

***RIVERSIDE  
COUNTY  
TRACK  
2017***

***BOYS & GIRLS  
SCHOOL RECORDS  
ALL- TIME COUNTY RECORDS  
ALL- TIME PERFORMANCE LIST***

***Don Chadez***

Revised 7/20/2017

# RIVERSIDE COUNTY TRACK - 2017

This is the 21st attempt to recognize the many fine track and field performances by Riverside County High School track and field athletes. This publication is by no means complete. People reading this work are encouraged to contact the author regarding errors or omissions. The school record section lists only those marks that are first listed on the all-time list.

The first edition was published prior to the 1990 track & field season. The original research was assisted by Jack Gaffney of Canyon Springs HS, and Doug Speck (Arcadia HS). Thanks also to Jim Roldan of EPI Sports and Mark Gardner (Corona HS).

## THE STATS

### Abbreviations

- + -mark converted from yards to meters.
- c -mark converted from hand time to equivalent auto time. w -wind aided mark.
- y -original mark attained in a race run in yards
- fully auto timed races have no abbreviation and are noted to one hundred of a second. -any hand time recorded to one hundred of a second has been rounded up to the next full tenth of a second.
- ' -mark made enroute to a longer distance.
- ' -after name indicated foreign exchange student (if known).
- \* -before athletes name indicates junior year.
- \* \* -before athletes name indicates sophomore year.
- \* \* \* -before athletes name indicates freshman year.

## PERFORMANCE RANKING

For the purpose of ranking athletes and their performance, hand times have been converted to equivalent auto times and yard performances to metric. The *Track & Field News* policy of converting has been adopted. By using a multiplier, accurate percentage differentials are attained as the time gets longer.

## CONVERSIONS

Hand times have been converted by adding 0.24 seconds for races less than one lap, and 0.14 for one lap races. Races of more than one lap have no conversion from hand to auto timing. The yard time was then multiplied by .9942 to get the metric equivalent. Common ratio races follow this formula. 100 yards/ 100 meters and 110 meters/ 120 yard hurdle events are not common ratio events.

## RIVERSIDE COUNTY TRACK - 2017

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# BOYS COUNTY RECORDS

Running records are listed at metric distances. No attempt has been made, for record purposes, to convert marks from yards to metric. The longer yard performance is noted and recognized as the metric record. An equivalent metric performance needs to surpass the yard performance to become a record. Most record performances today are made at metric meets, thus the use of metric distances.

100 yd	9.4	John James (Ferris)	1964
100m	10.27	Michael Norman (Vista)	2016
200m	20.14	Michael Norman (Vista)	2016
400m	45.19	Michael Norman (Vista)	2015
800m	1:48.56	Immanuel Hutchinson (San Jacinto)	2011
1500m	3:50.6	Mark Fricker (Hemet)	1977
1600m	4:04.01	Isaac Cortes (Great Oak)	2016
3000m	8:28.8	Cruz Gallegos (Centennial)	1992
3200m	8:51.85	Cole Spencer (Great Oak)	2016
5000m	14:31.57	Lane Werley (King)	2011
3000m Steeplechase	10:18.13	Austin Langley (La Sierra)	2003
110m Hurdles	13.78	Cameron Samuel (Rancho Verde)	2017
300m Hurdles (36")	35.02	Reggie Wyatt (La Sierra)	2009
4 x 100m Relay	40.29	Rancho Verde	2017
4 x 400m Relay	3:10.33	Perris	1983
High jump	7-3	Avery Anderson (North)	1991
	7-3	Nick Ross (Vista)	2009
Pole Vault	16-6.5	Peter Chapman (Murrieta Valley)	2012
Long jump	25-3	Bobby Bonds (Poly)	1964
Triple jump	50-3.5	Josh Como (Rancho Verde)	2006
Shot Put	69-7.25	Nick Ponzio (Great Oak)	2013
Hammer	206-1	Silas Hurst (Santiago)	2017
Discus	200-3	Jared Morgan (La Quinta)	2002
Decathlon	6056	Henry Vildosola (Woodcrest Chr)	2010

# GIRLS COUNTY RECORDS

100y	11.0	Renee Chambers (Poly)	1979
	11.0	Shelly McDade (Norte Vista)	1979
	11.0	Robin Shelton (Corona)	1982
100m	11.61	Madinah Ali (Canyon Springs)	1995
200m	23.28	Tracee Thomas (North)	1999
400m	51.99	Shae Anderson (Norco)	2017
400m (indoors)	54.22	Tracee Thomas (North)	2002
800m	2:05.9	Lynn Hollins (Poly)	1976
1500m	4:36.7	Brigid Freyne (Poly)	1987
1600m	4:40.34	Destiny Collins (Great Oak)	2015
3000m	9:21.44	Destiny Collins (Great Oak)	2016
3200m	9:53.79	Destiny Collins (Great Oak)	2014
5000m	16:51.97	Alma Escobar (Corona)	2004
3000m Steeplechase	12:42.76	Kelly Floyd (Corona)	2003
100m Hurdles (30")	13.83	Doris Williams (Poly)	1987
100m Hurdles (33")	13.17	Jasmyne Graham (Roosevelt)	2015
300m Hurdles	40.31	Shae Anderson (Norco)	2017
4 x 100m Relay	45.30	North	2000
4 x 400m Relay	3:38.86	North	2001
High jump	6-0.5	Chaunte Howard (North)	2001
Pole Vault	13-1	Gardenia Centanaro (Roosevelt)	2013
Long jump	20-7.75	Gayle Hunter (North)	2004
Triple jump	41-3	Chaunte Howard (North)	2002
Shot Put	50-0.25	Tanya Sapa (La Sierra)	2013
Discus	168-5	Sarah Robles (San Jacinto)	2006
Heptathlon	5328	Gayle Hunter (North)	2004

# BOYS ALL-TIME BEST MARKS LIST

## 100 yards

9.4	John James (Ferris)	1964	10.59	Nathan Irvin (Poly)	1999
9.6	Lew Dunn (North)	1982	10.63	Tommy Curry (North)	2008
9.6	George Thomas (Indio)	1983	10.63	Braden Isaiah (Moreno Valley)	2011
9.6	Jeff Ward (La Sierra)	1977	10.63	Carlos Wedlow (Mesa)	2016
9.86	Tim Callier (Perris)	1987	10.64c	George Thomas (Indio)	10.4 1983
9.7	Bobby Bonds (Poly)	1964	10.65	Dameon Burnham (Roosevelt)	2011
9.7	John Holbrook (Norte Vista)	1967	10.66	**Rodney Storrs (Santiago)	2007
9.7	Tom Scott (Palm Springs)	1967	10.67	Lucien Henderson (Banning)	1987
9.7	Chandler (Palo Verde)	1978	10.68	Jesse Ooten (Rancho Verde)	2008
9.7	Issac Greer (Elsinore)	1978	10.70	Bryan Williams (Valley View)	2006
9.95	Rando Smith (Ramona)	1987	10.71	Marshall Johnson (Notre Dame)	1999
9.8	Paul Anderson (Poly)	1956	10.71	Tyler Kennedy (Rancho Verde)	2017
9.8	James Eddington (Rubidoux)	1963	10.72	Anthony Dye (Santiago)	2008
9.8	A. Byrd (Perris)	1968	10.74c	Jerome Burrell (Palm Springs)	10.5 1995
9.8	A. Stapler (Perris)	1969	10.74c	Alvin Robinson (Valley View)	10.5 2002
9.8	Mayo (Perris)	1969	10.74	Nick Lee (Cathedral City)	2003
9.8	A. Lewis (Perris)	1969	10.74	Duke Greer (Corona)	2007
9.8	Gray (Palm Springs)	1978	10.76	Derrick Johnson (Notre Dame)	2000
9.8	Brice Wilson (Indio)	1980	10.76	John Kane (Great Oak)	2013
9.8	Marcus Hathway (Corona)	1980	10.76	Justin Pearson (Roosevelt)	2013
9.8	Darrell Willis (Norco)	1981	10.77	Greg Thomas (Poly)	1981
9.8	Wilcox (Poly)	1982	10.79	Andre Ewell (Arlington)	2006
9.8	Mike Anderson (Rubidoux)	1983	10.79	Greg Hornsby (Rancho Verde)	2009
9.8	Woodie Leonard (Ramona)	1993	10.79	David Hooks (Corona)	2016
9.9	Art Williams (Poly)	1946	10.79	Cole Dubots (Vista)	2017
9.9	Verde Sorgen (Poly)	1949	10.80	*Roshard Williams (Roosevelt)	2016
9.9	Joe Black (Palo Verde)	1952	10.80	*Damion Lee (Palm Springs)	2016
9.9	Leevan Roberts (North)	1969	10.80	*Carlton Johnson (Rancho Verde)	2017
9.9	Larry Thompson (Ramona)	1970	10.81	James Nool (Great Oak)	2017
9.9	Tony Robinson (Ramona)	1971	10.82	Davelle Sanders (Roosevelt)	2010
9.9	Tosho Lee (Rubidoux)	1978	10.82	Napoleon Singeltary (Roosevelt)	2012
9.9	Rogers (North)	1978	10.83	Nick Mixon (Vista)	2008
9.9	D. Fite (Perris)	1979	10.83	*Kei-Ron Long (Vista)	2012
9.9	Kenny Wagner (Arlington)	1980	10.84c	Macus Hathway (Corona)	10.6 1980
9.9	Clay Hall (Palm Springs)	1982	10.84	Duncan Boyd (Moreno Valley)	1989
9.9	Paco Craig (Ramona)	1982	10.84	Heath Fulk (Nome Vista)	1991
9.9	Bob Stamps (Perris)	1983	10.84c	Anthony Preyear (La Sierra)	10.6 1993
9.9	Sebron Flenaugh (Perris)	1983	10.84c	Sam Elmore (Banning)	10.6 1995
9.9	Cedric Riles (Norte Vista)	1984	10.84	Jeff Henry (Norte Vista)	2001
9.9	JJ Eddington (Perris)	1985	10.84c	Jamal Williams (La Quinta)	10.6 2001
9.9	Luncy Fleeting (Canyon Springs)	1990	10.84c	Chris Johnson (Arlington)	10.6 2001
			10.84c	Chris Whitlock (Valley View)	10.6 2001
			10.85	Al Ross (Canyon Springs)	1989
			10.85	*Cedric Provost (Canyon Springs)	2009
			10.85	Gary Carney (Paloma Valley)	2017
			10.85	**Kamari Maddox (Elsinore)	2017
			10.86	Rondo Smith (Ramona)	1988
			10.86	Thomas Henry (North)	2007
			10.86	Joel Hotkins (Chaparral)	2009
			10.86	Keith Welper (West Valley)	2011
			10.86	Jonathan Essien (King)	2016
			10.86	Johnathan Warren (Santiago)	2016
			10.87	Troy McKnight (Canyon Springs)	1991
			10.87	*Bernard Quinn (Vista)	2011
			10.88	Deshawn Smith San Jacinto)	2006
			10.88	Kavon Seaton (Vista)	2007
			10.88	Joshua Mitchell (Roosevelt)	2010
			10.88	Dajon Wise (Rancho Verde)	2013
			10.88	*Ryan Wade (Mesa)	2015
			10.89	Darryl Mosely Great Oak)	2007
			10.89	J.J. Eddington (Perris)	1985
			10.89	Matt Galloway (Elsinore)	2015
			10.90	Woodie Leonard (Ramona)	1992
			10.90	*Deontae Cooper (Citrus Hill)	2009
			10.91	Allan Curry Canyon Springs)	1998
			10.91	Ledariuc Miller (Vista del Lago)	2007
			10.92	Ron Butler (Norte Vista)	1995
			10.92	Ken Moon Corona)	2004
			10.92	***Ervin Simmons (Murrieta)	2008
			10.92	*Evan Singletary (Roosevelt)	2014

## Wind-aided:

9.5	Mike Foster (Palo Verde)	1973
9.5	Jerry McCullough (Poly)	1957
9.6	Bobby Bonds (Poly)	1964
9.7	Greg Thomas (Poly)	1967
9.7	Paul Anderson (Poly)	1956
9.7	JJ Eddington (Perris)	1985
9.8	George McKinley (Arlington)	1980

## 100 meters

10.27	Michael Norman (Vista)	2016
10.31	*Bryan Howard (Canyon Springs)	1994
10.32	Isiah Cunningham (Rancho Verde)	2017
10.34	Javelin Guidry (Vista)	2017
10.38	Jonathan Williams (Temecula)	2006
10.46	*Jabriel Smith (North)	2017
10.51	Antonio Mitchell (Vista)	2015
10.52	Kenny Jackson (Elsinore)	2009
10.53	Lew Dunn (North)	1982
10.53	Rasaun House (Rancho Verde)	2017
10.54c	Stoney Jordan (Indio)	10.3 1993
10.54c	Quincy Huntley (Valley View)	10.3 1996
10.54	*Jovonte Slater (Vista)	2010
10.55	Antonio Mitchell (Vista)	2016
10.56	*Cole Dubots (Vista)	2016
10.58	Elijah Mitchell (Roosevelt)	2013

10.93	Robert Gray (Poly)		1981	11.04c	Devonson Goodwin (Canyon Sp)	10.8	1998
10.93	Tommy Curry (North)		2007	11.04c	Kendall Edwards (Jurupa)	10.8	1999
10.93	**Jonathan Essien (King)		2015	11.04c	Jamar Thymes (Norco)	10.8	1999
10.94c	Mike Ails (Moreno Valley)	10.7	1990	11.04c	Jesse Johnson (Banning)	10.8	1999
10.94c	Kyjone Jack (Canyon Springs)	10.7	1991	11.04c	Terry Dowell (West Valley)	10.8	2000
10.94c	Art Celestine (Notre Dame)	10.7	1991	11.04c	Wayland Gilliam-Smith (Valley View)	10.8	2000
10.94c	Jason Halliburton (Rubidoux)	10.7	1991	11.04	Norman Boyd (La Sierra)		2008
10.94c	Shamori Walker (Moreno Valley)	10.7	1993	11.04	Gerard Glass (Great Oak)		2010
10.94	Corey Merrill (Moreno Valley)		1992	11.04	Jordan Palmer (Roosevelt)		2015
10.94c	Walker (Perris)	10.7	1996	11.04	Jared Wright (Hillcrest)		2017
10.94c	Andre McCargo (Murrieta Valley)	10.7	1998				
10.94	Ennis Jones (North)		2006				
10.95	Willie Bowen (Twin Pines)		2000				
10.95	*Larry Scott (Centennial)		2010	<b>Wind-Aided:</b>			
10.96	DJ Lloyd (Vista)		2009	10.13	Javelin Guidry (Vista)		2017
10.97	Cedric Riles (Norte Vista)		1986	10.44	Marshall Johnson (Notre Dame)		1999
10.97	Chase Aaronson (Palm Springs)		2007	10.45	*Jovonte Slater (Vista)		2010
10.97	*Kyle Garner (Vista)		2012	10.45	Antonio Mitchell (Vista)		2016
10.97	*Nick Fisher (Great Oak)		2014	10.45	*Cole Dubots (Vista)		2016
10.97	**Thomas Graham (Roosevelt)		2015	10.47	Carlos Wedlow (Mesa)		2016
10.97	Saadq Jennings (King)		2016	10.49	Kenny Jackson (Elsinore)		2009
10.97	*Brian House (Rancho Verde)		2016	10.50	Tommy Curry (North)		2008
10.98	Anthony Elam (Roosevelt)		2013	10.50	Elijah Mitchell (Roosevelt)		2013
10.98	*Anthony Smith (Paloma Valley)		2013	10.56	Stoney Jordan (Indio)		1993
10.98	*Matthew Okonkwo (Mesa)		2017	10.58	Isiah Braden (Moreno Valley)		2011
10.98	*Chandler Owens (Ranch Verde)		2017	10.59	*Damion Lee (Palm Springs)		2016
10.99	Tommy Thomas (Indio)		1981	10.60	Rodney Storrs (Santiago)		2008
10.99	Ray Blackburn (Jurupa)		1998	10.62	Duke Greer (Corona)		2007
10.99	Nick Mixon (Vista)		2007	10.63	David Hooks (Corona)		2016
10.99	*Sedale Foster (North)		2010	10.66	**James Nool (Great Oak)		2015
10.99	**Damion Marshall (Great Oak)		2013	10.67	Gerg Hornsby (Rancho Verde)		2009
10.99	Jeremiah Boatner (Hillcrest)		2017	10.67	Josh Mitchell (Roosevelt)		2010
11.00	Bobby Stamps (Perris)		1983	10.67	Xavion Steele (Tahquitz)		2015
11.00	Nobel Jackson (Perris)		1983	10.68	Christopher Wilcox (Roosevelt)		2016
11.00	John Wareka (Temescal)		2007	10.69	Justin Pearson (Roosevelt)		2013
11.00	*John Plattenburg (Centennial)		2013	10.69	*Evan Singletary (Roosevelt)		2014
11.00	Jordan Lucas (Great Oak)		2014	10.70	*Roshard Williams (Roosevelt)		2016
11.00	Fred Lundy (Paloma)		2015	10.71	Bryan Adams (Roosevelt)		2009
11.00	*Parris Samaniego (Vista)		2017	10.72	Tim Callier (Perris)		1987
11.00	*James Green (Cathedral City)		2017	10.72	Andre Ewell (Arlington)		2006
11.01	Marc Tyler (Brawley)		1994	10.72	Davelle Sanders (Roosevelt)		2010
11.01	Tyree Sullivan (Norte Vista)		2001	10.72	*Damion Marshall (Great Oak)		2014
11.01	Matt Maybeno (Hemet)		2002	10.73	Cedric Provost (Canyon Springs)		2009
11.01	David Biggs (Rancho Verde)		2006	10.74c	Troy McKnight (Canyon Springs)	10.5	1991
11.01	Kavon Seaton (Murrieta)		2009	10.74c	Nick Lee (Cathedral City)	10.5	2004
11.01	Cavan Bluiitt (Rancho Verde)		2015	10.75	Leran Hutchings (Roosevelt)		2011
11.01	Brandon Presley (Great Oak)		2015	10.75	***Malcolm Ballard (Ramona)		2013
11.01	*Jordan Testerman (Vista)		2015	10.76	Rondo Smith (Ramona)		1987
11.02	Nathan Charlton (Rubidoux)		2000	10.77	Marcus Love (Lakeside)		2013
11.02	David Angulo (Cathedral City)		2002	10.78	John Kane (Great Oak)		2013
11.02	Gene McCaleb (Temescal)		2004	10.78	Roshard Williams (Roosevelt)		2017
11.02	Dejon Wise (Rancho Verde)		2013	10.79	Nick Mixon (Vista)		2008
11.02	Makyi McIntyre (Elsinore)		2017	10.80	Keith Welpner (West Valley)		2011
11.03	Brian Anderson (Elsinore)		1986	10.80	***Adrian Sanchez (Tahquitz)		2015
11.03	Derek Banks (Rubidoux)		1992	10.81	Ken Moon (Corona)		2004
11.03	Nick McCullom (Perris)		1997	10.81	DeSean Smith San Jacinto)		2005
11.03	Ervin Simmons (Murrieta Valley)		2011	10.81	*Kei-Ron Long (Vista)		2012
11.03	Louis Mayela (Centennial)		2015	10.83	Tommy Curry (North)		2007
11.03	Ken'ya Johnson (Moreno Valley)		2017	10.83	Dejon Wise (Rancho Verde)		2013
11.04c	Marcus Hathway (Corona)	10.8	1980	10.83	Brandon Presley (Great Oak)		2015
11.04c	Sebron Flenaugh (Perris)	10.8	1983	10.83	Shawn Williams (Mesa)		2016
11.04c	Rick Aguilar (CSDR)	10.8	1986	10.83	Leva Hifo (Heritage)		2016
11.04c	Rick McVicker (Poly)	10.8	1989	10.83	**Jabriel Smith (JWNorth)		2016
11.04c	Chris Alexander (Temecula)	10.8	1990	10.84c	Woody Leonard (Ramona)	10.6	1993
11.04c	Marc Chrishon (Temecula)	10.8	1990	10.84c	Damon Mitchum (Corona)	10.6	1999
11.04c	Eddie Jones (Palo Verde)	10.8	1990	10.84	**Jonathan Essien (King)		2015
11.04c	Quincy Fleming (Canyon Springs)	10.8	1990	10.85	Qwintin Workman (Temecula Valley)		2017
11.04c	Jeff Skalsky (Temecula)	10.8	1991	10.86	Wyatt Stagers (Lakeside)		2013
11.04c	Marlando Lewis (Hemet)	10.8	1991	10.86	*Lorenzo Burns (Linfield)		2015
11.04c	James Smith (Palo Verde)	10.8	1992	10.87	Taylor Hawkins (Palm Springs)		2016
11.04c	Darrell Franklin (Canyon Spring)	10.8	1995	10.88	Henry Thomas (North)		2007
11.04c	Xavier Phillips (Perris)	10.8	1995	10.88	Richard Marvray (Centennial)		2009
11.04c	Mickey Grimes (Canyon Springs)	10.8	1995	10.88	*Jordan Palmer (Roosevelt)		2014
11.04c	Damian Barton (Centennial)	10.8	1996	10.89	Ray Blackburn (Jurupa Valley)		1998
11.04c	Raheem Lambert (Norte Vista)	10.8	1998	10.90	Brian Anderson (Elsinore)		1986

10.90	Kyman Bailey (North)		2012	11.04	**Myles Martin (Vista)		2017
10.90	*John Plattenburg (Centennial)		2013				
10.90	Deville Dallas (Perris)		2013				
10.90	Jordan Felix (Vista)		2016				
10.91	James Carter (Canyon Springs)		2005	20.14	Michael Norman (Vista)		2016
10.91	DJ Lloyd (Vista)		2009	20.76	Bryan Howard (Canyon Springs)		1994
10.91	*Larry Scott (Centennial)		2010	21.04c	Sam Elmore (Banning)	20.9	1995
10.91	Chris Milan (Great Oak)		2012	20.84	Isaiah Cunningham (Rancho Verde)		2017
10.91	Jordan Lucas (Great Oak)		2014	21.17	Jonathan Williams (Temecula)		2006
10.92	Devin Ray (West Valley)		2014	21.17	Elijah Mitchell (Roosevelt)		2013
10.93	Kenny Shaw (San Jacinto)		2005	21.18	Rasaun House (Rancho Verde)		2017
10.93	*Kevin Smith (San Jacinto)		2013	21.21	Isaiah Braden (Moreno Valley)		2011
10.93	Anthony Elam (Roosevelt)		2013	21.22	*Bernard Quinn (Vista)		2011
10.93	*Eric Miller (Roosevelt)		2014	21.23	Reggie Wyatt (La Sierra)		2009
10.93	Anothany Smith (Paloma Valley)		2014	21.24	Ennis Jones (North)		2006
10.94c	Steve Angulo (Cathedral City)	10.7	2002	21.26	Javelin Guidry (Vista)		2017
10.94	Jon Warzeka (Elsinore)		2008	21.27	*Rodney Storrs (Santiago)		2008
10.94	Dexter Jackson (King)		2008	21.29	*Damion Marshall (Great Oak)		2014
10.94	*Bryan Jones (Great Oak)		2011	21.30	*Jovonte Slater (Vista)		2010
10.94	Garrett Biggers (North)		2012	21.32	*Jabriel Smith (North)		2017
10.94	*Nick Fisher (Great Oak)		2014	21.33	Tommy Curry (North)		2008
10.94	*** Isaiah Cunningham (Rancho Verde)		2014	21.37	Nevin Gutierrez (North)		2000
10.95	Jr Reid (Arlington)		2010	21.40	Derrick Johnson (Notre Dame)		2000
10.95	*Christopher Wilcox (Roosevelt)		2015	21.41	Stoney Jordan (Indio)		1993
10.95	**Thomas Graham (Roosevelt)		2015	21.41	Kenny Jackson (Elsinore)		2009
10.95	*Chandler Owens (Rancho Verde)		2017	21.41	*Antonio Mitchell (Vista)		2015
10.96	Earvin Simmons (Murrieta)		2009	21.44	Greg Thomas (Poly)		1980
10.96	*Jordan Palmer (Roosevelt)		2015	21.44c	Quincy Huntley (Valley View)	21.2	1996
10.96	**Damion Lee (Palm Springs)		2015	21.44	Andrew Ewell (Arlington)		2006
10.96	*Jordan Testerman (Vista)		2015	21.51+	John Holbrook (Norte Vista)	21.4y	1967
10.97	Antoine Murray (Norco)		2005	21.51+	Mike Harris (Indio)	21.4y	1974
10.97	Lajohn White (North)		2008	21.53	Davelle Sanders (Roosevelt)		2010
10.97	Larry Scott (Centennial)		2011	21.54	Nick McCullom (Perris)		1998
10.97	**Christopher Young (Citrus Hill)		2013	21.54	*Ennis Jones (La Sierra)		2005
10.97	Phillip Jones (Vista Murrieta)		2013	21.57	Nevin Gutierrez (North)		2007
10.97	Kre'Shawn McDonald (Roosevelt)		2014	21.57	Gerg Hornsby (Rancho Verde)		2009
10.97	*Carlton Senigal (Chaparral)		2017	21.58	Chris Massey (Valley View)		1998
10.98	*Jordan James (Corona)		2009	21.58	*John Kane (Great Oak)		2012
10.98	**Todd Hamdley (King)		2009	21.59	Tyler Kennedy (Rancho Verde)		2017
10.98	Nephi Garcia (Palm Springs)		2011	21.60	Napoleon Singletary (Roosevelt)		2012
10.98	Gather Ronald (Moreno Valley)		2013	21.62	Cedric Riles (Norte Vista)		1986
10.98	**Christopher Rom-Toribo (La Quinta)		2013	21.62	Nick Lee (Cathedral City)		2004
10.98	*Louis Mayela (Centennial)		2014	21.64	Sebron Flenaugh (Perris)		1983
10.98	Jamal Orme (King)		2014	21.64	**Cole Dubots (Vista)		2015
10.99	Kavon Seaton (Vista)		2008	21.66	Logen Casavant (Rancho Mirage)		2016
10.99	*Justin Decoud (King)		2010	21.67	Joshua Mitchell (Roosevelt)		2010
10.99	Ervin Simmons (Murrieta Valley)		2011	21.69	Jerome Burrell (Palm Springs)		1995
10.99	Forrest Reyes (Palm Springs)		2011	21.71	Greg Thomas (Poly)		1981
10.99	Fred Lundy (Paloma)		2015	21.72+	Tom Scott (Palm Springs)	21.6y	1967
11.00	Keith Bullard (Canyon Springs)		1991	21.73	Ken Moon (Corona)		2004
11.00	DeShawn Smith (San Jacinto)		2004	21.73	Duke Greer (Corona)		2007
11.00	Andre McCleendon (Beaumont)		2013	21.74	Richard Sweeney (Perris)	21.5	1989
11.00	Eric Ellison (Banning)		2016	21.74	Anthony Daniels Canyon Springs)		2002
11.00	*James Chanthachak (Banning)		2016	21.74	Jesse Ooten (Rancho Verde)		2008
11.00	Ken'ya Johnson (Moreno Valley)		2017	21.76	Roshard Williams (Roosevelt)		2017
11.01	*Dallas Deville (Perris)		2012	21.79	Bryan Williams (Valley View)		2007
11.01	Garry Lewis (Corona)		2012	21.79	*Rasaun House (Rancho Verde)		2016
11.01	*Rick Ramos (Hemet)		2014	21.80	David Angulo (Cathedral City)		2002
11.01	Tobi Mayers (Murrieta Valley)		2015	21.80	*Evan Singletary (Roosevelt)		2014
11.01	*Tyler Kennedy (Rancho Verde)		2016	21.82+	John James (Perris)	21.7y	1964
11.02	Alex Pittman (Vista)		2005	21.82	Bryan Adams (Roosevelt)		2009
11.02	Michael Mazur (Vista)		2011	21.83	Kei-Ron Long (Vista Murrieta)		2013
11.02	Adrian Limon (San Jacinto)		2016	21.84	George Thomas (Indio)		1981
11.02	**Parris Samaniego (Vista)		2016	21.84	Bobby Stamps (Perris)		1983
11.02	Leva Hifo (Hertitage)		2016	21.84c	Marcus Hathway (Corona)	21.6	1980
11.03	* Christopher Byers (Roosevelt)		2014	21.84	Justin Pearson (Roosevelt)		2013
11.03	**Anthony Hawkins (Palm Springs)		2015	21.87	Louis Amstoy (Banning)		1989
11.04c	Demond Vassar (Rubidoux)	10.8	1991	21.87	David Hooks (Corona)		2016
11.04c	Larry Wilson (Indio)	10.8	1991	21.89	Nick Mixon (Vista)		2008
11.04c	Jasper Williams (Rubidoux)	10.8	1993	21.89	Kyle Garner (Vista Murrieta)		2013
11.04c	Jerome Burrell (Palm Springs)	10.8	1994	21.89	* Jordan Palmer (Roosevelt)		2014
11.04	Justin Martin (Norco)		2013	21.90	Jabin Sambrano (Great Oak)		2008
11.04	*Ricky Adams (Vista)		2015	21.90	*Cedric Provost (Canyon Springs)		2009
11.04	**Christopher Newman (Roosevelt)		2015	21.91	Bubba Luna (Great Oak)		2010
11.04	Javon McKinley (Centennial)		2016	21.92	Rondo Smith (Ramona)		1988

21.92	Ken'ya Johnson (Moreno Valley)		2017	22.26	*Alex Larson (Linfield)		2013
21.93	Mike Lynem (Norco)		2006	22.27	Corey Merrill (Moreno Valley)		1992
21.93	Anthony Flam (Roosevelt)		2013	22.28	Marcus Love (Lakeside)		2013
21.93	Carlos Wedlow (Mesa)		2016	22.28	Ricky Adams (Vista)		2016
21.94c	Darrell Willis (Norco)	21.7	1981	22.32	Jeff Skaylsky (Temecula)		1992
21.94c	Josh Beckwith (Canyon Springs)	21.7	1997	22.32	John Crain (Moreno Valley)		2010
21.94c	Nick Holcomb (La Sierra)	21.7	2002	22.32	Terance Narvaez (Canyon Springs)		2012
21.94	Ray Blackburn (Jurupa)		1998	22.32	Carlos Orozco (Corona)		2013
21.94	Connor Edwards (Chaparral)		2016	22.33	Bobby Nava (Perris)		1988
21.95	Johnathan Warren (Santiago)		2016	22.33	Duncan Boyd (Moreno Valley)		1989
21.95	*Parris Samaniego (Vista)		2017	22.33	William League (Rancho Verde)		1993
21.95	Qwentin Workman (Temecula Valley)		2017	22.33	Sean Burd (Great Oak)		2011
21.96	Justin Porter (Vista)		2006	22.34c	Marc Chrishon (Temecula)	22.1	1990
21.96	Dallas Deville (Perris)		2013	22.34c	Tony Davis (Corona)	22.1	1999
21.97	George McKinley (Arlington)		1980	22.34c	Steve Angulo (Cathedral City)	22.1	2002
21.98	Tyrone Thompson (Perris)		1984	22.34	Melvin Johnson (Valley View)		2001
21.98	Derek Favorite (Centennial)		1993	22.34c	Chris Whitlock (Valley View)	22.1	2001
21.98	Dejon Wise (Rancho Verde)		2013	22.34c	Damon Morton (North)	22.1	2002
22.00	Allan Curry (Canyon Springs)		1998	22.34c	Matt Padilla (Arlington)	22.1	2002
22.00	Dameon Burnham (Roosevelt)		2011	22.34c	Michael Moore (Canyon Springs)	22.1	2004
22.00	Jamal Orme (King)		2014	22.34	**Kamari Maddox (Elsinore)		2017
22.00	Jordan Lucas (Great Oak)		2014	22.35	Nathan Charlton (Rubidoux)		2000
22.02	Keith Neal (Poly)		1985	22.35	Chase Aaronson (Palm Springs)		2007
22.02	Thomas Henry (North)		2007	22.35	*Necho Beard (Rancho Verde)		2009
22.02	DeShawn Smith (San Jacinto)		2006	22.35	*Larry Scott (Centennial)		2010
22.02	Phil Griggs (King)		2017	22.35	*Cameron Snowden (Poly)		2013
22.03	Derek Banks (Rubidoux)		1992	22.35	Jaylen Moore (King)		2017
22.03	Eddie Johnson (Arlington)		1997	22.36	Khurtis Henry (Murrieta)		2009
22.03	Matthew Williams (Vista del Lago)		2012	22.36	Anthony Goodwin (Great Oak)		2010
22.04	Woodie Leonard (Ramona)		1992	22.36	Shawn Williams (Mesa)		2016
22.04	Troy McKnight (Canyon Springs)		1991	22.37	*Troy Cannon (Poly)		2010
22.04c	Tee Sullivan (Norte Vista)	21.8	2001	22.37	**Xavion Steele (Fahquitz)		2015
22.04c	Chad Jervis (Paloma Valley)	21.8	2004	22.38	Tyree Sullivan (Norte Vista)		1999
22.04	*Christopher Wilcox (Roosevelt)		2015	22.38	Tyler Slavin (Roosevelt)		2010
22.04	Jonathan Essien (King)		2016	22.38	Wyatt Staggers (Lakeside)		2013
22.05	Willie Bowen (Twin Pines)		2000	22.38	Erick Ramos (Hemet)		2015
22.07	*Kei-Ron Long (Vista)		2012	22.38	Alex Aviles (Chaparral)		2016
22.07	Fabian Bodden (Great Oak)		2017	22.39	*Tyler Kennedy (Rancho Verde)		2016
22.08	Lew Dunn (North)		1982	22.41	Keith Bullard (Canyon Springs)		1991
22.08	Matt Tyson (Roosevelt)		2012	22.41	David Monay Cathedral City		2007
22.09	**Thomas Graham (Roosevelt)		2015	22.41	Cedric Foster (North)		2007
22.09	Cavan Bluitt (Rancho Verde)		2015	22.41	*Ryan Wade (Mesa)		2015
22.10	Necho Beard (Rancho Verde)		2010	22.42	Deondrae Brooks (Vista)		2013
22.11+	Larry Thompson (Ramona)	22.0y	1970	22.42	Carlton Johnson (Rancho Verde)		2017
22.11	Paul Robertson (Rancho Verde)		2009	22.43	David Biggs (Rancho Verde)		2006
22.12	Matt Maybeno (Hemet)		2002	22.44c	Arnold Maier (Palm Springs)	22.2	1981
22.12	Anthony Smith (Paloma Valley)		2014	22.44c	Mike Ails (Moreno Valley)	22.2	1990
22.14c	Issac Greer (Elsinore)	21.9	1979	22.44c	Kevin Dorsey (Palm Springs)	22.2	1991
22.14c	Tyree Washington (La Sierra)	21.9	1994	22.44c	Robert Murray (Indio)	22.2	1995
22.14c	McGill Kyser (Norco)	21.9	1994	22.44c	Jason Dandridge (Valley View)	22.2	1995
22.14c	Marshall Johnson (Norte Dame)	21.9	1999	22.44c	Damian Barton (Centennial)	22.2	1996
22.14c	Jeff Henry (Norte Vista)	21.9	2001	22.44c	Walker (Perris)	22.2	1996
22.14c	Jeff Garrison (North)	21.9	2001	22.44c	Raheem Lambert (Norte Vista)	22.2	1997
22.14	Willie Smith (Banning)		2004	22.44c	Waymond Fermon (Indio)	22.2	1997
22.14	*Bubba Luna (Great Oak)		2009	22.44	Mel Green (Rancho Verde)		1998
22.15+	Tim Callier (Perris)	22.28y	1987	22.44c	Nathan Irvin (Poly)	22.2	1999
22.15	Curbs Baxter (San Jacinto)		2007	22.44c	Donny Thompson (Canyon Springs)	22.2	2004
22.15	*Terance Narvaez (Canyon Springs)		2011	22.44	*Christopher Byers (Roosevelt)		2014
22.17	Mike Norfolk (Palm Desert)		1995	22.44	**James Nool (Great Oak)		
22.18	Gerard Glass (Great Oak)		2009				
22.19	Erik Dvoran (Rancho Verde)		2003	<b>Wind-Aided:</b>			
22.19	*Paul Rpbertson (Rancho Verde)		2008	20.06	Michael Norman (Vista)		2016
22.19	Matt Galloway (Elsinore)		2015	21.06	Rodney Storrs (Santiago)		2009
22.20	**Jabriel Smith JW North)		2016	21.11	*Jovonte Slater (Vista)		2010
22.21	Michael Mazur (Vista)		2011	21.13	Marshall Johnson (Notre Dame)		1999
22.23	Jasper Williams (Rubidoux)		1992	21.13	Bryan Adams (Roosevelt)		2009
22.23	Henry Thomas (North)		2006	21.19	Ennis Jones (North)		2006
22.24c	LaSalle Hughey (Rubidoux)	22.0	1991	21.19	**Cole Dubots (Vista)		2015
22.24c	Marlando Lewis (Hemet)	22.0	1991	21.21	Reggie Wyatt (La Sierra)		2009
22.24c	Trevor Knox (Temecula Valley)	22.0	2001	21.22	Kenny Jackson (Elsinore)		2009
22.24c	Alvin Robinson (Valley View)	22.0	2002	21.39	Nevin Gutierrez (North)		2007
22.24	Theartis Grigsby (Vista)		2012	21.41	Gerg Hornsby (Rancho Verde)		2009
22.24	Chao Winters (Santiago)		2015	21.46	*John Kane (Great Oak)		2012
22.26	Angelo DeWitt (Indio)		1986	21.46	*Antonio Mitchell (Vista)		2014
22.26	Quincy Fleming (Canyon Springs)		1990	21.50	Johnathan Warren (Santiago)		2016



21.51	Ennis Jones (La Sierra)		2005	22.32	*Anthony Reyes (Elsinore)		2016
21.52	Bryan Williams (Valley View)		2007	22.33	* Christopher Byers (Roosevelt)		2014
21.54	Logen Casavant (Rancho Mirage)		2016	22.34c	Patrice Houston (Indio)	22.1	1991
21.55	Napoleon Singletary (Roosevelt)		2012	22.34c	Michael Moore (Canyon Springs)	22.1	2004
21.57	Chris Massey (Valley View)		1998	22.34c	James Carter (Canyon Springs)	22.1	2005
21.63	*Terance Narvaez (Canyon Springs)		2011	22.34c	Seon Tenney (Rancho Verde)	22.1	2005
21.64c	David Angulo (Cathedral City)	21.4	2002	22.34c	Andrew Jacobson (Vista del Lago)	22.1	2005
21.64c	Nate Koch (Temecula)	21.4	2005	22.34	Domanick Murray (Palm Springs)		2017
21.65	*Roshard Williams (Roosevelt)		2016				
21.69	Stoney Jordan (Indio)		1992	<b>210 yards</b>			
21.71	Carlos Wedlow (Mesa)		2016	21.3	Don Lebow (North)		1970
21.71	*Isiah Fuller (Roosevelt)		2016				
21.73	Anthony Daniels (Canyon Springs)		2002				
21.74c	Ronald Howard (North)	21.5	2002	<b>220 yards (Straight)</b>			
21.74c	Ray Bass (Centennial)	21.5	2002	20.8	John James (Penis)		1964
21.77	Mickey Grimes (Moreno Valley)		1994	20.9	Jerry McCullough (Poly)		1957
21.77	Matthew Williams (Vista del Lago)		2012	20.9	Tom Scott (Palm Springs)		1966
21.77	**Thomas Graham (Roosevelt)		2015	21.0	Garry Crystal (Coachella)		1959
21.80	David Hooks (Corona)		2016	21.1	John Holbrook (Norte Vista)		1967
21.81	Deontae Cooper (Citrus Hill)		2009	21.1	Leevan Roberts (North)		1968
21.81	*Damion Lee (Palm Springs)		2016	21.1	Marshall Anderson (Poly)		1953
21.83	Dameon Burham (Roosevelt)		2011	21.3	Joe Williamson (Poly)		1961
21.83	Anthony Easter (Roosevelt)		2017	21.3	Bob Skiver (Poly)		1939
21.84	David Williams (Elsinore)		2009	21.4	Jerry Varnell (Poly)		1955
21.86	Christopher Wilcox (Roosevelt)		2016	21.5	Dick Stone (Poly)		1966
21.87	**Jabriel Smith (KJW North)		2016				
21.89	Dallas Deville (Perris)		2013				
21.90	*Rasaun House (Rancho Verde)		2016	<b>400 meters</b>			
21.95	Tommy Curry (North)		2007	45.19	*Michael Norman (Vista)		2015
21.95	*Lorenzo Burns (Linfield)		2015	46.13	Reggie Wyatt (La Sierra)		2009
21.95	Pierre Harris (San Jacinto)		2015	46.34	Tyree Washington (La Sierra)		1995
21.96	**Xavion Steele (Tahquitz)		2015	46.79	Nevin Gutierrez (North)		2006
21.97	DeShawn Smith (San Jacinto)		2006	46.87	**Reggie Wyatt (North)		2007
22.00	*Kenya Johnson (Moreno Valley)		2016	46.93	Logen Casavant (Rancho Mirage)		2016
22.02	*Theartis Grigsby (Vista)		2011	47.38	*Parris Samaniego (Vista)		2017
22.03	Shawn Williams (Chaparral)		2016	47.47	Derrick Johnson (Notre Dame)		2000
22.05	*Tyler Brown (La Quinta)		2011	47.58	Connor Edwards (Chaparral)		2016
22.06	Cole Dubots (Vista)		2017	47.52	Ken Moon (Corona)		2004
22.07	Matt Tyson (Roosevelt)		2012	47.56	Darrell Willis (Norco)		1981
22.07	Matt Galloway (Elsinore)		2015	47.59	*Bernard Quinn (Vista)		2011
22.08	*Bubba Luna (Great Oak)		2009	47.60	Ennis Jones La Sierra)		2005
22.08	Marcus Love (Lakeside)		2013	47.68	*Isiah Cunningham (Rancho Verde)		2016
22.10	Paul Robertson (Rancho Verde)		2009	47.77	Anthony Daniels (Canon Springs)		2002
22.11	Nephi Garcia (Palm Springs)		2011	47.78	Qwintin Workman (Temecula Valley)		2017
22.11	Alex Aviles (Chaparral)		2016	47.93	LaSalle Hughey (Rubidoux)		1991
22.14c	McGill Kyser (Norco)	21.9	1994	47.95	Bryan Adams (Roosevelt)		2009
22.14	Willie Smith (Banning)		2004	47.97	Christopher Wilcox (Roosevelt)		2016
22.15	*Isiah Battle (Vista)		2017	47.98	Anthony Easter (Roosevelt)		2016
22.17	Richard Marvray (Centennial)		2009	47.99	Sean Burd (Great Oak)		2011
22.17	Makyi McInture (Elsinore)		2017	48.01	Derek Johnson (Notre Dame)		1999
22.18	*Joel Hotchkins (Chaparral)		2008	48.04	Ennis Jones (North)		2006
22.18	Ramon Marshall (Rancho Verde)		2009	48.06+	Chris Harper (Arlington)	48.2y	1980
22.19	Keith Welpner (West Valley)		2011	48.06	Paul Robertson (Rancho Verde)		2009
22.20	Marquise Cox (North)		2008	48.06	Tyler Brown (La Quinta)		2012
22.20	Garrette Biggers (North)		2011	48.18	Terence Naraez (Canyon Springs)		2012
22.20	**Kamari Maddox (Hemet)		2017	48.18	Deondrae Brooks (Vista)		2013
22.21	Nick Mixon (Vista)		2007	48.21	Derek Favorite (Centennial)		1993
22.24c	Justin Porter (Vista)	22.0	2005	48.22	C.J. Reed ((Poly)		1996
22.24	*Larry Scott (Centennial)		2010	48.31	Justin Porter (Vista)		2006
22.25	Gerry Lewis (Corona)		2012	48.32	**Tyler Brown (La Quinta)		2010
22.26	Brandon Langford (Beaumont)		2009	48.33	Jason Campbell (North)		1993
22.26	Dejon Wise (Rancho Verde)		2013	48.38	David Angulo (Cathedral City)		2002
22.27	*David Williams (Elsinore)		2008	48.41	Nick Mc Cullom (Perris)		1998
22.27	Tyler Slavin (Roosevelt)		2010	48.41	Matthew Williams (Vista del Lago)		2012
22.27	*Ryan Wade (Mesa)		2015	48.44	Bryan Howard (Canyon Springs)		1994
22.27	*Tarik Hutchinson (Citrus Hill)		2016	48.44	Chris Massey (Valley View)		1999
22.28	Norman Boyd (La Sierra)		2008	48.44c	Rex Butler (West Valley)	48.3	2001
22.30	Garrett Biggers (North)		2012	48.48	Jared Lewis (Poly )		1995
22.30	**Anthony Easte (Roosevelt)		2015	48.48	*Justin Porter (Vista)		2005
22.30	Philan Burleson (Vista del Lago)		2016	48.53	* Damion Marshall (Great Oak)		2014
22.31	Dre McIntosh (Great Oak)		2013	48.56+	Bruce Kitchen (Poly)	48.7y	1954
22.31	Ronald Gaitner (Moreno Valley)		2014	48.56	*Anthony Reyes (Elsinore)		2016
22.31	*Javon McKinley (Centennial)		2015	48.60	Immanuel Hutchinson (San Jacinto)		2011
22.31	*Cole Cruz (Palm Springs)		2017	48.61	Kenneth Anderson (Roosevelt)		2010
22.32	*Connor Edwards (Chaparral)		2015				

48.65	*Jovonte Slater (Vista)		2010	49.58	Derek Banks (Rubidoux)		1992
48.66+	Art Gilmore (Poly)	48.8y	1956	49.58	*Kyle Garner (Vista)		2012
48.69	Matt Tyson (Roosevelt)		2012	49.58	Travis Thomas (King)		2013
48.69	Winston Sterling (Valley View)		2012	49.60	** Thomas Graham (Roosevelt)		2015
48.70	Chauncey Young (North)		1997	49.60	William Warner (Linfield)		2017
48.70	Claudell Walter (North)		1999	49.61	* Jarett Carter (Heritage)		2014
48.72	*Cole Dubots (Vista)		2016	49.62	Fabbian Bodden (Great Oak)		2017
48.75+	Dan Gormley (Ramona)	48.9y	1964	49.64	* Solomon Ponomarev (Lakeside)		2014
48.77	*Brett Moulton (Santiago)		2012	49.65+	Alexander (Corona)	49.8y	1969
48.80	David Williams (Elsinore)		2009	49.65+	Bob Gates (Banning)	49.8y	1986
48.81	Lew Dunn (North)		1982	49.65	Jason Carodine (Moreno Valley)		1999
48.81	Phil Griggs (King)		2017	49.67	Frank Fleming (Perris)		1995
48.83	Thomas Long (Corona)		1994	49.67	Jarrett Carter (Heritage)		2015
48.85+	Roger Aldridge (North)	49.0y	1967	49.68	Adam Winding (Heritage)		2016
48.85+	Larry Dean (Moreno Valley)	49.14y	1978	49.69	Nat Tucker Corona		1983
48.89	Garrett Biggers (North)		2012	49.71	Nate Koch (Temecula)		2005
48.90	Bubba Luna (Great Oak)		2010	49.74c	Charles Denton (West Valley)	49.6	2005
48.92	Mike Lyles (Rancho Verde)		2013	49.74	Max Mills (Great Oak)		2007
48.93	Louis Amestoy (Banning)		1989	49.74	Mohsin Sabrin (King)		2016
48.93	Marshall Johnson (Notre Dame)		1999	49.75+	Don Lebow (North)	49.9y	1970
48.99	Brandon Ruffin (Santiago)		2011	49.76	**Parris Samaniego (Vista)		2016
49.02	Derrick Jackson (Moreno Valley)		2010	49.79	*Tyler Slavin (Roosevelt)		2009
49.04	Marcus Graham (North)		2001	49.79	Austen Salcedo (Mesa)		2016
49.05+	Greg Thomas (Poly)	49.2y	1980	49.80	Michael Lyles (Rancho Verde)		2013
49.05+	Dick Stone (Poly)	49.2y	1965	49.81	Robbie Edwards (Hemet)		1990
49.05	Ruben Danielson (Rancho Verde)		2010	49.81	Evan White (Great Oak)		2013
49.06	Oliver Brown (Palm Springs)		1988	49.81	Bakari Fant (Rancho Verde)		2008
49.08	Cameron Sanuel (Rancho Verde)		2017	49.82	Anthony Spencer (Vista del Lago)		2006
49.09	Shawn Williams (Mesa)		2016	49.81	Caleb Miller (Canyon Springs)		2010
49.10	Bobby Nava (Perris)		1988	49.82	*Dre McIntosh (Great Oak)		2012
49.11	Jabin Sambrano (Great Oak)		2008	49.82	Leran Hutchings (Roosevelt)		2011
49.12	Richard Lay (Norte Vista)		1987	49.83	Randy Bishop (Canyon Springs)		1993
49.14c	Keith Neal (Poly)	49.0	1984	49.83	Jose Cancholla (Indio)		1999
49.14c	Angello DeWitt Indio	49.0	1986	49.84c	Nick McCullom (Perris)	49.7	1998
49.14c	Avionne James (Perris)	49.0	2002	49.84	Wesley Smith (Notre Dame)		2016
49.14	*Willie Contreras (North)		2010	49.85+	Willis Jones (Poly)	50.0y	1955
49.15+	Kenny Simmons (Moreno Valley)	49.3y	1977	49.86	*Caleb Miller (Canyon Springs)		2009
49.15	* Evan Tyler (Roosevelt)		2014	49.86	**Gregory Lapit (Centennial)		2017
49.18	Curly Bledsoe (Banning)		2001	49.87	Tyler Moss (Moreno Valley)		2017
49.18	*Josh Mitchell (Roosevelt)		2009	49.90	Brian Coan (Poly)		2006
49.22	Eddie Johnson (Arlington)		1997	49.90	Willie Contreras (North)		2011
49.22	David Hooks (Corona)		2016	49.90	Arnie Quintanilla (Valley View)		2016
49.24c	Troy Collins (Hemet)	49.1	1989	49.93	Andy Woods (North)		1983
49.24c	Tristan Taylor (King)	49.1	2004	49.93	Kenny Anderson (Roosevelt)		2010
49.24	Domanick Murray (Palm Springs)		2017	49.95+	Danny Frey (Corona)	50.1y	1954
49.25+	John Davis (Ramona)	49.4y	1965	49.95+	Daniel (Hemet)	50.1y	1976
49.25+	Field (Indio)	49.4y	1972	49.95+	Austin (Perris)	50.1y	1979
49.25	*Maxx Mills (Great Oak)		2008	49.96	Dante Holland (North)		2008
49.25	Kenny Brown (Poly)		2010	49.96	Lazaro Marin (Roosevelt)		2015
49.27	Tyler Slavin (Roosevelt)		2010	49.99	Alex Barwinski (Canyon Springs)		1999
49.27	Anthony Reyes (Elsinore)		2017	49.99	Allen Young (Temescal)		2006
49.29	Dante Reese (Canyon Springs)		1994	50.00	* A'Mari Howland (Canyon Springs)		2014
49.29	Curtis Baxter (San Jacinto)		2007	50.01	James Rodriguez (Palm Springs)		2014
49.33	Jamal James (Jurupa Valley)		1998	50.01+	Johnson (Palo Verde)	50.30y	1978
49.33	Scott Eden (Temescal)		1999	50.02+	Coleman (Palm Springs)	50.2y	1976
49.33	Edgar Ramirez (Coachella Valley)		2015	50.02	Mark Krause (Nome Dame)		1981
49.34	Ricky Adams (Vista)		2016	50.04c	Walker (Ramona)	49.9	1970
49.35c	Jerry Vernell (Poly)	49.5y	1955	50.04c	Derek Gordon (Canyon Springs)	49.9	1991
49.35	Jesse Ooten (Rancho Verde)		2007	50.04	Quentin Galloway (JW North)		2014
49.38	David Tones (La Quinta)		1999	50.05+	Tony DeWitt (Indio)	50.2y	1984
49.40	DeAndre Thornton (Arlington)		2014	50.05	* Kevin Hatchet (Great Oak)		2014
49.40	Koty Burton (La Quinta)		2016	50.05+	Fair (Corona)	50.2y	1978
49.41	Ramon Marshall (Rancho Verde)		2009	50.06	Jordan Randolph (Valley View)		2014
49.42	Metters (Ramona)	49.5y	1969	50.06	*Jackson Taylor (Roosevelt)		2017
49.42	Chuck Whitehead (Elsinore)		1989	50.07	Bryan Phan (Mesa)		2015
49.42	Dane Hurd (Rancho Verde)		2006	50.07	*Torre Smith (Rancho Verde)		2017
49.44c	Arnold Maier (Palm Springs)	49.3	1981	50.08	Eric Green (Norco)		1991
49.44c	Danny Harris (Perris)	49.3	1983	50.09	Josh Potter (Murrieta)		2009
49.44c	Aaron Westbrook (North)	49.3	2007	50.10	Erick Ramos (Hemet)		2015
49.47	Kevin Gueste (Moreno Valley)		1991	50.10	*Ezekiel Armstrong (Temecula Valley)		2017
49.48	Riley Warren (Rubidoux)		1992	50.12	*Justin Martinez (Rancho Verde)		2012
49.52	Isaac Cortes (Great Oak)		2016	50.13	Jayson Boyd (North)		2001
49.55	**Jalen Johnson (Roosevelt)		2017	50.13	Joel Casillas (Rancho Verde)		2007
49.56	Maxx Mills (Great Oak)		2009	50.15+	John Laster (Palm Springs)	50.3y	1955
49.57	Rasaun House (Rancho Verde)		2017	50.15+	Gary Smith (Hemet)	50.3y	1965

