

***RIVERSIDE
COUNTY
TRACK
2014***

***BOYS & GIRLS
SCHOOL RECORDS
ALL- TIME COUNTY RECORDS
ALL- TIME PERFORMANCE LIST***

Don Chadez

RIVERSIDE COUNTY TRACK - 2014

This is the 16th attempt to recognize the many fine track and field performances by Riverside County High School track and field athletes. This publication is by no means complete. People reading this work are encouraged to contact the author regarding errors or omissions. The school record section lists only those marks that are first listed on the all-time list.

The first edition was published prior to the 1990 track & field season. The original research was assisted by Jack Gaffney of Canyon Springs HS and Doug Speck of Arcadia HS. Thanks also to Jim Roldan of EPI Sports.

THE STATS

Abbreviations

- + -mark converted from yards to meters.
- c -mark converted from hand time to equivalent auto time. w -wind aided mark.
- y -original mark attained in a race run in yards
- fully auto timed races have no abbreviation and are noted to one hundred of a second. -any hand time recorded to one hundred of a second has been rounded up to the next full tenth of a second.
- ' -mark made enroute to a longer distance.
- ' -after name indicated foreign exchange student (if known).
- * -before athletes name indicates junior year.
- * * -before athletes name indicates sophomore year.
- * * * -before athletes name indicates freshman year.

PERFORMANCE RANKING

For the purpose of ranking athletes and their performance, hand times have been converted to equivalent auto times and yard performances to metric. The *Track & Field News* policy of converting has been adopted. By using a multiplier, accurate percentage differentials are attained as the time gets longer.

CONVERSIONS

Hand times have been converted by adding 0.24 seconds for races less than one lap, and 0.14 for one lap races. Races of more than one lap have no conversion from hand to auto timing. The yard time was then multiplied by .9942 to get the metric equivalent. Common ratio races follow this formula. 100 yards/ 100 meters and 110 meters/ 120 yard hurdle events are not common ratio events.

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Send errors / omissions to:

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BOYS COUNTY RECORDS

Running records are listed at metric distances. No attempt has been made, for record purposes, to convert marks from yards to metric. The longer yard performance is noted and recognized as the metric record. An equivalent metric performance needs to surpass the yard performance to become a record. Most record performances today are made at metric meets, thus the use of metric distances.

100 yd	9.4	John James (Ferris)	1964
100m	10.23	Bryan Howard (Canyon Springs)	1995
200m	20.76	Bryan Howard (Canyon Springs)	1994
400m	46.23	Reggie Wyatt (La Sierra)	2009
800m	1:48.56	Immanuel Hutchinson (San Jacinto)	2011
1500m	3:50.6	Mark Fricker (Hemet)	1977
1600m	4:07.9y	Mark Fricker (Hemet)	1977
3000m	8:28.8	Cruz Gallegos (Centennial)	1992
3200m	8:53.21	Lane Werley (King)	2011
5000m	14:31.57	Lane Werley (King)	2011
3000m Steeplechase	10:18.13	Austin Langley (La Sierra)	2003
110m Hurdles	13.82	Jeff Garrison (North)	2001
300m Hurdles (36")	35.02	Reggie Wyatt (La Sierra)	2009
4 x 100m Relay	41.01	Roosevelt	2011
4 x 400m Relay	3:10.33	Perris	1983
High jump	7-3	Avery Anderson (North)	1991
	7-3	Nick Ross (Vista)	2009
Pole Vault	16-6.5	Peter Chapman (Murrieta Valley)	2012
Long jump	25-3	Bobby Bonds (Poly)	1964
Triple jump	50-1.25	CJ Alumbres (Vista)	2014
Shot Put	69-7.25	Nick Ponzio (Great Oak)	2013
Discus	200-3	Jared Morgan (La Quinta)	2002
Decathlon	5865	Chris Campbell (Poly)	1995

GIRLS COUNTY RECORDS

100y	11.0	Renee Chambers (Poly)	1979
	11.0	Shelly McDade (Norte Vista)	1979
	11.0	Robin Shelton (Corona)	1982
100m	11.61	Madinah Ali (Canyon Springs)	1995
200m	23.28	Tracee Thomas (North)	1999
400m (indoors)	54.22	Tracee Thomas (North)	2002
800m	2:05.9	Lynn Hollins (Poly)	1976
1500m	4:36.7	Brigid Freyne (Poly)	1987
1600m	4:44.60	Haley Dorris (Great Oak)	2014
3000m	9:54.8	Brigid Freyne (Poly)	1987
3200m	10:14.33	Destiny Collins (Great Oak)	2014
5000m	16:51.97	Alma Escobar (Corona)	2004
3000m Steeplechase	12:42.76	Kelly Floyd (Corona)	2003
100m Hurdles (30")	13.83	Doris Williams (Poly)	1987
100m Hurdles (33")	13.20	Nicole Derby (North)	2000
300m Hurdles	41.20	Joanna Hayes (North)	1995
4 x 100m Relay	45.30	North	2000
4 x 400m Relay	3:38.86	North	2001
High jump	6-0.5	Chaunte Howard (North)	2001
Pole Vault	13-1	Gardenia Centanaro (Roosevelt)	2013
Long jump	20-7.75	Gayle Hunter (North)	2004
Triple jump	41-3	Chaunte Howard (North)	2002
Shot Put	50-0.25	Tanya Sapa (La Sierra)	2013
Discus	168-5	Sarah Robles (San Jacinto)	2006
Heptathlon	5328	Gayle Hunter (North)	2004

BOYS ALL-TIME BEST MARKS LIST

100 yards

9.4	John James (Ferris)	1964	10.70	Bryan Williams (Valley View)	2006
9.6	Lew Dunn (North)	1982	10.71	Marshall Johnson (Notre Dame)	1999
9.6	George Thomas (Indio)	1983	10.72	Anthony Dye (Santiago)	2008
9.6	Jeff Ward (La Sierra)	1977	10.73	**Michael Norman (Vista)	2014
9.86	Tim Callier (Perris)	1987	10.74c	Jerome Burrell (Palm Springs)	10.5 1995
9.7	Bobby Bonds (Poly)	1964	10.74c	Alvin Robinson (Valley View)	10.5 2002
9.7	John Holbrook (Norte Vista)	1967	10.74	Nick Lee (Cathedral City)	2003
9.7	Tom Scott (Palm Springs)	1967	10.74	Duke Greer (Corona)	2007
9.7	Chandler (Palo Verde)	1978	10.76	Derrick Johnson (Notre Dame)	2000
9.7	Issac Greer (Elsinore)	1978	10.76	John Kane (Great Oak)	2013
9.95	Rando Smith (Ramona)	1987	10.76	Justin Pearson (Roosevelt)	2013
9.8	Paul Anderson (Poly)	1956	10.77	Greg Thomas (Poly)	1981
9.8	James Eddington (Rubidoux)	1963	10.79	Andre Ewell (Arlington)	2006
9.8	A. Byrd (Perris)	1968	10.79	Greg Hornsby (Rancho Verde)	2009
9.8	A. Stapler (Perris)	1969	10.82	Davelle Sanders (Roosevelt)	2010
9.8	Mayo (Perris)	1969	10.82	Napoleon Singeltary (Roosevelt)	2012
9.8	A. Lewis (Perris)	1969	10.83	Nick Mixon (Vista)	2008
9.8	Gray (Palm Springs)	1978	10.83	*Kei-Ron Long (Vista)	2012
9.8	Brice Wilson (Indio)	1980	10.84c	Macus Hathway (Corona)	10.6 1980
9.8	Marcus Hathway (Corona)	1980	10.84	Duncan Boyd (Moreno Valley)	1989
9.8	Darrell Willis (Norco)	1981	10.84	Heath Fulk (Nome Vista)	1991
9.8	Wilcox (Poly)	1982	10.84c	Anthony Preyear (La Sierra)	10.6 1993
9.8	Mike Anderson (Rubidoux)	1983	10.84c	Sam Elmore (Banning)	10.6 1995
9.8	Woodie Leonard (Ramona)	1993	10.84	Jeff Henry (Norte Vista)	2001
9.9	Art Williams (Poly)	1946	10.84c	Jamal Williams (La Quinta)	10.6 2001
9.9	Verde Sorgen (Poly)	1949	10.84c	Chris Johnson (Arlington)	10.6 2001
9.9	Joe Black (Palo Verde)	1952	10.84c	Chris Whitlock (Valley View)	10.6 2001
9.9	Leevan Roberts (North)	1969	10.85	Al Ross (Canyon Springs)	1989
9.9	Larry Thompson (Ramona)	1970	10.85	*Cedric Provost (Canyon Springs)	2009
9.9	Tony Robinson (Ramona)	1971	10.86	Rondo Smith (Ramona)	1988
9.9	Tosho Lee (Rubidoux)	1978	10.86	Thomas Henry (North)	2007
9.9	Rogers (North)	1978	10.86	Joel Hotkins (Chaparral)	2009
9.9	D. Fite (Perris)	1979	10.86	Keith Welfer (West Valley)	2011
9.9	Kenny Wagner (Arlington)	1980	10.87	Troy McKnight (Canyon Springs)	1991
9.9	Clay Hall (Palm Springs)	1982	10.87	*Bernard Quinn (Vista)	2011
9.9	Paco Craig (Ramona)	1982	10.88	Deshawn Smith San Jacinto)	2006
9.9	Bob Stamps (Perris)	1983	10.88	Kavon Seaton (Vista)	2007
9.9	Sebron Flenaugh (Perris)	1983	10.88	Joshua Mitchell (Roosevelt)	2010
9.9	Cedric Riles (Norte Vista)	1984	10.88	Dajon Wise (Rancho Verde)	2013
9.9	JJ Eddington (Perris)	1985	10.89	Darryl Mosely Great Oak)	2007
9.9	Luncy Fleeting (Canyon Springs)	1990	10.89	J.J. Eddington (Perris)	1985
			10.90	Woodie Leonard (Ramona)	1992
			10.90	*Deontae Cooper (Citrus Hill)	2009
			10.91	Allan Curry Canyon Springs)	1998
			10.91	Ledariuc Miller (Vista del Lago)	2007
			10.92	Ron Butler (Norte Vista)	1995
			10.92	Ken Moon Corona)	2004
			10.92	***Ervin Simmons (Murrieta)	2008
			10.92	* Evan Singletary (Roosevelt)	2014
			10.93	Robert Gray (Poly)	1981
			10.93	Tommy Curry (North)	2007
			10.94c	Mike Ails (Moreno Valley)	10.7 1990
			10.94c	Kyjone Jack (Canyon Springs)	10.7 1991
			10.94c	Art Celestine (Notre Dame)	10.7 1991
			10.94c	Jason Halliburton (Rubidoux)	10.7 1991
			10.94c	Shamori Walker (Moreno Valley)	10.7 1993
			10.94	Corey Merrill (Moreno Valley)	1992
			10.94c	Walker (Perris)	10.7 1996
			10.94c	Andre McCargo (Murrieta Valley)	10.7 1998
			10.94	Ennis Jones (North)	2006
			10.95	Willie Bowen (Twin Pines)	2000
			10.95	*Larry Scott (Centennial)	2010
			10.96	DJ Lloyd (Vista)	2009
			10.96	***Rasaun House (Rancho Verde)	2014
			10.97	Cedric Riles (Norte Vista)	1986
			10.97	Chase Aaronson (Palm Springs)	2007
			10.97	*Kyle Garner (Vista)	2012
			10.97	*Nick Fisher (Great Oak)	2014
			10.98	Anthony Elam (Roosevelt)	2013
			10.98	*Anthony Smith (Paloma Valley)	2013

Wind-aided:

9.5	Mike Foster (Palo Verde)	1973
9.5	Jerry McCullough (Poly)	1957
9.6	Bobby Bonds (Poly)	1964
9.7	Greg Thomas (Poly)	1967
9.7	Paul Anderson (Poly)	1956
9.7	JJ Eddington (Perris)	1985
9.8	George McKinley (Arlington)	1980

100 meters

10.23	Bryan Howard (Canyon Springs)	1995
10.38	Jonathan Williams (Temecula)	2006
10.52	Kenny Jackson (Elsinore)	2009
10.53	Lew Dunn (North)	1982
10.54c	Stoney Jordan (Indio)	10.3 1993
10.54c	Quincy Huntley (Valley View)	10.3 1996
10.54	*Jovonte Slater (Vista)	2010
10.58	Elijah Mitchell (Roosevelt)	2013
10.59	Nathan Irvin (Poly)	1999
10.63	Tommy Curry (North)	2008
10.63	Braden Isaiah (Moreno Valley)	2011
10.64c	George Thomas (Indio)	10.4 1983
10.65	Dameon Burnham (Roosevelt)	2011
10.66	**Rodney Storrs (Santiago)	2007
10.67	Lucien Henderson (Banning)	1987
10.68	Jesse Ooten (Rancho Verde)	2008

200 meters

			21.98	Dejon Wise (Rancho Verde)		2013
			22.00	Allan Curry (Canyon Springs)		1998
20.76	Bryan Howard (Canyon Springs)		1994	22.00	Dameon Burnham (Roosevelt)	2011
20.92	** Michael Norman (Vista)		2014	22.00	Jamal Orme (King)	2014
21.04c	Sam Elmore (Banning)	20.9	1995	22.00	Jordan Lucas (Great Oak)	2014
21.17	Jonathan Williams (Temecula)		2006	22.02	Keith Neal (Poly)	1985
21.17	Elijah Mithcell (Roosevelt)		2013	22.02	Thomas Henry (North)	2007
21.21	Isaiah Braden (Moreno Valley)		2011	22.02	DeShawn Smith (San Jacinto)	2006
21.22	*Bernard Quinn (Vista)		2011	22.03	Derek Banks (Rubidoux)	1992
21.23	Reggie Wyatt (La Sierra)		2009	22.03	Eddie Johnson (Arlington)	1997
21.24	Ennis Jones (North)		2006	22.03	Matthew Williams (Vista del Lago)	2012
21.27	*Rodney Storrs (Santiago)		2008	22.04	Woodie Leonard (Ramona)	1992
21.29	* Damion Marshall (Great Oak)		2014	22.04	Troy McKnight (Canyon Springs)	1991
21.30	*Jovonte Slater (Vista)		2010	22.04c	Tee Sullivan (Norte Vista)	21.8 2001
21.33	Tommy Curry (North)		2008	22.04c	Chad Jervis (Paloma Valley)	21.8 2004
21.37	Nevin Gutierrez (North)		2000	22.05	Willie Bowen (Twin Pines)	2000
21.40	Derrick Johnson (Notre Dame)		2000	22.07	*Kei-Ron Long (Vista)	2012
21.41	Stoney Jordan (Indio)		1993	22.08	Lew Dunn (North)	1982
21.41	Kenny Jackson (Elsinore)		2009	22.08	Matt Tyson (Roosevelt)	2012
21.44	Greg Thomas (Poly)		1980	22.10	Necho Beard (Rancho Verde)	2010
21.44c	Quincy Huntley (Valley View)	21.2	1996	22.10	*** Isaiah Cunningham (Rancho Verde)	2014
21.44	Andrew Ewell (Arlington)		2006	22.11+	Larry Thompson (Ramona)	22.0y 1970
21.51+	John Holbrook (Norte Vista)	21.4y	1967	22.11	Paul Robertson (Rancho Verde)	2009
21.51+	Mike Harris (Indio)	21.4y	1974	22.12	Matt Maybeno (Hemet)	2002
21.53	Davelle Sanders (Roosevelt)		2010	22.12	Anthony Smith (Paloma Valley)	2014
21.54	Nick McCullom (Perris)		1998	22.14c	Issac Greer (Elsinore)	21.9 1979
21.54	*Ennis Jones (La Sierra)		2005	22.14c	Tyree Washington (La Sierra)	21.9 1994
21.57	Nevin Gutierrez (North)		2007	22.14c	McGill Kyser (Norco)	21.9 1994
21.57	Gerg Hornsby (Rancho Verde)		2009	22.14c	Marshall Johnson (Notre Dame)	21.9 1999
21.58	Chris Massey (Valley View)		1998	22.14c	Jeff Henry (Norte Vista)	21.9 2001
21.58	*John Kane (Great Oak)		2012	22.14c	Jeff Garrison (North)	21.9 2001
21.60	Napoleon Singletary (Roosevelt)		2012	22.14	Willie Smith (Banning)	2004
21.62	Cedric Riles (Norte Vista)		1986	22.14	*Bubba Luna (Great Oak)	2009
21.62	Nick Lee (Cathedral City)		2004	22.15+	Tim Callier (Perris)	22.28y 1987
21.64	Sebron Flenaugh (Perris)		1983	22.15	Curbs Baxter (San Jacinto)	2007
21.67	Joshua Mitchell (Roosevelt)		2010	22.15	*Terance Narvaez (Canyon Springs)	2011
21.69	Jerome Burrell (Palm Springs)		1995	22.17	Mike Norfolk (Palm Desert)	1995
21.70	***Cole Dubots (Vista)		2014	22.18	Gerard Glass (Great Oak)	2009
21.71	Greg Thomas (Poly)		1981	22.19	Erik Dvoran (Rancho Verde)	2003
21.72+	Tom Scott (Palm Springs)	21.6y	1967	22.19	*Paul Rpbertson (Rancho Verde)	2008
21.73	Ken Moon (Corona)		2004	22.21	Michael Mazur (Vista)	2011
21.73	Duke Greer (Corona)		2007	22.23	Jasper Williams (Rubidoux)	1992
21.74	Richard Sweeney (Perris)	21.5	1989	22.23	Henry Thomas (North)	2006
21.74	Anthony Daniels Canyon Springs)		2002	22.24c	LaSalle Hughey (Rubidoux)	22.0 1991
21.74	Jesse Ooten (Rancho Verde)		2008	22.24c	Marlando Lewis (Hemet)	22.0 1991
21.79	Bryan Williams (Valley View)		2007	22.24c	Trevor Knox (Temecula Valley)	22.0 2001
21.80	David Angulo (Cathedral City)		2002	22.24c	Alvin Robinson (Valley View)	22.0 2002
21.80	* Evan Singletary (Roosevelt)		2014	22.24	Theartis Grigsby (Vista)	2012
21.82+	John James (Perris)	21.7y	1964	22.26	Angelo DeWitt (Indio)	1986
21.82	Bryan Adams (Roosevelt)		2009	22.26	Quincy Fleming (Canyon Springs)	1990
21.83	Kei-Ron Long (Vista Murrieta)		2013	22.26	*** Rasaun House (Rancho Verde)	2014
21.84	George Thomas (Indio)		1981	22.27	Corey Merrill (Moreno Valley)	1992
21.84	Bobby Stamps (Perris)		1983	22.28	Marcus Love (Lakeside)	2013
21.84c	Marcus Hathway (Corona)	21.6	1980	22.32	Jeff Skaylsky (Temecula)	1992
21.84	Justin Pearson (Roosevelt)		2013	22.32	John Crain (Moreno Valley)	2010
21.87	Louis Amstoy (Banning)		1989	22.32	Terance Narvaez (Canyon Springs)	2012
21.89	Nick Mixon (Vista)		2008	22.32	Carlos Orozco (Corona)	2013
21.89	Kyle Garner (Vista Murrieta)		2013	22.33	Bobby Nava (Perris)	1988
21.89	* Jordan Palmer (Roosevelt)		2014	22.33	Duncan Boyd (Moreno Valley)	1989
21.90	Jabin Sambrano (Great Oak)		2008	22.33	William League (Rancho Verde)	1993
21.90	*Cedric Provost (Canyon Springs)		2009	22.33	Sean Burd (Great Oak)	2011
21.91	Bubba Luna (Great Oak)		2010	22.34c	Marc Chrishon (Temecula)	22.1 1990
21.92	Rondo Smith (Ramona)		1988	22.34c	Tony Davis (Corona)	22.1 1999
21.93	Mike Lynem (Norco)		2006	22.34c	Steve Angulo (Cathedral City)	22.1 2002
21.93	Anthony Elam (Roosevelt)		2013	22.34	Melvin Johnson (Valley View)	2001
21.94c	Darrell Willis (Norco)	21.7	1981	22.34c	Chris Whitlock (Valley View)	22.1 2001
21.94c	Josh Beckwith (Canyon Springs)	21.7	1997	22.34c	Damon Morton (North)	22.1 2002
21.94c	Nick Holcomb (La Sierra)	21.7	2002	22.34c	Matt Padilla (Arlington)	22.1 2002
21.94	Ray Blackburn (Jurupa)		1998	22.34c	Michael Moore (Canyon Springs)	22.1 2004
21.94	Rodney Storrs (Santiago)		2007	22.35	Nathan Charlton (Rubidoux)	2000
21.96	Justin Porter (Vista)		2006	22.35	Chase Aaronson (Palm Springs)	2007
21.96	Dallas Deville (Perris)		2013	22.35	*Necho Beard (Rancho Verde)	2009
21.97	George McKinley (Arlington)		1980	22.35	*Larry Scott (Centennial)	2010
21.98	Tyrone Thompson (Perris)		1984	22.35	*Cameron Snowden (Poly)	2013
21.98	Derek Favorite (Centennial)		1993	22.36	Khurtis Henry (Murrieta)	2009

48.70	Chauncey Young (North)		1997	49.80	Michael Lyles (Rancho Verde)		2013
48.70	Claudell Walter (North)		1999	49.81	Robbie Edwards (Hemet)		1990
48.75+	Dan Gormley (Ramona)	48.9y	1964	49.81	Evan White (Great Oak)		2013
48.77	*Brett Moulton (Santiago)		2012	49.81	Bakari Fant (Rancho Verde)		2008
48.80	David Williams (Elsinore)		2009	49.82	Anthony Spencer (Vista del Lago)		2006
48.81	Lew Dunn (North)		1982	49.81	Caleb Miller (Canyon Springs)		2010
48.83	Thomas Long (Corona)		1994	49.82	*Dre McIntosh (Great Oak)		2012
48.85+	Roger Aldridge (North)	49.0y	1967	49.82	Leran Hutchings (Roosevelt)		2011
48.85+	Larry Dean (Moreno Valley)	49.14y	1978	49.83	Randy Bishop (Canyon Springs)		1993
48.89	Garrett Biggers (North)		2012	49.83	Jose Cancholla (Indio)		1999
48.90	Bubba Luna (Great Oak)		2010	49.84c	Nick McCullom (Perris)	49.7	1998
48.92	Mike Lyles (Rancho Verde)		2013	49.84	*** Anthony Reyes (Elsinore)		2014
48.93	Louis Amestoy (Banning)		1989	49.85+	Willis Jones (Poly)	50.0y	1955
48.93	Marshall Johnson (Notre Dame)		1999	49.86	*Caleb Miller (Canyon Springs)		2009
48.99	Brandon Ruffin (Santiago)		2011	49.90	Brian Coan (Poly)		2006
49.02	Derrick Jackson (Moreno Valley)		2010	49.90	Willie Contreras (North)		2011
49.04	Marcus Graham (North)		2001	49.93	Andy Woods (North)		1983
49.05+	Greg Thomas (Poly)	49.2y	1980	49.93	Kenny Anderson (Roosevelt)		2010
49.05+	Dick Stone (Poly)	49.2y	1965	49.95+	Danny Frey (Corona)	50.1y	1954
49.05	Ruben Danielson (Rancho Verde)		2010	49.95+	Daniel (Hemet)	50.1y	1976
49.06	Oliver Brown (Palm Springs)		1988	49.95+	Austin (Perris)	50.1y	1979
49.10	Bobby Nava (Perris)		1988	49.96	Dante Holland (North)		2008
49.11	Jabin Sambrano (Great Oak)		2008	49.99	Alex Barwinski (Canyon Springs)		1999
49.12	Richard Lay (Norte Vista)		1987	49.99	Allen Young (Temescal)		2006
49.14c	Keith Neal (Poly)	49.0	1984	50.00	* A'Mari Howland (Canyon Springs)		2014
49.14c	Angello DeWitt Indio	49.0	1986	50.01	James Rodriguez (Palm Springs)		2014
49.14c	Avionne James (Perris)	49.0	2002	50.01+	Johnson (Palo Verde)	50.30y	1978
49.14	*Willie Contreras (North)		2010	50.02+	Coleman (Palm Springs)	50.2y	1976
49.15+	Kenny Simmons (Moreno Valley)	49.3y	1977	50.02	Mark Krause (Nome Dame)		1981
49.15	* Evan Tyler (Roosevelt)		2014	50.04c	Walker (Ramona)	49.9	1970
49.16	** Chris Wilcox (Roosevelt)		2014	50.04c	Derek Gordon (Canyon Springs)	49.9	1991
49.18	Curly Bledsoe (Banning)		2001	50.04	Quentin Galloway (JW North)		2014
49.18	*Josh Mitchell (Roosevelt)		2009	50.05+	Tony DeWitt (Indio)	50.2y	1984
49.22	Eddie Johnson (Arlington)		1997	50.05	* Kevin Hatchet (Great Oak)		2014
49.24c	Troy Collins (Hemet)	49.1	1989	50.05+	Fair (Corona)	50.2y	1978
49.24c	Tristan Taylor (King)	49.1	2004	50.06	Jordan Randolph (Valley View)		2014
49.25+	John Davis (Ramona)	49.4y	1965	50.08	Eric Green (Norco)		1991
49.25+	Field (Indio)	49.4y	1972	50.09	Josh Potter (Murrieta)		2009
49.25	*Maxx Mills (Great Oak)		2008	50.12	*Justin Martinez (Rancho Verde)		2012
49.25	Kenny Brown (Poly)		2010	50.13	Jayson Boyd (North)		2001
49.27	Tyler Slavin (Roosevelt)		2010	50.13	Joel Casillas (Rancho Verde)		2007
49.29	Dante Reese (Canyon Springs)		1994	50.15+	John Laster (Palm Springs)	50.3y	1955
49.29	Curtis Baxter (San Jacinto)		2007	50.15+	Gary Smith (Hemet)	50.3y	1965
49.33	Jamal James (Jurupa Valley)		1998	50.15+	Richard Grout (North)	50.3y	1972
49.33	Scott Eden (Temescal)		1999	50.15	Xavier Thomas (Indio)		2012
49.35c	Jerry Vernell (Poly)	49.5y	1955	50.16	Mike Howe (North)		1981
49.35	Jesse Ooten (Rancho Verde)		2007	50.19	Ahmed El-Daggeg (Beaumont)		2002
49.38	David Tones (La Quinta)		1999	50.20	CJ Walsh (Vista)		2013
49.40	DeAndre Thornton (Arlington)		2014	50.21	Tyler MacDonald (Beaumont)		2010
49.41	Ramon Marshall (Rancho Verde)		2009	50.21	Luke Cunningham (Woodcrest Christian)		2011
49.42	Metters (Ramona)	49.5y	1969	50.22	Justin Martinez (Rancho Verde)		2013
49.42	Chuck Whitehead (Elsinore)		1989	50.22	* Christopher Byers (Roosevelt)		2014
49.42	Dane Hurd (Rancho Verde)		2006	50.24c	Shawn Casteel (Rubidoux)	50.1	1991
49.44c	Arnold Maier (Palm Springs)	49.3	1981	50.24c	Joel Casillas (Rancho Verde)	50.1	2008
49.44c	Danny Harris (Perris)	49.3	1983	50.25+	Johnny James (Perris)	50.4y	1964
49.44c	Aaron Westbrook (North)	49.3	2007	50.25+	Daniel (Hemet)	50.4y	1975
49.47	Kevin Gueste (Moreno Valley)		1991	50.25+	Wilcox (Penis)	50.4y	1980
49.48	Riley Warren (Rubidoux)		1992	50.27	Kephyan Sheppard (Palm Springs)		1996
49.55	** Christopher Wilcox (Roosevelt)		2014	50.27	Jacob Roth (Santiago)		2004
49.56	Maxx Mills (Great Oak)		2009	50.27	Bernard Quinn (Vista)		2012
49.58	Derek Banks (Rubidoux)		1992	50.28	Jason Watkins (Arlington)		1995
49.58	*Kyle Garner (Vista)		2012	50.28	Dino Sloan (La Sierra)		2010
49.58	Travis Thomas (King)		2013	50.29	Aaron Anderson (North)		1989
49.61	* Jarett Carter (Heritage)		2014	50.29	Joe Kaylor (Paloma Valley)		2009
49.64	* Solomon Ponomarev (Lakeside)		2014	50.29	*Alex Larson (Linfield)		2013
49.65+	Alexander (Corona)	49.8y	1969	50.32	Erik Dvoran (Rancho Verde)		2003
49.65+	Bob Gates (Banning)	49.8y	1986	50.32	Talmadge Jackson (Temecula)		2006
49.65	Jason Carodine (Moreno Valley)		1999	50.32	Anthony Ceja (Perris)		2012
49.67	Frank Fleming (Perris)		1995	50.32	* Lazaro Marin (Roosevelt)		2014
49.69	Nat Tucker Corona		1983	50.33	Charles Ntekim (Murrieta)		2003
49.71	Nate Koch (Temecula)		2005	50.34	Jeremy Marino (Great Oak)		2012
49.74c	Charles Denton (West Valley)	49.6	2005	50.35+	Miller (Palm Springs)	50.5y	1965
49.74	Max Mills (Great Oak)		2007	50.35+	Watson (Palo Verde)	50.5y	1973
49.75+	Don Lebow (North)	49.9y	1970	50.35+	Conterras (Coachella)	50.5y	1973
49.79	*Tyler Slavin (Roosevelt)		2009	50.36	Talmadge Jackson (Chaparral)		2005

50.39	Will Jerkins (Rancho Verde)		2006	1:55.66	Carlos Facio (Corona)		1995
50.36	*Joe Quinonez (Elsinore)		2010	1:55.70	Juan Saucedo (North)		1998
50.40	Marvin Epps (King)		2010	1:55.74	Scott Breithaupt (Murrieta)		2003
50.44c	Jeremiah Willies (Perris)	50.3	2002	1:55.78	Tyler Owen (Vista)		2009
50.44c	Sterling Winston (Valley View)	50.3	2011	1:55.81	Juan Canchola (Indio)		1999
50.44	** Arnie Quintnilla (Valley View)		2014	1:55.89	Fernando Cerda (Corona)		2010
50.45	Jose Hernandez (Norte Vista)		1993	1:56.00	Abel Tijerina (Indio)		2011
50.46	Rashad Bracy (Arlington)		1998	1:56.05	Andy Perezchica (Cathedral)		2003
50.46	Rendall Jacob (Vista)		2008	1:56.14	Jeff Green (Temecula)		2000
50.47	Jermaine Johnson (San Jacinto)		1996	1:56.16	*Garrett Mullennix (Vista)		2013
50.48	Patrick Daniels (Paloma Valley)		2008	1:56.18	Junior Rodriguez (Rancho Verde)		2003
50.49	Joey Delgado (Coachella Valley)		2003	1:56.25	Angel Sigeti (Murrieta)		2008
50.51	** Connor Edwards (Chaparral)		2014	1:56.28	David Haskell (Elsinore)		1989
50.52	Greg Hollingsworth (Temecula)		2001	1:56.28	Bennett Harris (Chaparral)		2011
50.53	Alberto Zatarain (Palm Springs)		2007	1:56.29	Josh Mejia (Ferns)		2005
50.33	Steve Norton (La Sierra)		2008	1:56.3+	LeRoy Weed (Coachella)	1:57.0y	1938
50.51	Isaiah Thomas (Indio)		2014	1:56.30	Irving Moreno (Poly)		1998
50.54c	Kenny Johnson (Canyon Springs)	50.4	1990	1:56.30	* Josh Silva (Corona)		2014
50.54c	Matt Stanford (Poly)	50.4	2002	1:56.34	Joseph Jauregui (Valley View)		2012
50.54	Chris Taylor (Perris)		2006	1:56.37	Carlos Cota (Indio)		1981
50.54	Paul Robertson (Rancho Verde)		2007	1:56.4+	Jeffredo (Coachella)	1:57.1y	1977
				1:56.41	Frank Lemus (Coachella)		1992
				1:56.43	Spencer Knight (La Sierra)		2007
				1:56.44	Carlos Duran (Vista)		2009
				1:56.55	John Baldaray (Arlington)		1997
				1:56.57	*David Spangler (Hemet)		2011
				1:56.66	Thomas Polhill (Temecula)		2006
				1:56.67	Brian Harris (Murrieta)		2004
				1:56.68	Tyler MacDonald (Beaumont)		2010
				1:56.70	Tyler Rackleff (Great Oak)		2010
				1:56.73	Dustin Russell (Temecula)		2002
				1:56.80	Chris Gonzalez (Perris)		1981
				1:56.9	Marco Zaragoza (Vista del Lago)		2011
				1:56.91	Matt Kern (La Sierra)		2002
				1:56.91	Nelson Maravilla (Desert Hot Springs)		2004
				1:56.92	James Hawkins (Palm Desert)		2006
				1:56.97	*David Luna (Indio)		2013
				1:56.98	Alex Orozco (La Quinta)		2013
				1:57.0+	Sinclair (Perris)	1:57.7y	1935
				1:57.01	Carlos Ortega (Vista)		2007
				1:57.03	Jovani Hernandez (Canyon Springs)		2010
				1:57.15	Solomon Demeko-Ousman (Heritage)		2014
				1:57.19	Brad Baldwin (Centennial)		1998
				1:57.22	Austin Mckell (King)		2010
				1:57.23	Nick Childers (Great Oak)		2009
				1:57.24	Andre Brown (Canyon Springs)		2002
				1:57.29	Danny Guy (La Sierra)		2002
				1:57.3+	Richard Grout (North)	1:58.0y	1972
				1:57.3+	Escarsega (Perris)	1:58.0y	1979
				1:57.32	Kevin Vega (San Jacinto)		2011
				1:57.33	Ryan Rigali (Great Oak)		2010
				1:57.35	Brett Campfield (Temecula)		2004
				1:57.39	Armando Lerma (Indio)		1993
				1:57.4+	Peyton (Beaumont)	1:58.1y	1973
				1:57.4+	M. Lewis (Perris)	1:58.1y	1974
				1:57.40	Jose Rodriguez (Rancho Verde)		2002
				1:57.40	Trevor Smith (Arlington)		2008
				1:57.46	Julian Hernandez (Corona)		2012
				1:57.51	*Carlos Ortega (Vista)		2008
				1:57.57	Brandon Berz (King)		2013
				1:57.6	Tony Croson (Temescal)		2000
				1:57.6	**Branden Randall (Roosevelt)		2013
				1:57.69	J. Cooke (Corona)	1:58.4y	1966
				1:57.71	Tim Lumpkin (Murrieta Valley)		1998
				1:57.71	Matt Gluck (Murrieta Valley)		1999
				1:57.72	Stefon Young (Palm Springs)		2010
				1:57.72	Jonathan Lopez (Roosevelt)		2009
				1:57.77	Chris Layman (Corona)		2000
				1:57.77	Noe Ramirez (Vista)		2009
				1:57.78	Nick Skillern (Palm springs)		2011
				1:57.81	*James Williams (Vista del Lago)		2013
				1:57.8+	Barron (Coachella)	1:58.5y	1973
				1:57.82	Tony Jones (North)		1985
				1:57.85	Steve Gladwell (Norco)		1990
				1:57.87	Cliff Curtis (Elsinore)		1991

800 Meters

1:48.56	Immanuel Hutchinson (San Jacinto)		2011	1:56.55	John Baldaray (Arlington)		1997
1:51.51	**Brett Moulton (Santiago)		2011	1:56.57	*David Spangler (Hemet)		2011
1:51.56	* Jeremiah Bias (Vista del Lago)		2014	1:56.66	Thomas Polhill (Temecula)		2006
1:51.59	Ruben Danielson (Rancho Verde)		2010	1:56.67	Brian Harris (Murrieta)		2004
1:51.76	Isaiah Thompson (Sherman Indian)		2013	1:56.68	Tyler MacDonald (Beaumont)		2010
1:51.78	Kevin Gonzalez (Vista)		2012	1:56.70	Tyler Rackleff (Great Oak)		2010
1:51.81	*Ray Noble (Valley View)		2010	1:56.73	Dustin Russell (Temecula)		2002
1:51.83	Robert Frichtel (Hemet)		1996	1:56.80	Chris Gonzalez (Perris)		1981
1:51.87	*Emmanuel Ngula (Vista del Lago)		2008	1:56.9	Marco Zaragoza (Vista del Lago)		2011
1:52.12	Omar Solis (Vista)		2013	1:56.91	Matt Kern (La Sierra)		2002
1:52.47	Edgar Cobian (La Sierra)		2012	1:56.91	Nelson Maravilla (Desert Hot Springs)		2004
1:52.53	Troy Collins (Hemet)		1989	1:56.92	James Hawkins (Palm Desert)		2006
1:52.63	Nathan Torres (King)		2013	1:56.97	*David Luna (Indio)		2013
1:52.7+	Elmore Ohly (Coachella)	1:53.4y	1962	1:56.98	Alex Orozco (La Quinta)		2013
1:52.71	Porter Reddish (Vista)		2013	1:57.0+	Sinclair (Perris)	1:57.7y	1935
1:52.77	**Edgar Cobian (La Sierra)		2010	1:57.01	Carlos Ortega (Vista)		2007
1:52.79	** Isaac Cortes (Great Oak)		2014	1:57.03	Jovani Hernandez (Canyon Springs)		2010
1:52.8	Jesse Cota (Coachella)		1980	1:57.15	Solomon Demeko-Ousman (Heritage)		2014
1:53.10	*Steve Norton (La Sierra)		2007	1:57.19	Brad Baldwin (Centennial)		1998
1:53.2+	David Edds (Banning)	1:53.9y	1976	1:57.22	Austin Mckell (King)		2010
1:53.22	Michael Hewitt (Great Oak)		2012	1:57.23	Nick Childers (Great Oak)		2009
1:53.28	Ian Ritchie (Murrieta)		2003	1:57.24	Andre Brown (Canyon Springs)		2002
1:53.33	Raul Arcos (Corona)		2008	1:57.29	Danny Guy (La Sierra)		2002
1:53.38	Raul Serratos (Moreno Valley)		1986	1:57.3+	Richard Grout (North)	1:58.0y	1972
1:53.42	Dontell Holland (North)		2009	1:57.3+	Escarsega (Perris)	1:58.0y	1979
1:53.62	Clint Coon (Hemet)		1997	1:57.32	Kevin Vega (San Jacinto)		2011
1:53.7+	Wayne Lemmons (Poly)	1:54.4y	1956	1:57.33	Ryan Rigali (Great Oak)		2010
1:53.98	Brandon Shaw (Rancho Verde)		1999	1:57.35	Brett Campfield (Temecula)		2004
1:54.0+	Monty Felix (Poly)	1:54.7y	1966	1:57.39	Armando Lerma (Indio)		1993
1:54.08	Joel Cota (Indio)		2003	1:57.4+	Peyton (Beaumont)	1:58.1y	1973
1:54.39	Aaron Potts (Roosevelt)		2012	1:57.4+	M. Lewis (Perris)	1:58.1y	1974
1:54.45	Christian Rojas (Canyon Springs)		2004	1:57.40	Jose Rodriguez (Rancho Verde)		2002
1:54.66	Mike O'Boyle (Hemet)		1986	1:57.40	Trevor Smith (Arlington)		2008
1:54.68	Dylan Knight (La Sierra)		2006	1:57.46	Julian Hernandez (Corona)		2012
1:54.75	Doug Frichtel (Hemet)		1995	1:57.51	*Carlos Ortega (Vista)		2008
1:54.82	** Nelson Quintana (Great Oak)		2014	1:57.57	Brandon Berz (King)		2013
1:54.89	*Caleb Potts (Roosevelt)		2009	1:57.6	Tony Croson (Temescal)		2000
1:54.9+	Larry Dean (Moreno Valley)	1:55.6y	1978	1:57.69	**Branden Randall (Roosevelt)		2013
1:54.96	* Cobie Chavez (Temescal)		2014	1:57.7+	J. Cooke (Corona)	1:58.4y	1966
1:55.07	Ricardo Villalobos (Ramona)		1995	1:57.71	Tim Lumpkin (Murrieta Valley)		1998
1:55.09	David Branch (Woodcrest Christian)		2007	1:57.71	Matt Gluck (Murrieta Valley)		1999
1:55.1+	Mark Fricker (Hemet)	1:55.8y	1978	1:57.72	Stefon Young (Palm Springs)		2010
1:55.11	Alex Aguilar (Norte Vista)		1991	1:57.72	Jonathan Lopez (Roosevelt)		2009
1:55.24	* Nick Doan (Great Oak)		2014	1:57.77	Chris Layman (Corona)		2000
1:55.36	Ryan RTienke (Poly)		2006	1:57.77	Noe Ramirez (Vista)		2009
1:55.44	David Ramirez (Rubidoux)		1991	1:57.78	Nick Skillern (Palm springs)		2011
1:55.5+	John Burns (Ramona)	1:56.2y	1965	1:57.81	*James Williams (Vista del Lago)		2013
1:55.51	Kellen Acosta (Murrieta)		2003	1:57.8+	Barron (Coachella)	1:58.5y	1973
1:55.54	Eric Larios (Corona)		2006	1:57.82	Tony Jones (North)		1985
1:55.54	Abner Salvador (Great Oak)		2014	1:57.85	Steve Gladwell (Norco)		1990
1:55.61	Scott Gardner (Arlington)		1984	1:57.87	Cliff Curtis (Elsinore)		1991

