

***RIVERSIDE
COUNTY
TRACK
2016***

***BOYS & GIRLS
SCHOOL RECORDS
ALL- TIME COUNTY RECORDS
ALL- TIME PERFORMANCE LIST***

Don Chadez

Revised 8/7/2016

RIVERSIDE COUNTY TRACK - 2016

This is the 19th attempt to recognize the many fine track and field performances by Riverside County High School track and field athletes. This publication is by no means complete. People reading this work are encouraged to contact the author regarding errors or omissions. The school record section lists only those marks that are first listed on the all-time list.

The first edition was published prior to the 1990 track & field season. The original research was assisted by Jack Gaffney of Canyon Springs HS and Doug Speck of Arcadia HS. Thanks also to Jim Roldan of EPI Sports.

THE STATS

Abbreviations

+ -mark converted from yards to meters.

c -mark converted from hand time to equivalent auto time. w -wind aided mark.

y -original mark attained in a race run in yards

-fully auto timed races have no abbreviation and are noted to one hundred of a second. -any hand time recorded to one hundred of a second has been rounded up to the next full tenth of a second.

' -mark made enroute to a longer distance.

' -after name indicated foreign exchange student (if known).

* -before athletes name indicates junior year.

* * -before athletes name indicates sophomore year.

* * * -before athletes name indicates freshman year.

PERFORMANCE RANKING

For the purpose of ranking athletes and their performance, hand times have been converted to equivalent auto times and yard performances to metric. The *Track & Field News* policy of converting has been adopted. By using a multiplier, accurate percentage differentials are attained as the time gets longer.

CONVERSIONS

Hand times have been converted by adding 0.24 seconds for races less than one lap, and 0.14 for one lap races. Races of more than one lap have no conversion from hand to auto timing. The yard time was then multiplied by .9942 to get the metric equivalent. Common ratio races follow this formula. 100 yards/ 100 meters and 110 meters/ 120 yard hurdle events are not common ratio events.

RIVERSIDE COUNTY TRACK - 2016

Send errors / omissions to:

Don Chadez

4585 Avenida de los Arboles

Yorba Linda CA 92886

(714) 777-0314

dchadez@aol.com

Web Site- www.flashwest.com

BOYS COUNTY RECORDS

Running records are listed at metric distances. No attempt has been made, for record purposes, to convert marks from yards to metric. The longer yard performance is noted and recognized as the metric record. An equivalent metric performance needs to surpass the yard performance to become a record. Most record performances today are made at metric meets, thus the use of metric distances.

100 yd	9.4	John James (Ferris)	1964
100m	10.27	Michale Norman (Vista)	2016
200m	20.14	Michael Norman (Vista)	2016
400m	45.19	Michael Norman (Vista)	2015
800m	1:48.56	Immanuel Hutchinson (San Jacinto)	2011
1500m	3:50.6	Mark Fricker (Hemet)	1977
1600m	4:04.01	Isaac Cortes (Great Oak)	2016
3000m	8:28.8	Cruz Gallegos (Centennial)	1992
3200m	8:51.85	Cole Spencer (Great Oak)	2016
5000m	14:31.57	Lane Werley (King)	2011
3000m Steeplechase	10:18.13	Austin Langley (La Sierra)	2003
110m Hurdles	13.81	Koty Burton (La Quinta)	2016
300m Hurdles (36")	35.02	Reggie Wyatt (La Sierra)	2009
4 x 100m Relay	40.32	Vista Murrieta)	2016
4 x 400m Relay	3:10.33	Perris	1983
High jump	7-3	Avery Anderson (North)	1991
	7-3	Nick Ross (Vista)	2009
Pole Vault	16-6.5	Peter Chapman (Murrieta Valley)	2012
Long jump	25-3	Bobby Bonds (Poly)	1964
Triple jump	50-3.5	Josh Como (Rancho Verde)	2006
Shot Put	69-7.25	Nick Ponzio (Great Oak)	2013
Discus	200-3	Jared Morgan (La Quinta)	2002
Decathlon	5865	Chris Campbell (Poly)	1995

GIRLS COUNTY RECORDS

100y	11.0	Renee Chambers (Poly)	1979
	11.0	Shelly McDade (Norte Vista)	1979
	11.0	Robin Shelton (Corona)	1982
100m	11.61	Madinah Ali (Canyon Springs)	1995
200m	23.28	Tracee Thomas (North)	1999
400m (indoors)	54.22	Tracee Thomas (North)	2002
800m	2:05.9	Lynn Hollins (Poly)	1976
1500m	4:36.7	Brigid Freyne (Poly)	1987
1600m	4:40.34	Destiny Collins (Great Oak)	2015
3000m	9:21.44	Destiny Collins (Great Oak)	2016
3200m	9:53.79	Destiny Collins (Great Oak)	2014
5000m	16:51.97	Alma Escobar (Corona)	2004
3000m Steeplechase	12:42.76	Kelly Floyd (Corona)	2003
100m Hurdles (30")	13.83	Doris Williams (Poly)	1987
100m Hurdles (33")	13.17	Jasmyne Graham (Roosevelt)	2015
300m Hurdles	40.73	Jasmyne Graham (Roosevelt)	2015
4 x 100m Relay	45.30	North	2000
4 x 400m Relay	3:38.86	North	2001
High jump	6-0.5	Chaunte Howard (North)	2001
Pole Vault	13-1	Gardenia Centanaro (Roosevelt)	2013
Long jump	20-7.75	Gayle Hunter (North)	2004
Triple jump	41-3	Chaunte Howard (North)	2002
Shot Put	50-0.25	Tanya Sapa (La Sierra)	2013
Discus	168-5	Sarah Robles (San Jacinto)	2006
Heptathlon	5328	Gayle Hunter (North)	2004

BOYS ALL-TIME BEST MARKS LIST

100 yards

9.4	John James (Ferris)	1964	10.63	Carlos Wedlow (Mesa)	2016
9.6	Lew Dunn (North)	1982	10.64c	George Thomas (Indio)	10.4 1983
9.6	George Thomas (Indio)	1983	10.65	Dameon Burnham (Roosevelt)	2011
9.6	Jeff Ward (La Sierra)	1977	10.66	**Rodney Storrs (Santiago)	2007
9.86	Tim Callier (Perris)	1987	10.67	Lucien Henderson (Banning)	1987
9.7	Bobby Bonds (Poly)	1964	10.68	Jesse Ooten (Rancho Verde)	2008
9.7	John Holbrook (Norte Vista)	1967	10.70	Bryan Williams (Valley View)	2006
9.7	Tom Scott (Palm Springs)	1967	10.71	Marshall Johnson (Notre Dame)	1999
9.7	Chandler (Palo Verde)	1978	10.72	Anthony Dye (Santiago)	2008
9.7	Issac Greer (Elsinore)	1978	10.74c	Jerome Burrell (Palm Springs)	10.5 1995
9.95	Rando Smith (Ramona)	1987	10.74c	Alvin Robinson (Valley View)	10.5 2002
9.8	Paul Anderson (Poly)	1956	10.74	Nick Lee (Cathedral City)	2003
9.8	James Eddington (Rubidoux)	1963	10.74	Duke Greer (Corona)	2007
9.8	A. Byrd (Perris)	1968	10.76	Derrick Johnson (Notre Dame)	2000
9.8	A. Stapler (Perris)	1969	10.76	John Kane (Great Oak)	2013
9.8	Mayo (Perris)	1969	10.76	Justin Pearson (Roosevelt)	2013
9.8	A. Lewis (Perris)	1969	10.76	*Rasaun House (Rancho Verde)	2016
9.8	Gray (Palm Springs)	1978	10.77	Greg Thomas (Poly)	1981
9.8	Brice Wilson (Indio)	1980	10.79	Andre Ewell (Arlington)	2006
9.8	Marcus Hathway (Corona)	1980	10.79	Greg Hornsby (Rancho Verde)	2009
9.8	Darrell Willis (Norco)	1981	10.79	David Hooks (Corona)	2016
9.8	Wilcox (Poly)	1982	10.80	*Roshard Williams (Roosevelt)	2016
9.8	Mike Anderson (Rubidoux)	1983	10.80	*Damion Lee (Palm Springs)	2016
9.8	Woodie Leonard (Ramona)	1993	10.82	Davelle Sanders (Roosevelt)	2010
9.9	Art Williams (Poly)	1946	10.82	Napoleon Singeltary (Roosevelt)	2012
9.9	Verde Sorgen (Poly)	1949	10.83	Nick Mixon (Vista)	2008
9.9	Joe Black (Palo Verde)	1952	10.83	*Kei-Ron Long (Vista)	2012
9.9	Leevan Roberts (North)	1969	10.84c	Macus Hathway (Corona)	10.6 1980
9.9	Larry Thompson (Ramona)	1970	10.84	Duncan Boyd (Moreno Valley)	1989
9.9	Tony Robinson (Ramona)	1971	10.84	Heath Fulk (Nome Vista)	1991
9.9	Tosho Lee (Rubidoux)	1978	10.84c	Anthony Preyear (La Sierra)	10.6 1993
9.9	Rogers (North)	1978	10.84c	Sam Elmore (Banning)	10.6 1995
9.9	D. Fite (Perris)	1979	10.84	Jeff Henry (Norte Vista)	2001
9.9	Kenny Wagner (Arlington)	1980	10.84c	Jamal Williams (La Quinta)	10.6 2001
9.9	Clay Hall (Palm Springs)	1982	10.84c	Chris Johnson (Arlington)	10.6 2001
9.9	Paco Craig (Ramona)	1982	10.84c	Chris Whitlock (Valley View)	10.6 2001
9.9	Bob Stamps (Perris)	1983	10.85	Al Ross (Canyon Springs)	1989
9.9	Sebron Flenaugh (Perris)	1983	10.85	*Cedric Provost (Canyon Springs)	2009
9.9	Cedric Riles (Norte Vista)	1984	10.86	Rondo Smith (Ramona)	1988
9.9	JJ Eddington (Perris)	1985	10.86	Thomas Henry (North)	2007
9.9	Luncy Fleeting (Canyon Springs)	1990	10.86	Joel Hotkins (Chaparral)	2009
			10.86	Keith Welpher (West Valley)	2011
			10.86	Jonathan Essien (King)	2016
			10.86	Johnathan Warren (Santiago)	2016
			10.87	Troy McKnight (Canyon Springs)	1991
			10.87	*Bernard Quinn (Vista)	2011
			10.88	Deshawn Smith San Jacinto)	2006
			10.88	Kavon Seaton (Vista)	2007
			10.88	Joshua Mitchell (Roosevelt)	2010
			10.88	Dajon Wise (Rancho Verde)	2013
			10.88	*Ryan Wade (Mesa)	2015
			10.89	Darryl Mosely Great Oak)	2007
			10.89	J.J. Eddington (Perris)	1985
			10.89	Matt Galloway (Elsinore)	2015
			10.90	Woodie Leonard (Ramona)	1992
			10.90	*Deontae Cooper (Citrus Hill)	2009
			10.91	Allan Curry Canyon Springs)	1998
			10.91	Ledariuc Miller (Vista del Lago)	2007
			10.91	**James Nool (Great Oak)	2015
			10.92	Ron Butler (Norte Vista)	1995
			10.92	Ken Moon Corona)	2004
			10.92	***Ervin Simmons (Murrieta)	2008
			10.92	* Evan Singletary (Roosevelt)	2014
			10.93	Robert Gray (Poly)	1981
			10.93	Tommy Curry (North)	2007
			10.93	**Jonathan Essien (King)	2015
			10.94c	Mike Ails (Moreno Valley)	10.7 1990
			10.94c	Kyjone Jack (Canyon Springs)	10.7 1991
			10.94c	Art Celestine (Notre Dame)	10.7 1991
			10.94c	Jason Halliburton (Rubidoux)	10.7 1991

Wind-aided:

9.5	Mike Foster (Palo Verde)	1973
9.5	Jerry McCullough (Poly)	1957
9.6	Bobby Bonds (Poly)	1964
9.7	Greg Thomas (Poly)	1967
9.7	Paul Anderson (Poly)	1956
9.7	JJ Eddington (Perris)	1985
9.8	George McKinley (Arlington)	1980

100 meters

10.27	Michael Norman (Vista)	2016
10.31	*Bryan Howard (Canyon Springs)	1994
10.35	*Isiah Cunningham (Rancho Verde)	2016
10.38	Jonathan Williams (Temecula)	2006
10.51	Antonio Mitchell (Vista)	2015
10.52	Kenny Jackson (Elsinore)	2009
10.53	Lew Dunn (North)	1982
10.54c	Stoney Jordan (Indio)	10.3 1993
10.54c	Quincy Huntley (Valley View)	10.3 1996
10.54	*Jovonte Slater (Vista)	2010
10.55	Antonio Mitchell (Vista)	2016
10.56	*Cole Dubots (Vista)	2016
10.58	Elijah Mitchell (Roosevelt)	2013
10.59	Nathan Irvin (Poly)	1999
10.63	Tommy Curry (North)	2008
10.63	Braden Isaiah (Moreno Valley)	2011

10.94c	Shamori Walker (Moreno Valley)	10.7	1993	Wind-Aided:		
10.94	Corey Merrill (Moreno Valley)		1992	10.44	Marshall Johnson (Notre Dame)	1999
10.94c	Walker (Perris)	10.7	1996	10.45	*Jovonte Slater (Vista)	2010
10.94c	Andre McCargo (Murrieta Valley)	10.7	1998	10.45	Antonio Mitchell (Vista)	2016
10.94	Ennis Jones (North)		2006	10.45	*Cole Dubots (Vista)	2016
10.94	*Tyler Kennedy (Rancho Verde)		2016	10.47	Carlos Wedlow (Mesa)	2016
10.95	Willie Bowen (Twin Pines)		2000	10.49	Kenny Jackson (Elsinore)	2009
10.95	*Larry Scott (Centennial)		2010	10.50	Tommy Curry (North)	2008
10.96	DJ Lloyd (Vista)		2009	10.50	Elijah Mitchell (Roosevelt)	2013
10.97	Cedric Riles (Norte Vista)		1986	10.56	Stoney Jordan (Indio)	1993
10.97	Chase Aaronson (Palm Springs)		2007	10.58	Isiah Braden (Moreno Valley)	2011
10.97	*Kyle Garner (Vista)		2012	10.59	*Damion Lee (Palm Springs)	2016
10.97	*Nick Fisher (Great Oak)		2014	10.60	Rodney Storrs (Santiago)	2008
10.97	**Thomas Graham (Roosevelt)		2015	10.62	Duke Greer (Corona)	2007
10.97	Saadq Jennings (King)		2016	10.63	David Hooks (Corona)	2016
10.97	*Brian House (Rancho Verde)		2016	10.66	**James Nool (Great Oak)	2015
10.98	Anthony Elam (Roosevelt)		2013	10.67	Gerg Hornsby (Rancho Verde)	2009
10.98	*Anthony Smith (Paloma Valley)		2013	10.67	Josh Mitchell (Roosevelt)	2010
10.99	Tommy Thomas (Indio)		1981	10.67	Xavion Steele (Tahquitz)	2015
10.99	Ray Blackburn (Jurupa)		1998	10.68	Christopher Wilcox (Roosevelt)	2016
10.99	Nick Mixon (Vista)		2007	10.69	Justin Pearson (Roosevelt)	2013
10.99	*Sedale Foster (North)		2010	10.69	*Evan Singletary (Roosevelt)	2014
10.99	**Damion Marshall (Great Oak)		2013	10.70	*Roshard Williams (Roosevelt)	2016
11.00	Bobby Stamps (Perris)		1983	10.71	Bryan Adams (Roosevelt)	2009
11.00	Nobel Jackson (Perris)		1983	10.72	Tim Callier (Perris)	1987
11.00	John Wareka (Temescal)		2007	10.72	Andre Ewell (Arlington)	2006
11.00	*John Plattenburg (Centennial)		2013	10.72	Davelle Sanders (Roosevelt)	2010
11.00	Jordan Lucas (Great Oak)		2014	10.72	*Damion Marshall (Great Oak)	2014
11.00	Fred Lundy (Paloma)		2015	10.73	Cedric Provost (Canyon Springs)	2009
11.01	Marc Tyler (Brawley)		1994	10.74c	Troy McKnight (Canyon Springs)	10.5 1991
11.01	Tyree Sullivan (Norte Vista)		2001	10.74c	Nick Lee (Cathedral City)	10.5 2004
11.01	Matt Maybeno (Hemet)		2002	10.75	Leran Hutchings (Roosevelt)	2011
11.01	David Biggs (Rancho Verde)		2006	10.75	***Malcolm Ballard (Ramona)	2013
11.01	Kavon Seaton (Murrieta)		2009	10.76	Rondo Smith (Ramona)	1987
11.01	Cavan Bluitt (Rancho Verde)		2015	10.77	Marcus Love (Lakeside)	2013
11.01	Brandon Presley (Great Oak)		2015	10.78	John Kane (Great Oak)	2013
11.01	*Jordan Testerman (Vista)		2015	10.79	Nick Mixon (Vista)	2008
11.02	Nathan Charlton (Rubidoux)		2000	10.80	Keith Welpher (West Valley)	2011
11.02	David Angulo (Cathedral City)		2002	10.80	***Adrian Sanchez (Tahquitz)	2015
11.02	Gene McCaleb (Temescal)		2004	10.81	Ken Moon (Corona)	2004
11.02	Dejon Wise (Rancho Verde)		2013	10.81	DeSean Smith San Jacinto)	2005
11.03	Brian Anderson (Elsinore)		1986	10.81	*Kei-Ron Long (Vista)	2012
11.03	Derek Banks (Rubidoux)		1992	10.83	Tommy Curry (North)	2007
11.03	Nick McCullom (Perris)		1997	10.83	Dejon Wise (Rancho Verde)	2013
11.03	Ervin Simmons (Murrieta Valley)		2011	10.83	Brandon Presley (Great Oak)	2015
11.03	Louis Mayela (Centennial)		2015	10.83	Shawn Williams (Mesa)	2016
11.04c	Marcus Hathway (Corona)	10.8	1980	10.83	Leva Hifo (Heritage)	2016
11.04c	Sebron Flenaugh (Perris)	10.8	1983	10.83	**Jabriel Smith (JWNorth)	2016
11.04c	Rick Aguilar (CSDR)	10.8	1986	10.84c	Woody Leonard (Ramona)	10.6 1993
11.04c	Rick McVicker (Poly)	10.8	1989	10.84c	Damon Mitchum (Corona)	10.6 1999
11.04c	Chris Alexander (Temecula)	10.8	1990	10.84	**Jonathan Essien (King)	2015
11.04c	Marc Chrishon (Temecula)	10.8	1990	10.86	Wyatt Staggers (Lakeside)	2013
11.04c	Eddie Jones (Palo Verde)	10.8	1990	10.86	*Lorenzo Burns (Linfield)	2015
11.04c	Quincy Fleming (Canyon Springs)	10.8	1990	10.87	Taylor Hawkins (Palm Springs)	2016
11.04c	Jeff Skalsky (Temecula)	10.8	1991	10.88	Henry Thomas (North)	2007
11.04c	Marlando Lewis (Hemet)	10.8	1991	10.88	Richard Marvray (Centennial)	2009
11.04c	James Smith (Palo Verde)	10.8	1992	10.88	* Jordan Palmer (Roosevelt)	2014
11.04c	Darrell Franklin (Canyon Spring)	10.8	1995	10.89	Ray Blackburn (Jurupa Valley)	1998
11.04c	Xavier Phillips (Perris)	10.8	1995	10.90	Brian Anderson (Elsinore)	1986
11.04c	Mickey Grimes (Canyon Springs)	10.8	1995	10.90	Kyman Bailey (North)	2012
11.04c	Damian Barton (Centennial)	10.8	1996	10.90	*John Plattenburg (Centennial)	2013
11.04c	Raheem Lambert (Norte Vista)	10.8	1998	10.90	Deville Dallas (Perris)	2013
11.04c	Devonson Goodwin (Canyon Sp)	10.8	1998	10.90	Jordan Felix (Vista)	2016
11.04c	Kendall Edwards (Jurupa)	10.8	1999	10.91	James Carter (Canyon Springs)	2005
11.04c	Jamar Thymes (Norco)	10.8	1999	10.91	DJ Lloyd (Vista)	2009
11.04c	Jesse Johnson (Banning)	10.8	1999	10.91	*Larry Scott (Centennial)	2010
11.04c	Terry Dowell (West Valley)	10.8	2000	10.91	Chris Milan (Great Oak)	2012
11.04c	Wayland Gilliam-Smith (Valley View)	10.8	2000	10.91	Jordan Lucas (Great Oak)	2014
11.04	Norman Boyd (La Sierra)		2008	10.92	Devin Ray (West Valley)	2014
11.04	Gerard Glass (Great Oak)		2010	10.93	Kenny Shaw (San Jacinto)	2005
11.04	*** Isaiah Cunningham (Rancho Verde)		2014	10.93	*Kevin Smith (San Jacinto)	2013
11.04	Jordan Palmer (Roosevelt)		2015	10.93	Anthony Elam (Roosevelt)	2013
				10.93	* Eric Miller (Roosevelt)	2014
				10.93	Anothany Smith (Paloma Valley)	2014
				10.94c	Steve Angulo (Cathedral City)	10.7 2002

10.94	Jon Warzeka (Elsinore)		2008	21.41	Stoney Jordan (Indio)		1993
10.94	Dexter Jackson (King)		2008	21.41	Kenny Jackson (Elsinore)		2009
10.94	*Bryan Jones (Great Oak)		2011	21.41	*Antonio Mitchell (Vista)		2015
10.94	Garrett Biggers (North)		2012	21.44	Greg Thomas (Poly)		1980
10.94	*Nick Fisher (Great Oak)		2014	21.44c	Quincy Huntley (Valley View)	21.2	1996
10.94	*** Isaiah Cunningham (Rancho Verde)		2014	21.44	Andrew Ewell (Arlington)		2006
10.95	Jr Reid (Arlington)		2010	21.51+	John Holbrook (Norte Vista)	21.4y	1967
10.95	*Christopher Wilcox (Roosevelt)		2015	21.51+	Mike Harris (Indio)	21.4y	1974
10.95	**Thomas Graham (Roosevelt)		2015	21.53	Davelle Sanders (Roosevelt)		2010
10.96	Earvin Simmons (Murrieta)		2009	21.54	Nick McCullom (Perris)		1998
10.96	*Jordan Palmer (Roosevelt)		2015	21.54	*Ennis Jones (La Sierra)		2005
10.96	**Damion Lee (Palm Springs)		2015	21.57	Nevin Gutierrez (North)		2007
10.96	*Jordan Testerman (Vista)		2015	21.57	Gerg Hornsby (Rancho Verde)		2009
10.97	Antoine Murray (Norco)		2005	21.58	Chris Massey (Valley View)		1998
10.97	Lajohn White (North)		2008	21.58	*John Kane (Great Oak)		2012
10.97	Larry Scott (Centennial)		2011	21.60	Napoleon Singletary (Roosevelt)		2012
10.97	**Christopher Young (Citrus Hill)		2013	21.62	Cedric Riles (Norte Vista)		1986
10.97	Phillip Jones (Vista Murrieta)		2013	21.62	Nick Lee (Cathedral City)		2004
10.97	Kre'Shawn McDonald (Roosevelt)		2014	21.64	Sebron Flenaugh (Perris)		1983
10.98	*Jordan James (Corona)		2009	21.64	**Cole Dubots (Vista)		2015
10.98	**Todd Hamdley (King)		2009	21.66	Logen Casavant (Rancho Mirage)		2016
10.98	Nephi Garcia (Palm Springs)		2011	21.67	Joshua Mitchell (Roosevelt)		2010
10.98	Gather Ronald (Moreno Valley)		2013	21.69	Jerome Burrell (Palm Springs)		1995
10.98	**Christopher Rom-Toribo (La Quinta)		2013	21.71	Greg Thomas (Poly)		1981
10.98	* Louis Mayela (Centennial)		2014	21.72+	Tom Scott (Palm Springs)	21.6y	1967
10.98	Jamal Orme (King)		2014	21.73	Ken Moon (Corona)		2004
10.99	Kavon Seaton (Vista)		2008	21.73	Duke Greer (Corona)		2007
10.99	*Justin Decoud (King)		2010	21.74	Richard Sweeney (Perris)	21.5	1989
10.99	Ervin Simmons (Murrieta Valley)		2011	21.74	Anthony Daniels Canyon Springs)		2002
10.99	Forrest Reyes (Palm Springs)		2011	21.74	Jesse Ooten (Rancho Verde)		2008
10.99	Fred Lundy (Paloma)		2015	21.79	Bryan Williams (Valley View)		2007
11.00	Keith Bullard (Canyon Springs)		1991	21.79	*Rasaun House (Rancho Verde)		2016
11.00	DeShawn Smith (San Jacinto)		2004	21.80	David Angulo (Cathedral City)		2002
11.00	Andre McClendon (Beaumont)		2013	21.80	* Evan Singletary (Roosevelt)		2014
11.00	Eric Ellison (Banning)		2016	21.81	*Roshard Williams (Roosevelt)		2016
11.00	*James Chanthachak (Banning)		2016	21.82+	John James (Perris)	21.7y	1964
11.01	*Dallas Deville (Perris)		2012	21.82	Bryan Adams (Roosevelt)		2009
11.01	Garry Lewis (Corona)		2012	21.83	Kei-Ron Long (Vista Murrieta)		2013
11.01	*Rick Ramos (Hemet)		2014	21.84	George Thomas (Indio)		1981
11.01	Tobi Mayers (Murrieta Valley)		2015	21.84	Bobby Stamps (Perris)		1983
11.01	*Tyler Kennedy (Rancho Verde)		2016	21.84c	Marcus Hathway (Corona)	21.6	1980
11.02	Alex Pittman (Vista)		2005	21.84	Justin Pearson (Roosevelt)		2013
11.02	Michael Mazur (Vista)		2011	21.87	Louis Amstoy (Banning)		1989
11.02	Adrian Limon (San Jacinto)		2016	21.87	David Hooks (Corona)		2016
11.02	**Parris Samaniego (Vista)		2016	21.89	Nick Mixon (Vista)		2008
11.02	Leva Hifo (Hertitage)		2016	21.89	Kyle Garner (Vista Murrieta)		2013
11.03	* Christopher Byers (Roosevelt)		2014	21.89	* Jordan Palmer (Roosevelt)		2014
11.03	**Anthony Hawkins (Palm Springs)		2015	21.90	Jabin Sambrano (Great Oak)		2008
11.04c	Demond Vassar (Rubidoux)	10.8	1991	21.90	*Cedric Provost (Canyon Springs)		2009
11.04c	Larry Wilson (Indio)	10.8	1991	21.91	Bubba Luna (Great Oak)		2010
11.04c	Jasper Williams (Rubidoux)	10.8	1993	21.92	Rondo Smith (Ramona)		1988
11.04c	Jerome Burrell (Palm Springs)	10.8	1994	21.93	Mike Lynem (Norco)		2006
11.04	Justin Martin (Norco)		2013	21.93	Anthony Elam (Roosevelt)		2013
11.04	*Ricky Adams (Vista)		2015	21.93	Carlos Wedlow (Mesa)		2016
11.04	**Christopher Newman (Roosevelt)		2015	21.94c	Darrell Willis (Norco)	21.7	1981
11.04	Javon McKinley (Centennial)		2016	21.94c	Josh Beckwith (Canyon Springs)	21.7	1997
				21.94c	Nick Holcomb (La Sierra)	21.7	2002
				21.94	Ray Blackburn (Jurupa)		1998
				21.94	Connor Edwards (Chaparral)		2016
				21.95	Johnathan Warren (Santiago)		2016
20.14	Michael Norman (Vista)		2016	21.95	Justin Porter (Vista)		2006
20.76	Bryan Howard (Canyon Springs)		1994	21.96	Dallas Deville (Perris)		2013
21.04c	Sam Elmore (Banning)	20.9	1995	21.96	George McKinley (Arlington)		1980
21.17	Jonathan Williams (Temecula)		2006	21.97	Tyrone Thompson (Perris)		1984
21.17	Elijah Mitchell (Roosevelt)		2013	21.98	Derek Favorite (Centennial)		1993
21.21	Isaiah Braden (Moreno Valley)		2011	21.98	Dejon Wise (Rancho Verde)		2013
21.21	*Isaiah Cunningham (Rancho Verde)		2016	21.98	Allan Curry (Canyon Springs)		1998
21.22	*Bernard Quinn (Vista)		2011	22.00	Dameon Burnham (Roosevelt)		2011
21.23	Reggie Wyatt (La Sierra)		2009	22.00	Jamal Orme (King)		2014
21.24	Ennis Jones (North)		2006	22.00	Jordan Lucas (Great Oak)		2014
21.27	*Rodney Storrs (Santiago)		2008	22.00	Keith Neal (Poly)		1985
21.29	* Damion Marshall (Great Oak)		2014	22.02	Thomas Henry (North)		2007
21.30	*Jovonte Slater (Vista)		2010	22.02	DeShawn Smith (San Jacinto)		2006
21.33	Tommy Curry (North)		2008	22.02	Derek Banks (Rubidoux)		1992
21.37	Nevin Gutierrez (North)		2000	22.03	Eddie Johnson (Arlington)		1997
21.40	Derrick Johnson (Notre Dame)		2000	22.03			

200 meters

20.14	Michael Norman (Vista)		2016	21.95	Johnathan Warren (Santiago)		2016
20.76	Bryan Howard (Canyon Springs)		1994	21.96	Justin Porter (Vista)		2006
21.04c	Sam Elmore (Banning)	20.9	1995	21.96	Dallas Deville (Perris)		2013
21.17	Jonathan Williams (Temecula)		2006	21.97	George McKinley (Arlington)		1980
21.17	Elijah Mitchell (Roosevelt)		2013	21.98	Tyrone Thompson (Perris)		1984
21.21	Isaiah Braden (Moreno Valley)		2011	21.98	Derek Favorite (Centennial)		1993
21.21	*Isaiah Cunningham (Rancho Verde)		2016	21.98	Dejon Wise (Rancho Verde)		2013
21.22	*Bernard Quinn (Vista)		2011	22.00	Allan Curry (Canyon Springs)		1998
21.23	Reggie Wyatt (La Sierra)		2009	22.00	Dameon Burnham (Roosevelt)		2011
21.24	Ennis Jones (North)		2006	22.00	Jamal Orme (King)		2014
21.27	*Rodney Storrs (Santiago)		2008	22.00	Jordan Lucas (Great Oak)		2014
21.29	* Damion Marshall (Great Oak)		2014	22.02	Keith Neal (Poly)		1985
21.30	*Jovonte Slater (Vista)		2010	22.02	Thomas Henry (North)		2007
21.33	Tommy Curry (North)		2008	22.02	DeShawn Smith (San Jacinto)		2006
21.37	Nevin Gutierrez (North)		2000	22.03	Derek Banks (Rubidoux)		1992
21.40	Derrick Johnson (Notre Dame)		2000	22.03	Eddie Johnson (Arlington)		1997

22.03	Matthew Williams (Vista del Lago)		2012	22.37	**Xavion Steele (Fahquitz)		2015
22.04	Woodie Leonard (Ramona)		1992	22.38	Tyree Sullivan (Norte Vista)		1999
22.04	Troy McKnight (Canyon Springs)		1991	22.38	Tyler Slavin (Roosevelt)		2010
22.04c	Tee Sullivan (Norte Vista)	21.8	2001	22.38	Wyatt Staggers (Lakeside)		2013
22.04c	Chad Jervis (Paloma Valley)	21.8	2004	22.38	Erick Ramos (Hemet)		2015
22.04	*Christopher Wilcox (Roosevelt)		2015	22.38	Alex Aviles (Chaparral)		2016
22.04	Jonathan Essien (King)		2016	22.39	*Tyler Kennedy (Rancho Verde)		2016
22.05	Willie Bowen (Twin Pines)		2000	22.41	Keith Bullard (Canyon Springs)		1991
22.07	*Kei-Ron Long (Vista)		2012	22.41	David Monay Cathedral City		2007
22.08	Lew Dunn (North)		1982	22.41	Cedric Foster (North)		2007
22.08	Matt Tyson (Roosevelt)		2012	22.41	*Ryan Wade (Mesa)		2015
22.09	**Thomas Graham (Roosevelt)		2015	22.42	Deondrae Brooks (Vista)		2013
22.09	Cavan Bluit (Rancho Verde)		2015	22.43	David Biggs (Rancho Verde)		2006
22.10	Necho Beard (Rancho Verde)		2010	22.44c	Arnold Maier (Palm Springs)	22.2	1981
22.11+	Larry Thompson (Ramona)	22.0y	1970	22.44c	Mike Ails (Moreno Valley)	22.2	1990
22.11	Paul Robertson (Rancho Verde)		2009	22.44c	Kevin Dorsey (Palm Springs)	22.2	1991
22.12	Matt Maybeno (Hemet)		2002	22.44c	Robert Murray (Indio)	22.2	1995
22.12	Anthony Smith (Paloma Valley)		2014	22.44c	Jason Dandridge (Valley View)	22.2	1995
22.14c	Issac Greer (Elsinore)	21.9	1979	22.44c	Damian Barton (Centennial)	22.2	1996
22.14c	Tyree Washington (La Sierra)	21.9	1994	22.44c	Walker (Perris)	22.2	1996
22.14c	McGill Kyser (Norco)	21.9	1994	22.44c	Raheem Lambert (Norte Vista)	22.2	1997
22.14c	Marshall Johnson (Norte Dame)	21.9	1999	22.44c	Waymond Fermon (Indio)	22.2	1997
22.14c	Jeff Henry (Norte Vista)	21.9	2001	22.44	Mel Green (Rancho Verde)		1998
22.14c	Jeff Garrison (North)	21.9	2001	22.44c	Nathan Irvin (Poly)	22.2	1999
22.14	Willie Smith (Banning)		2004	22.44c	Donny Thompson (Canyon Springs)	22.2	2004
22.14	*Bubba Luna (Great Oak)		2009	22.44	*Christopher Byers (Roosevelt)		2014
22.15+	Tim Callier (Perris)	22.28y	1987	22.44	**James Nool (Great Oak)		
22.15	Curbs Baxter (San Jacinto)		2007				
22.15	*Terance Narvaez (Canyon Springs)		2011	Wind-Aided:			
22.17	Mike Norfolk (Palm Desert)		1995	20.06	Michael Norman (Vista)		2016
22.18	Gerard Glass (Great Oak)		2009	21.06	Rodney Storrs (Santiago)		2009
22.19	Erik Dvoran (Rancho Verde)		2003	21.11	*Jovonte Slater (Vista)		2010
22.19	*Paul Rpberton (Rancho Verde)		2008	21.13	Marshall Johnson (Notre Dame)		1999
22.19	Matt Galloway (Elsinore)		2015	21.13	Bryan Adams (Roosevelt)		2009
22.20	**Jabriel Smith JW North)		2016	21.15	*Isaiah Cunninham (Rancho Verde)		2016
22.21	Michael Mazur (Vista)		2011	21.19	Ennis Jones (North)		2006
22.23	Jasper Williams (Rubidoux)		1992	21.19	**Cole Dubots (Vista)		2015
22.23	Henry Thomas (North)		2006	21.21	Reggie Wyatt (La Sierra)		2009
22.24c	LaSalle Hughey (Rubidoux)	22.0	1991	21.22	Kenny Jackson (Elsinore)		2009
22.24c	Marlando Lewis (Hemet)	22.0	1991	21.39	Nevin Gutierrez (North)		2007
22.24c	Trevor Knox (Temecula Valley)	22.0	2001	21.41	Gerg Hornsby (Rancho Verde)		2009
22.24c	Alvin Robinson (Valley View)	22.0	2002	21.46	*John Kane (Great Oak)		2012
22.24	Theartis Grigsby (Vista)		2012	21.46	*Antonio Mitchell (Vista)		2014
22.24	Chao Winters (Santiago)		2015	21.50	Johnathan Warren (Santiago)		2016
22.26	Angelo DeWitt (Indio)		1986	21.51	Ennis Jones (La Sierra)		2005
22.26	Quincy Fleming (Canyon Springs)		1990	21.52	Bryan Williams (Valley View)		2007
22.26	*Alex Larson (Linfield)		2013	21.54	Logen Casavant (Rancho Mirage)		2016
22.27	Corey Merrill (Moreno Valley)		1992	21.55	Napoleon Singletary (Roosevelt)		2012
22.28	Marcus Love (Lakeside)		2013	21.57	Chris Massey (Valley View)		1998
22.28	Ricky Adams (Vista)		2016	21.63	*Terance Narvaez (Canyon Springs)		2011
22.32	Jeff Skaylsky (Temecula)		1992	21.64c	David Angulo (Cathedral City)	21.4	2002
22.32	John Crain (Moreno Valley)		2010	21.64c	Nate Koch (Temecula)	21.4	2005
22.32	Terance Narvaez (Canyon Springs)		2012	21.65	*Roshard Williams (Roosevelt)		2016
22.32	Carlos Orozco (Corona)		2013	21.69	Stoney Jordan (Indio)		1992
22.33	Bobby Nava (Perris)		1988	21.71	Carlos Wedlow (Mesa)		2016
22.33	Duncan Boyd (Moreno Valley)		1989	21.71	*Isiah Fuller (Roosevelt)		2016
22.33	William League (Rancho Verde)		1993	21.73	Anthony Daniels (Canyon Springs)		2002
22.33	Sean Burd (Great Oak)		2011	21.74c	Ronald Howard (North)	21.5	2002
22.34c	Marc Chrishon (Temecula)	22.1	1990	21.74c	Ray Bass (Centennial)	21.5	2002
22.34c	Tony Davis (Corona)	22.1	1999	21.77	Mickey Grimes (Moreno Valley)		1994
22.34c	Steve Angulo (Cathedral City)	22.1	2002	21.77	Matthew Williams (Vista del Lago)		2012
22.34	Melvin Johnson (Valley View)		2001	21.77	**Thomas Graham (Roosevelt)		2015
22.34c	Chris Whitlock (Valley View)	22.1	2001	21.80	David Hooks (Corona)		2016
22.34c	Damon Morton (North)	22.1	2002	21.81	Deontae Cooper (Citrus Hill)		2009
22.34c	Matt Padilla (Arlington)	22.1	2002	21.81	*Damion Lee (Palm Springs)		2016
22.34c	Michael Moore (Canyon Springs)	22.1	2004	21.83	Dameon Burham (Roosevelt)		2011
22.35	Nathan Charlton (Rubidoux)		2000	21.84	David Williams (Elsinore)		2009
22.35	Chase Aaronson (Palm Springs)		2007	21.86	Christopher Wilcox (Roosevelt)		2016
22.35	*Necho Beard (Rancho Verde)		2009	21.87	**Jabriel Smith (KJW North)		2016
22.35	*Larry Scott (Centennial)		2010	21.89	Dallas Deville (Perris)		2013
22.35	*Cameron Snowden (Poly)		2013	21.90	*Rasaun House (Rancho Verde)		2016
22.36	Khurtis Henry (Murrieta)		2009	21.95	Tommy Curry (North)		2007
22.36	Anthony Goodwin (Great Oak)		2010	21.95	*Lorenzo Burns (Linfield)		2015
22.36	Shawn Williams (Mesa)		2016	21.95	Pierre Harris (San Jacinto)		2015
22.37	*Troy Cannon (Poly)		2010	21.96	**Xavion Steele (Fahquitz)		2015

21.97	DeShawn Smith (San Jacinto)		2006	47.56	Darrell Willis (Norco)		1981
22.00	*Kenya Johnson (Moreno Valley)		2016	47.59	*Bernard Quinn (Vista)		2011
22.02	*Theartis Grigsby (Vista)		2011	47.60	Ennis Jones La Sierra		2005
22.03	Shawn Williams (Chaparral)		2016	47.68	*Isaiah Cunningham (Rancho Verde)		2016
22.05	*Tyler Brown (La Quinta)		2011	47.77	Anthony Daniels (Canon Springs)		2002
22.07	Matt Tyson (Roosevelt)		2012	47.93	LaSalle Hughey (Rubidoux)		1991
22.07	Matt Galloway (Elsinore)		2015	47.95	Bryan Adams (Roosevelt)		2009
22.08	*Bubba Luna (Great Oak)		2009	47.97	Christopher Wilcox (Roosevelt)		2016
22.08	Marcus Love (Lakeside)		2013	47.99	Sean Burd (Great Oak)		2011
22.10	Paul Robertson (Rancho Verde)		2009	48.01	Derek Johnson (Notre Dame)		1999
22.11	Nephi Garcia (Palm Springs)		2011	48.04	Ennis Jones (North)		2006
22.11	Alex Aviles (Chaparral)		2016	48.06+	Chris Harper (Arlington)	48.2y	1980
22.14c	McGill Kyser (Norco)	21.9	1994	48.06	Paul Robertson (Rancho Verde)		2009
22.14	Willie Smith (Banning)		2004	48.06	Tyler Brown (La Quinta)		2012
22.17	Richard Marvray (Centennial)		2009	48.18	Terence Naracz (Canyon Springs)		2012
22.18	*Joel Hotchkins (Chaparral)		2008	48.18	Deondrae Brooks (Vista)		2013
22.18	Ramon Marshall (Rancho Verde)		2009	48.21	Derek Favorite (Centennial)		1993
22.19	Keith Welpner (West Valley)		2011	48.22	C.J. Reed ((Poly)		1996
22.20	Marquise Cox (North)		2008	48.31	Justin Porter (Vista)		2006
22.20	Garrette Biggers (North)		2011	48.32	**Tyler Brown (La Quinta)		2010
22.21	Nick Mixon (Vista)		2007	48.33	Jason Campbell (North)		1993
22.24c	Justin Porter (Vista)	22.0	2005	48.38	David Angulo (Cathedral City)		2002
22.24	*Larry Scott (Centennial)		2010	48.41	Nick Mc Cullom (Perris)		1998
22.25	Gerry Lewis (Corona)		2012	48.41	Matthew Williams (Vista del Lago)		2012
22.26	Brandon Langford (Beaumont)		2009	48.44	Bryan Howard (Canyon Springs)		1994
22.26	Dejon Wise (Rancho Verde)		2013	48.44	Chris Massey (Valley View)		1999
22.27	*David Williams (Elsinore)		2008	48.44c	Rex Butler (West Valley)	48.3	2001
22.27	Tyler Slavin (Roosevelt)		2010	48.48	Jared Lewis (Poly)		1995
22.27	*Ryan Wade (Mesa)		2015	48.48	*Justin Porter (Vista)		2005
22.27	*Tarik Hutchinson (Citrus Hill)		2016	48.53	* Damion Marshall (Great Oak)		2014
22.28	Norman Boyd (La Sierra)		2008	48.56+	Bruce Kitchen (Poly)	48.7y	1954
22.30	Garrett Biggers (North)		2012	48.56	*Anthony Reyes (Elsinore)		2016
22.30	**Anthony Easte (Roosevelt)		2015	48.60	Immanuel Hutchinson (San Jacinto)		2011
22.30	Philan Burleson (Vista del Lago)		2016	48.61	Kenneth Anderson (Roosevelt)		2010
22.31	Dre McIntosh (Great Oak)		2013	48.65	*Jovonte Slater (Vista)		2010
22.31	Ronald Gaither (Moreno Valley)		2014	48.66+	Art Gilmore (Poly)	48.8y	1956
22.31	*Javon McKinley (Centennial)		2015	48.69	Matt Tyson (Roosevelt)		2012
22.32	*Connor Edwards (Chaparral)		2015	48.69	Winston Sterling (Valley View)		2012
22.32	*Anthony Reyes (Elsinore)		2016	48.70	Chauncey Young (North)		1997
22.33	* Christopher Byers (Roosevelt)		2014	48.70	Claudell Walter (North)		1999
22.34c	Patrice Houston (Indio)	22.1	1991	48.72	*Cole Dubots (Vista)		2016
22.34c	Michael Moore (Canyon Springs)	22.1	2004	48.75+	Dan Gormley (Ramona)	48.9y	1964
22.34c	James Carter (Canyon Springs)	22.1	2005	48.77	*Brett Moulton (Santiago)		2012
22.34c	Seon Tenney (Rancho Verde)	22.1	2005	48.80	David Williams (Elsinore)		2009
22.34c	Andrew Jacobson (Vista del Lago)	22.1	2005	48.81	Lew Dunn (North)		1982
				48.83	Thomas Long (Corona)		1994
				48.85+	Roger Aldridge (North}	49.0y	1967
				48.85+	Larry Dean (Moreno Valley)	49.14y	1978
				48.89	Garrett Biggers (North)		2012
				48.89	*Owintin Workman (Temecula)		2016
				48.90	Bubba Luna (Great Oak)		2010
				48.92	Mike Lyles (Rancho Verde)		2013
				48.93	Louis Amestoy (Banning)		1989
				48.93	Marshall Johnson (Notre Dame)		1999
				48.99	Brandon Ruffin (Santiago)		2011
				49.02	Derrick Jackson (Moreno Valley)		2010
				49.04	Marcus Graham (North)		2001
				49.05+	Greg Thomas (Poly)	49.2y	1980
				49.05+	Dick Stone (Poly)	49.2y	1965
				49.05	Ruben Danielson (Rancho Verde)		2010
				49.06	Oliver Brown (Palm Springs)		1988
				49.09	Shawn Williams (Mesa)		2016
				49.10	Bobby Nava (Perris)		1988
				49.11	Jabin Sambrano (Great Oak)		2008
				49.12	Richard Lay (Norte Vista)		1987
				49.14c	Keith Neal (Poly)	49.0	1984
				49.14c	Angello DeWitt Indio)	49.0	1986
				49.14c	Avionne James (Perris)	49.0	2002
				49.14	*Willie Contreras (North)		2010
				49.15+	Kenny Simmons (Moreno Valley)	49.3y	1977
				49.15	* Evan Tyler (Roosevelt)		2014
				49.18	Curly Bledsoe (Banning)		2001
				49.18	*Josh Mitchell (Roosevelt)		2009
				49.22	Eddie Johnson (Arlington)		1997
				49.22	David Hooks (Corona)		2016

210 yards

21.3 Don Lebow (North) 1970

220 yards (Straight)

20.8	John James (Penis)		1964	48.93			
20.9	Jerry McCullough (Poly)		1957	48.93			
20.9	Tom Scott (Palm Springs)		1966	48.99			
21.0	Garry Crystal (Coachella)		1959	49.02			
21.1	John Holbrook (Norte Vista)		1967	49.04			
21.1	Leevan Roberts (North)		1968	49.05+		49.2y	1980
21.3	Marshall Anderson (Poly)		1953	49.05+		49.2y	1965
21.3	Joe Williamson (Poly)		1961	49.05			2010
21.4	Bob Skiver (Poly)		1939	49.06			1988
21.5	Jerry Varnell (Poly)		1955	49.09			2016
21.5	Dick Stone (Poly)		1966	49.10			1988

400 meters

45.19	*Michael Norman (Vista)		2015	49.14c		49.0	1984
46.13	Reggie Wyatt (La Sierra)		2009	49.14c		49.0	1986
46.34	Tyree Washington (La Sierra)		1995	49.14c		49.0	2002
46.79	Nevin Gutierrez (North)		2006	49.15+			2010
46.87	**Reggie Wyatt (North)		2007	49.15			1977
46.93	Logen Casavant (Rancho Mirage)		2016	49.18			2014
47.47	Derrick Johnson (Notre Dame)		2000	49.18			2001
47.58	Connor Edwards (Chaparral)		2016	49.18			2009
47.52	Ken Moon (Corona)		2004	49.22			1997
				49.22			2016

49.23	*Anthony Easter (Roosevelt)		2016	49.99	Alex Barwinski (Canyon Springs)		1999
49.24c	Troy Collins (Hemet)	49.1	1989	49.99	Allen Young (Temescal)		2006
49.24c	Tristan Taylor (King)	49.1	2004	50.00	* A'Mari Howland (Canyon Springs)		2014
49.25+	John Davis (Ramona)	49.4y	1965	50.01	James Rodriguez (Palm Springs)		2014
49.25+	Field (Indio)	49.4y	1972	50.01+	Johnson (Palo Verde)	50.30y	1978
49.25	*Maxx Mills (Great Oak)		2008	50.02+	Coleman (Palm Springs)	50.2y	1976
49.25	Kenny Brown (Poly)		2010	50.02	Mark Krause (Nome Dame)		1981
49.27	Tyler Slavin (Roosevelt)		2010	50.04c	Walker (Ramona)	49.9	1970
49.29	Dante Reese (Canyon Springs)		1994	50.04c	Derek Gordon (Canyon Springs)	49.9	1991
49.29	Curtis Baxter (San Jacinto)		2007	50.04	Quentin Galloway (JW North)		2014
49.33	Jamal James (Jurupa Valley)		1998	50.05+	Tony DeWitt (Indio)	50.2y	1984
49.33	Scott Eden (Temescal)		1999	50.05	* Kevin Hatchet (Great Oak)		2014
49.33	Edgar Ramirez (Coachella Valley)		2015	50.05+	Fair (Corona)	50.2y	1978
49.34	Ricky Adams (Vista)		2016	50.06	Jordan Randolph (Valley View)		2014
49.35c	Jerry Vernell (Poly)	49.5y	1955	50.07	Bryan Phan (Mesa)		2015
49.35	Jesse Ooten (Rancho Verde)		2007	50.08	Eric Green (Norco)		1991
49.38	David Tones (La Quinta)		1999	50.09	Josh Potter (Murrieta)		2009
49.40	DeAndre Thornton (Arlington)		2014	50.10	Erick Ramos (Hemet)		2015
49.40	Koty Burton (La Quinta)		2016	50.12	*Justin Martinez (Rancho Verde)		2012
49.41	Ramon Marshall (Rancho Verde)		2009	50.13	Jayson Boyd (North)		2001
49.42	Metters (Ramona)	49.5y	1969	50.13	Joel Casillas (Rancho Verde)		2007
49.42	Chuck Whitehead (Elsinore)		1989	50.15+	John Laster (Palm Springs)	50.3y	1955
49.42	Dane Hurd (Rancho Verde)		2006	50.15+	Gary Smith (Hemet)	50.3y	1965
49.44c	Arnold Maier (Palm Springs)	49.3	1981	50.15+	Richard Grout (North)	50.3y	1972
49.44c	Danny Harris (Perris)	49.3	1983	50.15	Xavier Thomas (Indio)		2012
49.44c	Aaron Westbrook (North)	49.3	2007	50.16	Mike Howe (North)		1981
49.47	Kevin Gueste (Moreno Valley)		1991	50.16	Cavan Bluit (Rancho Verde)		2015
49.48	Riley Warren (Rubidoux)		1992	50.16	Xavion Steele (Tahquitz)		2015
49.52	Isaac Cortes (Great Oak)		2016	50.17	Chaio Winters (Santiago)		2015
49.56	Maxx Mills (Great Oak)		2009	50.17	Jeremiah Bias (Vista del Lago)		2015
49.58	Derek Banks (Rubidoux)		1992	50.19	Ahmed El-Daggeg (Beaumont)		2002
49.58	*Kyle Garner (Vista)		2012	50.20	CJ Walsh (Vista)		2013
49.58	Travis Thomas (King)		2013	50.20	Cristian Johnes (Roosevelt)		2016
49.60	** Thomas Graham (Roosevelt)		2015	50.21	Tyler MacDonald (Beaumont)		2010
49.61	* Jarett Carter (Heritage)		2014	50.21	Luke Cunningham (Woodcrest Christian)		2011
49.64	* Solomon Ponomarev (Lakeside)		2014	50.22	Justin Martinez (Rancho Verde)		2013
49.65+	Alexander (Corona)	49.8y	1969	50.22	* Christopher Byers (Roosevelt)		2014
49.65+	Bob Gates (Banning)	49.8y	1986	50.24c	Shawn Casteel (Rubidoux)	50.1	1991
49.65	Jason Carodine (Moreno Valley)		1999	50.24c	Joel Casillas (Rancho Verde)	50.1	2008
49.67	Frank Fleming (Perris)		1995	50.24	Pierre Harris (San Jacinto)		2015
49.67	Jarett Carter (Heritage)		2015	50.25+	Johnny James (Perris)	50.4y	1964
49.68	Adam Winding (Heritage)		2016	50.25+	Daniel (Hemet)	50.4y	1975
49.69	Nat Tucker Corona)		1983	50.25+	Wilcox (Penis)	50.4y	1980
49.71	Nate Koch (Temecula)		2005	50.26	*Domanick Murray (Palm Springs)		2016
49.74c	Charles Denton (West Valley)	49.6	2005	50.27	Kephyan Sheppard (Palm Springs)		1996
49.74	Max Mills (Great Oak)		2007	50.27	Jacob Roth (Santiago)		2004
49.74	Mohsin Sabrin (King)		2016	50.27	Bernard Quinn (Vista)		2012
49.75+	Don Lebow (North)	49.9y	1970	50.28	Jason Watkins (Arlington)		1995
49.76	**Parris Samaniego (Vista)		2016	50.28	Dino Sloan (La Sierra)		2010
49.79	*Tyler Slavin (Roosevelt)		2009	50.29	Aaron Anderson (North)		1989
49.79	Austen Salcedo (Mesa)		2016	50.29	Joe Kaylor (Paloma Valley)		2009
49.80	Michael Lyles (Rancho Verde)		2013	50.29	*Alex Larson (Linfield)		2013
49.81	Robbie Edwards (Hemet)		1990	50.32	Erik Dvoran (Rancho Verde)		2003
49.81	Evan White (Great Oak)		2013	50.32	Talmadge Jackson (Temecula)		2006
49.81	Bakari Fant (Rancho Verde)		2008	50.32	Anthony Ceja (Perris)		2012
49.82	Anthony Spencer (Vista del Lago)		2006	50.33	Charles Ntekim (Murrieta)		2003
49.81	Caleb Miller (Canyon Springs)		2010	50.34	Jeremy Marino (Great Oak)		2012
49.82	*Dre McIntosh (Great Oak)		2012	50.35+	Miller (Palm Springs)	50.5y	1965
49.82	Leran Hutchings (Roosevelt)		2011	50.35+	Watson (Palo Verde)	50.5y	1973
49.83	Randy Bishop (Canyon Springs)		1993	50.35+	Conterras (Coachella)	50.5y	1973
49.83	Jose Cancholla (Indio)		1999	50.36	Talmadge Jackson (Chaparral)		2005
49.84c	Nick McCullom (Perris)	49.7	1998	50.36	*Joe Quinonez (Elsinore)		2010
49.84	Wesley Smith (Notre Dame)		2016	50.37	Andre Bernard-Joseph (Roosevelt)		2015
49.85+	Willis Jones (Poly)	50.0y	1955	50.37	**Tyler Moss (Moreno Valley)		2016
49.86	*Caleb Miller (Canyon Springs)		2009	50.38	John Ramirez (Norco)		2016
49.90	Brian Coan (Poly)		2006	50.39	Will Jerkins (Rancho Verde)		2006
49.90	Willie Contreras (North)		2011	50.40	Marvin Epps (King)		2010
49.90	Arnie Quintanilla (Valley View)		2016	50.42	*Roshard Williams (Roosevelt)		2016
49.93	Andy Woods (North)		1983	50.44c	Jeremiah Willies (Perris)	50.3	2002
49.93	Kenny Anderson (Roosevelt)		2010	50.44c	Sterling Winston (Valley View)	50.3	2011
49.95+	Danny Frey (Corona)	50.1y	1954	50.45	Jose Hernandez (Norte Vista)		1993
49.95+	Daniel (Hemet)	50.1y	1976	50.46	Rashad Bracy (Arlington)		1998
49.95+	Austin (Perris)	50.1y	1979	50.46	Rendall Jacob (Vista)		2008
49.96	Dante Holland (North)		2008	50.47	Jermaine Johnson (San Jacinto)		1996
49.96	Lazaro Marin (Roosevelt)		2015	50.48	Patrick Daniels (Paloma Valley)		2008