50.15+	Richard Grout (North)	50.3y	1972	1:51.83	Robert Frichtel (Hemet)	1996
50.15	Xavier Thomas (Indio)		2012	1:51.87	*Emmanuel Ngula (Vista del Lago)	2008
50.16	Mike Howe (North)		1981	1:51.95	Cobie Chavez (Temescal Canyon)	2015
50.16	Cavan Bluitt (Rancho Verde)		2015	1:52.12	Omar Solis (Vista)	2013
50.16	Xavion Steele (Tahquitz)		2015	1:52.47	Edgar Cobian (La Sierra)	2012
50.17	Chaio Winters (Santiago)		2015	1:52.53	Troy Collins (Hemet)	1989
50.17	Jeremiah Bias (Vista del Lago)		2015	1:52.63	Nathan Torres (King)	2013
50.19	Ahmed El-Daggeg (Beaumont)		2002	1:52.7+	Elmore Ohly (Coachella)	1:53.4y 1962
50.20	CJ Walsh (Vista)		2013	1:52.71	Porter Reddish (Vista)	2013
50.20	Cristian Johnes (Roosevelt)		2016	1:52.77	**Edgar Cobian (La Sierra)	2010
50.21	Tyler MacDonald (Beaumont)		2010	1:52.8	Jesse Cota (Coachella)	1980
50.21	Luke Cunningham (Woodcrest Christian)		2011	1:52.82	Josh Silva (Corona)	2015
50.22	Justin Martinez (Rancho Verde)		2013	1:53.10	*Steve Norton (La Sierra)	2007
50.22	* Christopher Byers (Roosevelt)		2014	1:53.2+	David Edds (Banning)	1:53.9y 1976
50.24c	Shawn Casteel (Rubidoux)	50.1	1991	1:53.22	Michael Hewitt (Great Oak)	2012
50.24c	Joel Casillas (Rancho Verde)	50.1	2008	1:53.28	Ian Ritchie (Murrieta)	2003
50.24	Pierre Harris (San Jacinto)		2015	1:53.33	Raul Arcos (Corona)	2008
50.25+	Johnny James (Perris)	50.4y	1964	1:53.38	Raul Serratos (Moreno Valley)	1986
50.25+	Daniel (Hemet)	50.4y	1975	1:53.42	Dontell Holland (North)	2009
50.25+	Wilcox (Penis)	50.4y	1980	1:53.43	*Nelson Quintana (Great Oak)	2015
50.26	*Domanick Murray (Palm Springs)		2016	1:53.62	Clint Coon (Hemet)	1997
50.27	Kephan Sheppard (Palm Springs)		1996	1:53.7+	Wayne Lemmons (Poly)	1:54.4y 1956
50.27	Jacob Roth (Santiago)		2004	1:53.98	Brandon Shaw (Rancho Verde)	1999
50.27	Bernard Quinn (Vista)		2012	1:54.0+	Monty Felix (Poly)	1:54.7y 1966
50.28	Jason Watkins (Arlington)		1995	1:54.08	Joel Cota (Indio)	2003
50.28	Dino Sloan (La Sierra)		2010	1:54.39	Aaron Potts (Roosevelt)	2012
50.29	Aaron Anderson (North)		1989	1:54.42	Enrique Villa (Corona)	2017
50.29	Joe Kaylor (Paloma Valley)		2009	1:54.45	Christian Rojas (Canyon Springs)	2004
50.29	*Alex Larson (Linfield)		2013	1:54.66	Mike O'Boyle (Hemet)	1986
50.30	Cole Debots (Vista)		2017	1:54.68	Dylan Knight (La Sierra)	2006
50.32	Erik Dvoran (Rancho Verde)		2003	1:54.75	Doug Frichtel (Hemet)	1995
50.32	Talmadge Jackson (Temecula)		2006	1:54.79	Spencer Dodds (Great Oak)	2016
50.32	Anthony Ceja (Perris)		2012	1:54.86	Casey Cruz (La Quinta)	2016
50.33	Charles Ntekim (Murrieta)		2003	1:54.89	*Caleb Potts (Roosevelt)	2009
50.34	Jeremy Marino (Great Oak)		2012	1:54.9+	Larry Dean (Moreno Valley)	1:55.6y 1978
50.35+	Miller (Palm Springs)	50.5y	1965	1:54.95	Andrew Nevarez (Cathedral City)	2017
50.35+	Watson (Palo Verde)	50.5y	1973	1:54.98	Julian Robles (Roosevelt)	2017
50.35+	Contreras (Coachella)	50.5y	1973	1:55.05	*Kyle Pendleton (Santiago)	2017
50.36	Talmadge Jackson (Chaparral)		2005	1:55.07	Ricardo Villalobos (Ramona)	1995
50.36	*Joe Quinonez (Elsinore)		2010	1:55.09	David Branch (Woodcrest Christian)	2007
50.37	Andre Bernard-Joseph (Roosevelt)		2015	1:55.1+	Mark Fricker (Hemet)	1:55.8y 1978
50.37	**Tyler Moss (Moreno Valley)		2016	1:55.10	Solomon Fountain (Great Oak)	2017
50.38	John Ramirez (Norco)		2016	1:55.11	Alex Aguilar (Norte Vista)	1991
50.39	Will Jerkins (Rancho Verde)		2006	1:55.14	Andrew Boebinger (King)	2016
50.40	Marvin Epps (King)		2010	1:55.24	* Nick Doan (Great Oak)	2014
50.42	*Roshard Williams (Roosevelt)		2016	1:55.30	Jaleel Turner (Rancho Verde)	2017
50.44c	Jeremiah Willies (Perris)	50.3	2002	1:55.36	Ryan R Tienke (Poly)	2006
50.44c	Sterling Winston (Valley View)	50.3	2011	1:55.98	*Jackson Taylor (Roosevelt)	2017
50.45	Jose Hernandez (Norte Vista)		1993	1:55.40	Ricardo Cardena (JW North)	2016
50.46	Rashad Bracy (Arlington)		1998	1:55.44	David Ramirez (Rubidoux)	1991
50.46	Rendall Jacob (Vista)		2008	1:55.5+	John Burns (Ramona)	1:56.2y 1965
50.47	Jermaine Johnson (San Jacinto)		1996	1:55.51	Kellen Acosta (Murrieta)	2003
50.48	Patrick Daniels (Paloma Valley)		2008	1:55.54	Eric Larios (Corona)	2006
50.49	Joey Delgado (Coachella Valley)		2003	1:55.54	Abner Salvador (Great Oak)	2014
50.52	Greg Hollingsworth (Temecula)		2001	1:55.61	Scott Gardner (Arlington)	1984
50.53	Alberto Zatarain (Palm Springs)		2007	1:55.66	Carlos Facio (Corona)	1995
50.53	Steve Norton (La Sierra)		2008	1:55.70	Juan Saucedo (North)	1998
50.50	Nelson Quintana 9Great Oak)		2016	1:55.74	Scott Breithaupt (Murrieta)	2003
50.51	Isaiah Thomas (Indio)		2014	1:55.78	Tyler Owen (Vista)	2009
50.54c	Kenny Johnson (Canyon Springs)	50.4	1990	1:55.81	Juan Canchola (Indio)	1999
50.54c	Matt Stanford (Poly)	50.4	2002	1:55.89	Fernando Cerda (Corona)	2010
50.54	Chris Taylor (Perris)		2006	1:56.00	Abel Tijerina (Indio)	2011
50.54	Paul Robertson (Rancho Verde)		2007	1:56.00	Tyler Janes (King)	2016
				1:56.05	Andy Perezchica (Cathedral)	2003
				1:56.14	Jeff Green (Temecula)	2000
				1:56.16	*Garrett Mullennix (Vista)	2013
				1:56.18	Junior Rodriguez (Rancho Verde)	2003
1:48.56	Immanuel Hutchinson (San Jacinto)		2011	1:56.18	Angel Sigeti (Murrieta)	2008
1:50.20	Isaac Cortes (Great Oak)		2016	1:56.25	David Haskell (Elsinore)	1989
1:50.62	Nelson Quintana (Great Oak)		2016	1:56.28	Bennett Harris (Chaparral)	2011
1:51.51	**Brett Moulton (Santiago)		2011	1:56.28	Josh Mejia (Perris)	2005
1:51.56	* Jeremiah Bias (Vista del Lago)		2014	1:56.29	LeRoy Weed (Coachella)	1:57.0y 1938
1:51.59	Ruben Danielson (Rancho Verde)		2010	1:56.3+	Irving Moreno (Poly)	1998
1:51.76	Isaiah Thompson (Sherman Indian)		2013	1:56.30	Joseph Jauregui (Valley View)	2012
1:51.78	Kevin Gonzalez (Vista)		2012	1:56.34	Carlos Cota (Indio)	1981
1:51.81	*Ray Noble (Valley View)		2010	1:56.37		

1:56.4+	Jeffredo (Coachella)	1:57.1y	1977	1:57.99	Drew Dalton (Vista)	2010
1:56.41	Frank Lemus (Coachella)		1992	1:58.0	Anthony Adamucci (Temecula)	2002
1:56.43	Spencer Knight (La Sierra)		2007	1:58.02	Aurelio Roman (Temecula)	1994
1:56.44	Carlos Duran (Vista)		2009	1:58.03	Oscar Pallido (Perris)	2003
1:56.55	John Baldaray (Arlington )		1997	1:58.09	Parker Schamun (Vista)	2010
1:56.55	Jeremiah Bias (Vista del Lago)		2015	1:58.10	*Chase Williams (Corona)	2009
1:56.57	*David Spangler (Hemet)		2011	1:58.11	Benard Njuki (Roosevelt)	2011
1:56.66	Thomas Polhill (Temecula)		2006	1:58.16	Supervoid Mack (Citrus Hill)	2012
1:56.67	Brian Harris (Murrieta)		2004	1:58.18	*** Solomon Fountain (Great Oak)	2014
1:56.68	Tyler MacDonald (Beaumont)		2010	1:58.18	Brandon Randall (Roosevelt)	2015
1:56.70	Tyler Rackleff (Great Oak)		2010	1:58.21	Dylan Owen (Vista)	2015
1:56.73	Dustin Russell (Temecula)		2002	1:58.25	Chris Malloy (Vista)	2015
1:56.80	Chris Gonzalez (Perris)		1981	1:58.29	*Jason Spatter (Corona)	2015
1:56.82	Darval Jackson )JW North		2016	1:58.32	Kevin Norton (Norte Vista)	2003
1:56.82	*Jacob Korgan (Great Oak)		2017	1:58.33	Jared Drinkard (La Sierra)	2009
1:56.9	Marco Zaragoza (Vista del Lago)		2011	1:58.35	*Tyler Janes (King)	2015
1:56.91	Matt Kern (La Sierra)		2002	1:58.37	*Stefon Young (Palm Springs)	2009
1:56.91	Nelson Maravilla (Desert Hot Springs)		2004	1:58.37	Evan Renck (Poly)	2014
1:56.92	James Hawkins (Palm Desert)		2006	1:58.38	Brandon Joseph (Poly)	2015
1:56.97	*David Luna (Indio)		2013	1:58.38	William Warner (Linfield)	2017
1:56.98	Alex Orozco (La Quinta)		2013	1:58.4	Rick Hormel (Hemet)	1986
1:57.0+	Sinclair (Perris)	1:57.7y	1935	1:58.4	Isaac Delgado (Vista)	2016
1:57.01	Carlos Ortega (Vista)		2007	1:58.41	Zach Selgado (Chaparral)	2004
1:57.02	Andrew Bengtswon (Poly)		2017	1:58.42	Ian Ritchie (Murrieta Valley)	2002
1:57.03	Jovani Hernandez (Canyon Springs)		2010	1:58.44	*Zachery Falcon (Temescal Canyon)	2016
1:57.15	Solomon Demeko-Ousman (Heritage)		2014	1:58.47	Jimmy Gauger (Corona)	2012
1:57.15	*Carlos Carvajal (Great Oak)		2017	1:58.47	* Austin Chavez (Palm Springs)	2014
1:57.17	Erick Juarez (Norte Vista)		2015	1:58.50	Stephan May Great Oak)	2007
1:57.17	Donovan Miller (Vista)		2017	1:58.50	Allen McBride (Arlington)	2008
1:57.19	Brad Baldwin (Centennial)		1998	1:58.51	John Nelson (Arlington)	1984
1:57.22	Austin Mckell (King)		2010	1:58.51	Andrew Ramirez (Corona)	2014
1:57.23	Nick Childers (Great Oak)		2009	1:58.53	**Trevor Nguru (Rancho Verde)	2017
1:57.24	Andre Brown (Canyon Springs)		2002	1:58.55	Stephen Foster (Poly)	2004
1:57.29	Danny Guy (La Sierra)		2002	1:58.56	Willie Contreras (North)	2011
1:57.3+	Richard Grout (North)	1:58.0y	1972	1:58.57	Geron Craig (Corona)	2005
1:57.3+	Escarsega (Perris)	1:58.0y	1979	1:58.57	Matt Smith (Vista)	2013
1:57.31	*Gavin Korby (Great Oak)		2017	1:58.58	*Kyle Warrick (Roosevelt)	2012
1:57.32	Kevin Vega (San Jacinto)		2011	1:58.58	** Carlos Moya (Roosevelt)	2014
1:57.33	Ryan Rigali (Great Oak)		2010	1:58.60	Justin Miller Centennial)	1997
1:57.34	**Julian Robles (Roosevelt)		2015	1:58.60	Blake Dieda (Murrieta Valley)	2005
1:57.35	Brett Campfield (Temecula)		2004	1:58.6+	Leon Gilmore (Poly)	1:59.3y 1954
1:57.35	*Andrew Nevarrez (Cathedral City)		2016	1:58.61	Bryan Covington (Great Oak)	2007
1:57.39	Armando Lerma (Indio)		1993	1:58.62	Shawn Williams (Great Oak)	2017
1:57.4+	Peyton (Beaumont)	1:58.1y	1973	1:58.63	Jesse Brooks (Woodcrest Chr)	2010
1:57.4+	M. Lewis (Perris)	1:58.1y	1974	1:58.65	Danny Guy (La Sierra)	2003
1:57.40	Jose Rodriguez (Rancho Verde)		2002	1:58.66	Segos Manyo (Indio)	2003
1:57.40	Trevor Smith (Arlington)		2008	1:58.7+	Stoud (Perris)	1:59.4y 1920
1:57.46	Julian Hernandez (Corona)		2012	1:58.7	Erik Gilbert (Norte Vista)	1994
1:57.51	*Carlos Ortega (Vista)		2008	1:58.73	Heladio Sanchez (Paloma Valley)	2002
1:57.51	Isaiah Madrigal (Roosevelt)		2017			
1:57.57	Brandon Berz (King)		2013			
1:57.6	Tony Croson (Temescal)		2000			
1:57.60	Cole Spencer (Great Oak)		2016	3:50.6	Mark Fricker (Hemet)	1977
1:57.69	**Branden Randall (Roosevelt)		2013	3:52.89	Raul Serratos (Moreno Valley)	1986
1:57.7+	J. Cooke (Corona)	1:58.4y	1966	3:56.09	Robert Frichtel (Hemet)	1996
1:57.71	Tim Lumpkin (Murrieta Valley)		1998	3:57.29	Joel Cota (Indio)	2003
1:57.71	Matt Gluck (Murrieta Valley)		1999	3:59.0'	Cruz Gallegos (Centennial)	1992
1:57.72	Stefon Young (Palm Springs)		2010	4:00.4	Alex Zamora (Coachella)	1989
1:57.72	Jonathan Lopez (Roosevelt)		2009	4:01.29	Irvin Moreno (Poly)	1997
1:57.76	*Casey Cruz (La Quinta)		2015	4:01.71	Jerry Toussaint (Norco)	1985
1:57.77	Chris Layman (Corona)		2000	4:02.36	Alfonso Ibana (Arlington)	1996
1:57.77	Noe Ramirez (Vista)		2009			
1:57.77	*Freddy Martinez (Perris)		2015			
1:57.78	Nick Skillern (Palm springs)		2011			
1:57.81	*James Williams (Vista del Lago)		2013	4:04.01	Isaac Cortes (Great Oak)	2016
1:57.8+	Barron (Coachella)	1:58.5y	1973	4:04.33	Tyler Janes (King)	2016
1:57.82	Tony Jones (North)		1985	4:06.4+	Mark Fricker (Hemet)	4:07.9y 1977
1:57.84	Mario Salazar (Indio)		2016	4:05.47	Spencer Dodds (Great Oak)	2016
1:57.85	Steve Gladwell (Norco)		1990	4:07.50+	Raul Arcos (Corona)	4:08.94y 2008
1:57.87	Cliff Curtis (Elsinore)		1991	4:08.74	Cole Spencer (Great Oak)	2016
1:57.87	*Danny Aquino (Mesa)		2013	4:09.58	Spencer Knight (La Sierra)	2006
1:57.87	Andrew Boebinger (King)		2014	4:09.88	Dylan Knight (La Sierra)	2006
1:57.90	Stehen Foster (Poly)		2005	4:10.28	*Solomon Fountain (Great Oak)	2016
1:57.93	Brandon Kerr (Canyon Springs)		1989	4:10.32	Robert Frichtel(Hemet)	1996
1:57.97	Alex Cisneros (Poly)		2012	4:10.63	Karson Fronk (Great Oak)	2011

## 1500 meters

3:50.6	Mark Fricker (Hemet)	1977
3:52.89	Raul Serratos (Moreno Valley)	1986
3:56.09	Robert Frichtel (Hemet)	1996
3:57.29	Joel Cota (Indio)	2003
3:59.0'	Cruz Gallegos (Centennial)	1992
4:00.4	Alex Zamora (Coachella)	1989
4:01.29	Irvin Moreno (Poly)	1997
4:01.71	Jerry Toussaint (Norco)	1985
4:02.36	Alfonso Ibana (Arlington)	1996

## 1600 meters

4:04.01	Isaac Cortes (Great Oak)	2016
4:04.33	Tyler Janes (King)	2016
4:06.4+	Mark Fricker (Hemet)	4:07.9y 1977
4:05.47	Spencer Dodds (Great Oak)	2016
4:07.50+	Raul Arcos (Corona)	4:08.94y 2008
4:08.74	Cole Spencer (Great Oak)	2016
4:09.58	Spencer Knight (La Sierra)	2006
4:09.88	Dylan Knight (La Sierra)	2006
4:10.28	*Solomon Fountain (Great Oak)	2016
4:10.32	Robert Frichtel(Hemet)	1996
4:10.63	Karson Fronk (Great Oak)	2011

4:11.41	Raul Serratos (Moreno Valley)		1987	4:21.5+	Martin (Ramona)	4:23.0y	1974
4:11.45	* Nicholas Doan (Great Oak)		2014	4:21.5+	Casey Perley (Indio)	4:23.0y	1978
4:11.57	Nick Woolf (Roosevelt)		2012	4:21.55	**Raymon Ornelas (Roosevelt)		2016
4:11.88	Solomon Fountain (Great Oak)		2017	4:21.57	Julian Hernandez (Corona)		2012
4:11.91	*David Luna (Indio)		2013	4:21.78	*Raymon Ornelas (Roosevelt)		2017
4:11.93+	Lane Werley (King)	4:13.41y	2011	4:21.82+	Casey Cruz (La Quinta)		2016
4:12.77	Porter Reddish (Vista)		2013	4:21.92	*John Hernandez (Vista)		2012
4:13.18	Aaron Potts (Roosevelt)		2012	4:21.98	David Luna (Indio)		2014
4:13.43	Kyle Warrick (Roosevelt)		2013	4:22.05	** Robbie Gleason (Great Oak)		2014
4:13.6+	Larry Conard (Corona)	4:15.1y	1966	4:22.19	Michael Munoz (Murrieta Valley)		2005
4:13.98	Brett Campfield (Temecula)		2004	4:22.29	Rondie Gibbs (Rubidoux)		1994
4:14.50	Joel Cota (Indio)		2003	4:22.34	Troy Collins (Hemet)		1989
4:14.70	Cruz Gallegos (Centennial)		1992	4:22.43	* Austin Chavez (Palm Springs)		2014
4:14.73	Brandon Messerly (Great Oak)		2012	4:22.54	Evan Dougherty (La Quinta)		2012
4:14.78	* Cobie Chavez (Temescal)		2014	4:22.59	Chris Sanchez (Indio)		2010
4:15.44	Noe Ramirez (Vista)		2008	4:22.7	James Pendergraph (Norte Vista)		1991
4:15.55	Victor Delgado (Beaumont)		2009	4:22.76	Robert Frost (Hemet)		1996
4:15.88+	Matt Kern (La Sierra)	4:17.36y	2002	4:22.76	Hector Hernandez (Canyon Springs)		2014
4:16.18	Drew Dalton (Vista)		2010	4:22.77	*Tyler Huntley (North)		2010
4:16.27	*Carlos Carvajal (Great Oak)		2017	4:22.81	*Garrett Mullennix (Vista)		2013
4:16.37+	Emmanuel Ngula (Vista del Lago)	4:17.86y	2009	4:22.86	Michael Garcia (Great Oak)		2016
4:16.38	Nelson Quintana (Great Oak)		2016	4:22.93	Carlos Ramirez (King)		2015
4:16.47	Andrew Boebinger (King)		2016	4:22.96	Troy Nelson (La Sierra)		1985
4:16.49+	Erik Gonzalez (Rubidoux)		2017	4:22.96	Daniel Gonzalez (King)		2016
4:17.07	Steve Norton (La Sierra)		2008	4:23.01	Noah Macias (Cathedral City)		2015
4:17.15	*Edgard Villa (Vista)		2017	4:23.09	*Aaron Potts (Roosevelt)		2011
4:17.20	Alfonso Ibarra (Arlington)		1996	4:23.18	Wesley Bowen (Great Oak)		2016
4:17.43	Kellen Acosta (Murrieta)		2003	4:23.20	Marcos Avila (Beaumont)		1997
4:17.94	Jake Jeanson (Woodcrest Christian)		2009	4:23.22	Clayton Dunn (Moreno Valley)		2002
4:18.01	*Nathan Torres (King)		2012	4:23.23+	*Julian Hernandez (Corona)	4:24.77y	2011
4:18.14	Edgar Cobian (La Sierra)		2012	4:23.26	Trevor Henson (Paloma Valley)		2011
4:18.35	Brandon Randell (Roosevelt)		2015	4:23.29	*Carlos Delatorre (Patriot)		
4:18.49	*Michael Gauger (Corona)		2010	4:23.30	Willy Carillo (Moreno Valley)		1992
4:18.83	Isaiah Thompson (Sherman Indian)		2013	4:23.38	*Juan Ambriz (JW North)		2015
4:18.67	Josh Mejia (Perris)		2005	4:23.4+	Ron Bezenah (Rubidoux)	4:24.9y	1978
4:18.79	Tony Robinson (Great Oak)		2016	4:23.43	*Humberto Gonzalez (Rancho Verde)		2017
4:18.8	Marco Zaragoza (Vista del Lago)		2011	4:23.48	Alex Lopez (Great Oak)		2013
4:18.9+	Mike Melendez (Norco)	4:20.4y	1979	4:23.54	Jeremy Romero (Heritage)		2016
4:18.91	Enrique Villa (Corona)		2017	4:23.6	Marco Ocequera (Rubidoux)		1989
4:18.94	Juan Ambriz (JW North)		2016	4:23.73	*Jacob Korgan (Great Oak)		2017
4:18.99	Irvin Moreno (Poly)		1997	4:23.77	David McDonald (Vista)		2008
4:19.02	Jerry Toussaint (Norco)		1985	4:23.81	*Tyler Spencer (Roosevelt)		2017
4:19.06	Chris Malloy (Vista)		2015	4:23.88	Alan Cuevas (Corona)		2010
4:19.13	Chris Layman (Corona)		2000	4:23.96	*Zachary Castor (Paloma Valley)		2013
4:19.19	*Gavin Korby (Great Oak)		2017	4:23.99	Chase Williams (Corona)		2009
4:19.33	Chase Welch (Vista)		2008	4:24.00	Ryan Gallagher (Temecula)		1997
4:19.52	Ryan Jones (Great Oak)		2016	4:24.0	Robert Garcia (Canyon Springs)		1989
4:19.61+	**Kevin Ramos (Rubidoux)		2017	4:24.2+	Wayne Lemmons (Poly)	4:25.7y	1956
4:19.81	Alex Zamora (Coachella)		1989	4:24.20	Humberto Guzman (Rubidoux)		2017
4:19.81	Matt Brown (Corona)		1996	4:24.22	*Vincent Martinez (Chaparral)		2017
4:19.84	Alec Hall (Norco)		2016	4:24.26	Zach Marx (Santiago)		2006
4:19.87	*Mario Salazar (Indio)		2015	4:24.26	*Jared Angle (Vista)		2017
4:20.07	*Omar Solis (Vista)		2012	4:24.27	Owen Tyler (Vista)		2008
4:20.19	Tyler Huntley (North)		2011	4:24.33	Edgard Villa (Vista)		2016
4:20.40	*Ray Noble (Valley View)		2010	4:24.41	* Gilbert Robles (Corona)		2014
4:20.51	Nelson Maravilla (Desert Hot Springs)		2004	4:24.43	Andres Delgado (Beaumont)		2016
4:20.59	Sergio Trujillo (Rubidoux)		1988	4:24.50	*AJ Hutchinson (Canyon Springs)		2001
4:20.62	Jonathan Lopez (Roosevelt)		2009	4:24.53	Connor Pastoor (Murneta Valley)		2007
4:20.71	David Haskell (Elsinore)		1989	4:24.54	*Wayne Richards (Roosevelt)		2017
4:20.74	Tristian Sylva (Paloma Valley)		2017	4:24.70	**Omar Caro (Norte Vista)		2011
4:20.79	**Kyle Pendleton (Santiago)		2016	4:24.76	Kevin Vega (San Jacinto)		2010
4:20.9	Andy Marshall (Temecula)		1990	4:24.79	Ian Enriquez (Corona)		1994
4:20.95	Oscar Ayala (Great Oak)		2014	4:24.92	Jonathan Carrillo (Shadow Hills)		2012
4:20.98	Patrick Milloy (Murrieta Valley)		2005	4:24.94	Jaleel Turner (Rancho Verde)		2017
4:21.01	Antonio Jimenez (Rubidoux)		2003	4:25.01	Jose Blanco (Canyon Springs)		2006
4:21.01	Andrew Nevarez (Cathedral City)		2017	4:25.04	Cliff Curtis (Elsinore)		1992
4:21.07+	Kaden Lapham (Great Oak)	4:22.59y)	2013	4:25.04	Beto Larias (Beaumont)		2003
4:21.18	Shawn Sleeper (Paloma Valley)		2013	4:25.12	Angel Guerrero (Rancho Verde)		2002
4:21.18	* Josh Silva (Corona)		2014	4:25.18	Jared Forte (Elsinore)		2011
4:21.20	*Alex Orozco (La Quinta)		2012	4:25.2	Rick Hormel (Hemet)		1986
4:21.25	Anthony Adamuci (Temecula)		2002	4:25.23	Tanner Long (Mesa)		2013
4:21.3	Brandon Kerr (Canyon Springs)		1989	4:25.26	Immanuel Hutchinson (San Jacinto)		2011
4:21.40	Isaiah Madrigal (Roosevelt)		2017	4:25.26	Zack Castor (Paloma Valley)		2014
4:21.46	Brenden Emery (Great Oak)		2012	4:25.35	Brandon Berz (King)		2013

4:25.36	Matt Phares (Canyon Springs)	2008	9:11.49	*Trevor Woodward (Centennial)	2017
4:25.38	Victor Ortiz (Rubidoux)	2003	9:12.86	Branden Randall (Roosevelt)	2015
4:25.40	Mark Castro (North)	1982	9:13.25	Bryce Rausa (Vista)	2010
4:25.40	Jack Balder (Great Oak)	2013	9:13.79	Jack Balder (Great Oak)	2013
4:25.42	Thomas Polhill (Temecula)	2006	9:13.8+	Ralph Gallegos (Coachella)	9:17.0y 1970
4:25.52	Julian Lopez (Roosevelt)	2009	9:14.70	**Kevin Ramos (Rubidoux)	2017
4:25.52	*Ruben Danielsen (Rancho Verde)	2009	9:14.79	Brett Campfield (Temecula)	2004
4:25.53	Joshua Massey (Santiago)	2010	9:16.12	Ryan Gallagher (Temecula)	1997
4:25.55	*Jeomar Muro (Vista)	2012	9:16.77	*Jacob Korgan (Great Oak)	2017
4:25.60	Jesus Lopez-Martinez (Indio)	2016	9:17.91	Alan Cuevas (Corona)	2010
4:25.67	Joey Cornejo (Indio)	2001	9:18.08	Jake Jeanson (Woodcrest Christian)	2009
4:25.69	Jesse Brooks (Woodcrest Chr)	2010	9:18.09	Gabriel Hernandez (Rubidoux)	1998
4:25.7	Carlos Handler (Temescal)	1999	9:18.1	Ian Enriquez (Corona)	1995
4:25.71	Kevin Arnold (Murrieta Valley)	2001	9:18.22	Tony Robinson (Great Oak)	2016
4:25.75	Mueen Ghoury (Rubidoux)	2011	9:18.40	*Michael Conart (Woodcrest Christian)	2015

### 3000 meters

8:28.8'	Cruz Gallegos (Centennial)	1992	9:19.49	Raul Arcos (Corona)	2008
8:32.85	Antonio Jimenez (Rubidoux)	2003	9:19.63	David Aguilar (Corona)	2013
8:37.4'	Rondie Gibbs (Rubidoux)	1994	9:19.88	*Solomon Fountain (Great Oak)	2016
8:44.5	Steve Strehlow (Norco)	1982	9:20.04	Trevor Henson (Paloma Valley)	2011
8:44.7	Marco Ocequera (Rubidoux)	1989	9:20.96	*Edward Villa (Vista)	2017
8:44.9	Raul Serratos (Moreno Valley)	1985	9:21.07	Tyler Janes (King)	2015
8:46.32	Patrick Swick (Chaparral)	2003	9:21.50	Enrique Villa (Corona)	2017
8:46.81	Chris Layman (Corona)	2000	9:21.75	Kyle Warrick (Roosevelt)	2013
8:46.89	Brett Campfield (Temecula)	2003	9:21.85	Daniel Gonzalez (King)	2016
8:49.3	Anthony Flores (Murrieta)	1999	9:22.34	Matt Brown (Corona)	1996
8:49.6'	Ryan Gallagher (Temecula)	1997	9:22.46	Josh Silva (Corona)	2015
8:50.11	Ian Enriquez (Corona)	1994	9:22.50	*Porter Reddish (Vista)	2012
8:52.2	Simon Mudd (Poly)	1994	9:22.74	Mike Munoz (Murrieta Valley)	2006
8:54.0	Koinva (Sherman)	1987	9:23.00	David McDonald (Vista)	2008
8:54.9	Alex Zamora (Coachella)	1989	9:23.07	Steven Crum (Santiago)	2007
8:55.89	Alfonso Ibarra (Arlington)	1996	9:24.12	Jayden Emerson (Hemet)	2015
8:56.3	Aaron Thompson (Norco)	1991	9:24.28	David McCutcheon (Murrieta)	2008
8:57.2'	Luis Sandoval (Coachella)	1992	9:24.43	Jonathan Lopez (Roosevelt)	2009
8:58.05	Nicholas Jacaques (Hemet)	1997	9:24.5	Anthony Flores (Murrieta)	1999
8:59.1	Joe Vickers (Moreno Valley)	1985	9:24.7+	Scott Foreman (Ramona)	9:28.0y 1966
8:5 9.5'	Rafael Castro (San Jacinto)	1992	9:24.7	Raul Serratos (Moreno Valley)	1985
9:00.48	Manual Andrade (Coachella Valley)	1996	9:24.91	Karson Fronk (Great Oak)	2011
9:00.9'	James Pendergraph (Norte Vista)	1991	9:25.20	Brett Vogelsang (Beaumont)	2017
9:02.3'	Kevin Bean (Norco)	1991	9:25.48	Omar Caro (Norte Vista)	2013
9:02.21	Adam Sidoti (La Sierra)	2005	9:26.10	*Marcos Villa (Santiago)	2017
9:03.4	Hugo Rios (Indio)	1985	9:26.13	Kellen Acosta (Murrieta)	2002
9:03.9	Matt Brown (Corona)	1996	9:26.6+	Charles Rednick (Sherman)	9:29.9y 1978
9:05.5	Jerry Toussaint (Norco)	1985	9:27.11	Chris Sanchez (Indio)	2010
			9:27.4	Brandon Messerly (Great Oak)	2012
			9:27.5+	Luis Terronis (Indio)	9:30.8y 1979
			9:27.63	Julian Lopez (Roosevelt)	2009
			9:27.75	Eddie Carrillo (Great Oak)	2012
			9:27.76	Robert Garcia (Canyon Springs)	1990
			9:27.83	Eric George (Corona)	2014
			9:27.88	Alex Muricio (Rubidoux)	1999
			9:28.0	Carlos Handler (Temescal)	1999
			9:28.01	**Jacob Korgan (Great Oak)	2016
			9:28.30	Juan Ambriz (JW North)	2016
			9:28.52	Kevin Arnold (Murrieta)	2001
			9:28.80	Anthony Merado (Murrieta)	2004
			9:28.94	Connor Pastoor (Murrieta)	2007
			9:29.08	* Kyle Brown (Elsinore)	2014
			9:29.28	Gus Arce (Corona)	1987
			9:29.34	Julian Hernandez (Corona)	2012
			9:29.35	Chris Layman (Corona)	2000
			9:29.6	Alfonso Ibarra (Arlington)	1996
			9:29.7+	Ron Bezenah (Rubidoux)	9:33.0y 1978
			9:29.91	Joe Casco (King)	2013
			9:29.97	Breden Emery (Great Oak)	2012
			9:30.10	***Gabriel Abbes (Great Oak)	2017
			9:30.2+	Mike Lohr (Hemet)	9:33.5y 1976
			9:30.61	Robert Lopez (Santiago)	2013
			9:30.63	** Robbie Gleeson (Great Oak)	2014
			9:30.82	Irving Moreno (Poly)	1997
			9:30.95	Rick Hormel (Hemet)	1986
			9:31.18+	Jim Walker (Palm Springs)	9:34.51y 1983
			9:31.42	L. Koinva (Sherman)	1987
			9:31.48	Nezanet Woldai (Valley View)	2009

### 3200 meters

8:51.85	Cole Spencer (Great Oak)	2016			
8:53.21	Lane Werley (King)	2011			
8:53.3+	Steve Alvarez (Coachella)	8:56.4y 1977			
8:55.20	Spencer Dodds (Great Oak)	2016			
8:56.2+	Mark Fricker (Hemet)	8:59.3y 1977			
8:56.93	Tyler Janes (King)	2016			
9:00.28	Isaac Cortes (Great Oak)	2016			
9:02.90	Cruz Gallegos (Centennial)	1992			
9:04.68	*Omar Caro (Norte Vista)	2012			
9:05.16	Antonio Jimenez (Rubidoux)	2003			
9:05.18	Dylan Knight (La Sierra)	2007			
9:05.04	*David Luna (Indio)	2013			
9:05.57	Drew Dalton (Vista)	2010			
9:05.86	Nick Doan (Great Oak)	2014			
9:06.0+	Mike Melendez (Norco)	9:09.2y 1979			
9:06.59	Noe Ramirez (Vista)	2009			
9:07.09	Spencer Knight (La Sierra)	2006			
9:07.95	Patrick Millo (Murrieta Valley)	2005			
9:08.22	**Raymon Ornelas (Roosevelt)	2016			
9:08.28	Nick Woolf (Roosevelt)	2012			
9:08.39	Erik Gonzalez (Rubidoux)	2017			
9:08.54	*Carlos Carvajal (Great Oak)	2017			
9:08.65	Brian Baker (Beaumont)	2003			
9:09.10	*Spencer Dodds (Great Oak)	2015			
9:09.22	Rondie Gibbs (Rubidoux)	1994			
9:09.49	*Tyler Spencer (Roosevelt)	2017			

9:31.6 Joey Pacheco (Canyon Springs)  
 9:31.62 \*Brandon Berz (King)  
 9:31.68 Garrett Williams (Corona)  
 9:31.71 \* Andres Vizcarra (Beaumont)  
 9:31.96 Luis Sandoval (Coachella)  
 9:31.62 Kevin Bean (Norco)  
 9:32.39 \* Liam Brooks (Corona)  
 9:32.57 Tyler Huntley (North)  
 9:32.58 Christian Rodriguez (Elsinore)  
 9:32.73 \*\*Kyle Brown (Elsinore)  
 9:32.8+ Jim Winn (Arlington) 9:36.0y  
 9:32.81 Joel Cota (Indio)  
 9:33.00 \*\*\*Raul Chavez (Roosevelt)  
 9:33.18 Victor Delgado (Beaumont)  
 9:33.22 Emilio Nunez (Valley View)  
 9:33.27 James Pendergraph (Norte Vista)  
 9:33.47 Raefel Castro (San Jacinto)  
 9:33.54 Ricardo Nevarez (Cathedral City)  
 9:33.79 Uriel Medina (Corona)  
 9:33.96 Nicholas Jacques (Hemet)  
 9:34.08 Ricardo Rodriguez (Elsinore)  
 9:34.29 Dillon Emery (Great Oak)  
 9:34.3 Joe Vickers (Moreno Valley)  
 9:34.32 Ankur Joshi (Indio)  
 9:34.45 \*\*Jared Angle (Elsinore)  
 9:34.60 Manual Andrade (Coachella Valley)  
 9:35.09 Solomon Fountain (Great Oak)  
 9:35.21 \* Luis Ramos (Rubidoux)  
 9:35.23 Kaden Lapham (Great Oak)  
 9:35.27 Rudy Flores (La Sierra)  
 9:35.29 Chase Welch (Vista)  
 9:35.42 Kevin Chamberlain (Great Oak)  
 9:35.70 \*\*Chris Brisenno (Hertage)  
 9:35.76 Patrick Milloy (Murrieta)  
 9:35.82 Aaron Potts (Roosevelt)  
 9:36.34 \*Justin Eipp (Great Oak)  
 9:36.40 Blake Starbuck (Corona)  
 9:36.5+ Steve Strehlow (Norco) 9:39.9y  
 9:36.52 Justin Eipp (Great Oak)  
 9:36.58 \* Christian Lopez (Vista del Lago)  
 9:36.66 Evan Dougherty (La Quinta)  
 9:37.72 \*\*Daniel Alvarez (Patriot)  
 9:36.77 Cyrus Bastani (Corona)  
 9:36.87 \* Trevor Knaus (Vista)  
 9:36.91 Hugo Rios (Indio)  
 9:36.96 \*\*\*Kevin Ramos (Rubidoux)  
 9:37.4 Ben Barragon (Valley View)  
 9:37.79 \*Kevin Chamberlain (Great Oak)  
 9:37.90 Connor Thurmond (Chaparral)  
 9:37.98 \*Antonio Carvajal (Chaparral)  
 9:38.0 Joseph Aguilar (Arlington)  
 9:38.05 Anthony Mercado (Murrieta)  
 9:38.14 Trevor Woodward (Centennial)  
 9:38.53 Doug Palmer (Beaumont)  
 9:39.0 Adam Sidoti (La Sierra)  
 9:39.08 \*\*Jeremy Beck (Roosevelt)  
 9:39.51 Michael Hewitt (Great Oak)  
 9:39.64 \*Wayne Richards (Roosevelt)  
 9:39.70 \*Hector Hernandez (Canyon Springs)  
 9:39.77 Pedro Sandoval (Rubidoux)  
 9:39.83 Zach Marx (Santiago)  
 9:39.86 \*Marco Zaragoza (Vista del Lago)  
 9:39.86 Carlos Ramirez (King)  
 9:39.88 \*\*Victor Urbina (Indio)  
 9:39.9 Robert Frost (Hemet)  
 9:39.97 Marcos Avila (Beaumont)

### 3000m Steeplechase

10:18.13 Austin Langley (La Sierra)

### 5000 meters

14:31.57 Lane Werley (King)  
 14:56.88 Raul Arcos (Corona)

2001 15:05.24 Cyrus Bastani (Corona) 2004  
 2012 15:09.61 Omar Gonzalez(Centennial) 2009  
 2012 15:11.37 Michael Gauger (Corona) 2011  
 2014 15:15.83 Dylan Knight (La Sierra) 2007  
 1992 15:18.76 Alan Cuevas (Corona) 2010  
 1991 15:21.78 David Aguilar (Corona) 2013  
 2014 15:29.97 Joe Casco (King) 2013  
 2011 15:46.23 Patrick Mynes (Corona) 2009  
 2014 15:46.83 Daniel Wilcox (Corona) 2004

### Marathon

2:41.17 Mike Lohr (Hemet) 1976  
 2:43.01 Louie Terrones (Indio) 1979

### 110m High Hurdles

2010 13.78 Cameron Samuel (Rancho Verde) 2017  
 2017 13.81 Koty Burton (LaQuinta) 2016  
 1997 13.82 Jeff Garrison (North) 2001  
 2016 13.14c Dan Jones (Palo Verde) 13.6 1972  
 2014 13.84c Mike Harris (Indio) 13.6 1974  
 1985 13.91 Anthony Easter (Roosevelt) 2017  
 2007 13.94c Roger Moody (Corona) 13.7 1964  
 2016 13.97 Robert Williams (Ramona) 2005  
 1995 14.01 Chris Chrisman (Poly) 1981  
 2017 14.06 Danny Harris (Perris) 1983  
 2014 14.08 Dylan Nielson (Palm Desert) 2006  
 2013 14.09 Chris Johnson (Arlington) 2001  
 2016 14.13 \*Torrey Atkins (Hentage) 2014  
 2008 14.14c Robert Bonds (Poly) 13.9 1960  
 2012 14.14 Brandon Howard (La Sierra) 2005  
 2016 14.16 Ken Shaw (San Jacinto) 2007  
 2006 14.27 Kiethyon Moten (Indio) 2012  
 2012 14.31 Dillon Lay (King) 2017  
 2016 14.32 Bruce Dunams (North) 1993  
 2017 14.32 Jason Williams (Notre Dame) 2000  
 1982 14.34c Will Ector (Palo Verde) 14.1 1970  
 2017 14.37 Darion Williams (Vista) 2012  
 2014 14.38 Peter Manu (Vista) 2014  
 2012 14.41 Ronald Howard (North). 2002  
 2017 14.41 \*Jazz Trice (Chaparral) 2005  
 2004 14.42 Chris Johnson (Arlington) 2000  
 2014 14.42 Jeremy Thornburg (Cathedral City) 2000  
 1985 14.42 Austin Hill (Roosevelt) 2010  
 2016 14.43 Chris Navarro (Vista) 2010  
 2011 14.43 Darion Williams (Vista) 2011  
 2011 14.44c Vince Rivas (Coachella) 14.2 1967  
 2014 14.44c Stone (Perris) 14.2 1977  
 2017 14.44 Jonte Turner (Indio) 2011  
 2011 14.45 Tony Crutchfield (North) 2008  
 2002 14.45 Nick Abboud (King) 2015  
 2016 14.47 Randy Brown (Canyon Springs) 1998  
 2013 14.48 William Brown (Perris) 2005  
 2005 14.50 Donny Thompson (Canyon Springs) 2004  
 2013 14.51 Jon Cooper (Palo Verde) 1999  
 2012 14.51 David Williams (Santiago) 2009  
 2017 14.52 Jovan Grady (Rancho Verde) 2002  
 2013 14.53 Anthony Verret (Perris) 1986  
 2014 14.54c Kelly (Perris) 14.3 1976  
 2006 14.54c Norris (Coachella) 14.3 1978  
 2010 14.54 Avery Anderson (North) 1990  
 2014 14.54 Ryan Woods (La Quinta) 2007  
 2017 14.55 Gus Ibarra (La Quinta) 2003  
 1996 14.58 Mike Powers (Chaparral) 2008  
 1997 14.58 Elvis Pompa (Corona) 2014  
 14.59 William Shropshire (North) 1988  
 14.60 Kenny Shaw (Hemet) 2005  
 2003 14.60 Kenny King (Canyon Springs) 2006  
 2003 14.60 Duane Soloman (Great Oak) 2012  
 14.61 Mike Powers (Chaparral) 2007  
 14.62 Kurt Siebert (Norco) 2000  
 2011 14.64c Larry Prielipp (Corona) 14.4 1964  
 2008 14.64c Steve Mack (Palo Verde) 14.4 1968  
 14.64c K. Jones (Perris) 14.4 1974

14.64c	Sam Bryant (Palo Verde)	14.4	1983	14.51	Mike Powers (Chaparral)	2008
14.65	Tyrone Thomson (Ramona)		2001	14.51	* Orlando Wallace (Cathedral City)	2014
14.65	Leandre Butler (Rubidoux)		2003	14.56	*Alex Gillison (Palm Springs)	2013
14.65	Nick Rack (Vista)		2015	14.58	Chris Lawson (Great Oak)	2007
14.66	Bernard Erby (North)		1982	14.58	*Ricky Wisdom (La Quinta)	2013
14.70	Dupree Gant (Centennial)		2002	14.60	Corey Corder (Murrieta)	2009
14.71	Brian Thompson (Valley View)		2003	14.63	LeAndre Butler (Rubidoux)	2003
14.72	Derreck Affor (Beaumont)		2016	14.64	Leran Hutchings (Roosevelt)	2011
14.73	Todd King (Poly)		1984	14.65	George Woods (Rubidoux)	1989
14.74c	Tom Chatham (Poly)	14.5	1956	14.68	Sammy Roberts (Beaumont)	2014
14.74c	Carl Butler (Palo Verde)	14.5	1959	14.70	Dupree Gant (Centennial)	2002
14.74c	LaRue Palmer (North)	14.5	1970	14.70	Phil Martin (Canyon Springs)	2004
14.74c	C. Sweeney (Perris)	14.5	1974	14.71	Aaron Paisley (Murrieta Valley)	2013
14.74c	Love (Palo Verde)	14.5	1978	14.73	Jonathon Williams (Roosevelt)	2010
14.74c	Richie Cox (Palo Verde)	14.5	1984	14.73	Mike Graf (Vista)	2012
14.74	Namar Burton (Vista)		2007	14.74c	Jonathon Harrison (Hemet)	14.5 2002
14.75	Corey Corder (Murrieta)		2009	14.74	* Galin Sweringen (La Quinta)	2014
14.75	John Cusey (Temecula Valley)		2013	14.77	Sam Jeter (King)	2007
14.76	Mark McCall (Corona)		1989	14.82	Keston Roach (King)	2011
14.76	Mike Graf (Vista)		2012	14.84	Matt Kirkendall (Heritage)	2013
14.77	Leran Hutchings (Roosevelt)		2011	14.88	Shane Greene (Hemet)	2007
14.78	Bradley Alexander (Canyon Springs)		2015	14.88	*Sammy Roberts (Beaumont)	2013
14.79	Ben Ijah (Murrieta)		2010	14.89	Jacob Rennick (Mesa)	2015
14.80	Michael Hernandez (Valley View)		2005	14.90	Mickey Grimes (Moreno Valley)	1994
14.80	*Jonte Turner (Indio)		2010	14.91	**Josh Jeter (King)	2010
14.81	Scott Melatti Centennial)		2002	14.91	Aaron Woods (Heritage)	2013
14.82	Phil Martin (Canyon Springs)		2004	14.92	Brian Cervantes (Indio)	2016
14.82	Chris Lawson (Great Oak)		2007	14.93	Michael Wright (Norco)	2015
14.84c	Neil Smith (Poly)	14.6	1965	14.94c	Rah Valdiva (Corona)	14.7 1979
14.84c	Ramon Alvarado (Coachella)	14.6	1979	14.95	Jake Deavers (Lakeside)	2008
14.84c	Ronnell Lawson (Canyon Springs)	14.6	1991	14.95	Jaeon David (Vista del Lago)	2009
14.84c	Ehrin Enriquez (Norco)	14.6	1999	14.95	Josh Jeter (King)	2012
14.84	Anthony Anderson (Canyon Springs)		2007	14.98	William Lopez (Perris)	2007
14.85	Brett Turnage (Moreno Valley)		2000	14.99	Curtis Gomez (Murrieta)	2010
14.85	Orlando Wallace (Cathedral City)		2015	14.99	John Cusey (Temecula Valley)	2013
14.86	Jeremy Burns (Perris)		2005			
14.88	*Jaden Ellis (Vista del Lago)		2017			
14.89	Aaron Paisley (Murrieta Valley)		2013			
14.90	Sam Jeter (King)		2007			
14.91	Micahel Games (Norte Vista)		1997			
14.93	Stone O'Reily (Hemet)		1997			
14.93	Matthew Kirkendall (Heritage)		2013			
14.93	Teryan Brown (Tahquitz)		2015			
14.94c	Taylor (North)	14.7	1972			
14.94c	Hamilton (Palm Springs)	14.7	1973			
14.94c	George Woods (Rubidoux)	14.7	1989			
14.94c	Clarence Hogan (North)	14.7	1980			
14.94	Joran Bean (Palo Verde)		2000			
14.94	Jose Castellon (Rubidoux)		2017			
14.95	Josh Jeter (King)		2012			
14.97	Tony Torres (Santiago)		2009			
14.97	Soloman Ijah (Murrieta Valley)		2011			
14.97	Sammy Roberts (Beaumont)		2014			
14.98	Casey Zimmerman (Temecula)		1998			
14.98	Mike Hernandez (Valley View)		2006			
14.98	Jonathan Williams (Roosevelt)		2010			
14.99	Todd Clark (Centennial)		1991			