1:57.87	*Danny Aquino (Mesa)		2013	4:14.70	Cruz Gallegos (Centennial)		1992
1:57.87	Andrew Boebinger (King)		2014	4:14.73	Brandon Messerly (Great Oak)		2012
1:57.90	Stehen Foster (Poly)		2005	4:14.78	* Cobie Chavez (Temescal)		2014
1:57.93	Brandon Kerr (Canyon Springs)		1989	4:15.44	Noe Ramirez (Vista)		2008
1:57.97	Alex Cisneros (Poly)		2012	4:15.55	Victor Delgado (Beaumont)		2009
1:57.99	Drew Dalton (Vista)		2010	4:15.88+	Matt Kern (La Sierra)	4:17.36y	2002
1:58.0	Anthony Adamucci (Temecula)		2002	4:16.18	Drew Dalton (Vista)		2010
1:58.02	Aurelio Roman (Temecula)		1994	4:16.37+	Emmanuel Ngula (Vista del Lago)	4:17.86y	2009
1:58.03	Oscar Pallido (Perris)		2003	4:17.07	Steve Norton (La Sierra)		2008
1:58.09	Parker Schamun (Vista)		2010	4:17.20	Alfonso Ibarra (Arlington)		1996
1:58.10	*Chase Williams (Corona)		2009	4:17.43	Kellen Acosta (Murrieta)		2003
1:58.11	Benard Njuki (Roosevelt)		2011	4:17.94	Jake Jeanson (Woodcrest Christian)		2009
1:58.16	Supervoid Mack (Citrus Hill)		2012	4:18.01	*Nathan Torres (King)		2012
1:58.18	*** Solomon Fountain (Great Oak)		2014	4:18.14	Edgar Cobian (La Sierra)		2012
1:58.32	Kevin Norton (Norte Vista)		2003	4:18.49	*Michael Gauger (Corona)		2010
1:58.33	Jared Drinkard (La Sierra)		2009	4:18.83	Isaiah Thompson (Sherman Indian)		2013
1:58.37	*Stefon Young (Palm Springs)		2009	4:18.67	Josh Mejia (Perris)		2005
1:58.37	Evan Renck (Poly)		2014	4:18.8	Marco Zaragoza (Vista del Lago)		2011
1:58.4	Rick Hormel (Hemet)		1986	4:18.9+	Mike Melendez (Norco)	4:20.4y	1979
1:58.41	Zach Selgado (Chaparral)		2004	4:18.99	Irvin Moreno (Poly)		1997
1:58.42	Ian Ritchie (Murrieta Valley)		2002	4:19.02	Jerry Toussaint (Norco)		1985
1:58.47	Jimmy Gauger (Corona)		2012	4:19.13	Chris Layman (Corona)		2000
1:58.47	* Austin Chavez (Palm Springs)		2014	4:19.33	Chase Welch (Vista)		2008
1:58.50	Stephan May Great Oak)		2007	4:19.81	Alex Zamora (Coachella)		1989
1:58.50	Allen McBride (Arlington)		2008	4:19.81	Matt Brown (Corona)		1996
1:58.51	John Nelson (Arlington)		1984	4:20.07	*Omar Solis (Vista)		2012
1:58.51	Andrew Ramirez (Corona)		2014	4:20.19	Tyler Huntley (North)		2011
1:58.55	Stephen Foster (Poly)		2004	4:20.40	*Ray Noble (Valley View)		2010
1:58.56	Willie Contreras (North)		2011	4:20.51	Nelson Maravilla (Desert Hot Springs)		2004
1:58.57	Geron Craig (Corona)		2005	4:20.59	Sergio Trujillo (Rubidoux)		1988
1:58.57	Matt Smith (Vista)		2013	4:20.62	Jonathan Lopez (Roosevelt)		2009
1:58.58	*Kyle Warrick (Roosevelt)		2012	4:20.71	David Haskell (Elsinore)		1989
1:58.58	** Carlos Moya (Roosevelt)		2014	4:20.9	Andy Marshall (Temecula)		1990
1:58.60	Justin Miller Centennial)		1997	4:20.95	Oscar Ayala (Great Oak)		2014
1:58.60	Blake Dieda (Murrieta Valley)		2005	4:20.98	Patrick Milloy (Murrieta Valley)		2005
1:58.6+	Leon Gilmore (Poly)	1:59.3y	1954	4:21.01	Antonio Jimenez (Rubidoux)		2003
1:58.61	Bryan Covington (Great Oak)		2007	4:21.07+	Kaden Lapham (Great Oak)	4:22.59y)	2013
1:58.63	Jesse Brooks (Woodcrest Chr)		2010	4:21.13	** Isaac Cortes (Great Oak)		2014
1:58.65	Danny Guy (La Sierra)		2003	4:21.18	Shawn Sleeper (Paloma Valley)		2013
1:58.66	Segos Manyo (Indio)		2003	4:21.18	* Josh Silva (Corona)		2014
1:58.7+	Stoud (Perris)	1:59.4y	1920	4:21.20	*Alex Orozco (La Quinta)		2012
1:58.7	Erik Gilbert (Norte Vista)		1994	4:21.25	Anthony Adamuci (Temecula)		2002
1:58.73	Heladio Sanchez (Paloma Valley)		2002	4:21.3	Brandon Kerr (Canyon Springs)		1989
				4:21.46	Brenden Emery (Great Oak)		2012
				4:21.5+	Martin (Ramona)	4:23.0y	1974
				4:21.5+	Casey Perley (Indio)	4:23.0y	1978
				4:21.52	*** Solomon Fountain (Great Oak)		2014
				4:21.57	Julian Hernandez (Corona)		2012
				4:21.92	*John Hernandez (Vista)		2012
				4:21.98	David Luna (Indio)		2014
				4:22.05	** Robbie Gleason (Great Oak)		2014
				4:22.19	Michael Munoz (Murrieta Valley)		2005
				4:22.29	Rondie Gibbs (Rubidoux)		1994
				4:22.34	Troy Collins (Hemet)		1989
				4:22.43	* Austin Chavez (Palm Springs)		2014
				4:22.54	Evan Dougherty (La Quinta)		2012
				4:22.59	Chris Sanchez (Indio)		2010
				4:22.7	James Pendergraph (Norte Vista)		1991
				4:22.76	Robert Frost (Hemet)		1996
				4:22.76	Hector Hernandez (Canyon Springs)		2014
				4:22.77	*Tyler Huntley (North)		2010
				4:22.81	*Garrett Mullennix (Vista)		2013
				4:22.96	Troy Nelson (La Sierra)		1985
				4:23.09	*Aaron Potts (Roosevelt)		2011
				4:23.20	Marcos Avila (Beaumont)		1997
				4:23.22	Clayton Dunn (Moreno Valley)		2002
				4:23.23+	*Julian Hernandez (Corona)	4:24.77y	2011
				4:23.26	Trevor Henson (Paloma Valley)		2011
				4:23.30	Willy Carillo (Moreno Valley)		1992
				4:23.4+	Ron Bezenah (Rubidoux)	4:24.9y	1978
				4:23.48	Alex Lopez (Great Oak)		2013
				4:23.6	Marco Ocequera (Rubidoux)		1989
				4:23.77	David McDonald (Vista)		2008
				4:23.88	Alan Cuevas (Corona)		2010

1500 meters

3:50.6	Mark Fricker (Hemet)		1977	4:21.5+	Casey Perley (Indio)		1978
3:52.89	Raul Serratos (Moreno Valley)		1986	4:21.52	*** Solomon Fountain (Great Oak)		2014
3:56.09	Robert Frichtel (Hemet)		1996	4:21.57	Julian Hernandez (Corona)		2012
3:57.29	Joel Cota (Indio)		2003	4:21.92	*John Hernandez (Vista)		2012
3:59.0'	Cruz Gallegos (Centennial)		1992	4:21.98	David Luna (Indio)		2014
4:00.4	Alex Zamora (Coachella)		1989	4:22.05	** Robbie Gleason (Great Oak)		2014
4:01.29	Irvin Moreno (Poly)		1997	4:22.19	Michael Munoz (Murrieta Valley)		2005
4:01.71	Jerry Toussaint (Norco)		1985	4:22.29	Rondie Gibbs (Rubidoux)		1994
4:02.36	Alfonso Ibanez (Arlington)		1996	4:22.34	Troy Collins (Hemet)		1989
				4:22.43	* Austin Chavez (Palm Springs)		2014
				4:22.54	Evan Dougherty (La Quinta)		2012
				4:22.59	Chris Sanchez (Indio)		2010
				4:22.7	James Pendergraph (Norte Vista)		1991
				4:22.76	Robert Frost (Hemet)		1996
				4:22.76	Hector Hernandez (Canyon Springs)		2014
				4:22.77	*Tyler Huntley (North)		2010
				4:22.81	*Garrett Mullennix (Vista)		2013
				4:22.96	Troy Nelson (La Sierra)		1985
				4:23.09	*Aaron Potts (Roosevelt)		2011
				4:23.20	Marcos Avila (Beaumont)		1997
				4:23.22	Clayton Dunn (Moreno Valley)		2002
				4:23.23+	*Julian Hernandez (Corona)	4:24.77y	2011
				4:23.26	Trevor Henson (Paloma Valley)		2011
				4:23.30	Willy Carillo (Moreno Valley)		1992
				4:23.4+	Ron Bezenah (Rubidoux)	4:24.9y	1978
				4:23.48	Alex Lopez (Great Oak)		2013
				4:23.6	Marco Ocequera (Rubidoux)		1989
				4:23.77	David McDonald (Vista)		2008
				4:23.88	Alan Cuevas (Corona)		2010

1600 meters

4:06.4+	Mark Fricker (Hemet)	4:07.9y	1977	4:22.7	James Pendergraph (Norte Vista)		1991
4:07.50+	Raul Arcos (Corona)	4:08.94y	2008	4:22.76	Robert Frost (Hemet)		1996
4:09.58	Spencer Knight (La Sierra)		2006	4:22.76	Hector Hernandez (Canyon Springs)		2014
4:09.88	Dylan Knight (La Sierra)		2006	4:22.77	*Tyler Huntley (North)		2010
4:10.32	Robert Frichtel (Hemet)		1996	4:22.81	*Garrett Mullennix (Vista)		2013
4:10.63	Karson Fronk (Great Oak)		2011	4:22.96	Troy Nelson (La Sierra)		1985
4:11.41	Raul Serratos (Moreno Valley)		1987	4:23.09	*Aaron Potts (Roosevelt)		2011
4:11.45	* Nicholas Doan (Great Oak)		2014	4:23.20	Marcos Avila (Beaumont)		1997
4:11.57	Nick Woolf (Roosevelt)		2012	4:23.22	Clayton Dunn (Moreno Valley)		2002
4:11.91	*David Luna (Indio)		2013	4:23.23+	*Julian Hernandez (Corona)	4:24.77y	2011
4:11.93+	Lane Werley (King)	4:13.41y	2011	4:23.26	Trevor Henson (Paloma Valley)		2011
4:12.77	Porter Reddish (Vista)		2013	4:23.30	Willy Carillo (Moreno Valley)		1992
4:13.18	Aaron Potts (Roosevelt)		2012	4:23.4+	Ron Bezenah (Rubidoux)	4:24.9y	1978
4:13.43	Kyle Warrick (Roosevelt)		2013	4:23.48	Alex Lopez (Great Oak)		2013
4:13.6+	Larry Conard (Corona)	4:15.1y	1966	4:23.6	Marco Ocequera (Rubidoux)		1989
4:13.98	Brett Campfield (Temecula)		2004	4:23.77	David McDonald (Vista)		2008
4:14.50	Joel Cota (Indio)		2003	4:23.88	Alan Cuevas (Corona)		2010

4:23.96	*Zachary Castor (Paloma Valley)	2013
4:23.99	Chase Williams (Corona)	2009
4:24.00	Ryan Gallagher (Temecula)	1997
4:24.0	Robert Garcia (Canyon Springs)	1989
4:24.2+	Wayne Lemmons (Poly)	4:25.7y 1956
4:24.26	Zach Marx (Santiago)	2006
4:24.26	** Tyler Janes (King)	2014
4:24.27	Owen Tyler (Vista)	2008
4:24.41	* Gilbert Robles (Corona)	2014
4:24.50	*AJ Hutchinson (Canyon Springs)	2001
4:24.53	Connor Pastoor (Murneta Valley)	2007
4:24.70	**Omar Caro (Norte Vista)	2011
4:24.76	Kevin Vega (San Jacinto)	2010
4:24.79	Ian Enriquez (Corona)	1994
4:24.92	Jonathan Carrillo (Shadow Hills)	2012
4:25.01	Jose Blanco Canyon Springs)	2006
4:25.04	Cliff Curtis (Elsinore)	1992
4:25.04	Beto Larias (Beaumont)	2003
4:25.12	Angel Guerrero (Rancho Verde)	2002
4:25.18	Jared Forte (Elsinore)	2011
4:25.2	Rick Hormel (Hemet)	1986
4:25.23	Tanner Long (Mesa)	2013
4:25.26	Immanuel Hutchinson (San Jacinto)	2011
4:25.26	Zack Castor (Paloma Valley)	2014
4:25.35	Brandon Berz (King)	2013
4:25.36	Matt Phares (Canyon Springs)	2008
4:25.38	Victor Ortiz (Rubidoux)	2003
4:25.40	Mark Castro (North)	1982
4:25.40	Jack Balder (Great Oak)	2013
4:25.42	Thomas Polhill (Temecula)	2006
4:25.52	Julian Lopez (Roosevelt)	2009
4:25.52	*Ruben Danielsen (Rancho Verde)	2009
4:25.53	Joshua Massey (Santiago)	2010
4:25.55	*Jeomar Muro (Vista)	2012
4:25.67	Joey Cornejo (Indio)	2001
4:25.69	Jesse Brooks (Woodcrest Chr)	2010
4:25.7	Carlos Handler (Temescal)	1999
4:25.71	Kevin Arnold (Murrieta Valley)	2001
4:25.75	Mueen Ghoury (Rubidoux)	2011

3000 meters

8:28.8'	Cruz Gallegos (Centennial)	1992
8:32.85	Antonio Jimenez (Rubidoux)	2003
8:37.4'	Rondie Gibbs (Rubidoux)	1994
8:44.5	Steve Strehlow (Norco)	1982
8:44.7	Marco Ocequera (Rubidoux)	1989
8:44.9	Raul Serratos (Moreno Valley)	1985
8:46.32	Patrick Swick (Chaparral)	2003
8:46.81	Chris Layman (Corona)	2000
8:46.89	Brett Campfield (Temecula)	2003
8:49.3	Anthony Flores (Murrieta)	1999
8:49.6'	Ryan Gallagher (Temecula)	1997
8:50.11	Ian Enriquez (Corona)	1994
8:52.2	Simon Mudd (Poly)	1994
8:54.0	Koinva (Sherman)	1987
8:54.9	Alex Zamora (Coachella)	1989
8:55.89	Alfonso Ibarra (Arlington)	1996
8:56.3	Aaron Thompson (Norco)	1991
8:57.2'	Luis Sandoval (Coachella)	1992
8:58.05	Nicholas Jacaques (Hemet)	1997
8:59.1	Joe Vickers (Moreno Valley)	1985
8:59.5'	Rafael Castro (San Jacinto)	1992
9:00.48	Manual Andrade (Coachella Valley)	1996
9:00.9'	James Pendergraph (Norte Vista)	1991
9:02.3'	Kevin Bean (Norco)	1991
9:02.21	Adam Sidoti (La Sierra)	2005
9:03.4	Hugo Rios (Indio)	1985
9:03.9	Matt Brown (Corona)	1996
9:05.5	Jerry Toussaint (Norco)	1985

3200 meters

8:53.21	Lane Werley (King)	2011
8:53.3+	Steve Alvarez (Coachella)	8:56.4y 1977
8:56.2+	Mark Fricker (Hemet)	8:59.3y 1977
9:02.90	Cruz Gallegos (Centennial)	1992
9:04.68	*Omar Caro (Norte Vista)	2012
9:05.16	Antonio Jimenez (Rubidoux)	2003
9:05.18	Dylan Knight (La Sierra)	2007
9:05.04	*David Luna (Indio)	2013
9:05.57	Drew Dalton (Vista)	2010
9:05.86	Nick Doan (Great Oak)	2014
9:06.0+	Mike Melendez (Norco)	9:09.2y 1979
9:06.59	Noe Ramirez (Vista)	2009
9:07.09	Spencer Knight (La Sierra)	2006
9:07.95	Patrick Millo (Murrieta Valley)	2005
9:08.28	Nick Woolf (Roosevelt)	2012
9:08.65	Brian Baker (Beaumont)	2003
9:09.22	Rondie Gibbs (Rubidoux)	1994
9:13.25	Bryce Rausa (Vista)	2010
9:13.79	Jack Balder (Great Oak)	2013
9:13.8+	Ralph Gallegos (Coachella)	9:17.0y 1970
9:14.79	Brett Campfield (Temecula)	2004
9:16.12	Ryan Gallagher (Temecula)	1997
9:17.91	Alan Cuevas (Corona)	2010
9:18.08	Jake Jeanson (Woodcrest Christian)	2009
9:18.09	Gabriel Hernandez (Rubidoux)	1998
9:18.1	Ian Enriquez (Corona)	1995
9:18.68	*Michael Gauger (Corona)	2010
9:18.84	Marco Ocequera (Rubidoux)	1989
9:19.49	Raul Arcos (Corona)	2008
9:19.63	David Aguilar (Corona)	2013
9:20.04	Trevor Henson (Paloma Valley)	2011
9:21.75	Kyle Warrick (Roosevelt)	2013
9:22.34	Matt Brown (Corona)	1996
9:22.50	*Porter Reddish (Vista)	2012
9:22.74	Mike Munoz (Murrieta Valley)	2006
9:23.00	David McDonald (Vista)	2008
9:23.07	Steven Crum (Santiago)	2007
9:24.28	David McCutcheon (Murrieta)	2008
9:24.43	Jonathan Lopez (Roosevelt)	2009
9:24.5	Anthony Flores (Murrieta)	1999
9:24.7+	Scott Foreman (Ramona)	9:28.0y 1966
9:24.7	Raul Serratos (Moreno Valley)	1985
9:24.91	Karson Fronk (Great Oak)	2011
9:25.48	Omar Caro (Norte Vista)	2013
9:25.66	** Tony Robinson (Great Oak)	2014
9:26.13	Kellen Acosta (Murrieta)	2002
9:26.6+	Charles Rednick (Sherman)	9:29.9y 1978
9:26.87	** Isaac Cortes (Great Oak)	2014
9:27.11	Chris Sanchez (Indio)	2010
9:27.4	Brandon Messerly (Great Oak)	2012
9:27.5+	Luis Terronis (Indio)	9:30.8y 1979
9:27.63	Julian Lopez (Roosevelt)	2009
9:27.75	Eddie Carrillo (Great Oak)	2012
9:27.76	Robert Garcia (Canyon Springs)	1990
9:27.83	Eric George (Corona)	2014
9:27.88	Alex Muricio (Rubidoux)	1999
9:28.0	Carlos Handler (Temescal)	1999
9:28.52	Kevin Arnold (Murrieta)	2001
9:28.80	Anthony Merado (Murrieta)	2004
9:28.94	Connor Pastoor (Murrieta)	2007
9:29.08	* Kyle Brown (Elsinore)	2014
9:29.28	Gus Arce (Corona)	1987
9:29.34	Julian Hernandez (Corona)	2012
9:29.35	Chris Layman (Corona)	2000
9:29.6	Alfonso Ibarra (Arlington)	1996
9:29.7+	Ron Bezenah (Rubidoux)	9:33.0y 1978
9:29.91	Joe Casco (King)	2013
9:29.97	Breden Emery (Great Oak)	2012
9:30.2+	Mike Lohr (Hemet)	9:33.5y 1976
9:30.61	Robert Lopez (Santiago)	2013
9:30.63	** Robbie Gleeson (Great Oak)	2014
9:30.82	Irving Moreno (Poly)	1997
9:30.95	Rick Hormel (Hemet)	1986

9:31.18+	Jim Walker (Palm Springs)	9:34.51y	1983
9:31.42	L. Koinva (Sherman)		1987
9:31.48	Nezanet Woldai (Valley View)		2009
9:31.6	Joey Pacheco (Canyon Springs)		2001
9:31.62	*Brandon Berz (King)		2012
9:31.68	Garrett Williams (Corona)		2012
9:31.71	* Andres Vizcarra (Beaumont)		2014
9:31.96	Luis Sandoval (Coachella)		1992
9:31.62	Kevin Bean (Norco)		1991
9:32.39	* Liam Brooks (Corona)		2014
9:32.57	Tyler Huntley (North)		2011
9:32.58	Christian Rodriguez (Elsinore)		2014
9:32.73	**Kyle Brown (Elsinore)		2013
9:32.8+	Jim Winn (Arlington)	9:36.0y	1993
9:32.81	Joel Cota (Indio)		2003
9:33.18	Victor Delgado (Beaumont)		2009
9:33.22	Emilio Nunez (Valley View)		2013
9:33.27	James Pendergraph (Norte Vista)		1991
9:33.47	Raefel Castro (San Jacinto)		1992
9:33.54	Ricardo Nevarez (Cathedral City)		2010
9:33.96	Nicholas Jacques (Hemet)		1997
9:34.29	Dillon Emery (Great Oak)		2014
9:34.3	Joe Vickers (Moreno Valley)		1985
9:34.32	Ankur Joshi (Indio)		2007
9:34.60	Manual Andrade (Coachella Valley)		1995
9:35.21	* Luis Ramos (Rubidoux)		2014
9:35.23	Kaden Lapham (Great Oak)		2013
9:35.29	Chase Welch (Vista)		2008
9:35.42	Kevin Chamberlain (Great Oak)		2012
9:35.62	Daniel Gonzalez (King)		2014
9:35.76	Patrick Milloy (Murrieta)		2006
9:35.82	Aaron Potts (Roosevelt)		2012
9:36.5+	Steve Strehlow (Norco)	9:39.9y	1982
9:36.58	* Christian Lopez (Vista del Lago)		2014
9:36.66	Evan Dougherty (La Quinta)		2012
9:36.77	Cyrus Bastani (Corona)		2004
9:36.87	* Trevor Knaus (Vista)		2014
9:36.91	Hugo Rios (Indio)		1985
9:37.4	Ben Barragon (Valley View)		2011
9:37.79	*Kevin Chamberlain (Great Oak)		2011
9:37.90	Connor Thurmond (Chaparral)		2014
9:38.0	Joseph Aguilar (Arlington)		2011
9:38.05	Anthony Mercado (Murrieta)		2002
9:38.53	Doug Palmer (Beaumont)		2013
9:39.0	Adam Sidoti (La. Sierra)		2005
9:39.08	**Jeremy Beck (Roosevelt)		2013
9:39.51	Michael Hewitt (Great Oak)		2012
9:39.70	*Hector Hernandez (Canyon Springs)		2013
9:39.77	Pedro Sandoval (Rubidoux)		2014
9:39.83	Zach Marx (Santiago)		2006
9:39.86	*Marco Zaragoza (Vista del Lago)		2010
9:39.86	Carlos Ramirez (King)		2014
9:39.9	Robert Frost (Hemet)		1996
9:39.97	Marcos Avila (Beaumont)		1997

3000m Steeplechase

10:18.13	Austin Langley (La Sierra)	2003
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5000 meters

14:31.57	Lane Werley (King)	2011
14:56.88	Raul Arcos (Corona)	2008
15:05.24	Cyrus Bastani (Corona)	2004
15:09.61	Omar Gonzalez (Centennial)	2009
15:11.37	Michael Gauger (Corona)	2011
15:15.83	Dylan Knight (La Sierra)	2007
15:18.76	Alan Cuevas (Corona)	2010
15:21.78	David Aguilar (Corona)	2013
15:29.97	Joe Casco (King)	2013
15:46.23	Patrick Mynes (Corona)	2009
15:46.83	Daniel Wilcox (Corona)	2004

Marathon

2:41.17	Mike Lohr (Hemet)	1976
2:43.01	Louie Terrones (Indio)	1979

110m High Hurdles

13.82	Jeff Garrison (North)		2001
1314c	Dan Jones (Palo Verde)	13.6	1972
1384c	Mike Harris (Indio)	13.6	1974
1394c	Roger Moody (Corona)	13.7	1964
1397	Robert Williams (Ramona)		2005
1401	Chris Chrisman (Poly)		1981
1406	Danny Harris (Perris)		1983
1408	Dylan Nielson (Palm Desert)		2006
1409	Chris Johnson (Arlington)		2001
1413	*Torrey Atkins (Hentage)		2014
1414c	Robert Bonds (Poly)	13.9	1960
1414	Brandon Howard (La Sierra)		2005
1416	Ken Shaw (San Jacinto)		2007
1427	Kiethyon Moten (Indio)		2012
1432	Bruce Dunams (North)		1993
1432	Jason Williams (Notre Dame)		2000
1434c	Will Ector (Palo Verde)	14.1	1970
1437	Darion Williams (Vista)		2012
1438	Peter Manu (Vista)		2014
1441	Ronald Howard (North).		2002
1441	*Jazz Trice (Chaparral)		2005
1442	Chris Johnson (Arlington)		2000
1442	Jeremy Thornburg (Cathedral City)		2000
1442	Austin Hill (Roosevelt)		2010
1443	Chris Navarro (Vista)		2010
1443	Darion Williams (Vista)		2011
1444c	Vince Rivas (Coachella)	14.2	1967
1444c	Stone (Perris)	14.2	1977
1444	Jonte Turner (Indio)		2011
1445	Tony Crutchfield (North)		2008
1447	Randy Brown (Canyon Springs)		1998
1448	William Brown (Perris)		2005
1450	Donny Thompson (Canyon Springs)		2004
1451	Jon Cooper (Palo Verde)		1999
1451	David Williams (Santiago)		2009
1452	Jovan Grady (Rancho Verde)		2002
1453	Anthony Verret (Perris)		1986
1454c	Kelly (Perris)	14.3	1976
1454c	Norris (Coachella)	14.3	1978
1454	Avery Anderson (North)		1990
1454	Ryan Woods (La Quinta)		2007
1455	Gus Ibarra (La Quinta)		2003
1458	Mike Powers (Chaparral)		2008
1458	Elvis Pompa (Corona)		2014
1459	William Shropshire (North)		1988
1460	Kenny Shaw (Hemet)		2005
1460	Kenny King (Canyon Springs)		2006
1460	Duane Soloman (Great Oak)		2012
1461	Mike Powers (Chaparral)		2007
1462	Kurt Siebert (Norco)		2000
1464c	Larry Prielipp (Corona)	14.4	1964
1464c	Steve Mack (Palo Verde)	14.4	1968
1464c	K. Jones (Perris)	14.4	1974
1464c	Sam Bryant (Palo Verde)	14.4	1983
1465	Tyrone Thomson (Ramona)		2001
1465	Leandre Butler (Rubidoux)		2003
1466	Bernard Erby (North)		1982
1470	Dupree Gant (Centennial)		2002
1471	Brian Thompson (Valley View)		2003
1473	Todd King (Poly)		1984
1474c	Tom Chatham (Poly)	14.5	1956
1474c	Carl Butler (Palo Verde)	14.5	1959
1474c	LaRue Palmer (North)	14.5	1970
1474c	C. Sweeney (Perris)	14.5	1974
1474c	Love (Palo Verde)	14.5	1978
1474c	Richie Cox (Palo Verde)	14.5	1984
1474	Namar Burton (Vista)		2007
1475	Corey Corder (Murrieta)		2009

14.75	John Cusey (Temecula Valley)		2013	14.88	*Sammy Roberts (Beaumont)		2013
14.76	Mark McCall (Corona)		1989	14.90	Mickey Grimes (Moreno Valley)		1994
14.76	Mike Graf (Vista)		2012	14.91	**Josh Jeter (King)		2010
14.77	Leran Hutchings (Roosevelt)		2011	14.91	Aaron Woods (Heritage)		2013
14.79	Ben Ijah (Murrieta)		2010	14.94c	Rah Valdiva (Corona)	14.7	1979
14.80	Michael Hernandez (Valley View)		2005	14.95	Jake Deavers (Lakeside)		2008
14.80	*Jonte Turner (Indio)		2010	14.95	Jaeon David (Vista del Lago)		2009
14.81	Scott Melatti Centennial)		2002	14.95	Josh Jeter (King)		2012
14.82	Phil Martin (Canyon Springs)		2004	14.98	William Lopez (Perris)		2007
14.82	Chris Lawson (Great Oak)		2007	14.99	Curtis Gomez (Murrieta)		2010
14.84c	Neil Smith (Poly)	14.6	1965	14.99	John Cusey (Temecula Valley)		2013
14.84c	Ramon Alvarado (Coachella)	14.6	1979				
14.84c	Ronnell Lawson (Canyon Springs)	14.6	1991				
14.84c	Ehrin Enriquez (Norco)	14.6	1999				
14.84	Anthony Anderson (Canyon Springs)		2007				
14.85	Brett Turnage (Moreno Valley)		2000				
14.86	Jeremy Burns (Perris)		2005				
14.89	Aaron Paisley (Murrieta Valley)		2013				
14.90	Sam Jeter (King)		2007				
14.91	Micahel Games (Norte Vista)		1997				
14.93	Stone O'Reily (Hemet)		1997				
14.93	Matthew Kirkendall (Heritage)		2013				
14.94c	Taylor (North)	14.7	1972				
14.94c	Hamilton (Palm Springs)	14.7	1973				
14.94c	George Woods (Rubidoux)	14.7	1989				
14.94c	Clarence Hogan (North)	14.7	1980				
14.94	Joran Bean (Palo Verde)		2000				
14.94	* Nick Abboud (King)		2014				
14.95	Josh Jeter (King)		2012				
14.97	Tony Torres (Santiago)		2009				
14.97	Soloman Ijah (Murrieta Valley)		2011				
14.97	Sammy Roberts (Beaumont)		2014				
14.98	Casey Zimmerman (Temecula)		1998				
14.98	Mike Hernandez (Valley View)		2006				
14.98	Jonathan Williams (Roosevelt)		2010				
14.99	Todd Clark (Centennial)		1991				

Wind-Aided:

14.04	* Torrey Atkins (Heritage)		2014				
14.12	Jonte Turner (Indio)		2011				
14.17	*Jazz Trice (Chaparral)		2005				
14.20	Austin Hill (Roosevelt)		2010				
14.21	Darion Williams (Vista)		2012				
14.24c	William Brown (Perris)	14.0	2005				
14.24	*Kiethyon Moten (Indio)		2011				
14.28	Dylan Nielson (Palm Desert)		2006				
14.30	Duane Soloman (Great Oak)		2012				
14.31	Peter Manu (Vista)		2014				
14.36	Brian Thompson (Valley View)		2003				
14.40	*Jonte Turner (Indio)		2010				
14.41	Ronald Howard (North)		2002				
14.42	Tony Crutchfield (North)		2008				
14.44c	Jovan Grady (Rancho Verde)	14.2	2002				
14.47	* Ryan Muir (San Jacinto)		2014				
14.51	Mike Powers (Chaparral)		2008				
14.51	* Orlando Wallace (Cathedral City)		2014				
14.56	*Alex Gillison (Palm Springs)		2013				
14.58	Chris Lawson (Great Oak)		2007				
14.58	*Ricky Wisdom (La Quinta)		2013				
14.60	Corey Corder (Murrieta)		2009				
14.63	LeAndre Butler (Rubidoux)		2003				
14.64	Leran Hutchings (Roosevelt)		2011				
14.65	George Woods (Rubidoux)		1989				
14.68	Sammy Roberts (Beaumont)		2014				
14.70	Dupree Gant (Centennial)		2002				
14.70	Phil Martin (Canyon Springs)		2004				
14.71	Aaron Paisley (Murrieta Valley)		2013				
14.73	Jonathon Williams (Roosevelt)		2010				
14.73	Mike Graf (Vista)		2012				
14.74c	Tonathon Harrison (Hemet)	14.5	2002				
14.74	* Galin Sweringen (La Quinta)		2014				
14.77	Sam Jeter (King)		2007				
14.82	Keston Roach (King)		2011				
14.84	Matt Kirkendall (Heritage)		2013				
14.88	Shane Greene (Hemet)		2007				

120 Yd 42" High Hurdles

14.5	Robert Bonds (Poly)		1960
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180 Yd Low Hurdles

18.5	Dan Jones (Palo Verde)		1972
18.7	Mike Harris (Indio)		1973
18.8	Robert Bonds (Poly)		1960
19.0	Larry Thompson (Ramona)		1971
19.1	Roger Moody (Corona)		1963
19.1	Jim Holmes (Ramona)		1962
19.1	Roger Aldridge (North)		1968

220 Yd Low Hurdles

23.8	House (Poly)		1915
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330 Yd Low Hurdles (30")

35.52	Danny Harris (Perris)		1983
36.25	Chris Chrisman (Poly)		1981
36.50	Sebron Flenough (Perris)		1983
38.13	Sam Bryant (Palo Verde)		1983
38.32	Roman Alvarado (Coachella)		1979
38.44	James Austin (Perris)		1979
38.44c	Ray Valdivia (Corona)	38.2	1979
38.84c	Covey (Hemet)	38.6	1976
38.84c	Thegg Brown (Poly)	38.6	1982
39.04c	Stone (Perris)	38.8	1977
39.24c	Holmes (Ferris)	39.0	1976
39.30	Love (Palo Verde)		1978
39.38	Heldorn (Perris)		1983
39.54c	Freeman (Indio)	39.3	1982
39.64c	Wilcox (Ferris)	39.4	1980
39.64c	Erby (North)	39.4	1982

300m Inter. Hurdles (36")

35.02	Reggie Wyatt (La Sierra)		2009
35.90	**Reggie Wyatt (North)		2007
36.30	Jeff Garrison (North)		2001
36.59	Mickey Grimes (Canyon Springs)		1995
37.26	Duane Soloman (Great Oak)		2012
37.28	Zach Lewis (Ramona)		2012
37.29	Austin Hill (Roosevelt)		2010
37.62	Dylan Nielson (Palm Desert)		2006
37.74c	Jeremy Thornburg Cathedral City)		2000
37.77	Kurt Siebert (Norco)		2000
37.96	Leran Hutchings (Roosevelt)		2011
38.04	Keithyon Moten (Indio)		2012
38.05	Chris Lawson (Great Oak)		2007
38.11	Ronald Howard (North)		2002
38.12c	Richie Cox (Palo Verde)	38.1y	1984
38.13	Robert Williams (Ramona)		2005
38.14	* Ryan Muir (San Jacinto)		2014
38.24	A.J. Mendez (Palo Verde)		2000
38.27	Ken Shaw (San Jacinto)		2007
38.28	David Williams (Santiago)		2009
38.31	William Shropshire (North)		1988
38.37	Elvis Pompa (Corona)		2014
38.40	Anthony Verret (Perris)		1986
38.40	Darion Williams (Vista)		2012
38.43	*Jonte Turner (Indio)		2010

38.44c	Bruce Dunams (North)	38.2	1993	39.79	Dj Moore (Vista)	2011
38.44	Kyle Hansen (Chaparral)		2005	39.79	*Jack Miller (Corona)	2012
38.48	Josh Jeter (King)		2012	39.80	Aaron Wright (Canyon Springs)	1996
38.48	Aaron Woods (Heritage)		2013	39.82	*Jaeon Davis (Vista del Lago)	2008
38.54c	Richard Williams (Ramona)	38.3	2004	39.82	Michael Brown (Corona)	2011
38.54	Peter Manu (Vista)		2014	39.84	Israel Johnson (Beaumont)	1986
38.59	* Galin Swearingen (La Quinta)		2014	39.84	DeAndre Watson (La Sierra)	1995
38.60	Tanner Henry (Corona)		2011	39.84c	Nate Koch (Temecula)	39.7 2005
38.62	Jeremy Burns (Perris)		2005	39.85	Chris Alexander (Temecula)	1990
38.70	Jaeon Davis (Vista del Lago)		2009	39.85	Jamie Anderson (Poly)	1991
38.71	* Torrey Atkins (Heritage)		2014	39.85	Brandon Howard (La Sierra)	2005
38.74	*Jake Porter (King)		2011	39.85	Alex Morse (Temecula)	2010
38.80	Mike Graf (Vista)		2012	39.86	Ronnell Lawson (Canyon Springs)	1991
38.84	Chauncey Young (North)		1997	39.86	Mike Powers (Chaparral)	2007
38.77	Miles Chapman (Desert Hot Spr)		2006	39.86	Tre Taylor (Vista)	2007
38.79	Andre McCullough (King)		2009	39.87	Khyner White (King)	2010
38.86	Aaron Webber (Banning)		1991	39.90	Ron Howard (Moreno Valley)	2001
38.87	Demetrius Munelyn (Elsinore)		1985	39.91	Joshua Moxley (Moreno Valley)	2010
38.88	Joe Quinonez (Elsinore)		2011	39.93	Josh Ramirez (Chaparral)	2001
38.89	Jahari Selmon (North)		2010	39.94	Jeremy Burns (Perris)	2003
38.90	Andre McCargo (Murrieta)		1998	39.94	Ben Suescan (La Sierra)	39.8 2004
38.90	Kyman Bailey (North)		2012	39.94	Namar Burton (Vista)	2007
38.94c	Avery Anderson (North)	38.7	1990	39.94	Curtis Gomez (Vista)	2010
38.96	Jazz Trice (Chaparral)		2006	39.95	Ramon Marshall (Rancho Verde)	2009
38.97	Faithfulness Adebayo-ige (Roosevelt)		2014	39.95	Alberto Rodriguez (San Jacinto)	2013
38.99	* Anthony Butts (Ramona)		2014	39.97+	Dave Christian (Norco)	40.20y 1990
39.00	Ramzy Ali (La Sierra)		2014	39.97	*Tanner Henry (Corona)	2010
39.02	Scott Melatti (Centennial)		2002	39.98	Tyrell Washington (Desert Hot Springs)	2011
39.04	Jacob Porter (King)		2012	39.98	*Weston Brown (Murrieta Valley)	2013
39.06	Casey Zimmerman (Temecula)		1998	39.99	Alexander Morse (Temecula)	2010
39.08	Ricky Hernandez (Valley View)		2004	39.99	Dominyck Miller (Vista del Lago)	2011
39.09	Justin Ramsey (Perris)		2004	40.00	Larry Williams (Vista)	2013
39.11	Matthew Coaxum (Citrus Hill)		2010	40.02	*Anthony Elam (Roosevelt)	2012
39.13	*Jay Turner (Indio)		2010	40.02	William Moore (Palm Springs)	2013
39.14	Tevin Newborn (San Jacinto)		2011	40.03	Dominic Andrews (Perris)	1992
39.15	Chris Johnson (Arlington)		2000	40.03	Greg Davis (San Jacinto)	2001
39.17	Robert Taylor (La Sierra)		2010	40.03	Jazz Trice (Chaparral)	2004
39.20	Antoine Adkins (Moreno Valley)		1992			
39.24	Tim Sebastian (North)		2006			
39.24	Billy Britt (Elsinore)		2010			
39.27	Milton Williams (Rancho Verde)		2014	49.78	Reggie Wyatt (La Sierra)	2009
39.28	Randy Brown Canyon Springs		1997	50.10	**Reggie Wyatt (North)	2007
39.32	Dante Reese (Canyon Springs)		1994			
39.32	Matt Kirkendall (Heritage)		2013			
39.33	Danny Hollingsworth (San Jacinto)		2000	41.01	Roosevelt	2011
39.36	Jonathan Williams (Roosevelt)		2010	41.12	North	2007
39.38	Matt Giesler (Palm Springs)		2003	41.33	Great Oak	2014
39.38	*Zach Holbert (Hemet)		2012	41.39	Perris	1983
39.41	Ricie Gilmore (Rubidoux)		1992	41.41	Rancho Verde	2009
39.41	Mason MacKinnon (Norco)		1995	41.41	Roosevelt	2010
39.41	**Torrey Atkins (Heritage)		2013	41.47	Roosevelt	2013
39.42	Brian Thompson (Valley View)		2003	41.51	Canyon Springs	1993
39.44c	Chris Cauley (Perris)	39.2	1988	41.57	Santiago	2008
39.45	Casey Birchard (Murrieta)		2007	41.64	Great Oak	2013
39.45	*Mathew Williams (Vista del Lago)		2011	41.66	North	2006
39.47	LeAndre Butler (Rubidoux)		2003	41.66	Roosevelt	2012
39.47	*Blake Bergstrom (King)		2013	41.73	North	2008
39.48	Cinque Powell (North)		1993	41.73	Rancho Verde	2008
39.51	Mike Powers (Chaparral)		2008	41.76	Vista	2013
39.50	Delvonte Deary (La Sierra)		1999	41.80	Rubidoux	1990
39.52	Sam Jeter (King)		2007	41.81	Roosevelt	2009
39.54c	Nick Neal (North)	39.3	2001	41.83	Great Oak	2012
39.54c	Carl McGargo (Murrieta)	39.3	2007	41.90	Canyon Springs	1994
39.55	*Chris Keele (Vista)		2009	41.93	Vista	2011
39.58	Tony Crutchfield (North)		2008	41.96	Canyon Springs	1995
39.64c	Chris Schouten (Hemet)	39.4	2002	42.03	Great Oak	2009
39.64	Teddy McCord (Perris)		2011	42.04	Norte Vista	2001
39.64c	***Koty Burton (La Quinta)		2013	42.06	Temecula	2005
39.66	Kevin Powell (Beaumont)		2004	42.06	Vista	2012
39.70	Matt Boudreau (Murrieta)		2009	42.07	Great Oak	2011
39.74c	Vashon Sudds (Rubidoux)	39.6	1994	42.07	Great Oak	2011
39.74	Gus Ibarra (La Quinta)		2003	42.09	Rancho Verde	2012
39.74c	Robert Williams (Ramona)	39.6	2005	42.11	Great Oak	2008
39.75	Jason Williams (Notre Dame)		2000	42.17	Vista	2010
39.77	Senghor Joseph (Poly)		2013	42.19	Rubidoux	1991

400m Intermediate Hurdles (36")

4 x 100m Relay

42.20	Perris		1982	43.09	Santiago		2009
42.20	Great Oak		2010	43.13	Ramona		1987
42.20	Rancho Verde		2013	43.13	Cathedral City		2011
42.24	Roosevelt		2014	43.14	Perris		1988
42.32	Rancho Verde		2014	43.14	Valley View		2001
42.33	Elsinore		2009	43.15	Notre Dame		1999
42.34c	Norte Vista	42.2	1995	43.15	Hemet		2001
42.34c	Temecula	42.2	1999	43.15	Rancho Verde		2004
42.34	Rancho Verde		2005	43.16	Vista		2006
42.34	Vista		2009	43.16	Vista del Lago		2009
42.35	Canyon Springs		2002	43.17	Moreno Valley		1988
42.36	Rancho Verde		2010	43.18	Corona		2011
42.37	Canyon Springs		1996	43.20	La Quinta		2007
42.38	Poly		1980	43.20	King		2013
42.41	Poly		1981	43.21	Cathedral City		2001
42.42	La Quinta		2014	43.21	Temecula		2006
42.46	Rubidoux		1992	43.21	Norco		2010
42.53	Moreno Valley		2010	43.21	King		2014
42.54	Vista		2007	43.21	Citrus Hill		2014
42.55	Valley View		2003	43.24c	Elsinore	43.1	1975
42.57	Canyon Springs		1997	43.24c	Indio	43.1	1986
42.59	Rancho Verde		2006	43.24c	Hemet	43.1	2000
42.59	San Jacinto		2006	43.24	Centennial		2010
42.65	Valley View		1998	43.25+	Moreno Valley	43.50y	1978
42.67	North		2001	43.25	Poly		1982
42.69+	Arlington	42.8y	1980	43.25	Palm Desert		1991
42.69	Vista		2008	43.25	Corona		2007
42.71	North		2002	43.25	Cathedral City		2010
42.72	Cathedral City		2002	43.25	Paloma Valley		2014
42.73	Arlington		2014	43.26	Poly		1998
42.74	North		1982	43.26	Moreno Valley		2000
42.74c	La Sierra	42.6	1994	43.26	Norco		2000
42.76	Great Oak		2007	43.31	Canyon Springs		2000
42.77	Murrieta		2008	43.32	La Sierra		1993
42.79+	Moreno Valley	42.9y	1976	43.33	Rubidoux	43.2	1995
42.79	San Jacinto		2007	43.34c	Rancho Verde	43.2	1998
42.81	Norco		1996	43.34c	Valley View	43.2	2000
42.82	Palm Springs		2010	43.34	Centennial		2009
42.82	Corona		2010	43.34	Valley View		2012
42.84c	Norte Vista	42.7	2000	43.34c	Ramona	43.2	2013
42.84	Poly		2014	43.34	Lakeside		2014
42.85	King		2009	43.35	Beaumont		2013
42.87	Perris		1989	43.36	Perris		1980
42.87	Canyon Springs		1991	43.36	Moreno Valley		1984
42.87	Canyon Springs		1998	43.36	Poly		1996
42.88	Vista		2014	43.36	Vista		2005
42.90	Moreno Valley		1989	43.36	La Sierra		2012
42.91	La Sierra		2005	43.37	Poly		1986
42.92	Elsinore		2001	43.39+	Indio	43.5y	1972
42.94	Perris		1987	43.39	Indio		1993
42.94	Corona		1994	43.39	Rancho Verde		2003
42.94c	Canyon Springs	42.7	1004	43.39	Jurupa Valley		1998
42.95	Valley View		2002	43.40	Mesa		2014
42.96	Murrieta		2009	43.42	Canyon Springs		1990
42.96	Chaparral		2011	43.42	Cathedral City		2013
42.96	Lakeside		2012	43.44c	Perris	43.3	1985
42.97	Norco		2006	43.44	Moreno Valley		1995
42.98	North		2012	43.44c	Temescal	43.3	2000
42.99	Palm Springs		2011	43.44	Great Oak		2006
43.00	Roosevelt		2008	43.44	La Sierra		2014
43.00	West Valley		2014	43.45	Poly		1985
43.0	Cathedral City		2014	43.45	Chaparral		2007
43.02	Indio		1983	43.46	Moreno Valley		1983
43.02	Perris		1984	43.47	Indio		2011
43.02	San Jacinto		2005	43.47	La Quinta		2013
43.03	Canyon Springs		2005	43.48	Canyon Springs		1999
43.04	Norte Vista		1986	43.48	Centennial		2013
43.04c	La Sierra	42.9	1995	43.49+	North	43.6y	1970
43.04	Lakeside		2013	43.49+	Perris	43.6y	1970
43.05+	Indio	43.2y	1973	43.52	Perris		1992
43.05	Canyon Springs		2009	43.53	Canyon Springs		2007
43.05	San Jacinto		2010	43.53	Chaparral		2012
43.06	Palm Springs		2007	43.54c	Indio	43.4	1989
43.08	Poly		2013	43.54c	Indio	43.4	1991
43.09	Arlington		2001	43.54c	Canyon Springs	43.4	1997