50.49	Joey Delgado (Coachella Valley)	2003	1:55.81	Juan Canchola (Indio)	1999
50.52	Greg Hollingsworth (Temecula)	2001	1:55.89	Fernando Cerda (Corona)	2010
50.53	Alberto Zatarain (Palm Springs)	2007	1:56.00	Abel Tijerina (Indio)	2011
50.33	Steve Norton (La Sierra)	2008	1:56.00	Tyler Janes (King)	2016
50.50	Nelson Quintana (Great Oak)	2016	1:56.05	Andy Perezchica (Cathedral)	2003
50.51	Isaiah Thomas (Indio)	2014	1:56.14	Jeff Green (Temecula)	2000
50.54c	Kenny Johnson (Canyon Springs)	50.4	1990	*Garrett Mullennix (Vista)	2013
50.54c	Matt Stanford (Poly)	50.4	2002	Junior Rodriguez (Rancho Verde)	2003
50.54	Chris Taylor (Perris)	2006	1:56.25	Angel Sigeti (Murrieta)	2008
50.54	Paul Robertson (Rancho Verde)	2007	1:56.27	**Kyle Pendleton (Santiago)	2016
			1:56.28	David Haskell (Elsinore)	1989
			1:56.28	Bennett Harris (Chaparral)	2011
			1:56.29	Josh Mejia (Perris)	2005
			1:56.3+	LeRoy Weed (Coachella)	1:57.0y 1938
			1:56.30	Irving Moreno (Poly)	1998
			1:56.34	Joseph Jauregui (Valley View)	2012
			1:56.37	Carlos Cota (Indio)	1981
			1:56.4+	Jeffredo (Coachella)	1:57.1y 1977
			1:56.41	Frank Lemus (Coachella)	1992
			1:56.43	Spencer Knight (La Sierra)	2007
			1:56.44	Carlos Duran (Vista)	2009
			1:56.55	John Baldaray (Arlington)	1997
			1:56.55	Jeremiah Bias (Vista del Lago)	2015
			1:56.57	*David Spangler (Hemet)	2011
			1:56.66	Thomas Polhill (Temecula)	2006
			1:56.67	Brian Harris (Murrieta)	2004
			1:56.68	Tyler MacDonald (Beaumont)	2010
			1:56.70	Tyler Rackleff (Great Oak)	2010
			1:56.73	Dustin Russell (Temecula)	2002
			1:56.80	Chris Gonzalez (Perris)	1981
			1:56.82	Darval Jackson (JW North)	2016
			1:56.9	Marco Zaragoza (Vista del Lago)	2011
			1:56.91	Matt Kern (La Sierra)	2002
			1:56.91	Nelson Maravilla (Desert Hot Springs)	2004
			1:56.92	James Hawkins (Palm Desert)	2006
			1:56.97	*David Luna (Indio)	2013
			1:56.98	Alex Orozco (La Quinta)	2013
			1:57.0+	Sinclair (Perris)	1:57.7y 1935
			1:57.01	Carlos Ortega (Vista)	2007
			1:57.01	*Jaleel Turner (Rancho Verde)	2016
			1:57.03	Jovani Hernandez (Canyon Springs)	2010
			1:57.15	Solomon Demeko-Ousman (Heritage)	2014
			1:57.17	Erick Juarez (Norte Vista)	2015
			1:57.19	Brad Baldwin (Centennial)	1998
			1:57.22	Austin Mckell (King)	2010
			1:57.23	Nick Childers (Great Oak)	2009
			1:57.24	Andre Brown (Canyon Springs)	2002
			1:57.29	Danny Guy (La Sierra)	2002
			1:57.3+	Richard Grout (North)	1:58.0y 1972
			1:57.3+	Escarsega (Perris)	1:58.0y 1979
			1:57.32	Kevin Vega (San Jacinto)	2011
			1:57.33	Ryan Rigali (Great Oak)	2010
			1:57.34	**Julian Robles (Roosevelt)	2015
			1:57.35	Brett Campfield (Temecula)	2004
			1:57.35	*Andrew Nevarrez (Cathedral City)	2016
			1:57.39	Armando Lerma (Indio)	1993
			1:57.4+	Peyton (Beaumont)	1:58.1y 1973
			1:57.4+	M. Lewis (Perris)	1:58.1y 1974
			1:57.40	Jose Rodriguez (Rancho Verde)	2002
			1:57.40	Trevor Smith (Arlington)	2008
			1:57.46	Julian Hernandez (Corona)	2012
			1:57.51	*Carlos Ortega (Vista)	2008
			1:57.57	Brandon Berz (King)	2013
			1:57.6	Tony Croson (Temescal)	2000
			1:57.60	Cole Spencer (Great Oak)	2016
			1:57.69	**Branden Randall (Roosevelt)	2013
			1:57.7+	J. Cooke (Corona)	1:58.4y 1966
			1:57.71	Tim Lumpkin (Murrieta Valley)	1998
			1:57.71	Matt Gluck (Murrieta Valley)	1999
			1:57.72	Stefon Young (Palm Springs)	2010
			1:57.72	Jonathan Lopez (Roosevelt)	2009
			1:57.76	*Casey Cruz (La Quinta)	2015
			1:57.77	Chris Layman (Corona)	2000
			1:57.77	Noe Ramirez (Vista)	2009
			1:57.77	*Freddy Martinez (Perris)	2015

800 Meters

1:48.56	Immanuel Hutchinson (San Jacinto)	2011	1:56.3+	LeRoy Weed (Coachella)	1:57.0y 1938
1:50.20	Isaac Cortes (Great Oak)	2016	1:56.30	Irving Moreno (Poly)	1998
1:50.62	Nelson Quintana (Great Oak)	2016	1:56.34	Joseph Jauregui (Valley View)	2012
1:51.51	**Brett Moulton (Santiago)	2011	1:56.37	Carlos Cota (Indio)	1981
1:51.56	*Jeremiah Bias (Vista del Lago)	2014	1:56.4+	Jeffredo (Coachella)	1:57.1y 1977
1:51.59	Ruben Danielson (Rancho Verde)	2010	1:56.41	Frank Lemus (Coachella)	1992
1:51.76	Isaiah Thompson (Sherman Indian)	2013	1:56.43	Spencer Knight (La Sierra)	2007
1:51.78	Kevin Gonzalez (Vista)	2012	1:56.44	Carlos Duran (Vista)	2009
1:51.81	*Ray Noble (Valley View)	2010	1:56.55	John Baldaray (Arlington)	1997
1:51.83	Robert Frichtel (Hemet)	1996	1:56.55	Jeremiah Bias (Vista del Lago)	2015
1:51.87	*Emmanuel Ngula (Vista del Lago)	2008	1:56.57	*David Spangler (Hemet)	2011
1:51.95	Cobie Chavez (Temescal Canyon)	2015	1:56.66	Thomas Polhill (Temecula)	2006
1:52.12	Omar Solis (Vista)	2013	1:56.67	Brian Harris (Murrieta)	2004
1:52.47	Edgar Cobian (La Sierra)	2012	1:56.68	Tyler MacDonald (Beaumont)	2010
1:52.53	Troy Collins (Hemet)	1989	1:56.70	Tyler Rackleff (Great Oak)	2010
1:52.63	Nathan Torres (King)	2013	1:56.73	Dustin Russell (Temecula)	2002
1:52.7+	Elmore Ohly (Coachella)	1:53.4y 1962	1:56.80	Chris Gonzalez (Perris)	1981
1:52.71	Porter Reddish (Vista)	2013	1:56.82	Darval Jackson (JW North)	2016
1:52.77	**Edgar Cobian (La Sierra)	2010	1:56.9	Marco Zaragoza (Vista del Lago)	2011
1:52.8	Jesse Cota (Coachella)	1980	1:56.91	Matt Kern (La Sierra)	2002
1:52.82	Josh Silva (Corona)	2015	1:56.91	Nelson Maravilla (Desert Hot Springs)	2004
1:53.10	*Steve Norton (La Sierra)	2007	1:56.92	James Hawkins (Palm Desert)	2006
1:53.2+	David Edds (Banning)	1:53.9y 1976	1:56.97	*David Luna (Indio)	2013
1:53.22	Michael Hewitt (Great Oak)	2012	1:56.98	Alex Orozco (La Quinta)	2013
1:53.28	Ian Ritchie (Murrieta)	2003	1:57.0+	Sinclair (Perris)	1:57.7y 1935
1:53.33	Raul Arcos (Corona)	2008	1:57.01	Carlos Ortega (Vista)	2007
1:53.38	Raul Serratos (Moreno Valley)	1986	1:57.01	*Jaleel Turner (Rancho Verde)	2016
1:53.42	Dontell Holland (North)	2009	1:57.03	Jovani Hernandez (Canyon Springs)	2010
1:53.43	*Nelson Quintana (Great Oak)	2015	1:57.15	Solomon Demeko-Ousman (Heritage)	2014
1:53.62	Clint Coon (Hemet)	1997	1:57.17	Erick Juarez (Norte Vista)	2015
1:53.7+	Wayne Lemmons (Poly)	1:54.4y 1956	1:57.19	Brad Baldwin (Centennial)	1998
1:53.98	Brandon Shaw (Rancho Verde)	1999	1:57.22	Austin Mckell (King)	2010
1:54.0+	Monty Felix (Poly)	1:54.7y 1966	1:57.23	Nick Childers (Great Oak)	2009
1:54.08	Joel Cota (Indio)	2003	1:57.24	Andre Brown (Canyon Springs)	2002
1:54.39	Aaron Potts (Roosevelt)	2012	1:57.29	Danny Guy (La Sierra)	2002
1:54.45	Christian Rojas (Canyon Springs)	2004	1:57.3+	Richard Grout (North)	1:58.0y 1972
1:54.66	Mike O'Boyle (Hemet)	1986	1:57.3+	Escarsega (Perris)	1:58.0y 1979
1:54.68	Dylan Knight (La Sierra)	2006	1:57.32	Kevin Vega (San Jacinto)	2011
1:54.75	Doug Frichtel (Hemet)	1995	1:57.33	Ryan Rigali (Great Oak)	2010
1:54.79	Spencer Dodds (Great Oak)	2016	1:57.34	**Julian Robles (Roosevelt)	2015
1:54.86	Casey Cruz (La Quinta)	2016	1:57.35	Brett Campfield (Temecula)	2004
1:54.89	*Caleb Potts (Roosevelt)	2009	1:57.35	*Andrew Nevarrez (Cathedral City)	2016
1:54.9+	Larry Dean (Moreno Valley)	1:55.6y 1978	1:57.39	Armando Lerma (Indio)	1993
1:55.07	Ricardo Villalobos (Ramona)	1995	1:57.4+	Peyton (Beaumont)	1:58.1y 1973
1:55.09	David Branch (Woodcrest Christian)	2007	1:57.4+	M. Lewis (Perris)	1:58.1y 1974
1:55.1+	Mark Fricker (Hemet)	1:55.8y 1978	1:57.40	Jose Rodriguez (Rancho Verde)	2002
1:55.11	Alex Aguilar (Norte Vista)	1991	1:57.40	Trevor Smith (Arlington)	2008
1:55.14	Andrew Boebinger (King)	2016	1:57.46	Julian Hernandez (Corona)	2012
1:55.19	*Solomon Fountain (Great Oak)	2016	1:57.51	*Carlos Ortega (Vista)	2008
1:55.24	*Nick Doan (Great Oak)	2014	1:57.57	Brandon Berz (King)	2013
1:55.36	Ryan R Tienke (Poly)	2006	1:57.6	Tony Croson (Temescal)	2000
1:55.40	Ricardo Cardena (JW North)	2016	1:57.60	Cole Spencer (Great Oak)	2016
1:55.44	David Ramirez (Rubidoux)	1991	1:57.69	**Branden Randall (Roosevelt)	2013
1:55.5+	John Burns (Ramona)	1:56.2y 1965	1:57.7+	J. Cooke (Corona)	1:58.4y 1966
1:55.51	Kellen Acosta (Murrieta)	2003	1:57.71	Tim Lumpkin (Murrieta Valley)	1998
1:55.54	Eric Larios (Corona)	2006	1:57.71	Matt Gluck (Murrieta Valley)	1999
1:55.54	Abner Salvador (Great Oak)	2014	1:57.72	Stefon Young (Palm Springs)	2010
1:55.61	Scott Gardner (Arlington)	1984	1:57.72	Jonathan Lopez (Roosevelt)	2009
1:55.66	Carlos Facio (Corona)	1995	1:57.76	*Casey Cruz (La Quinta)	2015
1:55.70	Juan Saucedo (North)	1998	1:57.77	Chris Layman (Corona)	2000
1:55.74	Scott Breithaupt (Murrieta)	2003	1:57.77	Noe Ramirez (Vista)	2009
1:55.78	Tyler Owen (Vista)	2009	1:57.77	*Freddy Martinez (Perris)	2015

1:57.78 Nick Skillern (Palm springs)
 1:57.81 *James Williams (Vista del Lago)
 1:57.8+ Barron (Coachella)
 1:57.82 Tony Jones (North)
 1:57.84 Mario Salazar (Indio)
 1:57.85 Steve Gladwell (Norco)
 1:57.87 Cliff Curtis (Elsinore)
 1:57.87 *Danny Aquino (Mesa)
 1:57.87 Andrew Boebinger (King)
 1:57.90 Stehen Foster (Poly)
 1:57.93 Brandon Kerr (Canyon Springs)
 1:57.97 Alex Cisneros (Poly)
 1:57.99 Drew Dalton (Vista)
 1:58.0 Anthony Adamucci (Temecula)
 1:58.02 Aurelio Roman (Temecula)
 1:58.03 Oscar Pallido (Perris)
 1:58.09 Parker Schamun (Vista)
 1:58.10 *Chase Williams (Corona)
 1:58.11 Benard Njuki (Roosevelt)
 1:58.16 Supervoid Mack (Citrus Hill)
 1:58.18 *** Solomon Fountain (Great Oak)
 1:58.18 Brandon Randall (Roosevelt)
 1:58.21 Dylan Owen (Vista)
 1:58.25 Chris Malloy (Vista)
 1:58.29 *Jason Spatter (Corona)
 1:58.32 Kevin Norton (Norte Vista)
 1:58.33 Jared Drinkard (La Sierra)
 1:58.35 *Tyler Janes (King)
 1:58.37 *Stefon Young (Palm Springs)
 1:58.37 Evan Renck (Poly)
 1:58.38 Brandon Joseph (Poly)
 1:58.4 Rick Hormel (Hemet)
 1:58.4 Isaac Delgado (Vista)
 1:58.41 Zach Selgado (Chaparral)
 1:58.42 Ian Ritchie (Murrieta Valley)
 1:58.44 *Zachery Falcon (Temescal Canyon)
 1:58.47 Jimmy Gauger (Corona)
 1:58.47 * Austin Chavez (Palm Springs)
 1:58.50 Stephan May Great Oak)
 1:58.50 Allen McBride (Arlington)
 1:58.51 John Nelson (Arlington)
 1:58.51 Andrew Ramirez (Corona)
 1:58.55 Stephen Foster (Poly)
 1:58.56 Willie Contreras (North)
 1:58.57 Geron Craig (Corona)
 1:58.57 Matt Smith (Vista)
 1:58.58 *Kyle Warrick (Roosevelt)
 1:58.58 ** Carlos Moya (Roosevelt)
 1:58.60 Justin Miller Centennial)
 1:58.60 Blake Dieda (Murrieta Valley)
 1:58.6+ Leon Gilmore (Poly)
 1:58.61 Bryan Covington (Great Oak)
 1:58.63 Jesse Brooks (Woodcrest Chr)
 1:58.65 Danny Guy (La Sierra)
 1:58.66 Segos Manyo (Indio)
 1:58.7+ Stoud (Perris)
 1:58.7 Erik Gilbert (Norte Vista)
 1:58.73 Heladio Sanchez (Paloma Valley)

2011
 2013
 1:58.5y 1973 4:04.01 Isaac Cortes (Great Oak) 2016
 1985 4:04.33 Tyler Janes (King) 2016
 2016 4:06.4+ Mark Fricker (Hemet) 4:07.9y 1977
 1990 4:05.47 Spencer Dodds (Great Oak) 2016
 1991 4:07.50+ Raul Arcos (Corona) 4:08.94y 2008
 2013 4:08.74 Cole Spencer (Great Oak) 2016
 2014 4:09.58 Spencer Knight (La Sierra) 2006
 2014 4:09.88 Dylan Knight (La Sierra) 2006
 2005 4:09.88 Dylan Knight (La Sierra) 2006
 1989 4:10.28 *Solomon Fountain (Great Oak) 2016
 2012 4:10.32 Robert Frichtel(Hemet) 1996
 2010 4:10.63 Karson Fronk (Great Oak) 2011
 2002 4:11.41 Raul Serratos (Moreno Valley) 1987
 1994 4:11.45 * Nicholas Doan (Great Oak) 2014
 2003 4:11.57 Nick Woolf (Roosevelt) 2012
 2010 4:11.91 *David Luna (Indio) 2013
 2009 4:11.93+ Lane Werley (King) 4:13.41y 2011
 2011 4:12.77 Porter Reddish (Vista) 2013
 2012 4:13.18 Aaron Potts (Roosevelt) 2012
 2014 4:13.43 Kyle Warrick (Roosevelt) 2013
 2015 4:13.6+ Larry Conard (Corona) 4:15.1y 1966
 2015 4:13.98 Brett Campfield (Temecula) 2004
 2015 4:14.50 Joel Cota (Indio) 2003
 2015 4:14.70 Cruz Gallegos (Centennial) 1992
 2003 4:14.73 Brandon Messerly (Great Oak) 2012
 2009 4:14.78 * Cobie Chavez (Temescal) 2014
 2015 4:15.44 Noe Ramirez (Vista) 2008
 2009 4:15.55 Victor Delgado (Beaumont) 2009
 2014 4:15.88+ Matt Kern (La Sierra) 4:17.36y 2002
 2015 4:16.18 Drew Dalton (Vista) 2010
 1986 4:16.37+ Emmanuel Ngula (Vista del Lago) 4:17.86y 2009
 2016 4:16.38 Nelson Quintana (Great Oak) 2016
 2004 4:16.47 Andrew Boebinger (King) 2016
 2002 4:17.07 Steve Norton (La Sierra) 2008
 2016 4:17.20 Alfonso Ibarra (Arlington) 1996
 2012 4:17.43 Kellen Acosta (Murrieta) 2003
 2014 4:17.94 Jake Jeanson (Woodcrest Christian) 2009
 2007 4:18.01 *Nathan Torres (King) 2012
 2008 4:18.14 Edgar Cobian (La Sierra) 2012
 1984 4:18.35 Brandon Randell (Roosevelt) 2015
 2014 4:18.49 *Michael Gauger (Corona) 2010
 2004 4:18.83 Isaiah Thompson (Sherman Indian) 2013
 2011 4:18.67 Josh Mejia (Perris) 2005
 2005 4:18.79 Tony Robinson (Great Oak) 2016
 2013 4:18.8 Marco Zaragoza (Vista del Lago) 2011
 2012 4:18.9+ Mike Melendez (Norco) 4:20.4y 1979
 2014 4:18.94 Juan Ambriz (JW North) 2016
 1997 4:18.99 Irvin Moreno (Poly) 1997
 2005 4:19.02 Jerry Toussaint (Norco) 1985
 1:59.3y 1954 4:19.06 Chris Malloy (Vista) 2015
 2007 4:19.13 Chris Layman (Corona) 2000
 2010 4:19.33 Chase Welch (Vista) 2008
 2003 4:19.50 *Enrique Villa (Corona) 2016
 2003 4:19.52 Ryan Jones (Great Oak) 2016
 1:59.4y 1920 4:19.81 Alex Zamora (Coachella) 1989
 1994 4:19.81 Matt Brown (Corona) 1996
 2002 4:19.84 Alec Hall (Norco) 2016
 4:19.87 *Mario Salazar (Indio) 2015
 4:19.95 *Erik Gonzalez (Rubidoux) 2016
 4:20.07 *Omar Solis (Vista) 2012
 4:20.19 Tyler Huntley (North) 2011
 1986 4:20.40 *Ray Noble (Valley View) 2010
 1996 4:20.51 Nelson Maravilla (Desert Hot Springs) 2004
 2003 4:20.59 Sergio Trujillo (Rubidoux) 1988
 1992 4:20.62 Jonathan Lopez (Roosevelt) 2009
 1989 4:20.71 David Haskell (Elsinore) 1989
 1997 4:20.79 **Kyle Pendleton (Santiago) 2016
 1985 4:20.9 Andy Marshall (Temecula) 1990
 4:20.95 Oscar Ayala (Great Oak) 2014
 4:20.98 Patrick Milloy (Murrieta Valley) 2005
 4:21.01 Antonio Jimenez (Rubidoux) 2003
 4:21.07+ Kaden Lapham (Great Oak) 4:22.59y) 2013
 4:21.18 Shawn Sleeper (Paloma Valley) 2013
 4:21.18 * Josh Silva (Corona) 2014

1500 meters

3:50.6 Mark Fricker (Hemet)
 3:52.89 Raul Serratos (Moreno Valley)
 3:56.09 Robert Frichtel (Hemet)
 3:57.29 Joel Cota (Indio)
 3:59.0' Cruz Gallegos (Centennial)
 4:00.4 Alex Zamora (Coachella)
 4:01.29 Irvin Moreno (Poly)
 4:01.71 Jerry Toussaint (Norco)
 4:02.36 Alfonso Ibanez (Arlington)

4:21.20	*Alex Orozco (La Quinta)		2012	4:25.40	Jack Balder (Great Oak)		2013
4:21.25	Anthony Adamuci (Temecula)		2002	4:25.42	Thomas Polhill (Temecula)		2006
4:21.3	Brandon Kerr (Canyon Springs)		1989	4:25.52	Julian Lopez (Roosevelt)		2009
4:21.46	Brenden Emery (Great Oak)		2012	4:25.52	*Ruben Danielsen (Rancho Verde)		2009
4:21.5+	Martin (Ramona)	4:23.0y	1974	4:25.53	Joshua Massey (Santiago)		2010
4:21.5+	Casey Perley (Indio)	4:23.0y	1978	4:25.55	*Jeamar Muro (Vista)		2012
4:21.55	**Raymon Ornelas (Roosevelt)		2016	4:25.60	Jesus Lopez-Martinez (Indio)		2016
4:21.57	Julian Hernandez (Corona)		2012	4:25.67	Joey Cornejo (Indio)		2001
4:21.70	*Isaiah Madrigal (Roosevelt)		2016	4:25.69	Jesse Brooks (Woodcrest Chr)		2010
4:21.74	*Tristan Silva (Paloma Valley)		2016	4:25.7	Carlos Handler (Temescal)		1999
4:21.82+	Casey Cruz (La Quinta)		2016	4:25.71	Kevin Arnold (Murrieta Valley)		2001
4:21.92	*John Hernandez (Vista)		2012	4:25.75	Mueen Ghoury (Rubidoux)		2011
4:21.98	David Luna (Indio)		2014				
4:22.05	** Robbie Gleason (Great Oak)		2014				
4:22.19	Michael Munoz (Murrieta Valley)		2005	3000 meters			
4:22.29	Rondie Gibbs (Rubidoux)		1994	8:28.8'	Cruz Gallegos (Centennial)		1992
4:22.34	Troy Collins (Hemet)		1989	8:32.85	Antonio Jimenez (Rubidoux)		2003
4:22.43	* Austin Chavez (Palm Springs)		2014	8:37.4'	Rondie Gibbs (Rubidoux)		1994
4:22.54	Evan Dougherty (La Quinta)		2012	8:44.5	Steve Strehlow (Norco)		1982
4:22.59	Chris Sanchez (Indio)		2010	8:44.7	Marco Ocequera (Rubidoux)		1989
4:22.7	James Pendergraph (Norte Vista)		1991	8:44.9	Raul Serratos (Moreno Valley)		1985
4:22.76	Robert Frost (Hemet)		1996	8:46.32	Patrick Swick (Chaparral)		2003
4:22.76	Hector Hernandez (Canyon Springs)		2014	8:46.81	Chris Layman (Corona)		2000
4:22.77	*Tyler Huntley (North)		2010	8:46.89	Brett Campfield (Temecula)		2003
4:22.81	*Garrett Mullennix (Vista)		2013	8:49.3	Anthony Flores (Murrieta)		1999
4:22.86	Michael Garcia (Great Oak)		2016	8:49.6'	Ryan Gallagher (Temecula)		1997
4:22.93	Carlos Ramirez (King)		2015	8:50.11	Ian Enriquez (Corona)		1994
4:22.96	Troy Nelson (La Sierra)		1985	8:52.2	Simon Mudd (Poly)		1994
4:22.96	Daniel Gonzalez (King)		2016	8:54.0	Koinva (Sherman)		1987
4:23.01	Noah Macias (Cathedral City)		2015	8:54.9	Alex Zamora (Coachella)		1989
4:23.09	*Aaron Potts (Roosevelt)		2011	8:55.89	Alfonso Ibarra (Arlington)		1996
4:23.18	Wesley Bowen (Great Oak)		2016	8:56.3	Aaron Thompson (Norco)		1991
4:23.20	Marcos Avila (Beaumont)		1997	8:57.2'	Luis Sandoval (Coachella)		1992
4:23.22	Clayton Dunn (Moreno Valley)		2002	8:58.05	Nicholas Jacaques (Hemet)		1997
4:23.23+	*Julian Hernandez (Corona)	4:24.77y	2011	8:59.1	Joe Vickers (Moreno Valley)		1985
4:23.26	Trevor Henson (Paloma Valley)		2011	8:59.5'	Rafael Castro (San Jacinto)		1992
4:23.29	*Carlos Delatorre (Patriot)			9:00.48	Manual Andrade (Coachella Valley)		1996
4:23.30	Willy Carillo (Moreno Valley)		1992	9:00.9'	James Pendergraph (Norte Vista)		1991
4:23.38	*Juan Ambriz (JW North)		2015	9:02.3'	Kevin Bean (Norco)		1991
4:23.4+	Ron Bezenah (Rubidoux)	4:24.9y	1978	9:02.21	Adam Sidoti (La Sierra)		2005
4:23.48	Alex Lopez (Great Oak)		2013	9:03.4	Hugo Rios (Indio)		1985
4:23.54	Jeremy Romero (Heritage)		2016	9:03.9	Matt Brown (Corona)		1996
4:23.6	Marco Ocequera (Rubidoux)		1989	9:05.5	Jerry Toussaint (Norco)		1985
4:23.77	David McDonald (Vista)		2008				
4:23.88	Alan Cuevas (Corona)		2010	3200 meters			
4:23.96	*Zachary Castor (Paloma Valley)		2013	8:51.85	Cole Spencer (Great Oak)		2016
4:23.99	Chase Williams (Corona)		2009	8:53.21	Lane Werley (King)		2011
4:24.00	Ryan Gallagher (Temecula)		1997	8:53.3+	Steve Alvarez (Coachella)	8:56.4y	1977
4:24.0	Robert Garcia (Canyon Springs)		1989	8:55.20	Spencer Dodds (Great Oak)		2016
4:24.2+	Wayne Lemmons (Poly)	4:25.7y	1956	8:56.2+	Mark Fricker (Hemet)	8:59.3y	1977
4:24.26	Zach Marx (Santiago)		2006	8:56.93	Tyler Janes (King)		2016
4:24.27	Owen Tyler (Vista)		2008	9:00.28	Isaac Cortes (Great Oak)		2016
4:24.33	Edgard Villa (Vista)		2016	9:02.90	Cruz Gallegos (Centennial)		1992
4:24.41	* Gilbert Robles (Corona)		2014	9:04.68	*Omar Caro (Norte Vista)		2012
4:24.43	Andres Delgado (Beaumont)		2016	9:05.16	Antonio Jimenez (Rubidoux)		2003
4:24.50	*AJ Hutchinson (Canyon Springs)		2001	9:05.18	Dylan Knight (La Sierra)		2007
4:24.53	Connor Pastoor (Murneta Valley)		2007	9:05.04	*David Luna (Indio)		2013
4:24.70	**Omar Caro (Norte Vista)		2011	9:05.57	Drew Dalton (Vista)		2010
4:24.76	Kevin Vega (San Jacinto)		2010	9:05.86	Nick Doan (Great Oak)		2014
4:24.79	Ian Enriquez (Corona)		1994	9:06.0+	Mike Melendez (Norco)	9:09.2y	1979
4:24.92	Jonathan Carrillo (Shadow Hills)		2012	9:06.59	Noe Ramirez (Vista)		2009
4:25.01	Jose Blanco Canyon Springs)		2006	9:07.09	Spencer Knight (La Sierra)		2006
4:25.04	Cliff Curtis (Elsinore)		1992	9:07.95	Patrick Millo (Murrieta Valley)		2005
4:25.04	Beto Larias (Beaumont)		2003	9:08.22	**Raymon Ornelas (Roosevelt)		2016
4:25.12	Angel Guerrero (Rancho Verde)		2002	9:08.28	Nick Woolf (Roosevelt)		2012
4:25.18	Jared Forte (Elsinore)		2011	9:08.65	Brian Baker (Beaumont)		2003
4:25.2	Rick Hormel (Hemet)		1986	9:09.10	*Spencer Dodds (Great Oak)		2015
4:25.23	Tanner Long (Mesa)		2013	9:09.22	Rondie Gibbs (Rubidoux)		1994
4:25.26	Immanuel Hutchinson (San Jacinto)		2011	9:12.86	Branden Randall (Roosevelt)		2015
4:25.26	Zack Castor (Paloma Valley)		2014	9:13.25	Bryce Rausa (Vista)		2010
4:25.35	Brandon Berz (King)		2013	9:13.79	Jack Balder (Great Oak)		2013
4:25.36	Matt Phares (Canyon Springs)		2008	9:13.8+	Ralph Gallegos (Coachella)	9:17.0y	1970
4:25.38	Victor Ortiz (Rubidoux)		2003	9:14.79	Brett Campfield (Temecula)		2004
4:25.40	Mark Castro (North)		1982	9:16.12	Ryan Gallagher (Temecula)		1997

9:16.20	**Carlos Carvajal (Great Oak)		2016	9:33.18	Victor Delgado (Beaumont)	2009
9:17.91	Alan Cuevas (Corona)		2010	9:33.22	Emilio Nunez (Valley View)	2013
9:18.08	Jake Jeanson (Woodcrest Christian)		2009	9:33.27	James Pendergraph (Norte Vista)	1991
9:18.09	Gabriel Hernandez (Rubidoux)		1998	9:33.47	Raefel Castro (San Jacinto)	1992
9:18.1	Ian Enriquez (Corona)		1995	9:33.54	Ricardo Nevarez (Cathedral City)	2010
9:18.22	Tony Robinson (Great Oak)		2016	9:33.96	Nicholas Jacques (Hemet)	1997
9:18.40	*Michael Conart (Woodcrest Christian)		2015	9:34.08	Ricardo Rodriguez (Elsinore)	2016
9:18.68	*Michael Gauger (Corona)		2010	9:34.29	Dillon Emery (Great Oak)	2014
9:18.84	Marco Ocequera (Rubidoux)		1989	9:34.3	Joe Vickers (Moreno Valley)	1985
9:19.49	Raul Arcos (Corona)		2008	9:34.32	Ankur Joshi (Indio)	2007
9:19.63	David Aguilar (Corona)		2013	9:34.45	**Jared Angle (Elsinore)	2016
9:19.88	*Solomon Fountain (Great Oak)		2016	9:34.60	Manual Andrade (Coachella Valley)	1995
9:20.04	Trevor Henson (Paloma Valley)		2011	9:35.21	* Luis Ramos (Rubidoux)	2014
9:21.07	Tyler Janes (King)		2015	9:35.23	Kaden Lapham (Great Oak)	2013
9:21.75	Kyle Warrick (Roosevelt)		2013	9:35.27	Rudy Flores (LA Sierra)	2016
9:21.85	Daniel Gonzalez (King)		2016	9:35.29	Chase Welch (Vista)	2008
9:22.34	Matt Brown (Corona)		1996	9:35.42	Kevin Chamberlain (Great Oak)	2012
9:22.46	Josh Silva (Corona)		2015	9:35.70	**Chris Briseno (Hertage)	2016
9:22.50	*Porter Reddish (Vista)		2012	9:35.76	Patrick Milloy (Murrieta)	2006
9:22.74	Mike Munoz (Murrieta Valley)		2006	9:35.82	Aaron Potts (Roosevelt)	2012
9:23.00	David McDonald (Vista)		2008	9:36.34	*Justin Eipp (Great Oak)	2016
9:23.07	Steven Crum (Santiago)		2007	9:36.5+	Steve Strehlow (Norco)	9:39.9y 1982
9:24.12	Jayden Emerson (Hemet)		2015	9:36.58	* Christian Lopez (Vista del Lago)	2014
9:24.28	David McCutcheon (Murrieta)		2008	9:36.66	Evan Dougherty (La Quinta)	2012
9:24.43	Jonathan Lopez (Roosevelt)		2009	9:36.77	Cyrus Bastani (Corona)	2004
9:24.5	Anthony Flores (Murrieta)		1999	9:36.87	* Trevor Knaus (Vista)	2014
9:24.7+	Scott Foreman (Ramona)	9:28.0y	1966	9:36.91	Hugo Rios (Indio)	1985
9:24.7	Raul Serratos (Moreno Valley)		1985	9:36.96	***Kevin Ramos (Rubidoux)	2016
9:24.91	Karson Fronk (Great Oak)		2011	9:37.4	Ben Barragon (Valley View)	2011
9:25.48	Omar Caro (Norte Vista)		2013	9:37.79	*Kevin Chamberlain (Great Oak)	2011
9:26.13	Kellen Acosta (Murrieta)		2002	9:37.90	Connor Thurmond (Chaparral)	2014
9:26.6+	Charles Rednick (Sherman)	9:29.9y	1978	9:38.0	Joseph Aguilar (Arlington)	2011
9:27.11	Chris Sanchez (Indio)		2010	9:38.05	Anthony Mercado (Murrieta)	2002
9:27.4	Brandon Messerly (Great Oak)		2012	9:38.14	Trevor Woodward (Centennial)	2016
9:27.5+	Luis Terronis (Indio)	9:30.8y	1979	9:38.53	Doug Palmer (Beaumont)	2013
9:27.63	Julian Lopez (Roosevelt)		2009	9:39.0	Adam Sidoti (La Sierra)	2005
9:27.75	Eddie Carrillo (Great Oak)		2012	9:39.08	**Jeremy Beck (Roosevelt)	2013
9:27.76	Robert Garcia (Canyon Springs)		1990	9:39.51	Michael Hewitt (Great Oak)	2012
9:27.83	Eric George (Corona)		2014	9:39.70	*Hector Hernandez (Canyon Springs)	2013
9:27.88	Alex Muricio (Rubidoux)		1999	9:39.77	Pedro Sandoval (Rubidoux)	2014
9:28.0	Carlos Handler (Temescal)		1999	9:39.83	Zach Marx (Santiago)	2006
9:28.01	**Jacob Korgan (Great Oak)		2016	9:39.86	*Marco Zaragoza (Vista del Lago)	2010
9:28.30	Juan Ambriz (JW North)		2016	9:39.86	Carlos Ramirez (King)	2014
9:28.52	Kevin Arnold (Murrieta)		2001	9:39.9	Robert Frost (Hemet)	1996
9:28.80	Anthony Merado (Murrieta)		2004	9:39.97	Marcos Avila (Beaumont)	1997
9:28.94	Connor Pastoor (Murrieta)		2007			
9:29.08	* Kyle Brown (Elsinore)		2014			
9:29.28	Gus Arce (Corona)		1987			
9:29.34	Julian Hernandez (Corona)		2012	10:18.13	Austin Langley (La Sierra)	2003
9:29.35	Chris Layman (Corona)		2000			
9:29.6	Alfonso Ibarra (Arlington)		1996			
9:29.7+	Ron Bezenah (Rubidoux)	9:33.0y	1978	14:31.57	Lane Werley (King)	2011
9:29.91	Joe Casco (King)		2013	14:56.88	Raul Arcos (Corona)	2008
9:29.97	Breden Emery (Great Oak)		2012	15:05.24	Cyrus Bastani (Corona)	2004
9:30.2+	Mike Lohr (Hemet)	9:33.5y	1976	15:09.61	Omar Gonzalez(Centennial)	2009
9:30.61	Robert Lopez (Santiago)		2013	15:11.37	Michael Gauger (Corona)	2011
9:30.63	** Robbie Gleeson (Great Oak)		2014	15:15.83	Dylan Knight (La Sierra)	2007
9:30.82	Irving Moreno (Poly)		1997	15:18.76	Alan Cuevas (Corona)	2010
9:30.95	Rick Hormel (Hemet)		1986	15:21.78	David Aguilar (Corona)	2013
9:31.18+	Jim Walker (Palm Springs)	9:34.51y	1983	15:29.97	Joe Casco (King)	2013
9:31.42	L. Koinva (Sherman)		1987	15:46.23	Patrick Mynes (Corona)	2009
9:31.48	Nezanet Woldai (Valley View)		2009	15:46.83	Daniel Wilcox (Corona)	2004
9:31.6	Joey Pacheco (Canyon Springs)		2001			
9:31.60	*Erik Gonzalez (Rubidoux)		2016			
9:31.62	*Brandon Berz (King)		2012			
9:31.68	Garrett Williams (Corona)		2012			
9:31.71	* Andres Vizcarra (Beaumont)		2014	2:41.17	Mike Lohr (Hemet)	1976
9:31.96	Luis Sandoval (Coachella)		1992	2:43.01	Louie Terrones (Indio)	1979
9:31.62	Kevin Bean (Norco)		1991			
9:32.39	* Liam Brooks (Corona)		2014			
9:32.57	Tyler Huntley (North)		2011			
9:32.58	Christian Rodriguez (Elsinore)		2014			
9:32.73	**Kyle Brown (Elsinore)		2013			
9:32.8+	Jim Winn (Arlington)	9:36.0y	1993			
9:32.81	Joel Cota (Indio)		2003			

3000m Steeplechase

5000 meters

Marathon

110m High Hurdles

13.81	Koty Burton (LaQuinta)		2016	14.74	Namar Burton (Vista)		2007
13.82	Jeff Garrison (North)		2001	14.75	Corey Corder (Murrieta)		2009
13.14c	Dan Jones (Palo Verde)	13.6	1972	14.75	John Cusey (Temecula Valley)		2013
13.84c	Mike Harris (Indio)	13.6	1974	14.76	Mark McCall (Corona)		1989
13.94c	Roger Moody (Corona)	13.7	1964	14.76	Mike Graf (Vista)		2012
13.97	Robert Williams (Ramona)		2005	14.77	Leran Hutchings (Roosevelt)		2011
14.01	Chris Chrisman (Poly)		1981	14.78	Bradley Alexander (Canyon Springs)		2015
14.06	Danny Harris (Perris)		1983	14.79	Ben Ijah (Murrieta)		2010
14.08	Dylan Nielson (Palm Desert)		2006	14.80	Michael Hernandez (Valley View)		2005
14.09	Chris Johnson (Arlington)		2001	14.80	*Jonte Turner (Indio)		2010
14.13	*Torrey Atkins (Heritage)		2014	14.81	Scott Melatti (Centennial)		2002
14.14c	Robert Bonds (Poly)	13.9	1960	14.82	Phil Martin (Canyon Springs)		2004
14.14	Brandon Howard (La Sierra)		2005	14.82	Chris Lawson (Great Oak)		2007
14.16	Ken Shaw (San Jacinto)		2007	14.84c	Neil Smith (Poly)	14.6	1965
14.27	Kiethyon Moten (Indio)		2012	14.84c	Ramon Alvarado (Coachella)	14.6	1979
14.32	Bruce Dunams (North)		1993	14.84c	Ronnell Lawson (Canyon Springs)	14.6	1991
14.32	Jason Williams (Notre Dame)		2000	14.84c	Ehrin Enriquez (Norco)	14.6	1999
14.34c	Will Ector (Palo Verde)	14.1	1970	14.84	Anthony Anderson (Canyon Springs)		2007
14.37	Darion Williams (Vista)		2012	14.85	Brett Turnage (Moreno Valley)		2000
14.37	*Anthony Easter (Roosevelt)		2016	14.85	Orlando Wallace (Cathedral City)		2015
14.38	Peter Manu (Vista)		2014	14.86	Jeremy Burns (Perris)		2005
14.41	Ronald Howard (North)		2002	14.89	Aaron Paisley (Murrieta Valley)		2013
14.41	*Jazz Trice (Chaparral)		2005	14.90	Sam Jeter (King)		2007
14.42	Chris Johnson (Arlington)		2000	14.91	Micahel Games (Norte Vista)		1997
14.42	Jeremy Thornburg (Cathedral City)		2000	14.93	Stone O'Reily (Hemet)		1997
14.42	Austin Hill (Roosevelt)		2010	14.93	Matthew Kirkendall (Heritage)		2013
14.43	Chris Navarro (Vista)		2010	14.93	Teryan Brown (Tahquitz)		2015
14.43	Darion Williams (Vista)		2011	14.94c	Taylor (North)	14.7	1972
14.44c	Vince Rivas (Coachella)	14.2	1967	14.94c	Hamilton (Palm Springs)	14.7	1973
14.44c	Stone (Perris)	14.2	1977	14.94c	George Woods (Rubidoux)	14.7	1989
14.44	Jonte Turner (Indio)		2011	14.94c	Clarence Hogan (North)	14.7	1980
14.44	*Cameron Sanuel (Rancho Verde)		2016	14.94	Joran Bean (Palo Verde)		2000
14.45	Tony Crutchfield (North)		2008	14.95	Josh Jeter (King)		2012
14.45	Nick Abboud (King)		2015	14.97	Tony Torres (Santiago)		2009
14.47	Randy Brown (Canyon Springs)		1998	14.97	Soloman Ijah (Murrieta Valley)		2011
14.48	William Brown (Perris)		2005	14.97	Sammy Roberts (Beaumont)		2014
14.50	Donny Thompson (Canyon Springs)		2004	14.98	Casey Zimmerman (Temecula)		1998
14.51	Jon Cooper (Palo Verde)		1999	14.98	Mike Hernandez (Valley View)		2006
14.51	David Williams (Santiago)		2009	14.98	Jonathan Williams (Roosevelt)		2010
14.52	Jovan Grady (Rancho Verde)		2002	14.99	Todd Clark (Centennial)		1991
14.53	Anthony Verret (Perris)		1986				
14.54c	Kelly (Perris)	14.3	1976	Wind-Aided:			
14.54c	Norris (Coachella)	14.3	1978	14.04	*Torrey Atkins (Heritage)		2014
14.54	Avery Anderson (North)		1990	14.12	Jonte Turner (Indio)		2011
14.54	Ryan Woods (La Quinta)		2007	14.17	*Jazz Trice (Chaparral)		2005
14.55	Gus Ibarra (La Quinta)		2003	14.20	Austin Hill (Roosevelt)		2010
14.58	Mike Powers (Chaparral)		2008	14.21	Darion Williams (Vista)		2012
14.58	Elvis Pompa (Corona)		2014	14.24c	William Brown (Perris)	14.0	2005
14.59	William Shropshire (North)		1988	14.24	*Kiethyon Moten (Indio)		2011
14.60	Kenny Shaw (Hemet)		2005	14.28	Dylan Nielson (Palm Desert)		2006
14.60	Kenny King (Canyon Springs)		2006	14.30	Duane Soloman (Great Oak)		2012
14.60	Duane Soloman (Great Oak)		2012	14.31	Peter Manu (Vista)		2014
14.61	Mike Powers (Chaparral)		2007	14.32	Ryan Muir (San Jacinto)		2015
14.62	Kurt Siebert (Norco)		2000	14.36	Brian Thompson (Valley View)		2003
14.64c	Larry Prielipp (Corona)	14.4	1964	14.40	*Jonte Turner (Indio)		2010
14.64c	Steve Mack (Palo Verde)	14.4	1968	14.41	Ronald Howard (North)		2002
14.64c	K. Jones (Perris)	14.4	1974	14.42	Tony Crutchfield (North)		2008
14.64c	Sam Bryant (Palo Verde)	14.4	1983	14.44c	Jovan Grady (Rancho Verde)	14.2	2002
14.65	Tyrone Thomson (Ramona)		2001	14.51	Mike Powers (Chaparral)		2008
14.65	Leandre Butler (Rubidoux)		2003	14.51	*Orlando Wallace (Cathedral City)		2014
14.65	Nick Rack (Vista)		2015	14.56	*Alex Gillison (Palm Springs)		2013
14.65	*Dillon Lay (King)		2016	14.58	Chris Lawson (Great Oak)		2007
14.66	Bernard Erby (North)		1982	14.58	*Ricky Wisdom (La Quinta)		2013
14.70	Dupree Gant (Centennial)		2002	14.60	Corey Corder (Murrieta)		2009
14.71	Brian Thompson (Valley View)		2003	14.63	LeAndre Butler (Rubidoux)		2003
14.72	Derreck Affor (Beaumont)		2016	14.64	Leran Hutchings (Roosevelt)		2011
14.73	Todd King (Poly)		1984	14.65	George Woods (Rubidoux)		1989
14.74c	Tom Chatham (Poly)	14.5	1956	14.68	Sammy Roberts (Beaumont)		2014
14.74c	Carl Butler (Palo Verde)	14.5	1959	14.70	Dupree Gant (Centennial)		2002
14.74c	LaRue Palmer (North)	14.5	1970	14.70	Phil Martin (Canyon Springs)		2004
14.74c	C. Sweeney (Perris)	14.5	1974	14.71	Aaron Paisley (Murrieta Valley)		2013
14.74c	Love (Palo Verde)	14.5	1978	14.73	Jonathon Williams (Roosevelt)		2010
14.74c	Richie Cox (Palo Verde)	14.5	1984	14.73	Mike Graf (Vista)		2012
				14.74c	Jonathon Harrison (Hemet)	14.5	2002
				14.74	*Galín Sweringen (La Quinta)		2014

14.77	Sam Jeter (King)		2007	38.11	Ronald Howard (North)		2002
14.82	Keston Roach (King)		2011	38.12c	Richie Cox (Palo Verde)	38.1y	1984
14.84	Matt Kirkendall (Heritage)		2013	38.13	Robert Williams (Ramona)		2005
14.88	Shane Greene (Hemet)		2007	38.16	Bradley Alexander (Canyon Springs)		2015
14.88	*Sammy Roberts (Beaumont)		2013	38.24	A.J. Mendez (Palo Verde)		2000
14.89	Jacob Rennick (Mesa)		2015	38.24	*Qwintin Workman (Temecula Valley)		2016
14.90	Mickey Grimes (Moreno Valley)		1994	38.27	Ken Shaw (San Jacinto)		2007
14.91	**Josh Jeter (King)		2010	38.28	David Williams (Santiago)		2009
14.91	Aaron Woods (Heritage)		2013	38.31	William Shropshire (North)		1988
14.92	Brian Cervantes(Indio)		2016	38.37	Elvis Pompa (Corona)		2014
14.93	Michael Wright (Norco)		2015	38.40	Anthony Verret (Perris)		1986
14.94c	Rah Valdiva (Corona)	14.7	1979	38.40	Darion Williams (Vista)		2012
14.95	Jake Deavers (Lakeside)		2008	38.43	*Jonte Turner (Indio)		2010
14.95	Jacon David (Vista del Lago)		2009	38.44c	Bruce Dunams (North)	38.2	1993
14.95	Josh Jeter (King)		2012	38.44	Kyle Hansen (Chaparral)		2005
14.98	William Lopez (Perris)		2007	38.45	*Jeremiah Ruger (Great Oak)		2016
14.99	Curtis Gomez (Murrieta)		2010	38.48	Josh Jeter (King)		2012
14.99	John Cusey (Temecula Valley)		2013	38.48	Aaron Woods (Heritage)		2013
				38.54c	Richard Williams (Ramona)	38.3	2004
				38.54	Peter Manu (Vista)		2014
				38.59	* Galin Swearingen (La Quinta)		2014
				38.60	Tanner Henry (Corona)		2011
				38.62	Jeremy Burns (Perris)		2005
				38.69	Jordan McFadden (Great Oak)		2015
				38.70	Jacon Davis (Vista del Lago)		2009
				38.71	* Torrey Atkins (Heritage)		2014
				38.74	*Jake Porter (King)		2011
				38.80	Mike Graf (Vista)		2012
				38.84	Chauncey Young(North)		1997
				38.77	Miles Chapman (Desert Hot Spr)		2006
				38.79	Andre McCullough (King)		2009
				38.86	Aaron Webber (Banning)		1991
				38.87	Demetrius Munelyn (Elsinore)		1985
				38.88	Joe Quinonez (Elsinore)		2011
				38.89	Jahari Selmon (North)		2010
				38.90	Andre McCargo (Murrieta)		1998
				38.90	Kyman Bailey (North)		2012
				38.90	Nick Abboud (King)		2015
				38.94c	Avery Anderson (North)	38.7	1990
				38.96	Jazz Trice (Chaparral)		2006
				38.97	Faithfulness Adebayo-ige (Roosevelt)		2014
				38.99	* Anthony Butts (Ramona)		2014
				38.99	Orlando Wallace (Cathedral City)		2015
				39.00	Ramzy Ali (La Sierra)		2014
				39.02	Scott Melatti (Centennial)		2002
				39.04	Jacob Porter (King)		2012
				39.06	Casey Zimmerman (Temecula)		1998
				39.08	Ricky Hernandez (Valley View)		2004
				39.09	Justin Ramsey (Perris)		2004
				39.11	Matthew Coaxum (Citrus Hill)		2010
				39.13	*Jay Turner (Indio)		2010
				39.14	Tevin Newborn (San Jacinto)		2011
				39.15	Chris Johnson (Arlington)		2000
				39.17	Robert Taylor (La Sierra)		2010
				39.20	Antoine Adkins (Moreno Valley)		1992
				39.24	Tim Sebastian (North)		2006
				39.24	Billy Britt (Elsinore)		2010
				39.27	Milton Williams (Rancho Verde)		2014
				39.28	Randy Brown Canyon Springs		1997
				39.32	Dante Reese (Canyon Springs)		1994
				39.32	Matt Kirkendall (Heritage)		2013
				39.33	Danny Hollingsworth (San Jacinto)		2000
				39.33	Derreck Affor (Beaumont)		2016
				39.36	Jonathan Williams (Roosevelt)		2010
				39.36	*Dillon Lay (King)		2016
				39.38	Matt Giesler (Palm Springs)		2003
				39.38	*Zach Holbert (Hemet)		2012
				39.41	Ricie Gilmore (Rubidoux)		1992
				39.41	Mason MacKinnon (Norco)		1995
				39.41	**Torrey Atkins (Heritage)		2013
				39.42	Brian Thompson (Valley View)		2003
				39.44c	Chris Cauley (Perris)	39.2	1988
				39.45	Casey Birchard (Murrieta)		2007
				39.45	*Mathew Williams (Vista del Lago)		2011
				39.47	LeAndre Butler (Rubidoux)		2003