#### Wind-Aided:

14.04	* Torrey Atkins (Heritage)		2014			
14.12	Jonte Turner (Indio)		2011			
14.17	*Jazz Trice (Chaparral)		2005			
14.20	Austin Hill (Roosevelt)		2010			
14.21	Darion Williams (Vista)		2012			
14.24c	William Brown (Perris)	14.0	2005			
14.24	*Kiethyon Moten (Indio)		2011			
14.28	Dylan Nielson (Palm Desert)		2006			
14.30	Duane Soloman (Great Oak)		2012			
14.31	Peter Manu (Vista)		2014			
14.32	Ryan Muir (San Jacinto)		2015			
14.36	Brian Thompson (Valley View)		2003			
14.40	*Jonte Turner (Indio)		2010			
14.41	Ronald Howard (North)		2002			
14.42	Tony Crutchfield (North)		2008			
14.44c	Jovan Grady (Rancho Verde)	14.2	2002			

## 120 Yd 42" High Hurdles

14.5	Robert Bonds (Poly)	1960
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## 180 Yd Low Hurdles

18.5	Dan Jones (Palo Verde)	1972
18.7	Mike Harris (Indio)	1973
18.8	Robert Bonds (Poly)	1960
19.0	Larry Thompson (Ramona)	1971
19.1	Roger Moody (Corona)	1963
19.1	Jim Holmes (Ramona)	1962
19.1	Roger Aldridge (North)	1968

## 220 Yd Low Hurdles

23.8	House (Poly)	1915
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## 330 Yd Low Hurdles (30")

35.52	Danny Harris (Perris)	1983
36.25	Chris Chrisman (Poly)	1981
36.50	Sebron Flenough (Perris)	1983
38.13	Sam Bryant (Palo Verde)	1983
38.32	Roman Alvarado (Coachella)	1979
38.44	James Austin (Perris)	1979
38.44c	Ray Valdivia (Corona)	38.2 1979
38.84c	Covey (Hemet)	38.6 1976
38.84c	Thegg Brown (Poly)	38.6 1982
39.04c	Stone (Perris)	39.8 1977
39.24c	Holmes (Ferris)	39.0 1976
39.30	Love (Palo Verde)	1978
39.38	Heldorn (Perris)	1983
39.54c	Freeman (Indio)	39.3 1982
39.64c	Wilcox (Ferris)	39.4 1980
39.64c	Erby (North)	39.4 1982



### 300m Inter. Hurdles (36")

			39.16	Jonathan Burton (Rancho Verde)	2017
			39.17	Robert Taylor (La Sierra)	2010
			39.20	Antoine Adkins (Moreno Valley)	1992
			39.24	Tim Sebastian (North)	2006
			39.24	Billy Britt (Elsinore)	2010
			39.27	Milton Williams (Rancho Verde)	2014
			39.28	Randy Brown Canyon Springs	1997
			39.32	Dante Reese (Canyon Springs)	1994
			39.32	Matt Kirkendall (Heritage)	2013
			39.32	**Reyte Rash (King)	2017
			39.33	Danny Hollingsworth (San Jacinto)	2000
			39.33	Derreck Affor (Beaumont)	2016
			39.34	*Lucas Anotado (Roosevelt)	2017
			39.36	Jonathan Williams (Roosevelt)	2010
			39.38	Matt Giesler (Palm Springs)	2003
			39.38	*Zach Holbert (Hemet)	2012
			39.41	Ricie Gilmore (Rubidoux)	1992
			39.41	Mason MacKinnon (Norco)	1995
			39.41	**Torrey Atkins (Heritage)	2013
			39.42	Brian Thompson (Valley View)	2003
			39.44c	Chris Cauley (Perris)	39.2 1988
			39.45	Casey Birchard (Murrieta)	2007
			39.45	*Mathew Williams (Vista del Lago)	2011
			39.47	LeAndre Butler (Rubidoux)	2003
			39.47	*Blake Bergstrom (King)	2013
			39.48	Cinque Powell (North)	1993
			39.51	Mike Powers (Chaparral)	2008
			39.50	Delvonte Deary (La Sierra)	1999
			39.52	Sam Jeter (King)	2007
			39.54c	Nick Neal (North)	39.3 2001
			39.54c	Carl McGargo (Murrieta)	39.3 2007
			39.55	*Chris Keele (Vista)	2009
			39.55	Nick Rack (Vista)	2015
			39.56	Michael Wright (Norco)	2015
			39.56	**Cameron Samuel (Rancho Verde)	2015
			39.58	Tony Crutchfield (North)	2008
			39.64c	Chris Schouten (Hemet)	39.4 2002
			39.64	Teddy McCord (Perris)	2011
			39.64c	***Koty Burton (La Quinta)	2013
			39.66	Kevin Powell (Beaumont)	2004
			39.70	Matt Boudreau (Murrieta)	2009
			39.74c	Vashon Sudds (Rubidoux)	39.6 1994
			39.74	Gus Ibarra (La Quinta)	2003
			39.74c	Robert Williams (Ramona)	39.6 2005
			39.75	Jason Williams (Notre Dame)	2000
			39.77	Senghor Joseph (Poly)	2013
			39.79	Dj Moore (Vista)	2011
			39.79	*Jack Miller (Corona)	2012
			39.80	Aaron Wright (Canyon Springs)	1996
			39.82	*Jaeon Davis (Vista del Lago)	2008
			39.82	Michael Brown (Corona)	2011
			39.84	Israel Johnson (Beaumont)	1986
			39.84	DeAndre Watson (La Sierra)	1995
			39.84c	Nate Koch (Temecula)	39.7 2005
			39.85	Chris Alexander (Temecula)	1990
			39.85	Jamie Anderson (Poly)	1991
			39.85	Brandon Howard (La Sierra)	2005
			39.85	Alex Morse (Temecula)	2010
			39.86	Ronnell Lawson (Canyon Springs)	1991
			39.86	Mike Powers (Chaparral)	2007
			39.86	Tre Taylor (Vista)	2007
			39.87	Khyner White (King)	2010
			39.90	Ron Howard (Moreno Valley)	2001
			39.91	Joshua Moxley (Moreno Valley)	2010
			39.93	Josh Ramirez (Chaparral)	2001
			39.94	Jeremy Burns (Perris)	2003
			39.94	Ben Suescan (La Sierra)	39.8 2004
			39.94	Namar Burton (Vista)	2007
			39.94	Curtis Gomez (Vista)	2010
			39.95	Ramon Marshall (Rancho Verde)	2009
			39.95	Alberto Rodriguez (San Jacinto)	2013
			39.96	Anthony Butts (Ramona)	2015
			39.97+	Dave Christian (Norco)	40.20y 1990
			39.97	*Tanner Henry (Corona)	2010
			39.98	Tyrell Washington (Desert Hot Springs)	2011
35.02	Reggie Wyatt (La Sierra)	2009			
35.90	**Reggie Wyatt (North)	2007			
36.30	Jeff Garrison (North)	2001			
36.34	Koty Burton (La Quinta)	2015			
36.34	Cameron Samuel (Rancho Verde)	2017			
36.34	Anthony Easter (Roosevelt)	2017			
36.59	Mickey Grimes (Canyon Springs)	1995			
37.23	Jeremiah Ruger (Great Oak)	2017			
37.26	Duane Soloman (Great Oak)	2012			
37.26	Qwentin Workman (Temecula Valley)	2017			
37.28	Zach Lewis (Ramona)	2012			
37.29	Austin Hill (Roosevelt)	2010			
37.60	Ryan Muir (San Jacinto)	2015			
37.62	Dylan Nielson (Palm Desert)	2006			
37.74c	Jeremy Thornburg Cathedral City)	2000			
37.77	Kurt Siebert (Norco)	2000			
37.96	Leran Hutchings (Roosevelt)	2011			
38.04	Keithyon Moten (Indio)	2012			
38.05	Chris Lawson (Great Oak)	2007			
38.09	Andre Bernard-Joseph (Roosevelt)	2015			
38.11	Ronald Howard (North)	2002			
38.12c	Richie Cox (Palo Verde)	38.1y 1984			
38.13	Robert Williams (Ramona)	2005			
38.16	Bradley Alexander (Canyon Springs)	2015			
38.16	Dillon Lay (King)	2017			
38.24	A.J. Mendez (Palo Verde)	2000			
38.27	Ken Shaw (San Jacinto)	2007			
38.28	David Williams (Santiago)	2009			
38.28	Jose Castellon (Rubidoux)	2017			
38.31	William Shropshire (North)	1988			
38.37	Elvis Pompa (Corona)	2014			
38.40	Anthony Verret (Perris)	1986			
38.40	Darion Williams (Vista)	2012			
38.43	*Jonte Turner (Indio)	2010			
38.44c	Bruce Dunams (North)	38.2 1993			
38.44	Kyle Hansen (Chaparral)	2005			
38.48	Josh Jeter (King)	2012			
38.48	Aaron Woods (Heritage)	2013			
38.54c	Richard Williams (Ramona)	38.3 2004			
38.54	Peter Manu (Vista)	2014			
38.59	* Galin Swearingen (La Quinta)	2014			
38.60	Tanner Henry (Corona)	2011			
38.62	Jeremy Burns (Perris)	2005			
38.69	Jordan McFadden (Great Oak)	2015			
38.70	Jaeon Davis (Vista del Lago)	2009			
38.71	* Torrey Atkins (Heritage)	2014			
38.74	*Jake Porter (King)	2011			
38.80	Mike Graf (Vista)	2012			
38.84	Chauncey Young (North)	1997			
38.77	Miles Chapman (Desert Hot Spr)	2006			
38.79	Andre McCullough (King)	2009			
38.86	Aaron Webber (Banning)	1991			
38.87	Demetrius Munelyn (Elsinore)	1985			
38.88	Joe Quinonez (Elsinore)	2011			
38.89	Jahari Selmon (North)	2010			
38.90	Andre McCargo (Murrieta)	1998			
38.90	Kyman Bailey (North)	2012			
38.90	Nick Abboud (King)	2015			
38.94c	Avery Anderson (North)	38.7 1990			
38.96	Jazz Trice (Chaparral)	2006			
38.97	Faithfulness Adebayo-ige (Roosevelt)	2014			
38.99	* Anthony Butts (Ramona)	2014			
38.99	Orlando Wallace (Cathedral City)	2015			
39.00	Ramzy Ali (La Sierra)	2014			
39.02	Scott Melatti (Centennial)	2002			
39.04	Jacob Porter (King)	2012			
39.06	Casey Zimmerman (Temecula)	1998			
39.08	Ricky Hernandez (Valley View)	2004			
39.09	Justin Ramsey (Perris)	2004			
39.11	Matthew Coaxum (Citrus Hill)	2010			
39.13	*Jay Turner (Indio)	2010			
39.14	Tevin Newborn (San Jacinto)	2011			
39.15	Chris Johnson (Arlington)	2000			

39.98	*Weston Brown (Murrieta Valley)	2013	42.38	Poly	1980
39.98	Dominique Maiden (Temecula Valley)	2015	42.41	Poly	1981
39.98	Nadeem Yamak (Santiago)	2016	42.42	La Quinta	2014
39.99	Alexander Morse (Temecula)	2010	42.42	King	2015
39.99	Dominyck Miller (Vista del Lago)	2011	42.44	King	2017
40.00	Larry Williams (Vista)	2013	42.45	Elsinore	2017
40.02	*Anthony Elam (Roosevelt)	2012	42.46	Rubidoux	1992
40.02	William Moore (Palm Springs)	2013	42.53	Moreno Valley	2010
40.03	Dominic Andrews (Perris)	1992	42.54	Vista	2007
40.03	Greg Davis (San Jacinto)	2001	42.55	Valley View	2003
40.03	Jazz Trice (Chaparral)	2004	42.55	Roosevelt	2016

### 400m Intermediate Hurdles (36")

49.78	Reggie Wyatt (La Sierra)	2009	42.60	North	2017
50.10	**Reggie Wyatt (North)	2007	42.64	Palm Springs	2017
			42.65	Valley View	1998
			42.67	North	2001

### 4 x 100m Relay

40.29	Rancho Verde	2017	42.69+	Arlington	42.8y	1980	
40.32	Vista	2016	42.69	Vista		2008	
40.53	Vista	2015	42.70	Mesa		2017	
41.01	Roosevelt	2011	42.71	North		2002	
41.12	North	2007	42.72	Cathedral City		2002	
41.12	North	2007	42.73	Arlington		2014	
41.13	Great Oak	2014	42.73	Great Oak		2016	
41.37	Rancho Verde	2016	42.74	North		1982	
41.39	Perris	1983	42.74c	La Sierra	42.6	1994	
41.41	Rancho Verde	2009	42.76	Great Oak		2007	
41.41	Roosevelt	2010	42.77	Murrieta		2008	
41.47	Roosevelt	2013	42.79+	Moreno Valley	42.9y	1976	
41.48	Mesa	2016	42.79	San Jacinto		2007	
41.51	Canyon Springs	1993	42.81	Norco		1996	
41.51	Vista	2017	42.82	Palm Springs		2010	
41.54	King	2016	42.82	Corona		2010	
41.57	Santiago	2008	42.83	Temecula Valley		2017	
41.64	Great Oak	2013	42.84c	Norte Vista	42.7	2000	
41.66	North	2006	42.84	Poly		2014	
41.66	Roosevelt	2012	42.84	Centennial		2017	
41.73	North	2008	42.85	King		2009	
41.73	Rancho Verde	2008	42.85	Roosevelt		2017	
41.76	Vista	2013	42.87	Perris		1989	
41.80	Rubidoux	1990	42.87	Canyon Springs		1991	
41.81	Roosevelt	2009	42.87	Canyon Springs		1998	
41.83	Great Oak	2012	42.88	Vista		2014	
41.88	Palm Springs	2016	42.90	Moreno Valley		1989	
41.89	Roosevelt	2015	42.91	La Sierra		2005	
41.90	Canyon Springs	1994	42.91	Elsinore		2015	
41.93	Vista	2011	42.92	Elsinore		2001	
41.95	Rancho Verde	2015	42.94	Perris		1987	
41.96	Canyon Springs	1995	42.94	Corona		1994	
42.02	Great Oak	2017	42.94c	Canyon Springs	42.7	1004	
42.03	Great Oak	2009	42.95	Valley View		2002	
42.04	Norte Vista	2001	42.96	Murrieta		2009	
42.05	Mesa	2015	42.96	Chaparral		2011	
42.06	Temecula	2005	42.96	Lakeside		2012	
42.06	Vista	2012	42.97	Norco		2006	
42.07	Great Oak	2011	42.98	North		2012	
42.09	Rancho Verde	2012	42.98	Murrieta Valley		2015	
42.11	Great Oak	2008	42.98	San Jacinto		2015	
42.17	Vista	2010	42.99	Palm Springs		2011	
42.18	Palm Springs	2015	43.00	Roosevelt		2008	
42.19	Rubidoux	1991	43.00	West Valley		2014	
42.20	Perris	1982	43.0	Cathedral City		2014	
42.20	Great Oak	2010	43.02	Indio		1983	
42.20	Rancho Verde	2013	43.02	Perris		1984	
42.24	Roosevelt	2014	43.02	San Jacinto		2005	
42.32	Rancho Verde	2014	43.03	Canyon Springs		2005	
42.33	Elsinore	2009	43.04	Norte Vista		1986	
42.34c	Norte Vista	42.2	1995	43.04c	La Sierra	42.9	1995
42.34c	Temecula	42.2	1999	43.04	Lakeside		2013
42.34	Rancho Verde	2005	43.05+	Indio	43.2y	1973	
42.34	Vista	2009	43.05	Canyon Springs		2009	
42.34	Santiago	2016	43.05	San Jacinto		2010	
42.35	Canyon Springs	2002	43.06	Palm Springs		2007	
42.36	Rancho Verde	2010	43.08	Poly		2013	
42.37	Canyon Springs	1996					

43.08	Centennial		2015	43.45	Chaparral		2007
43.09	Arlington		2001	43.46	Moreno Valley		1983
43.09	Santiago		2009	43.47	Indio		2011
43.09	Canyon Springs		2015	43.47	La Quinta		2013
43.11	Hillcrest		2017	43.48	Canyon Springs		1999
43.13	Ramona		1987	43.48	Centennial		2013
43.13	Cathedral City		2011	43.49+	North	43.6y	1970
43.13	Tahquitz		2015	43.49+	Perris	43.6y	1970
43.14	Perris		1988	43.52	Perris		1992
43.14	Valley View		2001	43.53	Canyon Springs		2007
43.14	Heritage		2016	43.53	Chaparral		2012
43.15	Notre Dame		1999	43.54c	Indio	43.4	1989
43.15	Hemet		2001	43.54c	Indio	43.4	1991
43.15	Rancho Verde		2004	43.54c	Canyon Springs	43.4	1997
43.15	Temecula Valley		2016	43.54c	Perris	43.4	2002
43.16	Vista		2006	43.54c	Chaparral	43.4	2004
43.16	Vista del Lago		2009	43.54	Perris		2012
43.17	Moreno Valley		1988	43.55	Perris		2007
43.18	Corona		2011	43.55	Palm Springs		2014
43.20	La Quinta		2007	43.56	San Jacinto		2016
43.20	King		2013	43.56	Chaparral		2017
43.20	Centennial		2016	43.57	Perris		2008
43.21	Cathedral City		2001	43.57	Ramona		2012
43.21	Temecula		2006	43.57	Santiago		2013
43.21	Norco		2010	43.58	Ramona		1988
43.21	King		2014	43.58	Centennial		1993
43.21	Citrus Hill		2014	43.58	Centennial		2002
43.24c	Elsinore	43.1	1975	43.59+	Indio	43.7y	1984
43.24c	Indio	43.1	1986	43.59	Canyon Springs		2013
43.24c	Hemet	43.1	2000	43.59	Paloma Valley		2013
43.24	Centennial		2010	43.60	Heritage		2017
43.25+	Moreno Valley	43.50y	1978	43.61	Elsinore		2000
43.25	Poly		1982	43.61	King		2010
43.25	Palm Desert		1991	43.63	North		1992
43.25	Corona		2007	43.63	Elsinore		2004
43.25	Cathedral City		2010	43.63	Corona		2012
43.25	Paloma Valley		2014	43.64c	Perris	43.5	2005
43.26	Poly		1998	43.64c	Valley View	43.5	2005
43.26	Moreno Valley		2000	43.64c	Vista del Lago	43.5	2011
43.26	Paloma Valley		2017	43.65	Arlington		1997
43.29	Moreno Valley		2017	43.65	La Sierra		2008
43.29	Notre Dame		2017	43.66	Beaumont		2009
43.30	Santiago		2015	43.67	Elsinore		2014
43.31	Norco		2000	43.69+	Corona	43.8y	1975
43.31	Citrus Hill		2015	43.69+	Arlington	43.8y	1975
43.32	Canyon Springs		2000	43.69+	Perris	43.8y	1979
43.33	La Sierra		1993	43.69	North		1999
43.34c	Rubidoux	43.2	1995	43.70	King		2012
43.34c	Rancho Verde	43.2	1998	43.70	Corona		2013
43.34c	Valley View	43.2	2000	43.72	Indio		2010
43.34	Centennial		2009	43.74c	Norco	43.6	1990
43.34	Valley View		2012	43.74c	Moreno Valley	43.6	2005
43.34c	Ramona	43.2	2013	43.74c	Moreno Valley	43.6	2013
43.34	Lakeside		2014	43.75	Centennial		2011
43.35	Beaumont		2013	43.75	Heritage		2014
43.35	Heritage		2015	43.76	Citrus Hill		2010
43.36	Perris		1980	43.76	Coachella Valley		2017
43.36	Moreno Valley		1984	43.77	Moreno Valley		1986
43.36	Poly		1996	43.77	King		2008
43.36	Vista		2005	43.77	Lakeside		2011
43.36	La Sierra		2012	43.78	Norco		1998
43.37	Poly		1986	43.78	Perris		2011
43.39+	Indio	43.5y	1972	43.78	Elsinore		2016
43.39	Indio		1993	43.79+	Indio	43.9y	1978
43.39	Rancho Verde		2003	43.79+	Arlington	43.9y	1979
43.20	Jurupa Valley		1998	43.80	La Sierra		2009
43.40	Mesa		2014	43.81	Perris		1981
43.42	Canyon Springs		1990	43.82	Citrus Hill		2012
43.42	Cathedral City		2013	43.83	La Sierra		2004
43.44c	Perris	43.3	1985	43.83	Arlington		2006
43.44	Moreno Valley		1995	43.83	San Jacinto		2011
43.44c	Temescal	43.3	2000	43.88	La Quinta		2008
43.44	Great Oak		2006	43.83	North		2010
43.44	La Sierra		2014	43.84c	Indio	43.7	1982
43.45	Poly		1985	43.84c	Rancho Verde	43.7	2011

43.84c	Murrieta Valley	43.7	2013	3:17.52	North	2008
43.84	Coachella Valley		2013	3:17.81	Great Oak	2013
43.86	North		1997	3:18.40	Vista	2009
43.87	Rubidoux		1989	3:18.48	Great Oak	2015
43.88+	Moreno Valley	44.0y	1977	3:18.89	Roosevelt	2011
43.88	Norco		2003	3:18.92	Great Oak	2010
43.88	Heritage		2013	3:18.95	La Sierra	2005
				3:19.05	Perris	1982
				3:19.05	Great Oak	2012
				3:19.30	Roosevelt	2014
				3:19.33	Great Oak	2009
				3:20.42	King	2017
				3:19.44	North	2001
				3:19.60	Murrieta	2009
				3:19.6+	Arlington	3:20.9y 1980
				3:19.7+	Poly	3:21.1y 1980
				3:19.75	Vista	2010
				3:20.10	Roosevelt	2012
				3:20.14	Rubidoux	1992
				3:20.18	La Sierra	2009
				3:20.44	Vista	2005
				3:20.48	North	1988
				3:20.5	Perris	2002
				3:20.51	Moreno Valley	1990
				3:20.55	Vista	2017
				3:20.07	Vista	2006
				3:20.63	La Quinta	2016
				3:20.88	Rancho Verde	2010
				3:20.89	Vista	2014
				3:20.99	Perris	1989
				3:21.0+	Moreno Valley	3:22.2y 1977
				3:21.00	Rancho Verde	2015
				3:21.03	Moreno Valley	1991
				3:21.20	Rubidoux	1991
				3:21.21	Arlington	1997
				3:21.21	Canyon Springs	2004
				3:21.3+	Hemet	3:22.5y 1976
				3:21.59	Great Oak	2007
				3:21.6+	Moreno Valley	3:22.8y 1978
				3:21.63	North	2012
				3:21.68	Mesa	2015
				3:21.74	Canyon Springs	1997
				3:21.76	Poly	1996
				3:21.78	Canyon Springs	2010
				3:21.83	King	2012
				3:21.9+	North	3:23.1y 1970
				3:21.9	Poly	1984
				3:21.92	San Jacinto	2011
				3:21.92	Roosevelt	2013
				3:21.92	Great Oak	2017
				3:21.94	King	2015
				3:22.02	Notre Dame	1999
				3:22.02	Rancho Verde	2014
				3:22.10	Vista del Lago	2012
				3:22.4+	North	3:23.6y 1972
				3:22.42	King	2013
				3:22.55	Poly	1995
				3:22.6	Valley View	2011
				3:22.68	Beaumont	2009
				3:22.76	Perris	1981
				3:22.80	Chaparral	2005
				3:22.84	Rancho Verde	2006
				3:22.84	Rancho Verde	2012
				3:22.89	Perris	2005
				3:22.89	Chaparral	2012
				3:22.9+	Coachella	3:241y 1973
				3:23.03	Santiago	2011
				3:23.24	Valley View	2012
				3:23.25	North	2011
				3:23.33	Canyon Springs	1993
				3:23.43	San Jacinto	2010
				3:23.45	Santiago	2014
				3:23.5+	Palm Springs	3:24.7y 1973
				3:23.47	Canyon Springs	1991
				3:23.53	Rubidoux	1994

## 4 x 220 Yd Relay

1:28.2	Poly		1954
1:28.5	Poly		1961
1:29.2	Poly		1956
1:30.0	Poly		1949
1:30.6	Poly		1953

## 4 x 200m Relay

1:26.94	North		2006
1:27.10	Great Oak		2014
1:27.37	Great Oak		2013
1:27.55	Roosevelt		2011
1:27.57	Vista		2013
1:27.65	Great Oak		2012
1:27.95	Great Oak		2008
1:28.10	Roosevelt		2012
1:28.15	Roosevelt		2010
1:28.62	Great Oak		2011
1:28.95	Rancho Verde		2008
1:29.00	Rancho Verde		2009
1:29.18	Great Oak		2010
1:29.36	Great Oak		2009
1:29.36	Vista		2011
1:29.81	Roosevelt		2014
1:29.83	North		2008
1:29.90	Rancho Verde		2012
1:30.13	Canyon Springs		2010
1:30.16	Rancho Verde		2013
1:30.71	San Jacinto		2007
1:30.71	Chaparral		2012
1:30.73	Vista		2008
1:31.00	Roosevelt		2008
1:31.16	Chaparral		2008
1:31.21	Rancho Verde		2017
1:31.63	Corona		2010
1:31.85	Santiago		2007
1:32.04	Rancho Verde		2014
1:32.54	Vista		2010
1:32.6	San Jacinto		2006
1:32.69	Great Oak		2007
1:32.73	Cathedral City		2007

## 4 x 400m Relay

3:10.33	Perris		1983
3:10.36	North		2006
3:11.73	North		2007
3:12.17	Rancho Verde		2017
3:12.79	Roosevelt		2010
3:13.09	Vista		2015
3:13.75	Rancho Verde		2009
3:14.02	Rancho Verde		2016
3:14.22	Roosevelt		2009
3:14.41	Roosevelt		2015
3:14.64	Vista		2013
3:14.83	Vista		2016
3:14.85	Rancho Verde		2008
3:14.89	Roosevelt		2017
3:15.57	Great Oak		2011
3:15.95	Vista		2012
3:16.38	Vista		2011
3:17.05	Indio		2011
3:17.07	Great Oak		2008
3:17.19	Roosevelt		2008
3:17.25	Roosevelt		2016
3:17.38	Great Oak		2014



## 4 x 800m Relay

7:35.06	Great Oak	2016
7:37.09	Great Oak	2015
7:41.20	Vista	2013
7:42.81	Great Oak	2014
7:42.99	Murrieta	2003
7:44.90	La Sierra	2007
7:47.69	Great Oak	2017
7:49.05	Corona	2015
7:50.09	Roosevelt	2017
7:53.36	Great Oak	2012
7:53.79	North	2007
7:54.21	Great Oak	2010
7:57.49	Temecula	2002
7:58.50	Vista	2011
7:59.93	Great Oak	2007
8:01.00	Roosevelt	2015
8:01.1	La Sierra	2006
8:01.76	Rancho Verde	2017
8:02.25	Vista	2015
8:02.37	Santiago	2016
8:02.77	North	2006
8:03.04	Corona	2012
8:03.22	Vista	2017
8:03.7	Rancho Verde	1999

## Distance Medley

10:01.71	Great Oak	2016
10:01.79	La Sierra	2007
10:03.43	Great Oak	2017
10:05.35	Great Oak	2015
10:07.21	Great Oak	2014
10:07.73	Vista	2013
10:08.52	Vista	2012
10:09.50	Great Oak	2012
10:11.26	Vista	2010
10:12.84	King	2016
10:13.17	Corona	2015
10:15.78	Great Oak	2010
10:16.05	Murrieta	2003
10:19.24	Great Oak	2013
10:19.64	King	2015
10:22.27	La Sierra	2005
10:22.67	La Sierra	2006
10:23.27	La Sierra	2012
10:23.98	Vista	2009
10:25.12	Vista	2015
10:25.36	Murrieta Valley	2007
10:25.43	La Sierra	2003
10:25.49	Roosevelt	2012
10:25.74	Rubidoux	2017
10:25.82	Roosevelt	2015
10:2602	Vista	2017
10:26.95	King	2012
10:27.10	Roosevelt	2017
10:27.43	Murrieta	2006
10:28.17	Corona	2014
10:29.68	Corona	2010
10:29.84	JW Nortj	2016
10:30.27	Murrieta	2002
10:30.06	Corona	2016
10:30.62	Corona	2008
10:31.44	Corona	2017
10:31.46	King	2014
10:31.71	King	2011
10:31.81	La Sierra	2011
10:31.87	Murrieta	1999
10:32.02	Canyon Springs	2002
10:32.46	King	2010
10:34.39	TemeculaValley	1997
10:35.68	La Sierra	2010
10:35.69	La Sierra	2008
10:35.86	Vista	2007

10:35.95	Rancho Verde	2017
10:36.27	Santiago	2016
10:37.62	King	2013
10:39.56	Woodcrest Chr	2009
10:40.22	Roosevelt	2011
10:40.35	Elsinore	2014
10:40.68	Great Oak	2011
10:40.88	Roosevelt	2016
10:41.72	Murrieta Valley	2004
10:42.42	Arlington	1996
10:42.83	Indio	2003
10:43.65	Roosevelt	2008
10:43.86	Elsinore	1989
10:43.86	Poly	2016
10:44.23	Temecula Valley	1994
10:45.06	Indio	2013
10:45.24	Rubidoux	2016
10:45.64	Vista	2005

## 4 x Mile Relay

17:04.55	Great Oak	2016
17:35.94	La Sierra	2007
18:00.85	Corona	2008
18:01.79	Roosevelt	2009
18:01.87	Great Oak	2011
18:02.6	Indio	1980
18:02.70	Vista	2010
18:05.27	Corona	2010
18:08.71	Temecula	2003
18:09.51	Murrieta Valley	2006
18:13.39	Vista	2008
18:15.64	Murrieta Valley	2007
18:15.65	Corona	2004
18:18.45	Corona	2009
18:21.68	La Sierra	2009
18:29.73	La Sierra	2006
18:31.77	Great Oak	2009
18:40.40	King	2009
18:42.07	Rubidoux	2004
18:42.23	Corona	2007

## 4 x 1600m Relay

16:52.95	Great Oak	2016
16:58.67c	Great Oak	2016
17:20.37	Roosevelt	2012
17:21.11	Great Oak	2014
17:21.44	Great Oak	2015
17:29.53	Great Oak	2017
17:32.95	Great Oak	2012
17:33.53	King	2013
17:39.20	Corona	2015
17:39.40	Great Oak	2013
17:43.05	Roosevelt	2009
17:49.31	Roosevelt	2016
17:50.35	Roosevelt	2017
17:51.32	Roosevelt	2015
17:54.13	Roosevelt	2013
17:54.20	Elsinore	2014
17:55.59c	Great Oak	2011
17:56.41c	Vista	2010
17:56.64	King	2016
17:57.47	La Sierra	2005
17:58.65	Roosevelt	2011
17:58.97c	Corona	2010
17:59.64	King	2015
18:01.88	Corona	2014
18:02.02	Indio	2014
18:03.1	Valley View	2011
18:03.36	Indio	2016
18:09.28c	Murrieta Valley	2007
18:09.30	Corona	2011
18:09.51	Murrieta Valley	2006
18:10.29	Beaumont	2014

18:10.63	Murrieta Valley	2005	6-10	Donny Thompson (Canyon springs)	2004
18:10.84	King	2012	6-9	Cliff Curtis (Elsinore)	1991
18:12.07c	Corona	2009	6-9	Mike Vaille (Temecula)	1993
18:13.45	Corona	2016	6-9	Justin Nelson (Murrieta)	2002
18:14.20	Indio	2015	6-9	Nick Gregory (Chaparral)	2009
18:15.28c	La Sierra	2009	6-9	**Elijah Hughes (JW North)	2014
18:16.76	King	2011	6-8.25	Lars Anderson (Corona)	1978
18:17.14	Rubidoux	2003	6-8	Chris Harper (Arlington)	1980
18:17.94	Corona	2013	6-8	Danny Gallegos (Indio)	1980
18:20.13	King	2014	6-8	Steve Jones Arlington)	1982
18:20.27	Santiago	2017	6-8	Matt Curtis (Elsinore)	1986
18:20.41	Temecula	2003	6-8	George Woods (Rubidoux)	1989
18:22.27	Valley View	2010	6-8	Terry Whitfield (Palo Verde)	
18:22.99	La Sierra	2014	6-8	Damon Jackson (Perris)	1998
18:23.71	Mesa	2014	6-8	Jeff Midget (La Sierra)	2001
18:24.68	La Sierra	2003	6-8	Jayson Boyd (North)	2001
18:25.32c	Great Oak	2009	6-8	Josh Gibson (Canyon Springs)	2003
18:25.56	La Quinta	2013	6-8	Tim Sebastian (North)	2005
18:26.44	Beaumont	2013	6-8	Ryan Swafford (Vista)	2008
18:27.78	Santiago	2010	6-8	Michael Albrecht (King)	2009
18:27.92	Beaumont	2003	6-8	**Wes Coffey (Palm Desert)	2013
18:%8.54	Indio	2017	6-8	Nolan Kelly (Corona)	2013
18:29.09	Indio	2012	6-8	Taelin Webb (Roosevelt)	2014
18:29.21	King	2009	6-8	*Elijah Stewart (Vista)	2016
18:29.73	La Sierra	2006	6-7.75	Nathan White (Hemet)	1994
18:30.20	Roosevelt	2014	6-7	Tom Quast (San Jacinto)	1962
18:30.47	Vista	2013	6-7	Adams (Palo Verde)	1974
18:31.70	La Sierra	2007	6-7	Chris Lowery (Canyon Springs)	1990
18:34.0	Elsinore	1992	6-7	Anthony Preyear (La Sierra)	1994
18:34.69	Mesa	2013	6-7	Marty Fonseca (Murrieta)	1994
18:35.50	Elsinore	2011	6-7	Aaron Masters Hemet)	1994
18:35.71c	Corona	2007	6-7	Kyle Batiste (Poly)	1995
18:35.90	Temecula	1999	6-7	Tim Dunlap (San Jacinto)	1997
18:37.11	La Sierra	2016	6-7	Josh Law (Beaumont)	1999
18:38.32	Rubidoux	2013	6-7	Lance Gonzales (Murrieta)	2005
18:38.53	Murrieta Valley	2001	6-7	Brett McGregor (Murrieta)	2007
18:38.63	Rubidoux	2014	6-7	Nick Ross (Vista)	2007
18:38.84	Hemet	1994	6-7	**Daniel Adame (Murrieta)	2011
18:39.34	Rubidoux	2016	6-7	Nathaniel Williams (Chaparral)	2014
18:39.79	Cathedral City	2010	6-7	Tanner Behrens (Corona)	2014
18:40.25	La Sierra	2008	6-7	Ryan Lauder milk (King)	2016
18:40.56	Beaumont	2016	6-6.5	Tom Banks (Poly)	1990
18:40.77	Vista	2009	6-6.25	Anthony Soriano (Roosevelt)	2013
18:41.32	Beaumont	2015	6-6	Roenicke San Jacinto)	1957
18:41.47c	King	2010	6-6	Simpson (Banning)	1975
18:42.31	Roosevelt	2010	6-6	Don Harris (North)	1981
18:44.08	La Quinta	2012	6-6	Tom Ward (Moreno Valley)	1984
18:44.59	Corona	1994	6-6	Paul Fitzgerald (Hemet)	1986
18:44.72	Paloma Valley	2011	6-6	Steve Wesolek (Arlington)	1988
18:45.43	Santiago	2013	6-6	Mike Torres (Norco)	1991
18:45.58	Corona	2012	6-6	Malik Wyrick (Indio)	1992
18:48.54	Great Oak	2007	6-6	Jasper Williams (Rubidoux)	1993
18:50.60	Beaumont	2010	6-6	Clayton Flemister (Canyon Springs)	1993
18:52.81	Roosevelt	2008	6-6	Jimmy Devine (Ramona)	1995
18:53.00c	Great Oak	2010	6-6	Damian Bolin (Palo Verde)	1995
18:53.36	Santiago	2008	6-6	Paul Ruvolo (Norte Vista)	1995
18:53.43	La Sierra	2011	6-6	Andre Clayton (Norte Vista)	1997
18:55.02	Elsinore	2013	6-6	Jamar Thymes (Norco)	1999
18:56.28	Arlington	1996	6-6	James Johnson (San Jacinto)	1999
18:56.59	Chaparral	2013	6-6	Jovan Grady (Rancho Verde)	2001
18:58.72	Corona	2002	6-6	Marvin Lea (King)	2001
			6-6	Pierre Campbell (Banning)	2002
			6-6	Josh Roth (Santiago)	2004
			6-6	Jacob Nelson (San Jacinto)	2005
			6-6	Dominick Hemphill (Rancho Verde)	2005
			6-6	Miek Hernandez (Valley View)	2006
			6-6	Brandon Brown (Rancho Verde)	2007
			6-6	Tyquiese Anthony (Chaparral)	2008
			6-6	*Daniel Champion (Cathedral City)	2009
			6-6	Troy Watkins (Woodcrest Chr)	2010
			6-6	Nick Taylor (Murrieta)	2010
			6-6	Quincy Enuwa (Rancho Verde)	2010
			6-6	Terrance Graves (Roosevelt)	2010
			6-6	*Diego Felix (Coachella Valley)	2012
			6-6	Darion Williams (Vista)	2012

## High Jump

7-3	Avery Anderson (North)	1991	6-6		
7-3	Nick Ross (Vista)	2009	6-6		
7-1	Elijah Hughes (North)	2016	6-6		
7-0.25	Skylar Lacour (Rancho Verde)	2009	6-6		
6-11	Sam Bryant (Palo Verde)	1983	6-6		
6-11	Chris Olsson-ONEill (Rubidoux)	1991	6-6		
6-10	Preston Norman (Rancho Verde)	1999	6-6		
6-10	Doug Smith (West Valley)	2000	6-6		
6-10	Justin Nelson (Murrieta Valley)	2001	6-6		
6-10	Lance Soderberg (Centennial)	2002	6-6		





14-0	Barry Gilfry (Corona)	1964	13-6	Devin Bergguist (Canyon Springs)	2002
14-0	Ed Grondahl (Ramona)	1971	13-6	Chris Miyake (Murrieta)	2002
14-0	Gonzales (Coachella)	1979	13-6	Nick Ham (Temecula)	2002
14-0	Tony Young Coachella)	1984	13-6	Jake Defter (Chaparral)	2004
14-0	Scott Hanes (Ramona)	1987	13-6	Steve Hoskinson (Poly)	2005
14-0	James Guillermo (Palm Springs)	1989	13-6	Matt Jones (Rancho Verde)	2006
14-0	Frank Ayers (Corona)	1990	13-6	Pavel Mineukou (King)	2006
14-0	Aaron Bishop (Poly)	1990	13-6	Chris Schaal (Vista)	2007
14-0	Nick Karr (Temescal)	1997	13-6	Ryan Sibley (King)	2007
14-0	Duncan Johnson (Temecula)	1998	13-6	Josh Brewton (Rubidoux)	2007
14-0	Tim Patino (Elsinore)	1998	13-6	Ian Peterson (Vista)	2008
14-0	Derrick Rathbone (Hemet)	1998	13-6	Thomas Hamm (Poly)	2008
14-0	Josh Colburn (Murrieta)	1999	13-6	Sean Stone (Great Oak)	2009
14-0	Rithy Vong (Esinore)	2000	13-6	Dee Davis (Great Oak)	2010
14-0	Eric Witts (Elsinore)	2000	13-6	Clint Suppe (Roosevelt)	2011
14-0	Calvin Davis (Rubidoux)	2001	13-6	Jon Barnes (King)	2011
14-0	Nathan Skankey (Murrieta)	2002	13-6	*Randy Werkheiser (Elsinore)	2011
14-0	Devin Duncan (Poly)	2003	13-6	Avery Chung (Chaparral)	2013
14-0	Devin Bergquist (Canyon Springs)	2003	13-6	Aleksei Watson (Elsinore)	2014
14-0	Chris Miyake (Murrieta)	2003	13-6	Cameron Brock (King)	2014
14-0	Ian Peterson (Vista)	2007	13-6	Daniel Mukasa (King)	2015
14-0	Tyler Wallace (Chaparral)	2008	13-6	Jeff Robbins (Poly)	2015
14-0	*Will Foody (King)	2011	13-6	*Alex Cha (Vista)	2015
14-0	George Goodwin (Poly)	2012	13-6	Jorge Pelayo (Elsinore)	2016
14-0	Nicholas Weisheit (Roosevelt)	2013	13-6	**Jacob Camarena (Roosevelt)	2017
14-0	*Dylan Dickerson (Elsinore)	2016			
14-0	Christian Esplana (Roosevelt)	2016			
14-0	Kobi Boltares (Centennial)	2016			
14-0	Jarod Kerr (Valley View)	2016	25-3	Bobby Bonds (Poly)	1964
14-0	*Ernesto Callato (Great Oak)	2017	24-10.5	Jovonte Slater (Vista)	2011
14-0	**Than Amata (Roosevelt)	2017	24-5	Chris Harper (Arlington)	1980
14-0	**Josiah Molascor (King)	2017	24-5	Mike Anderson (Rubidoux)	1983
13-9	Steve Nugent (Norco)	1976	24-4.25	Verle Sorgen (Poly)	1949
13-9	Buc Longmore (Elsinore)	1985	24-3.5	Bryan Thompson (Rancho Verde)	2017
13-9	Tom Petri (Poly)	1997	24-3	Bob Britt (Poly)	1962
13-9	Mark Johnston (King)	2005	24-3	Tyree Washington (La Sierra)	1995
13-9	*Sean Stone (Great Oak)	2008	23-11.75	Joe Williamson (Poly)	1961
13-9	Bryar Yup (Vista)	2013	23-11.5	*DJ Lloyd (Vista)	2008
13-9	Kyle Gunnell (Corona)	2013	23-11	Mario Montgomery (Banning)	1979
13-9	*Nathan Sukhov (Murrieta Valley)	2013	23-11	Quincy Franks (Perris)	1980
13-9	Jonah Heath (Chaparral)	2014	23-10.5	Jimmy Devine (Ramona)	1995
13-9	*Asa Martin (Great Oak)	2015	23-9.5	Kenny Johnson (Canyon Springs)	1974
13-9	Andrew Wilde (King)	2 017	23-8	Mike Harris (Indio)	1974
13-7	* Daniel Mukasa (King)	2014	23-8	Nick Ross (Vista)	2009
13-7	Clayton Booth (Vista)	2014	23-7	Al Washington (Poly)	1966
13-6	*Cameron Franklin (Great Oak)	2017	23-6.5	Chris Milan (Great Oak)	2012
13-6	Bruner (Indio)	1977	23-6.25	Clay Hall (Palm Springs)	1982
13-6	Vierra (Moreno Valley)	1976	23-6	JaMar Moore (Rubidoux)	1991
13-6	Owen (Indio)	1976	23-6	Erik Vann (Canyon Springs)	1996
13-6	Wilson (Indio)	1976	23-4.5	Tony Williams (Indio)	1984
13-6	Don Flint (Norco)	1974	23-4.25	Lafayette Waters (Murrieta Valley)	2014
13-6	Dave Nugent (Norco)	1973	23-4	Art Lilly (Perris)	1965
13-6	Louie Romero (Indio)	1978	23-4	Mickey Grimes (Canyon Springs)	1995
13-6	Jarret Johnson (Perris)	1984	23-3.5	*CJ Stevenson (Great Oak)	2017
13-6	Roger Hallett (Hemet)	1984	23-3.25	Jared Lewis (Poly)	1994
13-6	Troy Parr (Perris)	1986	23-3.25	Ronald Howard (North)	2002
13-6	Brent Benson (Corona)	1985	23-3	Mike Howe (North)	1981
13-6	Tim Dry (Elsinore).	1985	23-3	Derron Smith (Banning)	2010
13-6	Doug Weber (Poly)	1986	23-2.25	Dave Janoski (Corona)	1992
13-6	Jeff Wall (Norco)	1990	23-1.5	B.J. Stewart (Norco)	1996
13-6	Don Killian (Norte Vista)	1991	23-1.25	Jonathan Williams (Temecula)	2006
13-6	Peter Anderson (Elsinore)	1992	23-1	Simpson (Banning)	1975
13-6	Brad Scott (Corona)	1992	23-1	Lee Harper (Indio)	1988
13-6	Sal Duran (Norte Vista)	1992	23-0	Vince Craghead (Rubidoux)	1971
13-6	Eric Stanfield (Elsinore)	1993	23-0	Ryan Swafford (Vista)	2008
13-6	Gilbert Amesse (Elsinore)	1993	23-0	**Quentin Taylor (Palm Springs)	2011
13-6	Mason McKinnon (Norco)	1994	22-11.75	Kincaid (Perris)	1975
13-6	Mike Ganet (Centennial)	1995	22-10.5	Earnest Clark (North)	1984
13-6	Schimer (Murrieta)	1996	22-10.5	Kenny Jackson (Elsinore)	2009
13-6	Tim Patinbo (Elsinore)	1997	22-10.25	Avery Anderson (North)	1991
13-6	Levi Walker (Hemet)	1999	22-10.25	Billy Keys (North)	2002
13-6	Troy Reynolds (Hemet)	1999	22-9.75	Jason Churchhill (Palm Springs)	1999
13-6	Nathan Carman (West Valley)	1999	22-9.75	* Nick Fisher (Gret Oak)	2014
13-6	Bobbie Hudson (Rubidoux)	2000	22-9.5	Ron Oastes (Hemet )	1965
13-6	Matt Ungeheier (Elsinore)	2001	22-9.5	Jordan Testerman (Vista)	2016

## Long Jump

22-9	Nathan Campbell (Perris)	1989	23-2.25	Nick Ross (Vista)	2009
22-9	***Trevor Webb (Vista)	2009	23-2	OT Sabo (La Sierra)	2005
22-9	Anthony Reyes (Elsinore)	2017	23-2	Jonathan Williams (Temecula)	2006
22-8.75	Brad McGee (Indio)	1981	23-2	*Anthony Reyes (Elsinore)	2016
22-8.75	Troy Watkins (Woodcrest Chr)	2010	23-2	*Bryan Thonpson (Rancho Verde)	2016
22-8	Nathan Irvin (Poly)	1998	23-0.25	Calvin Grissom (La Sierra)	1994
22-8	Justin Nelson (Murrieta)	2002	23-0.25	Jordyn Manier (Roosevelt)	2016
22-8	*Terance Narvaez (Canyon Springs)	2011	22-10.75	Lance Gonzales (Murrieta Valley)	2005
22-8	* CJ Alumbres (Vista)	2014	22-10.5	Jon Greenwalt (Elsinore)	2010
22-7.75	Silas Hale (Poly)	1982	22-8.75	***John Byrd (Arlington)	2006
22-7.5	Ron Haines (Corona)	1984	22-8.5	Marcus Logan (North)	2004
22-7.25	Marquise Strange (Cathedral City)	1998	22-8.5	Chase Aaronson (Palm Springs)	2007
22-7.25	Marcus Logan (North)	2004	22-8	Jeremy West (Perris)	2008
22-7	Trewitt (Elsinore)	1939	22-8	Ricky Wright (Palm Springs)	2015
22-7	Main Mitchell (Temecula)	1995	22-7.5	Rodney Storrs (Santiago)	2007
22-7	Brian Majors (Canyon Springs)	2001	22-7	Curtis Bonapart (Poly)	2005
22-7	Jermaine Pate (North)	2002	22-7	Justin Blue (Roosevelt)	2017
22-7	Davon Mercer (Murrieta)	2005	22-6.5	Lance Gonzalez (Murrieta)	2004
22-7	*James Green (Cathedral City)	2017	22-6.5	Jesse Ooten (Rancho Verde)	2007
22-6.75	Wilford Weischedel (Perris)	1948	22-6.5	Josh Como (Rancho Verde)	2006
22-6.25	C Stuart (Corona)	1974	22-6.5	Malek Walls (Canyon Springs)	2010
22-6.25	Josh Gibson (Canyon Springs)	2003	22-6.5	Anthony Garcia (Murrieta Valley)	2016
22-6.25	Jesse Ooten (Rancho Verde)	2008	22-6.5	**Christian Gray (Great Oak)	2016
22-5.75	OT Sabo (La Sierra)	2005	22-6.25	Chris Samuel (Rancho Verde)	2004
22-5.75	Kevin Kim (Santiago)	2015	22-6.25	Isaiah Scott (Palm Springs)	2017
22-5.25	Spencer Gray (Poly)	2010	22-6	Eric Nowell (Perris)	2006
22-5.25	D.J. Redd (Paloma Valley)	2011	22-6	Larry McCann (Indio)	2015
22-5	Robert Cotton (Indio)	1983	22-5	Tribble (Indio)	1975
22-5	Greg Davis (San Jacinto)	2001	22-5	Danny Foster (Centennial)	2002
22-4.75	Ellison (Poly)	1940	22-5	**Bryan Thompson (Rancho Verde)	2015
22-4.75	Nathan Arvin (Poly)	1999	22-4.5	*Kameron Green (Great Oak)	2010
22-4.75	John Byrd (Arlington)	2009	22-4.5	Matt Galloway (Elsinore)	2015
22-4.5	James Scott (Banning)	1984	22-4	Adam Luckey (Murrieta Valley)	2005
22-4.5	Malek Walls (Canyon Springs)	2010	22-4	**Maverick Metoyer (Vista)	2013
22-4.25	Orshawante Bryant (Rubidoux)	1996			
22-4.25	Myles Williams (Perris)	2011			
22-4	Jlmal Cumberbatch (Temecula)	2003			
22-3.5	Nick Neal (North)	2001	50-3.5	Josh Como (Rancho Verde)	2006
22-3	Tony Young (Coachella)	1984	50-1.25	* CJ Alumbres (Vista)	2014
22-3	Brandon Tedrow (Beaumont)	1999	49-9.5	Kenny Johnson (Canyon Springs)	1991
22-3	Theartis Grigsby (Vista)	2012	49-8	Nick Ross (Vista)	2009
22-2.75	Lou Welfel (La Sierra)	1993	49-7.25	Tim Williams (Rubidoux) (49-7.5w)	1985
22-2.5	Wilson (Poly)	1931	49-6	Chris Benard (Santiago)	2008
22-2.5	Curtis Proctor (Poly)	1994	49-0.25	Curtis Wilson (Rancho Verde)	2009
22-2	Kevin Nolen (Norte Vista)	1990	48-10.25	*Solomon Ijah (Murrieta)	2010
22-2	Corey Merrill (Palm Springs)	1992	48-7.75	Aaron Berry (Perris)	2015
22-2	**Nick Fisher (Great Oak)	2013	48-6.75	Ryan Swafford (Vista)	2008
22-1.75	Jacob Lister (Vita)	2016	48-4.5	Clay Hall (Palm Springs)	1982
22-1.5	Strange (Indio)	1978	48-3.5	Larry Jones (Canyon Springs) (indoor)	1991
22-1.5	*Nick Talor (Vista)	2009	48-3	Norris (Coachella)	1978
22-1.25	Kale Novak (Murrieta Valley)	2012	48-1	Shamori Walker (Moreno Valley)	1993
22-1.25	Isaiah Manley (Santiago)	2014	48-0.5	JR McCoy (Rubidoux)	1989
22-1	George Woods (Rubidoux)	1989	48-0.5	Nick Taylor (Vista)	2010
22-1	Larry Jones (Canyon Springs)	1991	47-11.75	Staton Gibson (Ramona)	2003
22-1	Shamori Walker (Moreno Valley)	1993	47-10.25	Dyvod Hammond (Hemet)	1991
22-1	Willie Baker (Norte Vista)	1997	47-8.5	Clayton Fleminster (Perris)	1993
22-1	Brandon Tedrow (Beaumont)	1999	47-5.25	Myles Williams (Perris)	2011
22-1	Shane FitzGerald (Vista)	2016	47-4	Erik Vann (Canyon Springs)	1996
22-0.75	Angelo DeWitt (Indio)	1986	47-2	Paul Turner (Indio)	2009
22-0.5	Kyltone Jack (Canyon Springs)	1992	47-0.75	Anthony Verret (Perris)	1985
22-0.5	Nate Koch (Temescal)	2003	46-10.25	Johnnie Young (Rancho Verde)	2015
22-0.5	Adam Luckey (Murrieta)	2005	46-10	Isaac Grimes (Rancho Verde)	2016
22-0.25	Tim Williams (Rubidoux)	1985	46-9.25	Eric Nowell (Perris)	2006
			46-9	Walter Whitaker (Vista)	2011
			46-8.25	Robert Cotton (Indio)	1983
			46-8	Malek Walls (Canyon Springs)	2010
			46-7	Jama1 Cumberbatch (Temecula)	2003
			46-6.75	Manuel Santiago (King)	2008
			46-6.5	Rick Wood (Moreno Valley)	2000
			46-6.25	Kyjione Jack Canyon Springs)	1992
			46-6	Jovan Grady (Rancho Verde)	2002
			46-5	*Anthony Reyes (Elsinore)	2016
			46-4.25	Michael Howe (North)	1981
			46-4.25	Dametrious Munerlyn (Elsinore)	1985
			46-4.25	Craig Mauldin (Mesa)	2012