43.54c	Perris	43.4	2002
43.54c	Chaparral	43.4	2004
43.54	Perris		2012
43.55	Perris		2007
43.55	Palm Springs		2014
43.57	Perris		2008
43.57	Ramona		2012
43.57	Santiago		2013
43.58	Ramona		1988
43.58	Centennial		1993
43.58	Centennial		2002
43.59+	Indio	43.7y	1984
43.59	Canyon Springs		2013
43.59	Paloma Valley		2013
43.61	Elsinore		2000
43.61	King		2010
43.63	North		1992
43.63	Elsinore		2004
43.63	Corona		2012
43.64c	Perris	43.5	2005
43.64c	Valley View	43.5	2005
43.64c	Vista del Lago	43.5	2011
43.65	Arlington		1997
43.65	La Sierra		2008
43.66	Beaumont		2009
43.67	Elsinore		2014
43.69+	Corona	43.8y	1975
43.69+	Arlington	43.8y	1975
43.69+	Perris	43.8y	1979
43.69	North		1999
43.70	King		2012
43.70	Corona		2013
43.72	Indio		2010
43.74c	Norco	43.6	1990
43.74c	Moreno Valley	43.6	2005
43.74c	Moreno Valley	43.6	2013
43.75	Centennial		2011
43.75	Heritage		2014
43.76	Citrus Hill		2010
43.77	Moreno Valley		1986
43.77	King		2008
43.77	Lakeside		2011
43.78	Norco		1998
43.78	Perris		2011
43.79+	Indio	43.9y	1978
43.79+	Arlington	43.9y	1979
43.80	La Sierra		2009
43.81	Perris		1981
43.82	Citrus Hill		2012
43.83	La Sierra		2004
43.83	Arlington		2006
43.83	San Jacinto		2011
43.88	La Quinta		2008
43.83	North		2010
43.84c	Indio	43.7	1982
43.84c	Rancho Verde	43.7	2011
43.84c	Murrieta Valley	43.7	2013
43.84	Coachella Valley		2013
43.86	North		1997
43.87	Rubidoux		1989
43.88+	Moreno Valley	44.0y	1977
43.88	Norco		2003
43.88	Heritage		2013

4 x 220 Yd Relay

1:28.2	Poly		1954
1:28.5	Poly		1961
1:29.2	Poly		1956
1:30.0	Poly		1949
1:30.6	Poly		1953

4 x 200m Relay

1:26.94	North		2006
1:27.10	Great Oak		2014
1:27.37	Great Oak		2013
1:27.55	Roosevelt		2011
1:27.57	Vista		2013
1:27.65	Great Oak		2012
1:27.95	Great Oak		2008
1:28.10	Roosevelt		2012
1:28.15	Roosevelt		2010
1:28.62	Great Oak		2011
1:28.95	Rancho Verde		2008
1:29.00	Rancho Verde		2009
1:29.18	Great Oak		2010
1:29.36	Great Oak		2009
1:29.36	Vista		2011
1:29.81	Roosevelt		2014
1:29.83	North		2008
1:29.90	Rancho Verde		2012
1:30.13	Canyon Springs		2010
1:30.16	Rancho Verde		2013
1:30.71	San Jacinto		2007
1:30.71	Chaparral		2012
1:30.73	Vista		2008
1:31.00	Roosevelt		2008
1:31.16	Chaparral		2008
1:31.63	Corona		2010
1:31.85	Santiago		2007
1:32.04	Rancho Verde		2014
1:32.54	Vista		2010
1:32.6	San Jacinto		2006
1:32.69	Great Oak		2007
1:32.73	Cathedral City		2007

4 x 400m Relay

3:10.33	Perris		1983
3:10.36	North		2006
3:11.73	North		2007
3:12.79	Roosevelt		2010
3:13.75	Rancho Verde		2009
3:14.22	Roosevelt		2009
3:14.64	Vista		2013
3:14.85	Rancho Verde		2008
3:15.57	Great Oak		2011
3:15.95	Vista		2012
3:16.38	Vista		2011
3:17.05	Indio		2011
3:17.07	Great Oak		2008
3:17.19	Roosevelt		2008
3:17.38	Great Oak		2014
3:17.52	North		2008
3:17.81	Great Oak		2013
3:18.40	Vista		2009
3:18.89	Roosevelt		2011
3:18.92	Great Oak		2010
3:18.95	La Sierra		2005
3:19.05	Perris		1982
3:19.05	Great Oak		2012
3:19.30	Roosevelt		2014
3:19.33	Great Oak		2009
3:19.44	North		2001
3:19.60	Murrieta		2009
3:19.6+	Arlington	3:20.9y	1980
3:19.7+	Poly	3:21.1y	1980
3:19.75	Vista		2010
3:20.10	Roosevelt		2012
3:20.14	Rubidoux		1992
3:20.18	La Sierra		2009
3:20.44	Vista		2005
3:20.48	North		1988
3:20.5	Perris		2002
3:20.51	Moreno Valley		1990
3:20.07	Vista		2006

3:29.80	Rancho Verde	2010	10:40.68	Great Oak	2011
3:30.53	La Sierra	2008	10:41.72	Murrieta Valley	2004
3:31.05	Great Oak	2014	10:42.42	Arlington	1996
3:31.49	La Sierra	2012	10:42.83	Indio	2003
3:31.72	Vista Del Lago	2007	10:43.65	Roosevelt	2008
3:31.81	Valley View	2010	10:43.86	Elsinore	1989
3:32.52	Great Oak	2011	10:44.23	Temecula Valley	1994
3:33.06	Valley View	2012	10:45.06	Indio	2013
3:33.18	Valley View	2011	10:45.64	Vista	2005
3:33.76	Rancho Verde	2003			
3:34.10	Roosevelt	2011			
3:34.27	Roosevelt	2008			
3:35.01	Great Oak	2013			
3:35.31	Roosevelt	2009			
3:35.66	Vista del Lago	2009			
3:35.79	Roosevelt	2010			
3:36.54	Great Oak	2010			
3:37.30	Roosevelt	2013			
3:37.52	Cathedral City	2003			

4 x 800m Relay

7:41.20	Vista	2013
7:42.81	Great Oak	2014
7:42.99	Murrieta	2003
7:44.90	La Sierra	2007
7:53.36	Great Oak	2012
7:53.79	North	2007
7:54.21	Great Oak	2010
7:57.49	Temecula	2002
7:58.50	Vista	2011
7:59.93	Great Oak	2007
8:01.1	La Sierra	2006
8:02.77	North	2006
8:03.04	Corona	2012
8:03.7	Rancho Verde	1999

Distance Medley

10:01.79	La Sierra	2007
10:07.21	Great Oak	2014
10:07.73	Vista	2013
10:08.52	Vista	2012
10:09.50	Great Oak	2012
10:11.26	Vista	2010
10:15.78	Great Oak	2010
10:16.05	Murrieta	2003
10:19.24	Great Oak	2013
10:22.27	La Sierra	2005
10:22.67	La Sierra	2006
10:23.27	La Sierra	2012
10:23.98	Vista	2009
10:25.36	Murrieta Valley	2007
10:25.43	La Sierra	2003
10:25.49	Roosevelt	2012
10:26.95	King	2012
10:27.43	Murrieta	2006
10:28.17	Corona	2014
10:29.68	Corona	2010
10:30.27	Murrieta	2002
10:30.62	Corona	2008
10:31.46	King	2014
10:31.71	King	2011
10:31.81	La Sierra	2011
10:31.87	Murrieta	1999
10:32.02	Canyon Springs	2002
10:32.46	King	2010
10:34.39	Temecula Valley	1997
10:35.68	La Sierra	2010
10:35.69	La Sierra	2008
10:35.86	Vista	2007
10:37.62	King	2013
10:39.56	Woodcrest Chr	2009
10:40.22	Roosevelt	2011
10:40.35	Elsinore	2014

4 x Mile Relay

17:35.94	La Sierra	2007
18:00.85	Corona	2008
18:01.79	Roosevelt	2009
18:01.87	Great Oak	2011
18:02.6	Indio	1980
18:02.70	Vista	2010
18:05.27	Corona	2010
18:08.71	Temecula	2003
18:09.51	Murrieta Valley	2006
18:13.39	Vista	2008
18:15.64	Murrieta Valley	2007
18:15.65	Corona	2004
18:18.45	Corona	2009
18:21.68	La Sierra	2009
18:29.73	La Sierra	2006
18:31.77	Great Oak	2009
18:40.40	King	2009
18:42.07	Rubidoux	2004
18:42.23	Corona	2007

4 x 1600m Relay

17:20.37	Roosevelt	2012
17:21.11	Great Oak	2014
17:32.95	Great Oak	2012
17:33.53	King	2013
17:39.40	Great Oak	2013
17:43.05	Roosevelt	2009
17:54.13	Roosevelt	2013
17:54.20	Elsinore	2014
17:55.59c	Great Oak	2011
17:56.41c	Vista	2010
17:57.47	La Sierra	2005
17:58.65	Roosevelt	2011
17:58.97c	Corona	2010
18:01.88	Corona	2014
18:02.02	Indio	2014
18:03.1	Valley View	2011
18:09.28c	Murrieta Valley	2007
18:09.30	Corona	2011
18:09.51	Murrieta Valley	2006
18:10.29	Beaumont	2014
18:10.63	Murrieta Valley	2005
18:10.84	King	2012
18:12.07c	Corona	2009
18:15.28c	La Sierra	2009
18:16.76	King	2011
18:17.14	Rubidoux	2003
18:17.94	Corona	2013
18:20.13	King	2014
18:20.41	Temecula	2003
18:22.27	Valley View	2010
18:22.99	La Sierra	2014
18:23.71	Mesa	2014
18:24.68	La Sierra	2003
18:25.32c	Great Oak	2009
18:25.56	La Quinta	2013
18:26.44	Beaumont	2013
18:27.78	Santiago	2010
18:27.92	Beaumont	2003
18:29.09	Indio	2012
18:29.21	King	2009
18:29.73	La Sierra	2006

18:30.20	Roosevelt	2014	6-7	Kyle Batiste (Poly)	1995
18:30.47	Vista	2013	6-7	Tim Dunlap (San Jacinto)	1997
18:31.70	La Sierra	2007	6-7	Josh Law (Beaumont)	1999
18:34.0	Elsinore	1992	6-7	Lance Gonzales (Murrieta)	2005
18:34.69	Mesa	2013	6-7	Brett McGregor (Murrieta)	2007
18:35.50	Elsinore	2011	6-7	Nick Ross (Vista)	2007
18:35.71c	Corona	2007	6-7	**Daniel Adame (Murrieta)	2011
18:35.90	Temecula	1999	6-7	Nathaniel Williams (Chaparral)	2014
18:38.32	Rubidoux	2013	6-7	Tanner Behrens (Corona)	2014
18:38.53	Murrieta Valley	2001	6-6.5	Tom Banks (Poly)	1990
18:38.63	Rubidoux	2014	6-6.25	Anthony Soriano (Roosevelt)	2013
18:38.84	Hemet	1994	6-6	Roenicke San Jacinto)	1957
18:39.79	Cathedral City	2010	6-6	Simpson (Banning)	1975
18:40.25	La Sierra	2008	6-6	Don Harris (North)	1981
18:40.77	Vista	2009	6-6	Tom Ward (Moreno Valley)	1984
18:41.47c	King	2010	6-6	Paul Fitzgerald (Hemet)	1986
18:42.31	Roosevelt	2010	6-6	Steve Wesolek (Arlington)	1988
18:44.08	La Quinta	2012	6-6	Mike Torres (Norco)	1991
18:44.59	Corona	1994	6-6	Malik Wyrick (Indio)	1992
18:44.72	Paloma Valley	2011	6-6	Jasper Williams (Rubidoux)	1993
18:45.43	Santiago	2013	6-6	Clayton Flemister (Canyon Springs)	1993
18:45.58	Corona	2012	6-6	Jimmy Devine (Ramona)	1995
18:48.54	Great Oak	2007	6-6	Damian Bolin (Palo Verde)	1995
18:50.60	Beaumont	2010	6-6	Paul Ruvolo (Norte Vista)	1995
18:52.81	Roosevelt	2008	6-6	Andre Clayton (Norte Vista)	1997
18:53.00c	Great Oak	2010	6-6	Jamar Thymes (Norco)	1999
18:53.36	Santiago	2008	6-6	James Johnson (San Jacinto)	1999
18:53.43	La Sierra	2011	6-6	Jovan Grady (Rancho Verde)	2001
18:55.02	Elsinore	2013	6-6	Marvin Lea (King)	2001
18:56.28	Arlington	1996	6-6	Pierre Campbell (Banning)	2002
18:56.59	Chaparral	2013	6-6	Josh Roth (Santiago)	2004
18:58.72	Corona	2002	6-6	Jacob Nelson (San Jacinto)	2005

High Jump

7-3	Avery Anderson (North)	1991	6-6	Dominick Hemphill (Rancho Verde)	2005
7-3	Nick Ross (Vista)	2009	6-6	Miek Hernandez (Valley View)	2006
7-0.25	Skylar Lacour (Rancho Verde)	2009	6-6	Brandon Brown (Rancho Verde)	2007
6-11	Sam Bryant (Palo Verde)	1983	6-6	Tyquiese Anthony (Chaparral)	2008
6-11	Chris Olsson-ONEill (Rubidoux)	1991	6-6	*Daniel Champion (Cathedral City)	2009
6-10	Preston Norman (Rancho Verde)	1999	6-6	Troy Watkins (Woodcrest Chr)	2010
6-10	Doug Smith (West Valley)	2000	6-6	Nick Taylor (Murrieta)	2010
6-10	Justin Nelson (Murrieta Valley)	2001	6-6	Quincy Enuwa (Rancho Verde)	2010
6-10	Lance Soderberg (Centennial)	2002	6-6	Terrance Graves (Roosevelt)	2010
6-10	Donny Thompson (Canyon springs)	2004	6-6	*Diego Felix (Coachella Valley)	2012
6-9	Cliff Curtis (Elsinore)	1991	6-5.25	Darion Williams (Vista)	2012
6-9	Mike Vasilie (Temecula)	1993	6-5.25	Ishmael Stevenson (Great Oak)	2013
6-9	Justin Nelson (Murrieta)	2002	6-5	Justin McKinley (Vista)	2013
6-9	Nick Gregory (Chaparral)	2009	6-5	Scott Johnson (Norco)	1986
6-9	**Elijah Hughes (JW North)	2014	6-5	Ricardo Aguilar (CSDR)	1986
6-8.25	Lars Anderson (Corona)	1978	6-5	Susano Zepeda (Indio)	1984
6-8	Chris Harper (Arlington)	1980	6-5	Hosea Love (Elsinore)	1957
6-8	Danny Gallegos (Indio)	1980	6-5	Tyronne Owens (Palm Desert)	1989
6-8	Steve Jones Arlington)	1982	6-5	Corey Kelley (Canyon Springs)	1992
6-8	Matt Curtis (Elsinore)	1986	6-5	Raul Martinez (Centennial)	1993
6-8	George Woods (Rubidoux)	1989	6-5	Tyrone Thompson (Ramona)	2001
6-8	Terry Whitfield (Palo Verde)		6-5	Wayne West (Arlington)	2006
6-8	Damon Jackson (Perris)	1998	6-5	Tim Sebastian (North)	2006
6-8	Jeff Midget (La Sierra)	2001	6-4.5	*Quincy Enunwa (Rancho Verde)	2009
6-8	Jayson Boyd (North)	2001	6-4.5	Nnamdi Agude (Santiago)	2011
6-8	Josh Gibson (Canyon Springs)	2003	6-4.5	*Marcus Williams (Roosevelt)	2013
6-8	Tim Sebastian (North)	2005	6-4	David Moore (Palm Springs)	1955
6-8	Ryan Swafford (Vista)	2008	6-4	Mike Plinski (Corona)	1993
6-8	Michael Albrecht (King)	2009	6-4	B.J. Stewart (Norco)	1996
6-8	**Wes Coffey (Palm Desert)	2013	6-4	Columbus Calvert (Poly)	1959
6-8	Nolan Kelly (Corona)	2013	6-4	Jon Vaughn (Corona)	1966
6-8	Taelin Webb (Roosevelt)	2014	6-4	Hollowell (Perris)	1970
6-7.75	Nathan White (Hemet)	1994	6-4	Dave Nugent (Norco)	1973
6-7	Tom Quast (San Jacinto)	1962	6-4	Hammond (Hemet)	1976
6-7	Adams (Palo Verde)	1974	6-4	Gary West (Arlington)	1979
6-7	Chris Lowery (Canyon Springs)	1990	6-4	Jeff Livsay (Norco)	1984
6-7	Anthony Preyear (La Sierra)	1994	6-4	Nate Tucker (Corona)	1985
6-7	Marty Fonseca (Murrieta)	1994	6-4	Ken Leonard (Rubidoux)	1986
6-7	Aaron Masters Hemet)	1994	6-4	King (Beaumont)	1987
			6-4	David Guillermo (Palm Springs)	1989
			6-4	Craig Smith (Temecula)	1990
			6-4	Jim Nolland (Elsinore)	1990

6-4	Mark Greenwood (Canyon Springs)	1992	14-6	Matt Saul (Temecula)	2003
6-4	Antoine Adkins (Rubidoux)	1992	14-6	Alex Lohman (Murrieta)	2005
6-4	Scott Smith (Centennial)	1992	14-6	Jake Johnson (Temecula)	2006
6-4	Chris Morrison (Norte Vista)	1992	14-6	Myles McDowell (Murrieta)	2006
6-4	Anderson (Poly)	1993	14-6	*Austin Woods (Canyon Springs)	2009
6-4	Tim Leffel (Hemet)	1995	14-6	Stephen Brown (Great Oak)	2010
6-4	Kurt Lomas (San Jacinto)	1995	14-6	Colin Cassady (Vista)	2012
6-4	Curtis Harrison (Banning)	1995	14-6	Andre Elmore (Roosevelt)	2013
6-4	Brad Ackley (Murrieta Valley)	1996	14-6	Leonard Becarra (Santiago)	2014
6-4	Dustin Riley (Woodcrest Christian)	1996	14-4	Jeff Massey (Chaparral)	2001
6-4	Max Saddler (Banning)	1996	14-3	Eric Willis (Temescal Canyon)	2001
6-4	Roman Herring (Arlington)	1996	14-3	*Colin Cassady (Vista)	2011
6-4	Boyd Jensen (La Sierra)	1996	14-3	Jonathan Villaflor (Vista)	2011
6-4	Keith Thedford (Canyon Springs)	1997	14-3	Clint Suppe (Roosevelt)	2013
6-4	Andy Haven (Palm Desert)	1997	14-2	Roger Heldoom (Perris)	1983
6-4	Carlisle (Temecula)	1997	14-2	Jarrod McGuire (Murrieta Valley)	2001
6-4	Brad Ackley (Murrieta Valley)	1997	14-2	Jose Olague (Chaparral)	2008
6-4	Rand Scheider (Murrieta Valley)	1998	14-1	Larry Thompson (Ramona)	1970
6-4	Jay Milliner (Poly)	1999	14-0	Barry Gilfry (Corona)	1964
6-4	Jason Duckworth (North)	1999	14-0	Ed Grondahl (Ramona)	1971
6-4	Chris Alsina (Beaumont)	2004	14-0	Gonzales (Coachella)	1979
6-4	Smith (Canyon Springs)	2004	14-0	Tony Young Coachella)	1984
6-4	John Chea (La Quinta)	2005	14-0	Scott Hanes (Ramona)	1987
6-4	Robert Williams (Ramona)	2005	14-0	James Guillermo (Palm Springs)	1989
6-4	Carrington Matthews (King)	2005	14-0	Frank Ayers (Corona)	1990
6-4	Damone Bentley (North)	2005	14-0	Aaron Bishop (Poly)	1990
6-4	Jonathan Lacour (Rancho Verde)	2006	14-0	Nick Karr (Temescal)	1997
6-4	Jeremy West (Perris)	2006	14-0	Duncan Johnson (Temecula)	1998
6-4	Malek Walls (Canyon Springs)	2010	14-0	Tim Patino (Elsinore)	1998
6-4	Soloman Ijah (Murrieta)	2011	14-0	Derrick Rathbone (Hemet)	1998
6-4	Travis Schulte (Poly)	2013	14-0	Josh Colburn (Murrieta)	1999
6-4	*Roberts Sammy (Beaumont)	2013	14-0	Rithy Vong (Esinore)	2000
6-4	**Nathan Kelly (Vista)	2013	14-0	Eric Witts (Elsinore)	2000
6-4	* Tanner Torrez (Hemet)	2014	14-0	Calvin Davis (Rubidoux)	2001
6-4	* Nathan Fruehe (Great Oak)	2014	14-0	Nathan Skankey (Murrieta)	2002
			14-0	Devin Duncan (Poly)	2003
			14-0	Devin Bergquist (Canyon Springs)	2003
			14-0	Chris Miyake (Murrieta)	2003
			14-0	Ian Peterson (Vista)	2007
			14-0	Tyler Wallace (Chaparral)	2008
			14-0	*Will Foody (King)	2011
			14-0	George Goodwin (Poly)	2012
			14-0	Nicholas Weisheit (Roosevelt)	2013
			13-9	Steve Nugent (Norco)	1976
			13-9	Buc Longmore (Elsinore)	1985
			13-9	Tom Petri (Poly)	1997
			13-9	Mark Johnston (King)	2005
			13-9	*Sean Stone (Great Oak)	2008
			13-9	Bryar Yup (Vista)	2013
			13-9	Kyle Gunnell (Corona)	2013
			13-9	*Nathan Sukhov (Murrieta Valley)	2013
			13-9	Jonah Heath (Chaparral)	2014
			13-7	* Daniel Mukasa (King)	2014
			13-7	Clayton Booth (Vista)	2014
			13-6	Bruner (Indio)	1977
			13-6	Vierra (Moreno Valley)	1976
			13-6	Owen (Indio)	1976
			13-6	Wilson (Indio)	1976
			13-6	Don Flint (Norco)	1974
			13-6	Dave Nugent (Norco)	1973
			13-6	Louie Romero (Indio)	1978
			13-6	Jarret Johnson (Perris)	1984
			13-6	Roger Hallett (Hemet)	1984
			13-6	Troy Parr (Perris)	1986
			13-6	Brent Benson (Corona)	1985
			13-6	Tim Dry (Elsinore)	1985
			13-6	Doug Weber (Poly)	1986
			13-6	Jeff Wall (Norco)	1990
			13-6	Don Killian (Norte Vista)	1991
			13-6	Peter Anderson (Elsinore)	1992
			13-6	Brad Scott (Corona)	1992
			13-6	Sal Duran (Norte Vista)	1992
			13-6	Eric Stanfield (Elsinore)	1993
			13-6	Gilbert Amesse (Elsinore)	1993
			13-6	Mason McKinnon (Norco)	1994

Pole Vault

16-6.5	Peter Chapman (Murrieta Valley)	2012	14-0		
16-0	Richard Levenson (Elsinore)	2011	14-0		
16-0	*Shane Atkinson (Great Oak)	2013	14-0		
15-9	Matt Mathis (Norte Vista)	1999	14-0		
15-9	Levi Walker (Hemet)	2001	14-0		
15-9	Devin Rexroat (Norco)	2005	13-9		
15-8	Jon Vaughn (Corona (16-5?))	1966	13-9		
15-8	Heath Fulk (Norte Vista)	1991	13-9		
15-7	*Myles McDowell (Murrieta)	2005	13-9		
15-6	Dustin Wert (Great Oak)	2014	13-9		
15-5.25	Vic Diaz (Rubidoux)	1967	13-9		
15-0	Brett Updike (Temecula)	1996	13-9		
15-0	Rodney Mabry (Temecula)	1997	13-9		
15-0	Ben Shelton (Centennial)	1998	13-9		
15-0	Andrew Lottig (Great Oak)	2014	13-7		
15-0	Garrett Hansen (Santiago)	2014	13-7		
15-0	* Tim Morphew (Great Oak)	2014	13-6		
14-10	Austin Prince (Murrieta)	2008	13-6		
14-9	*Ryan Uttnchmer (Chaparral)	2005	13-6		
14-9	Matt Davis (Elsinore)	2009	13-6		
14-9	Cory Pittman (Great Oak)	2012	13-6		
14-9	Nick Weisheit (Roosevelt)	2012	13-6		
14-9	* Ryan Polakiewicz (Great Oak)	2014	13-6		
14-8	Miles Reynolds (Hemet)	1991	13-6		
14-6	Dopp (Corona)	1971	13-6		
14-6	Berry Leake (Corona)	1979	13-6		
14-6	Rocky Wilson Indio)	1979	13-6		
14-6	Marc Amesse (Elsinore)	1991	13-6		
14-6	John Eckhardt (Hemet)	1993	13-6		
14-6	Armando Duran (Nome Vista)	1995	13-6		
14-6	Jeff Sneider (Murrieta)	1996	13-6		
14-6	Josiah Douglas (Murrieta)	1995	13-6		
14-6	Duncan Johnson (Temecula Valley)	1998	13-6		
14-6	Eddie Becker (Temescal Canyon)	1998	13-6		
14-6	Steve Pease (Temescal Canyon)	1998	13-6		
14-6	Sam Ungeheier (Elsinore)	2001	13-6		
14-6	Carlos Sanchez (Paloma Valley)	2001	13-6		

13-6	Mike Ganet (Centennial)	1995	22-9	Nathan Campbell (Perris)	1989
13-6	Schimer (Murrieta)	1996	22-9	***Trevor Webb (Vista)	2009
13-6	Tim Patinbo (Elsinore)	1997	22-8.75	Brad McGee (Indio)	1981
13-6	Levi Walker (Hemet)	1999	22-8.75	Troy Watkins (Woodcrest Chr)	2010
13-6	Troy Reynolds (Hemet)	1999	22-8	Nathan Irvin (Poly)	1998
13-6	Nathan Carman (West Valley)	1999	22-8	Justin Nelson (Murrieta)	2002
13-6	Bobbie Hudson (Rubidoux)	2000	22-8	*Terance Narvaez (Canyon Springs)	2011
13-6	Matt Ungeheier (Elsinore)	2001	22-8	* CJ Alumbres (Vista)	2014
13-6	Devin Bergquist (Canyon Springs)	2002	22-7.75	Silas Hale (Poly)	1982
13-6	Chris Miyake (Murrieta)	2002	22-7.5	Ron Haines (Corona)	1984
13-6	Nick Ham (Temecula)	2002	22-7.25	Marquise Strange (Cathedral City)	1998
13-6	Jake Defter (Chaparral)	2004	22-7.25	Marcus Logan (North)	2004
13-6	Steve Hoskinson (Poly)	2005	22-7	Trewitt (Elsinore)	1939
13-6	Matt Jones (Rancho Verde)	2006	22-7	Main Mitchell (Temecula)	1995
13-6	Pavel Mineukou (King)	2006	22-7	Brian Majors (Canyon Springs)	2001
13-6	Chris Schaal (Vista)	2007	22-7	Jermaine Pate (North)	2002
13-6	Ryan Sibley (King)	2007	22-7	Davon Mercer (Murrieta)	2005
13-6	Josh Brewton (Rubidoux)	2007	22-6.75	Wilford Weischedel (Perris)	1948
13-6	Ian Peterson (Vista)	2008	22-6.25	C Stuart (Corona)	1974
13-6	Thomas Hamm (Poly)	2008	22-6.25	Josh Gibson (Canyon Springs)	2003
13-6	Sean Stone (Great Oak)	2009	22-6.25	Jesse Ooten (Rancho Verde)	2008
13-6	Dee Davis (Great Oak)	2010	22-5.75	OT Sabo (La Sierra)	2005
13-6	Clint Suppe (Roosevelt)	2011	22-5.25	Spencer Gray (Poly)	2010
13-6	Jon Barnes (King)	2011	22-5.25	D.J. Redd (Paloma Valley)	2011
13-6	*Randy Werkheiser (Elsinore)	2011	22-5	Robert Cotton (Indio)	1983
13-6	Avery Chung (Chaparral)	2013	22-5	Greg Davis (San Jacinto)	2001
13-6	Aleksei Watson (Elsinore)	2014	22-4.75	Ellison (Poly)	1940
13-6	Cameron Brock (King)	2014	22-4.75	Nathan Arvin (Poly)	1999

Long Jump

25-3	Bobby Bonds (Poly)	1964	22-4.5	Malek Walls (Canyon Springs)	2010
24-10.5	Jovonte Slater (Vista)	2011	22-4.25	Orshawante Bryant (Rubidoux)	1996
24-5	Chris Harper (Arlington)	1980	22-4.25	Myles Williams (Perris)	2011
24-5	Mike Anderson (Rubidoux)	1983	22-4	Jlmal Cumberbatch (Temecula)	2003
24-4.25	Verle Sorgen (Poly)	1949	22-3.5	Nick Neal (North)	2001
24-3	Bob Britt (Poly)	1962	22-3	Tony Young (Coachella)	1984
24-3	Tyree Washington (La Sierra)	1995	22-3	Brandon Tedrow (Beaumont)	1999
23-11.75	Joe Williamson (Poly)	1961	22-3	Theartis Grigsby (Vista)	2012
23-11.5	*DJ Lloyd (Vista)	2008	22-2.75	Lou Welfel (La Sierra)	1993
23-11	Mario Montgomery (Banning)	1979	22-2.5	Wilson (Poly)	1931
23-11	Quincy Franks (Perris)	1980	22-2.5	Curtis Proctor (Poly)	1994
23-10.5	Jimmy Devine (Ramona)	1995	22-2	Kevin Nolen (Norte Vista)	1990
23-9.5	Kenny Johnson (Canyon Springs)	1974	22-2	Corey Merrill (Palm Springs)	1992
23-8	Mike Harris (Indio)	1974	22-2	**Nick Fisher (Great Oak)	2013
23-8	Nick Ross (Vista)	2009	22-1.5	Strange (Indio)	1978
23-7	Al Washington (Poly)	1966	22-1.5	*Nick Talor (Vista)	2009
23-6.5	Chris Milan (Great Oak)	2012	22-1.25	Kale Novak (Murrieta Valley)	2012
23-6.25	Clay Hall (Palm Springs)	1982	22-1.25	Isaiah Manley (Santiago)	2014
23-6	JaMar Moore (Rubidoux)	1991	22-1	George Woods (Rubidoux)	1989
23-6	Erik Vann (Canyon Springs)	1996	22-1	Larry Jones (Canyon Springs)	1991
23-4.5	Tony Williams (Indio)	1984	22-1	Shamori Walker (Moreno Valley)	1993
23-4.25	Lafayette Waters (Murrieta Valley)	2014	22-1	Willie Baker (Norte Vista)	1997
23-4	Art Lilly (Perris)	1965	22-1	Brandon Tedrow (Beaumont)	1999
23-4	Mickey Grimes (Canyon Springs)	1995	22-0.75	Angelo DeWitt (Indio)	1986
23-3.25	Jared Lewis (Poly)	1994	22-0.5	Kyltone Jack (Canyon Springs)	1992
23-3.25	Ronald Howard (North)	2002	22-0.5	Nate Koch (Temescal)	2003
23-3	Mike Howe (North)	1981	22-0.5	Adam Luckey (Murrieta)	2005
23-3	Derron Smith (Banning)	2010	22-0.25	Tim Williams (Rubidoux)	1985
23-2.25	Dave Janoski (Corona)	1992			
23-1.5	B.J. Stewart (Norco)	1996	Wind-Aided:		
23-1.25	Jonathan Williams (Temecula)	2006	24-11.75	Jovonte Slater (Vista)	2011
23-1	Simpson (Banning)	1975	24-5	Mike Howe (North)	1981
23-1	Lee Harper (Indio)	1988	23-9.75	Kyjione Jack (Canyon Springs)	1992
23-0	Vince Craghead (Rubidoux)	1971	23-8.25	Simpson (Banning)	1975
23-0	Ryan Swafford (Vista)	2008	23-7.5	**Ervin Simmons (Murrieta)	2009
23-0	**Quentin Taylor (Palm Springs)	2011	23-6	Derron Smith (Banning)	2010
22-11.75	Kincaid (Perris)	1975	23-4	Dave Janoski Corona)	1992
22-10.5	Earnest Clark (North)	1984	23-3.5	Nathan Irvin (Poly)	1998
22-10.5	Kenny Jackson (Elsinore)	2009	23-2.5	* CJ Alumbres (Vista)	2014
22-10.25	Avery Anderson (North)	1991	23-2.25	Nick Ross (Vista)	2009
22-10.25	Billy Keys (North)	2002	23-2	OT Sabo (La Sierra)	2005
22-9.75	Jason Churchhill (Palm Springs)	1999	23-2	Jonathan Williams (Temecula)	2006
22-9.75	* Nick Fisher (Gret Oak)	2014	23-0.25	Calvin Grissom (La Sierra)	1994
22-9.5	Ron Oastes (Hemet)	1965	22-10.75	Lance Gonzales (Murrieta Valley)	2005
			22-10.5	Jon Greenwalt (Elsinore)	2010

22-8.75	***John Byrd (Arlington)	2006	45-4.25	Dominick Hines (Poly)	2006
22-8.5	Marcus Logan (North)	2004	45-4.25	Stephon Williams (Roosevelt)	2012
22-8.5	Chase Aaronson (Palm Springs)	2007	45-4	Nnamdi Agude (Santiago)	2011
22-8	Jeremy Wesst (Perris)	2008	45-3.5	Dave Janoski (Corona)	1992
22-7.5	Rodney Storrs (Santiago)	2007	45-3.5	*Jordan Austin (Canyon Springs)	2013
22-7	Curtis Bonapart (Poly)	2005	45-3.25	Jedaki Hill (Chaparral)	2014
22-6.5	Lance Gonzalez (Murrieta)	2004	45-3	King (Beaumont)	1987
22-6.5	Jesse Ooten (Rancho Verde)	2007	45-3	John Peoples (Palm Desert)	1989
22-6.5	Josh Como (Rancho Verde)	2006	45-3	*Quincy Enunwa (Rancho Verde)	2009
22-6.5	Malek Walls (Canyon Springs)	2010	45-2.75	Jim Chojnacki (Cal Lutheran)	2009
22-6.25	Chris Samuel (Rancho Verde)	2004	45-2.5	Michael Hernandez (Valley View)	2005
22-6	Eric Nowell (Perris)	2006	45-1.75	Petty (Hemet)	1985
22-5	Tribble (Indio)	1975	45-1.75	Lenny Williams (Corona)	1983
22-5	Danny Foster (Centennial)	2002	45-1.75	JaMar Moore (Rubidoux)	1991
22-4.5	*Kameron Green (Great Oak)	2010	45-1.5	Arnold Jackson (Norco)	1983
22-4	Adam Luckey (Murrieta Valley)	2005	45-1	Keenan Colemann (Perris)	2014
22-4	**Maverick Metoyer (Vista)	2013	45-0.75	Chris Davis (Rancho Verde)	2012

Triple Jump

50-1.25	* CJ Alumbres (Vista)	2014	44-10.5	Andre Hunt (Moreno Valley)	2008
49-9.5	Kenny Johnson (Canyon Springs)	1991	44-10	*William Armour (Vista)	2011
49-8	Nick Ross (Vista)	2009	44-10	Rio Rodriguez (Poly)	2012
49-7.25	Tim Williams (Rubidoux) (49-7.5w)	1985	44-9.5	*Darien Bailey (Temecula Prep)	2008
49-6	Chris Benard (Santiago)	2008	44-9	Aaron Masters (Hemet)	1994
49-0.25	Curtis Wilson (Rancho Verde)	2009	44-9	Stevie Will (King)	2009
48-10.25	*Solomon Ijah (Murrieta)	2010	44-8.5	*Anthony Hollins (Perris)	2011
48-6.75	Ryan Swafford (Vista)	2008	44-8.25	Ralph Johnson (Hemet)	1988
48-4.5	Clay Hall (Palm Springs)	1982	44-8.25	Ray Warhop (Arlington)	1995
48-4.25	Josh Como (Rancho Verde)	2005	44-8.25	*Adrienne Jackson (Vista)	2013
48-3.5	Larry Jones (Canyon Springs) (indoor)	1991	44-8	Tony Williams (Indio)	1984
48-3	Norris (Coachella)	1978	44-8	Aaron Anderson (North)	1988
48-1	Shamori Walker (Moreno Valley)	1993	44-8	Nosy Karasoulas (Elsinore)	1988
48-0.5	JR McCoy (Rubidoux)	1989	44-7.5	William Ibekwe (Norco)	2005
48-0.5	Nick Taylor (Vista)	2010	44-7	Jeremy Meyerett (Rubidoux)	1993
47-11.75	Staton Gibson (Ramona)	2003	44-6.75	*Kyle Ambat (Ramona)	2014
47-10.25	Dyvod Hammond (Hemet)	1991	44-6.5	Jared Lewis (Poly)	1995
47-8.5	Clayton Fleminster (Perris)	1993	44-6.5	Justin Nelson (Murrieta)	2001
47-5.25	Myles Williams (Perris)	2011	44-6	JJ Eddington (Perris)	1984
47-4	Erik Vann (Canyon Springs)	1996	44-6	William Shropshire (North)	1988
47-2	Paul Turner (Indio)	2009	44-6	*Shane Stanton (Mesa)	2012
47-0.75	Anthony Verret (Perris)	1985	44-5.75	Eric Bello (Corona)	2000
46-9.25	Eric Nowell (Perris)	2006			
46-9	Walter Whitaker (Vista)	2011		Wind -aided:	
46-8.25	Robert Cotton (Indio)	1983	50-6.75	Curtis Wilson (Rancho Verde)	2009
46-8	Malek Walls (Canyon Springs)	2010	50-0.25	Nick Ross (Vista)	2009
46-8	* Jonnie Young (Rancho Verde)	2014	49-9.25	Josh Como (Rancho Verde)	2006
46-7	Jama1 Cumberbatch (Temecula)	2003	49-7.5	Tim Williams (Rubidoux)	1985
46-6.75	Manuel Santiago (King)	2008	49-1.25	Ryan Swafford (Vista)	2008
46-6.5	Rick Wood (Moreno Valley)	2000	49-1	Nick Taylor (Vista)	2010
46-6.25	Kyjione Jack Canyon Springs)	1992	49-0	Chris Benard (Santiago)	2008
46-6	Jovan Grady (Rancho Verde)	2002	47-7	Jovan Grady (Rancho Verde)	2002
46-4.25	Michael Howe (North)	1981	47-4.75	Paul Turner (Indio)	2009
46-4.25	Dametrios Munerlyn (Elsinore)	1985	47-3.5	Jeremy West (Perris)	2008
46-4.25	Craig Mauldin (Mesa)	2012	46-9.5	Henry Vildosola (Woodcrest Chr)	2010
46-4	Orshawante Bryant (Rubidoux)	1996	46-8.25	Malek Walls (Canyon Springs)	2010
46-3.5	Henry Vildosola (Woodcrest Chr)	2010	46-7	Jamal Cumbertach (Temecula)	2003
46-1	Jeff Strange (Indio)	1983	46-2	Tim Sebastian (North)	2006
46-0.5	B.J. Stewart (Norco)	1996	46-1.5	* Nick Fisher (Great Oak)	2014
46-0.25	Stanton Gibson (Ramona)	2002	45-11.75	Devin Ray (West Valley)	2014
46-0.25	Julius Tate (Santiago)	2007	45-11.25	Adrienne Jackson (Vista)	2014
46-0	Andy Pfeifle (Hemet)	1982	45-11	Jeremy West (Perris)	2008
46-0	Larry Jones (Canyon Springs)	1990	45-10.5	Jedkai Hill (Chaparral)	2014
46-0	Phillip Craig (Banning)	2002	45-5	Anthony Hollins (Perris)	2012
45-11.5	Cullen Sullivan (Poly)	2012	45-5	***Jacob Zandi (Murrieta Valley)	2013
45-9.75	Dion Beckton (Rancho Verde)	2012	45-3	Lafayette Waters (Murrieta Valley)	2014
45-9.5	Isaiah Manley (Santiago)	2014	45-1.5	*William Armour (Vista)	2011
45-9.5	* Nick Fisher (Great Oak)	2014	45-1	Jonathon Hawkins (Rancho Verde)	2004
45-9.25	Fraancea Brown (Rancho Verde)	1999	45-0.5	Kenneth Whitmore (Rancho Verde)	2004
45-9	Aaron Smith (Canyon Springs)	1991	45-0	*David Irving (San Jacinto)	2010
45-7.75	Milan Ford (Centennial)	1994			
45-7.25	Jimmy Devise (Ramona)	1995			
45-7	Aaron Harris (Canyon Springs)	1989			
45-7	Nathan Irvin (Poly)	1999			
45-6	*Jovonte Slater (Vista)	2010			