120 Yd 42" High Hurdles

14.5	Robert Bonds (Poly)		1960	38.60	Tanner Henry (Corona)		2011
------	---------------------	--	------	-------	-----------------------	--	------

180 Yd Low Hurdles

18.5	Dan Jones (Palo Verde)		1972	38.62	Jeremy Burns (Perris)		2005
18.7	Mike Harris (Indio)		1973	38.69	Jordan McFadden (Great Oak)		2015
18.8	Robert Bonds (Poly)		1960	38.70	Jacon Davis (Vista del Lago)		2009
19.0	Larry Thompson (Ramona)		1971	38.71	* Torrey Atkins (Heritage)		2014
19.1	Roger Moody (Corona)		1963	38.74	*Jake Porter (King)		2011
19.1	Jim Holmes(Ramona)		1962	38.80	Mike Graf (Vista)		2012
19.1	Roger Aldridge (North)		1968	38.84	Chauncey Young(North)		1997

220 Yd Low Hurdles

23.8	House (Poly)		1915	38.77	Miles Chapman (Desert Hot Spr)		2006
------	--------------	--	------	-------	--------------------------------	--	------

330 Yd Low Hurdles (30")

35.52	Danny Harris (Perris)		1983	38.87	Demetrius Munelyn (Elsinore)		1985
36.25	Chris Chrisman (Poly)		1981	38.88	Joe Quinonez (Elsinore)		2011
36.50	Sebron Flenough (Perris)		1983	38.89	Jahari Selmon (North)		2010
38.13	Sam Bryant (Palo Verde)		1983	38.90	Andre McCargo (Murrieta)		1998
38.32	Roman Alvarado (Coachella)		1979	38.90	Kyman Bailey (North)		2012
38.44	James Austin (Perris)		1979	38.90	Nick Abboud (King)		2015
38.44c	Ray Valdivia (Corona)	38.2	1979	39.02	Avery Anderson (North)	38.7	1990
38.84c	Covey (Hemet)	38.6	1976	39.02	Jazz Trice (Chaparral)		2006
38.84c	Thegg Brown (Poly)	38.6	1982	39.04	Faithfulness Adebayo-ige (Roosevelt)		2014
39.04c	Stone (Perris)	38.8	1977	39.06	* Anthony Butts (Ramona)		2014
39.24c	Holmes (Ferris)	39.0	1976	39.06	Orlando Wallace (Cathedral City)		2015
39.30	Love (Palo Verde)		1978	39.08	Ramzy Ali (La Sierra)		2014
39.38	Heldorn (Perris)		1983	39.09	Scott Melatti (Centennial)		2002
39.54c	Freeman (Indio)	39.3	1982	39.11	Jacob Porter (King)		2012
39.64c	Wilcox (Ferris)	39.4	1980	39.13	Casey Zimmerman (Temecula)		1998
39.64c	Erby (North)	39.4	1982	39.13	Ricky Hernandez (Valley View)		2004
				39.09	Justin Ramsey (Perris)		2004
				39.11	Matthew Coaxum (Citrus Hill)		2010
				39.14	*Jay Turner (Indio)		2010
				39.15	Tevin Newborn (San Jacinto)		2011
				39.17	Chris Johnson (Arlington)		2000
				39.20	Robert Taylor (La Sierra)		2010
				39.24	Antoine Adkins (Moreno Valley)		1992
				39.24	Tim Sebastian (North)		2006
				39.24	Billy Britt (Elsinore)		2010
				39.27	Milton Williams (Rancho Verde)		2014
				39.28	Randy Brown Canyon Springs		1997
				39.32	Dante Reese (Canyon Springs)		1994
				39.32	Matt Kirkendall (Heritage)		2013
				39.33	Danny Hollingsworth (San Jacinto)		2000
				39.33	Derreck Affor (Beaumont)		2016
				39.36	Jonathan Williams (Roosevelt)		2010
				39.36	*Dillon Lay (King)		2016
				39.38	Matt Giesler (Palm Springs)		2003
				39.38	*Zach Holbert (Hemet)		2012
				39.41	Ricie Gilmore (Rubidoux)		1992
				39.41	Mason MacKinnon (Norco)		1995
				39.41	**Torrey Atkins (Heritage)		2013
				39.42	Brian Thompson (Valley View)		2003
				39.44c	Chris Cauley (Perris)	39.2	1988
				39.45	Casey Birchard (Murrieta)		2007
				39.45	*Mathew Williams (Vista del Lago)		2011
				39.47	LeAndre Butler (Rubidoux)		2003

300m Inter. Hurdles (36")

35.02	Reggie Wyatt (La Sierra)		2009	39.24	Tim Sebastian (North)		2006
35.90	**Reggie Wyatt (North)		2007	39.24	Billy Britt (Elsinore)		2010
36.30	Jeff Garrison (North)		2001	39.27	Milton Williams (Rancho Verde)		2014
36.34	Koty Burton (La Quinta)		2015	39.28	Randy Brown Canyon Springs		1997
36.59	Mickey Grimes (Canyon Springs)		1995	39.32	Dante Reese (Canyon Springs)		1994
37.07	*Cameron Samuel (Rancho Verde)		2016	39.32	Matt Kirkendall (Heritage)		2013
37.26	Duane Solomon (Great Oak)		2012	39.33	Danny Hollingsworth (San Jacinto)		2000
37.28	Zach Lewis (Ramona)		2012	39.33	Derreck Affor (Beaumont)		2016
37.29	Austin Hill (Roosevelt)		2010	39.36	Jonathan Williams (Roosevelt)		2010
37.60	Ryan Muir (San Jacinto)		2015	39.36	*Dillon Lay (King)		2016
37.62	Dylan Nielson (Palm Desert)		2006	39.38	Matt Giesler (Palm Springs)		2003
37.74c	Jeremy Thornburg Cathedral City)		2000	39.38	*Zach Holbert (Hemet)		2012
37.75	*Anthony Easter (Roosevelt)		2016	39.41	Ricie Gilmore (Rubidoux)		1992
37.77	Kurt Siebert (Norco)		2000	39.41	Mason MacKinnon (Norco)		1995
37.96	Leran Hutchings (Roosevelt)		2011	39.41	**Torrey Atkins (Heritage)		2013
38.04	Keithyon Moten (Indio)		2012	39.42	Brian Thompson (Valley View)		2003
38.05	Chris Lawson (Great Oak)		2007	39.44c	Chris Cauley (Perris)	39.2	1988
38.09	Andre Bernard-Joseph (Roosevelt)		2015	39.45	Casey Birchard (Murrieta)		2007
				39.45	*Mathew Williams (Vista del Lago)		2011
				39.47	LeAndre Butler (Rubidoux)		2003

39.47	*Blake Bergstrom (King)		2013	41.37	Rancho Verde		2016
39.48	Cinque Powell (North)		1993	41.39	Perris		1983
39.51	Mike Powers (Chaparral)		2008	41.41	Rancho Verde		2009
39.50	Delvonte Deary (La Sierra)		1999	41.41	Roosevelt		2010
39.52	Sam Jeter (King)		2007	41.47	Roosevelt		2013
39.54c	Nick Neal (North)	39.3	2001	41.48	Mesa		2016
39.54c	Carl McGargo (Murrieta)	39.3	2007	41.51	Canyon Springs		1993
39.55	*Chris Keele (Vista)		2009	41.54	King		2016
39.55	Nick Rack (Vista)		2015	41.57	Santiago		2008
39.56	Michael Wright (Norco)		2015	41.64	Great Oak		2013
39.56	**Cameron Samuel (Rancho Verde)		2015	41.66	North		2006
39.58	Tony Crutchfield (North)		2008	41.66	Roosevelt		2012
39.64c	Chris Schouten (Hemet)	39.4	2002	41.73	North		2008
39.64	Teddy McCord (Perris)		2011	41.73	Rancho Verde		2008
39.64c	***Koty Burton (La Quinta)		2013	41.76	Vista		2013
39.66	Kevin Powell (Beaumont)		2004	41.80	Rubidoux		1990
39.70	Matt Boudreau (Murrieta)		2009	41.81	Roosevelt		2009
39.74c	Vashon Sudds (Rubidoux)	39.6	1994	41.83	Great Oak		2012
39.74	Gus Ibarra (La Quinta)		2003	41.88	Palm Springs		2016
39.74c	Robert Williams (Ramona)	39.6	2005	41.89	Roosevelt		2015
39.75	Jason Williams (Notre Dame)		2000	41.90	Canyon Springs		1994
39.77	Senghor Joseph (Poly)		2013	41.93	Vista		2011
39.79	Dj Moore (Vista)		2011	41.95	Rancho Verde		2015
39.79	*Jack Miller (Corona)		2012	41.96	Canyon Springs		1995
39.80	Aaron Wright (Canyon Springs)		1996	42.03	Great Oak		2009
39.82	*Jaeon Davis (Vista del Lago)		2008	42.04	Norte Vista		2001
39.82	Michael Brown (Corona)		2011	42.05	Mesa		2015
39.84	Israel Johnson (Beaumont)		1986	42.06	Temecula		2005
39.84	DeAndre Watson (La Sierra)		1995	42.06	Vista		2012
39.84c	Nate Koch (Temecula)	39.7	2005	42.07	Great Oak		2011
39.85	Chris Alexander (Temecula)		1990	42.09	Rancho Verde		2012
39.85	Jamie Anderson (Poly)		1991	42.11	Great Oak		2008
39.85	Brandon Howard (La Sierra)		2005	42.17	Vista		2010
39.85	Alex Morse (Temecula)		2010	42.18	Palm Springs		2015
39.86	Ronnell Lawson (Canyon Springs)		1991	42.19	Rubidoux		1991
39.86	Mike Powers (Chaparral)		2007	42.20	Perris		1982
39.86	Tre Taylor (Vista)		2007	42.20	Great Oak		2010
39.87	Khyner White (King)		2010	42.20	Rancho Verde		2013
39.90	Ron Howard (Moreno Valley)		2001	42.24	Roosevelt		2014
39.91	Joshua Moxley (Moreno Valley)		2010	42.32	Rancho Verde		2014
39.93	Josh Ramirez (Chaparral)		2001	42.33	Elsinore		2009
39.94	Jeremy Burns (Perris)		2003	42.34c	Norte Vista	42.2	1995
39.94	Ben Suescan (La Sierra)	39.8	2004	42.34c	Temecula	42.2	1999
39.94	Namar Burton (Vista)		2007	42.34	Rancho Verde		2005
39.94	Curtis Gomez (Vista)		2010	42.34	Vista		2009
39.95	Ramon Marshall (Rancho Verde)		2009	42.34	Santiago		2016
39.95	Alberto Rodriguez (San Jacinto)		2013	42.35	Canyon Springs		2002
39.96	Anthony Butts (Ramona)		2015	42.36	Rancho Verde		2010
39.97+	Dave Christian (Norco)	40.20y	1990	42.37	Canyon Springs		1996
39.97	*Tanner Henry (Corona)		2010	42.38	Poly		1980
39.98	Tyrell Washington (Desert Hot Springs)		2011	42.41	Poly		1981
39.98	*Weston Brown (Murrieta Valley)		2013	42.42	La Quinta		2014
39.98	Dominique Maiden (Temecula Valley)		2015	42.42	King		2015
39.98	Nadeem Yamak (Santiago)		2016	42.46	Rubidoux		1992
39.99	Alexander Morse (Temecula)		2010	42.53	Moreno Valley		2010
39.99	Dominyck Miller (Vista del Lago)		2011	42.54	Vista		2007
40.00	Larry Williams (Vista)		2013	42.55	Valley View		2003
40.02	*Anthony Elam (Roosevelt)		2012	42.55	Roosevelt		2016
40.02	William Moore (Palm Springs)		2013	42.57	Canyon Springs		1997
40.03	Dominic Andrews (Perris)		1992	42.59	Rancho Verde		2006
40.03	Greg Davis (San Jacinto)		2001	42.59	San Jacinto		2006
40.03	Jazz Trice (Chaparral)		2004	42.65	Valley View		1998
				42.67	North		2001
				42.69+	Arlington	42.8y	1980
				42.69	Vista		2008
				42.71	North		2002
				42.72	Cathedral City		2002
				42.73	Arlington		2014
				42.73	Great Oak		2016
				42.74	North		1982
				42.74c	La Sierra	42.6	1994
				42.76	Great Oak		2007
				42.77	Murrieta		2008
				42.79+	Moreno Valley	42.9y	1976
				42.79	San Jacinto		2007
				42.81	Norco		1996
49.78	Reggie Wyatt (La Sierra)		2009	42.72	Cathedral City		2002
50.10	**Reggie Wyatt (North)		2007	42.73	Arlington		2014
				42.73	Great Oak		2016
				42.74	North		1982
				42.74c	La Sierra	42.6	1994
				42.76	Great Oak		2007
				42.77	Murrieta		2008
				42.79+	Moreno Valley	42.9y	1976
				42.79	San Jacinto		2007
				42.81	Norco		1996

400m Intermediate Hurdles (36")

4 x 100m Relay

42.82	Palm Springs		2010	43.25	Paloma Valley		2014
42.82	Corona		2010	43.26	Poly		1998
42.84c	Norte Vista	42.7	2000	43.26	Moreno Valley		2000
42.84	Poly		2014	43.30	Santiago		2015
42.85	King		2009	43.31	Norco		2000
42.87	Perris		1989	43.31	Citrus Hill		2015
42.87	Canyon Springs		1991	43.32	Canyon Springs		2000
42.87	Canyon Springs		1998	43.33	La Sierra		1993
42.88	Vista		2014	43.34c	Rubidoux	43.2	1995
42.90	Moreno Valley		1989	43.34c	Rancho Verde	43.2	1998
42.91	La Sierra		2005	43.34c	Valley View	43.2	2000
42.91	Elsinore		2015	43.34	Centennial		2009
42.92	Elsinore		2001	43.34	Valley View		2012
42.94	Perris		1987	43.34c	Ramona	43.2	2013
42.94	Corona		1994	43.34	Lakeside		2014
42.94c	Canyon Springs	42.7	1004	43.35	Beaumont		2013
42.95	Valley View		2002	43.35	Heritage		2015
42.96	Murrieta		2009	43.36	Perris		1980
42.96	Chaparral		2011	43.36	Moreno Valley		1984
42.96	Lakeside		2012	43.36	Poly		1996
42.97	Norco		2006	43.36	Vista		2005
42.98	North		2012	43.36	La Sierra		2012
42.98	Murrieta Valley		2015	43.37	Poly		1986
42.98	San Jacinto		2015	43.39+	Indio	43.5y	1972
42.99	Palm Springs		2011	43.39	Indio		1993
43.00	Roosevelt		2008	43.39	Rancho Verde		2003
43.00	West Valley		2014	43.20	Jurupa Valley		1998
43.0	Cathedral City		2014	43.40	Mesa		2014
43.02	Indio		1983	43.42	Canyon Springs		1990
43.02	Perris		1984	43.42	Cathedral City		2013
43.02	San Jacinto		2005	43.44c	Perris	43.3	1985
43.03	Canyon Springs		2005	43.44	Moreno Valley		1995
43.04	Norte Vista		1986	43.44c	Temescal	43.3	2000
43.04c	La Sierra	42.9	1995	43.44	Great Oak		2006
43.04	Lakeside		2013	43.44	La Sierra		2014
43.05+	Indio	43.2y	1973	43.45	Poly		1985
43.05	Canyon Springs		2009	43.45	Chaparral		2007
43.05	San Jacinto		2010	43.46	Moreno Valley		1983
43.06	Palm Springs		2007	43.47	Indio		2011
43.08	Poly		2013	43.47	La Quinta		2013
43.08	Centennial		2015	43.48	Canyon Springs		1999
43.09	Arlington		2001	43.48	Centennial		2013
43.09	Santiago		2009	43.49+	North	43.6y	1970
43.09	Canyon Springs		2015	43.49+	Perris	43.6y	1970
43.13	Ramona		1987	43.52	Perris		1992
43.13	Cathedral City		2011	43.53	Canyon Springs		2007
43.13	Tahquitz		2015	43.53	Chaparral		2012
43.14	Perris		1988	43.54c	Indio	43.4	1989
43.14	Valley View		2001	43.54c	Indio	43.4	1991
43.14	Heritage		2016	43.54c	Canyon Springs	43.4	1997
43.15	Notre Dame		1999	43.54c	Perris	43.4	2002
43.15	Hemet		2001	43.54c	Chaparral	43.4	2004
43.15	Rancho Verde		2004	43.54	Perris		2012
43.15	Temecula Valley		2016	43.55	Perris		2007
43.16	Vista		2006	43.55	Palm Springs		2014
43.16	Vista del Lago		2009	43.56	San Jacinto		2016
43.17	Moreno Valley		1988	43.57	Perris		2008
43.18	Corona		2011	43.57	Ramona		2012
43.20	La Quinta		2007	43.57	Santiago		2013
43.20	King		2013	43.58	Ramona		1988
43.20	Centennial		2016	43.58	Centennial		1993
43.21	Cathedral City		2001	43.58	Centennial		2002
43.21	Temecula		2006	43.59+	Indio	43.7y	1984
43.21	Norco		2010	43.59	Canyon Springs		2013
43.21	King		2014	43.59	Paloma Valley		2013
43.21	Citrus Hill		2014	43.61	Elsinore		2000
43.24c	Elsinore	43.1	1975	43.61	King		2010
43.24c	Indio	43.1	1986	43.63	North		1992
43.24c	Hemet	43.1	2000	43.63	Elsinore		2004
43.24	Centennial		2010	43.63	Corona		2012
43.25+	Moreno Valley	43.50y	1978	43.64c	Perris	43.5	2005
43.25	Poly		1982	43.64c	Valley View	43.5	2005
43.25	Palm Desert		1991	43.64c	Vista del Lago	43.5	2011
43.25	Corona		2007	43.65	Arlington		1997
43.25	Cathedral City		2010	43.65	La Sierra		2008

43.66	Beaumont		2009	1:31.16	Chaparral	2008
43.67	Elsinore		2014	1:31.63	Corona	2010
43.69+	Corona	43.8y	1975	1:31.85	Santiago	2007
43.69+	Arlington	43.8y	1975	1:32.04	Rancho Verde	2014
43.69+	Perris	43.8y	1979	1:32.54	Vista	2010
43.69	North		1999	1:32.6	San Jacinto	2006
43.70	King		2012	1:32.69	Great Oak	2007
43.70	Corona		2013	1:32.73	Cathedral City	2007
43.72	Indio		2010			
43.74c	Norco	43.6	1990			
43.74c	Moreno Valley	43.6	2005			
43.74c	Moreno Valley	43.6	2013			
43.75	Centennial		2011			
43.75	Heritage		2014			
43.76	Citrus Hill		2010			
43.77	Moreno Valley		1986			
43.77	King		2008			
43.77	Lakeside		2011			
43.78	Norco		1998			
43.78	Perris		2011			
43.78	Elsinore		2016			
43.79+	Indio	43.9y	1978			
43.79+	Arlington	43.9y	1979			
43.80	La Sierra		2009			
43.81	Perris		1981			
43.82	Citrus Hill		2012			
43.83	La Sierra		2004			
43.83	Arlington		2006			
43.83	San Jacinto		2011			
43.88	La Quinta		2008			
43.83	North		2010			
43.84c	Indio	43.7	1982			
43.84c	Rancho Verde	43.7	2011			
43.84c	Murrieta Valley	43.7	2013			
43.84	Coachella Valley		2013			
43.86	North		1997			
43.87	Rubidoux		1989			
43.88+	Moreno Valley	44.0y	1977			
43.88	Norco		2003			
43.88	Heritage		2013			

4 x 220 Yd Relay

1:28.2	Poly		1954	3:10.33	Perris	1983
1:28.5	Poly		1961	3:10.36	North	2006
1:29.2	Poly		1956	3:11.73	North	2007
1:30.0	Poly		1949	3:12.79	Roosevelt	2010
1:30.6	Poly		1953	3:13.09	Vista	2015
				3:13.75	Rancho Verde	2009
				3:14.02	Rancho Verde	2016
				3:14.22	Roosevelt	2009
				3:14.41	Roosevelt	2015
				3:14.64	Vista	2013
				3:14.83	Vista	2016
				3:14.85	Rancho Verde	2008
				3:15.57	Great Oak	2011
				3:15.95	Vista	2012
				3:16.38	Vista	2011
				3:17.05	Indio	2011
				3:17.07	Great Oak	2008
				3:17.19	Roosevelt	2008
				3:17.25	Roosevelt	2016
				3:17.38	Great Oak	2014
				3:17.52	North	2008
				3:17.81	Great Oak	2013
				3:18.40	Vista	2009
				3:18.48	Great Oak	2015
				3:18.89	Roosevelt	2011
				3:18.92	Great Oak	2010
				3:18.95	La Sierra	2005
				3:19.05	Perris	1982
				3:19.05	Great Oak	2012
				3:19.30	Roosevelt	2014
				3:19.33	Great Oak	2009
				3:19.44	North	2001
				3:19.60	Murrieta	2009
				3:19.6+	Arlington	3:20.9y 1980
				3:19.7+	Poly	3:21.1y 1980
				3:19.75	Vista	2010
				3:20.10	Roosevelt	2012
				3:20.14	Rubidoux	1992
				3:20.18	La Sierra	2009
				3:20.44	Vista	2005
				3:20.48	North	1988
				3:20.5	Perris	2002
				3:20.51	Moreno Valley	1990
				3:20.07	Vista	2006
				3:20.63	La Quinta	2016
				3:20.88	Rancho Verde	2010
				3:20.89	Vista	2014
				3:20.99	Perris	1989
				3:21.0+	Moreno Valley	3:22.2y 1977
				3:21.00	Rancho Verde	2015
				3:21.03	Moreno Valley	1991
				3:21.20	Rubidoux	1991
				3:21.21	Arlington	1997
				3:21.21	Canyon Springs	2004
				3:21.3+	Hemet	3:22.5y 1976
				3:21.59	Great Oak	2007
				3:21.6+	Moreno Valley	3:22.8y 1978
				3:21.63	North	2012
				3:21.68	Mesa	2015
				3:21.74	Canyon Springs	1997
				3:21.76	Poly	1996
				3:21.78	Canyon Springs	2010
				3:21.83	King	2012

4 x 200m Relay

1:26.94	North		2006			
1:27.10	Great Oak		2014			
1:27.37	Great Oak		2013			
1:27.55	Roosevelt		2011			
1:27.57	Vista		2013			
1:27.65	Great Oak		2012			
1:27.95	Great Oak		2008			
1:28.10	Roosevelt		2012			
1:28.15	Roosevelt		2010			
1:28.62	Great Oak		2011			
1:28.95	Rancho Verde		2008			
1:29.00	Rancho Verde		2009			
1:29.18	Great Oak		2010			
1:29.36	Great Oak		2009			
1:29.36	Vista		2011			
1:29.81	Roosevelt		2014			
1:29.83	North		2008			
1:29.90	Rancho Verde		2012			
1:30.13	Canyon Springs		2010			
1:30.16	Rancho Verde		2013			
1:30.71	San Jacinto		2007			
1:30.71	Chaparral		2012			
1:30.73	Vista		2008			
1:31.00	Roosevelt		2008			

3:21.9+	North	3:23.1y	1970	3:25.3+	Moreno Valley	3:26.5y	1976
3:21.9	Poly		1984	3:25.39	Cathedral City		2001
3:21.92	San Jacinto		2011	3:25.40	Great Oak		2016
3:21.92	Roosevelt		2013	3:25.42	North		1999
3:21.94	King		2015	3:25.45	Corona		2004
3:22.02	Notre Dame		1999	3:25.45	Vista del Lago		2011
3:22.02	Rancho Verde		2014	3:25.48	King		2010
3:22.10	Vista del Lago		2012	3:25.58	Valley View		2016
3:22.4+	North	3:23.6y	1972	3:25.61	Cathedral City		2000
3:22.42	King		2013	3:25.64	Poly		2014
3:22.55	Poly		1995	3:25.66	Rubidoux		1993
3:22.6	Valley View		2011	3:25.69	Banning		1995
3:22.68	Beaumont		2009	3:25.7+	Hemet	3:26.9y	1978
3:22.76	Perris		1981	3:25.73	Temescal Canyon		2015
3:22.80	Chaparral		2005	3:25.74	Valley View		2014
3:22.84	Rancho Verde		2006	3:25.85	Roosevelt		2007
3:22.84	Rancho Verde		2012	3:25.90	Vista del Lago		2009
3:22.89	Perris		2005	3:26.0+	Corona	3:27.2y	1982
3:22.89	Chaparral		2012	3:26.01	Corona		1997
3:22.9+	Coachella	3:241y	1973	3:26.01	Arlington		2000
3:23.03	Santiago		2011	3:26.01	Vista de Lago		2013
3:23.24	Valley View		2012	3:26.12	Palm Springs		1993
3:23.25	North		2011	3:26.17	Rancho Verde		2011
3:23.33	Canyon Springs		1993	3:26.19	Vista Del Lago		2006
3:23.43	San Jacinto		2010	3:26.23	Jurupa Valley		1998
3:23.45	Santiago		2014	3:26.23	Poly		2006
3:23.5+	Palm Springs	3:24.7y	1973	3:26.29	Santiago		2015
3:23.47	Canyon Springs		1991	3:26.3	San Jacinto		2009
3:23.53	Rubidoux		1994	3:26.31	Elsinore		2014
3:23.53	Corona		2015	3:26.45	Centennial		1997
3:23.53	Vista		2008	3:26.5+	Hemet	3:27.7y	1974
3:23.60	Poly		1994	3:26.5+	Perris	3:27.7y	1976
3:23.68	Indio		2003	3:26.51	Poly		1999
3:23.7+	Perris	3:24.9y	1979	3:26.52	Hemet		1997
3:23.77	Vista		2007	3:26.54	Perris		2013
3:23.8+	Ramona	3:25.0y	1970	3:26.6+	Perris	3:27.8y	1973
3:23.82	Ramona		1985	3:26.6	Hemet		1995
3:23.84	JW North		2014	3:26.64	Temecula		2011
3:23.89	Chaparral		2016	3:26.80	La Sierra		2011
3:23.9	Perris		1988	3:26.80	Corona		2016
3:23.90	Canyon Springs		2009	3:26.80	Murrieta Valley)		2014
3:23.95	La Quinta		2015	3:26.81	Valley View		2015
3:24.02	La Sierra		2010	3:26.81	King		2016
3:24.08	King		2004	3:26.83	Mesa		2014
3:24.09	La Sierra		2008	3:26.90	La Sierra		2014
3:24.02+	Ramona	3:25.4y	1965	3:26.98	Poly		2010
3:24.21	Canyon Springs		1996	3:27.00	Elsinore		2016
3:24.25	Canyon Springs		2003	3:27.08	Coachella Valley		2013
3:24.31	Valley View		2010	3:27.08	Centennial		2015
3:24.34	Perris		1984	3:27.13	Hemet		1985
3:24.34c	North	3:23.2	1997	3:27.20	Elsinore		2009
3:24.38	Canyon Springs		1999	3:27.25	Woodcrest Chr		2010
3:24.40	Murrieta		2003	3:27.36	Santiago		2004
3:24.4	Canyon Springs		1994	3:27.37	San Jacinto		1995
3:24.44	Poly		1993	3:27.45	Santiago		2016
3:24.49	Corona		1995	3:27.49	Elsinore		2010
3:24.50	King		2011	3:27.54	Poly		2012
3:24.6+	Hemet	3:25.8y	1975	3:27.58	Notre Dame		2000
3:24.68	Rancho Verde		2007	3:27.76	La Sierra		2004
3:24.7+	Indio	3:25.8y	1972	3:27.80	Poly		2001
3:24.73	Rancho Verde		2005	3:27.85	Moreno Valley		1985
3:24.74	King		2014	3:27.85	Chaparral		2004
3:24.76	Valley View		1997	3:27.85	Vista del Lago		2015
3:24.76	San Jacinto		2006	3:27.8	Indio		1983
3:24.80	Canyon Springs		2002	3:27.92	Elsinore		1990
3:24.80	Corona		2014	3:27.93	Corona		1994
3:24.8	Poly		1998	3:27.94	Moreno Valley		2000
3:24.87	La Sierra		2007	3:27.94	Vista del Lago		2014
3:24.88	Palm Springs		1996				
3:24.9	Arlington		1998				
3:24.9	Rancho Verde		1999				
3:25.01	La Sierra		2006				
3:25.18	Poly		2005				
3:25.22	Rancho Verde		2013				
3:25.25	Valley View		1999				
				Sprint Medley			
				3:26.37	Great Oak		2012
				3:26.60	Rancho Verde		2008
				3:27.49	Rancho Verde		2009
				3:29.80	Rancho Verde		2010

3:30.53	La Sierra	2008	10:29.68	Corona	2010
3:31.05	Great Oak	2014	10:29.84	JW Nortj	2016
3:31.49	La Sierra	2012	10:30.27	Murrieta	2002
3:31.72	Vista Del Lago	2007	10:30.06	Corona	2016
3:31.81	Valley View	2010	10:30.62	Corona	2008
3:32.52	Great Oak	2011	10:31.46	King	2014
3:32.69	Centennial	2016	10:31.71	King	2011
3:33.06	Valley View	2012	10:31.81	La Sierra	2011
3:33.18	Valley View	2011	10:31.87	Murrieta	1999
3:33.76	Rancho Verde	2003	10:32.02	Canyon Springs	2002
3:34.10	Roosevelt	2011	10:32.46	King	2010
3:34.25	Great Oak	2015	10:34.39	TemeculaValley	1997
3:34.27	Roosevelt	2008	10:35.68	La Sierra	2010
3:35.01	Great Oak	2013	10:35.69	La Sierra	2008
3:35.31	Roosevelt	2009	10:35.86	Vista	2007
3:35.66	Vista del Lago	2009	10:36.27	Santiago	2016
3:35.79	Roosevelt	2010	10:37.62	King	2013
3:35.81	Valley View	2016	10:39.56	Woodcrest Chr	2009
3:36.06	Corona	2015	10:40.22	Roosevelt	2011
3:36.36	Rancho Verde	2016	10:40.35	Elsinore	2014
3:36.54	Great Oak	2010	10:40.68	Great Oak	2011
3:37.30	Roosevelt	2013	10:40.88	Roosevelt	2016
3:37.52	Cathedral City	2003	10:41.72	Murrieta Valley	2004

4 x 800m Relay

7:35.06	Great Oak	2016	10:42.42	Arlington	1996
7:37.09	Great Oak	2015	10:42.83	Indio	2003
7:41.20	Vista	2013	10:43.65	Roosevelt	2008
7:42.81	Great Oak	2014	10:43.86	Elsinore	1989
7:42.99	Murrieta	2003	10:43.86	Poly	2016
7:44.90	La Sierra	2007	10:44.23	Temecula Valley	1994
7:49.05	Corona	2015	10:45.06	Indio	2013
7:53.36	Great Oak	2012	10:45.24	Rubidoux	2016
7:53.79	North	2007	10:45.64	Vista	2005
7:54.21	Great Oak	2010			
7:57.49	Temecula	2002			
7:58.50	Vista	2011			
7:59.93	Great Oak	2007			
8:01.00	Roosevelt	2015			
8:01.1	La Sierra	2006			
8:02.25	Vista	2015			
8:02.37	Santiago	2016			
8:02.77	North	2006			
8:03.04	Corona	2012			
8:03.7	Rancho Verde	1999			

Distance Medley

10:01.71	Great Oak	2016	10:42.83	Indio	2003
10:01.79	La Sierra	2007	10:43.65	Roosevelt	2008
10:05.35	Great Oak	2015	10:43.86	Elsinore	1989
10:07.21	Great Oak	2014	10:43.86	Poly	2016
10:07.73	Vista	2013	10:44.23	Temecula Valley	1994
10:08.52	Vista	2012	10:45.06	Indio	2013
10:09.50	Great Oak	2012	10:45.24	Rubidoux	2016
10:11.26	Vista	2010	10:45.64	Vista	2005
10:12.84	King	2016			
10:13.17	Corona	2015			
10:15.78	Great Oak	2010			
10:16.05	Murrieta	2003			
10:19.24	Great Oak	2013			
10:19.64	King	2015			
10:22.27	La Sierra	2005			
10:22.67	La Sierra	2006			
10:23.27	La Sierra	2012			
10:23.98	Vista	2009			
10:25.12	Vista	2015			
10:25.36	Murrieta Valley	2007			
10:25.43	La Sierra	2003			
10:25.49	Roosevelt	2012			
10:25.82	Roosevelt	2015			
10:26.95	King	2012			
10:27.43	Murrieta	2006			
10:28.17	Corona	2014			

4 x Mile Relay

17:04.55	Great Oak	2016	17:39.40	Great Oak	2013
17:35.94	La Sierra	2007	17:43.05	Roosevelt	2009
18:00.85	Corona	2008	17:49.31	Roosevelt	2016
18:01.79	Roosevelt	2009	17:51.32	Roosevelt	2015
18:01.87	Great Oak	2011	17:54.13	Roosevelt	2013
18:02.6	Indio	1980	17:54.20	Elsinore	2014
18:02.70	Vista	2010	17:55.59c	Great Oak	2011
18:05.27	Corona	2010	17:56.41c	Vista	2010
18:08.71	Temecula	2003	17:56.64	King	2016
18:09.51	Murrieta Valley	2006			
18:13.39	Vista	2008			
18:15.64	Murrieta Valley	2007			
18:15.65	Corona	2004			
18:18.45	Corona	2009			
18:21.68	La Sierra	2009			
18:29.73	La Sierra	2006			
18:31.77	Great Oak	2009			
18:40.40	King	2009			
18:42.07	Rubidoux	2004			
18:42.23	Corona	2007			

4 x 1600m Relay

16:52.95	Great Oak	2016			
16:58.67c	Great Oak	2016			
17:20.37	Roosevelt	2012			
17:21.11	Great Oak	2014			
17:21.44	Great Oak	2015			
17:32.95	Great Oak	2012			
17:33.53	King	2013			
17:39.20	Corona	2015			
17:39.40	Great Oak	2013			
17:43.05	Roosevelt	2009			
17:49.31	Roosevelt	2016			
17:51.32	Roosevelt	2015			
17:54.13	Roosevelt	2013			
17:54.20	Elsinore	2014			
17:55.59c	Great Oak	2011			
17:56.41c	Vista	2010			
17:56.64	King	2016			

17:57.47	La Sierra	2005
17:58.65	Roosevelt	2011
17:58.97c	Corona	2010
17:59.64	King	2015
18:01.88	Corona	2014
18:02.02	Indio	2014
18:03.1	Valley View	2011
18:03.36	Indio	2016
18:09.28c	Murrieta Valley	2007
18:09.30	Corona	2011
18:09.51	Murrieta Valley	2006
18:10.29	Beaumont	2014
18:10.63	Murrieta Valley	2005
18:10.84	King	2012
18:12.07c	Corona	2009
18:13.45	Corona	2016
18:14..20	Indio	2015
18:15.28c	La Sierra	2009
18:16.76	King	2011
18:17.14	Rubidoux	2003
18:17.94	Corona	2013
18:20.13	King	2014
18:20.41	Temecula	2003
18:22.27	Valley View	2010
18:22.99	La Sierra	2014
18:23.71	Mesa	2014
18:24.68	La Sierra	2003
18:25.32c	Great Oak	2009
18:25.56	La Quinta	2013
18:26.44	Beaumont	2013
18:27.78	Santiago	2010
18:27.92	Beaumont	2003
18:29.09	Indio	2002
18:29.21	King	2009
18:29.73	La Sierra	2006
18:30.20	Roosevelt	2014
18:30.47	Vista	2013
18:31.70	La Sierra	2007
18:34.0	Elsinore	1992
18:34.69	Mesa	2013
18:35.50	Elsinore	2011
18:35.71c	Corona	2007
18:35.90	Temecula	1999
18:37.11	La Sierra	2016
18:38.32	Rubidoux	2013
18:38.53	Murrieta Valley	2001
18:38.63	Rubidoux	2014
18:38.84	Hemet	1994
18:39.34	Rubidoux	2016
18:39.79	Cathedral City	2010
18:40.25	La Sierra	2008
18:40.56	Beaumont	2016
18:40.77	Vista	2009
18:41.32	Beaumont	2015
18:41.47c	King	2010
18:42.31	Roosevelt	2010
18:44.08	La Quinta	2012
18:44.59	Corona	1994
18:44.72	Paloma Valley	2011
18:45.43	Santiago	2013
18:45.58	Corona	2012
18:48.54	Great Oak	2007
18:50.60	Beaumont	2010
18:52.81	Roosevelt	2008
18:53.00c	Great Oak	2010
18:53.36	Santiago	2008
18:53.43	La Sierra	2011
18:55.02	Elsinore	2013
18:56.28	Arlington	1996
18:56.59	Chaparral	2013
18:58.72	Corona	2002

High Jump

7-3	Avery Anderson (North)	1991
7-3	Nick Ross (Vista)	2009
7-1	Elijah Hughes (North)	2016
7-0.25	Skylar Lacour (Rancho Verde)	2009
6-11	Sam Bryant (Palo Verde)	1983
6-11	Chris Olsson-ONeill (Rubidoux)	1991
6-10	Preston Norman (Rancho Verde)	1999
6-10	Doug Smith (West Valley)	2000
6-10	Justin Nelson (Murrieta Valley)	2001
6-10	Lance Soderberg (Centennial)	2002
6-10	Donny Thompson (Canyon springs)	2004
6-9	Cliff Curtis (Elsinore)	1991
6-9	Mike Vaille (Temecula)	1993
6-9	Justin Nelson (Murrieta)	2002
6-9	Nick Gregory (Chaparral)	2009
6-9	** Elijah Hughes (JW North)	2014
6-8.25	Lars Anderson (Corona)	1978
6-8	Chris Harper (Arlington)	1980
6-8	Danny Gallegos (Indio)	1980
6-8	Steve Jones Arlington)	1982
6-8	Matt Curtis (Elsinore)	1986
6-8	George Woods (Rubidoux)	1989
6-8	Terry Whitfield (Palo Verde)	
6-8	Damon Jackson (Perris)	1998
6-8	Jeff Midget (La Sierra)	2001
6-8	Jayson Boyd (North)	2001
6-8	Josh Gibson (Canyon Springs)	2003
6-8	Tim Sebastian (North)	2005
6-8	Ryan Swafford (Vista)	2008
6-8	Michael Albrecht (King)	2009
6-8	**Wes Coffey (Palm Desert)	2013
6-8	Nolan Kelly (Corona)	2013
6-8	Taelin Webb (Roosevelt)	2014
6-8	*Elijah Stewart (Vista)	2016
6-7.75	Nathan White (Hemet)	1994
6-7	Tom Quast (San Jacinto)	1962
6-7	Adams (Palo Verde)	1974
6-7	Chris Lowery (Canyon Springs)	1990
6-7	Anthony Preyear (La Sierra)	1994
6-7	Marty Fonseca (Murrieta)	1994
6-7	Aaron Masters Hemet)	1994
6-7	Kyle Batiste (Poly)	1995
6-7	Tim Dunlap (San Jacinto)	1997
6-7	Josh Law (Beaumont)	1999
6-7	Lance Gonzales (Murrieta)	2005
6-7	Brett McGregor (Murrieta)	2007
6-7	Nick Ross (Vista)	2007
6-7	**Daniel Adame (Murrieta)	2011
6-7	Nathaniel Williams (Chaparral)	2014
6-7	Tanner Behrens (Corona)	2014
6-7	Ryan Laudermilk (King)	2016
6-6.5	Tom Banks (Poly)	1990
6-6.25	Anthony Soriano (Roosevelt)	2013
6-6	Roenicke San Jacinto)	1957
6-6	Simpson (Banning)	1975
6-6	Don Harris (North)	1981
6-6	Tom Ward (Moreno Valley)	1984
6-6	Paul Fitzgerald (Hemet)	1986
6-6	Steve Wesolek (Arlington)	1988
6-6	Mike Torres (Norco)	1991
6-6	Malik Wyrick (Indio)	1992
6-6	Jasper Williams (Rubidoux)	1993
6-6	Clayton Flemister (Canyon Springs)	1993
6-6	Jimmy Devine (Ramona)	1995
6-6	Damian Bolin (Palo Verde)	1995
6-6	Paul Ruvolo (Norte Vista)	1995
6-6	Andre Clayton (Norte Vista)	1997
6-6	Jamar Thymes (Norco)	1999
6-6	James Johnson (San Jacinto)	1999
6-6	Jovan Grady (Rancho Verde)	2001
6-6	Marvin Lea (King)	2001
6-6	Pierre Campbell (Banning)	2002
6-6	Josh Roth (Santiago)	2004

6-6	Jacob Nelson (San Jacinto)	2005	6-4	Malek Walls (Canyon Springs)	2010
6-6	Dominick Hemphill (Rancho Verde)	2005	6-4	Soloman Ijah (Murrieta)	2011
6-6	Miek Hernandez (Valley View)	2006	6-4	Travis Schulte (Poly)	2013
6-6	Brandon Brown (Rancho Verde)	2007	6-4	*Roberts Sammy (Beaumont)	2013
6-6	Tyquiese Anthony (Chaparral)	2008	6-4	* Tanner Torrez (Hemet)	2014
6-6	*Daniel Champion (Cathedral City)	2009	6-4	* Nathan Fruehe (Great Oak)	2014
6-6	Troy Watkins (Woodcrest Chr)	2010	6-4	*Nick Kane (Great Oak)	2015
6-6	Nick Taylor (Murrieta)	2010	6-4	Johnnie Young (Rancho Verde)	2015
6-6	Quincy Enuwa (Rancho Verde)	2010	6-4	Dominique Maiden (Temecula)	2015
6-6	Terrance Graves (Roosevelt)	2010	6-4	Cameron Eakins (Vista)	2015
6-6	*Diego Felix (Coachella Valley)	2012	6-4	Damon Dubots (Vista)	2015
6-6	Darion Williams (Vista)	2012	6-4	Malio Champion (Beaumont)	2016
6-6	Ishmael Stevenson (Great Oak)	2013	6-4	Derreck Affor (Beaumont)	2016
6-6	Justin McKinley (Vista)	2013			
6-6	Nate Kelly (Vista)	2015			
6-6	Tyler Burson (West Valley)	2015			
6-6	Isaac Grimes (Rancho Verde)	2016			
6-5.25	Scott Johnson (Norco)	1986			
6-5.25	Ricardo Aguilar (CSDR)	1986	16-6.5	Peter Chapman (Murrieta Valley)	2012
6-5	Susano Zepeda (Indio)	1984	16-0	Richard Levenson (Elsinore)	2011
6-5	Hosea Love (Elsinore)	1957	16-0	*Shane Atkinson (Great Oak)	2013
6-5	Tyronne Owens (Palm Desert)	1989	15-9	Matt Mathis (Norte Vista)	1999
6-5	Corey Kelley (Canyon Springs)	1992	15-9	Levi Walker (Hemet)	2001
6-5	Raul Martinez (Centennial)	1993	15-9	Devin Rexroat (Norco)	2005
6-5	Tyrone Thompson (Ramona)	2001	15-8	Jon Vaughn (Corona (16-5 summer '66?))	1966
6-5	Wayne West (Arlington)	2006	15-8	Heath Fulk (Norte Vista)	1991
6-5	Tim Sebastian (North)	2006	15-7	*Myles McDowell (Murrieta)	2005
6-5	*Quincy Enunwa (Rancho Verde)	2009	15-6	Dustin Wert (Great Oak)	2014
6-5	Nnamdi Agude (Santiago)	2011	15-6	Ryan Polakiewicz (Great Oak)	2015
6-5	*Marcus Williams (Roosevelt)	2013	15-6	Asa Martin (Great Oak)	2016
6-4.5	David Moore (Palm Springs)	1955	15-5.25	Vic Diaz (Rubidoux)	1967
6-4.5	Mike Plinski (Corona)	1993	15-0	Brett Updike (Temecula)	1996
6-4.5	B.J. Stewart (Norco)	1996	15-0	Rodney Mabry (Temecula)	1997
6-4	Columbus Calvert (Poly)	1959	15-0	Ben Shelton (Centennial)	1998
6-4	Jon Vaughn (Corona)	1966	15-0	Andrew Lottig (Great Oak)	2014
6-4	Hollowell (Perris)	1970	15-0	Garrett Hansen (Santiago)	2014
6-4	Dave Nugent (Norco)	1973	15-0	* Tim Morphew (Great Oak)	2014
6-4	Hammond (Hemet)	1976	15-0	Nich Lapierre (Chaparral)	2016
6-4	Gary West (Arlington)	1979	15-0	Adam Millet (Corona)	2016
6-4	Jeff Livsay (Norco)	1984	14-10	Austin Prince (Murrieta)	2008
6-4	Nate Tucker (Corona)	1985	14-9	*Ryan Utchmer (Chaparral)	2005
6-4	Ken Leonard (Rubidoux)	1986	14-9	Matt Davis (Elsinore)	2009
6-4	King (Beaumont)	1987	14-9	Cory Pittman (Great Oak)	2012
6-4	David Guillermo (Palm Springs)	1989	14-9	Nick Weisheit (Roosevelt)	2012
6-4	Craig Smith (Temecula)	1990	14-8	Miles Reynolds (Hemet)	1991
6-4	Jim Nolland (Elsinore)	1990	14-6	Dopp (Corona)	1971
6-4	Mark Greenwood (Canyon Springs)	1992	14-6	Berry Leake (Corona)	1979
6-4	Antoine Adkins (Rubidoux)	1992	14-6	Rocky Wilson Indio)	1979
6-4	Scott Smith (Centennial)	1992	14-6	Marc Amesse (Elsinore)	1991
6-4	Chris Morrison (Norte Vista)	1992	14-6	John Eckhardt (Hemet)	1993
6-4	Anderson (Poly)	1993	14-6	Armando Duran (Nome Vista)	1995
6-4	Tim Leffel (Hemet)	1993	14-6	Jeff Schneider (Murrieta)	1996
6-4	Kurt Lomas (San Jacinto)	1995	14-6	Josiah Douglas (Murrieta)	1995
6-4	Curtis Harrison (Banning)	1995	14-6	Duncan Johnson (Temecula Valley)	1998
6-4	Brad Ackley (Murrieta Valley)	1996	14-6	Eddie Becker (Temescal Canyon)	1998
6-4	Dustin Riley (Woodcrest Christian)	1996	14-6	Steve Pease (Temescal Canyon)	1998
6-4	Max Saddler (Banning)	1996	14-6	Sam Ungeheier (Elsinore)	2001
6-4	Roman Herring (Arlington)	1996	14-6	Carlos Sanchez (Paloma Valley)	2001
6-4	Boyd Jensen (La Sierra)	1996	14-6	Matt Saul (Temecula)	2003
6-4	Keith Thedford (Canyon Springs)	1997	14-6	Alex Lohman (Murrieta)	2005
6-4	Andy Haven (Palm Desert)	1997	14-6	Jake Johnson (Temecula)	2006
6-4	Carlisle (Temecula)	1997	14-6	Myles McDowell (Murrieta)	2006
6-4	Brad Ackley (Murrieta Valley)	1997	14-6	*Austin Woods (Canyon Springs)	2009
6-4	Rand Scheider (Murrieta Valley)	1998	14-6	Stephen Brown (Great Oak)	2010
6-4	Jay Milliner (Poly)	1999	14-6	Colin Cassady (Vista)	2012
6-4	Jason Duckworth (North)	1999	14-6	Andre Elmore (Roosevelt)	2013
6-4	Chris Alsina (Beaumont)	2004	14-6	Leonard Becarra (Santiago)	2014
6-4	Smith (Canyon Springs)	2004	14-6	Jerod Stevens (Temecula Valley)	2016
6-4	John Chea (La Quinta)	2005	14-4	*Zach Green (Poly)	2016
6-4	Robert Williams (Ramona)	2005	14-4	Jeff Massey (Chaparral)	2001
6-4	Carrington Matthews (King)	2005	14-3	Christian Esplana (Roosevelt)	2015
6-4	Damone Bentley (North)	2005	14-3	Eric Willis (Temescal Canyon)	2001
6-4	Jonathan Lacour (Rancho Verde)	2006	14-3	*Colin Cassady (Vista)	2011
6-4	Jeremy West (Perris)	2006	14-3	Jonathan Villaflor (Vista)	2011
				Clint Suppe (Roosevelt)	2013

Pole Vault

1986	16-6.5	Peter Chapman (Murrieta Valley)	2012
1986	16-0	Richard Levenson (Elsinore)	2011
1984	16-0	*Shane Atkinson (Great Oak)	2013
1957	15-9	Matt Mathis (Norte Vista)	1999
1989	15-9	Levi Walker (Hemet)	2001
1992	15-9	Devin Rexroat (Norco)	2005
1993	15-8	Jon Vaughn (Corona (16-5 summer '66?))	1966
2001	15-8	Heath Fulk (Norte Vista)	1991
2006	15-7	*Myles McDowell (Murrieta)	2005
2006	15-6	Dustin Wert (Great Oak)	2014
2009	15-6	Ryan Polakiewicz (Great Oak)	2015
2011	15-6	Asa Martin (Great Oak)	2016
2013	15-5.25	Vic Diaz (Rubidoux)	1967
1955	15-0	Brett Updike (Temecula)	1996
1993	15-0	Rodney Mabry (Temecula)	1997
1996	15-0	Ben Shelton (Centennial)	1998
1959	15-0	Andrew Lottig (Great Oak)	2014
1966	15-0	Garrett Hansen (Santiago)	2014
1970	15-0	* Tim Morphew (Great Oak)	2014
1973	15-0	Nich Lapierre (Chaparral)	2016
1976	15-0	Adam Millet (Corona)	2016
1979	14-10	Austin Prince (Murrieta)	2008
1984	14-9	*Ryan Utchmer (Chaparral)	2005
1985	14-9	Matt Davis (Elsinore)	2009
1986	14-9	Cory Pittman (Great Oak)	2012
1987	14-9	Nick Weisheit (Roosevelt)	2012
1989	14-8	Miles Reynolds (Hemet)	1991
1990	14-6	Dopp (Corona)	1971
1990	14-6	Berry Leake (Corona)	1979
1992	14-6	Rocky Wilson Indio)	1979
1992	14-6	Marc Amesse (Elsinore)	1991
1992	14-6	John Eckhardt (Hemet)	1993
1992	14-6	Armando Duran (Nome Vista)	1995
1993	14-6	Jeff Schneider (Murrieta)	1996
1995	14-6	Josiah Douglas (Murrieta)	1995
1995	14-6	Duncan Johnson (Temecula Valley)	1998
1995	14-6	Eddie Becker (Temescal Canyon)	1998
1996	14-6	Steve Pease (Temescal Canyon)	1998
1996	14-6	Sam Ungeheier (Elsinore)	2001
1996	14-6	Carlos Sanchez (Paloma Valley)	2001
1996	14-6	Matt Saul (Temecula)	2003
1996	14-6	Alex Lohman (Murrieta)	2005
1997	14-6	Jake Johnson (Temecula)	2006
1997	14-6	Myles McDowell (Murrieta)	2006
1997	14-6	*Austin Woods (Canyon Springs)	2009
1997	14-6	Stephen Brown (Great Oak)	2010
1998	14-6	Colin Cassady (Vista)	2012
1999	14-6	Andre Elmore (Roosevelt)	2013
1999	14-6	Leonard Becarra (Santiago)	2014
2004	14-6	Jerod Stevens (Temecula Valley)	2016
2004	14-6	*Zach Green (Poly)	2016
2005	14-4	Jeff Massey (Chaparral)	2001
2005	14-4	Christian Esplana (Roosevelt)	2015
2005	14-3	Eric Willis (Temescal Canyon)	2001
2005	14-3	*Colin Cassady (Vista)	2011
2006	14-3	Jonathan Villaflor (Vista)	2011
2006	14-3	Clint Suppe (Roosevelt)	2013

