier (Canyon)	2026
2:16.70 Christine Adams (Esperanza)	2008	2:17.6 + Amy Thompson (Costa Mesa)	2:18.4y 1974
2:16.70 *Kylie Nishisaka (Marina)	2012	2:17.61 Melissa Mello (Mission Viejo)	2009
2:16.74 *Makenzie McRae (Huntington Beach)	2023	2:17.61 ***Milana Malec (Woodbridge)	2016
2:16.78 *Alana Jones (Laguna Hills)	2012	2:17.62 Marina McDonough (San Clemente)	2017
2:16.81 Mackensie Peace (Mission Viejo)	2014	2:17.63 *Hannah Wilbur (Woodbridge)	2025
2:16.84 *** Lauren Medina (Mission Viejo)	2005	2:17.64 ***Amy Robles (Woodbridge)	1988
2:16.84 Chanel Fischetti (Dana Hills)	2006	2:17.64 **Charisma Byrd (Rosary)	2014
2:16.84 *Janie Crawford (Laguna Beach)	2014	2:17.65 * Vanessa Kelly (Marina)	2000
2:16.85 Brielle Budroe (Laguna Beach)	2014	2:17.7 + Laura Johnson (Esperanza)	2:18.5y 1975
2:16.86 Mollie Flint (Corona del Mar)	1993	2:17.70 *** Jillian Bennett (Foothill)	2005
2:16.89 **Jordan Ansara (Aliso Niguel)	2010	2:17.71 ***Sara Meng (Dana Hills)	2016
2:16.89 ***Shavonne McHugh (Foothill)	2021	2:17.72 * Julie Allen (Corona del Mar)	2001
2:16.90 Tammy Hogge (Canyon)	1978	2:17.72 Karly Goral (El Modena)	2002
2:16.90 *** Katherine Delaney (Santa Margarita)	2008	2:17.73 Taylor Williams (Orange Lutheran)	2011
2:16.90 Kiarra Stewart (Trabuco Hills)	2024	2:17.74 *Sarabella Stakley (Orange Lutheran)	2025
2:16.91 Tepee Hawkins (Dana Hills)	1987	2:17.80 Diane Munoz (El Modena)	1987
2:16.91 ***Makena Oliva (Canyon)	2021	2:17.80 Nicole Alai (Edison)	2006
2:16.92 Hannah Winokur (San Clemente)	2010	2:17.80 **Nadia Bonfanti (Aliso Niguel)	2026
2:16.95 ***Rachel Ngu (Northwood)	2008	2:17.8 Marcia Escobosa (El Dorado)	1984
2:16.97 * Christa Fitzgerald (Dana Hills)	1997	2:17.84 **Sarah Porter (Santa Margarita)	2010
2:16.98 *Grace Fulwiler (Mission Viejo)	2019	2:17.85 Karen Nance (Capo Valley)	1986
2:17.0 Mary Kenney (Valencia)	1984	2:17.86 Megan Good (San Juan Hills)	2017
2:17.07 *Taylor DeBarros (Brea)	2022	2:17.87 Angel Vallier (Mission Viejo)	2015
2:17.1 Camila Turati (El Toro)	2014	2:17.87 Erika Adler (Northwood)	2017
2:17.10 Jennifer Wells (Fountain Valley)	2006	2:17.89 **Rebecca VanPeteghen (Huntington B)	2026
2:17.13 Shannon Lane (Trabuco Hills)	2007	2:17.9 Brittany Swanek (Foothill)	2000
2:17.18 Kell Lewis (Dana Hills)	1987	2:17.90 *Nicci Corbin (Tesoro)	2010
2:17.18 * Sarah Keddington (Corona del Mar)	2009	2:17.91 Briar Brumley (Tesoro)	2015
2:17.19 *Julia Sienski (Edison)	2014	2:17.93 Karen Anderson (Edison)	1995
2:17.2 ** Raji Espinoza (Dana Hills)	1991	2:17.93 ** Kim Condino (Corona del Mar)	2008

2:17.94	** Jenny Pilecki (Huntington Beach)	2008
2:17.96	Reina Kabbara (Northwood)	2022
2:17.96	Makenzie McRae (Huntington Beach)	2024
2:17.98	*Joy Wilk (Espornaza)	2003

1500 Meters

4:16.42	Christine Babcock (Woodbridge)	2008
4:16.8'	Polly Plumer (University)	1982
4:22.31'	Annie St Geme (Corona del Mar)	2006
4:23.4'	** Christine Babcock (Woodbridge)	2006
4:26.8'	Julie Seleine (University)	1983
4:29.3'	Jennifer Abraham (Foothill)	1983
4:30.08	Allura Markow (Dana Hills)	2023
4:30.78	*Chloe Elbaz (J Serra)	2025
4:31.2'	Shelley Taylor (Edison)	1992
4:31.57	*Isabella Wroblewski (Yorba Linda)	2026
4:31.6'	Courtney Pugmire (Esperanza)	1995
4:32.04	***Maya Pawlowicz (J Serra)	2026
4:32.28	Annie Ivarsson (Dana Hills)	2025
4:32.39	*Reese Holley (J Serra)	2026
4:33.0	** Sharon Hulse (Edison)	1978
4:33.4	* Staci Kneeshaw (Foothill)	1979
4:34.1'	**Nicole Ritchot (Edison)	1984
4:34.13'	*Anne Packard (J Serra)	2024
4:34.3'	Tammy Snyders (Edison)	1984
4:34.3'	Kathy Karpel (Ocean View)	1987
4:35.51	Ashlee Gallegos (J Serra)	2022
4:35.6'	Leslie Pratt (Edison)	1983
4:35.7	*Barbara Boisvert (Orange Lutheran)	1992
4:36.0'	Sherri Smith (Woodbridge)	1986
4:36.02'	Molly Babcock (Woodbridge)	2012
4:36.8'	Maggie Henson (Newport)	1986
4:36.90	Amy Cox (Foothill)	1984
4:37.3'	Marcia Escobosa (El Dorado)	1984
4:37.38	**Summer Wilson (J Serra)	2024
4:37.6'	Judy McLaughlin (University)	1983
4:38.3'	*Allyson Marquand (University)	1998
4:38.41	Montserrat Santillan (Century)	2026
4:38.79	**Gweneth Williams (El Toro)	2025
4:39.03	Laura McCracken (Westminster)	1983
4:39.2'	Shannen Karpel (Ocean View)	1987
4:39.2'	** Hilary May (Corona del Mar)	2005
4:39.29	***Annie Ivarsson (Dana Hills)	2023
4:39.53	**Brynn Garcia (J Serra)	2023
4:39.64	**Chloe Elbaz (J Serra)	2024
4:39.9'	Kelly Lewis (Dana Hills)	1987
4:39.97	**Amber Parkinson (Orange Lutheran)	1991
4:39.97	**Christie Engesser (Ocean View)	1991
4:40.02	Kate Woodside (Esperanza)	2026
4:41.30'	*Kylie Nishisaka (Marina)	2012
4:41.79	Lyza Yetter (San Clemente)	2024
4:42.1	**Anabelle Villanueva (Fountain Vally)	1979
4:42.2'	Carrie Caulkins (Esperanza)	1995
4:42.3'	** Shelby Buckley (Corona del Mar)	2006
4:42.41	***Kaylah Tasser (J Serra)	2023
4:42.45	**Georgia Jeanneret (J Serra)	2022

4:42.49	*Whitney Valenti (Brea)	2018
4:42.5'	***Kellie Campbell (Corona del Mar)	1993
4:42.55	*Hutton Helligan (J Serra)	2026
4:42.7	Heidi Sickler (Laguna Hills)	1993
4:42.79	Audrey Heath (Capo Valley)	2026
4:42.97	**Krishna Dahlberg (El Modena)	1991
4:43.1'	Buffy Rabbitt (Newport)	1986
4:43.10	Kristin Harkins (La Quinta)	1987
4:43.1'	**Jennifer Spahr (Huntington Beach)	1995
4:43.44	*Carol Dye (Santa Margarita)	2026
4:43.72	Makena Oliva (Canyon)	2024
4:44.14	Adamara Esparza (Santa Ana)	2025
4:44.4'	*Janna Evans (Edison)	1992
4:44.35	**Kaylah Tasser (J Serra)	2024
4:44.62	*Brooke O'Brien (J Serra)	2023
4:44.74	**Emma Alba (Beckman)	2026
4:44.8	* Kim Nelson (Canyon)	1993
4:45.20	Kat Piantka (San Clemente)	2026
4:45.31	*Sophie Polay (J Serra)	2024
4:45.47	* Nancy Dollar (San Clemente)	1994
4:45.7'	Susanna Thrasher (Villa Park)	1990
4:45.9	Shannon Stryker (Tustin)	1982
4:45.9	* * Amber Steen (Newport)	1999
4:46.09	Jadyn Zdanavage (Portola)	2023
4:46.1'	Denisha Bendz (Costa Mesa)	1992
4:46.5	* Heather Garritson (Buena Park)	1997
4:46.66	**Kaia Streadbeck (J Serra)	2026
4:46.9'	**Carne Garritson (Sunny Hills)	1992
4:46.9'	*Meghan Mayes (Capo Valley)	1993
4:47.3'	Heather Killeen (Valencia)	1991
4:47.61	Amber Dazy (Tesoro)	2026
4:47.7	* Theresa Barrios (University)	1982
4:47.7	Melisa Partin (University)	1983
4:47.7	Elizabeth Alexander (Tustin)	1993
4:47.8	* Heather Cuthbertson (Marina)	1995
4:47.9	***Kathy Kiernan (Los Amigos)	1979
4:48.3	Sita Jones (La Habra)	1988
4:48.3	*** Meghan Mainwaring (Santa Margarita)	1999
4:48.7	Taryn Lawson (Ocean View)	1995
4:48.78	* Amy Robles (Woodbridge)	1990
4:48.80	Robin Langelier (Canyon)	2026
4:48.9'	Kelly Flathers (Mater Dei)	1990
4:48.99	**Rajai Espinoza (Dana Hills)	1991
4:49.0	Tammy Snyder (Edison)	1984
4:49.11	*Tracy Fatone (Los Alamitos)	1991
4:49.4'	* Katie Durham (Woodbridge)	1992
4:49.8'	Ann Helm (Laguna Hills)	1985

1600 Meters

4:33.65+	Polly Plummer (University)	4:35.24y	1982
	('80, '81, '82 State Champion)		
4:33.82	Christine Babcock (Woodbridge)		2008
	('06, 07, '08 State Champion)		
4:38.63+	*Amanda Gehrich (Tesoro)	4:40.25y	2015
	(State Champion)		
4:39.94+	Annie St Geme (CDM))	4:41.57y	2006

('05 State Champion)

4:40.4+***Mary Decker (Orange) (Portola JH	4:42.0y	'73	4:53.45 Sarah Paddon (St Margaret's)	2011
4:42.29 Bethan Knights (Northwood)	2014		4:53.66 Paige Canterbury (Dana Hills)	2013
4:43.67 ***Evangeline Williams (Trabuco Hills)	2025		4:53.68 Vanessa Hancock (Brea)	2008
4:42.79 Allura Markow (Dana Hills)	2023		4:53.70 *Emily Richards (Aliso Niguel)	2021
4:42.95 Katherine Delaney (J Serra)	2011		4:53.74 Allison Costello (Esperanza)	2003
4:43.75 Amber Steen (Newport)	2001		4:53.81+Cassie Durgy (Huntington B)	4:55.52y 2016
4:45.00 Julie Seleine (University)	1983		4:53.83+ Emily Taylor (Marina)	4:55.54y 2012
4:45.23 *Reese Holley (J Serra)	2026		4:53.84 *Makenzie McRae (Huntington Beach)	2023
4:45.39 *Shelby Buckley (Corona del Mar)	2007		4:53.98 Georgia Jeanneret (J Serra)	2024
4:45.40 Summer Wilson (Irvine)	2026		4:54.0 Tammy Snyders (Edison)	1984
4:46.88 Annie Ivarsson (Dana Hills)	2025		4:54.15 Heather Balbier (Dana Hills)	2009
4:47.42 **Bonnie McGlinchey (Fountain Valley)	1980		4:54.16 Kathy Karpel (Ocean View)	1987
4:47.55+*Haley Herberg (Capo Valley)	4:49.22y	'17	4:54.20 **Siena Palicke (Yorba Linda)	2019
4:48.52 Shelley Taylor (Edison)	1992		4:54.38 Kelli Hines (Mission Viejo)	2019
(State Champion)			4:54.43 Nicci Corbin (Tesoro)	2011
4:48.58 Holly Barker (Trabuco Hills)	2025		4:54.67 Rianna Goins (Canyon)	2013
4:48.84 **Carol Dye (San Juan Hills)	2025		4:54.69 **Brynn Garcia (J Serra)	2023
4:48.86 Laura Hollander (Marina)	2012		4:54.93 Shalice Pugmire (Esperanza)	2002
4:49.1+ **Sharon Hulse (Edison)	4:50.7y	1978	4:54.95 Hilary May (Corona del Mar)	2007
4:49.12 *Anne Packard (J Serra)	2024		4:54.95 Briar Brumley (Tesoro)	2015
4:49.53 *Audrey Heath (Capo Valley)	2025		4:55.00 ***Hana Catsimanes (San Clemente)	2017
4:49.57 Stacy Kneeshaw (Foothill)	1980		4:55.04 Julia Sienski (Edison)	2015
4:49.66 Jennifer Abraham (Foothill)	1983		4:55.08 *Whitney Valenti (Brea)	2019
4:49.70 *Chloe Elbaz (J Serra)	2025		4:55.27 Katie Izzo (Los Alamitos)	2015
4:49.78 **Summer Wilson (J Serra)	2024		4:55.37 Sherrie Smith (Woodbridge)	1986
4:49.93 *Keaton Robar (Newport)	2024		4:55.39 Ashlyn Rambo (Mater Dei)	2014
4:49.95 **Staci Foster (Orange Lutheran)	2009		4:55.40 ***Sydney Rubio (Huntington Beach)	2024
4:50.19 Chloe Berry (Mission Viejo)	2016		4:55.43 * Allyson Marquand (University)	1998
4:50.37 ***Kelli Hines (Mission Viejo)	2016		4:55.47 ***Ashley Johnson (Mission Viejo)	2017
4:50.45 ***Maya Pawlowicz (J Serra)	2026		4:55.71 Ashlee Johnson (J Serra)	2022
4:50.47 Courtney Pugmire (Esperanza)	1995		4:55.89 Ashley Elliott (Tesoro)	2013
4:50.49 **Gweneth Williams (El Toro)	2025		4:55.9 Marcia Escobosa (El Dorado)	1984
4:50.78 Emma Hadley (Canyon)	2022		4:55.96 Katie Nuanes (Santa Margarita)	1997
4:50.9+ Kathy Mintie (Rosary)	4:52.5y	1978	4:56.00 *Georgia Jeanneret (J Serra)	2023
4:51.49 * Allison Damon (Corona del Mar)	2007		4:56.04 Brianna Bartello (Laguna Hills)	2015
4:51.57Ashlee Gallegos (J Serra)	4:53.27y	2022	4:56.07 Ava Kent (Orange Lutheran)	2011
4:51.67 Leslie Pratt (Edison)	1983		4:56.17 Judy McLaughlin (University)	1983
4:51.67 Alana Jones (Laguna Hills)	2013		4:56.23 Melissa Eisele (San Clemente)	2014
4:51.81 **Emma Alba (Beckman)	2026		4:56.23+Katie Camarena (San Juan Hills)	4:57.96y ' 16
4:51.88 *Carol Dye (Santa Margarita)	2026		4:56.34 Erika Adler (Northwood)	2016
4:51.89 Asshley Messineo (El Toro)	2018		4:57.36 *Kaho Cichon (Fountain Valley)	2021
4:52.09+ Isabella Frisone (Canyon)	4:53.79y	2022	4:56.38 Monica Rothenburger (Dana Hills)	2004
4:52.14 * Hillary Hayes (Edison)	2008		4:56.54 Catherine Martinez (Fountain Valley)	2011
4:52.50 Alex Dunne (San Clemente)	2009		4:56.54 *Amber Dazey (El Toro)	2025
4:52.65 Monserrat Santilla Silva (Century)	2026		4:56.55 Kelsey Carroll (San Clemente)	2015
4:52.66 *** Katherine Delaney (Santa Margarita)	2008		4:56.66+Anastasia Snodgrass (J Serra)	4:58.39y 2022
4:52.71 Stefanie Ortega (Segerstrom)	2016		4:56.67 ***Lauren Mauer (Crean)	2012
4:52.9 ** Nicole Ritchot (Edison)	1984		4:56.79 Sarah Cummings (Corona del Mar)	2008
4:52.98 Hannah Tobin (El Toro)	2017		4:56.89 Hanna Edwards (El Toro)	2011
4:52.99 Molly Babcock (Woodbridge)	2012		4:56.92 Millie Bayles (Trabuco Hills)	2026
4:53.02 Maggie Henson (Newport)	1986		4:57.04+ Olivia Foody (Aliso Niguel)	2024
4:53.02 * Christine Adams (Esperanza)	2009		4:57.05 *Melisse Enyawwe (Corona del Mar)	2023
4:53.08 **Anne Packard (J Serra)	2023		4:57.12 Amber Dazey (Tesoro)	2026
4:53.35 **Kaia Streadbeck (J Serra)	2026		4:57.16 Lyza Yetter (San Clemente)	2024
4:53.42 **Isabella Wroblewski (Yorba Linda)	2025		4:57.23 ***Kaylah Tasser (J Serra)	2023
			4:57.40 Crystal Reed (Fountain Valley)	2006

4:57.31	Sara Leonard (Canyon)	2018	5:00.72	**Sara Meng (Dana Hills)	2017
4:57.56	**Alaina Alvarez (Dana Hills)	2009	5:00.75	**Clair Kim (Sunny Hills)	2002
4:57.57	Julie Allen (Corona del Mar)	2002	5:00.82	**Amber Parkinson (Orange Lutheran)	1991
4:57.63	Kate Woodside (Esperanza)	2026	5:00.84	Danica Wyson (Aliso Niguel)	2012
4:57.70	Shannon Stryker (Tustin)	1982	5:00.87	**Leslie White (Lowell)	1980
4:58.01	*Bethany Nickless (Fountain Valley)	2002	5:00.88	**Skylar Watts (Trabuco Hills)	2024
4:58.05	*Megan Meyer (Tesoro)	2008	5:00.93	*Gianna Velasquez (El Toro)	2009
4:58.21	Amy Cox (Foothill)	1984	5:01.02	Jessica Kanin (Woodbridge)	2001
4:58.21	***Brooklyn Tennant (J Serra)	2026	5:01.03	*Brianna Bartello (Laguna Hills)	2014
4:58.25	Alyssa Brown (Mission Viejo)	2006	5:01.11	*Alyssa Bautista (Capo Valley)	2017
4:58.26	Diana Hossfeld (Corona del Mar)	2001	5:01.13	*Marley McCullough (Newport)	2024
4:58.34	*Marisa Cummings (Corona del Mar)	2009	5:01.17	Buffy Rabbitt (Newport)	1986
4:58.39+	***Brooke O'Brien (J Serra)	5:00.13y 2022	5:01.17	Nisha Richardson (Canyon)	2006
4:58.41	*Sheridan Gomez (Dana Hills)	2011	5:01.2 +	Jill Caldwell (Westminster)	5:02.9y '74
4:58.45	Kelly Lewis (Dana Hills)	1987	(State Champion)		
4:58.45	*Kylie Nishisaka (Marina)	2012	5:01.21	**Riley Szuba (Santa Margarita)	2024
4:58.46	*Hana Catsimanes (San Clemente)	2019	5:01.32	Christina Fitzgerald (Dana Hills)	1998
4:58.52	Jenny Sears (Woodbridge)	2002	5:01.34	***Rachel Ngu (Northwood)	2008
4:58.57	Danica Brinkman (Trabuco Hills)	2023	5:01.35	Cathryn Saylor (Trabuco Hills)	2009
4:58.62	Makenna Smith (Trabuco Hills)	2010	5:01.37	Emily Haigh (Foothill)	2002
4:58.81	Cassandra Smith (Trabuco Hills)	2012	5:01.41	Samantha Costantini (Mater Dei)	2005
4:58.93	Shannen Karpel (Ocean View)	1987	501.43	*Maria Hernandez (Santa Ana)	2019
4:58.94	Kat Piantka (San Clemente)	2026	5:01.43	*Hutton Helligan (J Serra)	2026
4:58.98	*Carly Corsinta (Capo Valley)	2019	5:01.44	Sophie Polay (J Serra)	2024
4:58.98	*Emma Hadley (Canyon)	2021	5:01.46	Camila Turati (El Toro)	2014
4:59.08	*Meghan Foley (Edison)	2008	5:01.55	**Anastasia Snodgrass (J Serra)	2021
4:59.15	Angie Winkler (Fountain Valley)	1996	5:01.63	Vanessa Kelly (Marina)	2001
4:59.28	**Rebecca VanPeteghen (Huntington B)	2026	5:01.66	Rachel Sanchez (Santa Ana)	2026
4:59.31	Kristin Harkins (La Quinta)	1984	5:01.7 +	Mari Gibbs (Marina)	5:03.4y 1977
4:59.33	Chelsea Kruthers (San Juan Hills)	2012	5:01.75	Lucy Varela (El Toro)	2025
4:59.35	**Carrie Caulkins (Esperanza)	1993	5:01.77	**Sami Murphy (Northwood)	2015
4:59.36	*Kendall Saeger (Santa Margarita)	2020	5:01.77	*Alahna Thomas (Santa Margarita)	2025
4:59.38	Taylor Williams (Orange Lutheran)	2011	5:01.84	Kristin Arkin (Trabuco Hills)	2008
4:49.43	*Ximena Cruz (Trabuco Hills)	2008	5:01.90	Carrie Garritson (Buena Park)	1994
4:59.45	Quincy Lott (Dana Hills)	2024	5:01.92	Heidi Sickler (Laguna Hills)	1993
4:59.52	*Whitney Blue (Newport)	2005	5:01.94	Melanie Powers (Corona del Mar)	2010
4:59.59	*Taylor Bryson (Newport)	2006	5:02.06	Lori Mann (Santa Margarita)	2001
4:59.65	**Ava Crocker (El Toro)	2026	5:02.10	Susanna Thrasher (Villa Park)	1990
4:59.68	Audrey Heath (Capo Valley)	2026	5:02.23	Makena Castillo (Marina)	2021
4:59.70	Abigail Feldman (Mater Dei)	2026	5:02.25	Natasha Strickland (Laguna)	2012
4:59.71	Kendall Saeger (Santa Margarita)	2021	5:02.40	Kimberly Condino (Corona del Mar)	2009
4:59.71	Alahna Thomas (Santa Margarita)	2026	5:02.43	Sienna Serrao (Dana Hills)	2016
4:59.75	***Kellie Campbell (Corona del Mar)	1993	5:02.45	Delaney Sanacore (Los Alamitos)	2018
4:59.75	*Hayden Kroger (J Serra)	2026	5:02.49	*Gabrielle Yatauro (Edison)	2013
4:59.81	***Amanda Honn (Huntington Beach)	2011	5:02.50	Ashley Licata (Capo Valley)	2016
4:59.86	**Leila Keyvan (Dana Hills)	2017	5:02.56	*Jessie Babcock (Woodbridge)	2005
4:59.90	Kristen Berglas (Woodbridge)	2003	5:02.74	Laura Sauerwein (University)	1982
5:00.12	*Ashlynn Viramontes (Katella)	2021	5:02.80	*Jessica Howard (University)	1999
5:00.2	*Theresa Barrios (University)	1982	5:02.85	**Kellian Hunt (Whittier Chr)	2010
5:00.2	***Barbara Boisvert (Orange Lutheran)	1992	5:02.93	*Kelsey Carroll (San Clemente)	2014
5:00.19	Sara VanDyke (Marina)	2011	5:03.0	Laura McCracken (Westminster)	1983
5:00.21	Sierra Vega (Foothill)	2010	5:03.0	**Becky Miske (El Toro)	1997
5:00.24	Elizabeth Coe (Fountain Valley)	2008	5:03.03	*Heather Garritson (Buena Park)	1997
5:00.30	Sarah Keddington (Corona del Mar)	2010	5:03.07	*Abigail Fearn (Woodbridge)	2026
5:00.42	Lauren Grego (Edison)	2012	5:03.11	*Melanie Powers (Corona del Mar)	2009
5:00.64	**Olivia Goins (Canyon)	2011	5:03.12	Hannah Bell (Esperanza)	2012

5:03.17	Nicole Meyer (Orange Lutheran)	2021	5:05.37	*Erin Barth (Newport)	2014
5:03.18	*Rebecca Sarmiento (El Modena)	2012	5:05.40	Ali Hummelberg (Corona del Mar)	2010
5:03.22	Olivia Goins (Canyon)	2013	5:05.42	Heather Killeen (Valencia)	1991
5:03.27	***Jacquie Adams (Orange Lutheran)	2010	5:05.45	*Jadyn Zdanavage (Portola)	2022
5:03.27	Ashlee Powers (Corona del Mar)	2011	5:05.47	**Ashley Licata (Capo Valley)	2014
5:03.28	Andi Carnell (St Margaret's)	2019	5:05.49	Melisse Djomby Enyame (Corona del Mar)	2024
5:03.37	***Brittany Bertuzzi (Aliso Niguel)	2004	5:05.53	Christi Americh (Rosary)	2001
5:03.38	CJ Smith (Trabuco Hills)	2011	5:05.53	Abby Biber (Woodbridge)	2024
5:03.59	*Elizabeth Stetina (Sonora)	2021	5:05.57	Meghan Mainwaring (Santa Margarita)	2002
5:03.65	Sarah Darby (San Clemente)	2010	5:05.66	Anne Gustafson (Brea)	2005
5:03.65	*Kaitlyn Carmichael (University)	2023	5:05.71	*Gracie Georgi (San Clemente)	2014
5:03.67	Taylor Bryson (Newport)	2007	5:05.74	***Melissa Mello (Mission Viejo)	2006
5:03.70	Cathy Salazar (Trabuco Hills)	2019	5:05.84	Ashley Licata (Capo Valley)	2016
5:03.70	Marikay Schwab (Marina)	2021	5:05.88	Eileen Stressling (Marina)	2014
5:03.72	Gwynn George (Santa Margarita)	2018	5:05.91	*Makena Oliva (Canyon)	2023
5:03.74	**Molly Babcock (Woodbridge)	2010	5:05.95	Ashlee Powers (Corona del Mar)	2012
5:03.78	Lucina Vincent (El Dorado)	2018	5:05.97	**Jenny Sears (Mater Dei)	2000
5:03.79	Claire Stuvland (Trabuco Hills)	2023	5:05.97	Hanna Hall (Foothill)	2018
5:03.81	Sita Jones (La Habra)	1988	5:05.99	Lauren Turner (Laguna Hills)	2019
5:03.90	Laura Bilder (Corona del Mar)	2009	5:06.01	**Liz Morse (Corona del Mar)	1998
5:03.91	Katherine Nielsen (Irvine)	2007	5:06.03	Mackenzie Forrest (Tesoro)	2025
5:03.93	Jessica Cushing-Murray (Foothill)	2014	5:06.04	*Emma Hicken (Mission Viejo)	2018
5:03.94	Ariana Selix (Esperanza)	2008	5:06.07	***Quinn Turner (Mission Viejo)	2026
5:03.96	***Annie Ivarsson (Dana Hills)	2022	5:06.12	Collette Lowengrub (University)	2021
5:04.08	Denisha Bendz (Costa Mesa)	1992	5:06.2+	Cynthia Harryman (Laguna Beach) 5:07.9y '76	
5:04.08	Marley McCullough (Newport)	2025	5:06.28	**Jordan Stiewig (Villa Park)	2014
5:04.10	Cassidy Towner (El Dorado)	2014	5:06.3	**Sara Kebede (San Clemente)	2011
5:04.14	*Pearl Shoemaker (Laguna Beach)	2015	5:06.35	***Gwynn George (Santa Margarita)	2015
5:04.19	Kellian Hunt (Whittier Christian)	2012	5:06.41	Heather Cuthbertson (Marina)	1996
5:04.2	**Grace Schafer (Capo Valley)	2013	5:06.44	**Jacquie Adams (Foothill)	2011
5:04.21	***Ashley Elliott (Tesoro)	2010	5:06.45	Olivia Reed (Yorba Linda)	2025
5:04.29	**Alicia McFall (Newport)	1997	5:06.61	Casey McConn (Huntington Beach)	2025
5:04.32	Kelly Flathers (Mater Dei)	1990	5:06.65	*Ashley Faller (Fountain Valley)	2018
5:04.41	Kaho Cichon (Fountain Valley)	2022	5:06.66	Marissa Bartello (Laguna Hills)	2015
5:04.43	*Jillian Deavila (Los Alamitos)	2010	5:06.67	*Mary Moore (Woodbridge)	1997
5:04.43	**Katie Hansen (San Juan Hills)	2017	5:06.7 +	*Nancy Jessen (Dana Hills) 5:08.4y	1979
5:04.56	Claire Hipszer (Universirty)	2026	5:06.71	*Kelly Rendon (Orange Lutheran)	2004
5:04.57	Alyssa Bautista (Capo Valley)	2018	5:06.72	*Candace Alai (Edison)	2005
5:04.69	**Kristina Dahlberg (El Modena)	1991	5:06.78	Madeline Bradford (Woodbridge)	2014
5:04.80	Rebecca Deitch (Capo Valley)	2015	5:06.80	Bridget O'Keefe (Santa Margarita)	2008
5:04.91	*Delaney Sanacore (Los Alamitos)	2017	5:06.83	Susan Meyers (Foothill)	1983
5:04.93	**Dominique Regalado (Trabuco Hills)	2012	5:06.84	Jessica Chang (Esperanza)	2010
5:05.0	**Melissa Livermore (Irvine)	1997	5:06.89	Kenna Kohl (Esperanza)	2008
5:05.04	*Erica Pearson (Newport)	2008	5:06.93	*Lesley Ledesma (Esperanza)	2026
5:05.04	Sarah Porter (Santa Margarita)	2012	5:06.96	**Kendra Corey (Sunny Hills)	2015
5:05.13	Lilly Schmidt (Corona del Mar)	2016	5:06.96	*Raquel Powers (Corona del Mar)	2016
5:05.16	*Bailey Watts (Trabuco Hills)	2019	5:06.96	Sydney Rome (Yorba Linda)	2023
5:05.17	*Kim Nelson (Canyon)	1993	5:07.04	Kalie Demerjian (El Toro)	2015
5:05.21	Amber Bragdon (Fountain Valley)	2014	5:07.06	***Arely Sanchez (Santa Ana)	2026
5:05.26	**Ashley Johnson (Mission Viejo)	2018	5:07.08	*Stacy Kim (Sunny Hills)	2003
5:05.27	Sophie Guilfoile (Trabuco Hills)	2025	5:07.08	Chanel Fischetti (Dana Hills)	2006
5:05.3 +	**Anabelle Villanueva (F Valley) 5:07.0y	1979	5:07.20	**Emily Goldstein (El Toro)	2008
5:05.31	*Janna Evans (Edison)	1992	5:07.27	*Coto Reed (Laguna Beach)	2021
5:05.31	**Lilly Schroeder (El Toro)	2026	5:06.31	*Lauren Temple (Santa Margarita)	2025
5:05.31	***Jeanette Zambrano (Bolsa Grande)	2012	5:07.36	*Grace Toriz (Western)	2023
5:05.34	*Violet Pinter (Trabuco Hills)	2026	5:07.42	*Adamara Esparza (Santa Ana)	2024

5:07.43	Alison Palmer (San Clemente)	2011	5:08.63	*Quinci Lott (Dana Hills)	2023
5:07.47	* Amy Robles (Woodbridge)	1990	5:08.68	*Chandler Horton (San Clemente)	2017
5:07.57	**Nadia Tabrizi (J Serra)	2017	5:08.76	Hannah Kent Johnston (Sunny Hills)	2005
5:07.6	* Ruth Chassen (Costa Mesa)	1983	5:08.82	*Kaylah Tasser (J Serra)	2025
5:07.60	Kim DeVetis (Edison)	1982	5:08.83	Carly Schuerger (Aliso Niguel)	2019
5:07.62	Mewgan Miller (Mission Viejo)	2015	5:08.93	* Melissa Eisele (San Clemente)	2013
5:07.68	*Bronsyn Ledgard (Los Alamitos)	2017	5:08.96	Katherine Gallaher (Esperanza)	2015
5:07.7	Natalie Grohmann (Fountain Valley)	2015	5:09.00	Emily Dunn (Esperanza)	2007
5:07.73	Ashley Larson (Northwood)	2014	5:09.00	Lauren Temple (Santa Margarita)	2026
5:07.73	Emma Timmermans (El Modena)	2021	5:09.01	Michelle Thune (Brea)	1998
5:07.77	Erica Sahli (Villa Park)	2004	5:09.02	*** Rachel Lida (Yorba Linda)	2013
5:07.81	* Nancy Dollar (San Clemente)	1994	5:09.03	Anna Desormeau (Trabuco Hills)	2026
5:07.86	*Molly Mann (San Clemente)	2011	5:09.05	Jennifer Daly (Dana Hills)	2017
5:07.87	* Emily Harper (Dana Hills)	2013	5:09.06	Jenny Thune (Brea)	2001
5:07.9	***Tanja Brix (University)	1989	5:09.1	** Jennifer Cooke (Esperanza)	1985
5:07.90	Jess Lesser (Woodbridge)	2014	5:09.09	***Kendall Saeger (Santa Margarita)	2018
5:07.92	**Brooke Thomas (Laguna Hills)	1997	5:09.10	* Natalie Herberg (Capo Valley)	2013
5:07.95	Adamara Esparza (Santa Ana)	2025	5:09.14	**Summer Wilson (J Serra)	2023
5:07.96	Rocio Pelayo (Bolsa Grande)	2007	5:09.15	* Rajai Espinoza (Dana Hills)	1992
5:07.96	Megan Petkovic (Pacifica)	2008	5:09.16	Catherine McGettigan (Tesoro)	2017
5:07.98	Janna Evans (Edison)	1993	5:09.17	Bailee Margolis (Trabuco Hills)	2015
5:07.98	***Jayla Land (Woodbridge)	2017	5:09.19	Jessica McIntyre (Los Alamitos)	2013
5:08.0	Christie Engesser (Ocean View)	1993	5:09.2	** Nicole Biggers (El Toro)	1983
5:08.0	** Tanisha White (El Toro)	1997	5:09.2	Sabrina Caplis (Foothill)	1995
5:08.01	Becky Sarmiento (El Modena)	2013	5:09.26	Claire Kim (Sunny Hills)	2004
5:08.01	**Christina Wright (Dana Hills)	2014	5:09.33	Claire Feit (Mater Dei)	1982
5:08.02	Grace Toriz (Western)	2024	5:09.34	Jessica Marquardt (Orange Lutheran)	2011
5:08.06	**Abigail Fearn (Woodbridge)	2025	5:09.36	** Jeanette Zambrano (Bolsa Grande)	2013
5:08.08	Jennifer Spahr (Marina)	1997	5:09.37	Lilly Schmidt (Corona del Mar)	2014
5:08.12	Chandler Horton (San Clemente)	2018	5:09.40	***Candice Alai (Edison)	2003
5:08.16	* Jessica Meyer (Laguna Hills)	2008	5:09.42	Ashley Bergstrom (Canyon)	2011
5:08.16	*Mia Douge (Brea)	2019	5:09.45	**Emma Harvey (San Clemente)	2026
5:08.17	Jamie DeNoewer (Costa Mesa)	1999	5:09.46	** Janie Crawford (Laguna Beach)	2013
5:08.21	Sydney Sydney (Laguna Beach)	2024	5:09.47	* Brooke Pigneri (Santa Margarita)	2013
5:08.21	**Mackenzie Forrest (Tesoro)	2024	5:09.48	Breelan Matranga (Dana Hills)	2009
5:08.22	***Kaitlyn Carmichael (University)	2021	5:09.50	Gabrielle Yatauro (Edison)	2014
5:08.25	Ann Helm (Laguna Hills)	1985	5:09.58	**Kaitlyn McQuillen (Los Alamitos)	2022
5:08.28	Cathy Casserly (Tustin)	1981	5:09.6	Lynne Hagan (Mater Dei)	1988
5:08.28	* Patience Unger (Foothill)	1981	5:09.61	*Paige Tennison (Newport)	2012
5:08.3 +	Rhonda Craig (Cypress)	5:10.1 y 1979	5:09.64	Ellie Johnson (J Serra)	2023
5:08.3	K Strachan (Foothill)	2001	5:09.71	* Janice Lane (Woodbridge)	2013
5:08.35	Maggie Cummings (Esperanza)	2010	5:09.73	Mikaela Mulhall (Capo Valley)	2015
5:08.36	Melissa Mead (Newport)	2007	5:09.75	* Katie Durham (Woodbridge)	1992
5:08.36	Arianna Fuentes (Katella)	2013	5:09.75	Nadia Tabrizi (J Serra)	2019
5:08.39	Wendi Leos (Western)	2017	5:09.85	Chelsea Vancott (Calvary Chapel)	2008
5:08.42	Sara Keenan (Dana Hills)	1980	5:09.90	**Anna Attard (Marina)	2002
5:08.45+	Kilo Lantry (Edison)	1980	5:09.90	Courtney Carder (Esperanza)	2007
5:08.45	*Sara Digiovanni (Mater Dei)	2012	5:09.9 +	Kim Vollmer (Canyon)	5:11.7y 1977
5:08.53	*Bronte Golick (Capo Valley)	2010	5:09.95	* Johanna Walin (Corona del Mar)	1989
5:08.54	** Nichole Slykhous (Corona Del Mar)	2005	5:09.95	Chloe Muller (Northwood)	2018
5:08.54	***Autumn Clarke (Northwood)	2017	5:10.0	*Vicki Kelly (Costa Mesa)	1981
5:08.57	Arane Gushue (Foothill)	2011	5:10.01	**Nadia Bonfanti (Aliso Niguel)	2026
5:08.57	** Erin Barth (Newport)	2013	5:10.01	*Alex Sterritt (Irvine)	2015
5:08.6	Melisa Partin (University)	1983	5:10.02	*Colby Lindholm (JSerra)	2012
5:08.60	* Becky Miske (El Toro)	1998	5:10.09	***Makhayla Gill (Valencia)	2024
5:08.61	***Whitney Hampton (El Toro)	2002	5:10.19	Nicole Blalock (Villa Park)	2003

5:10.2	Elizabeth Alexander (Tustin)	1993	5:11.54	Ligaya Lange (St Margaret's)	2001
5:10.21	**Katelyn McNamara (Tesoro)	2026	5:11.6	*Katherine Ott (San Juan Hills)	2011
5:10.27	*Paige Canterbury (Dana Hills)	2012	5:11.62	Erin Bailey (Edison)	1994
5:10.28	*Madeleine Heenan (Los Alamitos)	2026	5:11.62	*Jennifer Daly (Dana Hills)	2016
5:10.3	**Madison Huffman (San Clemente)	2011	5:11.64	*Nikki Zielinski (Canyon)	2015
5:10.34	*Abigail Feldman (Mater Dei)	2025	5:11.64	Sharice Laygo (Northwood)	2024
5:10.37	*Aaren Cadieux (Trabuco Hills)	2010	5:11.72	Raeanna Cortez (Bolsa Grande)	2011
5:10.37	**Talia Whutten (J Serra)	2025	5:11.73	*Sophia Dudley (Foothill)	2021
5:10.4	***Shelby Buckley (Rosary)	2005	5:11.75	Courtney Carder (Esperanza)	2007
5:10.40	***Laura Strachan (Foothill)	1999	5:11.76	Ximenal Cruz (Trabuco Hills)	2009
5:10.41	***Elizabeth Odom (Northwood)	2021	5:11.77	* Pam Smith (Esperanza)	1998
5:10.44	*Joy Wilk (Esperanza)	2004	5:11.79	***Sierra Harden (J Serra)	2026
5:10.44	Emma Silves (Foothill)	2022	5:11.83	**Gabrielle Yatauro (Edison)	2012
5:10.48	***Tracy Fatone (Los Alamitos)	1989	5:11.87	*Christine Bjelland (Costa Mesa)	2002
5:10.48	*Diane Molina (Costa Mesa)	2019	5:11.87	*Taylor Ball (San Clemente)	2026
5:10.5 +	Joelin Fisher (Costa Mesa)	5:12.3y 1980	5:11.88	Leah Fris (Fountain Valley)	2021
5:10.5	* Ava Jones (La Habra)	2001	5:11.89	*Alexis Neuville (El Toro)	2019
5:10.51	Lindsay Buwalda (Laguna Beach)	1997	5:11.92	** Lauren Mauer (Crean Lutheran)	2013
5:10.56	Emily Scharmann (Tesoro)	2013	5:11.91	*Sydney Sydney (Laguna Beach)	2023
5:10.63	***Anja DiSiena (Fountain Valley)	2005	5:11.93	***Grace LaMontagne (Laguna Beach)	2015
5:10.63	***Audrey Heath (Capo Valley)	2023	5:11.98	***Maddyn Ortiz (San Clemente)	2026
5:10.65	* Sarah Toberty (Woodbridge)	2007	5:12.0	Sue Sharr (Mission Viejo)	1981
5:10.65	Rachael Rutkowski (Aliso Niguel)	2009	5:12.0	* Mary Crane (Newport)	1991
5:10.70	* Tracy Wright (Irvine)	1985	5:12.0	* Breeelan Matranga (Dana Hills)	2008
5:10.71	*Sierra Cruz (Pacifica)	2026	5:12.01	Kathryn Carroll (San Clemente)	2015
5:10.75	**Emily Bacon (Newport)	2014	5:12.02	* Jessica Dahlberg (El Modena)	1997
5:10.76	* Martha Pinto (Katella)	1990	5:12.01	*Ashlee Gallegos (J Serra)	2021
5:10.78	*Kaitlyn Smith (San Clemente)	2010	5:12.01	Kaitlyn McQuillen (Los Alamitos)	2021
5:10.78	Collette Lowengrub (University)	2018	5:12.04	Kate Hirschboeck (Santa Margarita)	2004
5:10.8	Leslie Cashion (Corona del Mar)	1988	5:12.05	*Nicole Evans (Woodbridge)	2011
5:10.85	Sara Feitz (Fountain Valley)	2019	5:12.07	*Laura Beresford (Dana Hills)	2010
5:10.88	*Cait Williamson (Sage Hill)	2008	5:12.11	Kathryn Bishop (Trabuco Hills)	2011
5:10.88	***Erica Liem (Tesoro)	2011	5:12.13	** K Durant (Marina)	2009
5:10.98	Mikaela Garduno (Foothill)	2014	5:12.14	**Sarah Rettman (Mission Viejo)	1999
5:10.99	Lauren Jirges (Cypress)	2005	5:12.15	Marisa Gaitan (Dana Hills)	2020
5:11.01	***Ashlee Gallegos (Fountain Valley)	2019	5:12.20	* Roseanne Peters (Fountain Valley)	2000
5:11.04	Ava Davidson (Beckman)	2024	5:12.22	**Emily Park (Kennedy)	2014
5:11.05	*Maleea Nguyen (Pacifica)	2026	5:12.23	Madeline Bradford (Woodbridge)	2012
5:11.06	Kelly Oelschlager (Woodbridge)	2004	5:12.24	**Shannon Mackellar (Esperanza)	2015
5:11.06	Tori Yanco (JSerra)	2015	5:12.26	Hannah Wilbur (Woodbridge)	2024
5:11.08	*Kayla Tresser (Capo Valley)	2015	5:12.28	**Mikayla Marshall (Mission Viejo)	2010
5:11.14	Madison Hoffman (San Clemente)	2012	5:12.28	Giselle Rubio (Laguna Hills)	2024
5:11.14	**Mia Bergman (Sonora)	2019	5:12.3+	Marilyn Nichols (El Dorado)	5:14.2y 1981
5:11.15	***Tern Smythers (San Clemente)	1989	5:12.30	Catherine McGettigan (Tesoro)	2019
5:11.15	**Audrey Landis (Northwood)	2019	5:12.31	Cathy Peck (Woodbridge)	1989
5:11.21	Emma Hicken (Mission Viejo)	2019	5:12.32	Jamie Vaicaro (Katella)	1995
5:11.27	**Mary Steinberger (Mission Viejo)	1991	5:12.33	**Sophie Polay (Santa Margarita)	2023
5:11.27	*Alyssa White (Dana Hills)	2016	5:12.34	Carrie Quinn (Edison)	1994
5:11.30	Heather Hisgen (El Modena)	2008	5:12.37	Sarahy Lopez (Santa Ana)	2023
5:11.30	*Evie Cant (Laguna Beach)	2017	5:12.39	Kortnee Burton (Brea)	2008
5:11.32	*Isabella Tasser (Beckman)	2021	5:12.4 +	* Ann Scott (Corona del Mar)	5:14.3y 1980
5:11.34	Sydney Szabo (San Clemente)	2014	5:12.4	Tara Whitfield (El Modena)	1995
5:11.38	*Ellie Radmilovich (Calvary Ch- SA)	2017	5:12.40	* Sereena Warino (Aliso Niguel)	2001
5:11.39	*** Taylor Arco (Mission Viejo)	2013	5:12.40	**Kathryn Kaloroumakis (Dana Hills)	2015
5:11.42	* Courtney Kostrikin (Edison)	2006	5:12.44	Tess St Geme (Corona del Mar)	2014
5:11.53	Sara Bass (Los Alamitos)	2014	5:12.48	*Haley Seward (Edison)	2012