## Triple Jump

### Wind-Aided:

24-11.75	Jovonte Slater (Vista)
24-5	Mike Howe (North)
23-10	Jaylen White (Vista)
23-9.75	Kyjione Jack (Canyon Springs)
23-8.25	Simpson (Banning)
23-7.5	**Ervin Simmons (Murrieta)
23-6	Derron Smith (Banning)
23-4	Dave Janoski Corona)
23-3.5	Nathan Irvin (Poly)
23-2.5	* CJ Alumbres (Vista)



56-5	Charles Smith (Poly)	1955	172-6	*Silas Hurst (Santiago)	2017
56-3.25	Peyton (Beaumont)	1975	171-10	DeAundre Reed (Rancho Verde)	2006
56-2.5	Brandis Dew (Hemet)	2004	171-4	Nick Johnson (Cathedral City)	2005
56-1.5	Jeremy Sutherland (Palm Springs)	2005	171-2	Paul Bradley (Cathedral City)	2003
56-1	Picky Youngquist (Temescal)	2005	170-5	*Corey Whitaker (Vista)	2011
55-11.25	Malone (Moreno Valley)	1977	169-9	*Sapule Ta'amilo (Vista)	2011
55-11	Chad Rossan (Canyon Springs)	2000	169-5	Kendrick McDaniel (Indio)	1995
55-9.75	Phister (Poly)	1973	169-1	*David Potts (Roosevelt)	2015
55-9	Charles Martin (Poly)	1955	168-11	Kyle Moshkin (La Sierra)	2007
55-7	Robert Malone (King)	2006	168-5	Emil Mejares (Vista)	2010
55-6.5	George Allen (Rubidoux)	1991	168-4	Cody Lynn (Paloma Valley)	2008
55-6	Kris Kirk (Elsinore)	2010	167-11	DavidPotts (Roosevelt)	2016
55-5.75	Rico Stubbs (Elsinore)	2013	167-9	Chris Witcher (La Sierra)	2004
55-4.5	Jeff Tavashati (Murrieta)	2009	167-9	**Jaime Navarro (Great Oak)	2016
55-3.25	Kyle Strawn (Great Oak)	2011	167-3	Jacob Underwood (Desert Chr-Bermuda D.)	2006
55-3	Henry Stevens (Banning)	1995	167-0	John McBride (La Sierra)	2010
55-0.5	Randy Patterson (Banning)	2000	166-11	Jorge Alvarez (San Jacinto)	1993
55-0	Siuia O'Reilly (Hemet)	1995	166-3	Nick Nelthorpe (Poly)	2001
54-11.5	Louie Romero (Indio)	1978	166-3	*Austin Elmore (Poly)	2005
54-11.25	Desmond Clark (Rancho Verde)	2003	166-3	Dakarai Deramus (Roosevelt)	2015
54-10.5	Tevita Stevens (Hemet)	2005	166-2	Adam Medina (Canyon Springs)	2003
54-10	Dennis Smith (Hemet)	1985	166-1	Warden Bowen (Murrieta)	1993
54-9.5	Sonny Soto (Ramona)	1990	165-6	Jesus Villarino (San Jacinto)	1997
54-8.5	Connor Anderson (Ramona)	2016	165-6	Brandon Sedlaczek (La Quinta)	2015
54-7.5	W. Palmer (Ramona)	1982	165-4	Richard Valenti (Palm Desert)	2006
54-6.5	Tanner Harrah (Temecula)	2005	165-2	Jeremy Sutherland (Palm Springs)	2005
54-5.5	CJ Francis (La Sierra)	2004	165-2	Wade Jones (Hemet)	2009
54-3.75	*Corey Whitaker (Vista)	2011	164-10	Randy Leaphart (Poly)	1993
54-3	Shane Wiley (Hemet)	1986	164-7	Rhodes (Moreno Valley)	1978
54-2.75	Chris Witcher (La Sierra)	2004	164-6	Randy Patterson (Banning)	2000
54-0.25	*Harrison Gould (Great Oak)	2017	164-5	Jose Sida (Hemet)	2007
53-11.5	Danny Negrete Centennial)	2001	164-5	Caleb Wood (Beaumont)	2011
53-11.5	*Silas Hurst (Santiago)	2017	164-4	Jeff Finger (San Jacinto)	1979
53-11.5	Rosario Salazar North)	1989	164-0	Mark Sumler (Indio)	2012
53-11	Matt Gomez (Rubidoux)	2000	163-9	Mike Cronshagen (Palm Springs)	2006
53-11	Jose Sida (Hemet)	2007	163-9	Jeff Tavishati (Murrieta)	2009
53-10	Omar Valenzuela (La Quinta)	2015	163-8	Al Faamalisi (Norte Vista)	1992
53-9	Greg Berry (Elsinore)	1986	163-5	Adam Medina Canyon Springs)	2002
53-9	Westley Siebdrath (La Quinta)	2015	163-3	Dan Estrada (Norco)	1991
53-8	Zach Ricketts (Poly)	2002	163-1	Greg Berry (Elsinore)	1986
53-7	Nate Dandridge (Valley View)	2001	163-0	Leighton Heape (Palm Springs)	2002
53-7	Kyle Moshkin (La Sierra)	2007	162-6	Derek Kurkowski (Canyon Springs)	1997
53-6.5	*Matthew O'Hara (Poly)	2011	162-4	Brandon Alcanter (King)	2011
53-6	Matt Stewart (Santiago)	2014	162-2	Tama Finau (Mesa)	2015
53-5	Smutty Diecks (Poly)	1994	162-1	Matt Stewart (Santiago)	2014
53-5	Arturo Murillo (Ramona)	2009	162-0	Michael Payne (Murrieta Valley)	2013
			161-11	Chris Lucker (La Sierra)	2001
			161-10	Ryan Gonter (Vista)	2017
			161-9	Mike Haig (Norco)	1989
			161-9	Skyler Pray (Great Oak)	2010
			161-9	Aaron Jeglin (San Jacinto)	2010
			161-8	Christian Fonseca (Elsinore)	2017
			161-6	Cody Lynn (Paloma Valley)	2007
			161-5	Brock Wallander (Vista)	2016
			161-4	Eduardo Garcia (Rubidoux)	2006
			161-3	Sonny Soto (Ramona)	1991
			161-2	Andrew Misipeka (Chaparral)	2004
			161-0	Andre Evans (Corona)	2010
			160-8	Lucas Miranda (Hemet)	1996
			160-8	Zekai Wu (Roosevelt)	2013
			160-7	Tevita Stevens (Hemet)	2005
			160-7	Jordan Brawley (Citrus Hill)	2014
			160-6	Paul Staub (Hemet)	1980
			160-5	Anthony Avina (Lakeside)	2010
			160-3	Ryan Gann (Corona)	2009
			160-2	Padric Higgins (Norco)	1989
			160-2	Bobbie Schwandt (La Sierra)	2005
			159-11	Tony Tuala (Temescal)	2003
			159-10	Alatorre (Indio)	1980
			159-8	Andy Richards (Hemet)	2006
			159-5	Chris Stevens (Hemet)	1998
			159-5	Alec Jones (King)	2017
			159-1	Gabriel Vargas (Vista del Lago)	2010
			158-10	Westley Siebdrath (La Quinta)	2015
			158-9	Alan Heidrich (Beaumont)	1994

## Discus

200-3	Jarered Morgan (La Quinta)	2002	161-9	Skyler Pray (Great Oak)	2010
198-6	Seth Knowlton (Great Oak)	2016	161-9	Aaron Jeglin (San Jacinto)	2010
198-1	Gabe Torre (Notre Dame)	1992	161-8	Christian Fonseca (Elsinore)	2017
192-4	John Gallagher (Palm Desert)	1989	161-6	Cody Lynn (Paloma Valley)	2007
191-1	Greg Garza (Indio)	2003	161-5	Brock Wallander (Vista)	2016
190-11	Josh Johnson (Valley View)	2017	161-4	Eduardo Garcia (Rubidoux)	2006
188-10	Jason Rider (Murrieta)	2001	161-3	Sonny Soto (Ramona)	1991
188-7	Hank Kraychir (San Jacinto)	1979	161-2	Andrew Misipeka (Chaparral)	2004
187-8	Nick Ponzio (Great Oak)	2013	161-0	Andre Evans (Corona)	2010
187-0	Jarered Morgan (La Quinta)	2001	160-8	Lucas Miranda (Hemet)	1996
184-4	Josh Rider (Murrieta)	2000	160-8	Zekai Wu (Roosevelt)	2013
184-3	Brandis Dew (Hemet)	2005	160-7	Tevita Stevens (Hemet)	2005
183-8	Matt Lahti (Murrieta Valley)	2006	160-7	Jordan Brawley (Citrus Hill)	2014
182-3	Coleman Johnson (Poly)	1994	160-6	Paul Staub (Hemet)	1980
182-0	Matt Gomez (Rubidoux)	1999	160-5	Anthony Avina (Lakeside)	2010
181-0	Omar Valenzuela (La Quinta)	2015	160-3	Ryan Gann (Corona)	2009
177-7	Rick Youngquist (Temescal)	2005	160-2	Padric Higgins (Norco)	1989
177-2	Jordan Davis (Elsinore)	2015	160-2	Bobbie Schwandt (La Sierra)	2005
176-8	Kris Kirk (Elsinore)	2010	159-11	Tony Tuala (Temescal)	2003
175-5	Jacob Castilow (Elsinore)	2012	159-10	Alatorre (Indio)	1980
175-4	Sapule Ta'amilo (Vista)	2012	159-8	Andy Richards (Hemet)	2006
174-6	Eldon Milholland (Hemet)	1965	159-5	Chris Stevens (Hemet)	1998
174-1	Jake Knight (Rubidoux)	2001	159-5	Alec Jones (King)	2017
173-10	Kyle Strawn (Great Oak)	2011	159-1	Gabriel Vargas (Vista del Lago)	2010
173-3	Matt Wiley (Hemet)	1989	158-10	Westley Siebdrath (La Quinta)	2015
173-2	Jaime Navarro (Great Oak)	2017	158-9	Alan Heidrich (Beaumont)	1994

158-9	Jean-Paul Afif (Temecula Valley)	1998	152-2	Joseph Young (Santiago)	2010
158-9	Patrick Clifford (Chaparral)	2013	152-1	Lee Felmley (Norco)	1987
158-5	*Lawrence O'Hara (Poly)	2013	152-1	Ben Echevarria (Corona)	2013
158-4	Armando Ceja (Xavier Prep)	2012	152-1	Dell Campbell (King)	2004
157-11	Andres Henry (Heritage)	2016	152-1	Sergio Hernandez (Cathedral City)	2014
157-10	Alan Bash (Norco)	1977	151-11	Patrick Afif (Temecula)	2001
157-10	Marcos Cordenas (Moreno Valley)	1998	151-10	*Jacob Costilow (Elsinore)	2011
157-5	Tyler Cisneros (Palm Springs)	2007	151-9	Connor Anderson (Ramona)	2016
157-4	Fernando Cordero (San Jacinto)	1992	151-8	Steven Hardy (Beaumont)	2001
157-4	Brock Lasky (Poly)	2005	151-8	Jeff Tavashati (Murrieta)	2008
157-3	Charles Bochard (Elsinore)	2010	151-7	*Jaquan Scott (La Sierra)	2011
157-1	Matt Hauffen (Norte Vista)	2010	151-6	Oscar Rodriguez (Palm Desert)	2004
157-0	Andre Abrams (Perris)	1990	151-5	*Mark Sumler (Indio)	2011
156-9	Tony Stello (Canyon Springs)	1990	151-5	Donnell Toliver (Vista)	2013
156-7	Ryan Tucker (Corona)	2001	151-4	Brett Brown (Corona)	1991
156-6	Siua O'Reilly (Hemet)	1995	151-4	CJ Hicks (Hemet)	2015
156-6	Greg Harris (Corona)	1996	151-3	Walter McNeil (Jurupa Valley)	1997
156-6	Fernando Rodriguez (Elsinore)	2014	151-2	Lucia (Indio)	1982
156-5	*Aaron Jeglin (San Jacinto)	2009	151-1	Lucas Miranda (Hemet)	1994
156-4	Bobby Vail (Palm Springs)	1999	151-0	Rosario Salazar (North)	1989
156-4	Shaun Dech (Elsinore)	2013	151-0	Jason Byrd (Temecula)	1996
156-3	Jason Allison Canyon Springs)	1995	150-11	PJ Bradley (Cathedral City)	2002
156-3	Gavin Coath (Hemet)	2013	150-11	Andrew Misipeka (Chaparral)	2005
156-2	Dan Anady (Hemet)	1978	150-10	Nandho Rodriguez (Elsinore)	2014
156-2	Mike Edge (Indio)	1987	150-9	*Rogelio Moreno (San Jacinto)	2011
156-2	Ryan Dannewitz (San Jacinto)	2008	150-9	Rico Stubbs (Elsinore)	2013
156-0	Jeremy Fernandez (La Sierra)	2004	150-8	Ernesto Alvarez (San Jacinto)	1996
155-10	Curtis Romano (Vista)	2008	150-8	Barnes (King)	2002
155-10	Spencer Moorman (San Jacinto)	2010	150-8	Chris Harris (Canyon Springs)	2005
155-9	Jim Smith (Elsinore)	1993	150-7	Dave Mundt (Norco)	1985
155-9	Kartiaire Young (La Sierra)	2014	150-7	CJ Hicks (Hemet)	2014
155-7	Doonie Carlos (Rubidoux)	2003	150-6	Tim Garcia (Moreno Valley)	1984
155-7	Marcus Pallares (Norte Vista)	2008	150-6	John Ryan (Murrieta Valley)	1999
155-6	Steve Hymer (Temescal)	1995	150-6	*John Ober (Patriot)	2017
155-5	Justin Slater (La Sierra)	2007	150-5	Garen Holmes (Norco)	1997
155-3	Richard Wallace (Norco)	1977	150-5	Roberto Reyes (Ramona)	2012
154-10	Mounga Tevita (Vista)	2014	150-4	Jorge Cervantes (Indio)	2010
154-8	Terry Dowell (West Valley)	2000	150-3	Christopher Brown (Desert Hot Springs)	2014
154-6	Greet (Ramona)	1985	150-2	Adam Simler (Hemet)	2003
154-5	Andrew Sterndale (Chaparral)	2005	150-1	Daniel Mendez (La Sierra)	2006
154-5	Eric DeVries (Hemet)	2007	150-0	L Ortiz (Corona)	1977
154-2	Jon Perona (Elsinore)	1989	150-0	Eichelmann (Indio)	1976
154-0	Nick Cullen-Carroll (San Jacinto)	2006			
154-0	Justin Barlow (Great Oak)	2013			
153-10	Marcos Villegas (Murrieta Valley)	2015			
153-9	Colby Buttner (Norco)	1993	6056	Henry Vildosola (Woodcrest)	2010
153-7	Shawn Mack (Paloma Valley)	2011	5865	Chris Campbell (Poly)	1995
153-6	Steve Nord (Hemet)	1981	5864	Louie Romero (Indio)	1978
153-6	*Josiah Ricciardi (Hemet)	2015	5545	Jack Reed (Indio)	1975
153-5	Cameron Lyman (Perris)	1988	5343	Gilbert Amesse (Elsinore)	1993
153-3	Brandon Haskett (San Jacinto)	1999	5188	*Darien Bailey (Temecula Prep)	2008
153-3	Nathan Bell (Perris)	2016	4984	Shamori Walker (Moreno Valley)	1993
153-2	*Ben Echeverria (Corona)	2012	4789	Jeremy Lugimbill (Poly)	1996
153-1	Joe Canavan (Palm Desert)	2007	4764	*Kevin Duncan (Poly)	2003
153-0	Moises Barragan (Palm Springs)	2009	4694	David Pefley (West alley)	2000
153-0	Matt O'Hara (Poly)	2012	4677	Eric Whitman (Poly)	2002
152-10	Brergerman (Hemet)	1998	4577	Frank Almaraz (Banning)	2003
152-10	Grant Cleary (Vista)	2013	4519	Nathan Irvin (Poly)	1997
152-10	Chris Whitscher (La Sierra)	2003	4512	Eric Whitman (Poly)	2003
152-10	*Kehlin Hayes (Roosevelt)	2017	4488	Kevin Gatrost (Elsinore)	2013
152-9	Henry Stevens (Banning)	1995	4478	Jusin Davis (Elsinore)	2016
152-8	Tim Garcia (Moreno Valley)	1986	4475	Brian Moore (West Valley)	1999
152-8	Andrew Sterndale (Chaparral)	2004	4473	Jacob Reynolds (Elsinore)	2017
152-8	*Charles Bochard (Elsinore)	2009	4312	*Dave Wirtzfeld (Poly)	1997
152-7	Chreis Gura (Beaumont)	2013			
152-6	Ricci (Moreno Valley)	1977			
152-5	Brandon Harris (Rancho Verde)	2000			
152-5	Gavin Gomes (Hemet)	2012	206-1	*Silas Hurst (Santiago)	2017
152-4	Jake Cole (Hamilton)	2005			
152-4	Tristan Corwin (Elsinore)	2014			
152-4	Tevita Mounga (Vista)	2015			
152-3	Ricky Rhay (Poly)	1992			
152-3	Kevin Johnswon (Ramona)	2016			
152-2	Keith Kelly (Corona)	1987			
152-2	Greg Robinson (Temescal)	1998			

## Decathlon

## Hammer (#12)

# GIRLS ALL-TIME BEST MARKS LIST

			12.09	*Khala Taylor (Great Oak)	2011
			12.10	*Breanna Bernard-Joseph (Roosevelt)	2017
11.0	Renee Chambers (Poly)	1979	12.11	Unique Anderson (Temescal)	2003
11.0	Shelly McDade (Norte Vista)	1979	12.11	Kimberly Sherrod (Murrieta)	2005
11.0	Robin Shelton (Corona)	1982	12.11	*Dynese Adams (Vista)	2009
11.1	Lisa Winston (North)	1978	12.12	Ciynamon Stevenson (Great Oak)	2016
11.1	Pauline Marag (Palm Springs)	1981	12.13	Precious Watkins (Rancho Verde)	2007
11.2	Pam Streeter (North)	1975	12.13	Jazmine Weatherspoon (Vista)	2009
11.2	Jamie Brown Canyon Springs)	1993	12.13	***Audriana Holloway (Vista)	2011
11.2	Shania Edwards-Hambrick (Moreno Val)	1993	12.13	Jasmyne Graham (Roosevelt)	2015
11.3	Denise Woodward (Hemet)	1982	12.14c	Antionette Winston (Perris)	11.9 1979
11.3	J Keeton (Corona)	1983	12.14c	Ashanti Phannix (Moreno Valley)	11.9 1998
11.3	Tanya Antuina (Norte Dame)	1983	12.14c	April Henderson (San Jacinto)	11.9 1999
11.3	Robin Shelton oreno Valley)	1983	12.14	Angie Lindsey (Canyon Springs)	2001
11.53	Alicia Howard (Valley View)	1997	12.14	*Jordyn Smith (Corona)	2015
11.59	Thompson (Rudidoux)	1982	12.14	*Haley Murdica (Palm Desert)	2017
11.4	Ingrid Brown (La Sierra)	1984	12.15	Breeanca Fleming (Great Oak)	2007
11.4	Seruaia Strange (Indio)	1986	12.16	Bobbi Jones (Indio)	1984
11.4	Yvette McCullough (Arlington)	1986	12.16	Jade Miller (Great Oak)	2013
11.4	Keisha Morgan (Canyon Springs)	1990	12.16	*Jaela Williams (Roosevelt)	2014
11.4	Latoya LeJav (Canyon Springs)	1993	12.16	***Sydney Reid (King)	2015
11.4	Theodosha_Rivers (Rancho Verde)	1995	12.18	Kim Burress (Temescal)	1999
11.4	Jessica Branker-Sanchez (Temescal)	2000	12.18	Alexis Deja (Great Oak)	2017
11.66	Ingrid James (Ramona)	1988	12.19	Shanee Somerville (Palm Springs)	1991
11.5	La Deanna Reynolds (Poly)	1982	12.19	*India Webb (Vista)	2013
11.5	Bobbi Jones (Indio)	1984	12.19	Doni Evans (Centennial)	2015
11.5	Kathy Lynaugh (Arlington)	1984	12.20	Jessica Branker-Sanchez (Temescal)	2001
11.6	Visa Boatman (Arlington)	1981	12.20	**Danae Dyer (Temecula Valley)	2016
11.6	Christy Slaughter (Poly)	1990	12.21	Nettie Scott (Corona)	2010
11.6	Joanna Hayes (North)	1993	12.21	Taisyn Crutchfield (Roosevelt)	2014
11.6	Marlene White (Norco)	1993	12.22	*Tiona Roberts (Roosevelt)	2017
11.6	Ashanti Phamux (Moreno Valley)	1996	12.24c	Nativa Johnson (Moreno Valley)	12.0 2004
11.6	Lenzy (Canyon Springs)	1999	12.24	*Tia Parish (King)	2015
11.6	Zaneta Robbs (Temecula)	2000	12.25	Alicia Howard (Valley View)	1997
Wind-Aided:			12.26	**Diamonique Brogan (Heritage)	2013
11.4	Milauskas (Palm Springs)	1987	12.28	**Kiarra Baker (Roosevelt)	2010
			12.29	Serma Strange (Indio)	1985
			12.29	Ranisha Delone (Rancho Verde)	2001
			12.30	*Audriana Holloway (Mesa)	2013
			12.30	*Rahni Shakir (Vista)	2013
11.61	Madinah Ali (Canyon Springs)	1995	12.31	Jenna Tomlin (Paloma Valley)	2002
11.62	Lonshay Bradford (Elsinore)	2015	12.31	**Yazmin Taylor (Roosevelt)	2010
11.64	Courtne Davis (Roosevelt)	2015	12.31	**Sharidan Sharpe (Centennial)	2010
11.67	Tracee Thomas (North)	1999	12.32	**Ugochi Ogbunamiri (Notre Dame)	2011
11.67	Nicole Denby (North)	2000	12.32	* M'fon Ibekewe (JW North)	2014
11.68	*Amanda Van Buren (Vista)	2015	12.32	*Janessa Celestine (Beaumont)	2016
11.68	Eboni Sutherland (Centennial)	2013	12.32	Taylor Matthews (Rancho Verde)	2012
11.73	Ashlee Brown (North)	2001	12.33	Chika Chinedu-Obi (Rancho Verde)	2017
11.73	Jessika Hornsby (Rancho Verde)	2007	12.33	Celine Fleming Canyon Springs)	1989
11.73	Saravia Richardson (North)	2006	12.34	Dejuana Stachell (Beaumont)	12.1 1997
11.73	*Asiah Gooden (Rancho Verde)	2009	12.34c	Maude Best (Banning)	12.1 1997
11.73	Kayla Wilson (La Quinta)	2014	12.34c	Jesscia Williams (La Sierra)	12.1 1999
11.76	Shae Anderson (Norco)	2017	12.34c	Candace Wilson (La Sierra)	12.1 1999
11.78	Destiny Longmire (Rancho Verde)	2016	12.34c	DeTuana Satchel (Banning)	12.1 1999
11.79	Alicia King (Rancho Verde)	2007	12.34c	Wilson (Hemet)	12.1 2000
11.85	DeAnna Carson (Vista del ago)	2003	12.34c	Katie Christianson (La Quinta)	12.1 2000
11.85	Ashley Marshall (Rancho Verde)	2011	12.34c	Hannah Francescon (Temecula)	12.1 2005
11.90	Michelle Norman (Vista)	2014	12.34	Jordyn Smith (Corona)	2013
11.91	Dominique Manning (North)	2004	12.34	**Chioma Okonkwo (Murrieta Mesa)	2017
11.92	*Alycia Herring (Rancho Verde)	2009	12.34	Orlisha Henlon (King)	2002
11.92	Lauren Nichols (Murrieta Valley)	2012	12.35	Ogonna Agu (Hemet)	2006
11.93	Bridgette Williams (North)	2000	12.35	Morgan Pope (La Quinta)	2009
11.97	Jenna Tomlin (Paloma Valley)	2003	12.35	** Ciynamon Stevenson (Great Oak)	2014
12.01	Nicole Hoxie (North)	1997	12.35	***Jillian Goza (Vista)	2015
12.02	Kaelynn Greene (Roosevelt)	2011	12.35	*Damatria Willingham (Paloma Valley)	2016
12.02	Alexis Sutherland (Corona)	2017	12.35	Lafonda Thompson (North)	2006
12.03	Theodosha Rivers (Rancho Verde)	1995	12.36	**Mariah Allain (La Sierra)	2016
12.03	*Mariah Allain (La Sierra)	2017	12.36	**Angela Mitchell (Roosevelt)	2012
12.04	Kameria Heru (Arlington)	2001	12.38	Kamaria Heru (Arlington)	2002
12.05	*Tylin Sands (Beaumont)	2016	12.39	Kierra Augster (Vista)	2009
12.07	Ashley Perkins (Norco)	2009	12.40	*Kiarra Baker (Roosevelt)	2011
12.09	Mary Carroll (Coachella)	1982	12.40		

12.40	Sheridan Sharpe (Roosevelt)		2012	12.60	Kamilah Ali (Moreno Valley)		1989
12.40	***Tiona Roberts (Roosevelt)		2015	12.61	Miracle Onyemaobi (Paloma Valley)		2017
12.41	*Angela Mitchell (Roosevelt)		2013	12.62	*Luzella Harris (Vista)		2017
12.41	Rickee Varnado (Rancho Verde)		2014	12.63	Diane Temple (Norte Dame)		1994
12.41	Simone Bucanan (Roosevelt)		2014	12.64c	Lisa Poole (Perris)	12.4	1982
12.42	Natasha King (North)		1991	12.64c	Marie Stamps (Perris)	12.4	1984
12.42	Bryana Hairston (Mesa)		2016	12.64c	Jamie Brown (Canyon Springs)	12.4	1993
12.43	Christie Slaughter (Poly)		1989	12.64c	Debrina Wright (Corona)	12.4	1994
12.43	***Mariah Allain (Norte Vista)		2015	12.64c	Shanti Oyenuga (Palm Desert)	12.4	1995
12.44	La Deanna Reynolds (Poly)		1984	12.64c	Kari Snow (Norco)	12.4	2002
12.44c	Diane Temple (Notre Dame)	12.2	1995	12.64c	Mercedes Scrivens (Paloma Valley)	12.4	2003
12.44	Jessica Branker-Sanchez (Temescal)		2003	12.64c	Brison (North)	12.4	2004
12.44c	Sigueria Spirlin (Valley View)	12.2	2004	12.64c	LaQuesha Robinson (La Sierra)	12.4	2004
12.44c	Sina Weisemann (Vista)	12.2	2005	12.64c	Chalon Conley (Arlington)	12.4	2004
12.44	Andi Ross (North)		2006	12.64c	Edwards (Canyon Springs)	12.4	2004
12.44	Seguria Spirlin (Moreno Valley)		2006	12.64	**Ashley Marshall (Rancho Verde)		2009
12.44	**Tia Parrish (King)		2014	12.65	Diamonique Pate (Rancho Verde)		2008
12.44	***Alana Wilson (La Quinta)		2015	12.65	Starlynn Singleton (Mesa)		2013
12.44	Te'a Lynch (Rancho Verde)		2017	12.66	***Lydia Buggs (Vista)		2014
12.45	Tanicka Ward (North)		2003	12.67	Unique Lewis (Hemet)		1989
12.45	Omonlego Ovude (Santiago)		2006	12.67	***Edge Ndipaghor (La Sierra)		2017
12.45	Lovie Burlson (Vista)		2015	12.69	Shammeen Dawson (Perris)		2001
12.45	Hailey Murdica (Palm Desert)		2016	12.70	Nikki Horton (Canyon Springs)		1989
12.46	Ishea Blackshear (North)		1996	12.70	Norma Esqueda (La Quinta)		2001
12.46	*Kierra Auguster (Vista)		2008	12.70	***Rahni Shakir (Vista)		2011
12.46	Cydney Jones (King)		2012	12.70	**Charizma Guzman (King)		2015
12.48	Zona Chandler (Elsinore)		1981	12.70	***Dannae Dyer (Temecula Valley)		2015
12.48	Marjani Maldonado (North)		2006	12.70	Aven LaMere (La Quinta)		2017
12.48	Stephanie Brown (Rancho Verde)		2012				
12.49	Shania Edwards (Moreno Valley)		1993		Wind-Aided:		
12.50	Kiarra Baker (Roosevelt)		2012	11.51	Ashlee Brown (North)		2001
12.50	*Jazmyne Santiel (Indio)		2015	11.57	Eboni Sutherland (Centennial)		2013
12.51	Denise Johnson (Corona)		1990	11.58	Tracee Thomas (North)		1999
12.51	Brittany Osborne (Santiago)		2009	11.58	*Asiah Gooden (Rancho Verde)		2009
12.51	*Miracle Onyemaobi (Chaparral)		2016	11.58	*Kayla Wilson (La Quinta)		2013
12.52	Deanna Clawson (Hemet)		1991	11.62	Courtnee Davis (Roosevelt)		2015
12.52	Luckie Carrasco (Vista)		2007	11.68	Alicia King (Rancho Verde)		2007
12.52	Nachelle Reyes (Rancho Verde)		2011	11.73	Lauren Nichols (Murrieta Valley)		2012
12.52	Rahni Shakir (Vista)		2014	11.75	*Alycia Herring (Rancho Verde)		2009
12.52	**Tiona Roberts (Roosevelt)		2016	11.77	Ashley Marshall (Rancho Verde)		2011
12.53	Tajshari Johnson (North)		1998	11.83	DeAnna Carson (Vista del Lago)		2003
12.53	Kanisha Cass (Rancho Verde)		2000	11.86	*Courtne Davis (King)		2014
12.53	*Kristy Allen (Santiago)		2008	11.87	Nicole Hoxie (North)		1997
12.54c	Keisha Morgan (Canyon Springs)	12.3	1990	11.87	Dominique Manning (North)		2004
12.54c	Dana Burrell (Corona)	12.3	1995	11.88	Ashley Perkins (Norco)		2009
12.54c	Yvette McCullough (Arlington)	12.3	1986	11.90	Kaelyn Greene (Roosevelt)		2011
12.54c	Julia Gray (North)	12.3	1997	11.93	Unique Anderson (Temescal)		2003
12.54	*Nenia Taylor (Norco)		2010	11.93	*Jaela Williams (Roosevelt)		2014
12.54	*Amber Sanford (King)		2009	11.95	*Dynesee Adams (Vista)		2009
12.54	Robyn Carroll (Lakeside)		2008	11.99	Shanee Somerville (Palm Springs)		1991
12.54	Nechelle Reyes (Rancho Verde)		2011	12.00	Taisyn Crutchfield (Roosevelt)		2014
12.54	*Iris Chijioke (Roosevelt)		2011	12.00	*Mariah Allain (LA Sierra)		2017
12.54	Shebanette Terry (Vista)		2013	12.01	Nicole Denby (North)		1998
12.54	*Alondra Gonzalez (Norte Vista)		2015	12.03	Nativa Johnson (Moreno Valley)		2004
12.54	**Anayah Pelt (Perris)		2016	12.03	Cydney Jones (King)		2012
12.55	**Brandee Rodriguez (Elsinore)		2010	12.03	*Audriana Holloway (Mesa)		2013
12.55	Duncan Nikia (Murrieta)		2009	12.04c	Mary Carroll (Coachella)	11.8	1982
12.56	Candice Flemister (Perris)		1991	12.04c	Taryn Foster (Poly)	11.8	1993
12.56	*Brianna Harris (San Jacinto)		2016	12.04	Tanika Ward (North)		2003
12.56	*Aaliyah Richardson (Corona)		2017	12.05	*Hailey Murdica (Palm Desert)		2017
12.57	Courtney Logan (Indio)		1990	12.08	*Tiona Roberts (Roosevelt)		2017
12.57	Alicia Thomas (Ramona)		1992	12.09	Khala Taylor (Great Oak)		2012
12.57	Destiny Tyler (Canyon Springs)		2007	12.10	Nettie Scott (Corona)		2010
12.57	*Nalacia Nelson (Beaumont)		2016	12.10	Jasmine Weatherspoon (Vista)		2009
12.58	Tiyauna Anderson (Murrieta)		2007	12.10	D'oni Evans (Centennial)		2015
12.58	*Camille Bowen (Riv Chr)		2009	12.11	**Cynamon Stevenson (Great Oak)		2014
12.58	Destannie Chenevert (San Jacinto)		2011	12.12	Iris Chijioke (Roosevelt)		2012
12.58	*Lillie Rellin (Canyon Springs)		2011	12.12	Deja Alexis (Great Oak)		2017
12.58	***Daja Reynolds (Heritage)		2013	12.13	Breanca Fleming (Great Oak)		2007
12.58	Khasya Cunningham (King)		2015	12.14c	Shania Edwards (Moreno Valley)		1993
12.59	*Brandee Rodriguez (Elsinore)		2012	12.16	**Kiarra Baker (Roosevelt)		2010
12.59	*D'Oni Evans (Centennial)		2013	12.17	India Webb (Vista)		2014
12.59	*Lovie Burlson (Vista)		2013	12.17	*Chioma Okonwo (Mesa)		2017
12.59	**Naomi Lashley (Chaparral)		2016	12.19	**Amber Sanford (King)		2008
12.59	*Alana Wilson (La Quinta)		2017	12.21	Destannie Chenevert (San Jacinto)		2011

12.21	*Tia Parris (King)		2015	12.61	Precious Watkins (Rancho Verde)		2004
12.23	Marjani Maldonado (North)		2008	12.61	Regina Sheffield (Paloma)		2015
12.24	Stephanie Brown (Rancho Verde)		2012	12.62	Nikki Horton (Canyon Springs)		1989
12.24	*Angela Mitchell (Roosevelt)		2013	12.62	Brittany Osborne (Santiago)		2009
12.25	Ogonna Agu (Hemet)		2006	12.62	Kieana Morrison (North)		2008
12.27	Natasha King (North)		1991	12.62	Hanna Francescon (Temecula)		2008
12.27	Marjani Maldando (North)		2007	12.62	*Rahni Shakir (Vista)		2013
12.29	**Dynese Adams (Vista)		2008	12.63	Kristen Johnston (Great Oak)		2007
12.30	***Mariah Allain (Norte Vista)		2015	12.63	***Kimberly Evans (Temecula Valley)		2015
12.31	Seguria Spirlin (Moreno Valley)		2006	12.64	***Azalea Guanajuato (Cathedral City)		2015
12.31	Deanna Grover (San Jacinto)		2007	12.65	*Michelle Akanji (Santiago)		2012
12.33	Diane Temple (Norte Dame)		1994	12.66	Robin Shelton (Moreno Valley)		1983
12.33	Jessica Banker- Sanchez (Temescal)		2003	12.66	Alondra Gonzalez (Norte Vista)		2015
12.33	Orlisha Henlon (King)		2003				
12.33	Kiarra Baker (Roosevelt)		2012				
12.37	Camille Bowen (Riv Christian)		2010				
12.38	Morgan Pope (La Quinta)		2009	23.28	Tracee Thomas (North)		1999
12.38	Ashleigh Wells (Roosevelt)		2009	23.67	Shae Anderson (Norco)		2017
12.38	**Uwakmfon (m'fon) Ibekwe (North)		2013	23.68	*Alycia Herring (Rancho Verde)		2009
12.38	Rahni Shakir (Vista)		2014	23.72	Madinah Ali (Canyon Springs)		1995
12.38	***Alana Wilson (La Quinta)		2015	23.79	Eboni Sutherland (Centennial)		2013
12.38	**Tylin Sands (Beaumont)		2015	23.86	*Gabrielle Estell (Rancho Verde)		2010
12.39	Sheridan Sharpe (Roosevelt)		2012	23.90	Jessika Hornsby (Rancho Verde)		2007
12.41	Amber Hegwood (Poly)		2008	24.04	*Kayla Wilson (La Quinta)		2013
12.42	Tiyauna Anderson (Murrieta)		2007	24.06	Saravia Richardson (North)		2006
12.42	**Diamonique Brogan (Heritage)		2013	24.21	Bridgette Williams (North)		2000
12.43	Morgan Pope (La Quinta)		2008	24.24c	Terica Ned (Rancho Verde)	24.0	1999
12.43	*Atiya Strange (Indio)		2012	24.33	*Amanda Van Buren (Vista)		2015
12.44c	Dorris Williams (Poly)	12.2	1985	24.34	Alicia King (Rancho Verde)		2007
12.44c	Kellye Lazarus (King)	12.2	2004	24.36	Ashley Perkins (Norco)		2009
12.44	Andi Ross (North)		2006	24.39	Courtne Davis (Roosevelt)		2015
12.45	*Asha Greene (Vista)		2008	24.42	*Akia Armstrong (Roosevelt)		2012
12.45	*Alexis League (La Sierra)		2012	24.44	*Asiah Gooden (Rancho Verde)		2009
12.45	*Simone Buchanan (Roosevelt)		2013	24.44	Alexis Sutherland (Corona)		2017
12.45	* Khasya Cunningham (King)		2014	24.46	Theodosha Rivers (Rancho Verde)		1995
12.46	Amanda Gonzalez (Corona)		2014	24.52	**Chioma Okonkwo (Mesa)		2017
12.46	Sumaiyah Sullivan (Jurupa Valley)		2015	24.60	Khala Taylor (Great Oak)		2012
12.47	**Taylor Matthew (Rancho Verde)		2010	24.62	DeAnna Carson (Vista del Lago)		2003
12.47	Robyn Carroll (Lakeside)		2008	24.63	***Audriana Holloway (Vista)		2011
12.47	***Nenia Taylor (Norco)		2008	24.63	* Courtne Davis (King)		2014
12.48	Luckie Carrasco (Vista)		2007	24.66	Ogonna Agu (Hemet)		2006
12.49	Jasmine Seymour (Paloma Valley)		2007	24.68	Julia Gray (North)		1995
12.51	Moriah Jubray (Centennial)		2005	24.68	Cyndney Powell (Corona)		2014
12.51	Cyndney Powell (Corona)		2014	24.70	Cydney Jones (King)		2012
12.51	*Aaliyah Richardson (Corona)		2017	24.70	Loryn Nichols (Murrieta Valley)		2012
12.52	*Amber Lambert (Corona)		2011	24.71	Jade Miller (Great Oak)		2013
12.52	Kate Rodriguez (Elsinore)		2013	24.73	Ashley Marshall (Rancho Verde)		2011
12.52	Dystiny Johnson (Great Oak)		2014	24.75	Akia Armstrong (Roosevelt)		2013
12.53	*Camille Davis (North)		2010	24.79	Taylor Smith (Roosevelt)		2015
12.54	Omonlego Avbude (Santiago)		2005	24.81	Shanee Somerville (Palm Springs)		1991
12.54	*Cydney Jones (King)		2011	24.82	Payton Green (Centennial)		2016
12.54	**Imiendei Adegbe (Santiago)		2015	24.83	***Amber Munerlyn (Santiago)		2010
12.54	**Kolonnine Greene (Great Oak)		2017	24.83	Lonshay Bradford (Elsinore)		2015
12.54	**Adrianna Alexander (Centennial)		2017	24.84	Ashanti Phannix (Moreno Valley)		1998
12.55	Moriah Jubrey (Centennial)		2003	24.85	*Taisyn Crutchfield (Roosevelt)		2013
12.55	Paige Miller (Rancho Verde)		2006	24.87+	Renee Chambers (Poly)	25.01y	1979
12.55	**Brandee Rodriguez (Elsinore)		2010	24.87	Emily Cooper (Vista del Lago)		2010
12.55	*Charmane Hammond (Perris)		2011	24.89	Kim Burress (Temescal)		1999
12.55	Jennifer Van Wey (Linfield)		2009	24.89	Precious Watkins (Rancho Verde)		2006
12.55	*Luzella Harris (Vista)		2017	24.89	*Dynese Adams (Vista)		2009
12.55	Sandra Jackson (Palm Desert)		2017	24.90	Nettie Scott (Corona)		2010
12.56	**Sharidan Sharpe (Centennial)		2010	24.92	Tamika Ward (North)		2001
12.56	*Anniya Pelt (Perris)		2017	24.94c	Ashlee Brown (North)	24.7	2001
12.57	Heather Brown (Notre Dame)		2003	24.94	Lorraine King (North)		2004
12.57	***Jazmyne Santiel (Indio)		2013	24.95	*Angela Mitchell (Roosevelt)		2013
12.58	Chynna Swift (Chaparral)		2017	24.96	Lafonda Thompson (North)		2006
12.58	Micah Coleman (Cathedral City)		2017	24.97	India Webb (Vista)		2014
12.59	Unique Lewis (Hemet)		1989	25.00	Michelle Norman (Vista)		2014
12.59	Shanti Oyenuga (Palm Desert)		1997	25.02	*Simone Buchanan (Roosevelt)		2013
12.59	*Naomi Lasley (Chaparral)		2017	25.04c	Raynisha Delone (Rancho Verde)	24.8	1999
12.60	Djuara Jackson (Arlington)		2005	25.04c	Shelese Ruffin (Beaumont)	24.8	2004
12.60	Ashley Perkins (Norco)		2007	25.08	Gayle Hunter (North)		2003
12.61	J Keeton (Corona)		1983	25.09	*Danae Dyer (Temecula Valley)		2017
12.61	Dana Burrell (Corona)		1997	25.11	Ashleigh Wells (Roosevelt)		2009
12.61	*Sarai Reyes (Indio)		2013	25.12	Cynamon Stevenson (Great Oak)		2016



25.14c	Bizzle (North)	24.9	2000	25.76	**Alana Wilson (La Quinta)	2016
25.14c	Jennifer Steen (La Sierra)	24.9	2000	25.77	Shemanette Terry (Vista)	2013
25.14	**Deja Allain (La Sierra)		2017	25.77	*Deja Alexis (Great Oak)	2017
25.15	**Uwakmfon (M'fon) Ibekwe (North)		2013	25.78	Bobbie Tones (Indio)	1984
25.18	Jamie Brown (Canyon Springs)		1993	25.78	Alicia Howard (Valley View)	1997
25.20	Jasmine Weatherspoon (Vista)		2009	25.79+	Jackson (North)	25.7y 1976
25.20	**Kiarra Baker (Roosevelt)		2010	25.79+	Antionette Winston (Perris)	25.7y 1979
25.20	Tylin Sands (Beaumont)		2017	25.79	Keisha Morgan (Canyon Springs)	1991
25.21	Breecana Fleming (Great Oak)		2007	25.80	Norma Esqueda (La Quinta)	2003
25.24c	Kamoria Heru (Arlington)	25.0	2000	25.80	Chalon Conley (Arlington)	2004
25.24	Iris Chijioke (Roosevelt)		2012	25.80	*Kristian Wright (Canyon Springs)	2010
25.26	Rochelle Reese (Corona)		1988	25.81	Carrie Walls (Canyon Springs)	1996
25.28	Audriana Holloway (Mesa)		2014	25.81	Khasya Cunningham (King)	2015
25.28	*Hailey Murdica (Palm Desert)		2017	25.81	**Anayah Pelt (Perris)	2016
25.32	Orlisha Henlon (King)		2003	25.83	*Brianna Cole (Santiago)	2010
25.34c	Oganna Agu (Hemet)	25.1	2004	25.84c	Erin Green (North)	25.6 1993
25.34	*Kaelynn Greene (Roosevelt)		2010	25.84c	Evandra Owens (Hemet)	25.6 1995
25.34	*Mariah Mora (Mesa)		2013	25.84c	Chaunte Howard (North)	25.6 2000
25.34	*Tia Parrish (King)		2015	25.85	Camille Williams (Vista)	2010
25.34	*Mariah Allain (La Sierra)		2017	25.86	Ingrid James (Ramona)	1988
25.35	Denise Johnson (Corona)		1990	25.86	*Jessica Johnson (Centennial)	2009
25.35	Kim Sherrod (Murrieta)		2006	25.87	***Dynes Adams (Vista)	2007
25.36	*Amber Sanford (King)		2009	25.87	*Sumaje Howard (Rancho Verde)	2012
25.39	Sumaje Howard (Rancho Verde)		2013	25.87	***Alana Wilson (La Quinta)	2015
25.40	*Tiona Roberts (Roosevelt)		2017	25.87	Chika Chinedu-Obi (Rancho Verde)	2017
25.42	**Sharidan Sharpe (Centennial)		2010	25.88	*Tori Alemany (Chaparral)	2012
25.42	Mercy Akanji (Santiago)		2013	25.89	Tasha McNair (Valley View)	2000
25.43	Kanisha Cass (Rancho Verde)		2000	25.89	Jenna Tomlin (Paloma Valley)	2003
25.43	*Damatria Willingham (Paloma Valley)		2016	25.89	Anthona Sparks (Valley View)	2007
25.44	Alisia Thomas (Ramona)		1992	25.91	Angie Bizzle (North)	2003
25.44	April Henderson (San Jacinto)	25.2	1999	25.91	***Mya Marshall (Great Oak)	2014
25.44c	Dominique Manning (North)	25.2	2004	25.92	Doris Williams (Poly)	1984
25.45	* Khasya Cunningham (King)		2014	25.92	Brittany Baltazar (Santiago)	2004
25.47	Stephanie Brown (Rancho Verde)		2012	25.92	Hanna Fransescon (Temecula)	2007
25.47	Amanda Gonzalez (Corona)		2014	25.92	**Brandee Rodriguez (Elsinore)	2010
25.48	*Sydney Reid (JW North)		2017	25.92	*Luzella Harris (Vista)	2017
25.49	Nicole Denby (North)		1998	25.94	*Michelet Smith (Perris)	2012
25.49	Morgan Pope (La Quinta)		2009	25.95	*Jasmine Weatherspoon (Vista)	2008
25.49	Taylor Matthews (Rancho Verde)		2012	25.96	Dashea McLough (Temescal)	2003
25.51	La Deanna Reynolds (Poy)		1984	25.96	Danae Dyer (Temecula)	2015
25.51	Jessica Banker-Sanchez (Temescal)		2003	25.96	*Kimberly Evans (Temecula Valley)	2017
25.52	***Mariah Allain (Norte Vista)		2015	25.97	Madjie McIntos (Temecula)	2004
25.53	Angie Ned (Rancho Verde)		2001	25.97	Kristen Johnston Great Oak )	2007
25.55	* Aaliyah Crawford (Citrus Hill)		2014	25.97	Kierra Auguster (Vista)	2009
25.57	*Miracle Onyemaobi (Chaparral)		2016	25.97	**Krista Haddock (Hemet)	2013
25.59+	Lianne Peterson (Palm Springs)	25.5y	1990	25.98	Denise Woodwar (Hemet)	1982
25.59	Nativa Johnson (Moreno Valley)		2004	25.98	Morgan Pope (La Quinta)	2007
25.60	Tiyauna Anderson (Murrieta)		2007	25.98	*Rahni Shakir (Vista)	2013
25.60	D'oni Evans (Centennial)		2015	26.00	*Shonice Myers (Notre Dame)	2009
25.60	Miracle Onyemaobi (Chaparral)		2017	26.00	**Jazmin Lucatero (Corona)	2017
25.61	Mandrell Anderson (North)		1996	26.01	Destiny Tyler Canyon Springs)	2007
25.61	**Ugochi Ogbunamiri (Notre Dame)		2011	26.03	Maude Best (Banning)	1997
25.61	**Tiona Roberts (Roosevelt)		2016	26.03	Asha Greene (Vista)	2009
25.62	Lena Bettis (North)		2000	26.03	Damatria Willingham (Paloma Valley)	2017
25.62	**Miracle Saxon (North)		2016	26.04	Celine Fleming (Canyon Springs)	1989
25.62	*Aaliyah Richardson (Corona)		2017	26.04	Kate Christianson (La Quinta)	1999
25.63	*Kierra Auguster (Vista)		2008	26.04c	Leandra Jefferson Centennial)	25.8 1997
25.63	Tia Parrish (King)		2016	26.04c	Esperanza Kilgore (Valley View)	25.8 1998
25.64c	Sigueria Sperlin (Valley View)	25.4	2004	26.04	DeJuanna Satchel (Beaumont)	1998
25.64	**Yasmin Taylor (Roosevelt)		2010	26.04	Michelle Akanji (Santiago)	2013
25.64	M'fon Ibekewe (North)		2015			
25.64	*Chine Ehiemere (Rancho Verde)		2016	Wind-Aided:		
25.65	Joanna Hayes (Arlington)		1994	23.20	Tracee Thomas (North)	1999
25.67	Andi Ross (North)		2006	23.59	*Amanda Van Buren (Vista)	2015
25.69	*Te'a Lynch (Rancho Verde)		2016	24.16	Courtne Davis (Roosevelt)	2015
25.69	*Destiny Stamps (Roosevelt)		2017	24.17	**Alycia Herring (Rancho Verde)	2008
25.70+	Natsha King (North)		1989	24.28	Julia Gray (North)	1997
25.70	**Brianna Cole (Santiago)		2009	24.30	Alicia King (Rancho Verde)	2007
25.72	Christy Slaughter (Poly)		1990	24.40	Shanee Somerville (Palm Springs)	1991
25.73	**Shae Anderson (Santiago)		2015	24.40	Alexis Sutherland (Corona)	2017
25.73	Bryana Hairston (Mesa)		2016	24.49	Cydney Jones (King)	2012
25.74c	Deanna Clawson (Hemet)	25.5	1991	24.53	Cydney Powell (Corona)	2014
25.74c	Shanti Oyenuga (Palm Desert)	25.5	1995	24.66	* Aaliyah Crawford (Citrus Hill)	2014
25.74c	Wendy Reed (Canyon Springs)	25.5	1996	24.66	Jasmyne Graham (Roosevelt)	2016
25.74c	LaQuesha Robinson (La Sierra)	25.5	2004	24.66	*Mariah Allain (La Sierra)	2017