14-3	Marcos Zavaleta (King)	2015	13-6	Nathan Carman (West Valley)	1999
14-2	Roger Heldom (Perris)	1983	13-6	Bobbie Hudson (Rubidoux)	2000
14-2	Jarrod McGuire (Murrieta Valley)	2001	13-6	Matt Ungeheier (Elsinore)	2001
14-2	Jose Olague (Chaparral)	2008	13-6	Devin Bergquist (Canyon Springs)	2002
14-1	Larry Thompson (Ramona)	1970	13-6	Chris Miyake (Murrieta)	2002
14-0	Barry Gilfry (Corona)	1964	13-6	Nick Ham (Temecula)	2002
14-0	Ed Grondahl (Ramona)	1971	13-6	Jake Defter (Chaparral)	2004
14-0	Gonzales (Coachella)	1979	13-6	Steve Hoskinson (Poly)	2005
14-0	Tony Young Coachella)	1984	13-6	Matt Jones (Rancho Verde)	2006
14-0	Scott Hanes (Ramona)	1987	13-6	Pavel Mineukou (King)	2006
14-0	James Guillermo (Palm Springs)	1989	13-6	Chris Schaal (Vista)	2007
14-0	Frank Ayers (Corona)	1990	13-6	Ryan Sibley (King)	2007
14-0	Aaron Bishop (Poly)	1990	13-6	Josh Brewton (Rubidoux)	2007
14-0	Nick Karr (Temescal)	1997	13-6	Ian Peterson (Vista)	2008
14-0	Duncan Johnson (Temecula)	1998	13-6	Thomas Hamm (Poly)	2008
14-0	Tim Patino (Elsinore)	1998	13-6	Sean Stone (Great Oak)	2009
14-0	Derrick Rathbone (Hemet)	1998	13-6	Dee Davis (Great Oak)	2010
14-0	Josh Colburn (Murrieta)	1999	13-6	Clint Suppe (Roosevelt)	2011
14-0	Rithy Vong (Esinore)	2000	13-6	Jon Barnes (King)	2011
14-0	Eric Witts (Elsinore)	2000	13-6	*Randy Werkheiser (Elsinore)	2011
14-0	Calvin Davis (Rubidoux)	2001	13-6	Avery Chung (Chaparral)	2013
14-0	Nathan Skankey (Murrieta)	2002	13-6	Aleksei Watson (Elsinore)	2014
14-0	Devin Duncan (Poly)	2003	13-6	Cameron Brock (King)	2014
14-0	Devin Bergquist (Canyon Springs)	2003	13-6	Daniel Mukasa (King)	2015
14-0	Chris Miyake (Murrieta)	2003	13-6	Jeff Robbins (Poly)	2015
14-0	Ian Peterson (Vista)	2007	13-6	*Alex Cha (Vista)	2015
14-0	Tyler Wallace (Chaparral)	2008	13-6	Jorge Pelayo (Elsinore)	2016
14-0	*Will Foody (King)	2011	13-6	*Andrew Wilde (King)	2016
14-0	George Goodwin (Poly)	2012			
14-0	Nicholas Weisheit (Roosevelt)	2013			
14-0	*Dylan Dickerson (Elsinore)	2016			
14-0	Christian Esplana (Roosevelt)	2016			
14-0	Kobi Boltars (Centennial)	2016	25-3	Bobby Bonds (Poly)	1964
14-0	*Tyler Harper (Beaumont)	2016	24-10.5	Jovonte Slater (Vista)	2011
14-0	*Jake Rice (Murrieta Valley)	2016	24-5	Chris Harper (Arlington)	1980
14-0	Jarod Kerr (Valley View)	2016	24-5	Mike Anderson (Rubidoux)	1983
13-10	*Garrett Thompson (Great Oak)	2016	24-4.25	Verle Sorgen (Poly)	1949
13-9	Steve Nugent (Norco)	1976	24-3	Bob Britt (Poly)	1962
13-9	Buc Longmore (Elsinore)	1985	24-3	Tyree Washington (La Sierra)	1995
13-9	Tom Petri (Poly)	1997	23-11.75	Joe Williamson (Poly)	1961
13-9	Mark Johnston (King)	2005	23-11.5	*DJ Lloyd (Vista)	2008
13-9	*Sean Stone (Great Oak)	2008	23-11	Mario Montgomery (Banning)	1979
13-9	Bryar Yup (Vista)	2013	23-11	Quincy Franks (Perris)	1980
13-9	Kyle Gunnell (Corona)	2013	23-10.5	Jimmy Devine (Ramona)	1995
13-9	*Nathan Sukhov (Murrieta Valley)	2013	23-9.5	Kenny Johnson (Canyon Springs)	1974
13-9	Jonah Heath (Chaparral)	2014	23-8	Mike Harris (Indio)	1974
13-9	*Asa Martin (Great Oak)	2015	23-8	Nick Ross (Vista)	2009
13-7	*Daniel Mukasa (King)	2014	23-7	Al Washington (Poly)	1966
13-7	Clayton Booth (Vista)	2014	23-6.5	Chris Milan (Great Oak)	2012
13-6	Bruner (Indio)	1977	23-6.25	Clay Hall (Palm Springs)	1982
13-6	Vierra (Moreno Valley)	1976	23-6	JaMar Moore (Rubidoux)	1991
13-6	Owen (Indio)	1976	23-6	Erik Vann (Canyon Springs)	1996
13-6	Wilson (Indio)	1976	23-4.5	Tony Williams (Indio)	1984
13-6	Don Flint (Norco)	1974	23-4.25	Lafayette Waters (Murrieta Valley)	2014
13-6	Dave Nugent (Norco)	1973	23-4	Art Lilly (Perris)	1965
13-6	Louie Romero (Indio)	1978	23-4	Mickey Grimes (Canyon Springs)	1995
13-6	Jarret Johnson (Perris)	1984	23-3.25	Jared Lewis (Poly)	1994
13-6	Roger Hallett (Hemet)	1984	23-3.25	Ronald Howard (North)	2002
13-6	Troy Parr (Perris)	1986	23-3	Mike Howe (North)	1981
13-6	Brent Benson (Corona)	1985	23-3	Derron Smith (Banning)	2010
13-6	Tim Dry (Elsinore).	1985	23-2.25	Dave Janoski (Corona)	1992
13-6	Doug Weber (Poly)	1986	23-1.5	B.J. Stewart (Norco)	1996
13-6	Jeff Wall (Norco)	1990	23-1.25	Jonathan Williams (Temecula)	2006
13-6	Don Killian (Norte Vista)	1991	23-1	Simpson (Banning)	1975
13-6	Peter Anderson (Elsinore)	1992	23-1	Lee Harper (Indio)	1988
13-6	Brad Scott (Corona)	1992	23-0	Vince Craghead (Rubidoux)	1971
13-6	Sal Duran (Norte Vista)	1992	23-0	Ryan Swafford (Vista)	2008
13-6	Eric Stanfield (Elsinore)	1993	23-0	**Quentin Taylor (Palm Springs)	2011
13-6	Gilbert Amesse (Elsinore)	1993	22-11.75	Kincaid (Perris)	1975
13-6	Mason McKinnon (Norco)	1994	22-10.5	Earnest Clark (North)	1984
13-6	Mike Ganet (Centennial)	1995	22-10.5	Kenny Jackson (Elsinore)	2009
13-6	Schimer (Murrieta)	1996	22-10.25	Avery Anderson (North)	1991
13-6	Tim Patinbo (Elsinore)	1997	22-10.25	Billy Keys (North)	2002
13-6	Levi Walker (Hemet)	1999	22-9.75	Jason Churchhill (Palm Springs)	1999
13-6	Troy Reynolds (Hemet)	1999	22-9.75	*Nick Fisher (Gret Oak)	2014

Long Jump

22-9.5	Ron Oastes (Hemet)	1965	23-2.5	* CJ Alumbres (Vista)	2014
22-9.5	Jordan Testerman (Vista)	2016	23-2.25	Nick Ross (Vista)	2009
22-9	Nathan Campbell (Perris)	1989	23-2	OT Sabo (La Sierra)	2005
22-9	***Trevor Webb (Vista)	2009	23-2	Jonathan Williams (Temecula)	2006
22-8.75	Brad McGee (Indio)	1981	23-2	*Anthony Reyes (Elsinore)	2016
22-8.75	Troy Watkins (Woodcrest Chr)	2010	23-2	*Bryan Thonpson (Rancho Verde)	2016
22-8	Nathan Irvin (Poly)	1998	23-0.25	Calvin Grissom (La Sierra)	1994
22-8	Justin Nelson (Murrieta)	2002	23-0.25	Jordyn Manier (Roosevelt)	2016
22-8	*Terance Narvaez (Canyon Springs)	2011	22-10.75	Lance Gonzales (Murrieta Valley)	2005
22-8	* CJ Alumbres (Vista)	2014	22-10.5	Jon Greenwalt (Elsinore)	2010
22-7.75	Silas Hale (Poly)	1982	22-8.75	***John Byrd (Arlington)	2006
22-7.5	Ron Haines (Corona)	1984	22-8.5	Marcus Logan (North)	2004
22-7.25	Marquise Strange (Cathedral City)	1998	22-8.5	Chase Aaronson (Palm Springs)	2007
22-7.25	Marcus Logan (North)	2004	22-8	Jeremy Wesst (Perris)	2008
22-7	Trewitt (Elsinore)	1939	22-8	Ricky Wright (Palm Springs)	2015
22-7	Main Mitchell (Temecula)	1995	22-7.5	Rodney Storrs (Santiago)	2007
22-7	Brian Majors (Canyon Springs)	2001	22-7	Curtis Bonapart (Poly)	2005
22-7	Jermaine Pate (North)	2002	22-6.5	Lance Gonzalez (Murrieta)	2004
22-7	Davon Mercer (Murrieta)	2005	22-6.5	Jesse Ooten (Rancho Verde)	2007
22-6.75	Wilford Weischedel (Perris)	1948	22-6.5	Josh Como (Rancho Verde)	2006
22-6.25	C Stuart (Corona)	1974	22-6.5	Malek Walls (Canyon Springs)	2010
22-6.25	Josh Gibson (Canyon Springs)	2003	22-6.5	Anthony Garcia (Murrieta Valley)	2016
22-6.25	Jesse Ooten (Rancho Verde)	2008	22-6.25	Chris Samuel (Rancho Verde)	2004
22-5.75	OT Sabo (La Sierra)	2005	22-6	Eric Nowell (Perris)	2006
22-5.75	Kevin Kim (Santiago)	2015	22-6	Larry McCan (Indio)	2015
22-5.25	Spencer Gray (Poly)	2010	22-5	Tribble (Indio)	1975
22-5.25	D.J. Redd (Paloma Valley)	2011	22-5	Danny Foster (Centennial)	2002
22-5	Robert Cotton (Indio)	1983	22-5	**Bryan Thompson (Rancho Verde)	2015
22-5	Greg Davis (San Jacinto)	2001	22-4.5	*Kameron Green (Great Oak)	2010
22-4.75	Ellison (Poly)	1940	22-4.5	Matt Galloway (Elsinore)	2015
22-4.75	Nathan Arvin (Poly)	1999	22-4	Adam Luckey (Murrieta Valley)	2005
22-4.75	John Byrd (Arlington)	2009	22-4	**Maverick Metoyer (Vista)	2013
22-4.5	James Scott (Banning)	1984			
22-4.5	Malek Walls (Canyon Springs)	2010			
22-4.5	*Bryan Thompson (Rancho Verde)	2016			
22-4.25	Orshawante Bryant (Rubidoux)	1996	50-3.5	Josh Como (Rancho Verde)	2006
22-4.25	Myles Williams (Perris)	2011	50-1.25	* CJ Alumbres (Vista)	2014
22-4	Jlmal Cumberbatch (Temecula)	2003	49-9.5	Kenny Johnson (Canyon Springs)	1991
22-3.5	Nick Neal (North)	2001	49-8	Nick Ross (Vista)	2009
22-3	Tony Young (Coachella)	1984	49-7.25	Tim Williams (Rubidoux) (49-7.5w)	1985
22-3	Brandon Tedrow (Beaumont)	1999	49-6	Chris Benard (Santiago)	2008
22-3	Theartis Grigsby (Vista)	2012	49-0.25	Curtis Wilson (Rancho Verde)	2009
22-2.75	Lou Welfel (La Sierra)	1993	48-10.25	*Solomon Ijah (Murrieta)	2010
22-2.5	Wilson (Poly)	1931	48-7.75	Aaron Berry (Perris)	2015
22-2.5	Curtis Proctor (Poly)	1994	48-6.75	Ryan Swafford (Vista)	2008
22-2	Kevin Nolen (Norte Vista)	1990	48-4.5	Clay Hall (Palm Springs)	1982
22-2	Corey Merrill (Palm Springs)	1992	48-3.5	Larry Jones (Canyon Springs) (indoor)	1991
22-2	**Nick Fisher (Great Oak)	2013	48-3	Norris (Coachella)	1978
22-1.75	Jacob Lister (Vita)	2016	48-1	Shamori Walker (Moreno Valley)	1993
22-1.5	Strange (Indio)	1978	48-0.5	JR McCoy (Rubidoux)	1989
22-1.5	*Nick Talor (Vista)	2009	48-0.5	Nick Taylor (Vista)	2010
22-1.25	Kale Novak (Murrieta Valley)	2012	47-11.75	Staton Gibson (Ramona)	2003
22-1.25	Isaiah Manley (Santiago)	2014	47-10.25	Dyvod Hammond (Hemet)	1991
22-1	George Woods (Rubidoux)	1989	47-8.5	Clayton Fleminster (Perris)	1993
22-1	Larry Jones (Canyon Springs)	1991	47-5.25	Myles Williams (Perris)	2011
22-1	Shamori Walker (Moreno Valley)	1993	47-4	Erik Vann (Canyon Springs)	1996
22-1	Willie Baker (Norte Vista)	1997	47-2	Paul Turner (Indio)	2009
22-1	Brandon Tedrow (Beaumont)	1999	47-0.75	Anthony Verret (Perris)	1985
22-1	Shane FitzGerald (Vista)	2016	46-10.25	Johnnie Young (Rancho Verde)	2015
22-0.75	Angelo DeWitt (Indio)	1986	46-10	Isaac Grimes (Rancho Verde)	2016
22-0.5	Kyltone Jack (Canyon Springs)	1992	46-9.25	Eric Nowell (Perris)	2006
22-0.5	Nate Koch (Temescal)	2003	46-9	Walter Whitaker (Vista)	2011
22-0.5	Adam Luckey (Murrieta)	2005	46-8.25	Robert Cotton (Indio)	1983
22-0.25	Tim Williams (Rubidoux)	1985	46-8	Malek Walls (Canyon Springs)	2010
22-0	*Anthony Reyes (Elsinore)	2016	46-7	Jama1 Cumberbatch (Temecula)	2003
			46-6.75	Manuel Santiago (King)	2008
			46-6.5	Rick Wood (Moreno Valley)	2000
			46-6.25	Kyjione Jack Canyon Springs)	1992
			46-6	Jovan Grady (Rancho Verde)	2002
			46-5	*Anthony Reyes (Elsinore)	2016
			46-4.25	Michael Howe (North)	1981
			46-4.25	Dametrious Munerlyn (Elsinore)	1985
			46-4.25	Craig Mauldin (Mesa)	2012
			46-4.25	*Lorenzo Burns (Linfield)	2015
			46-4	Orshawante Bryant (Rubidoux)	1996

Triple Jump

Wind-Aided:

24-11.75	Jovonte Slater (Vista)
24-5	Mike Howe (North)
23-9.75	Kyjione Jack (Canyon Springs)
23-8.25	Simpson (Banning)
23-7.5	**Ervin Simmons (Murrieta)
23-6	Derron Smith (Banning)
23-4	Dave Janoski (Corona)
23-3.5	Nathan Irvin (Poly)

46-4	**CJ Stevenson (Great Oak)	2016	47-6	Johnnie Young (Rancho Verde)	2015
46-3.5	Henry Vildosola (Woodcrest Chr)	2010	47-4.75	Paul Turner (Indio)	2009
46-1	Jeff Strange (Indio)	1983	47-3.5	Jeremy West (Perris)	2008
46-0.5	B.J. Stewart (Norco)	1996	47-3	Aaron Berry (Perris)	2015
46-0.25	Stanton Gibson (Ramona)	2002	46-9.5	Henry Vildosola (Woodcrest Chr)	2010
46-0.25	Julius Tate (Santiago)	2007	46-8.25	Malek Walls (Canyon Springs)	2010
46-0	Andy Pfeifle (Hemet)	1982	46-8	Joshua Rennick (Mesa)	2015
46-0	Larry Jones (Canyon Springs)	1990	46-7	Jamal Cumbertach (Temecula)	2003
46-0	Phillip Craig (Banning)	2002	46-3	Jordyn Manier (Roosevelt)	2016
45-11.5	Cullen Sullivan (Poly)	2012	46-2	Tim Sebastian (North)	2006
45-9.75	Dion Beckton (Rancho Verde)	2012	46-1.5	*Nick Fisher (Great Oak)	2014
45-9.5	Isaiah Manley (Santiago)	2014	46-0.5	Donovan Jansen (Temecula Valley)	2016
45-9.5	*Nick Fisher (Great Oak)	2014	46-0	Nich Samuels (Chaparral)	2016
45-9.25	Fraancea Brown (Rancho Verde)	1999	45-11.75	Devin Ray (West Valley)	2014
45-9	Aaron Smith (Canyon Springs)	1991	45-11.25	Adrienne Jackson (Vista)	2014
45-8	Devon Vinson (Santiago)	2015	45-11	Jeremy West (Perris)	2008
45-7.75	Milan Ford (Centennial)	1994	45-10.5	Jedkai Hill (Chaparral)	2014
45-7.25	Jimmy Devise (Ramona)	1995	45-10.25	*Jacob Zandi (Murrieta Valley)	2015
45-7	Aaron Harris (Canyon Springs)	1989	45-5	Anthony Hollins (Perris)	2012
45-7	Nathan Irvin (Poly)	1999	45-3	Lafayette Waters (Murrieta Valley)	2014
45-6	*Jovonte Slater (Vista)	2010	45-3	Ricky Wright (Palm Springs)	2015
45-4.25	Dominick Hines (Poly)	2006	45-1.5	*William Armour (Vista)	2011
45-4.25	Stephon Williams (Roosevelt)	2012	45-1	Jonathon Hawkins (Rancho Verde)	2004
45-4	Nnamdi Agude (Santiago)	2011	45-0.5	Kenneth Whitmore (Rancho Verde)	2004
45-3.5	Dave Janoski (Corona)	1992	45-0	*David Irving (San Jacinto)	2010
45-3.5	*Jordan Austin (Canyon Springs)	2013			
45-3.25	Jedaki Hill (Chaparral)	2014			
45-3	King (Beaumont)	1987	Shot Put		
45-3	John Peoples (Palm Desert)	1989	69-7.25	Nick Ponzio (Great Oak)	2013
45-3	*Quincy Enunwa (Rancho Verde)	2009	67-1.5	Joe Canavan (Palm Desert)	2007
45-2.75	Jim Chojnacki (Cal Lutheran)	2009	63-11.5	Jake Knight (Rubidoux)	2001
45-2.5	Michael Hernandez (Valley View)	2005	62-5.25	Spencer Moorman (San Jacinto)	2010
45-1.75	Petty (Hemet)	1985	61-8	Hank Kraychir (San Jacinto)	1979
45-1.75	Lenny Williams (Corona)	1983	61-3.75	Gene Clark (North)	1970
45-1.75	JaMar Moore (Rubidoux)	1991	61-0.25	Jarered Morgan (La Quinta)	2002
45-1.5	Arnold Jackson (Norco)	1983	61-0	Corey Whitaker (Vista)	2012
45-1	Keenan Colemann (Perris)	2014	60-11	Derek Kurkowski (Canyon Springs)	1997
45-0.75	Chris Davis (Rancho Verde)	2012	60-10.75	Oscar Rodriguez (Palm Desert)	2004
45-0	Davon Mercer (Murrieta)	2004	60-9.75	Larry Richards (Poly)	1961
44-11.75	Ron Haines (Corona)	1985	60-6.75	Leighton Heape (Palm Springs)	2002
44-11.5	Joshua Rennick (Mesa)	2015	60-4.25	John Chamberlain (Poly)	1958
44-11	Tyronne Owens (Palm Desert)	1989	60-3.75	Tim Oesterling (Ramona)	1966
44-10.5	Andre Hunt (Moreno Valley)	2008	60-2.5	Ed White (Indio)	1965
44-10	*William Armour (Vista)	2011	60-2	Matt Wiley (Hemet)	1989
44-10	Rio Rodriguez (Poly)	2012	59-8.5	Arren Roberson (Desert Hot Sp)	2010
44-9.5	*Darren Bailey (Temecula Prep)	2008	59-7.75	Moises Ramos (Coachella Valley)	2011
44-9	Aaron Masters (Hemet)	1994	59-7.5	Steve Fite (San Jacinto)	1961
44-9	Stevie Will (King)	2009	59-5.75	*Lawrence O'Hara (Poly)	2013
44-8.5	*Anthony Hollins (Perris)	2011	58-9	Gabe Torre (Notre Dame)	1992
44-8.25	Ralph Johnson (Hemet)	1988	58-9	Rovann Cleveland (Rubidoux)	1999
44-8.25	Ray Warhop (Arlington)	1995	58-3	Mike Savicky (Corona)	2001
44-8.25	*Adrienne Jackson (Vista)	2013	58-2	Coleman Johnson (Poly)	1994
44-8	Tony Williams (Indio)	1984	57-11.75	Kyle Nelthorpe (Poly)	2003
44-8	Aaron Anderson (North)	1988	57-11.75	Justin Barlow (Great Oak)	2013
44-8	Nosy Karasoulas (Elsinore)	1988	57-9	Steve Dufner (Hemet)	1972
44-7.5	William Ibekwe (Norco)	2005	57-8.5	Greg Garza (Indio)	2003
44-7	Jeremy Meyerett (Rubidoux)	1993	57-8.5	Matt O'Hara (Poly)	2012
44-6.75	*Kyle Ambat (Ramona)	2014	57-2.5	Hank Behrens (San Jacinto)	1999
44-6.5	Jared Lewis (Poly)	1995	56-11.5	Jordan Davis (Elsinore)	2015
44-6.5	Justin Nelson (Murrieta)	2001	56-9.25	Desmond Clark (Rancho Verde)	2004
44-6	JJ Eddington (Perris)	1984	56-7.5	Adam Simler (Hemet)	2003
44-6	William Shropshire (North)	1988	56-7.25	Seth Knowlton (Great Oak)	2016
44-6	*Shane Stanton (Mesa)	2012	56-5	Charles Smith (Poly)	1955
44-5.75	Eric Bello (Corona)	2000	56-3.25	Peyton (Beaumont)	1975

Wind –aided:

50-6.75	Curtis Wilson (Rancho Verde)	2009	56-1.5	Jeremy Sutherland (Palm Springs)	2005
50-0.25	Nick Ross (Vista)	2009	56-1	Picky Youngquist (Temescal)	2005
49-9.25	Josh Como (Rancho Verde)	2006	55-11.25	Malone (Moreno Valley)	1977
49-7.5	Tim Williams (Rubidoux)	1985	55-11	Chad Rossan (Canyon Springs)	2000
49-1.25	Ryan Swafford (Vista)	2008	55-9.75	Phister (Poly)	1973
49-1	Nick Taylor (Vista)	2010	55-9	Charles Martin (Poly)	1955
49-0	Chris Benard (Santiago)	2008	55-7	Robert Malone (King)	2006
47-9.5	Isaac Grimes (Rancho Verde)	2016	55-6.5	George Allen (Rubidoux)	1991
47-7	Jovan Grady (Rancho Verde)	2002	55-6	Kris Kirk (Elsinore)	2010

55-5.75	Rico Stubbs (Elsinore)	2013	167-0	John McBride (La Sierra)	2010
55-4.5	Jeff Tavashati (Murrieta)	2009	166-11	Jorge Alvarez (San Jacinto)	1993
55-4	*Josh Johnson (Valley View)	2016	166-3	Nick Nelthorpe (Poly)	2001
55-3.25	Kyle Strawn (Great Oak)	2011	166-3	*Austin Elmore (Poly)	2005
55-3	Henry Stevens (Banning)	1995	166-3	Dakarai Deramus (Roosevelt)	2015
55-0.5	Randy Patterson (Banning)	2000	166-2	Adam Medina (Canyon Springs)	2003
55-0	Siuu O'Reilly (Hemet)	1995	166-1	Warden Bowen (Murrieta)	1993
54-11.5	Louie Romero (Indio)	1978	165-6	Jesus Villarino (San Jacinto)	1997
54-11.25	Desmond Clark (Rancho Verde)	2003	165-6	Brandon Sedlaczek (La Quinta)	2015
54-10.5	Tevita Stevens (Hemet)	2005	165-4	Richard Valenti (Palm Desert)	2006
54-10	Dennis Smith (Hemet)	1985	165-2	Jeremy Sutherland (Palm Springs)	2005
54-9.5	Sonny Soto (Ramona)	1990	165-2	Wade Jones (Hemet)	2009
54-8.5	Connor Anderson (Ramona)	2016	164-10	Randy Leaphart (Poly)	1993
54-7.5	W. Palmer (Ramona)	1982	164-7	Rhodes (Moreno Valley)	1978
54-6.5	Tanner Harrah (Temecula)	2005	164-6	Randy Patterson (Banning)	2000
54-5.5	CJ Francis (La Sierra)	2004	164-5	Jose Sida (Hemet)	2007
54-3.75	*Corey Whitaker (Vista)	2011	164-5	Caleb Wood (Beaumont)	2011
54-3	Shane Wiley (Hemet)	1986	164-4	Jeff Finger (San Jacinto)	1979
54-2.75	Chris Witcher (La Sierra)	2004	164-0	Mark Sumler (Indio)	2012
53-11.5	Danny Negrete Centennial	2001	163-9	Mike Cronshagen (Palm Springs)	2006
53-11.5	Rosario Salazar North	1989	163-9	Jeff Tavishati (Murrieta)	2009
53-11	Matt Gomez (Rubidoux)	2000	163-8	Al Faamalilili (Norte Vista)	1992
53-11	Jose Sida (Hemet)	2007	163-5	Adam Medina Canyon Springs)	2002
53-10	Omar Valenzuela (La Quinta)	2015	163-3	Dan Estrada (Norco)	1991
53-9	Greg Berry (Elsinore)	1986	163-1	Greg Berry (Elsinore)	1986
53-9	Westley Siebdrath (La Quinta)	2015	163-0	Leighton Heape (Palm Springs)	2002
53-8	Zach Ricketts (Poly)	2002	162-6	Derek Kurkowski (Canyon Springs)	1997
53-7	Nate Dandridge (Valley View)	2001	162-4	Brandon Alcanter (King)	2011
53-7	Kyle Moshkin (La Sierra)	2007	162-2	Tama Finau (Mesa)	2015
53-6.5	*Matthew O'Hara (Poly)	2011	162-1	Matt Stewart (Santiago)	2014
53-6	Matt Stewart (Santiago)	2014	162-0	Michael Payne (Murrieta Valley)	2013
53-5	Smutty Diecks (Poly)	1994	161-11	Chris Lucker (La Sierra)	2001
53-5	Arturo Murillo (Ramona)	2009	161-9	Mike Haig (Norco)	1989

Discus

200-3	Jared Morgan (La Quinta)	2002	161-5	Skyler Pray (Great Oak)	2010
198-6	Seth Knowlton (Great Oak)	2016	161-4	Aaron Jeglin (San Jacinto)	2010
198-1	Gabe Torre (Notre Dame)	1992	161-3	Cody Lynn (Paloma Valley)	2007
192-4	John Gallagher (Palm Desert)	1989	161-2	Brock Wallander (Vista)	2016
191-1	Greg Garza (Indio)	2003	161-0	Eduardo Garcia (Rubidoux)	2006
188-10	Jason Rider (Murrieta)	2001	160-8	Sonny Soto (Ramona)	1991
188-7	Hank Kraychir (San Jacinto)	1979	160-8	Andrew Misipeka (Chaparral)	2004
187-8	Nick Ponzio (Great Oak)	2013	160-7	Andre Evans (Corona)	2010
187-0	Jared Morgan (La Quinta)	2001	160-7	Lucas Miranda (Hemet)	1996
184-4	Josh Rider (Murrieta)	2000	160-6	Zekai Wu (Roosevelt)	2013
184-3	Brandis Dew (Hemet)	2005	160-5	Tevita Stevens (Hemet)	2005
183-8	Matt Lahti (Murrieta Valley)	2006	160-3	Jordan Brawley (Citrus Hill)	2014
182-3	Coleman Johnson (Poly)	1994	160-2	Paul Staub (Hemet)	1980
182-0	Matt Gomez (Rubidoux)	1999	160-2	Anthony Avina (Lakeside)	2010
181-0	Omar Valenzuela (La Quinta)	2015	159-11	Ryan Gann (Corona)	2009
177-7	Rick Youngquist (Temescal)	2005	159-10	Padric Higgins (Norco)	1989
177-2	Jordan Davis (Elsinore)	2015	159-8	Bobbie Schwandt (La Sierra)	2005
176-8	Kris Kirk (Elsinore)	2010	159-5	Tony Tuala (Temescal)	2003
175-5	Jacob Castilow (Elsinore)	2012	159-1	Alatorre (Indio)	1980
175-4	Sapule Ta'amilo (Vista)	2012	158-10	Andy Richards (Hemet)	2006
174-6	Eldon Milholland (Hemet)	1965	158-9	Chris Stevens (Hemet)	1998
174-1	Jake Knight (Rubidoux)	2001	158-9	Gabriel Vargas (Vista del Lago)	2010
173-10	Kyle Strawn (Great Oak)	2011	158-9	Westley Siebdrath (La Quinta)	2015
173-3	Matt Wiley (Hemet)	1989	158-5	Alan Heidrich (Beaumont)	1994
171-10	DeAndre Reed (Rancho Verde)	2006	158-4	Jean-Paul Afif (Temecula Valley)	1998
171-4	Nick Johnson (Cathedral City)	2005	157-11	Patrick Clifford (Chaparral)	2013
171-2	Paul Bradley (Cathedral City)	2003	157-10	*Lawrence O'Hara (Poly)	2013
170-5	*Corey Whitaker (Vista)	2011	157-10	Armando Ceja (Xavier Prep)	2012
169-9	*Sapule Ta'amilo (Vista)	2011	157-6	Andres Henry (Heritage)	2016
169-5	Kendrick McDaniel (Indio)	1995	157-5	Alan Bash (Norco)	1977
169-1	*David Potts (Roosevelt)	2015	157-4	Marcos Cordenas (Moreno Valley)	1998
168-11	Kyle Moshkin (La Sierra)	2007	157-4	*Ryan Gonter (Vista)	2016
168-5	Emil Mejares (Vista)	2010	157-3	Tyler Cisneros (Palm Springs)	2007
168-4	Cody Lynn (Paloma Valley)	2008	157-1	Fernando Cordero (San Jacinto)	1992
167-11	*Josh Johnson (Valley View)	2016	157-0	Brock Lasky (Poly)	2005
167-11	David Potts (Roosevelt)	2016	156-9	Charles Bochar (Elsinore)	2010
167-9	Chris Witcher (La Sierra)	2004	156-7	Matt Hauffen (Norte Vista)	2010
167-9	**Jaime Navarro (Great Oak)	2016	156-6	Andre Abrams (Perris)	1990
167-3	Jacob Underwood (Desert Chr-Bermuda D.)	2006	156-6	Tony Stello (Canyon Springs)	1990
				Ryan Tucker (Corona)	2001
				Siuu O'Reilly (Hemet)	1995
				Greg Harris (Corona)	1996

156-6	Fernando Rodriguez (Elsinore)	2014	151-2	Lucia (Indio)	1982
156-5	*Aaron Jeglin (San Jacinto)	2009	151-1	Lucas Miranda (Hemet)	1994
156-4	Bobby Vail (Palm Springs)	1999	151-0	Rosario Salazar (North)	1989
156-4	Shaun Dech (Elsinore)	2013	151-0	Jason Byrd (Temecula)	1996
156-3	Jason Allison Canyon Springs)	1995	150-11	PJ Bradley (Cathedral City)	2002
156-3	Gavin Coath (Hemet)	2013	150-11	Andrew Misipeka (Chaparral)	2005
156-2	Dan Anady (Hemet)	1978	150-10	Nandho Rodriguez (Elsinore)	2014
156-2	Mike Edge (Indio)	1987	150-9	*Rogelio Moreno (San Jacinto)	2011
156-2	Ryan Dannewitz (San Jacinto)	2008	150-9	Rico Stubbs (Elsinore)	2013
156-0	Jeremy Fernandez (La Sierra)	2004	150-8	Ernesto Alvarez (San Jacinto)	1996
155-10	Curtis Romano (Vista)	2008	150-8	Barnes (King)	2002
155-10	Spencer Moorman (San Jacinto)	2010	150-8	Chris Harris (Canyon Springs)	2005
155-9	Jim Smith (Elsinore)	1993	150-7	Dave Mundt (Norco)	1985
155-9	Kartiaire Young (La Sierra)	2014	150-7	CJ Hicks (Hemet)	2014
155-7	Doonie Carlos (Rubidoux)	2003	150-6	Tim Garcia (Moreno Valley)	1984
155-7	Marcus Pallares (Norte Vista)	2008	150-6	John Ryan (Murrieta Valley)	1999
155-6	Steve Hymer (Temescal)	1995	150-5	Garen Holmes (Norco)	1997
155-5	Justin Slater (La Sierra)	2007	150-5	Roberto Reyes (Ramona)	2012
155-3	Richard Wallace (Norco)	1977	150-4	Jorge Cervantes (Indio)	2010
154-10	Mounga Tevita (Vista)	2014	150-3	Christopher Brown (Desert Hot Springs)	2014
154-8	Terry Dowell (West Valley)	2000	150-2	Adam Simler (Hemet)	2003
154-6	Greet (Ramona)	1985	150-1	Daniel Mendez (La Sierra)	2006
154-5	Andrew Sterndale (Chaparral)	2005	150-0	L Ortiz (Corona)	1977
154-5	Eric DeVries (Hemet)	2007	150-0	Eichelmann (Indio)	1976
154-2	Jon Perona (Elsinore)	1989			
154-0	Nick Cullen-Carroll (San Jacinto)	2006			
154-0	Justin Barlow (Great Oak)	2013			
153-10	Marcos Villegas (Murrieta Valley)	2015	5865	Chris Campbell (Poly)	1995
153-9	Colby Buttner (Norco)	1993	5864	Louie Romero (Indio)	1978
153-7	Shawn Mack (Paloma Valley)	2011	5545	Jack Reed (Indio)	1975
153-6	Steve Nord (Hemet)	1981	5343	Gilbert Amesse (Elsinore)	1993
153-6	*Josiah Ricciardi (Hemet)	2015	4984	Shamori Walker (Moreno Valley)	1993
153-5	Cameron Lyman (Perris)	1988	4789	Jeremy Lugimbill (Poly)	1996
153-3	Brandon Haskett (San Jacinto)	1999	4764	Kevin Duncan (Poly)	2003
153-3	Nathan Bell (Perris)	2016	4694	David Pefley (West alley)	2000
153-2	*Ben Echeverria (Corona)	2012	4677	Eric Whitman (Poly)	2002
153-1	Joe Canavan (Palm Desert)	2007	4577	Frank Almaraz (Banning)	2003
153-0	Moises Barragan (Palm Springs)	2009	4519	Nathan Irvin (Poly)	1997
153-0	Matt O'Hara (Poly)	2012	4512	Eric Whitman (Poly)	2003
152-10	Bregman (Hemet)	1998	4488	Kevin Gatrost (Elsinore)	2013
152-10	Grant Cleary (Vista)	2013	4358	Devin Duncan (Poly)	2002
152-10	Chris Whitscher (La Sierra)	2003			
152-9	Henry Stevens (Banning)	1995			
152-8	Tim Garcia (Moreno Valley)	1986			
152-8	Andrew Sterndale (Chaparral)	2004			
152-8	*Charles Bochar (Elsinore)	2009			
152-7	Chreis Gura (Beaumont)	2013			
152-6	Ricci (Moreno Valley)	1977			
152-5	Brandon Harris (Rancho Verde)	2000			
152-5	Gavin Gomes (Hemet)	2012			
152-4	Jake Cole (Hamilton)	2005			
152-4	Tristan Corwin (Elsinore)	2014			
152-4	Tevita Mounga (Vista)	2015			
152-3	Ricky Rhay (Poly)	1992			
152-3	Kevin Johnswon (Ramona)	2016			
152-2	Keith Kelly (Corona)	1987			
152-2	Greg Robinson (Temescal)	1998			
152-2	Joseph Young (Santiago)	2010			
152-1	Lee Felmley (Norco)	1987			
152-1	Ben Echevarria (Corona)	2013			
152-1	Dell Campbell (King)	2004			
152-1	Sergio Hernandez (Cathedral City)	2014			
151-11	Patrick Afif (Temecula)	2001			
151-11	**Silas Hurst (Santiago)	2016			
151-10	*Jacob Costilow (Elsinore)	2011			
151-9	Connor Anderson (Ramona)	2016			
151-8	Steven Hardy (Beaumont)	2001			
151-8	Jeff Tavashati (Murrieta)	2008			
151-7	*Jaquan Scott (La Sierra)	2011			
151-6	Oscar Rodriguez (Palm Desert)	2004			
151-5	*Mark Sumler (Indio)	2011			
151-5	Donnell Toliver (Vista)	2013			
151-4	Brett Brown (Corona)	1991			
151-4	CJ Hicks (Hemet)	2015			
151-3	Walter McNeil (Jurupa Valley)	1997			

Decathlon

2015	5865	Chris Campbell (Poly)	1995
1993	5864	Louie Romero (Indio)	1978
2011	5545	Jack Reed (Indio)	1975
1981	5343	Gilbert Amesse (Elsinore)	1993
2015	4984	Shamori Walker (Moreno Valley)	1993
1988	4789	Jeremy Lugimbill (Poly)	1996
1999	4764	Kevin Duncan (Poly)	2003
2016	4694	David Pefley (West alley)	2000
2012	4677	Eric Whitman (Poly)	2002
2007	4577	Frank Almaraz (Banning)	2003
2009	4519	Nathan Irvin (Poly)	1997
2012	4512	Eric Whitman (Poly)	2003
1998	4488	Kevin Gatrost (Elsinore)	2013
2013	4358	Devin Duncan (Poly)	2002

GIRLS ALL-TIME BEST MARKS LIST

100 yards

		12.11	*Dynese Adams (Vista)	2009
		12.12	Ciyamon Stevenson (Great Oak)	2016
11.0	Renee Chambers (Poly)	1979 12.13	Precious Watkins (Rancho Verde)	2007
11.0	Shelly McDade (Norte Vista)	1979 12.13	Jazmine Weatherspoon (Vista)	2009
11.0	Robin Shelton (Corona)	1982 12.13	***Audriana Holloway (Vista)	2011
11.1	Lisa Winston (North)	1978 12.13	Jasmyne Graham (Rosoevelt)	2015
11.1	Pauline Marag (Palm Springs)	1981 12.14c	Antionette Winston (Perris)	11.9 1979
11.2	Pam Streeter (North)	1975 12.14c	Ashanti Phannix (Moreno Valley)	11.9 1998
11.2	Jamie Brown Canyon Springs)	1993 12.14c	April Henderson (San Jacinto)	11.9 1999
11.2	Shania Edwards-Hambrick (Moreno Val)	1993 12.14	Angie Lindsey (Canyon Springs)	2001
11.3	Denise Woodward (Hemet)	1982 12.14	*Jordyn Smith (Corona)	2015
11.3	J Keeton (Corona)	1983 12.15	Breanca Fleming (Great Oak)	2007
11.3	Tanya Antuina (Norte Dame)	1983 12.16	Bobbi Jones (Indio)	1984
11.3	Robin Shelton oreno Valley)	1983 12.16	Jade Miller (Great Oak)	2013
11.53	Alicia Howard (Valley View)	1997 12.16	* Jaela Williams (Roosevelt)	2014
11.59	Thompson (Rudidoux)	1982 12.16	***Sydney Reid (King)	2015
11.4	Ingrid Brown (La Sierra)	1984 12.18	Kim Burress (Temescal)	1999
11.4	Serua Strange (Indio)	1986 12.19	Shanee Somerville (Palm Springs)	1991
11.4	Yvette McCullough (Arlington)	1986 12.19	*India Webb (Vista)	2013
11.4	Keisha Morgan (Canyon Springs)	1990 12.19	Doni Evans (Centennial)	2015
11.4	Latoya LeJav (Canyon Springs)	1993 12.20	Jessica Branker-Sanchez (Temescal)	2001
11.4	Theodosha_Rivers (Rancho Verde)	1995 12.20	**Danae Dyer (Temecula Valley)	2016
11.4	Jessica Branker-Sanchez (Temescal)	2000 12.21	Nettie Scott (Corona)	2010
11.66	Ingrid James (Ramona)	1988 12.21	Taisyn Crutchfield (Roosevelt)	2014
11.5	La Deanna Reynolds (Poly)	1982 12.24c	Nativa Johnson (Moreno Valley)	12.0 2004
11.5	Bobbi Jones (Indio)	1984 12.24	*Tia Parish (King)	2015
11.5	Kathy Lynaugh (Arlington)	1984 12.25	Alicia Howard (Valley View)	1997
11.6	Visa Boatman (Arlington)	1981 12.26	**Diamonique Brogan (Heritage)	2013
11.6	Christy Slaughter (Poly)	1990 12.28	**Kiarra Baker (Roosevelt)	2010
11.6	Joanna Hayes (North)	1993 12.29	Serma Strange (Indio)	1985
11.6	Marlene White (Norco)	1993 12.29	Ranisha Delone (Rancho Verde)	2001
11.6	Ashanti Phamux (Moreno Valley)	1996 12.30	*Audriana Holloway (Mesa)	2013
11.6	Lenzy (Canyon Springs)	1999 12.30	*Rahni Shakir (Vista)	2013
11.6	Zaneta Robbs (Temecula)	2000 12.31	Jenna Tomlin (Paloma Valley)	2002
Wind-Aided:		12.31	**Yazmin Taylor (Roosevelt)	2010
11.4	Milauskas (Palm Springs)	1987 12.32	*Sharidan Sharpe (Centennial)	2010
		12.32	**Ugochi Ogbunamiri (Notre Dame)	2011
		12.32	* M'fon Ibekewe (JW North)	2014
		12.32	*Janessa Celestine (Beaumont)	2016
		12.33	Taylor Matthews (Rancho Verde)	2012
		12.33	*Alexis Sutherland (Corona)	2016
		12.34	Celine Fleming Canyon Springs)	1989
		12.34c	Dejuana Stachell (Beaumont)	12.1 1997
		12.34c	Maude Best (Banning)	12.1 1997
		12.34c	Jesscia Williams (La Sierra)	12.1 1999
		12.34c	Candace Wilson (La Sierra)	12.1 1999
		12.34c	DeTuana Satchel (Banning)	12.1 1999
		12.34c	Wilson (Hemet)	12.1 2000
		12.34c	Katie Christianson (La Quinta)	12.1 2000
		12.34c	Hannah Francescon (Temecula)	12.1 2005
		12.34	Jordyn Smith (Corona)	2013
		12.35	Orlisha Henlon (King)	2002
		12.35	Ogonna Agu (Hemet)	2006
		12.35	Morgan Pope (La Quinta)	2009
		12.35	** Ciyamon Stevenson (Great Oak)	2014
		12.35	***Jillian Goza (Vista)	2015
		12.35	*Damatria Willingham (Paloma Valley)	2016
		12.36	Lafonda Thompson (North)	2006
		12.36	**Mariah Allain (La Sierra)	2016
		12.38	**Angela Mitchell (Roosevelt)	2012
		12.39	Kamaria Heru (Arlington)	2002
		1997 12.40	Kierra Augster (Vista)	2009
		2011 12.40	*Kiarra Baker (Roosevelt)	2011
		1995 12.40	Sheridan Sharpe (Roosevelt)	2012
		2001 12.40	***Tiona Roberts (Roosevelt)	2015
		2016 12.41	*Angela Mitchell (Roosevelt)	2013
		2009 12.41	Rickee Varnado (Rancho Verde)	2014
		1982 12.41	Simone Bucanan (Roosevelt)	2014
		2011 12.42	Natasha King (North)	1991
		2003 12.42	Bryana Hairston (Mesa)	2016
		2005 12.43	Christie Slaughter (Poly)	1989

100 meters

11.61	Madinah Ali (Canyon Springs)	1995 12.33	Taylor Matthews (Rancho Verde)	2012
11.62	Lonshay Bradford (Elsinore)	2015 12.33	*Alexis Sutherland (Corona)	2016
11.64	Courtne Davis (Roosevelt)	2015 12.34	Celine Fleming Canyon Springs)	1989
11.67	Tracee Thomas (North)	1999 12.34c	Dejuana Stachell (Beaumont)	12.1 1997
11.67	Nicole Denby (North)	2000 12.34c	Maude Best (Banning)	12.1 1997
11.68	*Amanda Van Buren (Vista)	2015 12.34c	Jesscia Williams (La Sierra)	12.1 1999
11.68	Eboni Sutherland (Centennial)	2013 12.34c	Candace Wilson (La Sierra)	12.1 1999
11.73	Ashlee Brown (North)	2001 12.34c	DeTuana Satchel (Banning)	12.1 1999
11.73	Jessika Hornsby (Rancho Verde)	2007 12.34c	Wilson (Hemet)	12.1 2000
11.73	Saravia Richardson (North)	2006 12.34c	Katie Christianson (La Quinta)	12.1 2000
11.73	*Asiah Gooden (Rancho Verde)	2009 12.34c	Hannah Francescon (Temecula)	12.1 2005
11.73	Kayla Wilson (La Quinta)	2014 12.34	Jordyn Smith (Corona)	2013
11.78	Destiny Longmire (Rancho Verde)	2016 12.35	Orlisha Henlon (King)	2002
11.79	Alicia King (Rancho Verde)	2007 12.35	Ogonna Agu (Hemet)	2006
11.85	DeAnna Carson (Vista del ago)	2003 12.35	Morgan Pope (La Quinta)	2009
11.85	Ashley Marshall (Rancho Verde)	2011 12.35	** Ciyamon Stevenson (Great Oak)	2014
11.90	Michelle Norman (Vista)	2014 12.35	***Jillian Goza (Vista)	2015
11.91	Dominique Manning (North)	2004 12.35	*Damatria Willingham (Paloma Valley)	2016
11.92	*Alycia Herring (Rancho Verde)	2009 12.36	Lafonda Thompson (North)	2006
11.92	Lauren Nichols (Murrieta Valley)	2012 12.36	**Mariah Allain (La Sierra)	2016
11.93	Bridgette Williams (North)	2000 12.38	**Angela Mitchell (Roosevelt)	2012
11.97	Jenna Tomlin (Paloma Valley)	2003 12.39	Kamaria Heru (Arlington)	2002
12.01	Nicole Hoxie (North)	1997 12.40	Kierra Augster (Vista)	2009
12.02	Kaelynn Greene (Roosevelt)	2011 12.40	*Kiarra Baker (Roosevelt)	2011
12.03	Theodosha Rivers (Rancho Verde)	1995 12.40	Sheridan Sharpe (Roosevelt)	2012
12.04	Kamera Heru (Arlington)	2001 12.40	***Tiona Roberts (Roosevelt)	2015
12.05	*Tylin Sands (Beaumont)	2016 12.41	*Angela Mitchell (Roosevelt)	2013
12.07	Ashley Perkins (Norco)	2009 12.41	Rickee Varnado (Rancho Verde)	2014
12.09	Mary Carroll (Coachella)	1982 12.41	Simone Bucanan (Roosevelt)	2014
12.09	*Khala Taylor (Great Oak)	2011 12.42	Natasha King (North)	1991
12.11	Unique Anderson (Temescal)	2003 12.42	Bryana Hairston (Mesa)	2016
12.11	Kimberly Sherrrod (Murrieta)	2005 12.43	Christie Slaughter (Poly)	1989

12.43	***Breanna Bernard-Joseph (Roosevelt)		2015	12.64c	Mercedes Scrivens (Paloma Valley)	12.4	2003
12.43	***Mariah Allain (Norte Vista)		2015	12.64c	Brison (North)	12.4	2004
12.44	La Deanna Reynolds (Poly)		1984	12.64c	LaQuesha Robinson (La Sierra)	12.4	2004
12.44c	Diane Temple (Notre Dame)	12.2	1995	12.64c	Chalon Conley (Arlington)	12.4	2004
12.44	Jessica Branker-Sanchez (Temescal)		2003	12.64c	Edwards (Canyon Springs)	12.4	2004
12.44c	Sigueria Spirlin (Valley View)	12.2	2004	12.64	**Ashley Marshall (Rancho Verde)		2009
12.44c	Sina Weismann (Vista)	12.2	2005	12.65	Diamonique Pate (Rancho Verde)		2008
12.44	Andi Ross (North)		2006	12.65	Starlynn Singleton (Mesa)		2013
12.44	Seguria Spirlin (Moreno Valley)		2006	12.65	***Chioma Okonkwo (Mesa)		2016
12.44	**Tia Parrish (King)		2014	12.66	***Lydia Buggs (Vista)		2014
12.44	***Alana Wilson (La Quinta)		2015	12.67	Unique Lewis (Hemet)		1989
12.45	Tanicka Ward (North)		2003	12.69	Shammeen Dawson (Perris)		2001
12.45	Omonlegbo Ovude (Santiago)		2006	12.70	Nikki Horton (Canyon Springs)		1989
12.45	Lovie Burlson (Vista)		2015	12.70	Norma Esqueda (La Quinta)		2001
12.45	Hailey Murdica (Palm Desert)		2016	12.70	***Rahni Shakir (Vista)		2011
12.46	Ishea Blackshear (North)		1996	12.70	**Charizma Guzman (King)		2015
12.46	*Kierra Auguster (Vista)		2008	12.70	***Dannae Dyer (Temecula Valley)		2015
12.46	Cydnie Jones (King)		2012				
12.48	Zona Chandler (Elsinore)		1981	Wind-Aided:			
12.48	Marjani Maldonado (North)		2006	11.51	Ashlee Brown (North)		2001
12.48	Stephanie Brown (Rancho Verde)		2012	11.57	Eboni Sutherland (Centennial)		2013
12.49	Shania Edwards (Moreno Valley)		1993	11.58	Tracee Thomas (North)		1999
12.50	Kiarra Baker (Roosevelt)		2012	11.58	*Asiah Gooden (Rancho Verde)		2009
12.50	*Jazmyne Santiel (Indio)		2015	11.58	*Kayla Wilson (La Quinta)		2013
12.51	Denise Johnson Corona)		1990	11.62	Courtne Davis (Roosevelt)		2015
12.51	Brittany Osborne (Santiago)		2009	11.68	Alicia King (Rancho Verde)		2007
12.51	*Miracle Onyemaobi (Chaparral)		2016	11.73	Lauren Nichols (Murrieta Valley)		2012
12.52	Deanna Clawson (Hemet)		1991	11.75	*Alycia Herring (Rancho Verde)		2009
12.52	Luckie Carrasco (Vista)		2007	11.77	Ashley Marshall (Rancho Verde)		2011
12.52	Nachelle Reyes (Rancho Verde)		2011	11.83	DeAnna Carson (Vista del Lago)		2003
12.52	Rahni Shakir (Vista)		2014	11.86	*Courtne Davis (King)		2014
12.52	**Tiona Roberts (Roosevelt)		2016	11.87	Nicole Hoxie (North)		1997
12.53	Tajshari Johnson (North)		1998	11.87	Dominique Manning (North)		2004
12.53	Kanisha Cass (Rancho Verde)		2000	11.88	Ashley Perkins (Norco)		2009
12.53	*Kristy Allen (Santiago)		2008	11.90	Kaelyn Greene (Roosevelt)		2011
12.54c	Keisha Morgan (Canyon Springs)	12.3	1990	11.93	Unique Anderson (Temescal)		2003
12.54c	Dana Burrell (Corona)	12.3	1995	11.93	*Jaela Williams (Roosevelt)		2014
12.54c	Yvette McCullough (Arlington)	12.3	1986	11.95	*Dynese Adams (Vista)		2009
12.54c	Julia Gray (North)	12.3	1997	11.99	Shanee Somerville (Palm Springs)		1991
12.54	*Nenia Taylor (Norco)		2010	12.00	Taisyn Crutchfield (Roosevelt)		2014
12.54	*Amber Sanford (King)		2009	12.01	Nicole Denby (North)		1998
12.54	Robyn Carroll (Lakeside)		2008	12.03	Nativa Johnson (Moreno Valley)		2004
12.54	Nechelle Reyes (Rancho Verde)		2011	12.03	Cydnie Jones (King)		2012
12.54	*Iris Chijioke (Roosevelt)		2011	12.03	*Audriana Holloway (Mesa)		2013
12.54	Shebanette Terry (Vista)		2013	12.04c	Mary Carroll (Coachella)	11.8	1982
12.54	*Alondra Gonzalez (Norte Vista)		2015	12.04c	Taryn Foster (Poly)	11.8	1993
12.54	**Anayah Pelt (Perris)		2016	12.04	Tanika Ward (North)		2003
12.55	**Brandee Rodriguez (Elsinore)		2010	12.09	Khala Taylor (Great Oak)		2012
12.55	Duncan Nikia (Murrieta)		2009	12.10	Nettie Scott (Corona)		2010
12.56	Candice Flemister (Perris)		1991	12.10	Jazmine Weatherspoon (Vista)		2009
12.56	*Brianna Harris (San Jacinto)		2016	12.10	D'oni Evans (Centennial)		2015
12.57	Courtney Logan (Indio)		1990	12.11	**Ciynamon Stevenson (Great Oak)		2014
12.57	Alicia Thomas (Ramona)		1992	12.12	Iris Chijioke (Roosevelt)		2012
12.57	Destiny Tyler (Canyon Springs)		2007	12.13	Breanca Fleming (Great Oak)		2007
12.57	*Nalacia Nelson (Beaumont)		2016	12.14c	Shania Edwards (Moreno Valley)		1993
12.58	Tiyauna Anderson (Murrieta)		2007	12.16	**Kiarra Baker (Roosevelt)		2010
12.58	*Camille Bowen (Riv Chr)		2009	12.17	India Webb (Vista)		2014
12.58	Destannie Chenevert (San Jacinto)		2011	12.19	**Amber Sanford (King)		2008
12.58	*Lillie Rellin (Canyon Springs)		2011	12.21	Destannie Chenevert (San Jacinto)		2011
12.58	***Daja Reynolds (Heritage)		2013	12.21	*Tia Parrish (King)		2015
12.58	Khasya Cunningham (King)		2015	12.23	Marjani Maldonado (North)		2008
12.58	*Chaka Chinedu-obi (Rancho Verde)		2016	12.24	Stephanie Brown (Rancho Verde)		2012
12.58	*Te'a Lynch (Rancho Verde)		2016	12.24	*Angela Mitchell (Roosevelt)		2013
12.59	*Brandee Rodriguez (Elsinore)		2012	12.25	Ogonna Agu (Hemet)		2006
12.59	*D'Oni Evans (Centennial)		2013	12.27	Natasha King (North)		1991
12.59	*Lovie Burlson (Vista)		2013	12.27	Marjani Maldando (North)		2007
12.59	**Naomi Lashley (Chaparral)		2016	12.29	**Dynese Adams (Vista)		2008
12.60	Kamilah Ali (Moreno Valley)		1989	12.30	***Mariah Allain (Norte Vista)		2015
12.63	Diane Temple (Norte Dame)		1994	12.31	Seguria Spirlin (Moreno Valley)		2006
12.64c	Lisa Poole (Perris)	12.4	1982	12.31	Deanna Grover (San Jacinto)		2007
12.64c	Marie Stamps (Perris)	12.4	1984	12.33	Diane Temple (Norte Dame)		1994
12.64c	Jamie Brown (Canyon Springs)	12.4	1993	12.33	Jessica Banker- Sanchez (Temescal)		2003
12.64c	Debrina Wright (Corona)	12.4	1994	12.33	Orlisha Henlon (King)		2003
12.64c	Shanti Oyenuga (Palm Desert)	12.4	1995	12.33	Kiarra Baker (Roosevelt)		2012
12.64c	Kari Snow (Norco)	12.4	2002	12.37	Camille Bowen (Riv Christian)		2010