5:12.51	*Melissa Ledesma (Esperanza)	2014	5:13.46	*** Madde Fox (Marina)	2013
5:12.53	* Katie Eklof (Costa Mesa)	1991	5:13.48	**Laura Dzida (Rosary)	2003
5:12.53	Kelsey Carroll (San Clemente)	2012	5:13.48	**Sedona Sweginnis (San Clemente)	2025
5:12.54	Hanna Dumaine (Esperanza)	2019	5:13.52	* Tish Williams (Laguna Hills)	1989
5:12.58	**Ashlee Gallegos (JSerra)	2020	5:13.52	**Maia Murthy (Northwood)	2025
5:12.67	Erin Griffith (Capo Valley)	2007	5:13.57	Nancy Jessen (Dana Hills)	1980
5:12.69	Kelly Dickerson (Tustin)	1999	5:13.57	Madeline McDonald (Rosary)	2014
5:12.69	*** Kayla White (Dana Hills)	2009	5:13.58	*Lora Gonzalez (Woodbridge)	2016
5:12.69	Samantha Martinez (Fountain Valley)	2022	5:13.59	*Emily Bacon (Newport)	2015
5:12.69	Abby Biber (Woodbridge)	2025	5:13.6	Jami Nourse University)	1982
5:12.7	+ Sherri Roach (Kennedy)	5:14.6y 1978	5:13.6	Bronte Colick (Capo Valley)	2011
5:12.70	Collette Lowergrub (University)	2019	5:13.65	*Kendal Marking (Newport)	2015
5:12.71	**Maribeth Buche (Esperanza)	1999	5:13.70	**Lesley Ledesma (Esperanza)	2025
5:12.79	Alyssa Cerminara-Gutcher (Woodbridge)	2012	5:13.72	Heather Hutchison (Mission Viejo)	1986
5:12.8	Jaime Canterbury (Dana Hills)	2005	5:13.73	*Lyza Yetter (San Clemente)	2022
5:12.80	*Isabella Abusaid (J Serra)	2018	5:13.73	Maya Villa (Mater Dei)	2025
5:12.83	*Sydney Rome (Yorba Linda)	2022	5:13.74	**Clara Meade (Tesoro)	2018
5:12.87	Lauren Maurer (Crean Lutheran)	2015	5:13.81	Lauren Temple (Santa Margarita)	2026
5:12.96	Cori Stemper (Foothill)	2013	5:13.82	*Bailee Margolis (Trabuco Hills)	2014
5:12.98	Kathryn Kaloroumakis (Dana Hills)	2017	5:13.83	* Kyle Oefelein (Woodbridge)	2013
5:13.0	Jordan Steiwig (Villa Park)	2014	5:13.84	**Mariana Chavez (Fountian Valley)	2014
5:13.00	*Lucina Vincent (El Dorado)	2017	5:13.86	*Aoj Hirak (Troy)	2023
5:13.00	*Marisa Gaitan (Dana Hills)	2019	5:13.9+	Sandra Katzer (Huntington Beach)	5:15.8y 1977
5:13.01	Sabrina Hermann (Trabuco Hills)	2015	5:13.9	Kylie Hunsaker (San Clemente)	2008
5:13.02	**Samantha Danaher (El Toro)	2025	5:13.91	*Stefanie Y Ortega (Seegerstrom)	2015
5:13.05	Aubrey Jones (Aliso Niguel)	2026	5:13.93	Dakota Danaher (El Toro)	2025
5:13.06	Madison Huffman (San Clemente)	2013	5:13.97	**Marisa Gaitan (Dana Hills)	2018
5:13.08	*Ashley Geisler (J Serra)	2014	5:14.00	**Kendall Billingsley (Misson Viejo)	1999
5:13.08	Valerie Noria (Mater Dei)	2025	5:14.01	Marissa Nickles (Fountain Valley)	2012
5:13.09c	Aubrey Carr (Dana Hills)	2013	5:14.03	* Kristen Green (Huntington Beach)	1998
5:13.10	***Hannah Hunsaker (JSerra)	2011	5:14.1	Bowles (?)	2005
5:13.10	* Amanda Stark (Fountain Valley)	2013	5:14.19	**Maya Buchwald (Corona del Mar)	2019
5:13.10	*Carly Schuerger (Aliso Niguel)	2019	5:14.2	*Debbie Lloyd (Foothill)	1983
5:13.12	**Makenna Duda (Trabuco Hills)	2015	5:14.2	* Jenni Scott (Tustin)	1983
5:13.13	*Natalie Regalado (Trabuco Hills)	2017	5:14.24	Jeanette Zambrano (Bolsa Grande)	2015
5:13.14	Cynthia Mendez (Savanna)	2004	5:14.26	*** Charisma Byrd (Rosary)	2013
5:13.15`	**Madelyn Rakhsani (Edison)	2025	5:14.26	Ashley Faller (Fountain Valley)	2019
5:13.17	* Claire Rainey (Los Alamitos)	2013	5:14.27	Laura Peck (Woodbridge)	1989
5:13.19	*Hannah Stemper (Foothill)	2014	5:14.28	Megan Geyer (Dana Hills)	2012
5:13.20	*Maya Villa (Mater Dei)	2024	5:14.3	Wolfe (Costa Mesa)	1982
5:13.23	Kaitlyn Carmichael (University)	2024	5:14.31	Wendy Petersen (Laguna Beach)	1987
5:13.24	***Alyssa Bautista (Capo Valley)	2015	5:14.39	Mireya Hardman (J Serra)	2026
5:13.24	Olivia Velasco (Los Alamitos)	2017	5:14.42	Kristin Carney (Foothill)	1985
5:13.25	**Julie Cooper (El Dorado)	1984	5:14.43	Sapna Dholakia (Esperanza)	2017
5:13.30	**Camille Perkins (Dana Hills)	2014	5:14.46	** Carmille Garcia (Fountain Valley)	2009
5:13.30	*Cooper Murphy (Dana Hills)	2023	5:14.46	*Natalie Wilson (Mater Dei)	2011
5:13.31	*Sally Silengo (Kennedy)	2019	5:14.46	**Anneliese Watrous (El Dorado)	2025
5:13.32	Jacquie Adams (Foothill)	2013	5:14.5	Liz Holland (Corona del Mar)	1987
5:13.38	*Kristin Chadez (Esperanza)	1999	5:14.51	Katie Carroll (San Clemente)	2015
5:13.38	**Britney Webster (Capo Valley)	2001	5:14.51	**Elizabeth Dahl (Woodbridge)	2015
5:13.38	Makenna Henkhaus (Troy)	2023	5:14.54	Jessica Chadwick (El Toro)	2009
5:13.4	** Julie Morris (Costa Mesa)	1983	5:14.55	**Bailey Watts (Trabuco Hills)	2018
5:13.4	**Aubrey Carr (Dana Hills)	2011	5:14.57	Ariel Williams (Brea)	2017
5:13.43	* Kelly Caulfield (Pacifica)	2009	5:14.6	Cindy Stoughton (Corona del Mar)	1981
5:13.43	Lorraine Fernandez (Valencia)	2014	5:14.6	***Bree Frigo (El Toro)	1992
5:13.43	*Cameron Murphy (J Serra)	2022	5:14.62	**Ella Boyer (Esperanza)	2022

5:14.65	**Nicole Scheid (Mission Viejo)	2002
5:14.66	Pazton Cota (Dana Hills)	2011
5:14.66	** Kalie Demerjian (El Toro)	2013
5:14.70	*** Lauren Jacob (Los Alamitos)	2013
5:14.77	Hallie Muniz (Los Alamitos)	2021
5:14.81	Taylor Slouka (El Toro)	2019
5:14.84	**Kelly Wacker (Mater Dei)	2015
5:14.87	**Laura Chapel (Irvine)	1984
5:14.88	Laura Doering (Villa Park)	1989
5:14.88	Kasey Lynd (El Toro)	2019
5:14.89	*Camila Abarca (Aliso Niguel)	2025
5:14.98	**Alyssa White (Dana Hills)	2014
5:14.99	Christine Eckstaedt (El Modena)	2000
5:14.99	**Sophie Tonks (J Serra)	2025

One Mile

4:35.24	Polly Plummer (University)	1982
4:40.25	Amanda Gehrich (Tesoro)	2015
4:41.57	Annie St Geme (CDM))	2006
4:42.0	***Mary Decker (Orange) (Portola Jr)	1973
4:49.22	*Haley Herberg (Capo Valley)	2017
4:50.13	Brooke O'Brien (J Serra)	2022
4:57.96	Katie Camarena (San Juan Hills)	2016
4:50.7	**Sharon Hulse (Edison)	1978
5:52.17	***Maya Pawlowicz (J Serra)	2026
4:52.5	Kathy Mintie (Rosary)	1978
4:53.27	Ashlee Gallegos (J Serra)	2022
4:53.79	Isabella Frisone (Canyon)	2022
5:54.04	*Reese Holley (J Serra)	2022
4:54.50	Monserrat Santillan Silva (Century)	2026
4:55.52	Cassie Durgy (Huntington Beach)	2016
4:55.54	Emily Taylor (Marina)	2012
4:56.85	**Emma Alba (Beckman)	2026
4:58.39	Anastasia Snodgrass (J Serra)	2022

3000 meters

9:30.3	Polly Plumer (University)	1982
9:40.8'	Courtney Pugmire (Esperanza)	1995
9:42.2'	Annie St Geme (Corona del Mar)	2006
9:42.56	Holly Barker (Trabuco Hills)	2025
9:49.4	Kathy Mintie (Rosary)	1978
9:49.5	** Carrie Garritson (Sunny Hills)	1992
9:49.8'	Shannon Stryker (Tustin)	1982
9:53.8'	** Teresa Barrios (University)	1982
9:56.2'	* Whitney Blue (Newport)	2005
9:58.9'	** Shelby Buckley (Corona del Mar)	2006
9:59.3'	** Allyson Marquand (University)	1997
10:00.9'	Buffy Rabbitt (Newport)	1986
10:01.5'	** Amber Parkinson (Orange Lutheran)	1991
10:02.4'	* Sara Cummings (Corona del Mar)	2006
10:04.7'	** Christine Babcock (Woodbridge)	2006
10:05.2	* Sharon Hulse (Edison)	1979
10:07.0'	** Elizabeth Coe (Fountain Valley)	2006
10:07.2'	Jenni Scott (Tustin)	1984
10:07.9	***Kathy Kiernan (Los Amigos)	1979

10:08.0	Laura McCracken (Westminster)	1983
10:09.5'	*Martha Pinto (Katella)	1990
10:11.0	Rhonda Craig (Cypress)	1979
10:11.8'	*** Julie Allen Fountain Valley)	1999
10:12.4'	* Rocio Pelayo (Bolsa Grande)	2006
10:12.5	Nicole Ritchot (Edison)	1984
10:12.7'	* Tanya Brix (University)	1990
10:12.8	*** Hillary Hayes (Edison)	2006
10:13.22	Jennifer Abraham (Foothill)	1983
10:13.6'	***Kelly Campbell (Corona del Mar)	1993
10:13.9'	*Tracy Wright (Irvine)	1985
10:14.5'	* Kim Nelson (Canyon)	1993
10:15.1'	** Elyse Homberger (Edison)	1993
10:15.50	*Melisse Enyawe (Corona del Mar)	2023
10:15.91	***Isabella Wroblewski (Yorba Linda)	2025
10:16.3'	Elizabeth Alexander (Tustin)	1993
10:19.1	Sita Jones (La Habra)	1988
10:19.3'	* Nancy Dollar (San Clemente)	1994
10:19.6	** Carrie Caulkins (Esperanza)	1993
10:19.88	***Kay Nekota (Woodbridge)	1991
10:21.1'	Heather Killeen (Valencia)	1991
10:21.2'	Tracy Clark (Corona del Mar)	1995
10:21.26	*Allura Markow (Dana Hills)	2022
10:21.8	Sherri Roach (Kennedy)	1978
10:22.31	**Anni Watrous (El Dorado)	2025
10:22.8'	* Angie Winkler (Fountain Valley)	1995
10:23.6	** Trudy Gardner (Magnolia)	1980
10:23.7	Maricelle Benavides (SA Valley)	1988
10:24.0'	** Amber Steen (Newport)	1999
10:24.17	***Kaylah Tasser (J Serra)	2023
10:24.8	Leslie Cashion (Corona del Mar)	1988
10:24.8'	Elly Estrada (Santa Ana Valley)	1995
10:24.98	Meghan Mayes (Capo Valley)	1994
10:25.0	* Jessie Babcock (Woodbridge)	2005
10:25.10	Sophia Ditty (Newport)	2008
10:25.3'	*** Heather Garritson (Buena Park)	1995
10:25.4	Alicia Kirkhorn (Edison)	1978
10:26.04	** Donna Fleagle (Tustin)	1983
10:26.7	Cathy Peck (Woodbridge)	1990
10:27.6	* Magi Henson (Newport)	1985
10:28.9	Tasmin Valdez (Esperanza)	1983
10:29.55	Rocio Pelayo (Bolsa Grande)	2007
10:29.6	Debbie Lies (Loara)	1984
10:30.0	*** Kirstin Harkins (La Quinta)	1981
10:30.6	Susan Armentrout (University)	1983
10:30.90	* Katie Eklof (Costa Mesa)	1991
10:32.3	Kirsten Quigely (Dana Hills)	1988
10:32.3'	Crystal Reed (Fountain Valley)	2006
10:35.12	Jessica Marquardt (Orange Lutheran)	2011
10:35.62	** Terri Smythers (San Clemente)	1989
10:36.0	Maria Mendoza (Santa Ana)	1988
10:36.20	* Natalie Adam (Huntington Beach)	1989
10:36.5	Lynne Hagan (Mater Dei)	1988
10:36.8	Tami Harberth (Esperanza)	1985
10:36.83	* Desiree Alexander (Newport)	2008

3200 Meters

9:54.89 Bethan Knights (Northwood)	2014	10:39.17 ** Allyson Marquand (University)	1997
(State Champion)		10:39.39 ***Amanda Honn (Huntington B)	2011
10:02.52 *Holly Barker (Trabuco Hills)	2024	10:39.90 Kylie Nishisaka (Marina)	2013
(State Third Place -'25)	2025	10:40.46 Kendall Saeger (Santa Margarita)	2021
10:04.03 Christina Babcock (Woodbridge)	2008	10:41.62 Hanna Hall (Foothill)	2018
10:09.54 Hailey Herberg (Capo Valley)	2018	10:42.62 **Carly Corsinita (Capo Valley)	2018
10:10.51 Laura Hollander (Marina)	2012	10:41.71 * Jessie Babcock (Woodbridge)	2005
10:14.48 Courtney Pugmire (Esperanza)	1995	10:41.98 *Alana Jones (Laguna Hills)	2012
10:14.45 Summer Wilson (Irvine)	2026	10:42.16 Buffy Rabbitt (Newport)	1986
10:15.84**Summer Wilson (J Serra)	2024	10:42.29 Lori Hoffman (Trabuco Hills)	2009
10:15.89 Annie St Geme (Corona del Mar)	2006	10:42.31 Sophie Gilfolile (Trabuco Hills)	2025
10:16.83 Alex Dunne (San Clemente)	2009	10:42.50 *Sabrina Hermann (Trabuco Hills)	2014
10:20.46 ***Sydney Rubio (Huntington B)	2024	10:42.51 * Martha Pinto (Katella)	1990
10:21.67 Katie Izzo (Los Alamitos)	2015	10:42.55 **Carol Dye (San Juan Hills)	2025
10:22.90 *Makenzie McRae (Huntington B)	2023	10:43.05 ** Elizabeth Coe (Fountain Valley)	2006
10:23.59 Sierra Vega (Foothill)	2010	10:43.45 *Melisse Enyawee (Corona del Mar)	2023
10:23.96 *Amanda Gehrich (Tesoro)	2015	10:43.96 Cassidy Towner (El Dorado)	2014
10:24.41 Sara Leonard (Canyon)	2018	10:44.00 ** Heather Garritson (Buena Park)	1996
10:24.62 Erika Adler (Northwood)	2017	10:44.09 * Megan Meyer (Tesoro)	2008
10:25.17+ Sarah Cummings (CDM) 10:28.82y	2007	10:44.50 *Bethany Nickless (Fountian Valle)	2002
10:25.67 Marisa Cummings (CDM)	2010	10:44.59 Ashley Licata (Capo Valley)	2016
10:26.58 ***Evangeline Williams (Trabuco Hills)	2025	10:44.82 ***Makena Oliva (Canyon)	2021
10:27.36 Monserrat Santillan (Century)	2026	10:44.94 ***Emma Hadley (Canyon)	2019
10:26.45 Amber Steen (Newport)	2001	10:44.95 *Patience Unger (Foothill)	1981
10:28.20 ** Carrie Garritson (Sunny Hills)	1992	10:45.10 Lori Mann (Santa Margarita)	2001
10:28.37 *Emily Richards (Aliso Niguel)	2021	10:45.26 **Anna Desormeau (Trabuco Hills)	2024
10:28.55 *Hana Catsimanes (San Clemente)	2019	10:45.39 **Sophie Polay (Santa Margarita)	2023
10:28.60 Nicole Zielinski (Canyon)	2016	10:45.49 *** Nancy Dollar (San Clemente)	1992
10:28.76 *Keaton Robar (Newport)	2024	10:45.99 Marissa Bartello (Laguna Hills)	2015
10:28.79 Hillary Hayes (Edison)	2009	10:46.10 ***Brooklyn Tennant (J Serra)	2026
10:29.03 ** Teresa Barrios (University)	1982	10:46.17 Claire Hipszer (University)	2026
10:29.12 Olivia Foody (Aliso Niguel)	2024	10:46.30 **Julie Allen (Fountain Valley)	2000
10:29.28 *Kelli Hines (Mission Viejo)	2018	10:46.31 Heather Balbier (Dana Hills)	2009
10:29.42 Shannon Stryker (Tustin)	1982	10:46.33 Annie Ivarsson (Dana Hills)	2025
10:29.47 *Marley McCullough (Newport)	2024	10:46.45 *Sedona Sweginnis (San Clemente)	2026
10:29.63 *Carly Corsinta (Capo Valley)	2019	10:46.86 **Gweneth Williams (El Toro)	2025
10:30.01 Millie Bayles (Trabuco Hills())	2026	10:46.99 *** Shelby Buckley (Rosary)	2005
10:31.15 *Paige Tennison (Newport)	2012	10:47.42 ** Grace Schafer (Capo Valley)	2013
10:33.08 Melissa Eisele (San Clemente)	2014	10:47.66 Danica Brinkman (Trabuco Hills)	2023
10:33.31 Hannah Tobin (El Toro)	2017	10:47.74 **Mackenzie Forrest (Tesoro)	2024
10:33.43 Julia Sienski (Edison)	2015	10:47.82 Jenni Scott (Tustin)	1984
10:33.55 ***Danica Wyson (Alison Niguel)	2009	10:47.83 Rebecca Deitch (Capo Valley)	2015
10:33.95 Julie Allen (Corona del Mar)	2002	10:47.98 Allison Costello (Esperanza)	2003
10:34.20 ***Brynn Garcia (J Serra)	2023	10:48.13 *Kim Nelson (Canyon)	1993
10:34.82 ** Shelby Buckley (Corona del Mar)	2006	10:48.14* Maria Hernandez (Santa Ana)	2019
10:35.16 *Annabella Villanueva (Fountain Valley)	1980	10:48.29 ** Claire Feit (Mater Dei)	1982
10:35.34 *Amber Dazy (Tesoro)	2025	10:48.33 * Crystal Reed (Fountain Valley)	2006
10:35.6+ *Whitney Blue (Newport)10:38.35y	2005	10:48.33 Jeanette Zambrano (Bolsa Grande)	2015
10:36.16 Alaina Alvarez (Dana Hills)	2011	10:48.52 **Lilly Schroeder (El Toro)	2026
10:36.61 Melanie Powers (Corona del Mar)	2010	10:48.80 Kim DeVitis (Edison)	1982
10:37.16 *Taryn Coulston (Santa Margarita)	2026	10:48.98 * Tracy Wright (Irvine)	1985
10:37.29 **Staci Foster (Orange Lutheran)	2009	10:49.00 *Brynn Garcia (J Serra)	2024
10:37.65 ***Isabella Frisone (Canyon)	2019	10:49.00 Kelsey Carroll (San Clemente)	2015
10:38.10 Monica Rothenburger (Dana Hills)	2004	10:49.05 **Kathryn Kaloroumakis (Dana Hills)	2015
10:38.80 ** Amber Parkinson (Orange Lu)	1991	10:49.16 Nicci Corbin (Tesoro)	2011
		10:49.16 Eileen Stressling (Marina)	2014

10:49.17	** Tanya Brix (University)	1990	10:56.94	Cassandra Smith (Trabuco Hills)	2012
10:49.4+	Jennifer Abraham (Foothill)10:53.1y	1983	10:57.0	*Leslie White (Lowell)	1980
10:49.19	*Alahna Thomas (Santa Margarita)	2025	10:57.1	Becky Miske (El Toro)	1998
10:49.47	Vanessa Hancock (Brea)	2008	10:57.3	*Maggie Henson (Newport)	1985
10:49.90	*Nicole Evans (Woodbridge)	2011	10:57.33	Elizabeth Alexander (Tustin)	1993
10:49.92	***Kaylah Tasser (J Serra)	2023	10:57.37	Ava Jones (La Habra)	2002
10:50.03	* Erica Pearson (Newport)	2008	10:57.45	Kat Piantka (San Clemente)	2026
10:50.13	*Bailee Margolis (Trabuco Hills)	2014	10:57.62	*Whitney Valenti (Brea)	2019
10:50.19	**Isabella Wroblewski (Yorba Linda)	2025	10:57.77	**Kendra Corey (Sunny Hills)	2015
10:50.28	Jessica Cushing-Murray (Foothill)	2014	10:57.86	*Diane Molina (CostaMesa)	2019
10:50.29	***Sami Murphy (Northwood)	2014	10:57.89	**Skylar Watt (Trabuco Hills)	2024
10:50.5	*Sharon Hulse (Edison)	1979	10:57.99	**Kellian Hunt (Whittier Chr)	2010
10:50.50	Ann Helm (Laguna Hills)	1984	10:58.55	Sarah Paddon (St Margaret's)	2011
10:50.59	Nadia Tabrizi (J Serra)	2019	10:58.55	*Hana Catsimanes (San Clemente)	2019
10:50.75	Bronte Golick (Capo Valley)	2011	10:58.79	** Donna Fleagle (Tustin)	1983
10:50.8+	Sherri Roach (Kennedy 10:54.6y	1978	10:58.8	**Kelly Roda (Irvine)	1991
10:50.88	*Allura Markow (Dana Hills)	2022	10:58.92	**Jacquie Adams (Foothill)	2011
10:51.1+	Stacy Kneeshaw (Foothill) 10:54.8y	1980	10:58.98	*Alexis Neuville (El Toro)	2019
10:51.17	Camila Turati (El Toro)	2014	10:59.01	*Emily Scharmann (Tesoro)	2012
10:51.19	Sophia Ditty (Newport)	2008	10:59.07	Marilyn Nichols (El Dorado)	1981
10:51.28	*** Kelly Campbell (Corona del Mar)	1993	10:59.08	*Raquel Powers (Corona del Mar)	2016
10:51.33	**Bella Longo (Mission Viejo)	2019	10:59.11	Sabrina Herrmann (Trabuco Hills)	2015
10:51.4 +	** Polly Plumer (University)10:55.2y	1980	10:59.21	**Jenny Sears (Mater Del)	2000
10:51.65	* Anne Gustafsson (Brea)	2003	10:59.22	**Shannon Mackellar (Esperanza)	2015
10:51.76	Ashlee Powers (Corona del Mar)	2012	10:59.22	Abby Biber (Woodbridge)	2024
10:51.84	*Amber Bragdon (Fountain V)	2013	10:59.34	Abigail Feldman (Mater Dei)	2026
10:52.88	Samantha Rocke (Esperanza)	2019	10:59.47	Laura Bilder (Corona del Mar)	2009
10:52.17	**Emma Alba (Beckman)	2026	10:59.51	Kalie Demerjian (El Toro)	2015
10:52.97	Emma Hadley (Canyon)	2022	10:59.52	Sydney Szabo (San Clemente)	2014
10:53.25	*Rocio Pelayo (Bolsa Grande)	2006	10:59.62	*Ashley Messineo (El Toro)	2017
10:53.41	Katie Hansen (San Juan Hills)	2016	10:59.64	**Sophue Gujilfoile (Portola)	2023
10:53.74	*** Sheridan Gomez (Dana Hills)	2009	10:59.67	***Kathryn Bishop (Trabuco Hills)	2011
10:53.86	**Sydney Rubio (Huntington Beach)	2025	10:59.67	Wendy Leos (Western)	2017
10:54.11	Quinci Lott (Dana Hills)	2024	10:59.81	Bailee Margolis (Trabuco Hills)	2015
10:54.12	Chandler Horton (San Clemente)	2018	11:00.25	*Natasha Strickland (Laguna Beach)	2011
10:54.2+	Rhonda Craig (Cypress) 10:58.0y	1979	11:00.36	Katherine Nielsen (Irvine)	2007
10:54.20	Kristin Arkin (Trabuco Hills)	2008	11:00.49	Kristen Berglas (Woodbridge)	2003
10:54.27	Kelli Hines (Mission Viejo)	2019	11:00.77	*Hannah Nour se (Laguna Hills)	2026
10:54.55	Angie Winkler (Fountain Valley)	1996	11:00.81	** Brooke Thomas (Laguna Hills)	1997
10:54.58	** Elyse Homberger (Edison)	1993	11:00.82	Elizabeth Stetina (Sonora)	2022
10:55.23	**Marley McCullough (Newport)	2023	11:00.05	Sienna Serrao (Dana Hills)	2016
10:55.6+	Mari Gibbs (Marina) 10:59.4y	1977	11:00.6 +	***Kathy Kiernan (Los A) 11:04.5y	1980
10:55.61	Melissa Mead (Newport)	2007	11:00.87	Paige Canterbury (Dana Hills)	2013
10:55.70	*Sophie Guilfoile (Portola))	2024	11:00.99	Jessica Marquardt (Orange Lutheran)	2011
10:55.88	**Sarah Paino (Canyon)	2019	11:01.11	Erica Pearson (Newport)	2009
10:56.10	**Ava Crocker (El Toro)	2026	11:01.20	Rosalva Bonilla (Los Amigos)	1981
10:56.17	***Lauren Mauer (Crean)	2012	11:01.34	**Raquel Powers (Corona del Mar)	2015
10:56.18	** Maryann Pynchon (Edison)	2001	11:01.35	*Claire Kim (Sunny Hills)	2003
10:56.20	Laura McCracken (Westminster)	1983	11:01.38	Annie Ivarsson (Dana Hills)	2022
10:56.3	**Katie Hansen (San Juan Hills)	2017	11:01.40	Erin Griffith (Capo Valley)	2007
10:56.5+	Deborah Chaddock (Los Al) 11:00.3y	1979	11:01.48	*Sapna Dholakia (Esperanza)	2016
10:56.50	**Olivia Goins (Canyon)	2011	11:01.8	Tracy Clark (Corona del Mar)	1995
10:56.52	Claire Selleck (Laguna Hills)	2019	11:01.87	Heather Killeen (Valencia)	1991
10:56.58	Molly Babcock (Woodbridge)	2012	11:01.87	Pearl Shoemaker (Laguna Beach)	2015
10:56.63	Allie Rigby (Foothill)	2010	11:01.94	Briar Brumley (Tesoro)	2015
10:56.77	Katie Camarena (San Juan Hills)	2016	11:01.96	Ariane Gushue (Foothill)	2011

11:02.19	*Hayden Kroger (J Serra)	2026	11:08.17	Madison Tanner (Canyon)	2011
11:02.27	**Makena Oliva (Canyon)	2022	11:08.20	Joy Weber (Beckman)	2023
11:02.52	** Emily Goldstein (El Toro)	2008	11:08.38	* Dominique Regalado (Trabuco Hills)	2013
11:02.65	*Sue Armentrout (University)	1981	11:08.47	Elly Estrada (Santa Ana Valley)	1995
11:02.75	**Maria Hernandez (Santa Ana)	2018	11:08.5+	Amy Cox (Foothill) 11:12.0y	1984
11:02.76	*Lora Gonzalez (Woodbridge)	2016	11:08.67	* Shalice Pugmire (Esperanza)	2001
11:02.86	*** Jordan Stiewig (Villa Park)	2013	11:08.68	Leila Keyvan (Dana Hills)	2019
11:03.07	** Alicia McFall (Newport)	1997	11:08.95*	Keira Potter (Canyon)	2022
11:03.13	Mia Bergman (Beckman)	2021	11:09.12	***Arely Sanchez (Santa Ana)	2026
11:03.18	Jocelyn Alba (Beckman)	2025	11:09.08*	Brianna Bartello (Laguna Hills)	2014
11:03.27	Keena Kohl (Esperanza)	2008	11:09.15	*Haley Seward (Edison)	2012
11:03.4	Sita Jones (La Habra)	1988	11:09.27	** Tracy Clark (Corona del Mar)	1993
11:03.54	**Lucina Vincent (El Dorado)	2016	11:09.3	Haley Niles (Trabuco Hills)	2009
11:03.60	**Stephanie Ortega (Seegerstrom)	2014	11:09.32	Julia Rigby (Foothill)	2008
11:03.87	Catherine McGettigan (Tesoro)	2017	11:09.39	Melanie Falkowski (Laguna Beach)	2022
11:03.89	**Emily Bacon (Newport)	2014	11:09.4	Danielle Gergley (Woodbridge)	2004
11:03.95	*Taylor Ball (San Clemente)	2026	11:09.48	***Julia Van Marter (Canyon)	2012
11:04.15	Arianna Seliz (Esperanza)	2008	11:09.52	Kathryn Carroll (SanClemente)	2015
11:04.19	Emily Scharmann (Tesoro)	2013	11:09.58	** Courtney Kostrikin (Edison)	2005
11:04.49	**Carrie Caulkins (Esperanza)	1993	11:09.58	Kaitlyn Smith (San Clemente)	2010
11:04.50	*Elizabeth Stetina (Sonora)	2021	11:09.67	* Hayley Niles (Trabuco Hills)	2008
11:04.54	Kristy Koenes (Canyon)	2009	11:09.97	**Emma Siok (Huntington Beach)	2024
11:04.93*	Audrey Heath (Capo Valley)	2025	11:10.31*	Anastasia Snodgrass (J Serra)	2022
11:05.00*	Stephanie Torres (Cypress)	2003	11:10.83	*Sara Digiovanni (Mater Dei)	2012
11:05.09	Leslie Cashion (Corona del Mar)	1988	11:10.10	***Paxton Cota (Dana Hills)	2008
11:05.27***	Laura Strachan (Foothill)	1999	11:10.22	Colby Lindholm (JSerra)	2012
11"05.53***	Lilly Schroder (El Toro)	2025	11:10.32	Katie Nuanes (Santa Margarita)	1997
11:05.57*	Taylor Romine (El Toro)	2012	11:10.4	* Ashley Sutor (Dana Hills)	2004
11:05.62	***Quinn Turner (Mission Viejo)	2026	11:10.55	Audrey Heath (Capo Valley)	2026
11:05.83***	Clara Meade (Tesoro)	2017	11:10.57	** Misha Wilson (University)	1995
11:06.01	Tasmin Valdez (Esperanza)	1983	11:10.60	Mackenzie Forrest (Tesoro)	2025
11:06.04	Justine Rea (Trabuco Hills)	2010	11:10.04	Kim Robinson (Newport)	1990
11:06.07**	Isabel Glassen (Newport)	2019	11:10.0	Sherri Smith (Woodbridge)	1986
11:06.14**	Kellee Miller (Tustin)	1982	11:10.05	*Katie Eklof (Costa Mesa)	1991
11:06.21	*Laura Beresford (Dana Hills)	2010	11:10.8	Barbara Kozlowski (Irvine)	1988
11:06.22	Olivia Reed (Yorba Linda)	2025	11:10.94	Lynne Hagan (Mater Dei)	1988
11:06.41	**Natasha Strickland (Laguna Beach)	2010	11:11.06	* Mikaela Garduno (Foothill)	2013
11:06.5+	Barb Ludovise (Corona del Mar)	11:10.3y1980	11:11.23	Emily Haigh (Foothill)	2002
11:06.60***	Kay Nekota (Woodbridge)	1991	11:11.24	Stevie Holguin (Los Alamitos)	2025
11:06.62*	Desiree Alexander (Newport)	2008	11:11.28	**Mia Bergman (Sonora)	2019
11:06.7+	* Joelín Fisher (Costa Mesa)	11:10.5y 1979	11:11.49	Madeleine Heller (Capo Valley)	2021
11:06.89	Kawey Lynd (El Toro)	2019	11:11.71	Nicole Giove (Fountain Valley)	2008
11:06.92	Akyssa Bautista (Capo Valley)	2018	11:11.91	**Natatha Gunther (Dana Hills)	2010
11:07.14	Collette Lowengrub (University)	2021	11:11.94	*Hannah Bell (Esperanza)	2011
11:07.17+	Janice Kelley (Canyon)	11:11.07y 1978	11:12.26	Tori Yanco (JSerra)	2015
11:07.21	Giselle Rubio (Laguna Hills)	2024	11:12.17	Evie Cant (Laguna Beach)	2018
11:07.22	***Maggie Goodson (Newport)	2010	11:12.32	Erica Sahl (Villa Park)	2004
11:07.25	*Bella Goode (Foothill)	2018	11:12.41	Makenna Smith (Trabuco Hills)	2010
11:07.29	*Stacy Kim (Sunny Hills)	2003	11:12.42	Catherine Salazar (Trabuco Hills)	2019
11:07.61	* Sue Sharr (Mission Viejo)	1981	11:12.49	Megan Petkovic (Pacifica)	2008
11:07.67	Jen Blair (Corona del Mar)	1998	11:12.55	**Nicole Evans (Woodbridge)	2010
11:07.89	Abby Biber (Woodbridge)	2025	11:12.56	Lucy Varela (El Toro)	2025
11:07.7	*** Bree Frigo (El Toro)	1992	11:12.64	Kellian Hunt (Whittier Chr.)	2012
11:07.72	** Terri Smythers (San Clemente)	1989	11:12.70	*Bailey Watts (Trabuco Hills)	2019
11:07.79	* Mary Moore (Woodbridge)	1997	11:12.72	***Julia Van Marter (Canyon)	2012
11:07.97	** Lauren Maurer (Crean Lutheran)	2013	11:13.02	Vanessa Kelly (Marina)	2001

11:13.04	Nicole Evans (Woodbridge)	2011	11:15.8+	Dale Sprink (University)	11:19.7y	1979
11:13.0	Nicole Reeves (Esperanza)	2022	11:15.89	*** Nicole Scheid (Mission Viejo)		2001
11:13.11	Gabrielle Yatauro (Edison)	2014	11:15.91	Elle Pace (El Modena)		2010
11:13.2	* Camila Turati (El Toro)	2013	11:15.99	Lauren Landrith (Orange Lutheran)		2022
11:13.3	Andrea Aguilar (Mater Dei)	2006	11:16.01	**Christina Wright (Dana Hills)		2014
11:13.38	**Molly Mann (San Clemente)	2010	11:16.08	***Sierra Haren (J Serra)		2026
11:13.4	Wendy Petersen (Laguna Beach)	1987	11:16.11	Nisha Richardson (Canyon)		2006
11:13.51	* Maureen Quinn (Dana Hills)	1983	11:16.17	Sapna Dholakia (Esperanza)		2017
11:13.63	*** Allison Damon (Corona del Mar)	2005	11:16.22	** Kelsey Carroll (San Clemente)		2013
11:13.64	Katie Durant (Marina)	2008	11:16.28	** Karine Parry (Aliso Niguel)		2002
11:13.66	Nicole Slyhous (Corona del Mar)	2007	11:16.3+	** Erika Lacrosse (Costa Mesa)	11:21.3y	1980
11:13.69**	Gianna Velasquez (El Toro)	2008	11:16.3	Taryn Lawson (Ocean View)		1995
11:13.78	Shelby Stegall (Foothill)	2010	11:16.39	Danielle Oden (Esperanza)		2014
11:13.8	** Tiffany Anderson (Newport)	1985	11:16.55	McKenna Rinke (Laguna Hills)		2017
11:13.81	*Dakota Danaher (El Toro)	2024	11:16.6+	***Heather Hutchinson (MV) V)	11:20.5y	1983
11:13.85	Roselynda Garcia (Kennedy)	1987	11:16.69	* Katie Strachan (Foothill)		2002
11:13.88	Christine Eckstaedt (El Modena)	2000	11:16.8+	** Paula Jones (CDM)	11:20.7y	1979
11:13.89	*Emily Bacon (Newport)	2015	11:16.83	**Anna Attard (Marina)		2002
11:13.89	Ashley Faller (Fountain Valley)	2019	11:16.9	Maura Daley (Mission Viejo)		1985
11:13.97	** Liz Huipe (Estancia)	1999	11:16.9	Jamie Canterbury (Dana Hills)		2005
11:14.04	**Emily Scharmann (Tesoro)	2011	11:16.95	**Lisa Massoth (Esperanza)		1997
11:14.04	**Marisa Purcell (Northwood)	2011	11:16.9	Danielle Guerin (Dana Hills)		2007
11:14.08	** Christine Bjelland (Costa Mesa)	2002	11:16.98	Bekah Bahra (Orange Lutheran)		2011
11:14.1	Ali Palmer (San Clemente)	2011	11:16.99	*Katherine Gallaher (Esperanza)		2014
11:14.15	**Elyser Estrada (SA Valley)	1993	11:17.0	Jess Lesser (Woodbridge)		2014
11:14.21	Mia Matsunami (Newport)	2019	11:17.04	Claire Stuvland (Trabuco Hills)		2023
11:14.3	Meghan Mayes (Capo Valley)	1994	11:17.20	**Elizabeth Kubis (Mission Viejo)		1985
11:14.39	Nicole Meyer (Orange Lutheran)	2021	11:17.21	* Amanda Stark (Fountain Valley)		2013
11:14.44	Avery Dorff (Edison)	2018	11:17.26	Holly Morales (Dana Hills)		2018
11:14.52	*Melisa Olgun (Edison)	2008	11:17.28	Katherine Woie (Valencia)		1987
11:14.57	** Beth Rosipajla (El Dorado)	1985	11:17.31	Kelsie Yamano (San Clemente)		2021
11:14.58	**Kara Sipiora (Mater Dei)	2026	11:17.43	Ashley Geisler (J Serra)		2015
11:14.61	Marikay Schwab (Marina)	2021	11:17.51	*Lana Atchley (Ocean View)		1991
11:14.72	Jessica Mumaugh (Santa Margarita)	2009	11:17.6	Kelly Roda (Irvine)		1993
11:14.78	Kora Johnson (Trabuco Hills)	2011	11:17.66	Rachel Sanchez (Santa Ana)		2026
11:14.78	*Sydney Rome (Yorba Linda)	2022	11:17.70	Ann Helm (Laguna Hills)		1985
11:14.8	Justine Rea (Trabuco Hills)	2009	11:17.88	* Rachel Wilson (Trabuco Hills)		2013
11:14.80	*Ashley Geisler (J Serra)	2014	11:17.88	Lindsay Guthrie (Orange Lutheran)		2024
11:14.81	Micaela O'Connell (Northwood)	2019	11:17.96	Hayden Joseph (Laguna Beach)		2025
11:14.89	**Tait Vigeland (Mater Dei)	2019	11:18.03	**Ashley Messineo (El Toro)		2016
11:14.93	*Ava Kent (Orange Lutheran)	2010	11:18.08	Joy Yasa (Tesoro)		2022
11:14.93	**Anneliese Watrous (El Dorado)	2025	11:18.09	Katie Ott (San Juan Hills)		2011
11:15.0+	Tami Darr (Mission Viejo)	11:20.0y	11:18.11	Evie Cant (Laguna Beach)		2018
11:15.00	***Collette Lowerngrub (University)	2018	11:18.19	*Stacy Carrington (Cypress)		1988
11:15.00	**Ella Boyer (Esperanza)	2022	11:18.21	**Julia Lipson (El Modena)		2010
11:15.18	Sophia Dudley (Foothill)	2022	11:18.28	Bridget O'keefe (Santa Margarita)		2008
11:15.35	Valerie Noria (Mater Dei)	2025	11:18.45	Bailey Watts (Trabuco Hills)		2020
11:15.4	Kristen Quigley (Dana Hills)	1988	11:18.5	*** Rachel Ngu (Northwood)		2008
11:15.44	*Mia Douge (Brea)	2019	11:18.54	*Janna Evans (Edison)		1992
11:15.51	Emma Silves (Foothill)	2022	11:18.58	Estella Knobbe (Beckman)		2021
11:15.6	*** Laura Doering (Mater Dei)	1986	11:18.7+	**Linda Booth (Laguna Beach)	11:12.7y	'81
11:15.62	Camille Garcia (Fountain Valley)	2011	11:18.70	***Jennifer Formosa (Edison)		1992
11:15.66	*Tiffany Costello (Tesoro)	2014	11:18.89	Alyssa Brown (Mission Viejo)		2005
11:15.75	*** Melissa Haddy (Dana Hills)	1998	11:19.0+	*Stacey Skeie (CDM)	11:22.6y	1984
11:15.77	Meghan Mainwaring (Santa Margarita)	2002	11:19.04	Mary Kenney (Valencia)		1984
11:15.77	*Cooper Murphy (Dana Hills)	2023	11:09.08	***Leslie Burton (El Modena)		1995

11:19.12	Quinn Roldan (Huntington Beach)	2022
11:19.2	**Trudy Gardner (Magnolia)	1980
11:19.26	**Katie Caya (Rosary)	2014
11:19.3	Maricelle Benavides (SA Valley)	1988
11:19.31	Desiree Alexander (Newport)	2007
11:19.35	Mayra Medina (Laguna Hills)	1993
11:19.41	Chelsea Vancott (Calvary Chapel)	2008
11:19.53	*Rachel Lida (Yorba Linda)	2015
11:19.54	Lauren Paul (Newport)	2004
11:19.57	Kortnee Burton (Brea)	2008
11:19.58	**Shey Manifian (University)	2001
11:19.6	Ximena Cruz (Trabuco Hills)	2009
11:19.61	*Kelly Rendon (Orange Lutheran)	2004
11:19.70	***Ashling Carr (Canyon)	2017
11:19.81	Ali Hummelberg (Corona del Mar)	2010
11:19.89	**Sophia Gutierrez (Orange Lutheran)	2019
11:19.99	**Melanie Powers (Corona del Mar)	2008

5,000 Meters

16:15.96	Holly Barker (Trabuco Hills)	2025
17:08.66	Nikki Zielinski (Canyon)	2016
17:44.95*	Crystal Reed (Fountain Valley)	2005
18:46.89*	Sydney Rome (Yorba Linda)	2022
18:48.21	Sarah Pfaff (La Habra)	2013
18:51.27	Nisha Richardson (Canyon)	2006
18:57.55	Melinda Rackcliffe (Fountain Valley)	2005

2000m Steeplechase

6:42.01	*Summer Wilson (Irvine)	2025
6:49.87	**Summer Wilson (J Serra)	2024
7:03.87	Marissa Bartello (Laguna Hills)	2015
7:18.70	*Sydney Johnson (Laguna Hills)	2023
7:19.96	*Hannah Nourse (Laguna Hills)	2026
7:26.62	*McKenna Rinke (Laguna Hills)	2016
7:27.15	Claire Selleck (Laguna Hills)	2019
7:30.71	**Chloe Elbaz (J Serra)	2024
7:33.12	Lauren Turner (Laguna Hills)	2019
7:46.38	*Eden Buttlar (Laguna Hills)	2015
7:52.18	*Genevieve Megow (Laguna Hills)	2022
8:03.75	Yamileth Muniz (Laguna Hills)	2014

80 yard Low Hurdles

10.7	Jan Lester (Costa Mesa)	1973
10.8	Clydine Crowder (Los Alamitos)	1973

110 yard Low Hurdles

14.4	Lisa Gourden (El Toro)	1977
14.7	Kim Attlesey (Newport)	1977

100m Low Hurdles

(30" 1977-1992)

14.00+	Lisa Gourdin (El Toro)	14.09y	1977
14.10	*Suzie Ray (Villa Park)	14.19y	1979

14.13	*Laura Mills (University)		1981
14.13	Chris Davenport (Troy)		1979
14.16	*Suzanne Kerho (Mission Viejo)		1988
14.20	Stacy Noton (Sunny Hills)		1983
14.21	Bonnie Mercer (SA Valley)		1980
14.22	*Thelma Harmon (SA Valley)		1979
14.23	*Elinor Tolson (Fountain Valley)		1992
14.25	Tracy Hanlon (Edison)		1980
14.25+	*Cheryl Glazier (El Toro)	14.1y	1977
14.26	Sharon Hatfield (Fountain Valley)		1982
14.27	Jocelyn Lee (Irvine)		1983
14.34	Danielle Reeves (Esperanza)		1988
14.42	Jocelyn Lee (Irvine)		1983
14.44	Nancy Niewlandt (Valencia)		1984
14.48	*Yleana Carrasco (Anaheim)		1985
14.51	***Elinor Tolson (La Quinta)		1990
14.57	***Katie Mook (Foothill)		1992
14.65+	Karen Attlesey (Newport)	14.5y	1977
14.66	Tracy Clark (El Toro)		1982
14.69	Heather Sterlin (Mission Viejo)		1992
14.74c	Hilary Mann (Mission Viejo)	14.5	1991
14.75+	Laura Held (Edison)	14.6y	1978
14.76	Angela Rock (El Toro)		1981
14.81	*Sara Morton (Irvine)		1983
14.82	*Dina Caffey (Esperanza)		1980
14.85+	Liz Carroll (Fountain Valley)	14.7y	1978
14.85+	Vicki Almeida (Troy)	14.7y	1979
14.87	Medra Lyons (Laguna Hills)		1984
14.87	Nikki Jackson (Esperanza)		1990
14.89	Tina Ortega (Irvine)		1986
14.91	Allison Franke (Canyon)		1989
14.94c	Caroline Chambers (SA Valley)	14.7	1982
14.94c	Shannon Bryant (Sonora)	14.7	1989
14.94	**Kelly Graton (Loara)		1988
14.95	*Julie Baker (Capo Valley)		1980
14.95	Lisa Knott (Sonora)		1992
14.96	Valerie Gritton (Woodbridge)		1987
14.98	Andrea Dean (Mission Viejo)		1992
15.00	*Kim Collins (Tustin)		1984
15.00	Kathy Kelly (Canyon)		1984
15.04	*Shannon Dean (Mission Viejo)		1991
15.06	Wendy Hale (Brea)		1980
15.08	Melody Ryan (Western)		1983
15.11	*Kell Thomson (El Toro)		1992
15.13	Lima Smith (Villa Park)		1984
15.14c	Sarah Moleski (Katella)	14.9	1980
15.14c	Sharon Attlesey (Katella)	14.9	1986
15.14c	Le Anne Margerum (Fountain Valley)	14.9	1980
15.16	*Rene Wright (Orange Lutheran)		1990
15.17	*Shundra Holland (Saddleback)		1986
15.19	*Gaylen Ames (El Modena)		1984
15.20	Laura Knight (Katella)		1982
15.21	Heather Novak (Santa Margarita)		1992
15.22	Tammy Siefert (Cypress)		1982
15.23	Kristina Lockwood (Woodbridge)		1990
15.24c	Heidi Smith (Valencia)	15.0	1991

15.24c	*Tracy Broughton (Irvine)	15.0	1991	14.35	Hope Bender (Newport)	2015
15.25+	Beth Rockliffle (Santa Ana)	15.1y	1978	14.37	Kristen Kiefer (Capo Valley)	2007
15.25	Nancy Chabot (Brea)		1990	14.41	*Lauren Collins (Santa Margarita)	2004
15.28	Erin Stansbury (Ocean View)		1989	14.44	Sharon Hatfield (Fountain Valley)	1982
15.29	Emily Thiebaud (Esperanza)		1988	14.50	Ashleigh Gunderman (Mater Dei)	2005
15.33	Jennifer Owens (San Clemente)		1988	14.51	Natalie McCarty (Newport)	2026
15.34c	Leanna Delgado (Estancia)	15.1	1980	14.52	Cavetra Mitchell (Los Alamitos)	1993
15.34c	Sharon Bruster (El Modena)	15.1	1980	14.54c	**Amanda Shanklin (Santa Marg)_ 14.3	1997
15.34c	*Susie Jacobsen (Newport)	15.1	1989	14.55	* Kelly Collins (Santa Margarita)	2007
15.34	Shelby MacKay (Dana Hills)		1990	14.56	Inshirah Jones (Esperanza)	1995
15.35	Summer Everly (El Toro)		1989	14.60	*Susie Ray (Villa Park)	1979
15.38	** Millie Potts (Loara)		1982	14.61	**Taylor Brinker (Orange Lutheran)	2026
15.39	Tiffany Feliz (Mater Dei)		1986	14.67	Charis Wondercjeck (Pacifica Christian)	2023
15.42	Ann Kissinger (Marina)		1988	14.68	Genelle Ives (Dana Hills)	2005
15.43	***Lynde Gibson (Woodbridge)		1991	14.68	* Caroline Hilley (Santa Margarita)	2013
15.44	Ursula Lovely (Kennedy)		1987	14/70	Jada Faison (Rosary)	2026
15.44c	Katie Whitfield (Dana Hills)	15.2	1983	14.71	*Julie Handy (Esperanza)	2001
15.44c	*Kelly Grand (Los Amigos)	15.2	1985	14.73	Chelsea Taylor (Mission Viejo)	2008
15.44+	Ashley Selman (Foothill)	15.3y	1988	14.74	Nyree Brown (Seegerstrom)	2018
15.47	Tamara Noggle (El Dorado)		1989	14.77	***Jade McDonald (Mater Dei)	2018
15.49	*Brenda Robinson (SA Valley)		1989	14.77	**Skyler Serrano (Beckman)	2023
15.50	**Jill Lindhart (Capo Valley)		1986	14.80	Kristen Woepse (Woodbridge)	2004
				14.70	Katie Mook (Foothill)	1995

Wind-aided:

14.04+	Chris Davenport (Troy)	14.13y	1979	14.82	* Michaela King (Dana Hills)	2013
14.08	Laura Mills (Unversity)		1981	14.82	Sydney McGill (Huntington Beach)	2026
14.08	Sharon Hatfield (Fountain Valley)		1982	14.83	**Olivia Teegarden (Mission Viejo)	2015
14.08+	*Suzie Ray (Villa Park)	14.17y	1979	14.84	Kyndol Craver (Woodbridge)	2013
14.13	Tracy Hanlon (Edison)		1980	14.85	**Erin Stovall (Woodbridge)	1995
14.20	Stacy Noton (Sunny Hills)		1983	14.85	Amanda Perez (Yorba Linda)	2019
14.27	Jocelyn Lee (Irvine)		1983	14.85	Kendall Jordan (Mater Dei)	2025
14.39	Angela Rock (El Toro)		1981	14.87	Tori Usgaard (Dana Hills)	2012
14.60	*Kim Collins (Tustin)		1985	14.89	* Grace Esslinger (Dana Hills)	2008
14.63	Ann Kissinger (Marina)		1988	14.89	Michelle Wicker (Trabuco Hills)	2010
14.79	Nikki Jackson (Esperanza)		1990	14.89	Erin Gerardo (Santa Margarita)	2017
14.95	Alison Franke (Canyon)		1988	14.90	Hannah Duarte (Mission Viejo)	2016
14.95	Emily Thiebaud (Esperanza)		1988	14.93	Amanda Herrington (Edison)	2017
14.97	**Heather Novak (Santa Margarita)		1992	14.94	Jessica Bragg (El Toro)	2009
15.23	Ashley Selman (Foothill)		1988	14.96	Michelle Urabe (Mater Dei)	2010
15.23	Brenda Robinson (Newport)		1990	14.98	Jordan Agnew (Los Alamitos)	2013
15.27	Sher Dufur (Canyon)		1981	14.98	Hailey Ray (Dana Hills)	2019
15.30	Chris Tucker (Irvine)		1981	14.98	**Alene Washington (Los Alamitos)	2023
15.31	Jennifer Owens (San Clemente)		1988	14.98	***Ava Palmer (Mission Viejo)	2026
15.34	Susie Jacobson (Newport)		1990	14.98	*Analia Galindo (Mission Viejo)	2026
15.44	Karen Rish (Marina)		1986	15.02	*Marie Philman (Edison)	1995
				15.02	Amanda Fleskoski (Mission Viejo)	2000
				15.03	*Amanda Shanklin (Santa Margarita)	1998
				15.03	*Kelsey Schuler (Katella)	2006
				15.04c	Heather Sterlin (Mission Viejo)	14.8 1992
				15.04c	*Kerry O'Bric (Edison)	14.8 1995
				15.04c	*Rachael Ziemann (Edison)	14.8 2001
				15.04	Becky Marshburn (Dana Hills)	2005
				15.04	*Isabella Ales (Troy)	2019
				15.05	**Marley Young (Trabuco Hills)	2026
				15.06	Sophia Menchine (Edison)	2023
				15.08	Lindsay Wells (Mater Dei)	2000
				15.08	*Jasmine Webb (Buena Park)	2004