24.74c	Erin Green (North)	24.5	1993	56.30	Laura McDowell (La Sierra)	2009
24.86	Robyn Carroll (Lakeside)		2008	56.37	*Erica Nowell (Perris)	2008
24.87	Cynamon Stevenson (Great Oak)		2016	56.47	Lauren Coomber (Mesa)	2014
24.89	Kim Burress (Temescal)		1999	56.55	**Crystal Tejada (Norte Vista)	2012
24.90	**Akia Armstrong (Roosevelt)		2011	56.56	Marti Arguellas (Corona)	1991
24.92	Jamie Brown (Canyon Springs)		1993	56.78	Cydney Powell (Corona)	2014
24.93	*Iris Chijioko (Roosevelt)		2011	56.61	Robyn Carroll (Lakeside)	2008
24.95	**Uwakmfon (M'fon) Ibekwe (North)		2013	56.93	Lonshay Bradford (Elsinore)	2015
24.95	Taylor Smith (Roosevelt)		2015	56.96	Kayla Wilson (La Quinta)	2014
24.96	*Breanna Bernard-Joseph (Roosevelt)		2017	56.97+	Denise Woodard (Hemet)	57.3y 1980
24.97	*Hailey Murdica (Palm Desert)		2017	56.98	**Chine Ehiemere (Rancho Verde)	2015
24.98	Nettie Scott (Corona)		2010	57.02	Raven Hebert (North)	1998
25.01	Cydney Powell (Corona)		2014	57.08	Kierstan Kirkland (North)	2005
25.04	*Amber Sanford (King)		2008	57.16+	Renee Chambers (Poly)	57.49y 1979
25.10	*Chasity Ducre (Roosevelt)		2013	57.17	*Jazmin Retano (Coachella Valley)	2012
25.11	*Jasmine Weatherspoon (Vista)		2008	57.20	**Miracle Saxon (JW North)	2016
25.13	Precious Watkins (Rancho Verde)		2007	57.29	Jessica Johnson (Centennial)	2009
25.15	Audriana Holloway (Mesa)		2014	57.32	Shemanette Terry (Vista)	2013
25.15	Taisyn Crutchfield (Roosevelt)		2014	57.34c	***Jayla Walker (La Sierra)	2013
25.15	*Sydney Reid (King)		2017	57.37	M'Fon Ibekwe (North)	2015
25.16	*Lonshay Bradford (Arlington)		2014	57.39	*Taylor Lorack (Temecula)	2011
25.16	Simone Buchanan (Roosevelt)		2014	57.39	**Shaelyn Amos (Roosevelt)	2017
25.19	*Mariah Mora (Mesa)		2013	57.40	*Jaylah Walker (La Sierra)	2015
25.20	***Khala Taylor (Great Oak)		2009	57.44c	Jamie Brown (Canyon Springs)	57.3 1993
25.22	Morgan Pope (La Quinta)		2008	57.44	Hanna Francescon (Temecula)	2006
25.24	***Ashley Marshall (Rancho Verde)		2008	57.44	*Camille Petty (Roosevelt)	2009
25.25	***Deja Allain (La Sierra)		2016	57.45+	Gwen Adams (Moreno Valley)	57.7y 1979
25.27	Alana Babers (North)		2007	57.45	Noelle Abboud (King)	2012
25.28	Nativa Johnson (Moreno Valley)		2003	57.45	Marisa Smith Valley View	2003
25.29	Aganna Agu (Hemet)		2005	57.47	*Courtne Davis (King)	2014
25.29	*Aaliyah Richardson (Corona)		2017	57.51	Carrie Walls (Canyon Springs)	1995
25.31	**Alana Wilson (La Quinta)		2016	57.51	Akia Armstrong (Roosevelt)	2013
25.34	Kamaria Heru (Arlington)		2002	57.55	Sandy Utterback (Poly)	1984
25.35	Kierra Auguster (Vista)		2009	57.63	***Riley Corcoran (Santiago)	2017
25.37	Kiarra Baker (Roosevelt)		2012	57.64	*Chime Ehiemere (Rancho Verde)	2016
25.38	*Kiarra Greene (Roosevelt)		2010	57.65	**Aaliyah Crawford (Citrus Hill)	2013
25.38	Khasya Cunningham (King)		2015	57.67	*Chioma Okonkwo (Mesa)	2017
25.39	Tenna Tomlin (Paloma Valley)		2002	57.70	***Breanna Bernard-Joseph (Roosevelt)	2015
25.39	Camille Bowen (Riv Christian)		2010	57.75	*Dynese Adams (Vista)	2009
25.41	Morgan Pope (La Quinta)		2009	57.78	Alana Babers (North)	2007
25.43	*Miracle Onyemaobi (Chaparral)		2016	57.79	Kierstan Kirkland (North)	2006
25.44c	Lena Bettis (North)	25.2	2002	57.80	*Erin Thompson (Temecula)	2010
25.50	***Kolonne Green (Great Oak)		2016	57.80	**Jazmin Lucatero (Corona)	2017
25.50	*Naomi Lashley (Chaparral)		2017	57.81	**Hannah Blache (King)	2013
25.51	Destannie Chenevert (San Jacinto)		2011	57.81	Regina Bowman (Indio)	2013
25.52	*Tia Parrish (King)		2015	57.84	Michelle Hunt (North)	1998
25.54c	Jeanette Martinez (Perris)	25.3	2005	57.86	**Rylee Penn (Centennial)	2016
25.56	**Dynese Adams (Vista)		2008	57.94	***Tahlia Adams (Roosevelt)	2015
25.59	*Jaela Williams (Roosevelt)		2014	57.97	**Deja Allain (La Sierra)	2017
25.59	**Mariah Allain (LaSierra)		2016	58.08	Brittany Bozeman (Rancho Verde)	2007
25.60	**Dominique Hinds (Centennial)		2012	58.08	*Dominique Hinds (Centennial)	2013
25.62	Kate Christianson (La Quinta)		1999	58.14c	Denisha Shaw (Canyon Springs)	58.0 2001
25.64c	Marisa Smith (Valley View)	25.4	2002	58.14c	Jeanette Martinez (Perris)	58.0 2005
25.64c	Sigueria Spirlin (Moreno Valley)	25.4	2005	58.15	Tasha McNair (Valley View)	2000
25.64	*Camille Petty (Roosevelt)		2009	58.15	Elena Garcia (Corona)	2017
				58.17	Erin Green (North)	1993
				58.17	**Jasmine Harper (Vista del Lago)	2009
51.99	Shae Anderson (Norco)		2017	58.18	Kararia Heru (Arlington)	2003
54.22	Tracee Thomas (North) indoors		2002	58.20	**April Sutton (Roosevelt)	2013
54.28	Bridgette Williams (North)		2001	58.20	**Alexis Ford (Roosevelt)	2017
54.46	Taylor Smith (Roosevelt)		2015	58.20	*Kalea Ibarra (Poly)	2017
54.65	Julia Gray (North)		1995	58.23	*Kimberly Evans (Temecula Valley)	2017
54.69	Ashlee Brown (North)		2000	58.25	**Christina Winn (Poly)	2013
54.72	**Gabby Estell (Rancho Verde)		2009	58.34	Madji McIntosh (Temecula)	2004
54.96	Khala Taylor (Great Oak)		2012	58.34	*Mariah Mora (Mesa)	2013
55.06	Jade Miller (Great Oak)		2013	58.36	Pauline Maragh (Palm Springs)	1981
55.10	Shalese Ruffin (Beaumont)		2002	58.36	Janessa Brown (Murrieta)	2011
55.24	Lorraine King (North)		2005	58.37	Asheigh Wells (Roosevelt)	2009
55.78	***Aaliyah Crawford (Citrus Hill)		2012	58.39	Shebanette Terry (Vista)	2013
55.81	*Simone Buchanan (Roosevelt)		2013	58.40	Norma Esqueda (La Quinta)	2003
56.11	***Kolonne Green (Great Oak)		2016	58.44c	Sue Lavendier (Palm Springs)	58.3 1981
56.12	***Alycia Herring (Rancho Verde)		2007	58.46	Jazmin Retano (Coachella Valley)	2013
56.25	Lili Calhoun (North)		2003	58.47	Maria Enriquez (Corona)	1994
56.25	**Uwakmfon (M'fon) Ibekwe (North)		2013	58.47	Shavon Sweet (Perris)	2000
56.29	Tamika Ward (North)		2001	58.48	***Amanda Van Buren (Vista)	2013

58.49	Naquesha Moulton (Arlington)	1995	59.54c	Sheria Moses (Ramona)	59.4	1991
58.50	Martiesha Caines (Great Oak)	2013	59.54	Chalonna Williams (La Sierra)		2003
58.53	***Kinney Storar (Santiago)	2010	59.55	**Bria Palmer (North)		2013
58.56	**Yasmine Taylor (Roosevelt)	2010	59.55	Taylor Taite (Mesa)		2015
58.56	*Kiarra McIntosh (Paloma Valley)	2012	59.56	*Alexandra Gaskin (Great Oak)		2011
58.58	*Sayghe Fornerod (Murrieta)	2010	59.56	Abigail Creel (King)		2011
58.59	**Akia Armstrong (Roosevelt)	2011	59.57	***Cynamon Stevenson (Great Oak)		2013
58.61	Kaelynn Greene (Roosevelt)	2011	59.60	Sophie Cantine (Lakeside)		2016
58.63	***Destiny Whitaker (Rancho Verde)	2016	59.63	*Destiny Stamps (Roosevelt)		2017
58.68	Shynell Foree (La Sierra)	2005	59.64c	Joy Smith (Moreno Valley)	59.5	1983
58.69	Markisha Lea (King)	2002	59.64c	Raven Johnson (Moreno Valley)	59.5	1983
58.69	***Ashley Chruszcz (King)	2015	59.65	***Ashley Sinkler (Ramona)		2008
58.76	Amanda Hawkins (Palm Springs)	2013	59.67	Keisha Morgan (Canyon Springs)		1990
58.76	*Bria Palmer (JW North)	2014	59.67	**Ashley Marshall (Rancho Verde)		2009
58.77	**Andrea Delgado (Vista del Lago)	2017	59.69	Latausha Miles-Mitchell (Murrieta)		2008
58.79	Kristian Wright (Canyon Springs)	2011	59.71	**Jackie Crowther (Linfield)		2013
58.81+	Robin Pratt (Moreno Valley)	59.16y	1978	59.72	***Cayla Etheridge (Santiago)	2016
58.82	***Alyssa Moore (Paloma Valley)	2016	59.73	*Asiah Gooden (Rancho Verde)		2009
58.83	Toyona Robinson (Valley View)	1998	59.73	Mercedes James (Moreno Valley)		2000
58.83	Kiah Smythe (Vista)	2007	59.79	***Clarissa Robles (Santiago)		2009
58.85	***Audriana Holloway (Vista)	2011	59.80	**Erin Thompson (Temecula)		2009
58.88	**Tarra Rarick (Paloma Valley)	2008	59.80	***Dyana Miller (Palm Springs)		2016
58.88	*Shonice Myers (Notre Dame)	2009	59.80	***Taylor Shorter (Norco)		2017
58.89	Hanna Francescon (Temecula)	2008	59.81	*Ronke Odubela (Great Oak)		2011
58.89	**Sarah Sanders (Great Oak)	2013	59.82	Chanel Calhoun (Great Oak)		2011
58.89	***Rylee Kerr (Chaparral)	2015	59.82	***Sierra Carrasco (Patriot)		2012
58.94c	Joanna McNichol (Paloma Valley)	58.8	2005	59.84c	M. Lea (King)	2003
58.94	*Michelet Smith (Perris)	2012	59.84	Nicole Sambrano (Great Oak)		2007
58.95	Laura McDowell (Arlington)	2012	59.88	*Dulce Arce (Canyon Springs)		2017
58.96	Lianne Peterson (Palm Springs)	1990	59.89	***Hannah Blache (King)		2012
58.96	Tanetta Dismuke (North)	1992	59.89	*Cassie Mariano (Chaparral)		2017
58.96	Jessica Johnson (Centennial)	2010	59.91	Abigail Burke (Poly)		2016
58.96	Kiara McIntosh (Paloma Valley)	2013	59.93	Tesha Wright (Perris)		2000
58.98	**Josie Guinn (Vista)	2015	59.93	Collins (North)		1999
59.00	**Kailie Grimes (Beaumont)	2014	59.92	Bria Palmer (North)		2015
59.01	Camille Williams (Vista)	2010	59.94c	Kariesse Fontenot (North)	59.8	2004
59.02	**Mya Marshall (Great Oak)	2015	59.97	*Dakota Davis (Murrieta)		2011
59.04c	Denise Hall (Perris)	58.9	1980	59.98	Anthoniae Sparks (Valley View)	2005
59.04c	Nicole Denby (North)	58.9	1998	59.98	Christina Winn (Poly)	2015
59.04	*Taisyn Crutchfield (Roosevelt)		2013			
59.04	Joy Ngula (Vista del Lago)		2015			
59.08	*Janessa Brown (Murrieta)		2010			
59.10	***Natalie Skaggs (Poly)		2014	2:05.9	Lynn Hollins (Poly)	1976
59.10	Dominique Hinds (Centennial)		2014	2:07.43	***Rylee Penn (Centennial)	2015
59.14c	Dominique Manning (North)	59.0	2002	2:10.72	Destiny Collins (Great Oak)	2016
59.12	((Lilliana Chalfant (Palm Springs)		2017	2:11.04	*Kiarra McIntosh (Paloma Valley)	2012
59.17	Morgan Pope (La Quinta)		2007	2:11.08	Shae Anderson (Norco)	2017
59.17	Alyssa Bryant (Great Oak)		2015	2:11.91	***Megan Huebner (La Quinta)	2011
59.18	Kim Cole (Arlington)		1999	2:11.97	Sheria Moses (Ramona)	1991
59.18	**Chaselyn Amos (Roosevelt)		2017	2:12.50	Alicia Williams (Corona)	2014
59.20	*Alison Ciling (Mesa)		2015	2:12.67	Erika Reddish (Vista)	2012
59.20	***Lilliana Chalfant (Palm Springs)		2016	2:12.77	***Kalea Ibarra (Poly)	2015
59.24	Lanisha Ford (North)		2005	2:12.95	***Laura McDowell (La Sierra)	2009
59.24	Mary Jane Smith (King)		2016	2:13.51	**Ruth Wiggins (King)	2014
59.24c	Marisa Smith (Valley View)	59.1	2005	2:13.59	***Jackie Crowther (Linfield)	2012
59.26	Rachel Strohmeyer (Murrieta Valley)		2012	2:13.69	Persephone Lowery (Norco)	1987
59.34c	Sheneice Vargas (Elsinore)	59.2	2005	2:13.87	**Joy Ngula (Vista del Lago)	2013
59.35	Morgan Pope (La Quinta)		2009	2:13.99	**Kailie Grimes (Beaumont)	2014
59.35	**Allie Portis (Great Oak)		2013	2:14.02	***Cayla Ethridge (Santiago)	2016
59.39+	Beck Miller (North)	59.6y	1982	2:14.28	**Karlie Creal (Vista del Lago)	2009
59.39	Liza Pasquito (Murrieta Valley)		2004	2:14.29	Tahlia Adams (Roosevelt)	2015
59.40	**Jasmine Richards (Great Oak)		2008	2:14.34	Denean Long (Corona)	1983
59.40	***Krista Haddock (Hemet)		2012	2:14.5	Liza Pasquito (Murrieta)	2002
59.42	Brittany Baltazar (Santiago)		2004	2:14.62	*Rebecca Morales (Indio)	2012
59.42	Kylie Dudley (Temecula)		2005	2:14.62	*Ally Talpash (Great Oak)	2016
59.43	*Camille Williams (Vista)		2009	2:14.64	*Megan McClain (Great Oak)	2010
59.44+	Persephone Lowery (Norco)	59.79y	1989	2:14.68	*Briana Fonseca (Vista del Lago)	2012
59.44	Evondra Owens (West Valley)		1997	2:14.71	Alexis Ford (Roosevelt)	2016
59.45	*Sasha Jones (Vista del Lago)		2015	2:14.75	Kiyena Beatty (Great Oak)	2017
59.48	Ronke Odubela (Great Oak)		2012	2:14.93	*Sandra Flores (La Quinta)	2015
59.49+	Shelly Schoenherr (Corona)	59.7y	1983	2:15.05	***April Sutton (Roosevelt)	2012
59.50	Kylie Dudley (Temecula)		2004	2:15.07	Shey Bonghabih (Murrieta)	2003
59.50	Joanna Adams (Palm Springs)		2016	2:15.07	*Josie Guinn (Vista)	2016
59.51	Jenna Tomlin (Paloma Valley)		2001	2:15.15	Kiara McIntosh (Paloma Valley)	2013
59.51	*Morgan Taylor (Great Oak)		2017	2:15.18	*Kailie Grimes (Beaumont)	2015

## 800 meters



5:05.89	**Paige Haynes (Vista)	2017	5:14.47	**Sarah Benson (Vista)	2011	
5:05.29+	Katie Johnson (Great Oak)	5:07.07y	2011	5:14.51	*Alexis Morabe (Great Oak)	2011
5:05.32	* Jana Warrick (Roosevelt)	2013	5:14.51	*Sani Shabgahi Corona	2015	
5:06.63	**Jackie Crowther (Linfield)	2013	5:14.52	*Bethany Balady (Vista)	2012	
5:06.65	Desi Stinger (Great Oak)	2016	5:14.55	Codie Daughtry (Vista del Lago)	2011	
5:06.66	Alexia Velarde (Marywood-Palm Valley)	2012	5:14.56	Nicaela Hernandez (Vista)	2011	
5:06.82	Lily Seynaeve (Santiago)	2014	5:14.63	*Briana Fonseca (Vista del Lago)	2012	
5:06.82	*Sandra Flores (La Quinta)	2015	5:14.67	*Arbella Reece (Murrieta Valley)	2017	
5:06.89	*Taryn Pastoor (Murrieta)	2007	5:14.70	Ashley Beechan (Hemet)	2007	
5:06.95	Michaelanne Laurent (Corona)	2009	5:14.7	Kaity Malloy (Great Oak)	2010	
5:07.04	Carrie Soholt (King)	2011	5:14.96	Xiang Tak (Chaparral)	2011	
5:07.12	**Ashlee Cervantes (Beaumont)	2008	5:14.96	Chandler Kerr (Chaparral)	2015	
5:07.43	Claris Fernandez (Corona)	1993	5:15.23	*Melina Hernandez (Indio)	2010	
5:07.44	Rachel Seymour (Great Oak)	2013	5:15.24	**Josie Guinn (Vista)	2015	
5:07.8+	Janice Kelley (Hemet)	1977	5:15.25	**Fernanda Rodriguez (Rubidoux)	2012	
5:07.86	*Emily Clause (Great Oak)	2015	5:15.41	Sarah Workman (Great Oak)	2017	
5:08.03	Ally Talpash (Great Oak)	2016	5:15.42	**Haley Dorris (Great Oak)	2012	
5:08.06	*** Marissa Rodriguez (La Quinta)	2014	5:15.48	**Maiya Larsen (Great Oak)	2013	
5:08.18	Kathryn Hammar (King)	2017	5:15.55	Sonya Melendez (Indio)	1993	
5:08.25	Kalyn Kenney (Temecula)	2007	5:15.62	Jorgina Garcia (Canyon Springs)	1998	
5:08.28	Brittney Reimer (La Quinta)	2008	5:15.69	***Jackie Crowther (Linfield)	2012	
5:08.28	*Hanna Peterson (King)	2010	5:15.77+	Kaitlyn Malloy (Great Oak)	2010	
5:08.29	Serkadis Krome (Vista del Lago)	2008	5:15.83	**Valeria Ruiz (Xavier Prep)	2012	
5:08.30	*Rebecca Morales (Indio)	2012	5:15.91	Kenzie Estes (Poly)	2011	
5:08.53	*Nadine Dubon (Vista)	2017	5:15.93	**Jessica Osorio (Valley View)	2009	
5:08.63	*Kelsie Tippets (King)	2009	5:15.95	Carly Bauer (Great Oak)	2012	
5:08.81	Abbey Gallaher (Great Oak)	2007	5:15.99	Wendy Cohen (Canyon Springs)	2008	
5:08.92	* Haley Dorris (Great Oak)	2013	5:16.05	Amanda Lopez (Poly)	2006	
5:09.0	Anna Johnston (Great Oak)	2009	5:16.10	***Cayla Etheridge (Santiago)	2016	
5:09.03	Ashley Beechan (Hemet)	2008	5:16.21	Jessica Gatton (Canyon Springs)	2008	
5:09.17	Heather Wilson (Great Oak)	2009	5:16.31	*Jazmin Romero (Beaumont)	2011	
5:09.39	Anjie Miranda (Palm Springs)	1990	5:16.4	April Quaker (Norco)	1986	
5:09.40	Vianna Hochstrasser (Chaparral)	2008	5:16.45	Jen Hohmbalm (Temecula)	1997	
5:09.6	**Nyah Chavez (Shadow Hills)	2017	5:16.47	Kolonne Green (Great Oak)	2016	
5:09.75	Taylor Cantu (Hemet)	2015	5:16.53	*Kelli McNamee (Great Oak)	2012	
5:09.78	**Peyton Candaele (Vista)	2017	5:16.59	Alisa Murray (Arlington)	2012	
5:10.45	Jennie Higbee (Norco)	1988	5:16.61	Adriana Ramos (Elsinore)	2010	
5:10.61	**Brittany Marrero (Roosevelt)	2015	5:16.72	* Christian Calain (Great Oak)	2013	
5:10.63	Monica Valdez (Temescal)	1999	5:16.84	Amanda Crissinger (Vista)	2013	
5:10.76	Emily Sanchez (King)	2015	5:16.90	Bethany Bilton (Murrieta)	2011	
5:10.89	Maya Ambroziak (Great Oak)	2017	5:17.00+	Alexis Messerly (Great Oak)	2013	
5:10.94	Kristina Moore (King)	2005	5:17.41	Ausrey Wallis (Great Oak)	2015	
5:11.23	Jessica McCarthy (Vista)	2008	5:17.49	**Allison Janes (King)	2016	
5:11.26	** Clarissa Chagolla (JW North)	2014	5:17.55	Natasha Montoya (Canyon Springs)	2004	
5:11.87	Brittany Marrero (Roosevelt)	2017	5:17.61	Lindsey Stalker (Corona)	2001	
5:11.50	Abbey Gallaher (Great Oak)	2008	5:17.65	Carissa Bowman (King)	2006	
5:11.93	**Sierra Vega (Chaparral)	2008	5:17.82	Rebekah Pendleton (King)	2017	
5:11.97	Liana Boucher (Murrieta)	2004	5:17.87	Bethany Balady (Vista)	2013	
5:12.02	Michelle McIntosh (Great Oak)	2017	5:18.11	* Valeria Ramirez (Vista)	2014	
5:12.11	*Venus Shabgahi (Corona)	2011	5:18.12	***Joe Ngula (Vista del Lago)	2012	
5:12.14	**Raelyn Werley (King)	2011	5:18.2+	Kat Prince (Rubidoux)	5:20.0y	1985
5:12.23	Brooke Evans (Vista)	2013	5:18.24	** Chandler Kerr (Chaparral)	2013	
5:12.24	Joy Ngula (Vista del Lago)	2015	5:18.29	Amber Collier (Woodcrest Chr)	2010	
5:12.26	***Kela Mayhera (King)	2017	5:18.42	*Paloma Barron (Roosevelt)	2017	
5:12.32	Kristina Taylor (Vista)	2007	5:18.47	***Paige Siegel (Murrieta Valley)	2016	
5:12.64	**Fatima Cortes (Great Oak)	2017	5:18.48	***Elizabeth Richter (Great Oak)	2016	
5:12.56	Danielle Pacheco (Temescal)	2000	5:18.49	Paige Haynes (Vista)	2016	
5:12.97	Pauline Mandel (Great Oak)	2012	5:18.52	Kaylee Saville (Great Oak)	2016	
5:13.00	*Miranda Kewley (Great Oak)	2012	5:18.58	Danica Rosendale (Vista)	2009	
5:13.19	* Audrey Wallis (Great Oak)	2014	5:18.62	Jennifer Martin (Norco)	1997	
5:13.20	Sarah Lyon (Great Oak)	2016	5:18.63	* Ashley Cahalan (Vista)	2014	
5:13.52	** Alexandria Stetkevick (Poly)	2014	5:18.64	**Imogen Outlaw (Chaparral)	2012	
5:13.56	Michelle Paul (Perris)	1985	5:18.68	** Bethany Newton (Centennial)	2013	
5:13.60	Maria Rodriguez (La Sierra)	1999	5:18.71	*Erika Burgess (Great Oak)	2017	
5:13.63	Natalie Schafer (Arlington)	2012	5:18.72	*Lisa Garside (King)	2012	
5:13.95	Sarah Workman (Great Oak)	2016	5:18.73	**Hannah Peterson (King)	2009	
5:14.07	***Audrey Dang (Great Oak)	2017	5:18.75	Alicia Racella (Hemet)	1990	
5:14.10	**Caitlin Billman (Murrieta ValleY)	2017	5:18.8	Megan Fairley (King)	2004	
5:14.11	***Makayla Fick (Vista)	2017	5:18.85	* Kelly Thomas (Great Oak)	2014	
5:14.25	Lauren Campfield (Great Oak)	2005	5:18.90	Paige Mobley (Murrieta)	2007	
5:14.29	*Alexis Messerly (Great Oak)	2012	5:18.95	Michaela Reynolds (Vista)	2016	
5:14.37	*Kiara McIntosh (Paloma Valley)	2012	5:18.96	*Brooke McCandless (Vista)	2010	
5:14.40	*Kim McNamee (Great Oak)	2012	5:19.11	* Lily Seynaeve (Santiago)	2013	
5:14.43	Marissa Thompson (Woodcrest)	2017	5:19.13	Kate Cortes (Great Oak)	2013	
5:14.46	Kelly Thomas (Great Oak)	2015	5:19.13	Fatima Cortes (Great Oak)	2016	

5:19.14	Jamie Schwab (Murrieta)		2004	5:22.66	Holli Erickson (Vista)		2009
5:19.20	*Raven Harrison (Hemet)		2011	5:22.70	*Michelle Hernandez (Vista)		2009
5:19.24	Danielle Pekar (Rubidoux)		1990	5:22.73	Kim Cowgur (Norco)		1984
5:19.39	** Taylor Lawson (Great Oak)		2014	5:22.74	Monique Belmudes (Great Oak)		2008
5:19.45	*Kylee Martin (Murrieta)		2009	5:22.77	Samantha Flores (Paloma Valley)		2014
5:19.57	Tiffany Rojas (Canyon Springs)		2005	5:22.79	Emily Clause (Great Oak)		2016
5:19.57	*Julie Diaz (Vista)		2016	5:22.8+	Kathy Kelly (Hemet)	5:24.7y	1980
5:19.62	*** Meghanb Houlihan (Centennial)		2013	5:22.83	*Clarissa Chagolla (North)		2015
5:19.68	**Amanda Sosa (King)		2017	5:22.84	** Hannah Johnson (King)		2013
5:19.71	Ashley Spann (North)		2001	5:22.87	**Shelbi Ricks (Temecula)		2010
5:19.90	Ashley Matsen (Chaparral)		2012	5:22.91	**Alec Slamal (Great Oak)		2008
5:19.94	Shey Bonghabih (Murrieta)		2002	5:23.05	**Jessica Janecek (Great Oak)		2017
5:19.95	Ana Valdovinos (Coachella Valley)		2011	5:23.11	Shannon (Poly)		1991
5:20.01	**Grace Handler (Chaparral)		2017	5:23.13	***Brianna Potter (Vista)		2017
5:20.08	Lisa Garside (King)		2013	5:23.13	**Samantha Velasquez (Santiago)		2017
5:20.13	Rachael Corrington (Murrieta)		2002	5:23.17	Desiree Stinger (Great Oak)		2013
5:20.14	** Alison Ciling (Mesa)		2014	5:23.18	**Arabella Reece (Murrieta Valley)		2016
5:20.21	**AlexWiseman (Vista)		2015	5:23.19	Danielle Vanaman (BD Dest. Chrst)		2000
5:20.24	***Devin Ito (Great Oak)		2017	5:23.25	**Nicaela Hernandez (Vista)		2010
5:20.3+	Debbie Williams (Norco)	5:21.8y	1983	5:23.26	***Hayley Musashi (La Quinta)		2008
5:20.30	*Alia Bales (Great Oak)		2010	5:23.28	Katheryn Smith (Vista)		2005
5:20.31	Alison Soto (Beaumont)		2017	5:23.34	Harlye Maya (Santiago)		2001
5:20.31	Kenzie Estes (Poly)		2010	5:23.34	*Ashley Matsen (Chaparral)		2011
5:20.43	Celia Pourtau (Murrieta)		2006	5:23.39	Racheal McCauley (Canyon Springs)		1996
5:20.43	Ashley Cahalan (Vista)		2015	5:23.51	Dominique Esparza (Valley View)		2011
5:20.46	Jessica Walker (Murrieta)		2004	5:23.53	Jennifer Mueller (Hemet)		2005
5:20.51	Melina Hernandez (Indio)		2011				
5:20.53	Madison Baugh (Great Oak)		2011				
5:20.6	Jamie Bascom (Elsinore)		1993				
5:20.64	***Chandler Kerr (Chaparral)		2012	9:21.44	Destiny Collins (Great Oak)		2016
5:20.7	Clara DeLa Torre (Palm Springs)		1993	9:54.8'	Brigid Freyne (Poly)		1987
5:20.73	Trish Ramirez (Rubidoux)		1984	10:18.63	Alma Escobar (Corona)		2005
5:20.08	Marrisa Bartholomew (Santiago)		2003	10:24.6'	Sonya Melendez (Indio)		1992
5:20.8+	Goril Mona (Arlington)	5:22.0y	1986	10:24.79	Shelby Horgan (Temescal)		1997
5:20.81	Briana Fonseca (Vista del Lago)		2013	10:25.3'	Kat Prince (Rubidoux)		1985
5:20.90	Tammy Kim (Temecula)		2012	10:25.54	Debbie Williams (Norco)		1984
5:20.94	*Alexandra Morris (Temescal)		2011	10:31.5	Jennie Higbee (Norco)		1988
5:20.94	* Breann Howell (Murrieta Valley)		2013	10:37.0'	Michelle Paul (Perris)		1985
5:20.98	Tiffany Rojas (Canyon Springs)		2006	10:37.32	*Kenzie Estes (Poly)		2010
5:20.99	**Pauline Mandel (Great Oak)		2010	10:37.4'	Kat Prince (Poly)		1986
5:21.07	*Kathryn Hammar (King)		2016	10:38.61	Jamie Bascom (Elsinore)		1993
5:21.08	Kelly Thomas (Great Oak)		2013	10:39.5'	Ellen Muench (Temescal)		1994
5:21.09	**Angela Sandoval (Elsinore)		2009	10:49.36	Rachea McCauley (Canyon Springs)		1996
5:21.21	*Codie Daughtry (Vista del Lago)		2010	10:53.55	Monica Valdez (Temescal)		1999
5:21.26	Arlene Avalos (Great Oak)		2014	10:54.93	Melissa Aronson (Hemet)		1996
5:21.27	Emily Clause (Great Oak)		2013	10:54.96	Maribel Campos (Coachella Valley)		1996
5:21.3	Carissa Mann (Canyon Springs)		2001	10:57.36	Tish Bennett (Norco)		1987
5:21.34	Olivia Rivera (Temecula)		2015				
5:21.35	Melanie Williams (Corona)		2013				
5:21.36	*Nina Alvarado (Chaparral)		2010				
5:21.36	Macey Pflughoft (Great Oak)		2015	9:53.79	*Destiny Collins (Great Oak)		2015
5:21.37	Katie Barrese (Great Oak)		2006	10:17.63	Haley Dorris (Great Oak)		2014
5:21.42	**Kathryn Hammar (King)		2015	10:23.14	**Lauren Peurifoy (King)		2017
5:21.47	Bayleigh Porter (King)		2013	10:26.54	* Megan Huebner (La Quinta)		2013
5:21.48	Kelly Floyd (Corona)		2003	10:30.67	Ashley Helbig (Great Oak)		2014
5:21.48	Marianne Hanks (Murrieta )		2004	10:34.37	Brigid Freyne (Poly)		1987
5:21.49	Kailie Grimes (Beaumont)		2016	10:34.73	Adriana Olivas (Centennial)		2012
5:21.55	Jessica McCarthy (Vista)		2010	10:36.20	**Kiyena Beatty (Great Oak)		2015
5:21.59	**Allie Morse (Hemet)		2012	10:36.27	Erika Reddish (Vista)		2012
5:21.60	Bobbie Heck (Rubidoux)		1985	10:37.64	Mariel Mendoza (North)		2012
5:21.64	Kimberly Pena (Roosevelt)		2017	10:37.69	*Anna Johnson (Great Oak)		2010
5:21.69	***Amanda Reynolds (Murrieta)		2008	10:37.89	Liza Pascuito (Murrieta)		2004
5:21.83	Celia Pourtau (Murrieta)		2005	10:39.34	Evelyn Mandel (Grat Oak)		2017
5:21.87	** Taylore Cantu (Hemet)		2013	10:39.58	Katie Johnson (Great Oak)		2011
5:21.9	Jo Anne Howard (Notre Dame)		1982	10:39.83	Nicole Rice (Great Oak)		2017
5:21.90	***Katya Candray (Great Oak)		2016	10:42.76	**Sydney Belus (Great Oak)		2015
5:22.0	Crystal Ricardez (Canyon Springs)		1998	10:43.04+	Alma Escobar (Corona)	10:47.70y	2005
5:22.06	Carissa Bowman (King)		2008	10:45.20	*Sandra Pflughoft (Great Oak)		2017
5:22.08	Brooke Evans (Vista)		2010	10:45.75	***Angela Ziff (Temecula)		2011
5:22.13	**Lauren Soholt (King)		2011	10:48.47	*Desiree Stinger (Great Oak)		2015
5:22.14	Kayla Boxer (Hemet)		2010	10:53.91	*Emily Clause (Great Oak)		2015
5:22.17+	Sally Cohenour (Arlington)	5:24.05y	1983	10:54.31	Ellen Muench (Temescal)		1995
5:22.42	** Kalli Walker (Chaparral)		2013	10:55.84	*Hanna Peterson (King)		2010
5:22.57	Maiya Larsen (Great Oak)		2015	10:56.51	***Audrey Dang (Great Oak)		2017
5:22.58	***Hallie Hernandez (Centennial)		2010	10:56.61	**Rylee Penn (Centennial)		2016

10:57.86	Kristina Taylor (Vista)		2008	11:21.42	Marissa Thompson (Woodcrest)	2017
10:58.88	Taryn Pastoor (Murrieta)		2007	11:21.55	Rebecca Asplund (King)	2010
10:59.45	*Miranda Kewley (Great Oak)		2012	11:21.70	***Alex Morris (Temescal)	2009
10:59.59	Jo Anne Howard (Notre Dame)		1982	11:21.74	* Maiya Larsen (Great Oak)	2014
10:59.60	* Ashley Cahalan (Vista)		2014	11:21.90	Alyssa Ungrady (Great Oak)	2016
10:59.77	Taylor Walker (Great Oak)		2016	11:21.95	Lauren Peurifoy (King)	2016
11:00.2	Jessica Hilton (Great Oak)		2011	11:22.02	Alexia Velarde (Marywood-Palm Valley)	2012
11:01.82	**Sierra Vega (Chaparral)		2008	11:22.04	Kenzie Estes (Poly)	2010
11:02.63	**Paige Haynes (Vista)		2017	11:22.31	Amanda Crissinger (Vista)	2013
11:02.78	**Sarah Benson (Vista)		2011	11:22.42	Danica Rosendale (Vista)	2009
11:03.10	Vianna Hochstrasser (Chaparral)		2008	11:22.72	*Paloma Barron (Roosevelt)	2017
11:03.20	Sonya Melendez (Indio)		1992	11:22.73	Abbey Gallaher (Great Oak)	2008
11:03.25	**Kelsi Tippets (King)		2008	11:22.90	Maria Hurtado (Vista)	2012
11:03.30	Kiyena Beatty (Great Oak)		2016	11:22.96	Brianna Jacklin (King)	2014
11:03.6+	Janice Kelley (Hemet) 11:07.5y		1978	11:23.11	*Alison Soto (Beaumont)	2016
11:03.90	Michaela Reynolds (Vista)		2016	11:23.17	Heather Wilson (Great Oak)	2009
11:05.60	Mean Fairley (King)		2004	11:23.56	*Maya Ambroziak (Great Oak)	2016
11:06.11	Carissa Bowman (King)		2007	11:23.59	***Brianna Wilson (Linfield)	2009
11:06.53	***Devin Ito (Great Oak)		2017	11:23.75	**Brittany Marrero (Roosevelt)	2015
11:06.71	Christina Lara (Cathedral City)		2002	11:24.02	Katie Borum (Murrieta)	2007
11:07.29	** Clarissa Chagolla (JW North)		2014	11:24.42	Amanda Reynolds (Murrieta)	2008
11:07.72	*Annabelle Werner (Vista)		2017	11:25.03	***Marissa Rodriguez (La Quinta)	2014
11:07.73	Alicia Williams (Corona)		2011	11:25.04	**Valeria Ruiz (Xavier Prep)	2012
11:07.81	Raelyn Werly (King)		2013	11:25.15	Grace Handler (Chaparral)	2017
11:07.98	***Rachel Seymour (Great Oak)		2010	11:25.16	** Ariana Martinez (Temecula)	2013
11:07.99	Serkadis Krome (Vista del Lago)		2008	11:25.21	**Caitlin Bilman (Murrieta Valley)	2017
11:08.03	Shelby Horgan (Temescal)		1995	11:25.41	Kylee Martin (Murrieta)	2008
11:08.22	Marisa Rodriguez (Indio)		2016	11:25.78	* Alicia Williams (Corona)	2013
11:08.54	***Mckenna Genovese (Santiago)		2012	11:27.37	Breann Howell (Murrieta Valley)	2014
11:08.94	Adianna Ramos (Elsinore)		2010	11:26.49	Brittney Reimer (La Quinta)	2008
11:09.42	Monica Valdez (Temescal)		2001	11:26.63	*Alexandra Stetkevick (Poly)	2015
11:09.81	Carrie Soholt (King)		2011	11:26.95	*Michaela Reynolds (Vista)	2015
11:10.83	Samantha Morabe (Great Oak)		2010	11:27.84	Kaili Walker (Chaparral)	2015
11:10.98	*Zoe Jarvis (Chaparral)		2016	11:28.06	Rebekah Pendleton (King)	2017
11:11.12	*Nadine Dubon (Vista)		2017	11:28.58	**Christina Calain (Great Oak)	2012
11:11.16	Desi Stinger (Great Oak)		2016	11:28.62	*Amanda Navarro (Elsinore)	2017
11:11.7	*Alexis Morabe (Great Oak)		2011	11:28.73	Melina Hernandez (Indio)	2011
11:11.95	Paige Mobley (Murrieta)		2007	11:28.80	***Chandler Kerr (Chaparral)	2012
11:12.01	*Pauline Mandel (Great Oak)		2011	11:28.82	Dominique Esparza (Valley View)	2011
11:12.07	Lily Seynaeve (Santiago)		2014	11:28.94	* Lauren Boyd (King)	2013
11:12.18	Kenzie Estes (Poly)		2011	11:29.00	Jessica McCarthy (Vista)	2010
11:12.40	Katie Barrese (Great Oak)		2006	11:29.0	*Kim McNamee (Great Oak)	2012
11:12.41	Anjie Miranda (Palm Springs)		1988	11:29.63	Sarah Lyon (Great Oak)	2016
11:12.76	Jamie Bascom (Elsinore)		1993	11:31.33	Rachel Seymour (Great Oak)	2011
11:13.21	Miranda Kewley (Great Oak)		2013	11:31.72	Julie Diaz (Vista)	2017
11:14.14	Ashley Beechan (Hemet)		2008	11:31.99	Bethany Bilton (Murrieta)	2011
11:14.70	Alyssa Haring (King)		2016	11:32.06	** Michaela Reynolds (Vista)	2014
11:14.95	Nicaela Hernandez (Vista)		2012	11:32.06	Fernanda Rodriguez (Rubidoux)	2014
11:15.07	***Arianna Griffiths (Great Oak)		2017	11:32.35	*Ashlee Cervantes (Beaumont)	2009
11:15.33	Liana Boucher (Murrieta)		2004	11:32.45	***Cynthia Martin (Chaparral)	2016
11:15.41	Emily Clause (Great Oak)		2013	11:32.66	*Nina Alvarado (Chaparral)	2010
11:15.49	Lindsey Stalker (Corona)		2001	11:32.71	** Arlene Avalos (Great Oak)	2014
11:15.70	***Maiya Larsen (Great Oak)		2012	11:32.76	Heather Wilson (Great Oak)	2008
11:15.78	Kat Prince (Poly)		1986	11:32.85	**Nyah Chavez (Shadow Hills)	2017
11:16.0+	Debbie Williams (Norco) 11: 19.9y		1983	11:32.95	**Fatima Cortes (Great Oak)	2017
11:16.14	Miranda Kewley (Great Oak)		2011	11:33.07	Mila Alvarez (North)	2007
11:16.34	Ashley Evans Corona)		2007	11:33.14	*Allison Janes (King)	2017
11:17.13	*Arabella Reece (Murrieta Valley)		2017	11:33.46	Brooke Evans (Vista)	2013
11:17.14	***Jacqueline Aparicio (Santiago)		2011	11:33.79	Christian Calain (Great Oak)	2013
11:17.30	Heather Wilson (Great Oak)		2009	11:33.93	*Samantha Morabe (Great Oak)	2009
11:17.75	**Alexis Messerly (Great Oak)		2011	11:33.97	Alia Bales (Great Oak)	2011
11:18.12	**Fernanda Rodriguez (Rubidoux)		2012	11:34.04	***Jasmine Benson (Santiago)	2007
11:18.48	Kelly Thomas (Great Oak)		2015	11:34.62	Heather Wilson (Great Oak)	2007
11:18.63	* Audrey Wallis (Great Oak)		2014	11:34.68	**Samantha Velasquez (Santiago)	2017
11:18.89	** Kaili Waller (Chaparral)		2013	11:35.20	Emily Sanchez (King)	2015
11:19.21	*Alexadra Morris (Temescal)		2011	11:35.28	***Paloma Barron (Roosevelt)	2015
11:19.25	Macey Pflughoft (Great Oak)		2015	11:35.50	Julie Diaz (Vista)	2016
11:19.38	Melissa Aronson (Hemet)		1995	11:35.63	Jana Warrick (Roosevelt)	2014
11:19.52	Crystal Ricardez (Canyon Springs)		1998	11:35.72	Alison Soto (Beaumont)	2017
11:20.19	** Sani Shabgahi (Corona)		2014	11:38.80	Skyler Bollinger (Great Oak)	2016
11:21.00	Paige Mobley (Murrieta)		2008	11:36.12	***Kyleigh Macey (Great Oak)	2015
11:21.3	Pauline Mandel (Great Oak)		2012	11:36.18	* Taylor Taite (Mesa)	2014
11:21.3	** Adriana Hernandez (North)		2013	11:36.21	*** Cassidy Hylton (Great Oak)	2014
11:21.33	*** Michelle McIntosh (Great Oak)		2014	11:36.27	*Ashley Roberts (Poly)	2010
11:21.35	Venus Shabgahi (Corona)		2012	11:36.38	Danica Rosendale (Vista)	2007



11:37.23 \*\*Alexys Estrada (Vista del Lago)  
 11:37.41 \*\*Haley Brzycki (Corona)  
 11:37.89 Katya Candray (Great Oak)  
 11:38.00 Xiang Tak (Chaparral)  
 11:38.42 \*\*\*Ariel Van Riper (Vista)  
 11:38.95 \*\*\*Elizabeth Richter (Great Oak)  
 11:39.08 Samantha Flores (Paloma Valley)  
 11:39.22 Allison Blake (Great Oak)  
 11:39.36 Melinda Hernandez (Indio)  
 11:40.44 Alia Bales (Great Oak)  
 11:40.48 Alexandria Stetkevick (Poly)  
 11:0.89 \*\*Kimberly Pena (Roosevelt)  
 11:40.93 Bethany Bilton (Murrieta)

## 5000 meters

16:51.97 Alma Escobar (Corona)  
 17:58.76 Kelsi Tippets (King)  
 18:21.81 Rebecca Asplund (King)

## 3000m Steeplechase

12:42.76 Kelly Floyd (Corona)

## 100m Hurdles (30")

13.83 Doris Williams (Poly)  
 14.07 Dominique Manning (North)  
 14.23 CeCe Chandler (Elisnore)  
 14.26 Lisa Hale (Poly)  
 14.43 Latice House (Poly)  
 14.74c Stephanie LaMar (Indio) 14.5  
 14.75 Beth Griffiths (Corona)  
 14.75 Shanne Somerville (Palm Springs)  
 14.89 Lianne Peterson (Palm Springs)  
 14.94c Mary Carroll (Coachella) 14.7  
 15.06 Yvette McCullough (Arlington)  
 15.08 Maria Peterkin (Arlington)  
 15.12 Jackie Caddo (Indio)  
 15.12 Alesha Stevenson (North)  
 15.16 Kristy Irwin (Norco)  
 15.19 Denise Wilson (Indio)  
 15.30 Desiree Green (North)  
 15.34c Sue Rupel (Perris) 15.1  
 15.34 Andrea Meachum (Ramona)  
 15.35 Tanya Jones (Corona)  
 15.45 Alesha Stevenson (North)  
 15.54c Kelly Smith (Centennial) 15.3

### Wind-Aided:

13.95 CeCe Chandler (Elsinore)  
 14.24 Lisa Hale (Poly)  
 15.30 Erin Wayne (Norco)  
 15.45 Bobbi White (Norco)

## 100m Hurdles (33")

13.17 Jasmyne Graham (Roosevelt)  
 13.20 Nicole Denby (North)  
 13.35 Nicole Hoxie (North)  
 13.45 Joanna Hayes (North)  
 13.58 Ashlee Brown (North)  
 13.67 Dominique Manning (North)  
 13.78 \*Jacla Williams (Roosevelt)  
 13.88 \*Breanna Bernard-Joseph (Roosevelt)  
 14.08 Gayle Hunter (North)  
 14.09 \*Danae Dyer (Temecula Valley)  
 14.16 Jasde Miller (Great Oak)  
 14.17 Marjani Maldonado (North)  
 14.18 Iris Chijioke (Roosevelt)  
 14.19 Samaya Brandon (North)  
 14.20 April Holliverse (North)  
 14.31 Tayler Fleming (King)  
 14.31 April Sutton (Roosevelt)  
 14.32 Kim Dargel (Mesa)

2011 14.34c Chaunte Howard (North) 14.1 2002  
 2010 14.35 DeAnna Carson (Vista del Lago) 2003  
 2016 14.38 Kiersten Kirkland (North) 2007  
 2011 14.42 Heather Corder (Murrieta) 2010  
 2016 14.47 Katy Hall (Murrieta) 2009  
 2016 14.52 Shae Anderson (Norco) 2017  
 2014 14.54 Gayle Hunter (King) 2002  
 2009 14.54 Breanca Flemng (Great Oak) 2007  
 2010 14.56 Amber Middleton (Murrieta) 2008  
 2009 14.59 Martiesha Caines (Great Oak) 2013  
 2016 14.60 Marisa Smith (Valley View) 2004  
 2017 14.62 Ericka Nowell (Perris) 2009  
 2009 14.66 Kelsey Rubeor (Murrieta) 2007  
 14.76 \*Amber Clark (Rancho Verde) 2009  
 14.84c Liz Luzsko (Banning) 14.6 1999  
 14.93 \*\* Samaya Brandon (North) 2013  
 2004 14.94c Alexandria Anderson (Valley View) 14.7 2002  
 2010 14.94 \*\* Iyana Cooksey (Roosevelt) 2014  
 2010 14.95 Tiffany Parker (Rancho Verde) 2005  
 14.96 Laura Stokes (Vista) 2012  
 14.96 Sarah Dunaway (Vista) 2014  
 14.97 Devony Dettman (Vista) 2016  
 2003 15.01 Diamond Tabron (JW North) 2016  
 15.02 Tanika Ward (North) 2004  
 15.04 Becky Collier (Woodcrest Chr) 2013  
 15.07 Aarika Oeais (Linfield) 2017  
 1987 15.08 Jazmine Harper (Vista del Lago) 2011  
 2001 15.08 Kari Snow (Norco) 2003  
 1982 15.12 Ali Miller (Murrieta Valley) 2015  
 1987 15.17 Keiana Shannon (North) 1999  
 1989 15.19 Mary Manu (Vista) 2007  
 1985 15.21 Robin Lealblad (Arlington) 1996  
 1982 15.23 \*Jade Miller (Great Oak) 2012  
 1989 15.24c Ashley Henley (Indio) 15.0 2004  
 1990 15.26 Taryn Pastoor (Murrieta) 2007  
 1982 15.31 Janessa Brown (Murrieta) 2011  
 1986 15.33 Kayla Elliott (Elsinore) 2017  
 1990 15.34c Jameyo Austin (Moreno Valley) 15.1 2001  
 1982 15.34 Tatiana Martinez (Murrieta) 2012  
 1989 15.34 Krista Haddock (Hemet) 2015  
 1990 15.35 Emily Owen (Vista) 2009  
 1981 15.36 Frances Chase-Dunn (North) 2009  
 1992 15.38 \*\*Sarah Ann Frank (King) 2016  
 1981 15.38 \*\*Skye Lattimore (Rancho Verde) 2017  
 1992 15.39 Shama Edwards-Hambrick (Mo Val) 1994  
 1988 15.44c Ashley Henley (Indio) 15.2 2002  
 1988 15.46 Lorraine King (North) 2005  
 1992 15.46 Jessica Toliver (Vista) 2013  
 15.50 Miki Ewing (Corona) 2013  
 15.52 Mary Mann (Vista) 2006  
 1982 15.53 \*Sarah Ann Frank (King) 2017  
 1987 15.54c Laura Amos (Norte Vista)15.3 1995  
 1985 15.54c Danielle Perry (Murrieta Valley) 15.3 1999  
 1989 15.54 \*Shereen Sutherland (Santiago) 2011  
 15.55 Pamela Leyva (La Quinta) 2003  
 15.55 Amada Breyer (Hemet) 2006  
 15.55 Jasmine Williams (Great Oak) 2007  
 2000 15.56 Dana Felt (Palm Desert) 2008  
 1997 15.56 Emily Owen (Vista) 2010  
 1995 15.58 Paige Smith (Rancho Verde) 2017  
 2003 15.60 Lajayah Medina (Canyon Springs) 2016  
 2004 15.62 \*\*Lorraine Nance (Temescal Canyon) 2016  
 2014 15.65 Zeinab Torabi (Mesa) 2017  
 2017 15.66 Marisa Wright (Moreno Valley) 1997  
 2004 15.66 \*Sheliemae Reyes (Vista) 2010  
 2017 15.66 \* Ali Miller (Murrieta Valley) 2014  
 2013 15.67 \*\* Bryana Hairston (Mesa) 2014  
 2009 15.68 Zenobia Bracy (King) 2005  
 2012 15.68 Samaya Brandon (JW North) 2014  
 2015 15.68 \*\*\*Amari Jenkins (JW North) 2017  
 1999 15.69 Lauren Henderson (Rancho Verde) 2012  
 2013 15.72 Allison Abacherli (Paloma Valley) 14.7 2002  
 2014 15.72 \*\* Grace Arnold (Mesa) 2014  
 2013 15.72 \*Diamond Tabron (North) 2015  
 15.75 Angela Gomez (Perris) 1993



15.77	Rachel Miller (Vista )	2007	43.12	Tanika Ward (North)	2004
15.77	*Larisa Cesena (King)	2017	43.13	Danielle Perry (Murrieta)	1999
15.78	Carmiesha Brown (La Quinta)	2001	43.24	***Marjani Maldonado (North)	2006
15.78	Jemena Nesbet (Paloma Valley)	2016	43.27	Dominique Manning (North)	2004
15.80	Christie Wilson (Poly)	1996	43.46	** April Sutton (Roosevelt)	2013
15.80	Kelly Green (Corona)	2007	43.48	Heather Corder (Murrieta)	2010
15.84	*Noelani Smith (Vista)	2011	43.48	*Iris Chijioke (Roosevelt)	2011
15.84	Sheliemae Reyes (Vista)	2011	43.51	*Jaylah Walker (La Sierra)	2015
15.86	Adia Dihn (Hemet)	2017	43.52	Gayle Hunter (North)	2004
15.87	Carmeshia Brown (La Quinta)	2003	43.74	Lorraine King (North)	2005
15.88	** Leitasi Cravens (Vista)	2013	43.79	**Laura McDowell (Arlington)	2010
15.89	***Ali Miller (Murrieta)	2012	43.81	Diamond Tabron (JW North)	2016
15.90	Sandy Kacura (Norco)	1998	44.03	Doris Williams (Poly)	1987
15.90	Angela Green (La Sierra)	2007	44.06	Janessa Brown (Murrieta)	2011
15.96	Sabel Moffett (Chaparral)	2005	44.10	**Shae Anderson (Santiago)	2015
15.96	T*Keyah Gray (Elsinore)	2010	44.11	Martishesha Caines (Great Oak)	2013