12.38	Morgan Pope (La Quinta)		2009	24.04	*Kayla Wilson (La Quinta)		2013
12.38	Ashleigh Wells (Roosevelt)		2009	24.06	Saravia Richardson (North)		2006
12.38	**Uwakmfon (m'fon) Ibekwe (North)		2013	24.21	Bridgette Williams (North)		2000
12.38	Rahni Shakir (Vista)		2014	24.24c	Terica Ned (Rancho Verde)	24.0	1999
12.38	***Alana Wilson (La Quinta)		2015	24.33	*Amanda Van Buren (Vista)		2015
12.38	**Tylin Sands (Beaumont)		2015	24.34	Alicia King (Rancho Verde)		2007
12.39	Sheridan Sharpe (Roosevelt)		2012	24.36	Ashley Perkins (Norco)		2009
12.41	Amber Hegwood (Poly)		2008	24.39	Courtne Davis (Roosevelt)		2015
12.41	**Alexis Sutherland (Corona)		2015	24.42	*Akia Armstrong (Roosevelt)		2012
12.42	Tiyauna Anderson (Murrieta)		2007	24.44	*Asiah Gooden (Rancho Verde)		2009
12.42	**Diamonique Brogan (Heritage)		2013	24.46	Theodosha Rivers (Rancho Verde)		1995
12.43	Morgan Pope (La Quinta)		2008	24.60	Khala Taylor (Great Oak)		2012
12.43	*Atiya Strange (Indio)		2012	24.62	DeAnna Carson (Vista del Lago)		2003
12.44c	Dorris Williams (Poly)	12.2	1985	24.63	***Audriana Holloway (Vista)		2011
12.44c	Kellye Lazarus (King)	12.2	2004	24.63	*Courtne Davis (King)		2014
12.44	Andi Ross (North)		2006	24.66	Ogonna Agu (Hemet)		2006
12.45	*Asha Greene (Vista)		2008	24.68	Julia Gray (North)		1995
12.45	*Alexis League (La Sierra)		2012	24.68	Cydney Powell (Corona)		2014
12.45	*Simone Buchanan (Roosevelt)		2013	24.70	Cyndie Jones (King)		2012
12.45	*Khasya Cunningham (King)		2014	24.70	Loryn Nichols (Murrieta Valley)		2012
12.46	Amanda Gonzalez (Corona)		2014	24.71	Jade Miller (Great Oak)		2013
12.46	Sumaiyah Sullivan (Jurupa Valley)		2015	24.73	Ashley Marshall (Rancho Verde)		2011
12.47	**Taylor Matthew (Rancho Verde)		2010	24.75	Akia Armstrong (Roosevelt)		2013
12.47	Robyn Carroll (Lakeside)		2008	24.79	Taylor Smith (Roosevelt)		2015
12.47	***Nenia Taylor (Norco)		2008	24.81	Shanee Somerville (Palm Springs)		1991
12.48	Luckie Carrasco (Vista)		2007	24.82	Payton Green (Centennial)		2016
12.49	Jasmine Seymour (Paloma Valley)		2007	24.83	***Amber Munerlyn (Santiago)		2010
12.51	Moriah Jubray (Centennial)		2005	24.83	Lonshay Bradford (Elsinore)		2015
12.51	Cydney Powell (Corona)		2014	24.84	Ashanti Phannix (Moreno Valley)		1998
12.52	*Amber Lambert (Corona)		2011	24.85	*Taisyn Crutchfield (Roosevelt)		2013
12.52	Kate Rodriguez (Elsinore)		2013	24.87+	Renee Chambers (Poly)	25.01y	1979
12.52	Dystiny Johnson (Great Oak)		2014	24.87	Emily Cooper (Vista del Lago)		2010
12.52	***Sydney Reid (King)		2015	24.89	Kim Burrell (Temescal)		1999
12.53	*Camille Davis (North)		2010	24.89	Precious Watkins (Rancho Verde)		2006
12.53	***Danae Dyer (Temecula Valley)		2015	24.89	*Dynes Adams (Vista)		2009
12.54	Omonlego Ávbude (Santiago)		2005	24.90	Nettie Scott (Corona)		2010
12.54	*Cyndie Jones (King)		2011	24.92	Tamika Ward (North)		2001
12.54	**Imiendei Adegbe (Santiago)		2015	24.94c	Ashlee Brown (North)	24.7	2001
12.55	Moriah Jubrey (Centennial)		2003	24.94	Lorraine King (North)		2004
12.55	Paige Miller (Rancho Verde)		2006	24.95	*Angela Mitchell (Roosevelt)		2013
12.55	**Brandee Rodriguez (Elsinore)		2010	24.96	Lafonda Thompson (North)		2006
12.55	*Charmane Hammond (Perris)		2011	24.97	India Webb (Vista)		2014
12.55	Jennifer Van Wey (Linfield)		2009	24.97	*Alexis Sutherland (Corona)		2016
12.56	**Sharidan Sharpe (Centennial)		2010	25.00	Michelle Norman (Vista)		2014
12.57	Heather Brown (Notre Dame)		2003	25.02	*Simone Buchanan (Roosevelt)		2013
12.57	***Jaszmyne Santiel (Indio)		2013	25.04c	Raynisha Delone (Rancho Verde)	24.8	1999
12.59	Unique Lewis (Hemet)		1989	25.04c	Shelese Ruffin (Beaumont)	24.8	2004
12.59	Shanti Oyenuga (Palm Desert)		1997	25.08	Gayle Hunter (North)		2003
12.60	Djuara Jackson (Arlington)		2005	25.11	Ashleigh Wells (Roosevelt)		2009
12.60	Ashley Perkins (Norco)		2007	25.12	Ciynamon Stevenson (Great Oak)		2016
12.61	J Keeton (Corona)		1983	25.14c	Bizzle (North)	24.9	2000
12.61	Dana Burrell (Corona)		1997	25.14c	Jennifer Steen (La Sierra)	24.9	2000
12.61	*Sarai Reyes (Indio)		2013	25.15	**Uwakmfon (M'fon) Ibekwe (North)		2013
12.61	Precious Watkins (Rancho Verde)		2004	25.18	Jamie Brown (Canyon Springs)		1993
12.61	Regina Sheffield (Paloma)		2015	25.20	Jazmine Weatherspoon (Vista)		2009
12.62	Nikki Horton (Canyon Springs)		1989	25.20	**Kiarra Baker (Roosevelt)		2010
12.62	Brittany Osborne (Santiago)		2009	25.21	Breeanca Fleming (Great Oak)		2007
12.62	Kieana Morrison (North)		2008	25.24c	Kamoria Heru (Arlington)	25.0	2000
12.62	Hanna Francescon (Temecula)		2008	25.24	Iris Chijoke (Roosevelt)		2012
12.62	*Rahni Shakir (Vista)		2013	25.26	Rochelle Reese (Corona)		1988
12.63	Kristen Johnston (Great Oak)		2007	25.28	Audriana Holloway (Mesa)		2014
12.63	***Kimberly Evans (Temecula Valley)		2015	25.32	Orlisha Henlon (King)		2003
12.64	***Azalea Guanajuato (Cathedral City)		2015	25.34c	Oganna Agu (Hemet)	25.1	2004
12.65	*Michelle Akanji (Santiago)		2012	25.34	*Kaelynn Greene (Roosevelt)		2010
12.66	Robin Shelton (Moreno Valley)		1983	25.34	*Mariah Mora (Mesa)		2013
12.66	Alondra Gonzalez (Norte Vista)		2015	25.34	*Tia Parrish (King)		2015
				25.34	***Deja Allain (La Sierra)		2016
				25.35	Denise Johnson (Corona)		1990
				25.35	Kim Sherrod (Murrieta)		2006
23.28	Tracee Thomas (North)		1999	25.36	*Amber Sanford (King)		2009
23.68	*Alycia Herring (Rancho Verde)		2009	25.39	Sumaje Howard (Rancho Verde)		2013
23.72	Madinah Ali (Canyon Springs)		1995	25.42	**Sharidan Sharpe (Centennial)		2010
23.79	Eboni Sutherland (Centennial)		2013	25.42	Mercy Akanji (Santiago)		2013
23.86	*Gabrielle Estell (Rancho Verde)		2010	25.43	Kanisha Cass (Rancho Verde)		2000
23.90	Jessika Hornsby (Rancho Verde)		2007	25.43	*Damatria Willingham (Paloma Valley)		2016

200 Meters

25.44	Alisia Thomas (Ramona)		1992	25.92	Hanna Fransescon (Temecula)		2007
25.44	April Henderson (San Jacinto)	25.2	1999	25.92	**Brandee Rodriguez (Elsinore)		2010
25.44c	Dominique Manning (North)	25.2	2004	25.94	*Michelet Smith (Perris)		2012
25.45	*Khasya Cunningham (King)		2014	25.95	*Jazmine Weatherspoon (Vista)		2008
25.47	Stephanic Brown (Rancho Verde)		2012	25.96	Dashea McLough (Temescal)		2003
25.47	Amanda Gonzalez (Corona)		2014	25.96	Danae Dyer (Temecula)		2015
25.49	Nicole Denby (North)		1998	25.97	Madjie McIntos (Temecula)		2004
25.49	Morgan Pope (La Quinta)		2009	25.97	Kristen Johnston Great Oak		2007
25.49	Taylor Matthews (Rancho Verde)		2012	25.97	Kierra Auguster (Vista)		2009
25.51	La Deanna Reynolds (Poy)		1984	25.97	**Krista Haddock (Hemet)		2013
25.51	Jessica Banker-Sanchez (Temescal)		2003	25.98	Denise Woodwar (Hemet)		1982
25.52	***Mariah Allain (Norte Vista)		2015	25.98	Morgan Pope (La Quinta)		2007
25.53	Angie Ned (Rancho Verde)		2001	25.98	*Rahni Shakir (Vista)		2013
25.55	*Aaliyah Crawford (Citrus Hill)		2014	26.00	*Shonice Myers (Notre Dame)		2009
25.57	*Miracle Onyemaobi (Chaparral)		2016	26.01	Destiny Tyler Canyon Springs)		2007
25.59+	Lianne Peterson (Palm Springs)	25.5y	1990	26.03	Maude Best (Banning)		1997
25.59	Nativa Johnson (Moreno Valley)		2004	26.03	Asha Greene (Vista)		2009
25.59	***Sydney Reid (King)		2015	26.04	Celine Fleming (Canyon Springs)		1989
25.60	Tiyauna Anderson (Murrieta)		2007	26.04	Kate Christianson (La Quinta)		1999
25.60	D'oni Evans (Centennial)		2015	26.04c	Leandrea Jefferson Centennial)	25.8	1997
25.60	*Tylin Sands (Beaumont)		2016	26.04c	Esperanza Kilgore (Valley View)	25.8	1998
25.61	Mandrell Anderson (North)		1996	26.04	DeJuanna Satchel (Beaumont)		1998
25.61	**Ugochi Ogbunamiri (Notre Dame)		2011	26.04	Michelle Akanji (Santiago)		2013
25.61	**Tiona Roberts (Roosevelt)		2016				
25.62	Lena Bettis (North)		2000	Wind-Aided:			
25.62	**Miracle Saxon (North)		2016	23.20	Tracee Thomas (North)		1999
25.63	*Kierra Auguster (Vista)		2008	23.59	*Amanda Van Buren (Vista)		2015
25.63	Tia Parrish (King)		2016	24.16	Courtne Davis (Roosevelt)		2015
25.64c	Sigueria Sperlin (Valley View)	25.4	2004	24.17	**Alycia Herring (Rancho Verde)		2008
25.64	**Yasmin Taylor (Roosevelt)		2010	24.28	Julia Gray (North)		1997
25.64	M'fon Ibekewe (North)		2015	24.30	Alicia King (Rancho Verde)		2007
25.64	*Chine Ehiemere (Rancho Verde)		2016	24.40	Shanee Somerville (Palm Springs)		1991
25.65	Joanna Hayes (Arlington)		1994	24.49	Cydney Jones (King)		2012
25.67	Andi Ross (North)		2006	24.53	Cydney Powell (Corona)		2014
25.69	*Te'a Lynch (Rancho Verde)		2016	24.66	*Aaliyah Crawford (Citrus Hill)		2014
25.70+	Natsha King (North)		1989	24.66	Jasmyne Graham (Roosevelt)		2016
25.70	**Brianna Cole (Santiago)		2009	24.74c	Erin Green (North)	24.5	1993
25.72	Christy Slaughter (Poly)		1990	24.86	Robyn Carroll (Lakeside)		2008
25.73	**Shae Anderson (Santiago)		2015	24.87	Cynamon Stevenson (Great Oak)		2016
25.73	Bryana Hairston (Mesa)		2016	24.89	Kim Burress (Temescal)		1999
25.74c	Deanna Clawson (Hemet)	25.5	1991	24.90	**Akia Armstrong (Roosevelt)		2011
25.74c	Shanti Oyenuga (Palm Desert)	25.5	1995	24.92	Jamie Brown (Canyon Springs)		1993
25.74c	Wendy Reed (Canyon Springs)	25.5	1996	24.93	*Iris Chijioke (Roosevelt)		2011
25.74c	LaQuesha Robinson (La Sierra)	25.5	2004	24.95	**Uwakmfon (M'fon) Ibekwe (North)		2013
25.76	**Alana Wilson (La Quinta)		2016	24.95	Taylor Smith (Roosevelt)		2015
25.77	Shemanette Terry (Vista)		2013	24.98	Nettie Scott (Corona)		2010
25.78	Bobbie Tones (Indio)		1984	25.01	Cydney Powell (Corona)		2014
25.78	Alicia Howard (Valley View)		1997	25.04	*Amber Sanford (King)		2008
25.79+	Jackson (North)	25.7y	1976	25.10	*Chasity Ducre (Roosevelt)		2013
25.79+	Antionette Winston (Perris)	25.7y	1979	25.11	*Jazmine Weatherspoon (Vista)		2008
25.79	Keisha Morgan (Canyon Springs)		1991	25.13	Precious Watkins (Rancho Verde)		2007
25.80	Norma Esqueda (La Quinta)		2003	25.15	Audriana Holloway (Mesa)		2014
25.80	Chalon Conley (Arlington)		2004	25.15	Taisyn Crutchfield (Roosevelt)		2014
25.80	*Kristian Wright (Canyon Springs)		2010	25.16	*Lonshay Bradford (Arlington)		2014
25.81	Carrie Walls (Canyon Springs)		1996	25.16	Simone Buchanan (Roosevelt)		2014
25.81	Khasya Cunningham (King)		2015	25.16	***Sydney Reid (King)		2015
25.81	**Anayah Pelt (Perris)		2016	25.19	*Mariah Mora (Mesa)		2013
25.83	*Brianna Cole (Santiago)		2010	25.20	***Khala Taylor (Great Oak)		2009
25.84c	Erin Green (North)	25.6	1993	25.22	Morgan Pope (La Quinta)		2008
25.84c	Evandra Owens (Hemet)	25.6	1995	25.24	***Ashley Marshall (Rancho Verde)		2008
25.84c	Chaunte Howard (North)	25.6	2000	25.25	***Deja Allain (La Sierra)		2016
25.85	Camille Williams (Vista)		2010	25.27	Alana Babers (North)		2007
25.86	Ingrid James (Ramona)		1988	25.28	Nativa Johnson (Moreno Valley)		2003
25.86	*Jessica Johnson (Centennial)		2009	25.29	Aganna Agu (Hemet)		2005
25.87	***Dynes Adams (Vista)		2007	25.31	**Alana Wilson (La Quinta)		2016
25.87	*Sumaje Howard (Rancho Verde)		2012	25.34	Kamaria Heru (Arlington)		2002
25.87	***Alana Wilson (La Quinta)		2015	25.35	Kierra Auguster (Vista)		2009
25.88	*Tori Alemany (Chaparral)		2012	25.37	Kiarra Baker (Roosevelt)		2012
25.89	Tasha McNair (Valley View)		2000	25.38	*Kiarra Greene (Roosevelt)		2010
25.89	Jenna Tomlin (Paloma Valley)		2003	25.38	Khasya Cunningham (King)		2015
25.89	Anthonae Sparks (Valley View)		2007	25.39	Tenna Tomlin (Paloma Valley)		2002
25.91	Angie Bizzle (North)		2003	25.39	Camille Bowen (Riv Christian)		2010
25.91	***Mya Marshall (Great Oak)		2014	25.41	Morgan Pope (La Quinta)		2009
25.92	Doris Williams (Poly)		1984	25.43	*Miracle Onyemaobi (Chaparral)		2016
25.92	Brittany Baltazar (Santiago)		2004	25.44c	Lena Bettis (North)	25.2	2002

25.50	***Kolonnine Green (Great Oak)		2016	57.94	***Tahlia Adams (Roosevelt)		2015
25.51	Destannie Chenevert (San Jacinto)		2011	58.08	Brittany Bozeman (Rancho Verde)		2007
25.52	*Tia Parrish (King)		2015	58.08	*Dominique Hinds (Centennial)		2013
25.54c	Jeanette Martinez (Perris)	25.3	2005	58.14c	Denisha Shaw (Canyon Springs)	58.0	2001
25.56	**Dynese Adams (Vista)		2008	58.14c	Jeanette Martinez (Perris)	58.0	2005
25.59	*Jacla Williams (Roosevelt)		2014	58.15	Tasha McNair (Valley View)		2000
25.59	**Mariah Allain (LaSierra)		2016	58.17	Erin Green (North)		1993
25.60	**Dominique Hinds (Centennial)		2012	58.17	**Jazmine Harper (Vista del Lago)		2009
25.62	Kate Christianson (La Quinta)		1999	58.18	Kararia Heru (Arlington)		2003
25.64c	Marisa Smith (Valley View)	25.4	2002	58.20	**April Sutton (Roosevelt)		2013
25.64c	Siguera Spirlin (Moreno Valley)	25.4	2005	58.25	**Christina Winn (Poly)		2013
25.64	*Camille Petty (Roosevelt)		2009	58.33	**Kimberly Evans (Temecula Valley)		2016
400 meters							
54.22	Tracee Thomas (North) indoors		2002	58.34	Madji McIntosh (Temecula)		2004
54.28	Bridgette Williams (North)		2001	58.34	*Mariah Mora (Mesa)		2013
54.46	Taylor Smith (Roosevelt)		2015	58.36	Pauline Maragh (Palm Springs)		1981
54.65	Julia Gray (North)		1995	58.36	Janessa Brown (Murrieta)		2011
54.69	Ashlee Brown (North)		2000	58.37	Asheigh Wells (Roosevelt)		2009
54.72	**Gabby Estell (Rancho Verde)		2009	58.39	Shebanette Terry (Vista)		2013
54.96	Khala Taylor (Great Oak)		2012	58.40	Norma Esqueda (La Quinta)		2003
55.06	Jade Miller (Great Oak)		2013	58.41	*Elena Garcia (Corona)		2016
55.10	Shalese Ruffin (Beaumont)		2002	58.43	**Kalea Ibarra (Poly)		2016
55.24	Lorraine King (North)		2005	58.44c	Sue Lavendier (Palm Springs)	58.3	1981
55.78	***Aaliyah Crawford (Citrus Hill)		2012	58.46	Jazmin Retano (Coachella Valley)		2013
55.81	*Simone Buchanan (Roosevelt)		2013	58.47	Maria Enriquez (Corona)		1994
56.11	***Kolonnine Green (Great Oak)		2016	58.47	Shavon Sweet (Perris)		2000
56.12	***Alycia Herring (Rancho Verde)		2007	58.48	***Amanda Van Buren (Vista)		2013
56.25	Lili Calhoun (North)		2003	58.49	Naquesha Moulton (Arlington)		1995
56.25	**Uwakmfon (M'fon) Ibekwe (North)		2013	58.50	Martiesha Caines (Great Oak)		2013
56.29	Tamika Ward (North)		2001	58.53	***Kinnedy Storay (Santiago)		2010
56.30	Laura McDowell (La Sierra)		2009	58.56	**Yasmine Taylor (Roosevelt)		2010
56.37	*Ericka Nowell (Perris)		2008	58.56	*Kierra McIntosh (Paloma Valley)		2012
56.47	Lauren Coomber (Mesa)		2014	58.58	*Sayghe Fornerod (Murrieta)		2010
56.55	**Crystal Tejada (Norte Vista)		2012	58.59	**Akia Armstrong (Roosevelt)		2011
56.56	Marti Arguellas (Corona)		1991	58.61	Kaelynn Greene (Roosevelt)		2011
56.78	Cydney Powell (Corona)		2014	58.63	***Destiny Whitaker (Rancho Verde)		2016
56.61	Robyn Carroll (Lakeside)		2008	58.68	Shynell Foree (La Sierra)		2005
56.93	Lonshay Bradford (Elsinore)		2015	58.69	Markisha Lea (King)		2002
56.96	Kayla Wilson (La Quinta)		2014	58.76	***Ashley Chruszcz (King)		2015
56.97+	Denise Woodard (Hemet)	57.3y	1980	58.76	Amanda Hawkins (Palm Springs)		2013
56.98	**Chine Ehiemere (Rancho Verde)		2015	58.79	*Bria Palmer (JW North)		2014
57.02	Raven Hebert (North)		1998	58.79	Kristian Wright (Canyon Springs)		2011
57.08	Kierstan Kirkland (North)		2005	58.81+	***Deja Allain (La Sierra)		2016
57.16+	Renee Chambers (Poly)	57.49y	1979	58.81+	Robin Pratt (Moreno Valley)	59.16y	1978
57.17	*Jazmin Retano (Coachella Valley)		2012	58.82	**Alyssa Moore (Paloma Valley)		2016
57.20	**Miracle Saxon (JW North)		2016	58.83	Toyona Robinson (Valley View)		1998
57.23	*Miracle Onyemaobi (Chaparral)		2016	58.83	Kiah Smythe (Vista)		2007
57.29	Jessica Johnson (Centennial)		2009	58.85	***Audriana Holloway (Vista)		2011
57.32	Shemanette Terry (Vista)		2013	58.88	**Tarra Rarick (Paloma Valley)		2008
57.34c	***Jayla Walker (La Sierra)		2013	58.88	*Shonice Myers (Notre Dame)		2009
57.37	M'Fon Ibekwe (North)		2015	58.89	Hanna Francescon (Temecula)		2008
57.39	*Taylor Lorack (Temecula)		2011	58.89	**Sarah Sanders (Great Oak)		2013
57.40	*Jaylah Walker (La Sierra)		2015	58.89	***Rylee Kerr (Chaparral)		2015
57.44c	Jamie Brown (Canyon Springs)	57.3	1993	58.94c	Joanna McNichol (Paloma Valley)	58.8	2005
57.44	Hanna Francescon (Temecula)		2006	58.94	*Michelet Smith (Perris)		2012
57.44	*Camille Petty (Roosevelt)		2009	58.95	Laura McDowell (Arlington)		2012
57.45+	Gwen Adams (Moreno Valley)	57.7y	1979	58.96	Lianne Peterson (Palm Springs)		1990
57.45	Noelle Abboud (King)		2012	58.96	Tanetta Dismuke (North)		1992
57.45	Marisa Smith Valley View)		2003	58.96	Jessica Johnson (Centennial)		2010
57.47	*Courtne Davis (King)		2014	58.98	Kiara McIntosh (Paloma Valley)		2013
57.51	Carrie Walls (Canyon Springs)		1995	59.00	**Josie Guinn (Vista)		2015
57.51	Akia Armstrong (Roosevelt)		2013	59.00	**Kailie Grimes (Beaumont)		2014
57.55	Sandy Utterback (Poly)		1984	59.01	Camille Williams (Vista)		2010
57.64	*Chime Ehiemere (Rancho Verde)		2016	59.02	**Mya Marshall (Great Oak)		2015
57.65	**Aaliyah Crawford (Citrus Hill)		2013	59.04c	Denise Hall (Perris)	58.9	1980
57.70	***Breanna Bernard-Joseph (Roosevelt)		2015	59.04	Nicole Denby (North)	58.9	1998
57.75	*Dynese Adams (Vista)		2009	59.04	*Taisyn Crutchfield (Roosevelt)		2013
57.78	Alana Babers (North)		2007	59.04	Joy Ngula (Vista del Lago)		2015
57.79	Kierstan Kirkland (North)		2006	59.08	*Janessa Brown (Murrieta)		2010
57.80	*Erin Thompson (Temecula)		2010	59.10	***Natalie Skaggs (Poly)		2014
57.81	**Hannah Blache (King)		2013	59.10	Dominique Hinds (Centennial)		2014
57.81	Regina Bowman (Indio)		2013	59.10	Dominique Manning (North)	59.0	2002
57.84	Michelle Hunt (North)		1998	59.17	Morgan Pope (La Quinta)		2007
57.86	**Rylee Penn (Centennial)		2016	59.17	Alyssa Bryant (Great Oak)		2015
				59.18	Kim Cole (Arlington)		1999
				59.20	*Alison Ciling (Mesa)		2015

59.20	***Lilliana Chalfant (Palm Springs)		2016	2:13.59	***Jackie Crowther (Linfield)		2012
59.24	Lanisha Ford (North)		2005	2:13.69	Persephone Lowery (Norco)		1987
59.24	Mary Jane Smith (King)		2016	2:13.87	** Joy Ngula (Vista del Lago)		2013
59.24c	Marisa Smith (Valley View)	59.1	2005	2:13.99	** Kailie Grimes (Beaumont)		2014
59.26	Rachel Strohmeier (Murrieta Valley)		2012	2:14.02	***Cayla Etheridge (Santiago)		2016
59.34c	Sheneice Vargas (Elsinore)	59.2	2005	2:14.28	**Karlie Creal (Vista del Lago)		2009
59.35	Morgan Pope (La Quinta)		2009	2:14.29	Tahlia Adams (Roosevelt)		2015
59.35	**Allie Portis (Great Oak)		2013	2:14.34	Denean Long (Corona)		1983
59.38	***Shaelyn Amos (Roosevelt)		2016	2:14.5	Liza Pascuito (Murrieta)		2002
59.39+	Beck Miller (North)	59.6y	1982	2:14.62	*Rebecca Morales (Indio)		2012
59.39	Liza Pascuito (Murrieta Valley)		2004	2:14.62	*Ally Talpash (Great Oak)		2016
59.40	**Jasmine Richards (Great Oak)		2008	2:14.64	*Megan McClain (Great Oak)		2010
59.40	***Krista Haddock (Hemet)		2012	2:14.68	*Briana Fonseca (Vista del Lago)		2012
59.42	Brittany Baltazar (Santiago)		2004	2:14.71	Alexis Ford (Roosevelt)		2016
59.42	Kylie Dudley (Temecula)		2005	2:14.93	*Sandra Flores (La Quinta)		2015
59.43	*Camille Williams (Vista)		2009	2:15.05	***April Sutton (Roosevelt)		2012
59.44+	Persephone Lowery (Norco)	59.79y	1989	2:15.07	Shey Bonghabih (Murrieta)		2003
59.44	Evondra Owens (West Valley)		1997	2:15.07	*Josie Guinn (Vista)		2016
59.45	***Shae Anderson (Norco)		2014	2:15.15	Kiara McIntosh (Paloma Valley)		2013
59.45	*Sasha Jones (Vista del Lago)		2015	2:15.18	*Kailie Grimes (Beaumont)		2015
59.48	Ronke Odubela (Great Oak)		2012	2:15.27	*Venus Shabgahi (Corona)		2011
59.49+	Shelly Schoenherr (Corona)	59.7y	1983	2:15.4	Mary Jo Bogovich (Corona)		1983
59.50	Kylie Dudley (Temecula)		2004	2:15.43	Amy Rose (Norco)		1995
59.50	Joanna Adams (Palm Springs)		2016	2:15.51	Taylor Lawson (Great Oak)		2016
59.51	Jemna Tomlin (Paloma Valley)		2001	2:15.63	*Ashley Roberts (Poly)		2010
59.54c	Sheria Moses (Ramona)	59.4	1991	2:15.67	Ashlee Cervantes (Beaumont)		2008
59.54	Chalonna Williams (La Sierra)		2003	2:15.86	*Jessica Hilton (Great Oak)		2010
59.55	**Bria Palmer (North)		2013	2:16.01	Sandra Flores (La Quinta)		2016
59.55	Taylor Taite (Mesa)		2015	2:16.14	Jessica Barnard (Great Oak)		2007
59.56	*Alexandra Gaskin (Great Oak)		2011	2:16.21	Tammy Kim (Temecula)		2012
59.56	Abigail Creel (King)		2011	2:16.44	***Chandler Kerr (Chaparral)		2012
59.57	***Cynamon Stevenson (Great Oak)		2013	2:16.55	Lauren Campfield (Great Oak)		2005
59.60	Sophie Cantine (Lakeside)		2016	2:16.57	Leslie Graciano (Roosevelt)		2013
59.64c	Joy Smith (Moreno Valley)	59.5	1983	2:16.57	Alyssa Ungrady (Great Oak)		2016
59.64c	Raven Johnson (Moreno Valley)	59.5	1983	2:16.85	Caitlin Coomber (Vista)		2008
59.65	***Ashley Sinkler (Ramona)		2008	2:16.91	Alec Stamal (Great Oak)		2009
59.67	Keisha Morgan (Canyon Springs)		1990	2:17.0	*Laura McDowell (Arlington)		2011
59.67	**Ashley Marshall (Rancho Verde)		2009	2:17.17	Joy Ngula (Vista del Lago)		2015
59.67	***Chaselyn Amos (Roosevelt)		2016	2:17.22	Kaitlyn Malloy (Great Oak)		2008
59.69	Latausha Miles-Mitchell (Murrieta)		2008	2:17.37	Nina Alvarado (Chaparral)		2008
59.71	**Jackie Crowther (Linfield)		2013	2:17.38	* Lauren Coomber (Mesa)		2013
59.72	***Cayla Etheridge (Santiago)		2016	2:17.40	Kirsten Lake (Chaparral)		2007
59.73	*Asiah Gooden (Rancho Verde)		2009	2:17.43	* Audrey Wallis (Great Oak)		2014
59.73	Mercedes James (Moreno Valley)		2000	2:17.47	**Angela Ziff (Temecula)		2012
59.79	***Clarissa Robles (Santiago)		2009	2:17.94	Kylee Martin (Murrieta)		2010
59.80	**Erin Thompson (Temecula)		2009	2:18.0+	Toby Jacober (Moreno Valley)	2:18.8y	1980
59.80	***Dyana Miller (Palm Springs)		2016	2:18.61	April Quaker (Norco)		1986
59.81	*Ronke Odubela (Great Oak)		2011	2:17.67	* Jana Warrick (Roosevelt)		2013
59.82	Chanel Calhoun (Great Oak)		2011	2:17.71	Taylor Taite (Mesa)		2015
59.82	***Sierra Carrasco (Patriot)		2012	2:18.04	* Angela Ziff (Temecula Valley)		2013
59.84c	M. Lea (King)		2003	2:18.06	*Kiyena Beatty (Great Oak)		2016
59.84	Nicole Sambrano (Great Oak)		2007	2:18.22	Rachael Seymour (Great Oak)		2013
59.89	***Hannah Blache (King)		2012	2:18.60	Haley Dorris (Great Oak)		2014
59.91	Abigail Burke (Poly)		2016	2:18.64	Maria Morales (Poly)		2013
59.93	Tesha Wright (Perris)		2000	2:18.74	Bayleigh Porter (King)		2013
59.93	Collins (North)		1999	2:18.75	Rami Samoori (North)		1994
59.92	Bria Palmer (North)		2015	2:18.80	Rebecca Lacy (Elsinore)		1992
59.94c	Kariesse Fontenot (North)	59.8	2004	2:18.81	Lisa Prieto (Rubidoux)		1988
59.97	*Dakota Davis (Murrieta)		2011	2:18.85	Carly Bauer (Great Oak)		2012
59.98	Anthoniae Sparks (Valley View)		2005	2:18.90	Melissa Escamilla (San Jacinto)		2006
59.98	Christina Winn (Poly)		2015	2:18.91	*Nicole Rice (Great Oak)		2016
				2:18.98	Shelby Horgan (Temescal)		1996
				2:19.09	Kaity Malloy (Great Oak)		2010
				2:19.17	Leanne Renner (Temecula)		1996
				2:19.29	Mariel Mendoza (North)		2012
				2:19.4	Eugenias (La Sierra)		1978
				2:19.46	Ashley Helbig (Great Oak)		2014
				2:19.47	*Tammy Kim (Temecula)		2011
				2:19.47	* Chandler Kerr (Chaparral)		2014
				2:19.48	**Michelle McIntosh (Great Oak)		2015
				2:19.53	***Taylore Cantu (Hemet)		2012
				2:19.61	*Shannon Emery (Great Oak)		2010
				2:19.67	Angela Laqueaux (Moreno Valley)		1986
				2:19.69	*Rachel Seymour (Great Oak)		2012
				2:19.7+	Julie Ortman (Poly)	2:20.5y	1978

800 meters

2:05.9	Lynn Hollins (Poly)		1976	2:19.29	Mariel Mendoza (North)		2012
2:07.43	***Rylee Penn (Centennial)		2015	2:19.4	Eugenias (La Sierra)		1978
2:10.72	Destiny Collins (Great Oak)		2016	2:19.46	Ashley Helbig (Great Oak)		2014
2:11.04	*Kiarra McIntosh (Paloma Valley)		2012	2:19.47	*Tammy Kim (Temecula)		2011
2:11.91	***Megan Huebner (La Quinta)		2011	2:19.47	* Chandler Kerr (Chaparral)		2014
2:11.97	Sheria Moses (Ramona)		1991	2:19.48	**Michelle McIntosh (Great Oak)		2015
2:12.50	Alicia Williams (Corona)		2014	2:19.53	***Taylore Cantu (Hemet)		2012
2:12.67	Erika Reddish (Vista)		2012	2:19.61	*Shannon Emery (Great Oak)		2010
2:12.77	***Kalea Ibarra (Poly)		2015	2:19.67	Angela Laqueaux (Moreno Valley)		1986
2:12.95	***Laura McDowell (La Sierra)		2009	2:19.69	*Rachel Seymour (Great Oak)		2012
2:13.51	** Ruth Wiggins (King)		2014	2:19.7+	Julie Ortman (Poly)	2:20.5y	1978

2:19.81	**Alex Wiseman (Vista)	2015	5:03.82	*Maya Ambroziak (Great Oak)	2016
2:19.85	Brittney Reimer (La Quinta)	2008	5:04.48	Taylor Walker (Great Oak)	2016
2:19.87	**Tarra Rarick (Paloma Valley)	2008	5:04.56	***Angela Ziff (Temecula)	2011
2:19.92	Carrie Soholt (King)	2008	5:04.60	*Pauline Mandel (Great Oak)	2011
2:19.99	Megan McClain (Great Oak)	2011	5:04.62	Alma Escobar (Corona)	2004
2:20.02	Caitlin Coomber (Vista)	2007	5:05.30	Michelle McIntosh (Great Oak)	2016
2:20.12	*Sarah Workman (Great Oak)	2016	5:05.81	**Brianna Wilson (Linfield)	2014
2:20.18	***Nikki Blokzyl (Corona)	2009	5:05.81	Sandra Pflughoft (Great Oak)	2016
2:20.21	Maryanne Hanks (Murrieta)	2004	5:04.82	** Ruth Wiggins (King)	2014
2:20.28	Jennie Higbee (Norco)	1988	5:05.29+	Katie Johnson (Great Oak)	5:07.07y 2011
2:20.29	Alexander Malaysia (Corona)	2009	5:05.32	* Jana Warrick (Roosevelt)	2013
2:20.32	Wendy Reed (Canyon Springs)	1995	5:06.63	**Jackie Crowther (Linfield)	2013
2:20.41	Carly Bauer (Great Oak)	2010	5:06.65	Desi Stinger (Great Oak)	2016
2:20.41	Shannon Emery (Great Oak)	2011	5:06.66	Alexia Velarde (Marywood-Palm Valley)	2012
2:20.44	Casey Candelaria (King)	2009	5:06.82	Lily Seynaeve (Santiago)	2014
2:20.46	Jamie Schwab (Murrieta Valley)	2004	5:06.82	*Sandra Flores (La Quinta)	2015
2:20.46	*Baleigh Porter (King)	2012	5:06.89	*Taryn Pastoor (Murrieta)	2007
2:20.50	Sally Cohenour (Arlington)	1985	5:06.95	Michaelanne Laurent (Corona)	2009
2:20.55	Marie Nguyen (North)	1998	5:07.04	Carrie Soholt (King)	2011
2:20.56	Chandler Kerr (Chaparral)	2015	5:07.12	**Ashlee Cervantes (Beaumont)	2008
2:20.66	**Chrissy Lapierre (Chaparral)	2011	5:07.43	Claris Fernandez (Corona)	1993
2:20.66	Ausrey Wallis (Great Oak)	2015	5:07.44	Rachel Seymour (Great Oak)	2013
2:20.71	Emily Sanchez (King)	2015	5:07.8+	Janice Kelley (Hemet)	1977
2:20.81	Camille Petty (Roosevelt)	2010	5:07.86	*Emily Clause (Great Oak)	2015
2:20.86	Ana Valdovino (Coachella Valley)	2011	5:08.03	Ally Talpash (Great Oak)	2016
2:20.86	***Kolonne Green (Great Oak)	2016	5:08.06	*** Marissa Rodriguez (La Quinta)	2014
2:20.9	Jaime Brederneier (Murrieta Valley)	1999	5:08.25	Kalyn Kenney (Temecula)	2007

1500 meters

4:36.7'	Brigid Freyne (Poly)	1987	5:08.28	Serkadis Krome (Vista del Lago)	2008
4:50.4	Sonya Melendez (Indio)	1992	5:08.30	*Rebecca Morales (Indio)	2012
4:50.9'	Ellen Muench (Temescal Canyon)	1994	5:08.63	*Kelsie Tippets (King)	2009
4:52.29	Shelby Horgan (Temescal Canyon)	1996	5:08.81	Abbey Gallaher (Great Oak)	2007
4:52.6'	Michelle Paul (Perris)	1985	5:08.92	* Haley Dorris (Great Oak)	2013
4:55.3	Danielle Pekar (Rubidoux)	1992	5:09.0	Anna Johnston (Great Oak)	2009
4:56.5'	Claris Fernandez (Corona)	1993	5:09.03	Ashley Beechan (Hemet)	2008
4:57.2	Persephone Lowery (Norco)	1988	5:09.17	Heather Wilson (Great Oak)	2009

1600 meters

4:40.34	*Destiny Collins (Great Oak)	2015	5:09.40	Vianna Hochstrasser (Chaparral)	2008
4:44.60	Haley Dorris (Great Oak)	2014	5:09.73	*Marisa Rodriguez (Indio)	2016
4:48.25	Ashley Helbig (Great Oak)	2014	5:09.75	Taylor Cantu (Hemet)	2015
4:48.96	Erika Reddish (Vista)	2012	5:10.45	Jennie Higbee (Norco)	1988
4:48.83	Megan Huebner (La Quinta)	2014	5:10.61	**Brittany Marrero (Roosevelt)	2015
4:50.26	**Sydney Belus (Great Oak)	2015	5:10.63	Monica Valdez (Temescal)	1999
4:51.25	Liza Pascuito (Murrieta)	2004	5:10.76	Emily Sanchez (King)	2015
4:51.35	Adriana Olivas (Centennial)	2012	5:10.94	Kristina Moore (King)	2005
4:51.98	Maribel Mendoza (North)	2012	5:11.23	Jessica McCarthy (Vista)	2008
4:54.43	Alicia Williams (Corona)	2014	5:11.26	** Clarissa Chagolla (JW North)	2014
4:54.80	*Ashley Roberts (Poly)	2010	5:11.50	Abbey Gallaher (Great Oak)	2008
4:55.32	Brigid Freyne (Poly)	1987	5:11.93	**Sierra Vega (Chaparral)	2008
4:55.79	**Evelyn Mandel (Great Oak)	2015	5:11.97	Liana Boucher (Murrieta)	2004
4:55.81	Taylor Taite (Mesa)	2015	5:12.11	*Venus Shabgahi (Corona)	2011
4:56.21	**Kiyena Beatty (Great Oak)	2015	5:12.14	**Raelyn Werley (King)	2011
4:56.87+	Jessica Hilton (Great Oak)	4:58.60y 2011	5:12.23	Brooke Evans (Vista)	2013
4:56.99+	Kiara McIntosh (Paloma Valley)	2013	5:12.24	Joy Ngula (Vista del Lago)	2015
4:57.86	*Nicole Rice (Great Oak)	2016	5:12.32	Kristina Taylor (Vista)	2007
4:57.89+	Hanna Peterson (King)	4:59.63y 2011	5:12.56	Danielle Pacheco (Temescal)	2000
4:57.85	Shelby Horgan (Temescal)	1995	5:12.97	Pauline Mandel (Great Oak)	2012
4:58.21	**Rylee Penn (Centennial)	2016	5:13.00	*Miranda Kewley (Great Oak)	2012
4:58.33	***Ashley Evans (Corona)	2006	5:13.19	* Audrey Wallis (Great Oak)	2014
4:58.56+	Desiree Stinger (Great Oak)	5:00.30y 2016	5:13.20	Sarah Lyon (Great Oak)	2016
4:59.69	Kristina Taylor (Vista)	2008	5:13.52	** Alexandria Stetkevick (Poly)	2014
4:59.98	Ellen Muench (Temescal)	1995	5:13.56	Michelle Paul (Perris)	1985
5:00.00	** Kailie Grimes (Beaumont)	2014	5:13.60	Maria Rodriguez (La Sierra)	1999
5:00.16	Tahlia Adams (Roosevelt)	2015	5:13.63	Natalie Schafer (Arlington)	2012
5:00.60	Kiyena Beatty (Great Oak)	2016	5:13.95	Sarah Workman (Great Oak)	2016
5:01.44	Rebecca Asplund (King)	2010	5:14.25	Lauren Campfield (Great Oak)	2005
5:01.51	*Anna Johnson (Great Oak)	2010	5:14.29	*Alexis Messerly (Great Oak)	2012
5:02.54	Samantha Morabe (Great Oak)	2010	5:14.37	*Kiara McIntosh (Paloma Valley)	2012
5:02.56	Alyssa Ungrady (Great Oak)	2016	5:14.40	*Kim McNamee (Great Oak)	2012
5:03.26	Skyler Bollinger (Great Oak)	2016	5:14.46	Kelly Thomas (Great Oak)	2015
5:03.33+	Shannon Emery (Great Oak)	5:05.10y 2011	5:14.47	**Sarah Benson (Vista)	2011
			5:14.51	*Alexis Morabe (Great Oak)	2011
			5:14.52	*Sani Shabgahi (Corona)	2015
				*Bethany Balady (Vista)	2012

5:14.55	Codie Daughtry (Vista del Lago)		2011	5:19.57	*Julie Diaz (Vista)		2016
5:14.56	Nicaela Hernandez (Vista)		2011	5:19.62	*** Meghanb Houlihan (Centennial)		2013
5:14.63	*Briana Fonseca (Vista del Lago)		2012	5:19.71	Ashley Spann (North)		2001
5:14.70	Ashley Beechan (Hemet)		2007	5:19.90	Ashley Matsen (Chaparral)		2012
5:14.7	Kaitly Malloy (Great Oak)		2010	5:19.94	Shey Bonghabih (Murrieta)		2002
5:14.96	Xiang Tak (Chaparral)		2011	5:19.95	Ana Valdovinos (Coachella Valley)		2011
5:14.96	Chandler Kerr (Chaparral)		2015	5:20.08	Lisa Garside (King)		2013
5:15.23	*Melina Hernandez (Indio)		2010	5:20.13	Rachael Corrington (Murrieta)		2002
5:15.24	**Josie Guinn (Vista)		2015	5:20.14	** Alison Ciling (Mesa)		2014
5:15.25	**Fernanda Rodriguez (Rubidoux)		2012	5:20.21	**AlexWiseman (Vista)		2015
5:15.42	**Haley Dorris (Great Oak)		2012	5:20.21	***Amanda Sosa (King)		2016
5:15.48	**Maiya Larsen (Great Oak)		2013	5:20.25	*Sydney Belus (Great Oak)		2016
5:15.55	Sonya Melendez (Indio)		1993	5:20.28	**NicoleRice (Great Oak)		2015
5:15.62	Jorgina Garcia (Canyon Springs)		1998	5:20.3+	Debbie Williams (Norco)	5:21.8y	1983
5:15.69	***Jackie Crowther (Linfield)		2012	5:20.30	*Alia Bales (Great Oak)		2010
5:15.77+	Kaitlyn Malloy (Great Oak)		2010	5:20.31	Kenzie Estes (Poly)		2010
5:15.83	**Valeria Ruiz (Xavier Prep)		2012	5:20.43	Celia Pourtau (Murrieta)		2006
5:15.91	Kenzie Estes (Poly)		2011	5:20.43	Ashley Cahalan (Vista)		2015
5:15.93	**Jessica Osorio (Valley View)		2009	5:20.46	Jessica Walker (Murrieta)		2004
5:15.95	Carly Bauer (Great Oak)		2012	5:20.51	Melina Hernandez (Indio)		2011
5:15.99	Wendy Cohen (Canyon Springs)		2008	5:20.53	Madison Baugh (Great Oak)		2011
5:16.05	Amanda Lopez (Poly)		2006	5:20.6	Jamie Bascom (Elsinore)		1993
5:16.10	***Cayla Etheridge (Santiago)		2016	5:20.64	***Chandler Kerr (Chaparral)		2012
5:16.21	Jessica Gaton (Canyon Springs)		2008	5:20.7	Clara DeLa Torre (Palm Springs)		1993
5:16.31	*Jazmin Romero (Beaumont)		2011	5:20.73	Trish Ramirez (Rubidoux)		1984
5:16.4	April Quaker (Norco)		1986	5:20.08	Marrisa Bartholomew (Santiago)		2003
5:16.45	Jen Hohmbalm (Temecula)		1997	5:20.8+	Goril Mona (Arlington)	5:22.0y	1986
5:16.47	Kolonnie Green (Great Oak)		2016	5:20.81	Briana Fonseca (Vista del Lago)		2013
5:16.53	*Kelli McNamee (Great Oak)		2012	5:20.90	Tammy Kim (Temecula)		2012
5:16.59	Alisa Murray (Arlington)		2012	5:20.94	*Alexandra Morris (Temescal)		2011
5:16.61	Adriana Ramos (Elsinore)		2010	5:20.94	* Breann Howell (Murrieta Valley)		2013
5:16.72	* Christian Calain (Great Oak)		2013	5:20.98	Tiffany Rojas (Canyon Springs)		2006
5:16.84	Amanda Crissinger (Vista)		2013	5:20.99	**Pauline Mandel (Great Oak)		2010
5:16.90	Bethany Bilton (Murrieta)		2011	5:21.06	*Rebekah Pendleton (King)		2016
5:17.00+	Alexis Messerly (Great Oak)		2013	5:21.07	*Kathryn Hammar (King)		2016
5:17.41	Ausrey Wallis (Great Oak)		2015	5:21.08	Kelly Thomas (Great Oak)		2013
5:17.49	**Allison Janes (King)		2016	5:21.09	**Angela Sandoval (Elsinore)		2009
5:17.49	*Zoe Jarvis (Chaparral)		2016	5:21.21	*Codie Daughtry (Vista del Lago)		2010
5:17.55	Natasha Montoya (Canyon Springs)		2004	5:21.26	Arlene Avalos (Great Oak)		2014
5:17.61	Lindsey Stalker (Corona)		2001	5:21.27	Emily Clause (Great Oak)		2013
5:17.65	Carissa Bowman (King)		2006	5:21.3	Carissa Mann (Canyon Springs)		2001
5:17.87	Bethany Balady (Vista)		2013	5:21.34	Olivia Rivera (Temecula)		2015
5:18.08	*Brittany Marrero (Roosevelt)		2016	5:21.35	Melanie Williams (Corona)		2013
5:18.11	* Valeria Ramirez (Vista)		2014	5:21.36	*Nina Alvarado (Chaparral)		2010
5:18.12	***Joe Ngula (Vista del Lago)		2012	5:21.36	Macey Pflughoft (Great Oak)		2015
5:18.2+	Kat Prince (Rubidoux)	5:20.0y	1985	5:21.37	Katie Barrese (Great Oak)		2006
5:18.24	** Chandler Kerr (Chaparral)		2013	5:21.42	**Kathryn Hammar (King)		2015
5:18.29	Amber Collier (Woodcrest Chr)		2010	5:21.47	Bayleigh Porter (King)		2013
5:18.47	***Paige Siegel (Murrieta Valley)		2016	5:21.48	Kelly Floyd (Corona)		2003
5:18.48	***Elizabeth Richter (Great Oak)		2016	5:21.48	Marianne Hanks (Murrieta)		2004
5:18.49	Paige Haynes (Vista)		2016	5:21.49	Kailie Grimes (Beaumont)		2016
5:18.52	Kaylee Saville (Great Oak)		2016	5:21.55	Jessica McCarthy (Vista)		2010
5:18.58	Danica Rosendale (Vista)		2009	5:21.59	**Allie Morse (Hemet)		2012
5:18.62	Jennifer Martin (Norco)		1997	5:21.60	Bobbie Heck (Rubidoux)		1985
5:18.63	* Ashley Cahalan (Vista)		2014	5:21.69	***Amanda Reynolds (Murrieta)		2008
5:18.64	**Imogen Outlaw (Chaparral)		2012	5:21.83	Celia Pourtau (Murrieta)		2005
5:18.68	** Bethany Newton (Centennial)		2013	5:21.87	** Taylore Cantu (Hemet)		2013
5:18.72	*Lisa Garside (King)		2012	5:21.9	Jo Anne Howard (Notre Dame)		1982
5:18.73	**Hannah Peterson (King)		2009	5:21.90	***Katya Candray (Great Oak)		2016
5:18.75	Alicia Racella (Hemet)		1990	5:22.0	Crystal Ricardez (Canyon Springs)		1998
5:18.8	Megan Fairley (King)		2004	5:22.06	Carissa Bowman (King)		2008
5:18.85	* Kelly Thomas (Great Oak)		2014	5:22.08	Brooke Evans (Vista)		2010
5:18.90	Paige Mobley (Murrieta)		2007	5:22.13	**Lauren Soholt (King)		2011
5:18.95	Michaela Reynolds (Vista)		2016	5:22.14	Kayla Boxer (Hemet)		2010
5:18.96	*Brooke McCandless (Vista)		2010	5:22.17+	Sally Cohenour (Arlington)	5:24.05y	1983
5:19.11	* Lily Seynaeve (Santiago)		2013	5:22.42	** Kalli Walker (Chaparral)		2013
5:19.13	Kate Cortes (Great Oak)		2013	5:22.57	Maiya Larsen (Great Oak)		2015
5:19.13	Fatima Cortes (Great Oak)		2016	5:22.58	***Hallie Hernandez (Centennial)		2010
5:19.14	Jamie Schwab (Murrieta)		2004	5:22.66	Holli Erickson (Vista)		2009
5:19.20	*Raven Harrison (Hemet)		2011	5:22.70	*Michelle Hernandez (Vista)		2009
5:19.24	Danielle Pekar (Rubidoux)		1990	5:22.73	Kim Cowgur (Norco)		1984
5:19.39	** Taylor Lawson (Great Oak)		2014	5:22.74	Monique Belmudes (Great Oak)		2008
5:19.39	***Lauren Peurifoy (King)		2016	5:22.77	Samantha Flores (Paloma Valley)		2014
5:19.45	*Kylee Martin (Murrieta)		2009	5:22.79	Emily Clause (Great Oak)		2016
5:19.57	Tiffany Rojas (Canyon Springs)		2005	5:22.8+	Kathy Kelly (Hemet)	5:24.7y	1980