100 meter Hurdles (33")

13.82	*Ashley Bethel (Mission Viejo)		1997			
13.87	**Dana Bethel (Mission Viejo)		1999			
13.93	Nikki Merritt (Santa Margarita)		2019			
14.12	Natalie Roy (Mission Viejo)		2007			
14.19	Emma Radan (Mater Dei)		2014			
14.20	Kimmie Conner (Dana Hills)		2010			
14.28	Emma Kratzberg (Newport)		2016			
14.34	*Alexis Turley-Young (Canyon)		2015			
14.35	*Monica Todd (Trabuco Hills)		2010			

15.10	**Heather Gibson (Orange Lutheran)	2004	15.47	Kiana Stradford (Trabuco Hills)	2020
15.10	Lauren Correa (El Toro)	2005	15.48	**Elizabeth Loud (Irvine)	2000
15.11	Cira Wright (Kennedy)	2000	15.48	*** Chelsea Larson (Orange Lutheran)	2008
15.13	*Sunny Nichols (Sunny Hills)	1997	15.48	***Katelyn Johnson (El Toro)	2015
15.13	Ava Simos (Corona del Mar)	2024	15.49	**Emma Kratzberg (Corona del Mar)	2014
15.14	Kiana Henry (Canyon)	2011	15.50	*Laurel Simpson (Capo Valley)	1994
15.14	Brittney Thornton (San Clemente)	2013	15.50	Whitney MacDonald (Edison)	2004
15.14	Skyler Serrano (Beckman)	2025	15.50	Lauren Bercha (Tesoro)	2010
15.14	**Brooke Eisenrod (Trabuco Hills)	2026	15.50	*Sophia Morris (Santa Margarita)	2019
15.15	Krissy Knowles (Fountain Valley)	2009	15.50	*Charis Wondercjeck (Pacifica Christian)	2022
15.15	Annie Quach (Katella)	2018	15.51	*Lisa Stegman (Dana Hills)	1996
15.16	*Alison Parsons (Los Alamitos)	2015	15.51	Connie Barrett (El Toro)	2018
15.16	Ryann Beveridge (Aliso Niguel)	2018	15.33	*Yumi Gan (Trabuco Hills)	2023
15.17	Lauren Willingham (Los Alamitos)	2018	15.54c	Elinor Tolson (Fountain Valley)	15.3 1993
15.17	*Madison Lyon (Woodbridge)	2019	15.54c	Marlene Lang (Fountain Valley)	15.3 1994
15.18	Heather Novak (Santa Margarita)	1994	15.54c	*Sarah Bohannon (Los Amigos)	15.3 1995
15.18	*Kiana Stradford (Trabuco Hills)	2019	15.54c	M.E. Clayton (Newport)	15.3 1997
15.19	Hanna Barmettler (J Serra)	2023	15.54	Brittany Hanrahan (Mater Dei)	2013
15.20	*Cristina Ohaeri (Esperanza)	1995	15.54	Davina Pham (Fountain Valley)	2016
15.20	Hailey Bond (Edison)	2014	15.55	**Jill Holmes (El Toro)	1994
15.21	Daria Shkel (University)	2017	15.55	Claire Vahey (Capo Valley)	2018
15.23	*Milan Smith (Rosary)	2023	15.56	Sarah Bonilla (Brea)	1998
15.23	Chloe Waters (San Clemente)	2024	15.56	Melissa Scott (Beckman)	2016
15.24c	*Susan Pettus (Marina)	15.0 1995	15.56	Jocelyn Parkinson (St Margaret's)	2002
15.24	Jenna Wendell (Santa Margarita)	2008	15.56	Kristine Okereke (Foothill)	2017
15.25	Amanda Aguirre (Los Alamitos)	2026	15.58	Yumi Gan (Trabuco Hills)	2024
15.26	*Shay Alexander (Capo Valley)	2001	15.60	*Chelsea Larson (Orange Lutheran)	2010
15.26	*Trista Marquez (Dana Hills)	2004	15.60	**Ashlan Revollar (Los Alamitos)	2014
15.27	Rachel Gagnon (Oxford Academy)	2017	15.60	**Shayla Dumas (Kennedy)	2019
15.28	*Jasmine Webb (Buena Park)	2004	15.61	**Taylor Sims (Tesoro)	2012
15.28	Kellie May (Northwood)	2017	15.61	Lindy Tarvin (Edison)	2023
15.31	*Emily Garner (Woodbridge)	2018	15.62	**Cira Wright (Kennedy)	1998
15.32	Courtnee Moreno (Fountain Valley)	2018	15.63	Cathy Mullee (Edison)	1998
15.33	Mandy Girling (Orange Lutheran)	1999	15.63	*Emily Peterson (El Toro)	2010
15.33	Amber Carpenter (Santa Margarita)	2003	15.63	Mychal Robinson (Tustin)	2015
15.33	*Jordan Davis (Troy)	2013	15.63	Megan Swartz (Edison)	2021
15.33	*Davina Pham (Fountain Valley)	2015	15.64c	Courtney Morris (Marina)	15.4 1995
15.33	**Chloe Waters (San Clemente)	2023	15.64	*Victoria Ton (Northwood)	2004
15.34c	Megan Scanlon (Troy)	15.1 1999	15.64	Danielle Becker (San Clemente)	2023
15.35	Dilcia Loomis (Sunny Hills)	2006	15.64	**Layla Parker (El Dorado)	2026
15.38	Michaela Schaeffer (Edison)	2013	15.65	*Madison Klovstad (El Modena)	2002
15.38	Phoebe Ladd (Woodbridge)	2021	15.66	***Tessa Russell (Mater Dei)	2026
15.39	Ashley Jsames (Savanna)	2008	15.67	*Sammie Bretz (Brea)	2019
15.39	Kamala Parker (La Habra)	2003	15.68	Chelsea Pham (Canyon)	2009
15.39	Elizabeth Bastos (El Toro)	2006	15.68	*Megan Witte (Mater Dei)	2025
15.40	*Courtnee Moreno (Fountain Valley)	2017	15.69	Gabby Wikidal (Santa Margarita)	2016
15.40	Julianne Bartz (Corona del Mar)	2018	15.71	Rosita Smith (Mater Dei)	1994
15.41	**Phoebe Ladd (Woodbridge)	2019	15.71	Lindsay Kenefick (Huntington Beach)	2018
15.42	Alex McCarten (San Clemente)	1997	15.72	*Lauren Porter (Northwood)	2010
15.43	**Taylor Wilkison (Mater Dei)	2018	15.72	Yasmeen Chennault (Laguna Hills)	2011
15.43	**Karalyn Cheng (El Dorado)	2023	15.72	Daria Shkel (University)	2018
15.44	Gigi Surmon (Costa Mesa)	1993	15.73	** Elizabeth Loper (Trabuco Hills)	2009
15.44	*Breanna Barker (Dana Hills)	2012	15.74	Katy Zimmon (Edison)	1998
15.45	Tailor Dunigan (Mission Viejo)	2010	15.74	Emma Farrell (Mission Viejo)	2013
15.46	Aaliyah Banner (Buena Park)	2016	15.75	Abby Hahn (Sunny Hills)	2022
15.47	Kaitlyn Meeder (El Modena)	2017	15.75	Lsuren Meredith (Villa Park)	2022

15.77	**Stevie Nicholas (Sunny Hills)	1998	15.96	Taylor Sims (Tesoro)	2012
15.77	Michelle Shao (Beckman)	2022	15.96	*Isabella Branstrom (San Clemente)	2014
15.78	Lisa Stigman (Dana Hills)	1997	15.96	*Olivia Chung (Beckman)	2019
15.78	Nicole Lomeli (Esperanza)	1999	15.96	**Kaily Tilson (Cypress)	2026
15.78	Annie Bubinski (Dana Hills)	2011	15.97	Smith (SA Valley)	2000
15.78	Amanda Torchia (Fountain Valley)	2016	15.97	Ashley Vogt (Mission Viejo)	2001
15.78	*Lidia Major (Santa Margarita)	2022	15.97	Kathryn Karkut (Calvary Chapel)	2008
15.78	Leila Smail (Mission Viejo)	2026	15.97	*Annie Bubinski (Dana Hills)	2010
15.79	Kelly O'Connor (Esperanza)	1996	15.97	*Claire Curie (El Toro)	2012
15.79	Marie Ingram (Aliso Niguel)	2006	15.97	Kaylin Petersen (Brea)	2013
15.79	Lauren Wilson (Esperanza)	2006	15.97	Tori Occhipinti (Crean Lutheran)	2013
15.79	Rebecca Hamilton (Mater Dei)	2008			
15.79	** Paige Grigus (Fountain Valley)	2009	Wind-aided:		
15.79	*Amanda Schrader (Edison)	2017	13.62	*Ashley Bethel (Mission Viejo)	1997
15.80	*Kaitlyn Meeder (El Modena)	2016	13.82	Dana Bethel (Mission Viejo)	2001
15.80	***Kimora Rogers (Katella)	2019	14.11	Natalie Roy (Mission Viejo)	2007
15.80	Maddy Lyon (Woodbridge)	2020	14.14	Emma Radan (Mater Dei)	2014
15.80	Sydney Stewart (San Clemente)	2026	14.15	Kimmie Conner (Dana Hills)	2010
15.82	Paige Donaldson (San Juan Hills)	2014	14.20	Monica Todd (Trabuco Hills)	2010
15.82	*Garryn Forde (Woodbridge)	2025	14.22	Emma Kratzberg (Newport)	2016
15.82	**Gabriela Whitehouse (Katella)	2025	14.26	Natalie McCarty (Newport)	2026
15.82	Olivia Viola (Crean)	2026	14.36	Jada Faison (Rosary)	2026
15.83	*Cathy Mullee (Edison)	1997	14.41	Kerry O'Bric (Edison)	1995
15.83	*Adrienne Baker (Santa Margarita)	2006	14.44	Katie Mook (Foothill)	1995
15.83	Lily Trinh (Fountain Valley)	2010	14.49	Hannah Duarte (Mission Viejo)	2016
15.83	*Kaila Ego (Sunny Hills)	2026	14.56	**Taylor Brinker (Orange Lutheran)	2026
15.84c	**Amber Price (SA Valley) 15.6	1997	14.58	***Jada Faison (Rosary)	2023
15.84	** Brit Vasac (Dana Hills)	2007	14.64	Chelsea Taylor (Mission Viejo)	2008
15.84	***Ami Ballo (Dana Hills)	2010	14.65	Julie Handy (Esperanza)	2004
15.84	**Aliyah Chappell (Newport)	2025	14.68	**Skyler Serrano (Beckman)	2023
15.85	** Taylor Ramirez (Katella)	2009	14.70	Kristen Woepse ((Woodbridge)	2005
15.86	Megan Poyar (Mater Dei)	2018	14.71	Kyndol Craver (Woodbridge)	2013
15.86	**Joey Kaufman (Aliso Niguel)	2019	14.71	Amanda Perez (Yorba Linda)	2019
15.87	*Malia Billups (Brea)	2006	14.72	Amanda Harrington (Edison)	2017
15.87	**Chelsea Josten (Brea)	2006	14.73	**Michaela King (Dana Hills)	2012
15.87	*Tiffany Liu (Corona del Mar)	2006	14.74	Kendall Jordan (Mater Dei)	2025
15.87	*Jessica Robson (Newport)	2006	14.76	Krissy Knowles (Fountain Valley)	2009
15.87	Nadia Sine (Woodbridge)	2014	14.76	Sydney McGill (Huntington Beach)	2026
15.89	** Megan Jones (Dana Hills)	2009	14.78	Phoebe Ladd (Woodbridge)	2021
15.90	Megan Jones (Dana Hills)	2011	14.86	Michaela King (Dana Hills)	2014
15.90	Brittany Hanrahan (Mater Dei)	2012	14.87	Kiana Henry (Canyon)	2011
15.90	Gabi Sagorin (Woodbridge)	2014	14.90	Jordan Agnew (Los Alamitos)	2013
15.92	Audrey Kays (Mission Viejo)	2025	14.92	***Ava Palmer (Mission Viejo)	2026
15.92	Taylor Nguyen (Portola)	2026	14.96	Lindsay Wells (Mater Dei)	2000
15.93	Tiffany Pransky (Orange Lutheran)	2005	14.50	Inshirah Jones (Esperanza)	1995
15.94c	Christina Gustlin (Foothill) 15.7	1994	14.52	*Erin Stovall (Woodbridge)	1996
15.94c	Kendra Lakins(Brea) 15.7	1996	14.56	* Amanda Shanklin (Santa Margarita)	1998
15.94c	Katie Wildermuth (Santa Margarita) 15.7	1998	14.64	Chelsea Taylor (Mission Viejo)	2008
15.94c	*Nicole Yergler (Santa Margarita) 15.7	2004	14.81	Michelle Wicker (Trabuco Hills)	2010
15.94	*Taylor Burton (Dana Hills)	2026	14.82	Lauren Wilson (Esperanza)	2006
15.95	***Shay Alexander (Capo Valley)	1999	14.87	Lauren Correa (El Toro)	2005
15.95	Keena Bensworth (Trabuco Hills)	2013	14.90	Ashley Jsames (Savanna)	2008
15.95	Hailey James (Foothill)	2013	14.92	Michelle Urabe (Mater Dei)	2010
15.95	**Megan Weiss (Edison)	2018	14.92	Chloe Waters (San Clemente)	2024
15.96	Carrie Hoagland (Canyon)	1994	14.96	*Madison Lyon (Woodbridge)	2019
15.96	*Rene Delellis Rosary)	2000	15.01	Cristina Ohaeri (Esperanza)	1995

15.01	*Heather Gibson (Orange Lutheran)	2005	41.74	Natalie McCarty (Newport)	2026
15.07	Hailey Bond (Edison)	2014		(State Third Place)	
15.08	*Kiana Stradford (Trabuco Hills)	2019	41.86	Nyree Brown (Segerstrom)	2018
15.11	*DavinaPham (Fountain Valley)	2015	41.95	Emma Kratzberg (Newport)	2016
15.12	Michaela Schaeffer (Edison)	2013	42.18	Hope Bender (Newport)	2015
15.13	*Milan Smith (Rosary)	2023	42.23	Nikki Merritt (Santa Margarita)	2018
15.14	Hannah Barmettler (J Serra)	2023	42.55	Sharon Hatfield (Fountain Valley)	1982
15.18	Kellie May (Northwood)	2017	42.61	Olivia Smyth (Santa Margarita)	2026
15.21	Shay Alexander (Capo Valley)	2002	42.75	Kristen Kiefer (Capo Valley)	2007
15.22	Aaliyah Banner (Buena Park)	2016	42.84	Kaci Keffer (Woodbridge)	1990
15.25	Madison Klovstad (El Modena)	2003	42.97	Kimmie Conner (Dana Hills)	2010
15.25	Alison Parsons (Los Alamitos)	2016	43.00	Emma Radan (Mater Dei)	2014
15.25	*Gabriela Whitehouse)	2026	43.20	**Genelle Ives (Dana Hills)	2003
15.30	Megan Swartz (Edison)	2021	43.24	*Shebanette Terry (Irvine)	2012
15.32	Marlene Lang (Fountain Valley)	1994	43.26	Chelsea Taylor (Mission Viejo)	2008
15.32	*Aaliyah Banner (Buena Park)	2015	43.26	Lindy Tarvin (Edison)	2023
15.32	**Karalyn Cheng (El Dorado)	2023	43.33	Hailey Ray (Dana Hills)	2019
15.33	Brittany Hanrahan (Mater Dei)	2013	43.36	*Becky Marshburn (Dana Hills)	2004
15.33	**Ashlan Revollar (Los Alamitos)	2014	43.40	Michaela King (Dana Hills)	2014
15.35	Katie O'Dell (University)	2002	43.41	Amanda Shanklin (Santa Margarita)	1999
15.35	Juliana Crum (Troy)	2010	43.42	* Monica Todd (Trabuco Hills)	2009
15.36	*** Taylor Ramirez (Katella)	2008	43.45	Nikki Jackson (Esperanza)	1990
15.39	*Mariah Durian (Esperanza)	2011	43.45	*Julie Handy (Esperanza)	2001
15.41	Paige Sorenson (Rosary)	2024	43.50	Emily Waller (Woodbridge)	2021
15.45	Taylor Nguyen (Portola)	2026	43.52	*Coco Putnam (Laguna Beach)	2015
15.46	Misha Vincent (Orange)	2010	43.54	Stacy Hoton (Sunny Hills)	1983
15.46	Mauri Avery (Beckman)	2021	43.56	Yasmin Webb (Buena Park)	2005
15.47	**Emma Kratzberg (Corona del Mar)	2014	43.63	*Paula Pedrani (El Toro)	2015
15.48	*Chelsea Larson (Orange Lutheran)	2010	43.70	Chloe Elbaz (J Serra)	2026
15.50	*Tatum Hoff (Dana Hills)	2021	43.71	*Elinor Tolson (Fountain Valley)	1992
15.51	Tiffany Pransky (Orange Lutheran)	2005	43.78	*Mary Ann Bullard (Esperanza)	1983
15.52	**Davina Pham (Fountain Valley)	2014	43.81	Kelly Collins (Santa Margarita)	2008
15.53	Laurel Simpson (Capo Valley)	1995	43.81	* Caroline Hilley (Santa Margarita)	2013
15.54	*Sara Jane McIntyre (El Modena)	2000	43.87	Hanna Barmettler (J Serra)	2023
15.54	Malia Billups (Brea)	2007	43.93	Lexi Shaw (San Juan Hills)	2013
15.55	*Lexi Shaw (San Juan Hills)	2012	43.99	Audrey Kays (Mission Viejo)	2025
15.56	Marie Ingram (Aliso Niguel)	2006	44.02	Abby Patton (Trabuco Hills)	2025
15.56	**Emily Waller (Woodbridge)	2019	44.03	**Janel Loudat (Woodbridge)	1998
15.57	Susie Schmidt (Westminster)	1993	44.03	*Hailey Ray (Dana Hills)	2018
15.58	***Kendra Larkins (Brea)	1993	44.07	Lidia Major (Santa Margarita)	2023
15.58	Paige Donaldson (San Juan Hills)	2014	44.11	*Colbie Webster (Trabuco Hills)	2026
15.59	*Taylor Wilkison (Mater Dei)	2019	44.19	***Dana Bethel (Mission Viejo)	1998
15.61	Amber Price (Saddleback)	1999	44.21	Monica Fisher (El Toro)	1989
15.61	Gabby Wikidal (Santa Margarita)	2016	44.21	Paula Pedrani (El Toro)	2016
15.61	**Layla Parker (El Doraod)	2026	44.25	*Sunny Nichols (Sunny Hills)	1997
15.62	Tori Occhipinti (Crean Lutheran)	2013	44.27	Ashley Jsames (Savanna)	2008
15.62	*Tori Olora (Northwood)	2019	44.30	Danielle Reeves (Esperanza)	1988
15.62	*Megan Weiss (Edison)	2019	44.32	Jerri Baker (Capo Valley)	1981
15.63	Lisa Stigman (Dana Hills)	1997	44.32	**Taylor Brinker (Orange Lutheran)	2026
15.63	**Sydney Stewart (San Clemente)	2026	44.34	Katie Mook (Foothill)	1995
15.64c	*Roberta Burns (Dana Hills)	15.4 1994	44.39	*Brittney Thorton (San Clemente)	2012
15.64c	Tia Barbee (El Toro)	1995	44.44	**Olivia Teegarden (Mission Viejo)	2015
15.65	Lauren Meredith (Villa Park)	2022	44.45	Hannah Heising (Woodbridge)	2014
15.65	Michelle Shao (Beckman)	2022	44.48	Thelma Harman (SA Valley)	1981
			44.52	Yleana Carrasco (Anaheim)	1985
			44.58	Frenchy Silva (Dana Hills)	2008

300 meter Hurdles

44.60	Inshirah Jones (Esperanza)		1995	45.36	*Nicole Lomeli (Esperanza)		1998
44.64	Sarah Bonilla (Brea)		1998	45.36	* Breana Nielson (Mission Viejo)		2006
44.65	Hannah Duarte (Mission Viejo)		2016	45.36	*Natalie Ward (Newport)		2014
44.66	*Michelle Basanda (Aliso Niguel)		1998	45.36	*Sophia Morris (Santa Margarita)		2019
44.69	**Caroline Hilley (Santa Margarita)		2012	45.38	*Taylor Stokes (University)		1996
44.69	Sydney McGill (Huntington Beach)		2026	45.38	**Brooke Eisenrod (Trabuco Hills)		2026
44.73	Emily Thiebaud (Esperanza)		1988	45.39	*Mariah Durian (Esperanza)		2011
44.74c	Debbie Arthur (Esperanza)	44.5	1982	45.42	*Claire Phillips (Santa Margarita)		2024
44.74c	Jill Young (Corona del Mar)	44.5	1990	45.42	***Tessa Russell (J Serra)		2026
44.76	Kerry O'Bric (Edison)		1996	45.44	Leila Smail (Mission Viejo)		2026
44.76	*Erin Gerardo (Santa Margarita)		2016	45.47	Alexandra Sciarra (Crean Lutheran)		2010
44.80	Grace Esslinger (Dana Hills)		2009	45.48+	Kim Collins (Tustin)	45.5y	1985
44.82	Nancy Niewlandt (Valencia)		1984	45.48	Hailey Bond (Edison)		2014
44.84c	Marlene Lang (Fountain Valley)	44.6	1994	45.52	*Lily McCann (Aliso Niguel)		2019
44.85	Sydney Elliott (Mission Viejo)		2011	45.53	*Aaliyah Banner (Buena Park)		2014
44.86	Dana Padget (Esperanza)		2016	45.54c	Sharon Attlesey (Newport)	45.3	1986
44.90	Coco Putnam (Laguna Beach)		2016	45.57	* Cassidy Gayner (Newport)		2007
44.91	***Elinor Tolson (La Quinta)		1990	45.61	Nicole Yergler (Santa Margarita)		2005
44.91	Skye Atchley (Orange Lutheran)		2009	45.62	Alex McCarten (San Clemente)		1997
44.91	**Alene Washington (Los Alamitos)		2023	45.62	*Janel Laudat (Woodbridge)		1999
44.92	Heaven Yoshino (Woodbridge)		1996	45.64	Tasha Walker (El Dorado)		1994
44.95	Kelly Grand (Los Amigos)		1986	45.65	*Lauren Willingham (Los Alamitos)		2017
44.96	Alexus Atchley (Yorba Linda)		2012	45.67	Kendall Jordan (Mater Dei)		2025
44.97	Shannon Bryant (Sonora)		1989	45.68	Kathy Lavering (Fullerton)		1982
44.97	Elizabeth Bastos (El Toro)		2006	45.70	** Natalie Ward (Newport)		2013
44.97	Kyndol Craver (Woodbridge)		2013	45.70	Connie Barrett (El Toro)		2018
44.97	***Morgan Woolforde (J Serra)		2025	45.72	**Jill Linhart (Capo Valley)		1986
45.03	Brittany Hanrahan (Mater Dei)		2013	45.72	**Cristina Ohaeri (Esperanza)		1995
45.06	Lindsay Wells (Mater Dei)		2000	45.73	* Beartriz Delgadillo (Esperanza)		2009
45.06	*Audrey Kays (Mission Viejo)		2024	45.73	***Isabella Vance (Los Alamitos)		2023
45.09	Charis Wondercjeck (Pacifica Christian)		2023	45.74+	**Kathy Kelly (Canyon)	45.8y	1983
45.10	Emilie Winckel (Santa Margarita)		2006	45.75	*Mila Schulenburg (Irvine)		1997
45.11	Laurie Hagan (Dana Hills)		1983	45.75	* Elizabeth Ramsey (Huntington Beach)		2009
45.11	Claire Banfield (San Juan Hills)		2024	45.76	*Madison Goerlinger (Villa Park)		2018
45.14	Sahla Cook (Mission Viejo)		2016	45.78	*Galen Ames (El Modena)		1984
45.15	*Jocelyn Parkinson (St Margaret's)		2001	45.78	*Michelle Foglia (Esperanza)		2003
45.16	Jordan Agnew (Los Alamitos)		2013	45.79	**Emma Kratzberg (Corona del Mar)		2014
45.19	*Suzanne Kerho (Mission Viejo)		1988	45.79	**Emily Garner (Woodbridge)		2017
45.19	* Clara Atkins (Esperanza)		2008	46.79	Megan Dunakin (Aliso Niguel)		2022
45.21	Lauren Wilson (Esperanza)		2005	45.80	Paige Sorensen (Rosary)		2024
45.21	*Tori Olora (Northwood)		2019	45.80	*Ana.lia Galindo (Mission Viejo)		2026
45.22	*Sue Delacy (Newport)		1982	45.81	Misha Vincent (Orange)		2010
45.23	*Paige Damron (Corona del Mar)		2018	45.83	*Hilary Mann (Mission Viejo)		1990
45.26	Michelle Wicker (Trabuco Hills)		2010	45.83	*Riley Bennyworth (Edison)		2015
45.26	Tori Usgaard (Dana Hills)		2012	45.84c	Laura Knight (Loara)	45.6	1982
45.27	Ann Kissinger (Marina)		1988	45.84c	**Natalie Roy (Mission Viejo)	45.6	2005
45.27	Delphia Moore (Orange)		1994	45.85	Daria Shkel (University)		2017
45.29	*Emma Ortiz (Trabuco Hills)		2025	45.85	*Beth Merkle (Mission Viejo)		1994
45.33	Julie Kroenig (Costa Mesa)		2000	45.85	Ashleigh Gunderman (Mater Dei)		2005
45.34c	Jocelyn Lee (Irvine)	45.1	1983	45.87	**Gabriela Whitehouse (Katella)		2025
45.34c	**Trish Aubuchon (Esperanza)	45.1	1983	45.90	***Liana Fuentes (Cypress)		2005
45.34c	Natalie Roy (Mission Viejo)	45.1	2007	45.92	Kathy Kelly (Dana Hills)		1989
45.34	* Jessica Bragg (El Toro)		2008	45.92	Chloe Waters (San Clemente)		2024
45.35	Tiffany Pransky (Orange Lutheran)		2005	45.93	Amanda Fleskoski (Mission Viejo)		2000
45.35	*Isabella Ales (Troy)		2019	45.93	**Morgan Woolforde (J Serra)		2026
45.36	*Lisa Knott (Sonora)		1991	45.94c	Sherrie Ray (Loara)	45.7	1982

45.94c	Kristen Schertzer (Woodbridge)	45.7	1988
45.96	*Jessica Elizalde-Rendon (Santa Margari)		2019
45.97	**Jennifer Konowal (Huntington Beach)		1998
45.97	Ryann Beveridge (Aliso Niguel)		2018
46.00	* Michelle Urabe (Mater Dei)		2009
46.02	Cara Brookhouse (El Modena)		1989
46.02	**Milda Mikuleviciute (El Dorado)		2012
46.03	Chloe Veneziano (Santa Margarita)		2025
46.04c	*Sara Morton (Irvine)	45.8	1983
46.04c	Tucker	45.8	1983
46.04	** Natalie Fyke (Esperanza)		2008
46.04	Autumn Tanaguchi (Marina)		2011
46.06	*Elle Cruikshank (Foothill)		2002
46.07	Colleen Gamblin (Esperanza)		1986
46.07	Brooklyn Paxson (Fountain Valley)		2010
46.08+	**D'Layne Kerr (Corona del Mar)	46.1y	1986
46.11	Madelleine Lisebland (Woodbridge)		1990
46.11	**Lidia Major (Santa Margarita)		2021
46.11	**Kailey Tilson (Cypress)		2026
46.12	Katie Hill (Mission Viejo)		2002
46.13	Jaycee Mahler (Corona del Mar)		2001
46.15	Alana Palacio (Villa Park)		1993
46.15	**Xochitl Saragoza (Dana Hills)		2026
46.16	Renee Wright (Orange Lutheran)		1991
46.16	*Jordan Agnew (Los Alamitos)		2012
46.17	*** Brittany Swank (Foothill)		1997
46.17	Nadia Sine (Woodbridge)		2014
46.19	Megan Scanlon (Troy)		1999
46.19	**Brianna Mikalson (Los Alamitos)		2012
46.20	Marissa Perez (Saddleback)		2014
46.23	* Kyle Wolff (Woodbridge)		2007
46.23	*Victoria Chavez-Escobar (Segerstrom)		2025
46.23	**Mia Barlow (Fountain Valley)		2026
46.24	**Anne Hinman (Capo Valley)		2011
46.24	Rachel Gagnon (Oxford Academy)		2017
46.26	Megan McQuaid (Woodbridge)		1997
46.26	Madison Klovstad (El Modena)		2003
46.27	** Megan Jones (Dana Hills)		2009
46.28	*Claire Banfield (San Juan Hills)		2023
46.29	*Trista Marquez (Dana Hills)		2004
46.30	**Sherie Moore (Los Alamitos)		1992
46.30	**Aliyah Chappell (Newport)		2025
46.31	Sherifa Cox (Los Alamitos)		1991
46.31	Cheyenne Perez (Los Alamitos)		2011
46.31	Chloe Solomua (Aliso Niguel)		2019
46.31	Jessica Elizaide-Rendon (Santa Margarita)		2020
46.31	*Kayla Carrasco (Trabuco Hills)		2024
46.32	Sandy Springer (Los Amigos)		1983
46.32	*Susan Pettus (Marina)		1995
46.32	*Lahondy Avery (Orange Lutheran)		2017
46.33	*Kristine Okerero (Foothill)		2017
46.33	*Chloe Veneziano (Santa Margarita)		2024
46.34c	Tanya Buchanan (Fountain Valley)	46.1	1986
46.34c	Arcela Diaz (Saddleback)	46.1	1988
46.34	*Shannon Dean (Mission Viejo)		1991
46.34c	*Jamie Lenehan (El Modena)	46.1	2000

46.35 *Rene Wright (Orange Lutheran) 1990

400 meter Low Hurdles

61.63	Chris Davenport (Troy)	1979
63.22	Emily Waller (Woodbridge)	2021
65.77	Auitumn Taniguchi (Marina)	2011

4 x 100 meter Relay

44.23	Rosary	2026
	(State Champion)	
45.21	Rosary	2025
46.28	Santa Margarita	2017
46.57	Kennedy	2005
46.82	Trabuco Hills	2010
46.88	Mater Dei	2025
46.91	Los Alamitos	2015
46.97	Trabuco Hills	2023
46.99	Santa Margarita	2016
47.15	Trabuco Hills	2026
47.13	Woodbridge	1995
47.23	Mater Dei	2014
47.25	Trabuco Hills	2009
47.37	Mater Dei	2024
47.39	Mater Dei	2013
47.40	Woodbridge	1997
47.40	Mater Dei	2017
47.42	Los Alamitos	2019
47.43	Santa Margarita	2018
47.43	Santa Margarita	2019
47.45	Dana Hills	2018
47.48	Trabuco Hills	2025
47.50	Rosary	2023
47.50	Rosary	2024
47.51	Mater Dei	2026
47.53	Dana Hills	2019
47.54	Santa Margarita	2026
47.55	Mater Dei	2015
47.56	Mater Dei	2018
47.57	El Toro	2016
47.60	Trabuco Hills	2024
47.61	Santa Margarita	2024
47.65	Edison	1984
47.70+	SA Valley	47.98y 1979
47.70	Kennedy	2004
47.74	Mission Viejo	1995
47.74	Orange Lutheran	2026
47.77	Capo Valley	2011
47.79	Mater Dei	2016
47.82	El Toro	2015
47.82	Santa Margarita	2015
47.86	Mission Viejo	2022
47.92	Mission Viejo	2019
47.93	Mission Viejo	2023
47.98	Mater Dei	2011
47.98	Woodbridge	2019

48.02	Aliso Niguel		2005	48.59	Mater Dei		2009
48.02	Los Alamitos		2018	48.59	Mater Dei		2023
48.02	Aliso Niguel		2026	48.59	Los Alamitos		2026
48.03	Capo Valley		2012	48.60	Woodbridge		1999
48.04c	El Toro	47.9	2011	48.60	Mater Dei		2010
48.04+	SA Valley	48.32y	1978	48.60	Cypress		2014
48.04	Mater Dei		2012	48.61	Santa Margarita		2003
48.08	Yorba Linda		2018	48.61	Santa Margarita		2013
48.08	J Serra		2026	48.61	Trabuco Hills		2016
48.12	Canyon		2014	48.62	Cypress		2006
48.14c	Mission Viejo	48.0	2011	48.62	Dana Hills		2007
48.15	Canyon		2011	48.62	Canyon		2013
48.15	Mission Viejo		2012	48.62	Corona del Mar		2025
48.15	Santa Margarita		2025	48.63	Woodbridge		2017
48.17	Irvine		2013	48.64c	Woodbridge	48.5	1998
48.17	Mission Viejo		2015	48.64c	Mission Viejo	48.5	2010
48.18	Cypress		2007	48.64	Los Alamitos		2016
48.19	Esperanza		1988	48.64	Woodbridge		2018
48.19	Troy		2009	48.64	San Clemente		2018
48.19	Aliso Niguel		2025	48.64	Rosary		2022
48.21	Saddleback		1982	48.65	Santa Margarita		2011
48.21	Capo Valley		2010	48.66	Esperanza		1983
48.22	Aliso Niguel		2018	48.67	Los Alamitos		2010
48.24c	Capo Valley	48.1	2009	48.68	Los Alamitos		2005
48.24	Dana Hills		2013	48.69	Valencia		1983
48.24	Mission Viejo		2016	48.69	Irvine		2012
48.26	Kennedy		2003	48.70	Western		2008
48.29	Dana Hills		2014	48.70	Woodbridge		2013
48.30	Mission Viejo		2018	48.74+	El Toro	48.9y	1977
48.33	Dana Hills		2008	48.74	Los Alamitos		2017
48.34+	Edison	48.5y	1977	48.75	El Modena		2000
48.34	SA Valley		1999	48.75	San Clemente		2012
48.37	Irvine		2011	48.78	Esperanza		2000
48.39	El Toro		2017	48.78	Santa Margarita		2000
48.40	Los Alamitos		2014	48.79	Esperanza		1995
48.441	Trabuco Hills		2022	48.79	Edison		1995
48.44+	Newport	48.6y	1975	48.81	El Toro		2013
48.45	Woodbridge		1994	48.82	Mission Viejo		1992
48.45	Northwood		2016	48.82	Laguna Hills		2016
48.08	Canyon		2026	48.83	Woodbridge		1990
48.45	Yorba Linda		2017	48.83	Mission Viejo		2024
48.48	Cypress		2015	48.84	Mission Viejo		1989
48.48	Rosary		2016	48.85	Esperanza		2001
48.48	Beckman		2019	48.85	Santa Margarita		2012
48.49	SA Valley		1997	48.86	Capo Valley		1997
48.49	Cypress		2008	48.86	Esperanza		1999
48.49	Fountain Valley		2026	48.86	Woodbridge		2001
48.50	Trabuco Hills		2017	48.86	Corona de1 Mar		2004
48.50	Los Alamitos		2022	48.86	Fountain Valley		2017
48.51	Mission Viejo		1988	48.86	Corona del Mar		2024
48.52	SA Valley		1982	48.87	Fountain Valley		1978
48.52	Woodbridge		2005	48.87	Fountain Valley		2013
48.52	Northwood		2013	48.87	Villa Park		2022
48.55	Corona del Mar		2005	48.88	Mission Viejo		2013
48.55	Trabuco Hills		2015	48.88	El Dorado		2026
48.56	Portola		2026	48.89	Laguna Hills		2008

48.89	Orange Lutheran		2011	49.13	Kennedy		2002
48.89	Mission Viejo		2017	49.14	El Modena		1999
48.91	Yorba Linda		2015	49.16	University		1981
48.91	Aliso Niguel		2017	49.16	Canyon		1993
48.92	Woodbridge		1996	49.16	Crean		2025
48.92	Cypress		2012	49.16	Marina		2026
48.94	Trabuco Hills		2008	49.17	Irvine		1981
48.94	Trabuco Hills		2011	49.17	Mission Viejo		1990
48.95	Cypress		2013	49.19	Aliso Niguel		2001
48.95	Aliso Niguel		2024	49.19	Trabuco Hills		2002
48.96	Esperanza		1985	49.20	Capo Valley		1998
48.97	San Clemente		2011	49.21+	Huntington Beach	49.49y	1979
48.97	Mission Viejo		201	49.21	Aliso Niguel		2006
48.98	Los Alamitos		2009	49.21	Sonora		2008
48.99	Western		2003	49.21	El Toro		2021
48.99	Woodbridge		2004	49.22	Edison		2011
49.00	Dana Hills		2006	49.23	Newport		1992
49.00	Mater Dei		2021	49.23	Beckman		2025
49.00	Canyon		2023	49.24c	Brea	49.1	1997
49.01	Woodbridge		1988	49.24	Cypress		2001
49.01	Los Alamitos		2012	49.24	Villa Park		2025
49.01	Dana Hills		2012	49.24	Yorba Linda		2023
49.01	Northwood		2026	49.25	Brea		2002
49.02	Marina		2009	49.25	Aliso Niguel		2019
49.02	Orange Lutheran		2012	49.25	Mission Viejo		2025
49.03	La Habra		1984	49.26	Canyon		2009
49.03	Mission Viejo		2004	49.27	St Margaret's		2022
49.03	Santa Margarita		2014	49.27	Orange Lutheran		2025
49.03	Orange Lutheran		2019	49.50	El Toro		2022
49.03	Los Alamitos		2025	49.29	Esperanza		2002
49.04c	Santa Margarita	48.9	1998	49.29	El Toro		2018
49.04c	Dana Hills	48.9	2007	49.30	Brea		2013
49.04	Aliso Niguel		2015	49.30	Mission Viejo		2020
49.04	Fountain Valley		2016	49.30	Woodbridge		2023
49.05	Woodbridge		1989	49.31	Mission Viejo		2009
49.05	Esperanza		1990	49.31	Yorba Linda		2016
49.05	Mission Viejo		2014	49.31	University		2017
49.06	Villa Park		2015	49.31	Laguna Beach		2018
49.06	Beckman		2017	49.31	Newport		2025
49.06	Edison		2023	49.32	Aliso Niguel		2002
49.06	Villa Park		2026	49.32	Aliso Niguel		2004
49.07	Northwood		2014	49.32	Cypress		2004
49.08	University		2005	49.32	Brea		2011
49.08	Troy		2014	49.32	Marina		2011
49.08	Los Alamitos		2021	49.32	Villa Park		2024
49.09	Edison		2000	49.34	Trabuco Hills		1998
49.09	Santa Margarita		2004	49.34c	Mission Viejo	49.2	1987
49.10	Aliso Niguel		2003	49.34	Mission Viejo		2003
49.10	Brea		2012	49.34	Mission Viejo		2006
49.10	El Toro		2012	49.34c	Mission Viejo	49.2	2007
49.10	San Clemente		2019	49.34	Brea		2008
49.10	Yorba Linda		2026	49.34	Orange Lutheran		2008
49.11+	Irvine	49.40y	1980	49.34	Mission Viejo		2026
49.11	Los Alamitos		2013	49.36+	Capo Valley	49.64y	1979
49.11	Villa Park		2023	49.36+	Edison	49.5y	1979
49.12	Yorba Linda		2019	49.36	El Toro		2005

49.36	Cypress	2011	1:41.01	Mater Dei	2025
49.36	Northwood	2022	1:41.07	Rosary	2023
49.37	Fountain Valley	2009	1:41.99	Santa Margarita	2015
49.38	University	1982	1:41.99	Los Alamitos	2019
49.38	Los Alamitos	1993	1:42.09	Santa Margarita	2024
49.38	Irvine	2000	1:42.10	Trabuco Hills	2025
49.38	Capo Valley	2013	1:42.47	Trabuco Hills	2024
49.38	Fountain Valley	2014	1:42.66	Rosary	2024
49.39	Edison	1978	1:43.31	Trabuco Hills	2023
49.39	SA Valley	1981	1:43.67	Santa Margarita	2025
49.39	El Toro	2006	1:43.7	Trabuco Hills	2009
40.39	Orange Lutheran	2022	1:43.99	Orange Lutheran	2025
49.39	Northwood	2017	1:44.34	Mission Viejo	2018
49.39	Northwood	2024	1:44.62	Orange Lutheran	2026
49.40	Mater Dei	1997	1:44.74	Mission Viejo	2017
49.40	Woodbridge	2003	1:44.77	Trabuco Hills	2022
49.40	San Clemente	2013	1:44.96	Los Alamitos	2021
49.41	Aliso Niguel	2012	1:45.89	Northwood	2020
49.41	Troy	2013	1:46.31	Los Alamitos	2025
49.41	El Modena	2016	1:46.17	Mission Viejo	2020
49.41	Cypress	2022	1:46.73	Northwood	2025
49.41	Aliso Niguel	2022	1:46.19	Santa Margarita	2023
49.42	Santa Margarita	2010	1:46.86	Yorba Linda	2026
49.42	Beckman	2018	1:46.90	El Modena	2021
49.42	Fountain Valley	2022	1:46.87	Dana Hills	2022
49.43	Santa Margarita	2002	1:47.17	Mission Viejo	2026
49.43	Aliso Niguel	2016	1:47.34	Dana Hills	2021
49.43	Fountain Valley	2023	1:47.38	Portola	2026
49.44c	Mission Viejo	49.3 1986	1:47.62	Los Alamitos	2024
49.44c	Esperanza	49.3 1987	1:48.06	Canyon	2022
49.44	Santa Margarita	1994	1:48.11	Beckman	2021
49.44	Canyon	2005	1:48.21	Yorba Linda	2023
49.45	Irvine	1986	1:48.24	Los Alamitos	2026
49.45	Woodbridge	2012	1:48.34	Aliso Niguel	2018
49.45	Beckman	2026\	1:48.66	Woodbridge	2018
49.46+	SA Valley	49.6y 1977	1:48.72	Woodbridge	2020
49.46	Fountain Valley	1992	1:48.93	El Modena	2022
49.46	SA Valley	2001			
49.46	Los Alamitos	2004			
49.46	St Margaret's	2018	3:33.87	J Serra	2024
49.46	Edison	2019	3:50.95	Northwood	2026
49.47	Dana Hills	2009	3:53.61	Canyon	2026
49.47	Fullerton	2017			
49.47	Edison	2018			
49.48	Mission Viejo	2005			
49.48	Sonora	2014	3:41.33	Rosary	2026
49.48	Cypress	2019			
49.49	Saddleback	1981	3:45.44	Rosary	2025
49.49	Mater Dei	1997	3:45.85	J Serra	2025
49.49	Brea	2009	3:46.42	J Serra	2024
49.49	Laguna Beach	2019			
			4 x 400 meter Relay (Mixed)		
			4 x 400 meter Relay		
			(State Runner Up)		
			(State Third Place)		
1:34.28	Roaary	2026	3:46.67	Dana Hills	2017
1:36.96	Rosary	2025	3:47.11	Dana Hills	2019
1:39.30	Trabuco Hills	2026	3:47.31	Mission Viejo	2016
			3:47.68	Dana Hills	2018
			3:47.82	Santa Margarita	2017

3:47.94	Trabuco Hills		2025	3:54.06	Orange Lutheran	2007
3:48.28	Corona del Mar		1988	3:54.08	Los Alamitos	2010
3:48.60	Mater Dei		2014	3:54.19	Santa Margarita	2026
3:48.89	Mission Viejo		1986	3:54.22	Aliso Niguel	2005
3:48.97	Los Alamitos		2015	3:54.30	Yorba Linda	2016
3:48.98	Mater Dei		2013	3:54.52	Trabuco Hills	2010
3:48.99	El Toro		2005	3:54.54	Woodbridge	2017
3:49.1 +	Fountain Valley	3:50.4y	197	3:54.59	El Toro	2004
3:49.45	Edison		1983	3:54.60	Capo Valley	2010
3:49.45	Woodbridge		2007	3:54.62	Woodbridge	1986
3:49.71	Canyon		1983	3:54.78	Esperanza	1981
3:49.60	Dana Hills		2014	3:54.79	Mission Viejo	2008
3:49.88	Mater Dei		2012	3:54.82	El Toro	2002
3:49.88	Santa Margarita		2016	3:54.83	University	1982
3:50.22	Mater Dei		2011	3:54.84	J Serra	2026
3:50.58	Woodbridge		2008	3:54.85	Los Alamitos	2016
3:50.70	Aliso Niguel		2007	3:55.08	Corona del Mar	2010
3:50.91	Trabuco Hills		2026	3:55.13	Esperanza	1983
3:51.00	Santa Margarita		2013	3:55.13	Santa Margarita	1999
3:51.02	Portola		2026	3:55.17	Corona del Mar	2005
3:51.07	Mission Viejo		2014	3:55.19	Esperanza	1996
3:51.13	Kennedy		2005	3:55.27	Edison	1986
3:50.3 +	SA Valley	3:51.6y	1989	3:55.29	Corona del Mar	2000
3:51.21	Esperanza		1982	3:55.32	Dana Hills	2003
3:51.3	Edison		1982	3:55.33	Woodbridge	1995
3:51.49	Aliso Niguel		2006	3:55.33	Santa Margarita	2003
3:51.57	Woodbridge		1988	3:55.43	Santa Margarita	2005
3:57.57	J Serra		2023	3:55.45	Woodbridge	2016
3:51.59	Mission Viejo		2017	3:55.50	Western	2008
3:51.62	Mission Viejo		2015	3:55.55	Fountain Valley	2019
3:51.63	Edison		1984	3:55.58	Mater Dei	2002
3:51.85	Santa Margarita		2025	3:55.58	Woodbridge	2019
3:51.86	Yorba Linda		2017	3:55.59	Santa Margarita	2002
3:52.13	Fountain Valley		2015	3:55.60	Northwood	2025
3:52.15	Santa Margarita		2015	3:55.62	Woodbridge	1990
3:52.19	Woodbridge		1997	3:55.73	Laguna Hills	1993
3:52.27	Santa Margarita		2019	3:55.8 +	Esperanza	3:57.1y 1976
3:52.68	Esperanza		2001	3:55.89	Capo Valley	2005
3:52.93	Esperanza		1990	3:55.90	Aliso Niguel	2018
3:52.98	Santa Margarita		2008	3:56.92	Canyon	2013
3:53.02	Yorba Linda		2018	3:55.94	Mission Viejo	2018
3:53.03	Woodbridge		2014	3:55.96	Woodbridge	1999
3:53.26	Newport		2026	3:55.98	Mission Viejo	2009
3:53.35	Los Alamitos		2011	3:56.02	Corona del Mar	2006
3:53.37	Irvine		2011	3:56.07	Mission Viejo	1989
3:53.40	Woodbridge		1987	3:56.12	Mission Viejo	2019
3:53.71	El Toro		2015	3:56.25	Western	2003
3:53.8 +	Esperanza	3:55.1y	1976	3:56.27	Marina	2011
3:53.80	Corona del Mar		1987	3:56.33	Costa Mesa	1982
3:53.87	Troy		2009	3:56.34	Mater Dei	2003
3:53.9	SA Valley		1978	3:56.37	Newport	2015
3:53.95	Orange Lutheran		2026	3:56.42	Marina	2010
3:53.96	Esperanza		1985	3:56.55	Mission Viejo	1990
3:53.99	San Clemente		2010	3:56.64	Newport	2003
3:54.03	Woodbridge		2005	3:56.86	J Serra	2022
3:54.04	Dana Hills		2016	3:56.92	Woodbridge	1996