Wind-Aided:

13.42	Nicole Denby (North)	1999	44.26	Stephanie Lamar (Indio)	1984
13.44c	Dominique Manning (North) 13.2	2004	44.27	Gabby Estell (Rancho Verde)	2009
13.4	Ashlee Brown (North)	2003	44.29	**Jazmine Harper (Vista de Lago)	2009
13.72	*Breanna Bernard-Joseph (Roosevelt)	2017	44.30	Kari Snow (Norco)	2003
13.80	Joanna Hayes (North)	1994	44.31	***Laura McDowell (La Sierra)	2009
13.84c	Gayle Hunter (North) 13.6	2004	44.32	Amber Clark (Rancho Verde)	2009
13.88	Iris Chijioke (Roosevelt)	2012	44.43	Beth Griffiths Corona)	1982
13.92	**Dannae Dyer (Temecula)	2016	44.47	Lianne Peterson (Palm Springs)	1990
14.05	April Holliverse (North)	1999	44.49	Frances Chase-Dunn (North)	2009
14.10	Marjani Maldonado (North)	2009	44.49	April Sutton (Centennial)	2015
14.22	Heather Corder (Murrieta)	2010	44.51	Kristina Kirkland (Rancho Verde)	2011
14.25	Shae Anderson (Norco)	2017	44.58	*Laura McDowell (Arlington)	2011
14.33	** April Sutton (Roosevelt)	2013	44.60	Keiana Shannon (North)	1999
14.39	DeAnna Carson (Vista del Lago)	2003	44.72	Angela Gomez (Perris)	1993
14.41	Kim Dargel (Mesa)	2013	44.72	** Krista Haddock (Hemet)	2013
14.45	*Tayler Fleming (King)	2012	44.83	Krista Haddock (Hemet)	2015
14.47	Amber Clark (Rancho Verde)	2009	44.85	** Leighana Weaver (King)	2013
14.47	Katy Hall (Rancho Verde)	2009	44.87	**Kolonnir Green (Great Oak)	2017
14.44	Gayle Hunter (King)	2002	44.88	April Holliverse (North)	1999
14.54	Breanca Fleming (Great Oak)	2007	44.91	Desiree Green (North)	1993
14.58	** Samaya Brandon (North)	2013	44.91	Naquesha Moulton (Arlington)	1997
14.79	Sara Dunaway (Vista)	2014	44.93	** Jaela Williams (Roosevelt)	2013
14.79	Devony Dettman (Vista)	2016	44.97	Zeinab Torabi (Mesa)	2017
14.81	Tiffany Parker (Rancho Verde)	2006	45.07	***Amari Jenkins (JW North)	2017
14.83	Amber Clark (Rancho Verde)	2010	45.10	**Lorrane Nance (Temescal Canyon)	2016
14.84	Lorainne King (North)	2005	45.10	Sandy Utterback (Poly)	1984
14.92	*Martiesha Caines (Great Oak)	2012	45.10	Amber Middleton (Murrieta)	1983
14.95	*Heather Corder (Murrieta)	2009	45.11	Jessica Balbuena (La Sierra)	2009
14.95	Iyana Cooksey (Roosevelt)	2016	45.11	** Ciynamon Stevenson (Great Oak)	2014
15.08	* Ali Miller (Murrieta Valley)	2014	45.12	Natalie Lamagna (Norco)	1983
15.17	Sara Nielson (Palm Desert)	2008	45.12	Shania Edwards-Hambrick (Mo Val)	1994
15.17	***Amari Jenkins (JW North)	2017	45.12	Sara Dunaway (Vista)	2014
15.19	Mary Manu (Vista)	2007	45.13	Kim Dargel (Mesa)	2013
15.25	Aarika Oeais (Linfield)	2015	45.19	*Rynese Hulbert (Roosevelt)	2010
15.27	*Maya Jackson (Desert Hot Springs)	2012	45.20	Robin Lealblad (Arlington)	1996
15.28	Shanie Edwards-Hamrick (Mo Val)	1993	45.23	Shebanette Terry (Vista)	2013
15.28	Frances Chase-Dunn (North)	2009	45.31	Kylie Dudley (Temecula)	2006
			45.31	* Leighana Weaver (King)	2014
			45.33	** Samaya Brandon (North)	2013
			45.56	**Sarah Ann Frank (King)	2016
			45.65	Alisha Burton (Norco)	2001
26.80	Dominique Manning (North)	2001	45.71	Jasmine Richards (Great Oak)	2010
			45.74c	Cheri Slater (Moreno Valley)	1983
			45.77	*Emily Owen (Vista)	2009
			45.81	Kayla Elliott (Elsinore)	2017
40.31	Shae Anderson (Norco)	2017	45.91	** Iyana Cooksey (Roosevelt)	2014
40.73	Jasmyne Graham (Roosevelt)	2015	45.93	Shannee Somerville (Palm Springs)	1989
40.81	Joanna Hayes (North)	1995	45.98	*Gabby Estell (Rancho Verde)	2010
41.02	Jade Miller (Great Oak)	2013	46.01	*Aleyah Coleman (Palm Springs)	2012
41.53	Nicole Denby (North)	1999	46.02	*Erica Williams (Elsinore)	2011
41.61	Ashlee Brown (North)	2001	46.03	Leighana Weaver (King)	2015
41.80	Ericka Nowell (Perris)	2009	46.04c	Madinah Ali (Canyon Springs)	1994
41.87	**Breanna Bernard-Joseph (Roosevelt)	2016	46.06c	Alexandria Anderson (Valley View)	45.8 2002
42.18	Lili Calhoun (North)	2003	46.07	*Kaleigh Gionnone (Heritage)	2017
42.66	Nicole Hoxie (North)	1996	46.08	Lolene Swallow (Vista)	2014
42.84c	Marisa Smith (Valley View)	42.7 2004	46.10	Mayimi Lee (Cathedral City)	2011
42.96	Kiersten Kirkland (North)	2007	46.14	**Jessica Toliver (Vista)	2011
43.08	Tayler Fleming (King)	2013	46.16	Rachel Miller (Vista)	2007

**200m Hurdles (30")**

**300m Hurdles (30")**

46.17	*Katy Hall (Murrieta)		2008	47.60	*Erin Griggs (Great Oak)		2017
46.18	Rynese Hulbert (Roosevelt)		2011	47.62	*Paige Smith (Rancho Verde)		2016
46.24c	Rosalie Watkins (Perris)	46.0	2002	47.64c	Kristin Barnes (Hemet) 47.4		1995
46.25	Marisa Wright (Moreno Valley)		1997	47.65	**Aleyah Coleman (Palm Springs)		2011
46.26	*Jazmyne Santiel (Indio)		2015	47.65	*Kayli Davis (Vista)		2015
46.27	Erin Wayne (Norco)		1985	47.66	Brianna Stine (Murrieta)		2001
46.28	Taylor Lorack (Temecula)		2012	47.67	Lisa Taranto (Elsinore)		2013
46.33	Tary Foster (Poly)		1996	47.70	Anyiwo Nnenna (Murrieta)		2003
46.33	**Larisa Cesena (King)		2016	47.70	**Amber Lasher (Norco)		2011
46.35	Breanca Fleming (Great Oak)		2006	47.73	Carrie Rock (Canyon Springs)		1996
46.35	Tatiana Martinez (Murrieta Valley)		2012	47.74c	Jasmine Calhoun (Rancho Verde)	47.5	1997
46.36	Amber Clark (Rancho Verde)		2010	47.74c	Olivia Turner (Perris)	47.5	2010
46.36	Aleyah Coleman (Palm Springs)		2013	47.74	Nnenna Anyiwo (Murrieta)		2004
46.36	Paige Smith (Rancho Verde)		2017	47.74	***Laurin Bergmann (Santiago)		2011
46.39	Lauren McDade (Norte Vista)		1985	47.76	**Genesis Walls (Rancho Verde)		2015
46.40	* Asia Wallace (Rancho Verde)		2014	47.78	*Dehjiah Joseph (Vista)		2015
46.41	DevonyDettman (Vista)		2016	47.79	Laurin Bergmann (Santiago)		2014
46.42	**Payton McCartney (San Jacinto)		2017	47.81	Khalisha Charles (Canyon Springs)		1996
46.43	Precious Watkins (Rancho Verde)		2007	47.86	Deziray White (Vista)		2017
46.44c	Alex Edmond (North) 46.2		1997	47.88	Jolanna Fleming (West Valley)		2001
46.44c	Jameyo Austin (Moreno Valley) 46.2		2001	47.92	Jessica Richeri (Centennial)		2011
46.44c	Amanda Breyer (Hemet) 46.2		2005	47.93	Rachel Miller (Vista)		2008
46.46	Wendy Kearney (La Sierra)		2003	47.93	***Payton McCartney (San Jacinto)		2016
46.49	Pamela Leyva (La Quinta)		2002	47.94	** Kayleigh O'Brien (Murrieta Valley)		2014
46.52	Sheliemae Reyes (Vista)		2011	47.94	* Ali Miller (Murrieta Valley)		2014
46.54	*Lauren Henderson (Rancho Verde)		2011	47.96	La'Shea English (Rancho Verde)		2000
46.56	**Aarika Oeleis (Linfield)		2015	47.96	Lauren Henderson (Rancho Verde)		2012
46.64c	Gretchen DeWitt (Indio) 46.4		1983	47.96	Paige Williams (Chaparral)		2000
46.65	Devin Stetson (Corona)		2014	47.96	Briana Corsetti (Vista)		2013
46.68	Marrisa Smith (Valley View)		2003	48.00	Laura Amos (Norte Vista)		1994
46.68	*** Jaylah Walker (LA Sierra)		2013	48.00	** Aileen Galicia (La Quinta)		2013
46.70	Lyric Bridgeforth (Moreno Valley)		2016	48.00	Summer Traylor (Perris)		2014
46.74c	Allison Abacherli (Paloma Valley) 46.5		2002	48.02	Mary Mann (Vista)		2005
46.74	Brooke Martin (Chaparral)		2016	48.03	*Aniya Gaines (La Sirra)		2017
46.78	Chris Stanley (Norco)		1984	48.04c	Tiffany Dillard (Canyon Springs)	47.8	2002
46.82	**Jasmine Porter (Temecula Valley)		2017	48.04c	Krystal Johnson (Rancho Verde)	47.8	2002
46.85	***Jada McLean (Palm Springs)		2015	48.04	*Genesis Walls (Rancho Verde)		2016
46.87	Tricia Cervantes (Beaumont)		2012				
46.88	*** Jaszmyne Santiel (Indio)		2013				
46.92	Ginger Vega (Notre Dame )		1992				
46.97	Laura Stokes (Vista)		2012				
46.98	Ashley Henley (Indio)		2004				
47.04c	Maria Peterkin (Arlington) 46.8		1990				
47.01	Jackie Adams (Moreno Valley)		1983				
47.03	Dehjiah Joseph (Vista)		2016	45.30	North		2000
47.04	Melissa Pridemore (Centennial)		1995	45.36	North		2001
47.04	**Cayla Brooks (Roosevelt)		2012	45.68	Rancho Verde		2010
45.05	Chynna Swift (Chaparral)		2017	45.74	Rancho Verde		2007
47.07	Sydney Schuller (Paloma Valley)		2011	45.76	Rancho Verde		2009
47.08	*** Shae Anderson (Norco)		2014	45.92	North		2003
47.13	Misha Limbrick (Canyon Springs)		1993	45.97	Rancho Verde		2006
47.19	Kristy Irwin (Norco)		1989	46.10	Roosevelt		2015
47.19	* Laurin Bergman (Santiago)		2013	46.20	Rancho Verde		2008
47.19	**Danae Dyer (Temecula)		2016	46.25	Rancho Verde		2011
47.20	Princess Lee (Ramona)		1994	46.22	Vista		2014
47.20	Alex Edmond (North)		1997	46.41	Roosevelt		2011
47.20	** Leitasi Cravens (Vista)		2013	46.44	North		2004
47.24c	Kariesse Fonteaunt (North) 47.1		2004	46.58	Vista		2009
47.24	**Cassie Gstrein (Murrieta)		2009	46.64	Roosevelt		2010
47.24	**Jada McLean (Palm Springs)		2016	46.65	North		1999
47.25	**Kristian Wright (Canyon Springs)		2009	46.72	Roosevelt		2014
47.25	*Erika Witt (Great Oak)		2017	46.73	North		2006
47.26	Jessica Toliver (Vista)		2013	46.86	North		2002
47.27	**Melanie Williams (Corona)		2011	46.93	Roosevelt		2013
47.30	Allison Higgins (San Jacinto)		1992	46.97	Vista		2013
47.34	Ruperta Ibarrera (Moreno Valley)		1988	47.03	Mesa		2013
47.35	***Erica Williams (Elsinore)		2009	47.04	North		1996
47.37	Jessica Reeder (Corona)		2008	47.05	Roosevelt		2017
47.38	*Aubree Ford (Vista)		2009	47.18	North		1995
47.44c	Sue Rupel (Perris) 47.2		1981	47.18	Roosevelt		2012
47.45+	Celeste Bailey (Rubidoux) 47.73y		1990	47.23	North		2005
47.52	* Niome Wyatt (Rancho Verde)		2014	47.27	Vista		2012
47.54c	Jacque Jarvis (Centennial) 47.3		1992	47.29	Canyon Springs		1994
47.54	*Skyla Curtis (La Quinta)		2016	47.32	Great Oak		2014
47.58	Katherine Silva (Canyon Springs)		2005	47.33	Great Oak		2012

## 400m Hurdles (30")

63.42 Kierstan Kirkland (North) 2006

## 4 x 100m Relay

2000	North
2001	North
2010	Rancho Verde
2007	Rancho Verde
2009	Rancho Verde
2003	North
2006	Rancho Verde
2015	Roosevelt
2008	Rancho Verde
2011	Rancho Verde
2014	Vista
2011	Roosevelt
2004	North
2009	Vista
2010	Roosevelt
1999	North
2014	Roosevelt
2006	North
2002	North
2013	Roosevelt
2013	Vista
1996	North
2017	Roosevelt
1995	North
2012	Roosevelt
2005	North
2012	Vista
1994	Canyon Springs
2014	Great Oak
2012	Great Oak

47.34	Rancho Verde		1999	49.26	Elsinore		2015
47.55	North		1997	49.27	Canyon Springs		1996
47.63	Rancho Verde		2016	49.28	Corona		1988
47.73	Vista		2011	49.28	Santiago		2013
47.72	King		2014	49.32	Temescal		2003
47.86	King		2013	49.37	Indio		1986
47.87	Chaparral		2017	49.37	North		2008
47.89	Temecula Valley		2017	49.37	Chaparral		2013
47.90	Vista		2008	49.39	Corona		2010
47.94	Roosevelt		2009	49.41	Murrieta Valley		2004
47.96	Rancho Verde		2013	49.41	Hemet		2006
47.97	King		2015	49.42	Canyon Springs		1989
47.97	Canyon Springs		1995	49.43	King		2005
48.00	North		1998	49.46	Elsinore		2013
48.00	Murrieta		2007	49.47	Corona		2011
48.00	King		2012	49.48	Poly		1995
48.02	Great Oak		2011	49.48	Chaparral		2012
48.02	Rancho Verde		2012	49.50	Poly		1982
48.04	Corona		2014	49.51	Centennial		2011
48.11	Murrieta		2012	49.55	Canyon Springs		1988
48.13	Rancho Verde		2014	49.57	Valley View		2004
48.13	Palm Desert		2017	49.57	Indio		2012
48.16	Canyon Springs		2013	49.58	Elsinore		2012
48.16	Centennial		2013	49.60	Canyon Springs		1990
48.19	Great Oak		2007	49.60	Poly		1997
48.20	Canyon Springs		1999	49.60	Murrieta Valley		2005
48.21	North		2013	49.63	Temecula Valley		2001
48.28	North		2007	49.63	Chaparral		2011
48.29	Great Oak		2010	49.66	Perris		2000
48.36	Corona		2017	49.66	Elsinore		2009
48.37	North		2015	49.71	Vista del Lago		2009
48.43	Great Oak		2008	49.72	San Jacinto		2011
48.43	Centennial		2010	49.72	Citrus Hill		2014
48.46	Vista		2010	49.73	Paloma Valley		2015
48.48	Great Oak		2017	49.74	Chaparral		2015
48.49	Beaumont		2017	49.75+	Perris	49.9y	1979
48.51	Canyon Springs		1993	49.76	Canyon Springs		2010
48.53	Murrieta Valley		2006	49.76	Murrieta Valley		2011
48.55	Rancho Verde		2015	49.77	Canyon Springs		1992
48.57	Canyon Springs		2001	49.78	North		1992
48.57	Mesa		2017	49.79	Corona		1991
48.59	Vista		2015	49.80	Banning		2000
48.64	King		2009	49.81	Centennial		2003
48.66	Santiago		2009	49.81	Centennial		2014
48.69	Moreno Valley		1983	49.83	Temecula		2012
48.69	Great Oak		2013	49.84	Citrus Hill		2015
48.70	Great Oak		2009	49.85	Indio		1984
48.70	Rancho Verde		2017	49.86	Paloma Valley		2003
48.71	Vista		2007	49.87	Chaparral		2009
48.74	Banning		1999	49.88	Cathedral City		2014
48.75	North		2009	49.88	JW North		2017
48.85	King		2011	49.89	Rancho Verde		1995
48.90	Mesa		2012	49.89	La Sierra		2009
48.94	Corona		2015	49.90	King		2004
48.95	Murrieta		2008	49.90	King		2006
48.97	Vista		2006	49.90	Lakeside		2008
48.97	Heritage		2013	49.9	Canyon Springs		2011
49.04	Murrieta Valley		1999	49.91	Paloma Valley		2009
49.08	Great Oak		2006	49.92	Temescal		2001
49.08	King		2008	49.93	La Quinta		2009
49.12	La Sierra		2017	49.97	Temescal		2000
49.13	Paloma Valley		2014	49.99	Poly		1989
49.14	Mesa		2014	49.99	Perris		2012
49.17	Corona		2013	50.01	Indio		1987
49.19	Rancho Verde		2004	50.01	Moreno Valley		1992
49.19	Santiago		2011	50.03	Rancho Verde		2001
49.19	La Quinta		2017	50.04	Canyon Springs		2006
49.20	Vista		2017	50.04	Norte Vista		2015
49.21	Centennial		1997	50.05	Indio		1983
49.23	Vista del Lago		2010	50.05	Moreno Valley		1989
49.23	Chaparral		2010	50.06	Corona		1990
49.24c	San Jacinto	49.1	2008	50.06	La Sierra		2012
49.24	Great Oak		2015	50.06	Palm Springs		2013
49.25+	North	49.4y	1982	50.06	Mesa		2015
49.25	JW North		2014	50.00	Santiago		2003

50.07	Beaumont	2015
50.08	North	1993
50.08	Rancho Verde	2000
50.09	Perris	1982
50.13	Perris	2007
50.13	Paloma Valley	2017
50.15	Rancho Verde	1996
50.15	Vista del Lago	2011
50.15	Centennial	2017
50.17	Palm Springs	2012
50.18	King	2010
50.19	Hemet	1990
50.20	Ramona	1995
50.20	Santiago	2004
50.20	Perris	2005
50.23	Valley View	2002
50.23	Temecula	2013
50.24c	Poly 50.1	1996
50.24	Indio	2010
50.25+	North 50.4y	1975
50.25	Poly	2008
50.25	Murrieta	2010
50.27+	Corona 50.56y	1988
50.27	King	2007
50.27	Centennial	2012
50.27	Beaumont	2013
50.27	Palm Springs	2014
50.28	Temescal	2004
50.28	Norco	50.28
50.29	Moreno Valley	1991
50.30	Poly	1987
50.30	Corona	2007
50.31	Canyon Springs	1991
50.32	Canyon Springs	2000
50.32	Citrus Hill	2013
50.34c	Canyon Springs 50.2	2002
50.34c	Paloma Valley 50.2	2002
50.34	Patriot	2012
50.34	Linfield	2015
50.35	Arlington	2003
50.38	Cathedral City	2015
50.38	King	2017
50.40	Corona	2012
50.41	Banning	1997
50.41	Norco	2008
50.42	Elsinore	2011
50.44c	Poly 50.3	1985
50.44	Hemet	2004
50.44	Heritage	2012
50.45	Ramona	1994
50.45	West Valley	2003
50.46+	Corona 50.75y	1982
50.46	Temecula	2009
50.47	La Sierra	2005
50.49	Norco	2003
50.49	Indio	2013
50.50	Murrieta	2003
50.51	Cathedral City	2003
50.51	Santiago	2015
50.52	West Valley	2000
50.52	Valley View	2005
50.53	Lakeside	2007
50.53	Roosevelt	2008
50.54	Hemet	1989
50.54	Centennial	1993
50.54	Centennial	2004
50.55	Ramona	1993
50.55	Roosevelt	2007
50.57	Norco	2001
50.57	Perris	2003
50.57	Chaparral	2008
50.57	Perris	2011
50.57	Cathedral City	2017
50.62	La Sierra	2000
50.64c	Poly 50.5	1986

50.67	La Quinta	2003
50.67	Moreno Valley	2004
50.68	Vista del Lago	2008
50.70	Corona	2008
50.71	Poly	1994
50.71	Chaparral	2003
50.71	Indio	2011
50.72	Corona	1997
50.72	Hemet	2013
50.73	Murrieta Valley	2001
50.74c	Norco	50.6 1983
50.74	Arlington	1983
50.74	Notre Dame	2011
50.75	Notre Dame	2009
50.76	Santiago	2001
50.76	Paloma Valley	2013
50.77	Santiago	2012
50.77	Murrieta Valley	2013
50.78	Hemet	1991
50.78	West Valley	1997
50.78	Temescal	2015
50.81	Paloma Valley	2008
50.81	Cathedral City	2012
50.82	Norco	1993
50.82	Arlington	1996
50.83	Perris	1983
50.84c	North	50.7 1991

### 4 x 200m Relay

1:35.89	North	2001
1:38.24	Rancho Verde	2010
1:39.72	Rancho Verde	2007
1:39.75	Roosevelt	2013
1:39.98	Roosevelt	2012
1:40.87	Roosevelt	2011
1:41.30	Rancho Verde	2009
1:41.43	Corona	2014
1:41.92	Great Oak	2012
1:42.10	Corona	2017
1:42.12	Great Oak	2014
1:42.12	Great Oak	2008
1:42.26	Canyon Springs	2012
1:42.57	Great Oak	2013
1:42.69	Canyon Springs	2013
1:42.83	Roosevelt	2010
1:43.02	Roosevelt	2009
1:43.1	North	2006
1:43.4	Vista	2009
1:43.67	Great Oak	2010
1:44.34	Rancho Verde	2008
1:44.46	Temecula Valley	2017
1:44.49	Great Oak	2009
1:44.82	Great Oak	2007
1:44.84	Murrieta	2012

### 4 x 400m Relay

3:38.86	North	2001
3:39.46	North	2000
3:43.96	North	2003
3:44.02	Rancho Verde	2009
3:44.76	Roosevelt	2015
3:45.81	Rancho Verde	2007
3:46.16	North	1995
3:46.29	Roosevelt	2017
3:47.34	Roosevelt	2013
3:47.44	Great Oak	2012
3:47.60	North	1996
3:48.36	Great Oak	2011
3:48.38	North	2006
3:48.43	Corona	2017
3:48.67	Great Oak	2013
3:49.36	North	1998
3:49.40	North	2004

3:49.61	North	2007	4:01.10	La Quinta	2013
3:50.11	Rancho Verde	2006	4:01.16	Temecula	2010
3:50.36	North	1999	4:01.24	Great Oak	2007
3:50.56	Roosevelt	2010	4:01.27	Perris	1980
3:50.83	North	2015	4:01.63	Poly	2015
3:50.88	Roosevelt	2012	4:01.79	Vista	2017
3:51.07	Roosevelt	2016	4:01.86	King	2015
3:51.16	Canyon Springs	1994	4:01.97	King	2016
3:51.19	North	2005	4:02.06	Great Oak	2006
3:51.52	Rancho Verde	2008	4:02.1	Corona	1983
3:51.66	North	2002	4:02.18	Chaparral	2010
3:51.80	Corona	2014	4:02.22	Temecula	2009
3:51.97	Great Oak	2014	4:02.24	King	2002
3:52.30	Canyon Springs	1995	4:02.36	Poly	2014
3:52.37	Vista	2013	4:02.39	Murrieta	2009
3:53.3+	Poly 3:54.6y	1979	4:02.50	Beaumont	2015
3:53.51	North	1997	4:02.55	La Quinta	2016
3:53.51	Rancho Verde	2010	4:02.56	Murrieta	2003
3:53.58	North	2013	4:02.71	Vista	2016
3:54.08	Roosevelt	2011	4:02.92	Vista del Lago	2009
3:54.13	Corona	2013	4:02.99	Corona	2015
3:54.32	Great Oak	2010	4:03.12	Paloma Valley	2009
3:54.33	North	2016	4:03.17	Paloma Valley	2013
3:54.37	Great Oak	2008	4:03.25	Rancho Verde	2017
3:54.52	King	2014	4:03.36	West Valley	2016
3:54.70	Temecula	2012	4:03.45	Beaumont	2016
3:55.02	JW North	2014	4:03.54	Paloma Valley	2005
3:55.03	Murrieta	1999	4:03.55	Murrieta	2004
3:55.17	Corona	2016	4:03.84	Murrieta	2007
3:55.24	Roosevelt	2009	4:03.9	Norco	1983
3:55.55	Rancho Verde	2016	4:03.95	Arlington	1996
3:55.7	Rancho Verde	2011	4:03.99	Poly	2008
3:55.92	North	1993	4:04.16	Centennial	2013
3:56.16	Murrieta	2010	4:04.20	King	2009
3:56.26	Norco	2017	4:04.38	La Quinta	2015
3:56.42	North	2008	4:04.78	Vista	2010
3:56.43	King	2012	4:04.81	Indio	2011
3:56.68	North	1994	4:04.88	Mesa	2014
3:57.27	Rancho Verde	2015	4:05.08	Mesa	2015
3:57.32	Santiago	2017	4:05.18	Mesa	2012
3:57.45	Vista del Lago	2011	4:05.35	Vista del Lago	2010
3:57.49	King	2013	4:05.35	King	2010
3:57.55	Chaparral	2017	4:05.37	Temecula	2004
3:57.58	Corona	1991	4:05.41	Beaumont	2017
3:57.82	Poly	2016	4:05.44	Corona	2012
3:57.93	Corona	2011	4:05.50	Murrieta	2002
3:57.96	Great Oak	2016	4:05.50	Beaumont	2004
3:57.99	Great Oak	2015	4:05.5	Canyon Springs	1999
3:58.10	Vista	2009	4:05.52	Chaparral	2013
3:58.10	Great Oak	2009	4:05.60	Murrieta Valley	1998
3:58.15	Chaparral	2016	4:05.67	Vista	2011
3:58.28	North	1992	4:05.73	Vista	2006
3:58.55	La Quinta	2014	4:05.88	Canyon Springs	1996
3:58.56	Vista	2014	4:05.96	King	2003
3:58.75	Vista	2015	4:06.11	Santiago	2014
3:58.77	Corona	1997	4:06.16	Coachella Valley	2013
3:58.80	Temecula	2011	4:06.17	Paloma Valley	2003
3:58.92	Great Oak	2017	4:06.19	Rancho Verde	2005
3:58.97	Temecula	2006	4:06.2	Notre Dame	1984
3:59.05	Mesa	2013	4:06.27	La Quinta	2017
3:59.27	Vista	2012	4:06.38	La Sierra	2016
3:59.58	Mesa	2017	4:06.4	Poly	1986
3:59.58	JW North	2017	4:06.42	Paloma Valley	2010
3:59.64	Murrieta	2011	4:06.45	La Quinta	2012
3:59.61	Moreno Valley	1983	4:06.51	Perris	2007
3:59.80	Vista	2007	4:06.53	San Jacinto	2012
3:59.94	Temecula Valley	2016	4:06.56	Beaumont	2014
3:59.97	Indio	2012	4:06.61	Arlington	1999
4:00.41	Centennial	2010	4:06.62	Perris	2005
4:00.41	King	2011	4:06.07	Vista	2008
4:00.63	Roosevelt	2014	4:06.44c	Murrieta	4:06.3 2008
4:00.96	Rancho Verde	2014	4:06.74	Rancho Verde	2012
4:00.70	Murrieta	1998	4:06.81	Vista del Lago	2015
4:00.71	Vista del Lago	2013	4:06.85	Santiago	2016
4:00.77	Rancho Verde	2013	4:07.01	Poly	2017

4:07.03	Temecula Valley	2017
4:07.09	Perris	2009
4:07.11	King	2008
4:07.15	Citrus Hill	2012
4:07.18	North	1988
4:07.20	La Sierra	2005
4:07.25	Elsinore	2010
4:07.26	Temecula	2007
4:07.42	Corona	1990
4:07.42	Murrieta	2001
4:07.54	Beaumont	2003
4:07.55	Coachella Valley	2012
4:07.57	La Quinta	2007
4:07.60	Paloma Valley	2014
4:07.65	Elsinore	2017
4:07.66	Corona	2009
4:07.70	King	2017
4:07.81	Canyon Springs	1993
4:07.84	Valley View	2004
4:07.87	Norco	1989
4:07.97	Rancho Verde	2000
4:08.01	Santiago	2015
4:08.03	Murrieta	2000
4:08.04	North	2009
4:08.08	Chaparral	2015
4:08.14c	Perris	4:08.0 2008
4:08.15	Chaparral	2011
4:08.3	Valley View	2011
4:08.32	King	2007
4:08.40	Centennial	2017
4:08.4+	Hemet 4:09.8y	1977
4:08.43	Arlington.	2000
4:08.51	Arlington	1995
4:08.51	King	2006
4:08.58	Canyon Springs	2005
4:08.67	Rancho Verde	2001
4:08.71	Hemet	2008
4:08.73	Temecula	2005
4:08.74	Valley View	2005
4:08.88	Arlington	2001
4:08.88	Corona	2008
4:08.90	Beaumont	2009
4:08.99	Canyon Springs	2006
4:09.05	Notre Dame	2009
4:09.19	Norco	2001
4:09.29	Elsinore	2015
4:09.32	Perris	2000
4:09.37	Elsinore	2009
4:09.38	Roosevelt	2008
4:09.41	Palm Springs	2016
4:09.49	Valley View	2008
4:09.54	Vista del Lago	2012
4:09.6	Canyon Springs	1990
4:09.6	Palm Springs	1990
4:09.64	Chaparral	2012
4:09.67	Paloma Valley	2017
4:09.68	Arlington	2003
4:09.74	Ramona	1995
4:09.75	Canyon Springs	2009
4:09.76	Paloma Valley	2004
4:09.77	Corona	2007
4:09.79	Norco	1999
4:09.83	Perris	2012
4:09.89	Perris	1999
4:10.01	Corona	1984
4:10.10	Corona	2006
4:10.12	Poly	2012
4:10.13	Elsinore	2011
4:10.18	La Quinta	2008
4:10.21	Perris	2017
4:10.36	Poly	2010
4:10.42	Centennial	2016
4:10.63	Norco	1984

## Sprint Medley

4:01.57	Corona	2014
4:01.69	Great Oak	2016
4:03.67	Centennial	2016
406.65	Mesa	2014
4:10.33	Great Oak	2014
4:08.21	Great Oak	2015
4:09.38	Great Oak	2017
4:10.67	Mesa	2015

## 4x 800m Relay

9:14.43	Great Oak	2014
9:14.70	Great Oak	2016
9:18.65	Great Oak	2010
9:19.23	Great Oak	2015
9:19.85	Great Oak	2013
9:21.76	Great Oak	2009
9:21.95	La Sierra	2016
9:23.92	Great Oak	2017
9:24.65	Murrieta	2004
9:26.01	Poly	2015
9:28.62	Great Oak	2008
9:28.72	Great Oak	2012
9:30.83	Great Oak	2007
9:31.52	Santiago	2017
9:33.01	Murrieta	2003
9:35.70	Vista	2013
9:36.09	Corona	2011
9:36.40	King	2008
9:36.69	Corona	2012
9:38.35	Vista	2009
9:38.99	Corona	2007
9:40.52	Vista	2007
9:40.52	Vista	2007
9:41.45	La Quinta	2015
9:41.91	Chaparral	2016
9:43.51	Poly	2014
9:44.27	Great Oak	2011
9:45.2	Corona	2006
9:45.32	La Quinta	2014
9:47.72	Vista	2015
9:48.51	Corona	2013
9:49.84	Murrieta	2010
9:50.3	Murrieta (indoors)	2002
9:50.68	Roosevelt	2013
9:51.41	King	2015
9:51.8	Vista	2006
9:52.0	Temescal	2007
9:55.40	Temecula	2004
9:56.53	Murrieta Valley	2005
9:56.97	Corona	2009
9:58.86	Corona	2002
10:00.11	Corona	2003
10:00.89	Valley View	2007
10:00.91	La Quinta	2013
10:01.00	Canyon Springs	2004
10:01.50	Corona	2004
10:01.65	Corona	2008
10:02.20	Vista	2010
10:02.41	Great Oak	2006
10:02.20	Vista	2010
10:02.41	Great Oak	2006
10:03.21	Vista	2008
10:03.6	La Sierra	2005
10:03.36	Great Oak	2012
10:04.05	Beaumont	2016
10:07.37	Canyon Springs	2003
10:07.70	Poly	2013
10:07.76	Santiago	2016
10:08.56	Corona	2008
10:08.65	Chaparral	2010
10:09.66	Corona	2005
10:09.77	Indio	2003

10:10.16	Temescal	1997
10:10.89	Santiago	2015
10:10.92	Temescal	1994

20:56.19+	King	21:03.53y	2010
20:58.57	Great Oak		2012
21:02.30+	Great Oak	21:09.67y	2010
21:08.85	King		2017
21:15.63+	Corona	21:23.08y	2011
21:17.44+	Murrieta	21:24.90y	2008
21:17.86	Vista		2013
21:17.91+	Murrieta	21:25.36y	2006
21:19.85	Vista		2009
21:20.02	Great Oak		2007
21:21.51	Vista		2016
21:28.16+	Murrieta	21:35.68y	2007
21:32.36	King		2013
21:32.83	Chaparral		2010
21:33.39	Vista		2014
21:33.99	La Quinta		2014
21:36.60	Great Oak		2009
21:37.57+	Great Oak	21:45.15y	2008
21:38.85	King		2009
21:41.81	Roosevelt		2017
21:42.34+	King	21:49.95y	2008
21:42.90	Roosevelt		2014
21:43.27+	Murrieta	21:50.87y	2005
21:43.95+	King	21:51.56y	2007
21:44.94	Vista		2012
21:45.00	Centennial		2016
21:45.52	King		2016
21:45.53	Roosevelt		2015
21:45.87	King		2014
21:47.55+	Corona	21:55.51y	2006
21:48.64	Temescal		1995
21:51.27+	Vista	21:58.93y	2010
21:51.33	Vista		2015
21:54.82	Chaparral		2013
21:55.49	Vista		2011
21:57.78+	Great Oak	22:05.47y	2006
21:55.51	Corona		2006
21:57.78+	Great Oak	22:05.47y	2006
21:58.80	Corona		2013
22:01.46+	King	22:09.17y	2005
22:06.87	Santiago		2014
22:07.23+	Corona	22:14.98y	2007
22:08.52+	Vista	22:16.28y	2008
22:09.53+	Chaparral	22:17.29y	2007
22:09.53+	Santiago	22:17.29y	2007
22:09.91+	Corona	22:17.68y	2008
22:13.33	Indio		2017
22:13.52+	Corona	22:21.30y	2005
22:13.97	Corona		2009
22:14.01+	Murrieta "B"	22:21.79y	2006
22:14.30+	Chaparral	22:22.09y	2009
22:15.25+	King	22:23.04y	2006
22:15.44	Chaparral		2016
22:22.23	Corona		2003
22:22.47	Poly		2016
22:20.99	Roosevelt		2013
22:27.79	Santiago		2017
22:30.68	Roosevelt		2016
22:31.12	Poly		2014
22:31.16y+	Santiago	22:39.05y	2008
22:35.11	Elsinore		1992
22:37.58	Valley View		2008
22:39.87	Temecula		2014
22:40.28	Chaparral		2015
22:40.5	Corona		1994
22:41.99	Paloma Valley		2013
22:44.73	Valley View		2010
22:45.94	Corona		2012
22:46.2	Temescal		1994
22:48.19	Santiago		2011
22:48.19	Poly		2015

## Distance Medley

11:29.76	Great Oak	2016
11:46.92	Great Oak	2015
11:54.28	Great Oak	2014
11:55.18	Great Oak	2017
11:56.09	Great Oak	2013
12:05.90	King	2017
12:07.26	Great Oak	2010
12:12.21	Murrieta	2002
12:17.35	Murrieta	2004
12:18.59	Vista	2017
12:19.29	King	2010
12:20.34	Corona	2011
12:21.30	Great Oak	2012
12:22.26	King	2008
12:22.36	Great Oak	2011
12:22.96	King	2009
12:24.52	Murrieta	2001
12:24.60	Great Oak	2008
12:25.88	La Quinta	2016
12:27.72	Vista	2008
12:30.1	Temescal	1995
12:31.02	Great Oak	2009
12:31.44	Chaparral	2016
12:32.11	King	2011
12:34.11	Vista	2007
12:34.71	Vista	2010
12:34.9	Norco	1988
12:34.93	Vista	2009
12:36.63	Murrieta	2008
12:37.10	Mesa	2014
12:37.33	Santiago	2017
12:37.91	La Quinta	2013
12:38.25	Centennial	2016
12:38.86	King	2013
12:42.5	Corona	1993
12:42.95	King	2014
12:43.54	Great Oak	2007
12:43.82	Vista	2016
12:45.06	Temecula	1997
12:45.07	Corona	2012
12:46.17	King	2016
12:46.54	Corona	2014
12:46.80	Murrieta	2007
12:47.84	Murrieta	2009
12:46.87	Canyon Springs	1996
12:47.71	Chaparral	2008
12:48.66	Poly	2016
12:51.35	Chaparral	2010
12:53.01	Temescal	1994
12:54.99	Mesa	2013
12:56.90	Temescal	1996
12:58.30	La Quinta	2011
12:58.67	Corona	2006

## 4 x 1500m Relay

21:03.2	Norco	1985
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## 4 x 1600m Relay

19:52.88	Great Oak	2016	
19:53.81	Great Oak	2015	
20:03.29+	Great Oak	20:10.30y	2016
20:05.31	Great Oak	2017	
20:09.17	Great Oak	2014	
20:38.52+	Great Oak	20:45.75y	2011
20:45.80	Great Oak	2013	
20:53.05	Vista	2017	
20:55.62+	Chaparral	21:02.95y	2008

## High Jump

6-0.5	Chaunte Howard (North)	2001	11-6	Renae Matheny (Murrieta)	2003
5-10	Shania Edwards-Hambrick (Mo Val)	1993	11-6	Susan Farrar (North)	2008
5-8.75	Karen Kraemer (Notre Dame)	1981	11-6	Kim Sandstrom (Great Oak)	2010
5-8	Gayle Hunter (King)	2002	11-6	*Katrina Meier (Vista)	2017
5-8	Lena Bettis (North)	2002	11-5	Lindsey Morgan (Great Oak)	2017
5-8	Becky Collier (Woodcrest Chr)	2013	11-4	Elleyse Garrett (Vista)	2014
5-8	**Abigail Burke (Poly)	2016	11-4	Megan Melton (King)	2012
5-7	Sandy Utterback (Poly)	1984	11-4	* Kristen Thompson (Roosevelt)	2014
5-7	Kelsey Rubeor (Murrieta)	2006	11-3	Kelsey Barnes (Vista)	2014
5-7	**Sophia Ederaine (Canyon Springs)	2009	11-2	**Erika Flaherty (Roosevelt)	2017
5-7	* Sarah Dunaway (Vista)	2013	11-1	*Madison Kast (Murrieta Valley)	2017
5-7	Bria Palmer (North)	2015	11-0	Caroline Stark (King)	2005
5-6.25	Gretchen DeWitt (Indio)	1983	11-0	Amber Harbaugh (Chaparral)	2005
5-6.25	Tina Ray (Corona)	1984	11-0	Calab Ayer (Vista)	2010
5-6	Heather May (Hemet)	1984	11-0	*Julianne Perez (Roosevelt)	2015
5-6	Gangert (Moreno Valley)	1992	11-0	**Tamara Bader (Vista)	2017
5-6	Jennifer Maggard (Hemet)	1991	11-0	**Nicole Silverlake (Chaparral)	2017
5-6	Maylana Martin (Perris)	1995	10-10	Taryn Fowlie (Great Oak)	2017
5-6	Jennifer Barnes (Hemet)	1996	10-9	***Tessa Watkins (Roosevelt)	2017
5-6	Jennifer Thomas Centennial	1997	10-9	Hailey Scheer (Vista)	2012
5-6	Orlisha Henlon (King)	2003	10-8	Brittany Earr (Vista)	2012
5-6	Heather Conlin (North )	2005	10-8	*Amy Angevine (Murrieta)	2012
5-6	*Kelli Boyd (King)	2010	10-8	Krystal Ruiz (King )	2003
5-6	Joshulyn Penniman (Rancho Verde)	2012	10-8	*Bailey Romero (Vista)	2012
5-6	* Susannah Vera (Palm Desert)	2013	10-8	**Jenna Portis (Great Oak)	2016
5-6	** AlliePortis (Great Oak)	2013	10-7	**Katherine George (Corona)	2017
5-6	Martiesha Cains (Great Oak)	2013	10-6	Jennifer Finaldi (Centennial)	2001
5-6	* Monique Billings (Santiago)	2013	10-6	Renae Mathey (Murrieta)	2002
5-6	Nirie Boglino (La Quinta)	2015	10-6	Brenda Hanrahan (King)	2005
5-6	**Ashlyn Blotzer (Santiago)	2016	10-6	Katie Beyer-Andrews (Vista)	2007
5-6	Winter Careno (Paloma Valley)	2017	10-6	***Gardenia Chavez (Roosevelt)	2010
5-5	Angela Lind (Hemet)	1984	10-6	Krysten Garcia (Roosevelt)	2012
5-5	Jamie Kindschuh (Chaparral)	1999	10-6	Alicia Lamson (Great Oak)	2012
5-5	Gayle Hunter (North)	2003	10-6	Emily Ayer (Vista)	2013
5-5	*Emem Ibekwe (North)	2015	10-6	Brynna Close (North)	2015
5-4.25	Cheri Slater (Moreno Valley)	1983	10-6	Keanna Theobalt (Vista)	2015
5-4	Bobbi White (Norco)	1989	10-6	Alexys Boonkokua (King)	2015
5-4	Christine Killian (Temecula)	1990	10-6	*Megan Valdez (Great Oak)	2017
5-4	Leah Cunningham (Valley View)	1992	10-5	Angie Griffin (Great Oak)	2015
5-4	Michelle Marshall (Hemet)	1994	10-4	Kailey Beckman (Temecula)	2009
5-4	Veronica Arana (San Jacinto)	1996	10-4	Rianne Gross (Poly)	2011
5-4	TaShara Saunders (Rancho Verde)	1997	10-4	*Agnes Lee (Centennial)	2017
5-4	Liz Luzsko (Banning)	1999	10-4	Karen Orozco (Corona)	2017
5-4	Ashley Hamlett (Norco)	2004	10-3	*Annika Backlund (Murrieta)	2012
5-4	Brittany Thurman (King)	2005	10-3	*Ariel Sepulveda (Roosevelt)	2016
5-4	*Danielle Thibault (Canyon Springs)	2009	10-2	Maddie Duong (Chaparral)	2016
5-4	Audrey Mitchell (Murrieta)	2009	10-0	Amber Baughman (Temecula)	2001
5-4	Desiree Jackson (Vista del Lago)	2010	10-0	Stephanie Hill (Chaparral)	2002
5-4	*Caitlin Wuebbels (Murrieta)	2011	10-0	Lelsie Klieres (Temecula)	2002
5-4	**April Sutton (Roosevelt)	2013	10-0	Julia Nottber (Murrieta)	2002
5-4	** Kiarra Ginwright (King)	2013	10-0	Jaque Crisp (Chaparral)	2003
5-4	*Destiny Longmire (Rancho Verde)	2015	10-0	Jennifer Adams (Temecula)	2005
5-4	*Seline Schinke (Palm Desert)	2016	10-0	Tiffany Vansoest (Poly)	2007
5-4	**Shaelyn Amos (Roosevelt)	2017	10-0	*Katherine Coggins (King)	2008
5-4	*Kaliyah Larson (JW North)	2017	10-0	*Amy Hop (Jurupa)	2008
5-4	***Kylee Davis (Vista)	2017	10-0	Erika Kim (Great Oak)	2011
			10-0	Chandler Edwards (Santiago)	2012
			10-0	Rachel Held (Vista)	2013
			10-0	Taylor Henry (Corona)	2013
			10-0	Madison McPeak (King)	2015
			10-0	**Delaney Ho (Beaumont)	2015
			10-0	Kristen Thompson (Roosevelt)	2015
			10-0	*Thy Pham (Corona)	2016
			10-0	*Kaylene Nicolazzi (Chaparral)	2017
			10-0	*Charisma Davis (Temecula ValleY)	2017

## Pole Vault

13-1	Gardenia Centanaro (Roosevelt)	2013
12-7	Kristen Dormanen (Temecula)	2004
12-6	*Alexandra Gray (Chaparral)	2017
12-3	Dana Jensen (Chaparral)	2005
12-0	Brianna King (Temecula)	2001
12-0	Jessica Wismewski (Murrieta)	2002
12-0	Hannah Chang (King)	2015
11-9	Annika Backlund (Murrieta Valley)	2013
11-9	Devin Stetson (Corona)	2014
11-9	Jessica Abalos (Murrieta Valley)	2014
11-8	Alex Ungrady (Great Oak)	2016
11-6	Anna Diko (Murrieta Valley)	2000
11-6	Tricia Smith (Temescal Canyon)	2001

## Long Jump

20-7.75	Gayle Hunter (North)	2004
20-7	Destiny Longmire (Rancho Verde)	2016
20-4.5	Chaunte Howard (North)	2002
20-0.75	**Alycia Herring (Rancho Verde)	2008
19-11.25	Serina Strange (Indio)	1987
19-10.75	Lena Bettis (North)	2002
19-10.5	Michelle Norman (Vista)	2014



19-10.25	Shelese Ruffin (Beaumont)	2004	17-1.75	Julie Tetley (Moreno Valley)	1989
19-10	Tracee Thomas (North)	1999	17-1.75	Markey McLellan (Hemet)	1992
19-8.25	*Jasmyne Graham (Roosevelt)	2014	17-1.75	*Jenna Reynolds (North)	2008
19-7	DeAnna Carson (Vista del Lago)	2003	17-1.5	Monica Bruce (Norco)	1978
19-5.5	**Akia Armstrong (Roosevelt)	2011	17-1	Gail Derricott (Rubidoux)	1989
19-4.25	Lovie Burleson (Vista)	2015	17-1	Theresa Cherry (Notre Dame)	1990
19-1.75	Brittany Bozeman (Rancho Verde)	2009	17-1	Ginger Vega (Notre Dame)	1992
19-1	Gayle Hunter (King)	2001	17-1	**Chaselyn Amos (Roosevelt)	2017
19-0.75	Angela Weeks (Canyon Springs)	2002	17-0.75	Heather Erickson (Vista)	2006
18-11.25	Denise Woodard (Hemet)	1979	17-0.25	Tiffany Harriston (Murrieta)	2003
18-9.25	Ashley Perkins (Norco)	2009	17-0.25	Kierstin Kirkland (North)	2006
18-8.5	Amber Sanford (King)	2010	17-0	Shania Edwards- Hambrick (Mo Val)	1994
18-7.75	Latoya LeJay (Canyon Springs)	1994	17-0	Hillary Foose (Canyon Springs)	1994
18-7.75	* Kayla Wilson (La Quinta)	2013	17-0	Myeshia DuPree (Poly)	1996
18-7.5	* Jaela Williams (Roosevelt)	2014	17-0	Amber Nelson (North)	1999
18-6.75	Mary Carroll Coachella)	1982	17-0	Katie Christianson (La Quinta)	1999
18-5	Nettie Scott (Corona)	2010	17-0	**Dynese Adams (Vista)	2008
18-5	Jasmyne Graham (Roosevelt)	2015	17-0	Dayna Carson (Mesa)	2017
18-5.5	Elreen Brumfield (North)	1984	16-11.75	Erin Banks (Norco)	2003
18-4.25	Holly Sullivan (Ramona)	2016	16-11.75	Akilah Green (San Jacinto)	2010
18-3.5	Emem Ibekewe (North)	2015	16-11.5	Shakeia Brumfield (Desert H Sp)	2001
18-1.5	Joanna Hayes Arlington)	1993	16-11.5	*Niala Charles (Great Oak)	2010
18-1.5	Nicole Hoxie (North)	1995	16-11.25	Ashley Edwards (Canyon Springs)	2004
18-1.5	* Allie Portis (Great Oak)	2014	16-11	Michelle Marshall (Hemet)	1993
17-11.5	Lorena Aleman (La Quinta)	2004	16-11	Kisha Auld (Corona)	1999
17-11.5	Kayla Wilson (La Quinta)	2014	16-10.75	Iyani Hayden (Canyon Springs)	2015
17-11.25	Onisha Banks (San Jacinto)	1992	16-10.5	Joi Webber (Poly)	2000
17-11.25	Kelsey Rubeor (Murrieta Valley)	2006	16-10.5	Kristal Dennis (Vista)	2016
17-10.5	Zona Chandler (Elsinore)	1981	16-10	Ashanti Phannix (Moreno Valley)	1998
17-10.25	**Chasity Ducre (Roosevelt)	2012	16-10	Natalie Johnson (Cathedral City)	2000
17-9.25	Jamie Kindschuh (Chaparral)	1999	16-10	Sissy Underwood (King)	2016
17-9	Lauren Plunkett (Norco)	1999	16-9.75	*Jelena McNown (Murrieta)	2012
17-9	Jelena McNown (Murrieta Valley)	2013	16-9.75	Celia Halpin (Norco)	2015
17-8.75	Kayla Duclayan (Vista)	2015	16-9.5	Kanishia Cass (Rancho Verde)	1999
17-8.5	Angela Bissonette (Hemet)	1989	16-9.5	Sandica Jackson (Palm Desert)	2017
17-7.5	LaShannoe Sneed (Poly)	1982	16-9.25	Ingrid James (Ramona)	1988
17-7.5	Tiffany Jones (Canyon Springs)	2001	16-9	McDowell (Indio)	1978
17-7.25	Danielle Smith (Elsinore)	1985	16-9	Kartina Sullivan (Norte Vista)	1990
17-7	Pam Streeter (North)	1978	16-9	Khola Newels (Canyon Springs)	1994
17-7	Bobbi White (Norco)	1989	16-9	Jacquelyn Dubois (Vista del Lago)	2011
17-7	Aubree Harbison (Murrieta)	2008	16-9	Brandee Rodriguez (Elsinore)	2012
17-7	*Sophia Ederaine (Canyon Springs)	2010	16-8.5	Robin Leafblad (Arlington)	1996
17-6.75	Terica Ned (Rancho Verde)	1999	16-8.5	Vianna Amabile (Great Oak)	2011
17-6.5	Dominique Manning (North)	2001	16-8	Sharon Johnson (Perris)	1980
17-6.5	Melinda Rodriguez (Vista)	2009	16-8	Michelle Hong (Vista)	2012
17-6.5	Shanea Webb (Vista)	2010	16-7.5	Nicole Baker (La Sierra)	1997
17-6.25	Stacy Miller (Palm Springs)	1989	16-7.25	*Danika Hitchcock (Hemet)	2012
17-6	Beth -Griffiths (Corona)	1980	16-7.25	* April Sutton (Roosevelt)	2014
17-5.5	Lisa Hale (Poly)	1988	16-7.25	Devony Dettman (Vista)	2016
17-5.5	Lori Sims (Corona)	2001	16-7	Trina Williams (Valley View)	1990
17-5.5	Taylor Smith (Roosevelt)	2015	16-7	Joy Smith (Moreno Valley)	1982
17-5.25	Becky Collier (Woodcrest Chr)	2013	16-7	Latisha Spence (North)	1999
17-5	Kim Burress (Temescal)	1999	16-7	Nikki James (Riverside Chr)	2006
17-5	Alviota Carrillo (Indio)	1999	16-7	*Desiree Jackson (Vista del Lago)	2009
17-5	Christina Carr (Murrieta)	2001	16-7	*Shontice Carter (Vista del Lago)	2011
17-4.75	**Lovie Burleson (Vista)	2013			
17-4.25	*Dayna Carson (Mesa)	2016		<b>Wind-aided:</b>	
17-4	Lenay Horton (North)	2001	20-8.75	Gayle Hunter (North)	2003
17-4	Tiffany Parker (Rancho Verde)	2005	20-6.5	Chaunte Howard (North)	2002
17-3.75	Yvette McCullugh (Arlington)	1986	20-3.75	Destiny Longmire (Ranch Verde)	2016
17-3.75	Seline Schinke (Palm Desert)	2017	20-2.75	Shelese Ruffin (Beaumont)	2004
17-3.5	Brenna Tucker (Ramona)	2005	20-0.5	Gayle Hunter (King)	2002
17-3.25	Brittany Baltzar (Santiago)	2004	19-8.25	**Jasmyne Graham (Roosevelt)	2013
17-3.25	*Charisma Davis (Temecula Valley)	2017	19-7.5	Brittany Bozeman (Rancho Verde)	2009
17-3	LaRonda Doyle (Norco)	1984	19-6.5	Lovie Burleson (Vista)	2015
17-3	Rochelle Reese (Corona)	1988	19-0	Akia Armstrong (Roosevelt)	2013
17-3	Moffett (Chaparral)	2005	18-11.5	De-Anna Carson (Vista del Lago)	2003
17-3	Nirie Boglino (La Quinta)	2015	18-9.25	Tiffany Jones (Canyon Springs)	2001
17-2.5	T*Keyah Gray (Elsinore)	2010	18-9.25	* Jaela Williams (Roosevelt)	2014
17-2.5	*Maya Jackson (Desert Hot Springs)	2012	18-8.25	* Kayla Wilson (La Quinta)	2013
17-2.25	Trese Harris (Ramona)	1996	18-7	Ashley Perkins (Norco)	2008
17-2	Lorena Aleman (La Quinta)	2003	18-6	Angela Weeks (Canyon Springs)	2001
17-2	Brittany Cook (Vista)	2009	18-5	Emem Ibekewe (North)	2015
17-2	***Ajia Yarbrough (Temecula)	2012	18-4.25	Becky Collier (Woodcrest Chr)	2013
17-1.75	Rikki Scuggs (Canyon Springs)	1988	18-2.5	Jacquelyn Dubois (Vista del Lago)	2011