5:22.83	*Clarissa Chagolla (North)	2015	11:03.20	Sonya Melendez (Indio)	1992
5:22.84	** Hannah Johnson (King)	2013	11:03.25	**Kelsi Tippets (King)	2008
5:22.87	**Shelbi Ricks (Temecula)	2010	11:03.30	Kiyena Beatty (Great Oak)	2016
5:22.91	**Alec Slamal (Great Oak)	2008	11:03.6+	Janice Kelley (Hemet) 11:07.5y	1978
5:23.11	Shannon (Poly)	1991	11:03.90	Michaela Reynolds (Vista)	2016
5:23.17	Desiree Stinger (Great Oak)	2013	11:05.60	Mean Fairley (King)	2004
5:23.18	**Arabella Reece (Murrieta Valley)	2016	11:06.11	Carissa Bowman (King)	2007
5:23.19	Danielle Vanaman (BD Dest. Chrst)	2000	11:06.71	Christina Lara (Cathedral City)	2002
5:23.25	**Nicaela Hernandez (Vista)	2010	11:07.29	** Clarissa Chagolla (JW North)	2014
5:23.26	***Hayley Musashi (La Quinta)	2008	11:07.73	Alicia Williams (Corona)	2011
5:23.28	Katheryn Smith (Vista)	2005	11:07.81	Raelyn Werly (King)	2013
5:23.34	Harlye Maya (Santiago)	2001	11:07.88	***Paige Haynes (Vista)	2016
5:23.34	*Ashley Matsen (Chaparral)	2011	11:07.98	***Rachel Seymour (Great Oak)	2010
5:23.39	Racheal McCauley (Canyon Springs)	1996	11:07.99	Serkadis Krome (Vista del Lago)	2008
5:23.51	Dominique Esparza (Valley View)	2011	11:08.03	Shelby Horgan (Temescal)	1995
5:23.53	Jennifer Mueller (Hemet)	2005	11:08.22	Marisa Rodriguez (Indio)	2016

3000 meters

9:21.44	Destiny Collins (Great Oak)	2016	11:08.54	***Mckenna Genovese (Santiago)	2012
9:54.8'	Brigid Freyne (Poly)	1987	11:08.94	Adianna Ramos (Elsinore)	2010
10:18.63	Alma Escobar (Corona)	2005	11:09.42	Monica Valdez (Temescal)	2001
10:24.6'	Sonya Melendez (Indio)	1992	11:09.81	Carrie Soholt (King)	2011
10:24.79	Shelby Horgan (Temescal)	1997	11:10.83	Samantha Morabe (Great Oak)	2010
10:25.3'	Kat Prince (Rubidoux)	1985	11:10.98	*Zoe Jarvis (Chaparral)	2016
10:25.54	Debbie Williams (Norco)	1984	11:11.16	Desi Stinger (Great Oak)	2016
10:31.5	Jennie Higbee (Norco)	1988	11:11.7	*Alexis Morabe (Great Oak)	2011
10:37.0'	Michelle Paul (Perris)	1985	11:11.95	Paige Mobley (Murrieta)	2007
10:37.32	*Kenzie Estes (Poly)	2010	11:12.01	*Pauline Mandel (Great Oak)	2011
10:37.4'	Kat Prince (Poly)	1986	11:12.07	Lily Seynaeve (Santiago)	2014
10:38.61	Jamie Bascom (Elsinore)	1993	11:12.18	Kenzie Estes (Poly)	2011
10:39.5'	Ellen Muench (Temescal)	1994	11:12.40	Katie Barrese (Great Oak)	2006
10:49.36	Rachea McCauley (Canyon Springs)	1996	11:12.41	Anjie Miranda (Palm Springs)	1988
10:53.55	Monica Valdez (Temescal)	1999	11:12.76	Jamie Bascom (Elsinore)	1993
10:54.93	Melissa Aronson (Hemet)	1996	11:13.21	Miranda Kewley (Great Oak)	2013
10:54.96	Maribel Campos (Coachella Valley)	1996	11:14.14	Ashley Beechan (Hemet)	2008
10:57.36	Tish Bennett (Norco)	1987	11:14.70	Alyssa Haring (King)	2016

3200 meters

9:53.79	* Destiny Collins (Great Oak)	2015	11:15.41	Emily Clause (Great Oak)	2013
10:17.63	Haley Dorris (Great Oak)	2014	11:15.49	Lindsey Stalker (Corona)	2001
10:26.54	* Megan Huebner (La Quinta)	2013	11:15.70	***Maiya Larsen (Great Oak)	2012
10:30.67	Ashley Helbig (Great Oak)	2014	11:15.78	Kat Prince (Poly)	1986
10:34.37	Brigid Freyne (Poly)	1987	11:16.0+	Debbie Williams (Norco)	11: 19.9y 1983
10:34.73	Adriana Olivias (Centennial)	2012	11:16.14	Miranda Kewley (Great Oak)	2011
10:36.20	**Kiyena Beatty (Great Oak)	2015	11:16.34	Ashley Evans Corona	2007
10:36.27	Erika Reddish (Vista)	2012	11:17.14	***Jacqueline Aparicio (Santiago)	2011
10:37.64	Mariel Mendoza (North)	2012	11:17.30	Heather Wilson (Great Oak)	2009
10:37.69	*Anna Johnson (Great Oak)	2010	11:17.75	**Alexis Messerly (Great Oak)	2011
10:37.89	Liza Pascuito (Murrieta)	2004	11:18.12	**Fernanda Rodriguez (Rubidoux)	2012
10:39.58	Katie Johnson (Great Oak)	2011	11:18.48	Kelly Thomas (Great Oak)	2015
10:42.76	**Sydney Belus (Great Oak)	2015	11:18.63	* Audrey Wallis (Great Oak)	2014
10:43.04+	Alma Escobar (Corona) 10:47.70y	2005	11:18.89	** Kaili Waller (Chaparral)	2013
10:45.02	*Nicole Rice (Great Oak)	2016	11:19.21	*Alexandra Morris (Temescal)	2011
10:45.75	***Angela Ziff (Temecula)	2011	11:19.25	Macey Pflughoft (Great Oak)	2015
10:47.85	**Evelyn Mandel (Great Oak)	2015	11:19.38	Melissa Aronson (Hemet)	1995
10:48.46	***Sandra Pflughoft (Great Oak)	2015	11:19.52	Crystal Ricardez (Canyon Springs)	1998
10:48.47	*Desiree Stinger (Great Oak)	2015	11:20.19	** Sani Shabgahi (Corona)	2014
10:49.89	*Evelyn Mandel (Great Oak)	2016	11:21.00	Paige Mobley (Murrieta)	2008
10:51.24	**Sandra Pflughoft (Great Oak)	2016	11:21.3	Pauline Mandel (Great Oak)	2012
10:53.91	*Emily Clause (Great Oak)	2015	11:21.3	** Adriana Hernandez (North)	2013
10:54.31	Ellen Muench (Temescal)	1995	11:21.33	*** Michelle McIntosh (Great Oak)	2014
10:55.84	*Hanna Peterson (King)	2010	11:21.35	Venus Shabgahi (Corona)	2012
10:56.61	**Rylee Penn (Centennial)	2016	11:21.55	Rebecca Asplund (King)	2010
10:57.86	Kristina Taylor (Vista)	2008	11:21.70	***Alex Morris (Temescal)	2009
10:58.88	Taryn Pastoor (Murrieta)	2007	11:21.74	* Maiya Larsen (Great Oak)	2014
10:59.45	*Miranda Kewley (Great Oak)	2012	11:21.90	Alyssa Ungrady (Great Oak)	2016
10:59.59	Jo Anne Howard (Notre Dame)	1982	11:21.95	Lauren Peurifoy (King)	2016
10:59.60	* Ashley Cahalan (Vista)	2014	11:22.02	Alexia Velarde (Marywood-Palm Valley)	2012
10:59.77	Taylor Walker (Great Oak)	2016	11:22.04	Kenzie Estes (Poly)	2010
11:00.2	Jessica Hilton (Great Oak)	2011	11:22.31	Amanda Crissinger (Vista)	2013
11:01.82	**Sierra Vega (Chaparral)	2008	11:22.42	Danica Rosendale (Vista)	2009
11:02.78	**Sarah Benson (Vista)	2011	11:22.73	Abbey Gallaher (Great Oak)	2008
11:03.10	Vianna Hochstrasser (Chaparral)	2008	11:22.90	Maria Hurtado (Vista)	2012
			11:22.96	Brianna Jacklin (King)	2014
			11:23.11	*Alison Soto (Beaumont)	2016
			11:23.17	Heather Wilson (Great Oak)	2009
			11:23.56	*Maya Ambroziak (Great Oak)	2016

11:23.59	***Brianna Wilson (Linfield)	2009	14.23	CeCe Chandler (Elsinore)	1982
11:23.75	**Brittany Marrero (Roosevelt)	2015	14.26	Lisa Hale (Poly)	1987
11:24.02	Katie Borum (Murrieta)	2007	14.43	Latice House (Poly)	1989
11:24.42	Amanda Reynolds (Murrieta)	2008	14.74c	Stephanie LaMar (Indio) 14.5	1985
11:25.03	***Marissa Rodriguez (La Quinta)	2014	14.75	Beth Griffiths (Corona)	1982
11:25.04	**Valeria Ruiz (Xavier Prep)	2012	14.75	Shanne Somerville (Palm Springs)	1989
11:25.16	** Ariana Martinez (Temecula)	2013	14.89	Lianne Peterson (Palm Springs)	1990
11:25.41	Kylee Martin (Murrieta)	2008	14.94c	Mary Carroll (Coachella) 14.7	1982
11:25.78	* Alicia Williams (Corona)	2013	15:06	Yvette McCullough (Arlington)	1986
11:27.37	Breann Howell (Murrieta Valley)	2014	15.08	Maria Peterkin (Arlington)	1990
11:26.49	Brittney Reimer (La Quinta)	2008	15.12	Jackie Caddo (Indio)	1982
11:26.63	*Alexandra Stetkevick (Poly)	2015	15.12	Alesha Stevenson (North)	1989
11:26.95	*Michaela Reynolds (Vista)	2015	15.16	Kristy Irwin (Norco)	1990
11:27.84	Kaili Walker (Chaparral)	2015	15.19	Denise Wilson (Indio)	1981
11:28.58	**Christina Calain (Great Oak)	2012	15.30	Desiree Green (North)	1992
11:28.73	Melina Hernandez (Indio)	2011	15.34c	Sue Rupel (Perris) 15.1	1981
11:28.80	***Chandler Kerr (Chaparral)	2012	15.34	Andrea Meachum (Ramona)	1992
11:28.82	Dominique Esparza (Valley View)	2011	15.35	Tanya Jones (Corona)	1988
11:28.94	* Lauren Boyd (King)	2013	15.45	Alesha Stevenson (North)	1988
11:29.00	Jessica McCarthy (Vista)	2010	15.54c	Kelly Smith (Centennial) 15.3	1992
11:29.0	*Kim McNamee (Great Oak)	2012			
11:29.63	Sarah Lyon (Great Oak)	2016	Wind-Aided:		
11:31.33	Rachel Seymour (Great Oak)	2011	13.95	CeCe Chandler (Elsinore)	1982
11:31.99	Bethany Bilton (Murrieta)	2011	14.24	Lisa Hale (Poly)	1987
11:32.06	** Michaela Reynolds (Vista)	2014	15.30	Erin Wayne (Norco)	1985
11:32.06	Fernanda Rodriguez (Rubidoux)	2014	15.45	Bobbi White (Norco)	1989
11:32.35	*Ashlee Cervantes (Beaumont)	2009			
11:32.45	***Cynthia Martin (Chaparral)	2016			
11:32.66	*Nina Alvarado (Chaparral)	2010			
11:32.71	** Arlene Avalos (Great Oak)	2014	13.17	Jasmyne Graham (Roosevelt)	2015
11:32.76	Heather Wilson (Great Oak)	2008	13.20	Nicole Denby (North)	2000
11:33.07	Mila Alvarez (North)	2007	13.35	Nicole Hoxie (North)	1997
11:33.46	Brooke Evans (Vista)	2013	13.45	Joanna Hayes (North)	1995
11:33.79	Christian Calain (Great Oak)	2013	13.58	Ashlee Brown (North)	2003
11:33.93	*Samantha Morabe (Great Oak)	2009	13.67	Dominique Manning (North)	2004
11:33.97	Alia Bales (Great Oak)	2011	13.78	* Jaela Williams (Roosevelt)	2014
11:34.04	***Jasmine Benson (Santiago)	2007	14.08	Gayle Hunter (North)	2004
11:34.62	Heather Wilson (Great Oak)	2007	14.16	Jasde Miller (Great Oak)	2013
11:35.20	Emily Sanchez (King)	2015	14.17	Marjani Maldonado (North)	2009
11:35.28	***Paloma Barron (Roosevelt)	2015	14.18	Iris Chijioke (Roosevelt)	2012
11:35.50	Julie Diaz (Vista)	2016	14.18	**Dannae Dyer (Temecula)	2016
11:35.63	Jana Warrick (Roosevelt)	2014	14.19	Samaya Brandon (North)	2015
11:38.80	Skyler Bollinger (Great Oak)	2016	14.20	April Holliverse (North)	1999
11:36.12	***Kyleigh Macey (Great Oak)	2015	14.22	**Breanna Bernard-Joseph (Roosevelt)	2016
11:36.18	* Taylor Taite (Mesa)	2014	14.31	Taylor Fleming (King)	2013
11:36.21	*** Cassidy Hylton (Great Oak)	2014	14.31	April Sutton (Roosevelt)	2014
11:36.27	*Ashley Roberts (Poly)	2010	14.32	Kim Dargel (Mesa)	2013
11:36.38	Danica Rosendal (Vista)	2007	14.34c	Chaunte Howard (North) 14.1	2002
11:37.23	**Alexys Estrada (Vista del Lago)	2011	14.35	DeAnna Carson (Vista del Lago)	2003
11:37.41	**Haley Brzycki (Corona)	2010	14.38	Kiersten Kirkland (North)	2007
11:37.89	Katya Candray (Great Oak)	2016	14.42	Heather Corder (Murrieta)	2010
11:38.00	Xiang Tak (Chaparral)	2011	14.47	Katy Hall (Murrieta)	2009
11:38.42	***Ariel Van Riper (Vista)	2016	14.54	Gayle Hunter (King)	2002
11:38.95	***Elizabeth Richter (Great Oak)	2016	14.54	Breeanca Flemng (Great Oak)	2007
11:39.08	Samantha Flores (Paloma Valley)	2014	14.56	Amber Middleton (Murrieta)	2008
11:39.22	Allison Blake (Great Oak)	2009	14.59	Martiesha Caines (Great Oak)	2013
11:39.36	Melinda Hernandez (Indio)	2010	14.60	Marisa Smith (Valley View)	2004
11:40.44	Alia Bales (Great Oak)	2009	14.62	Ericka Nowell (Perris)	2009
11:40.48	Alexandria Stetkevick (Poly)	2016	14.66	Kelsey Rubeor (Murrieta)	2007
11:40.93	Bethany Bilton (Murrieta)	2009	14.76	*Amber Clark (Rancho Verde)	2009
			14.84c	Liz Luzsko (Banning) 14.6	1999
			14.93	** Samaya Brandon (North)	2013
			14.94c	Alexandria Anderson (Valley View) 14.7	2002
			14.94	** Iyana Cooksey (Roosevelt)	2014
		2004	14.95	Tiffany Parker (Rancho Verde)	2005
		2010	14.96	Laura Stokes (Vista)	2012
		2010	14.96	Sarah Dunaway (Vista)	2014
			14.97	Devony Dettman (Vista)	2016
			15.01	Diamond Tabron (JW North)	2016
		2003	15.02	Tanika Ward (North)	2004
			15.04	Becky Collier (Woodcrest Chr)	2013
			15.08	Jazmine Harper (Vista del Lago)	2011
			15.08	Kari Snow (Norco)	2003
		1987	15.12	Ali Miller (Murrieta Valley)	2015
		2001	15.17	Keiana Shannon (North)	1999

5000 meters

16:51.97	Alma Escobar (Corona)	2004
17:58.76	Kelsi Tippetts (King)	2010
18:21.81	Rebecca Asplund (King)	2010

3000m Steeplechase

12:42.76	Kelly Floyd (Corona)	2003
----------	----------------------	------

100m Hurdles (30")

13.83	Doris Williams (Poly)	1987
14.07	Dominique Manning (North)	2001

15.19	Mary Manu (Vista)		2007	14.44	Gayle Hunter (King)	2002
15.21	Robin Leablad (Arlington)		1996	14.54	Breeanca Fleming (Great Oak)	2007
15.23	*Jade Miller (Great Oak)		2012	14.58	** Samaya Brandon (North)	2013
15.24c	Ashley Henley (Indio) 15.0		2004	14.79	Sara Dunaway (Vista)	2014
15.26	Taryn Pastoor (Murrieta)		2007	14.79	Devony Dettman (Vista)	2016
15.31	Janessa Brown (Murrieta)		2011	14.81	Tiffany Parker (Rancho Verde)	2006
15.34c	Jameyo Austin (Moreno Valley) 15.1		2001	14.83	Amber Clark (Rancho Verde)	2010
15.34	Tatiana Martinez (Murrieta)		2012	14.84	Lorraine King (North)	2005
15.34	Krista Haddock (Hemet)		2015	14.92	*Martiesha Caines (Great Oak)	2012
15.35	Emily Owen (Vista)		2009	14.95	*Heather Corder (Murrieta)	2009
15.36	Frances Chase-Dunn (North)		2009	14.95	Iyana Cooksey (Roosevelt)	2016
15.38	**Sarah Ann Frank (King)		2016	15.08	* Ali Miller (Murrieta Valley)	2014
15.39	Shama Edwards-Hambrick (Mo Val)		1994	15.17	Sara Nielson (Palm Desert)	2008
15.44c	Ashley Henley (Indio) 15.2		2002	15.19	Mary Manu (Vista)	2007
15.46	Lorraine King (North)		2005	15.25	Aarika Oeais (Linfield)	2015
15.46	Jessica Toliver (Vista)		2013	15.27	*Maya Jackson (Desert Hot Springs)	2012
15.50	Miki Ewing (Corona)		2013	15.28	Shanie Edwards-Hamrick (Mo Val)	1993
15.52	Mary Mann (Vista)		2006	15.28	Frances Chase-Dunn (North)	2009
15.54c	Laura Amos (Norte Vista) 15.3		1995			
15.54c	Danielle Perry (Murrieta Valley) 15.3		1999		200m Hurdles (30'')	
15.54	*Shereen Sutherland (Santiago)		2011		26.80 Dominique Manning (North)	2001
15.55	Pamela Leyva (La Quinta)		2003			
15.55	Amada Breyer (Hemet)		2006			
15.55	Jasmine Williams (Great Oak)		2007		300m Hurdles (30'')	
15.55	*Kayla Elliot (Elsinore)		2016			
15.56	Dana Felt (Palm Desert)		2008	40.73	Jasmyne Graham (Roosevelt)	2015
15.56	Emily Owen (Vista)		2010	40.81	Joanna Hayes (North)	1995
15.60	Lajayah Medina (Canyon Springs)		2016	41.02	Jade Miller (Great Oak)	2013
15.62	**Lorraine Nance (Temescal Canyon)		2016	41.53	Nicole Denby (North)	1999
15.66	Marisa Wright (Moreno Valley)		1997	41.61	Ashlee Brown (North)	2001
15.66	*Sheliemae Reyes (Vista)		2010	41.80	Ericka Nowell (Perris)	2009
15.66	* Ali Miller (Murrieta Valley)		2014	41.87	**Breanna Bernard-Joseph (Roosevelt)	2016
15.67	** Bryana Hairston (Mesa)		2014	42.18	Lili Calhoun (North)	2003
15.68	Zenobia Bracy (King)		2005	42.66	Nicole Hoxie (North)	1996
15.68	Samaya Brandon (JW North)		2014	42.84c	Marisa Smith (Valley View) 42.7	2004
15.69	Lauren Henderson (Rancho Verde)		2012	42.96	Kiersten Kirkland (North)	2007
15.72	Allison Abacherli (Paloma Valley) 14.7		2002	43.08	Taylor Fleming (King)	2013
15.72	** Grace Arnold (Mesa)		2014	43.12	Tanika Ward (North)	2004
15.72	*Diamond Tabron (North)		2015	43.13	Danielle Perry (Murrieta)	1999
15.75	Angela Gomez (Perris)		1993	43.24	***Marjani Maldonado (North)	2006
15.77	Rachel Miller (Vista)		2007	43.27	Dominique Manning (North)	2004
15.78	Carmiesha Brown (La Quinta)		2001	43.46	** April Sutton (Roosevelt)	2013
15.78	Jemena Nesbet (Paloma Valley)		2016	43.48	Heather Corder (Murrieta)	2010
15.80	Christie Wilson (Poly)		1996	43.48	*Iris Chijioke (Roosevelt)	2011
15.80	Kelly Green (Corona)		2007	43.51	*Jaylah Walker (La Sierra)	2015
15.80	**Larisa Cesena (King)		2016	43.52	Gayle Hunter (North)	2004
15.81	*Kayla Elliott (Elsinore)		2016	43.74	Lorraine King (North)	2005
15.84	*Noelani Smith (Vista)		2011	43.79	**Laura McDowell (Arlington)	2010
15.84	Sheliemae Reyes (Vista)		2011	43.81	Diamond Tabron (JW North)	2016
15.87	Carmesha Brown (La Quinta)		2003	44.03	Doris Williams (Poly)	1987
15.88	** Leitasi Cravens (Vista)		2013	44.06	Janessa Brown (Murrieta)	2011
15.89	***Ali Miller (Murrieta)		2012	44.10	**Shae Anderson (Santiago)	2015
15.90	Sandy Kacura (Norco)		1998	44.11	Martiesha Caines (Great Oak)	2013
15.90	Angela Green (La Sierra)		2007	44.16	Kristen Powers (Chaparral)	2007
15.96	Sabel Moffett (Chaparral)		2005	44.26	Stephanie Lamar (Indio)	1984
15.96	T*Keyah Gray (Elsinore)		2010	44.27	Gabby Estell (Rancho Verde)	2009
	Wind-Aided:			44.29	**Jazmine Harper (Vista de Lago)	2009
13.42	Nicole Denby (North)		1999	44.30	Kari Snow (Norco)	2003
13.44c	Dominique Manning (North) 13.2		2004	44.31	***Laura McDowell (La Sierra)	2009
13.4	Ashlee Brown (North)		2003	44.32	Amber Clark (Rancho Verde)	2009
13.80	Joanna Hayes (North)		1994	44.43	Beth Griffiths Corona)	1982
13.84c	Gayle Hunter (North) 13.6		2004	44.47	Lianne Peterson (Palm Springs)	1990
13.88	Iris Chijioke (Roosevelt)		2012	44.49	Frances Chase-Dunn (North)	2009
13.92	**Dannae Dyer (Temecula)		2016	44.49	April Sutton (Centennial)	2015
14.05	April Holliverse (North)		1999	44.51	Kristina Kirkland (Rancho Verde)	2011
14.10	Marjani Maldonado (North)		2009	44.58	*Laura McDowell (Arlington)	2011
14.22	Heather Corder (Murrieta)		2010	44.60	Keiana Shannon (North)	1999
14.25	**Breanna Bernard-Joseph (Roosevelt)		2016	44.72	Angela Gomez (Perris)	1993
14.33	** April Sutton (Roosevelt)		2013	44.72	** Krista Haddock (Hemet)	2013
14.39	DeAnna Carson (Vista del Lago)		2003	44.83	Krista Haddock (Hemet)	2015
14.41	Kim Dargel (Mesa)		2013	44.85	** Leighana Weaver (King)	2013
14.45	*Taylor Fleming (King)		2012	44.88	April Holliverse (North)	1999
14.47	Amber Clark (Rancho Verde)		2009	44.91	Desiree Green (North)	1993
14.47	Katy Hall (Rancho Verde)		2009	44.91	Naquesha Moulton (Arlington)	1997
				44.93	** Jaela Williams (Roosevelt)	2013

45.10	**Lorrane Nance (Temescal Canyon)	2016	47.04	Melissa Pridemore (Centennial)	1995
45.08	Sandy Utterback (Poly)	1984	47.04	**Cayla Brooks (Roosevelt)	2012
45.10	Amber Middleton (Murrieta)	1983	47.07	Sydney Schuller (Paloma Valley)	2011
45.11	Jessica Balbuena (La Sierra)	2009	47.08	*** Shae Anderson (Norco)	2014
45.11	** Ciynamon Stevenson (Great Oak)	2014	47.13	Misha Limbrick (Canyon Springs)	1993
45.12	Natalie Lamagna (Norco)	1983	47.19	Kristy Irwin (Norco)	1989
45.12	Shania Edwards-Hambrick (Mo Val)	1994	47.19	* Laurin Bergman (Santiago)	2013
45.12	Sara Dunaway (Vista)	2014	47.19	**Danae Dyer (Temecula)	2016
45.13	Kim Dargel (Mesa)	2013	47.20	Princess Lee (Ramona)	1994
45.19	*Rynese Hulbert (Roosevelt)	2010	47.20	Alex Edmond (North)	1997
45.20	Robin Lealblad (Arlington)	1996	47.20	** Leitasi Cravens (Vista)	2013
45.23	Shebanette Terry (Vista)	2013	47.24c	Kariesse Fonteant (North) 47.1	2004
45.31	Kylie Dudley (Temecula)	2006	47.24	**Cassie Gstrein (Murrieta)	2009
45.31	* Leighana Weaver (King)	2014	47.24	**Jada McLean (Palm Springs)	2016
45.33	** Samaya Brandon (North)	2013	47.25	**Kristian Wright (Canyon Springs)	2009
45.56	**Sarah Ann Frank (King)	2016	47.26	Jessica Toliver (Vista)	2013
45.65	Alisha Burton (Norco)	2001	47.27	**Melanie Williams (Corona)	2011
45.71	Jasmine Richards (Great Oak)	2010	47.30	Allison Higgins (San Jacinto)	1992
45.74c	Cheri Slater (Moreno Valley) 45.5	1983	47.34	Ruperta Ibarrera (Moreno Valley)	1988
45.77	*Emily Owen (Vista)	2009	47.35	***Erica Williams (Elsinore)	2009
45.91	** Iyana Cooksey (Roosevelt)	2014	47.37	Jessica Reeder (Corona)	2008
45.91	**Kolonnice Green (Great Oak)	2016	47.38	*Aubree Ford (Vista)	2009
45.93	Shanee Somerville (Palm Springs)	1989	47.44c	Sue Rupel (Perris) 47.2	1981
45.98	*Gabby Estell (Rancho Verde)	2010	47.45+	Celeste Bailey (Rubidoux) 47.73y	1990
46.01	*Aleyah Coleman (Palm Springs)	2012	47.52	* Niome Wyatt (Rancho Verde)	2014
46.02	*Erica Williams (Elsinore)	2011	47.54c	Jacque Jarvis (Centennial) 47.3	1992
46.03	Leighana Weaver (King)	2015	47.54	*Skyla Curtis (LA Quinta)	2016
46.04c	Madinah Ali (Canyon Springs) 45.8	1994	47.58	Katherine Silva (Canyon Springs)	2005
46.06c	Alexandria Anderson (Valley View) 45.8	2002	47.62	*Paige Smith (Rancho Verde)	2016
46.08	Lolene Swallow (Vista)	2014	47.64c	Kristin Barnes (Hemet) 47.4	1995
46.10	Mayimi Lee (Cathedral City)	2011	47.65	**Aleyah Coleman (Palm Springs)	2011
46.14	**Jessica Toliver (Vista)	2011	47.65	*Kayli Davis (Vista)	2015
46.16	Rachel Miller (Vista)	2007	47.66	Brianna Stine (Murrieta)	2001
46.17	*Katy Hall (Murrieta)	2008	47.67	Lisa Taranto (Elsinore)	2013
46.18	Rynese Hulbert (Roosevelt)	2011	47.70	Anyiwo Nnenna (Murrieta)	2003
46.24c	Rosalie Watkins (Perris) 46.0	2002	47.70	**Amber Lasher (Norco)	2011
46.25	Marisa Wright (Moreno Valley)	1997	47.73	Carrie Rock (Canyon Springs)	1996
46.26	*Jazmyne Santiel (Indio)	2015	47.74c	Jasmine Calhoun (Rancho Verde) 47.5	1997
46.27	Erin Wayne (Norco)	1985	47.74c	Olivia Turner (Perris) 47.5	2010
46.28	Taylor Lorack (Temecula)	2012	47.74	Nnenna Anyiwo (Murrieta)	2004
46.33	Tary Foster (Poly)	1996	47.74	***Laurin Bergmann (Santiago)	2011
46.33	**Larisa Cesena (King)	2016	47.76	**Genesis Walls (Rancho Verde)	2015
46.35	Breanca Fleming (Great Oak)	2006	47.78	*Dehjah Joseph (Vista)	2015
46.35	Tatiana Martinez (Murrieta Valley)	2012	47.79	Laurin Bergmann (Santiago)	2014
46.36	Amber Clark (Rancho Verde)	2010	47.81	Khalisha Charles (Canyon Springs)	1996
46.36	Aleyah Coleman (Palm Springs)	2013	47.88	Jolanna Fleming (West Valley)	2001
46.39	Lauren McDade (Norte Vista)	1985	47.92	Jessica Richeri (Centennial)	2011
46.40	* Asia Wallace (Rancho Verde)	2014	47.93	Rachel Miller (Vista)	2008
46.41	DevonyDettman (Vista)	2016	47.93	***Payton McCartney (San Jacinto)	2016
46.43	Precious Watkins (Rancho Verde)	2007	47.94	** Kayleigh O'Brien (Murrieta Valley)	2014
46.44c	Alex Edmond (North) 46.2	1997	47.94	* Ali Miller (Murrieta Valley)	2014
46.44c	Jameyo Austin (Moreno Valley) 46.2	2001	47.96	La'Shea English (Rancho Verde)	2000
46.44c	Amanda Breyer (Hemet) 46.2	2005	47.96	Lauren Henderson (Rancho Verde)	2012
46.46	Wendy Kearney (La Sierra)	2003	47.96	Paige Williams (Chaparral)	2000
46.49	Pamela Leyva (La Quinta)	2002	47.96	Briana Corsetti (Vista)	2013
46.52	Sheliemae Reyes (Vista)	2011	48.00	Laura Amos (Norte Vista)	1994
46.54	*Lauren Henderson (Rancho Verde)	2011	48.00	** Aileen Galicia (La Quinta)	2013
46.56	**Aarika Oealis (Linfield)	2015	48.00	Summer Traylor (Perris)	2014
46.64c	Gretchen DeWitt (Indio) 46.4	1983	48.02	Mary Mann (Vista)	2005
46.65	Devin Stetson (Corona)	2014	48.04c	Tiffany Dillard (Canyon Springs) 47.8	2002
46.68	Marrisa Smith (Valley View)	2003	48.04c	Krystal Johnson (Rancho Verde) 47.8	2002
46.68	*** Jaylah Walker (LA Sierra)	2013	48.04	*Genesis Walls (Rancho Verde)	2016
46.70	Lyric Bridgeforth (Moreno Valley)	2016			
46.74c	Allison Abacherli (Paloma Valley) 46.5	2002			
46.74	Brooke Martin (Chaparral)	2016			
46.78	Chris Stanley (Norco)	1984	63.42	Kierstan Kirkland (North)	2006
46.85	***Jada McLean (Palm Springs)	2015			
46.87	Tricia Cervantes (Beaumont)	2012			
46.88	*** Jazmyne Santiel (Indio)	2013			
46.92	Ginger Vega (Notre Dame)	1992	45.30	North	2000
46.97	Laura Stokes (Vista)	2012	45.36	North	2001
46.98	Ashley Henley (Indio)	2004	45.68	Rancho Verde	2010
47.04c	Maria Peterkin (Arlington) 46.8	1990	45.74	Rancho Verde	2007
47.01	Jackie Adams (Moreno Valley)	1983	45.76	Rancho Verde	2009
47.03	Dehjah Joseph (Vista)	2016	45.92	North	2003

45.97	Rancho Verde	2006	49.08	King	2008
46.10	Roosevelt	2015	49.13	Paloma Valley	2014
46.20	Rancho Verde	2008	49.14	Mesa	2014
46.25	Rancho Verde	2011	49.17	Corona	2013
46.22	Vista	2014	49.19	Rancho Verde	2004
46.41	Roosevelt	2011	49.19	Santiago	2011
46.44	North	2004	49.21	Centennial	1997
46.58	Vista	2009	49.23	Vista del Lago	2010
46.64	Roosevelt	2010	49.23	Chaparral	2010
46.65	North	1999	49.24c	San Jacinto	49.1 2008
46.72	Roosevelt	2014	49.24	Great Oak	2015
46.73	North	2006	49.25+	North 49.4y	1982
46.86	North	2002	49.25	JW North	2014
46.93	Roosevelt	2013	49.26	Elsinore	2015
46.97	Vista	2013	49.27	Canyon Springs	1996
47.03	Mesa	2013	49.28	Corona	1988
47.04	North	1996	49.28	Santiago	2013
47.18	North	1995	49.32	Temescal	2003
47.18	Roosevelt	2012	49.37	Indio	1986
47.23	North	2005	49.37	North	2008
47.27	Vista	2012	49.37	Chaparral	2013
47.29	Canyon Springs	1994	49.39	Corona	2010
47.32	Great Oak	2014	49.41	Murrieta Valley	2004
47.33	Great Oak	2012	49.41	Hemet	2006
47.34	Rancho Verde	1999	49.42	Canyon Springs	1989
47.55	North	1997	49.43	King	2005
47.63	Rancho Verde	2016	49.46	Elsinore	2013
47.73	Vista	2011	49.47	Corona	2011
47.72	King	2014	49.48	Poly	1995
47.86	King	2013	49.48	Chaparral	2012
47.90	Vista	2008	49.50	Poly	1982
47.94	Roosevelt	2009	49.51	Centennial	2011
47.96	Rancho Verde	2013	49.55	Canyon Springs	1988
47.97	King	2015	49.57	Valley View	2004
47.97	Canyon Springs	1995	49.57	Indio	2012
48.00	North	1998	49.58	Elsinore	2012
48.00	Murrieta	2007	49.60	Canyon Springs	1990
48.00	King	2012	49.60	Poly	1997
48.02	Great Oak	2011	49.60	Murrieta Valley	2005
48.02	Rancho Verde	2012	49.63	Temecula Valley	2001
48.04	Corona	2014	49.63	Chaparral	2011
48.11	Murrieta	2012	49.66	Perris	2000
48.13	Rancho Verde	2014	49.66	Elsinore	2009
48.16	Canyon Springs	2013	49.71	Vista del Lago	2009
48.16	Centennial	2013	49.72	San Jacinto	2011
48.19	Great Oak	2007	49.72	Citrus Hill	2014
48.20	Canyon Springs	1999	49.73	Paloma Valley	2015
48.21	North	2013	49.74	Chaparral	2015
48.28	North	2007	49.75+	Perris	49.9y 1979
48.29	Great Oak	2010	49.76	Canyon Springs	2010
48.37	North	2015	49.76	Murrieta Valley	2011
48.43	Great Oak	2008	49.77	Canyon Springs	1992
48.43	Centennial	2010	49.78	North	1992
48.46	Vista	2010	49.79	Corona	1991
48.51	Canyon Springs	1993	49.80	Banning	2000
48.53	Murrieta Valley	2006	49.81	Centennial	2003
48.55	Rancho Verde	2015	49.81	Centennial	2014
48.57	Canyon Springs	2001	49.83	Temecula	2012
48.59	Vista	2015	49.84	Citrus Hill	2015
48.64	King	2009	49.85	Indio	1984
48.66	Santiago	2009	49.86	Paloma Valley	2003
48.69	Moreno Valley	1983	49.87	Chaparral	2009
48.69	Great Oak	2013	49.88	Cathedral City	2014
48.70	Great Oak	2009	49.89	Rancho Verde	1995
48.71	Vista	2007	49.89	La Sierra	2009
48.74	Banning	1999	49.90	King	2004
48.75	North	2009	49.90	King	2006
48.85	King	2011	49.90	Lakeside	2008
48.90	Mesa	2012	49.9	Canyon Springs	2011
48.94	Corona	2015	49.91	Paloma Valley	2009
48.95	Murrieta	2008	49.92	Temescal	2001
48.97	Vista	2006	49.93	La Quinta	2009
48.97	Heritage	2013	49.97	Temescal	2000
49.04	Murrieta Valley	1999	49.99	Poly	1989
49.08	Great Oak	2006	49.99	Perris	2012

50.01	Indio	1987
50.01	Moreno Valley	1992
50.03	Rancho Verde	2001
50.04	Canyon Springs	2006
50.04	Norte Vista	2015
50.05	Indio	1983
50.05	Moreno Valley	1989
50.06	Corona	1990
50.06	La Sierra	2012
50.06	Palm Springs	2013
50.06	Mesa	2015
50.00	Santiago	2003
50.07	Beaumont	2015
50.08	North	1993
50.08	Rancho Verde	2000
50.09	Perris	1982
50.13	Perris	2007
50.15	Rancho Verde	1996
50.15	Vista del Lago	2011
50.17	Palm Springs	2012
50.18	King	2010
50.19	Hemet	1990
50.20	Ramona	1995
50.20	Santiago	2004
50.20	Perris	2005
50.23	Valley View	2002
50.23	Temecula	2013
50.24c	Poly 50.1	1996
50.24	Indio	2010
50.25+	North 50.4y	1975
50.25	Poly	2008
50.25	Murrieta	2010
50.27+	Corona 50.56y	1988
50.27	King	2007
50.27	Centennial	2012
50.27	Beaumont	2013
50.27	Palm Springs	2014
50.28	Temescal	2004
50.29	Moreno Valley	1991
50.30	Poly	1987
50.30	Corona	2007
50.31	Canyon Springs	1991
50.32	Canyon Springs	2000
50.32	Citrus Hill	2013
50.34c	Canyon Springs 50.2	2002
50.34c	Paloma Valley 50.2	2002
50.34	Patriot	2012
50.34	Linfield	2015
50.35	Arlington	2003
50.38	Cathedral City	2015
50.40	Corona	2012
50.41	Banning	1997
50.41	Norco	2008
50.42	Elsinore	2011
50.44c	Poly 50.3	1985
50.44	Hemet	2004
50.44	Heritage	2012
50.45	Ramona	1994
50.45	West Valley	2003
50.46+	Corona 50.75y	1982
50.46	Temecula	2009
50.47	La Sierra	2005
50.49	Norco	2003
50.49	Indio	2013
50.50	Murrieta	2003
50.51	Cathedral City	2003
50.51	Santiago	2015
50.52	West Valley	2000
50.52	Valley View	2005
50.53	Lakeside	2007
50.53	Roosevelt	2008
50.54	Hemet	1989
50.54	Centennial	1993
50.54	Centennial	2004
50.55	Ramona	1993

50.55	Roosevelt	2007
50.57	Norco	2001
50.57	Perris	2003
50.57	Chaparral	2008
50.57	Perris	2011
50.62	La Sierra	2000
50.64c	Poly 50.5	1986
50.67	La Quinta	2003
50.67	Moreno Valley	2004
50.68	Vista del Lago	2008
50.70	Corona	2008
50.71	Poly	1994
50.71	Chaparral	2003
50.71	Indio	2011
50.72	Corona	1997
50.72	Hemet	2013
50.73	Murrieta Valley	2001
50.74c	Norco	50.6 1983
50.74	Arlington	1983
50.74	Notre Dame	2011
50.75	Notre Dame	2009
50.76	Santiago	2001
50.76	Paloma Valley	2013
50.77	Santiago	2012
50.77	Murrieta Valley	2013
50.78	Hemet	1991
50.78	West Valley	1997
50.78	Temescal	2015
50.81	Paloma Valley	2008
50.81	Cathedral City	2012
50.82	Norco	1993
50.82	Arlington	1996
50.83	Perris	1983
50.84c	North	50.7 1991

4 x 200m Relay

1:35.89	North	2001
1:38.24	Rancho Verde	2010
1:39.72	Rancho Verde	2007
1:39.75	Roosevelt	2013
1:39.98	Roosevelt	2012
1:40.87	Roosevelt	2011
1:41.30	Rancho Verde	2009
1:41.43	Corona	2014
1:41.92	Great Oak	2012
1:42.12	Great Oak	2014
1:42.12	Great Oak	2008
1:42.26	Canyon Springs	2012
1:42.57	Great Oak	2013
1:42.69	Canyon Springs	2013
1:42.83	Roosevelt	2010
1:43.02	Roosevelt	2009
1:43.1	North	2006
1:43.4	Vista	2009
1:43.67	Great Oak	2010
1:44.34	Rancho Verde	2008
1:44.49	Great Oak	2009
1:44.82	Great Oak	2007
1:44.84	Murrieta	2012

4 x 400m Relay

3:38.86	North	2001
3:39.46	North	2000
3:43.96	North	2003
3:44.02	Rancho Verde	2009
3:44.76	Roosevelt	2015
3:45.81	Rancho Verde	2007
3:46.16	North	1995
3:47.34	Roosevelt	2013
3:47.44	Great Oak	2012
3:47.60	North	1996
3:48.36	Great Oak	2011
3:48.38	North	2006

3:48.67	Great Oak	2013	4:01.27	Perris	1980
3:49.36	North	1998	4:01.63	Poly	2015
3:49.40	North	2004	4:01.86	King	2015
3:49.61	North	2007	4:01.97	King	2016
3:50.11	Rancho Verde	2006	4:02.06	Great Oak	2006
3:50.36	North	1999	4:02.1	Corona	1983
3:50.56	Roosevelt	2010	4:02.18	Chaparral	2010
3:50.83	North	2015	4:02.22	Temecula	2009
3:50.88	Roosevelt	2012	4:02.24	King	2002
3:51.07	Roosevelt	2016	4:02.36	Poly	2014
3:51.16	Canyon Springs	1994	4:02.39	Murrieta	2009
3:51.19	North	2005	4:02.50	Beaumont	2015
3:51.52	Rancho Verde	2008	4:02.55	La Quinta	2016
3:51.66	North	2002	4:02.56	Murrieta	2003
3:51.80	Corona	2014	4:02.71	Vista	2016
3:51.97	Great Oak	2014	4:02.92	Vista del Lago	2009
3:52.30	Canyon Springs	1995	4:02.99	Corona	2015
3:52.37	Vista	2013	4:03.12	Paloma Valley	2009
3:53.3+	Poly 3:54.6y	1979	4:03.17	Paloma Valley	2013
3:53.51	North	1997	4:03.36	West Valley	2016
3:53.51	Rancho Verde	2010	4:03.45	Beaumont	2016
3:53.58	North	2013	4:03.54	Paloma Valley	2005
3:54.08	Roosevelt	2011	4:03.55	Murrieta	2004
3:54.13	Corona	2013	4:03.84	Murrieta	2007
3:54.32	Great Oak	2010	4:03.9	Norco	1983
3:54.33	North	2016	4:03.95	Arlington	1996
3:54.37	Great Oak	2008	4:03.99	Poly	2008
3:54.52	King	2014	4:04.16	Centennial	2013
3:54.70	Temecula	2012	4:04.20	King	2009
3:55.02	JW North	2014	4:04.38	La Quinta	2015
3:55.03	Murrieta	1999	4:04.78	Vista	2010
3:55.17	Corona	2016	4:04.81	Indio	2011
3:55.24	Roosevelt	2009	4:04.88	Mesa	2014
3:55.55	Rancho Verde	2016	4:05.08	Mesa	2015
3:55.7	Rancho Verde	2011	4:05.18	Mesa	2012
3:55.92	North	1993	4:05.35	Vista del Lago	2010
3:56.16	Murrieta	2010	4:05.35	King	2010
3:56.42	North	2008	4:05.37	Temecula	2004
3:56.43	King	2012	4:05.44	Corona	2012
3:56.68	North	1994	4:05.50	Murrieta	2002
3:57.27	Rancho Verde	2015	4:05.50	Beaumont	2004
3:57.45	Vista del Lago	2011	4:05.5	Canyon Springs	1999
3:57.49	King	2013	4:05.52	Chaparral	2013
3:57.58	Corona	1991	4:05.60	Murrieta Valley	1998
3:57.82	Poly	2016	4:05.67	Vista	2011
3:57.93	Corona	2011	4:05.73	Vista	2006
3:57.96	Great Oak	2016	4:05.88	Canyon Springs	1996
3:57.99	Great Oak	2015	4:05.96	King	2003
3:58.10	Vista	2009	4:06.11	Santiago	2014
3:58.10	Great Oak	2009	4:06.16	Coachella Valley	2013
3:58.15	Chaparral	2016	4:06.17	Paloma Valley	2003
3:58.28	North	1992	4:06.19	Rancho Verde	2005
3:58.55	La Quinta	2014	4:06.2	Notre Dame	1984
3:58.56	Vista	2014	4:06.38	La Sierra	2016
3:58.75	Vista	2015	4:06.4	Poly	1986
3:58.77	Corona	1997	4:06.42	Paloma Valley	2010
3:58.80	Temecula	2011	4:06.45	La Quinta	2012
3:58.97	Temecula	2006	4:06.51	Perris	2007
3:59.05	Mesa	2013	4:06.53	San Jacinto	2012
3:59.27	Vista	2012	4:06.56	Beaumont	2014
3:59.64	Murrieta	2011	4:06.61	Arlington	1999
3:59.61	Moreno Valley	1983	4:06.62	Perris	2005
3:59.80	Vista	2007	4:06.07	Vista	2008
3:59.94	Temecula Valley	2016	4:06.44c	Murrieta	4:06.3 2008
3:59.97	Indio	2012	4:06.74	Rancho Verde	2012
4:00.41	Centennial	2010	4:06.81	Vista del Lago	2015
4:00.41	King	2011	4:06.85	Santiago	2016
4:00.63	Roosevelt	2014	4:07.09	Perris	2009
4:00.96	Rancho Verde	2014	4:07.11	King	2008
4:00.70	Murrieta	1998	4:07.15	Citrus Hill	2012
4:00.71	Vista del Lago	2013	4:07.18	North	1988
4:00.77	Rancho Verde	2013	4:07.20	La Sierra	2005
4:01.10	La Quinta	2013	4:07.25	Elsinore	2010
4:01.16	Temecula	2010	4:07.26	Temecula	2007
4:01.24	Great Oak	2007	4:07.42	Corona	1990

4:07.42	Murrieta		2001	9:19.23	Great Oak	2015
4:07.54	Beaumont		2003	9:19.85	Great Oak	2013
4:07.55	Coachella Valley		2012	9:21.76	Great Oak	2009
4:07.57	La Quinta		2007	9:21.95	La Sierra	2016
4:07.60	Paloma Valley		2014	9:24.65	Murrieta	2004
4:07.66	Corona		2009	9:26.01	Poly	2015
4:07.81	Canyon Springs		1993	9:28.62	Great Oak	2008
4:07.84	Valley View		2004	9:28.72	Great Oak	2012
4:07.87	Norco		1989	9:30.83	Great Oak	2007
4:07.97	Rancho Verde		2000	9:33.01	Murrieta	2003
4:08.01	Santiago		2015	9:35.70	Vista	2013
4:08.03	Murrieta		2000	9:36.09	Corona	2011
4:08.04	North		2009	9:36.40	King	2008
4:08.08	Chaparral		2015	9:36.69	Corona	2012
4:08.14c	Perris	4:08.0	2008	9:38.35	Vista	2009
4:08.15	Chaparral		2011	9:38.99	Corona	2007
4:08.3	Valley View		2011	9:40.52	Vista	2007
4:08.32	King		2007	9:40.52	Vista	2007
4:08.4+	Hemet 4:09.8y		1977	9:41.45	La Quinta	2015
4:08.43	Arlington.		2000	9:41.91	Chaparral	2016
4:08.51	Arlington		1995	9:43.51	Poly	2014
4:08.51	King		2006	9:44.27	Great Oak	2011
4:08.58	Canyon Springs		2005	9:45.2	Corona	2006
4:08.67	Rancho Verde		2001	9:45.32	La Quinta	2014
4:08.71	Hemet		2008	9:47.72	Vista	2015
4:08.73	Temecula		2005	9:48.51	Corona	2013
4:08.74	Valley View		2005	9:49.84	Murrieta	2010
4:08.88	Arlington		2001	9:50.3	Murrieta (indoors)	2002
4:08.88	Corona		2008	9:50.68	Roosevelt	2013
4:08.90	Beaumont		2009	9:51.41	King	2015
4:08.99	Canyon Springs		2006	9:51.8	Vista	2006
4:09.05	Notre Dame		2009	9:52.0	Temescal	2007
4:09.19	Norco		2001	9:55.40	Temecula	2004
4:09.29	Elsinore		2015	9:56.53	Murrieta Valley	2005
4:09.32	Perris		2000	9:56.97	Corona	2009
4:09.37	Elsinore		2009	9:58.86	Corona	2002
4:09.38	Roosevelt		2008	10:00.11	Corona	2003
4:09.41	Palm Springs		2016	10:00.89	Valley View	2007
4:09.49	Valley View		2008	10:00.91	La Quinta	2013
4:09.54	Vista del Lago		2012	10:01.00	Canyon Springs	2004
4:09.6	Canyon Springs		1990	10:01.50	Corona	2004
4:09.6	Palm Springs		1990	10:01.65	Corona	2008
4:09.64	Chaparral		2012	10:02.20	Vista	2010
4:09.68	Arlington		2003	10:02.41	Great Oak	2006
4:09.74	Ramona		1995	10:02.20	Vista	2010
4:09.75	Canyon Springs		2009	10:02.41	Great Oak	2006
4:09.76	Paloma Valley		2004	10:03.21	Vista	2008
4:09.77	Corona		2007	10:03.6	La Sierra	2005
4:09.79	Norco		1999	10:03.36	Great Oak	2012
4:09.83	Perris		2012	10:04.05	Beaumont	2016
4:09.89	Perris		1999	10:07.37	Canyon Springs	2003
4:10.01	Corona		1984	10:07.70	Poly	2013
4:10.10	Corona		2006	10:07.76	Santiago	2016
4:10.12	Poly		2012	10:08.56	Corona	2008
4:10.13	Elsinore		2011	10:08.65	Chaparral	2010
4:10.18	La Quinta		2008	10:09.66	Corona	2005
4:10.36	Poly		2010	10:09.77	Indio	2003
4:10.42	Centennial		2016	10:10.16	Temescal	1997
4:10.63	Norco		1984	10:10.89	Santiago	2015
				10:10.92	Temescal	1994

Sprint Medley

4:01.57	Corona		2014
4:01.69	Great Oak		2016
4:03.67	Centennial		2016
4:06.65	Mesa		2014
4:10.33	Great Oak		2014
4:08.21	Great Oak		2015
4:10.67	Mesa		2015

4x 800m Relay

9:14.43	Great Oak		2014
9:14.70	Great Oak		2016
9:18.65	Great Oak		2010

Distance Medley

11:29.76	Great Oak		2016
11:46.92	Great Oak		2015
11:54.28	Great Oak		2014
11:56.09	Great Oak		2013
12:07.26	Great Oak		2010
12:12.21	Murrieta		2002
12:17.35	Murrieta		2004
12:19.29	King		2010
12:20.34	Corona		2011
12:21.30	Great Oak		2012
12:22.26	King		2008
12:22.36	Great Oak		2011

12:22.96	King	2009
12:24.52	Murrieta	2001
12:24.60	Great Oak	2008
12:25.88	La Quinta	2016
12:27.72	Vista	2008
12:30.1	Temescal	1995
12:31.02	Great Oak	2009
12:31.44	Chaparral	2016
12:32.11	King	2011
12:34.11	Vista	2007
12:34.71	Vista	2010
12:34.9	Norco	1988
12:34.93	Vista	2009
12:36.63	Murrieta	2008
12:37.10	Mesa	2014
12:37.91	La Quinta	2013
12:38.25	Centennial	2016
12:38.86	King	2013
12:42.5	Corona	1993
12:42.95	King	2014
12:43.54	Great Oak	2007
12:43.82	Vista	2016
12:45.06	Temecula	1997
12:45.07	Corona	2012
12:46.17	King	2016
12:46.54	Corona	2014
12:46.80	Murrieta	2007
12:47.84	Murrieta	2009
12:46.87	Canyon Springs	1996
12:47.71	Chaparral	2008
12:48.66	Poly	2016
12:51.35	Chaparral	2010
12:53.01	Temescal	1994
12:54.99	Mesa	2013
12:56.90	Temescal	1996
12:58.30	La Quinta	2011
12:58.67	Corona	2006