3:56.96	Orange Lutheran	2025	3:58.58	Portola	2025
3:56.99	Esperanza	1988	3:58.60	Esperanza	2007
3:56.01	Orange Lutheran	2010	3:58.61	Corona del Mar	1998
3:57.01	Mater Dei	2010	3:58.63	Capo Valley	1981
3:57.03	Woodbridge	2005	3:58.63	Santa Margarita	2004
3:57.07	Trabuco Hills	2017	3:58.65	Esperanza	1984
3:57.07	Aliso Niguel	2017	3:58.65	San Clemente	2011
3:57.08	Orange Lutheran	2005	3:58.65	San Clemente	2017
3:57.09	San Clemente	2009	3:58.66	Aliso Niguel	2009
3:57.1 +	Estancia	3:58.4y 1979	3:58.7	Dana Hills	2008
3:57.12	Esperanza	2005	3:58.71	Mater Dei	2015
3:57.20	El Toro	2003	3:58.74	Fountain Valley	2006
3:57.22	Corona del Mar	1986	3:58.76	El Toro	2016
3:57.20	Foothill	1995	3:58.8	University	1980
3:57.33	Corona del Mar	2004	3:58.82	Dana Hills	2015
3:57.39	Mission Viejo	2013	3:58.84	Aliso Niguel	2019
3:57.38	Orange Lutheran	2006	3:58.84	Dana Hills	2022
3:57.4 +	University	3:58.7y 1979	3:58.84	Newport	2024
3:57.4	Esperanza	1989	3:58.9	Cypress	2006
3:57.46	Yorba Linda	2026	3:59.00	Woodbridge	2011
3:57.47	Woodbridge	1998	3:59.01	El Toro	2022
3:50.50	Dana Hills	2011	3:59.04	Mission Viejo	1984
3:S7.51	Edison	1995	3:59.08	San Juan Hills	2012
3:57.54	Brea	1998	3:59.10	El Dorado	1993
3:57.6	El Toro	1981	3:59.11	Capo Valley	2004
3:57.60	Santa Margarita	2012	3:59.13	Corona del Mar	1999
3:57.65	Newport	1997	3:59.15	Orange Lutheran	2007
3:57.72	El Toro	2006	3:59.16	Aliso Niguel	2001
3:57.74	Santa Margarita	2018	3:59.18	Edison	1993
3:57.77	Capo Valley	2009	3:59.22	Fountain Valley	2014
3:57.78	SA Valley	1999	3:59.20	Mission Viejo	2024
3:57.83	Woodbridge	2013	3:59.24	Corona del Mar	2008
3:57.88	Mission Viejo	2010	3:59.26	Dana Hills	1986
3:57.91	Esperanza	2000	3:59.30	Woodbridge	2001
3:57.95	El Toro	2021	3:59.33	Mission Viejo	2011
3:57.96	Irvine	2012	3:59.34	Fountain Valley	2022
3:57.99	Mater Dei	2009	3:59.40	Northwood	2024
3:58.05	Corona del Mar	1985	3:59.46	Capo Valley	2013
3:58.05	Corona del Mar	2003	3:59.46	Mater Dei	2016
3:58.05	Northwood	2017	3:59.49	Western	2002
3:58.06	Mater Dei	2001	3:59.49	Mission Viejo	2025
3:58.08	Los Alamitos	2009	3:59.5	El Toro	1983
3:58.12	Northwood	2016	3:59.50	SA Valley	2001
3:58.19	Beckman	2019	3:59.52	Orange Lutheran	2009
3:58.20	Brea	2003	3:59.52	El Toro	2017
3:58.22	Trabuco Hills	2009	3:59.55	Corona del Mar	2009
3:58.23	Dana Hills	2005	3:59.60	Capo Valley	1987
3:58.24	Santa Margarita	2001	3:59.61	Corona del Mar	1989
3:58.24	Aliso Niguel	2015	3:59.62	San Juan Hills	2016
3:58.27	San Clemente	2012	3:59.63	Esperanza	1995
3:58.32	Mater Dei	2000	3:59.72	SA Valley	2000
3:58.38	Sunny Hills	1997	3:59.73	Irvine	1984
3:58.41	San Juan Hills	2010	3:59.73	Esperanza	2006
3:58.49	El Toro	1982	3:59.79	Laguna Beach	1980
3:58.50	Trabuco Hills	2005	3:59.80	Mission Viejo	2022
3:S8.5 +	El Toro	3:59.8y 1977	3:59.8	Mission Viejo	2007

3:59.81	Aliso Niguel	2011	4:17.93	Tesoro	2017
3:59.81	Newport	2025	4:18.38	Northwood	2019
3:59.87	Newport	2009	4:18.47	Los Alamitos	2010
3:59.88	Newport	2001	4:18.51	Mater Dei	2026
3:59.88	Northwood	2010	4:18.58	Rosary	2008
3:59.85	Mater Dei	2004	4:18.70	Yorba Linda	2016
3:59.85	Laguna Beach	2015	4:18.71	Fountain Valley	2015
3:59.89	Rosary	2024	4:19.04	El Toro	2021
3:59.92	Mission Viejo	1992	4:19.21	Villa Park	2022
3:59.94	Trabuco Hills	2016	4:19.54	Yorba Linda	2020
			4:19.78	San Clemente	2015
			4:19.82	Orange Lutheran	2010

Sprint Medley (1600m)

3:55.58	J Serra	2025
3:58.63	Los Alamitos	2015
4:02.36	Los Alamitos	2018
4:02.55	Dana Hills	2019
4:03.90	Edison	1983
4:05.60	Dana Hills	2017
4:05.95	Trabuco Hills	2024
4:06.39	Dana Hills	2014
4:07.58	San Juan Hills	2012
4:07.80	Woodbridge	2017
4:07.93	Yorba Linda	2019
4:07.94	Woodbridge	2016
4:08.20	Los Alamitos	2016
4:09.14	Mater Dei	2011
4:09.28	Woodbridge	2012
4:10.53	San Juan Hills	2013
4:10.54	Dana Hills	2012
4:10.66	Mater Dei	2013
4:10.97	Trabuco Hills	2010
4:11.26	Mission Viejo	2016
4:11.52	Woodbridge	2013
4:11.54	Mission Viejo	1986
4:11.54	Fountain Valley	2006
4:12.32	Dana Hills	2008
4:12.41	Edison	1984
4:12.75	Villa Park	2012
4:13.00	Marina	2010
4:13.44	Los Alamitos	2017
4:13.53	Northwood	2026
4:13.66	San Clemente	2019
4:13.73	Marina	2019
4:14.59	Los Alamitos	2013
4:14.61	Los Alamitos	2023
4:14.61	Northwood	2025
4:15.12	Woodbridge	2012
4:15.75	Trabuco Hills	2025
4:16.31	Los Alamitos	2011
4:16.58	Brea	2011
4:16.74	Mission Viejo	2015
4:17.14	Trabuco Hills	2023
4:17.28	Villa Park	2016
4:17.65	Northwood	2022
4:17.65 J	Serra	2022
4:17.85	Woodbridge	2011

4 x 800 meter Relay

8:50.32	J Serra	2026
8:52.26	J Serra	2023
8:52.68	J Serra	2022
8:52.68	J Serra	2025
(State Runner Up)		
8:54.14	J Serra	2024
9:10.00	Mission Viejo	2017
9:10.70	Foothill	1983
9:11.31	Mission Viejo	2019
9:15.12	J Serra	2021
9:16.09	Trabuco Hills	2023
9:16.11	Trabuco Hills	2025
9:19.33	Dana Hills	2014
9:19.70	Los Alamitos	2017
9:21.12	El Toro	2025
9:21.17	Dana Hills	2015
9:21.28	Canyon	2021
9:21.55	Dana Hills	2019
9:23.03	Beckman	2026
9:23.21	Mission Viejo	2018
9:24.31	J Serra "B"	2023
9:24.82	Dana Hills	2023
9:25.37	Fountain Valley	2005
9:25.91	Santa Margarita	2025
9:27.81	San Clemente	2026
9:28.10	El Toro	2004
9:28.20	Mission Viejo	2016
9:28.39	Mission Viejo	2014
9:29.13	Mater Dei	2026
9:30.22	Trabuco Hills	2010
9:30.64	Tesoro	2010
9:30.69	Dana Hills	2013
9:31.19	Dana Hills	2009
9:31.4	Fountain Valley	2006
9:31.43	El Toro	2005
9:31.44	Mission Viejo	2006
9:31.71	Mission Viejo	2013
9:32.18	Los Alamitos	2015
9:32.22	El Toro	2018
9:32.66	El Toro	2003
9:32.77	J Serra "B"	2025
9:32.80	Tesoro	2013

9:32.80	Santaa Margarita	2026	9:43.7	Tustin	1982
9:32.96	Brea	2003	9:43.86	Esperanza	1985
9:33.28	Dana Hills	2018	9:43.91	Marina	2009
9:33.55	Tesoro	2025	9:44.01	J Serra	2020
9:33.66	Santa Margarita	2019	9:44.19	Dana Hills	2002
9:34.37	Orange Lutheran	2007	9:44.37	Newport	2005
9:35.36	Dana Hills	2017	9:44.4	University	1981
9:35.52	Dana Hills	2024	9:44.62	Aliso Niguel	2026
9:35.72	Laguna Hills	2012	9:44.71	Laguna Beach	2014
9:35.91	Los Alamitos	2021	9:44.93	Corona del Mar	2008
9:36.11	Los Alamitos	2023	9:45.05	Beckman	2021
9:36.16	Los Alamitos	2018	9:45.32	Brea	2005
9:36.31	Laguna Hills	2014	9:45.40	Edison	2008
9:36.38	Marina	2021	9:45.51 L	os Alamitos	2022
9:37.02	Capo Valley	2025	9:45.82	Santa Margarita	2008
9:37.12	Canyon	2026	9:46.4	El Toro	1992
9:37.22	Dana Hills	2011	9:46.7	Edison	1991
9:37.39	Fountain Valley	2004	9:46.75	Orange Lutheran	2009
9:37.44	El Modena	2008	9:46.83	Tesoro	2026
9:37.73	Los Alamitos	2025	9:46.89	Fountain Valley	2007
9:37.96	J Serra "B"	2024	9:46.92	Edison	2004
9:38.05	Woodbridge	2006	9:47.21	Dana Hills	2006
9:38.12	San Juan Hills	2011	9:47.00	Woodbridge	2024
9:38.67	Esperanza	2005	9:47.27	San Juan Hills	2010
9:38.9	Edison	1986	9:47.39	Esperanza	2010
9:39.16	Brea	2022	9:47.63	Newport	2026
9:39.25	San Clemente	2025	9:47.67	Dana Hills	2010
9:39.86	Trabuco Hills	2024	9:47.71	San Juan Hills	2016
9:39.92	Los Alamitos	2024	9:47.94	Yorba Linda	2025
9:40.18	Tesoro	2024	9:48.01	Aliso Niguel	2019
9:40.33	San Clemente	2011	9:48.04	Woodbridge	2019
9:40.43	Costa Mesa	2014	9:48.3	SA Valley	1989
9:40.57	El Modena	1998	9:49.0	Santa Margarita	1994
9:40.71	Esperanza	2003	9:49.24	Brea	1998
9:40.78	Tesoro	2015	9:49.24	Dana Hills	2022
9:41.0	Foothill	1989	9:49.34	Mission Viejo	2007
9:41.1	Mater Dei	1989	9:49.4	Woodbridge	2002
9:41.11	Mission Viejo	2020	9:49.59	San Juan Hills	2015
9:41.16	Brea	2004	9:49.6	Corona del Mar	1993
9:41.31	Yorba Linda	2026	9:49.60	El Toro	2011
9:41.67	Los Alamitos	2019	9:49.79	Capo Valley	2026
9:41.71	Pacifica	2026	9:49.8	Corona del Mar	1994
9:41.72	Huntington B each	2026	9:50.34	Los Alamitos	2020
9:41.84	Santa Margarita	2004	9:50.4 +	Tustin	9:53.9y 1981
9:41.88	Trabuco Hills	2026	9:50.48	El Modena	1996
9:41.9	Edison	1985	9:50.73	Canyon	2018
9:42.20	Fountain Valley	2008	9:51.23	Los Alamitos	2026
9:42.31	Dana Hills	2016	9:51.94	Mission Viejo	2018
9:42.34	Newport	2014	9:52.0	Esperanza	1998
9:42.49	San Clemente	2024	9:52.03	El Modena	1995
9:42.5	Fountain Valley	1983	9:52.1	Irvine	1985
9:42.85	Orange Lutheran	2010	9:52.10	Edison	2022
9:42.9 +	Foothill	9:46.4y 1981	9:52.5	Canyon	1994
9:43.02	Brea	2022	9:52.58	Dana Hills	2004
9:43.03	El Toro "B"	2025	9:52.58	Los Alamitos	2011
9:43.65	Mission Viejo	2015	9:52.74	Brea	2020

9:53.0	Edison	2006	11:43.53	University	1982
9:53.01	Corona del Mar	2010	11:47.31	J Serra	2025
9:53.40	Mater Dei	2024	11:47.39	Dana Hills	2009
9:53.48	Newport	2007	11:49.24	J Serra	2022
9:53.5	El Toro	1995	11:52.09	Newport	2024
9:53.67	Northwood	2012	11:52.42	J Serra	2026
9:53.69	Huntington Beach	2024	11:52.45	J Serra	2023
9:54.1	Mater Dei	1986	11:52.99	El Toro	2017
9:54.1	Edison	1994	11:54.43	J Serra	2021
9:54.48	Foothill	2011	11:55.21	Woodbridge	2006
9:54.69	Fountain Valley	2010	11:59.03	Corona del Mar	2010
9:54.81	Marina	2022	12:00.09	J Serra	2024
9:54.83	Northwood	2016	12:00.48	Dana Hills	2022
9:54.9	Fountain Valley	1996	12:00.71	Mission Viejo	2016
9:54.99	Edison	2026	12:01.32	Marina	2012
9:55.04	Tesoro	2017	12:02.27	Esperanza	2009
9:55.3	Fountain Valley	1993	12:04.3	Fountain Valley	1980
9:55.30	University	1998	12:04.83	Tesoro	2015
9:55.38	Santa Margarita	2011	12:06.29	Esperanza	2002
9:55.39	Mission Viejo	2026	12:06.37	Santa Margarita	2026
9:55.42	Newport	2006	12:06.45	Esperanza	1995
9:55.8 E	l Modena	1988	12:06.51	Edison	2012
9:56.00	El Modena	1999	12:06.84	San Clemente	2009
9:56.46	Northwood	2021	12:06.89	J Serra "B"	2022
9:56.77	Santa Margarita	2002	12:07.0	Edison	1984
9:57.1	Edison	1983	12:07.21	Fountain Valley	2006
9:57.20	Santa Margarita	2013	12:08.22	Orange Lutheran	2009
9:57.3	Woodbridge	1991	12:08.64	El Toro	2004
9:57.40	Edison	2013	12:08.93	Woodbridge	2005
9:57.56	Tesoro	2011	12:09.0	Edison	1980
9:57.59	Fullerton	2026	12:09.37	Edison	1992
9:57.69	El Toro	2020	12:09.54	Foothill	1983
9:57.76	Woodbridge	2014	12:10.11	Esperanza	2008
9:57.80	Orange Lutheran	2008	12:10.37	Esperanza	2003
9:57.82	Esperanza	2006	12:10.58	Trabuco Hills	2009
9:57.9	Katella	1982	12:10.59	Edison	2006
9:57.9	Los Alamitos	2009	12:10.81	Trabuco Hills	2012
9:57.96	Foothill	2002	12:11.12	J Serra "B"	2023
9:57.97	Mission Viejo	1998	12:11.37	Esperanza	2001
9:58.0	Sonora	1981	12:12.26	Corona del Mar	2000
9:58.09	Mission Viejo	1996	12:12.64	El Toro	2026
9:58.1	El Toro	2000	12:12.70	Dana Hills	2016
9:58.11	Trabuco Hills	2019	12:13.07	Edison	2007
9:58.25 F	ountain Valley	2014	12:13.14	Mission Viejo	2017
9:58.9 T	rabuco Hills	2009	12:14.17	Santa Margarita	2001
9:59.0	Pacifica	2000	12:14.24	Orange Lutheran	2011
9:59.00	Yorba Linda	2024	12:14.30	Tesoro	2025
9:59.3	Edison	1993	12:14.40	University	1996
9:59.43	Fullerton	2024	12:14.58	Marina	2021
9:59.68	Laguna Beach	2026	12:14.61	Trabuco Hills	2010
			12:14.73	Esperanza	2010
			12:15.07	Esperanza	1994
			11:15.20	Trabuco Hills	2026
			11:15.41	Trabuco Hills	2023
			12:15.58	San Clemente	2011
			12:16.13	Tesoro	2016
Distance Medley					
11:34.65	Corona del Mar	2006			
11:38.25	Mission Viejo	2019			
11:41.28	Corona del Mar	2007			
11:42.07	Corona del Mar	2005			

12:16.18	Corona del Mar	2009	12:29.44	Brea	2003
12:16.32	Marina	2013	12:29.94	San Clemente	2012
12:16.36	Edison	1983	12:30.21	Fountain Valley	2022
12:16.6	Edison	1982	12:30.26	Marina	2014
12:17.00	Dana Hills	2015	12:30.40	La Quinta	1987
12:17.59	Newport	2014	12:30.3	Laguna Beach	1981
12:17.83	El Toro	2016	12:30.62	Los Alamitos	2021
12:17.95	Trabuco Hills	2011	12:30.73	J Serra "C"	2024
12:18.10	San Juan Hills	2012	12:30.76	J Serra	2017
12:18.45	Capo Valley	2025	12:30.98	Ocean View	1992
12:18.63	Corona del Mar	2008	12:31.10	Marina	2011
12:18.84	Mission Viejo	2018	12:31.18	Edison	1993
12:18.89	San Juan Hills	2016	12:31.19	Dana Hills	2014
12:19.10	San Clemente	2026	12:31.33	Edison	1982
12:20.41	Fountain Valley	2005	12:31.95	Orange Lutheran	2010
12:20.46	Woodbridge	2004	12:32.05	Capo Valley	1981
12:20.64	Capo Valley	2015	12:32.19	Fountain Valley	2010
12:21.01	Brea	2008	12:32.24	Foothill	2011
12:21.1	University	1983	12:32.27	Laguna Hills	2013
12:21.18	Woodbridge	2008	12:32.34	Mission Viejo	2020
12:21.24	Trabuco Hills	2015	12:32.42	Beckman	2023
12:21.63	Woodbridge	2025	12:32.60	El Toro	2013
12:22.10	Trabuco Hills	2020	12:32.77	Brea	2017
12:22.22	San Clemente	2010	12:32.9	Fountain Valley	2002
12:22.49	J Serra "B"	2024	12:33.17	University	1998
12:23.60	Edison	2015	12:33.47	Northwood	2016
12:23.63	Dana Hills	2013	12:33.49	Newport	1984
12:22.64	Fountain Valley	2008	12:33.58	Foothill	2013
12:23.04	Fountain Valley	2011	12:34.05	Edison	2008
12:23.63	Trabuco Hills	2024	12:34.21	J Serra	2020
12:23.67	Dana Hills	2002	12:34.47	Tesoro	2024
12:23.7	Foothill	1980	12:34.78	Esperanza	2014
12:23.95	El Toro	2003	12:35.0	Foothill	1979
12:24.07	Woodbridge	2003	12:35.11	Brea	2004
12:24.07	Fountain Valley	2021	12:35.23	Ocean view	1993
12:24.61	Edison	1985	12:35.25	Fountain Valley	2012
12:24.86	Brea	2019	12:35.44	Orange Lutheran	2020
12:24.90	Santa Margarita	2004	12:35.40	Newport	1985
12:25.07	Woodbridge	1991	12:35.49	Trabuco Hills	2007
12:25.2	Laguna Hills	1993	12:35.57	El Modena	1993
12:25.30	Irvine	1984	12:35.61	Newport	1986
12:25.43	Brea	2002	12:35.99	Esperanza	2007
12:25.68	Dana Hills	2011	12:36.0	University	1979
12:25.89	Brea	2005	12:36.00	Dana Hills	2017
12:26.51	Ocean View	1986	12:36.10	Fountain Valley	2003
12:26.91	Newport	2006	12:36.19	Edison	2010
12:27.2	Edison	1981	12:36.23	Woodbridge	2013
12:27.33	sNorthwood	2021	12:36.58	Edison	1986
12:27.78	Capo Valley	2016	12:36.79	Woodbridge	2012
12:28.10	Costa Mesa	1992	12:36.83	El Modena	1995
12:28.32	Woodbridge	2001	12:36.85	Mission Viejo	2026
12:28.35	Edison	2005	12:36.88	Orange Lutheran	2021
12:28.5	Esperanza	1983	12:37.75	Canyon	2009
12:28.60	Trabuco Hills	2013	12:37.79	Los Alamitos	2026
12:28.86	Brea	2020	12:37.97	Newport	2005
12:29.01	Edison	1984	12:38.01	Tesoro	2017

12:38.09	El Toro	2005	21:18.38	Corona del Mar	2001
12:38.51	Dana Hills	2023	21:18.90	El Toro	2012
12:38.60	Capo Valley	2000	21:18.93	Aliso Niguel	2026
4 x 1500 meter Relay			21:20.7	Edison	1986
18:52.5	University	1982	21:21.15	Dana Hills	2014
19:39.5	Edison	1984	21:21.20	Fountain Valley	2011
19:42.5	Edison	1985	21:21.84+	El Toro	21:29.33y 2008
19:43.2	University	1983	21:22.2	Edison	1994
19:51.4	Edison	1983	21:22.56	Laguna Hills	2018
19:57.8	University	1981	21:22.83+	Trabuco Hills	21:30.32y 2008
20:01.7	Esperanza	1985	21:22.95	San Clemente	2024
20:33.5	Tustin	1984	21:23.70	Dana Hills	21:40.08y 2010
21:11.5	Tustin	1985	21:24.25	Canyon	2011
4 x 1600 meter Relay			21:24.33+	Fountain Valley	21:31.83y 2008
20:17.73	J Serra	2022	21:25.40+	Newport	21:32.89y 2006
20:20.38	Corona del Mar	2005	21:25	El Toro	2018
20:35.63	El Toro	2025	21:25.57+	El Modena	21:33.08y 2008
20:36.50	El Toro	2026	21:26.32	Laguna Hills	2014
20:39.16+	Dana Hills	20:46.38y 2009	21:26.93+	Esperanza	21:34.45y 2007
20:41.56+	San Clemente	21:52.04y 2026	21:28.34	Woodbridge	2012
20:51.68	Capo Valley	2014	21:28.85	Laguna Hills	2022
20:52.13	Orange Lutheran	2010	21:29.30	Laguna Beach	2013
20:53.48	Trabuco Hills	2009	21:29.38	Canyon	2017
20:55.59+	Orange Lutheran	21:02.92y 2008	21:29.62	Newport	2015
20:55.88	J Serra	2026	21:30.17	Marina	2013
20:56.04	El Toro	2017	21:31.19+	Santa Margarita	21:38.73y 2008
20:58.02	Trabuco Hills	2011	21:31.70	Trabuco Hills	2013
21:00.07	Marina	2011	21:31.81	Bolsa Grande	2013
21:02.57	El Toro	2024	21:32.89+	Fountain Valley	21:40.43y 2006
21:05.34	Canyon	2016	21:33.08	Dana Hills	2013
21:06.18	Orange Lutheran	2007	21:33.67	Capo Valley	2013
21:06.77	El Toro	2013	21:34.0	Costa Mesa	1981
21:08.02	Fountain Valley	2014	21:34.1	Tustin	1981
21:08.12	Capo Valley	2015	21:36.2	Corona del Mar	1993
21:09.10+	Trabuco Hills	2009	21:37.51	Marina	2014
21:09.57	El Toro	2014	21:37.91+	Fountain Valley	21:45.48y 2005
21:09.57	Esperanza	2015	21:38.20+	Edison	21:45.77y 2004
21:10.15	Dana Hills	21:17.56y 2006	21:36.58	Brea	2017
21:11.10+	Dana Hills	21:18.52y 2008	21:36.90	Canyon	2025
21:11.12	Laguna Hills	2015	21:39.14+	Orange Lutheran	21:46.71y 2006
21:11.58	Laguna Hills	2017	21:39.47	Los Alamitos	2013
21:12.49	Trabuco Hills	2014	21:40.01	San Juan Hills	2017
21:13.49	Canyon	2013	21:41.07	Canyon	2012
21:14.1+	Tustin	21:19.7y 1985	21:41.30	Cypress	2004
21:14.44	Fountain Valley	2013	21:41.92	Santa Margarita	2003
21:14.83	El Toro	2016	21:42.36	Laguna Beach	2015
21:15.76	El Toro	2019	21:42.97+	Fountain Valley	21:50.57y 2004
21:16.13	Huntington Beach	2022	21:43.14+	Trabuco Hills	21:50.75y 2007
21:16.27	Dana Hills	2012	21:43.55+	Los Alamitos	21:51.16y 2010
21:17.47	Santa Margarita	2025	21:43.72	Trabuco Hills	2012
21:17.81	Laguna Hills	2012	21:44.28	Brea	2016
21:18.15	Dana Hills	2011	21:44.46	Santa Margarita	2026
21:18.34	Marina	2012	21:44.69	Trabuco Hills	2015
			21:46.06	Trabuco Hills	2017
			21:46.35	Edison	1995
			21:46.37+	Trabuco Hills	21:54.00y 2010

21:46.5	Esperanza		1986	5-9	* Terri McCuniff (Newport)	1980
21:46.60	Capo Valley		2018	5-9	** Tina Bowman (Newport)	1993
21:46.74	Dana Hills		2016	5-9	Darnisha Griffith (Trabuco Hills)	1998
21:47.07	J Serra		2025	5-9	Krishna Curtis (Tustin)	2005
21:47.19+	Canyon	21:54.82y	2010	5-9	Jasmin Day (Costa Mesa)	2006
21:47.28+	Edison	21:54.91y	1984		(State Champion)	
21:47.44+	Mission Viejo	21:55.06y	2006	5-8.5	**Laura Mills (University)	1980
21:48.10	Capo Valley		2011	5-8.5	Lauren Collins (Santa Margarita)	2005
21:48.22	Tesoro		2019	5-8	Sharon Hatfield (Fountain Valley)	1980
21:49.13	Bolsa Grande		2012	5-8	Lisa Fegraus (Laguna Beach)	1982
21:49.17	J Serra		2018	5-8	*Beth Byron (Villa Park)	1991
21:49.47	Bolsa Grande		2015	5-8	Tracy Broughton (Irvine)	1992
21:50.9	Dana Hills		1996	5-8	Darcia Morrieson (Laguna Hills)	1993
21:51.78	Dana Hills		2022	5-8	* Linnea Housewright (Rosary)	1995
21:52.27+	Edison	21:59.92y	2006	5-8	** Stevie Nicholas (Sunny Hills)	1998
21:52.49	Fountain Valley		2012	5-8	Jessica Robson (Newport)	2007
21:52.76	Fountain Valley		2007	5-8	** Annie Giebelhaus (Orange Lutheran)	2009
21:53.10	El Modena		1996	5-8	Dominique Ruotolo (Mater Dei)	2018
21:53.14	Yorba Linda		2026	5-8	*Emily Garner (Woodbridge)	2018
21:53.85	Dana Hills		2005	5-8	*Julia Teven (Brea)	2025
21:54.60	San Juan Hills		2011		(Third Place State 24 & '25)	
21:54.73	Dana Hills		2015	5-7.5	Kelly Graton (Loara)	1989
21:54.78	Tesoro		2012	5-7.5	Brenna Barker (Dana Hills)	2013
21:54.80	Mission Viejo)		2017	5-7	Ester Scherzinger (Anaheim)	1978
21:55.8	El Modena		1993	5-7	Stacy Lee (Los Alamitos)	1985
21:55.92	Laguna Hills		2019	5-7	Lisa Coleman (Marina)	1987
21:56.05	Canyon		2026	5-7	** Lisa Fager (Mission Viejo)	1988
21:56.5	Irvine		1992	5-7	* Kala Ross (Newport)	1992
21:57.4	Esperanza		1998	5-7	*** Ashley Bethel (Mission Viejo)	1995
21:58.02	Trabuco Hills		2016	5-7	Lauren Correa (El Toro)	2005
21:58.7	SA Valley		1989	5-7	**Taylor Saline (Orange Lutheran)	2012
21:58.82	Beckman		2026	5-7	Taylor Eddleman (Huntington Beach)	2015
21:59.17	Woodbridge		2016	5-7	*Amber Whipple (El Dorado)	2025
21:59.37	Laguna Beach		2018	55-6.5	*Paula Jones (Mission Viejo)	1979

High Jump

6-2	Sharon Day (Costa Mesa)		2003	5-6.5	Dena Beatty (Esperanza)	1982
	(‘02 & ‘03 State Champion)			5-6.5	** Courtney Stafford (Katella)	1999
6-0	* Yleana Carrasco (Anaheim)		1985	5-6.5	Lindsay Paulick (University)	2000
	(State Champion)			5-6.25	Val Corona (Sunny Hills)	1979
5-11	** Ursula Lovely (Kennedy)		1985	5-6.25	** Tracy Claussen (Sunny Hills)	1983
5-10.75	* Kristy Kierulff (Esperanza)		1994	5-6.25	Stephanie Wettlin (Brea)	1997
	(‘92 & ‘94 State Champion)			5-6.25	* Nicole Fallen (Mission Viejo)	1998
5-10.75	Lori Svoboda (El Dorado)		1989	5-6	Kelly McPheeters (Orange)	1978
	(Third Place State)			5-6	C. Mack (SA Valley)	1978
5-10.5	Tayyiba Haneef (Laguna Hills)		1997	5-6	Karen Christie (Los Alamitos)	1977
	(State Champion)			5-6	Marcie Wurts (Corona del Mar)	1979
5-10	Laura Campbell (Troy)		1981	5-6	Lynnda Kelly (Irvine)	1981
5-10	Debbie Orr (Ocean View)		1986	5-6	*** Leah Palmer (Sunny Hills)	1982
5-10	* Melissa McDonald (Mater Dei)		1990	5-6	Molly Moore (Loara)	1983
5-10	* * Misty May (Newport)		1993	5-6	Tricia Masangkay (Huntington Beach)	1986
5-10	** Rachel Ziemann (Edison)		2000	5-6	*Lisa Coleman (Marina)	1986
5-10	*Madelyn Sooter (Sunny Hills)		2026	5-6	Melanie Williams (Western)	1986
	(Third Place State)			5-6	Elizabeth Bauer (Foothill)	1989
5-10	Julia Teven (Brea)		2026	5-6	Christie Howard (Estancia)	1990
5-9	Ann Erpenbeck (Huntington Beach)		1978	5-6	Lynette Anderson (Esperanza)	1994
				5-6	April Ross (Newport)	2000
				5-6	** Allison Brawner (Corona del Mar)	2000

5-6	*Stephanie Marks (Woodbridge)	2001	13-2	*Tori Pena (Edison)	2005
5-6	*Erica Malouf (University)	2001	13-2	Cassidy Nguyen (Los Alamitos)	2026
5-6	Kathleen Mahony (Rosary)	2002	13-1	Allison Koressel (Huntington Beach)	2009
5-6	Shawn Dooley (Villa Park)	2003	13-0.25	Victoria Rische (Foothill)	2012
5-6	Kathleen Mahoney (Rosary)	2004	13-0	*Morgan Flynn (Aliso Niguel)	2019
5-6	Sandy Gonzalez (El Modena)	2006	12-11	Olivia Bettinger (Los Alamitos)	2025
5-6	*** Ashlynn Thomas (Loara)	2008	12-10	Whitney Johnson (Mission Viejo)	2004
5-6	* Melissa Hancock (Newport)	2009	12-10	*Claire Hawkins (Santa Margarita)	2009
5-6	*Caitlin Birdsell (Beckman)	2010	12-9	Kristen McGregor (Marina)	2002
5-6	*Chelsea Larson (Orange Lutheran)	2010	12-9	Jessica Davis (Trabuco Hills)	2023
5-6	Annie Gielbelhaus (Orange Lutheran)	2011	12-9	Sydni Harden (Dana Hills)	2025
5-6	* Michelle DeDmon (El Toro)	2013		(State Runner Up)	
5-6	* Susannah Oleson (Huntington Beach)	2013	12-8	Cara Walker (Marina)	2003
5-6	*Kallie Given (Los Alamitos)	2016	12-8	Isabella Abrahams (Fountain Valley)	2024
5-6	**Dominique Ruotolo (Mater Dei)	2016	12.08	Helena Reuter (J Serra)	2026
5-6	Kallie Given (Los Alamitos)	2017	12-7.25	Amy Loschiavo (Huntington Beach)	2012
5-6	***Kendra Duffey (Aliso Niguel)	2019	12-7	Elizabeth Woepse (Mater Dei)	2004
5-6	Hanna Bevan (Trabuco Hills)	2019	12-7	Morgan Simon (Corona del Mar)	2018
5-6	***Natalie McCarty (Newport)	2023	12-6	*Erin Gerardo (Santa Margarita)	2016
5-6	Isis Salazar (Orean View)	2024	12-6	Claire Kao (Dana Hills)	2016
5-5.25	* Dana Leindeckex (Dana Hills)	2004	12-6	Erin Gerardo (Santa Margarita)	2017
5-5	Erin Pike (Kennedy)	1978	12-4	Katie Rorem (Marina)	1998
5-5	Lisa Pickering (Santa Ana)	1979	12-4	*Carissa Culver (Los Alamitos)	2010
5-5	Tracy Clark (El Toro)	1980	12-4	Karen Snapper (Edison)	2012
5-5	***Jamie Hatchett (Sunny Hills)	1982	12-3	Jennae Bennett (Foothill)	2005
5-5	Tarni Chick (Huntington Beach)	1987	12-3	*Lyndly Tamura (Huntington Beach)	2006
5-5	Laura Sawin (Corona del Mar)	1989	12-3	Brooke Arthur (Mater Dei)	2010
5-5	Carrie Hoagland (Canyon)	1994	12-3	Madalyn Roberts (Mater Dei)	2011
5-5	** Marie Philman (Edison)	1994	12-3	Emily Coombs (Orange Lutheran)	2017
5-5	** Erica Paulick (University)	2000	12-2	*Megan Jamerson (Santa Margarita)	2003
5-5	Artemis Sotirotoulos (Sunny Hills)	2004	12-2	Susanne Hotchkin (Mission Viejo)	2006
5-5	L. Fletcher (Loara)	2005	12-2	Katelyn Beighton (Los Alamitos)	2007
5-5	Rachel Soremekun (Cypress)	2005	12-2	Maddy Agnew (Mission Viejo)	2018
5-5	* Suzanne Munganga (Orange Lutheran)	2008	12-2	*Adi Rusin (J Serra)	2026
5-5	Kimmie Conner (Dana Hills)	2010	12-1	Kelly MacLean (Edison)	2005
5-5	*Madalyn Sando (Mater Dei)	2011	12-1	Sierra Hansen (Dana Hills)	2013
5-5	**Christine Campbell (University)	2011	12-1	Britain Polk (Marina)	2022
5-5	Tori Usgaard (Dana Hills)	2012	12-1	Sophia Chiaverini (J Serra)	2024
5-5	Madalyn Sando (Mater Dei)	2012	12-1	Bridget Bourdon (J Serra)	2024
5-5	Asha Hardy (Corona del Mar)	2014	12-0.75	Erica Hoering (Foothill)	1996
5-5	Hannah O'Connor (Woodbridge)	2014	12-0	** Mandie Rowell (Santa Margarita)	2001
5-5	*Liana Edgar (Santa Margarita)	2016	12-0	*Jannae Bennet (Foothill)	2004
5-5	Liana Edgar (Santa Margarita)	2017	12-0	Alexa Ward (Los Alamitos)	2008
5-5	Jolie Robinson (Capo Valley)	2019	12-0	Renee Greene (Mater Dei)	2012
5-5	Carissa Martinez (Mater Dei)	2022	12-0	Jenna Frum (Mater Dei)	2014
5-5	*Megan Witte (Mater Dei)	2025	12-0	Molly Scharmann (Tesoro)	2015
			12-0	Kari McCollum (Orange Lutheran)	2015
			12-0	Dylan Beveridge (Aliso Niguel)	2021
			11-11	Sara Higham (Mission Viejo)	1998
			11-11	Ellison Colorossi (Tesoro)	2020
			11-10	** Claire Hawkins (Santa Margarita)	2008
			11-10	Mackenzie McRoberts (Mater Dei)	2011
			11-10	Sara Greene (Mater Dei)	2012
			11-10	Brooke Anger (Los Alamitos)	2017
			11-10	**Chloe Smith (San Clemente)	2024
			11-10	*Sophia Alagha (Beckman)	2025

Pole Vault

14-4	Rachel Baxter (Canyon)	2017
	(‘16 & ‘17 State Champion)	
13-9	*Kaitlyn Merritt (Santa Margarita)	2014
	(‘14 & ‘15 State Champion)	
13-8	* McKenna Caskey (Mater Dei)	2016
13-7	*Allison Stokke (Newport)	2007
	(‘04 State Champion—Frosh year)	
13-4	Kate Thomas (Santa Margarita)	2017

11-9	Chrissy Vandoornum (Huntington Beach)	2007	11-3	*Lillie Boyer (Mater Dei)	2017
11-9	Melissa Morris (Cypress)	2008	11-3	*Celeste Taylor (St Margaret's)	2021
11-9	Haley Stauber (Rosary)	2010	11-2	*Lindsay Steinriede (Dana Hills)	2003
11-9	Amy Loschiavo (Huntington Beach)	2011	11-2	Lauren Walker (Huntington Beach)	2006
11-9	Isabela Lozowski (Mater Dei)	2012	11-2	Sierra Adams ((San Clemente)	2021
11-9	Peri Howser (Newport)	2013	11-1	Becky Beal (Fountain Valley)	2007
11-9	Julie Johnson (Mater Dei)	2013	11-1	* Micah Fein (Laguna Hills)	2007
11-9	Celeste Taylor (St Margaret's)	2022	11-1	Christina Jakimiw (Marina)	2007
11-9	Natalia Wilson (Trabuco Hills)	2022	11-1	* Caroline Yin (Edison)	2009
11-9	Kalea Brown (Northwood)	2022	11-1	Hannah Chang (San Clemente)	2015
11-8	Caroline Rebello (Marina)	2000	11-1	Nicole Gehring (Mater Dei)	2016
11-8	Jessie Lucier (Santa Margarita)	2006	11-1	Allison Millar (Los Alamitos)	2019
11-8	Katie Morte (Mater Dei)	2006	11-1	Anika Magula (Marina)	2024
11-8	Kate Johnson (Mater Dei)	2010	11-1	**Taylor Tokeshi (Orange Lutheran)	2026
11-7	Christin Shibley (Trabuco Hills)	2004	11-0	*Micelle McCaslin (Marina)	1997
11-7	Christina Jacamu (Marina)	2007	11-0	Christine Von der Ahe (Santa Margarita)	2000
11-7	Kao Claire (Dana Hills)	2015	11-0	Alexis Jaime (Laguna Hills)	2000
11-7	McKaay Ketchum (Newport)	2024	11-0	* Elisa Liana (Katella)	2001
11-7	*Justine King (Newport)	2024	11-0	*Lindsay Steinriede (Dana Hills)	2002
11-7	Alyssa Kolbeck (Capo Valley)	2024	11-0	** Brenna Martin (Katella)	2002
11-6	Tricia Gutierrez (Esperanza)	1998	11-0	Tracie Nakagawa (Brea)	2002
11-6	Kris-Erin Canary (Corona del Mar)	2002	11-0	DeeDee Chan (Capo Valley)	2004
11-6	Megan Jamerson (Santa Margarita)	2004	11-0	* Hilary Pohlman (Huntington Beach)	2004
11-6	Mac Lean (Edison)	2004	11-0	** Rachel Tears (Santa Margarita)	2005
11-6	Jocelyn Do (Marina)	2004	11-0	Chelsea Ravitch (Trabuco Hills)	2005
11-6	*** Katie Adams (Aliso Niguel)	2005	11-0	Kristina Fryar (Fountain Valley)	2006
11-6	** Alexa Ward (Los Alamitos)	2006	11-0	Molly Mahony (Rosary)	2008
11-6	* Hillary Van Ert (Capo Valley)	2007	11-0	** Kate Johnson (Mater Dei)	2008
11-6	Allison Krugman (Newport)	2011	11-0	Vanessa Chin (El Toro)	2008
11-6	Grace Boyer (Mater Dei)	2013	11-0	Q. Chang (El Toro)	2008
11-6	Brittany Henderson (Mission Viejo)	2014	11-0	Lisa Dolan (Edison)	2008
11-6	*Erin McAndrews (Mater Dei)	2015	11-0	*Grace Boyer (Mater Dei)	2012
11-6	*Ella Hampson (Dana Hills)	2015	11-0	Kaylie Welch (Mater Dei)	2012
11-6	*Nina Espeleta (Huntington Beach)	2017	11-0	*Natalie Grabowski (Santa Margarita)	2012
11-6	Camdyn Roberts (Trabuco Hills)	2017	11-0	Ashley Prevett (Edison)	2013
11-6	Jenny Kroeger (Mission Viejo)	2019	11-0	*Nicole Katzaroff (Mater Dei)	2014
11-6	Avery Karner (Dana Hills)	2021	11-0	Niguel Ziegler (Trabuco Hills)	2016
11-6	Nathalie Barnes (Santa Margarita)	2021	11-0	Melissa Scott (Beckman)	2016
11-6	Isabelle The (Trabuco Hills)	2021	11-0	Alison Young (Huntington Beach)	2018
11-6	**Charley Giacobetti (J Serra)	2022	11-0	Amari Turner (Los Alamitos)	2019
11-6	Allison Karner (Dana Hills)	2022	11-0	**Sierra Adams (San Clemente)	2019
11-6	Karen Maceranka (Laguna Hills)	2024	11-0	**Natalie Barnes (Santa Margarita)	2019
11-6	Daniella Mondino (Fountain Valley)	2026	11-0	*Ashley Harritt (Foothill)	2019
11-4	Noelle Smith (Huntington Beach)	2013	11-0	*Isabella Teh (Trabuco Hills)	2020
11-4	Madi Bragg (El Toro)	2013	11-0	Shannon Strassman (Corona del Mar)	2021
11-4	*Keri Lindstrom (Capo Valley)	2017	11-0	Colleen Schmitt (Rosary)	2023
11-4	*Sophia Zarcone (Mater Dei)	2019	11-0	Sophia Williams (Crean)	2024
11-4	*Bridget Bourdon (J Serra)	2023	11-0	*Niki Paedon (San Clemente)	2026
11-4	*Charley Giacobetti (J Serra)	2023	10-10	Catalina Dunmeyer (Trabuco Hills)	2011
11-4	**Kendall Chew (Woodbridge)	2024	10-10	* Chrsitina Clark (Mission Viejo)	2013
11-4	*Daniella Mondino (Fountain Valley)	2025	10-9	Kelly McCormick (Dana Hills)	2011
11-3	Missy Burley (Rosary)	2007	10-9	Chloe Roy (Edison)	2014
11-3	Cheryl Smith (Trabuco Hills)	2009	10-9	Erica Davis (Fountain Valley)	2014
11-3	Monica Danielson (Edison)	2011	10-9	**Nina Espeleta (Huntington Beach)	2016
11-3	Mikaela Morris (El Toro)	2012	10-9	Natalia Cieply (Mission Viejo)	2017
11-3	* Diana Fujii (Mater Dei)	2013	10-9	*Madison Wong (Woodbridge)	2018

10-9	SophiaZarcone (Mater Dei)	2020	10-6	Nicole Gehring (Mater Dei)	2015
10-9	Morgan Yee (Trabuco Hills)	2020	10-6	**Natalie Cieply (Mission Viejo)	2015
10-9	*Ella Hodson (Marina)	2021	10-6	*Jenna Brewer (Capo Valley)	2016
10-9	Lauren Mededith (Villa Park)	2022	10-6	Ariana Zormeier (Yorba Linda)	2016
10-9	*Sophia Chiaverini (J Serra)	2023	10-6	**Keri Lindstrom (Capo Valley)	2016
10-9	*Kate Layk (J Serra)	2025	10-6	*Amanda Mohr (Troy)	2016
10-9	Samantha Beltran (Santa Margarita)	2026	10-6	**Kirra Schulz (San Clemente)	2017
10-8	Michelle Urabe (Mater Dei)	2010	10-6	Julianna Kolk (Trabuco Hills)	2017
10-8	*Peri Howser (Newport)	2012	10-6	Delaney Ashbrook (Rosary)	2018
10-8	Ashley Harrit (Foothill)	2020	10-6	Peyton Herrera (St Margaret's)	2018
10-8	Natalie Ng (Portola)	2021	10-6	*Isabella Chio (Santa Margarita)	2018
10-8	Kelsi Hardy (San Clemente)	2024	10-6	***Shannon Strassman (Corona del Mar)	2018
10-7	** Kristen Purcha (Katella)	2002	10-6	*Katrina Espeleta (Huntington Beach)	2019
10-7	Kelly Meyer (Mater Dei)	2008	10-6	**Kenzie Stanton (Mater Dei)	2019
10-7	** Siara Fabbri (Newport)	2009	10-6	***Celeste Taylor (St Margret's)	2019
10-7	** Evelyn Villa (Orange Lutheran)	2013	10-6	Madison Wong (Woodbridge)	2019
10-7	Janae Mudge (Trabuco Hills)	2015	10-6	Jessica Deutsch (Capo Valley)	2019
10-7	*Grace Clemence (Newport)	2015	10-6	*Danielle Patron (Foothill)	2019
10-7	**Olivia Chung (Beckman)	2018	10-6	**Ella Cork (Orange Lutheran)	2019
10-7	Hayley Gardner (Trabuco Hills)	2018	10-6	**Shannon Strasmann (Corona del Mar)	2019
10-7	Kylie Takasaki (Aliso Niguel)	2022	10-6	*Jordyn Cruz (Los Alamitos)	2020
10-7	**Scarlett Biondolillo (San Juan Hills)	2023	10-6	Jennifer Kroseger (Mission Viejo)	2020
10-7	Charley Giacobetti (J Serra)	2024	10-6	Ashley Hagihara (El Toro)	2020
10-7	**Brody Jacobs (Newport)	2024	10-6	*Isabella Abrahams (Fountain Valley)	2022
10-7	Kendall Chew (Woodbridge)	2025	10-6	Jada Taylor (Mater Dei)	2022
10-6	Stephanie Heup (Marina)	1996	10-6	***Christine Schick (Marina)	2022
10-6	** Kristine Burns (Mission Viejo)	1998	10-6	Allison Karner (Dana Hills)	2023
10-6	Lisa Fellers (Irvine)	1998	10-6	*Scarlett Biondolillo (San Juan Hills)	2024
10-6	Michelle McCastlin (Marina)	1998	10-6	Jasmin Pina (Capo Valley)	2024
10-6	** Crystal Richardson (Foothill)	1998	10-6	Mackenna Borba (Orange Lutheran)	2024
10-6	Jenny Thompson (Woodbridge)	1998	10-6	*Chloe Smith (San Clemente)	2025
10-6	Natalie Hallett (Marina)	1998	10-6	Sophia Alagha (Beckman)	2026
10-6	Michelle Noble (Irvine)	1999			
10-6	Vanessa Duquette (Mater Dei)	2000			
10-6	Cathryn Perkins (Edison)	2000			
10-6	* Kriserin Lanary (Corona del Mar)	2001			
10-6	*** Jannae Bennett (Foothill)	2002			
10-6	Alissa Miller (Laguna Hills)	2002			
10-6	* Breanna Martin (Katella)	2003			
10-6	*Joanna Burley (Rosary)	2003			
10-6	*Samantha Lin (Brea)	2003			
10-6	*** Katelyn Beighton (Los Alamitos)	2004			
10-6	*Katie Adams (Aliso Niguel)	2004			
10-6	***Amy Wallace (Santa Margarita)	2006			
10-6	Takymin (Marina)	2007			
10-6	Megan Churlonis (Dana Hills)	2007			
10-6	Mary Garrett (Los Alamitos)	2008			
10-6	Lauren Lask (Aliso Niguel)	2008			
10-6	Rachel Mahler (Trabuco hills)	2008			
10-6	Claire Harper (Mater Dei)	2009			
10-6	Kelli Gibson (El Toro)	2010			
10-6	* Katherine Shepherd (Orange Lutheran)	2013			
10-6	*Sara Maloney (Mission Viejo)	2014			
10-6	Cierra Sloate (Edison)	2014			
10-6	*Janae Mudge (Trabuco Hills)	2014			
10-6	**Callie Wilcox (Tesoro)	2015			

Long Jump

20-8.75	Kim Attlesey (Corona del Mar)	1971
	(1972 USA Munich Olympian)	
19-10	Jada Faison (Rosary)	2026
19-9	Lisa Gourdine (El Toro)	1977
	(State Champion)	
19-9	Kerry O'Bric (Edison)	1996
19-8.75	Kelly O'Connor (Esperanza)	1996
19-8.5	Heather Sterlin (Mission Viejo)	1992
19-7.75	*Emily Psarras (Mision Viejo)	2022
19-7.5	* Tara Oettinger (Foothill)	1994
	(State Champion)	
19-7.25	** *Michelle Sanford (Woodbridge)	2000
19-6	**Vicki Almeida (Troy)	1978
19-4.75	Darnisha Griffith (Trabuco Hills)	1998
19-3.25	Sharon Hatfield (Fountain Valley)	1982
19-3.25	***Ashley Bethel (Mission Viejo)	1995
19-3	Dana Bethel (Mission Viejo)	2001
19-2.75	Dominique Ruotolo (Mater Dei)	2018
19-2.5	*Garryn Forde (Woodbridge)	2025
19-0.75	Alison Parsons (Los Alamitos)	2016
19-0.5	** Sabrina Pendleton (Mission Viejo)	1979
19-0.5	Shannon McGinnis (Canyon)	1983