18-2	Kelsey Rubeor (Murrieta)	2006	37-3.5	Stephanie LaMar (Indio)	1985
18-1	Aubree Harbison (Murrieta)	2008	37-3.5	Danika Hitchcock (Hemet)	2013
18-1	Nirie Boglino (La Quinta)	2015	37-3.25	Katie Christianson (La Quinta)	2000
18-0	Taylor Smith (Roosevelt)	2015	37-3	Lena Bettis (North)	2003
17-11.5	*Amber Sanford (King)	2009	37-2.25	*Alexis Deja (Great Oak)	2017
17-11	Tiffany Parker (Rancho Verde)	2006	37-2	*Destinee Widgins (San Jacinto)	2014
17-10.75	Jelena McNown (Murrieta Valley)	2013	37-0.25	Latoya LeJay (Canyon Springs)	1994
17-10	T*Keyah Gray (Elsinore)	2010	37-0	Starlynn Singleton (Mesa)	2013
17-10	***Chaselyn Amos (Roosevelt)	2016	36-11.75	Rene Simon (Calvary Ch)	2008
17-9.25	Monique Young (North)	2002	36-11.75	Joshulyn Penniman (Rancho Verde)	2012
17-8.75	*Lorraine Nance (Temescal Canyon)	2017	36-11	Kristal Dennis (Vista)	2016
17-8.5	Celia Halpin (Norco)	2015	36-10.5	*Dayna Carson (Mesa)	2016
17-8	Erin Banks (Norco)	2003	36-10	*Danika Hitchcock (Hemet)	2012
17-7.25	*Briana Conway (Chaparral)	2009	36-9.75	Mary Carroll (Coachella Valley)	1981
17-7	Kierstin Kirkland (North)	2006	36-9.75	Lakeesha Blair (Rancho Verde)	2005
17-7	Mariah Rimmer (Arlington)	2011	36-9	Ashley Mackey (Vista)	2010
17-6.25	Heather Erickson (Vista)	2006	36-8	***Ajia Yarbrough (Temecula)	2012
17-5	Brittany Baltazar (Santiago)	2004	36-7.5	Taryn Foster (Poly)	1995
17-5	Katie Rodriguez (Elsinore)	2013	36-6.75	Bobbi White (Norco)	1989
17-4	*Hannah Wright (Palm Springs)	2016	36-6.75	*Chantia Justice (La Quinta)	2010
17-4	**Allie Gray (Chaparral)	2016	36-6	Yvette Hill (Rubidoux)	1985
17-3.5	Tiffany Parker (Rancho Verde)	2004	36-6	Yvette McCullough (Arlington)	1986
17-3.5	Kristal Dennis (Vista)	2016	36-6	Amanda Brooks (Indio)	1997
17-3.25	*T*Keyah Gray (Elsinore)	2009	36-5.5	Latisha Spence (North)	1998
17-3	*Jelena McNown (Murrieta)	2012	36-5.5	Tasha McNair (Valley View)	2000
17-3	Brandee Rodriguez (Elsinore)	2012	36-4.75	Myeshia DuPree (Poly)	1996
17-3	Joana Adams (Palm Springs)	2015	36-4	Shanea Webb (Vista)	2010
17-2.5	* Alejandra Angulo (Cathedral City)	2013	36-3.75	Carmeshia Brown (La Quinta)	2003
17-2	*Michelle Hong (Vista)	2011	36-3.5	Cheri Slater (Moreno Valley)	1982
17-2	Starlynn Singleton (Mesa)	2013	36-3.5	Celia Halpin (Norco)	2015
17-1.5	Audane Hayes (Centennial)	2005	36-3	Onisha Banks (San Jacinto)	1992
17-1.5	Sissy Underwood (King)	2016	36-2.75	Jessica Rogers (Santiago)	2000
17-01	Allie Portis (Great Oak)	2015	36-2.5	Jamie Kindschuh (Chaparral)	1999
17-1.5	Alyssa Wenzel (Temecula)	2016	36-2.5	Alexandia Anderson (Valley View)	2001
17-1	***Nina Wallace (Cathedral City)	2016	36-2	Whitney Ligon (Centennial)	2005
17-1	Paige Smith (Ranch Verde)	2017	36-1.75	Sameerah Reed (Rancho Verde)	1999
17-0.5	Harbison (Murrieta Valley)	2005	36-1	Demetria Deary (La Sierra)	2000
17-0	***Amari Jenkins (JW North)	2017	36-1	Melinda Rodriguez (Vista)	2009
			36-1	Anna Ifft (Santiago)	2015
			35-11.5	Danielle Smith (Elsinore)	1986
			35-10	Laronda Doyle (Norco)	1985
		2002	35-10	Kelli Boyd (King)	2011
		2004	35-9	Kari Snow (Norco)	2002
		2016	35-9	*Nyomi Ward (Rancho Verde)	2013
		2014	35-9	Kayla Duclayan (Vista)	2015
		2015	35-8.5	Theresa Cherry (Notre Dame)	1990
		2009	35-8.5	Dominique Aubrey (Poly)	2012
		2002	35-8.25	Jessica Williams (Temecula Prep)	2008
		2015	35-8	Mary Plesinger (Beaumont)	1984
		2016	35-8	Michelle Marshall (Hemet)	1993
		2011	35-8	Kelsey Rubeor (Murrieta)	2005
		1982	35-8	Nairobi Watson (King)	2013
		2012	35-7.75	Rikki Scruggs (Canyon Springs)	1989
		1988	35-7.5	***Ymani Rollins (Rancho Verde)	2015
		2001	35-7.25	Lauren Plunkett (El Toro)	1998
		1994	35-7.25	**Malia Cravens (Temecula)	2009
		2008	35-7	Robin McQueen (Elsinore)	1991
		2005	35-7	Ginger Vega (Notre Dame)	1992
		1993	35-7	Destinee Widgins (San Jacinto)	2015
		2010	35-6.5	Maria Peterkin (Arlington)	1990
		2005	35-6.25	Marquita Scott (Rubidoux)	2002
		2010	35-6.25	Jasmine Seymour (Paloma Valley)	2006
		2015			

## Triple Jump

41-3	Chaunte Howard (North)	2002	35-10	Danielle Smith (Elsinore)	1986
41-1.25	Gayle Hunter (North)	2004	35-10	Laronda Doyle (Norco)	1985
41-0.5	Cynamon Steevenson (Great Oak)	2016	35-9	Kelli Boyd (King)	2011
40-6	Michelle Norman (Vista)	2014	35-9	Kari Snow (Norco)	2002
40-5.75	* Lovie Bureson (Vista)	2015	35-9	*Nyomi Ward (Rancho Verde)	2013
39-7.25	Ashley Perkins (Norco)	2009	35-9	Kayla Duclayan (Vista)	2015
39-7	Gayle Hunter (King)	2002	35-8.5	Theresa Cherry (Notre Dame)	1990
39-3.75	*Emem Ibekewe (North)	2015	35-8.5	Dominique Aubrey (Poly)	2012
39-0.5	**Lorraine Nance (Temescal Canyon)	2016	35-8.25	Jessica Williams (Temecula Prep)	2008
38-11.25	Brianna Cole (Santiago)	2011	35-8	Mary Plesinger (Beaumont)	1984
38-7.25	CeCe Chandler (Elsinore)	1982	35-8	Michelle Marshall (Hemet)	1993
38-6	*Becky Collier (Woodcrest Christian)	2012	35-8	Kelsey Rubeor (Murrieta)	2005
38-4.75	Unique Lewis (Hemet)	2012	35-8	Nairobi Watson (King)	2013
38-4	Monique Young (North)	1988	35-7.75	Rikki Scruggs (Canyon Springs)	1989
38-3.75	Joanna Hayes (North)	2001	35-7.5	***Ymani Rollins (Rancho Verde)	2015
38-1	*Brittany Bozeman (Rancho Verde)	1994	35-7.25	Lauren Plunkett (El Toro)	1998
38-0.5	Erin Banks (Norco)	2008	35-7.25	**Malia Cravens (Temecula)	2009
37-11.5	Joanna Hayes (Arlington)	2005	35-7	Robin McQueen (Elsinore)	1991
37-11.25	T*Keyah Gray (Elsinore)	2005	35-7	Ginger Vega (Notre Dame)	1992
37-11	Tiffany Parker (Rancho Verde)	1993	35-7	Destinee Widgins (San Jacinto)	2015
37-10.5	Amber Sanford (King)	2010	35-6.5	Maria Peterkin (Arlington)	1990
37-10.25	Nirie Boglino (La Quinta)	2005	35-6.25	Marquita Scott (Rubidoux)	2002
37-10	Angela Weeks (Canyon Springs)	2010	35-6.25	Jasmine Seymour (Paloma Valley)	2006
37-10	Becky Collier (Woodcrest Chr)	2015			
37-9.5	Destiny Longmire (Rancho Verde)	2002	<b>Wind-aided:</b>		
37-9	Denise Woodward (Hemet)	2013	42-2.5	Gayle Hunter (North)	2004
37-9	*Kelli Boyd (King)	2016	42-0.5	Cynamon Stevenson (Great Oak)	2016
37-8.75	Serina Strange (Indio)	1982	39-8.75	Ashley Perkins (Norco)	2009
37-8.5	Jane Jones (North)	2010	39-7.5	Jacquelyn Dubois (Vista del Lago)	2011
37-7.75	Robyn Monroe (Centennial)	1986	39-5.75	Lovie Bureson (Vista)	2015
37-6	Jacquelyn Dubois (Vista del Lago)	1981	39-3	Monique Young (North)	2002
37-5	*Joi Webber (Poly)	1999	39-7.5	Anna Ifft (Santiago)	2015
37-5	Allison Laibach (Norco)	2011	39-1.25	**Lorraine Nance (Temescal Canyon)	2016
37-4.25	Tasha Edinbvrđ (Poly)	2000	38-7	Tiffany Parker (Rancho Verde)	2006
		2017	38-7	Nirie Boglino (La Quinta)	2015
		1987	38-7	Caylynn Godoy (Ramona)	2015

38-3	Kellie Boyd (King)	2009	39-3.5	Ashley Santon (Elsinore)	2014
38-2.5	T'Keyah Gray (Elsinore)	2010	39-2	**Azmire Ransom (JW North)	2017
37-10	Stephanie LaMar (Indio)	1985	39-0.5	Jessica Johnson (Temescal)	2011
37-5.5	Gianna Hughes (Vista)	2014	39-0.5	Dazhanna Jackson (Paloma Valley)	2014
37-5	Aubree Harbison (Murrieta)	2007	38-11.5	Breanna Elton (San Jacinto)	1996
37-4	Destinee Widgens (San Jacinto)	2015	38-11	Sherice Wright (Indio)	2011
37-3	Celia Halpin (Norco)	2015	38-10.75	Amy Loprinzi (Jurupa Valley)	2009
37-2	Starlynn Singleton (Mesa)	2013	38-10.5	Karina Leyva (Temecula)	2000
37-1	*Jordyn Carroll (Heritage)	2012	38-9.75	Myechia Bradley (Cathedral City)	2003
37-1	*Nyomi Ward (Rancho Verde)	2013	38-9.5	Sierra Senio (LaSierra)	2013
36-7.25	*Aliyah Ahmad (Centennial)	2016	38-9	* Elena Lopez (Elsinore)	2013
36-6	Kelli Boyd (King)	2011	38-8	Jamie Tower (Great Oak)	2013
36-5.5	Rhea Soloman (Rancho Verde)	2011	38-6.75	Tynisha Utz (Norco)	2003
36-4.25	Asia Johnson (King)	2012	38-6.5	Lisa Callin (Hemet)	1985
36-4	* Nirie Boglino (La Quinta)	2014	38-6.5	Arica Nassar (Temescal)	2011
36-1.5	Danika Hitchcock (Hemet)	2013	38-5.5	Elaine Filemu (Centennial )	1996
36-1	Lakeesha Blair (Rancho Verde)	2004	38-5.5	Millie Macias (Coachella Valley)	2004
36-0.5	Charissa Misaita (Paloma)	2015	38-5.5	* Yazmin Torres (Vista)	2013
36-0	*** Taryn Fowlie (Great Oak)	2014	38-5.25	**Ariane Madlambayan (Temescal Canyon)	2016
35-11	Kelsey Rubeor (Murrieta Valley)	2004	38-5	Joanna Porter (Canyon Springs)	1993

## Shot Put

50-00.25	Tanya Sapa (La Sierra)	2013	38-1.25	*Mary Fusi (Corona)	2012
46-6.5	Pam Alexander (Arlington)	1983	38-1	Jenny Patterson (Banning)	1996
45-11	Lisa Misapeka (Temecula)	1993	38-1	Andrea Loman (Poly)	1998
45-1	Lima Lefiti (La Sierra)	2010	38-0.5	Tiffany Eason (Canyon Springs)	1997
44-8	Elena Lopez (Elsinore)	2014	38-0	Mele Tupou (North)	2011
44-5	Sarah Robles (San Jacinto)	2006	37-11.5	Charmaine Utz (Norco)	2002
44-4.75	Sheni Russell (Ramona)	1999	37-11	Anissa Claiborne (King)	2014
43-7	Tiffany Gilmore (Centennial)	2014	37-10	Rachel Liptak (Temecula)	2001
43-3.25	Deja Watkins (North)	2011	37-10	Rebecca Summers (Norco)	2011
43-3	Kelsey Rubeor (Murrieta)	2007	37-8.5	Renee Perkins (Moreno Valley)	1982
42-10.5	Kim Langston (Arlington)	1980	37-8	**Evalen Garcia (Norco)	2017
42-9.25	Breanna Standifer (Elsinore)	2013	37-7.5	Sherry Doro (Hemet)	1980
42-4	Janet Hill (Rubidoux)	1987	37-7.5	Derika Russell Arlington)	1993
41-11.5	Shannon Hobson (Perris)	2003	37-7.5	Solate Tupour (North)	2003
41-11.5	Tifinie LEverett (Ramona)	2013	37-7.25	Natrice Gordon (Centennial)	1997
41-10.5	Erica Moore (Ramona)	1988	37-6.5	*Julia Sapa (La Sierra)	2011
41-10.5	Whitney Ashley (North)	2007	37-6.5	* Martina Hauffen (Norte Vista)	2014
41-10	Jennifer Vail (Palm Springs)	1995	37-6	Jessica Weise (King)	2011
41-4	Kayla Hopkins (Rancho Verde)	2014	37-5.5	Langston (La Sierra)	1978
41-3.5	Cari Soong (North)	1999	37-5.25	Sierra Kitterman (Paloma Valley)	2007
41-2	Hailey Erickson (Centennial)	2012	37-4.75	Kim Sepulveda (Hamilton)	2009
41-1	Lindsay Ritchie (Beaumont)	2011	37-4.75	*Kalianna Lesa (San Jacinto Academy)	2017
41-0	Solate Tupou (North)	2004	37-4	Rachel Rosario (Rubidoux)	1989
41-0	Brittany Gonter (Hemet)	2010	37-4	Jimena Arias (Norte Vista)	2017
40-11.25	Sarah Cisneros (Rubidoux)	1995	37-3	Jessica Bonner (Chaparral)	2005
40-10.75	Hailey Mo'unga (Vista)	2017	37-3	*Tifnie Levrett (Ramona)	2012
40-7.5	Jane Jones (North)	1982	37-2.5	Aimee Trout (Canyon Springs)	2002
40-6.75	Jodie Warr (Rubidoux)	1990	37-2	T Nassar (Temescal)	2008
40-4	Barrie Greer (Ramona)	1980	37-2	Patricia Parker (West Valley)	2011
40-4	*Deja Watkins (North)	2010	37-2	Arianna Barragan (San Jacinto)	2016
40-4	Ashley Santos (Elsinore)	2014	37-1.25	*Chloe Seed (Murrieta Valley)	2016
40-2	Andrea Loman (Poly)	1997	37-1	Kim Ooten (Rancho Verde)	2005
40-1	Christie Tuioti-mariner (Corona)	2007	37-0.75	Jolie Buffin (West Valley)	2004
40-0	Kim Avila (Temescal)	2003	37-0	Mari Bohanon (Arlington)	2000
40-0	Shaylynn Fisher (Great Oak)	2009	37-0	***Abigail Latuhol (Norte Vista)	2011
39-11.75	Lynn Patu (Vista)	2010	37-0	* Anissa Claiborne (King)	2013
39-11.75	Courtney Klosinki (King)	2016	36-11.75	Doveal Goins (Canyon Springs)	1993
39-10.5	Samantha Straley (Poly)	2012	36-11.5	* Ashley Santos (Elsinore)	2013
39-10	Hanna Lemoa (Norte Vista)	2008	36-11	Monique Walker (Desert Christian)	2004
39-10	Mary Fusi (Corona)	2013	36-11	Precious Flowers (Rancho Verde)	2005
39-8.25	Becky Darby (Canyon Springs)	1989	36-11	*Candice Prince (San Jacinto)	2009
39-8	Kassandra Kennison (Norco)	2006	36-10.5	L. Porter (Rubidoux)	1982
39-8	Jessica Bonner (Chaparral)	2007	36-10	*Danielle Ford (Citrus Hill)	2012
39-7.5	Alisha Poole (Poly)	1985	36-10	Edidiong Etokudo (Beaumont)	2017
39-7	Patricia Walker (Rubidoux)	1985	36-9.75	Jevonna Morgan (La Quinta)	2004
39-7	Fatima Vergara (Corona)	2011	36-9.75	Kaila Gower (Heritage)	2016
39-7	***Sierra Senio (La Sierra)	2010	36-9	Patty Cortez (Norco)	1983
39-6	Brittany McGhee (North)	2007	36-9	Marie Fecske (Norco)	1986
39-0.25	Kujomi Hutchinson (Notre Dame)	1978	36-9	Kori Sprague (Elsinore)	2015
39-5	*Zion Levi (Rancho Verde)	2017	36-8.75	**Amanda Mercado (Murrieta)	2009
39-4.5	Jane Chafeh (Notre Dame)	2007	36-8.5	Megan Wesel (Chaparral)	2015
39-4	Chrystian Trice (Corona)	2005	36-8	Brandi Dunham (Murrieta)	2011

36-8	** Kayla Hopkins (Rancho Verde)	2013	140-10	Deja Watkins (North)	2011
36-8	**Lydia Liu (Roosevelt)	2017	140-3	Lisa Misipeka (Temecula)	1993
36-8	*Leslie Pettis (San Jacinto)	2017	138-8	Jimena Arias (Norte Vista)	2017
36-7	Martin (Poly)	1982	138-2	*Whitney Ashley (North)	2006
36-7	Avery Dail (Santiago)	2013	137-11	*Rachel Boaz (Murrieta)	2009
36-7	Amanda Rosilez (Chaparral)	2016	137-7	Whitney Ashley (North)	2007
36-6.75	*Nicole Eves (Palm Springs)	2008	137-5	*Lynn Patu (Vista)	2009
36-6.75	**Daisy Fusi (Corona)	2015	137-1	Jennifer Vail (Palm Springs)	1996
36-6.75	*Ariane Madlambayan (Temecal Canyon)	2017	135-9	Andrea Loman (Poly)	1998
36-6.5	Millie Macias (Coachella Valley)	2003	135-4	Tanya Martinez (La Sierra)	2008
36-6.5	*Rebekah Boaz (Murrieta)	2009	135-2	Erica Moore (Ramona)	1987
36-6	*Elizabeth Curtis (King)	2016	135-0	Sarah Cisneros (Rubidoux)	1994
36-6.5	Danielle Ford (Citrus Hill)	2013	134-10	Kim Avila (Temescal)	2002
36-5.5	Salinda Mendoza (Poly)	1986	134-1	Tiffany Gilmore (Centennial)	2014
36-5.5	*Cassandra Gascon (Hemet)	2017	133-8.5	Jevonna Morgan (La Quinta)	2004
36-5	**Soley Lymon (Elsinore)	2017	133-7	Mary Alice Lott (Palm Springs)	1992
36-4.5	**Natalie Chafeh (Notre Dame)	2008	132-10	Elena Lopez (Elsinore)	2014
36-4.25	Kaiini Macarro (Great Oak)	2007	131-7	Shania Edwards-Hambrick (MoVal)	1993
36-4	Lena Rathbone Hemet)	1997	131-4	Lisa Callin (Hemet)	1985
36-4	La Dora Burks (Poly)	2002	130-11	*Suzie Cubias (La Sierra)	2011
36-4	**Ashley Santos (Elsinore)	2012	130-2	Mailani Thomas (Great Oak)	2015
36-3	Michelle Campa (Murrieta Valley)	2014	130-1	Brittany Love (Chaparral)	2004
36-2.5	* Tyiesha Long (Vista)	2013	130-1	*Ana Paea (North)	2011
36-1.25	Shaina Record (Hemet)	2006	130-0	Mari Bohannon (Arlington)	2002
36-1.25	Danna Hill (Roosevelt)	2011	129-8	Amanda Rosilez (Chaparral)	2016
36-1	Andrea Soto (Norco)	2012	129-5	Hailey Mo'unga (Vista)	2017
36-0.25	**Fatima Vergara (Corona)	2009	128-8	Kristi Young (Desert Ch BD)	2001
36-0	Delphine Baris (Palo Verde)	1984	128-7	Jolie Buffin (West Valley)	2004
35-11	Tina Ray (Corona)	1984	128-5	Lili Sapolu (Canyon Springs)	2001
35-10.5	Emilee Hafliker (West Valley)	2000	128-1	Ingridd Sutherland (Palm Springs)	2005
35-10.5	*Geena Chong (Ramona)	2015	128-8	Brittany Gonter (Hemet)	2010
35-9.75	Richelle Kofoa (Banning)	2014	127-3	Lima Lefiti (La Sierra)	2010
35-9.5	Alana Tupua (Rubidoux)	1991	127-1	*Mikayla Crawford (Vista)	2016
35-9	Alicia Rubio (Perris)	1993	126-8	Jessica Weise (King)	2011
35-9	Jennifer Wright (West Valley)	1998	126-7	Taylor Jeffers (Great Oak)	2017
35-9	Caring Leyva (Temecula)	1999	126-5	Kaiini Macarro (Great Oak)	2007
35-9	Ashley Hearle (King)	2001	125-10	*Sierra Senio (La Sierra)	2012
35-9	Tressa Tenney (Great Oak)	2007	125-6	Sia Tau (Temecula)	2010
35-8.75	Randi Holmes (Norco)	1997	125-4	Zona Chandler (Elsinore)	1980
35-8.5	Mara Campbell (Norte Vista)	1993	125-4	Elyana Partida (La Sierra)	2010
35-8	Chabre Vickers (Canyon Springs)	2002	125-4	*Talor Jeffers (Great Oak)	2016
35-8	Samantha Gutierrez (Temescal)	2008	124-4	Heasley (San Jacinto)	1999
35-7.75	***Azmir Ransom (North)	2016	124-3	Jaclyn Castleberry (Norco)	2013
35-7.5	Lora Dunn (Hemet)	2006	124-2	*Jimena Arias (Norte Vista)	2016
35-7.5	Yazmin Torres (Vista)	2014	124-1	Michelle Marshall (Hemet)	1994
35-7	Sara Pearson (Valley View)	1995	123-9	*Mary Fusi (Corona)	2012
35-7	*Arianna Barragan (San Jacinto)	2015	123-8	Yolanda Munoz (Poly)	1994
35-6.5	Shereta Reedom (Rancho Verde)	2000	123-8	** Kayla Zempoalteca (Corona )	2013
35-6.5	Tommie Williams (La Sierra)	2002	123-7	Ashley Santos (Elsinore)	2014
35-6.25	Constance Miyaki (Palm Desert)	2004	122-8	Michelle Campa (Murrieta Valley)	2014
35-6	Diane Ropers (Indio)	1982	122-5	Rebekah Boaz (Murrieta)	2009
35-6	A. Harris (Rancho Verde)	2001	122-4	Samantha Straley (Poly)	2012
			122-3	Diane Rogers (Indio)	1982
			122-2	Kristin Harris (Norco)	1997
			122-1	Lena Rathbone (Hemet)	1997
			121-11	Joy Bates (Palm Desert)	1989
			121-11	Fatima Vergara (Corona)	2011
			121-10	Patricia Walker (Rubidoux)	1985
			121-7	Joanna Porter (Canyon Springs)	1994
			121-5	Natrice Gordon (Centennial)	1997
			121-5	Kelsey Rubeor (Murrieta)	2007
			121-3	Heidi Malone (Rancho Verde)	1999
			121-3	*Chloe Seed (Murrieta Valley)	2016
			121-1	Taylor Salley (Valley View)	2017
			120-11	Pam Alexander (Arlington)	1984
			120-9	Brittany Lowe (Chaparral)	2005
			120-8	Jeena Cirivello (Palm Springs)	1990
			120-8	Serena Payton (Norco)	2009
			120-7	Christina Letua (Palm Springs)	2001
			120-7	*Victoria Soto (Shadow Hills)	2017
			120-3	Tiffan Eason (Canyon Springs)	1997
			120-3	Candace Prince (San Jacinto)	2010
			120-1	Kim Sepulveda (Hamilton)	2009
			119-11	*Estafani Flores (Tahquitz)	2017
			119-10	Tiana Herrera (Paloma Valley)	2004

## 8 lb. Shot Put

38-9	Johanna Tucker (Corona)	1980			
36-4.25	Gretchen DeWitt (Indio)	1977			
36-3.25	Belinda Cloud (Arlington)	1978			

## Discus

168-5	Sarah Robles (San Jacinto)	2006			
160-9	Cari Soong (North)	1999			
151-2	Tanya Sapa (LaSierra)	2013			
149-1	Jessica Bonner (Chaparral)	2007			
145-3	Shannon Hobson (Perris)	2003	120-11		
145-2	*Shaylynn Fisher (Great Oak)	2008	120-9		
145-0	Jodie Warr (Rubidoux)	1990	120-8		
143-10	Yazmin Torres (Vista)	2014	120-8		
143-7	Barrie Greer (Ramona)	1980	120-7		
146-2	Breanna Standifer (Elsinore)	2013	120-7		
141-9	Renee Perkins (Moreno Valley)	1982	120-3		
141-9	Samantha Gutierrez (Temescal)	2008	120-3		
141-6	Kayla Hopkins (Rancho Verde)	2014	120-1		
141-4	Sheni Russell (Ramona)	1999	119-11		

119-9	Katie Nunley (Great Oak)	2010
119-6	Katie Rosengren (Vista)	2015
119-5	Deison Afualo (Corona)	2012
119-4	Teri Keys (Hemet)	1987
119-4	* DeOndra Young (Vista)	2013
119-4	Rachel Louis (Valley View)	2016
119-2	Danna Hill (Roosevelt)	2011
119-0	Natalie Torre (Notre Dame)	1994
118-11	Chelsea Staub (Murrieta)	2008
118-6	Krishna Pugh (Rancho Verde)	2002
118-6	*Caly Herrera (Paloma Valley)	2012
118-1	Jennifer Gonzalez (San Jacinto)	2001
118-4	Julia Sapa (La Sierra)	2011
118-1	Shannon Horan (Hemet)	2011
117-10	*Kiani Broom (Chaparral)	2017
117-9	Malia Lissy (Corona)	2013
117-9	Edidiong Etokudo (Beaumont)	2017
117-7	Tynisha Utz (Norco)	2004
117-6	**Soley Limon (Elsinore)	2017
117-4	Solate Tupou (North)	2004
117-2	Susie Cubias (La Sierra)	2012
117-1	Rene Davis (Corona)	2004
116-9	Daisy Fusi (Corona)	2017
116-8	**Lydia Liu (Roosevelt)	2017
116-7	Pam Larkin (Norco)	1991
116-6	*Arianna Barragan (San Jacinto)	2015
116-5	Andrea Morrison (King)	2005
116-5	*Elyana Partida (La Sierra)	2009
116-4	Chris Romero (Corona)	1985
116-4	Jennifer Hobson (Hemet)	1987
116-4	Annie Holmes (Murrieta Valley)	2015
116-1	Chantel Hicks (King)	2009
116-1	Rayo Soyemi (King)	2014
116-0	Kayla Zempoalteca (Corona)	2014
116-0	**Harmoni Malenago-Kennedy (La Quinta)	2017
115-10	Marie Fecske (Norco)	1986
115-10	Jasmine Battle (Vista)	2009
115-7	*Hanna Lemoa (Norte Vista)	2008
115-4	*Brandi Dunham (Murrieta)	2010
115-3	Tanya Martinez (La Sierra)	2007
115-3	*Chantel Hicks (King)	2008
115-3	Deondra Young (Vista)	2014
115-3	*Casandra Gascon (Hemet)	2017

## Hammer

141-5 Tanya Sapa (La Sierra)

2013

## Heptathlon

5328	Gayle Hunter (North)	2004
4808	Kelsey Rubeor (Murrieta)	2007
4664	Kiersten Kirkland (North)	2007
4561	Becky Collier (Woodcrest Chr)	2013
4544	Shania Edwards-Hambrick (MoVal)	1994
4272	Robin Leafbland (Arlington)	1996
4142	Becky Collier (Woodcrest Chr)	2011
4119	Lisa Taranto (Elsinore)	2013
4024	**Skye Lattimore (Rancho Verde)	2017
3937	***Amari Jenkins (JW North)	2017
3837	Chelsea Price (Centennial)	1999
3721	*Naquisha Moulton (Arlington)	1996
3722	Vanessa Brenton (Temescal)	1994
3642	Jelena McNown (Murrieta Valley)	2013
3546	Starlynn Stingleton (Mesa)	2013
3296	*Andrea Loman (Poly)	1998
3206	**Daniela Lopez (Elsinore)	2017
3144	**Myeshia DuPree (Poly)	1996
3120	*Rikkiann Nordetrom (Arlington)	1999
3048	***Ella Whitehouse (Woodcrest)	2017
3024	Marissa Smith (Valley View)	2002
2783	Megan Beckerly (Poly)	2001
2735	**Jennifer Garcia (Elsinore)	2017
2679	Erin Porcher (Elsmore)	1994
2614	***Courtney Robertson (Poly)	1999
2605	**Rory Baldwin (Poly)	1998
2562	Karen Haworth (Elsinore)	1994
2495	***Delaney Ho (Beaumont)	2014
2473	**Jennifer Finaldi (Centennial)	1999

# SCHOOL RECORDS

(must have met recording standard)

## Arlington

### BOYS

100 meters:	Andre Ewell	2006	10.79
200 meters:	Andre Ewell	2006	21.44
400 meters:	Chris Harper	1980	48.2y/48.06
800 meters:	Scott Gardner	1984	1:55.61
1600 meters:	Alfonso Ibarra	1996	4:17.20
3200 meters:	Alfonso Ibarra	1996	9:29.6
110 Hurdles:	Chris Johnson	2001	14.09
300 Hurdles:	Chris Johnson	2001	39.15
400 Relay:		1980	42.8y/42.69
		2014	42.73
1600 Relay:		1980	3:20.9y/3:19.6
High Jump:	Chris Harper	1980	6'8"
Long Jump:	Chris Harper	1980	24'5"
Triple Jump:	Ray Warhop	1995	44'8.25"

### GIRLS

100 meters:	Kamera Heru	2001	12.04
200 meters:	Kamera Heru	2000	25.24c
400 meters:	Kamera Heru	2003	58.18
800 meters:	Laura McDowell	2011	2:17.0
1600 meters:	Natalie Schafer	2012	5:13.63
3200 meters:	Sally Cohenour	1984	11:27.05
100 Hurdles:	Robin Lealblad	1996	15.21 (33")
	Yvette McCullough	1986	15.06 (30")
300 Hurdles:	Laura McDowell	2010	43.79
400 Relay:		2003	50.35
1600 Relay:		1996	4:03.95
Pole Vault:	Jessica Hentzchel	1999	9'6"
Long Jump:	Joanna Hayes	1993	18'1.5"
Triple Jump:	Joanna Hayes	1993	37'11.5"
Shot Put:	Pam Alexander	1983	46'6.5"
Discus:	Mari Bohannon	2002	130'0"

## Banning

### BOYS

100 meters:	Lucien Henderson	1987	10.67
200 meters:	Sam Elmore	1995	20.9/21.04
400 meters:	Louis Amestoy	1989	48.93
800 meters:	David Edds	1976	1:53.9/1:53.2
300 Hurdles:	Aaron Webber	1991	38.86
1600 Relay:		1995	3:25.69
High Jump:	Simpson	1975	6'6"
	Pierre Campbell	2002	6'6"
Long Jump:	Mario Montgomery	1979	23'11"
Triple Jump:	Phillip Craig	2002	46'0"
Shot Put:	Henry Stevens	1995	55'3"
Discus:	Randy Patterson	2000	164'6"

### GIRLS

100 meters:	DeJuana Satchell	1999	12.1/12.34c
	Maude Best	1997	12.1/12.34c
200 meters:	Madue Best	1997	26.03
100 Hurdles:	Liz Luzsko	1999	14.6/14.
400 Relay:		1999	48.74
High Jump:	Liz Luzsko	1999	54"
Shot Put:	Jenny Patterson	1996	38'1"

## Beaumont

### BOYS

400 meters:	Ahmed El-Daggeg	2002	50.19
800 meters:	Tyler McDonald	2010	1:56.68
1600 meters:	Victor Delgado	2009	4:15.55
3200 meters:	Brian Baker	2003	9:08.65
110 Hurdles:	Derreck Affor	2016	14.72
300 Hurdles:	Derreck Affor	2016	39.33
400 Relay:		2013	43.35
1600 Relay:		2009	3:22.68
High Jump:	Josh Law	1999	6'7"
Pole Vault:	Tyler Harper	2017	14' 6"
Long Jump:	Brandon Tedrow	1999	22'3"
Triple Jump:	King	1987	45'3"
Shot Put:	Peyton	1975	56'3.25"
Discus:	Caleb Wood	2011	164'-5"

### GIRLS

100 meters:	Tylin Sands	2016	12.05
200 meters:	Shelese Ruffin	2004	25.04c
400 meters:	Shelese Ruffin	2002	55.10
800 meters:	Kailie Grimes	2015	2:15.18
1600 meters:	Kailie Grimes	2014	5:00.00
3200 meters:	Alison Soto	2016	11:23.11
300 Hurdles:	Tricia Cervantes	2011	47.25
400 Relay:		2017	48.49
1600 Relay:		2015	4:02.50
Pole Vault:	Delaney Ho	2015	10'0"
Long Jump:	Shelese Ruffin	2004	19-10.25
Shot Put:	Linday Ritchie	2011	41'1"
Discus:	Edidiong Etokudo	2017	117'9"

## California School of the Deaf

### BOYS

100 meters:	Rick Aguilar	1986	10.8/11.04
High Jump:	Rick Aguilar	1986	6'5.25"

## Cal Lutheran

### BOYS

Triple Jump:	Jim Chojnacki	2009	45'2.75"
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## Calvary Chapel

### GIRLS

Triple Jump:	Rene Simon	2008	36'11.75"
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## Canyon Springs

### BOYS

100 meters:	Bryan Howard	1995	10.23
200 meters:	Bryan Howard	1994	20.76
400 meters:	Anthony Daniels	2002	47.77
800 meters:	Christian Rojas	2004	1:54.45
1600 meters:	Brandon Kerr	1989	4:21.3
3200 meters:	Robert Garcia	1990	9:27.76
110 Hurdles:	Randy Brown	1998	14.47
300 Hurdles:	Mickey Grimes	1995	36.59
400 Relay:		1993	41.51
1600 Relay:		1997	3:21.74
High jump:	Bonny Thompson	2004	6'10"

Pole Vault:	Devin Bergguist	2003	14-0"	Shot Put:	Danny Negrete	2001	53'11.5
Long Jump:	Kenny Johnson	1991	23'9.5"				
Triple Jump:	Kenny Johnson	1991	49'9.5"				
Shot Put:	Derek Kurkowski	1997	60'11 "				
Discus:	Adam Medina	2003	166'2"				

#### GIRLS

100 meters:	Madinah Ali	1995	11.61
200 meters:	Madinah Ali	1995	23.72
400 meters:	Jamie Brown	1993	57.44c
800 meters:	Wendy Reed	1995	2:20.32
1600 meters:	Jorgina Garcia	1998	5:15.62
3200 meters:	Crystal Ricardez	1998	11:19.52
100 Hurdles:	Lajayah Medina	2016	15.60
300 Hurdles:	Madinah Ali	1994	45.8/46.04c
400 Relay:		1994	47.29
1600 Relay:		1994	3:51.16
High Jump:	Sophia Ederaine	2009	5'7"
Pole Vault:	Erica Adams	2002	9'6"
Long Jump:	Angela Weeks	2002	19'0.75"
Triple Jump:	Angela Weeks	2002	37'10"
Shot Put:	Becky Darby	1989	39'8.25"
Discus:	Lili Sapolu	2001	128'5"

#### Cathedral City

##### BOYS

100 meters:	Nick Lee	2003	10.74
200 meters:	David Monay	2007	22.41
400 meters:	David Angulo	2002	48.38
800 meters:	Andrew Nevarez	2017	1:54.95
1600 meters:	Andrew Nevarez	2017	4:21.01
3200 meters:	Ricardo Nevarez	2010	9:33.54
110 Hurdles:	Jeremy Thornburg	2000	14.42
300 Hurdles:	Jeremy Thornburg	2000	37.74c
400 Relay:		2002	42.74
1600 Relay:		2001	3:25.39
Long Jump:	Marquis Strange	1998	22'7.25"
Shot Put:	PJ Bradley	2002	150'11"
Discus	Nick Johnson	2005	171'4"

##### GIRLS

3200 meters:	Christina Lara	2002	11:06.71
300 Hurdles:	Mayim Lee	2011	47.10
Long Jump:	Natalie Johnson	2000	16'10"
400 Relay:		2014	49.88
Shot Put:	Myechia Bradley	2003	38-9.75

#### Centennial

##### BOYS

100 meters:	Larry Scott	2010	10.95
200 meters:	Derek Favorite	1993	21.98
400 meters:	Derek Favorite	1993	48.21
800 meters:	Brad Baldwin	1998	1:57.19
1600 meters:	Cruz Gallegos	1992	4:14.70
3200 meters:	Cruz Gallegos	1992	9:02.90
110 Hurdles:	Dupree Gant	2002	14.80
300 Hurdles:	Scott Melatti	2002	39.02
400 Relay:		2017	42.84
1600 Relay:		1997	3:26.45
High Jump:	Lance Soderberg	2002	6'10"
Pole Vault:	Ben Shelton	1998	15'0"
Long Jump:	Danny Foster	2002	22'5" (wind)
Triple jump:	Oluwasegun Olubi	2017	45'11"

Shot Put:	Danny Negrete	2001	53'11.5
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#### GIRLS

100 meters:	Eboni Sutherland	2013	11.68
200 meters:	Eboni Sutherland	2013	23.79
400 meters:	Jessica Johnson	2009	57.29
800 meters:	Rylee Penn	2015	2:07.43
1600 meters:	Adianna Olivas	2012	4:51.35
3200 meters:	Adianna Olivas	2012	10:34.73
300 Hurdles:	April Sutton	2015	44.49
400 Relay:		2013	48.16
1600 Relay:		2010	4:00.41
High Jump:	Jennifer Thomas	1997	5'6"
Pole Vault:	Jennifer Finaldi	2001	10'6"
Triple Jump:	Whitney Ligon	2005	36'2"
Shot Put:	Tiffany Gilmore	2014	43'7"
Discus:	Tiffany Gilmore	2014	134'1"

#### Citrus Hill

##### BOYS

100 meters:	Deontae Cooper	2009	10.90
800 meters:	Supervoid Mack	2012	1:58.16
300 Hurdles:	Matthew Coaxum	2010	39.11
400 Relay:		2014	43.21
Discus:	Jordan Brwaley	2014	160'7"

##### GIRLS

200 meters:	Aaliyah Crawford	2014	25.55
400 meters:	Aaliyah Crawford	2012	55.78
400 relay:		2014	49.72
1600 Relay:		2012	4:07.15
Shot Put:	Danielle Ford	2012	36' 10"

#### Chaparral

##### BOYS

100 meters:	Joel Hotckins	2009	10.86
200 meters:	Connor Edwards	2016	21.94
400 meters:	Connor Edwards	2016	47.58
800 meters:	Bennett Harris	2011	1:56.28
1600 meters:	Vincent Martinez	2017	4:24.22
3200 meters:	Connor Thurmond	2014	9:37.90
110 Hurdles:	Jazz Trice	2005	14.41
300 Hurdles:	Kyle Hansen	2005	38.79
400 Relay:		2011	42.96
1600 Relay:		2005	3:22.80
High Jump:	Nick Gregory	2009	6'9"
Pole Vault:	Nich Lapierre	2016	15' 0"
Triple Jump:	Jedaki Hill	2014	45' 3.25"
Discus:	Andrew Misipeka	2004	161'2"

##### GIRLS

100 meters:	Miracle Onyemaobi	2016	12.51
200 meters:	Miracle Onyemaobi	2016	25.57
400 meters:	Miracle Onyemaobi	2017	56.49
800 meters:	Chandler Kerr	2012	2:16.44
1600 meters:	Zoe Jarvis	2017	5:05.12
3200 meters:	Sierra Vega	2008	11:01.82
100 Hurdles:	Sabel Moffett	2005	15.96
300 Hurdles:	Kristen Powers	2007	44.16
3200 meters:	Chandler Kerr	2014	11:44.01
400 Relay:		2017	47.87
1600 Relay:		2017	3:57.55
High Jump:	Jamie Kindschuh	1999	5'5"
Pole Vault:	Alexandra Gray	2017	12'6"
Long Jump:	Jamie Kindschuh	1999	17'9.25"
Triple jump:	Jamie Kindschuh	1999	36'2.5"

Shot Put:	Jessica Bonner	2007	39'8"	High Jump:	Tina Ray	1984	5'6.25"
Discus:	Jessica Bonner	2007	149'1"	Pole Vault:	Devin Stetson	2014	11'9"

Long Jump:	Nettie Scott	2010	18'5"
Shot Put:	Christie Tuioti-mariner	2007	40'1"
Discus:	Fatima Vergara	2010	121'11"

### Coachella Valley

#### BOYS

400 meters:	Edgar Ramirez	2015	49.33
800 meters:	Elmore Ohly	1962	1:53.4y/1:52.7
1600 meters:	Alex Zamora	1989	4:19.81
3200 meters:	Steve Alvarez	1977	8:56.4/8:53.3
110 Hurdles:	Vince Rivas	1967	14.2/14.44c
330 Hurdles:	Roman Alvarado	1979	38.32
400 Relay:		2017	43.76
1600 Relay:		1973	3:24.1y/3:22.9
High Jump:	Diego Felix	2012	6'6"
Pole Vault:	Gonzalez	1979	14'0"
	Tony Young	1984	14'0"
Long Jump:	Tony Young	1984	22'3"
Triple Jump:	Norris	1978	48'3"
Shot Put:	Moises Ramos	2011	59'-7.75"

#### GIRLS

100 meters:	Mary Carroll	1982	12.09
400 meters:	Jazmin Retano	2012	57.17
800 meters:	Ana Valdovino	2011	2:20.86
1600 meters:	Ana Valdovinos	2011	5:19.95
1600 Relay:		2012	4:07.55
Long Jump:	Mary Carroll	1982	18'6.75"
Triple Jump:	Mary Carroll	1981	36'9.75"
Shot Put:	Millie Macias	2003	36'6.5"

### Corona

#### BOYS

100 meters:	Duke Greer	2007	10.74
200 meters:	Ken Moon	2004	21.73
	Duke Greer	2007	21.73
400 meters:	Ken Moon	2004	47.52
800 meters:	Josh Silva	2015	1:52.82
1600 meters:	Raul Arcos	2008	4:07.50+/4:08.94y
3200 meters:	Alan Cuevas	2010	9:17.91
110 Hurdles:	Roger Moody	1964	13.7/13.94
300 Hurdles:	Elvis Pompa	2014	38.37
400 Relay:		2010	42.82
1600 Relay:		2015	3:23.53
High jump:	Lars Anderson	1978	6'8.25"
Pole Vault:	Jon Vaughn	1966	15'8" (16'5")
Long Jump:	Dave Janoski	1992	23'2.25"
Triple Jump:	Dane Janoski	1992	45'3.5"
Shot Put:	Mike Savicky	2001	58'3"
Discus:	Andre Evans	2010	161'0"

#### GIRLS

100 meters:	Alexis Sutherland	2017	12.02
200 meters:	Alexis Sutherland	2017	24.44
400 meters:	Marti Arguellas	1991	56.56
800 meters:	Alicia Williams	2014	2:12.50
1600 meters:	Alicia Williams	2014	4:54.43c
3200 meters:	Alma Escobar	2005	10:47.70y/10:43.04+
100 Hurdles:	Miki Ewing	2013	15.50
300 Hurdles:	Beth Griffiths	1982	44.43
400 Relay:		2014	48.04
1600 Relay:		2017	3:48.43

### Desert Christian (Bermuda Dunes)

#### BOYS

Discus:	Jacob Underwood	2006	167'3
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#### GIRLS

1600 meters:	Danielle Vanaman	2000	5:23.19
Shot Put:	Monique Walker	2004	36'11
Discus:	Kristi Young	2001	128'8"

### Desert Hot Springs

#### BOYS

800 meters:	Nelson Maravilla	2004	1:56.91
1600 meters:	Nelson Maravilla	2004	4:20.51
300 Hurdles:	Miles Chapman	2006	38.77
Shot Put:	Arren Roberson	2010	59'8.5"
Discus:	Christopher Brown	'14	150'3"

#### GIRLS

Long Jump:	Maya Jackson	2012	17' 2.5"
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### Elsinore

#### BOYS

100 meters:	Kenny Jackson	2009	10.52
200 meters:	Kenny Jackson	2009	21.41
400 meters:	Anthony Reyes	2016	48.56
800 meters:	David Haskell	1989	1:56.28
1600 meters:	Cliff Curtis	1992	4:25.04
3200 meters:	Kyle Brown	2013	9:29.08
300 Hurdles:	Demetrius Munelyn	1985	38.87
400 Relay:		2009	42.33
1600 Relay:		2014	3:26.31
High Jump:	Cliff Curtis	1991	6'9"
Pole Vault:	Richard Levenson	2011	16'-0"
Long Jump:	Kenny Jackson	2009	22'10.5"
Triple Jump:	Anthony Reyes	2016	46'5"
Shot Put:	Jordan Davis	2015	56' 11.5"
Discus:	Jordan Davis	2015	177'2"

#### GIRLS

100 meters:	Lonshay Bradford	2015	11.62
200 meters:	Lonshay Bradford	2015	24.83
400 meters:	Lonshay Bradford	2015	56.93
800 meters:	Rebecca Lacy	1992	2:18.80
1600 meters:	Adriana Ramos	2010	5:16.61
3200 meters:	Jamie Bascom	1993	11:12.76
100 Hurdles:	Kayla Elliot	2017	15.33
300 Hurdles:	Kayla Elliot	2016	44.95
400 Relay:		2015	49.26
1600 Relay:		2010	4:07.25
Pole Vault:	Clair Vanzanthen	2008	9'10"
Long Jump:	Zona Chandler	1981	17'1.5"
Triple Jump:	CeCe Chandler	1982	38'7.25"
Shot Put:	Elena Lopez	2014	44'8"
Discus:	Breanna Standifer	2013	146' 2"



## Great Oak

### BOYS

100 meters:	John Kane	2013	10.76
200 meters:	Damion Marshall	2014	21.29
400 meters:	Sean Burd	2011	47.99
800 meters:	Isaac Cortes	2016	1:50.55
1600 meters:	Isaac Cortes	2016	4:04.01
3200 meters:	Cole Spencer	2016	8:51.85
110 Hurdles:	Duane Soloman	2012	14.60
300 Hurdles:	Jeremiah Ruger	2017	36.23
400 Relay:		2014	41.13
1600 Relay:		2011	3:15.57
High Jump:	Ishmael Stevenson	2013	6' 6"
Pole Vault:	Shane Atkinson	2013	16' 0"
Long Jump:	Chris Milan	2012	23' 6.5"
Triple Jump:	CJ Stevenson	2017	49'7.75"
Shot Put:	Nick Ponzio	2013	69' 7.25"
Discus:	Seth Knowlton	2016	198' 6"