Shot Put

69-7.25	Nick Ponzio (Great Oak)
67-1.5	Joe Canavan (Palm Desert)
63-11.5	Jake Knight (Rubidoux)
62-5.25	Spencer Moorman (San Jacinto)
61-8	Hank Kraychir (San Jacinto)
61-3.75	Gene Clark (North)
61-0.25	Jared Morgan (La Quinta)
61-0	Corey Whitaker (Vista)
60-11	Derek Kurkowski (Canyon Springs)
60-10.75	Oscar Rodriguez (Palm Desert)
60-9.75	Larry Richards (Poly)
60-6.75	Leighton Heape (Palm Springs)
60-4.25	John Chamberlain (Poly)
60-3.75	Tim Oesterling (Ramona)
60-2.5	Ed White (Indio)
60-2	Matt Wiley (Hemet)
59-8.5	Arren Roberson (Desert Hot Sp)
59-7.75	Moises Ramos (Coachella Valley)
59-7.5	Steve Fite (San Jacinto)
59-5.75	*Lawrence O'Hara (Poly)
58-9	Gabe Torre (Notre Dame)
58-9	Rovann Cleveland (Rubidoux)
58-3	Mike Savicky (Corona)
58-2	Coleman Johnson (Poly)
57-11.75	Kyle Nelthorpe (Poly)
57-11.75	Justin Barlow (Great Oak)
57-9	Steve Dufner (Hemet)
57-8.5	Greg Garza (Indio)
57-8.5	Matt O'Hara (Poly)
57-2.5	Hank Behrens (San Jacinto)
56-9.25	Desmond Clark (Rancho Verde)
56-7.5	Adam Simler (Hemet)
56-5	Charles Smith (Poly)
56-3.25	Peyton (Beaumont)
56-2.5	Brandis Dew (Hemet)
56-1.5	Jeremy Sutherland (Palm Springs)
56-1	Picky Youngquist (Temescal)
55-11.25	Malone (Moreno Valley)
55-11	Chad Rossan (Canyon Springs)
55-9.75	Phister (Poly)
55-9	Charles Martin (Poly)
55-7	Robert Malone (King)
55-6.5	George Allen (Rubidoux)
55-6	Kris Kirk (Elsinore)
55-5.75	Rico Stubbs (Elsinore)
55-4.5	Jeff Tavashati (Murrieta)
55-3.25	Kyle Strawn (Great Oak)
55-3	Henry Stevens (Banning)
55-0.5	Randy Patterson (Banning)
55-0	Siu O'Reilly (Hemet)
54-11.5	Louie Romero (Indio)
54-11.25	Desmond Clark (Rancho Verde)
54-10.5	Tevita Stevens (Hemet)
54-10	Dennis Smith (Hemet)
54-9.5	Sonny Soto (Ramona)
54-7.5	W. Palmer (Ramona)
54-6.5	Tanner Harrah (Temecula)
54-5.5	CJ Francis (La Sierra)
54-3.75	*Corey Whitaker (Vista)
54-3	Shane Wiley (Hemet)
54-2.75	Chris Witcher (La Sierra)
53-11.5	Danny Negrete Centennial
53-11.5	Rosario Salazar North
53-11	Matt Gomez (Rubidoux)
53-11	Jose Sida (Hemet)
53-9	Greg Berry (Elsinore)
53-8	Zach Ricketts (Poly)
53-7	Nate Dandridge (Valley View)
53-7	Kyle Moshkin (La Sierra)
53-6.5	*Matthew O'Hara (Poly)
53-6	Matt Stewart (Santiago)
53-5	Smutty Diecks (Poly)
53-5	Arturo Murillo (Ramona)

Discus

2013	200-3	Jared Morgan (La Quinta)	2002
2007	198-1	Gabe Torre (Notre Dame)	1992
2001	192-4	John Gallagher (Palm Desert)	1989
2010	191-1	Greg Garza (Indio)	2003
1979	188-10	Jason Rider (Murrieta)	2001
1970	188-7	Hank Kraychir (San Jacinto)	1979
2002	187-8	Nick Ponzio (Great Oak)	2013
2012	187-0	Jared Morgan (La Quinta)	2001
1997	184-4	Josh Rider (Murrieta)	2000
2004	184-3	Brandis Dew (Hemet)	2005
1961	183-8	Matt Lahti (Murrieta Valley)	2006
2002	182-3	Coleman Johnson (Poly)	1994
1958	182-0	Matt Gomez (Rubidoux)	1999
1966	177-7	Rick Youngquist (Temescal)	2005
1965	176-8	Kris Kirk (Elsinore)	2010
1989	175-5	Jacob Castilow (Elsinore)	2012
2010	175-4	Sapule Ta'amilo (Vista)	2012
2011	174-6	Eldon Milholland (Hemet)	1965
1961	174-1	Jake Knight (Rubidoux)	2001
2013	173-10	Kyle Strawn (Great Oak)	2011
1992	173-3	Matt Wiley (Hemet)	1989
1999	171-10	DeAndre Reed (Rancho Verde)	2006
2001	171-4	Nick Johnson (Cathedral City)	2005
1994	171-2	Paul Bradley (Cathedral City)	2003
2003	170-5	*Corey Whitaker (Vista)	2011
2013	169-9	*Sapule Ta'amilo (Vista)	2011
1972	169-5	Kendrick McDaniel (Indio)	1995
2003	168-11	Kyle Moshkin (La Sierra)	2007
2012	168-5	Emil Mejares (Vista)	2010
1999	168-4	Cody Lynn (Paloma Valley)	2008
2004	167-10	*Omar Valenzuela (La Quinta)	2014
2003	167-9	Chris Witcher (La Sierra)	2004
1955	167-3	Jacob Underwood (Desert Chr-Bermuda D.)	2006
1975	167-0	John McBride (La Sierra)	2010
2004	166-11	Jorge Alvarez (San Jacinto)	1993
2005	166-5	** David Potts (Roosevelt)	2014
2005	166-3	Nick Nelthorpe (Poly)	2001
1977	166-3	*Austin Elmore (Poly)	2005
2000	166-2	Adam Medina (Canyon Springs)	2003
1973	166-1	Warden Bowen (Murrieta)	1993
1955	165-6	Jesus Villarino (San Jacinto)	1997
2006	165-4	Richard Valenti (Palm Desert)	2006
1991	165-2	Jeremy Sutherland (Palm Springs)	2005
2010	165-2	Wade Jones (Hemet)	2009
2013	164-10	Randy Leaphart (Poly)	1993
2009	164-7	Rhodes (Moreno Valley)	1978
2011	164-6	Randy Patterson (Banning)	2000
1995	164-5	Jose Sida (Hemet)	2007
2000	164-5	Caleb Wood (Beaumont)	2011
1995	164-4	Jeff Finger (San Jacinto)	1979
1978	164-0	Mark Sumler (Indio)	2012
2003	163-9	Mike Cronshagen (Palm Springs)	2006
2005	163-9	Jeff Tavishati (Murrieta)	2009
1985	163-8	Al Faamalisili (Norte Vista)	1992
1990	163-5	Adam Medina Canyon Springs)	2002
1982	163-3	Dan Estrada (Norco)	1991
2005	163-1	Greg Berry (Elsinore)	1986
2004	163-0	Leighton Heape (Palm Springs)	2002
2011	163-0	** Seth Knowlton (Great Oak)	2014
1986	162-8	* Jordan Davis (Elsinore)	2014
2004	162-6	Derek Kurkowski (Canyon Springs)	1997
2001	162-4	Brandon Alcanter (King)	2011
1989	162-1	Matt Stewart (Santiago)	2014
2000	162-0	Michael Payne (Murrieta Valley)	2013
2007	161-11	Chris Lucker (La Sierra)	2001
1986	161-9	Mike Haig (Norco)	1989
2002	161-9	Skyler Pray (Great Oak)	2010
2001	161-9	Aaron Jeglin (San Jacinto)	2010
2007	161-6	Cody Lynn (Paloma Valley)	2007
2011	161-4	Eduardo Garcia (Rubidoux)	2006
2014	161-3	Sonny Soto (Ramona)	1991
1994	161-2	Andrew Misipeka (Chaparral)	2004
2009	161-0	Andre Evans (Corona)	2010

160-8	Lucas Miranda (Hemet)	1996	152-8	*Charles Bochard (Elsinore)	2009
160-8	Zekai Wu (Roosevelt)	2013	152-7	Chreis Gura (Beaumont)	2013
160-7	Tevita Stevens (Hemet)	2005	152-6	Ricci (Moreno Valley)	1977
160-7	Jordan Brewley (Citrus Hill)	2014	152-5	Brandon Harris (Rancho Verde)	2000
160-6	Paul Staub (Hemet)	1980	152-5	Gavin Gomes (Hemet)	2012
160-5	Anthony Avina (Lakeside)	2010	152-4	Jake Cole (Hamilton)	2005
160-3	Ryan Gann (Corona)	2009	152-4	Tristan Corwin (Elsinore)	2014
160-2	Padric Higgins (Norco)	1989	152-3	Ricky Rhay (Poly)	1992
160-2	Bobbie Schwandt (La Sierra)	2005	152-2	Keith Kelly (Corona)	1987
159-11	Tony Tuala (Temescal)	2003	152-2	Greg Robinson (Temescal)	1998
159-10	Alatorre (Indio)	1980	152-2	Joseph Young (Santiago)	2010
159-8	Andy Richards (Hemet)	2006	152-1	Lee Felmley (Norco)	1987
159-5	Chris Stevens (Hemet)	1998	152-1	*Ben Echevarria (Corona)	2013
159-1	Gabriel Vargas (Vista del Lago)	2010	152-1	Dell Campbell (King)	2004
158-9	Alan Heidrich (Beaumont)	1994	152-1	Sergio Hernandez (Cathedral City)	2014
158-9	Jean-Paul Afif (Temecula Valley)	1998	151-11	Patrick Afif (Temecula)	2001
158-9	Patrick Clifford (Chaparral)	2013	151-10	*Jacob Costilow (Elsinore)	2011
158-5	*Lawrence O'Hara (Poly)	2013	151-9	*Marcos Villegas (Murrieta Valley)	2014
158-4	Armando Ceja (Xavier Prep)	2012	151-8	Steven Hardy (Beaumont)	2001
157-10	Alan Bash (Norco)	1977	151-8	Jeff Tavashati (Murrieta)	2008
157-10	Marcos Cordenas (Moreno Valley)	1998	151-7	*Jaquan Scott (La Sierra)	2011
157-5	Tyler Cisneros (Palm Springs)	2007	151-6	Oscar Rodriguez (Palm Desert)	2004
157-4	Fernando Cordero (San Jacinto)	1992	151-5	*Mark Sumler (Indio)	2011
157-4	Brock Lasky (Poly)	2005	151-5	Donnell Toliver (Vista)	2013
157-3	Charles Bochard (Elsinore)	2010	151-4	Brett Brown (Corona)	1991
157-1	Matt Hauffen (Norte Vista)	2010	151-3	Walter McNeil (Jurupa Valley)	1997
157-0	Andre Abrams (Perris)	1990	151-2	Lucia (Indio)	1982
156-9	Tony Stello (Canyon Springs)	1990	151-1	Lucas Miranda (Hemet)	1994
156-7	Ryan Tucker (Corona)	2001	151-0	Rosario Salazar (North)	1989
156-6	Siua O'Reilly (Hemet)	1995	151-0	Jason Byrd (Temecula)	1996
156-6	Greg Harris (Corona)	1996	150-11	PJ Bradley (Cathedral City)	2002
156-6	Fernando Rodriguez (Elsinore)	2014	150-11	Andrew Misipeka (Chaparral)	2005
156-5	*Aaron Jeglin (San Jacinto)	2009	150-10	Nandho Rodriguez (Elsinore)	2014
156-4	Bobby Vail (Palm Springs)	1999	150-9	*Rogelio Moreno (San Jacinto)	2011
156-4	Shaun Dech (Elsinore)	2013	150-9	Rico Stubbs (Elsinore)	2013
156-3	Jason Allison Canyon Springs)	1995	150-8	Ernesto Alvarez (San Jacinto)	1996
156-3	Gavin Coath (Hemet)	2013	150-8	Barnes (King)	2002
156-2	Dan Anady (Hemet)	1978	150-8	Chris Harris (Canyon Springs)	2005
156-2	Mike Edge (Indio)	1987	150-7	Dave Mundt (Norco)	1985
156-2	Ryan Dannewitz (San Jacinto)	2008	150-7	CJ Hicks (Hemet)	2014
156-0	Jeremy Fernandez (La Sierra)	2004	150-6	Tim Garcia (Moreno Valley)	1984
155-10	Curtis Romano (Vista)	2008	150-6	John Ryan (Murrieta Valley)	1999
155-10	Spencer Moorman (San Jacinto)	2010	150-5	Garen Holmes (Norco)	1997
155-9	Jim Smith (Elsinore)	1993	150-5	Roberto Reyes (Ramona)	2012
155-9	Kartiaire Young (La Sierra)	2014	150-4	Jorge Cervantes (Indio)	2010
155-7	Doonie Carlos (Rubidoux)	2003	150-3	Christopher Brown (Desert Hot Springs)	2014
155-7	Marcus Pallares (Norte Vista)	2008	150-2	Adam Simler (Hemet)	2003
155-6	Steve Hymer (Temescal)	1995	150-1	Daniel Mendez (La Sierra)	2006
155-5	Justin Slater (La Sierra)	2007	150-0	L Ortiz (Corona)	1977
155-3	Richard Wallace (Norco)	1977	150-0	Eichelmann (Indio)	1976
154-10	Mounga Tevita (Vista)	2014			
154-9	** Brock Wallender (Vista)	2014			
154-8	Terry Dowell (West Valley)	2000			
154-6	Greet (Ramona)	1985			
154-5	Andrew Sterndale (Chaparral)	2005	5865	Chris Campbell (Poly)	1995
154-5	Eric DeVries (Hemet)	2007	5864	Louie Romero (Indio)	1978
154-2	Jon Perona (Elsinore)	1989	5545	Jack Reed (Indio)	1975
154-0	Nick Cullen-Carroll (San Jacinto)	2006	5343	Gilbert Amesse (Elsinore)	1993
154-0	Justin Barlow (Great Oak)	2013	4984	Shamori Walker (Moreno Valley)	1993
153-9	Colby Buttner (Norco)	1993	4789	Jeremy Lugimbill (Poly)	1996
153-9	* Westley Siebdrath (La Quinta)	1993	4764	Kevin Duncan (Poly)	2003
153-7	Shawn Mack (Paloma Valley)	2014	4694	David Pefley (West alley)	2000
153-6	Steve Nord (Hemet)	2011	4677	Eric Whitman (Poly)	2002
153-5	Cameron Lyman (Perris)	1981	4577	Frank Almaraz (Banning)	2003
153-3	Brandon Haskett (San Jacinto)	1988	4519	Nathan Irvin (Poly)	1997
153-2	*Ben Echeverria (Corona)	1999	4512	Eric Whitman (Poly)	2003
153-1	Joe Canavan (Palm Desert)	2012	4488	Kevin Gatrost (Elsinore)	2013
153-0	Moises Barragan (Palm Springs)	2007	4358	Devin Duncan (Poly)	2002
153-0	Matt O'Hara (Poly)	2009			
152-10	Bregman (Hemet)	2012			
152-10	Grant Cleary (Vista)	1998			
152-10	Chris Whitscher (La Sierra)	2013			
152-9	Henry Stevens (Banning)	2003			
152-8	Tim Garcia (Moreno Valley)	1995			
152-8	Andrew Sterndale (Chaparral)	1986			
152-8		2004			

GIRLS ALL-TIME BEST MARKS LIST

100 yards		12.14c	Antionette Winston (Perris)	11.9	1979	
11.0	Renee Chambers (Poly)	1979	12.14c	Ashanti Phannix (Moreno Valley)	11.9	1998
11.0	Shelly McDade (Norte Vista)	1979	12.14c	April Henderson (San Jacinto)	11.9	1999
11.0	Robin Shelton (Corona)	1982	12.14	Angie Lindsey (Canyon Springs)		2001
11.1	Lisa Winston (North)	1978	12.15	Breeanca Fleming (Great Oak)		2007
11.1	Pauline Marag (Palm Springs)	1981	12.16	Bobbi Jones (Indio)		1984
11.2	Pam Streeter (North)	1975	12.16	Jade Miller (Great Oak)		2013
11.2	Jamie Brown Canyon Springs)	1993	12.16	* Jaela Williams (Roosevelt)		2014
11.2	Shania Edwards-Hambrick (Moreno Val)	1993	12.17	* Courtne Davis (King)		2014
11.3	Denise Woodward (Hemet)	1982	12.18	Kim Burress (Temescal)		1999
11.3	J Keeton (Corona)	1983	12.19	Shanee Somerville (Palm Springs)		1991
11.3	Tanya Antuina (Norte Dame)	1983	12.19	*India Webb (Vista)		2013
11.3	Robin Shelton oreno Valley)	1983	12.20	Jessica Branker-Sanchez (Temescal)		2001
11.53	Alicia Howard (Valley View)	1997	12.21	Nettie Scott (Corona)		2010
11.59	Thompson (Rudidoux)	1982	12.21	Taisyn Crutchfield (Roosevelt)		2014
11.4	Ingrid Brown (La Sierra)	1984	12.23	* Jawmyne Graham (Roosevelt)		2014
11.4	Seruia Strange (Indio)	1986	12.24c	Nativa Johnson (Moreno Valley)	12.0	2004
11.4	Yvette McCullough (Arlington)	1986	12.25	Alicia Howard (Valley View)		1997
11.4	Keisha Morgan (Canyon Springs)	1990	12.26	**Diamonique Brogan (Heritage)		2013
11.4	Latoya LeJav (Canyon Springs)	1993	12.26	**Kiarra Baker (Roosevelt)		2010
11.4	Theodosha_Rivers (Rancho Verde)	1995	12.28	Serma Strange (Indio)		1985
11.4	Jessica Branker-Sanchez (Temescal)	2000	12.29	Ranisha Delone (Rancho Verde)		2001
11.66	Ingrid James (Ramona)	1988	12.29	*Audriana Holloway (Mesa)		2013
11.5	La Deanna Reynolds (Poly)	1982	12.30	*Rahni Shakir (Vista)		2013
11.5	Bobbi Jones (Indio)	1984	12.30	Jenna Tomlin (Paloma Valley)		2002
11.5	Kathy Lynaugh (Arlington)	1984	12.31	**Yazmin Taylor (Roosevelt)		2010
11.6	Visa Boatman (Arlington)	1981	12.31	*Sharidan Sharpe (Centennial)		2010
11.6	Christy Slaughter (Poly)	1990	12.32	**Ugochi Ogbunamiri (Notre Dame)		2011
11.6	Joanna Hayes (North)	1993	12.32	* M'fon Ibekewe (JW North)		2014
11.6	Marlene White (Norco)	1993	12.32	Taylor Matthews (Rancho Verde)		2012
11.6	Ashanti Phamux (Moreno Valley)	1996	12.33	Celine Fleming Canyon Springs)		1989
11.6	Lenzy (Canyon Springs)	1999	12.34	Dejuana Stachell (Beaumont)	12.1	1997
11.6	Zaneta Robbs (Temecula)	2000	12.34c	Maude Best (Banning)	12.1	1997
Wind-Aided:			12.34c	Jesscia Williams (La Sierra)	12.1	1999
11.4	Milauskas (Palm Springs)	1987	12.34c	Candace Wilson (La Sierra)	12.1	1999
100 meters			12.34c	DeTuana Satchel (Banning)	12.1	1999
11.61	Madinah Ali (Canyon Springs)	1995	12.34c	Wilson (Hemet)	12.1	2000
11.67	Tracee Thomas (North)	1999	12.34c	Katie Christianson (La Quinta)	12.1	2000
11.67	Nicole Denby (North)	2000	12.34c	Hannah Francescon (Temecula)	12.1	2005
11.73	Ashlee Brown (North)	2001	12.35	Orlisha Henlon (King)		2002
11.73	Jessika Hornsby (Rancho Verde)	2007	12.35	Ogonna Agu (Hemet)		2006
11.73	Saravia Richardson (North)	2006	12.35	Morgan Pope (La Quinta)		2009
11.73	*Asiah Gooden (Rancho Verde)	2009	12.35	** Cynamon Stevenson (Great Oak)		2014
11.73	Kayla Wilson (La Quinta)	2014	12.35	Lafonda Thompson (North)		2006
11.75	Eboni Sutherland (Centennial)	2013	12.36	**Angela Mitchell (Roosevelt)		2012
11.79	Alicia King (Rancho Verde)	2007	12.38	Kamaria Heru (Arlington)		2002
11.85	DeAnna Carson (Vista del ago)	2003	12.39	Kierra Augster (Vista)		2009
11.85	Ashley Marshall (Rancho Verde)	2011	12.40	*Kiarra Baker (Roosevelt)		2011
11.85	Amanda Van Buren (Vista)	2014	12.40	Sheridan Sharpe (Roosevelt)		2012
11.90	Michelle Norman (Vista)	2014	12.41	*Angela Mitchell (Roosevelt)		2013
11.91	Dominique Manning (North)	2004	12.41	Rickee Varnado (Rancho Verde)		2014
11.92	*Alycia Herring (Rancho Verde)	2009	12.41	Simone Bucanan (Roosevelt)		2014
11.92	Lauren Nichols (Murrieta Valley)	2012	12.42	Natasha King (North)		1991
11.93	Bridgette Williams (North)	2000	12.42	Christie Slaughter (Poly)		1989
11.97	Jenna Tomlin (Paloma Valley)	2003	12.43	La Deanna Reynolds (Poly)		1984
12.01	Nicole Hoxie (North)	1997	12.44	Diane Temple (Notre Dame)	12.2	1995
12.02	Kaelynn Greene (Roosevelt)	2011	12.44c	Jessica Branker-Sanchez (Temescal)		2003
12.03	Theodosha Rivers (Rancho Verde)	1995	12.44c	Sigueria Spirlin (Valley View)	12.2	2004
12.04	Kamera Heru (Arlington)	2001	12.44c	Sina Weisemann (Vista)	12.2	2005
12.07	Ashley Perkins (Norco)	2009	12.44	Andi Ross (North)		2006
12.09	Mary Carroll (Coachella)	1982	12.44	Seguria Spirlin (Moreno Valley)		2006
12.09	*Khala Taylor (Great Oak)	2011	12.44	** Tia Parrish (King)		2014
12.11	Unique Anderson (Temescal)	2003	12.45	Tanicka Ward (North)		2003
12.11	Kimberly Sherrrod (Murrieta)	2005	12.45	Omonlegbo Ovude (Santiago)		2006
12.11	*Dynes Adams (Vista)	2009	12.46	Ishea Blackshear (North)		1996
12.13	Precious Watkins (Rancho Verde)	2007	12.46	*Kierra Auguster (Vista)		2008
12.13	Jazmine Weatherspoon (Vista)	2009	12.46	Cydnie Jones (King)		2012
12.13	***Audriana Holloway (Vista)	2011	12.48	Zona Chandler (Elsinore)		1981
12.13	* Lonshay Bradford (Arlington)	2014	12.48	Marjani Maldonado (North)		2006
			12.48	Stephanie Brown (Rancho Verde)		2012
			12.49	Shania Edwards (Moreno Valley)		1993

12.50	Kiarra Baker (Roosevelt)		2012	11.90	Kaelyn Greene (Roosevelt)		2011
12.51	Denise Johnson (Corona)		1990	11.93	Unique Anderson (Temescal)		2003
12.51	Brittany Osborne (Santiago)		2009	11.93	*Jaela Williams (Roosevelt)		2014
12.52	Deanna Clawson (Hemet)		1991	11.95	*Dynese Adams (Vista)		2009
12.52	Luckie Carrasco (Vista)		2007	11.99	Shanee Somerville (Palm Springs)		1991
12.52	Nachelle Reyes (Rancho Verde)		2011	12.00	Taisyn Crutchfield (Roosevelt)		2014
12.52	Rahni Shakir (Vista)		2014	12.01	Nicole Denby (North)		1998
12.53	Tajshari Johnson (North)		1998	12.03	Nativa Johnson (Moreno Valley)		2004
12.53	Kanisha Cass (Rancho Verde)		2000	12.03	Cydney Jones (King)		2012
12.53	*Kristy Allen (Santiago)		2008	12.03	*Audriana Holloway (Mesa)		2013
12.54c	Keisha Morgan (Canyon Springs)	12.3	1990	12.04c	Mary Carroll (Coachella)	11.8	1982
12.54c	Dana Burrell (Corona)	12.3	1995	12.04c	Taryn Foster (Poly)	11.8	1993
12.54c	Yvette McCullough (Arlington)	12.3	1986	12.04	Tanika Ward (North)		2003
12.54c	Julia Gray (North)	12.3	1997	12.09	Khala Taylor (Great Oak)		2012
12.54	*Nenia Taylor (Norco)		2010	12.09	*Lonshay Bradford (Arlington)		2014
12.54	*Amber Sanford (King)		2009	12.10	Nettie Scott (Corona)		2010
12.54	Robyn Carroll (Lakeside)		2008	12.10	Jazmine Weatherspoon (Vista)		2009
12.54	Nechelle Reyes (Rancho Verde)		2011	12.11	**Cynamon Stevenson (Great Oak)		2014
12.54	*Iris Chijioke (Roosevelt)		2011	12.12	Iris Chijioke (Roosevelt)		2012
12.54	Shebanette Terry (Vista)		2013	12.13	Breeanca Fleming (Great Oak)		2007
12.54	**Bryana Hairston (Mesa)		2014	12.14c	Shania Edwards (Moreno Valley)		1993
12.55	**Brandee Rodriguez (Elsinore)		2010	12.16	**Kiarra Baker (Roosevelt)		2010
12.55	Duncan Nikia (Murrieta)		2009	12.17	India Webb (Vista)		2014
12.56	Candice Flemister (Perris)		1991	12.19	**Amber Sanford (King)		2008
12.57	Courtney Logan (Indio)		1990	12.21	Destannie Chenevert (San Jacinto)		2011
12.57	Alicia Thomas (Ramona)		1992	12.23	Marjani Maldonado (North)		2008
12.57	Destiny Tyler (Canyon Springs)		2007	12.24	Stephanie Brown (Rancho Verde)		2012
12.58	Tiyauna Anderson (Murrieta)		2007	12.24	*Angela Mitchell (Roosevelt)		2013
12.58	*Camille Bowen (Riv Chr)		2009	12.25	Ogonna Agu (Hemet)		2006
12.58	Destannie Chenevert (San Jacinto)		2011	12.27	Natasha King (North)		1991
12.58	*Lillie Rellin (Canyon Springs)		2011	12.27	Marjani Maldando (North)		2007
12.58	***Daja Reynolds (Heritage)		2013	12.29	**Dynese Adams (Vista)		2008
12.59	*Brandee Rodriguez (Elsinore)		2012	12.31	Seguria Spirlin (Moreno Valley)		2006
12.59	*D'Oni Evans (Centennial)		2013	12.31	Deanna Grover (San Jacinto)		2007
12.59	*Lovie Burleson (Vista)		2013	12.32	**Tia Parrish (King)		2014
12.60	Kamilah Ali (Moreno Valley)		1989	12.33	Diane Temple (Norte Dame)		1994
12.60	Khasya Cunningham (King)		2014	12.33	Jessica Banker- Sanchez (Temescal)		2003
12.63	Diane Temple (Norte Dame)		1994	12.33	Orelisha Henlon (King)		2003
12.64c	Lisa Poole (Perris)	12.4	1982	12.33	Kiarra Baker (Roosevelt)		2012
12.64c	Marie Stamps (Perris)	12.4	1984	12.37	Camille Bowen (Riv Christian)		2010
12.64c	Jamie Brown (Canyon Springs)	12.4	1993	12.38	Morgan Pope (La Quinta)		2009
12.64c	Debrina Wright (Corona)	12.4	1994	12.38	Ashleigh Wells (Roosevelt)		2009
12.64c	Shanti Oyenuga (Palm Desert)	12.4	1995	12.38	**Uwakmfon (m'fon) Ibekwe (North)		2013
12.64c	Kari Snow (Norco)	12.4	2002	12.38	Rahni Shakir (Vista)		2014
12.64c	Mercedes Scrivens (Paloma Valley)	12.4	2003	12.39	Sheridan Sharpe (Roosevelt)		2012
12.64c	Brison (North)	12.4	2004	12.41	Amber Hegwood (Poly)		2008
12.64c	LaQuesha Robinson (La Sierra)	12.4	2004	12.42	Tiyauna Anderson (Murrieta)		2007
12.64c	Chalon Conley (Arlington)	12.4	2004	12.42	**Diamonique Brogan (Heritage)		2013
12.64c	Edwards (Canyon Springs)	12.4	2004	12.42	**D'Oni Evans (Centennial)		2013
12.64	**Ashley Marshall (Rancho Verde)		2009	12.43	Morgan Pope (La Quinta)		2008
12.65	Diamonique Pate (Rancho Verde)		2008	12.43	*Atiya Strange (Indio)		2012
12.65	Starlynn Singleton (Mesa)		2013	12.44c	Dorris Williams (Poly)	12.2	1985
12.66	***Lydia Buggs (Vista)		2014	12.44c	Kellye Lazarus (King)	12.2	2004
12.67	Unique Lewis (Hemet)		1989	12.44	Andi Ross (North)		2006
12.67	**Destiny Longmire (Rancho Verde)		2014	12.45	*Asha Greene (Vista)		2008
12.69	Shammeen Dawson (Perris)		2001	12.45	*Alexis League (La Sierra)		2012
12.70	Nikki Horton (Canyon Springs)		1989	12.45	*Simone Buchanan (Roosevelt)		2013
12.70	Norma Esqueda (La Quinta)		2001	12.45	*Khasya Cunningham (King)		2014
12.70	***Rahni Shakir (Vista)		2011	12.46	Amanda Gonzalez (Corona)		2014
				12.47	**Taylor Matthew (Rancho Verde)		2010
Wind-Aided:				12.47	Robyn Carroll (Lakeside)		2008
11.51	Ashlee Brown (North)		2001	12.47	***Nenia Taylor (Norco)		2008
11.57	Eboni Sutherland (Centennial)		2013	12.48	Luckie Carrasco (Vista)		2007
11.58	Tracee Thomas (North)		1999	12.49	Jasmine Seymour (Paloma Valley)		2007
11.58	*Asiah Gooden (Rancho Verde)		2009	12.51	Moriah Jubray (Centennial)		2005
11.58	*Kayla Wilson (La Quinta)		2013	12.51	Cydney Powell (Corona)		2014
11.68	Alicia King (Rancho Verde)		2007	12.52	*Amber Lambert (Corona)		2011
11.73	Lauren Nichols (Murrieta Valley)		2012	12.52	Kate Rodriguez (Elsinore)		2013
11.75	*Alycia Herring (Rancho Verde)		2009	12.52	Dystiny Johnson (Great Oak)		2014
11.77	Ashley Marshall (Rancho Verde)		2011	12.53	*Camille Davis (North)		2010
11.83	DeAnna Carson (Vista del Lago)		2003	12.54	Omonlego Avbude (Santiago)		2005
11.86	*Courtne Davis (King)		2014	12.54	*Cydney Jones (King)		2011
11.87	Nicole Hoxie (North)		1997	12.55	Moriah Jubrey (Centennial)		2003
11.87	Dominique Manning (North)		2004	12.55	Paige Miller (Rancho Verde)		2006
11.88	Ashley Perkins (Norco)		2009	12.55	**Brandee Rodriguez (Elsinore)		2010

12.55	*Charmane Hammond (Perris)	2011	25.14c	Jennifer Steen (La Sierra)	24.9	2000
12.56	**Sharidan Sharpe (Centennial)	2010	25.15	**Uwakmfon (M'fon) Ibekwe (North)		2013
12.57	Heather Brown (Notre Dame)	2003	25.18	Jamie Brown (Canyon Springs)		1993
12.57	***Jaszmyne Santiel (Indio)	2013	25.20	Jasmine Weatherspoon (Vista)		2009
12.59	Unique Lewis (Hemet)	1989	25.20	**Kiarra Baker (Roosevelt)		2010
12.59	Shanti Oyenuga (Palm Desert)	1997	25.21	Breeanca Fleming (Great Oak)		2007
12.60	Djuara Jackson (Arlington)	2005	25.24c	Kamoria Heru (Arlington)	25.0	2000
12.60	Ashley Perkins (Norco)	2007	25.24	Iris Chijioke (Roosevelt)		2012
12.61	J Keeton (Corona)	1983	25.26	Rochelle Reese (Corona)		1988
12.61	Dana Burrell (Corona)	1997	25.28	Audriana Holloway (Mesa)		2014
12.61	*Sarai Reyes (Indio)	2013	25.32	Orlisha Henlon (King)		2003
12.61	Precious Watkins (Rancho Verde)	2004	25.32	* Lonshay Bradford (Arlington)		2014
12.62	Nikki Horton (Canyon Springs)	1989	25.34c	Oganna Agu (Hemet)	25.1	2004
12.62	Brittany Osborne (Santiago)	2009	25.34	*Kaelynn Greene (Roosevelt)		2010
12.62	Kieana Morrison (North)	2008	25.34	*Mariah Mora (Mesa)		2013
12.62	Hanna Francescon (Temecula)	2008	25.35	Denise Johnson (Corona)		1990
12.62	*Rahni Shakir (Vista)	2013	25.35	Kim Sherrod (Murrieta)		2006
12.63	Kristen Johnston (Great Oak)	2007	25.36	*Amber Sanford (King)		2009
12.65	*Michelle Akanji (Santiago)	2012	25.39	Sumaje Howard (Rancho Verde)		2013
12.66	Robin Shelton (Moreno Valley)	1983	25.42	**Sharidan Sharpe (Centennial)		2010
12.66	**Jazmyne Santiel (Indio)	2014	25.42	Mercy Akanji (Santiago)		2013

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23.28	Tracee Thomas (North)	1999	25.44c	Alisia Thomas (Ramona)		1992
23.68	*Alycia Herring (Rancho Verde)	2009	25.45	April Henderson (San Jacinto)	25.2	1999
23.72	Madinah Ali (Canyon Springs)	1995	25.45	Dominique Manning (North)	25.2	2004
23.79	Eboni Sutherland (Centennial)	2013	25.47	* Khasya Cunningham (King)		2014
23.86	*Gabrielle Estell (Rancho Verde)	2010	25.47	Stephanie Brown (Rancho Verde)		2012
23.90	Jessika Hornsby (Rancho Verde)	2007	25.49	Amanda Gonzalez (Corona)		2014
24.04	*Kayla Wilson (La Quinta)	2013	25.49	Nicole Denby (North)		1998
24.06	Saravia Richardson (North)	2006	25.49	Morgan Pope (La Quinta)		2009
24.21	Bridgette Williams (North)	2000	25.49	Taylor Matthews (Rancho Verde)		2012
24.24c	Terica Ned (Rancho Verde)	24.0	25.51	La Deanna Reynolds (Poy)		1984
24.34	Alicia King (Rancho Verde)	2007	25.51	Jessica Banker-Sanchez (Temescal)		2003
24.36	Ashley Perkins (Norco)	2009	25.53	Angie Ned (Rancho Verde)		2001
24.42	*Akia Armstrong (Roosevelt)	2012	25.55	* Aaliyah Crawford (Citrus Hill)		2014
24.44	*Asiah Gooden (Rancho Verde)	2009	25.59+	Lianne Peterson (Palm Springs)	25.5y	1990
24.46	Theodosha Rivers (Rancho Verde)	1995	25.59	Nativa Johnson (Moreno Valley)		2004
24.49	** Amanda Van Buren (Vista)	2014	25.60	Tiyauna Anderson (Murrieta)		2007
24.60	Khala Taylor (Great Oak)	2012	25.61	Mandrell Anderson (North)		1996
24.62	DeAnna Carson (Vista del Lago)	2003	25.61	**Ugochi Ogbunamiri (Notre Dame)		2011
24.63	***Audriana Holloway (Vista)	2011	25.62	Lena Bettis (North)		2000
24.63	* Courtne Davis (King)	2014	25.63	*Kierra Auguster (Vista)		2008
24.66	Ogonna Agu (Hemet)	2006	25.64c	Sigueria Sperlin (Valley View)	25.4	2004
24.68	Julia Gray (North)	1995	25.64	**Yasmin Taylor (Roosevelt)		2010
24.68	Cydney Powell (Corona)	2014	25.65	Joanna Hayes (Arlington)		1994
24.70	Cydney Jones (King)	2012	25.67	Andi Ross (North)		2006
24.70	Loryn Nichols (Murrieta Valley)	2012	25.70+	Natsha King (North)		1989
24.71	Jade Miller (Great Oak)	2013	25.70	**Brianna Cole (Santiago)		2009
24.73	Ashley Marshall (Rancho Verde)	2011	25.72	Christy Slaughter (Poly)		1990
24.75	Akia Armstrong (Roosevelt)	2013	25.74c	Deanna Clawson (Hemet)	25.5	1991
24.81	Shanee Somerville (Palm Springs)	1991	25.74c	Shanti Oyenuga (Palm Desert)	25.5	1995
24.83	***Amber Munerlyn (Santiago)	2010	25.74c	Wendy Reed (Canyon Springs)	25.5	1996
24.84	Ashanti Phannix (Moreno Valley)	1998	25.77	LaQuesha Robinson (La Sierra)	25.5	2004
24.85	*Taisyn Crutchfield (Roosevelt)	2013	25.78	Shemanette Terry (Vista)		2013
24.87+	Renee Chambers (Poly)	25.01y	25.78	Bobbie Tones (Indio)		1984
24.87	Emily Cooper (Vista del Lago)	2010	25.79	Alicia Howard (Valley View)		1997
24.89	Kim Burrell (Temescal)	1999	25.79+	Jackson (North)	25.7y	1976
24.89	Precious Watkins (Rancho Verde)	2006	25.79+	Antionette Winston (Perris)	25.7y	1979
24.89	*Dynese Adams (Vista)	2009	25.79	Keisha Morgan (Canyon Springs)		1991
24.90	Nettie Scott (Corona)	2010	25.80	Norma Esqueda (La Quinta)		2003
24.92	Tamika Ward (North)	2001	25.80	Chalon Conley (Arlington)		2004
24.94c	Ashlee Brown (North)	24.7	25.80	*Kristian Wright (Canyon Springs)		2010
24.94	Lorraine King (North)	2004	25.81	Carrie Walls (Canyon Springs)		1996
24.95	*Angela Mitchell (Roosevelt)	2013	25.83	*Brianna Cole (Santiago)		2010
24.96	Lafonda Thompson (North)	2006	25.84c	Erin Green (North)	25.6	1993
24.97	India Webb (Vista)	2014	25.84c	Evandra Owens (Hemet)	25.6	1995
25.00	Michelle Norman (Vista)	2014	25.85	Chaunte Howard (North)	25.6	2000
25.02	*Simone Buchanan (Roosevelt)	2013	25.85	Camille Williams (Vista)		2010
25.04c	Raynisha Delone (Rancho Verde)	24.8	25.86	Ingrid James (Ramona)		1988
25.04c	Shelese Ruffin (Beaumont)	24.8	25.86	*Jessica Johnson (Centennial)		2009
25.08	Gayle Hunter (North)	2003	25.87	***Dynese Adams (Vista)		2007
25.11	Ashleigh Wells (Roosevelt)	2009	25.87	*Sumaje Howard (Rancho Verde)		2012
25.14c	Bizzle (North)	24.9	25.88	*Tori Alemany (Chaparral)		2012
		2000	25.89	Tasha McNair (Valley View)		2000
			25.89	Jenna Tomlin (Paloma Valley)		2003

25.89	Anthonae Sparks (Valley View)		2007	25.60	**Dominique Hinds (Centennial)		2012
25.91	Angie Bizzle (North)		2003	25.62	Kate Christianson (La Quinta)		1999
25.91	***Mya Marshall (Great Oak)		2014	25.64c	Marisa Smith (Valley View)	25.4	2002
25.92	Doris Williams (Poly)		1984	25.64c	Sigueria Spirlin (Moreno Valley)	25.4	2005
25.92	Brittany Baltazar (Santiago)		2004	25.64	*Camille Petty (Roosevelt)		2009
25.92	Hanna Francescon (Temecula)		2007				
25.92	**Brandee Rodriguez (Elsinore)		2010				
25.94	*Michelet Smith (Perris)		2012				
25.95	*Jasmine Weatherspoon (Vista)		2008	54.22	Tracee Thomas (North) indoors		2002
25.96	Dashea McLough (Temescal)		2003	54.28	Bridgette Williams (North)		2001
25.97	Madjie McIntos (Temecula)		2004	54.65	Julia Gray (North)		1995
25.97	Kristen Johnston Great Oak)		2007	54.69	Ashlee Brown (North)		2000
25.97	Kierra Auguster (Vista)		2009	54.72	**Gabby Estell (Rancho Verde)		2009
25.97	**Krista Haddock (Hemet)		2013	54.96	Khala Taylor (Great Oak)		2012
25.98	Denise Woodwar (Hemet)		1982	55.06	Jade Miller (Great Oak)		2013
25.98	Morgan Pope (La Quinta)		2007	55.10	Shalese Ruffin (Beaumont)		2002
25.98	*Rahni Shakir (Vista)		2013	55.24	Lorraine King (North)		2005
26.00	*Shonice Myers (Notre Dame)		2009	55.78	***Aaliyah Crawford (Citrus Hill)		2012
26.01	Destiny Tyler Canyon Springs)		2007	55.81	*Simone Buchanan (Roosevelt)		2013
26.01	** Tia Parrish (King)		2014	56.12	***Alycia Herring (Rancho Verde)		2007
26.03	Maude Best (Banning)		1997	56.25	Lili Calhoun (North)		2003
26.03	Asha Greene (Vista)		2009	56.25	**Uwakmfon (M'fon) Ibekwe (North)		2013
26.04	Celine Fleming (Canyon Springs)		1989	56.29	Tamika Ward (North)		2001
26.04	Kate Christianson (La Quinta)		1999	56.30	Laura McDowell (La Sierra)		2009
26.04c	Leandra Jefferson Centennial)	25.8	1997	56.37	*Ericka Nowell (Perris)		2008
26.04c	Esperanza Kilgore (Valley View)	25.8	1998	56.47	Lauren Coomber (Mesa)		2014
26.04	DeJuanna Satchel (Beaumont)		1998	56.55	**Crystal Tejeda (Norte Vista)		2012
26.04	Michelle Akanji (Santiago)		2013	56.56	Marti Arguellas (Corona)		1991
				56.78	Cydney Powell (Corona)		2014
				56.61	Robyn Carroll (Lakeside)		2008
				56.96	Kayla Wilson (La Quinta)		2014
Wind-Aided:							
23.20	Tracee Thomas (North)		1999	56.96	Denise Woodard (Hemet)	57.3y	1980
24.17	**Alycia Herring (Rancho Verde)		2008	56.97+	Raven Hebert (North)		1998
24.28	Julia Gray (North)		1997	57.02	Kierstan Kirkland (North)		2005
24.30	Alicia King (Rancho Verde)		2007	57.08	Renee Chambers (Poly)	57.49y	1979
24.40	Shanee Somerville (Palm Springs)		1991	57.16+	*Jazmin Retano (Coachella Valley)		2012
24.49	Cydney Jones (King)		2012	57.17	Jessica Johnson (Centennial)		2009
24.53	Cydney Powell (Corona)		2014	57.29	Shemanette Terry (Vista)		2013
24.59	* Courtne Davis (King)		2014	57.32	***Jayla Walker (La Sierra)		2013
24.66	* Aaliyah Crawford (Citrus Hill)		2014	57.34c	*Taylor Lorack (Temecula)		2011
24.74c	Erin Green (North)	24.5	1993	57.39	Jamie Brown (Canyon Springs)	57.3	1993
24.86	Robyn Carroll (Lakeside)		2008	57.44c	Hanna Francescon (Temecula)		2006
24.89	Kim Burress (Temescal)		1999	57.44	*Camille Petty (Roosevelt)		2009
24.90	**Akia Armstrong (Roosevelt)		2011	57.44	Gwen Adams (Moreno Valley)	57.7y	1979
24.92	Jamie Brown (Canyon Springs)		1993	57.45+	Noelle Abboud (King)		2012
24.93	*Iris Chijioke (Roosevelt)		2011	57.45	Marisa Smith Valley View)		2003
24.95	**Uwakmfon (M'fon) Ibekwe (North)		2013	57.45	* Courtne Davis (King)		2014
24.98	Nettie Scott (Corona)		2010	57.47	Carrie Walls (Canyon Springs)		1995
25.01	Cydney Powell (Corona)		2014	57.51	Akia Armstrong (Roosevelt)		2013
25.04	*Amber Sanford (King)		2008	57.51	Sandy Utterback (Poly)		1984
25.10	*Chasity Ducre (Roosevelt)		2013	57.55	**Aaliyah Crawford (Citrus Hill)		2013
25.11	*Jasmine Weatherspoon (Vista)		2008	57.65	*Dynese Adams (Vista)		2009
25.13	Precious Watkins (Rancho Verde)		2007	57.75	Alana Babers (North)		2007
25.15	Audriana Holloway (Mesa)		2014	57.78	Kierstan Kirkland (North)		2006
25.15	Taisyn Crutchfield (Roosevelt)		2014	57.79	*Erin Thompson (Temecula)		2010
25.16	* Lonshay Bradford (Arlington)		2014	57.80	**Hannah Blache (King)		2013
25.16	Simone Buchanan (Roosevelt)		2014	57.81	Regina Bowman (Indio)		2013
25.19	*Mariah Mora (Mesa)		2013	57.81	Michelle Hunt (North)		1998
25.20	***Khala Taylor (Great Oak)		2009	57.84	Jaylah Walker (La Sierra)		2014
25.22	Morgan Pope (La Quinta)		2008	57.92	Brittany Bozeman (Rancho Verde)		2007
25.24	***Ashley Marshall (Rancho Verde)		2008	58.08	*Dominique Hinds (Centennial)		2013
25.27	Alana Babers (North)		2007	58.08	Denisha Shaw (Canyon Springs)	58.0	2001
25.28	Nativa Johnson (Moreno Valley)		2003	58.14c	Jeanette Martinez (Perris)	58.0	2005
25.29	Aganna Agu (Hemet)		2005	58.14c	Tasha McNair (Valley View)		2000
25.34	Kamaria Heru (Arlington)		2002	58.15	Erin Green (North)		1993
25.35	Kierra Auguster (Vista)		2009	58.17	**Jasmine Harper (Vista del Lago)		2009
25.37	Kiarra Baker (Roosevelt)		2012	58.17	Kararia Heru (Arlington)		2003
25.38	*Kiarra Greene (Roosevelt)		2010	58.18	**April Sutton (Roosevelt)		2013
25.39	Tenna Tomlin (Paloma Valley)		2002	58.20	**Christina Winn (Poly)		2013
25.39	Camille Bowen (Riv Christian)		2010	58.25	Madji McIntosh (Temecula)		2004
25.41	Morgan Pope (La Quinta)		2009	58.34	*Mariah Mora (Mesa)		2013
25.44c	Lena Bettis (North)	25.2	2002	58.34	Pauline Maragh (Palm Springs)		1981
25.51	Destannie Chenevert (San Jacinto)		2011	58.36	Janessa Brown (Murrieta)		2011
25.54c	Jeanette Martinez (Perris)	25.3	2005	58.36	Asheigh Wells (Roosevelt)		2009
25.56	**Dynese Adams (Vista)		2008	58.37	Shebanette Terry (Vista)		2013
25.59	* Jaela Williams (Roosevelt)		2014	58.39			