4 x 1500m Relay

21:03.2	Norco	1985
---------	-------	------

4 x 1600m Relay

19:52.88	Great Oak	2016
19:53.81	Great Oak	2015
20:03.29+Great Oak	20:10.30y	2016
20:09.17	Great Oak	2014
20:38.52+Great Oak	20:45.75y	2011
20:45.80	Great Oak	2013
20:55.62+Chaparral	21:02.95y	2008
20:56.19+King	21:03.53y	2010
20:58.57	Great Oak	2012
21:02.30+Great Oak	21:09.67y	2010
21:15.63+Corona	21:23.08y	2011
21:17.44+Murrieta	21:24.90y	2008
21:17.86	Vista	2013
21:17.91+Murrieta	21:25.36y	2006
21:19.85	Vista	2009
21:20.02	Great Oak	2007
21:21.51	Vista	2016
21:28.16+Murrieta	21:35.68y	2007
21:32.36	King	2013
21:32.83	Chaparral	2010
21:33.39	Vista	2014
21:33.99	La Quinta	2014
21:36.60	Great Oak	2009
21:37.57+Great Oak	21:45.15y	2008
21:38.85	King	2009
21:42.34+King	21:49.95y	2008
21:42.90	Roosevelt	2014
21:43.27+Murrieta	21:50.87y	2005
21:43.95+King	21:51.56y	2007
21:44.94	Vista	2012
21:45.00	Centennial	2016

21:45.52	King	2016
21:45.53	Roosevelt	2015
21:45.87	King	2014
21:47.55+Corona	21:55.51y	2006
21:48.64	Temescal	1995
21:51.27+Vista	21:58.93y	2010
21:51.33	Vista	2015
21:54.82	Chaparral	2013
21:55.49	Vista	2011
21:57.78+Great Oak	22:05.47y	2006
21:55.51	Corona	2006
21:57.78+Great Oak	22:05.47y	2006
21:58.80	Corona	2013
22:01.46+King	22:09.17y	2005
22:06.87	Santiago	2014
22:07.23+Corona	22:14.98y	2007
22:08.52+Vista	22:16.28y	2008
22:09.53+Chaparral	22:17.29y	2007
22:09.53+Santiago	22:17.29y	2007
22:09.91+Corona	22:17.68y	2008
22:13.52+Corona	22:21.30y	2005
22:13.97	Corona	2009
22:14.01+Murrieta "B"	22:21.79y	2006
22:14.30+Chaparral	22:22.09y	2009
22:15.25+King	22:23.04y	2006
22:15.44	Chaparral	2016
22:22.23	Corona	2003
22:22.47	Poly	2016
22:20.99	Roosevelt	2013
22:30.68	Roosevelt	2016
22:31.12	Poly	2014
22:31.16y+Santiago	22:39.05y	2008
22:35.11	Elsinore	1992
22:37.58	Valley View	2008
22:39.87	Temecula	2014
22:40.28	Chaparral	2015
22:40.5	Corona	1994
22:41.99	Paloma Valley	2013
22:44.73	Valley View	2010
22:45.94	Corona	2012
22:46.2	Temescal	1994
22:48.19	Santiago	2011
22:48.19	Poly	2015

High Jump

6-0.5	Chaunte Howard (North)	2001
5-10	Shania Edwards-Hambrick (Mo Val)	1993
5-8.75	Karen Kraemer (Notre Dame)	1981
5-8	Gayle Hunter (King)	2002
5-8	Lena Bettis (North)	2002
5-8	Becky Collier (Woodcrest Chr)	2013
5-8	**Abigail Burke (Poly)	2016
5-7	Sandy Utterback (Poly)	1984
5-7	Kelsey Rubeor (Murrieta)	2006
5-7	**Sophia Ederaine (Canyon Springs)	2009
5-7	* Sarah Dunaway (Vista)	2013
5-7	Bria Palmer (North)	2015
5-6.25	Gretchen DeWitt (Indio)	1983
5-6.25	Tina Ray (Corona)	1984
5-6	Heather May (Hemet)	1984
5-6	Gangert (Moreno Valley)	1992
5-6	Jennifer Maggard (Hemet)	1991
5-6	Maylana Martin (Perris)	1995
5-6	Jennifer Barnes (Hemet)	1996
5-6	Jennifer Thomas Centennial)	1997
5-6	Orlisha Henlon (King)	2003
5-6	Heather Conlin (North)	2005
5-6	*Kelli Boyd (King)	2010
5-6	Joshulyn Penniman (Rancho Verde)	2012
5-6	* Susannah Vera (Palm Desert)	2013
5-6	** AlliePortis (Great Oak)	2013
5-6	Martiesha Cains (Great Oak)	2013
5-6	* Monique Billings (Santiago)	2013

5-6	Nirie Boglino (La Quinta)	2015	10-3	**Katrina Meier (Vista)	2016
5-6	**Ashlyn Blotzer (Santiago)	2016	10-3	*Taryn Fowlie (Great Oak)	2016
5-5	Angela Lind (Hemet)	1984	10-2	Maddie Duong (Chaparral)	2016
5-5	Jamie Kindschuh (Chaparral)	1999	10-0	Amber Baughman (Temecula)	2001
5-5	Gayle Hunter (North)	2003	10-0	Stephanie Hill (Chaparral)	2002
5-5	*Emem Ibekwe (North)	2015	10-0	Lelsie Klieres (Temecula)	2002
5-4.25	Cheri Slater (Moreno Valley)	1983	10-0	Julia Nottber (Murrieta)	2002
5-4	Bobbi White (Norco)	1989	10-0	Jaque Crisp (Chaparral)	2003
5-4	Christine Killian (Temecula)	1990	10-0	Jennifer Adams (Temecula)	2005
5-4	Leah Cunningham (Valley View)	1992	10-0	Tiffany Vansoest (Poly)	2007
5-4	Michelle Marshall (Hemet)	1994	10-0	*Katherine Coggins (King)	2008
5-4	Veronica Arana (San Jacinto)	1996	10-0	*Amy Hop (Jurupa)	2008
5-4	TaShara Saunders (Rancho Verde)	1997	10-0	Erika Kim (Great Oak)	2011
5-4	Liz Luzsko (Banning)	1999	10-0	Chandler Edwards (Santiago)	2012
5-4	Ashley Hamlett (Norco)	2004	10-0	Rachel Held (Vista)	2013
5-4	Brittany Thurman (King)	2005	10-0	Taylor Henry (Corona)	2013
5-4	*Danielle Thibault (Canyon Springs)	2009	10-0	Madison McPeak (King)	2015
5-4	Audrey Mitchell (Murrieta)	2009	10-0	**Delaney Ho (Beaumont)	2015
5-4	Desiree Jackson (Vista del Lago)	2010	10-0	Kristen Thompson (Roosevelt)	2015
5-4	*Caitlin Wuebbels (Murrieta)	2011	10-0	*Thy Pham (Corona)	2016
5-4	**April Sutton (Roosevelt)	2013			
5-4	**Kiarra Ginwright (King)	2013			
5-4	*Destiny Longmire (Rancho Verde)	2015			
5-4	*Seline Schinke (Palm Desert)	2016			

Pole Vault

13-1	Gardenia Centanaro (Roosevelt)	2013	20-7.75	Gayle Hunter (North)	2004
12-7	Kristen Dormanen (Temecula)	2004	20-7	Destiny Longmire (Rancho Verde)	2016
12-3	Dana Jensen (Chaparral)	2005	20-4.5	Chaunte Howard (North)	2002
12-0	Brianna King (Temecula)	2001	20-0.75	**Alycia Herring (Rancho Verde)	2008
12-0	Jessica Wismewski (Murrieta)	2002	19-11.25	Serina Strange (Indio)	1987
12-0	Hannah Chang (King)	2015	19-10.75	Lena Bettis (North)	2002
11-9	Annika Backlund (Murrieta Valley)	2013	19-10.5	Michelle Norman (Vista)	2014
11-9	Devin Stetson (Corona)	2014	19-10.25	Shelese Ruffin (Beaumont)	2004
11-9	Jessica Abalos (Murrieta Valley)	2014	19-10	Tracey Thomas (North)	1999
11-8	Alex Ungrady (Great Oak)	2016	19-8.25	*Jasmyne Graham (Roosevelt)	2014
11-6	Anna Diko (Murrieta Valley)	2000	19-7	DeAnna Carson (Vista del Lago)	2003
11-6	Tricia Smith (Temescal Canyon)	2001	19-5.5	**Akia Armstrong (Roosevelt)	2011
11-6	Renae Matheny (Murrieta)	2003	19-4.25	Lovie Burleson (Vista)	2015
11-6	Susan Farrar (North)	2008	19-1.75	Brittany Bozeman (Rancho Verde)	2009
11-6	Kim Sandstrom (Great Oak)	2010	19-1	Gayle Hunter (King)	2001
11-5	Elleyse Garrett (Vista)	2014	19-0.75	Angela Weeks (Canyon Springs)	2002
11-4	Megan Melton (King)	2012	18-11.25	Denise Woodard (Hemet)	1979
11-4	*Kristen Thompson (Roosevelt)	2014	18-9.25	Ashley Perkins (Norco)	2009
11-3	Kelsey Barnes (Vista)	2014	18-8.5	Amber Sanford (King)	2010
11-2	**Allie Gray (Chaparral)	2016	18-7.75	Latoya LeJay (Canyon Springs)	1994
11-0	Caroline Stark (King)	2005	18-7.75	*Kayla Wilson (La Quinta)	2013
11-0	Amber Harbaugh (Chaparral)	2005	18-7.5	*Jaela Williams (Roosevelt)	2014
11-0	Calab Ayer (Vista)	2010	18-6.75	Mary Carroll Coachella)	1982
11-0	*Julianne Perez (Roosevelt)	2015	18-5	Nettie Scott (Corona)	2010
11-0	Lindsay Morgan (Great Oak)	2016	18-5	Jasmyne Graham (Roosevelt)	2015
10-9	Hailey Scheer (Vista)	2012	18-5.5	Elreen Brumfield (North)	1984
10-9	Brittany Earr (Vista)	2012	18-4.25	Holly Sullivan (Ramona)	2016
10-9	*Amy Angevine (Murrieta)	2012	18-3.5	Emem Ibekewe (North)	2015
10-8	Krystal Ruiz (King)	2003	18-1.5	Joanna Hayes Arlington)	1993
10-8	*Bailey Romero (Vista)	2012	18-1.5	Nicole Hoxie (North)	1995
10-8	***Madison Kast (Murrieta Valley)	2016	17-11.5	*Allie Portis (Great Oak)	2014
10-8	**Jenna Portis (Great Oak)	2016	17-11.5	Lorena Aleman (La Quinta)	2004
10-6	Jennifer Finaldi (Centennial)	2001	17-11.5	Kayla Wilson (La Quinta)	2014
10-6	Renae Mathey (Murrieta)	2002	17-11.25	Onisha Banks (San Jacinto)	1992
10-6	Brenda Hanrahan (King)	2005	17-11.25	Kelsey Rubeor (Murrieta Valley)	2006
10-6	Katie Beyer-Andrews (Vista)	2007	17-10.5	Zona Chandler (Elsinore)	1981
10-6	***Gardenia Chavez (Roosevelt)	2010	17-10.25	**Chasity Ducre (Roosevelt)	2012
10-6	Krystena Garcia (Roosevelt)	2012	17-9.25	Jamie Kindschuh (Chaparral)	1999
10-6	Alicia Lamson (Great Oak)	2012	17-9	Lauren Plunkett (Norco)	1999
10-6	Emily Ayer (Vista)	2013	17-9	Jelena McNown (Murrieta Valley)	2013
10-6	Brynna Close (North)	2015	17-8.75	Kayla Duclayan (Vista)	2015
10-6	Keanna Theobalt (Vista)	2015	17-8.5	Angela Bissonette (Hemet)	1989
10-6	Alexys Boonkokua (King)	2015	17-7.5	LaShannoe Sneed (Poly)	1982
10-5	Angie Griffin (Great Oak)	2015	17-7.5	Tiffany Jones (Canyon Springs)	2001
10-4	Kailey Beckman (Temecula)	2009	17-7.25	Danielle Smith (Elsinore)	1985
10-4	Rianne Gross (Poly)	2011	17-7	Pam Streeter (North)	1978
10-3	*Annika Backlund (Murrieta)	2012	17-7	Bobbi White (Norco)	1989
10-3	*Ariel Sepulveda (Roosevelt)	2016	17-7	Aubree Harbison (Murrieta)	2008
			17-7	*Sophia Ederaine (Canyon Springs)	2010
			17-6.75	Terica Ned (Rancho Verde)	1999
			17-6.5	Dominique Manning (North)	2001
			17-6.5	Melinda Rodriguez (Vista)	2009

17-6.5	Shanea Webb (Vista)	2010	16-7	Joy Smith (Moreno Valley)	1982
17-6.25	Stacy Miller (Palm Springs)	1989	16-7	Latisha Spence (North)	1999
17-6	Beth -Griffiths (Corona)	1980	16-7	Nikki James (Riverside Chr)	2006
17-5.5	Lisa Hale (Poly)	1988	16-7	*Desiree Jackson (Vista del Lago)	2009
17-5.5	Lori Sims (Corona)	2001	16-7	*Shontice Carter (Vista del Lago)	2011
17-5.5	Taylor Smith (Roosevelt)	2015			
17-5.25	Becky Collier (Woodcrest Chr)	2013		Wind-aided:	
17-5	Kim Burress (Temescal)	1999	20-8.75	Gayle Hunter (North)	2003
17-5	Alviota Carrillo (Indio)	1999	20-6.5	Chaunte Howard (North)	2002
17-5	Christina Carr (Murrieta)	2001	20-3.75	Destiny Longmire (Ranch Verde)	2016
17-4.75	** Lovie Burleson (Vista)	2013	20-2.75	Shelese Ruffin (Beaumont)	2004
17-4.25	*Dayna Carson (Mesa)	2016	20-0.5	Gayle Hunter (King)	2002
17-4	Lenay Horton (North)	2001	19-8.25	** Jasmine Graham (Roosevelt)	2013
17-4	Tiffany Parker (Rancho Verde)	2005	19-7.5	Brittany Bozeman (Rancho Verde)	2009
17-3.75	Yvette McCullugh (Arlington)	1986	19-6.5	Lovie Burleson (Vista)	2015
17-3.5	Brenna Tucker (Ramona)	2005	19-0	Akia Armstrong (Roosevelt)	2013
17-3.25	Brittany Baltzar (Santiago)	2004	18-11.5	De-Anna Carson (Vista del Lago)	2003
17-3	LaRonda Doyle (Norco)	1984	18-9.25	Tiffany Jones (Canyon Springs)	2001
17-3	Rochelle Reese (Corona)	1988	18-9.25	* Jaela Williams (Roosevelt)	2014
17-3	Moffett (Chaparral)	2005	18-8.25	* Kayla Wilson (La Quinta)	2013
17-3	Nirie Boglino (La Quinta)	2015	18-7	Ashley Perkins (Norco)	2008
17-2.5	T*Keyah Gray (Elsinore)	2010	18-6	Angela Weeks (Canyon Springs)	2001
17-2.5	*Maya Jackson (Desert Hot Springs)	2012	18-5	*Emem Ibekewe (North)	2015
17-2.25	Trese Harris (Ramona)	1996	18-4.25	Becky Collier (Woodcrest Chr)	2013
17-2	Lorena Aleman (La Quinta)	2003	18-2.5	Jacquelyn Dubois (Vista del Lago)	2011
17-2	Brittany Cook (Vista)	2009	18-2	Kelsey Rubeor (Murrieta)	2006
17-2	***Ajia Yarbrough (Temecula)	2012	18-1	Aubree Harbison (Murrieta)	2008
17-1.75	Rikki Scuggs (Canyon Springs)	1988	18-1	Nirie Boglino (La Quinta)	2015
17-1.75	Julie Tetley (Moreno Valley)	1989	18-0	Taylor Smith (Roosevelt)	2015
17-1.75	Markey McLellan (Hemet)	1992	17-11.5	*Amber Sanford (King)	2009
17-1.75	*Jenna Reynolds (North)	2008	17-11	Tiffany Parker (Rancho Verde)	2006
17-1.5	Monica Bruce (Norco)	1978	17-10.75	Jelena McNown (Murrieta Valley)	2013
17-1	Gail Derricott (Rubidoux)	1989	17-10	T*Keyah Gray (Elsinore)	2010
17-1	Theresa Cherry (Notre Dame)	1990	17-10	***Chaselyn Amos (Roosevelt)	2016
17-1	Ginger Vega (Notre Dame)	1992	17-9.25	Monique Young (North)	2002
17-0.75	Heather Erickson (Vista)	2006	17-8.5	Celia Halpin (Norco)	2015
17-0.25	Tiffany Harriston (Murrieta)	2003	17-8	Erin Banks (Norco)	2003
17-0.25	Kierstin Kirkland (North)	2006	17-7.25	*Briana Conway (Chaparral)	2009
17-0	Shania Edwards- Hambrick (Mo Val)	1994	17-7	Kierstin Kirkland (North)	2006
17-0	Hillary Foose (Canyon Springs)	1994	17-7	Mariah Rimmer (Arlington)	2011
17-0	Myeshia DuPree (Poly)	1996	17-6.25	Heather Erickson (Vista)	2006
17-0	Amber Nelson (North)	1999	17-5	Brittany Baltazar (Santiago)	2004
17-0	Katie Christianson (La Quinta)	1999	17-5	Katie Rodriguez (Elsinore)	2013
17-0	**Dynese Adams (Vista)	2008	17-4	*Hannah Wright (Palm Springs)	2016
16-11.75	Erin Banks (Norco)	2003	17-4	**Allie Gray (Chaparral)	2016
16-11.75	Akilah Green (San Jacinto)	2010	17-3.5	Tiffany Parker (Rancho Verde)	2004
16-11.5	Shakeia Brumfield (Desert H Sp)	2001	17-3.5	Kristal Dennis (Vista)	2016
16-11.5	*Niala Charles (Great Oak)	2010	17-3.25	T*Keyah Gray (Elsinore)	2009
16-11.25	Ashley Edwards (Canyon Springs)	2004	17-3	*Jelena McNown (Murrieta)	2012
16-11	Michelle Marshall (Hemet)	1993	17-3	Brandee Rodriguez (Elsinore)	2012
16-11	Kisha Auld (Corona)	1999	17-3	Joana Adams (Palm Springs)	2015
16-10.75	Iyani Hayden (Canyon Springs)	2015	17-2.5	* Alejandra Angulo (Cathedral City)	2013
16-10.5	Joi Webber (Poly)	2000	17-2	*Michelle Hong (Vista)	2011
16-10.5	Kristal Dennis (Vista)	2016	17-2	Starlynn Singleton (Mesa)	2013
16-10	Ashanti Phannix (Moreno Valley)	1998	17-1.5	Audane Hayes (Centennial)	2005
16-10	Natalie Johnson (Cathedral City)	2000	17-1.5	Sissy Underwood (King)	2016
16-10	Sissy Underwood (King)	2016	17-01	Allie Portis (Great Oak)	2015
16-9.75	*Jelena McNown (Murrieta)	2012	17-1.5	Alyssa Wenzel (Temecula)	2016
16-9.75	Celia Halpin (Norco)	2015	17-1	***Nina Wallace (Cathedral City)	2016
16-9.5	Kanishia Cass (Rancho Verde)	1999	17-0.5	Harbison (Murrieta Valley)	2005
16-9.25	Ingrid James (Ramona)	1988			
16-9	McDowell (Indio)	1978			
16-9	Kartina Sullivan (Norte Vista)	1990		Triple Jump	
16-9	Khola Newels (Canyon Springs)	1994	41-3	Chaunte Howard (North)	2002
16-9	Jacquelyn Dubois (Vista del Lago)	2011	41-1.25	Gayle Hunter (North)	2004
16-9	Brandee Rodriguez (Elsinore)	2012	41-0.5	Ciyamon Steevenson (Great Oak)	2016
16-8.5	Robin Leafblad (Arlington)	1996	40-6	Michelle Norman (Vista)	2014
16-8.5	Vianna Amabile (Great Oak)	2011	40-5.75	* Lovie Burleson (Vista)	2015
16-8	Sharon Johnson (Perris)	1980	39-7.25	Ashley Perkins (Norco)	2009
16-8	Michelle Hong (Vista)	2012	39-7	Gayle Hunter (King)	2002
16-7.5	Nicole Baker (La Sierra)	1997	39-3.75	*Emem Ibekewe (North)	2015
16-7.25	*Danika Hitchcock (Hemet)	2012	39-0.5	**Lorrane Nance (Temecscal Canyon)	2016
16-7.25	* April Sutton (Roosevelt)	2014	38-11.25	Brianna Cole (Santiago)	2011
16-7.25	Devony Dettman (Vista)	2016	38-7.25	CeCe Chandler (Elsinore)	1982
16-7	Trina Williams (Valley View)	1990	38-6	*Becky Collier (Woodcrest Christian)	2012

38-4.75	Unique Lewis (Hemet)	1988	35-7.5	***Ymani Rollins (Rancho Verde)	2015
38-4	Monique Young (North)	2001	35-7.25	Lauren Plunkett (El Toro)	1998
38-3.75	Joanna Hayes (North)	1994	35-7.25	**Malia Cravens (Temecula)	2009
38-1	*Brittany Bozeman (Rancho Verde)	2008	35-7	Robin McQueen (Elsinore)	1991
38-0.5	Erin Banks (Norco)	2005	35-7	Ginger Vega (Notre Dame)	1992
37-11.5	Joanna Hayes (Arlington)	1993	35-7	Destinee Widgins (San Jacinto)	2015
37-11.25	T*Keyah Gray (Elsinore)	2010	35-6.5	Maria Peterkin (Arlington)	1990
37-11	Tiffany Parker (Rancho Verde)	2005	35-6.25	Marquita Scott (Rubidoux)	2002
37-10.5	Amber Sanford (King)	2010	35-6.25	Jasmine Seymour (Paloma Valley)	2006
37-10.25	Nirie Boglino (La Quinta)	2015			
37-10	Angela Weeks (Canyon Springs)	2002		Wind-aided:	
37-10	Becky Collier (Woodcrest Chr)	2013	42-2.5	Gayle Hunter (North)	2004
37-9.5	Destiny Longmire (Rancho Verde)	2016	42-0.5	Cynamon Stevenson (Great Oak)	2016
37-9	Denise Woodward (Hemet)	1982	39-8.75	Ashley Perkins (Norco)	2009
37-9	*Kelli Boyd (King)	2010	39-7.5	Jacquelyn Dubois (Vista del Lago)	2011
37-8.75	Serina Strange (Indio)	1986	39-5.75	Lovie Bureson (Vista)	2015
37-8.5	Jane Jones (North)	1981	39-3	Monique Young (North)	2002
37-7.75	Robyn Monroe (Centennial)	1999	39-7.5	Anna Ifft (Santiago)	2015
37-6	Jacquelyn Dubois (Vista del Lago)	2011	39-1.25	**Lorrane Nance (Temescal Canyon)	2016
37-5	*Joi Webber (Poly)	2000	38-7	Tiffany Parker (Rancho Verde)	2006
37-4.25	Tasha Edinbvrld (Poly)	1987	38-7	Nirie Boglino (La Quinta)	2015
37-3.5	Stephanie LaMar (Indio)	1985	38-7	Caylynn Godoy (Ramona)	2015
37-3.5	Danika Hitchcock (Hemet)	2013	38-3	Kellie Boyd (King)	2009
37-3.25	Katie Christianson (La Quinta)	2000	38-2.5	T*Keyah Gray (Elsinore)	2010
37-3	Lena Bettis (North)	2003	37-10	Stephanie LaMar (Indio)	1985
37-2	*Destinee Widgins (San Jacinto)	2014	37-5.5	Gianna Hughes (Vista)	2014
37-0.25	Latoya LeJay (Canyon Springs)	1994	37-5	Aubree Harbison (Murrieta)	2007
37-0	Starlynn Stingleton (Mesa)	2013	37-4	Destinee Widgins (San Jacinto)	2015
36-11.75	Rene Simon (Calvary Ch)	2008	37-3	Celia Halpin (Norco)	2015
36-11.75	Joshulyn Penniman (Rancho Verde)	2012	37-2	Starlynn Singleton (Mesa)	2013
36-11	Kristal Dennis (Vista)	2016	37-1	*Jordyn Carroll (Heritage)	2012
36-10.5	*Dayna Carson (Mesa)	2016	37-1	*Nyomi Ward (Rancho Verde)	2013
36-10	*Danika Hitchcock (Hemet)	2012	36-7.25	*Aliyah Ahmad (Centennial)	2016
36-9.75	Mary Carroll (Coachella Valley)	1981	36-6	Kelli Boyd (King)	2011
36-9.75	Lakeesha Blair (Rancho Verde)	2005	36-5.5	Rhea Soloman (Rancho Verde)	2011
36-9	Ashley Mackey (Vista)	2010	36-4.25	Asia Johnson (King)	2012
36-8.5	**Allison Laibach (Norco)	2015	36-4	*Nirie Boglino (La Quinta)	2014
36-8	***Ajia Yarbrough (Temecula)	2012	36-1.5	Danika Hitchcock (Hemet)	2013
36-7.5	Taryn Foster (Poly)	1995	36-1	Lakeesha Blair (Rancho Verde)	2004
36-6.75	Bobbi White (Norco)	1989	36-0.5	Charissa Misaiata (Paloma)	2015
36-6.75	*Chantia Justice (La Quinta)	2010	36-0	***Taryn Fowlie (Great Oak)	2014
36-6.5	*Allison Laibach (Norco)	2016	35-11	Kelsey Rubeor (Murrieta Valley)	2004
36-6	Yvette Hill (Rubidoux)	1985			
36-6	Yvette McCullough (Arlington)	1986		Shot Put	
36-6	Amanda Brooks (Indio)	1997			
36-5.5	Latisha Spence (North)	1998	50-00.25	Tanya Sapa (La Sierra)	2013
36-5.5	Tasha McNair (Valley View)	2000	46-6.5	Pam Alexander (Arlington)	1983
36-4.75	Myeshia DuPree (Poly)	1996	45-11	Lisa Misapeka (Temecula)	1993
36-4	Shanea Webb (Vista)	2010	45-1	Lima Lefiti (La Sierra)	2010
36-3.75	Carmeshia Brown (La Quinta)	2003	44-8	Elena Lopez (Elsinore)	2014
36-3.5	Cheri Slater (Moreno Valley)	1982	44-5	Sarah Robles (San Jacinto)	2006
36-3.5	Celia Halpin (Norco)	2015	44-4.75	Sheni Russell (Ramona)	1999
36-3	Onisha Banks (San Jacinto)	1992	43-7	Tiffany Gilmore (Centennial)	2014
36-2.75	Jessica Rogers (Santiago)	2000	43-3.25	Deja Watkins (North)	2011
36-2.5	Jamie Kindschuh (Chaparral)	1999	43-3	Kelsey Rubeor (Murrieta)	2007
36-2.5	Alexandia Anderson (Valley View)	2001	42-10.5	Kim Langston (Arlington)	1980
36-2	Whitney Ligon (Centennial)	2005	42-9.25	Breanna Standifer (Elsinore)	2013
36-1.75	Sameerah Reed (Rancho Verde)	1999	42-4	Janet Hill (Rubidoux)	1987
36-1	Demetria Deary (La Sierra)	2000	41-11.5	Shannon Hobson (Perris)	2003
36-1	Melinda Rodriguez (Vista)	2009	41-11.5	Tifnie LEverett (Ramona)	2013
36-1	Anna Ifft (Santiago)	2015	41-10.5	Erica Moore (Ramona)	1988
35-11.5	Danielle Smith (Elsinore)	1986	41-10.5	Whitney Ashley (North)	2007
35-10	Laronda Doyle (Norco)	1985	41-10	Jennifer Vail (Palm Springs)	1995
35-10	Kelli Boyd (King)	2011	41-4	Kayla Hopkins (Rancho Verde)	2014
35-9	Kari Snow (Norco)	2002	41-3.5	Cari Soong (North)	1999
35-9	*Nyomi Ward (Rancho Verde)	2013	41-2	Hailey Erickson (Centennial)	2012
35-9	Kayla Duclayan (Vista)	2015	41-1	Lindsay Ritchie (Beaumont)	2011
35-8.5	Theresa Cherry (Notre Dame)	1990	41-0	Solate Tupou (North)	2004
35-8.5	Dominique Aubrey (Poly)	2012	41-0	Brittany Gonter (Hemet)	2010
35-8.25	Jessica Williams (Temecula Prep)	2008	40-11.25	Sarah Cisneros (Rubidoux)	1995
35-8	Mary Plesinger (Beaumont)	1984	40-7.5	Jane Jones (North)	1982
35-8	Michelle Marshall (Hemet)	1993	40-6.75	Jodie Warr (Rubidoux)	1990
35-8	Kelsey Rubeor (Murrieta)	2005	40-4	Barrie Greer (Ramona)	1980
35-8	Nairobi Watson (King)	2013	40-4	*Deja Watkins (North)	2010
35-7.75	Rikki Scruggs (Canyon Springs)	1989	40-4	Ashley Santos (Elsinore)	2014

40-2	Andrea Loman (Poly)	1997	37-0	* Anissa Claiborne (King)	2013	
40-1	Christie Tuioti-mariner (Corona)	2007	36-11.75	Doveal Goins (Canyon Springs)	1993	
40-0	Kim Avila (Temescal)	2003	36-11.5	* Ashley Santos (Elsinore)	2013	
40-0	Shaylynn Fisher (Great Oak)	2009	36-11	Monique Walker (Desert Christian)	2004	
39-11.75	Lynn Patu (Vista)	2010	36-11	Precious Flowers (Rancho Verde)	2005	
39-11.75	Courtney Klosinki (King)	2016	36-11	*Candice Prince (San Jacinto)	2009	
39-10.5	Samantha Straley (Poly)	2012	36-10.5	L. Porter (Rubidoux)	1982	
39-10	Hanna Lemoa (Norte Vista)	2008	36-10	*Danielle Ford (Citrus Hill)	2012	
39-10	Mary Fusi (Corona)	2013	36-9.75	Jevonna Morgan (La Quinta)	2004	
39-8.25	Becky Darby (Canyon Springs)	1989	36-9.75	Kaila Gower (Heritage)	2016	
39-8	Kassandra Kennison (Norco)	2006	36-9	Patty Cortez (Norco)	1983	
39-8	Jessica Bonner (Chaparral)	2007	36-9	Marie Fecske (Norco)	1986	
39-7.5	Alisha Poole (Poly)	1985	36-9	Kori Sprague (Elsinore)	2015	
39-7	Patricia Walker (Rubidoux)	1985	36-8.75	**Amanda Mercado (Murrieta)	2009	
39-7	Fatima Vergara (Corona)	2011	36-8.5	Megan Wesel (Chaparral)	2015	
39-7	***Sierra Senio (La Sierra)	2010	36-8	Brandi Dunham (Murrieta)	2011	
39-6	Brittany McGhee (North)	2007	36-8	** Kayla Hopkins (Rancho Verde)	2013	
39-0.25	Kujomi Hutchinson (Notre Dame)	1978	36-7	Martin (Poly)	1982	
39-4.5	Jane Chafeh (Notre Dame)	2007	36-7	Avery Dail (Santiago)	2013	
39-4	Chrystian Trice (Corona)	2005	36-7	Amanda Rosilez (Chaparral)	2016	
39-3.5	Ashley Santon (Elsinore)	2014	36-6.75	*Nicole Eves (Palm Springs)	2008	
39-0.5	Jessica Johnson (Temescal)	2011	36-6.75	**Daisy Fusi (Corona)	2015	
39-0.5	Dazhanna Jackson (Paloma Valley)	2014	36-6.5	Millie Macias (Coachella Valley)	2003	
38-11.5	Breanna Elton (San Jacinto)	1996	36-6.5	*Rebekah Boaz (Murrieta)	2009	
38-11	Sherice Wright (Indio)	2011	36-6	*Elizabeth Curtis (King)	2016	
38-10.75	Amy Loprinzi (Jurupa Valley)	2009	36-5.5	Salinda Mendoza (Poly)	1986	
38-10.5	Karina Leyva (Temecula)	2000	36-6.5	Danielle Ford (Citrus Hill)	2013	
38-9.75	Myechia Bradley (Cathedral City)	2003	36-4.5	**Natalie Chafeh (Notre Dame)	2008	
38-9.5	Sierra Senio (LaSierra)	2013	36-4.25	Kaïini Macarro (Great Oak)	2007	
38-9	* Elena Lopez (Elsinore)	2013	36-4	Lena Rathbone Hemet)	1997	
38-8	Jamie Tower (Great Oak)	2013	36-4	La Dora Burks (Poly)	2002	
38-6.75	Tynisha Utz (Norco)	2003	36-4	**Ashley Santos (Elsinore)	2012	
38-6.5	Lisa Callin (Hemet)	1985	36-3	Michelle Campa (Murrieta Valley)	2014	
38-6.5	Arica Nassar (Temescal)	2011	36-2.5	* Tyiesha Long (Vista)	2013	
38-5.5	Elaine Filemu (Centennial)	1996	36-1.25	Shaina Record (Hemet)	2006	
38-5.5	Millie Macias (Coachella Valley	2004	36-1.25	Danna Hill (Roosevelt)	2011	
38-5.5	* Yazmin Torres (Vista)	2013	36-1	Andrea Soto (Norco)	2012	
38-5.25	**Ariane Madlambayan (Temescal Canyon)	2016	36-0.25	**Fatima Vergara (Corona)	2009	
38-5	Joanna Porter (Canyon Springs)	1993	36-0	Delphine Baris (Palo Verde)	1984	
38-3	Whitney Ashley (North)	2005	35-11	Tina Ray (Corona)	1984	
38-2.5	Danaeya Burrell (Cathedral City)	2016	35-10.5	Emilee Hafliker (West Valley)	2000	
38-2	Geri Higgins (Corona)	1985	35-10.5	*Geena Chong (Ramona)	2015	
38-1.25	*Mary Fusi (Corona)	2012	35-9.75	Richelle Kofoa (Banning)	2014	
38-1	Jenny Patterson (Banning)	1996	35-9.5	Alana Tupua (Rubidoux)	1991	
38-1	Andrea Loman (Poly)	1998	35-9	Alicia Rubio (Perris)	1993	
38-0.5	Tiffany Eason (Canyon Springs)	1997	35-9	Jennifer Wright (West Valley)	1998	
38-0	Mele Tupou (North)	2011	35-9	Caring Leyva (Temecula)	1999	
37-11.5	Charmaine Utz (Norco)	2002	35-9	Ashley Hearle (King)	2001	
37-11	Anissa Claiborne (King)	2014	35-9	Tressa Tenney (Great Oak)	2007	
37-10	Rachel Liptak (Temecula)	2001	35-8.75	Randi Holmes (Norco)	1997	
37-10	Rebecca Summers (Norco)	2011	35-8.5	Mara Campbell (Norte Vista)	1993	
37-8.5	Renee Perkins (Moreno Valley)	1982	35-8	Chabre Vickers (Canyon Springs)	2002	
37-7.5	Sherry Doro (Hemet)	1980	35-8	Samantha Gutierrez (Temescal)	2008	
37-7.5	Derika Russell (Arlington)	1993	35-7.75	***Azmir Ransom (North)	2016	
37-7.5	Solate Tupour (North)	2003	35-7.5	Lora Dunn (Hemet)	2006	
37-7.25	Natrice Gordon (Centennial	1997	35-7.5	Yazmin Torres (Vista)	2014	
37-6.5	*Julia Sapa (La Sierra)	2011	35-7	Sara Pearson (Valley View)	1995	
37-6.5	* Martina Hauffen (Norte Vista)	2014	35-7	*Arianna Barragan (San Jacinto)	2015	
37-6	Jessica Weise (King)	2011	35-6.5	Shereta Reedem (Rancho Verde)	2000	
37-5.5	Langston (La Sierra)	1978	35-6.5	Tommie Williams (La Sierra)	2002	
37-5.25	Sierra Kitterman (Paloma Valley)	2007	35-6.25	Constance Miyaki (Palm Desert)	2004	
37-4.75	Kim Sepulveda (Hamilton)	2009	35-6	Diane Ropers (Indio)	1982	
37-4	Rachel Rosario (Rubidoux)	1989	35-6	A. Harris (Rancho Verde)	2001	
37-3	Jessica Bonner (Chaparral)	2005				
37-3	*Tifnie Levrett (Ramona)	2012				
37-2.5	Aimee Trout (Canyon Springs)	2002				
37-2.5	*Hailey Mo'unga (Vista)	2016				
37-2	T Nassar (Temescal)	2008				
37-2	Patricia Parker (West Valley)	2011				
37-2	Arianna Barragan (San Jacinto)	2016				
37-1.25	*Chloe Seed (Murrieta Valley)	2016				
37-1	Kim Ooten (Rancho Verde)	2005				
37-0.75	Jolie Buffin (West Valley)	2004				
37-0	Mari Bohanon (Arlington)	2000				
37-0	***Abigail Latuhol (Norte Vista)	2011				
				8 lb. Shot Put		
				38-9	Johanna Tucker (Corona)	1980
				36-4.25	Gretchen DeWitt (Indio)	1977
				36-3.25	Belinda Cloud (Arlington)	1978
				Discus		
				168-5	Sarah Robles (San Jacinto)	2006
				160-9	Cari Soong (North)	1999
				151-2	Tanya Sapa (LaSierra)	2013

SCHOOL RECORDS

(must have met recording standard)

Arlington

BOYS

100 meters:	Andre Ewell	2006	10.79
200 meters:	Andre Ewell	2006	21.44
400 meters:	Chris Harper	1980	48.2y/48.06
800 meters:	Scott Gardner	1984	1:55.61
1600 meters:	Alfonso Ibarra	1996	4:17.20
3200 meters:	Alfonso Ibarra	1996	9:29.6
110 Hurdles:	Chris Johnson	2001	14.09
300 Hurdles:	Chris Johnson	2001	39.15
400 Relay:		1980	42.8y/42.69
		2014	42.73
1600 Relay:		1980	3:20.9y/3:19.6
High Jump:	Chris Harper	1980	6'8"
Long Jump:	Chris Harper	1980	24'5"
Triple Jump:	Ray Warhop	1995	44'8.25"

GIRLS

100 meters:	Kamera Heru	2001	12.04
200 meters:	Kamera Heru	2000	25.24c
400 meters:	Kamera Heru	2003	58.18
800 meters:	Laura McDowell	2011	2:17.0
1600 meters:	Natalie Schafer	2012	5:13.63
3200 meters:	Sally Cohenour	1984	11:27.05
100 Hurdles:	Robin Lealblad	1996	15.21 (33")
	Yvette McCullough	1986	15.06 (30")
300 Hurdles:	Laura McDowell	2010	43.79
400 Relay:		2003	50.35
1600 Relay:		1996	4:03.95
Pole Vault:	Jessica Hentzchel	1999	9'6"
Long Jump:	Joanna Hayes	1993	18'1.5"
Triple Jump:	Joanna Hayes	1993	37'11.5"
Shot Put:	Pam Alexander	1983	46'6.5"
Discus:	Mari Bohannon	2002	130'0"

Banning

BOYS

100 meters:	Lucien Henderson	1987	10.67
200 meters:	Sam Elmore	1995	20.9/21.04
400 meters:	Louis Amestoy	1989	48.93
800 meters:	David Edds	1976	1:53.9/1:53.2
300 Hurdles:	Aaron Webber	1991	38.86
1600 Relay:		1995	3:25.69
High Jump:	Simpson	1975	6'6"
	Pierre Campbell	2002	6'6"
Long Jump:	Mario Montgomery	1979	23'11"
Triple Jump:	Phillip Craig	2002	46'0"
Shot Put:	Henry Stevens	1995	55'3"
Discus:	Randy Patterson	2000	164'6"

GIRLS

100 meters:	DeJuana Satchell	1999	12.1/12.34c
	Maude Best	1997	12.1/12.34c
200 meters:	Madue Best	1997	26.03
100 Hurdles:	Liz Luzsko	1999	14.6/14.
400 Relay:		1999	48.74
High Jump:	Liz Luzsko	1999	54"
Shot Put:	Jenny Patterson	1996	38'1"

Beaumont

BOYS

400 meters:	Ahmed El-Daggeg	2002	50.19
800 meters:	Tyler McDonald	2010	1:56.68
1600 meters:	Victor Delgado	2009	4:15.55
3200 meters:	Brian Baker	2003	9:08.65
110 Hurdles:	Derreck Affor	2016	14.72
300 Hurdles:	Derreck Affor	2016	39.33
400 Relay:		2013	43.35
1600 Relay:		2009	3:22.68
High Jump:	Josh Law	1999	6'7"
Pole Vault:	Tyler Harper	2016	14' 0"
Long Jump:	Brandon Tedrow	1999	22'3"
Triple Jump:	King	1987	45'3"
Shot Put:	Peyton	1975	56'3.25"
Discus:	Caleb Wood	2011	164'-5"

GIRLS

100 meters:	Tylin Sands	2016	12.05
200 meters:	Shelese Ruffin	2004	25.04c
400 meters:	Shelese Ruffin	2002	55.10
800 meters:	Kailie Grimes	2015	2:15.18
1600 meters:	Kailie Grimes	2014	5:00.00
3200 meters:	Alison Soto	2016	11:23.11
300 Hurdles:	Tricia Cervantes	2011	47.25
400 Relay:		2015	50.07
1600 Relay:		2015	4:02.50
Pole Vault:	Delaney Ho	2015	10'0"
Long Jump:	Shelese Ruffin	2004	19-10.25
Shot Put:	Lindsay Ritchie	2011	41'1"

California School of the Deaf

BOYS

100 meters:	Rick Aguilar	1986	10.8/11.04
High Jump:	Rick Aguilar	1986	6'5.25"

Cal Lutheran

BOYS

Triple Jump:	Jim Chojnacki	2009	45'2.75"
--------------	---------------	------	----------

Calvary Chapel

GIRLS

Triple Jump:	Rene Simon	2008	36'11.75"
--------------	------------	------	-----------

Canyon Springs

BOYS

100 meters:	Bryan Howard	1995	10.23
200 meters:	Bryan Howard	1994	20.76
400 meters:	Anthony Daniels	2002	47.77
800 meters:	Christian Rojas	2004	1:54.45
1600 meters:	Brandon Kerr	1989	4:21.3
3200 meters:	Robert Garcia	1990	9:27.76
110 Hurdles:	Randy Brown	1998	14.47
300 Hurdles:	Mickey Grimes	1995	36.59
400 Relay:		1993	41.51
1600 Relay:		1997	3:21.74
High jump:	Bonny Thompson	2004	610"
Pole Vault:	Devin Bergquist	2003	14-0"

Long Jump:	Kenny Johnson	1991	23'9.5"
Triple Jump:	Kenny Johnson	1991	49'9.5"
Shot Put:	Derek Kurkowski	1997	60'11 "
Discus:	Adam Medina	2003	166'2"
GIRLS			
100 meters:	Madinah Ali	1995	11.61
200 meters:	Madinah Ali	1995	23.72
400 meters:	Jamie Brown	1993	57.44c
800 meters:	Wendy Reed	1995	2:20.32
1600 meters:	Jorgina Garcia	1998	5:15.62
3200 meters:	Crystal Ricardez	1998	11:19.52
100 Hurdles:	Lajayah Medina	2016	15.60
300 Hurdles:	Madinah Ali	1994	45.8/46.04c
400 Relay:		1994	47.29
1600 Relay:		1994	3:51.16
High Jump:	Sophia Ederaine	2009	5'7"
Pole Vault:	Erica Adams	2002	9'6"
Long Jump:	Angela Weeks	2002	19'0.75"
Triple Jump:	Angela Weeks	2002	37'10"
Shot Put:	Becky Darby	1989	39'8.25"
Discus:	Lili Sapolu	2001	128'5"

Cathedral City

BOYS

100 meters:	Nick Lee	2003	10.74
200 meters:	David Monay	2007	22.41
400 meters:	David Angulo	2002	48.38
800 meters:	Andy Perezchica	2003	1:56.05
1600 meters:	Noah Macias	2015	4:23.01
3200 meters:	Ricardo Nevarez	2010	9:33.54
110 Hurdles:	Jeremy Thornburg	2000	14.42
300 Hurdles:	Jeremy Thornburg	2000	37.74c
400 Relay:		2002	42.74
1600 Relay:		2001	3:25.39
Long Jump:	Marquis Strange	1998	22'7.25"
Shot Put:	PJ Bradley	2002	150'11"
Discus	Nick Johnson	2005	171'4"

GIRLS

3200 meters:	Christina Lara	2002	11:06.71
300 Hurdles:	Mayim Lee	2011	47.10
Long Jump:	Natalie Johnson	2000	16'10"
400 Relay:		2014	49.88
Shot Put:	Myechia Bradley	2003	38-9.75

Centennial

BOYS

100 meters:	Larry Scott	2010	10.95
200 meters:	Derek Favorite	1993	21.98
400 meters:	Derek Favorite	1993	48.21
800 meters:	Brad Baldwin	1998	1:57.19
1600 meters:	Cruz Gallegos	1992	4:14.70
3200 meters:	Cruz Gallegos	1992	9:02.90
110 Hurdles:	Dupree Gant	2002	14.80
300 Hurdles:	Scott Melatti	2002	39.02
400 Relay:		2015	43.08
1600 Relay:		1997	3:26.45
High Jump:	Lance Soderberg	2002	6'10"
Pole Vault:	Ben Shelton	1998	15'0"
Long Jump:	Danny Foster	2002	22'5" (wind)
Triple jump:	Milan Ford	1994	45'7.75"
Shot Put:	Danny Negrete	2001	53'11.5

GIRLS

100 meters:	Eboni Sutherland	2013	11.68
200 meters:	Eboni Sutherland	2013	23.79
400 meters:	Jessica Johnson	2009	57.29
800 meters:	Rylee Penn	2015	2:07.43
1600 meters:	Adianna Olivias	2012	4:51.35
3200 meters:	Adianna Olivias	2012	10:34.73
300 Hurdles:	April Sutton	2015	44.49
400 Relay:		2013	48.16
1600 Relay:		2010	4:00.41
High Jump:	Jennifer Thomas	1997	5'6"
Pole Vault:	Jennifer Finaldi	2001	10'6"
Triple Jump:	Whitney Ligon	2005	36'2"
Shot Put:	Tiffany Gilmore	2014	43'7"
Discus:	Tiffany Gilmore	2014	134'1"

Citrus Hill

BOYS

100 meters:	Deontae Cooper	2009	10.90
800 meters:	Supervoid Mack	2012	1:58.16
300 Hurdles:	Matthew Coaxum	2010	39.11
400 Relay:		2014	43.21
Discus:	Jordan Brwaley	2014	160'7"

GIRLS

200 meters:	Aaliyah Crawford	2014	25.55
400 meters:	Aaliyah Crawford	2012	55.78
400 relay:		2014	49.72
1600 Relay:		2012	4:07.15
Shot Put:	Danielle Ford	2012	36' 10"

Chaparral

BOYS

100 meters:	Joel Hotckins	2009	10.86
200 meters:	Connor Edwards	2016	21.94
400 meters:	Connor Edwards	2016	47.58
800 meters:	Bennett Harris	2011	1:56.28
3200 meters:	Connor Thurmond	2014	9:37.90
110 Hurdles:	Jazz Trice	2005	14.41
300 Hurdles:	Kyle Hansen	2005	38.79
400 Relay:		2011	42.96
1600 Relay:		2005	3:22.80
High Jump:	Nick Gregory	2009	6'9"
Pole Vault:	Nich Lapierre	2016	15' 0"
Triple Jump:	Jedaki Hill	2014	45' 3.25"
Discus:	Andrew Misipeka	2004	161'2"

GIRLS

100 meters:	Miracle Onyemaobi	2016	12.51
200 meters:	Miracle Onyemaobi	2016	25.57
400 meters:	Miracle Onyemaobi	2016	57.23
800 meters:	Chandler Kerr	2012	2:16.44
1600 meters:	Vianna Hochstrasser	'08	5:09.40
3200 meters:	Sierra Vega	2008	11:01.82
100 Hurdles:	Sabel Moffett	2005	15.96
300 Hurdles:	Kristen Powers	2007	44.16
3200 meters:	Chandler Kerr	2014	11:44.01
400 Relay:		2013	49.37
1600 Relay:		2016	3:58.15
High Jump:	Jamie Kindschuh	1999	5'5"
Pole Vault:	Dana Jensen	2005	12'3"
Long Jump:	Jamie Kindschuh	1999	17'9.25"
Triple jump:	Jamie Kindschuh	1999	36'2.5"
Shot Put:	Jessica Bonner	2007	39'8"
Discus:	Jessica Bonner	2007	149'1"

Coachella Valley

BOYS

400 meters:	Edgar Ramirez	2015	49.33
800 meters:	Elmore Ohly	1962	1:53.4y/1:52.7
1600 meters:	Alex Zamora	1989	4:19.81
3200 meters:	Steve Alvarez	1977	8:56.4/8:53.3
110 Hurdles:	Vince Rivas	1967	14.2/14.44c
330 Hurdles:	Roman Alvarado	1979	38.32
400 Relay:		2013	43.84
1600 Relay:		1973	3:24.1y/3:22.9
High Jump:	Diego Felix	2012	6'6"
Pole Vault:	Gonzalez	1979	14'0"
	Tony Young	1984	14'0"
Long Jump:	Tony Young	1984	22'3"
Triple Jump:	Norris	1978	48'3"
Shot Put:	Moises Ramos	2011	59'-7.75"

GIRLS

100 meters:	Mary Carroll	1982	12.09
400 meters:	Jazmin Retano	2012	57.17
800 meters:	Ana Valdovinoa	2011	2:20.86
1600 meters:	Ana Valdovinos	2011	5:19.95
1600 Relay:		2012	4:07.55
Long Jump:	Mary Carroll	1982	18'6.75"
Triple Jump:	Mary Carroll	1981	36'9.75"
Shot Put:	Millie Macias	2003	36'6.5"

Corona

BOYS

100 meters:	Duke Greer	2007	10.74
200 meters:	Ken Moon	2004	21.73
	Duke Greer	2007	21.73
400 meters:	Ken Moon	2004	47.52
800 meters:	Josh Silva	2015	1:52.82
1600 meters:	Raul Arcos	2008	4:07.50+/4:08.94y
3200 meters:	Alan Cuevas	2010	9:17.91
110 Hurdles:	Roger Moody	1964	13.7/13.94
300 Hurdles:	Elvis Pompa	2014	38.37
400 Relay:		2010	42.82
1600 Relay:		2015	3:23.53
High jump:	Lars Anderson	1978	6'8.25"
Pole Vault:	Jon Vaughn	1966	15'8" (16'5")
Long Jump:	Dave Janoski	1992	23'2.25"
Triple Jump:	Dane Janoski	1992	45'3.5"
Shot Put:	Mike Savicky	2001	58'3"
Discus:	Andre Evans	2010	161'0"

GIRLS

100 meters:	Jordyn Smith	2015	12.14
200 meters:	Cydney Powell	2014	24.68
400 meters:	Marti Arguellas	1991	56.56
800 meters:	Alicia Williams	2014	2:12.50
1600 meters:	Alicia Williams	2014	4:54.43c
3200 meters:	Alma Escobar	2005	10:47.70y/10:43.04+
100 Hurdles:	Miki Ewing	2013	15.50
300 Hurdles:	Beth Griffiths	1982	44.43
400 Relay:		2014	48.04
1600 Relay:		2014	3:51.80
High Jump:	Tina Ray	1984	5'6.25"
Pole Vault:	Devin Stetson	2014	11'9"
Long Jump:	Nettie Scott	2010	18'5"
Shot Put:	Christie Tuioti-mariner	'07	40'1"

Discus: Fatima Vergara 2010 121'11"

Desert Christian (Bermuda Dunes)

BOYS

Discus: Jacob Underwood 2006 167'3"

GIRLS

1600 meters: Danielle Vanaman 2000 5:23.19
 Shot Put: Monique Walker 2004 36'11"
 Discus: Kristi Young 2001 128'8"

Desert Hot Springs

BOYS

800 meters: Nelson Maravilla 2004 1:56.91
 1600 meters: Nelson Maravilla 2004 4:20.51
 300 Hurdles: Miles Chapman 2006 38.77
 Shot Put: Arren Roberson 2010 59'8.5"
 Discus: Christopher Brown '14 150'3"

GIRLS

Long Jump: Maya Jackson 2012 17' 2.5"

Elsinore

BOYS

100 meters: Kenny Jackson 2009 10.52
 200 meters: Kenny Jackson 2009 21.41
 400 meters: Anthony Reyes 2016 48.56
 800 meters: David Haskell 1989 1:56.28
 1600 meters: Cliff Curtis 1992 4:25.04
 3200 meters: Kyle Brown 2013 9:29.08
 300 Hurdles: Demetrius Munelyn 1985 38.87
 400 Relay: 2009 42.33
 1600 Relay: 2014 3:26.31
 High Jump: Cliff Curtis 1991 6'9"
 Pole Vault: Richard Levenson 2011 16'-0"
 Long Jump: Kenny Jackson 2009 22'10.5"
 Triple Jump: Anthony Reyes 2016 46'5"
 Shot Put: Jordan Davis 2015 56' 11.5"
 Discus: Jordan Davis 2015 177'2"