19-0.25	Kristy Kierulff (Esperanza)	1995	18-1.75	Kimmie Conner (Dana Hills)	2010
19-2	** Erin Stovall (Woodbridge)	1995	18-1.5	***Kris Dietz (Sonora)	1978
18-10.75	**Alice Franklin (SA Valley)	1979	18-1.5	Lynnda Kelley (Irvine)	1981
18-10.75	Janel Nguyen (Bolsa Grande)	2018	18-1.5	Bonnie Mercer (SA Valley)	1980
18-10.5	Lily Ebanks (Valencia)	2015	18-1.5	Joy McDonnell (Tustin)	1980
18-10.5	*Sophia Hartwell (Orange Lutheran)	2019	18-1.5	Rochelle Snyder (Fountain Valley)	1982
18-10.25	***Jade McDonald (Mater Dei)	2018	18-1.5	* Kim Taylor (Valencia)	1984
18-10.25	**Madison Lyon (Woodbridge)	2018	18-1.5	Quinna Starr (Savanna)	1999
18-10	Cheryl Henderson (Fountain Valley)	1984	18-1.5	Elizabeth Weeks (Santa Margarita)	2017
18-9.75	***Jada Faison (Rosary)	2023	18-1.75	Alexis Richmond (Portola)	2023
18-9	Danielle Brown (Sunny Hills)	1991	18-0.75	Hanna Barmettler (J Serra)	2023
18-8.5	**Lauren Memoly (Santa Margarita)	2019	18-1	Sue Kruse (Newport)	1976
18-8.5	Caroline Glessing (Corona del Mar)	2022	18-1	**Skyler Serrano (Beckman)	2023
18-8.25	Joie Robinson (Capo Valley)	2019	18-1	Alia Pasternak (Huntington Beach)	2025
18-7.75	Jada Gatlin (Mission Viejo)	2023	18-1	**Morgan Starken burg (Newport)	2026
18-7.5	Sophia Chiaramonte (Mater Dei)	2019	18-0.75	Kost Onuigbo (Troy)	2026
18-7	*Simran Malhotra (Woodbridge)	2018	18-0.5	***Kaitlynn Johnson (El Toro)	2015
18-6.75	***Madison Forbes (Mater Dei)	2021	18-0.25	Tammy Graham (Mission Viejo)	1991
18-6.5	Julie Steele (Troy)	1997	18-0.25	**Jaelyn Guidry (Los Alamitos)	2026
18-6.5	*Dominique Ruotolo (Home Sch)	2017	18-0	* Lilli Bess (Huntington Beach)	1983
18-6.25	*Jennifer Gillespie (Cypress)	1981	18-0	* Samantha Toomey (Capo Valley)	1987
18-6	Michelle Kelly (Irvine)	1979	18-0	Ashley Selman (Foothill)	1987
18-6	Roxy Meyer (Dana Hills)	2024	18-0	* Catherine Soto (Mater Dei)	1989
18-5.75	*Madison Lyon (Woodbridge)	2019	18-0	Tynisha Edwards (Foothill)	1999
18-05.25	*Nylah Key (J Serra_	2026	18-0	*Cassandra Young (Dana Hills)	2026
18-5	Allison Franke (Canyon)	1989	17-11.75	Alysse Phillips (Cypress)	1984
18-5	Monica Todd (Trabuco Hills)	2010	17-11.75	Mackenzie Kirk (Los Alamitos)	2022
18-5.25	Kellie May (Northwood)	2017	17-11.25	Green (Canyon)	1989
18-4.75	Ashley Voisinet (Mater Dei)	2003	17-11.25	Tiffany Liu (Corona del Mar)	2007
18-4.5	Thelma Viagar (Los Alamitos)	1980	17-11	Tracy Hanlon (Edison)	1980
18-4.5	Skyler Cazale (Calvary Chapel SA)	2025	17-11	**Lori Smith (Canyon)	1987
18-4.5	*Debbie Knight (La Habra)	1984	17-11	* Sarah Toomey (Capo Valley)	1990
18-4.5	Ashley Fletcher (Loara)	2005	17-11	Reanita Starr (Savanna)	2000
18-4.25	*Tracy Hanlon (Edison)	1979	17-11	** Allison Sarrell (Brethren Christian)	2001
18-4.25	*Jordan Agnew (Los Alamitos)	2012	17-11	Nicole Chiem (Beckman)	2023
18-4	Erin Pike (Kennedy)	1977	17-10.75	*Laura Mills (University)	1980
18-3.75	*Madison Forbes (Mater Dei)	2023	17-10.75	*Jade Galloway (Los Alamitos)	2017
18-3.5	* Mellisa McDonald (Mater Dei)	1990	17-10.75	*Taylor Burton (Dana Hills)	2026
18-3.5	* Kristen Kiefer (Capo Valley)	2006	17-10.5	Jennifer Bailey (Anaheim)	1985
18-3.5	Celine Smith (Mission Viejo)	2015	17-10.5	Kiana Henry (Canyon)	2011
18-3.25	*Allison Axtell (Mission Viejo)	1989	17-10.25	Tomoko Nishioka (Marina)	1996
18-3.25	*Alexis Turley-Young (Canyon)	2015	17-10.25	**Brooke Dahman (Orange Lutheran)	2025
18-3	Sandy Lucas (Corona del Mar)	1988	17-10	* Quinna Starr (Savanna)	1998
18-3	** Bonnie Sorensen (Huntington Beach)	2005	17-10	Crystal Davis (Savanna)	2001
18-2.75	* Amber Moore (Aliso Niguel)	2004	17-10	Kristen Woepse (Woodbridge)	2005
18-2.75	Kelli Godin (Mater Dei)	2018	17-10	Taylor Eljenholm (Dana Hills)	2011
18-2.5	Ronda Colbert (Fountain Valley)	1980	17-10	Anna Lindsey (Edison)	2013
18-2.5	***Kim Walulik (Edison)	1982	17-10	*Mia Hummel (Canyon)	2014
18-2.5	Penny Franklin (SA Valley)	1983	17-9.75	Marcie Salze (Laguna Hills)	2006
18-2.5	Brenda Robinson (SA Valley)	1990	17-9.5	Cheryl Czorny (University)	1973
18-2.5	Eurie Jennings (Edison)	2000	17-9.5	***Paula Tezak (La Habra)	1981
18-2.5	*Maddie Jocson (Tesoro)	2018	17-9.5	* Sierra Backus (University)	2004
18-2.25	* Marina Laymon (La Habra)	1981	17-9.25	Tori Usgaard (Dana Hills)	2012
18-2.25	Taylor Ashmore (Mater Dei)	2016	17-9	Joy Marimon (Newport)	1977
18-2	Jamie Ho (Fountain Valley)	2025	17-9	McFall (Huntington Beach)	1978
18-1.75	Jiao Tsai (Corona del Mar)	1980	17-9	Debbie Orr (Ocean View)	1986

17-9	Clark (Calvary Chapel)	1996	18-5	Garryn Forde (Woodbridge)	2026
17-9	Megan Horn (Crean)	2018	18-4.5	*Madison Lyon (Woodbridge)	2019
17-9	**Maya Woolforde (J Serra)	2024	18-4.25	Emily Huynh (Oxford Academy)	2016
17-8.75	Pat Anderson (Valencia)	1972	18-4	Kelli Godin (Mater Dei)	2018
17-8.75	Susan Guest (Troy)	1986	18-3.5	**Sophia Hartwell (Pacifica)	2018
17-8.75	Tanisha Maze (Brea)	1988	18-3.25	Denise Smith (Tustin)	1979
17-8.5	Nancy O'Neil (Villa Park)	1981	18-3	Jiao Tsai (Corona del Mar)	1980
17-8.5	Gaylen Ames (El Modena)	1985	18-2.5	*Caroline Glessing (Corona del Mar)	2021
17-8.5	***Victoria Ton (Northwood)	2004	18-2	*Samantha Toomey (Capo Valley)	1987
17-8.5	Elizabeth Jezek (Mission Viejo)	2020	18-1.75	Marcie Salzle (Laguna Hills)	2006
17-8.25	*Ashley Voisnet (Mater Dei)	2002	18-1.75	Taylor Hypolite (El Toro)	2011
17-8	Cynthia Davis (Villa Park)	1979	18-1.5	Hannah Duarte (Mission Viejo)	2016
17-8	*Tanya Ransom (El Toro)	1983	18-1.5	**Kosi Onuigbo (Troy)	2024
17-8	Krishna Burgdorf (Capo Valley)	2004	18-1	*Kimmie Conner (Dana Hills)	2009
17-8	Brierra Winfrey (Trabuco Hills)	2011	18-1	*Taylor Burton (Dana Hills)	2026
17-8	Breanna Moreno (Fountain Valley)	2017	18-1	*Gabriela Whitehouse (Katella)	2026
17-8	**Gabriella Salinas (Dana Hills)	2023	18-0.5	**Sheila Green (Canyon)	1988
17-8	***Heidi Vreeland (Santa Margarita)	2026	18-0.5	*Alex Gaines (Mission Viejo)	2010
17-8	*Brooke Dahman (Orange Lutheran)	2026	18-0.5	Amy Heins (Troy)	2012
17-7.75	***Noel Dula (Marina)	1997	18-0	Bonnie Sorensen (Huntington Beach)	2007
17-7.5	Annette Brown (Saddleback)	1982	18-0	Laura Hamann (Rosary)	2014
17-7.50	*Roxanne Meyer (Dana Hills)	2023	18-0	Maguela Miller (Orange)	2018
17-7.25	*Val Macayan (Fountain Valley)	1981	17-11.5	*Taylor Fenton (Capo Valley)	2008
17-7.25	*Jacqueline Faris (Dana Hills)	2017	17-11.5	*Jada Gatlin (Mison Viejo)	2022
17-7.25	Sarah Ayala (J Serra)	2019	17-11.25	Breanna Moreno (Fountain Valley)	2018
17-7	Lori Olsen (Western)	1985	17-11	*Maia Craver (Woodbridge)	2013
17-7	Monica Fisher (El Toro)	1989	17-11	*Taylor Torellas (Edison)	2014
17-7	Bianca James (Mater Dei)	2017	17-10.5	Debbie Orr (Ocean View)	1986
17-7	Alexa Munoz (Trabuco Hills)	2017	17-10.5	Skyler Cazale (Calvary Chapel)	2026
17-7	**Poebe Ladd (Woodbridge)	2019	17-10.25	Cira Wright (Kennedy)	2000
17-7	**Brooklyn Allen (El Toro)	2025	17-10	Marina Laymon (La Habra)	1981

Wind-aided:

20-8.75	*Michelle Sanford (Woodbridge)	2002
20-2.75	Dana Bethel (Mission Viejo)	2001
19-9	Heather Sterlin (Mission Viejo)	1992
19-9	Tara Oettinger (Foothill)	1995
19-8.25	Alexa Thomson (Capo Valley)	2022
19-6.75	Alison Parsons (Los Alamitos)	2016
19-5.5	*Sophia Hartwell (Orange Lutheran)	2019
19-0.75	**Alice Franklin (SA Valley)	1979
19-0.75	Megan Horn (Crean)	2018
19-1	***Ashley Bethel (Mission Viejo)	1995
19-0.5	Kristy Kierulff (Esperanza)	1995
18-11	Alexis Turley-Young (Canyon)	2016
18-11	***Jade McDonald (Mater Dei)	2018
18-10.25	Emily Psarras (Mission Viejo)	2023
18-9.25	***Madison Forbes (Mater Dei)	2021
18-9	Melissa McDonald (Mater Dei)	1991
18-8	*Mia Hummel (Canyon)	2014
18-7.75	Jade Galloway (Los Alamitos)	2018
18-7.5	*Val Macayan (Fountain Valley)	1981
18-7	**Skyler Serrano (Beckman)	2023
18-6.5	Amber Moore (Aliso Niguel)	2005
18-6	***Kaitlynn Johnson (El Toro)	2015
18-5	Bree Smentkowski (Huntington Beach)	2018

Triple Jump

43-4.5	*Michelle Sanford (Woodbridge)	2001
(State Champion)		
41-4.5	Dominique Ruotolo (Mater Dei)	2018
40-11.75	Kelly O'Connor (Esperanza)	1996
(State Champion)		
40-9	*Jada Gatlin (Mission Viejo)	2022
40-4	*Madison Lyon (Woodbridge)	2019
40-2.25	***Jade McDonald (Mater Dei)	2018
39-11.5	*Lisa Fager (Mission Viejo)	1989
39-95	Mackenzie Kirk (Los Alamitos)	2022
39-8.25	Debbie Orr (Ocean View)	1986
39-8	Kerry O'Bric (Edison)	1996
39-5.5	Kim Taylor (Valencia)	1985
39-5.5	Danielle Brown (Sunny Hills)	1991
39-5.5	**Emily Garner (Woodbridge)	2017
39-5	*Sophia Hartwell (Orange Lutheran)	2019
39-4.75	Roxy Meyer (Dana Hills)	2024
39-1	*Courtney Stafford (Katella)	2000
39-0.75	Skyler Cazale (Calvary Chapel SA)	2025
38-11.75	Kellie May (Northwood)	2017
38-11.25	***Darneshia Griffith (Trabuco Hills)	1995
38-11	Marie Ingram (Aliso Niguel)	2006

38-11	Elizabeth Weeks (Santa Margarita)	2017	37-5	Alex Thomson (Capo Valley)	2022
38-10	* Gaylen Ames (El Modena)	1984	37-4.5	Susan Guest (Troy)	1986
38-9.25	Brenna Barker (Dana Hills)	2013	37-4.25	M.E. Clayton (Newport)	1997
38-9	*Alexis Turley-Young (Canyon)	2015	37-4	** Eurie Jennings (Edison)	1998
38-9	**Stavroula Liarakos (Los Alamitos)	2026	37-3.5	* Tynisha Edwards (Foothill)	1998
38-8.25	Melissa McDonald (Mater Dei)	1991	37-2.5	* Ashley Voisinnet (Mater Dei)	2002
38-8.25	Jazmin Moss (Mater Dei)	2015	37-2.25	**April Ross (Newport)	1998
38-8	Tammy Graham (Mission Viejo)	1991	37-2.25	Laura Gordon (Sage Hill)	2005
38-7.5	**Sophia Hartwell (Pacifica)	2018	37-2	Jennifer Michaelman (Laguna Hills)	2011
38-7.25	*Roxanne Meyer (Dana Hills)	2023	37-1.5	*Shundra Holland (Saddleback)	1986
38-6.5	Alice Franklin (SA Valley)	1982	37-1.5	Aliyah Forbes (Mater Dei)	2016
38-6.5	Tynisha Edwards (Foothill)	1999	37-1.25	Megan McQuaid (Woodbridge)	1997
38-6.5	Jolie Robinson (Capo Valley)	2019	37-1	Ashley Selman (Foothill)	1988
38-5.75	Erica Dickson (Mission Viejo)	1996	37-1	*** Marcia Fogg (Tustin)	1989
38-5.5	**Cassandra Smith (Trabuco Hills)	2010	37-1	Katie Mook (Foothill)	1995
38-5	Eurie Jennings (Edison)	2000	37-1	* Tiffany Liu (Corona del Mar)	2006
38-4.5	Allison Franke (Canyon)	1989	37-1	Kosi Onuigbo (Troy)	2026
38-4.5	** Elizabeth Clayton (Newport)	2002	37-0.5	Kristin Kulow (Capo Valley)	1987
38-4.5	Amaya Faison (Rosary)	2026	37-0.5	Laura Clayton (Newport)	2007
38-4	Reese Hogan (Crean)	2026	37-0	Alison Parsons (Los Alamitos)	2016
38-3.5	Monica Fisher (El Toro)	1989	37-0	*Mackenzie Kirk (Los Alamitos)	2021
38-3.25	Jamie Kirven (Woodbridge)	1985	36-11.5	**Nikki Charette (Mission Viejo)	1990
38-2.5	Reanita Starr (Savanna)	2000	36-11	Debbie Geary (Cypress)	1983
38-2.25	Michaela Schaeffer (Edison)	2013	36-11	**Jenny Wooten (Marina)	1996
38-2	Marilyn Anene (University)	2006	36-11	Christina Murillo (Trabuco Hills)	2007
38-1.5	Cindy Oparah (Brethren Chrisitan)	1998	36-10.5	Tennli Ulicny (Brea)	1998
38-1	Brenda Robinson (SA Valley)	1990	36-10.5	Maddie Jocson (Tesoro)	2019
38-1	Christina Murillo (Trabuco Hills)	2007	36-10.25	*Lara Wright (Esperanza)	1985
38-0.75	**Madison Forbes (Mater Dei)	2022	36-10	Danielle Brown (Sunny Hills)	1990
37-11.5	Karalyn Cheng (El Dorado)	2024	36-10	Chelsie Churchill (St Margaret's)	2012
37-11.25	Kyra Coley (Mater Dei)	2015	36-9.5	** Kristen Kiefer (Capo Valley)	2005
37-11	Doneisa Anderson (Tustin)	1987	36-9.25	Megan Horn (Crean)	2018
37-11	Bianca James (Mater Dei)	2017	36-9	Joan Greve (Marina)	1992
37-10.75	**Leila Khoury (Foothill)	1994	36-9	Kim Duong (La Quinta)	2001
37-10.75	Amanda Shanklin (Santa Margarita)	1998	36-9	Amanda Kronquist (Brea)	2006
37-10.75	**Madison Forbess (Mater Dei)	2021	36-9	Elisa Trujillo (Brea)	2016
37-10.75	*Chelsie Churchill (St Margaret's)	2011	36-8.5	**Courtnee Moreno (Fountain Valley)	2016
37-10	* Shay Alexander (Capo Valley)	2001	36-8	Alex Gaines (Mission Viejo)	2011
37-9	* Kelsey Schuler (Katella)	2006	36-7.75	Allyson Rahives (Rosary)	2017
37-8	Sarah Mullenburg (Brethren Christian)	1999	36-7.5	Kimmie Conner (Dana Hills)	2010
37-7.5	Anna Biele (Beckman)	2018	36-7	Tayler Cusick (Esperanza)	2003
37-7.25	* Samantha Toomey (Capo Valley)	1987	36-7.75	Jamie Cuthbert-Allen (La Habra)	2001
37-7.25	**Adienne Liu (Trabuco Hills)	2010	36-7.5	Young (Fountain Valley)	1987
37-7.25	**Dominique Ruoloto (Mater Dei)	2016	36-7.5	Krista Widen (Irvine)	1990
37-7	Penny Franklin (SA Valley)	1983	36-7.5	Olivia Martinez (Los Alamitos)	2026
37-7	Kirby Ruback (Tesoro)	2014	36-7	Alia Pasternak (Huntington Beach)	2025
37-6.75	Cassandra Smith (Trabuco Hills)	2012	36-6.75	*Ashley Rhorer (Santa Margarita)	2011
37-6.5	Siera Backus (University)	2005	36-6.5	Ursula Lovely (Kennedy)	1987
37-6.5	Kayla Mixon (Mater Dei)	2019	36-6.5	Hilary Mann (Mission Viejo)	1991
37-6	*Maddie Jocson (Tesoro)	2018	36-6.5	Ashley Fletcher (Loara)	2005
37-5.75	Elizabeth Cotociu (Pacifica)	2014	36-6.25	Lori Lucas (Corona del Mar)	1987
37-5.5	Debbie Knight (La Habra)	1985	36-6.25	* Erica Tillman (Esperanza)	2001
37-5.5	Amelia Gray (Villa Park)	2025	36-6.25	Tailor Dunigan (Mission Viejo)	2010
37-5	Samantha Seirano (Marina)	2004	36-6	Tracy Wright (Irvine)	1986
37-5	Adriana Ayala (El Modena)	2026	36-6	** Christina Ivey (Foothill)	1991
37-5	Sierra Benedict (Huntington Beach)	2026	36-6	Kara Theis (Orange Lutheran)	1992

36-6	LaShieka Henderson (Trabuco Hills)	1995	41-7	*Dominique Ruotolo (Home Sch)	2017
36-6	** Jordyn Stoddard (Aliso Niguel)	2006	40-11	Lisa Fager (Mission Viejo)	1990
36-6	Taylor Eljenholm (Dana Hills)	2011	40-3	*Jada Gatlin (Mission Viejo)	2022
36-5.75	Holly Hutchinson (Mission Viejo)	1988	39-10	**Ryann Brown (Aliso Niguel)	2019
36-5.75	Jennifer Bandley (Los Alamitos)	2014	39-9.75	*Sophia Hartwell (Orange Lutheran)	2019
36-5.5	** Jessica Lyons (Capo Valley)	1998	39-9.5	Hannah Duarte (Mission Viejo)	2016
36-5.5	**Ivy Nguyen (Beckman)	2019	39-5.75	Michaela Schaeffer (Edison)	2013
36-5.5	Camila Padilla (Sonora)	2024	39-5.5	Courtney Stafford (Katella)	2001
36-5.25	Jeanelle Wilson (Rosary)	2023	39-5	Cassandra Smith (Trabuco Hills)	2012
36-5	Jenny Wooton (Marina)	1998	39-3.25	Jamie Kirven (Woodbridge)	1985
36-5	Jennifer Fairchild (Orange)	2001	39-2.5	** * Dameshia Griffith (Trabuco Hills)	1995
36-5	Alexa Munoz (Trabuco Hills)	2017	39-2	***Kaylee Zych (Tesoro)	2017
36-4.75	**Sheila Green (Canyon)	1988	38-10.5	* Erica Dickson (Mission Viejo)	1995
36-4.75	** Christina Murillo (Trabuco Hills)	2005	38-10.5	*Brenna Barker (Dana Hills)	2012
36-4.75	**Arletha Saiht (Beckman)	2017	38-9	***Madison Forbes (Mater Dei)	2021
36-4.5	* Mychael Westervelt (Capo Valley)	1999	38-4.75	*Michaela Schaeffer (Edison)	2012
36-4.5	**Garryn Forde (Woodbridge)	2024	38-2.75	Marilyn Anene (University)	2006
36-4.25	Erin Shepard (Santa Margarita)	2024	38-0.5	Christina Murillo (Trabuco Hills)	2007
36-4	** Shemica Perkins (Tustin)	1995	37-11	*Chelsea Churchill (St Margaret's)	2011
36-4	**Shayla Dumas (Kennedy)	2019	37-11	* Lora Bender (Fountain Valley)	2013
36-4	*Haylee Pham (Fountain Valley)	2025	37-10.5	*Maddie Jocson (Tesoro)	2018
36-3.5	* Xhristina Pham (University)	1993	37-10.5	**Mackenzie Kirk (Los Alamitos)	2020
36-3.5	Nikki Kotey (Trabuco Hills)	2002	37-10	Elisa Trujillo (Brea)	2016
36-3.5	Anna Lindsey (Edison)	2013	37-9.75	**Sarah Bonello (Foothill)	2021
36-2.75	* Tiffany Chandler (Foothill)	1986	37-9	Debbie Knight (La Habra)	1985
36-2.5	**Nina Foster (Mission Viejo)	1992	37-9	** Mandy Clayton (Newport)	1995
36-2.5	Paula Pedrani (El Toro)	2016	37-7.75	*Adrienne Liu (Trabuco Hills)	2011
36-2.25	Whitney Nelson (El Dorado)	1987	37-7.5	Lara Wright (Esperanza)	1986
36-2.25	* Jessica Lyons (Capo Valley)	1999	37-7.25	Tiffany Liu (Corona del Mar)	2007
36-2.25	**Shay Alexander (Capo Valley)	2000	37-7	Taylor Dunigan (Mission Viejo)	2010
36-2.25	***Phallon Bakus (University)	2003	37-7	Elizabeth Cotociu (Pacifica)	2014
36-2	Tami Chick (Huntington Beach)	1987	37-6	LaShieka Henderson (Trabuco Hills)	1995
36-2	***Maryjone Dinnie (Capo Valley)	1992	37-6	Jennifer Michaelman (Laguna Hills)	2011
36-2	Tracy Thomas (SA Valley)	1992	37-4.5	Alison Parsons (Los Alamitos)	2016
36-2	** Deidra Segura (El Toro)	1995	37-4	**Jada Gatlin (Mission Viejo)	2021
36-2	*Sumner Higgins (Dana Hills)	2015	37-1	*Amelia Gray (Villa Park)	2024
36-2	**Kosi Onuigbo (Troy)	2024	37-0.25	Jordyn Stoddard (Aliso Niguel)	2008
36-1.5	Chloe Soremekun (Cypress)	2011	36-11.5	Alia Pasternak (Huntington Beach)	2025
36-1.25	Bailey Turk (Santa Margarita)	2012	36-11	Anna Lindsey (Edison)	2013
36-1.25	Sophia Chiaramonte (Mater Dei)	2017	36-11	*Skyler Cazale (Calvary Chapel)	2024
36-1	Nina Speights (El Toro)	2004	36-10	**Shayla Dumas (Kennedy)	2019
36-1	*** Sara Mitchell (LaQuinta)	2006	36-9.75	**Summer Higgins (Dana Hills)	2014
36-1	* Allison McCoy (Edison)	2009	36-9.5	*Ashley Rhorer (Santa Margarita)	2011
36-1	**Lora Bender (Fountain Valley)	2012	36-9	Kristen McGregor (Marina)	2002
36-1	Kayla Mixon (Mater Dei)	2018	36-9	Taylor Cusick (Esperanza)	2003
36-0.5	** Cherris Gray (San Clemente)	1990	36-9	*Jole Robinson (Capo Valley)	2018
36-0.25	* Jennifer Close (Marina)	1989	36-8.25	* Cassie Stanislaw (Woodbridge)	2006
36-0.25	Christine Von Der Ahe (Santa Margarita)	2000	36-7.5	*Kosi Onuigbo (Troy)	2025
36-0.5	*Courtnee Moreno (Fountain Valley)	2017	36-7.25	Jennifer Bandley (Los Alamitos)	2014
36-0.5	*Caroline Hicks (Canyon)	2025	36-7	Emily Huynh (Oxford Academy)	2016
36-0.25	*Erin Biddiscombe (Santa Margarita)	2019	36-7	**Crystal Miller (Tustin)	2019
36-0	Teri Zanelli (Ocean View)	1986	36-7	**Karalyn Cheng (El Dorado)	2022
36-0	Vanessa Gardner (Mission Viejo)	2004	36-6.75	Chloe Soremekun (Cypress)	2011
36-0	*Kaelin Grant (El Toro)	2025	36-6.5	Cherish Harris (Orange Lutheran)	2011
			36-6	Amanda Torchia (Fountain Valley)	2016
			36-5.75	Jordan Agnew (Los Alamitos)	2013

Wind-aided:

36-5.5	* Erika Ebel (Orange Lutheran)	1991	44-3	Sara Pettinger (Mission Viejo)	2021
36-5.5	* Taylor Fenton (Capo Valley)	2008	44-1.5	Shelly Lovati (El Modena)	1986
36-5.5	Paula Pedrani (El Toro)	2016	43-11.75	Kayla Smith (Villa Park)	2006
36-5.5	*Gabriella Salinas (Dana Hills)	2024	43-10.75	Jacque Norton (Mission Viejo)	1982
36-5.5	***Abigail Hwang (Aliso Niguel)	2024	43-6.25	Jaycee Olsen (Corona del Mar)	2010
36-5.25	Megan Horn (Crean)	2018	43-4.5	Rebel Tuinuknafe (Orange Lutheran)	2022
36-5	* Clair Whelan (Canyon)	1988	43-4.25	Luseane Makensesi (Katella)	2009
36-5	* Julianne Conrad (E1 Toro)	2006	43-1	Celeste Paquette (Rancho Alamitos)	1985
36-5	Ashley Rhorer (Santa Margarita)	2012	43-1	*Karie'h Wilson (Corona del Mar)	2011
36-5	Laura Hamann (Rosary)	2014	43-0.75	Sonja Bryant (Marina)	1996
36-5	***Raquel Gonzalez (El Toro)	2016	43-0	*Chloe Hudson (Villa Park)	2026
36-5	Mikayla Vu (Beckman)	2023	42-7.5	*Kathryn Plummer (Aliso Niguel)	2015
36-4.5	Taylor Strickland (Porotla)	2026	42-7	Karle'h Wilson (Corona del Mar)	2012
36-4.25	Jacqueline Faris (Dana Hills)	2018	42-5.75	* Priscilla Gardner (Mission Viejo)	2002
36-4	Channing Jones (El Toro)	2011	42-3	Courtney Brown (El Modena)	2010
36-4	*Crystal Aluya (Valencia)	2019	42-3	Felicia Crenshaw (Costa Mesa)	2018
36-3.75	***Nikki Johnson (Canyon)	1988	42-2.5	Suzanne Linn (Trabuco Hills)	1998
36-3	Skye Atchley (Orange Lutheran)	2009	42-2.5	Kate Hutchinson (San Clemente)	2003
36-3	*Bianca James (Mater Dei)	2016	42-1	Kristin Dunn (Mission Viejo)	1990
36-3	**Kira Kawano (Canyon)	2016	42-0.25	Tafi Togogae (Los Amigos)	1996
36-2.5	** Allison McCoy (Edison)	2008	42-0	Lisa Tamamasui (Westminster)	1991
36-1.5	**Gabriella Salinas (Dana Hills)	2023	41-11.5	Leslee Briggs (Edison)	1989
36-1.5	Kaelin Grant (El Toro)	2025	41-10.5	Krista Dill (Newport)	2000
36-1	Katie Dibene (Dana Hills)	2011	41-7.5	Lynn Kelley (Irvine)	1981
36-1	*Alexa Munoz (Trabuco Hills)	2016	41-7.75	Joanna Alo (SA Valley)	1990
36-0.5	Cross (Bolsa Grande)	1988	41-7.25	Jenny Shutt (Edison)	1997
36-0	** DJ Rhoades (El Modena)	2009	41-6.5	Christina Kim (El Toro)	2008
36-0	*Nikki Chen (Irvine)	2021	41-6	Ann Gill (Western)	1985

Shot Put

55-4.75	Jaslene Massey (Aliso Niguel)	2026	41-5.75	Danielle Lister (Mission Viejo)	2019
	(State Champion)		41-5.25	* Andrea Bill (University)	1992
53-7.75	Natalie Kaaiawahia (Fullerton)	1983	41-5.25	Chrissy Tolson (Fountain Valley)	1996
	(Four time State Champion)		41-5	Ciera Williams (Mission Viejo)	2016
50-7	*Jaslene Massey (Aliso Niguel)	2025	41-5	Pesi Tauaika (Orange Lutheran)	2022
	(State Runner Up)		41-3.75	Bev Oden (Irvine)	1989
50-2.5	Mackenna Howard (Los Alamitos)	2014	41-2.75	* Kristin Thompson (Esperanza)	1999
48-11.5	Susie Ray (Villa Park)	1980	41-2.5	Adara Newidouski (Dana Hills)	1993
47-5	Gina Heads (Newport)	1994	41-1.5	Robyn Utu (Huntington Beach)	1982
46-11.75	Elaina Oden (Irvine)	1985	41-1.5	Marie Philman (Edison)	1996
	(State Champion)		41-1.5	Kristy Chester (Esperanza)	2002
46-11.75	*Faimalie Sale (Los Alamitos)	2017	41-0	Leslie Martinez (Trabuco Hills)	2024
46-9	Heidi Adams (Mission Viejo)	1985	40-11.25	*Susan Linn (Trabuco Hills)	1997
46-8.75	Melissa Yunghans (Orange Lutheran)	2004	40-11.25	*Rachelle A La Torre (Newport)	2015
46-2	Faimalie Sale (Los Alamitos)	2018	40-11	* Lisa Williams (SA Valley)	1982
46-1.5	Rosario Ramos (Anaheim)	1979	40-10	Christa Kondru (Northwood)	2010
46-0	**Jaslene Massey (Aliso Niguel)	2024	40-9	Laura Matos (Capo Valley)	1983
	(State Third Place)		40-9	Heather Cunningham (El Dorado)	1996
45-6.5	Hilary Fraser (El Toro)	2007	40-9	Stephanie Sampson (Esperanza)	1999
44-10	Ava Butterbaugh (Mission Viejo)	2019	40-8.75	Pamela Makanesi (Katella)	2011
44-9.5	*Alaysha Green (El Toro)	2016	40-8	Angela Burgess (Woodbridge)	1995
44-6	Erin Streater (Villa Park)	2002	40-8	*Anna Gillis (San Clemente)	2015
44-4.75	Heather Quinn (El Toro)	2002	40-7.75	*Alexa Sheldon (Edison)	2023
44-4.25	Priscilla Gardner (Mission Viejo)	2003	40-7.5	* Lori Von Boxtal (Anaheim)	1983
44-3.5	Alexa Sheldon Edison)	2024	40-7.5	**Nicole Beauregard (Valencia)	1991
44-3	Diane Clements (San Clemente)	1981	40-7	Natala Lualemaga (Santa Ana)	2000
			40-7	Kau Ilani Miki-han (Mater Dei)	2014
			40-5.5	Carina Martinez (SA Valley)	2001

40-5	Amanda Fleskoski (Mission Viejo)	2000	38-8	Keely Togafau (Fountain Valley)	2019
40-4	Ariana Grum (Newport)	2021	38-7.5	* Scarlet Leduga (El Toro)	2001
40-3	Sina Dailey (Mission Viejo)	2008	38-7	*Dani Lister (Mission Viejo)	2018
40-3	Sabrina Hartman (Mission Viejo)	2018	38-7	***Makena Cook (Orange Lutheran)	2024
40-3	Taylor Hofland (Los Alamitos)	2023	38-6.5	Megan McCullough (Mission Viejo)	2008
40-0.75	Aprile Powell (Century)	1999	38-6	Ashley Johnson (Saddleback)	2002
40-0.75	* Robin Regan (Mater Dei)	2003	38-6	Tayla Crenshaw (Costa Mesa)	2018
39-11.5	**Sheraton Jones (Canyon)	2011	38-5	* Lia Rousset (Newport)	1995
39-11.5	Ashley Beacn (Tesoro)	2018	38-4.5	*Nicole Oberreuter (Estancia)	1990
39-11	Nina Foster (Mission Viejo)	1991	38-4.25	Julia Loya (Mission Viejo)	1998
39-11	Vanessa Gardner (Mission Viejo)	2004	38-4.25	*Taylor Hofland (Los Alamitos)	2022
39-11	*Ashley Donohoe (Huntington Beach)	2012	38-4	Julie Sprague (Santa Ana)	1983
39-10	Suzie Greganic (Marina)	1989	38-4.	* Mary Uata (Mater Dei)	1999
39-10	Jacky Cenana (Laguna Beach)	2016	38-4	Mielle Zylstra (Edison)	2000
39-9.5	Vicky Craig (Kennedy)	1981	38-4	* Laura Cadranell (Los Alamitos)	2001
39-6.25	* Kau ilani Mikihan (Mater Dei)	2013	38-3.5	Melissa Price (Loara)	1997
39-8.75	Kristy Dominguez (Mission Viejo)	2001	38-3.25	Laura Mills (University)	1981
39-7.5	Whitney Johnson (Mission Viejo)	2004	38-3	Hoyler (Whittier Christian)	1997
39-6.5	Ann Bland (Santa Ana)	1981	38-3	Margarita Matiks (Irvine)	2009
39-6.5	Chelesea Weenig (Laguna Beach)	2000	38-3	Jackie Chasteler (Mission Viejo)	2013
39-5.5	Julie Tafua (Westminster)	1988	38-3	*Maddy Mithell (Dana Hills)	2019
39-4.5	Kerry O'Bric (Edison)	1996	38-2.5	Beverly Hewitt (Canyon)	1980
39-4.5	**Alexa Sheldon (Edison)	2022	38-2.5	Stephanie Bell (Foothill)	1986
39-4.2	**Kianey Davis (Troy)	1999	38-2.5	Spring Trammell (Los Amigos)	1995
39-3	Hannah Meager (El Toro)	2014	38-2.5	Lauren Anderson (Troy)	2004
39-2.75	Rachel Davis (Katella)	1993	38-2.5	Abby Klinge (Trabuco Hills)	2021
39-2.25	Etta Jackson (Magnolia)	1998	38-2.25	Abby Erickson (Mater Dei)	1995
39-2	*Ariana Grum (Newport)	2020	38-2.25	*Haunani Pedro (Trabuco Hills)	2015
39-1.75	Sydney Gontang (Tesoro)	2022	38-2	*Kelly Wilson (Woodbridge)	1984
39-1.5	Kelly Wilson (Woodbridge)	1985	38-2	Vao Faoa (Magnolia)	2002
39-1.5	Ashley Selmán (Foothill)	1988	38-2	Mele Makenesi (Loara)	2004
39-1.5	Vanessa Martinez (Fullerton)	2018	38-1.5	Nia Jones (Santa Ana)	1992
39-0.5	Devon Pessler (Foothill)	2014	38-1.5	Cara Heads (Newport)	1995
39-0	Tiffany Gray (El Dorado)	2011	38-1	Allison Booth (Westminster)	1978
38-11.5	**Tymane Allen (Cypress)	2026	38-1	*Taylor Crenshaw (Costa Mesa)	2017
38-11	*** Niki Awaa (Brea)	2002	38-1	Abbey Reichard (Portola)	2025
38-10.5	Olive Langi (Saddleback)	1989	38-0.5	Erica Goodman (Estancia)	1986
38-10	*Alejandra Rosales (Marina)	2019	38-0	Adee Gunkel (Mater Dei)	1981
38-10	***Rebel Tuinukuafe (Rosary)	2019	38-0	Mararita Matiks (Irvine)	2010
38-9.75	Jordaine Simmons (Mission Viejo)	2016	38-0	Siena Lambert (J Serra)	2023
38-9.5	Jennifer Insley (Los Alamitos)	1988	37-11.5	Brittany Frers (Marina)	2010
38-9.5	Robin Regan (Mater Dei)	2004	37-11	Karen Jones (SA Valley)	1982
38-9.25	**Joy McArthur (Dana Hills)	2015	37-11	Kelly Langi (Saddleback)	1997
38-9	* Laura Wilson (Newport)	1995	37-11	* Becky Steen (Tesoro)	2003
38-9	Alfa Stewart (Woodbridge)	2000	37-11	Philliz Tuavao (Canyon)	2015
38-8.75	Jacqueline Anderson (San Clemente)	2001	37-10.75	Abria Lipscomb (Northwood)	2003
38-8.5	Michelle Paproski (Villa Park)	1989	37-10.25	Rachel Savaii (Fullerton)	2010
38-8.5	Brianna Uipi (Orange Lutheran)	2016	37-10	Dannie Darrow (Dana Hills)	1994
38-8.25	* Janell Jakubka (Capo Valley)	1987	37-10	* Greshawnda Clayton (Canyon)	1996
38-8.5	Shawn Sturgeon (Esperanza)	1982	37-10	Brooke Fitzgerald (Santa Margarita)	1998
38-8.5	Tarua Rich (Mission Viejo)	2000	37-10	** Tabitha Tabb (Santa Ana)	2001
38-8.5	Laura Boggein (Huntington Beach)	2007	37-10	Cristina Kim (El Toro)	2008
38-8	Erika De La Puente (University)	2008	37-10	Ashley Donohoe (Huntington Beach)	2013
38-8	*Sheraton Jones (Canyon)	2012	37-10	*Kyliegh Wilkerson (Trabuco Hills)	2018
38-8	**Kayla Pemasa (Marina)	2016	37-9.75	Lori Gustafson (Corona del Mar)	1980
38-8	Anelamaikalani Miki-han (Irvine)	2016	37-9.5	Bailey Speakman (Esperanza)	2022

146-1	Gina Heads (Newport)	1994	134-9	Etta Jackson (Magnolia)	1998
146-1	Ashley Pyka (Canyon)	2008	134-8	Melissa Price (Loara)	1997
145-5	Emma DeSilva (Mission Viejo)	2016	134-8	Karle'h Wilson (Corona del Mar)	2012
145-5	Madison Gallacher (Canyon)	2025	134-7	Cyndi Lee (El Dorado)	1988
144-3	Margarita Matiks (Irvine)	2010	134-7	*Siena Lambert (J Serra)	2022
144-0	Marie Philman (Edison)	1996	134-4	Diana Clements (San Clemente)	1981
143-10	Debbie Hargrove (Estancia)	1990	134-4	Wendy Duffresne (Woodbridge)	1996
143-9	*Alejandra Rosales (Marina)	2019	134-4	*Brianna Uipi (Orange Lutheran)	2015
143-7	Erin Walters (J Serra)	2024	134-3	Danielle Lister (Mission Viejo)	2019
143-3	* Angela Burgess (Woodbridge)	1994	134-2	Tracy Wilson (Loara)	1983
143-3	Kyliegh Wilkerson (Trabuco Hills)	2019	133-7	* Christa Van Doren (Estancia)	1991
143-2	Brianna Uipi (Orange Lutheran)	2016	133-7	Joy MacArthur (Dana Hills)	2014
142-11	Tayla Crenshaw (Costa Mesa)	2018	133-6	Mele Makenesi (Loara)	2004
142-10	Sonya Bryant (Marina)	1996	133-5	Stephanie Sampson (Esperanza)	1999
142-10	Abby Klinger (Trabuco Hills)	2021	133-5	Ashley Johnson (Saddleback)	2002
142-6	Kelsey Allen (Capo Valley)	1988	133-0	* Megan Ilertsen (Troy)	2003
142-5	Melissa Yunghans (Orange Lutheran)	2004	132-7	Samantha Grant (Mission Viejo)	2002
142-3	***Amy Campbell (Capo Valley)	2026	132-7	*Alexa Sheldon (Edison)	2023
142-2	Kristin Thompson (Esperanza)	2000	132-6	* Jessica Perez (Sunny Hills)	1999
142-0	Lisa Williams (SA Valley)	1983	132-6	Sina Dailey (Mission Viejo)	2008
142-0	Amanda Truong (Esperanza)	2016	132-2	* Stacy Kohler (Marina)	1990
141-9	Susie Ray (Villa Park)	1979	132-2	Stacy Jame (Esperanza)	1998
141-8	Suzanne Linn (Trabuco Hills)	1998	132-2	Ava Butterbaugh (Mission Viejo)	2019
140-6	Kara Caskey (Mater Dei)	2012	131-11	Christa Kondru (Northwood)	2010
140-3	Vanessa Gardner (Mission Viejo)	2004	131-11	Kai Beary (J Serra)	2026
140-3	*Rachelle A LaTorre (Newport)	2015	131-8	Marie Arthur (Fountain Valley)	1996
140-3	Abbey Reichard (Portola)	2025	131-5	Ciera Williams (Mission Viejo)	2016
139-10	Holly Fraser (El Toro)	2009	131-4	Carolyn Pendleton (Esperanza)	2001
139-10	Alexa Sheldon (Edison)	2024	131-4	***Kai Beary (J Serra)	2024
139-8	Katie Laich (Esperanza)	2007	131-3	Abria Lipscomb (Northwood)	2003
139-7	Jaycee Olsen (Corona del Mar)	2010	131-3	*Haunani Pedro (Trabuco Hills)	2015
139-7	*Taylor Hofland (Los Alamitos)	2022	131-3	Sabrina Hartman (Misison Viejo)	2018
139-5	Shelly Lovati (El Modena)	1986	131-2	Taylor Hofland (Los Alamitos)	2023
139-5	* Jenny Brickner (Esperanza)	2002	131-1	Aidee Pacheco (Saddleback)	1995
138-11	Chrissy Tolson (Fountain Valley)	1996	131-1	Emily Gleason (El Toro)	1998
138-10	Luseane Makenesi (Katella)	2009	131-0	Konafesi Mataia (Loara)	2009
138-9	Fiapopo Apelu (Magnolia)	2004	131-0	*Amanda Cooper (Corona del Mar)	2016
138-8	Pamela Makenesi (Katella)	2011	130-11	*Samantha Chang (Mission Viejo)	2023
138-4	Lynne Kelley (Irvine)	1981	130-10	Ann Gill (Western)	1985
137-11	Kelly Wilson (Woodbridge)	1985	130-9	Erin Streater (Villa Park)	2002
137-10	*Saloni Khandhadia (Beckman)	2019	130-9	** Tara Ross (Misson Viejo)	2004
137-8	* Olivia Raya (El Modena)	2004	130-6	Lisa Wood (Saddleback)	1986
137-4	Marie Midland (Estancia)	1990	130-6	Bailey Speakman (Esperanza)	2022
137-4	Krista Dill (Newport)	2000	130-4	Rosalie Ballo (Dana Hills)	2018
137-3	Ariana Novela (Corona del Mar)	2021	130-3	Emily Crum (Mater Dei)	2014
137-2	Bev Oden (Irvine)	1989	130-3	*Abbey Reichard (Portola)	2014
137-2	* Nikki Awaa (Brea)	2004	130-2	Kathrine Henze (Foothill)	1998
137-0	Heather Quinn (El Toro)	2002	130-0	** Marybeth Thobe (Edison)	1982
136-11	Laura Mills (University)	1981	130-0	Aprile Powell (Century)	1999
136-8	* Adara Newidouski (Dana Hills)	1992	130-0	* Laura Cadranel (Los Alamitos)	2001
136-1	Tawny Hanna (Irvine)	2012	130-0	Evelyn Roberts (Dana Hills)	2015
136-0	Maryn Ciarelli (Huntington Beach)	1999	130-0	Alaysha Green (El Toro)	2017
135-8	Shirlyn Weenig (Laguna Beach)	1984	129-11	Erin Walters (J Serra)	2023
135-6	Bonnie Dasse (Costa Mesa)	1977	129-10	Luisa Thimauave (Magnolia)	1988
135-5	Joni Argento (Kennedy)	1979	129-9	* Samantha Meredith (El Modena)	1999
135-4	Anna Gillis (San Clemente)	2016	129-9	Asou (Magnolia)	2007

129-9	*Xochitl Bryson (Oxford Academy)	2016	126-1	Becky Crouse (Woodbridge)	2008
129-5	Emma Robbins (Esperanza)	2019	126-1	Jessica Imani (Corona del Mar)	2011
129-4	** Krista Gregory (El Toro)	2008	126-1	*Chrisma Agbor (Portola)	2024
129-3	Laura Wilson (Newport)	1996	126-0	** Jillianne Whitfield (Newport)	2002
129-3	* Ashley Parrish (Esperanza)	2000	126-0	*Tiffany Gray (El Dorado)	2010
129-3	Mary Geers (Capo Valley)	2013	125-10	Jerrilyn Stanwood (Trabuco Hills)	2009
129-3	*Philliz Tuavao (Canyon)	2014	125-8	Katie Holmes (Canyon)	1996
129-3	**Abbey Reichard (Portola)	2023	125-8	Pesi Tauaika (Orange Lutheran)	2022
129-2	Kelly Langi (Saddleback)	1997	125-5	* Robyn Utu (Huntington Beach)	1981
129-0	**Joy McArthur (Dana Hills)	2015	125-5	* Jenny Shutt (Edison)	1996
129-0	Kaitlyn Menechett (Mission Viejo)	2019	125-5	Christina Kim (El Toro)	2008
128-11	*Kara Caskey (Mater Dei)	2011	125-3	Jennifer Harney (Esperanza)	1990
128-10	Antoinette Herrera (Los Amigos)	1998	125-3	Lauren O'Hara (Irvine)	1998
128-9	Tee Eskridge (El Modena)	1982	125-2	Katie Okano (Trabuco Hills)	1995
128-9	Kayla Yap (Mater Dei)	2023	125-0	* Kristen Okura (Mission Viejo)	1988
128-8	Kristy Dominguez (Mission Viejo)	2001	125-0	L. Kelly (Villa Park)	1983
128-7	Kristin Dunn (Mission Viejo)	1990	125-0	* Katie Smith (Orange)	1992
128-6	Lisa Henderson (Foothill)	1988	125-0	Rene Brunings (Mission Viejo)	2024
128-6	Kari DeSoto (Esperanza)	1996	124-10	* Katie Henze (Foothill)	1997
128-5	Marlene Godbolt Mission Viejo)	1995	124-9	*Alaysha Green (El Toro)	2016
128-5	Evaine Mansfield (Foothill)	1999	124-8	*Karle'h Wilson (Corona del Mar)	2011
128-4	Sheraton Jones (Canyon)	2013	124-7	Maria Ornes (Foothill)	1982
128-3	**Faimalie Sale (Los Alamitos)	2016	124-7	Cheyenne Maneafaiga (Garden Grove)	2012
128-1	Spring Trammell Los Amigos)	1995	124-7	*Madison Gallacher (Canyon)	2024
128-1	Hannah Meager (El Toro)	2014	124-6	Emily Ortiz (Tustin)	2023
128-1	Emily O (Orange Lutheran)	2018	124-4	*Emma Robbins (Esperanza)	2018
128-0	** Lia Rousset (Newport)	1994	124-4	*Morgan Sikes (Mission Viejo)	2026
127-11	Melanie Dear (Garden Grove)	1991	124-3	Keanna Roberson (Aliso Niguel)	2011
127-11	*Sheraton Jones (Canyon)	2012	124-3	Kate Jensen (Woodbridge)	2016
127-9	Tawney Barber (El Modena)	2007	124-2	Karlie Manos (Katella)	1999
127-8	Megan Good (Huntington Beach)	2010	124-2	Ashley Donohoe (Huntington Beach)	2013
127-7	Kara Stephens (Orange Lutheran)	1992	124-1	Bernadette Quinteras (Orange)	1992
127-5	Joanna Alo (SA Valley)	1990	124-1	** Olivia Raya (E1 Modena)	2003
127-5	Carina Martinez (SA Valley)	2001	124-1	*Logan Daniels (Dana Hills)	2020
127-4	Megan Franke (Canyon)	1988	124-0	*Nicole Beauregard (Valencia)	1991
127-4	Chichi Amadi (Dana Hills)	2008	124-0	Sydney DeVilla (Canyon)	2019
127-4	*Ashley Donohoe (Huntington Beach)	2012	123-11	Isobel Galisteo (Northwood)	2025
127-3	**Maddy Mitchell (Dana Hills)	2017	123-10	Terri Ortega (Irvine)	1987
127-2	Rebel Tuinuknafa (Orange Lutheran)	2022	123-10	Teresa Rocha (Esperanza)	2011
127-1	Dayna McKenzie (Capo Valley)	1993	123-7	Jamie Questa (Edison)	1997
127-1	Katie Easley (Los Alamitos)	1996	123-7	Melissa Lee (University)	2016
126-11	Jenny Brickner (Esperanza)	2000	123-7	*Rebel Tuinuknafa (Orange Lutheran)	2021
126-11	* Scarlet Leduga (El Toro)	2001	123-6	Leslee Briggs (Edison)	1989
126-11	Stacy Knisley (Esperanza)	2002	123-6	* Kristin Gunderson (Laguna Beach)	1998
126-10	Marlena Godboldt (Mission Viejo)	1996	123-6	Stacy Knisley (Esperanza)	2001
126-10	Whitney Johnson (Mission Viejo)	2004	123-6	Courtney Brown (El Modena)	2010
126-10	Athena Streit (Santa Margarita)	2024	123-6	Evelyn Roberts (Dana Hills)	2014
126-9	*** Marjorie Niumata (Rancho Alamitos)	1996	123-5	Lauren Preston (Mission Viejo)	2021
126-9	**Logan Daniels (Dana Hills)	2019	123-3	Bernadette Quinteros (Western)	1993
126-8	** Samangha Meredith (El Modena)	1998	123-3	Marissa Welliver (Aliso Niguel)	2003
126-8	Saloni Khandhadia (Beckman)	2020	123-2	Meagan O'Reilly (Mission Viejo)	2007
126-6	Una Makanesi (Loara)	2004	123-0	Sina Daley (Mission Viejo)	2008
126-6	Madison Chronister (San Clemente)	2015	123-0	Ambernicole Hollinger (Los Alamitos)	2014
126-3	*Jillian Stafford (Dana Hills)	2020	122-11	Jennifer Yu (Western)	1988
126-4	Reena Gonzales (Brea)	2000	122-10	Abby Gavrilovic (Esperanza)	2023
126-3	**Kai Beary (J Serra)	2025	122-9	Trinity Arriola (El Dorado)	2016