58.40	Norma Esqueda (La Quinta)		2003	59.67	Keisha Morgan (Canyon Springs)		1990
58.44c	Sue Lavendier (Palm Springs)	58.3	1981	59.67	**Ashley Marshall (Rancho Verde)		2009
58.46	Jazmin Retano (Coachella Valley)		2013	59.69	Latausha Miles-Mitchell (Murrieta)		2008
58.47	Maria Enriquez (Corona)		1994	59.73	*Asiah Gooden (Rancho Verde)		2009
58.47	Shavon Sweet (Perris)		2000	59.73	Mercedes James (Moreno Valley)		2000
58.48	***Amanda Van Buren (Vista)		2013	59.79	***Clarissa Robles (Santiago)		2009
58.49	Naquesha Moulton (Arlington)		1995	59.80	**Erin Thompson (Temecula)		2009
58.50	Martiesha Caines (Great Oak)		2013	59.81	*Ronke Odubela (Great Oak)		2011
58.53	***Kinney Stora (Santiago)		2010	59.82	Chanel Calhoun (Great Oak)		2011
58.56	**Yasmine Taylor (Roosevelt)		2010	59.82	***Sierra Carrasco (Patriot)		2012
58.56	*Kiarra McIntosh (Paloma Valley)		2012	59.84c	M. Lea (King)		2003
58.58	*Sayghe Fornerod (Murrieta)		2010	59.84	Nicole Sambrano (Great Oak)		2007
58.59	**Akia Armstrong (Roosevelt)		2011	59.89	***Hannah Blache (King)		2012
58.61	Kaelynn Greene (Roosevelt)		2011	59.93	Tesha Wright (Perris)		2000
58.68	Shynell Foree (La Sierra)		2005	59.93	Collins (North)		1999
58.69	Markisha Lea (King)		2002	59.94c	Kariessa Fontenot (North)	59.8	2004
58.76	Amanda Hawkins (Palm Springs)		2013	59.97	*Dakota Davis (Murrieta)		2011
58.76	*Bria Palmer (JW North)		2014	59.98	Anthoniae Sparks (Valley View)		2005
58.79	Kristian Wright (Canyon Springs)		2011				
58.81+	Robin Pratt (Moreno Valley)	59.16y	1978				
58.83	Toyona Robinson (Valley View)		1998				
58.83	Kiah Smythe (Vista)		2007				
58.85	***Audriana Holloway (Vista)		2011	2:05.9	Lynn Hollins (Poly)		1976
58.88	**Tarra Rarick (Paloma Valley)		2008	2:11.04	*Kiarra McIntosh (Paloma Valley)		2012
58.88	*Shonice Myers (Notre Dame)		2009	2:11.91	***Megan Huebner (La Quinta)		2011
58.89	Hanna Francescon (Temecula)		2008	2:11.97	Sheria Moses (Ramona)		1991
58.89	**Sarah Sanders (Great Oak)		2013	2:12.50	Alicia Williams (Corona)		2014
58.94c	Joanna McNichol (Paloma Valley)	58.8	2005	2:13.51	** Ruth Wiggins (King)		2014
58.94	*Michelet Smith (Perris)		2012	2:13.99	** Kailie Grimes (Beaumont)		2014
58.95	Laura McDowell (Arlington)		2012	2:15.15	Kiara McIntosh (Paloma Valley)		2013
58.96	Lianne Peterson (Palm Springs)		1990	2:12.67	Erika Reddish (Vista)		2012
58.96	Tanetta Dismuke (North)		1992	2:12.95	***Laura McDowell (La Sierra)		2009
58.96	Jessica Johnson (Centennial)		2010	2:13.59	***Jackie Crowther (Linfield)		2012
58.96	Kiara McIntosh (Paloma Valley)		2013	2:13.69	Persephone Lowery (Norco)		1987
59.00	** Kailie Grimes (Beaumont)		2014	2:13.87	** Joy Ngula (Vista del Lago)		2013
59.01	Camille Williams (Vista)		2010	2:14.28	**Karlle Creal (Vista del Lago)		2009
59.04c	Denise Hall (Perris)	58.9	1980	2:14.34	Denean Long (Corona)		1983
59.04c	Nicole Denby (North)	58.9	1998	2:14.5	Liza Pasquito (Murrieta)		2002
59.04	*Taisyn Crutchfield (Roosevelt)		2013	2:14.62	*Rebecca Morales (Indio)		2012
59.08	*Janessa Brown (Murrieta)		2010	2:14.64	*Megan McClain (Great Oak)		2010
59.10	*** Natalie Skaggs (Poly)		2014	2:14.68	*Briana Fonseca (Vista del Lago)		2012
59.10	Dominique Hinds (Centennial)		2014	2:15.05	***April Sutton (Roosevelt)		2012
59.11	*** Mya Marshall (Great Oak)		2014	2:15.07	Shey Bonghabih (Murrieta)		2003
59.14c	Dominique Manning (North)	59.0	2002	2:15.27	*Venus Shabgahi (Corona)		2011
59.17	Morgan Pope (La Quinta)		2007	2:15.4	Mary Jo Bogovich (Corona)		1983
59.18	Kim Cole (Arlington)		1999	2:15.43	Amy Rose (Norco)		1995
59.24	Lanisha Ford (North)		2005	2:15.63	*Ashley Roberts (Poly)		2010
59.24c	Marisa Smith (Valley View)	59.1	2005	2:15.67	Ashlee Cervantes (Beaumont)		2008
59.26	Rachel Strohmeier (Murrieta Valley)		2012	2:15.86	*Jessica Hilton (Great Oak)		2010
59.34c	Sheneice Vargas (Elsinore)	59.2	2005	2:16.14	Jessica Barnard (Great Oak)		2007
59.35	Morgan Pope (La Quinta)		2009	2:16.21	Tammy Kim (Temecula)		2012
59.35	**Allie Portis (Great Oak)		2013	2:16.44	***Chandler Kerr (Chaparral)		2012
59.39+	Beck Miller (North)	59.6y	1982	2:16.55	Lauren Campfield (Great Oak)		2005
59.39	Liza Pasquito (Murrieta Valley)		2004	2:16.57	Leslie Graciano (Roosevelt)		2013
59.40	**Jasmine Richards (Great Oak)		2008	2:16.85	Caitlin Coomber (Vista)		2008
59.40	***Krista Haddock (Hemet)		2012	2:16.91	Alec Stamal (Great Oak)		2009
59.42	Brittany Baltazar (Santiago)		2004	2:17.0	*Laura McDowell (Arlington)		2011
59.42	Kylie Dudley (Temecula)		2005	2:17.22	Kaitlyn Malloy (Great Oak)		2008
59.43	*Camille Williams (Vista)		2009	2:17.37	Nina Alvarado (Chaparral)		2008
59.44+	Persephone Lowery (Norco)	59.79y	1989	2:17.38	* Lauren Coomber (Mesa)		2013
59.44	Evondra Owens (West Valley)		1997	2:17.40	Kirsten Lake (Chaparral)		2007
59.45	*** Shae Anderson (Norco)		2014	2:17.43	* Audrey Wallis (Great Oak)		2014
59.48	Ronke Odubela (Great Oak)		2012	2:17.47	**Angela Ziff (Temecula)		2012
59.49+	Shelly Schoenherr (Corona)	59.7y	1983	2:17.54	***Ally Talpash (Great Oak)		2014
59.50	Kylie Dudley (Temecula)		2004	2:17.77	***Josie Guinn (Vista)		2014
59.51	Jemna Tomlin (Paloma Valley)		2001	2:17.94	Kylee Martin (Murrieta)		2010
59.54c	Sheria Moses (Ramona)	59.4	1991	2:18.0+	Toby Jacober (Moreno Valley)	2:18.8y	1980
59.54	Chalonna Williams (La Sierra)		2003	2:18.61	April Quaker (Norco)		1986
59.55	**Bria Palmer (North)		2013	2:17.67	* Jana Warrick (Roosevelt)		2013
59.56	*Alexandra Gaskin (Great Oak)		2011	2:17.77	** Taylor Taite (Mesa)		2013
59.56	Abigail Creel (King)		2011	2:18.04	* Angela Ziff (Temecula Valley)		2013
59.57	***Cynamon Stevenson (Great Oak)		2013	2:18.22	Rachael Seymour (Great Oak)		2013
59.64c	Joy Smith (Moreno Valley)	59.5	1983	2:18.48	*** Alyssa Ungrady (Great Oak)		2013
59.64c	Raven Johnson (Moreno Valley)	59.5	1983	2:18.60	Haley Dorris (Great Oak)		2014
59.65	***Ashley Sinkler (Ramona)		2008	2:18.64	Maria Morales (Poly)		2013
				2:18.74	Bayleigh Porter (King)		2013

2:18.75	Rami Samoori (North)		1994	5:02.52	* Taylor Taite (Mesa)		2014
2:18.80	Rebecca Lacy (Elsinore)		1992	5:02.54	Samantha Morabe (Great Oak)		2010
2:18.81	Lisa Prieto (Rubidoux)		1988	5:03.33+	Shannon Emery (Great Oak)	5:05.10y	2011
2:18.85	Carly Bauer (Great Oak)		2012	5:04.56	***Angela Ziff (Temecula)		2011
2:18.90	Melissa Escamilla (San Jacinto)		2006	5:04.60	*Pauline Mandel (Great Oak)		2011
2:18.98	Shelby Horgan (Temescal)		1996	5:04.62	Alma Escobar (Corona)		2004
2:19.09	Kaitly Malloy (Great Oak)		2010	5:04.82	** Ruth Wiggins (King)		2014
2:19.17	Leanne Renner (Temecula)		1996	5:05.29+	Katie Johnson (Great Oak)	5:07.07y	2011
2:19.29	Mariel Mendoza (North)		2012	5:05.32	* Jana Warrick (Roosevelt)		2013
2:19.4	Eugenias (La Sierra)		1978	5:06.66	Alexia Velarde (Marywood-Palm Valley)		2012
2:19.46	Ashley Helbig (Great Oak)		2014	5:06.82	Lily Seynaeve (Santiago)		2014
2:19.47	*Tammy Kim (Temecula)		2011	5:06.86	*** Kiyena Beatty (Great Oak)		2014
2:19.47	* Chandler Kerr (Chaparral)		2014	5:06.89	*Taryn Pastoor (Murrieta)		2007
2:19.53	***Taylore Cantu (Hemet)		2012	5:06.95	Michaelanne Laurent (Corona)		2009
2:19.61	*Shannon Emery (Great Oak)		2010	5:07.04	Carrie Soholt (King)		2011
2:19.67	Angela Laqueaux (Moreno Valley)		1986	5:07.12	**Ashlee Cervantes (Beaumont)		2008
2:19.69	*Rachel Seymour (Great Oak)		2012	5:07.12	** Taylor Taite (Mesa)		2013
2:19.69	** Alyssa Ungrady (Great Oak)		2014	5:07.43	Claris Fernandez (Corona)		1993
2:19.7+	Julie Ortman (Poly)	2:20.5y	1978	5:07.44	Rachel Seymour (Great Oak)		2013
2:19.85	Brittney Reimer (La Quinta)		2008	5:07.8+	Janice Kelley (Hemet)		1977
2:19.87	**Tarra Rarick (Paloma Valley)		2008	5:08.06	*** Marissa Rodriguez (La Quinta)		2014
2:19.92	Carrie Soholt (King)		2008	5:08.25	Kalyn Kenney (Temecula)		2007
2:19.99	Megan McClain (Great Oak)		2011	5:08.28	Brittney Reimer (La Quinta)		2008
2:20.02	Caitlin Coomber (Vista)		2007	5:08.28	*Hanna Peterson (King)		2010
2:20.18	***Nikki Blokzyl (Corona)		2009	5:08.29	Serkadis Krome (Vista del Lago)		2008
2:20.21	Maryanne Hanks (Murrieta)		2004	5:08.30	*Rebecca Morales (Indio)		2012
2:20.28	Jennie Higbee (Norco)		1988	5:08.63	*Kelsie Tippets (King)		2009
2:20.29	Alexander Malaysia (Corona)		2009	5:08.81	Abbey Gallaher (Great Oak)		2007
2:20.32	Wendy Reed (Canyon Springs)		1995	5:08.92	* Haley Dorris (Great Oak)		2013
2:20.41	Carly Bauer (Great Oak)		2010	5:09.0	Anna Johnston (Great Oak)		2009
2:20.41	Shannon Emery (Great Oak)		2011	5:09.03	Ashley Beechan (Hemet)		2008
2:20.44	Casey Candelaria (King)		2009	5:09.17	Heather Wilson (Great Oak)		2009
2:20.46	Jamie Schwab (Murrieta Valley)		2004	5:09.39	Anjie Miranda (Palm Springs)		1990
2:20.46	*Baleigh Porter (King)		2012	5:09.40	Vianna Hochstrasser (Chaparral)		2008
2:20.50	Sally Cohenour (Arlington)		1985	5:10.28	** Desiree Stinger (Great Oak)		2014
2:20.55	Marie Nguyen (North)		1998	5:10.33	*** Evelyn Mandel (Great Oak)		2014
2:20.66	**Chrissy Lapierre (Chaparral)		2011	5:10.45	Jennie Higbee (Norco)		1988
2:20.81	Camille Petty (Roosevelt)		2010	5:10.63	Monica Valdez (Temescal)		1999
2:20.86	Ana Valdovino (Coachella Valley)		2011	5:10.90	*** Ally Talpash (Great Oak)		2014
2:20.9	Jaime Brederneier (Murrieta Valley)		1999	5:10.94	Kristina Moore (King)		2005
				5:10.96	***Alyssa Ungrady (Great Oak)		2013
				5:11.23	Jessica McCarthy (Vista)		2008
				5:11.26	** Clarissa Chagolla (JW North)		2014
				5:11.50	Abbey Gallaher (Great Oak)		2008
				5:11.93	**Sierra Vega (Chaparral)		2008
				5:11.97	Liana Boucher (Murrieta)		2004
				5:12.11	*Venus Shabgahi (Corona)		2011
				5:12.14	**Raelyn Werley (King)		2011
				5:12.23	Brooke Evans (Vista)		2013
				5:12.32	Kristina Taylor (Vista)		2007
				5:12.56	Danielle Pacheco (Temescal)		2000
				5:12.97	Pauline Mandel (Great Oak)		2012
				5:13.00	*Miranda Kewley (Great Oak)		2012
				5:13.19	* Audrey Wallis (Great Oak)		2014
				5:13.52	** Alexandria Stetkevick (Poly)		2014
				5:13.56	Michelle Paul (Perris)		1985
				5:13.60	Maria Rodriguez (La Sierra)		1999
				5:13.63	Natalie Schafer (Arlington)		2012
				5:14.25	Lauren Campfield (Great Oak)		2005
				5:14.29	*Alexis Messerly (Great Oak)		2012
				5:14.37	*Kiara McIntosh (Paloma Valley)		2012
				5:14.40	*Kim McNamee (Great Oak)		2012
				5:14.47	**Sarah Benson (Vista)		2011
				5:14.51	*Alexis Morabe (Great Oak)		2011
				5:14.52	*Bethany Balady (Vista)		2012
				5:14.55	Codie Daughtry (Vista del Lago)		2011
				5:14.56	Nicaela Hernandez (Vista)		2011
				5:14.63	*Briana Fonseca (Vista del Lago)		2012
				5:14.70	Ashley Beechan (Hemet)		2007
				5:14.7	Kaitly Malloy (Great Oak)		2010
				5:14.96	Xiang Tak (Chaparral)		2011
				5:15.23	*Melina Hernandez (Indio)		2010
				5:15.25	**Fernanda Rodriguez (Rubidoux)		2012
				5:15.42	**Haley Dorris (Great Oak)		2012
				5:15.48	**Maiya Larsen (Great Oak)		2013

1500 meters

4:36.7'	Brigid Freyne (Poly)		1987				
4:50.4	Sonya Melendez (Indio)		1992				
4:50.9'	Ellen Muench (Temescal Canyon)		1994				
4:52.29	Shelby Horgan (Temescal Canyon)		1996				
4:52.6'	Michelle Paul (Perris)		1985				
4:55.3	Danielle Pekar (Rubidoux)		1992				
4:56.5'	Claris Fernandez (Corona)		1993				
4:57.2	Persephone Lowery (Norco)		1988				

1600 meters

4:44.60	Haley Dorris (Great Oak)		2014				
4:45.26	** Destiny Collins (Great Oak)		2014				
4:48.25	Ashley Helbig (Great Oak)		2014				
4:48.96	Erika Reddish (Vista)		2012				
4:48.83	Megan Huebner (La Quinta)		2014				
4:51.25	Liza Pasquito (Murrieta)		2004				
4:51.35	Adriana Olivas (Centennial)		2012				
4:51.98	Mariel Mendoza (North)		2012				
4:54.43	Alicia Williams (Corona)		2014				
4:54.80	*Ashley Roberts (Poly)		2010				
4:55.32	Brigid Freyne (Poly)		1987				
4:56.87+	Jessica Hilton (Great Oak)	4:58.60y	2011				
4:56.99+	Kiara Mcintosh (Paloma Valley)		2013				
4:57.89+	Hanna Peterson (King)	4:59.63y	2011				
4:57.85	Shelby Horgan (Temescal)		1995				
4:58.33	***Ashley Evans (Corona)		2006				
4:59.69	Kristina Taylor (Vista)		2008				
4:59.98	Ellen Muench (Temescal)		1995				
5:00.00	** Kailie Grimes (Beaumont)		2014				
5:01.44	Rebecca Asplund (King)		2010				
5:01.51	*Anna Johnson (Great Oak)		2010				

3200 meters

10:14.33	** Destiny Collins (Great Oak)	2014	11:21.00	Paige Mobley (Murrieta)	2008
10:17.63	Haley Dorris (Great Oak)	2014	11:21.3	Pauline Mandel (Great Oak)	2012
10:26.54	* Megan Huebner (La Quinta)	2013	11:21.3	** Adriana Hernandez (North)	2013
10:30.67	Ashley Helbig (Great Oak)	2014	11:21.33	*** Michelle McIntosh (Great Oak)	2014
10:34.37	Brigid Freyne (Poly)	1987	11:21.35	Venus Shabgahi (Corona)	2012
10:34.73	Adriana Olivas (Centennial)	2012	11:21.55	Rebecca Asplund (King)	2010
10:36.27	Erika Reddish (Vista)	2012	11:21.70	***Alex Morris (Temescal)	2009
10:37.64	Mariel Mendoza (North)	2012	11:21.74	* Maiya Larsen (Great Oak)	2014
10:37.69	*Anna Johnson (Great Oak)	2010	11:22.02	Alexia Velarde (Marywood-Palm Valley)	2012
10:37.89	Liza Pascuito (Murrieta)	2004	11:22.04	Kenzie Estes (Poly)	2010
10:39.58	Katie Johnson (Great Oak)	2011	11:22.31	Amanda Crissinger (Vista)	2013
10:43.04+	Alma Escobar (Corona) 10:47.70y	2005	11:22.42	Danica Rosendale (Vista)	2009
10:45.75	***Angela Ziff (Temecula)	2011	11:22.73	Abbey Gallaher (Great Oak)	2008
10:53.70	*** Kiyena Beatty (Great Oak)	2014	11:22.90	Maria Hurtado (Vista)	2012
10:54.31	Ellen Muench (Temescal)	1995	11:22.96	Brianna Jacklin (King)	2014
10:55.84	*Hanna Peterson (King)	2010	11:23.17	Heather Wilson (Great Oak)	2009
10:57.86	Kristina Taylor (Vista)	2008	11:24.02	Katie Borum (Murrieta)	2007
10:58.88	Taryn Pastoor (Murrieta)	2007	11:24.42	Amanda Reynolds (Murrieta)	2008
10:59.45	*Miranda Kewley (Great Oak)	2012	11:25.03	***Marissa Rodriguez (La Quinta)	2014
10:59.59	Jo Anne Howard (Notre Dame)	1982	11:25.04	**Valeria Ruiz (Xavier Prep)	2012
10:59.60	* Ashley Cahalan (Vista)	2014	11:25.16	** Ariana Martinez (Temecula)	2013
11:00.2	Jessica Hilton (Great Oak)	2011	11:25.41	Kylee Martin (Murrieta)	2008
11:00.55	*** Evelyn Mandel (Great Oak)	2014	11:25.47	* Macey Pflughoft (Great Oak)	2014
11:01.82	**Sierra Vega (Chaparral)	2008	11:25.78	* Alicia Williams (Corona)	2013
11:02.78	**Sarah Benson (Vista)	2011	11:27.37	Breann Howell (Murrieta Valley)	2014
11:03.10	Vianna Hochstrasser (Chaparral)	2008	11:27.47	Maiya Larsen (Great Oak)	2013
11:03.20	Sonya Melendez (Indio)	1992	11:26.49	Brittney Reimer (La Quinta)	2008
11:03.25	**Kelsi Tippets (King)	2008	11:28.58	**Christina Calain (Great Oak)	2012
11:03.6+	Janice Kelley (Hemet) 11:07.5y	1978	11:28.73	Melina Hernandez (Indio)	2011
11:04.69	** Desiree Stinger (Great Oak)	2014	11:28.80	***Chandler Kerr (Chaparral)	2012
11:05.60	Mean Fairley (King)	2004	11:28.82	Dominique Esparza (Valley View)	2011
11:06.11	Carissa Bowman (King)	2007	11:28.94	* Lauren Boyd (King)	2013
11:06.71	Christina Lara (Cathedral City)	2002	11:29.00	Jessica McCarthy (Vista)	2010
11:07.29	** Clarissa Chagolla (JW North)	2014	11:29.0	*Kim McNamee (Great Oak)	2012
11:07.73	Alicia Williams (Corona)	2011	11:31.33	Rachel Seymour (Great Oak)	2011
11:07.81	Raelyn Werly (King)	2013	11:31.99	Bethany Bilton (Murrieta)	2011
11:07.98	***Rachel Seymour (Great Oak)	2010	11:32.06	** Michaela Reynolds (Vista)	2014
11:07.99	Serkadis Krome (Vista del Lago)	2008	11:32.06	Fernanda Rodriguez (Rubidoux)	2014
11:08.03	Shelby Horgan (Temescal)	1995	11:32.35	*Ashlee Cervantes (Beaumont)	2009
11:08.54	***Mckenna Genovese (Santiago)	2012	11:32.66	*Nina Alvarado (Chaparral)	2010
11:08.94	Adianna Ramos (Elsinore)	2010	11:32.71	** Arlene Avalos (Great Oak)	2014
11:09.42	Monica Valdez (Temescal)	2001	11:32.76	Heather Wilson (Great Oak)	2008
11:09.81	Carrie Soholt (King)	2011	11:33.07	Mila Alvarez (North)	2007
11:10.83	Samantha Morabe (Great Oak)	2010	11:33.46	Brooke Evans (Vista)	2013
11:11.7	*Alexis Morabe (Great Oak)	2011	11:33.77	** Alyssa Haring (King)	2014
11:11.95	Paige Mobley (Murrieta)	2007	11:33.79	Christian Calain (Great Oak)	2013
11:12.01	*Pauline Mandel (Great Oak)	2011	11:33.93	*Samantha Morabe (Great Oak)	2009
11:12.07	Lily Seynaeve (Santiago)	2014	11:33.97	Alia Bales (Great Oak)	2011
11:12.18	Kenzie Estes (Poly)	2011	11:34.04	***Jasmine Benson (Santiago)	2007
11:12.40	Katie Barrese (Great Oak)	2006	11:34.62	Heather Wilson (Great Oak)	2007
11:12.41	Anjie Miranda (Palm Springs)	1988	11:35.63	Jana Warrick (Roosevelt)	2014
11:12.76	Jamie Bascom (Elsinore)	1993	11:36.18	* Taylor Taite (Mesa)	2014
11:13.21	Miranda Kewley (Great Oak)	2013	11:36.21	*** Cassidy Hylton (Great Oak)	2014
11:14.14	Ashley Beechan (Hemet)	2008	11:36.27	*Ashley Roberts (Poly)	2010
11:14.95	Nicaela Hernandez (Vista)	2012	11:36.38	Danica Rosendale (Vista)	2007
11:15.33	Liana Boucher (Murrieta)	2004	11:37.23	**Alexys Estrada (Vista del Lago)	2011
11:15.41	Emily Clause (Great Oak)	2013	11:37.41	**Haley Brzycki (Corona)	2010
11:15.49	Lindsey Stalker (Corona)	2001	11:38.00	Xiang Tak (Chaparral)	2011
11:15.70	***Maiya Larsen (Great Oak)	2012	11:39.08	Samantha Flores (Paloma Valley)	2014
11:15.78	Kat Prince (Poly)	1986	11:39.22	Allison Blake (Great Oak)	2009
11:16.0+	Debbie Williams (Norco)	1983	11:39.36	Melinda Hernandez (Indio)	2010
11:16.14	Miranda Kewley (Great Oak)	2011	11:39.54	*** Nicole Rice (Great Oak)	2014
11:16.34	Ashley Evans Corona)	2007	11:40.44	Alia Bales (Great Oak)	2009
11:17.14	***Jacqueline Aparicio (Santiago)	2011	11:40.55	** Taylor Walker (Great Oak)	2014
11:17.30	Heather Wilson (Great Oak)	2009	11:40.93	Bethany Bilton (Murrieta)	2009
11:17.75	**Alexis Messerly (Great Oak)	2011	11:41.27	**Haiden Gonzalez (Chaparral)	2012
11:18.12	**Fernanda Rodriguez (Rubidoux)	2012	11:41.35	*Rachel Seymour (Great Oak)	2012
11:18.63	* Audrey Wallis (Great Oak)	2014	11:41.71	Raven Harrison (Hemet)	2012
11:18.89	** Kaili Waller (Chaparral)	2013	11:41.76	* Valeria Ramirez (Vista)	2014
11:19.21	*Alexadra Morris (Temescal)	2011	11:41.79	* Kelly Thomas (Great Oak)	2014
11:19.38	Melissa Aronson (Hemet)	1995	11:42.03	Katie Barrese (Great Oak)	2009
11:19.52	Crystal Ricardez (Canyon Springs)	1998	11:42.94	Maria Hurtado (Vista)	2011
11:20.19	** Sani Shabgahi (Corona)	2014	11:42.97	Raelyn Werley (King)	2010
			11:43.68	Kalyn Kenney (Temecula)	2006
			11:44.01	* Chandler Kerr (Chaparral)	2014

11:44.12	Christian Calain (Great Oak)
11:44.19	Raven Harrison (Hemet)
11:44.71	*Bethany Balady (Vista)
11:45.38	Nicole Matera (Vista)
11:45.62	**Samantha Morabe (Great Oak)
11:45.66	**Alexa Gozzip (Beaumont)
11:45.7	Anne Klaassen-Van Oorschot (Arlington)
11:45.82	Nicole Matera (Vista)
11:46.07	Tina Sanchez (Norco)
11:46.09	** Emily Clause (Great Oak)
11:46.14	** Kaylee Saville (Great Oak)
11:46.25	Michelle Dale (Moreno Valley)
11:46.39	** Jade Nouchi (Centennial)
11:46.67	Anna Schwab (Murrieta)
11:46.86	Alia Bales (Great Oak)
11:46.90	*Karisa Reynolds (Vista)
11:47.17	Allison Blake (Great Oak)
11:47.45	Michelle Hernandez (Vista)
11:47.5	Tish Bennett (Norco)
11:47.61	***Taylor Cantu (Hemet)
11:47.64	***Marissa Mendez (Vista del Lago)
11:47.66	Taylor Maggiacomo (Great Oak)
11:47.78	Kelley Floyd (Corona)
11:47.95	*Ashley Matsen (Chaparral)
11:48.49	***Amanda Reynolds (Murrieta)
11:48.59	Jenna Griffin (Murrieta)
11:49.23	***Olivia Rivera (Temecula Valley)
11:49.48	Heddie Richards (Hemet)
11:49.48	Ashley Spann (North)
11:49.53	Bethany Bilton (Murrieta)
11:49.57	Ashley Matsen (Chaparral)
11:49.6+	Trish Ramirez (Rubidoux) 11:53.7y
11:49.91	Lucy Bi (La Sierra)

5000 meters

16:51.97	Alma Escobar (Corona)	2004
17:58.76	Kelsi Tippets (King)	2010
18:21.81	Rebecca Asplund (King)	2010

3000m Steeplechase

Kelly Floyd (Corona)	2003
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100m Hurdles (30")

13.83	Doris Williams (Poly)	1987
14.07	Dominique Manning (North)	2001
14.23	CeCe Chandler (Elisnore)	1982
14.26	Lisa Hale (Poly)	1987
14.43	Latice House (Poly)	1989
14.74c	Stephanie LaMar (Indio) 14.5	1985
14.75	Beth Griffiths (Corona)	1982
14.75	Shanne Somerville (Palm Springs)	1989
14.89	Lianne Peterson (Palm Springs)	1990
14.94c	Mary Carroll (Coachella) 14.7	1982
15:06	Yvette McCullough (Arlington)	1986
15:08	Maria Peterkin (Arlington)	1990
15:12	Jackie Caddo (Indio)	1982
15:12	Alesha Stevenson (North)	1989
15:16	Kristy Irwin (Norco)	1990
15:19	Denise Wilson (Indio)	1981
15:30	Desiree Green (North)	1992
15:34c	Sue Rupel (Perris) 15.1	1981
15:34	Andrea Meachum (Ramona)	1992
15:35	Tanya Jones (Corona)	1988
15:45	Alesha Stevenson (North)	1988
15:54c	Kelly Smith (Centennial) 15.3	1992

Wind-Aided:

13.95	CeCe Chandler (Elisnore)	1982
14.24	Lisa Hale (Poly)	1987
15.30	Erin Wayne (Norco)	1985
15.45	Bobbi White (Norco)	1989

2014 100m Hurdles (33")

2010	13.20	Nicole Denby (North)	2000
2012	13.35	Nicole Hoxie (North)	1997
2008	13.45	Joanna Hayes (North)	1995
2008	13.58	Ashlee Brown (North)	2003
2011	13.66	Jasmyne Graham (Roosevelt)	2014
1992	13.67	Dominique Manning (North)	2004
2008	13.78	* Jaela Williams (Roosevelt)	2014
1987	14.08	Gayle Hunter (North)	2004
2014	14.16	Jasde Miller (Great Oak)	2013
2014	14.17	Marjani Maldonado (North)	2009
1993	14.18	Iris Chijioke (Roosevelt)	2012
2014	14.18	Iris Chijioke (Roosevelt)	2012
2007	14.20	April Holliverse (North)	1999
2010	14.31	Taylor Fleming (King)	2013
2008	14.31	April Sutton (Roosevelt)	2014
2010	14.32	Kim Dargel (Mesa)	2013
2009	14.34c	Chaunte Howard (North) 14.1	2002
1988	14.35	DeAnna Carson (Vista del Lago)	2003
2012	14.38	Kiersten Kirkland (North)	2007
2008	14.42	Heather Corder (Murrieta)	2010
2011	14.47	Katy Hall (Murrieta)	2009
2004	14.54	Gayle Hunter (King)	2002
2011	14.54	Breeanca Flemng (Great Oak)	2007
2008	14.56	Amber Middleton (Murrieta)	2008
2008	14.59	Martiesha Caines (Great Oak)	2013
2012	14.60	Marisa Smith (Valley View)	2004
1999	14.62	Ericka Nowell (Perris)	2009
2001	14.66	Kelsey Rubeor (Murrieta)	2007
2008	14.76	*Amber Clark (Rancho Verde)	2009
2012	14.84c	Liz Luzsko (Banning) 14.6	1999
1984	14.93	** Samaya Brandon (North)	2013
2010	14.94c	Alexandria Anderson (Valley View) 14.7	2002
	14.94	** Iyana Cooksey (Roosevelt)	2014
	14.95	Tiffany Parker (Rancho Verde)	2005
	14.96	Laura Stokes (Vista)	2012
	14.96	Sarah Dunaway (Vista)	2014
2004	15.02	Tanika Ward (North)	2004
2010	15.04	Becky Collier (Woodcrest Chr)	2013
2010	15.08	Jazmine Harper (Vista del Lago)	2011
	15.08	Kari Snow (Norco)	2003
	15.17	Keiana Shannon (North)	1999
	15.19	Mary Manu (Vista)	2007
2003	15.21	Robin Lealblad (Arlington)	1996
	15.23	*Jade Miller (Great Oak)	2012
	15.24c	Ashley Henley (Indio) 15.0	2004
1987	15.26	Taryn Pastoor (Murrieta)	2007
2001	15.31	Janessa Brown (Murrieta)	2011
1982	15.34c	Jameyo Austin (Moreno Valley) 15.1	2001
1987	15.34	Tatiana Martinez (Murrieta)	2012
1989	15.35	Emily Owen (Vista)	2009
1985	15.36	Frances Chase-Dunn (North)	2009
1982	15.39	Shama Edwards-Hambrick (Mo Val)	1994
1989	15.44c	Ashley Henley (Indio) 15.2	2002
1990	15.46	Lorraine King (North)	2005
1982	15.46	Jessica Toliver (Vista)	2013
1986	15.50	Miki Ewing (Corona)	2013
1990	15.52	Mary Mann (Vista)	2006
1982	15.54c	Laura Amos (Norte Vista)15.3	1995
1989	15.54c	Danielle Perry (Murrieta Valley) 15.3	1999
1990	15.54	*Shereen Sutherland (Santiago)	2011
1981	15.55	Pamela Leyva (La Quinta)	2003
1992	15.55	Amada Breyer (Hemet)	2006
1981	15.55	Jasmine Williams (Great Oak)	2007
1992	15.56	Dana Felt (Palm Desert)	2008
1988	15.56	Emily Owen (Vista)	2010
1988	15.66	Marisa Wright (Moreno Valley)	1997
1992	15.66	*Sheliemae Reyes (Vista)	2010
	15.66	* Ali Miller (Murrieta Valley)	2014
	15.67	** Bryana Hairston (Mesa)	2014
	15.68	Zenobia Bracy (King)	2005
	15.68	Samaya Brandon (JW North)	2014
	15.69	Lauren Henderson (Rancho Verde)	2012
	15.72	Allison Abacherli (Paloma Valley) 14.7	2002
	15.72	** Grace Arnold (Mesa)	2014

15.75	Angela Gomez (Perris)	1993	44.03	Doris Williams (Poly)	1987
15.77	Rachel Miller (Vista)	2007	44.06	Janessa Brown (Murrieta)	2011
15.78	Carmiesha Brown (La Quinta)	2001	44.11	Martisesha Caines (Great Oak)	2013
15.80	Christie Wilson (Poly)	1996	44.14	**Jasmyne Graham (Roosevelt)	2013
15.80	Kelly Green (Corona)	2007	44.16	Kristen Powers (Chaparral)	2007
15.84	*Noelani Smith (Vista)	2011	44.26	Stephanie Lamar (Indio)	1984
15.84	Sheliemae Reyes (Vista)	2011	44.27	Gabby Estell (Rancho Verde)	2009
15.87	Carmesha Brown (La Quinta)	2003	44.29	**Jazmine Harper (Vista de Lago)	2009
15.88	**Leitasi Cravens (Vista)	2013	44.30	Kari Snow (Norco)	2003
15.89	***Ali Miller (Murrieta)	2012	44.31	***Laura McDowell (La Sierra)	2009
15.90	Sandy Kacura (Norco)	1998	44.32	Amber Clark (Rancho Verde)	2009
15.90	Angela Green (La Sierra)	2007	44.43	Beth Griffiths Corona)	1982
15.96	Sabel Moffett (Chaparral)	2005	44.47	Lianne Peterson (Palm Springs)	1990
15.96	T'Keyah Gray (Elsinore)	2010	44.49	Frances Chase-Dunn (North)	2009

Wind-Aided:

13.42	Nicole Denby (North)	1999	44.60	Keiana Shannon (North)	1999
13.44c	Dominique Manning (North) 13.2	2004	44.72	Angela Gomez (Perris)	1993
13.4	Ashlee Brown (North)	2003	44.72	**Krista Haddock (Hemet)	2013
13.79	**Jasmyne Graham (Roosevelt)	2013	44.85	**Leighana Weaver (King)	2013
13.80	Joanna Hayes (North)	1994	44.88	April Holliverse (North)	1999
13.84c	Gayle Hunter (North) 13.6	2004	44.91	Desiree Green (North)	1993
13.88	Iris Chijioke (Roosevelt)	2012	44.91	Naquesha Moulton (Arlington)	1997
14.05	April Holliverse (North)	1999	44.93	**Jaela Williams (Roosevelt)	2013
14.10	Marjani Maldonado (North)	2009	45.08	Sandy Utterback (Poly)	1984
14.22	Heather Corder (Murrieta)	2010	45.10	Amber Middleton (Murrieta)	1983
14.33	**April Sutton (Roosevelt)	2013	45.11	Jessica Balbuena (La Sierra)	2009
14.39	DeAnna Carson (Vista del Lago)	2003	45.11	**Cynamon Stevenson (Great Oak)	2014
14.41	Kim Dargel (Mesa)	2013	45.12	Natalie Lamagna (Norco)	1983
14.45	*Tayler Fleming (King)	2012	45.12	Shania Edwards-Hambrick (Mo Val)	1994
14.47	Amber Clark (Rancho Verde)	2009	45.12	Sara Dunaway (Vista)	2014
14.47	Katy Hall (Rancho Verde)	2009	45.13	Kim Dargel (Mesa)	2013
14.44	Gayle Hunter (King)	2002	45.19	*Rynese Hulbert (Roosevelt)	2010
14.54	Breanca Fleming (Great Oak)	2007	45.20	Robin Lealblad (Arlington)	1996
14.58	**Samaya Brandon (North)	2013	45.23	Shebanette Terry (Vista)	2013
14.79	Sara Dunaway (Vista)	2014	45.26	Diamond Tabron (JW North)	2014
14.81	Tiffany Parker (Rancho Verde)	2006	45.31	Kylie Dudley (Temecula)	2006
14.83	Amber Clark (Rancho Verde)	2010	45.31	*Leighana Weaver (King)	2014
14.84	Lorraine King (North)	2005	45.33	**Samaya Brandon (North)	2013
14.92	*Martiesha Caines (Great Oak)	2012	45.65	Alisha Burton (Norco)	2001
14.95	*Heather Corder (Murrieta)	2009	45.71	Jasmine Richards (Great Oak)	2010
15.08	*Ali Miller (Murrieta Valley)	2014	45.74c	Cheri Slater (Moreno Valley) 45.5	1983
15.17	Sara Nielson (Palm Desert)	2008	45.77	*Emily Owen (Vista)	2009
15.19	Mary Manu (Vista)	2007	45.91	**Iyana Cooksey (Roosevelt)	2014
15.27	*Maya Jackson (Desert Hot Springs)	2012	45.93	Shanee Somerville (Palm Springs)	1989
15.28	Shanie Edwards-Hamrick (Mo Val)	1993	45.98	*Gabby Estell (Rancho Verde)	2010
15.28	Frances Chase-Dunn (North)	2009	46.01	*Aleyah Coleman (Palm Springs)	2012

200m Hurdles (30")

26.80	Dominique Manning (North)	2001	46.04c	Madinah Ali (Canyon Springs) 45.8	1994
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300m Hurdles (30")

40.81	Joanna Hayes (North)	1995	46.06c	Alexandria Anderson (Valley View) 45.8	2002
41.02	Jade Miller (Great Oak)	2013	46.08	Lolene Swallow (Vista)	2014
41.53	Nicole Denby (North)	1999	46.10	Mayimi Lee (Cathedral City)	2011
41.61	Ashlee Brown (North)	2001	46.14	**Jessica Toliver (Vista)	2011
41.80	Ericka Nowell (Perris)	2009	46.16	Rachel Miller (Vista)	2007
42.18	Lili Calhoun (North)	2003	46.17	*Katy Hall (Murrieta)	2008
42.66	Nicole Hoxie (North)	1996	46.18	Rynese Hulbert (Roosevelt)	2011
42.84c	Marisa Smith (Valley View) 42.7	2004	46.24c	Rosalie Watkins (Perris) 46.0	2002
42.96	Kiersten Kirkland (North)	2007	46.25	Marisa Wright (Moreno Valley)	1997
43.08	Tayler Fleming (King)	2013	46.27	Erin Wayne (Norco)	1985
43.12	Tanika Ward (North)	2004	46.28	Taylor Lorack (Temecula)	2012
43.13	Danielle Perry (Murrieta)	1999	46.33	Tary Foster (Poly)	1996
43.24	***Marjani Maldonado (North)	2006	46.35	Breanca Fleming (Great Oak)	2006
43.27	Dominique Manning (North)	2004	46.35	Tatiana Martinez (Murrieta Valley)	2012
43.46	**April Sutton (Roosevelt)	2013	46.36	Amber Clark (Rancho Verde)	2010
43.48	Heather Corder (Murrieta)	2010	46.36	Aleyah Coleman (Palm Springs)	2013
43.48	*Iris Chijioke (Roosevelt)	2011	46.39	Lauren McDade (Norte Vista)	1985
43.52	Gayle Hunter (North)	2004	46.40	*Asia Wallace (Rancho Verde)	2014
43.67	**Jaylah Walker (La Sierra)	2014	46.43	Precious Watkins (Rancho Verde)	2007
43.74	Lorraine King (North)	2005	46.44c	Alex Edmond (North) 46.2	1997
43.79	**Laura McDowell (Arlington)	2010	46.44c	Jameyo Austin (Moreno Valley) 46.2	2001
			46.46	Amanda Breyer (Hemet) 46.2	2005
			46.49	Wendy Kearney (La Sierra)	2003
			46.52	Pamela Leyva (La Quinta)	2002
			46.54	Sheliemae Reyes (Vista)	2011
				*Lauren Henderson (Rancho Verde)	2011