### GIRLS

100 meters:	Khala Taylor	2011	12.09
200 meters:	Khala Taylor	2012	24.60
400 meters:	Khala Taylor	2012	54.96
800 meters:	Destiny Collins	2016	2:10.72
1600 meters:	Destiny Collins	2015	4:40.34
3200 meters:	Destiny Collins	2015	9:53.79
100 Hurdles:	Jade Miller	2013	14.16
300 Hurdles:	Jade Miller	2013	41.02
400 Relay:		2014	47.32
1600 Relay:		2012	3:47.44
High Jump:	Allie Portis	2013	5' 6"
Pole Vault:	Alex Ungrady	2016	11' 8"
Long Jump:	Niala Charles	2010	16' 11.5"
Triple Jump:	Cynamon Stevenson	'16	41' 0.5"
Shot Put:	Shaylynn Fisher	2009	40' 0"
Discus:	Shaylynn Fisher	2008	145' 2"

## Hamilton

### BOYS:

Discus:	Jake Cole	2005	152' 4"
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### GIRLS:

Shot Put:	Kim Sepulveda	2009	37' 4.75"
Discus:	Kim Sepulveda	2009	120' 1"

## Hemet

### BOYS

100 meters:	Matt Maybeno	2002	11.01
200 meters:	Matt Maybeno	2002	22.12
400 meters:	Troy Collins	1989	49.1/49.24
800 meters:	Robert Frichtel	1996	1:51.83
1600 meters:	Mark Fricker	1977	4:07.9/4:06.4
3200 meters:	Mark Fricker	1977	8:59.3/8:56.2
110 Hurdles:	Kenny Shaw	2005	14.60
300 Hurdles:	Zach Holbert	2012	39.38
400 Relay:		2001	43.15
1600 Relay:		1976	3:22.5y/3:21.3
High Jump:	Nathan White	1994	6'7.75"
Pole Vault:	Levi Walker	2001	15'9"
Long Jump:	Ron Oastes	1965	22'9"
Triple Jump:	Dyvod Hammond	1991	47'10.25"
Shot Put:	Matt Wiley	1989	60'2"
Discus:	Brandis Dew	2005	184'3"

## GIRLS

100 meters:	Oganna Agu	2006	12.35
200 meters:	Oganna Agu	2004	25.04
400 meters:	Denise Woodard	1980	57.3y/56.97
800 meters:	Taylor Cantu	2012	2:19.53
1600 meters:	Kathy Kelly	1977	5:07.8+
3200 meters:	Kathy Kelly	1978	11:07.5y/11:03.6
100 Hurdles:	Krista Haddock	2015	15.34
300 Hurdles:	Krista Haddock	2013	44.72
400 Relay:		2006	49.41
1600 Relay:		2008	4:08.71
High jump:	Jennifer Maggard	1991	5'6"
Pole Vault:	Veronica Winkleman '09		9' 6"
	Briana Williams	2012	9' 6"
Long Jump:	Denise Woodard	1979	18' 11.25"
Triple Jump:	Unique Lewis	1988	38' 4.75"
Shot Put:	Brittany Gonter	2010	41' 0"
Discus:	Lisa Callin	1985	131' 4"

## Heritage

### BOYS

100 meters:	Leva Hifo	2016	11.02
400 meters:	Jarett Carter	2014	49.61
800 meters:	Solomon Demeko-Ousman		
		2014	1:57.15
1600 meters:	Jeremy Romen	2016	4:23.54
3200 meters:	Chris Briseno	2016	9:35.70
100 Hurdles:	Torrey Atkins	2014	14.13
300 Hurdles:	Aaron Woods	2013	38.48
400 Relay:		2016	43.14
Discus:	Andres Henry	2016	157' 11"

### GIRLS

100 meters:	Diamonique Brogan	2013	12.26
300m Hurdles:	Kaleigh Gionnone	2017	46.07
400 Relay:		2013	48.97
Shot Put:	Kaila Gower	2016	36' 9.75"

## Hillcrest

### BOYS

100 meters:	Jeremiah Boatner	2017	10.99
400 Relay:		2017	43.11
High Jump:	Andrew Dixon	2017	6'4"

## Indio

### BOYS

100 meters:	Stoney Jordan	1993	10.3/10.54c
200 meters:	Stoney Jordan	1993	21.41
400 meters:	Angello DeWitt	1986	49.0/49.14
800 meters:	Joel Cota	2003	1:54.08
1600 meters:	David Luna	2013	4:11.91
3200 meters:	David Luna	2013	9:05.04
110 Hurdles:	Mike Harris	1974	13.6/13.84c
300 Hurdles:	Keithyon Moten	2012	38.04
400 Relay:		1983	43.02
1600 Relay:		2003	3:23.68
High Jump:	Danny Gallegos	1980	6' 8".
Pole Vault:	Bruner	1977	13' 6"
	Owen	1976	13' 6"
	Wilson	1976	13' 6"
Long Jump:	Mike Harris	1974	23' 8"
Triple Jump:	Paul Turner	2009	47' 2"

Shot Put:	Ed White	1965	60' 2.5"	1600 Relay:		2014	3:54.52
Discus:	Greg Garza	2003	191' 1"	High Jump:	Gayle Hunter	2002	5'8"
				Pole Vault:	Hannah Chang	2015	12'0"
<b>GIRLS</b>				Long Jump:	Gayle Hunter	2001	19'1"
100 meters:	Bobbi Jones	1984	12.16	Triple Jump:	Gayle Hunter	2002	39'7"
200 meters:	Bobbi Jones	1984	25.78	Shot Put:	Courtney Klosinski	2016	39' 11.75"
400 meters:	Regina Bowman	2013	57.81	Discus:	Jessica Weise	2011	126'8"
800 meters:	Rebecca Morales	2012	2:14.62				
1600 meters:	Marisa Rodriguez	2017	5:02.39				
3200 meters:	Sonya Melendez	1992	11:03.20				
100 Hurdles:	Ashley Henley	2004	15.24c				
300 Hurdles:	Stephanie Lamar	1984	44.26				
400 Relay:		1986	49.37				
1600 Relay:		2012	3:59.97				
High Jump:	Gretchen DeWitt	1983	5'6.25"				
Long Jump:	Serina Strange	1987	19'11.25"				
Triple Jump:	Serina Strange	1986	378.75"				
Shot Put:	Sherice Wright	2011	38'11"				
Discus:	Diane Rogers	1982	122'3"				

### Lakeside

#### BOYS

200 meters:	Marcus Love	2013	22.28
400 meters:	Solomon Ponomarev	'14	49.64
400m Relay:		2012	42.96
Discus:	Anthony Avina	2010	160-5

#### GIRLS

100 meters:	Robyn Carroll	2008	12.54
400 meters:	Robyn Carroll	2008	56.61
400 Relay:		2008	49.90

### Jurupa Valley

#### BOYS

100 meters:	Ray Blackburn	1998	10.99
200 meters:	Ray Blackburn	1998	21.94
400 meters:	Jamal James	1998	49.33
400 Relay:		1998	43.20
1600 Relay:		1998	3:26.23
Discus:	Walter McNeil	1997	151'3"

#### GIRLS

3200 meters:	Veronica Zepeda	1998	11:52.73
300m Hurdles:	Tristan Taylor	2004	49.24
Pole Vault:	Amy Hop	2008	10'0"
Shot Put	Amy Loprinzi	2009	38'10.75"

### King, M. L.

#### BOYS

100 meters:	Jonathan Essien	2016	10.86
200 meters:	Jamal Orme	2014	22.00
400 meters:	Phil Griggs	2017	48.81
800 meters:	Nathan Torres	2013	1:52.63
1600 meters:	Tyler Janes	2016	4:04.33
3200 meters:	Lane Werley	2011	8:53.21
110 Hurdles:	Dillon Lay	2017	14.31
300 Hurdles:	Dillon Lay	2017	38.16
400 Relay:		2016	41.54
1600 Relay:		2017	3:20.42
High Jump:	Michael Albrecht	2009	6'8"
Pole Vault	Marcos Zavaleta	2015	14'-3"
Triple Jump:	Manuel Santiago	2008	46'6.75"
Shot Put:	Robert Malone	2006	55'7"
Discus:	Brandon Alcanter	2011	162'-4"

#### GIRLS

100 meters:	Sydney Reid	2015	12.16
200 meters:	Courtne Davis	2014	24.63
400 meters:	Noelle Abboud	2012	57.45
800 meters:	Ruthie Wiggins	2014	2:13.51
1600 meters:	Lauren Peurofof	2017	4:57.19+
			4:58.93y
3200 meters:	Lauren Peurifoy	2017	10:23.14
100 Hurdles:	Taylor Fleming	2013	14.31
300 Hurdles:	Taylor Fleming	2013	43.08
400 Relay:		2014	47.72

### La Quinta

#### BOYS

100 meters:	Jamal Williams	2001	10.6/10.84
200 meters:	Christopher Romtoribio	'14	22.49
400 meters:	Taylor Brown	2012	48.06
800 meters:	Casey Cruz	2016	1:54.86
1600 meters:	Alex Orozco	2012	4:21.20
3200 meters:	Evan Dougherty	2012	9:36.66
110 Hurdles:	Koty Burton	2016	13.81
300 Hurdles:	Koty Burton	2016	36.34
400 Relay:		2014	42.42
1600 Relay:		2016	3:20.63
High Jump:	John Chea	2005	6'4"
Long Jump:	Christopher Rom-Toribio	'14	21'7"
Shot Put:	Jarered Morgan	2002	61'0.25"
Discus:	Jarered Morgan	2002	200'3"

#### GIRLS

100 meters:	Kayla Wilson	2014	11.73
200 meters:	Kayla Wilson	2013	24.04
400 meters:	Kayla Wilson	2014	56.96
800 meters:	Megan Huebner	2011	2:11.91
1600 meters:	Megan Huebner	2014	4:48.83
3200 meters:	Megan Huebner	2013	10:26.54
100 Hurdles:	Pamela Leyva	2003	15.55
300 Hurdles:	Pamela Leyva	2002	46.49
400 Relay:		2017	49.19
1600 Relay:		2014	3:58.55
High Jump:	Nirie Boglino	2015	5'6"
Long Jump:	Kayla Wilson	2013	18' 7.75"
Triple Jump:	Nirie Boglino	2015	37'10.25"
Shot Put:	Jevonna Morgan	2004	36' 9.75"
Discus:	Jevonna Morgan	2004	133' 8"

### La Sierra

#### BOYS

100 meters:	Anthony Preyear	1993	10.6/10.84
200 meters:	Reggie Wyatt	2009	21.23
400 meters:	Reggie Wyatt	2009	46.13
800 meters:	Edgar Cobian	2012	1:52.47
1600 meters:	Spencer Knight	2006	4:09.58
3200 meters:	Dylan Spencer	2007	9:05.18
110 Hurdles:	Brandon Howard	2005	14.14

300 Hurdles:	Reggie Wyatt	2009	35.02
400 Relay:		1994	42.6/42.74c
1600 Relay:		2005	3:18.95
High Jump:	Jeff Midgett	2001	6'8 "
Long Jump:	Tyree Washington	1995	24'3"
Shot Put:	CJ Francis	2004	54'5.5"
Discus:	Kyle Moshkin	2007	168'11"

300 Hurdles:	Zein Torahi	2017	44.97
400 Relay:		2013	47.03
1600 Relay:		2013	3:59.05
Pole Vault:	Brianna Shihadeh	2013	9' 6"
Long Jump:	Dayna Carson	2016	17' 4.25"
Triple Jump:	Starlynn Stingleton	2013	37' 0"

### Moreno Valley

#### GIRLS

100 meters:	Mariah Allain	2017	12.03
200 meters:	Jennifer Steen	2000	24.9/25.14c
400 meters:	Laura McDowell	2009	56.30
800 meters:	Laura McDowell	2009	2:12.95
1600 meters:	Maria Rodriguez	1999	5:13.60
3200 meters:	Maria Rodriguez	1999	11:19.76
100 Hurdles:	Angela Green	2007	15.90
300 Hurdles:	Jaylah Walker	2015	43.51
400 Relay:		2017	49.12
1600 Relay:		2016	4:06.38
Long Jump:	Nicole Baker	1997	16'7.5"
Triple Jump:	Demetria Deary	2000	36'1"
Shot Put:	Tanya Sapa	2013	50' 0.25"
Discus:	Tanya Sapa	2013	151' 2"

### Linfield

#### BOYS

200 meters:	Alex Larson	2013	22.26
400 meters:	William Warner	2017	49.60
800 meters:	William Warner	2017	1:58.38
Triple Jump:	Lorenzo Burns	2015	46-4.25

#### GIRLS

400 meters:	Jackie Crowther	2013	59.71
800 meters:	Jackie Crowther	2012	2:13.59
1600 meters:	Brianna Wilson	2014	5:05.81
3200 meters:	Brianna Wilson	2013	11:23.59
100 Hurdles:	Aarika Oeleis	2017	15.07
300 Hurdles:	Aarika Oeleis	2015	46.56
400 Relay:		2015	50.34

### Marywood-Palm Valley

#### GIRLS

1600 meters:	Alexia Velarde	2012	5:06.66
3200 meters:	Alexia Velarde	2012	11:22.02

### Mesa Murrieta

#### BOYS

100 meters:	Carlos Wedlow	2016	10.63
200 meters:	Carlos Wedlow	2016	21.93
400 meters:	Shawn Williams	2016	49.09
400 Relay:		2016	41.48
1600 Relay:		2014	3:21.68
Triple Jump:	Craig Mauldin	2012	46' 4.25"
Discus:	Tama Finau	2015	162'2"

#### GIRLS

100 meters:	Audriana Holloway	2013	12.30
200 meters:	Chioma Okonkwo	2017	24.54
400 meters:	Lauren Coomber	2014	56.47
800 meters:	Lauren Coomber	2013	2:17.38
1600 meters:	Taylor Taite	2015	4:55.81
3200 meters:	BrookeEvans	2013	11:33.46
100 Hurdles:	Kim Dargle	2013	14.32

#### BOYS

100 meters:	Isaiah Braden	2011	10.63
200 meters:	Isaiah Braden	2011	21.21
400 meters:	Larry Dean	1978	49.14y/48.85
800 meters:	Raul Serratos	1986	1:53.38
1600 meters:	Raul Serratos	1987	4:11.41
3200 meters:	Raul Serratos	1985	9:24.7
110 Hurdles:	Brett Turnage	2000	14.85
300 Hurdles:	Antoine Adkins	1992	39.20
400 Relay:		2010	42.53
1600 Relay:		1990	3:20.51
High Jump:	Tom Ward	1984	6'6"
Pole Vault:	Vierra	1976	13'6"
Long Jump:	Shamori Walker	1993	22'1 "
Triple Jump:	Shamori Walker	1993	48'1 "
Shot Put:	Malone	1977	55'11.25"
Discus:	Rhodes	1978	164'7"

#### GIRLS

100 meters:	Ashanti Phalix	1998	11.9/12.14c
200 meters:	Ashanti Phalix	1998	24.84
400 meters:	Gwen Adams	1979	57.78y/57.45
3200 meters:	Michelle Dale	1993	11:46.25
100 Hurdles:	Jameyo Austin	2001	15.1/15.34c
300 Hurdles:	Shania Edwards-Hak	1994	45.12
400 Relay:		1983	48.69
1600 Relay:		1983	3:59.61
High Jump:	Shania Edwards-Hak	1993	5'10"
Long Jump:	Julie Tetley	1989	17'1.75"
Triple Jump:	Cheri Slater	1982	36'3.5"
Shot Put:	Renee Perkins	1982	378.5"
Discus:	Renee Perkins	1982	141'9"

### Murrieta Valley

#### BOYS

100 meters:	Ervin Simmons	2008	10.92
200 meters:	Khurtis Henry	2009	22.36
400 meters:	Josh Potter	2009	50.13
800 meters:	Ian Ritchie	2003	1:53.28
1600 meters:	Kellen Acosta	2003	4:17.43
3200 meters:	Patrick Milloy	2005	9:07.95
110 Hurdles:	Aaron Paisley	2013	14.89
300 Hurdles:	Casey Birchard	2007	39.45
400 Relay:		2008	42.77
1600 Relay:		2009	3:19.60
High Jump:	Justin Nelson	2001	6'10"
Pole Vault:	Peter Chapman	2012	16'6.5"
Long Jump:	Lafayette Waters	2014	23'4.25"
Triple Jump:	Solomon Ijah	2010	48'10.25"
Discus:	Jason Rider	2001	188'10"

#### GIRLS

100 meters:	Lauren Nichols	2012	11.92
200 meters:	Lauren Nichols	2012	24.70
400 meters:	Janessa Brown	2011	58.36

800 meters:	Liza Pascuito	2002	2:14.5
1600 meters:	Liza Pascuito	2004	4:51.25
3200 meters:	Liza Pascuito	2004	10:37.89
100 Hurdles:	Heather Corder	2010	14.42
300 Hurdles:	Danielle Perry	1999	43.13
400 Relay:		2007	48.00
1600 Relay:		1999	3:55.03
High Jump:	Kelsey Rubeor	2006	5'6"
Pole Vault:	Jessica Wisniewski	2002	12'0"
Long Jump:	Kelsey Rubeor	2006	17'11.25"
Triple Jump:	Kelsey Rubeor	2005	35'8"
Shot Put:	Kelsey Rubeor	2007	43'3"
Discus:	Rachel Boaz	2009	137'11"

## Norco

### BOYS

100 meters:	Jamar Thymes	1999	10.8/11.04
200 meters:	Mike Lynem	2006	21.93
400 meters:	Darrell Willis	1981	47.56
800 meters:	Steve Gladwell	1990	1:57.85
1600 meters:	Mike Melendez	1979	4:20.4y/4:18.9
3200 meters:	Mike Melendez	1979	9:09.2y/9:06.0
110 Hurdles:	Kurt Siebert	2000	14.62
300 Hurdles:	Kurt Siebert	2000	37.77
400 Relay:		1996	42.81
1600 relay:		2014	3:28.23
High Jump:	Mike Torres	1991	6'6"
Jamar Thymes		1999	6'6"
Pole Vault:	Devin Rexroat	2005	15'9"
Long Jump:	B j. Stewart	1996	23'1.5"
Triple Jump:	B j. Stewart	1996	46'0.5"
Discus:	Dan Estrada	1991	163'3"

### GIRLS

100 meters:	Shae Anderson	2017	11.76
200 meters:	Shae Anderson	2017	23.67
400 meters:	Shae Anderson	2017	51.99
800 meters:	Shae Anderson	2017	2:11.08
1600 meters:	Jennie Higbee	1988	5:10.45
3200 meters:	Debbie Williams	1983	11:16.0
100 Hurdles:	Shae Anderson	2017	14.52
300 Hurdles:	Shae Anderson	2017	40.31
400 Relay:		2017	50.28
1600 Relay:		2017	3:56.43
High Jump:	Bobbi White	1989	5'4"
	Ashley Hamlet	2004	5'4"
Pole Vault:	Asure Putnam	1997	9'6"
Long Jump:	Ashley Perkins	2009	18'9.25"
Triple Jump:	Ashley Perkins	2009	39'7.25"
Shot Put:	Kassandra Kennison	'06	39'8"
Discus:	Kristin Harris	1997	122'2"

## Norte Vista

### BOYS

100 meters:	Heath Fulk	1991	10.84
	Jeff Henry	2001	10.84
200 meters:	John Holbrook	1967	21.4y/21.51
400 meters:	Richard Lay	1987	49.12
800 meters:	Alex Aguilar	1991	1:55.11
1600 meters:	James Pendergraph	1991	4:22.7
3200 meters:	Omar Caro	2012	9:04.68
110 Hurdles:	Michael Gaines	1997	14.91
400 Relay:		2001	42.04
High Jump:	Paul Ruvolo	1995	6',6"

Andre Clayton	1997	6'6"	
Pole Vault:	Matt Mathis	1999	15'9"
Long Jump:	Kevin Nolen	1990	22'2"
Discus:	Al Faamalisili	1992	163'8"

### GIRLS

100 meters:	Mariah Allain	2015	12.43
200 meters:	Mariah Allain	2015	25.52
400 meters:	Crystal Tejada	2012	56.55
3200 meters:	Maria Zepeda	2001	11:36.71
100 Hurdles:	Laura Amos	1995	15.3/15.54c
300 Hurdles:	Lauren McDade	1985	46.39
400 Relay		2015	50.04
Long Jump:	Kartina Sullivan	1990	16' 9"
Shot Put:	Hanna Lemoa	2008	39' 10"
Discus:	Jimena Arias	2017	138'8"

## North, JW

### BOYS

100 meters:	Jabriel Smith	2017	10.46
200 meters:	Ennis Jones	2006	21.24
400 meters:	Nevin Gutierrez	2006	46.79
800 meters:	Dontell Holland	2009	1:53.42
1600 meters:	Juan Ambriz	2016	4:18.94
3200 meters:	Juan Ambriz	2016	9:28.30
110 Hurdles:	Jeff Garrison	2001	13.82
300 Hurdles:	Reggie Wyatt	2007	35.90
400 Relay:		2007	41.12
1600 Relay:		2006	3:10.36
High Jump:	Avery Anderson	1991	7' 3"
Long Jump:	Ronald Howard	2002	23' 3.25"
Triple Jump:	Michael Howe	1982	46' 4.25"
Shot Put:	Gene Clark	1970	61' 3.75"
Discus:	Rosario Salazar	1989	151' 0"

### GIRLS

100 meters:	Tracee Thomas	1999	11.67
	Nicole Denby	2000	11.67
200 meters:	Tracee Thomas	1999	23.28
400 meters:	Tracee Thomas	2002	54.22 (indoors)
800 meters:	Rami Samoori	1994	2:18.75
1600 meters:	Mariel Mendoza	2012	4:51.98
3200 meters:	Mariel Mendoza	2012	10:37.64
100 Hurdles:	Nicole Denby	2000	13.20
300 Hurdles:	Joanna Hayes	1995	40.81
400 Relay:		2000	45.30
1600 Relay:		2001	3:38.86
High Jump:	Chaunte Howard	2002	6' 0.5"
Pole Vault:	Susan Farrar	2008	11' 6"
Long Jump:	Gayle Hunter	2004	20'7.75"
Triple Jump:	Chaunte Howard	2002	41' 3"
Shot Put:	Deja Watkins	2011	43' 3.25"
Discus:	Cari Soong	1999	160' 9"

## Notre Dame

### BOYS

100 meters:	Marshall Johnson	1999	10.71
200 meters:	Derrick Johnson	2000	21.40
400 meters:	Derrick Johnson	2000	47.47
110 Hurdles:	Jason Williams	2000	14.32
300 Hurdles:	Jason Williams	2000	39.75
400 Relay:		1999	43.15
1600 Relay:		1999	3:22.02
High Jump:	Chris Sando	1977	6'5"

Shot Put: Gabe Torre 1992 58'9"  
 Discus: Gabe Torre 1992 198'1"

**GIRLS**

100 meters: Ugochi Ogbunamiri '11 12.32  
 200 meters: Ugochi Ogbunamiri '11 25.61  
 400 meters: Shonice Myers 2009 58.88  
 1600 meters: Jo Anne Howard 1982 5:21.9  
 3200 meters: Jo Anne Howard 1982 10:59.59  
 300 Hurdles: Ginger Vega 1992 46.92  
 400 Relay: 2011 50.74  
 1600 Relay: 1984 4:06.2  
 High Jump: Karen Kraemer 1981 5'8.75"  
 Pole Vault: Hannah Chang 2013 9' 6"  
 Long Jump: Teresa Cherry 1990 17'1 "  
 Triple Jump: Teresa Cherry 1990 35'8.5"  
 Shot Put: Kujomi Hutchinson'78 39'0.25"  
 Discus: Natalie Torre 1994 119'0"

**Palm Desert**

**BOYS**

200 meters: Mike Norfolk 1995 22.17  
 800 meters: James Hawkins 2006 1:56.92  
 110 Hurdles: Dylan Nelson 2006 14.08  
 300 hurdles: Dylan Nielson 2006 37.62  
 400 Relay: 1991 43.25  
 High Jump: Wes Coffey 2013 6' 8"  
 Triple Jump: Tyronne Owens 1989 44'11 "  
 Shot Put: Joe Canavan 2007 67'1.5"  
 Discus: John Gallagher 1989 192'4"

**GIRLS**

100 meters: Hailey Murdica 2017 12.14  
 200 meters: Hailey Murdica 2017 25.28  
 3200 meters: Melissa Garza 1998 11:53.7  
 100 Hurdles: Dana Felt 2008 15.56  
 400 Relay: 2017 48.13  
 High Jump: Susannah Vera 2013 5' 6"  
 Long Jump: Seline Schinke 2017 17'3.75"  
 Shot Put: Constance Miyaki 2004 35'6.25"  
 Discus: Joy Bates 1989 121'11"

**Palm Springs**

**BOYS**

100 meters: Jerome Burrell 1995 10.5/10.74  
 200 meters: Jerome Burrell 1995 21.69  
 400 meters: Oliver Brown 1988 49.06  
 800 meters: Austin Chavez 2014 1:58.47  
 1600 meters: Austin Chavez 2014 4:22.43  
 3200 meters: Jim Walker 1983 9:34.51y/9:31.18  
 110 Hurdles: Hamilton 1973 14.7/14.94c  
 300 Hurdles: William Moore 2013 40.02  
 400 Relay: 2016 41.88  
 1600 Relay: 1973 3:24.7y/3:23.5  
 High Jump: David Moore 1955 6'4.5"  
 Pole Vault: James Guillermo 1989 14'0"  
 Long Jump: Clay Hall 1982 23'6.25"  
 Triple Jump: Clay Hall 1982 48'4.5"  
 Shot Put: Leighton Heape 2002 60'6.75"  
 Discus: Jeremy Sutherland2005 165'2"

**GIRLS**

100 meters: Shanee Somerville1991 12:19  
 200 meters: Shanee Somerville1991 24.81

400 meters: Pauline Maragh 1981 58.36  
 1600 meters: Anjie Miranda 1990 5:09.39  
 3200 meters: Anjie Miranda 1988 11:12.41  
 100 Hurdles: Shanee Somerville1989 14.75 (30")  
 300 Hurdles: Lianne Peterson 1990 44.47  
 400 Relay: 2013 50.06  
 1600 Relay: 1990 4:09.6  
 Long Jump: Stacy Miller 1989 17'6.25"  
 Shot Put: Jennifer Vail 1995 41'10"  
 Discus: Jennifer Vail 1996 137'1"

**Paloma Valley**

**BOYS**

100 meters: Gary Carney 2017 10.85  
 200 meters: Chad Jarvis 2004 22.04c  
 400 meters: Joe Kaylor 2009 50.29  
 1600 meters: Tristan Sylva 2017 4:20.74  
 3200 meters: Trevor Henson 2011 9:20.04  
 400 Relay: 2014 43.25  
 Pole Vault: Carlos Sanchez 2001 14'6"  
 Long Jump: D.J. Redd 2011 22'-5.25"  
 Discus: Cody Lynn 2007 161'6"

**GIRLS**

100 meters: Jenna Tomlin 2003 11.97  
 200 meters: Damatria Willingham '16 25.43  
 400 meters: Kiara McIntosh 2012 58.56  
 800 meters: Kiara McIntosh 2012 2:11.04  
 1600 meters: Kiara McIntosh 2013 4:56.99+  
 3200 meters: Brittney Ferguson 2013 11:32.65  
 100 Hurdles: Jemena Nesbitt 2016 15.78  
 300 Hurdles: Allison Abacherli 2002 46.5/46.74c  
 400 Relay: 2014 49.13  
 1600 Relay: 2013 4:03.17  
 High Jump: Winter Carreno 2017 5'6"  
 Triple jump: Jasmine Seymour 2006 35'6.25"  
 Shot Put: Dazhanna Jackson '14 39'0.5"  
 Discus: Tiana Herrera 2004 119'10"

**Patriot**

**BOYS**

1600 meters: Carlos Delatorre 2016 4:23.29  
 3200 meters: Daniel Alvarez 2017 9:37.72  
 1600 Relay: 2016 3:28.40  
 Discus: John Ober 20117 150'6"

**GIRLS**

400 meters: Sierra Carrasco 2012 59.82  
 400 Relay: 2012 50.34

**Perris**

**BOYS**

100 meters: JJ Eddington 1985 10.89  
 200 meters: Nick McCullom 1998 21.54  
 400 meters: Nick McCullom 1998 48.41  
 800 meters: Josh Mejia 2005 1:56.29  
 1600 meters: Josh Mejia 2005 4:18.67  
 3200 meters: Malcolm Corona 2002 9:44.59  
 110 Hurdles: Danny Harris 1983 14.06  
 300 Hurdles: Anthony Verret 1986 38.40  
 330 Hurdles: Danny Harris 1983 35.52  
 400 Relay: 1983 41.39  
 1600 Relay: 1983 3:10.33

High Jump: Damon Jackson 1998 6'8"  
 Pole Vault: Roger Heldoom 1983 14'2"  
 Long Jump: Quincy Franks 1980 23'11"  
 Triple Jump: Aaron Berry 2015 48'7.75"  
 Discus: Andre Abrams 1990 157'0"

**GIRLS**

100 meters: Antionette Winston 1979 11.9/12.14c  
 200 meters: Antionette Winston 1979 25.7y/25.79  
 400 meters: Ericka Nowell 2008 56.37  
 1600 meters: Michelle Paul 1985 5:13.56  
 3000 meters: Michelle Paul 1985 10:37.0 (3000)  
 3200 meters: Jennifer Rodrigue 2006 11:51.73  
 100 Hurdles: Erika Nowell 2009 14.62  
 300 Hurdles: Erica Nowell 2009 41.80  
 400 Relay: 2000 49.66  
 1600 Relay: 2012 4:09.83  
 High Jump: Maylana Martin 1995 5'6"  
 Long jump: Sharon Johnson 1980 16'8"  
 Shot Put: Shannon Hobson 2003 41'11.5"  
 Discus: Shannon Hobson 2003 145'3"

**Poly-Riverside**

**BOYS**

100 meters: Nathan Irvin 1999 10.59  
 200 meters: Greg Thomas 1980 21.44  
 400 meters: C.J. Reed 1996 48.22  
 800 meters: Wayne Lemmons 1956 1:54.4y/1:53.7  
 1600 meters: Irving Moreno 1997 4:18.99  
 3200 meters: Irving Moreno 1997 9:30.82  
 110 Hurdles: Chris Chrisman 1981 14.01  
 300 Hurdles: Jamie Anderson 1991 39.85  
 330 Hurdles: Chris Chrisman 1981 36.25  
 400 Relay: 1980 42.38  
 1600 Relay: 1980 3:21.1 y/3:19.7  
 High Jump: Kyle Batiste 1995 6'7"  
 Pole Vault: Zach Green 2016 14' 6"  
 Long Jump: Bobby Bonds 1964 25'3"  
 Triple Jump: Cullen Sullivan 2012 45'11.5"  
 Shot Put: Larry Richards 1961 60'9.75"  
 Discus: Coleman Johnson 1994 182'3"

**GIRLS**

100 meters: Christie Slaughter 1989 12.43  
 200 meters: Renee Chambers 1979 25.01 y/24.87  
 400 meters: Renee Chambers 1979 57.49y/57.16  
 800 meters: Lynn Hollins 1976 2:05.9  
 1600 meters: Ashley Roberts 2010 4:54.80  
 3200 meters: Brigid Freyne 1987 10:34.37  
 100 Hurdles: Christie Wilson 1996 15.80 (33")  
 Lisa Hale 1987 14.26 (30")  
 300 Hurdles: Doris Williams 1987 44.03  
 400 Relay: 1995 49.48  
 1600 Relay: 1979 3:54.6/3:53.3  
 High Jump: Abigail Burke 2016 5' 8"  
 Pole Vault: Rianne Gross 2011 10'4"  
 Long Jump: LaShannoe Sneed 1982 17'7.5"  
 Triple Jump: Joi Webber 2000 37'5"  
 Shot Put: Andrea Loman 1997 40'2"  
 Discus: Andrea Loman 1998 135'9"

**Ramona**

**BOYS**

100 meters: Rondo Smith 1988 10.86  
 200 meters: Rondo Smith 1988 21.92  
 400 meters: Dan Gormley 1964 48.9y/48.75  
 800 meters: Richard Villalobos 1995 1:55.07  
 1600 meters: Martin 1974 4:23.0y/4:21.5  
 3200 meters: Scott Foreman 1966 9:28.0y/9:24.7  
 110 Hurdles: Robert Williams 2005 13.97  
 300 Hurdles: Zach Lewis 2012 37.28  
 400 Relay: 1987 43.13  
 1600 Relay: 1970 3:25.0y/3:23.8  
 High Jump: Jimmy Devine 1995 6'6"  
 Pole Vault: Larry Thompson 1970 14'1"  
 Long Jump: Jimmy Devine 1995 23'10.5"  
 Triple Jump: Stanton Gibson 2003 47'11.75"  
 Shot Put: Tom Oesterling 1966 60'3.75"  
 Discus: Sonny Soto 1991 161'3"

**GIRLS**

100 meters: Alicia Thomas 1992 12.57  
 200 meters: Alicia Thomas 1992 25.44  
 400 meters: Sheria Moses 1991 59.4/59.54c  
 800 meters: Sheria Moses 1991 2:11.97  
 100 Hurdles: Andrea Meachum 1992 15.34 (30")  
 300 Hurdles: Princess Lee 1994 47.20  
 400 Relay: 1995 50.20  
 1600 Relay: 1995 4:09.74  
 Pole Vault: Tru Hoang 1997 9'0"  
 Long Jump: Holly Stallman 2016 18' 4.25"  
 Shot Put: Sheni Russell 1999 44'4.75"  
 Discus: Barrie Greer 1980 143'7"

**Rancho Mirage**

**BOYS**

200 meters: Logen Casavant 2016 21.66  
 400 meters: Logen Casavant 2016 46.93

**Rancho Verde**

**BOYS**

100 meters: Isaiah Cunningham 2017 10.32  
 200 meters: Isaiah Cunningham 2017 20.84  
 400 meters: Isaiah Cunningham 2016 47.68  
 800 meters: Ruben Danielson 2010 1:51.59  
 1600 meters: Humberto Gonzalez 2007 4:23.43  
 110 Hurdles: Cameron Samuel 2017 13.78  
 300 Hurdles: Cameron Samuel 2017 36.34  
 400 Relay: 2017 40.29  
 1600 Relay: 2017 3:12.17  
 High Jump: Skylar Lacour 2009 7'0.25"  
 Pole Vault: Matt Jones 2006 13'6"  
 Long Jump: Bryan Thompson 2017 24'3.5"  
 Triple Jump: Josh Como 2006 50'3.5"  
 Shot Put: Desmond Clark 2004 56'9.25"

**GIRLS**

100 meters: Asiah Gooden 2009 11.73  
 200 meters: Alycia Herring 2009 23.68  
 400 meters: Gabby Estell 2009 54.72  
 100 Hurdles: Amber Clark 2009 14.76  
 300 Hurdles: Gabby Estell 2009 44.27  
 400 Relay: 2010 45.68  
 1600 Relay: 2009 3:44.02  
 High Jump: Joshulynn Penniman '12 5' 6"

Long Jump: Destiny Longmire 2016 20' 7"  
 Triple Jump: Brittany Bozeman 2008 38'1"  
 Shot Put: Kayla Hopkins 2014 41'4"  
 Discus: Kayla Hopkins 2014 141'6"

### Riverside Christian

#### GIRLS

100 meters: Camille Bowen 2009 12.58  
 Long Jump: Nikki James 2006 167"

### Roosevelt

#### BOYS

100 meters: Elijah Mitchell 2013 10.58  
 200 meters: Elijah Mitchell 2013 21.17  
 400 meters: Bryan Adams 2009 47.95  
 800 meters: Aaron Potts 2012 1:54.39  
 1600 meters: Nick Woolf 2012 4:11.57  
 3200 meters: Raymon Ornelas 2016 9:08.22  
 110 Hurdles: Anthony Easter 2017 13.91  
 300 Hurdles: Anthony Easter 2017 36.34  
 400 Relay: 2011 41.01  
 1600 Relay: 2010 3:12.79  
 High Jump: Taelin Webb 2014 6'8"  
 Pole Vault: Nick Weisheit 2012 14'9"  
 Triple Jump: Stephon Williams 2012 45'4.25"  
 Shot Put: David Potts 2016 53' 0"  
 Discus: David Potts 2016 167' 11"

#### GIRLS

100 meters: Courtne Davis 2015 11.64  
 200 meters: Courtne Davis 2015 24.39  
 400 meters: Taylor Smith 2015 54.46  
 800 meters: Tahlia Adams 2015 2:14.29  
 1600 meters: Tahlia Adams 2015 5:00.16  
 3200 meters: Paloma Barron 2017 11:22.72  
 100 Hurdles: Jasmyne Graham 2015 13.17  
 300 Hurdles: Jasmyne Graham 2015 40.73  
 3200 meters: Jana Warrick 2014 11:35.63  
 400 Relay: 2015 46.10  
 1600 Relay: 2015 3:44.76  
 High Jump: April Sutton 2013 5' 4"  
 Shaelyn Amos 2017 5'4"  
 Pole Vault: Gardenia Centanaro '13 13' 1"  
 Long Jump: Jasmyne Graham 2014 19' 8.25"  
 Shot Put: Lydia Liu 2017 36'8"  
 Discus: Danna Hill 2011 119' 2"

### Rubidoux

#### BOYS

100 meters: Jason Halliburton 1991 10.7/10.94  
 200 meters: Derek Banks 1992 22.03  
 400 meters: LaSalle Hughey 1991 47.93  
 800 meters: David Ramirez 1991 1:55.44  
 1600 meters: Erik Gonzalez 2017 4:16.49c  
 3200 meters: Antonio Jiminez 2003 9:05.16  
 110 Hurdles: Leandre Butler 2003 14.65  
 300 Hurdles: Jose Castellon 2017 38.28  
 400 Relay: 1990 41.80  
 1600 Relay: 1992 3:20.14  
 High Jump: Chris Olsson-O'Nei 1992 6'11 "  
 Vic Diaz 1967 15'5.25"  
 Long Jump: Mike Anderson 1983 24'5"  
 Triple Jump: Tim Williams 1985 49'7.25"

Shot Put: Jake Knight 2001 63'11.5"  
 Discus: Matt Gomez 1999 1.82'0"

#### GIRLS

800 meters: Lisa Prieto 1988 2:18.81  
 1600 meters: Fernanda Rodriguez '12 5:15.25  
 3000 meters: Kat Prince 1985 10:37.0\*\*  
 3200 meters: Fernanda Rodriguez '12 11:18.12  
 300 Hurdles: Celeste Bailey 1990 47.73y/47.45  
 Long Jump: Gail Derricott 1989 171 "  
 Triple Jump: Yvette Hill 1985 36'6"  
 Shot Put: Janet Hill 1987 42'4"  
 Discus: Jodie Warr 1990 145'0"

### San Jacinto Valley Academy

#### GIRLS

Shot Put: Kalianna Lesa 2017 37'4.75"

### San Jacinto

#### BOYS

100 meters: DeShawn Smith 2006 10.88  
 200 meters: DeShawn Smith 2006 22.02  
 400 meters: Immanuel Hutchinson '11 48.60  
 800 meters: Immanuel Hutchinson '10 1:48.56  
 1600 meters: Kevin Vega 2010 4:24.76  
 3200 meters: Rafael Castro 1992 9:33.47  
 110 Hurdles: Ken Shaw 2007 14.16  
 300 Hurdles: Ryan Muir 2015 37.60  
 400 Relay: 2006 42.59  
 1600 Relay: 2011 3:21.92  
 High Jump: Tim Dunlap 1997 6'7"  
 Tom Quast 1962 6'7"  
 Long Jump: Greg Davis 2002 22'5"  
 Shot Put: Spencer Moorman '10 62'5.25"  
 Discus: Hank Krychir 1979 188'7"

#### GIRLS

100 meters: April Henderson 1999 11.9/12.14c  
 200 meters: April Henderson 1999 25.2/25.44  
 800 meters: Melissa Escamilla 2006 2:18.90  
 300 Hurdles: Payton McCartney 2017 46.42  
 400 Relay: 2008 49.1  
 1600 Relay: 2012 4:06.53  
 High Jump: Veronica Arana 1996 5'4"  
 Pole Vault: Breanna Elton 1995 9'0"  
 Long Jump: Onisha Banks 1992 1711.25"  
 Triple Jump: Destinee Widgins 2014 37'2"  
 Shot Put: Sarah Robles 2006 44'5"  
 Discus: Sarah Robles 2006 168'5"

### Santiago

#### BOYS

100 meters: Rodney Storrs 2007 10.66  
 200 meters: Rodney Storrs 2008 21.27  
 400 meters: Brett Moulton 2012 48.77  
 800 meters: Brett Moulton 2011 1:51.51  
 1600 meters: Kyle Pendleton 2016 4:20.79  
 3200 meters: Steven Cram 2007 9:23.07  
 110 Hurdles: David Williams 2009 14.51  
 300 Hurdles: David Williams 2009 38.28  
 400 Relay: 2008 41.57  
 1600 Relay: 2011 3:23.03  
 High jump: Josh Roth 2004 6'6"

Pole Vault:	Garrett Hansen	2014	15'0"	Long Jump:	Rodney Mabry	1997	15'0"
Long Jump:	Isaiah Manley	2014	22'1.25"	Long Jump:	Jonathan Williams	2006	23'-1.25"
Triple Jump:	Chris Benard	2008	49'6"	Triple Jump:	Jamal Cumberbatch	03	46'7"
Shot Put:	Silas Hurst	2017	63'11.5"	Shot Put:	Tanner Harrah	2005	54'6.5"
Discus:	Silas Hurst	2017	172'6"	Discus:	Jean-Paul Afif	1998	158'9"

#### GIRLS

100 meters:	Omonlegbo Ovude	'06	12.45
200 meters:	Amber Munerlyn	2010	24.83
400 meters:	Riley Corcoran	2017	57.63
800 meters:	Cayla Etheridge	2016	2:14.02
1600 meters:	Lily Seynaeve	2014	5:06.82
3200 meters:	Mckenna Genovese	'12	11:08.54
100m Hurdles:	Shereen Sutherland	'11	15.54
300 Hurdles:	Shae Anderson	2015	44.10
400 Relay:		2009	48.66
1600 relay:		2017	3:57.32
High Jump:	Monique Billings	2013	5' 6"
	Ashlyn Blotzer	2016	5' 6"
Pole Vault:	Chandler Edwards	2012	10' 0"
Long Jump:	Brittany Baltazar	2004	17'3.25"
Triple Jump:	Brianna Cole	2011	38'11.5"
Shot Put:	Avery Dail	2013	36' 7"

#### Shadow Hills

##### BOYS

1600 meters:	Jonathan Carrillo	2012	4:24.92
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##### GIRLS

1600 meters:	Nyah Chavez	2017	5:09.6
3200 meters:	Nyah Chavez	2017	11:32.85
Discus:	Victoria Soto	2017	120'7"

#### Sherman Indian

##### BOYS

800 meters:	Isaiah Thompson	2013	1:51.76
1600 meters:	Isaiah Thompson	2013	4:18.83
3200 meters:	Charles Rednick	1978	9:29.9y/9:26.6

#### Tahquitz

##### BOYS

200 meters:	Xavion Steele	2015	22.37
400 meters:	Xavion Steele	2015	50.16
110m Hurdles:	Teryan Brown	2015	14.93
400m relay:		2015	43.13

##### GIRLS

Discus:	Estafani Flores	2017	119'11"
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#### Temecula Valley

##### BOYS

100 meters:	Jonathan Williams	2006	10.38
200 meters:	Jonathan Williams	2006	21.17
400 meters:	Qwintin Workman	2017	47.78
800 meters:	Jeff Green	2000	1:56.14
1600 meters:	Brett Campfield	2004	4:13.98
3200 meters:	Brett Campfield	2004	9:14.79
110 Hurdles:	John Cusey	2013	14.75
300 Hurdles:	Qwintin Workman	2017	37.36
400 Relay:		2005	42.06
1600m Relay:		2017	3:25.03
High Jump:	Mike Vaille	1993	6'9"
Pole Vault:	Brett Updike	1996	15'0"

#### GIRLS

100 meters:	Hannah Francescon	'05	12.1/12.34c
200 meters:	Danae Dyer	2017	25.09
400 meters:	Taylor Lorack	2011	57.39
800 meters:	Tammy Kim	2012	2:16.21
1600 meters:	Angela Ziff	2011	5:04.56
3200 meters:	Angela Ziff	2011	10:45.75
100 Hurdles:	Danae Dyer	2017	14.09
300 Hurdles:	Kylie Dudley	2006	45.31
400 Relay:		2017	47.89
1600 Relay:		2012	3:54.70
High jump:	Christine Killian	1990	5'4"
Pole Vault:	Listen Dormanen	2004	127'
Long Jump:	Ajia Yarbrough	2012	17' 2"
Triple Jump:	Ajia Yarbrough	2012	36' 8"
Shot Put:	Lisa Misapeka	1993	45'11"
Discus:	Lisa Misapeka	1993	140'3"

#### Temecula Prep

##### BOYS

Triple Jump:	Darien Bailey	2008	44-9.5
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##### GIRLS

Triple Jump:	Jessica Williams	2008	35-8.25
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#### Temescal Canyon

##### BOYS

100 meters:	John Wareka	2007	11.00
400 meters:	Scott Eden	1999	49.33
800 meters:	Cobie Chavez	2015	1:51.95
1600 meters:	Cobie Chavez	2014	4:14.78
300 Hurdles:	Greg Burress	2002	39.9/40.03
400 Relay:		2000	43.3/43.44c
1600 Relay:		2015	3:25.73
Pole Vault:	Eddie Becker	1998	146"
	Steve Pease	1998	146"
Long Jump:	Nate Koch	2003	22'0.5"
Shot Put:	Ricky Youngquist	2005	56'1"
Discus:	Ricky Youngquist	2005	177'7"

##### GIRLS

100 meters:	Unique Anderson	2003	12.11
200 meters:	Kim Burress	1999	24.89
800 meters:	Shelby Horgan	1996	2:18.98
1600 meters:	Shelby Horgan	1995	4:57.85
3200 meters:	Ellen Muench	1995	10:54.31
100 Hurdles:	Lorrane Nance	2016	15.62
300 Hurdles:	Lorrane Nance	2016	45.10
400 Relay:		2003	49.32
Pole Vault:	Tricia Smith	2001	11'6"
Long Jump:	Kim Burress	1999	17'5"
Triple Jump:	Lorrane Nance	2016	39' 0.5"
Shot Put:	Kim Avila	2003	40'0"
Discus:	Samantha Gutierrez	'08	141'9"



**Twin Pines**

## BOYS

100 meters:	Willie Bowen	2001	10.95
200 meters:	Willie Bowen	2001	22.05

**Valley View**

## BOYS

100 meters:	Quincy Huntley	1996	10.3/10.54c
200 meters:	Quincy Huntley	1996	21.2/21.44
400 meters:	Chris Massey	1999	48.44
800 meters:	Ray Noble	2010	1:51.81
1600 meters:	Ray Noble	2010	4:20.40
3200 meters:	Nezanet Woldai	2009	9:31.48
110 Hurdles:	Brian Thompson	2003	14.71
300 Hurdles:	Ricky Hernandez	2004	39.08
400 Relay:		2010	42.17
1600 Relay:		2011	3:22.6
High Jump:	Mike Hernandez	2006	6'6"
Pole Vault:	Jarod Kerr	2016	14' 0"
Triple Jump:	Mike Hernandez	2005	45'2.5"
Shot Put:	Josh Johnson	2017	59'11.54"
Discus:	Josh Johnson	2017	190' 11"

## GIRLS

100 meters:	Alicia Howard	1997	12.25
200 meters:	Siguera Sperlin	2004	25.64c
400 meters:	Marissa Smith	2003	57.45
1600 meters:	Jessica Osorio	2009	5:15.93
100 Hurdles:	Marissa Smith	2004	14.60
300 Hurdles:	Marissa Smith	2004	42.84c
400 Relay:		2004	49.57
1600 Relay:		2004	4:07.84
High Jump:	Leah Cunningham	1992	5'4"
Long Jump:	Trina Williams	1990	16' 7"
Triple Jump:	Tasha McNair	2000	36'5.5"
Shot Put:	Sara Pearson	1995	35'7"
Discus:	Taylor Salley	2017	121'21"

**Vista Murrieta**

## BOYS

100 meters:	Michael Norman	2016	10.27
200 meters:	Michael Norman	2016	20.14
400 meters:	Michael Norman	2015	45.19
800 meters:	Kevin Gonzalez	2012	1:51.78
1600 meters:	Porter Reddish	2013	4:12.77
3200 meters:	Drew Dalton	2010	9:05.57
110 Hurdles:	Darion Williams	2012	14.37
300 Hurdles:	Peter Manu	2014	38.54
400 Relay:		2016	40.32
1600 Relay:		2015	3:13.09
High Jump:	Nick Ross	2009	7'3"
Pole Vault:	Colin Cassidy	2012	14' 6"
Long Jump:	Jovonte Slater	2011	24' 10.5"
Triple Jump:	CJ Alumbres	2014	50'1.25"
Shot Put:	Corey Whitaker	2012	61' 0"
Discus:	Sapule Ta'amilo	2012	175' 4"

## GIRLS

100 meters:	Amanda Van Buren '15		11.68
200 meters:	Amanda VanBuren '15		24.33
400 meters:	Dynese Adams	2009	57.75
800 meters:	Erika Reddish	2012	2:12.67
1600 meters:	Erika Reddish	2012	4:48.96

3200 meters:	Erika Reddish	2012	10:36.27
100 Hurdles:	Jasmyne Graham	2012	13.89
300 Hurdles:	Jasmyne Graham	2012	44.34
400 Relay:		2014	46.22
1600 Relay:		2013	3:52.37
High Jump:	Sarah Dunaway	2013	5' 7"
Pole Vault:	Katrina Meier	2017	11'6"
Long Jump:	Michelle Norman	2014	19'10.5"
Triple Jump:	Michelle Norman	2014	40'6"
Shot Put:	Hailey Mo'unga	2017	40'10.75"
Discus:	Yasmin Torres	2014	143'10"

**Vista del Lago**

## BOYS

100 meters:	Ledariuc Miller	2007	10.91
400 meters:	Matthew Williams	2012	48.41
800 meters:	Emmanuel Ngula	2008	1:51.87
1600 meters:	Emmanuel Ngula	2009	4:16.37+/4:17.86y
3200 meters:	Christian Lopez	2014	9:36.58
110 Hurdles:	Jaden Ellis	2017	14.88
300 Hurdles:	Jaeon Davis	2009	38.70
400 Relay:		2009	43.16
1600 Relay:		2012	3:22.10
Discus:	Gabriel Vargas	2010	159'1"

## GIRLS

100 meters:	DeAnna Carson	2003	11.85
200 meters:	DeAnna Carson	2003	24.62
400 meters:	Jazmine Harper	2009	58.17
800 meters:	Karlie Creal	2009	2:14.28
1600 meters:	Serkadis Krome	2008	5:08.29
3200 meters:	Sarah Benson	2010	11:11.92
100 Hurdles:	DeAnna Carson	2003	14.35
300 Hurdles:	Jazmine Harper	2009	44.29
400 Relay:		2010	49.23
1600 Relay:		2011	3:57.45
High Jump:	Desiree Jackson	2010	5'4"
Long Jump:	DeAnna Carson	2003	19'7"
Triple Jump:	Jacquelyn Dubois	2011	37'6"

**West Valley**

## BOYS

100 meters:	Keith Welper	2011	10.86
400 meters:	Rex Butler	2001	48.3/48.44
400 Relay:		2014	43.00
High Jump:	Doug Smith	2000	6'10 "
Pole Vault:	Nathan Carmen	1999	13'6"
Triple Jump:	Devin Ray	2014	44' 4.5"
Discus:	Terry Dowell	2000	154'8"

## GIRLS

400 meters:	Evondra Owens	1997	59.44
300 Hurdles:	Joanna Fleeming	2001	47.88
400 Relay:		2003	50.45
1600 Relay:		2016	4:03.36
Pole Vault:	Amber Tibbits	1999	9'4"
Shot Put:	Patricia Parker	2011	37'2"
Discus:	Jolie Buffin	2004	128'7"