122-8	Lisa Henderson (Foothill)	1988
122-7	Julia Loya (Mission Viejo)	1998
122-6	Kristin Dutwiler (Mission Viejo)	1998
122-6	Miki-han Anelamaikala (Irvine)	2015
122-3	Edy Gancherov (Ocean View)	2024
122-3	**Tymane Allen (Cypress)	2026
122-2	Nori McCrystal (La Habra)	1997
122-2	Lilly Ellis (Los Alamitos)	2024
122-1	Nicole Lind (Tustin)	1985
122-1	Addison Franko (El Toro)	2026
122-0	Jacque Nelson (Canyon)	1978
122-0	Nina Foster (Misison Viejo)	1994
122-0	* L.J. Amadi (Dana Hills)	2003
122-0	Veronica Beavor (Orange Lutheran)	2008
122-0	Anelamaikalani Mikihan (Irvine)	2016
122-0	*Kimberly Reidel (El Toro)	2019
121-9	* Joanne Alo (SA Valley)	1989
121-9	* Hannah Meager (El Toro)	2013
121-8	Sarah Hernandez (Huntington Beach)	2008
121-8	Julia Reedy (Mission Viejo)	2011
121-7	Becky Daniel (Newport)	1976
121-7	** Shakeena Henderson (Tustin)	1997
121-6	Amina Mercado (Mater Dei)	2016
121-5	** Jenny Sotomayor (La Habra)	1997
121-5	Amanda Rodnguez (Cypress)	2004
121-4	* Yesenia Carrillo (Katella)	1998
121-4	Regina Dos Santos (Los Alamitos)	2010
121-4	Hannah TerHarr (Mission Viejo)	2013
121-4	**Paige Wilson (Los Alamitos)	2022
121-4	*Gabriella Lopez (Marina)	2022
121-3	* Maria Omes (Foothill)	1981
121-2	Wendy Fullmer (Esperanza)	1991
121-1	Pat Shaw (SA Valley)	1978
121-1	** Tonya Lawson (SA Valley)	1991
121-1	Tabitha Goff (Newport)	2010
120-10	* Spring Trammel (Los Amigos)	1994
120-10	Kayla Smith (Villa Park)	2006
120-8	Jiao Tsai (Corona del Mar)	1980
120-8	Sydney Gontang (Tesoro)	2022
120-7	* Milaya Paggett (Mission Viejo)	1998
120-7	Leah Gilmore (Orange Lutheran)	2022
120-7	*Madeline (Romo (El Modena)	2026
120-6	Kyrach Coleman (Valencia)	2016
120-4	Bonnie Manning (SA Valley}	1980
120-4	Luisa Tuimauvae (Magnolia)	1990
120-2	Weld Lola (Foothill)	2024
120-1	Jennifer Pettet (El Dorado)	1991
120-1	Lara Ohanesian (St Margarets)	2014
120-0	Tawnya Turton (Mission Viejo)	2010
119-6	***Molly McCullough (Mission Viejo)	2010
119-5	Amanda Truong (Esperanza)	2016
114-5	*Faimalie Sale (Los Alamitos)	2017
113-10	Alexa Sheldon (Edison)	2024
113-2	**Alicia Burnes (Sonora)	2010
113-2	Jaycee Olsen (Corona del Mar)	2010
111-0	Amanda Cooper (Corona del Mar)	201

Javelin

169-7	Jacque Nelson (Canyon)	1979
158-9	Ashely Selmon (Foothill)	1988
141-10	Laura Mills (University)	1981

Heptathlon

5405a	Sharon Hatfield (Fountain Valley)	1982
5200	Laura Mills (University)	1981
5115	* Ashley Bethel (Mission Viejo)	1997
5114	Kerry O'Bric (Edison)	1996
4491	Kimmie Conner (Dana Hills)	2010
4445	Ashley Selman (Foothill)	1988
4432	Tori Usgaard (Dana Hills)	2012
4309	Maria Philman (Edison)	1994
4303	Kylee Vandenberg (San Juan Hills)	2013
4257	*Chelsea Larson (Orange Lutheran)	2010
4168	Brenna Barker (Dana Hills)	2013
4049	*Kellie May (Northwood)	2016
4003	Molly Moore (Loara)	1982
3945	Kylie Moon-Rumsey (Huntington Beach)	2019
3922	*Chelsea Larson (Orange Lutheran)	2010
3856	Tailor Dunigan (Mission Viejo)	2010
3821	Hailey Bond (Costa Mesa)	2014
3809	***Grace Esslinger (Dana Hills)	2006
3772	*Alexis Turley-Young (Canyon)	2015
3672	*Davina Pham (Fountain Valley)	2015
3668	Kelly Skvama (Capo Valley)	2010
3640	Cathy Mullee (Edison)	1997
3606	*Sara Heckel (Yorba Linda)	2017
3584	***Laura Lainson (Huntington Beach)	2011
3582	Claire Currie (El Toro)	2012
3578	Jennifer Stanley (University)	1994
3566	Katy Zimmon (Edison)	1997
3546	**Brooke Kong (Northwood)	2016
3502	Lora Bender (Fountain Valley)	2012

Pentathlon

3925a	**Sharon Hatfield (Fountain Valley)	1980
3855	***Susie Ray (Villa Park)	1978
3856	*Jaio Tsai (Corona del Mar)	1980

Hammer Throw (4k)

203-08	*Joy McArthur (Mater Dei)	2016
184-6	*Emma Robbins (Esperanza)	2018
160-9	*Jessica Imani (Corona del Mar)	2010
160-1	Jenna Gallaway (Santa Margarita)	2023
151-9	**Jillian Stafford (Dana Hills)	2019
146-4	Stephanie Sampson (Esperanza)	1999
145-11	Siena Lambert (J Serra)	2023
143-6	**Felicia Crenshaw (Costa Mesa)	2016
135-2	*Elizabeth Jones (Corona del Mar)	2016
134-2	*Megan McCullough (Mission Viejo)	2012
130-3	Rachel Raper (Esperanza)	2005
127-3	Evy Roberts (Dana Hills)	2014

122-1	Katie Laich (Esperanza)	2007
119-6	***Molly McCullough (Mission Viejo)	2010
119-5	Amanda Truong (Esperanza)	2016
114-5	*Faimalie Sale (Los Alamitos)	2017
113-10	Alexa Sheldon (Edison)	2024
113-2	**Alicia Burnes (Sonora)	2010
113-2	Jaycee Olsen (Corona del Mar)	2010
112-11	**Chloe Hudson (Villa Park)	2025
111-0	Amanda Cooper (Corona del Mar)	2017
107-9	**Emily MacMillan (El Toro)	

ALL-TIME INDOOR BEST MARKS LIST—GIRLS

50 meters

6.67	* Carol Rodriguez (Western)	2003
6.73	Miesha Wilson-Duval (Woodbridge)	1994
6.75	Cavetra Mitchell (Los Alamitos)	1992
6.81	Crystal Davis (SA Valley)	1999
6.84	* Meryl Stone (Woodbridge)	1998
6.89	Meghan Atkinson (Santa Margarita)	2000
6.91	Andrea Dean (Mission Viejo)	1992
6.97	Fitzgerald (Santa Margarita)	1998
6.98	Adrianna Gallardo. (Saddleback)	1996

55 meters

7.16	Alyssa Tao (Fountain Valley)	2013
7.35	**Kennedy Gillian (Mission Viejo)	2014
7.39	*Crystal Eckman (Fountain Valley)	2014
7.47	Maia Craver (Woodbridge)	2014
7.47	Crystal Eckman (Fountain Valley)	2015
7.50	**Sarah Perez (Mater Dei)	2014
7.51	*Sara Limp (Los Alamitos)	2014
7.57	Lindsay Chiang (Fountain Valley)	2014
7.58	Michaela King (Dana Hills)	2014
7.60	*Hollis Donovan (Dana Hills)	2014
7.60	* Sahla Cook (Mission Viejo)	2015
7.60	Celine Smith (Mission Viejo)	2015
7.61	Hannah Helen Heising (Woodbridge)	2014
7.62	Chrstitina Ciampa (San Clemente)	1999
7.64	Meggín Rosas (Yorba Linda)	2015
7.66	Briana Jablonski (Woodbridge)	2014
7.68	*** Courtney Moreno (Fountain Valley)	2015
7.69	Meryl Stone (Woodbridge)	1999

60 meters

7.51	Justine Wilson (Rosary)	2026
7.54	Maliyah Collins (Rosary)	2026
7.56	Tra 'la Flournoy (Rosary)	2026
7.82	Pfeiffer Lee (Rosary)	2026

200 meters

24.18	Maliyah Collins (Rosary)	2026
24.41	Justine Wilson (Rosary)	2026
24.85	Pfeiffer Lee (Rosary)	2026
25.02	Tra 'la Flournoy (Rosary)	2026

300 meters

42.67	Hope Bender (Newport)	2015
42.88	* Colette Putnam (Laguna Beach)	2015
43.38	* Ashley Willingham (Los Alamitos)	2015
43.63	Emma Kratzberg (Newport)	2015
43.64	Celine Smith (Mission Viejo)	2015
43.96	Sidney Smiggs (Mission Viejo)	2015
44.42	** Whitney Hessler (Mission Viejo)	2015
44.42	Annelise Doerr (Fountain Valley)	2015
44.67	* Aliyah Forbes (Mater Dei)	2015
44.69	* Sahla Cook (Mission Viejo)	2015

440 yards

54.8	Arlise Emerson (Westminster)	1979
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400 meters

57.35	Ashtyn Adams (Tesoro)	2018
58.16	**Maya Woolforde (J Serra)	2024

500 yards

65.4	Arlise Emerson (Westminster)	1978
68.4	Rhonda Patcha (Valencia)	1978
68.5	* Tanya Ransom (El Toro)	1983
68.6	Trisha Aubuchon (Esperanza)	1985
68.7	Suzy Hensel (Valencia)	1983
68.9	Debbie Marsino (Cypress)	1981
69.3	Barbara Rainey (Edison)	1983
69.4	Jerri Baker (Capo Valley)	1981
69.7	Michelle Banks (El Dorado)	1985
69.7	Maika Nelson (Brea)	1998
70.1	Kim Law (SA Valley)	1977
70.3	Beth Melton (Fountain Valley)	1979
70.8	Anisette Rogers (University)	1983
70.8	Angela Allen (El Modena)	1998
71.0	Laura Ichikawa (Katella)	1982
71.1	Darla Burkhart (Estancia)	1979
71.9	Kaci Keefer (Woodbridge)	1989
72.0	* Jossie Fioda (Costa Mesa)	1981
72.46	Marlene Lang (Fountain Valley)	1993

500 meters

72.28	Ashley Furst (Laguna Hills)	1999
72.52	Christina Ciampa (San Clemente)	1999
72.6	Emily Kalmbach (Santa Margarita)	2002

600 yards

1:27.20	* Cassie Durg (Huntington Beach)	2015
1:27.37	**Ashley Willingham (Los Alamitos)	2014
1:29.12	* Taylor Arco (Mission Viejo)	2015
1:30.05	* Ashley Willingham (Los Alamitos)	2015

1:31.63	Chloe Deol (Dana Hills)	2014
1:31.97	Brenna McNulty (Dana Hills)	2014
1:32.45	Brian Jablonski (Woodbridge)	2014
1:32.87	* Katie Camarena (San Juan Hills)	2015
1:33.22	** Heather Cottle (Fountain Valley)	2013
1:33.27	*Annelise Doerr (Fountain Valley)	2014
1:33.27	* Charisma Byrd (Rosary)	2015
1:33.33	Megan Miller (Mission Viejo)	2015
1:33.36	Kyle Oefelein (Woodbridge)	2014
1:33.79	* Maia Craver (Woodbridge)	2013
1:34.22	Angel Vallier (Mission Viejo)	2015
1:36.14	*Heather Cottle (Fountain Valley)	2014
1:36.22	Aini Morales (Fountain Valley)	2013
1:36.65	** Annelise Doerr (Fountain Valley)	2013
1:37.01	Emily Glenn (Corona del Mar)	2014
1:37.60	Jessy McIntyre (Los Alamitos)	2013
1:38.09	Haley McHugh (Santa Margarita)	2014
1:38.71	Kyndol Craver (Woodbridge)	2013

600 meters

1:32.9	**Mary Decker (Orange)	1974
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880 yards

2:02.4	**Mary Decker (Orange) (2:01.8m)	1974
2:09.26	Georgia Jeanneret (J Serra)	2024
2:10.96	Liz Morse (Corona del Mar)	2000
2:13.79	*Anne Packard (J Serra)	2024
2:14.8	Cindy Stoughton (Corona del Mar)	1981
2:17.5	Maggie Henson (Newport)	1986
2:17.60	*Ashley Johnson (Mission Viejo)	2019
2:17.7	Christie Engesser (Ocean View)	1993
2:18.2	** Sharon Hatfield (Fountain Valley)	1980
2:18.4	* Nicole Biggers (El Toro)	1984
2:19.3	Shannon Karpel (Ocean View)	1987
2:19.4	Lori BlancoWestminster)	1977
2:19.6	* Kristin Harkins (La Quinta)	1986
2:19.8	Staci Kneeshaw (Foothill)	1978
2:20.4	Rhonda Patcha (Valencia)	1979
2:20.4	Leslie Pratt (Edison)	1983
2:21.2	Karen Nancy (Capo Valley)	1986
2:22.0	Nancy Jessen (Dana Hills)	1980
2:22.2	Kell Ringer (Edison)	1979
2:22.3	Buffy Rabbitt (Newport)	1986
2:22.3	Jessica Dahlberg (El Modena)	1998
2:22.3	***Whitney Whitney Hampton (El Toro)	2002
2:22.53	* Janice Lane (Woodbridge)	2013
2:23.1	Jenny Cummins (Corona del Mar)	2000
2:23.17	Natalie Grohmann (Fountain Valley)	2015
2:23.5	Erika Lovett (Savanna)	1988
2:23.66	* Katie Camarena (San Juan Hills)	2015
2:24.5	* Summer Shaw (Huntington Beach)	1996
2:24.64	** Jennifer Daly (Dana Hills)	2015
2:25.0	** Cyndi Boothby (Esperanza)	1989
2:25.1	Nancy Long (Mission Viejo)	1985
2:25.4	Vicki Kelly (Costa Mesa)	1982
2:25.5	* Laurinda Mulhaupt (Capo Valley)	1988

1,000 meters

2:26.7	** Mary Decker (Orange)	1974
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1,500 meters

4:26.2	***Paula Rose (Corona del Mar)	1976
4:26.7	Polly Plumer (University)	1982
4:42.05	Kelli Hines (Mission Viejo)	2019

One Mile

4:40.1	***Mary Decker (Orange) (Portola JH)	1973
4:45.9	Polly Plumer (University)	1982
4:54.24	*Anne Packard (J Serra)	2024
4:55.77	Kelli Hines (Mission Viejo)	2019
4:58.67	***Reese Holley (J Serra)	2024
4:59.3	** Teresa Barrios (University)	1982
5:00.5	***Sharon Hulse (Edison)	1977
5:02.0	Staci Kneeshaw (Foothill)	1980
5:02.7	***Paula Rose (Corona del Mar)	1976
5:04.9	* Bonnie McGlinchey (Fountain Valley)	1981
5:06.9	Nicole Ritchot (Edison)	1986
5:08.3	* Claire Feit (Mater Dei)	1982
5:09.0	Maggie Henson (Newport)	1986
5:09.5	Buffy Rabbitt (Newport)	1986
5:10.2	Sherri Roach (Kennedy)	1978
5:10.4	* Anabella Villanueva (Fountain Valley)	1981
5:10.9	Jamie Nourse (University)	1983
5:13.11	*** Hutton Nelligan (J Serra)	2024
5:13.45	**Heather Cuthbertson (Marina)	1996
5:14.3	Jenni Scott (Tustin)	1984
5:15.31	***Hayden Kroger (J Serra)	2024
5:16.14	Shalice Pugmire (Esperanza)	2002
5:18.22	*Sophie Polay (J Serra)	2024
5:18.26	**Chloe Elbaz (J Serra)	2024
5:19.5	Julie Morris (Costa Mesa)	1983
5:19.5	Sherri Smith (Woodbridge)	1986
5:19.5	* Kristina Dahlberg (El Modena)	1992
5:20.44	Meghan Mayes (Capo Valley)	1993
5:21.41	Kelsey Carroll (San Clemente)	2015
5:21.75	Jessica Cushing –Murray (Foothill)	2014
5:23.3	***Allyson Marquand (University)	1996
5:23.4	Leslie Cashion (Corona del Mar)	1988
5:23.82	Amanda Stark (Fountain Valley)	2014
5:23.99	Catherine Martinez (Fountain Valley)	2011
5:24.0	* Vanessa Kelly (Marina)	2000
5:24.01	* Kim Nelson (Canyon)	1993
5:24.9	* Erica Sahli (Villa Park)	2003
5:26.03	*** Hannah Hall (Foothill)	2015
5:26.55	Mikaela Garduno (Foothill)	2014
5:26.67	Katie Carroll (San Clemente)	2015
5:26.7	Maria Mendoza (Santa Ana)	1988
5:26.82	Madeline Bradford (Woodbridge)	2014
5:26.93	***Amanda Gehrich (Tesoro)	2013
5:26.97	Cassidy Towner (El Dorado)	2014

5:27.5	Shey Manaafian (University)	2001	8.86	Chelsea Larson (Esperanza)	2010
5:27.54	Ana Attard (Marina)	2002	8.99	* Hannah Duarte (Misison Viejo)	2015
5:27.6	Jamie DeNoewer (Costa Mesa)	1999	9.00	Lily Trinh (Fountain Valley)	2010

3000 meters

9:58.18	*Sophie Polay (J Serra)	2024
10:04.73	Kelli Hines (Mission Viejo)	2019
10:07.6'	* Carrie Garritson (Buena Park)	1993
10:14.87	**Kaylah Tasser (J Serra)	2024

Two Mile

10:37.67	*Sophie Polay (J Serra)	2024
10:45.7	**Carrie Garritson (Sunny Hills)	1992
10:59.27	**Kaylah Tasser (J Serra)	2024
11:11.33	Sierra Vega (Foothill)	2010
11:16.9	**Heather Garritson (Buena Park)	1996
11:17.15	***Lora Gonzalez (Woodbridge)	2014
11:17.59	***Elizabeth Dahl (Woodbridge)	2014
11:24.87	**Bethany Nickless (Fountian Valley)	2002
11:25.70	**Elyse Homberger (Edison)	1993
11:25.9	Angie Winkler (Fountain Valley)	1996
11:33.6	**Jenny Sears(Mater Dei)	2000
11:36.9	Sarah Rettman (Mission Viejo)	2000
11:38.0	Ana Attard (Marina)	2002
11:38.93	Mayra Medina (Laguna Hills)	1993
11:40.6	* Stephanie Torres (Cypress)	2003
11:41.3	*Amber Parkinson (Orange Lutheran)	1992
11:41.9	**Anne Gustafsson (Brea)	2003
11:43.15	Lori Mann (Santa Margarita)	1999
11:45.77	*Amber Bragdon (Fountain Valley)	2013
11:49.1	Katie Quinlan (Corona del Mar)	1999
11:51.5	Nancy Dollar (San Clemente)	1995
11:55.0	Tanya Brix (University)	1992
11:57.54	Jennifer Formosa (Edison)	1993

50 meter Hurdles

7.51	* Elinor Tolson (Fountain Valley)	1992
7.69	** Ashley Bethel (Mission Viejo)	1996
7.79	* Katie Mook (Foothill)	1994
7.90	*** Dana Bethel (Mission Viejo)	1998
7.91	* Amanda Shanklin (Santa Margarita)	1998
7.97	Inshirah Jones (Esperanza)	1995
8.13	Heather Novak (Santa Margarita)	1993
8.16	**Lauren Collins (Santa Margarita)	2003
8.45	Kristen Woepse (Woodbridge)	2003
8.75	Susan Pettus (Marina)	1996

55 meter Hurdles

8.38	Hope Bender (Newport)	2015
8.44	Michaela King (Dana Hills)	2014
8.70	** Dana Bethel (Misison Viejo)	1999
8.71	**Emma Kratzberg (Corona del Mar)	2014
8.83	Kyndol Craver (Woodbridge)	2013
8.84	Michaela Schaeffer (Edison)	2013

60 meter Hurdles

9.21	Taylor Brinker (Orange Lutheran)	2026
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4x 145m Relay

1:15..86	Irvine	2013
1:17.58	Woodbridge	2013
1:18.83	Fountain Valley	2015
1:19.41	Fountain Valley)	2014

4 x 160 yard Relay

1:18.4	Mission Viejo	1988
1:18.6	Esperanza	1988
1:18.9	Saddleback	1996
1:19.4	Marina	2000
1:19.6	Saddleback	1983
1:19.6	Mission Viejo	1998
1:19.65	Santa Margarita	1999
1:19.7	Cypress	2002
1:19.8	Loara	1988
1:20.1	Esperanza	1987
1:20.2	Sonora	1992
1:20.3	SA Valley	1998
1:21.0	SA Valley	1976
1:21.0	Western	2002
1:21.3	Marina	1996
1:21.4	Costa Mesa	1974
1:21.8	Marina	2001
1:22.8	Laguna Beach	1973
1:22.8	Laguna Beach	1975
1:22.7	Marina	1995
1:23.1	Fountain Valley	1988
1:23.8	Western	2003

8 x 160 yard Relay

2:39.3	Mission Viejo	1991
2:40.7	Mission Viejo	1994
2:42.2	Mission Viejo	1993
2:42.23	Mission Viejo	1996
2:42.29	Saddleback	1996
2:43.8	Saddleback	1994
2:44.9	Mission Viejo	1998
2:45.9	Trabuco Hills	1998
2:48.3	SA Valley	1992

4 x 440 yard Relay

3:52.70m	Rosary	2026
4:04.30m	Mission Viejo	2019
4:06.43m	Mission Viejo	2014
4:07.03m	Dana Hills	2014
4:07.8	Edison	1985
4:08.49	Mission Viejo	2015
4:08.6	Edison	1984

4:09.22	Santa Margarita	1999
4:09.5	Canyon	1984
4:09.57m	Los Alamitos	2014
4:11.2	Santa Margarita	1998
4:11.4	Woodbridge	1988
4:11.7	Foothill	1995
4:11.71m	Woodbridge	2014
4:12.5	Edison	1983
4:14.21m	Woodbridge	2013
4:15.6	Corona del Mar	1988
4:15.8	Santa Margarita	2003

4 x 880 yard Relay

8:54.14	J Serra	2024
9:37.3	Foothill	1983
9:42.4	University	1982
9:44.0	University	1983
9:49.4	Esperanza	1995
9:49.8	Esperanza	1996
9:53.7	Tustin	1982
9:56.2	Marina	2002
9:57.3	Esperanza	1999
9:58.3	Irvine	1982
9:58.3	El Modena	1995
9:58.5	Tustin	1983
9:58.9	Corona del Mar	1987
10:00.5	El Toro	1995
10:01.2	El Modena	1993
10:03.0	Laguna Hills	1993
10:08.1	El Dorado	1984
10:08.5	Canyon	1986
10:09.03	Woodbridge	2014
10:09.8	Esperanza	1998
10:10.5	Corona del Mar	1993
10:10.9	Esperanza	1986
10:11.2	Esperanza	2000
10:14.7	Esperanza	1994
10:15.3	Edison	1994
10:15.7	Corona del Mar	1994
10:16.2	SA Valley	1988
10:16.4	El Modena	1996
10:16.6	Villa Park	2002
10:17.0	Edison	1986
10:17.5	Laguna Beach	1987
10:18..1	Marina	2003
10:21.2	Mission Viejo	1999
10:22.1	Villa Park	1988
10:22.3	El Toro	1992
10:22.4	Canyon	1988
10:22.8	Foothill	1996

High Jump

5-10.5	Sharon Day (Costa Mesa)	2003
5-8	* Misty May (Newport)	1994
5-6	* Tina Bowman (Newport)	1994
5-6	** Tayyiba Haneef (Laguna Hills)	1995
5-6	** Jessica Lang (Mission Viejo)	2015

5-4	Darci Morrison (Laguna Hills)	1993
5-4	** Lauren Collins (Santa Margarita)	2003
5-4	Annie Giebelhaus (Orange Lutheran)	2011
5-4	Brenna Barker (Dana Hills)	2012
5-3	Maciah Murray (Edison)	2013
5-3	* Michelle DeDmon (El Toro)	2013
5-2	Carrie Hoagland (Canyon)	1992
5-2	Tracy Broughton (Irvine)	1992
5-2	Wendy Brown (Woodbridge)	1992
5-2	Kendra Canape (Brea)	2000
5-2	Kristna Curtis (Tustin)	2003
5-2	Madelyn Sando (Mater Dei)	2012

Pole Vault

13-10.5	*Rachel Baxter (Canyon)	2017
12-6	**Victoria Rische (Foothill)	2010
12-4	***McKenna Caskey Mater Dei)	2014
12-3	*Allison Stokke (Newport)	2006
12-0.5	* Elizabeth Woepse (Mater Dei)	2003
12-0	*McKenna Caskey (Mater Dei)	2016
12-0	*Kate Thomas (Santa Margarita)	2016
11-8	Lyndly Tamura (Huntington Beach)	2006
11-6.5	Mandie Rowell (Santa Margarita)	2003
11-6.5	* Whitney Johnson (Mission Viejo)	2003
11-6	*Brooke Arthur (Mater Dei)	2010
11-6	Claire Hawkins (Santa Margarita)	2010
11-4	Claire Kao (Dan Hills)	2016
11-1	*Amy Loschiavo (Huntington Beach)	2011
11-0.75	Cara Walker (Marina)	2003
11-0	Caroline Rebello (Marina)	2000
11-0	Kate Johnson (Mater Dei)	2010
10-10	** Alexa Ward (Los Alamitos)	2006
10-8	*Amy Loschiavo (Huntington Beach)	2011
10-7	** Kelly MacLean (Edison)	2003
10-6	Katie Rorem (Marina)	1998
10-6	Sarah Higham (Mission Viejo)	1998
10-6	Lauren Walker (Huntington Beach)	2006
10-6	Karen Snapper (Huntington Beach)	2010
10-6	Kari McCollum (Orange Lutheran)	2015

Long Jump

19-02	Dominique Ruotolo (Mater Dei)	2018
18-10	***Jade McDonald (Mater Dei)	2018
18-6.25	* Ashley Bethel (Mission Viejo)	1996
17-9.75	Heather Sterlin (Mission Viejo)	1992
17-6.5	Kristy Kierulff (Esperanza)	1995
17-6	** Dana Bethel (Mission Viejo)	1999
17-5	Lauren Delgadillo (Fountain Valley)	2014
17-3	Melissa McDonald (Mater Dei)	1991

Triple Jump

40-2	***Jade McDonald (Mater Dei)	2018
39-8	*Madison Lyon (Woodbridge)	2019
39-7.75	Michelle Sanford (Woodbridge)	2003

39-7.25	Dominique Ruotolo (Mater Dei)	2018
37-9.75	Kelly O'Connor (Esperanza)	1996
37-4	* Lora Bender (Fountain Valley)	2013
37-1.5	Erica Dickson (Mission Viejo)	1996
37-1	Michaela Schaeffer (Edison)	2013
36-9	Tammy Graham (Mission Viejo)	1992
36-9	* Darneshia Griffith (Trabuco Hills)	1996
36-7.25	Brenna Barker (Dana Hills)	2013
36-5	Jennifer Bandley (Los Alamitos)	2014
35-1.75	Nina Foster (Mission Viejo)	1993

Shot Put

54-2.75*	Jaslene Massey (Aliso Niguel)	2026
45-9.75	Mackenna Howard (Los Alamitos)	2014
40-11.75	Priscilla Gardner (Mission Viejo)	2003
39-4.25*	Sonya Bryant (Marina)	1995
39-2.25	Stephanie Sampson (Esperanza)	1999
38-7	Chrissy Tolson (Fountain Valley)	1996
37-4.25	* Ciera Williams (Mission Viejo)	2015
36-8.75	Mackenna Howard (Los Alamitos)	2013
35-4	Tafi Togogao (Los Amigos)	1996

20# Weight Throw

54-06.50	Faimalie Sale (Los Alamitos)	2018
48-6.25	Jillian Stafford (Dana Hills)	2020
48-5.25	Mackenna Howard (Los Alamitos)	2014
48-2.75	Jaslene Massey (Aliso Niguel)	2026
45-6.5	Alexa Sheldon (Edison)	2024
44-9	*Emma Robins (Esperanza)	2018
41-10.75	Elizabeth Jones (Corona del Mar)	2016

400m	Mia Darden	56.57	2017
800m	Haley Lawrence	2:10.57	2006
1600m	Emily Richards	4:53.70	2021
3200m	Emily Richards	10:28.37	2021
100m H	Ryann Beveridge	15.16	2018
300m H	Lily McCann	45.52	2019
400mR		48.02	2005
		48.02	2026
1600mR		3:57.07	2017
HJ	Kendra Duffey	5-6	2019
PV	Morgan Flynn	13-0	2019
LJ	Amber Moore	18-2.75	2004
TJ	Kathryn Plummer	41-6	2014
SP	Jaslene Massey	55-04.75	2026
Discus	Jaslene Massey	197-09	2026

ANAHEIM

Boys			
100m	Che Garcia	10.95	1992
200m	Ron Pharris	21.42+ (21.3y)	1967
400m	Mike Fritz	48.26	1986
1600m	Tom Keefer	4:11.2+ (4:12.6y)	1969
3200m	Tom Keefer	9:07.1+(9:10.2y)	1969
110m H	Bob McQueen	14.68+(14.4y)	1971
300m H	Octavio Morgan	38.85	2017
400m R		41.99+(41.1 y)	1972
1600m R		3:21.51	1984
HJ	Rick Sloan	6-8	1964
PV	Jack Hanian/Wayne Gorman	14-0	1972
LJ	Ruben Droughns	22-6.5	1995
TJ	Paul Magana	45-10.25	2016
SP	Jim Heath	59-9.5	1969

Girls

100m	Carla Battle	12.34	1997
200m	Carla Battle	25.79	1997
HJ	Yleana Carrascoco	6-0	1985
LJ	Jennifer Bailey	17-10.5	1985
SP	Rosario Ramos	46-9	1979

BECKMAN

Boys			
100m	Matthew Yu	10.83	2023
200m	Matthew Yu	21.87	2023
400m	Sachin Shurpalekar	49.64	2022
800m	Anthony Barrera	1:54.48	2025
1600m	Ibzan Felix	4:07.06	2024
3200m	Ibzan Felix	8:47.08	2024
400m R		42.87	2014
1600m R		3:22.78	2025
300m H	Jett Gary	38.09	
2025 LJ	Zachary Thornton	22-0	2025
HJ	Ryan Arambulo	6-7	2008
Dis	Brendon Birdsell	180-8	2009

Girls

SCHOOL RECORDS

ALISO NIGUEL

Boys			
100m	Charlie Jarvis	10.63	2022
200m	Hunter Hagins	21.60	2026
400m	Michael Phillippy	48.15	2018
800m	Michael Andraszczuk	1:53.19	2008
1600m	Brennan Foody	4:13.47	2022
3200m	Brennan Foody	9:02.67	2022
110m H	Jedediah Kaufmann	14.59	2019
300m H	Andrew Kokinakes	38.37	2009
400m R		41.13	2018
1600m R		3:14.68	2018
HJ	Austin Muirbrook	6-5	2019
LJ	Dane Malloy	23-1	2026
TJ	Dane Malloy	49-11.25	2026
PV	Danny Affleck	15-4	2020
SP	Alex Probolsky	53-9.25	2021
Dis	Chad Seymour	178-11	2009

Girls

100m	Danielle Darden	11.97	2013
200m	Danielle Darden	24.04	2013

100m	Bethany Nguyen	12.36	2019
200m	Danielle Dixon	24.64c (24.4h)	2017
400m	Jocelyn Niemiec	54.85	2021
800m	Estella Knobbe	2:17.23	2021
1600m	Ava Davidson	5:11.04	2024
3200m	Emma Alba	10:52.17	2026
100m H	Skyler Serrano	14.77	2023
300m H	Skyler Serrano	46.45	2025
400m R		48.48	2019
1600m R		3:58.19	2019
HJ	Caitlin Birdsell	5-6	2010
PV	Sophia Alagha	11-9	2024
TJ	Anna Biele	37-7.5	2018
SP	Saloni Khandhadia	36-1	2019
DIS	Saloni Khandhadia	137-10	2019

BREA-OLINDA

Boys

100m	Claude Melvin	10.70	1999
200m	Claude Melvin	21.40	1999
400m	Dave Buck	47.87+(48.0y)	1963
800m	Austin Tamagno	1:50.75	2016
1600m	Austin Tamagno	3:59.65+ 4:01.04y	2016
3200m	Austin Tamagno	8:54.73	2015
110m H	Bryan Poland	14.58+(14.3y)	1970
300m H	Peyton Killhefer	37.87	2021
400m R		42.18	1999
HJ	Hubbard	6-6	1992
	Ryan Kugel	6-6	1998
PV	Randy Parker	14-6	1977
LJ	Dan Carpenter	24-0.5	1972
SP	Dave Johnson	60-10.75	1976
DIS	Jim Norum	178-7	1997

Girls

100m	Kylie McCuen	12.33	2001
200m	Kylie McCuen	25.14	2001
400m	Sara Kronquist	57.23	2011
800m	Maika Nelson	2:14.15	1997
1600m	Vanessa Hancock	4:53.68	2008
3200m	Vanessa Hancock	10:49.47	2008
100m H (33")	Sarah Bonilla	15.56	1998
300m H	Sarah Bonilla	44.64	1997
400m R		49.10	2012
1600m R		3:57.54	1998
HJ	Julia Teven	5-10	2026
PV	Tracie Nakagana	11-0	2002
	Melissa Scott	11-0	2016
LJ	Taniha Maze	17-8.75	1988
TJ	Tennli Ulicny	36-10.5	1998
SP	Niki Awaa	38-11	2002
DIS	Nikki Awaa	137-2	2004

BOLSA GRANDE

Boys

400m	Randy Julian	47.27+(47.4y	1965
1600m	Terry Lamb	4:08.9+(4:10.4y	1969
110m H	Jeff Nelson	14.48+(14.2y)	1965
1600m R		3:18.4+(3:19.7y	1966
SP	Brian Dyke	59-6.5	1973
DIS	Mike Johnson	172-2	1966

Girls

100m	Janel Nguyen	12.56	2018
1600m	Jeanette Zambrano	5:05.31	2012
3200m	Rocio Pelayo	10:53.25	2006
LJ	Janel Nguyen	18-10.75	2018

BRETHREN CHRISTIAN

Boys

200m	Nathan Farris	22.41	1999
800m	Brandon Pacheco	1:51.29	1995
1600m	Brandon Pacheco	4:08.59	1995
PV	Steve Michels	16-5.25	1996

Girls

100m	Aliison Sarrell	12.48w	2001
LJ	Allison Sarrell	17-1.1	2001
TJ	Cindy Oparah	38-1.5	1998

BUENA PARK

Boys

100m	George McDonald	10.89	1994
200m	Mo Printup	21.92+(21.8y)	1982
400m	Mitchell Ramirez	49.34	
		2009	
800m	Tom Kovacich	1:50.8+(1:51.4y)	1972
1600m	Armando Cendejas	4:15.7+(4:17.1y)	1974
3200m	Armando Cendejas	8:57.5+(9:00.6y)	1974
400m R		43.09+(43.2y)	1990
1600m R		3:17.72+(3:19.0y)	1972
HJ	Conrad	6-8	2008
LJ	Kevin McGannon	23-7.5	
		1965	
TJ	Joe Thomas	46-8.75	1999
SP	Pat Kyle	60-11	1982

Girls

100m	Snita Ashford	12.10	2006
600m	Carrie Garritson	5:01.90	1994
3200m	Carrie Garritson	10:28.20	
		1994	
100m H	Jasmine Webb	15.28	2004
300m H	Yasmin Webb	43.56	2005
SP	Lato Eteaki	36-1.5	2014
Dis	Terri Sabol	155-6	1974

CALVARY CHAPEL

Boys

Girls

100m	Madison Lankford	12.67	2010
1600m	Chelsea Vancott	5:09.85	2008
3200m	Chelsea Vancott	11:19.41	
	2008		
100m H	Kathryn Karkut	15.97	2008
LJ	Skyler Cazale	18-4.5	2025
TJ	Skyler Cazale	39-0.75	2025

CANYON**Boys**

100m	Joshua Vu	10.76	2026
200m	Joshua Vu	21.20	2026
400m	Tubotien Taylor	47.73	2009
800m	Ethan Florez	1:54.04	2022
1600m	Chance Lamberth	4:07.70	2016
3200m	Wesley Walsh	8:56.25	2015
110m H	Brent Elliot	14.75	2011
	Musae Sesay	(14.40w)	2008
300m H	Travion Phillips	39.04	2018
400m R		42.28	2026
1600m R		3:18.03	2026
HJ	Cody Crampton	6-11	2011
PV	Jeremiah Chow	14-0	2016
	Jake Bennett	14-0	2016
LJ	Dave Berger	23-7.5	1978
TJ	Chris Jackson	45-9.75	1999
SP	Jake Porter	59-6	2019
Dis	Jake Porter	165-10	2019

Girls

100m	Addison Hunter	12.09	2026
200m	Adison hunter	25.30	2026
400m	Debbie Bottomley	56.62+(56.8)	1976
800m	Emma Hadley	2:11.45	2021
1600m	Emma Hadley	4:50.78	2022
3200m	Sara Leonard	10:24.41	2018
100m H	Alexis Turley-Young	14.34	2015
300m H	Kathy Kelly	45.74+(45.8y)	1983
400m R		48.12	2014
1600m R		3:49.71	1983
HJ	Carrie Hoagland	5-5	1994
PV	Rachel Baxter	14-4	2017
LJ	Shannon McGinnis	19-0.5	1983
TJ	Alexis Turley-Young	38-9	2015
SP	Jacque Nelson	44-11.5	1978
DIS	Allison Franke	160-6	1989

CAPISTRANO VALLEY**Boys**

100m	Stefan Nelson	10.90	2025
200m	Tomm Davis	22.21	1987
400m	Joe White	48.89	1989
800m	Kris Monte	1:53.26	2000
1600m	Neil Stevenson	4:15.77	1989

3200m	Adalberto Sanchez	9:08.68	1995
110m H	Espinosa	14.70	1984
300m H	Steve Lawrence	38.94c(38.7)	1987
400m R		42.29	1987
HJ	Darius Turner	6-2	2025
PV	Ryan Leuenburger	15-1	2024
LJ	Bernie Chapman	22-11	1991
TJ	Bernie Chapman	47-3	1991
SP	Brian Blutreich	69-6.5	1985
Dis	Brian Blutreich	210-8	1985

Girls

100m	Gianna Lowery	11.87	2010
200m	Gianna Lowery	24.15	2010
400m	Tifney Reeve	55.24	2005
800m	Natalie Herberg	2:11.92	2013
1600m	Haley Herberg	4:47.55+ (4:49.22y)	2017
3200m	Haley Herberg	10:09.54	2018
100m H	Kristen Kiefer	14.37	2007
300m H	Kristen Kiefer	42.75	2007
400m R		47.77	2011
1600m R		3:54.60	2010
HJ	Jolie Robinson	5-5	2019
PV	Alyssa Kolbeck	11-7	2024
LJ	Jolie Robinson	18-8.25	2019
TJ	Jolie Robinson	38-6.5	2019
SP	Laura Matos	40-9	1983
DIS	Kelly Allen	142-6	1988

CENTURY**Boys**

100m	Adrian Pioquinto	10.91	2009
1600m	Monserrat Santillan	5:09.42	2025
3200m	Monserrat Santillan	11:11.23	2025
LJ	Thomas	23-5.6	2000
Dis	Kevin Watson	166-4	1999

Girls

SP	Aprile Powell	40-0.75	1999
Dis	Aprile Powell	130-0	1999
400m	Monseratt Santillan Silva	59.03	2026
800m	Monseratt Santillan Silva	2:12.55	2026
1600m	Monseratt Santillan Silva	4:52.65	2026
3200m	Monseratt Santillan Silva	10:27.36	2026

CORONA DEL MAR**Boys**

100m	Jason Boyce	10.90	1994
200m	Matt Hurst	21.61	2014
400m	Matt Hurst	47.79	2014
800m	Nick Rose	1:52.1+(1:52.7y)	1971
1600m	Max Douglas	4:07.65	2025
3200m	Brian Hunsaker	8:53.7+(8:56.8y)	1975
110m H	Nick McGuinness	14.90	2013
300m H	Troy Hardy	38.28	2013

400m R		42.25	2026
1600m R		3:17.80	2012
HJ	George Kent	6-7	1972
	Mark Palmer	6-7	1984
PV	Keith Miller	15-1	1991
LJ	Jason Plumb	24-5	2022
TJ	Blaine Bolus	46-4.75	2009
	Blaine Bolus	(46-7.25w)	2008
SP	Sean Fenton	57-9.5	2000
Dis	Mike Bain	189-10	1987

Girls

100m	Ava Simos	11.94	2024
200m	Ava Simos	24.10	2023
400m	Melissa Swigart	55.95	2005
800m	Liz Morse	2:07.78	2000
1600m	Annie St Geme		
	4:39.94+(4:41.57y)2006		
3200m	Annie St Geme	10:15.89	
	2006		
100m H	Ava Simos	15.13	2024
300m H	Paige Damron	45.23	2018
400m R		48.55	2005
1600m R		3:48.28	
	1988		
HJ	Allison Brawner	5-7	2000
PV	Morgan Flynn	12-4	2018
LJ	Kim Attlessey	20-8.75	1971
SP	Jaycee Olsen	43-6.25	2010
Dis	Ariana Novela	137-3	2021

COSTA MESA

Boys

100m	Quinton Bell	10.58	2014
200m	Quinton Bell	21.34	2014
400m	Randy Smith	49.16+(49.3y)	1964
800m	Eric Solis	1:54.51	1997
1600m	Doug MacLean	4:09.5+(4:10..9y)	1972
3200m	John Olswang	9:00.9+(9:04.0y)	1972
110m H	Govern Nguyen-Spitzberg	15.00	2025
300m H	Govern Nguyen-Spitzberg	39.85	2025
1600m R		3:22.81	1982
HJ	Mike Langa	6-6	1962
	Richie	6-6	1986
	Steve Smith	6-6	1997
PV	Eric Berg	14-5.25	1962
SP	Curt Eilenberg	56-4.25	1975
Dis	Curt Eilenberg	173-1	1975

Girls

100m	Paige LaBare	12.54	2013
200m	Paige Labare	25.47	2016
400m	Sharon Day	57.35	2002
800m	Vicki Kelly	2:12.61	1981
1600m	Denisha Bendz	5:04.08	1992
3200m	Diane Molina	10:57.86	2019

100mH	Gigi Surmon	15.44	1993
300m H	Julie Kroenig	45.33	2000
1600m R		3:56.33	1982
HJ	Sharon Day	6-2	2003
SP	Bonnie Dasse	42-6	1977
Dis	Felicia Crenshaw	159-11	2017

CREAN LUTHERAN

Boys

100m	Jaxon Cantrell	10.74	2026
22.07	Damari Hall	22.07	2026
800m	Sean Pino	1:57.90	2013
1600m	Garrett Miller	4:23.24	2019
110m H	Jack Fairchild	14.55	2022
300m H	Colin Currier	38.94	2024
400m R		42.67	2026
1600m R		3:26.72	2019
PV	Noah Richardson	15-6	2026
TJ	Jack Fairchild	46-2	2022

Girls

100m	Elina Oh	12.46	2024
200m	Eliza Wooden	25.79	2024
800m	Kaela Brenner	2:17.42	2021
1600 m	Lauren Mauer	4:56.67	2012
1600 m	Lauren Mauer	10:56.17	2012
100m H	Olivia Viola	15.82	2026
300m H	Alexandra Sciarra	45.47	2010
400m R		49.16	2025
HJ	Reese Hogan	5-4	2025
PV	Sophia Williams	11-0	2025
LJ	Megan Horn	17-9	2018
TJ	Megan Horn	39-6.25	2018

CYPRESS

Boys

100m	Garland West	10.66	2004
200m	Anton Jamir	21.73	2003
400m	Jimmy Hutsell	48.30	1993
800m	William Masanja	1:55.88	2025
1600m	William Feliciano	4:14.22	1984
3200	David Napper	9:09.48	2003
110m HH	Tom Turner	14.28+(14.0y)	1975
400m R		41.91	2003
1600m R		3:16.02	2005
HJ	Jeff Waldren	6-9	1991
	Quinten Pounds	6-9	2015
PV	Jeff Conkle	15-0	1977
LJ	Todd Fenton	23-3.75	1984
TJ	Clarence Moore	48-3.75	2000
SP	David Sampson	58-5.75	2003
Dis	David Sampson	177-11	2003

Girls

100m	Hilary Ojinnaka	12.05	2013
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200m	Hilary Ojinnaka	24.70	2013
400m	Brittany Flores	56.54	2006
800m	Lauren Jirges	2:14.33	2003
1600m	Rhonda Craig	5:08.3+(5:10.ly)	1979
3200m	Rhonda Craig	10:54.2+(10:58.0y)	1979
100m H	Kailyn Krebs	15.90	2024
300m H	Liana Fuentes	45.90	2005
400m R		48.18	2007
1600m R		3:58.9	2006
HJ	Rachel Soremekun	5-5	2005
PV	Melissa Morris	11-9	2008
LJ	Jennifer Gillespie	18-6.25	1981
TJ	Debbie Geary	36-11	1983
SP	Tymane Allen	38-11.5	2026
Dis	Tymane Allen	122-03	2026