46.64c	Gretchen DeWitt (Indio) 46.4		1983			
46.65	Devin Stetson (Corona)		2014			
46.68	Marrisa Smith (Valley View)		2003	45.30	North	2000
46.68	*** Jaylah Walker (LA Sierra)		2013	45.36	North	2001
46.74c	Allison Abacherli (Paloma Valley) 46.5		2002	45.68	Rancho Verde	2010
46.78	Chris Stanley (Norco)		1984	45.74	Rancho Verde	2007
46.87	Tricia Cervantes (Beaumont)		2012	45.76	Rancho Verde	2009
46.88	*** Jaszmyne Santiel (Indio)		2013	45.92	North	2003
46.89	* Krista Haddock (Hemet)		2014	45.97	Rancho Verde	2006
46.92	Ginger Vega (Notre Dame)		1992	46.20	Rancho Verde	2008
46.97	Laura Stokes (Vista)		2012	46.25	Rancho Verde	2011
46.98	Ashley Henley (Indio)		2004	46.22	Vista	2014
47.04c	Maria Peterkin (Arlington) 46.8		1990	46.41	Roosevelt	2011
47.01	Jackie Adams (Moreno Valley)		1983	46.44	North	2004
47.04	Melissa Pridemore (Centennial)		1995	46.58	Vista	2009
47.04	**Cayla Brooks (Roosevelt)		2012	46.64	Roosevelt	2010
47.07	Sydney Schuller (Paloma Valley)		2011	46.65	North	1999
47.08	*** Shae Anderson (Norco)		2014	46.72	Roosevelt	2014
47.13	Misha Limbrick (Canyon Springs)		1993	46.73	North	2006
47.18	L Weaver (King)		2014	46.86	North	2002
47.19	Kristy Irwin (Norco)		1989	46.93	Roosevelt	2013
47.19	* Laurin Bergman (Santiago)		2013	46.97	Vista	2013
47.20	Princess Lee (Ramona)		1994	47.03	Mesa	2013
47.20	Alex Edmond (North)		1997	47.04	North	1996
47.20	** Leitasi Cravens (Vista)		2013	47.18	North	1995
47.24c	Kariesse Fonteant (North) 47.1		2004	47.18	Roosevelt	2012
47.24	**Cassie Gstrein (Murrieta)		2009	48.21	North	2013
47.25	**Kristian Wright (Canyon Springs)		2009	47.23	North	2005
47.26	Jessica Toliver (Vista)		2013	47.27	Vista	2012
47.27	**Melanie Williams (Corona)		2011	47.29	Canyon Springs	1994
47.30	Allison Higgins (San Jacinto)		1992	47.32	Great Oak	2014
47.34	Ruperta Ibarrera (Moreno Valley)		1988	47.33	Great Oak	2012
47.35	***Erica Williams (Elsinore)		2009	47.34	Rancho Verde	1999
47.37	Jessica Reeder (Corona)		2008	47.55	North	1997
47.38	*Aubree Ford (Vista)		2009	47.73	Vista	2011
47.44c	Sue Rupel (Perris) 47.2		1981	47.72	King	2014
47.45+	Celeste Bailey (Rubidoux) 47.73y		1990	47.86	King	2013
47.52	* Niome Wyatt (Rancho Verde)		2014	47.90	Vista	2008
47.54c	Jacque Jarvis (Centennial) 47.3		1992	47.94	Roosevelt	2009
47.58	Katherine Silva (Canyon Springs)		2005	47.96	Rancho Verde	2013
47.64c	Kristin Barnes (Hemet) 47.4		1995	47.97	Canyon Springs	1995
47.65	**Aleyah Coleman (Palm Springs)		2011	48.00	North	1998
47.66	Brianna Stine (Murrieta)		2001	48.00	Murrieta	2007
47.67	Lisa Taranto (Elsinore)		2013	48.00	King	2012
47.70	Anyiwo Nnenna (Murrieta)		2003	48.02	Great Oak	2011
47.70	**Amber Lasher (Norco)		2011	48.02	Rancho Verde	2012
47.73	Carrie Rock (Canyon Springs)		1996	48.04	Corona	2014
47.74c	Jasmine Calhoun (Rancho Verde) 47.5		1997	48.11	Murrieta	2012
47.74c	Olivia Turner (Perris) 47.5		2010	48.13	Rancho Verde	2014
47.74	Nnenna Anyiwo (Murrieta)		2004	48.16	Canyon Springs	2013
47.74	***Laurin Bergmann (Santiago)		2011	48.16	Centennial	2013
47.79	Laurin Bergmann (Santiago)		2014	48.19	Great Oak	2007
47.81	Khalisha Charles (Canyon Springs)		1996	48.20	Canyon Springs	1999
47.88	Jolanna Fleming (West Valley)		2001	48.21	North	2013
47.92	Jessica Richeri (Centennial)		2011	48.28	North	2007
47.93	Rachel Miller (Vista)		2008	48.29	Great Oak	2010
47.94	** Kayleigh O'Brien (Murrieta Valley)		2014	48.43	Great Oak	2008
47.94	* Ali Miller (Murrieta Valley)		2014	48.43	Centennial	2010
47.96	La'Shea English (Rancho Verde)		2000	48.46	Vista	2010
47.96	Lauren Henderson (Rancho Verde)		2012	48.51	Canyon Springs	1993
47.96	Paige Williams (Chaparral)		2000	48.53	Murrieta Valley	2006
47.96	Briana Corsetti (Vista)		2013	48.57	Canyon Springs	2001
48.00	Laura Amos (Norte Vista)		1994	48.64	King	2009
48.00	** Aileen Galicia (La Quinta)		2013	48.66	Santiago	2009
48.00	Summer Traylor (Perris)		2014	48.69	Moreno Valley	1983
48.02	Mary Mann (Vista)		2005	48.69	Great Oak	2013
48.04c	Tiffany Dillard (Canyon Springs) 47.8		2002	48.70	Great Oak	2009
48.04c	Krystal Johnson (Rancho Verde) 47.8		2002	48.71	Vista	2007
				48.74	Banning	1999
				48.75	North	2009
				48.85	King	2011
63.42	Kierstan Kirkland (North)	2006	48.90	Mesa		2012
			48.95	Murrieta		2008
			48.97	Vista		2006
			48.97	Heritage		2013

400m Hurdles (30")

49.04	Murrieta Valley		1999	50.04	Canyon Springs	2006
49.08	Great Oak		2006	50.05	Indio	1983
49.08	King		2008	50.05	Moreno Valley	1989
49.13	Paloma Valley		2014	50.06	Corona	1990
49.14	Mesa		2014	50.06	La Sierra	2012
49.17	Corona		2013	50.06	Palm Springs	2013
49.19	Rancho Verde		2004	50.00	Santiago	2003
49.19	Santiago		2011	50.08	North	1993
49.21	Centennial		1997	50.08	Rancho Verde	2000
49.23	Vista del Lago		2010	50.09	Perris	1982
49.23	Chaparral		2010	50.13	Perris	2007
49.24c	San Jacinto	49.1	2008	50.15	Rancho Verde	1996
49.25+	North 49.4y		1982	50.15	Vista del Lago	2011
49.25	JW North		2014	50.17	Palm Springs	2012
49.27	Canyon Springs		1996	50.18	King	2010
49.28	Corona		1988	50.19	Hemet	1990
49.28	Santiago		2013	50.20	Ramona	1995
49.32	Temescal		2003	50.20	Santiago	2004
49.37	Indio		1986	50.20	Perris	2005
49.37	North		2008	50.23	Valley View	2002
49.37	Chaparral		2013	50.23	Temecula	2013
49.39	Corona		2010	50.24c	Poly 50.1	1996
49.41	Murrieta Valley		2004	50.24	Indio	2010
49.41	Hemet		2006	50.25+	North 50.4y	1975
49.42	Canyon Springs		1989	50.25	Poly	2008
49.43	King		2005	50.25	Murrieta	2010
49.46	Elsinore		2013	50.27+	Corona 50.56y	1988
49.47	Corona		2011	50.27	King	2007
49.48	Poly		1995	50.27	Centennial	2012
49.48	Chaparral		2012	50.27	Beaumont	2013
49.50	Poly		1982	50.27	Palm Springs	2014
49.51	Centennial		2011	50.28	Temescal	2004
49.55	Canyon Springs		1988	50.29	Moreno Valley	1991
49.57	Valley View		2004	50.30	Poly	1987
49.57	Indio		2012	50.30	Corona	2007
49.58	Elsinore		2012	50.31	Canyon Springs	1991
49.60	Canyon Springs		1990	50.32	Canyon Springs	2000
49.60	Poly		1997	50.32	Citrus Hill	2013
49.60	Murrieta Valley		2005	50.34c	Canyon Springs 50.2	2002
49.63	Temecula Valley		2001	50.34c	Paloma Valley 50.2	2002
49.63	Chaparral		2011	50.34	Patriot	2012
49.66	Perris		2000	50.35	Arlington	2003
49.66	Elsinore		2009	50.40	Corona	2012
49.71	Vista del Lago		2009	50.41	Banning	1997
49.72	San Jacinto		2011	50.41	Norco	2008
49.72	Citrus Hill		2014	50.42	Elsinore	2011
49.75+	Perris	49.9y	1979	50.44c	Poly 50.3	1985
49.76	Canyon Springs		2010	50.44	Hemet	2004
49.76	Murrieta Valley		2011	50.44	Heritage	2012
49.77	Canyon Springs		1992	50.45	Ramona	1994
49.78	North		1992	50.45	West Valley	2003
49.79	Corona		1991	50.46+	Corona 50.75y	1982
49.80	Banning		2000	50.46	Temecula	2009
49.81	Centennial		2003	50.47	La Sierra	2005
49.81	Centennial		2014	50.49	Norco	2003
49.83	Temecula		2012	50.49	Indio	2013
49.85	Indio		1984	50.50	Murrieta	2003
49.86	Paloma Valley		2003	50.51	Cathedral City	2003
49.87	Chaparral		2009	50.52	West Valley	2000
49.88	Cathedral City		2014	50.52	Valley View	2005
49.89	Rancho Verde		1995	50.53	Lakeside	2007
49.89	La Sierra		2009	50.53	Roosevelt	2008
49.90	King		2004	50.54	Hemet	1989
49.90	King		2006	50.54	Centennial	1993
49.90	Lakeside		2008	50.54	Centennial	2004
49.9	Canyon Springs		2011	50.55	Ramona	1993
49.91	Paloma Valley		2009	50.55	Roosevelt	2007
49.92	Temescal		2001	50.57	Norco	2001
49.93	La Quinta		2009	50.57	Perris	2003
49.97	Temescal		2000	50.57	Chaparral	2008
49.99	Poly		1989	50.57	Perris	2011
49.99	Perris		2012	50.62	La Sierra	2000
50.01	Indio		1987	50.64c	Poly 50.5	1986
50.01	Moreno Valley		1992	50.67	La Quinta	2003
50.03	Rancho Verde		2001	50.67	Moreno Valley	2004

50.68	Vista del Lago	2008
50.70	Corona	2008
50.71	Poly	1994
50.71	Chaparral	2003
50.71	Indio	2011
50.72	Corona	1997
50.72	Hemet	2013
50.73	Murrieta Valley	2001
50.74c	Norco 50.6	1983
50.74	Arlington	1983
50.74	Notre Dame	2011
50.75	Notre Dame	2009
50.76	Santiago	2001
50.76	Paloma Valley	2013
50.77	Santiago	2012
50.77	Murrieta Valley	2013
50.78	Hemet	1991
50.78	West Valley	1997
50.81	Paloma Valley	2008
50.81	Cathedral City	2012
50.82	Norco	1993
50.82	Arlington	1996
50.83	Perris	1983
50.84c	North 50.7	1991

4 x 200m Relay

1:35.89	North	2001
1:38.24	Rancho Verde	2010
1:39.72	Rancho Verde	2007
1:39.75	Roosevelt	2013
1:39.98	Roosevelt	2012
1:40.87	Roosevelt	2011
1:41.30	Rancho Verde	2009
1:41.43	Corona	2014
1:41.92	Great Oak	2012
1:42.12	Great Oak	2014
1:42.12	Great Oak	2008
1:42.26	Canyon Springs	2012
1:42.57	Great Oak	2013
1:42.69	Canyon Springs	2013
1:42.83	Roosevelt	2010
1:43.02	Roosevelt	2009
1:43.1	North	2006
1:43.4	Vista	2009
1:43.67	Great Oak	2010
1:44.34	Rancho Verde	2008
1:44.49	Great Oak	2009
1:44.82	Great Oak	2007
1:44.84	Murrieta	2012

4 x 400m Relay

3:38.86	North	2001
3:39.46	North	2000
3:43.96	North	2003
3:44.02	Rancho Verde	2009
3:45.81	Rancho Verde	2007
3:46.16	North	1995
3:47.34	Roosevelt	2013
3:47.44	Great Oak	2012
3:47.60	North	1996
3:48.36	Great Oak	2011
3:48.38	North	2006
3:48.67	Great Oak	2013
3:49.36	North	1998
3:49.40	North	2004
3:49.61	North	2007
3:50.11	Rancho Verde	2006
3:50.36	North	1999
3:50.56	Roosevelt	2010
3:50.88	Roosevelt	2012
3:51.16	Canyon Springs	1994
3:51.19	North	2005
3:51.52	Rancho Verde	2008

3:51.66	North	2002
3:51.80	Corona	2014
3:51.97	Great Oak	2014
3:52.30	Canyon Springs	1995
3:52.37	Vista	2013
3:53.3+	Poly 3:54.6y	1979
3:53.51	North	1997
3:53.51	Rancho Verde	2010
3:53.58	North	2013
3:54.08	Roosevelt	2011
3:54.13	Corona	2013
3:54.32	Great Oak	2010
3:54.37	Great Oak	2008
3:54.52	King	2014
3:54.70	Temecula	2012
3:55.02	JW North	2014
3:55.03	Murrieta	1999
3:55.24	Roosevelt	2009
3:55.7	Rancho Verde	2011
3:55.92	North	1993
3:56.16	Murrieta	2010
3:56.42	North	2008
3:56.43	King	2012
3:56.68	North	1994
3:57.45	Vista del Lago	2011
3:57.49	King	2013
3:57.58	Corona	1991
3:57.93	Corona	2011
3:58.10	Vista	2009
3:58.10	Great Oak	2009
3:58.28	North	1992
3:58.55	La Quinta	2014
3:58.56	Vista	2014
3:58.77	Corona	1997
3:58.80	Temecula	2011
3:58.97	Temecula	2006
3:59.05	Mesa	2013
3:59.27	Vista	2012
3:59.64	Murrieta	2011
3:59.61	Moreno Valley	1983
3:59.80	Vista	2007
3:59.97	Indio	2012
4:00.41	Centennial	2010
4:00.41	King	2011
4:00.63	Roosevelt	2014
4:00.96	Rancho Verde	2014
4:00.70	Murrieta	1998
4:00.71	Vista del Lago	2013
4:00.77	Rancho Verde	2013
4:01.10	LA Quinta	2013
4:01.16	Temecula	2010
4:01.24	Great Oak	2007
4:01.27	Perris	1980
4:02.06	Great Oak	2006
4:02.1	Corona	1983
4:02.18	Chaparral	2010
4:02.22	Temecula	2009
4:02.24	King	2002
4:02.36	Poly	2014
4:02.39	Murrieta	2009
4:02.56	Murrieta	2003
4:02.92	Vista del Lago	2009
4:03.12	Paloma Valley	2009
4:03.17	Paloma Valley	2013
4:03.54	Paloma Valley	2005
4:03.55	Murrieta	2004
4:03.84	Murrieta	2007
4:03.9	Norco	1983
4:03.95	Arlington	1996
4:03.99	Poly	2008
4:04.16	Centennial	2013
4:04.20	King	2009
4:04.78	Vista	2010
4:04.81	Indio	2011
4:04.88	Mesa	2014

4:05.18	Mesa		2012
4:05.35	Vista del Lago		2010
4:05.35	King		2010
4:05.37	Temecula		2004
4:05.44	Corona		2012
4:05.50	Murrieta		2002
4:05.50	Beaumont		2004
4:05.5	Canyon Springs		1999
4:05.52	Chaparral		2013
4:05.60	Murrieta Valley		1998
4:05.67	Vista		2011
4:05.73	Vista		2006
4:05.88	Canyon Springs		1996
4:05.96	King		2003
4:06.11	Santiago		2014
4:06.16	Coachella Valley		2013
4:06.17	Paloma Valley		2003
4:06.19	Rancho Verde		2005
4:06.2	Notre Dame		1984
4:06.4	Poly		1986
4:06.42	Paloma Valley		2010
4:06.45	La Quinta		2012
4:06.51	Perris		2007
4:06.53	San Jacinto		2012
4:06.56	Beaumont		2014
4:06.61	Arlington		1999
4:06.62	Perris		2005
4:06.07	Vista		2008
4:06.44c	Murrieta	4:06.3	2008
4:06.74	Rancho Verde		2012
4:07.09	Perris		2009
4:07.11	King		2008
4:07.15	Citrus Hill		2012
4:07.18	North		1988
4:07.20	La Sierra		2005
4:07.25	Elsinore		2010
4:07.26	Temecula		2007
4:07.42	Corona		1990
4:07.42	Murrieta		2001
4:07.54	Beaumont		2003
4:07.55	Coachella Valley		2012
4:07.57	La Quinta		2007
4:07.60	Paloma Valley		2014
4:07.66	Corona		2009
4:07.81	Canyon Springs		1993
4:07.84	Valley View		2004
4:07.87	Norco		1989
4:07.97	Rancho Verde		2000
4:08.03	Murrieta		2000
4:08.04	North		2009
4:08.14c	Perris	4:08.0	2008
4:08.15	Chaparral		2011
4:08.3	Valley View		2011
4:08.32	King		2007
4:08.4+	Hemet 4:09.8y		1977
4:08.43	Arlington.		2000
4:08.51	Arlington		1995
4:08.51	King		2006
4:08.58	Canyon Springs		2005
4:08.67	Rancho Verde		2001
4:08.71	Hemet		2008
4:08.73	Temecula		2005
4:08.74	Valley View		2005
4:08.88	Arlington		2001
4:08.88	Corona		2008
4:08.90	Beaumont		2009
4:08.99	Canyon Springs		2006
4:09.05	Notre Dame		2009
4:09.19	Norco		2001
4:09.32	Perris		2000
4:09.37	Elsinore		2009
4:09.38	Roosevelt		2008
4:09.49	Valley View		2008
4:09.54	Vista del Lago		2012
4:09.6	Canyon Springs		1990

4:09.6	Palm Springs	1990
4:09.64	Chaparral	2012
4:09.68	Arlington	2003
4:09.74	Ramona	1995
4:09.75	Canyon Springs	2009
4:09.76	Paloma Valley	2004
4:09.77	Corona	2007
4:09.79	Norco	1999
4:09.83	Perris	2012
4:09.89	Perris	1999
4:10.01	Corona	1984
4:10.10	Corona	2006
4:10.12	Poly	2012
4:10.13	Elsinore	2011
4:10.18	La Quinta	2008
4:10.36	Poly	2010
4:10.63	Norco	1984

4 x 800m Relay

9:14.43	Great Oak	2014
9:18.65	Great Oak	2010
9:19.85	Great Oak	2013
9:21.76	Great Oak	2009
9:24.65	Murrieta	2004
9:28.62	Great Oak	2008
9:28.72	Great Oak	2012
9:30.83	Great Oak	2007
9:33.01	Murrieta	2003
9:35.70	Vista	2013
9:36.09	Corona	2011
9:36.40	King	2008
9:36.69	Corona	2012
9:38.35	Vista	2009
9:38.99	Corona	2007
9:40.52	Vista	2007
9:40.52	Vista	2007
9:43.51	Poly	2014
9:44.27	Great Oak	2011
9:45.2	Corona	2006
9:45.32	La Quinta	2014
9:48.51	Corona	2013
9:49.84	Murrieta	2010
9:50.3	Murrieta (indoors)	2002
9:50.68	Roosevelt	2013
9:51.8	Vista	2006
9:52.0	Temescal	2007
9:55.40	Temecula	2004
9:56.53	Murrieta Valley	2005
9:56.97	Corona	2009
9:58.86	Corona	2002
10:00.11	Corona	2003
10:00.89	Valley View	2007
10:00.91	La Quinta	2013
10:01.00	Canyon Springs	2004
10:01.50	Corona	2004
10:01.65	Corona	2008
10:02.20	Vista	2010
10:02.41	Great Oak	2006
10:02.20	Vista	2010
10:02.41	Great Oak	2006
10:03.21	Vista	2008
10:03.6	La Sierra	2005
10:03.36	Great Oak	2012
10:07.37	Canyon Springs	2003
10:07.70	Poly	2013
10:08.56	Corona	2008
10:08.65	Chaparral	2010
10:09.66	Corona	2005
10:09.77	Indio	2003
10:10.16	Temescal	1997
10:10.92	Temescal	1994

Distance Medley

11:54.28	Great Oak	2014
11:56.09	Great Oak	2013
12:07.26	Great Oak	2010
12:12.21	Murrieta	2002
12:17.35	Murrieta	2004
12:19.29	King	2010
12:20.34	Corona	2011
12:21.30	Great Oak	2012
12:22.26	King	2008
12:22.36	Great Oak	2011
12:22.96	King	2009
12:24.52	Murrieta	2001
12:24.60	Great Oak	2008
12:27.72	Vista	2008
12:30.1	Temescal	1995
12:31.02	Great Oak	2009
12:32.11	King	2011
12:34.11	Vista	2007
12:34.71	Vista	2010
12:34.9	Norco	1988
12:34.93	Vista	2009
12:36.63	Murrieta	2008
12:37.10	Mesa	2014
12:37.91	La Quinta	2013
12:38.86	King	2013
12:42.5	Corona	1993
12:42.95	King	2014
12:43.54	Great Oak	2007
12:45.06	Temecula	1997
12:45.07	Corona	2012
12:46.54	Corona	2014
12:46.80	Murrieta	2007
12:47.84	Murrieta	2009
12:46.87	Canyon Springs	1996
12:47.71	Chaparral	2008
12:51.35	Chaparral	2010
12:53.01	Temescal	1994
12:54.99	Mesa	2013
12:56.90	Temescal	1996
12:58.30	La Quinta	2011
12:58.67	Corona	2006

4 x 1500m Relay

21:03.2	Norco	1985
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4 x 1600m Relay

20:09.17	Great Oak	2014
20:38.52+	Great Oak	20:45.75y 2011
20:45.80	Great Oak	2013
20:55.62+	Chaparral	21:02.95y 2008
20:56.19+	King	21:03.53y 2010
20:58.57	Great Oak	2012
21:02.30+	Great Oak	21:09.67y 2010
21:15.63+	Corona	21:23.08y 2011
21:17.44+	Murrieta	21:24.90y 2008
21:17.86	Vista	2013
21:17.91+	Murrieta	21:25.36y 2006
21:19.85	Vista	2009
21:20.02	Great Oak	2007
21:28.16+	Murrieta	21:35.68y 2007
21:32.36	King	2013
21:32.83	Chaparral	2010
21:33.39	Vista	2014
21:33.99	La Quinta	2014
21:36.60	Great Oak	2009
21:37.57+	Great Oak	21:45.15y 2008
21:38.85	King	2009
21:42.34+	King	21:49.95y 2008
21:42.90	Roosevelt	2014
21:43.27+	Murrieta	21:50.87y 2005
21:43.95+	King	21:51.56y 2007

21:44.94	Vista	2012
21:45.87	King	2014
21:47.55+	Corona	21:55.51y 2006
21:48.64	Temescal	1995
21:51.27+	Vista	21:58.93y 2010
21:54.82	Chaparral	2013
21:55.49	Vista	2011
21:57.78+	Great Oak	22:05.47y 2006
21:55.51	Corona	2006
21:57.78+	Great Oak	22:05.47y 2006
21:58.80	Corona	2013
22:01.46+	King	22:09.17y 2005
22:06.87	Santiago	2014
22:07.23+	Corona	22:14.98y 2007
22:08.52+	Vista	22:16.28y 2008
22:09.53+	Chaparral	22:17.29y 2007
22:09.53+	Santiago	22:17.29y 2007
22:09.91+	Corona	22:17.68y 2008
22:13.52+	Corona	22:21.30y 2005
22:13.97	Corona	2009
22:14.01+	Murrieta "B"	22:21.79y 2006
22:14.30+	Chaparral	22:22.09y 2009
22:15.25+	King	22:23.04y 2006
22:22.23	Corona	2003
22:20.99	Roosevelt	2013
22:31.12	Poly	2014
22:31.16y+	Santiago	22:39.05y 2008
22:35.11	Elsinore	1992
22:37.58	Valley View	2008
22:39.87	Temecula	2014
22:40.5	Corona	1994
22:41.99	Paloma Valley	2013
22:44.73	Valley View	2010
22:45.94	Corona	2012
22:46.2	Temescal	1994
22:48.19	Santiago	2011

High Jump

6-0.5	Chaunte Howard (North)	2001
5-10	Shania Edwards-Hambrick (Mo Val)	1993
5-8.75	Karen Kraemer (Notre Dame)	1981
5-8	Gayle Hunter (King)	2002
5-8	Lena Bettis (North)	2002
5-8	Becky Collier (Woodcrest Chr)	2013
5-7	Sandy Utterback (Poly)	1984
5-7	Kelsey Rubeor (Murrieta)	2006
5-7	**Sophia Ederaine (Canyon Springs)	2009
5-7	* Sarah Dunaway (Vista)	2013
5-6.25	Gretchen DeWitt (Indio)	1983
5-6.25	Tina Ray (Corona)	1984
5-6	Heather May (Hemet)	1984
5-6	Gangert (Moreno Valley)	1992
5-6	Jennifer Maggard (Hemet)	1991
5-6	Maylana Martin (Perris)	1995
5-6	Jennifer Barnes (Hemet)	1996
5-6	Jennifer Thomas Centennial)	1997
5-6	Orlisha Henlon (King)	2003
5-6	Heather Conlin (North)	2005
5-6	*Kelli Boyd (King)	2010
5-6	Joshulyn Penniman (Rancho Verde)	2012
5-6	* Susannah Vera (Palm Desert)	2013
5-6	** AlliePortis (Great Oak)	2013
5-6	Martiesha Cains (Great Oak)	2013
5-6	* Monique Billings (Santiago)	2013
5-5	Angela Lind (Hemet)	1984
5-5	Jamie Kindschuh (Chaparral)	1999
5-5	Gayle Hunter (North)	2003
5-5	* Bria Palmer (JW North)	2014
5-4.25	Cheri Slater (Moreno Valley)	1983
5-4	Bobbi White (Norco)	1989
5-4	Christine Killian (Temecula)	1990
5-4	Leah Cunningham (Valley View)	1992
5-4	Michelle Marshall (Hemet)	1994

5-4	Veronica Arana (San Jacinto)	1996	9-6	Asure Putman (Norco)	1997
5-4	TaShara Saunders (Rancho Verde)	1997	9-6	Jessica Hentzchel (Arlington)	1999
5-4	Liz Luzsko (Banning)	1999	9-6	Nancy Ngo (Murrieta Valley)	1999
5-4	Ashley Hamlett (Norco)	2004	9-6	Erica Adams (Canyon Springs)	2002
5-4	Brittany Thurman (King)	2005	9-6	Marissa Messmer Temescal	2002
5-4	*Danielle Thibault (Canyon Springs)	2009	9-6	Stephanie Karas (King)	2005
5-4	Audrey Mitchell (Murrieta)	2009	9-6	Veronica Winkleman (Hemet)	2009
5-4	Desiree Jackson (Vista del Lago)	2010	9-6	Breanna Foster (Great Oak)	2009
5-4	*Caitlin Wuebbels (Murrieta)	2011	9-6	*Rianne Gross (Poly)	2010
5-4	**April Sutton (Roosevelt)	2013	9-6	Natalie Eisenberg (Chaparral)	2010
5-4	** Kiarra Ginwright (King)	2013	9-6	Erica Kirtides (Vista)	2010

Pole Vault

13-1	Gardenia Centanaro (Roosevelt)	2013	9-6	*Taylor Henry (Corona)	2012
12-7	Kristen Dormanen (Temecula)	2004	9-6	*Briana Williams (Hemet)	2012
12-3	Dana Jensen (Chaparral)	2005	9-6	* Hayley Bowden (Mesa)	2013
12-0	Brianna King (Temecula)	2001	9-6	** Hannah Chang (Notre Dame)	2013
12-0	Jessica Wismewski (Murrieta)	2002	9-6	Kalie Crothers (Mesa)	2013
11-9	Annika Backlund (Murrieta Valley)	2013	9-6	Dayna Craig (Great Oak)	2013
11-9	Devin Stetson (Corona)	2014		Brianna Shihadeh (Mesa)	2013
11-9	* Hannah Chang (King)	2014		Alyxis Boonkukuo (King)	2013
11-9	Jessica Abalos (Murrieta Valley)	2014		* Angela Griffin (Great Oak)	2014
11-6	Anna Diko (Murrieta Valley)	2000	20-7.75	Gayle Hunter (North)	2004
11-6	Tricia Smith (Temescal Canyon)	2001	20-4.5	Chaunte Howard (North)	2002
11-6	Renae Matheny (Murrieta)	2003	20-0.75	**Alycia Herring (Rancho Verde)	2008
11-6	Susan Farrar (North)	2008	19-11.25	Serina Strange (Indio)	1987
11-6	Kim Sandstrom (Great Oak)	2010	19-10.75	Lena Bettis (North)	2002
11-5	Ellyse Garrett (Vista)	2014	19-10.5	Michelle Norman (Vista)	2014
11-4	Megan Melton (King)	2012	19-10.25	Shelese Ruffin (Beaumont)	2004
11-4	* Kristen Thompson (Roosevelt)	2014	19-10	Tracee Thomas (North)	1999
11-3	Kelsey Barnes (Vista)	2014	19-8.25	* Jasmyne Graham (Roosevelt)	2014
11-0	Caroline Stark (King)	2005	19-7	DeAnna Carson (Vista del Lago)	2003
11-0	Amber Harbaugh (Chaparral)	2005	19-5.5	**Akia Armstrong (Roosevelt)	2011
11-0	Calab Ayer (Vista)	2010	19-1.75	Brittany Bozeman (Rancho Verde)	2009
10-9	Hailey Scheer (Vista)	2012	19-1	Gayle Hunter (King)	2001
10-9	Brittany Earr (Vista)	2012	19-0.75	Angela Weeks (Canyon Springs)	2002
10-9	*Amy Angevine (Murrieta)	2012	19-0	** Destiny Longmire (Rancho Verde)	2014
10-8	Krystal Ruiz (King)	2003	18-11.25	Denise Woodard (Hemet)	1979
10-8	*Bailey Romero (Vista)	2012	18-9.25	Ashley Perkins (Norco)	2009
10-6	Jennifer Finaldi (Centennial)	2001	18-8.5	Amber Sanford (King)	2010
10-6	Renae Mathey (Murrieta)	2002	18-7.75	Latoya LeJay (Canyon Springs)	1994
10-6	Brenda Hanrahan (King)	2005	18-7.75	* Kayla Wilson (La Quinta)	2013
10-6	Katie Beyer-Andrews (Vista)	2007	18-7.5	* Jaela Williams (Roosevelt)	2014
10-6	***Gardenia Chavez (Roosevelt)	2010	18-6.75	Mary Carroll Coachella	1982
10-6	Krystena Garcia (Roosevelt)	2012	18-5	Nettie Scott (Corona)	2010
10-6	Alicia Lamson (Great Oak)	2012	18-5.5	Elreen Brumfield (North)	1984
10-6	Emily Ayer (Vista)	2013	18-2.5	* Lovie Burleson (Vista)	2014
10-6	** Alex Ungrady (Great Oak)	2014	18-1.5	Joanna Hayes Arlington	1993
10-4	Kailey Beckman (Temecula)	2009	18-1.5	Nicole Hoxie (North)	1995
10-4	Rianne Gross (Poly)	2011	18-1.5	* Allie Portis (Great Oak)	2014
10-3	*Annika Backlund (Murrieta)	2012	17-11.5	Lorena Aleman (La Quinta)	2004
10-0	Amber Baughman (Temecula)	2001	17-11.5	Kayla Wilson (La Quinta)	2014
10-0	Stephanie Hill (Chaparral)	2002	17-11.25	Onisha Banks (San Jacinto)	1992
10-0	Lelsie Klieres (Temecula)	2002	17-11.25	Kelsey Rubeor (Murrieta Valley)	2006
10-0	Julia Nottber (Murrieta)	2002	17-10.5	Zona Chandler (Elsinore)	1981
10-0	Jaque Crisp (Chaparral)	2003	17-10.25	**Chasity Ducre (Roosevelt)	2012
10-0	Jennifer Adams (Temecula)	2005	17-9.25	Jamie Kindschuh (Chaparral)	1999
10-0	Tiffany Vansoest (Poly)	2007	17-9	Lauren Plunkett (Norco)	1999
10-0	*Katherine Coggins (King)	2008	17-9	Jelena McNown (Murrieta Valley)	2013
10-0	*Amy Hop (Jurupa)	2008	17-8.5	Angela Bissonette (Hemet)	1989
10-0	Erika Kim (Great Oak)	2011	17-7.5	LaShannoe Sneed (Poly)	1982
10-0	Chandler Edwards (Santiago)	2012	17-7.5	Tiffany Jones (Canyon Springs)	2001
10-0	Rachel Held (Vista)	2013	17-7.25	Danielle Smith (Elsinore)	1985
10-0	Taylor Henry (Corona)	2013	17-7	Pam Streeter (North)	1978
9-10	Claire Vanzanthen (Elsinore)	2008	17-7	Bobbi White (Norco)	1989
9-10	**Dayna Craig (Great Oak)	2011	17-7	*Aubree Harbison (Murrieta)	2008
9-10	* Brynna Close (JW North)	2014	17-7	*Sophia Ederaine (Canyon Springs)	2010
9-9	**Bailey Romero (Vista)	2011	17-6.75	Terica Ned (Rancho Verde)	1999
9-9	*Emily Ayer (Vista)	2012	17-6.5	Dominique Manning (North)	2001
9-9	Rachel Calhoun (Murrieta)	2012	17-6.5	Melinda Rodriguez (Vista)	2009
9-9	Madison McPeak (King)	2014	17-6.5	Shanea Webb (Vista)	2010
9-8	Melissa Huntley (King)	2001	17-6.25	Stacy Miller (Palm Springs)	1989
9-6	Vanessa Brenton (Temescal)	1995	17-6	Beth -Griffiths (Corona)	1980
9-6	AnnaMarie Butterfield (Elsinore)	1996	17-5.5	Lisa Hale (Poly)	1988

Long Jump

17-5.5	Lori Sims (Corona)	2001	19-8.25	** Jasmynne Graham (Roosevelt)	2013
17-5.25	Becky Collier (Woodcrest Chr)	2013	19-7.5	Brittany Bozeman (Rancho Verde)	2009
17-5	Kim Burress (Temescal)	1999	19-0	Akia Armstrong (Roosevelt)	2013
17-5	Alviota Carrillo (Indio)	1999	18-11.5	De-Anna Carson (Vista del Lago)	2003
17-5	Christina Carr (Murrieta)	2001	18-10.75	*** Destiny Longmire (Rancho Verde)	2013
17-4.75	** Lovie Burleson (Vista)	2013	18-9.25	Tiffany Jones (Canyon Springs)	2001
17-4	Lenay Horton (North)	2001	18-9.25	* Jaela Williams (Roosevelt)	2014
17-4	Tiffany Parker (Rancho Verde)	2005	18-8.25	* Kayla Wilson (La Quinta)	2013
17-3.75	Yvette McCullugh (Arlington)	1986	18-7	Ashley Perkins (Norco)	2008
17-3.5	Brenna Tucker (Ramona)	2005	18-6	Angela Weeks (Canyon Springs)	2001
17-3.25	Brittany Baltzar (Santiago)	2004	18-5.75	* Lovie Burleson (Vista)	2014
17-3	LaRonda Doyle (Norco)	1984	18-4.25	Becky Collier (Woodcrest Chr)	2013
17-3	Rochelle Reese (Corona)	1988	18-2.5	Jacquelyn Dubois (Vista del Lago)	2011
17-3	Moffett (Chaparral)	2005	18-2	Kelsey Rubeor (Murrieta)	2006
17-2.5	T*Keyah Gray (Elsinore)	2010	18-1	Aubree Harbison (Murrieta)	2008
17-2.5	*Maya Jackson (Desert Hot Springs)	2012	17-11.5	*Amber Sanford (King)	2009
17-2.25	Trese Harris (Ramona)	1996	17-11	Tiffany Parker (Rancho Verde)	2006
17-2	Lorena Aleman (La Quinta)	2003	17-10.75	Jelena McNown (Murrieta Valley)	2013
17-2	Brittany Cook (Vista)	2009	17-10	T*Keyah Gray (Elsinore)	2010
17-2	***Ajia Yarbrough (Temecula)	2012	17-9.25	Monique Young (North)	2002
17-1.75	Rikki Scuggs (Canyon Springs)	1988	17-8	Erin Banks (Norco)	2003
17-1.75	Julie Tetley (Moreno Valley)	1989	17-7.25	*Briana Conway (Chaparral)	2009
17-1.75	Markey McLellan (Hemet)	1992	17-7	Kierstin Kirkland (North)	2006
17-1.75	*Jenna Reynolds (North)	2008	17-7	Mariah Rimmer (Arlington)	2011
17-1.5	Monica Bruce (Norco)	1978	17-6.25	Heather Erickson (Vista)	2006
17-1	Gail Derricott (Rubidoux)	1989	17-5	Brittany Baltazar (Santiago)	2004
17-1	Theresa Cherry (Notre Dame)	1990	17-5	Katie Rodriguez (Elsinore)	2013
17-1	Ginger Vega (Notre Dame)	1992	17-3.5	Tiffany Parker (Rancho Verde)	2004
17-0.75	Heather Erickson (Vista)	2006	17-3.25	*T*Keyah Gray (Elsinore)	2009
17-0.25	Tiffany Harriston (Murrieta)	2003	17-3	*Jelena McNown (Murrieta)	2012
17-0.25	Kierstin Kirkland (North)	2006	17-3	Brandee Rodriguez (Elsinore)	2012
17-0	Shania Edwards-- Hambrick (Mo Val)	1994	17-3	* Kayla Duclayan (Vista)	2014
17-0	Hillary Foose (Canyon Springs)	1994	17-2.5	* Alejandra Angulo (Cathedral City)	2013
17-0	Myeshia DuPree (Poly)	1996	17-2	*Michelle Hong (Vista)	2011
17-0	Amber Nelson (North)	1999	17-2	Starlynn Singleton (Mesa)	2013
17-0	Katie Christianson (La Quinta)	1999	17-1.5	Audane Hayes (Centennial)	2005
17-0	**Dynese Adams (Vista)	2008	17-0.5	Harbison (Murrieta Valley)	2005
16-11.75	Erin Banks (Norco)	2003			
16-11.75	Akilah Green (San Jacinto)	2010			
16-11.5	Shakeia Brumfield (Desert H Sp)	2001			
16-11.5	*Niala Charles (Great Oak)	2010	41-3	Chaunte Howard (North)	2002
16-11.25	Ashley Edwards (Canyon Springs)	2004	41-1.25	Gayle Hunter (North)	2004
16-11	Michelle Marshall (Hemet)	1993	40-6	Michelle Norman (Vista)	2014
16-11	Kisha Auld (Corona)	1999	39-7.5	** Cynamon Stevenson (Great Oak)	2014
16-10.5	Joi Webber (Poly)	2000	39-7.25	Ashley Perkins (Norco)	2009
16-10	Ashanti Phannix (MorenoValley)	1998	39-7	Gayle Hunter (King)	2002
16-10	Natalie Johnson (Cathedral City)	2000	39-0.25	* Lovie Burleson (Vista)	2014
16-9.75	*Jelena McNown (Murrieta)	2012	38-11.25	Brianna Cole (Santiago)	2011
16-9.5	Kanishia Cass (Rancho Verde)	1999	38-7.25	CeCe Chandler (Elsinore)	1982
16-9.25	Ingrid James (Ramona)	1988	38-6	*Becky Collier (Woodcrest Christian)	2012
16-9	McDowell (Indio)	1978	38-4.75	Unique Lewis (Hemet)	1988
16-9	Kartina Sullivan (Norte Vista)	1990	38-4	Monique Young (North)	2001
16-9	Khola Newels (Canyon Springs)	1994	38-3.75	Joanna Hayes (North)	1994
16-9	Jacquelyn Dubois (Vista del Lago)	2011	38-1	*Brittany Bozeman (Rancho Verde)	2008
16-9	Brandee Rodriguez (Elsinore)	2012	38-0.5	Erin Banks (Norco)	2005
16-8.5	Robin Leafblad (Arlington)	1996	37-11.5	Joanna Hayes (Arlington)	1993
16-8.5	Vianna Amabile (Great Oak)	2011	37-11.25	T*Keyah Gray (Elsinore)	2010
16-8.25	* Kayla Duclayan (Vista)	2014	37-11	Tiffany Parker (Rancho Verde)	2005
16-8	Sharon Johnson (Perris)	1980	37-10.5	Amber Sanford (King)	2010
16-8	Michelle Hong (Vista)	2012	37-10	Angela Weeks (Canyon Springs)	2002
16-7.5	Nicole Baker (La Sierra)	1997	37-10	Becky Collier (Woodcrest Chr)	2013
16-7.25	*Danika Hitchcock (Hemet)	2012	37-9	Denise Woodward (Hemet)	1982
16-7.25	* April Sutton (Roosevelt)	2014	37-9	*Kelli Boyd (King)	2010
16-7	Trina Williams (Valley View)	1990	37-8.75	Serina Strange (Indio)	1986
16-7	Joy Smith (Moreno Valley)	1982	37-8.5	Jane Jones (North)	1981
16-7	Latisha Spence (North)	1999	37-7.75	Robyn Monroe (Centennial)	1999
16-7	Nikki James (Riverside Chr)	2006	37-6	Jacquelyn Dubois (Vista del Lago)	2011
16-7	*Desiree Jackson (Vista del Lago)	2009	37-5	*Joi Webber (Poly)	2000
16-7	*Shontice Carter (Vista del Lago)	2011	37-4.25	Tasha Edinbvrđ (Poly)	1987
			37-3.5	Stephanie LaMar (Indio)	1985
			37-3.5	DanikaHitchcock (Hemet)	2013
			37-3.25	Katie Christianson (La Quinta)	2000
			37-3	Lena Bettis (North)	2003
			37-2	* Destinee Widgins (San Jacinto)	2014
			37-0.25	Latoya LeJay (Canyon Springs)	1994