GIRLS

100 meters: Lonshay Bradford 2015 11.62
 200 meters: Lonshay Bradford 2015 24.83
 400 meters: Lonshay Bradford 2015 56.93
 800 meters: Rebecca Lacy 1992 2:18.80
 1600 meters: Adriana Ramos 2010 5:16.61
 3200 meters: Jamie Bascom 1993 11:12.76
 100 Hurdles: Kayla Elliot 2016 15.55
 300 Hurdles: Kayla Elliot 2016 44.95
 400 Relay: 2015 49.26
 1600 Relay: 2010 4:07.25
 Pole Vault: Clair Vanzanthen 2008 9'10"
 Long Jump: Zona Chandler 1981 17'1.5"
 Triple Jump: CeCe Chandler 1982 38'7.25"
 Shot Put: Elena Lopez 2014 44'8"
 Discus: Breanna Standifer 2013 146' 2"

Great Oak

BOYS

100 meters: John Kane 2013 10.76
 200 meters: Damion Marshall 2014 21.29
 400 meters: Sean Burd 2011 47.99
 800 meters: Isaac Cortes 2016 1:50.55

1600 meters:	Isaac Cortes	2016	4:04.01				11:07.5y/11:03.6
3200 meters:	Cole Spencer	2016	8:51.85	100 Hurdles:	Krista Haddock	2015	15.34
110 Hurdles:	Duane Soloman	2012	14.60	300 Hurdles:	Krista Haddock	2013	44.72
300 Hurdles:	Duane Soloman	2012	37.26	400 Relay:		2006	49.41
400 Relay:		2014	41.33	1600 Relay:		2008	4:08.71
1600 Relay:		2011	3:15.57	High jump:	Jennifer Maggard	1991	5'6"
High Jump:	Ishmael Stevenson	2013	6' 6"	Pole Vault:	Veronica Winkleman	'09	9' 6"
Pole Vault:	Shane Atkinson	2013	16' 0"		Briana Williams	2012	9' 6"
Long Jump:	Chris Milan	2012	23' 6.5"	Long Jump:	Denise Woodard	1979	18' 11.25"
Triple Jump:	CJ Stevenson	2016	46' 4"	Triple Jump:	Unique Lewis	1988	38' 4.75"
Shot Put:	Nick Ponzio	2013	69' 7.25"	Shot Put:	Brittany Gonter	2010	41' 0"
Discus:	Seth Knowlton	2016	198' 6"	Discus:	Lisa Callin	1985	131' 4"

GIRLS

100 meters:	Khala Taylor	2011	12.09
200 meters:	Khala Taylor	2012	24.60
400 meters:	Khala Taylor	2012	54.96
800 meters:	Destiny Collins	2016	2:10.72
1600 meters:	Destiny Collins	2015	4:40.34
3200 meters:	Destiny Collins	2015	9:53.79
100 Hurdles:	Jade Miller	2013	14.16
300 Hurdles:	Jade Miller	2013	41.02
400 Relay:		2014	47.32
1600 Relay:		2012	3:47.44
High Jump:	Allie Portis	2013	5' 6"
Pole Vault:	Alex Ungrady	2016	11' 8"
Long Jump:	Niala Charles	2010	16' 11.5"
Triple Jump:	Cynamon Stevenson	'16	41' 0.5"
Shot Put:	Shaylynn Fisher	2009	40' 0"
Discus:	Shaylynn Fisher	2008	145' 2"

Hamilton

BOYS:

Discus:	Jake Cole	2005	152' 4"
---------	-----------	------	---------

GIRLS:

Shot Put:	Kim Sepulveda	2009	37' 4.75"
Discus:	Kim Sepulveda	2009	120' 1"

Hemet

BOYS

100 meters:	Matt Maybeno	2002	11.01
200 meters:	Matt Maybeno	2002	22.12
400 meters:	Troy Collins	1989	49.1/49.24
800 meters:	Robert Frichtel	1996	1:51.83
1600 meters:	Mark Fricker	1977	4:07.9/4:06.4
3200 meters:	Mark Fricker	1977	8:59.3/8:56.2
110 Hurdles:	Kenny Shaw	2005	14.60
300 Hurdles:	Zach Holbert	2012	39.38
400 Relay:		2001	43.15
1600 Relay:		1976	3:22.5y/3:21.3
High Jump:	Nathan White	1994	6'7.75"
Pole Vault:	Levi Walker	2001	15'9"
Long Jump:	Ron Oastes	1965	22'9"
Triple Jump:	Dyvod Hammond	1991	47'10.25"
Shot Put:	Matt Wiley	1989	60'2"
Discus:	Brandis Dew	2005	184'3"

GIRLS

100 meters:	Ogonna Agu	2006	12.35
200 meters:	Oganna Agu	2004	25.04
400 meters:	Denise Woodard	1980	57.3y/56.97
800 meters:	Taylor Cantu	2012	2:19.53
1600 meters:	Kathy Kelly	1977	5:07.8+
3200 meters:	Kathy Kelly	1978	

Heritage

BOYS

100 meters:	Leva Hifo	2016	11.02
400 meters:	Jarett Carter	2014	49.61
800 meters:	Solomon Demeko-Ousman		
		2014	1:57.15
1600 meters:	Jeremy Romen	2016	4:23.54
3200 meters:	Chris Briseno	2016	9:35.70
100 Hurdles:	Torrey Atkins	2014	14.13
300 Hurdles:	Aaron Woods	2013	38.48
400 Relay:		2016	43.14
Discus:	Andres Henry	2016	157' 11"

GIRLS

100 meters:	Diamonique Brogan	2013	12.26
400 Relay:		2013	48.97
Shot Put:	Kaila Gower	2016	36' 9.75"

Indio

BOYS

100 meters:	Stoney Jordan	1993	10.3/10.54c
200 meters:	Stoney Jordan	1993	21.41
400 meters:	Angello DeWitt	1986	49.0/49.14
800 meters:	Joel Cota	2003	1:54.08
1600 meters:	David Luna	2013	4:11.91
3200 meters:	David Luna	2013	9:05.04
110 Hurdles:	Mike Harris	1974	13.6/13.84c
300 Hurdles:	Keithyon Moten	2012	38.04
400 Relay:		1983	43.02
1600 Relay:		2003	3:23.68
High Jump:	Danny Gallegos	1980	6' 8".
Pole Vault:	Bruner	1977	13' 6"
	Owen	1976	13' 6"
	Wilson	1976	13' 6"
Long Jump:	Mike Harris	1974	23' 8"
Triple Jump:	Paul Turner	2009	47' 2"
Shot Put:	Ed White	1965	60' 2.5"
Discus:	Greg Garza	2003	191' 1"

GIRLS

100 meters:	Bobbi Jones	1984	12.16
200 meters:	Bobbi Jones	1984	25.78
400 meters:	Regina Bowman	2013	57.81
800 meters:	Rebecca Morales	2012	2:14.62
1600 meters:	Rebecca Morales	2012	5:08.30
3200 meters:	Sonya Melendez	1992	11:03.20
100 Hurdles:	Ashley Henley	2004	15.24c
300 Hurdles:	Stephanie Lamar	1984	44.26
400 Relay:		1986	49.37
1600 Relay:		2012	3:59.97
High Jump:	Gretchen DeWitt	1983	5'6.25"

Long Jump:	Serina Strange	1987	19'11.25"	GIRLS			
Triple Jump:	Serina Strange	1986	378.75"	100 meters:	Robyn Carroll	2008	12.54
Shot Put:	Sherice Wright	2011	38'11"	400 meters:	Robyn Carroll	2008	56.61
Discus:	Diane Rogers	1982	122'3"	400 Relay:		2008	49.90

Jurupa Valley

BOYS

100 meters:	Ray Blackburn	1998	10.99
200 meters:	Ray Blackburn	1998	21.94
400 meters:	Jamal James	1998	49.33
400 Relay:		1998	43.20
1600 Relay:		1998	3:26.23
Discus:	Walter McNeil	1997	151'3"

GIRLS

3200 meters:	Veronica Zepeda	1998	11:52.73
300m Hurdles:	Tristan Taylor	2004	49.24
Pole Vault:	Amy Hop	2008	10'0"
Shot Put	Amy Loprinzi	2009	38'10.75"

King, M. L.

BOYS

100 meters:	Jonathan Essien	2016	10.86
200 meters:	Jamal Orme	2014	22.00
400 meters:	Mohsin Sabrin	2016	49.74
800 meters:	Nathan Torres	2013	1:52.63
1600 meters:	Tyler Janes	2016	4:04.33
3200 meters:	Lane Werley	2011	8:53.21
110 Hurdles:	Nick Abboud	2015	14.45
300 Hurdles:	Josh Jeter	2012	38.48
400 Relay:		2016	41.54
1600 Relay:		2012	3:21.83
High Jump:	Michael Albrecht	2009	6'8"
Pole Vault	Marcos Zavaleta	2015	14'-3"
Triple Jump:	Manuel Santiago	2008	46'6.75"
Shot Put:	Robert Malone	2006	55'7"
Discus:	Brandon Alcanter	2011	162'-4"

GIRLS

100 meters:	Sydney Reid	2015	12.16
200 meters:	Courtne Davis	2014	24.63
400 meters:	Noelle Abboud	2012	57.45
800 meters:	Ruthie Wiggins	2014	2:13.51
1600 meters:	Hanna Peterson	2011	4:57.89+
			4:59.63y
3200 meters:	Hanna Peterson	2010	10:55.84
100 Hurdles:	Tayler Fleming	2013	14.31
300 Hurdles:	Tayler Fleming	2013	43.08
400 Relay:		2014	47.72
1600 Relay:		2014	3:54.52
High Jump:	Gayle Hunter	2002	5'8"
Pole Vault:	Hannah Chang	2015	12'0"
Long Jump:	Gayle Hunter	2001	19'1"
Triple Jump:	Gayle Hunter	2002	39'7"
Shot Put:	Courtney Klosinski	2016	39' 11.75"
Discus:	Jessica Weise	2011	126'8"

Lakeside

BOYS

200 meters:	Marcus Love	2013	22.28
400 meters:	Solomon Ponomarev '14		49.64
400m Relay:		2012	42.96
Discus:	Anthony Avina	2010	160-5

La Quinta

BOYS

100 meters:	Jamal Williams	2001	10.6/10.84
200 meters:	Christopher Romtoribio '14		22.49
400 meters:	Taylor Brown	2012	48.06
800 meters:	Casey Cruz	2016	1:54.86
1600 meters:	Alex Orozco	2012	4:21.20
3200 meters:	Evan Dougherty	2012	9:36.66
110 Hurdles:	Koty Burton	2016	13.81
300 Hurdles:	Koty Burton	2016	36.34
400 Relay:		2014	42.42
1600 Relay:		2016	3:20.63
High Jump:	John Chea	2005	6'4"
Long Jump:	Christopher Rom-Toribio '14		21'7"
Shot Put:	Jared Morgan	2002	61'0.25"
Discus:	Jared Morgan	2002	200'3"

GIRLS

100 meters:	Kayla Wilson	2014	11.73
200 meters:	Kayla Wilson	2013	24.04
400 meters:	Kayla Wilson	2014	56.96
800 meters:	Megan Huebner	2011	2:11.91
1600 meters:	Megan Huebner	2014	4:48.83
3200 meters:	Megan Huebner	2013	10:26.54
100 Hurdles:	Pamela Leyva	2003	15.55
300 Hurdles:	Pamela Leyva	2002	46.49
400 Relay:		2009	49.93
1600 Relay:		2014	3:58.55
High Jump:	Nirie Boglino	2015	5'6"
Long Jump:	Kayla Wilson	2013	18' 7.75"
Triple Jump:	Nirie Boglino	2015	37'10.25"
Shot Put:	Jevonna Morgan	2004	36'9.75"
Discus:	Jevonna Morgan	2004	133' 8"

La Sierra

BOYS

100 meters:	Anthony Preyear	1993	10.6/10.84
200 meters:	Reggie Wyatt	2009	21.23
400 meters:	Reggie Wyatt	2009	46.13
800 meters:	Edgar Cobian	2012	1:52.47
1600 meters:	Spencer Knight	2006	4:09.58
3200 meters:	Dylan Spencer	2007	9:05.18
110 Hurdles:	Brandon Howard	2005	14.14
300 Hurdles:	Reggie Wyatt	2009	35.02
400 Relay:		1994	42.6/42.74c
1600 Relay:		2005	3:18.95
High Jump:	Jeff Midgett	2001	6'8 "
Long Jump:	Tyree Washington	1995	24'3"
Shot Put:	CJ Francis	2004	54'5.5"
Discus:	Kyle Moshkin	2007	168'11"

GIRLS

100 meters:	Jessica Williams	1999	12.1/12.34c
	Candace Wilson	1999	12.1/12.34c
200 meters:	Jennifer Steen	2000	24.9/25.14c
400 meters:	Laura McDowell	2009	56.30
800 meters:	Laura McDowell	2009	2:12.95
1600 meters:	Maria Rodriguez	1999	5:13.60

3200 meters:	Maria Rodriguez	1999	11:19.76	400 Relay:		2010	42.53
100 Hurdles:	Angela Green	2007	15.90	1600 Relay:		1990	3:20.51
300 Hurdles:	Jaylah Walker	2015	43.51	High Jump:	Tom Ward	1984	6'6"
400 Relay:		2009	49.89	Pole Vault:	Vierra	1976	13'6"
1600 Relay:		2016	4:06.38	Long Jump:	Shamori Walker	1993	22'1"
Long Jump:	Nicole Baker	1997	16'7.5"	Triple Jump:	Shamori Walker	1993	48'1"
Triple Jump:	Demetria Deary	2000	36'1"	Shot Put:	Malone	1977	55'11.25"
Shot Put:	Tanya Sapa	2013	50' 0.25"	Discus:	Rhodes	1978	164'7"
Discus:	Tanya Sapa	2013	151' 2"				

Linfield

BOYS

200 meters:	Alex Larson	2013	22.26
Triple Jump:	Lorenzo Burns	2015	46-4.25

GIRLS

400 meters:	Jackie Crowther	2013	59.71
800 meters:	Jackie Crowther	2012	2:13.59
1600 meters:	Brianna Wilson	2014	5:05.81
3200 meters:	Brianna Wilson	2013	11:23.59
300 Hurdles:	Aarika Oeais	2015	46.56
400 Relay:		2015	50.34

Marywood-Palm Valley

GIRLS

1600 meters:	Alexia Velarde	2012	5:06.66
3200 meters:	Alexia Velarde	2012	11:22.02

Mesa Murrieta

BOYS

100 meters:	Carlos Wedlow	2016	10.63
200 meters:	Carlos Wedlow	2016	21.93
400 meters:	Shawn Williams	2016	49.09
400 Relay:		2016	41.48
1600 Relay:		2014	3:21.68
Triple Jump:	Craig Mauldin	2012	46' 4.25"
Discus:	Tama Finau	2015	162'2"

GIRLS

100 meters:	Audriana Holloway	2013	12.30
200 meters:	Audriana Holloway	2013	24.87
400 meters:	Lauren Coomber	2014	56.47
800 meters:	Lauren Coomber	2013	2:17.38
1600 meters:	Taylor Taite	2015	4:55.81
3200 meters:	Brooke Evans	2013	11:33.46
100 Hurdles:	Kim Dargle	2013	14.32
300 Hurdles:	Kim Dargle	2013	45.13
400 Relay:		2013	47.03
1600 Relay:		2013	3:59.05
Pole Vault:	Brianna Shihadeh	2013	9' 6"
Long Jump:	Dayna Carson	2016	17' 4.25"
Triple Jump:	Starlynn Stingleton	2013	37' 0"

Moreno Valley

BOYS

100 meters:	Isaiah Braden	2011	10.63
200 meters:	Isaiah Braden	2011	21.21
400 meters:	Larry Dean	1978	49.14y/48.85
800 meters:	Raul Serratos	1986	1:53.38
1600 meters:	Raul Serratos	1987	4:11.41
3200 meters:	Raul Serratos	1985	9:24.7
110 Hurdles:	Brett Turnage	2000	14.85
300 Hurdles:	Antoine Adkins	1992	39.20

GIRLS

100 meters:	Ashanti Phallix	1998	11.9/12.14c
200 meters:	Ashanti Phallix	1998	24.84
400 meters:	Gwen Adams	1979	57.78y/57.45
3200 meters:	Michelle Dale	1993	11:46.25
100 Hurdles:	Jameyo Austin	2001	15.1/15.34c
300 Hurdles:	Shania Edwards-Hak	1994	45.12
400 Relay:		1983	48.69
1600 Relay:		1983	3:59.61
High Jump:	Shania Edwards-Hak	1993	5'10"
Long Jump:	Julie Tetley	1989	17'1.75"
Triple Jump:	Cheri Slater	1982	36'3.5"
Shot Put:	Renee Perkins	1982	378.5"
Discus:	Renee Perkins	1982	141'9"

Murrieta Valley

BOYS

100 meters:	Ervin Simmons	2008	10.92
200 meters:	Khurtis Henry	2009	22.36
400 meters:	Josh Potter	2009	50.13
800 meters:	Ian Ritchie	2003	1:53.28
1600 meters:	Kellen Acosta	2003	4:17.43
3200 meters:	Patrick Milloy	2005	9:07.95
110 Hurdles:	Aaron Paisley	2013	14.89
300 Hurdles:	Casey Birchard	2007	39.45
400 Relay:		2008	42.77
1600 Relay:		2009	3:19.60
High Jump:	Justin Nelson	2001	6'10"
Pole Vault:	Peter Chapman	2012	16'6.5"
Long Jump:	Lafayette Waters	2014	23'4.25"
Triple Jump:	Solomon Ijah	2010	48'10.25"
Discus:	Jason Rider	2001	188'10"

GIRLS

100 meters:	Lauren Nichols	2012	11.92
200 meters:	Lauren Nichols	2012	24.70
400 meters:	Janessa Brown	2011	58.36
800 meters:	Liza Pascuito	2002	2:14.5
1600 meters:	Liza Pascuito	2004	4:51.25
3200 meters:	Liza Pascuito	2004	10:37.89
100 Hurdles:	Heather Corder	2010	14.42
300 Hurdles:	Danielle Perry	1999	43.13
400 Relay:		2007	48.00
1600 Relay:		1999	3:55.03
High Jump:	Kelsey Rubeor	2006	5'6"
Pole Vault:	Jessica Wisniewski	2002	12'0"
Long Jump:	Kelsey Rubeor	2006	17'11.25"
Triple Jump:	Kelsey Rubeor	2005	35'8"
Shot Put:	Kelsey Rubeor	2007	43'3"
Discus:	Rachel Boaz	2009	137'11"

Norco

BOYS

100 meters:	Jamar Thymes	1999	10.8/11.04
200 meters:	Mike Lynem	2006	21.93
400 meters:	Darrell Willis	1981	47.56
800 meters:	Steve Gladwell	1990	1:57.85
1600 meters:	Mike Melendez	1979	4:20.4y/4:18.9
3200 meters:	Mike Melendez	1979	9:09.2y/9:06.0
110 Hurdles:	Kurt Siebert	2000	14.62
300 Hurdles:	Kurt Siebert	2000	37.77
400 Relay:		1996	42.81
1600 relay:		2014	3:28.23
High Jump:	Mike Torres	1991	6'6"
Jamar Thymes		1999	6'6"
Pole Vault:	Devin Rexroat	2005	15'9"
Long Jump:	B j. Stewart	1996	23'1.5"
Triple Jump:	B j. Stewart	1996	46'0.5"
Discus:	Dan Estrada	1991	163'3"

GIRLS

100 meters:	Ashley Perkins	2009	12.07
200 meters:	Ashley Perkins	2009	24.36
400 meters:	Persephone Lowery	1989	59.79y/59.44
800 meters:	Persephone Lowery	1987	2:13.69
1600 meters:	Jennie Higbee	1988	5:10.45
3200 meters:	Debbie Williams	1983	11:16.0
100 Hurdles:	Kari Snow	2003	15.08
300 Hurdles:	Kari Snow	2003	44.30
400 Relay:		2008	50.41
1600 Relay:		1983	4:03.9
High Jump:	Bobbi White	1989	5'4"
	Ashley Hamlet	2004	5'4"
Pole Vault:	Asure Putnam	1997	9'6"
Long Jump:	Ashley Perkins	2009	18'9.25"
Triple Jump:	Ashley Perkins	2009	39'7.25"
Shot Put:	Kassandra Kennison	'06	39'8"
Discus:	Kristin Harris	1997	122'2"

Norte Vista

BOYS

100 meters:	Heath Fulk	1991	10.84
	Jeff Henry	2001	10.84
200 meters:	John Holbrook	1967	21.4y/21.51
400 meters:	Richard Lay	1987	49.12
800 meters:	Alex Aguilar	1991	1:55.11
1600 meters:	James Pendergraph	1991	4:22.7
3200 meters:	Omar Caro	2012	9:04.68
110 Hurdles:	Michael Gaines	1997	14.91
400 Relay:		2001	42.04
High Jump:	Paul Ruvolo	1995	6',6"
	Andre Clayton	1997	6'6"
Pole Vault:	Matt Mathis	1999	15'9"
Long Jump:	Kevin Nolen	1990	22'2"
Discus:	Al Faamalisili	1992	163'8"

GIRLS

100 meters:	Mariah Allain	2015	12.43
200 meters:	Mariah Allain	2015	25.52
400 meters:	Crystal Tejada	2012	56.55
3200 meters:	Maria Zepeda	2001	11:36.71
100 Hurdles:	Laura Amos	1995	15.3/15.54c
300 Hurdles:	Lauren McDade	1985	46.39
400 Relay		2015	50.04
Long Jump:	Kartina Sullivan	1990	16' 9"

Shot Put:	Hanna Lemoa	2008	39' 10"
Discus:	Jimena Arias	2016	124' 2"

North, JW

BOYS

100 meters:	Lew Dunn	1982	10.53
200 meters:	Ennis Jones	2006	21.24
400 meters:	Nevin Gutierrez	2006	46.79
800 meters:	Dontell Holland	2009	1:53.42
1600 meters:	Juan Ambriz	2016	4:18.94
3200 meters:	Juan Ambriz	2016	9:28.30
110 Hurdles:	Jeff Garrison	2001	13.82
300 Hurdles:	Reggie Wyatt	2007	35.90
400 Relay:		2007	41.12
1600 Relay:		2006	3:10.36
High Jump:	Avery Anderson	1991	7' 3"
Long Jump:	Ronald Howard	2002	23' 3.25"
Triple Jump:	Michael Howe	1982	46' 4.25"
Shot Put:	Gene Clark	1970	61' 3.75"
Discus:	Rosario Salazar	1989	151' 0"

GIRLS

100 meters:	Tracee Thomas	1999	11.67
	Nicole Denby	2000	11.67
200 meters:	Tracee Thomas	1999	23.28
400 meters:	Tracee Thomas	2002	54.22 (indoors)
800 meters:	Rami Samoori	1994	2:18.75
1600 meters:	Mariel Mendoza	2012	4:51.98
3200 meters:	Mariel Mendoza	2012	10:37.64
100 Hurdles:	Nicole Denby	2000	13.20
300 Hurdles:	Joanna Hayes	1995	40.81
400 Relay:		2000	45.30
1600 Relay:		2001	3:38.86
High Jump:	Chaunte Howard	2002	6' 0.5"
Pole Vault:	Susan Farrar	2008	11' 6"
Long Jump:	Gayle Hunter	2004	20'7.75"
Triple Jump:	Chaunte Howard	2002	41' 3"
Shot Put:	Deja Watkins	2011	43' 3.25"
Discus:	Cari Soong	1999	160' 9"

Notre Dame

BOYS

100 meters:	Marshall Johnson	1999	10.71
200 meters:	Derrick Johnson	2000	21.40
400 meters:	Derrick Johnson	2000	47.47
110 Hurdles:	Jason Williams	2000	14.32
300 Hurdles:	Jason Williams	2000	39.75
400 Relay:		1999	43.15
1600 Relay:		1999	3:22.02
Shot Put:	Gabe Torre	1992	58'9"
Discus:	Gabe Torre	1992	198'1"

GIRLS

100 meters:	Ugochi Ogbunamiri	'11	12.32
200 meters:	Ugochi Ogbunamiri	'11	25.61
400 meters:	Shonice Myers	2009	58.88
1600 meters:	Jo Anne Howard	1982	5:21.9
3200 meters:	Jo Anne Howard	1982	10:59.59
300 Hurdles:	Ginger Vega	1992	46.92
400 Relay:		2011	50.74
1600 Relay:		1984	4:06.2
High Jump:	Karen Kraemer	1981	5'8.75"
Pole Vault:	Hannah Chang	2013	9' 6"
Long Jump:	Teresa Cherry	1990	17'1 "

Triple Jump:	Teresa Cherry	1990	35'8.5"	1600 meters:	Shawn Sleeper	2013	4:21.18
Shot Put:	Kujomi Hutchinson	'78	39'0.25"	3200 meters:	Trevor Henson	2011	9:20.04
Discus:	Natalie Torre	1994	119'0"	400 Relay:		2014	43.25

Palm Desert

BOYS

200 meters:	Mike Norfolk	1995	22.17
800 meters:	James Hawkins	2006	1:56.92
110 Hurdles:	Dylan Nelson	2006	14.08
300 hurdles:	Dylan Nielson	2006	37.62
400 Relay:		1991	43.25
High Jump:	Wes Coffey	2013	6' 8"
Triple Jump:	Tyronne Owens	1989	44'11 "
Shot Put:	Joe Canavan	2007	67'1.5"
Discus:	John Gallagher	1989	192'4"

GIRLS

100 meters:	Hailey Murdica	2016	12.45
200 meters:	Shanti Oyenuga	1995	25.5/25.74c
3200 meters:	Melissa Garza	1998	11:53.7
100 Hurdles:	Dana Felt	2008	15.56
High Jump:	Susannah Vera	2013	5' 6"
Shot Put:	Constance Miyaki	2004	35'6.25"
Discus:	Joy Bates	1989	121'11"

Palm Springs

BOYS

100 meters:	Jerome Burrell	1995	10.5/10.74
200 meters:	Jerome Burrell	1995	21.69
400 meters:	Oliver Brown	1988	49.06
800 meters:	Austin Chavez	2014	1:58.47
1600 meters:	Austin Chavez	2014	4:22.43
3200 meters:	Jim Walker	1983	9:34.51y/9:31.18
110 Hurdles:	Hamilton	1973	14.7/14.94c
300 Hurdles:	William Moore	2013	40.02
400 Relay:		2016	41.88
1600 Relay:		1973	3:24.7y/3:23.5
High Jump:	David Moore	1955	6'4:5"
Pole Vault:	James Guillermo	1989	14'0"
Long Jump:	Clay Hall	1982	23'6.25"
Triple Jump:	Clay Hall	1982	48'4.5"
Shot Put:	Leighton Heape	2002	60'6.75"
Discus:	Jeremy Sutherland	2005	165'2"

GIRLS

100 meters:	Shanee Somerville	1991	12:19
200 meters:	Shanee Somerville	1991	24.81
400 meters:	Pauline Maragh	1981	58.36
1600 meters:	Anjie Miranda	1990	5:09.39
3200 meters:	Anjie Miranda	1988	11:12.41
100 Hurdles:	Shanee Somerville	1989	14.75 (30")
300 Hurdles:	Lianne Peterson	1990	44.47
400 Relay:		2013	50.06
1600 Relay:		1990	4:09.6
Long Jump:	Stacy Miller	1989	17'6.25"
Shot Put:	Jennifer Vail	1995	41'10"
Discus:	Jennifer Vail	1996	1371"

Paloma Valley

BOYS

100 meters:	Anthony Smith	2013	10.98
200 meters:	Chad Jervis	2004	22.04c
400 meters:	Joe Kaylor	2009	50.29

Pole Vault:	Carlos Sanchez	2001	14'6"
Long Jump:	D.J. Redd	2011	22'-5.25"
Discus:	Cody Lynn	2007	161'6"

GIRLS

100 meters:	Jenna Tomlin	2003	11.97
200 meters:	Damatria Willingham	'16	25.43
400 meters:	Kiara McIntosh	2012	58.56
800 meters:	Kiara McIntosh	2012	2:11.04
1600 meters:	Kiara McIntosh	2013	4:56.99+
3200 meters:	Brittney Ferguson	2013	11:32.65
100 Hurdles:	Jemena Nesbitt	2016	15.78
300 Hurdles:	Allison Abacherli	2002	46.5/46.74c
400 Relay:		2014	49.13
1600 Relay:		2013	4:03.17
Triple jump:	Jasmine Seymour	2006	35'6.25"
Shot Put:	Dazhanna Jackson	'14	39'0.5"
Discus:	Tiana Herrera	2004	119'10"

Patriot

BOYS

1600 meters:	Carlos Delatorre	2016	4:23.29
1600 Relay:		2016	3:28.40

GIRLS

400 meters:	Sierra Carrasco	2012	59.82
400 Relay:		2012	50.34

Perris

BOYS

100 meters:	JJ Eddington	1985	10.89
200 meters:	Nick McCullom	1998	21.54
400 meters:	Nick McCullom	1998	48.41
800 meters:	Josh Mejia	2005	1:56.29
1600 meters:	Josh Mejia	2005	4:18.67
3200 meters:	Malcolm Corona	2002	9:44.59
110 Hurdles:	Danny Harris	1983	14.06
300 Hurdles:	Anthony Verret	1986	38.40
330 Hurdles:	Danny Harris	1983	35.52
400 Relay:		1983	41.39
1600 Relay:		1983	3:10.33
High Jump:	Damon Jackson	1998	6'8"
Pole Vault:	Roger Heldoom	1983	14'2"
Long Jump:	Quincy Franks	1980	23'11"
Triple Jump:	Aaron Berry	2015	48'7.75"
Discus:	Andre Abrams	1990	1570"

GIRLS

100 meters:	Antionette Winston	1979	11.9/12.14c
200 meters:	Antionette Winston	1979	25.7y/25.79
400 meters:	Ericka Nowell	2008	56.37
1600 meters:	Michelle Paul	1985	5:13.56
3000 meters:	Michelle Paul	1985	10:37.0 (3000)
3200 meters:	Jennifer Rodrigue	2006	11:51.73
100 Hurdles:	Erika Nowell	2009	14.62
300 Hurdles:	Erica Nowell	2009	41.80
400 Relay:		2000	49.66
1600 Relay:		2012	4:09.83
High Jump:	Maylana Martin	1995	5'6"
Long jump:	Sharon Johnson	1980	16'8"
Shor Put:	Shannon Hobson	2003	41'11.5"

Discus:	Shannon Hobson	2003	145'3"	800 meters:	Sheria Moses	1991	2:11.97
				100 Hurdles:	Andrea Meachum	1992	15.34 (30'')
				300 Hurdles:	Princess Lee	1994	47.20
				400 Relay:		1995	50.20
				1600 Relay:		1995	4:09.74
				Pole Vault:	Tru Hoang	1997	9'0"
				Long Jump:	Holly Stallman	2016	18' 4.25''
				Shot Put:	Sheni Russell	1999	44'4.75''
				Discus:	Barrie Greer	1980	143'7''

Poly-Riverside

BOYS

100 meters:	Nathan Irvin	1999	10.59
200 meters:	Greg Thomas	1980	21.44
400 meters:	C.J. Reed	1996	48.22
800 meters:	Wayne Lemmons	1956	1:54.4y/1:53.7
1600 meters:	Irving Moreno	1997	4:18.99
3200 meters:	Irving Moreno	1997	9:30.82
110 Hurdles:	Chris Chrisman	1981	14.01
300 Hurdles:	Jamie Anderson	1991	39.85
330 Hurdles:	Chris Chrisman	1981	36.25
400 Relay:		1980	42.38
1600 Relay:		1980	3:21.1 y/3:19.7
High Jump:	Kyle Batiste	1995	6'7"
Pole Vault:	Zach Green	2016	14' 6''
Long Jump:	Bobby Bonds	1964	25'3"
Triple Jump:	Cullen Sullivan	2012	45'11.5''
Shot Put:	Larry Richards	1961	60'9.75''
Discus:	Coleman Johnson	1994	182'3"

GIRLS

100 meters:	Christie Slaughter	1989	12.43
200 meters:	Renee Chambers	1979	25.01 y/24.87
400 meters:	Renee Chambers	1979	57.49y/57.16
800 meters:	Lynn Hollins	1976	2:05.9
1600 meters:	Ashley Roberts	2010	4:54.80
3200 meters:	Brigid Freyne	1987	10:34.37
100 Hurdles:	Christie Wilson	1996	15.80 (33'')
Lisa Hale		1987	14.26 (30'')
300 Hurdles:	Doris Williams	1987	44.03
400 Relay:		1995	49.48
1600 Relay:		1979	3:54.6/3:53.3
High Jump:	Abigail Burke	2016	5' 8''
Pole Vault:	Rianne Gross	2011	10'4''
Long Jump:	LaShannoe Sneed	1982	17'7.5''
Triple Jump:	Joi Webber	2000	37'5''
Shot Put:	Andrea Loman	1997	40'2"
Discus:	Andrea Loman	1998	135'9"

Ramona

BOYS

100 meters:	Rondo Smith	1988	10.86
200 meters:	Rondo Smith	1988	21.92
400 meters:	Dan Gormley	1964	48.9y/48.75
800 meters:	Richard Villalobos	1995	1:55.07
1600 meters:	Martin	1974	4:23.0y/4:21.5
3200 meters:	Scott Foreman	1966	9:28.0y/9:24.7
110 Hurdles:	Robert Williams	2005	13.97
300 Hurdles:	Zach Lewis	2012	37.28
400 Relay:		1987	43.13
1600 Relay:		1970	3:25.0y/3:23.8
High Jump:	Jimmy Devine	1995	6'6"
Pole Vault:	Larry Thompson	1970	14'1"
Long Jump:	Jimmy Devine	1995	23'10.5"
Triple Jump:	Stanton Gibson	2003	47'11.75"
Shot Put:	Tom Oesterling	1966	60'3.75"
Discus:	Sonny Soto	1991	161'3"

GIRLS

100 meters:	Alicia Thomas	1992	12.57
200 meters:	Alicia Thomas	1992	25.44
400 meters:	Sheria Moses	1991	59.4/59.54c

Rancho Mirage

BOYS

200 meters:	Logen Casavant	2016	21.66
400 meters:	Logen Casavant	2016	46.93

Rancho Verde

BOYS

100 meters:	Isaiah Cunningham	2016	10.35
200 meters:	Isaiah Cunningham	2016	21.21
400 meters:	Isaiah Cunningham	2016	47.68
800 meters:	Ruben Danielson	2010	1:51.59
1600 meters:	Angel Guerrero	2002	4:25.12
110 Hurdles:	Cameron Samuel	2016	14.44
300 Hurdles:	Cameron Samuel	2016	37.07
400 Relay:		2016	41.37
1600 Relay:		2009	3:13.75
High Jump:	Skylar Lacour	2009	7'0.25''
Pole Vault:	Matt Jones	2006	13'6"
Long Jump:	Jesse Ooten	2008	22'6.25''
Triple Jump:	Josh Como	2006	50'3.5''
Shot Put:	Desmond Clark	2004	56'9.25''

GIRLS

100 meters:	Asiah Gooden	2009	11.73
200 meters:	Alycia Herring	2009	23.68
400 meters:	Gabby Estell	2009	54.72
100 Hurdles:	Amber Clark	2009	14.76
300 Hurdles:	Gabby Estell	2009	44.27
400 Relay:		2010	45.68
1600 Relay:		2009	3:44.02
High Jump:	Joshulyn Penniman	'12	5' 6''
Long Jump:	Destiny Longmire	2016	20' 7''
Triple Jump:	Brittany Bozeman	2008	38'1''
Shot Put:	Kayla Hopkins	2014	41'4''
Discus:	Kayla Hopkins	2014	141'6''

Riverside Christian

GIRLS

100 meters:	Camille Bowen	2009	12.58
Long Jump:	Nikki James	2006	16'7"

Roosevelt

BOYS

100 meters:	Elijah Mitchell	2013	10.58
200 meters:	Elijah Mitchell	2013	21.17
400 meters:	Bryan Adams	2009	47.95
800 meters:	Aaron Potts	2012	1:54.39
1600 meters:	Nick Woolf	2012	4:11.57
3200 meters:	Raymon Ornelas	2016	9:08.22
110 Hurdles:	Anthony Easter	2016	14.37
300 Hurdles:	Austin Hill	2010	37.29
400 Relay:		2011	41.01
1600 Relay:		2010	3:12.79
High Jump:	Taelin Webb	2014	6'8''

Pole Vault:	Nick Weisheit	2012	14'9"
Triple Jump:	Stephon Williams	2012	45'4.25"
Shot Put:	David Potts	2016	53' 0"
Discus:	David Potts	2016	167' 11"

High Jump:	Tim Dunlap	1997	6'7"
	Tom Quast	1962	6'7"
Long Jump:	Greg Davis	2002	22'5"
Shot Put:	Spencer Moorman	'10	62'5.25"
Discus:	Hank Krychir	1979	188'7"

GIRLS

100 meters:	Courtne Davis	2015	11.64
200 meters:	Courtne Davis	2015	24.39
400 meters:	Taylor Smith	2015	54.46
800 meters:	Tahlia Adams	2015	2:14.29
1600 meters:	Tahlia Adams	2015	5:00.16
3200 meters:	Brittany Marero	2015	11:23.75
100 Hurdles:	Jasmyne Graham	2015	13.17
300 Hurdles:	Jasmyne Graham	2015	40.73
3200 meters:	Jana Warrick	2014	11:35.63
400 Relay:		2015	46.10
1600 Relay:		2015	3:44.76
High Jump:	April Sutton	2013	5' 4"
Pole Vault:	Gardenia Centanaro	'13	13' 1"
Long Jump	Jasmyne Graham	2014	19' 8.25"
Shot Put:	Danna Hill	2011	36' 1.25"
Discus	Danna Hill	2011	119' 2"

GIRLS

100 meters:	April Henderson	1999	11.9/12.14c
200 meters:	April Henderson	1999	25.2/25.44
800 meters:	Melissa Escamilla	2006	2:18.90
300 Hurdles:	Allison Higgins	1992	47.30
400 Relay:		2008	49.1
1600 Relay:		2012	4:06.53
High Jump:	Veronica Arana	1996	5'4"
Pole Vault:	Breanna Elton	1995	9'0"
Long Jump:	Onisha Banks	1992	17'11.25"
Triple Jump:	Destinee Widgins	2014	37'2"
Shot Put:	Sarah Robles	2006	44'5"
Discus:	Sarah Robles	2006	168'5"

Rubidoux

BOYS

100 meters:	Jason Halliburton	1991	10.7/10.94
200 meters:	Derek Banks	1992	22.03
400 meters:	LaSalle Hughey	1991	47.93
800 meters:	David Ramirez	1991	1:55.44
1600 meters:	Erik Gonzalez	2016	4:19.95
3200 meters:	Antonio Jiminez	2003	9:05.16
110 Hurdles:	Leandre Butler	2003	14.65
300 Hurdles:	Richie Gilmore	1992	39.41
400 Relay:		1990	41.80
1600 Relay:		1992	3:20.14
High Jump:	Chris Olsson-O'Nei	1992	6'11 "
Pole Vault:	Vic Diaz	1967	15'5.25"
Long Jump:	Mike Anderson	1983	24'5"
Triple Jump:	Tim Williams	1985	49'7.25"
Shot Put:	Jake Knight	2001	63'11.5"
Discus:	Matt Gomez	1999	1.82'0"

Santiago

BOYS

100 meters:	Rodney Storrs	2007	10.66
200 meters:	Rodney Storrs	2008	21.27
400 meters:	Brett Moulton	2012	48.77
800 meters:	Brett Moulton	2011	1:51.51
1600 meters:	Kyle Pendleton	2016	4:20.79
3200 meters:	Steven Cram	2007	9:23.07
110 Hurdles:	David Williams	2009	14.51
300 Hurdles:	David Williams	2009	38.28
400 Relay:		2008	41.57
1600 Relay:		2011	3:23.03
High jump:	Josh Roth	2004	6'6"
Pole Vault:	Garrett Hansen	2014	15'0"
Long Jump:	Isaiah Manley	2014	22'1.25"
Triple Jump:	Chris Benard	2008	49'6"
Shot Put:	Matt Stewart	2014	53'6"
Discus:	Matt Stewart	2014	162'2"

GIRLS

800 meters:	Lisa Prieto	1988	2:18.81
1600 meters:	Fernanda Rodriguez	'12	5:15.25
3000 meters:	Kat Prince	1985	10:37.0**
3200 meters:	Fernanda Rodriguez	'12	11:18.12
300 Hurdles:	Celeste Bailey	1990	47.73y/47.45
Long jump:	Gail Derricott	1989	17'1 "
Triple Jump:	Yvette Hill	1985	36'6"
Shot Put:	Janet Hill	1987	42'4"
Discus:	Jodie Warr	1990	145'0"

GIRLS

100 meters:	Omonleghe Ovude	'06	12.45
200 meters:	Amber Munerlyn	2010	24.83
400 meters:	Kinney Stora	2010	58.53
800 meters:	Cayla Etheridge	2016	2:14.02
1600 meters:	Lily Seynaeve	2014	5:06.82
3200 meters:	Mckenna Genovese	'12	11:08.54
100m Hurdles:	Shereen Sutherland	'11	15.54
300 Hurdles:	Shae Anderson	2015	44.10
400 Relay:		2009	48.66
High Jump:	Monique Billings	2013	5' 6"
	Ashlyn Blotzer	2016	5' 6"
Pole Vault:	Chandler Edwards	2012	10' 0"
Long Jump:	Brittany Baltazar	2004	17'3.25"
Triple Jump:	Brianna Cole	2011	38'11.5"
Shot Put:	Avery Dail	2013	36' 7"

San Jacinto

BOYS

100 meters:	DeShawn Smith	2006	10.88
200 meters:	DeShawn Smith	2006	22.02
400 meters:	Immanuel Hutchinson	'11	48.60
800 meters:	Immanuel Hutchinson	'10	1:48.56
1600 meters:	Kevin Vega	2010	4:24.76
3200 meters:	Rafael Castro	1992	9:33.47
110 Hurdles:	Ken Shaw	2007	14.16
300 Hurdles:	Ryan Muir	2015	37.60
400 Relay:		2006	42.59
1600 Relay:		2011	3:21.92

Shadow Hills

BOYS

1600 meters:	Jonathan Carrillo	2012	4:24.92
--------------	-------------------	------	---------

Sherman Indian

BOYS

800 meters:	Isaiah Thompson	2013	1:51.76
1600 meters:	Isaiah Thompson	2013	4:18.83
3200 meters:	Charles Rednick	1978	9:29.9y/9:26.6

Tahquitz

BOYS

200 meters:	Xavion Steele	22.37	2015
400 meters:	Xavion Steele	50.16	2015
110m Hurdles:	Teryan Brown	14.93	2015
400m relay:		43.13	2015

Temecula Valley

BOYS

100 meters:	Jonathan Williams	2006	10.38
200 meters:	Jonathan Williams	2006	21.17
400 meters:	Qwintin Workman	2016	48.89
800 meters:	Jeff Green	2000	1:56.14
1600 meters:	Brett Campfield	2004	4:13.98
3200 meters:	Brett Campfield	2004	9:14.79
110 Hurdles:	John Cusey	2013	14.75
300 Hurdles:	Qwintin Workman	2016	38.24
400 Relay:		2005	42.06
1600m Relay:		2011	3:26.64
High Jump:	Mike Vaille	1993	6'9"
Pole Vault:	Brett Updike	1996	15'0"
	Rodney Mabry	1997	15'0"
Long Jump:	Jonathan Williams	2006	23-'1.25"
Triple Jump:	Jamal Cumberbatch	03	46'7"
Shot Put:	Tanner Harrah	2005	54'6.5"
Discus:	Jean-Paul Afif	1998	158'9"

GIRLS

100 meters:	Hannah Francescon	'05	12.1/12.34c
200 meters:	Hannah Francescon	'07	25.92
400 meters:	Taylor Lorack	2011	57.39
800 meters:	Tammy Kim	2012	2:16.21
1600 meters:	Angela Ziff	2011	5:04.56
3200 meters:	Angela Ziff	2011	10:45.75
100 Hurdles:	Danae Dyer	2016	14.18
300 Hurdles:	Kylie Dudley	2006	45.31
400 Relay:		2001	49.63
1600 Relay:		2012	3:54.70
High jump:	Christine Killian	1990	5'4"
Pole Vault:	Listen Dormanen	2004	127"
Long Jump:	Ajia Yarbrough	2012	17' 2"
Triple Jump:	Ajia Yarbrough	2012	36' 8"
Shot Put:	Lisa Misapeka	1993	45'11"
Discus:	Lisa Misapeka	1993	140'3"

Temecula Prep

BOYS

Triple Jump:	Darien Bailey	2008	44-9.5
--------------	---------------	------	--------

GIRLS

Triple Jump:	Jessica Williams	2008	35-8.25
--------------	------------------	------	---------

Temescal Canyon

BOYS

100 meters:	John Wareka	2007	11.00
400 meters:	Scott Eden	1999	49.33
800 meters:	Cobie Chavez	2015	1:51.95

1600 meters:	Cobie Chavez	2014	4:14.78
300 Hurdles:	Greg Burress	2002	39.9/40.03
400 Relay:		2000	43.3/43.44c
1600 Relay:		2015	3:25.73
Pole Vault:	Eddie Becker	1998	146"
	Steve Pease	1998	146"
Long Jump:	Nate Koch	2003	22'0.5"
Shot Put:	Ricky Youngquist	2005	56'1"
Discus:	Ricky Youngquist	2005	177'7"

GIRLS

100 meters:	Unique Anderson	2003	12.11
200 meters:	Kim Burress	1999	24.89
800 meters:	Shelby Horgan	1996	2:18.98
1600 meters:	Shelby Horgan	1995	4:57.85
3200 meters:	Ellen Muench	1995	10:54.31
100 Hurdles:	Lorrane Nance	2016	15.62
300 Hurdles:	Lorrane Nance	2016	45.10
400 Relay:		2003	49.32
Pole Vault:	Tricia Smith	2001	11'6"
Long Jump:	Kim Burress	1999	17'5"
Triple Jump:	Lorrane Nance	2016	39' 0.5"
Shot Put:	Kim Avila	2003	40'0"
Discus:	Samantha Gutierrez	'08	141'9"

Twin Pines

BOYS

100 meters:	Willie Bowen	2001	10.95
200 meters:	Willie Bowen	2001	22.05

Valley View

BOYS

100 meters:	Quincy Huntley	1996	10.3/10.54c
200 meters:	Quincy Huntley	1996	21.2/21.44
400 meters:	Chris Massey	1999	48.44
800 meters:	Ray Noble	2010	1:51.81
1600 meters:	Ray Noble	2010	4:20.40
3200 meters:	Nezanet Woldai	2009	9:31.48
110 Hurdles:	Brian Thompson	2003	14.71
300 Hurdles:	Ricky Hernandez	2004	39.08
400 Relay:		2010	42.17
1600 Relay:		2011	3:22.6
High Jump:	Mike Hernandez	2006	6'6"
Pole Vault:	Jarod Kerr	2016	14' 0"
Triple Jump:	Mike Hernandez	2005	45'2.5"
Shot Put:	Josh Johnson	2016	55' 4"
Discus:	Josh Johnson	2016	167' 11"

GIRLS

100 meters:	Alicia Howard	1997	12.25
200 meters:	Sigueria Sperlin	2004	25.64c
400 meters:	Marissa Smith	2003	57.45
1600 meters:	Jessica Osorio	2009	5:15.93
100 Hurdles:	Marissa Smith	2004	14.60
300 Hurdles:	Marissa Smith	2004	42.84c
400 Relay:		2004	49.57
1600 Relay:		2004	4:07.84
High Jump:	Leah Cunningham	1992	5'4"
Long Jump:	Trina Williams	1990	16' 7"
Triple Jump:	Tasha McNair	2000	36'5.5"
Shot Put:	Sara Pearson	1995	35'7"
Discus:	Rachel Louis	2016	119' 4"

Vista Murrieta

BOYS

100 meters:	Michael Norman	2016	10.27
200 meters:	Michael Norman	2016	20.14
400 meters:	Michael Norman	2015	45.19
800 meters:	Kevin Gonzalez	2012	1:51.78
1600 meters:	Porter Reddish	2013	4:12.77
3200 meters:	Drew Dalton	2010	9:05.57
110 Hurdles:	Darion Williams	2012	14.37
300 Hurdles:	Peter Manu	2014	38.54
400 Relay:		2016	40.32
1600 Relay:		2015	3:13.09
High Jump:	Nick Ross	2009	7'3"
Pole Vault:	Colin Cassady	2012	14' 6"
Long Jump:	Jovonte Slater	2011	24' 10.5"
Triple Jump:	CJ Alumbres	2014	50'1.25"
Shot Put:	Corey Whitaker	2012	61' 0"
Discus:	Sapule Ta'amilo	2012	175' 4"

GIRLS

100 meters:	Amanda Van Buren '15		11.68
200 meters:	Amanda VanBuren '15		24.33
400 meters:	Dynese Adams	2009	57.75
800 meters:	Erika Reddish	2012	2:12.67
1600 meters:	Erika Reddish	2012	4:48.96
3200 meters:	Erika Reddish	2012	10:36.27
100 Hurdles:	Jasmyne Graham	2012	13.89
300 Hurdles:	Jasmyne Graham	2012	44.34
400 Relay:		2014	46.22
1600 Relay:		2013	3:52.37
High Jump:	Sarah Dunaway	2013	5' 7"
Pole Vault:	Elleyse Garrett	2014	11'5"
Long Jump:	Michelle Norman	2014	19'10.5"
Triple Jump:	Michelle Norman	2014	40'6"
Shot Put	Lynn Patu	2010	39'11.75"
Discus:	Yasmin Torres	2014	143'10"

Vista del Lago

BOYS

100 meters:	Ledariuc Miller	2007	10.91
400 meters:	Matthew Williams	2012	48.41
800 meters:	Emmanuel Ngula	2008	1:51.87
1600 meters:	Emmanuel Ngula	2009	4:16.37+ / 4:17.86y
3200 meters:	Christian Lopez	2014	9:36.58
300 Hurdles:	Jacon Davis	2009	38.70
400 Relay:		2009	43.16
1600 Relay:		2012	3:22.10
Discus:	Gabriel Vargas	2010	159'1"

GIRLS

100 meters:	DeAnna Carson	2003	11.85
200 meters:	DeAnna Carson	2003	24.62
400 meters:	Jazmine Harper	2009	58.17
800 meters:	Karlie Creal	2009	2:14.28
1600 meters:	Serkadis Krome	2008	5:08.29
3200 meters:	Sarah Benson	2010	11:11.92
100 Hurdles:	DeAnna Carson	2003	14.35
300 Hurdles:	Jazmine Harper	2009	44.29
400 Relay:		2010	49.23
1600 Relay:		2011	3:57.45
High Jump:	Desiree Jackson	2010	5'4"
Long Jump:	DeAnna Carson	2003	19'7"
Triple Jump:	Jacquelyn Dubois	2011	37'6"

West Valley

BOYS

100 meters:	Keith Welper	2011	10.86
400 meters:	Rex Butler	2001	48.3/48.44
400 Relay:		2014	43.00
High Jump:	Doug Smith	2000	6'10 "
Pole Vault:	Nathan Carmen	1999	13'6"
Triple Jump:	Devin Ray	2014	44' 4.5"
Discus:	Terry Dowell	2000	154'8"

GIRLS

400 meters:	Evondra Owens	1997	59.44
300 Hurdles:	Joanna Fleeming	2001	47.88
400 Relay:		2003	50.45
1600 Relay:		2016	4:03.36
Pole Vault:	Amber Tibbits	1999	9'4"
Shot Put:	Patricia Parker	2011	37'2"
Discus:	Jolie Buffin	2004	128'7"

Woodcrest Christian

BOYS

400 meters:	Luke Cunningham '11		50.21
800 meters:	David Branch	2007	1:55.09
1600 meters:	Jake Jeanson	2009	4:17.94
3200 meters:	Jake Jeanson	2009	9:18.08
1600 Relay:		2010	3:27.25
High Jump:	Troy Watkins	2010	6'6"
Long Jump:	Troy Watkins	2010	22'8.75"
Triple Jump:	Henry Vildosola	2010	46'3.5"

GIRLS

100m Hurdles:	Brecky Collier	2013	15.04
1600 meters:	Amber Collier	2010	5:18.29
High Jump:	Becky Collier	2013	5' 8"
Long Jump:	Becky Collier	2013	17' 5.25"
Triple Jump:	Becky Collier	2012	38' 6"

Xavier Prep

BOYS

Discus:	Armando Ceja	2012	158' 4"
---------	--------------	------	---------

GIRLS

1600 meters:	Valeria Ruiz	2012	5:15.83
3200 meters:	Valeria Ruiz	2012	11:25.04