DANA HILLS

Boys

100m	Bryan Harrison	10.56	1995
200m	Bryan Harrison	21.10	1995
400m	Cade Lindahl	47.80	2006
800m	Jai Dawson	1:49.33	2022
1600m	Evan Noonan	3:59.17	2025
3200m	Evan Noonan	8:43.12	2024
110m H	Mike Germain	14.30	1983
300m H	Mikey Fischetti	37.60	2009
400m R		41.78	2008
1600m R		3:16.80	2018
HJ	Eric Smyth	6-10	1979
PV	Stephen Horrell	15-1	2005
LJ	Devin Harrison	24-1	2010
TJ	Jordan Singleton	45-7.5	2008
SP	Rory Mount	59-1.75	2009
Dis	Andy Marrone	192-1	1990

Girls

100m	Grace Esslinger	12.18	2008
200m	Anisa Rind	24.38	2019
400m	Hailey Ray	56.00	2019
800m	Annie Ivarsson	2:10.07	2024
1600m	Allura Markow	4:42.79	2023
3200m	Alaina Alvarez	10:36.16	2011
100m H	Kimmie Conner	14.20	2010
300m H	Kimmie Conner	42.97	2010
400m R		47.45	2018
1600m R		3:46.67	2017
HJ	Brenna Barker	5-7.5	2013
PV	Sydni Harden	12-9	2025
LJ	Roxy Meyer	18-6	2024
TJ	Roxy Meyer	39-4.75	2024
SP	Adara Newidouski	41-2.5	1993
Dis	Adara Newidouski	136-8	1992

EASTSIDE CHRISTIAN

Boys

HJ	TJ Fakehinde	7-0.5	2002
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EDISON

Boys

100m	Kerwin Bell	10.70	1980
200m	Darryl Poston	21.40	2001
400m	Tom Lloy	48.06+(48.1y)	1975
800m	Tom Lloy	1:51.6+(1:52.2y)	1974
1600m	Jon Butler	4:06.75	1981
3200m	Jon Butler	8:46.78	1981
110m H	Denny Flanagan	14.40	2001
300m H	Denny Flanagan	38.25	2002
400m R		42.00	2001
1600m		3:17.9+(3:19.2y)	1975
HJ	Jeff Goddard	6-8	2003
PV	Dave Noel	16-4	1988
LJ	Chris Macke	23-11	2006
TJ	Ian Jennings	46-5.5	1998
SP	Kaleaph Carter	64-0.5	1988
Dis	Kaleaph Carter	186-2	1988

Girls

100m	Cori Hoffer	12.27	2018
200m	Trindl Fearnley	24.94c(24.7)	1984
400m	Barbara Rainey	55.42	1983
800m	Meghan Foley	2:10.47	2007
1600m	Shelley Taylor	4:48.52	1992
3200m	Hillary Hayes	10:28.79	2009
100m H	Amanda Herrington	14.93	2017
300m H	Kerry O'Bric	44.76	1996
400m R		47.65	1984
1600m R		3:49.45	1983
HJ	Rachel Ziemann	5-10	2000
PV	Tori Pena	13-2	2005
LJ	Kerry O'Bric	19-9	1996
TJ	Kerry O'Bric	39-8	1996
SP	Alexa Sheldon	44-3.5	2024
Dis	Marie Philman	144-0	1996

EL DORADO

Boys

100m	Brody Seitz	10.82	2026
200m	Brody Seitz	22.10	2026
400m	Jon Michael	49.06+(49.2y)	1980
800m	Craig Olson	1:54.30	1987
1600m	Pat Dutzi	4:11.6+(4:13.0y)	1973
3200m	Ken Ernst	8:58.96+(9:02.14y)	1979
110m H	Jim Hunt	14.68+(14.4y)	1976
300m H	Dylan Chau	40.43	2025
400m R		42.78	2026
1600m R		3:22.46	2026
HJ	Ron Edgley	6-10	1979
PV	Greg Ernst	16-6	1978
LJ	Michael Dunne	22-3	2024
TJ	Michael Dunne	48-1.75	2026
SP	Chris Dressel	58-3.5	1979
Dis	Kevin Corbitt	184-2	1976

Girls

100m	Michelle Banks	12.20	1982
200m	Michelle Banks	24.94c(24.7)	1984
400m	Michelle Banks	55.44	1984
800m	Marcia Escobosa	2:17.8	1984
1600m	Marcia Escobosa	4:55.9	1984
3200m	Cassidy Towner	10:43.96	2014
100m H	Karalyn Cheng	15.43	2023
300m H	Tasha Walker	45.64	1994
400m R		48.88	2026
1600m R		3:59.10	1993
HJ	Lori Svoboda	5-10.75	1989
PV	Misty Richards	9-6	1998
TJ	Karalyn Cheng	38-01	2023
SP	Heather Cunningham	40-9	1995
Dis	Cyndi Lee	134-7	1988

EL MODENA**Boys**

100m	Josh Brown	10.72	2007
	(10.61w)		2007
200m	Nicholas Sanford	22.18	2005
400m	Mike Terry	49.06+(49.2y)	1991
800m	Dave Kingsland	1:49.4+(1:50.0y)	1977
1600m	Sydney Gidabuday	4:09.54	2014
3200m	Dave White	8:56.7+(8:59.8y)	1969
110m H	Richardson	14.68+(14.4y)	1974
300m H	Jake Angier	39.22	2019
400m R		42.92	2008
1600m R		3:19.47	1982
HJ	Matt Carter	6-10	2003
PV	Peter Kovacs	15-9	1995
LJ	Sean Sawyer	23-5	1984
TJ	Mark McGouney	46-8.75	1983
SP	Ziad Khozam	59-5.5	1985
Dis	Dylan Connor	180-3	2022

Girls

100m	Juanita Lawson	12.14c (11.9)	2001
200m	Sydney Carr	25.29	2016
400m	Jasmin Trujillo	57.22	2024
800m	Jessica Dahlberg	2:15.69	1996
1600m	Rebecca Sarmiento	5:03.18	2012
3200m	Leslie Burton	11:09.08	1995
100m H	Kaitlyn Meeder	15.47	2017
300m H	Cara Brookhouse	46.02	1989
400m R		48.75	2000
HJ	Sandy Gonzalez	5-6	2006
LJ	Gaylen Ames	17-8.5	1985
TJ	Gaylen Ames	38-10	1984
SP	Shelly Lovati	44-1.5	1986
Dis	Shelly Lovati	139-5	1986

EL TORO**Boys**

100m	Chad Grimmett	10.95	2009
200m	Aaron Lybarger	22.02+(21.9y)	1982
400m	Camden Patterson	49.01	2021
800m	Toby Villalva	1:53.34	2009
1600m	Toby Villalva	4:09.42	2009
3200m	Juan Gonzalez	8:54.01	2013
110m H	Mike Smith	14.25	1997
300m H	Nolan Grimm	38.24	2008
400m R		42.95	2012
1600m R		3:24.65	2021
HJ	Elliott Parks	7-2	1997
PV	Adam Bragg	16-3	2011
LJ	Justin Schneider	23-10	2012
TJ	Art Gourdine	46-3	1978
SP	Nick Robinson	65-1	2006
Dis	Nick Robinson	197-0	2006

Girls

100m	Maliyah Medley	12.29	2015
200m	Maliyah Medley	23.88	2017
400m	Maliyah Medley	53.06	2018
800m	Hanna Edwards	2:09.55	2011
1600m	Gweneth Williams	4:50.49	2025
3200m	Hannah Tobin	10:33.31	2017
100m H	Jessica Bragg	14.94	2009
300m H	Paula Pedrani	43.63	2015
400m R		47.57	2016
1600m R		3:48.99	2005
HJ	Lauren Correa	5-7	2005
PV	Madi Bragg	11-4	2013
LJ	Lisa Gourdine	19-9	1977
TJ	Monica Fisher	38-3.5	1989
SP	Hilary Fraser	45-6.5	2007
Dis	Hilary Fraser	158-2	2007

ESPERANZA**Boys**

100m	Shane Henry	10.81	2006
		(10.72w)	
			2006
200m	Wes Williams	21.28 (21.13)	2005
400m	Roshawn Sims	47.73	1991
800m	John Carrow	1:52.92	1988
1600m	Ryan Bousquet	4:05.54+(4:06.97y)	
	2000		
3200m	Shawn Frack	9:06.70	1993
110m H	Pat Swanson	14.36(14.19w)	1996
300m H	Keith Pontiflet	36.74	1985
400m R		42.00	1995
1600m R		3:20.00	1984
HJ	Larry Berger	6-10	1979
PV	Bobby Sparks	15-2	1998
LJ	Hayden Pierce	23-10.75	2010
TJ	Clayton Tharrington	48-6.25	1990
SP	Bronson Osborn	71-7.25	2016
Dis	Bronson Osborn	204-4	2016

Girls

100m	Trish Aubuchon	12.09(12.03w)	1984
200m	Trish Aubuchon	24.71(24.66w)	1984
400m	Emily Dunn	55.05	2007
800m	Emily Dunn	2:06.48	2007
1600m	Courtney Pugmire	4:50.47	1995
3200m	Courtney Pugmire	10:14.48	1995
100m H	Inshirah Jones	14.56	1995
300m H	Nikki Jackson	43.45	1990
Julie Handy		43.45	2001
400m R		48.45	1988
1600m R		3:51.21	1982
HJ	Kristy Kierulff	5-10.75	1994
PV	Trisha Gutierrez	11-6	1998
LJ	Kelly O'Connor	19-8.75	1996
TJ	Kelly O'Connor	40-11.75	1996
SP	Kristin Thompson	41-2.75	1999
Dis	Kristin Thompson	142-2	2000

ESTANCIA**Boys**

100m	MyranFelix	(10.8w)	1994
200m	Dave Johnson	21.72 21.6y	1970
400m	Eric Olson	48.76 48.9y)	1970
800m	Jim Walters	1:48.8+(1:49.4y)	1977
1600m	Humberto Rojas	4:10.58	2003
3200m	Humberto Rojas	9:21.73	2003
110mH	Steve Adams	14.68+{14.4y)	1984
	Ryan Whites	14.68	2006
300m H	Myron Felix	38.83	1984
1600m R		3:21.9+(3:23.2y)	1976
HJ	Ken Connor	6-10	1975
PV	Doug Miller	15-6	1986
LJ	Eric Dorn	23-2.75(23-4w)	1986
TJ	Mitch Barnett	43-6.5	1978

Girls

100m	Perris William-Mensah	12.04	2014
200m	Perris William-Mensah	25.20	2013
3200m	Elizabeth Huippe	11:14.04	2001
100m H	Yasmeen Chennault	15.72	2011
1600m R		3:57.1+(3:58.4y)	1979
HJ	Christie Howard	5-6	1990
SP	Nicole Oberreuter	38-4.5	1990
DIS	Debbie Hargrove	143-10	1990

FAIRMONT PREP**Boys**

TJ	Oliver Jones	46-4	2025
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FOOTHILL**Boys**

100m	Austin Overn	10.49	2022
200m	Nico Mancini	22.14	2025
400m	Ethan Taub	48.12	1993

800m	Jacob Robison	1:49.65	2022
1600m	Jeff Williams	4:07.02+(4:08.46y)1982	
3200m	Mark Spilsbury	8:50.6+(8:53.6y)	1976
110m H	Maikalo Liti	14.63	2003
300m H	Chad McHenry	39.25	1989
400m R		42.77	2024
1600m R		3:14.99	1993
HJ	Doug Dreibelbis	6-11.75	1983
PV	Steve Slocum	16-0	1987
LJ	Austin OPvern	23-1	2022
TJ	Ken Gates	46-9.75	1980
SP	Joe Walshe	58-5.5	1984
DIS	Andrew Cruikshank	176-8	2010

Girls

100m	Tara Oettinger	12.37	1994
200m	Tara Oettinger	25.04c(24.8)	1994
400m	Stacy Kneeshaw	57.31+(57.5y)	1978
800m	Amy Cox	2:11.73	1982
1600m	Stacy Kneeshaw	4:49.57	1980
3200m	Sierra Vega	10:23.59	2010
100m H	Kate Mook	14.70	1995
300m H	Kate Mook	44.34	1995
400m R		49.73	1986
1600m R		3:57.20	1995
HJ	Elizabeth Bauer	5-6	1989
PV	Victoria Rische	12-9.75	2011
LJ	Tara Oettinger	19-7.5	1994
TJ	Leila Khoury	37-10.75	1994
SP	Ashley Selman	39-1.5	1988
DIS	Kathrine Henze	130-2	1998

FOUNTAIN VALLEY**Boys**

100m	Kyle Middlebrooks	10.54	2009
200m	Kyle Middlebrooks	21.54	2009
400m	Chris Sperle	48.40	1984
800m	Steve Christiano	1:55.0+(1:55.6y)	1970
1600m	Brain Appell	4:16.4+ (4:17.8y)	1978
3200m	Bob Erickson	9:02.57	1982
110m H.	Ken Margerum	13.82+(13.78y)	1977
300 H	Hassan Ilyas	38.33	2011
400m R		42.41	2025
1600m R		3:16.41	1981
HJ	Matt Byrd	6-6	1994
PV	Blake Mason	15-8	2008
	Viet Le	15-8	2026
LJ	Troy Blevins	23-1	1978
TJ	Dennis Cowan	47-5	1979
SP	Tambi Wenj	60-3	1984
DIS	Tambi Wenj	190-8	1984

Girls

100m	Cheryl Henderson	12.18	1983
	Charlotte Bui	12.18	2026

200m	Alyssa Tao	25.25	2013
400m	Liz Melton	57.41+(57.6y)	1978
800m	Kaho Cichon	2:08.86	2021
1600m	Bonnie McGlinchey	4:47.42	1980
3200m	Annabella Villanueva	10:35.16	1980
100m H	Sharon Hatfield	14.44	1982
300m H	Sharon Hatfield	42.55	1982
400m R		48.86	2017
160m R		3:49.1+(3:50.4y)	1979
HJ	Sharon Hatfield	5-8	1980
PV	Isabella Abrahams	12-8	2024
LJ	Sharon Hatfield	19-3.25	1982
TJ	Young	36-7.5	1987
SP	Julie Green	40-9.75	1978

FULLERTON

Boys

200m	Heikki Kohlenberger	22.66	2025
400m	Dan Hoefler	49.56(49.7y)	1947
800m	Bob Sutherland	1:55.7+(1:56.3)	1974
1600m	Mark Wynne	4:17.5 (4:18.9y)	1963
3200m	Greg Dean	9:12.3 (9:15.8y)	1976
110m H	Doyin Sule	14.72	2011
300m H	Dylan Cobbs	39.15	2026
400m R		43.44	2010
1600m R		3:26.46	2026
HJ	Imad Jamal	6-8	1979
LJ	Darrell Roberts	23-03	1955
SP	John Brenner	64-5.5	1979
DIS	John Brenner	172-11	1979

Girls

100m	Melina Sibal	12.54	2026
200m	Caili Tuttle	25.66	2015
400m	Caili Tuttle	56.57	2015
300m H	Kathy Lavinger	45.68	1982
400m R		49.47	2017
SP	Natalie Kaaiawahia	53-7.75	1983
DIS	Natalie Kaaiawahia	174-9	1983

GARDEN GROVE

Boys

100m	Kevin Griswold	10.67	1996
200m	Kevin Griswold	21.21	1996
400m	Tony Krzyzosiak	46.57+(46.7y)	1971
800m	Mark Schilling	1:54.2+(1:54.8y)	1972
1600m	Mark Schilling	4:04.0+(4:05.4y)	1972
3200m	Mike Davis	9:12.3+(9:15.5y)	1968
110m H	Bob Ballew	14.78+(14.5y)	1957
300m H	Anthony Hale	37.37	1988
400m R		42.19+(42.3y)	1973
1600m R		3:17.9+(3:19.2y)	1970
HJ	Dave Russ	6-8	1969
PV	Steve Pulvers	14-2	1973
LJ	Tony Krzyzosiak	24-1	1971
DIS	Mike Morales	174-1	1986

Girls

100m	Matty Morton	12.42w	2001
200m	Matty Morton	25.37	2001
DIS	Melanie Dear	127-11	1991

GODINEZ

Boys

400m	Diego Majia	50.70	2022
800m	Diego Mejia	1:53.62	2024
1600m	Jayden Hernandez	4:15.78	2023
3200m	Jose Penaloza	9:16.81	2013

HUNTINGTON BEACH

Boys

100m	Eddie Morris	10.64c(10.4)	1940
200m	Tony Thompson	22.15	1984
400m	Paul Williams	48.26+(48.4y)	1968
800m	Paul Williams	1:50.6+(1:51.5y)	1968
1600m	Robert Angel	4:08.3+(4:09.7y)	1975
3200m	Gus Quinonez	9:05.86	1983
110m H	Adrian Brown	14.13	1991
300m H	Tony Thompson	37.54	1984
400m R		42.86	2012
1600m R		3:23.47	1990
HJ	Cary Burt	6-10.5	1977
PV	Jeff Ryan	15-8	1999
LJ	Garth Wise	23-1	1971
TJ	Carl Satterfield	45-1.75	1983
SP	Scott Moser	61-10.5	1997
Dis	Scott Moser	213-11	1997

Girls

100m	Rachel Carlton	12,31	2025
200m	Vanessa Denniston	24.72+ 24.87y	1978
400m	Cassie Durgy	56.90	2015
800m	Cassie Durgy	2:09.57	2015
1600m	Cassie Durgy	4:53.81+ 4:55.52y	2016
	Makenzie McRae	4:53.84	2023
3200m	Sydney Rubio	10:20.46	2024
100m H	Sydney McGill	14.82	2026
300m H	Sydney McGill	44.69	2026
400m R		49.21+(49.49y)	1979
HJ	Ann Erpenbeck	5-9	1978
PV	Allison Kioressel	13-1	2009
LJ	Bonnie Sorensen	18-3	2005
TJ	Sierra Benedict	37-5	2026
SP	Robyn Utu	41-1.5	1982
Dis	Katelyn Ciarelli	148-5	2003

IRVINE

Boys

100m	Kamron Shahbahrami	10.82	2011
200m	Mario Bassani	21.26	2001
400m	Mario Bassani	47.01	2001
800m	Noel Trout	1:54.6	1986

1600m	Jim Olson	4:13.78	1985
3200m	Justin Nyberg	9:29.0	1997
110m H	Al Williams	14.23	1998
300m H	Al Williams	37.14	1998
400m R		42.00	2021
1600m R		3:20.23	2010
HJ	Neimah Jones	6-6	2009
PV	Shawn Rogen	14-8	1989
LJ	Jacob Haley	22-11	2019
TJ	Chris Mandeville	46-8	1983
SP	Jeff Bodholdt	56-8	1994
Dis	Jeff Bodholdt	170-11	1994

Girls

100m	Erica Lee	12.24	1989
200m	Rai Ahmed-Green	24.87	2014
400m	Shebanette Terry	55.71	2012
800m	Laura Chapel	2:10.92	1984
1600m	Summer Wilson	4:45.40	2026
3200m	Summer Wilson	10:14.45	2026
100m H	Elizabeth Loud	15.48	2000
300m H	Shebanette Terry	43.24	2012
400m R		48.17	2013
1600m R		3:53.37	2011
HJ	Tracy Broughton	5-8	1992
PV	Lisa Fellers	10-6	1998
	Michelle Noble	10-6	1999
LJ	Michelle Kelly	18-6	1979
TJ	Krista Widen	36-7.5	1990
SP	Elaina Oden	46-11.75	1985
Dis	Elaina Oden	149-2	1985

J SERRA

Boys

100m	Isaiah Diego Williams	10.88	2014
200m	Dante Pettis	21.41	2014
400m	Trevor Garrison	48.49	2023
800m	Alden Morales	1:49.91	2024
1600m	Andrew Burkhardt	4:06.82	2016
3200m	Peter Harold	8:58.34	2019
400m R		41.08	2026
1600m R		3:21.12	2023
HJ	Harrison Steed	7-2.5	2010
PV	Fernando Martinez	15-2	2017
LJ	Dante Pettis	24-7	2014
TJ	Dante Pettis	44-4	2014
SP	Brendon See	65-10	2023
Dis	Brendon See	203-10	2022

Girls

100m	Maya Woolforde	12.35	2026
200m	Maya Woolforde	25.05	2026
400m	Maya Woolforde	55.77	2024
800m	Georgia Jeanneret	2:07.26	2024
1600m	Katherine Delaney	4:42.95	2011
3200m	Summer Wilson	10:15.84	2024

100m H	Hanna Barmettler	15.19	2023
300m H	Chloe Elbaz	43.70	2026
400m R		48.08	2026
1600m R		3:46.42	2024
HJ	Holly Hogan	5-02	2026
PV	Helena Reuter	12-08	2026
	Sydni Harden	12-1	2024
LJ	Maya Woolforde	17-9	2024
SP	Siena Lambert	38-0	2023
Dis	Siena Lambert	145-11	2023

KATELLA

Boys

100m	Charles Crook	10.74	1997
200m	Charles Crook	21.29	1997
400m	Kendall Wesley	48.65	1990
800m	Antonio Lozano	1:55.05	1999
1600m	Mike Love	4:14.72	1992
3200m	Mike Love	9:07.03	1992
110m H	Terry Johnson	13.88(13.3w)	1986
300m H	Terry Johnson	37.26	1986
400m R		42.74	1986
1600m R		3:22.25	1988
HJ	Kevin Carlson	7-1	1991
PV	Hong Nguyen	15-6	2002
	Jesse Phillips	15-6	2010
LJ	Roger Lemons	22-11	1979
TJ	Greg Portis	45-10.5	1986
SP	Steve DeForrest	60-4.5	1977
DIS	Jeff Hall	178-3	1982

Girls

100m	Kimora Rogers	12.46	2019
200m	Cortney Stafford	25.46	2000
400m	Ashlynn Viramontes	59.60	2021
800m	Ashlynn Viramontes	2:11.34	2022
1600m	Ashlynn Vitamontes	5:00.12	2021
3200m	Martha Pinto	10:42.51	1990
100mH	Kelsey Schuler	15.03	2006
400m R		49.63	2001
HJ	Cortney Stafford	5-6.5	1999
PV	Elisa Liana	11-0	2001
LJ	Courtney Stafford	17-8.5	2001
TJ	Courtney Stafford	39-1	2000
SP	Luseane Makensesi	43-4.25	2009
Dis	Luseane Makensesi	138-10	2009

KENNEDY

Boys

200m	Jack Struble	21.82+(21.7y)	1972
1600m	Steve Webb	4:18.3+(4:19.8y)	1978
3200m	Steve Webb	9:00.1+(9:03.2y)	1978
110m H	Ahmad Wright	14.36	1999
300m H	Ahmad Wright	37.62	1999
400m R		42.99+(43.1y)	1972
HJ	Dionte Holloway	6-8	2002

PV	John Boyd	14-3	1968
LJ	Stan Edmonds	23-11	1966
TJ	Charlie Cummings	48-0.5	1989
SP	Bill Flores	58-1.25	1983
Dis	Bill Flores	169-7	1983

Girls

100m	Janice Nsor	11.95	2005
200m	Elia Reid	24.56	2005
400m	Amanda Rosencrantz	56.65	2005
1600m	Sherri Roach	5:12.7+(5:14.6y)	1978
3200m	Sherri Roach	10:50.8+(10:54.6y)	1978
100m H	Cira Wright	15.11	2000
400m R		46.57	2005
1600m R		3:51.13	2005
HJ	Ursula Lovely	5-11	1985
LJ	Tracy Hanlon	18-4.25	1979
TJ	Ursula Lovely	36-6.5	1987
SP	Vicky Craig	39-9.5	1981
DIS	Joni Argento	135-5	1979

LAGUNA BEACH

Boys

100m	Nathan Lancaster	49.46	2014
800m	Dave Hustwick	1:53.7+(1:54.3)	1970
1600m	Eric Hulst	4:07.7+(4:09.1y)	1974
3200m	Eric Hulst	8:41.6+(8:44.6y)	1976
110m H	Jay Thorson	14.46	1981
300m H	Justin Rovin	38.87	2006
HJ	Jay Thorson	6-11	1981
PV	Foster	14-2	1985
SP	Geoff Harrowby	58-1.5	1968
Dis	Jud Binley	169-4	1973
	Jeff Greenbough	169-4	1977

Girls

100m	Brittany Clark	12.28	2007
200m	Majia Shaw	25.42	2018
400m	Majia Shaw	57.16	2018
800m	Rennie Durand	2:05.7	1980
1600m	Natasha Strickland	5:02.25	2012
3200m	Natasha Strickland	11:00.25	2011
300m H	Coco Putnam	43.52	2015
400m R		49.31	2018
1600m R		3:59.85	2015
HJ	Lisa Fregraus	5-8	1982
SP	Jacky Cenán	39-10	2016
Dis	Shirley Weenig	135-8	1984

Boys

100 m	Drew Endly	10.83 (10.82w)	2008
	Shawn Tucker	10.83	2008
200m	Dane Endly	21.46	2003
400m	Jeff Roach	47.59	1984
800m	Matt Stoner	1:54.61	2009
1600m	Steve Frisone	4:16.01	1989

110m H	Shaheed Quassin	14.80	1992
300m H	Jeff Roach	37.56	1984
400m R		42.76	2003
HJ	Dan Funks	6-6.5	1995
TJ	Anthony Victa	46-1	2018
Dis	Jesse McDonald	168-8	1994

Girls

100m	Nedra Lyons	12.30	1984
200m	Michelle Holt	24.96	2016
400m	Ashley Furst	57.08	1998
800m	Tiffany Boykin	2:11.42	1994
1600m	Alana Jones	4:51.67	2013
3200m	Holly Barker	10:11.56	2023
400m R		48.82	2016
1600m R		3:55.73	1993
HJ	Tayyiba Haneef	5-10.5	1997
PV	Micah Fein	11-1	2007
	Karen Maceranka	11-1	2023
LJ	Marcie Salze	17-9.75	2006
TJ	Jennifer Michelman	37-2	2011
SP	Lilia Makakaufaki	37-5.75	2001

LA HABRA

Boys

100m	Bryce Whitley	10.90	2022
200m	Josh Herrera	22.00	1998
400m	Tony Sanford	48.06+	1965
800m	Eric Behring	1:51.34	1981
1600m	Bruce Bess	4:12.0+(4:13.4y)	1962
3200m	Mark Gonzales	9:07.51	1990
110m H	Wayne Clayton	14.28+(14.0y)	1968
300m H	Eric Lancaster	40.75	2016
	400m R	43.09+(43.2y)	1975
HJ	Bill Gordon	6-7	1971
PV	Mike Sampson	14-8	1969
LJ	Doug Switzer	22-10.25	1966
TJ	Robert Stevens	45-9.5	2003
SP	P Cavanaugh	56-9.75	1969
Dis	Will Parsons	190-0	2011

Girls

100m	Salze	12.74c	2004
200m	Amy Wilbourn	25.82	2013
1600m	Sita Jones	5:031	1988
3200m	Ava Jones	10:57.37	2002
100m H	Kamala Parker	15.39	2003
400m R		49.03	1984
LJ	Debbie Knight	18-4.5	1984
TJ	Debbie Knight	37-5.5(37-9w)	1985
SP	Leslie Contreras	37-9.5	1979
Dis	Nori McCrystal	122-2	1997

LA QUINTA

Boys

100m	Pham	10.94	1998
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LJ	Amok	22-8	1992
Dis	Rich Stewart	178-6	1975

Girls

800m	Kristin Harkins	2:15.53	1984
1600m	Kristin Harkins	4:59.31	1984
TJ	Kim Duong	36-9	2001

LOARA

Boys

100m	Chukwueke Nwachie	10.65	2012
200m	Steve Elkins	21.82+(21.7y)(21.62w)	1970
400m	Richard Garcia	48.69	2009
800m	Ralph Serna	1:55.1+(1:55.7y)	1975
1600m	Ralph Serna	4:05.6+(4:07.0y)	1975
3200m	Ralph Serna	8:42.9+(8:45.9y)	1975
110m H	Eric Nuanes	14.74	1997
400m R		42.09+ (42.2y)	1970
HJ	Greg Ramsey	6-7	1989
PV	Dennis Walp	14-10.5	1966
LJ	Steve Baxter	23-10.75	1971
TJ	John Moore	45-4	1980
SP	Steve Lehmer	59-9	1966
Dis	Steve Lehmer	182-1	1966

Girls

100m	Pearl Mercer	12.60(12.36w)	1994
300m H	Laura Knight	45.84c(45.6)	1982
400m R			1987
HJ	Kelly Graton	5-7.5	1989
LJ	Ashley Fletcher	18-4.5	2005
TJ	Ashley Fletcher	36-6.5	2005
SP	Luseane Makanesi	40-11	2008
Dis	Melissa Price	134-8	1997

LOS ALAMITOS

Boys

100m	Devin Bragg	10.42	2025
200m	Devin Bragg	21.11	2025
400m	Justin Woods	48.66	2005
800m	Thomas Heib	1:51.49	2015
1600m	Mark Junkermann	4:15.10	1983
3200m	Mark Junkermann	9:01.15	1983
110m H	Jose Rubio	13.89	2017
300m H	Jose Rubio	36.72	2017
400m R		41.33	2022
1600m R		3:16.40	2004
HJ	Brad Harris	6-11	1978
PV	Dustin Deleo	16-2	2004
LJ	Jose Rubio	23-5.5	2-17
TJ	Joshua Caiquo	45-10.25	2011
SP	Sawyer Howard	61-2	2019
Dis	Tom Allison	167-6	1985

Girls

100m	Sara Limp	11.94	2015
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200m	Sara Limp	24.18	2015
400m	Ashley Willingham	54.89	2015
800m	Delaney Sanacore	2:10.12	2018
1600m	Katie Izzo	4:55.27	2015
3200m	Katie Izzo	10:21.67	2015
100m H	Cavetra Mitchell	14.52	1993
300m H	Jordan Agnew	45.16	2013
400m R		47.42	2019
1600mR		3:48.97	2015
HJ	Stacy Lee	5-7	1985
PV	Olivia Bettinger	12-9	2024
LJ	Alison Parsons	19-0.75	2016
TJ	Mackenzie Kirk	37-7	2019
SP	Mackenna Howard	50-2.5	2014
Dis	Faimalie Sale	153-10	2017

LOS AMIGOS

Boys

400m	Geno Howard	48.58	1986
3200m	Mark Cunnart	9:15.0+(9:18.3y)	1980
300m H	Geno Howard	38.57	1986
400m R		43.93	2026
HJ	Chris Stumfall	6-9	1979
PV	John Reed	14-7.75	1981
TJ	Pamale Skipps	45-7.5	1987
Dis	Ryan Gleason	169-5	2007

Girls

3200m	Kathy Kiernan	11:00.6+(11:04.5y)'80	
300m H	Kelly Grand	44.95	1986
SP	Tafi Togogae	42-0.25	1996
Dis	Carrie Axton	150-0	1996

MAGNOLIA

Boys

200m	Gary Charles	22.24c(22.0)	1995
400m	John Galbraith	48.66+(48.8y)	1970
800m	Dave Stoner	1:55.6+(1:56.2y)	1963
1600m	Rick Bergstrom	4:15.2+(4:16.6y)	1964
110m H	Dave Cooper	14.68+(14.4y)	1972
HJ	Eugene Harriman	6-6	1981
PV	Dave Tucker	14-2	1971
LJ	Phouphet Singbandith	23-0	1989
TJ	Phouphet Singbandith	51-7.75	1990
SP	Mike Seibl	57-3.25	1971
Dis	Trevor Ofisa	175-10	2010

Girls

100m	Kathy Hargis	12.47	1986
3200m	Trudy Gardner	11:19.2	1980
PV	Misty Richards	9-0	1996
SP	Eta Jackson	39-2.25	1998
Dis	Vao Faoa	152-8	2001

MARINA

Boys

100m	Jay Serrambana	10.63	2025
200m	Chip Rish	21.01	1985
400m	Chip Rish	45.84+(45.7y)	1985
800m	Tony Guadagnini	1:53.20	2005
1600m	Karl Baranov	4:13.65	2011
3200m	Gary Blume	8:57.7+(9:00.8y)	1974
110m H	Marc Kallick	14.47	1988
300m H	Ben Forbes	39.08	1998
400m R		42.43	1984
1600m R	3:21.4+(3:22.7y)		1976
HJ	Dave White	6-8.5	1977
	Matt Dispenza	6-8.5	2014
PV	Jett Gordon	17-2	2016
LJ	Mitch Malone	23-3.25	1987
TJ	Tony Parrish	50-11.75	1993
SP	Kyle Tsu	63-10	2017
Dis	Kyle Tsu	176-8	2017

Girls

100m	Neveah Lane	12.26	2023
200m	Nevaeh Lane	25.10	2024
400m	Olivia Iverson	57.17	2019
800m	Sarah Van Dyke	2:11.32	2011
1600m	Laura Hollander	4:48.86	2012
3200m	Laura Hollander	10:10.51	2012
100m H	Susan Pettus	15.24c(15.0)	1995
300m H	Ann Kissinger	45.27	1998
400m R		49.02	2009
1600m R		3:56.27	2011
HJ	Lisa Coleman	5-7	1987
PV	Kristen McGregor	12-9	2002
LJ	Noel Dula	17-7.75	1997
TJ	Samantha Seirano	37-5	2004
SP	Sonya Bryant	41-5	1995
Dis	Alejandra Rosales	143-9	2019

MATER DEI

Boys

100m	Domani Jackson	10.25	2021
200m	Curtis Godin	20.85	2014
400m	Curtis Godin	48.63	2014
800m	Sam VanDorpe	1:51.07	2018
1600m	Mike Nielsen	4:11.56	1989
3200m	Bill St John	8:51.7+(8:54.8y)	1976
110m H	Logan Lyght	13.95	2023
300m H	Corey Hammond	37.35	2012
400m R		41.75	2023
1600m R		3:16.80	2010
HJ	Brandon Gorski	6-9	2023
PV	Michael Woepse	17-6	2010
LJ	Brandon Gorski	24-3.25	2025
TJ	Titan Ruotolo	47-8	2019
SP	Vince Brown	61-3.75	1978
Dis	Malik McMorris	194-8	2015

Girls

100m	Eden Murray	11.67	2026
200m	Eden Murray	23.66	2026
400m	Tara Radan	55.35	2013
800m	Ashlyn Rambo	2:08.75	2014
1600m	Ashlyn Rambo	4:55.39	2014
3200m	Clarie Feit	10:48.29	1982
100m H	Emma Radan	14.22	2014
300m H	Emma Radan	43.00	2014
400m R		47.23	2014
1600m R		3:48.60	2013
HJ	Melissa McDonald	5-10	1990
PV	McKenna Caskey	13-8	2016
LJ	Dominique Ruotolo	19-2.75	2018
TJ	Dominique Ruotolo	41-4.5	2018
SP	Kau Ilani Miki-han	40-7	2014
Dis	Kara Caskey	140-6	2012

MISSION VIEJO

Boys

100m	Andy White	10.68	2007
200m	Joey Branker	21.56	2009
400m	Greg Jones	48.05+(48.34y)	1977
800m	Jon Cook	1:52.3+(1:52.9y)	1974
1600m	James Cameron	4:12.37	2008
3200m	Jeff Vandereems	8:59.4+(9:02.5y)	1979
110m H	Steve Kerho	13.41	1982
300m H	Diego Courbis	37.60	2014
400m R		41.57	2006
1600m R		3:16.34	2004
HJ	Chris Moxley	6-9	1990
	Sage Stone	6-9	2013
PV	Mason Gariepy	15-9	2018
LJ	Diego Courbis	22-8	2014
	Brenden Schooler	22-8	2016
TJ	DJ Lee	46-2	2024
SP	Greg Aitkenhead	64-7.5	1984
Dis	Scott Hudson	187-2	1980

Girls

100m	Julia Cabrales	12.15	2012
200m	Kennedy Gillian	24.53	2014
400m	Kennedy Gillian	54.89	2016
800m	Ashley Johnson	2:10.57	2018
1600m	Chloe Berry	4:50.19	2016
3200m	Kelli Hines	10:35.09	2016
100m H	Ashley Bethel	13.82	1997
300m H	Chelsea Taylor	43.26	2008
400m R		47.86	2022
1600m R		3:47.31	2016
HJ	Lisa Fager	5-7	1988
PV	Whitney Johnson	12-10	2004
LJ	Heather Sterlin	19-8.5	1992
TJ	Jada Gatlin	40-9	2022
SP	Heidi Adams	46-9	1985
Dis	Jacque Norton	167-5	1982

NEWPORT**Boys**

100m	Trevor Jones	10.87	2000
200m	Brian Theriot	22.02	1975
400m	Brian Theriot	47.04c(46.9)	1975
800m	Frank Venclik	1:52.47+(1:53.13y)	1978
1600m	Jim Geerlings	4:08.97+(4:10.43y)	1988
3200m	Carlos Maradiaga	8:55.58	2024
110m H	Trevor Jones	13.99	2000
300m H	Trevor Jones	36.46	2000
400m R		42.69+(42.8y)	1978
1600m R		3:15.5+(3:16.7y)	1975
HJ	KC Connell	6-6.25	1975
PV	Ryan Fegan	16-6	2017
LJ	Sheldon Blockburger	23-3.5	1983
TJ	Sheldon Blockburger	48-6.5	1983
SP	Jim Neidhart	69-3.75	1973
Dis	Bo Taylor	213-7	2006

Girls

100m	Abigail Van Exel	12.34	2026
200m	Amy Burlingham	24.83	2001
400m	Emma Kratzberg	55.95	2016
800m	Keaton Rober	2:07.01	2024
1600m	Amber Steen	4:43.75	2001
3200m	Amber Steen	10:26.45	2001
100m H	Emma Kratzberg	14.28	2016
300m H	Natalie McCarty	41.74	2026
400m R		48.44+(48.6y)	1975
1600m R		3:53.26	2026
HJ	Misty May	5-10	1993
PV	Allison Stokke	13-7	2007
LJ	Sue Kruse	18-1	1976
	Morgan Starken burg	18-1	2026
TJ	Elizabeth Clayton	38-4.5	2002
SP	Gina Heads	47-5	1994
Dis	Cara Heads	149-5	1995

NORTHWOOD**Boys**

100m	Dheer Patel	10.81	2024
200m	Dheer Patel	21.52	2024
400m	Dheer Patel	47.37	2024
800m	Justin Larson	1:54.23	2019
1600m	Santiago Diaz-Garcia	4:19.10	2025
3200m	Logan Shaw	9:23.67	2025
300m H	Hyrum Taylor	39.04	2004
400m R		42.25	2025
1600m R		3:17.02	2024
HJ	Dominic Cotton	6-7	2023
PV	Blythe Anderson	14-2	2026
LJ	Josh Santos	22-10.5	2025
TJ	Myles Carter	46-9	2021
SP	Caleb McCurry	60-6.25	2009
Dis	Caleb McCurry	179-4	2009

Girls

100m	Megan Blanchard	12.48	2008
200m	Alyssa Bowman	25.69	2024
400m	Samantha Solaru	57.81	2011
800m	Bethan Knights	2:13.80	2014
1600m	Bethan Knights	4:42.29	2014
3200m	Bethan Knights	9:54.89	2014
100mH	Kellie May	15.28	2017
300m H	Tori Olora	45.21	2019
400mR		48.45	2016
1600m R		3:55.60	2025
LJ	Kellie May	18-5.25	2017
TJ	Kellie May	38-11.75	2017
SP	Christa Kondru	40-10	2010
Dis	Christa Kondru	131-11	2010

OCEAN VIEW**Boys**

1100m	Rex Brown	10.71(10.63w)	1982
200m	Rex Brown	21.39	1982
400m	Mark Guest	49.18	1982
800m	Brian O'Bannon	1:53.12	1995
1600m	Haissam Sabra	4:11.54	1987
110m H	Tom Rish	14.88+(14.6y)	1980
300mH	Tom Rish	38.42	1980
400m R		42.89+(43.0y)	1981
HJ	Brad Burns	6-6	1982
PV	Ray Dirling	15-6	1988
LJ	Marc Roosen	22-7.25	1989
TJ	David Shaw	45-11.5	1994
SP	Jack Paavola	52-3	2025
Dis	Jack Paavola	174-10	2025

Girls

100m	Cron	12.40	1985
200m	Donna Garcia	25.84c(25.6)	1983
800m	Christie Engesser	2:11.23	1992
1600m	Kathy Karpel	4:54.16	1987
3200m	Taryn Lawson	11:16.3	1995
100m H	Erin Stansbury	15.28	1989
400m R		49.55	2008
HJ	Debbie Orr	5-10	1986
LJ	Debbie Orr	17-9	1986
TJ	Debbie Orr	39-8.25	1986

ORANGE**Boys**

100m	Jeff Williams	10.89	1994
200m	Jeff Williams	21.84	1994
400m	Lanny Carter	48.66+(48.8y)	1952
800m	Bob Delaney	1:52.8+(1:53.4y)	1961
1600m	Dale Story	4:09.6+(4:11.0y)	1959
3200m	Jaime Martinez	9:06.08	1994
110m H	David Porter	14.98+(14.7y)	1969
300m H	Mark Holman	39.22+(39.2y)	1986
400m R		43.96	2026

1600m R		3:22.41	1983
HJ	Myron Williams	6-10	1987
LJ	Kevin Cochran	22-6.75	1964
TJ	Mike DeVore	46-1.5	1985
SP	Mike Evans	55-9	1970
Dis	Sean Ullom	172-0	1987

Girls

100m	Patricia Donaldson	12.40	2001
200m	Patricia Donaldson	25.64c (25.4)	2001
800m	Mary Decker	2:02.3	1974
300m H	Delphia Moore	45.27	1994
HJ	Kelly McPheeters	5-6	1978
TJ	Jennifer Fairchild	36-5	2001
Dis	Katie Smith	125-0	1992

ORANGE LUTHERAN

Boys

100m	Damani Wilson	10.67	2010
200m	Damani Wilson	21.64	2010
400m	Terrance Brown	48.84	2009
800m	Sam Delgado	1:54.85	2008
1600m	Kevin McNulty	4:13.33	2018
3200m	Cameron Everhart	9:17.07	2008
110m H	Baron Giacchetto	14.27	2026
300m H	Cullan Riser	37.75	2013
400m R		41.28	2023
1600m R		3:13.98	2008
HJ	Mason Hahn	6-10	2010
PV	Carl Johansson	17-0	2014
LJ	Myles Hawkins	23-4.5	2013
TJ	Myles Hawkins	48-4.5	2013
Dis	Blake Ayles	193-6	2008

Girls

100m	Kenzi Bernardino	12.33	2026
200m	Adriana Bracamonte	24.88	2007
400m	Isabel Adams	58.07	2026
800m	Barbara Boisvert	2:14.4	1992
1600m	Staci Foster	4:49.95	2009
3200m	Staci Foster	10:37.29	2009
100m H	Taylor Brinker	14.64	2026
300m H	Taylor Brinker	44.32	2026
400m R		47.74	2026
1600m R		3:53.95	2026
HJ	Annie Giebelhaus	5-8	2009
PV	Emily Coombs	12-3	2017
LJ	Sophia Hartwell	18-10.5	2019
TJ	Sophia Hartwell	39-5	2019
SP	Melissa Yunghans	46-8.75	2004
Dis	Brianna Uipi	143-2	2016

OXFORD ACADEMY

Boys

200m	Jonathan Berry-Smith	22.02	2010
400m	Jonathan Berry-Smith	47.92	2011

HJ	David Yi	6-4	2019
TJ	Richard Chau	43-6.75	2017

Girls

100m	Brianna Washa	12.66	2012
800m	Maya Bryson	2:17.51	2018
100m H	Rachel Gagnon	15.27	2017
300m H	Rachel Gagnon	46.24	2017
LJ	Emily Huynh	17-4.75	2016
Discus	Xochitl Bryson	129-9	2016

PACIFICA

Boys

100m	Trent Langham	10.71	2011
200m	Trent Langham	21.82	2011
400m	Tyler Yesenosky	49.91	2026
800m	Tyler Yesenosky	1:53.69	2026
1600m	Jacob Smith	4:13.84	2017
3200m	Jacob Smith	9:17.98	2017
110m H	Brian Danskin	14.68	1992
300m H	Sheldon Evans	37.77	2004
400m R		42.10	2011
HJ	Allan Galloway	6-6	1982
PV	Richard Carlson	14-0	1969
LJ	Ric Hibbs	23-2	1966
SP	Zachary Lewis	62-0.5	2024
Dis	Zachary Lewis	190-4	2024

Girls

100m	Marina Berrios	12.61	2013
200m	Dana Kriesel	25.66	1981
400m	Trudy Zandbergen	57.63	1982
1600m	Megan Petkovic	5:07.96	2008
3200m	Megan Petkovic	11:12.49	2008
400m R		49.90	2013
LJ	Sophia Hartwell	18-3.5	2018
TJ	Sophia Hartwell	38-7.5	2018

PACIFICA CHRISTIAN

Boys

1600m	Teal Greene	4:14.03	2026
300m H	Aiden Hart	39.20	2024
HJ	Caeden Connell	6-4	2023

Girls

100m H	Charis Wondercheck	14.67	2023
300m H	Charis Wondercheck	45.09	2023

PORTOLA

Boys

100m	Michael Hood	10.79	2026
200m	Rider Cooper	21.21	2024
400m	Rider Cooper	47.37	2024
800m	Marco Allen-Aguirre	1:54.24	2024
1600m	Mateo Allen-Aguirre	4:20.74	2023
110m H	Brasen Garcia	15.11	2023

300m H	Kamran Jahromi	38.38	2024
400m R		41.75	2024
1600m R		3:21.36	2024
HJ	Aryan Shrivastava	6-6	2022
PV	Connor Hutchison	14-0	2024
LJ	Jason Liu	22-10.5	2024

Girls

100m	Alexis Richmond	12.38	2023
200m	Azra Gercek	25.59	2026
400m	Azra Gercek	58.06	2026
800m	Azra Gercek	2:08.13	2026
1600m	Jadyn Zdanavage	5:08.26	2021
3200m	Sophie Gujilfoile	10:55.70	2024
100m H	Taylor Nguyen	15.92	2026
300m H	Taylor Nguyen	47.20	2026
400m R		48.56	2026
1600m R		3:51.02	2026
PV	Natalie Ng	10-8	2021
LJ	Alexis Richmond	18-1.25	2023
TJ	Taylor Strickland	36-04	2026
SP	Abbey Reichard	38-1	2025
Dis	Abbey Reichard	130-3	2024

RANCHO ALAMITOS

Boys

100m	Ulysses Trammel	11.04c(10.8)	1991
200m	Ulysses Trammel	22.35	1991
400m	Phil Porter	49.54c(49.4)	1985
1600m	Ted Bechtel	4:18.5+(4:20.0y)	1969
3200m	Breggar Moore	9:00.7+(9:03.8y)	1975
110m H	Owehand	14.88+(14.6y)	1975
300m H	Tyler Young	39.14	2018
400m R		43.20	1990
1600m R		3:23.16	1984
HJ	Dayten Zepeda	6-4	2019
SP	John Logsdon	57-11	1975
Dis	Richard Bolton	177-6	1977

Girls

100m	Aileen Sablo	12.47	1999
SP	Celeste Paquette	43-1	1985
Dis	Celeste Paquette	148-0	1985

ROSARY

Girls

100m	Maliyah Collins	11.62	2026
200m	Maliyah Collins	23.35	2026
400m	Justine Wilson	53.53	2026
800m	Charisma Byrd	2:17.64	2014
1600m	Kathy Mintie	4:50.9+(4:52.5y)	1978
3200m	Shelby Buckley	10:46.99	2005
100m H	Jada Faison	14.70	2026
300m H	Jada Faison	44.22	2023
400m R		44.23	2026
1600m R		3:41.33	2026

HJ	Linnea Housewright	5-8	1995
PV	Haley Stauber	11-9	2010
LJ	Jada Faison	19-10	2026
TJ	Amaya Faison	38-04.5	2026
SP	Rebel Tuinukuafe	38-10	2019

SADDLEBACK

Boys

100m	Teddy Baker	10.77(10.64w)	1984
200m	Teddy Baker	21.46	1985
400m	Bill Thurmond	48.41	1987
1600m	Tom Lipski	4:17.9+	1969
3200m	Robby Price	9:06.66	1990
110m H	Jon Peterson	13.58+(13.3y)	1975
330m H	Mel Lete	37.62	1994
400m R		42.62	1991
1600m R		3:21.60	1992
HJ	Robert Fuentes	6-7	1997
PV	Dale Anderson	14-3	1978
LJ	Troy McAllister	23-4.5	1983
TJ	Rick Brown	47-7	1976
SP	Clarence Jackson	56-2.5	1975
Dis	Ed LeVasseur	164-0	1978

Girls

100m	Estelle White	12.01	1982
200m	Danetta Chaney	25.44c(25.2)	1989
100m H	Amber Price	15.61w	1999
300m H	Marissa Perez	46.20	2014
400m R		48.21	1982
LJ	Annette Brown	17-1.5	1982
TJ	Shundra Holland	37-1.75	1986
SP	Olive Langi	38-10.5	1989
Dis	Aidee Pacheco	131-1	1995

SAMUELI

Boys

200m	Khalil Watson	22.33	2025
400m	Khalil Watson	48.98	2025
800m	Khalil Watson	1:59.14	2025