Triple Jump

2003	20-8.75	Gayle Hunter (North)	2003
2002	20-6.5	Chaunte Howard (North)	2002
2004	20-2.75	Shelese Ruffin (Beaumont)	2004
2002	20-0.5	Gayle Hunter (King)	2002

Wind-aided:

20-8.75	Gayle Hunter (North)
20-6.5	Chaunte Howard (North)
20-2.75	Shelese Ruffin (Beaumont)
20-0.5	Gayle Hunter (King)

37-0 Starlynn Stingleton (Mesa)
 36-11.75 Rene Simon (Calvary Ch)
 36-11.75 Joshulynn Penniman (Rancho Verde)
 36-10 *Danika Hitchcock (Hemet)
 36-9.75 Mary Carroll (Coachella Valley)
 36-9.75 Lakeesha Blair (Rancho Verde)
 36-9 Ashley Mackey (Vista)
 36-8 ***Ajia Yarbrough (Temecula)
 36-7.5 Taryn Foster (Poly)
 36-6.75 Bobbi White (Norco)
 36-6.75 *Chantia Justice (La Quinta)
 36-6 Yvette Hill (Rubidoux)
 36-6 Yvette McCullough (Arlington)
 36-6 Amanda Brooks (Indio)
 36-5.5 Latisha Spence (North)
 36-5.5 Tasha McNair (Valley View)
 36-4.75 Myeshia DuPree (Poly)
 36-4 Shanea Webb (Vista)
 36-3.75 Carmeshia Brown (La Quinta)
 36-3.5 Cheri Slater (Moreno Valley)
 36-3 Onisha Banks (San Jacinto)
 36-2.75 Jessica Rogers (Santiago)
 36-2.75 **Nirie Boglino (La Quinta)
 36-2.5 Jamie Kindschuh (Chaparral)
 36-2.5 Alexandria Anderson (Valley View)
 36-2 Whitney Ligon (Centennial)
 36-1.75 Sameerah Reed (Rancho Verde)
 36-1 Demetria Deary (La Sierra)
 36-1 Melinda Rodriguez (Vista)
 35-11.5 Danielle Smith (Elsinore)
 35-10 Laronda Doyle (Norco)
 35-10 Kelli Boyd (King)
 35-9 Kari Snow (Norco)
 35-9 *Nyomi Ward (Rancho Verde)
 35-8.5 Theresa Cherry (Notre Dame)
 35-8.5 Dominique Aubrey (Poly)
 35-8.25 Jessica Williams (Temecula Prep)
 35-8 Mary Plesinger (Beaumont)
 35-8 Michelle Marshall (Hemet)
 35-8 Kelsey Rubeor (Murrieta)
 35-8 Nairobi Watson (King)
 35-7.75 Rikki Scruggs (Canyon Springs)
 35-7.25 Lauren Plunkett (El Toro)
 35-7.25 **Malia Cravens (Temecula)
 35-7 Robin McQueen (Elsinore)
 35-7 Ginger Vega (Notre Dame)
 35-6.5 Maria Peterkin (Arlington)
 35-6.25 Marquita Scott (Rubidoux)
 35-6.25 Jasmine Seymour (Paloma Valley)

Wind-aided:

42-2.5 Gayle Hunter (North)
 40-7 **Ciyonam Stevenson (Great Oak)
 39-8.75 Ashley Perkins (Norco)
 39-7.5 Jacquelyn Dubois (Vista del Lago)
 39-3 Monique Young (North)
 38-7 Tiffany Parker (Rancho Verde)
 38-5.5 *Lovie Burleson (Vista)
 38-3 Kellie Boyd (King)
 38-2.5 T*Keyah Gray (Elsinore)
 37-10 Stephanie LaMar (Indio)
 37-5.5 Gianna Hughes (Vista)
 37-5 Aubree Harbison (Murrieta)
 37-2 Starlynn Singleton (Mesa)
 37-1 *Jordyn Carroll (Heritage)
 37-1 *Nyomi Ward (Rancho Verde)
 36-6 Kelli Boyd (King)
 36-5.5 Rhea Soloman (Rancho Verde)
 36-4.25 Asia Johnson (King)
 36-4 *Nirie Boglino (La Quinta)
 36-1.5 Danika Hitchcock (Hemet)
 36-1 Lakeesha Blair (Rancho Verde)
 36-0 ***Taryn Fowlie (Great Oak)
 35-11 Kelsey Rubeor (Murrieta Valley)

2013 **Shot Put**

2008 50-00.25 Tanya Sapa (La Sierra) 2013
 2012 46-6.5 Pam Alexander (Arlington) 1983
 2012 45-11 Lisa Misapeka (Temecula) 1993
 1981 45-1 Lima Lefiti (La Sierra) 2010
 2005 44-8 Elena Lopez (Elsinore) 2014
 2010 44-5 Sarah Robles (San Jacinto) 2006
 2012 44-4.75 Sheni Russell (Ramona) 1999
 1995 43-7 Tiffany Gilmore (Centennial) 2014
 1989 43-3.25 Deja Watkins (North) 2011
 2010 43-3 Kelsey Rubeor (Murrieta) 2007
 1985 42-10.5 Kim Langston (Arlington) 1980
 1986 42-9.25 Breanna Standifer (Elsinore) 2013
 1997 42-4 Janet Hill (Rubidoux) 1987
 1998 41-11.5 Shannon Hobson (Perris) 2003
 2000 41-11.5 Tifnie LEverett (Ramona) 2013
 1996 41-10.5 Erica Moore (Ramona) 1988
 2010 41-10.5 Whitney Ashley (North) 2007
 2003 41-10 Jennifer Vail (Palm Springs) 1995
 1982 41-4 Kayla Hopkins (Rancho Verde) 2014
 1992 41-3.5 Cari Soong (North) 1999
 2000 41-2 Hailey Erickson (Centennial) 2012
 2013 41-1 Lindsay Ritchie (Beaumont) 2011
 1999 41-0 Solate Tupou (North) 2004
 2001 41-0 Brittany Gonter (Hemet) 2010
 2005 40-11.25 Sarah Cisneros (Rubidoux) 1995
 1999 40-7.5 Jane Jones (North) 1982
 2000 40-6.75 Jodie Warr (Rubidoux) 1990
 2009 40-4 Barrie Greer (Ramona) 1980
 1986 40-4 *Deja Watkins (North) 2010
 1985 40-4 Ashley Santos (Elsinore) 2014
 2011 40-2 Andrea Loman (Poly) 1997
 2002 40-1 Christie Tuioti-mariner (Corona) 2007
 2013 40-0 Kim Avila (Temescal) 2003
 1990 40-0 Shaylynn Fisher (Great Oak) 2009
 2012 39-11.75 Lynn Patu (Vista) 2010
 2008 39-10.5 Samantha Straley (Poly) 2012
 1984 39-10 Hanna Lemoa (Norte Vista) 2008
 1993 39-10 Mary Fusi (Corona) 2013
 2005 39-8.25 Becky Darby (Canyon Springs) 1989
 2013 39-8 Cassandra Kennison (Norco) 2006
 1989 39-8 Jessica Bonner (Chaparral) 2007
 1998 39-7.5 Alisha Poole (Poly) 1985
 2009 39-7 Patricia Walker (Rubidoux) 1985
 1991 39-7 Fatima Vergara (Corona) 2011
 1992 39-7 ***Sierra Senio (La Sierra) 2010
 1990 39-6 Brittany McGhee (North) 2007
 2002 39-0.25 Kujomi Hutchinson (Notre Dame) 1978
 2006 39-4.5 Jane Chafeh (Notre Dame) 2007
 2004 39-4 Chrystian Trice (Corona) 2005
 2014 39-3.5 Ashley Santon (Elsinore) 2014
 2009 39-0.5 Jessica Johnson (Temescal) 2011
 2011 39-0.5 Dazhanna Jackson (Paloma Valley) 2014
 2002 38-11.5 Breanna Elton (San Jacinto) 1996
 2006 38-11 Sherice Wright (Indio) 2011
 2014 38-10.75 Amy Loprinzi (Jurupa Valley) 2009
 2009 38-10.5 Karina Leyva (Temecula) 2000
 2010 38-9.75 Myechia Bradley (Cathedral City) 2003
 1985 38-9.5 Sierra Senio (LaSierra) 2013
 2014 38-9 *Elena Lopez (Elsinore) 2013
 2007 38-8 Jamie Tower (Great Oak) 2013
 2013 38-6.75 Tynisha Utz (Norco) 2003
 2012 38-6.5 Lisa Callin (Hemet) 1985
 2013 38-6.5 Arica Nassar (Temescal) 2011
 2011 38-5.5 Elaine Filemu (Centennial) 1996
 2011 38-5.5 Millie Macias (Coachella Valley) 2004
 2012 38-5.5 *Yazmin Torres (Vista) 2013
 2014 38-5 Joanna Porter (Canyon Springs) 1993
 2013 38-3 Whitney Ashley (North) 2005
 2004 38-2 Geri Higgins (Corona) 1985
 2014 38-1.25 *Mary Fusi (Corona) 2012
 2004 38-1 Jenny Patterson (Banning) 1996
 38-1 Andrea Loman (Poly) 1998
 38-0.5 Tiffany Eason (Canyon Springs) 1997

38-0	Mele Tupou (North)	2011	35-6.5	Shereta Reedom (Rancho Verde)	2000
37-11.5	Charmaine Utz (Norco)	2002	35-6.5	Tommie Williams (La Sierra)	2002
37-11	Anissa Claiborne (King)	2014	35-6.25	Constance Miyaki (Palm Desert)	2004
37-10	Rachel Liptak (Temecula)	2001	35-6	Diane Ropers (Indio)	1982
37-10	Rebecca Summers (Norco)	2011	35-6	A. Harris (Rancho Verde)	2001
37-8.5	Renee Perkins (Moreno Valley)	1982			
37-7.5	Sherry Doro (Hemet)	1980			
37-7.5	Derika Russell (Arlington)	1993			
37-7.5	Solate Tupour (North)	2003	38-9	Johanna Tucker (Corona)	1980
37-7.25	Natrice Gordon (Centennial)	1997	36-4.25	Gretchen DeWitt (Indio)	1977
37-6.5	*Julia Sapa (La Sierra)	2011	36-3.25	Belinda Cloud (Arlington)	1978
37-6.5	*Martina Hauffen (Norte Vista)	2014			
37-6	Jessica Weise (King)	2011			
37-5.5	Langston (La Sierra)	1978			
37-5.25	Sierra Kitterman (Paloma Valley)	2007	168-5	Sarah Robles (San Jacinto)	2006
37-4.75	Kim Sepulveda (Hamilton)	2009	160-9	Cari Soong (North)	1999
37-4	Rachel Rosario (Rubidoux)	1989	151-2	Tanya Sapa (LaSierra)	2013
37-3	Jessica Bonner (Chaparral)	2005	149-1	Jessica Bonner (Chaparral)	2007
37-3	*Tifnie Levrett (Ramona)	2012	145-3	Shannon Hobson (Perris)	2003
37-2.5	Aimee Trout (Canyon Springs)	2002	145-2	*Shaylynn Fisher (Great Oak)	2008
37-2	T Nassar (Temescal)	2008	145-0	Jodie Warr (Rubidoux)	1990
37-2	Patricia Parker (West Valley)	2011	143-10	Yazmin Torres (Vista)	2014
37-1	Kim Ooten (Rancho Verde)	2005	143-7	Barrie Greer (Ramona)	1980
37-0.75	Jolie Buffin (West Valley)	2004	146-2	Breanna Standifer (Elsinore)	2013
37-0	Mari Bohanon (Arlington)	2000	141-9	Renee Perkins (Moreno Valley)	1982
37-0	***Abigail Latuhol (Norte Vista)	2011	141-9	Samantha Gutierrez (Temescal)	2008
37-0	*Anissa Claiborne (King)	2013	141-6	Kayla Hopkins (Rancho Verde)	2014
36-11.75	Doveal Goins (Canyon Springs)	1993	141-4	Sheni Russell (Ramona)	1999
36-11.5	*Ashley Santos (Elsinore)	2013	140-10	Deja Watkins (North)	2011
36-11	Monique Walker (Desert Christian)	2004	140-3	Lisa Misipeka (Temecula)	1993
36-11	Precious Flowers (Rancho Verde)	2005	137-11	*Rachel Boaz (Murrieta)	2009
36-11	*Candice Prince (San Jacinto)	2009	137-7	Whitney Ashley (North)	2007
36-10.5	L. Porter (Rubidoux)	1982	137-5	*Lynn Patu (Vista)	2009
36-10	*Danielle Ford (Citrus Hill)	2012	137-1	Jennifer Vail (Palm Springs)	1996
36-9.75	Jevonna Morgan (La Quinta)	2004	135-9	Andrea Loman (Poly)	1998
36-9	Patty Cortez (Norco)	1983	135-4	Tanya Martinez (La Sierra)	2008
36-9	Marie Fecske (Norco)	1986	135-2	Erica Moore (Ramona)	1987
36-8.75	**Amanda Mercado (Murrieta)	2009	135-0	Sarah Cisneros (Rubidoux)	1994
36-8	Brandi Dunham (Murrieta)	2011	134-10	Kim Avila (Temescal)	2002
36-8	**Kayla Hopkins (Rancho Verde)	2013	134-1	Tiffany Gilmore (Centennial)	2014
36-7	Martin (Poly)	1982	133-8.5	Jevonna Morgan (La Quinta)	2004
36-7	Avery Dail (Santiago)	2013	133-7	Mary Alice Lott (Palm Springs)	1992
36-6.75	*Nicole Eves (Palm Springs)	2008	132-10	Elena Lopez (Elsinore)	2014
36-6.5	Millie Macias (Coachella Valley)	2003	131-7	Shania Edwards-Hambrick (MoVal)	1993
36-6.5	*Rebekah Boaz (Murrieta)	2009	131-4	Lisa Callin (Hemet)	1985
36-5.5	Salinda Mendoza (Poly)	1986	130-11	*Suzie Cubias (La Sierra)	2011
36-6.5	Danielle Ford (Citrus Hill)	2013	130-1	Brittany Love (Chaparral)	2004
36-4.5	**Natalie Chafeh (Notre Dame)	2008	130-1	*Ana Paea (North)	2011
36-4.25	Kaiini Macarro (Great Oak)	2007	130-0	Mari Bohannon (Arlington)	2002
36-4	Lena Rathbone Hemet)	1997	128-8	Kristi Young (Desert Ch BD)	2001
36-4	La Dora Burks (Poly)	2002	128-7	Jolie Buffin (West Valley)	2004
36-4	**Ashley Santos (Elsinore)	2012	128-5	Lili Sapolu (Canyon Springs)	2001
36-3	Michelle Campa (Murrieta Valley)	2014	128-1	Ingridd Sutherland (Palm Springs)	2005
36-2.5	*Tyiesha Long (Vista)	2013	128-8	Brittany Gonter (Hemet)	2010
36-1.25	Shaina Record (Hemet)	2006	127-3	Lima Lefiti (La Sierra)	2010
36-1.25	Danna Hill (Roosevelt)	2011	126-8	Jessica Weise (King)	2011
36-1	Andrea Soto (Norco)	2012	126-5	Kaiini Macarro (Great Oak)	2007
36-0.25	**Fatima Vergara (Corona)	2009	125-10	*Sierra Senio (La Sierra)	2012
36-0	Delphine Baris (Palo Verde)	1984	125-6	Sia Tau (Temecula)	2010
35-11	Tina Ray (Corona)	1984	125-4	Zona Chandler (Elsinore)	1980
35-10.5	Emilee Haflinger (West Valley)	2000	125-4	Elyana Partida (La Sierra)	2010
35-9.75	Richelle Kofoa (Banning)	2014	124-4	Heasley (San Jacinto)	1999
35-9.5	Alana Tupua (Rubidoux)	1991	124-3	Jaclyn Castleberry (Norco)	2013
35-9	Alicia Rubio (Perris)	1993	124-1	Michelle Marshall (Hemet)	1994
35-9	Jennifer Wright (West Valley)	1998	124-1	Whitney Ashley (North)	2006
35-9	Caring Leyva (Temecula)	1999	123-9	*Mary Fusi (Corona)	2012
35-9	Ashley Hearle (King)	2001	123-8	Yolanda Munoz (Poly)	1994
35-9	Tressa Tenney (Great Oak)	2007	123-8	**Kayla Zempoalteca (Corona)	2013
35-8.75	Randi Holmes (Norco)	1997	123-7	Ashley Santos (Elsinore)	2014
35-8.5	Mara Campbell (Norte Vista)	1993	122-8	Michelle Campa (Murrieta Valley)	2014
35-8	Chabre Vickers (Canyon Springs)	2002	122-5	Rebekah Boaz (Murrieta)	2009
35-8	Samantha Gutierrez (Temescal)	2008	122-4	Samantha Straley (Poly)	2012
35-7.5	Lora Dunn (Hemet)	2006	122-3	Diane Rogers (Indio)	1982
35-7.5	Yazmin Torres (Vista)	2014	122-2	Kristin Harris (Norco)	1997
35-7	Sara Pearson (Valley View)	1995	122-1	Lena Rathbone (Hemet)	1997

8 lb. Shot Put

Discus

121-11	Joy Bates (Palm Desert)	1989
121-11	Fatima Vergara (Corona)	2011
121-10	Patricia Walker (Rubidoux)	1985
121-7	Joanna Porter (Canyon Springs)	1994
121-5	Natrice Gordon (Centennial)	1997
121-5	Kelsey Rubeor (Murrieta)	2007
121-3	Heidi Malone (Rancho Verde)	1999
120-11	Pam Alexander (Arlington)	1984
120-9	Brittany Lowe (Chaparral)	2005
120-8	Jeena Cirivello (Palm Springs)	1990
120-8	Serena Payton (Norco)	2009
120-7	Christina Letua (Palm Springs)	2001
120-3	Tiffan Eason (Canyon Springs)	1997
120-3	Candace Prince (San Jacinto)	2010
120-1	Kim Sepulveda (Hamilton)	2009
119-10	Tiana Herrera (Paloma Valley)	2004
119-9	Katie Nunley (Great Oak)	2010
119-5	Deison Afualo (Corona)	2012
119-4	Teri Keys (Hemet)	1987
119-4	* DeOndra Young (Vista)	2013
119-2	Danna Hill (Roosevelt)	2011
119-0	Natalie Torre (Notre Dame)	1994
118-11	Chelsea Staub (Murrieta)	2008
118-6	Krishna Pugh (Rancho Verde)	2002
118-6	*Caly Herrera (Paloma Valley)	2012
118-1	Jennifer Gonzalez (San Jacinto)	2001
118-4	Julia Sapa (La Sierra)	2011
118-1	Shannon Horan (Hemet)	2011
117-9	Malia Lissy (Corona)	2013
117-7	Tynisha Utz (Norco)	2004
117-4	Solate Tupou (North)	2004
117-2	Susie Cubias (La Sierra)	2012
117-1	Rene Davis (Corona)	2004
116-7	Pam Larkin (Norco)	1991
116-5	Andrea Morrison (King)	2005
116-5	*Elyana Partida (La Sierra)	2009
116-4	Chris Romero (Corona)	1985
116-4	Jennifer Hobson (Hemet)	1987
116-1	Chantel Hicks (King)	2009
116-1	Rayo Soyemi (King)	2014
116-0	Kayla Zempoalteca (Corona)	2014
115-10	Marie Fecske (Norco)	1986
115-10	Jasmine Battle (Vista)	2009
115-7	*Hanna Lemoa (Norte Vista)	2008
115-4	*Brandi Dunham (Murrieta)	2010
115-3	Tanya Martinez (La Sierra)	2007
115-3	*Chantel Hicks (King)	2008
115-3	Deondra Young (Vista)	2014

Heptathlon

5328	Gayle Hunter (North)	2004
4808	Kelsey Rubeor (Murrieta)	2007
4664	Kiersten Kirkland (North)	2007
4561	Becky Collier (Woodcrest Chr)	2013
4544	Shania Edwards-Hambrick (MoVal)	1994
4142	Becky Collier (Woodcrest Chr)	2011
4119	Lisa Taranto (Elsinore)	2013
3837	Chelsea Price (Centennial)	1999
3731	Robin Leafbland (Arlington)	1996
3722	Vanessa Brenton (Temescal)	1994
3642	Jelena McNown (Murrieta Valley)	2013
3546	Starlynn Stingleton (Mesa)	2013
3144	Myeshia DuPree (Poly)	1996
3024	Marissa Smith (Valley View)	2002
2783	Megan Beckerly (Poly)	2001
2679	Erin Porcher (Elsmore)	1994
2562	Karen Haworth (Elsinore)	1994
2495	***Delaney Ho (Beaumont)	2014
2128	Melissa Williams (Elsinore)	1996

Hammer

141-5	Tanya Sapa (La Sierra)	2013
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SCHOOL RECORDS

(must have met recording standard)

Arlington

BOYS

100 meters:	Andre Ewell	2006	10.79
200 meters:	Andre Ewell	2006	21.44
400 meters:	Chris Harper	1980	48.2y/48.06
800 meters:	Scott Gardner	1984	1:55.61
1600 meters:	Alfonso Ibarra	1996	4:17.20
3200 meters:	Alfonso Ibarra	1996	9:29.6
110 Hurdles:	Chris Johnson	2001	14.09
300 Hurdles:	Chris Johnson	2001	39.15
400 Relay:		1980	42.8y/42.69
		2014	42.73
1600 Relay:		1980	3:20.9y/3:19.6
High Jump:	Chris Harper	1980	6'8"
Long Jump:	Chris Harper	1980	24'5"
Triple Jump:	Ray Warhop	1995	44'8.25"

GIRLS

100 meters:	Kamera Heru	2001	12.04
200 meters:	Kamera Heru	2000	25.24c
400 meters:	Kamera Heru	2003	58.18
800 meters:	Laura McDowell	2011	2:17.0
1600 meters:	Natalie Schafer	2012	5:13.63
3200 meters:	Sally Cohenour	1984	11:27.05
100 Hurdles:	Robin Lealblad	1996	15.21 (33")
	Yvette McCullough	1986	15.06 (30")
300 Hurdles:	Laura McDowell	2010	43.79
400 Relay:		2003	50.35
1600 Relay:		1996	4:03.95
Pole Vault:	Jessica Hentzchel	1999	9'6"
Long Jump:	Joanna Hayes	1993	18'1.5"
Triple Jump:	Joanna Hayes	1993	37'11.5"
Shot Put:	Pam Alexander	1983	46'6.5"
Discus:	Mari Bohannon	2002	130'0"

Banning

BOYS

100 meters:	Lucien Henderson	1987	10.67
200 meters:	Sam Elmore	1995	20.9/21.04
400 meters:	Louis Amestoy	1989	48.93
800 meters:	David Edds	1976	1:53.9/1:53.2
300 Hurdles:	Aaron Webber	1991	38.86
1600 Relay:		1995	3:25.69
High Jump:	Simpson	1975	6'6"
	Pierre Campbell	2002	6'6"
Long Jump:	Mario Montgomery	1979	23'11"
Triple Jump:	Phillip Craig	2002	46'0"
Shot Put:	Henry Stevens	1995	55'3"
Discus:	Randy Patterson	2000	164'6"

GIRLS

100 meters:	DeJuana Satchell	1999	12.1/12.34c
	Maude Best	1997	12.1/12.34c
200 meters:	Madue Best	1997	26.03
100 Hurdles:	Liz Luzsko	1999	14.6/14.
400 Relay:		1999	48.74
High Jump:	Liz Luzsko	1999	54"
Shot Put:	Jenny Patterson	1996	38'1"

Beaumont

BOYS

400 meters:	Ahmed El-Daggeg	2002	50.19
800 meters:	Tyler McDonald	2010	1:56.68
1600 meters:	Victor Delgado	2009	4:15.55
3200 meters:	Brian Baker	2003	9:08.65
110 Hurdles:	Sammy Roberts	2014	14.97
300 Hurdles:	Kevin Powell	2004	39.66
400 Relay:		2013	43.35
1600 Relay:		2009	3:22.68
High Jump:	Josh Law	1999	6'7"
Long Jump:	Brandon Tedrow	1999	22'3"
Triple Jump:	King	1987	45'3"
Shot Put:	Peyton	1975	56'3.25"
Discus:	Caleb Wood	2011	164'-5"

GIRLS

100 meters:	Dejuana Satchel	1997	12.1/12.34c
200 meters:	Shelese Ruffin	2004	25.04c
400 meters:	Shelese Ruffin	2002	55.10
800 meters:	Ashlee Cervantes	2008	2:15.67
1600 meters:	Kailie Grimes	2014	5:00.00
3200 meters:	Kailie Grimes	2013	11:30.36
300 Hurdles:	Tricia Cervantes	2011	47.25
1600 Relay:		2004	4:05.50
Long Jump:	Shelese Ruffin	2004	19-10.25
Shot Put:	Lindsay Ritchie	2011	41'1"

California School of the Deaf

BOYS

100 meters:	Rick Aguilar	1986	10.8/11.04
High Jump:	Rick Aguilar	1986	6'5.25"

Cal Lutheran

BOYS

Triple Jump:	Jim Chojnacki	2009	45'2.75"
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Calvary Chapel

GIRLS

Triple Jump:	Rene Simon	2008	36'11.75"
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Canyon Springs

BOYS

100 meters:	Bryan Howard	1995	10.23
200 meters:	Bryan Howard	1994	20.76
400 meters:	Anthony Daniels	2002	47.77
800 meters:	Christian Rojas	2004	1:54.45
1600 meters:	Brandon Kerr	1989	4:21.3
3200 meters:	Robert Garcia	1990	9:27.76
110 Hurdles:	Randy Brown	1998	14.47
300 Hurdles:	Mickey Grimes	1995	36.59
400 Relay:		1993	41.51
1600 Relay:		1997	3:21.74
High jump:	Bonny Thompson	2004	610"
Pole Vault:	Devin Bergguist	2003	14-0"
Long Jump:	Kenny Johnson	1991	23'9.5"
Triple Jump:	Kenny Johnson	1991	49'9.5"
Shot Put:	Derek Kurkowski	1997	60'11"

Discus:	Adam Medina	2003	166'2"	3200 meters:	Adianna Olivas	2012	10:34.73
GIRLS				300 Hurdles:	Melissa Pridemore	1995	47.04
100 meters:	Madinah Ali	1995	11.61	400 Relay:		2013	48.16
200 meters:	Madinah Ali	1995	23.72	1600 Relay:		2010	4:00.41
400 meters:	Jamie Brown	1993	57.44c	High Jump:	Jennifer Thomas	1997	5'6"
800 meters:	Wendy Reed	1995	2:20.32	Pole Vault:	Jennifer Finaldi	2001	10'6"
1600 meters:	Jorgina Garcia	1998	5:15.62	Triple Jump:	Whitney Ligon	2005	36'2"
3200 meters:	Crystal Ricardez	1998	11:19.52	Shot Put:	Tiffany Gilmore	2014	43'7"
300 Hurdles:	Madinah Ali	1994	45.8/46.04c	Discus:	Tiffany Gilmore	2014	134'1"
400 Relay:		1994	47.29	Citrus Hill			
1600 Relay:		1994	3:51.16	BOYS			
High Jump:	Sophia Ederaine	2009	5'7"	100 meters:	Deontae Cooper	2009	10.90
Pole Vault:	Erica Adams	2002	9'6"	800 meters:	Supervoid Mack	2012	1:58.16
Long Jump:	Angela Weeks	2002	19'0.75"	300 Hurdles:	Matthew Coaxum	2010	39.11
Triple Jump:	Angela Weeks	2002	37'10"	400 Relay:		2014	43.21
Shot Put:	Becky Darby	1989	39'8.25"	Discus:	Jordan Brwaley	2014	160'7"
Discus:	Lili Sapolu	2001	128'5"	GIRLS			

Cathedral City

BOYS

100 meters:	Nick Lee	2003	10.74
200 meters:	David Monay	2007	22.41
400 meters:	David Angulo	2002	48.38
800 meters:	Andy Perezchica	2003	1:56.05
3200 meters:	Ricardo Nevarez	2010	9:33.54
110 Hurdles:	Jeremy Thornburg	2000	14.42
300 Hurdles:	Jeremy Thornburg	2000	37.74c
400 Relay:		2002	42.74
1600 Relay:		2001	3:25.39
Long Jump:	Marquis Strange	1998	22'7.25"
Shot Put:	PJ Bradley	2002	150'11"
Discus	Nick Johnson	2005	171'4"

GIRLS

3200 meters:	Christina Lara	2002	11:06.71
300 Hurdles:	Mayim Lee	2011	47.10
Long Jump:	Natalie Johnson	2000	16'10"
400 Relay:		2014	49.88
Shot Put:	Myechia Bradley	2003	38-9.75

Centennial

BOYS

100 meters:	Larry Scott	2010	10.95
200 meters:	Derek Favorite	1993	21.98
400 meters:	Derek Favorite	1993	48.21
800 meters:	Brad Baldwin	1998	1:57.19
1600 meters:	Cruz Gallegos	1992	4:14.70
3200 meters:	Cruz Gallegos	1992	9:02.90
110 Hurdles:	Dupree Gant	2002	14.80
300 Hurdles:	Scott Melatti	2002	39.02
400 Relay:		2010	43.24
1600 Relay:		1997	3:26.45
High Jump:	Lance Soderberg	2002	6'10"
Pole Vault:	Ben Shelton	1998	15'0"
Long Jump:	Danny Foster	2002	22'5" (wind)
Triple jump:	Milan Ford	1994	45'7.75"
Shot Put:	Danny Negrete	2001	53'11.5

GIRLS

100 meters:	Eboni Sutherland	2013	11.75
200 meters:	Eboni Sutherland	2013	23.79
400 meters:	Jessica Johnson	2009	57.29
1600 meters:	Adianna Olivas	2012	4:51.35

Citrus Hill

BOYS

100 meters:	Deontae Cooper	2009	10.90
800 meters:	Supervoid Mack	2012	1:58.16
300 Hurdles:	Matthew Coaxum	2010	39.11
400 Relay:		2014	43.21
Discus:	Jordan Brwaley	2014	160'7"

GIRLS

200 meters:	Aaliyah Crawford	2014	25.55
400 meters:	Aaliyah Crawford	2012	55.78
400 relay:		2014	49.72
1600 Relay:		2012	4:07.15
Shot Put:	Danielle Ford	2012	36' 10"

Chaparral

BOYS

100 meters:	Joel Hotckins	2009	10.86
400 meters:	Talmadge Jackson	2005	50.36
800 meters:	Bennett Harris	2011	1:56.28
3200 meters:	Connor Thurmond	2014	9:37.90
110 Hurdles:	Jazz Trice	2005	14.41
300 Hurdles:	Kyle Hansen	2005	38.79
400 Relay:		2011	42.96
1600 Relay:		2005	3:22.80
High Jump:	Nick Gregory	2009	6'9"
Pole Vault:	Ryan Utnchmer	2005	14'9"
Triple Jump:	Jedaki Hill	2014	45' 3.25"
Discus:	Andrew Misipeka	2004	161'2"

GIRLS

200 meters:	Tori Alemany	2012	25.88
800 meters:	Chandler Kerr	2012	2:16.44
1600 meters:	Vianna Hochstrasser	'08	5:09.40
3200 meters:	Sierra Vega	2008	11:01.82
100 Hurdles:	Sabel Moffett	2005	15.96
300 Hurdles:	Kristen Powers	2007	44.16
3200 meters:	Chandler Kerr	2014	11:44.01
400 Relay:		2013	49.37
1600 Relay:		2010	4:02.18
High Jump:	Jamie Kindschuh	1999	5'5"
Pole Vault:	Dana Jensen	2005	12'3"
Long Jump:	Jamie Kindschuh	1999	17'9.25"
Triple jump:	Jamie Kindschuh	1999	36'2.5"
Shot Put:	Jessica Bonner	2007	39'8"
Discus:	Jessica Bonner	2007	149'1"

Coachella Valley

BOYS

400 meters:	Contrerras	1973	50.5y/50.35
800 meters:	Elmore Ohly	1962	1:53.4y/1:52.7
1600 meters:	Alex Zamora	1989	4:19.81
3200 meters:	Steve Alvarez	1977	8:56.4/8:53.3
110 Hurdles:	Vince Rivas	1967	14.2/14.44c
330 Hurdles:	Roman Alvarado	1979	38.32

400 Relay:		2013	43.84	Shot Put:	Monique Walker	2004	36'11
1600 Relay:		1973	3:24.1y/3:22.9	Discus:	Kristi Young	2001	128'8"
High Jump	Diego Felix	2012	6'6"				
Pole Vault:	Gonzalez	1979	14'0"				
	Tony Young	1984	14'0"				
Long Jump:	Tony Young	1984	22'3"				
Triple Jump:	Norris	1978	48'3"				
Shot Put:	Moises Ramos	2011	59'-7.75"				

Desert Hot Springs

BOYS							
800 meters:	Nelson Maravilla	2004	1:56.91				
1600 meters:	Nelson Maravilla	2004	4:20.51				
300 Hurdles:	Miles Chapman	2006	38.77				
Shot Put:	Arren Roberson	2010	59'8.5"				
Discus:	Christopher Brown	'14	150'3"				

GIRLS

100 meters:	Mary Carroll	1982	12.09
400 meters:	Jazmin Retano	2012	57.17
800 meters:	Ana Valdovinoa	2011	2:20.86
1600 meters:	Ana Valdovinos	2011	5:19.95
1600 Relay:		2012	4:07.55
Long Jump:	Mary Carroll	1982	18'6.75"
Triple Jump:	Mary Carroll	1981	36'9.75"
Shot Put:	Millie Macias	2003	36'6.5"

GIRLS

Long Jump:	Maya Jackson	2012	17' 2.5"
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Elsinore

BOYS							
100 meters:	Kenny Jackson	2009	10.52				
200 meters:	Kenny Jackson	2009	21.41				
400 meters:	David Williams	2009	48.80				
800 meters:	David Haskell	1989	1:56.28				
1600 meters:	Cliff Curtis	1992	4:25.04				
3200 meters:	Kyle Brown	2013	9:29.08				
300 Hurdles:	Demetrius Munelyn	1985	38.87				
400 Relay:		2009	42.33				
1600 Relay:		2014	3:26.31				
High Jump:	Cliff Curtis	1991	6'9"				
Pole Vault:	Richard LEverson	2011	16'-0"				
Long Jump:	Kenny Jackson	2009	22'10.5"				
Triple Jump:	Dametris Munerlyn	1985	46'4.25"				
Shot Put:	Kris Kirk	2010	55'6"				
Discus:	Jacob Castilow	2012	175'7"				

Corona

BOYS

100 meters:	Duke Greer	2007	10.74
200 meters:	Ken Moon	2004	21.73
	Duke Greer	2007	21.73
400 meters:	Ken Moon	2004	47.52
800 meters:	Raul Arcos	2008	1:53.33
1600 meters:	Raul Arcos	2008	4:07.50+ / 4:08.94y
3200 meters:	Alan Cuevas	2010	9:17.91
110 Hurdles:	Roger Moody	1964	13.7/13.94
300 Hurdles:	Elvis Pompa	2014	38.37
400 Relay:		2010	42.82
1600 Relay:		1995	3:24.49
High jump:	Lars Anderson	1978	6'8.25"
Pole Vault:	Jon Vaughn	1966	15'8" (16'5")
Long Jump:	Dave Janoski	1992	23'2.25"
Triple Jump:	Dane Janoski	1992	45'3.5"
Shot Put:	Mike Savicky	2001	58'3"
Discus:	Andre Evans	2010	161'0"

GIRLS

100 meters:	Zona Chandler	1981	12.48
200 meters:	Brandee Rodriguez	'10	25.92
400 meters:	Sheneice Vargas	2005	59.2/59.34c
800 meters:	Rebecca Lacy	1992	2:18.80
1600 meters:	Adriana Ramos	2010	5:16.61
3200 meters:	Jamie Bascom	1993	11:12.76
100 Hurdles:	T'Keyah Gray	2010	15.96
300 Hurdles:	Erica Williams	2011	47.35
400 Relay:		2009	46.02
1600 Relay:		2010	4:07.25
Pole Vault:	Clair Vanzanthen	2008	9'10"
Long Jump:	Zona Chandler	1981	17'1.5"
Triple Jump:	CeCe Chandler	1982	38'7.25"
Shot Put:	Elena Lopez	2014	44'8"
Discus:	Breanna Standifer	2013	146' 2"

GIRLS

100 meters:	Nettie Scott	2010	12.21
200 meters:	Cydney Powell	2014	24.68
400 meters:	Marti Arguellas	1991	56.56
800 meters:	Alicia Williams	2014	2:12.50
1600 meters:	Alicia Williams	2014	4:54.43c
3200 meters:	Alma Escobar	2005	10:47.70y/10:43.04+
100 Hurdles:	Miki Ewing	2013	15.50
300 Hurdles:	Beth Griffiths	1982	44.43
400 Relay:		2014	48.04
1600 Relay:		2014	3:51.80
High Jump:	Tina Ray	1984	5'6.25"
Pole Vault:	Devin Stetson	2014	11'9"
Long Jump:	Nettie Scott	2010	18'5"
Shot Put:	Christie Tuioti-mariner	'07	40'1"
Discus:	Fatima Vergara	2010	121'11"

Great Oak

BOYS

100 meters:	John Kane	2013	10.76
200 meters:	Damion Marshall	2014	21.29
400 meters:	Sean Burd	2011	47.99
800 meters:	Isaac Cortes	2014	1:52.79
1600 meters:	Karson Fronk	2013	4:10.63
3200 meters:	Nick Doan	2014	9:05.86
110 Hurdles:	Duane Soloman	2012	14.60
300 Hurdles:	Duane Soloman	2012	37.26
400 Relay:		2014	41.33
1600 Relay:		2011	3:15.57
High Jump:	Ishmael Stevenson	2013	6'6"
Pole Vault:	Shane Atkinson	2013	16'0"

Desert Christian (Bermuda Dunes)

BOYS

Discus:	Jacob Underwood	2006	167'3
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GIRLS

1600 meters:	Danielle Vanaman	2000	5:23.19
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GIRLS			
3200 meters:	Veronica Zepeda	1998	11:52.73
300m Hurdles:	Tristan Taylor	2004	49.24
Pole Vault:	Amy Hop	2008	10'0"
Shot Put:	Amy Loprinzi	2009	38'10.75"

King, M. L.