SAGE HILL

Boys

100m	Jake Pirnazar	10.47	2025
200m	Zach Chandy	21.19	2006
400m	Zach Chandy	47.29	2005
110m H	Chance Kuehnel	14.71	2016
400m R		41.67	2025
1600m R		3:25.28	2025
HJ	CJ McCord	6-10.25	2014
PV	Alex Escalera	15-10	2017

Girls

100m	Cadence Liu	12.67	2026
1600m	Cait Williamson	5:10.88	2008

TJ Laura Gordon 37-2.25 2005

SAN CLEMENTE

Boys

100m	Herbert Gamboa	10.51	2012
200m	Tim Martin	21.46	2024
400m	Nick Provencio	48.77	2008
800m	Connor Dunne	1:50.41	2016
1600m	Connor Dunne	4:03.13	2016
3200m	Juan Chantaca	9:01.86	2023
110m H	Sam Spencer	14.74	2008
300m H	Justin Davis	38.96	2002
400m R		42.30	2011
1600m R		3:21.09	2024
HJ	Carl Eissman	6-8.25	1975
PV	Dexter Brice	16-0	2024
LJ	Arik Nesbit	23-6	2014
TJ	Tony Robinson	48-1.5	1990
SP	Jim Doehring	64-11.75	1980
Dis	Quaid Vuncannon	188-7	2012

Girls

100m	Marquita Taylor	12.07	2001
200m	Christina Twicken	24.45	2009
400m	Caroline Hawkes	55.20	2022
800m	Alex Dunne	2:10.82	2008
1600m	Alex Dunne	4:52.50	2009
3200m	Alex Dunne	10:16.83	2009
100m H	Brittney Thornton	15.14	2013
300m H	Brittney Thornton	44.39	2012
400m R		48.64	2018
1600m R		3:53.99	2010
PV	Chloe Smith	11-10	2024
LJ	Kiana Breshears	17-3	2025
TJ	Cherris Gray	36-0.5	1990
SP	Diane Clements	44-3	1981
Dis	Kate Hutchinson	175-8	2003

SAN JUAN HILLS

Boys

100m	Braden Pegan	10.66	2022
200m	Spencer Danner	21.44	2013
400m	Micah Ray	49.46	2017
800m	Nolan Calder	1:54.82	2026
1600m	Quinn Calder	4:13.59	2026
3200m	Brandon Pugh	9:17.95	2011
110 H	Connor Meech	14.60	2015
300m H	Connor Meech	37.00	2015
400m R		42.28	2019
1600m R		3:26.06	2014
PV	Joshua Kato	15-3	2021
LJ	Troy Barmettler	21-6	2025
TJ	Troy Barmettler	45-4.5	2026
SP	Sean Rhyan	63-3.5	2019
Dis	Sean Rhyan	155-8	2019

Girls

100m	Lauren Vissman	12.57	2015
200m	Lauren Vissman	25.95	2015
400m	Jayden Hill	57.11	2022
800m	Chelsea Kruthers	2:09.29	2012
1600m	Katie Camarena	4:56.23+ 4:57.96y	2016
3200m	Katie Hansen	10:53.41	2016
100m H	Paige Donaldson	15.82	2014
300m H	Lexi Shaw	43.93	2013
400m R		49.76	2024
1600m R		3:58.41	2010
PV	Scarlett Biondolillo	10-6	2024

SANTA ANA

Boys

100m	Tony Mosley	10.82	1987
200m	Clancy Edwards	21.32+(21.2y)	1973
		(20.8yw)	1973
400m	Robert Harrell	47.07+(47.2y)	1971
800m	Robert Harrell	1:50.8+(1:51.4y)	1972
1600m	Sal Mendoza	4:14.0+(4:15.4y)	1972
3200m	Marc Genet	8:50.4+(8:53.4y)	1972
110m H	Isaac Curtis	14.28114.0y	1968
400m R		41.20+ 41.4y	1970
1600m R		3:13.8+(3:15.0y)	1972
HJ	Mike Weinrich	6-7'	1964
PV	Tom Lueras	14-8.5	1972
LJ	Isaac Curtis	23-3.25	1968
TJ	Tony Mosley	46-1.75	1987
SP	Steve Meier	55-4.75	1965

Girls

1600m	Maria Hernandez	5:01.43	2019
3200m	Maria Hernandez	10:48.14	2019
HJ	Lisa Pickering	5-5	1979
SP	Matala Lualemaga	40-7	2000

SANTA ANA VALLEY

Boys

100m	Elliot Dunning	10.57	1984
200m	Elliot Dunning	21.33	1984
400m	Paul Peters	47.34	1987
800m	Anthony Wells	1:55.1+(1:55.7y)	1980
1600m	George Aguilar	4:17.4+(4:18.8y)	1974
3200m	Jim Rodriguez	9:03.06	1988
110mH	Don Tilley	14.58+(14.3y)	1967
	Denson	(14.48w)	
300m H	John Hollis	38.23	1986
400m R		41.10+(41.2y)	1971
1600m R		3:16.92	1986
HJ	Joe Phillips	6-10	1974
PV	Sam Caruthers	15-0	1965
U	Tony Pitts	24-5	1978
TJ	Malcolm Wesley	45-9.5	2017

Girls

100m	Crystal Davis	12.04c (11.8)	2001
200m	Crystal Davis	24.73	1999
400m	Kim Law	55.43+(55.76y)	1978
800m	Maribel Delgado	2:15.59	1996
1600m	Maribel Delgado	5:07.28	1996
3200m	Elyse Estrada	11:14.15	1993
100m H	Amber Price	15.84	1997
300m H	Thelma Harman	44.48	1981
400m R		47.70+(47.98y)	1979
1600m R		3:50.3+(3:51.6y)	1989
HJ	C Mack	5-6	1978
LJ	Alice Franklin	18-10.75(19-0.75w)	1979
TJ	Alice Franklin	38-6.5	1982
SP	Loanna Alo	41-7.75	1990
Dis	Lisa Williams	142-0	1983

SANTA MARGARITA

Boys

100m	Leo Francis	10.45	2025
200m	Blake Hennesay	20.84	2025
400m	Jeff Jacobs	47.97	2002
800m	Ryan Martin	1:53.89	2007
1600m	Zachary Gibson	4:10.89	2024
3200m	Sean Byrne	9:08.80	2018
110m H	Roman Mendoza	14.21	2023
300m H	Blake Hennesay	36.95	2017
400m R		41.61	2025
1600m R		3:15.19	2002
HJ	Jim Lunnen	6-8	2000
PV	Brady Furr	16-5	2025
TJ	Steve Feeney	45-4.5(46-3.5w)	1991
SP	Jon O'Neil	58-6	1997
Dis	Jon O'Neil	169-4	1997

Girls

100m	Tessa Green	11.78	2019
200m	Nikki Merritt	24.17	2018
400m	Lauren Memoly	54.97	2019
800m	Gwynn George	2:12.43	2018
1600m	Carol Dye	4:51.88	2026
3200m	Taryn Coulson	10:37.16	2026
100m H	Nikki Merritt	13.93	2019
300m H	Nikki Merritt	42.23	2018
400m R		46.28	2017
1600m R		3:47.82	2017
HJ	Lauren Collins	5-8.5	2005
PV	Kaitlyn Merritt	13-9	2014
LJ	Lauren Memoly	18-8.5	2019
TJ	Elizabeth Weeks	38-11	2017
SP	Brooke Fitzgerald	37-10	1998

SANTIAGO

Boys

400m	Greg Tagliaferri	49.26+(49.4y)	1964
110m H	Leonard Sims	14.58+(14.3y)	1964
400m R		43.09+(43.2y)	1970

PV	Bruce Fandel	14-6	1971
SP	Don Kolstad	55-10.5	1970
Dis	Talaesea	164-9	1973

SAVANNA

Boys

100m	Dominique Williams	10.88	2008
200m	Mike Flores	22.04c(21.8)	1994
400m	Vince Rivera	48.41	1983
800m	Angelo Cervantes	1:52.27	2011
1600m	Angelo Cervantes	4:17.99	2011
3200m	Matthew Galindo	9:18.18	2024
110m H	Zim Walker	14.68+(14.4y)	1991
300m H	Vince Flores	39.33	1991
400m R		42.29+(42.4y)	1971
1600m R		3:19.9+(3:21.2y)	1970
HJ	John Landon	6-10	1980
PV	Steve DeBerg	14-10	1972
TJ	Alex Miller	46-1	2003
SP	Paul Castenada	55-9.5	2004
Dis	Paul Castenada	168-4	2004

Girls

100m	Quinna Starr	12.64	1998
200m	Ashley Jsames	25.84	2008
800m	Erika Lovett	2:12.86	1987
1600m	Cynthia Mendez	5:13.14	2004
100m H	Ashley Jsames	15.39	2008
300m H	Ashley Jsames	44.27	2008
400m R		49.59	1999
LJ	Quinna Starr	18-1.5	1999
TJ	Renita Starr	38-2.5	2000

SEGERSTROM

Boys

100m	Khang Mat	10.97	2023
800m	Alfredo Vargas	1:56.58	2025
1600m	Saul Orozco	4:20.35	2023
110m H	Jonathan Romer	15.32	2023
HJ	Winston Lawson	6-6	2011
LJ	Devin Velarde	21-4	2022
TJ	Sedrick Beamon	42-9.5	2025
SP	Matthew Orellana	53-7	2026

Girls

100m	Nyree Brown	12.72	2018
1600m	Stephanie Ortega	4:52.71	2016
3200m	Stephanie Ortega	11:03.60	2014
100m H	Nyree Brown	14.74	2018
300m H	Nyree Brown	41.86	2018

SERVITE

Boys

100m	Benjamin Harris	10.27	2026
200m	Max Thomas	20.68	2022
400m	Jaelen Hunter	45.76	2026

800m	Brendon Confer	1:53.57	2009
1600m	Jared Steins	4:09.96+ (4:11.41y)	2022
3200m	Jared Steins	9:08.99	2022
110m H	Todd Hart	14.24	1981
300 IH	Matt Willis	37.79	2002
400m R		41.35	2024
1600m R		3:17.28	2008
HJ	Jim Cody	6-9	1984
	Tim Cody	6-9	1991
PV	Steve Williams	16-0	1986
LJ	Eric Andrade	22-11.5	1982
TJ	Judah Clark	45-9	2025
SP	Connor Einck	60-11	2012
Dis	Zach Tombol	178-4	2013

SONORA

Boys

100m	Scott White	10.93	1999
200m	Nick McIver	22.04c	2000
400m	Curtis Lehman	49.47	2000
800m	Larry Sparks	1:53.9+(1:54.5y)	1979
3200m	Damien Nieves	9:22.79	2002
300m H	Eric Johnson	38.64	1987
400m R		42.97	2011
HJ	Jay Lim	6-10.5	1993
PV	Chuck Griffin	14-6	1983
TJ	Daniel Siapin	45-0	2001
Discus	Mark Russell	164-4	2011

Girls

100m	Ashley Bush	12.24	2009
200m	Ashley Bush	25.14	2009
400m	Hallie Nakhla	59.98	2026
1600m	Elizabeth Stetina	5:03.59	2021
3200m	Elizabeth Stetina	11:00.82	2022
300m H	Shannon Bryant	44.97	1989
400m R		49.21	2008
LJ	Kris Dietz	18-1.5	1978
TJ	Camila Padilla	36-5.5	2024
SP	Hughes	37-5.75	1978

SUNNY HILLS

Boys

100m	Josef Hudak	10.81	2026
200m	Josef Hudak	21.93	2026
400m	Lewis Castle	49.56+(49.7y)	1971
800m	Andy Clifford	1:52.8+(1:53.4y)	1974
1600m	Andy Clifford	4:05.3 4:06.7	1974
3200m	Jim Salcido	8:51.2+8:54.2y	1972
110m H	Ward Kisman	14.58+(14.3y)	1970
400m R		42.69+(42.8y)	1974
HJ	Terry Mann	6-11	1991
LJ	Tohru Asami	23-1.75	1978
TJ	Tohru Asami	45-8.75	1977
SP	Dave Murphy	67-2	1966
Dis	B Varnell	168-4	1982

Girls

100m	Stacy Noton	12.35	1983
200m	Madelyn Sooter	25.52	2026
400m	Tanya Taylor	57.59	2006
800m	Hannah Kent-Johnson	2:16.65	2004
1600m	Claire Kim	5:00.75	2002
3200m	Carrie Garritson	10:28.20	1992
100m H	Sunny Nicholas	15.13	1997
300m H	Sunny Nicholas	44.25	1997
1600m R		3:58.38	1997
HJ	Madelyn Sooter	5-10	2026
LJ	Danielle Brown	18-9	1991
TJ	Danielle Brown	39-5.5	1991
SP	Kathy Copelin	38-6.75	1977
Dis	Jessica Perez	132-6	1999

ST MARGARET'S

Boys

100m	Aaron Courdy	10.97	2002
200m	Cameron White	22.29	2026
800m	Jackson Ade;man	1:56.14	2021
1600m	Billy Gaudreau	4:11.12	2012
3200m	Billy Gaudreau	9:00.24	2012
300m H	Randy Rense	39.13	2005
400m R		43.57	2026
1600m R		3:26.45	2026
PV	Johnny Quinn	16-8	2006

Girls

200m	Jessica Zavalza	25.16	2007
1600m	Andi Carnell	5:03.28	2019
3200m	Sarah Paddon	10:58.55	2011
100m H	Jocelyn Parkinson	15.56	2002
300m H	Jocelyn Parkinson	45.15	2001
400m R		49.27	2022
PV	Celeste Taylor	11-9	2022
TJ	Chelsie Churchill	37-10.75	2011
SP	Becky Steen	37-11	2003

TESORO

Boys

100m	Dominic Gates	10.65	2022
200m	Michael Mitchell	21.80	2016
400m	John Dingus	48.79	2008
800m	Ryan Bush	1:52.06	2018
1600m	Griffin Kushen	4:06.81	2025
3200m	Griffin Kushen	9:09.20	2024
110m H	Peyton Brown	14.56	2025
300m H	Peyton Brown	37.90	2025
400m R		42.25	2019
1600m R		3:17.72	2019
HJ	Mitchell Bland	6-8	2014
PV	Julien Okey	14-5	2010
LJ	Michael Mitchel	23-10.5	2016
TJ	Mitchell Bland	49-4	2014

Dis	Adam Leiva	165-10	2017
Girls			
100m	Kaelyn Kaichi	12.43	2010
200m	Kandyce Sillette	25.33	2005
800m	Amanda Gehrich	2:13.47	2016
1600m	Amanda Gehrich	4:38.63+(4:40.25y)	2015
3200m	Amanda Gehrich	10:23.96	2015
100m H	Lauren Bercha	15.50	2010
400m R		50.12	2014
PV	Molly Scharmann	12-0	2015
LJ	Maddie Jocson	18-2.5	2018
TJ	Kirby Ruback	37-7	2014
SP	Ashley McBean	39-11.5	2018

TRABUCO HILLS

Boys

100m	Matt Bruno	10.45	2002
200m	Matt Bruno	20.82	2002
400m	Chad Rozean	47.87	2009
800m	Jantzen Oshier	1:51.29	2011
1600m	Jantzen Oshier	4:00.83	2011
3200m	Ryan Stanley	8:53.94	2024
110m H	Brian Payne	14.16	2004
300m H	Cameron Hurd	37.26	2016
400m R		41.24	2018
1600m R		3:15.65	2019
HJ	Sean Lee	7-3	2018
PV	Luke Newman	15-9	2015
LJ	Jeremy Wooldridge	24-0	2003
TJ	Anthony Bui	47-1.75	2026
SP	Chad Peare	60-11	1993
Dis	Chad Peare	191-11	1993

Girls

100m	Emma Ortiz	11.95	2026
200m	Percylla Nared	24.21	2010
400m	Brierra Winfrey	56.00	2011
800m	Kamilah Foley	2:13.91	2010
1600m	Holly Barker	4:51.36	2024
3200m	Holly Barker	10:02.52	2024
100m H	Monica Todd	14.35	2010
300m H	Monica Todd	43.42	2009
400m R		46.82	2010
1600m R		3:50.91	2026
HJ	Darnisha Griffith	5-9	1998
PV	Jessica Davis	12-09	2023
LJ	Darnisha Griffith	19-4.75	1998
TJ	Darnisha Griffith	38-11.25	1995
		(39-2.5w)	
SP	Susan Linn	42-2.5	1998
Dis	Kyliegh Wilkerson	147-7	2018

TROY

Boys

100m	Geoff Smith	10.83	2001
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	Dan Gomez	(10.79w)	2006
200m	Geoff Smith	21.84c (21.6	2001
	Dan Gomez	(21.83w)	2006
400m	Conner Sill	48.86+(49.0y	1979
800m	Phil Wingard	1:54.6+(1:55.2y	1974
1600m	Jon Shawel	4:14.96	2007
3200m	Mike Durham	9:00.1+(9:03.2y	1973
110m H	Brian Chapman	14.78+(14.5y	1986
400m R		42.91	2000
HJ	Daniel Gomez	6-8	2006
PV	Greg Stull	16-1	1980
LJ	Ken Williams	22-6.5	1982
TJ	Ken Williams	50-3.5	1982
		(51-10w)	
SP	Paul Evenson	55-4	2001
Dis	Mike Richie	177-5	1998

Girls

100m	Julie Steele	12.41	1997
	Zoe Mendiola	12.41	2023
200m	Emily Kressin	25.28	2009
400m	Emily Kressin	55.63	2009
800m	Makenna Henkhaus	2:18.90	2023
1600m	Makenna Henkhaus	5:13.38	2023
3200m	Makenna Henkhaus	11:26.17	2023
100m H	Isabella Ales	15.04	2019
300m H	Isabella Ales	45.35	2019
400m R		49.08	2014
1600m R		3:53.87	2009
HJ	Laura Campbell	5-10	1981
PV	Amanda Mohr	10-6	2016
LJ	Vicki Almeida	19-6	1978
TJ	Susan Guest	37-4.5	1986
SP	Kianey Davis	39-4.25	1999
Dis	Megan Ilertson	133-0	2003

TUSTIN

Boys

100m	DeShawn Foster	10.81	1997
	Marquiz Gusman	10.81	2024
	Amir Webb	(10.70w)	2008
200m	Amir Webb	21.25	2009
400m	Gary Walker	48.16+(48.2y)	1960
800m	Alonso Smith	1:52.89	2000
1600m	Alonzo Smith	4:15.44	2001
3200m	Allan Sanford	9:16.0+(9:19.2y)	1965
110m H	Dominique DeGrammont	13.48	1997
300m H	Dominique DeGrammont	36.91	1997
400m R		41.48	1997
1600m R		3:18.98	1997
HJ	Alex Marbley	6-11.5	2001
PV	Kevin Anthony	14-9	1976
LJ	Denny Casupanan	23-9.75	2002
TJ	Reggie Curry	48-7.75	1994
SP	Dick Linday	56-8	1962
Dis	Dillon Hayes	174-0	2000

Girls

100m	Judy Jackson	12.58	1989
200m	Kristen Flemming	25.84c(25.6)	1981
800m	Shannon Stryker	2:16.3+(2:17.1y)	1982
1600m	Shannon Stryker	4:57.70	1982
3200m	Shannon Stryker	10:29.42	1982
100 H	Mychal Robinson	15.63	2015
300m H	Kim Collins	45.48+(45.5y)	1985
HJ	Kristina Curtis	5-9	2005
LJ	Joy McDonnell	18-1.5	1980
	Smith	(18-3.25w)	1980
TJ	Doneisa Anderson	37-11	1987
SP	Nicole Lind	37-9	1985
Dis	Emily Ortiz	124-06	2023

UNIVERSITY**Boys**

100m	Harry Baker	10.98	2017
200m	Harry Baker	22.08	2017
400m	Bob Bradford	48.86+(49.0y)	1973
800m	Phil Vasquez	1:53.6+(1:54.2y)	1970
1600m	Greg Whiteley	4:13.3	1985
3200m	Greg Whiteley	8:57.5+(9:00.6y)	1985
400m R		42.88	2017
1600m R		3:22.76	1981
HJ	Alan Gersten	6-9.25	1977
PV	Brian Lindley	14-7	199
SP	Chad Smith	62-6.25	2004
Dis	Ken Mills	182-2	1979

Girls

100m	Annette Rogers	12.12	1981
200m	Annette Rogers	24.39	1984
400m	Paige Metayer	55.05	2017
800m	Julie Seleine	2:09.83	1983
1600m	Polly Plummer	4:33.65+(4:35.24y)'82	
3200m	Teresa Barrios	10:29.03	1982
100m H	Daria Shkel	15.21	2017
300m H	Daria Shkel	45.84	2017
400m R		49.08	2005
1600m R		3:54.83	1982
HJ	Laura Mills	5-8.5	1980
PV	Avis Barker	9-6	1997
LJ	Laura Mills	17-10.75	1980
TJ	Marilyn Anene	38-2	2006
SP	Andrea Bill	41-5.25	1992
Dis	Andrea Bill	148-0	1993

VALENCIA**Boys**

100m	Korey Alexander	10.85	1992
200m	Kevin Alexander	21.42	1992
400m	Mike Owens	48.36+(48.5y)	1966
800m	Sean Krinik	1:48.20	2010
1600m	Sean Krink	4:11.82	2010

3200m	Josh Linen	9:06.85	2007
110m H	Kienan Briggs	14.49	2001
400m R		42.48	1992
1600m R		3:17.84	1991
PV	Eric Whitcomb	15-4	1989
LJ	Don Moreno	23-0	1977
TJ	Kienan Briggs	45-9	2001
SP	Nick Coghill	63-0.5	2015
Dis	Nick Coghill	190-1	2015

Girls

100m	Chrystal Aluya	12.07	2019
200m	Chrystal Aluya	24.70	2019
		(24.64w)	
400m	Suzy Hensel	56.82	1983
800m	Suzy Hensel	2:09.82	1983
1600m	Heather Killeen	5:05.42	1991
3200m	Heather Killeen	11:01.87	1991
300m H	Nancy Niewlandt	44.82	1984
400m R		48.69	1983
HJ	Anaya Beard	5-02	2023
LJ	Lily Ebanks	18-10.5	2015
TJ	Kim Taylor	39-5.5	1984
SP	Kay Ilertsen	42-5.5	1974
Dis	Nicole Beauregard	124-0	1991

VILLA PARK**Boys**

100m	Anthony Privitelli	10.74c(10.5)	2008
200m	George Hughes	21.67	2025
400m	Barry Hyde	49.36+(49.5y)	1974
800m	Jim Sorenson	1:52.8	1986
1600m	Garrett Corcoran	4:03.77+ (4:05.19y)	2014
3200m	Garrett Corcoran	8:52.18	2014
110m H	Dylan Poteat	14.55	2023
300m H	Brian Law	37.47	2007
400m R		41.82	2025
1600m R		3:21.17	1983
HJ	Kyle Jankins	6-10	2020
PV	Keith Schimmel	16-3.25	1975
LJ	Jim Mitchell	23-0.5	1974
TJ	Blythe Dahl	46-8.5	2024
SP	Ed Labate	58-9.5	1973
Dis	Francine Schuyler	171-6	1983

Girls

100m	Kylie Klein	12.10	2010
200m	Kylie Klein	24.78	2010
400m	Madison Goerlinger	58.26	2016
800m	Riley Norris	2:18.58	2021
1600m	Susanna Thrasher	5:02.10	1990
3200m	Jordan Stiewig	11:02.86	2013
100m H	Susie Ray	14.60	1979
300m H	Madison Goerlinger	45.76	2018
400m R		49.06	2015
		49.06	2026

1600m R		4:05.02	2024
HJ	Beth Byron	5-8	1991
PV	Lauren Meredith	10-9	2022
LJ	Nancy O'Neil	17-8.5	1981
SP	Susie Ray	48-11.5	1980
Dis	Chloe Hudson	150-04	2026

WESTERN

Boys

100m	Arron Harris	10.80	2008
	Demarion Horton	(10.60w)	2008
200m	Kirk Ayers	21.82+(21.7y)	1986
400m	Caine Savage	48.87	2019
1600m	Ron Fister	4:16.8+(4:18.2y)	1966
3200m	Ron Fister	9:09.6+(9:12.2y)	1966
110m H	Dave Plett	14.50	1981
300m H	Kirk Ayers	37.74	1987
400m R		43.00	2011
1600m R		3:18.7+(3:20.0y)	1972
HJ	Andy Lopries	6-9	1988
PV	Kevin Cuervo	14-10.75	1976
LJ	Kirk Ayers	23-3	1986
		(23-4.25w)	
SP	Roy Thurman	60-6.25	1963
Dis	John Karahallos	168-5	1979

Girls

100m	Carol Rodriguez	11.66	2003
200m	Carol Rodriguez	24.22	2003
400m	Carol Rodriguez	56.24c	2003
1600m	Grace Toriz	5:07.36	2023
3200m	Wendi Leos	10:59.57	2017
400m R		48.70	2008
1600m R		3:55.50	2008
HJ	Melanie Williams	5-6	1986
LJ	Lori Olsen	17-7	1985
SP	Ann Gill	41-6	1985
Dis	Ann Gill	130-10	1985

WESTMINSTER

Boys

100m	Dave Reedus	11.94c(11.7)	1988
200m	Dave Reedus	22.14	1988
400m	Jim Harris	48.96+(49.1y)	1980
800m	Carl Trentadue	1:52.4+(1:53.0y)	1965
1600m	Carl Trentadue	4:07.1+(4:08.5y)	1965
3200m	Neil Sybert	9:09.4+(9:12.6y)	1967
110m H	Aaron Williamson	14.78+(14.5y)	1980
1600m R		3:21.4+(3:22.7y)	1973
HJ	Parker	6-6	1974
PV	Doug Boswell	14-1	1977
U	Carlos Herrera	22-8	1966
TJ	Michael Nguyen	45-4.75	1999
SP	Jerry Gillespie	56-0.75	1989
Dis	Jim Sanders	162-2	1976

Girls

100m	Ariana Wright	12.23 (12.15w)	2008
200m	Shelly Tochluk	25.41	1989
400m	Arlise Emerson	53.42	1978
800m	Arlise Emerson	2:07.5	1978
1600m	Jill Caldwell	5:01.2+(5:02.9)	1974
3200m	Laura McCracken	11:56.20	1983
110m H	Schmidt	(15.57w)	1993
400m R		49.71	2008
SP	Lisa Tamamasui	42-0	1991

WHITTIER CHRISTIAN

Girls

1600m	Kellian Hunt	5:02.85	2010
3200m	Kellian Hunt	10:57.99	2010

WOODBIDGE

Boys

100m	Alex Young	10.85	2016
200m	Jalen Craver	21.04	2010
400m	Jalen Craver	46.92	2010
800m	Eric Schermerhorn	1:49.21	1984
1600 m	Aidan Antonio	4:03.28	2026
3200m	Aidan Antonio	8:55.30	2026
110m H	Jalean Craver	14.51	2010
	Daniel Sun	14.51	2016
300m H	Greg Muniz	37.69	1992
400m. R		41.56	2015
1600m R		3:15.96	2010
HJ	David Benton	6-9	1990
PV	Andy Spindler	14-10	2002
LJ	Drake Nguyen	23-8.25	2019
TJ	Scott Capulong	45-2	1989
		(46-1.25w)	
Dis	Derek Davis	165-4	2020

Girls

100m	Jackie Dix	11.99	1997
200m	Gabrielle Scott	24.29	2010
400m	Gabrielle Scott	53.98	2011
800m	Christine Babcock	2:10.15	2008
1600m	Christine Babcock	4:33.82	2008
3200m	Christine Babcock	10:04.03	2008
100m H	Kristen Woepse	14.80	2004
300m H	Janel Loudat	44.03	1998
400m R		47.40	1997
1600m R		3:49.45	2007
HJ	Emily Garner	5 - 8	2018
PV	Kendall Chew	11-4	2024
LJ	Michelle Sanford	19 -7.25	
	2000		
TJ	Michelle Sanford	43 -4.5	
	2001		
SP	Angela Burgess	40 - 8	1995
Dis	Angela Burgess	143 - 3	1994

YORBA LINDA

Boys

100m	Brendan Anstead	10.89	2026
200m	Aiden Anstead	22.12	2024
400m	Dylan Atencio	48.75	2014
800m	Alexander MacFarlane	1:58.26	2023
1600m	Mason Farley	4:17.60	2024
3200m	Dante Maldonado	9:11.62	2025
110m H	Robert Torrez	15.56	2025
300m H	Dylan Atencio	37.50	2015
400m R		42.57	2022
1600m R		3:19.46	2025
HJ	James Phillips	6-8	2016
LJ	James Phillips	22-1	2016
Dis	Cameron Bragg	157-10	2023

Girls

100m	Nicole Martinez	12.26	2017
200m	Shayee McKemy	25.03	2026
400m	Michelle Quinn	55.81	2019
800m	Isabella Wroblewski	2:08.42	2026
1600m	Isabella Wroblewski	4:53.76	2026
3200m	Isabella Wroblewski	11:08.53	2024
100m H	Amanda Perez	14.85	2019
300m H	Alexus Atchley	44.96	2012
400m R		48.08	2018
1600m R		3:51.86	2017
PV	Ariana Zormeier	10-6	2016
SP	Madison Burford	37-3	2017

Orange County Best Marks List 1915- 1960

(The baby boomer era saw a large number of new schools and growth of the sport of track & field in Orange County beginning in the 1960's. This list spotlights those athletes that competed in a time of subpar equipment, running tracks, and coaching)

100 yards

9.6	Eddie Morris (Huntington Beach)	1940
	<i>(State Champion)</i>	
9.6	Bill Swisshelm (Santa Ana)	1954
9.7	Bill Swift (La Habra)	1959
9.7	Pat Moore (La Habra)	1959
9.8	Dan Hoefler (Fullerton)	1948
9.8	Johnny Allen (Santa Ana)	1956
9.8	Ron Vande Putte (Valencia)	1959
9.8	Gary Walker (Tustin)	1959
9.9	Dave Porter (Santa Ana)	1948
9.9	Ron Meyer (Santa Ana)	1955
10.0	Al Koenig (Huntington Beach)	1930
	<i>(State Champion)</i>	
10.0	King (Newport)	1932
10.0	Charley Macon (Laguna Beach)	1949
10.1	Arch Hawkins (Fullerton)	1920

(State Runner up)

10.1	D Pryor (Huntington Beach)	1932
10.1	Harold Stedman (Fullerton)	1934

(State Runner up)

10.2	Dick Roehm (Santa Ana)	1940
10.2	Anderson (Santa Ana)	1946
10.2	Harvey Baer (Santa Ana)	1927
10.2	Russell Hind (Tustin)	1927
10.2	Harvey Baer (Santa Ana)	1927

Wind-aided:

9.5w	Eddie Morris (Huntington Beach)	1940
9.5w	Bill Swisshelm (Santa Ana)	1953

100 meters

10.4	Eddie Morris (Huntington Beach)	1940
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220 yard (straight) – 200m was not run around the curve until 1967

20.7	Eddie Morris (Huntington Beach)	1940
	<i>(State Champion)</i>	
20.8	Bill Swisshelm (Santa Ana)	1954
	<i>State Third Place</i>	
21.0	Pat Moore (La Habra)	1959
21.3	Ron Van de Putte (Valencia)	1959
21.4	Lanny Carter (Orange)	1953
21.7	Dan Hoefler (Fullerton)	1949
21.8	Wayne Piper (Santa Ana) (w 21.6)	1939
21.8	Harold Steadman (Fullerton)	1934
	<i>(State Runner up)</i>	
21.8	Harvey Baer (Santa Ana)	1927
21.9	Bob Bridgeford (Fullerton)	1947
22.0	Davis (Fullerton)	1937
22.1	Turley (Santa Ana)	1946
22.2	Don Warhurst (Santa Ana)	1938
22.2	Bob Hager (Huntington Beach)	1944
22.8	Horton (Tustin)	1932
22.9	Moorhead (Laguna Beach)	1949
22.9	Ray Cartwright (Santa Ana)	1932
	Al Koenig (Huntington Beach)	1930

Wind-aided:

20.6w	Eddie Morris (Huntington Beach)	1940
21.6	Dan Hoefler (Fullerton)	1948
21.8	Dave Porter (Santa Ana)	1948
21.8	Al Koenig (Huntington Beach)	1930
	<i>(State Third Place)</i>	

440 yards

48.8	Lanny Carter (Orange)	1952
	<i>(State Champion)</i>	
49.2	Dan Hoefler (Fullerton)	1949
49.3	Matt Nisson (Tustin)	1941
49.3	Bob Bonebrake (Orange)	1934
49.3	George Bragg (Anaheim)	1958

49.4	Eddie Morris (Huntington Beach)	1940
49.5	Erwin Miller (Fullerton)	1935
49.5	Larry Kirchman (Anaheim)	1952
	(State Runner up)	
50.0	Bill Callis (Capistrano)	1940
50.1	Howard Elliott (Santa Ana)	1939
50.2	Gary Walker (Tustin)	1959
50.4	Bob Clabbots (Huntington Beach)	1940
50.4	Clyde Wilson (Orange)	1950
50.5	Brayton Norton (Laguna Beach)	1948
50.7	Lester Jones (Anaheim)	1943
50.7	Wolfe (Tustin)	1938
	Tex Miller (Fullerton)	1936
	(State Runner up)	
	Harold Everett (Orange)	1916
	(State Third Place)	

880 yards

1:55.5	Milford Dahl (Santa Ana)	1958
1:56.4	Jan Underwood (Buena Park)	1959
1:56.6	Ray Cartwright (Santa Ana)	1932
	(State Champion) (20 years of age during the 1932 season)	
1:57.6	George Hood (Newport)	1957
1:57.8	Doug Hall (Newport)	1958
1:59.0	Bob Suess (Huntington Beach)	1952
1:59.5	Bob Schumaker (Huntington Beach)	1953
2:00.5	Ervin Watkins (Tustin)	1930
	(State Runner up)	
2:00.7	Heim (Orange)	1939
2:01.0	Albert Wattenburg (Capistrano)	1941
2:01.7	Bob Wilson (Fullerton)	1942
2:02.1	Bob McKean (Santa Ana)	1926
2:02.0	Tom Cone (Santa Ana)	1928
2:02.8	Brown (Orange)	1940
2:02.8	Elmer Wagers (Orange)	1936
2:04.0	Alfred Kraemer (Orange)	1932
2:04.7	George Clark (Orange)	1940

One Mile

4:11.0	Dale Story (Orange)	1959
	(State Champion)	
4:17.5	Bruce Bess (La Habra)	1960
4:20.0	Tod White (Newport)	1955
	(State Champion)	
4:20.5	Grady Neal (Fullerton)	1956
	(State Runner up)	
4:22.5	Leroy Neal (Fullerton)	1958
	(State Third Place)	
4:26.3	Larry Arroues (Fullerton)	1956
4:26.6	Bob Van Sickle (Newport)	1959
4:26.8	Lynn Watkins (Laguna Beach)	1957
4:26.8	Milford Dahl (Santa Ana)	1958
4:30.4	Bill Kerr (Huntington Beach)	1921
	(State Champion)	
4:31.8	Harold Breeding (Santa Ana)	1927

4:34.3	Eddie Denbow (Orange)	1952
4:36.3	Larry Valero (Valencia)	1938
4:36.4	Bob Hougeland (Santa Ana)	1947
4:37.5	Oscar Diaz (Capistrano)	1942
4:38.8	Adolph Maya (Garden Grove)	1951
4:41.2	Herschel Whitney (Santa Ana)	1937

120 yard Hurdles (39")

14.5	Forrest Younger (Fullerton)	1952
	(State Third Place)	
14.5	Don Jones (Huntington Beach)	1956
14.5	Bob Ballew (Garden Grove)	1957
14.5	John Eastman (La Habra)	1958
14.5	Don Jones (Huntington Beach)	1956
14.6	Sonny Owens (Fullerton)	1955
14.6	Doug Hankins (Fullerton)	1958
14.6	Jack Carson (Anaheim)	1949
14.7	Lin Sitton (Fullerton)	1953
14.7	Dick Carson (Anaheim)	1949
14.8	Jack McCosh (Santa Ana)	1953
14.9	Bob Boaz (Fullerton)	1948
15.4	Bryant (Capistrano)	1940
15.4	Lawrence Buchheim (Capistrano)	1945
15.7	Whitley (Tustin)	1949
15.8	Don Vaughn (Newport)	1945

Wind-aided:

14.0	Sonny Owens (Fullerton)	1956
14.2	Doug Hankins (Fullerton)	1959
14.6	Lin Sitton (Fullerton)	1953

***42" hurdles**

14.8	Ross Nichols (Huntington Beach)	1923
	(State Champion 1923 & '24)	
15.0	Brooks (Santa Ana)	1932
15.0	Ray Gist (Anaheim)	1939
15.2	Bill Hawkins (Santa Ana)	1935
	(State Runner up)	
15.2	Al Reboin (Santa Ana)	1930
	(State Third Place)	
15.3	Rolland White (Huntington Beach)	1942
15.4	Melvin Barron (Santa Ana)	1938
	(State Runner up)	
15.5	Richard Gibson (Santa Ana)	1941
15.6	Chester Bickmore (Huntington Beach)	1942
	(State Third Place)	
15.6	John Etchhandy (Garden Grove)	1941
15.6	Ben Schlegel (Santa Ana)	1942
15.6	Bill Wise (Huntington Beach)	1946
15.8	John Moffat (Santa Ana)	1928
15.9	Lacian Wilson (Santa Ana)	1932
15.9	Duane Larrabee (Santa Ana)	1932
16.0	Neal Raney (Santa Ana)	1918
	(State Runner up)	
16.0	Phillip Newman (Tustin)	1931

	(State Third Place)	
16.0	Bill Brown (Newport)	1932
16.2	Earl Johnson (Fullerton)	1917
	(State Champion)	

Wind-aided:

14.0	Sonny Owens (Fullerton)	1956
14.2	Doug Hankins (Fullerton)	1959
14.6	Lin Sitton (Fullerton)	1953

180 Hurdles (30")

18.7	Bill Swisshelm (Santa Ana)	
	1954	
19.2	Doug Hankins (Fullerton)	1959
19.2	Willie Carroll (Santa Ana)	1959
19.3	Darrell Roberts (Fullerton)	1955
19.3	Don Jones (Huntington Beach)	1956
19.3	John Eastman (La Habra)	1958
19.4	Mike Trainor (Laguna Beach)	1954
19.4	Ron Meyer (Santa Ana)	1955
19.4	Dave Ross (Santa Ana)	1960
19.5	Bob Boaz (Fullerton)	1948
	(State Third Place)	
19.7	Lin Sitton (Fullerton)	1952
19.7	Mike Trainor (Laguna Beach)	1954
19.8	Forrest Younger (Fullerton)	1952
20.1	Jack Carson (Anaheim)	1949
20.4	Moorehead (Laguna Beach)	1949

Wind-aided:

18.9	Sonny Owens (Fullerton)	1956
19.1	Lin Sitton (Fullerton)	1953
20.1	Fowler (Santa Ana)	1951
20.7	Whitley (Tustin)	1949

220 yard Hurdles (1915 – 1946)

24.0	Norman Paul (Santa Ana)	1929
	(State Champion)	
24.1	Al Reboin (Santa Ana)	1929
	(State Meet Runner up)	
24.1	Orville Llyod (Newport)	1939
24.1	Jerome Duffy Newport)	1939
24.2	Norman Paul (Santa Ana)	1929
24.3	Roland White (Huntington Beach)	1942
24.5	Robert Newell (Fullerton)	1946
	(State Meet Runner up)	
25.0	Ernie Velarde (Santa Ana)	1928
	(State Runner up)	
25.0	Nordheim (Fullerton)	1938
25.6	Ross Nichols (Huntington Beach)	1924
	(State runner up)	
25.6	Bill Brown (Newport)	1932
	Tom Berkeley (Fullerton)	1934
	Bill Hawkins (Santa Ana)	1935

4x 220 yard Relay (prior to 1968 only the 4x220 was raced)

1:28.5	Santa Ana	1956
1:29.1	Santa Ana	1954
1:29.3	Santa Ana	1938
	(State Champion)	
1:29.8	Sana Ana	1927
1:29.9	Santa Ana	1953
1:29.9	Laguna Beach	1948
	Huntington Beach	1924
1:30.1	Santa Ana	1946
	(State Third Place)	
1:30.8	Santa Ana	1952
1:30.9	Santa Ana	1953
1:31.2	Santa Ana	1938
	(State Champion)	
1:32.1	Santa Ana	1930
	(State Runner up)	
1:32.5	Santa Ana	1927
1:32.5	Anaheim	1939

High Jump (no athlete jumped higher than 6-4 using the straddle during this era)

6-04.5	Norman Jiles (Santa Ana)	1949
	(State Runner up)	
6-04.25	Phil Jacques (Santa Ana)	1931
	(State Champion)	
6-03.5	Franklin Nickey (Santa Ana)	1945
6-03.25	Wendell Tedrow (Santa Ana)	1938
	(State Runner up)	
6-03	Jack Bose (Santa Ana)	1956
6-03	Ed Briscoe (Buena Park)	1959
6-02.75	Buck Hopper (Tustin)	1954
6-02.0	Dallas Carter (Huntington Beach)	1937
6-02.0	Bobby Macon (Laguna Bach)	1949
6-02	Paul Jacques (Santa Ana)	1931
6-01.75	Eugene Shear (Huntington Beach)	1942
6-01.5	Forrest Younger (Fullerton)	1952
6-01.25	Elmer Kinney (Santa Ana)	1946
	(State Third Place)	
6-01	Phillips (Fullerton)	1941
6-00.5	Franklin Nickey (Santa Ana)	1945
6-00.25	Meyers (Valencia)	1939
6-00	Furuta (Huntington Beach)	1932
6-00	Bill Taylor (Laguna Beach)	1939
6-00	Burl Gist (Anaheim)	1939
6-00	Blas Mercurio (Santa Ana)	1935
6-00	Dennis Vollom (Anaheim)	1959
6-08.5	Ed Caruthers (SA Valley)*	1963

*(Recordholder for the Straddle Technique)

[Tony Madau (El Dorado) held the County record at 6-9 in 1972 using the Flop]

Pole Vault (no athlete jumped higher than 14-0 prior to 1960's

when the fiberglass pole was introduced)

14-05.25	Eric Berg (Costa Mesa)	1962
	(State Champion)	
14-04.5	Mike Lindsay (Santa Ana)	1962
14-04.5	Boyd (Western)	1964
14-01	John Trosko (Valencia)	1964
	(non-fiber glass poles)	
13-10	Bob Maimbourg (Garden Grove)	1959
13-06.75	John Price (Fullerton)	1958
13-06.5	Jim Manning (Anaheim)	1958
13-05.5	Dick Arevalos (Laguna Beach)	1957
13-02	John Calianni (Fullerton)	1959
13-00	Don Barnes (Fullerton)	1948
	<i>(State Champion)</i>	
13-00	Dave Servis (Orange)	1957
	<i>(State Runner up)</i>	
12-07.25	Jim Stangeland (Huntington Beach)	1939
	<i>(State Third Place)</i>	
12-06.75	Jim McDonald (Fullerton)	1937
12-06	Vern McDermott (Fullerton)	1924
	<i>(State Third Place)</i>	
12-05.25	Jack Isom (Huntington Beach)	1950
12-01	Moody (Newport)	1932
12-00.5	Zoeter (Huntington Beach)	1938
12-00	Harold Shoebridge (Anaheim)	1921
	<i>(State Champion)</i>	
12-00	Chester Bickmore (Huntington Beach)	1923
	<i>(State Runner up)</i>	
	Ross Nichols (Huntington Beach)	1922
	<i>(State Runner up)</i>	
12-00	Bud Griffun (Newport)	1935
12-00	Al Reboin (Santa Ana)	1930

Long Jump (Broad Jump)

23-03	Darrell Roberts (Fullerton)	1955
23-0.75	Bob McNamera (Fullerton)	1958
22-08.5	Norman Paul (Santa Ana)	1930
	<i>('29 State Runnerup)</i>	
22-08.5	Bob Chambers (Fullerton)	1936
	<i>(Third place at State Meet)</i>	
22-07.5	Charles Dodson (Huntington Beach)	1951
22-07	Hodge (Fullerton)	1942
22-05.5	Verden Nash (Huntington Beach)	1922
	<i>(Three time State Champion at Chino then Huntington)</i>	
22-05.25	Bob Ferguson (Fullerton)	1948
22-05	Andrew Crenshaw (Santa Ana)	1940
22-04	Hobart Turley (Brea-Olinda)	1942
22-04	Larry Weaver (Anaheim)	1950
22-03.5	Doyle Gilbert (Santa Ana)	1930
22-03.5	Virgil Elliott (Huntington Beach)	1924
	<i>(State Champion)</i>	
22-2.5	Howard Paul (Santa Ana)	1925
	<i>(State Runner up)</i>	
22-02.0	Ernie Velarde (Santa Ana)	1927

22-00	Ray Roberts (Fullerton)	1946
21-11	Forrester (Huntington Beach)	1942
21-10.75	Floyd Montgomery (Santa Ana)	1933
21-09.25	Cameron Gillis (Santa Ana)	1935
21-08.5	Fred Osborne (Fullerton)	1925
	<i>(State Champion)</i>	
21-08	Stan Jiles (Santa Ana)	1939
21-07	Byram Bates (Santa Ana)	1936
21-02	Ernie Plavan (Santa Ana)	1915
	<i>(State Champion)</i>	
	Triple Jump (first quality mark came in 1972)	
45-07.25	Jeff Hutton (Katella)	1972

Shot Put

57-10.25	Jerry Shipkey (Anaheim)	1943
	<i>(No State meet in 1943)</i>	
57-06.0	Terry Guy (Fullerton)	1957
55-10.5	John Raitt (Fullerton)	1935
	<i>(State Champion)</i>	
54-11	Gary Johnson (Orange)	1954
53-04	Bob Van Drimler (Newport)	1950
52-06.5	Ralph Hull (Santa Ana)	1940
52-06.5	Jim Blacketer (Laguna Beach)	1950
50-05.0	Arky Lawrence (Tustin)	1940
49-10	Norman Paul (Santa Ana)	1930
49-07.75	Bob Ward (Garden Grove)	1939
49-06.0	Art Stranske (Santa Ana)	1933
49-6	Brayton Norton (Laguna)	1945
49-03	Lawrence Roberts (Fullerton)	1940
48-09.5	Maddock (Santa Ana)	1938
47-11.0	Rlton Denner (Santa Ana)	1941

Discus

(no athletes threw over 160-0. These athletes did throw over 160 during the 1960's)

182-01	Steve Lehmer (Loara)	1966
172-02	Mike Johnson (Bolsa Grande)	1966
171-06	Dale Gordon (El Modena)	1969
169-01	Jim Ulam (Kennedy)	1968
163-02	Hadley James (Santiago)	1966

International Wt.(2.0k)

145-09	Doug Stoner (Laguna Beach)	1956
139-05	Sam Henderson (Brea-Olinda)	1938
130-00	Arky Lawrence (Tustin)	1940
126-01	McClintock (Orange)	1938
	Bill Bradbury (Huntington Beach)	1925
	<i>(State Third Place)</i>	
	Glenn Hartranft (Fullerton)	1920
	<i>(State Meet Runnerup)</i>	

Schools Opening during the 1930 era.

	Est.
Santa Ana	1889
Fullerton	1893
Anaheim	1898
Orange	1903
Huntington B	1906
Capistrano	1920-1965
Garden Grove	1921
Tustin	1921
Brea-Olinda	1927
Newport	1930
Valencia	1933
Laguna Beach	1934

Schools Post 1950

	Est
Mater Dei	1950
La Habra	1954
Western	1955
Buena Park	1956
Rancho Alamitos	1957
Costa Mesa	1958
Servite	1958
Sunny Hills	1959
SA Valley	1959
Bolsa Grande	1959
Westminster	1959
Savanna	1961
Magnolia	1961
Santiago	1961
Lowell	1961-1980
Loara	1962
Corona del Mar	1962
Marina	1963
Foothill	1963
La Quinta	1963
Kennedy	1964
Villa Park	1964
San Clemente	1964
Troy	1964
Pacifica	1965
Estancia	1965
Rosary	1965
Sonora	1966
El Dorado	1966
El Modena	1966
Katella	1966
Fountain Valley	1966
Mission Viejo	1966
Los Alamitos	1967
Saddleback	1967
Los Amigos	1968
Edison	1969
University	1970

Canyon	1973
Esperanza	1973
Orange Lutheran	1973
Cypress	1973
Dana Hills	1973
El Toro	1973
Irvine	1975
Ocean View	1976
Capo Valley	1977
Laguna Hills	1978
St Margaret's	1979
Woodbridge	1980
Trabuco Hills	1985
Santa Margarita	1987
Century	1989
Aliso Niguel	1993
Oxford Academy	1998
Northwood	1999
Sage Hill	2000
Tesoro	2001
J Serra	2003
Beckman	2004
Seegerstrom	2005
Godinez	2007
San Juan Hills	2007
Yorba Linda	2009
Crean Lutheran	2010
Samueli Academy	2013
Portola	2016
Pacifica Christian	2018