BOYS			
100 meters:	Mike Myers	2002	11.33
200 meters:	Jamal Orme	2014	22.00
400 meters:	Marvin Epps	2010	50.40
800 meters:	Nathan Torres	2013	1:52.63
1600 meters:	Lane Werley	2011	4:11.93+
			4:13.41y
3200 meters:	Lane Werley	2011	8:53.21
110 Hurdles:	Sam Jeter	2007	14.90
300 Hurdles:	Josh Jeter	2012	38.48
400 Relay:		2009	42.85
1600 Relay:		2012	3:21.83
High Jump:	Michael Albrecht	2009	6'8"
Pole Vault:	Will Foody	2011	14'-0"
Triple Jump:	Manuel Santiago	2008	46'6.75"
Shot Put:	Robert Malone	2006	55'7"
Discus:	Brandon Alcanter	2011	162'-4"

GIRLS			
100 meters:	Courtne Davis	2014	12.17
200 meters:	Courtne Davis	2014	24.63
400 meters:	Noelle Abboud	2012	57.45
800 meters:	Ruthie Wiggins	2014	2:13.51
1600 meters:	Hanna Peterson	2011	4:57.89+
			4:59.63y
3200 meters:	Hanna Peterson	2010	10:55.84
100 Hurdles:	Taylor Fleming	2013	14.31
300 Hurdles:	Taylor Fleming	2013	43.08
400 Relay:		2014	47.72
1600 Relay:		2014	3:54.52
High Jump:	Gayle Hunter	2002	5'8"
Pole Vault:	Hannah Chang	2014	11'9"
Long Jump:	Gayle Hunter	2001	19'1"
Triple Jump:	Gayle Hunter	2002	39'7"
Shot Put:	Anissa Claiborne	2014	37'11"
Discus:	Jessica Weise	2011	126'8"

Lakeside

BOYS			
200 meters:	Marcus Love	2013	22.28
400 meters:	Solomon Ponomarev	'14	49.64
400m Relay:		2012	42.96
Discus:	Anthony Avina	2010	160-5

GIRLS			
100 meters:	Robyn Carroll	2008	12.54
400 meters:	Robyn Carroll	2008	56.61
400 Relay:		2008	49.90

La Quinta

BOYS			
100 meters:	Jamal Williams	2001	10.6/10.84
200 meters:	Christopher Romtoribio	'14	22.49
400 meters:	Taylor Brown	2012	48.06
800 meters:	Alex Orozco	2013	1:56.98

1600 meters:	Alex Orozco	2012	4:21.20
3200 meters:	Evan Dougherty	2012	9:36.66
110 Hurdles:	Ryan Woods	2007	14.54
300 Hurdles:	Galín Swearingen	2014	38.59
400 Relay:		2014	42.42
High Jump:	John Chea	2005	6'4"
Long Jump:	Christopher Rom-Toribio	'14	21'7"
Shot Put:	Jarered Morgan	2002	61'0.25"
Discus:	Jarered Morgan	2002	200'3"

GIRLS			
100 meters:	Kayla Wilson	2014	11.73
200 meters:	Kayla Wilson	2013	24.04
400 meters:	Kayla Wilson	2014	56.96
800 meters:	Megan Huebner	2011	2:11.91
1600 meters:	Megan Huebner	2014	4:48.83
3200 meters:	Megan Huebner	2013	10:26.54
100 Hurdles:	Pamela Leyva	2003	15.55
300 Hurdles:	Pamela Leyva	2002	46.49
400 Relay:		2009	49.93
1600 Relay:		2014	3:58.55
Long Jump:	Kayla Wilson	2013	18' 7.75"
Triple Jump:	Katie Christianson	2000	37' 3.25"
Shot Put:	Jevonna Morgan	2004	36' 9.75"
Discus:	Jevonna Morgan	2004	133' 8"

La Sierra

BOYS			
100 meters:	Anthony Preyear	1993	10.6/10.84
200 meters:	Reggie Wyatt	2009	21.23
400 meters:	Reggie Wyatt	2009	46.13
800 meters:	Edgar Cobian	2012	1:52.47
1600 meters:	Spencer Knight	2006	4:09.58
3200 meters:	Dylan Spencer	2007	9:05.18
110 Hurdles:	Brandon Howard	2005	14.14
300 Hurdles:	Reggie Wyatt	2009	35.02
400 Relay:		1994	42.6/42.74c
1600 Relay:		2005	3:18.95
High Jump:	Jeff Midgett	2001	6'8'
Long Jump:	Tyree Washington	1995	24'3"
Shot Put:	CJ Francis	2004	54'5.5"
Discus:	Kyle Moshkin	2007	168'11"

GIRLS			
100 meters:	Jessica Williams	1999	12.1/12.34c
	Candace Wilson	1999	12.1/12.34c
200 meters:	Jennifer Steen	2000	24.9/25.14c
400 meters:	Laura McDowell	2009	56.30
800 meters:	Laura McDowell	2009	2:12.95
1600 meters:	Maria Rodriguez	1999	5:13.60
3200 meters:	Maria Rodriguez	1999	11:19.76
100 Hurdles:	Angela Green	2007	15.90
300 Hurdles:	Jaylah Walker	2014	43.75
400 Relay:		2009	49.89
1600 Relay:		2005	4:07.20
Long Jump:	Nicole Baker	1997	16'7.5"
Triple Jump:	Demetria Deary	2000	36'1"
Shot Put:	Tanya Sapa	2013	50' 0.25"
Discus:	Tanya Sapa	2013	151' 2"

Linfield

GIRLS			
800 meters:	Jackie Crowther	2012	2:13.59

Long Jump: Chris Milan 2012 23'6.5"
 Triple Jump: Nick Fisher 2014 45'9.5"
 Shot Put: Nick Ponzio 2013 69'7.25"
 Discus: Nick Ponzio 2013 187'8"

Long Jump: Denise Woodard 1979 18'11.25"
 Triple Jump: Unique Lewis 1988 38'4.75"
 Shot Put: Brittany Gonter 2010 41'0"
 Discus: Lisa Callin 1985 131'4"

GIRLS

100 meters: Khala Taylor 2011 12.09
 200 meters: Khala Taylor 2012 24.60
 400 meters: Khala Taylor 2012 54.96
 800 meters: Megan McClain 2010 2:14.64
 1600 meters: Haley Dorris 2014 4:48.88
 3200 meters: Destiny Collins 2014 10:18.93
 100 Hurdles: Jade Miller 2013 14.16
 300 Hurdles: Jade Miller 2013 41.02
 400 Relay: 2014 47.32
 1600 Relay: 2012 3:47.44
 High Jump: Allie Portis 2013 5'6"
 Pole Vault: Kim Sandstrom 2010 11'6"
 Long Jump: Niala Charles 2010 16'11.5"
 Triple Jump: Cynamon Stevenson '14 39'7.5"
 Shot Put: Shaylynn Fisher 2009 40'0"
 Discus: Shaylynn Fisher 2008 145'2"

Hamilton

BOYS:
 Discus: Jake Cole 2005 152'4"
GIRLS:
 Shot Put: Kim Sepulveda 2009 37'4.75"
 Discus: Kim Sepulveda 2009 120-1

Hemet

BOYS
 100 meters: Matt Maybeno 2002 11.01
 200 meters: Matt Maybeno 2002 22.12
 400 meters: Troy Collins 1989 49.1/49.24
 800 meters: Robert Frichtel 1996 1:51.83
 1600 meters: Mark Fricker 1977 4:07.9/4:06.4
 3200 meters: Mark Fricker 1977 8:59.3/8:56.2
 110 Hurdles: Kenny Shaw 2005 14.60
 300 Hurdles: Zach Holbert 2012 39.38
 400 Relay: 2001 43.15
 1600 Relay: 1976 3:22.5y/3:21.3
 High Jump: Nathan White 1994 6'7.75"
 Pole Vault: Levi Walker 2001 15'9"
 Long Jump: Ron Oastes 1965 22'9"
 Triple Jump: Dyvod Hammond 1991 47'10.25"
 Shot Put: Matt Wiley 1989 60'2"
 Discus: Brandis Dew 2005 184'3"

GIRLS

100 meters: Ogonna Agu 2006 12.35
 200 meters: Ogonna Agu 2004 25.04
 400 meters: Denise Woodard 1980 57.3y/56.97
 800 meters: Taylor Cantu 2012 2:19.53
 1600 meters: Kathy Kelly 1977 5:07.8
 3200 meters: Kathy Kelly 1978 11:07.5y/11:03.6
 100 Hurdles: Amanda Breyer 2006 15.55
 300 Hurdles: Krista Haddock 2013 44.72
 400 Relay: 2006 49.41
 1600 Relay: 2008 4:08.71
 High jump: Jennifer Maggard 1991 5'6"
 Pole Vault: Veronica Winkleman '09 9' 6"
 Briana Williams 2012 9' 6"

Heritage

BOYS
 400 meters: Jarett Carter 2014 49.61
 800 meters: Solomon Demeko-Ousman 2014 1:57.15
 100 Hurdles: Torrey Atkins 2014 14.13
 300 Hurdles: Aaron Woods 2013 38.48
 400 Relay: 2014 43.75

GIRLS

100 meters: Diamonique Brogan 2013 12.26
 400 Relay: 2013 48.97

Indio

BOYS
 100 meters: Stoney Jordan 1993 10.3/10.54c
 200 meters: Stoney Jordan 1993 21.41
 400 meters: Angello DeWitt 1986 49.0/49.14
 800 meters: Joel Cota 2003 1:54.08
 1600 meters: David Luna 2013 4:11.91
 3200 meters: David Luna 2013 9:05.04
 110 Hurdles: Mike Harris 1974 13.6/13.84c
 300 Hurdles: Keithyon Moten 2012 38.04
 400 Relay: 1983 43.02
 1600 Relay: 2003 3:23.68
 High Jump: Danny Gallegos 1980 6'8'.
 Pole Vault: Bruner 1977 13'6"
 Owen 1976 13'6"
 Wilson 1976 13'6"
 Long Jump: Mike Harris 1974 23'8"
 Triple Jump: Paul Turner 2009 47'2"
 Shot Put: Ed White 1965 60'2.5"
 Discus: Greg Garza 2003 191'1"

GIRLS

100 meters: Bobbi Jones 1984 12.16
 200 meters: Bobbi Jones 1984 25.78
 400 meters: Regina Bowman 2013 57.81
 800 meters: Rebecca Morales 2012 2:14.62
 1600 meters: Rebecca Morales 2012 5:08.30
 3200 meters: Sonya Melendez 1992 11:03.20
 100 Hurdles: Ashley Henley 2004 15.24c
 300 Hurdles: Stephanie Lamar 1984 44.26
 400 Relay: 1986 49.37
 1600 Relay: 2012 3:59.97
 High Jump: Gretchen DeWitt 1983 5'6.25"
 Long Jump: Serina Strange 1987 19'11.25"
 Triple Jump: Serina Strange 1986 37.8.75"
 Shot Put: Sherice Wright 2011 38'11"
 Discus: Diane Rogers 1982 122'3"

Jurupa Valley

BOYS
 100 meters: Ray Blackburn 1998 10.99
 200 meters: Ray Blackburn 1998 21.94
 400 meters: Jamal James 1998 49.33
 400 Relay: 1998 43.20
 1600 Relay: 1998 3:26.23
 Discus: Walter McNeil 1997 151'3"

1600 meters: Jackie Crowther 2012 5:15.69

Marywood-Palm Valley

GIRLS

1600 meters: Alexia Velarde 2012 5:06.66
3200 meters: Alexia Velarde 2012 11:22.02

Mesa Murrieta

BOYS

400 Relay: 2014 43.40
1600 Relay: 2014 3:26.83
Triple Jump: Craig Mauldin 2012 46' 4.25"

GIRLS

100 meters: Audriana Holloway 2013 12.30
200 meters: Audriana Holloway 2013 24.87
400 meters: Lauren Coomber 2014 56.47
800 meters: Lauren Coomber 2013 2:17.38
1600 meters: Taylor Taite 2014 5:02.52c
3200 meters: Brooke Evans 2013 11:33.46
100 Hurdles: Kim Dargle 2013 14.32
300 Hurdles: Kim Dargle 2013 45.13
400 Relay: 2013 47.03
1600 Relay: 2013 3:59.05
Pole Vault: Brianna Shihadeh 2013 9' 6"
Triple Jump: Starlynn Stingleton 2013 37' 0"

Moreno Valley

BOYS

100 meters: Isaiah Braden 2011 10.63
200 meters: Isaiah Braden 2011 21.21
400 meters: Larry Dean 1978 49.14y/48.85
800 meters: Raul Serratos 1986 1:53.38
1600 meters: Raul Serratos 1987 4:11.41
3200 meters: Raul Serratos 1985 9:24.7
110 Hurdles: Brett Turnage 2000 14.85
300 Hurdles: Antoine Adkins 1992 39.20
400 Relay: 2010 42.53
1600 Relay: 1990 3:20.51
High Jump: Tom Ward 1984 6'6"
Pole Vault: Vierra 1976 13'6"
Long Jump: Shamori Walker 1993 22'1 "
Triple Jump: Shamori Walker 1993 48'1 "
Shot Put: Malone 1977 55'11.25"
Discus: Rhodes 1978 164'7"

GIRLS

100 meters: Ashanti Phallix 1998 11.9/12.14c
200 meters: Ashanti Phallix 1998 24.84
400 meters: Gwen Adams 1979 57.78y/57.45
3200 meters: Michelle Dale 1993 11:46.25
100 Hurdles: Jameyo Austin 2001 15.1/15.34c
300 Hurdles: Shania Edwards-Hak 1994 45.12
400 Relay: 1983 48.69
1600 Relay: 1983 3:59.61
High Jump: Shania Edwards-Hak 1993 5'10"
Long Jump: Julie Tetley 1989 17'1.75"
Triple Jump: Cheri Slater 1982 36'3.5"
Shot Put: Renee Perkins 1982 378.5"
Discus: Renee Perkins 1982 141'9"

Murrieta Valley

BOYS

100 meters: Ervin Simmons 2008 10.92
200 meters: Khurtis Henry 2009 22.36
400 meters: Josh Potter 2009 50.13
800 meters: Ian Ritchie 2003 1:53.28
1600 meters: Kellen Acosta 2003 4:17.43
3200 meters: Patrick Milloy 2005 9:07.95
110 Hurdles: Aaron Paisley 2013 14.89
300 Hurdles: Casey Birchard 2007 39.45
400 Relay: 2008 42.77
1600 Relay: 2009 3:19.60
High Jump: Justin Nelson 2001 6'10"
Pole Vault: Peter Chapman 2012 16'6.5"
Long Jump: Lafayette Waters 2014 23'4.25"
Triple Jump: Solomon Ijah 2010 48'10.25"
Discus: Jason Rider 2001 188'10"

GIRLS

100 meters: Lauren Nichols 2012 11.92
200 meters: Lauren Nichols 2012 24.70
400 meters: Janessa Brown 2011 58.36
800 meters: Liza Pascuito 2002 2:14.5
1600 meters: Liza Pascuito 2004 4:51.25
3200 meters: Liza Pascuito 2004 10:37.89
100 Hurdles: Heather Corder 2010 14.42
300 Hurdles: Danielle Perry 1999 43.13
400 Relay: 2007 48.00
1600 Relay: 1999 3:55.03
High Jump: Kelsey Rubeor 2006 5'6"
Pole Vault: Jessica Wisniewski 2002 12'0"
Long Jump: Kelsey Rubeor 2006 17'11.25"
Triple Jump: Kelsey Rubeor 2005 35'8"
Shot Put: Kelsey Rubeor 2007 43'3"
Discus: Rachel Boaz 2009 137'11"

Norco

BOYS

100 meters: Jamar Thymes 1999 10.8/11.04
200 meters: Mike Lynem 2006 21.93
400 meters: Darrell Willis 1981 47.56
800 meters: Steve Gladwell 1990 1:57.85
1600 meters: Mike Melendez 1979 4:20.4y/4:18.9
3200 meters: Mike Melendez 1979 9:09.2y/9:06.0
110 Hurdles: Kurt Siebert 2000 14.62
300 Hurdles: Kurt Siebert 2000 37.77
400 Relay: 1996 42.81
1600 relay: 2014 3:28.23
High Jump: Mike Torres 1991 6'6"
Jamar Thymes 1999 6'6"
Pole Vault: Devin Rexroat 2005 15'9"
Long Jump: B j. Stewart 1996 23'1.5"
Triple Jump: B j. Stewart 1996 46'0.5"
Discus: Dan Estrada 1991 163'3"

GIRLS

100 meters: Ashley Perkins 2009 12.07
200 meters: Ashley Perkins 2009 24.36
400 meters: Persephone Lowery 1989 59.79y/59.44
800 meters: Persephone Lowery 1987 2:13.69
1600 meters: Jennie Higbee 1988 5:10.45
3200 meters: Debbie Williams 1983 11:16.0
100 Hurdles: Kari Snow 2003 15.08
300 Hurdles: Kari Snow 2003 44.30

400 Relay:		2008	50.41
1600 Relay:		1983	4:03.9
High Jump:	Bobbi White	1989	5'4"
	Ashley Hamlet	2004	5'4"
Pole Vault:	Asure Putnam	1997	9'6"
Long Jump:	Ashley Perkins	2009	18'9.25"
Triple Jump:	Ashley Perkins	2009	39'7.25"
Shot Put:	Kassandra Kennison	'06	39'8"
Discus:	Kristin Harris	1997	122'2"

Norte Vista

BOYS

100 meters:	Heath Fulk	1991	10.84
	Jeff Henry	2001	10.84
200 meters:	John Holbrook	1967	21.4y/21.51
400 meters:	Richard Lay	1987	49.12
800 meters:	Alex Aguilar	1991	1:55.11
1600 meters:	James Pendergraph	1991	4:22.7
3200 meters:	Omar Caro	2012	9:04.68
110 Hurdles:	Michael Gaines	1997	14.91
400 Relay:		2001	42.04
High Jump:	Paul Ruvolo	1995	6'6"
	Andre Clayton	1997	6'6"
Pole Vault:	Matt Mathis	1999	15'9"
Long Jump:	Kevin Nolen	1990	22'2"
Discus:	Al Faamalisili	1992	163'8"

GIRLS

400 meters:	Crystal Tejada	2012	56.55
3200 meters:	Maria Zepeda	2001	11:36.71
100 Hurdles:	Laura Amos	1995	15.3/15.54c
300 Hurdles:	Lauren McDade	1985	46.39
Long Jump:	Kartina Sullivan	1990	16'9"
Shot Put:	Hanna Lemoa	2008	39'10"

North, JW

BOYS

100 meters:	Lew Dunn	1982	10.53
200 meters:	Ennis Jones	2006	21.24
400 meters:	Nevin Gutierrez	2006	46.79
800 meters:	Dontell Holland	2009	1:53.42
1600 meters:	Tyler Huntley	2011	4:20.19
3200 meters:	Tyler Huntley	2011	9:32.57
110 Hurdles:	Jeff Garrison	2001	13.82
300 Hurdles:	Reggie Wyatt	2007	35.90
400 Relay:		2007	41.12
1600 Relay:		2006	3:10.36
High Jump:	Avery Anderson	1991	7'3"
Long Jump:	Ronald Howard	2002	23'3.25"
Triple Jump:	Michael Howe	1982	46'4.25"
Shot Put:	Gene Clark	1970	61'3.75"
Discus:	Rosario Salazar	1989	151'0"

GIRLS

100 meters:	Tracee Thomas	1999	11.67
	Nicole Denby	2000	11.67
200 meters:	Tracee Thomas	1999	23.28
400 meters:	Tracee Thomas	2002	54.22 (indoors)
800 meters:	Rami Samoori	1994	2:18.75
1600 meters:	Mariel Mendoza	2012	4:51.98
3200 meters:	Mariel Mendoza	2012	10:37.64
100 Hurdles:	Nicole Denby	2000	13.20
300 Hurdles:	Joanna Hayes	1995	40.81
400 Relay:		2000	45.30

1600 Relay:		2001	3:38.86
High Jump:	Chaunte Howard	2002	6'0.5"
Pole Vault:	Susan Farrar	2008	11'6"
Long Jump:	Gayle Hunter	2004	20'7.75"
Triple Jump:	Chaunte Howard	2002	41'3"
Shot Put:	Deja Watkins	2011	43'3.25"
Discus:	Cari Soong	1999	160'9"

Notre Dame

BOYS

100 meters:	Marshall Johnson	1999	10.71
200 meters:	Derrick Johnson	2000	21.40
400 meters:	Derrick Johnson	2000	47.47
110 Hurdles:	Jason Williams	2000	14.32
300 Hurdles:	Jason Williams	2000	39.75
400 Relay:		1999	43.15
1600 Relay:		1999	3:22.02
Shot Put:	Gabe Torre	1992	58'9"
Discus:	Gabe Torre	1992	198'1"

GIRLS

100 meters:	Ugochi Ogbunamiri	'11	12.32
200 meters:	Ugochi Ogbunamiri	'11	25.61
400 meters:	Shonice Myers	2009	58.88
1600 meters:	Jo Anne Howard	1982	5:21.9
3200 meters:	Jo Anne Howard	1982	10:59.59
300 Hurdles:	Ginger Vega	1992	46.92
400 Relay:		2011	50.74
1600 Relay:		1984	4:06.2
High Jump:	Karen Kraemer	1981	5'8.75"
Pole Vault:	Hannah Chang	2013	9' 6"
Long Jump:	Teresa Cherry	1990	17'1 "
Triple Jump:	Teresa Cherry	1990	35'8.5"
Shot Put:	Kujomi Hutchinson	'78	39'0.25"
Discus:	Natalie Torre	1994	119'0"

Palm Desert

BOYS

200 meters:	Mike Norfolk	1995	22.17
800 meters:	James Hawkins	2006	1:56.92
110 Hurdles:	Dylan Nelson	2006	14.08
300 hurdles:	Dylan Nielson	2006	37.62
400 Relay:		1991	43.25
High Jump:	Wes Coffey	2013	6' 8"
Triple Jump:	Tyronne Owens	1989	44'11 "
Shot Put:	Joe Canavan	2007	67'1.5"
Discus:	John Gallagher	1989	192'4"

GIRLS

100 meters:	Shanti Oyenuga	1995	12.4/12.64c
200 meters:	Shanti Oyenuga	1995	25.5/25.74c
3200 meters:	Melissa Garza	1998	11:53.7
100 Hurdles:	Dana Felt	2008	15.56
High Jump:	Susannah Vera	2013	5' 6"
Shot Put:	Constance Miyaki	2004	35'6.25"
Discus:	Joy Bates	1989	121'11"

Palm Springs

BOYS

100 meters:	Jerome Burrell	1995	10.5/10.74
200 meters:	Jerome Burrell	1995	21.69
400 meters:	Oliver Brown	1988	49.06
800 meters:	Austin Chavez	2014	1:58.47

1600 meters:	Austin Chavez	2014	4:22.43
3200 meters:	Jim Walker	1983	9:34.51y/9:31.18
110 Hurdles:	Hamilton	1973	14.7/14.94c
300 Hurdles:	William Moore	2013	40.02
400 Relay:		2010	42.82
1600 Relay:		1973	3:24.7y/3:23.5
High Jump:	David Moore	1955	6'4:5"
Pole Vault:	James Guillermo	1989	14'0"
Long Jump:	Clay Hall	1982	23'6.25"
Triple Jump:	Clay Hall	1982	48'4.5"
Shot Put:	Leighton Heape	2002	60'6.75"
Discus:	Jeremy Sutherland	2005	165'2"

GIRLS

100 meters:	Shanee Somerville	1991	12:19
200 meters:	Shanee Somerville	1991	24.81
400 meters:	Pauline Maragh	1981	58.36
1600 meters:	Anjie Miranda	1990	5:09.39
3200 meters:	Anjie Miranda	1988	11:12.41
100 Hurdles:	Shanee Somerville	1989	14.75 (30")
300 Hurdles:	Lianne Peterson	1990	44.47
400 Relay:		2013	50.06
1600 Relay:		1990	4:09.6
Long Jump:	Stacy Miller	1989	17'6.25"
Shot Put:	Jennifer Vail	1995	41'10"
Discus:	Jennifer Vail	1996	137'1"

Paloma Valley

BOYS

100 meters:	Anthony Smith	2013	10.98
200 meters:	Chad Jervis	2004	22.04c
400 meters:	Joe Kaylor	2009	50.29
1600 meters:	Shawn Sleeper	2013	4:21.18
3200 meters:	Trevor Henson	2011	9:20.04
400 Relay:		2014	43.25
Pole Vault:	Carlos Sanchez	2001	14'6"
Long Jump:	D.J. Redd	2011	22'-5.25"
Discus:	Cody Lynn	2007	161'6"

GIRLS

100 meters:	Jenna Tomlin	2003	11.97
200 meters:	Jeruia Tomlin	2003	25.89
400 meters:	Kiara McIntosh	2012	58.56
800 meters:	Kiara McIntosh	2012	2:11.04
1600 meters:	Kiara McIntosh	2013	4:56.99+
3200 meters:	Brittney Ferguson	2013	11:32.65
100 Hurdles:	Tarra Rarick	2008	58.88
300 Hurdles:	Allison Abacherli	2002	46.5/46.74c
400 Relay:		2014	49.13
1600 Relay:		2013	4:03.17
Triple jump:	Jasmine Seymour	2006	35'6.25"
Shot Put:	Dazhanna Jackson	'14	39'0.5"
Discus:	Tiana Herrera	2004	119'10"

Patriot

GIRLS

400 meters:	Sierra Carrasco	2012	59.82
400 Relay:		2012	50.34

Perris

BOYS

100 meters:	JJ Eddington	1985	10.89
200 meters:	Nick McCullom	1998	21.54

400 meters:	Nick McCullom	1998	48.41
800 meters:	Josh Mejia	2005	1:56.29
1600 meters:	Josh Mejia	2005	4:18.67
3200 meters:	Malcolm Corona	2002	9:44.59
110 Hurdles:	Danny Harris	1983	14.06
300 Hurdles:	Anthony Verret	1986	38.40
330 Hurdles:	Danny Harris	1983	35.52
400 Relay:		1983	41.39
1600 Relay:		1983	3:10.33
High Jump:	Damon Jackson	1998	6'8"
Pole Vault:	Roger Heldoom	1983	14'2"
Long Jump:	Quincy Franks	1980	23'11"
Triple Jump:	Clayton Fleminster	'93	47'8.5"
Discus:	Andre Abrams	1990	157'0"

GIRLS

100 meters:	Antionette Winston	1979	11.9/12.14c
200 meters:	Antionette Winston	1979	25.7y/25.79
400 meters:	Ericka Nowell	2008	56.37
1600 meters:	Michelle Paul	1985	5:13.56
3000 meters:	Michelle Paul	1985	10:37.0 (3000)
3200 meters:	Jennifer Rodrigue	2006	11:51.73
100 Hurdles:	Erika Nowell	2009	14.62
300 Hurdles:	Erica Nowell	2009	41.80
400 Relay:		2000	49.66
1600 Relay:		2012	4:09.83
High Jump:	Maylana Martin	1995	5'6"
Long jump:	Sharon Johnson	1980	16'8"
Shor Put:	Shannon Hobson	2003	41'11.5"
Discus:	Shannon Hobson	2003	145'3"

Poly-Riverside

BOYS

100 meters:	Nathan Irvin	1999	10.59
200 meters:	Greg Thomas	1980	21.44
400 meters:	C.J. Reed	1996	48.22
800 meters:	Wayne Lemmons	1956	1:54.4y/1:53.7
1600 meters:	Irving Moreno	1997	4:18.99
3200 meters:	Irving Moreno	1997	9:30.82
110 Hurdles:	Chris Chrisman	1981	14.01
300 Hurdles:	Jamie Anderson	1991	39.85
330 Hurdles:	Chris Chrisman	1981	36.25
400 Relay:		1980	42.38
1600 Relay:		1980	3:21.1 y/3:19.7
High Jump:	Kyle Batiste	1995	6'7"
Pole Vault:	Aaron Bishop	1990	14'0"
	Devin Duncan	2003	14'0"
Long Jump:	Bobby Bonds	1964	25'3"
Triple Jump:	Cullen Sullivan	2012	45'11.5"
Shot Put:	Larry Richards	1961	60'9.75"
Discus:	Coleman Johnson	1994	182'3"

GIRLS

100 meters:	Christie Slaughter	1989	12.43
200 meters:	Renee Chambers	1979	25.01 y/24.87
400 meters:	Renee Chambers	1979	57.49y/57.16
800 meters:	Lynn Hollins	1976	2:05.9
1600 meters:	Ashley Roberts	2010	4:54.80
3200 meters:	Brigid Freyne	1987	10:34.37
100 Hurdles:	Christie Wilson	1996	15.80 (33")
	Lisa Hale	1987	14.26 (30")
300 Hurdles:	Doris Williams	1987	44.03
400 Relay:		1995	49.48
1600 Relay:		1979	3:54.6/3:53.3

High Jump:	Sandy Utterback	1984	57'	1600 Relay:		2009	3:44.02
Pole Vault:	Rianne Gross	2011	10'4"	High Jump:	Joshulyn Penniman	'12	5' 6"
Long Jump:	LaShannoe Sneed	1982	17'7.5"	Long Jump:	Alycia Herring	2008	20'0.75"
Triple Jump:	Joi Webber	2000	37'5"	Triple Jump:	Brittany Bozeman	2008	38'1"
Shot Put:	Andrea Loman	1997	40'2"	Shot Put:	Kayla Hopkins	2014	41'4"
Discus:	Andrea Loman	1998	135'9"	Discus:	Kayla Hopkins	2014	141'6"

Ramona

BOYS

100 meters:	Rondo Smith	1988	10.86
200 meters:	Rondo Smith	1988	21.92
400 meters:	Dan Gormley	1964	48.9y/48.75
800 meters:	Richard Villalobos	1995	1:55.07
1600 meters:	Martin	1974	4:23.0y/4:21.5
3200 meters:	Scott Foreman	1966	9:28.0y/9:24.7
110 Hurdles:	Robert Williams	2005	13.97
300 Hurdles:	Zach Lewis	2012	37.28
400 Relay:		1987	43.13
1600 Relay:		1970	3:25.0y/3:23.8
High Jump:	Jimmy Devine	1995	6'6"
Pole Vault:	Larry Thompson	1970	14'1"
Long Jump:	Jimmy Devine	1995	23'10.5"
Triple Jump:	Stanton Gibson	2003	47'11.75"
Shot Put:	Tom Oesterling	1966	60'3.75"
Discus:	Sonny Soto	1991	161'3"

GIRLS

100 meters:	Alicia Thomas	1992	12.57
200 meters:	Alicia Thomas	1992	25.44
400 meters:	Sheria Moses	1991	59.4/59.54c
800 meters:	Sheria Moses	1991	2:11.97
100 Hurdles:	Andrea Meachum	1992	15.34 (30")
300 Hurdles:	Princess Lee	1994	47.20
400 Relay:		1995	50.20
1600 Relay:		1995	4:09.74
Pole Vault:	Tru Hoang	1997	9'0"
Long Jump:	Brenna Tucker	2005	17'3.5"
Shot Put:	Sheni Russell	1999	44'4.75"
Discus:	Barrie Greer	1980	143'7"

Rancho Verde

BOYS

100 meters:	Jesse Ooten	2008	10.68
200 meters:	Greg Hornsby	2009	21.57
400 meters:	Paul Robertson	2009	48.06
800 meters:	Ruben Danielson	2010	1:51.59
1600 meters:	Angel Guerrero	2002	4:25.12
110 Hurdles:	Jovan Grady	2002	14.77
300 Hurdles:	Milton Williams	2014	39.27
400 Relay:		2009	41.41
1600 Relay:		2009	3:13.75
High Jump:	Skylar Lacour	2009	7'0.25"
Pole Vault:	Matt Jones	2006	13'6"
Long Jump:	Jesse Ooten	2008	22'6.25"
Triple Jump:	Curtis Wilson	2009	49'0.25"
Shot Put:	Desmond Clark	2004	56'9.25"

GIRLS

100 meters:	Asiah Gooden	2009	11.73
200 meters:	Alycia Herring	2009	23.68
400 meters:	Gabby Estell	2009	54.72
100 Hurdles:	Amber Clark	2009	14.76
300 Hurdles:	Gabby Estell	2009	44.27
400 Relay:		2010	45.68

Riverside Christian

GIRLS

100 meters:	Camille Bowen	2009	12.58
Long Jump:	Nikki James	2006	167"

Roosevelt

BOYS

100 meters:	Elijah Mitchell	2013	10.58
200 meters:	Elijah Mitchell	2013	21.17
400 meters:	Bryan Adams	2009	47.95
800 meters:	Aaron Potts	2012	1:54.39
1600 meters:	Nick Woolf	2012	4:11.57
3200 meters:	Nick Woolf	2012	9:08.28
110 Hurdles:	Austin Hill	2010	14.42
300 Hurdles:	Austin Hill	2010	37.29
400 Relay:		2011	41.01
1600 Relay:		2010	3:12.79
High Jump:	Taelin Webb	2014	6'8"
Pole Vault:	Nick Weisheit	2012	14'9"
Triple Jump:	Stephon Williams	2012	45'4.25"
Discus:	David Potts	2014	166'5"

GIRLS

100 meters:	Kaelynn Greene	2011	12.02
200 meters:	Akia Armstrong	2012	24.42
400 meters:	Camille Petty	2009	57.44
800 meters:	April Sutton	2012	2:15.05
1600 meters:	Jana Warrick	2013	5:05.32
100 Hurdles:	Jasmyne Graham	2014	13.66
300 Hurdles:	Iris Chijioke	2011	43.48
3200 meters:	Jana Warrick	2014	11:35.63
400 Relay:		2011	46.41
1600 Relay:		2013	3:47.34
High Jump:	April Sutton	2013	5' 4"
Pole Vault:	Gardenia Centanaro	'13	13' 1"
Long Jump:	Jasmyne Graham	2014	19'8.25"
Shot Put:	Danna Hill	2011	36'1.25"
Discus:	Danna Hill	2011	119'2"

Rubidoux

BOYS

100 meters:	Jason Halliburton	1991	10.7/10.94
200 meters:	Derek Banks	1992	22.03
400 meters:	LaSalle Hughey	1991	47.93
800 meters:	David Ramirez	1991	1:55.44
1600 meters:	Sergio Trujillo	1988	4:20.59
3200 meters:	Antonio Jiminez	2003	9:05.16
110 Hurdles:	Leandre Butler	2003	14.65
300 Hurdles:	Richie Gilmore	1992	39.41
400 Relay:		1990	41.80
1600 Relay:		1992	3:20.14
High Jump:	Chris Olsson-O'Nei	1992	6'11 "
Pole Vault:	Vic Diaz	1967	15'5.25"
Long Jump:	Mike Anderson	1983	24'5"
Triple Jump:	Tim Williams	1985	49'7.25"
Shot Put:	Jake Knight	2001	63'11.5"
Discus:	Matt Gomez	1999	1.82'0"

GIRLS

800 meters:	Lisa Prieto	1988	2:18.81
1600 meters:	Fernanda Rodriguez '12		5:15.25
3000 meters:	Kat Prince	1985	10:37.0**
3200 meters:	Fernanda Rodriguez '12		11:18.12
300 Hurdles:	Celeste Bailey	1990	47.73y/47.45
Long jump:	Gail Derricott	1989	171 "
Triple Jump:	Yvette Hill	1985	36'6"
Shot Put:	Janet Hill	1987	42'4"
Discus:	Jodie Warr	1990	145'0"

San Jacinto**BOYS**

100 meters:	DeShawn Smith	2006	10.88
200 meters:	DeShawn Smith	2006	22.02
400 meters:	Immanuel Hutchinson '11		48.60
800 meters:	Immanuel Hutchinson '10		1:48.56
1600 meters:	Kevin Vega	2010	4:24.76
3200 meters:	Rafael Castro	1992	9:33.47
110 Hurdles:	Ken Shaw	2007	14.16
300 Hurdles:	Ryan Muir	2014	38.14
400 Relay:		2006	42.59
1600 Relay:		2011	3:21.92
High Jump:	Tim Dunlap	1997	6'7"
	Tom Quast	1962	6'7"
Long Jump:	Greg Davis	2002	22'5"
Shot Put:	Spencer Moorman '10		62'5.25"
Discus:	Hank Krychir	1979	188'7"

GIRLS

100 meters:	April Henderson	1999	11.9/12.14c
200 meters:	April Henderson	1999	25.2/25.44
800 meters:	Melissa Escamilla	2006	2:18.90
300 Hurdles:	Allison Higgins	1992	47.30
400 Relay:		2008	49.1
1600 Relay:		2012	4:06.53
High Jump:	Veronica Arana	1996	5'4"
Pole Vault:	Breanna Elton	1995	9'0"
Long Jump:	Onisha Banks	1992	17'11.25"
Triple Jump:	Destinee Widgins	2014	37'2"
Shot Put:	Sarah Robles	2006	44'5"
Discus:	Sarah Robles	2006	168'5"

Santiago**BOYS**

100 meters:	Rodney Storrs	2007	10.66
200 meters:	Rodney Storrs	2008	21.27
400 meters:	Brett Moulton	2012	48.77
800 meters:	Brett Moulton	2011	1:51.51
1600 meters:	Zach Marx	2006	4:24.26
3200 meters:	Steven Cram	2007	9:23.07
110 Hurdles:	David Williams	2009	14.51
300 Hurdles:	David Williams	2009	38.28
400 Relay:		2008	41.57
1600 Relay:		2011	3:23.03
High jump:	Josh Roth	2004	6'6"
Pole Vault:	Garrett Hansen	2014	15'0"
Long Jump:	Isaiah Manley	2014	22'1.25"
Triple Jump:	Chris Benard	2008	49'6"
Shot Put:	Matt Stewart	2014	53'6"
Discus:	Matt Stewart	2014	162'2"

GIRLS

100 meters:	Omonlegbo Ovude '06		12.45
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200 meters:	Amber Munerlyn	2010	24.83
400 meters:	Kinney Storar	2010	58.53
1600 meters:	Lily Seynaeve	2014	5:06.82
3200 meters:	Mckenna Genovese '12		11:08.54
100m Hurdles:	Shereen Sutherland '11		15.54
300 Hurdles:	Laurin Bergmann	2013	47.19
400 Relay:		2009	48.66
High Jump:	Monique Billings	2013	5' 6"
Pole Vault:	Chandler Edwards	2012	10' 0"
Long Jump:	Brittany Baltazar	2004	17'3.25"
Triple Jump:	Brianna Cole	2011	38'11.5"
Shot Put:	Avery Dail	2013	36' 7"

Shadow Hills**BOYS**

1600 meters:	Jonathan Carrillo	2012	4:24.92
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Sherman Indian**BOYS**

800 meters:	Isaiah Thompson	2013	1:51.76
1600 meters:	Isaiah Thompson	2013	4:18.83
3200 meters:	Charles Rednick	1978	9:29.9y/9:26.6

Temecula Valley**BOYS**

100 meters:	Jonathan Williams	2006	10.38
200 meters:	Jonathan Williams	2006	21.17
400 meters:	Nate Koch	2005	49.71
800 meters:	Jeff Green	2000	1:56.14
1600 meters:	Brett Campfield	2004	4:13.98
3200 meters:	Brett Campfield	2004	9:14.79
110 Hurdles:	John Cusey	2013	14.75
300 Hurdles:	Casey Zimmerman	1998	39.06
400 Relay:		2005	42.06
1600m Relay:		2011	3:26.64
High Jump:	Mike Vaille	1993	6'9"
Pole Vault:	Brett Updike	1996	15'0"
	Rodney Mabry	1997	15'0"
Long Jump:	Jonathan Williams	2006	23'-1.25"
Triple Jump:	Jamal Cumberbatch	03	46'7"
Shot Put:	Tanner Harrah	2005	54'6.5"
Discus:	Jean-Paul Afif	1998	158'9"

GIRLS

100 meters:	Hannah Francescon '05		12.1/12.34c
200 meters:	Hannah Francescon '07		25.92
400 meters:	Taylor Lorack	2011	57.39
800 meters:	Tammy Kim	2012	2:16.21
1600 meters:	Angela Ziff	2011	5:04.56
3200 meters:	Angela Ziff	2011	10:45.75
300 Hurdles:	Kylie Dudley	2006	45.31
400 Relay:		2001	49.63
1600 Relay:		2012	3:54.70
High jump:	Christine Killian	1990	5'4"
Pole Vault:	Listen Dormanen	2004	127'
Long Jump:	Ajia Yarbrough	2012	17' 2"
Triple Jump:	Ajia Yarbrough	2012	36' 8"
Shot Put:	Lisa Misapeka	1993	45'11"
Discus:	Lisa Misapeka	1993	140'3"

Temecula Prep**BOYS**

Triple Jump:	Darien Bailey	2008	44-9.5
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GIRLS

Triple Jump: Jessica Williams 2008 35-8.25

Temescal Canyon

BOYS

100 meters: John Wareka 2007 11.00
 400 meters: Scott Eden 1999 49.33
 800 meters: Cobie Chavez 2014 1:54.96
 1600 meters: Cobie Chavez 2014 4:14.78
 300 Hurdles: Greg Burress 2002 39.9/40.03
 400 Relay: 2000 43.3/43.44c
 Pole Vault: Eddie Becker 1998 14'6"
 Steve Pease 1998 14'6"
 Long Jump: Nate Koch 2003 22'0.5"
 Shot Put: Ricky Youngquist 2005 56'1"
 Discus: Ricky Youngquist 2005 177'7"

GIRLS

100 meters: Unique Anderson 2003 12.11
 200 meters: Kim Burress 1999 24.89
 800 meters: Shelby Horgan 1996 2:18.98
 1600 meters: Shelby Horgan 1995 4:57.85
 3200 meters: Ellen Muench 1995 10:54.31
 400 Relay: 2003 49.32
 Pole Vault: Tricia Smith 2001 11'6"
 Long Jump: Kim Burress 1999 17'5"
 Shot Put: Kim Avila 2003 40'0"
 Discus: Samantha Gutierrez '08 141'9"

Twin Pines

BOYS

100 meters: Willie Bowen 2001 10.95
 200 meters: Willie Bowen 2001 22.05

Valley View

BOYS

100 meters: Quincy Huntley 1996 10.3/10.54c
 200 meters: Quincy Huntley 1996 21.2/21.44
 400 meters: Chris Massey 1999 48.44
 800 meters: Ray Noble 2010 1:51.81
 1600 meters: Ray Noble 2010 4:20.40
 3200 meters: Nezanet Woldai 2009 9:31.48
 110 Hurdles: Brian Thompson 2003 14.71
 300 Hurdles: Ricky Hernandez 2004 39.08
 400 Relay: 2010 42.17
 1600 Relay: 2011 3:22.6
 High Jump: Mike Hernandez 2006 6'6"
 Triple Jump: Mike Hernandez 2005 45'2.5"
 Shot Put: Nate Dandridge 2001 53'7"

GIRLS

100 meters: Alicia Howard 1997 12.25
 200 meters: Sigueria Sperlin 2004 25.64c
 400 meters: Marissa Smith 2003 57.45
 1600 meters: Jessica Osorio 2009 5:15.93
 100 Hurdles: Marissa Smith 2004 14.60
 300 Hurdles: Marissa Smith 2004 42.84c
 400 Relay: 2004 49.57
 1600 Relay: 2004 4:07.84
 High Jump: Leah Cunningham 1992 5'4"
 Long Jump: Trina Williams 1990 16'7"
 Triple Jump: Tasha McNair 2000 36'5.5"

Shot Put: Sara Pearson 1995 35'7"

Vista Murrieta

BOYS

100 meters: Jovonte Slater 2010 10.54
 200 meters: Michael Norman 2014 20.92
 400 meters: Michael Norman 2014 46.94
 800 meters: Kevin Gonzalez 2012 1:51.78
 1600 meters: Porter Reddish 2013 4:12.77
 3200 meters: Drew Dalton 2010 9:05.57
 110 Hurdles: Darion Williams 2012 14.37
 300 Hurdles: Peter Manu 2014 38.54
 400 Relay: 2013 41.76
 1600 Relay: 2013 3:14.64
 High Jump: Nick Ross 2009 7'3"
 Pole Vault: Colin Cassady 2012 14' 6"
 Long Jump: Jovonte Slater 2011 24' 10.5"
 Triple Jump: CJ Alumbres 2014 50'1.25"
 Shot Put: Corey Whitaker 2012 61' 0"
 Discus: Sapule Ta'amilo 2012 175' 4"

GIRLS

100 meters: Amanda Van Buren '14 11.85
 200 meters: Amanda VanBuren '14 24.49
 400 meters: Dynese Adams 2009 57.75
 800 meters: Erika Reddish 2012 2:12.67
 1600 meters: Erika Reddish 2012 4:48.96
 3200 meters: Erika Reddish 2012 10:36.27
 100 Hurdles: Jasmyne Graham 2012 13.89
 300 Hurdles: Jasmyne Graham 2012 44.34
 400 Relay: 2014 46.22
 1600 Relay: 2013 3:52.37
 High Jump: Sarah Dunaway 2013 5' 7"
 Pole Vault: Elleyse Garrett 2014 11'5"
 Long Jump: Michelle Norman 2014 19'10.5"
 Triple Jump: Michelle Norman 2014 40'6"
 Shot Put: Lynn Patu 2010 39'11.75"
 Discus: Yasmin Torres 2014 143'10"

Vista del Lago

BOYS

100 meters: Ledariuc Miller 2007 10.91
 400 meters: Matthew Williams 2012 48.41
 800 meters: Emmanuel Ngula 2008 1:51.87
 1600 meters: Emmanuel Ngula 2009 4:16.37+/4:17.86y
 3200 meters: Christian Lopez 2014 9:36.58
 300 Hurdles: Jaeon Davis 2009 38.70
 400 Relay: 2009 43.16
 1600 Relay: 2012 3:22.10
 Discus: Gabriel Vargas 2010 159'1"

GIRLS

100 meters: DeAnna Carson 2003 11.85
 200 meters: DeAnna Carson 2003 24.62
 400 meters: Jazmine Harper 2009 58.17
 800 meters: Karlie Creal 2009 2:14.28
 1600 meters: Serkadis Krome 2008 5:08.29
 3200 meters: Sarah Benson 2010 11:11.92
 100 Hurdles: DeAnna Carson 2003 14.35
 300 Hurdles: Jazmine Harper 2009 44.29
 400 Relay: 2010 49.23
 1600 Relay: 2011 3:57.45
 High Jump: Desiree Jackson 2010 5'4"

Long Jump:	DeAnna Carson	2003	19'7"
Triple Jump:	Jacquelyn Dubois	2011	37'6"

West Valley

BOYS

100 meters:	Keith Welpher	2011	10.86
400 meters:	Rex Butler	2001	48.3/48.44
400 Relay:		2014	43.00
High Jump:	Doug Smith	2000	6'10 "
Pole Vault:	Nathan Carmen	1999	13'6"
Triple Jump:	Devin Ray	2014	44' 4.5"
Discus:	Terry Dowell	2000	154'8"

GIRLS

400 meters:	Evondra Owens	1997	59.44
300 Hurdles:	Joanna Fleeming	2001	47.88
400 Relay:		2003	50.45
Pole Vault:	Amber Tibbits	1999	9'4"
Shot Put:	Patricia Parker	2011	37'2"
Discus:	Jolie Buffin	2004	128'7"

Woodcrest Christian

BOYS

400 meters:	Luke Cunningham '11		50.21
800 meters:	David Branch	2007	1:55.09
1600 meters:	Jake Jeanson	2009	4:17.94
3200 meters:	Jake Jeanson	2009	9:18.08
1600 Relay:		2010	3:27.25
High Jump:	Troy Watkins	2010	6'6"
Long Jump:	Troy Watkins	2010	22'8.75"
Triple Jump:	Henry Vildosola	2010	46'3.5"

GIRLS

100m Hurdles:	Brecky Collier	2013	15.04
1600 meters:	Amber Collier	2010	5:18.29
High Jump:	Becky Collier	2013	5' 8"
Long Jump:	Becky Collier	2013	17' 5.25"
Triple Jump:	Becky Collier	2012	38' 6"

Xavier Prep

BOYS

Discus:	Armando Ceja	2012	158' 4"
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GIRLS

1600 meters:	Valeria Ruiz	2012	5:15.83
3200 meters:	Valeria Ruiz	2012	11:25.04